



Dahlias are blooming in San Leandro!

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Legacy Mural at Lila Bringhurst Elementary School commemorates innovation

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Mission Valley Track and Field take Junior Olympics

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Scottish Games come to Alameda County

HEAVY ATHLETICS, TRADITIONAL DANCING, SCOTTISH FOOD & WHISKEY, AND MORE

By MARC VICENTE

Maintaining the tradition for over 150 years, the Bay Area will host its 158th annual Scottish Highland Gathering & Games during this Labor Day weekend. Celebrating its 30th year in Pleasanton, the event will take place in the Alameda County Fairgrounds from Saturday, August 31 to Sunday, September 1. Doors will open at 8am and close at 6pm.

According to Sabine Zimmerhansl, communications officer for the Caledonian Club of San Francisco, the event has been a staple ever since the club founded it on November 24, 1866. The Caledonian Club of San Francisco is one of the oldest Scottish societies in the United States, and they originally formed as a way to preserve Scotland's culture and ancient customs, through their cuisine, costumes, literature and their games. The traditional sports showcased at the yearly Games actually pre-date the first modern Olympics held in Athens in 1896, and effectively were the first event to introduce the Bay Area to mass-spectator sports.

This year's competitions will include a kilted mile race taking place on the oldest one-mile horse racing track in the U.S., sheepdog trials, soccer, archery, piping, drumming and highland dancing. This year's Heavy Athletics features over 80 men and women competing in pro-class and amateur-class courses for various contests, like hammer throwing, stone putting, and sheaf & caber tossing.

Major highlights for this year's Games include hosting 72 Clans and Scottish societies, including Clan Buchanan; who will introduce their new Chief

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Traditional Scottish games are showcased yearly. Photo courtesy of Floyd Busby



There are both vegetarian and meat options for buns and other menu items. Photo Credit: Dan Pulcrano

Downtown Dumplings

SAVORY BITES PROVE LIVELY ADDITION TO DOWNTOWN FREMONT

By TRI-CITY VOICE STAFF

Fremont's nascent downtown got a much anticipated boost last week with the opening of Din Ding Dumpling House. Just a few doors down from Banter Bookshop and across from the Fremont Hub Shopping Center, the family-owned restaurant has already attracted many customers, and hopefully gained some new fans.

Yelp reviewers praised the large portions across dishes and the thin skin and juicy filling on the soup buns—xiaolongbao, but abbreviated to XLB. Sometimes the table can get crowded if you order too many at one time, but it's a good problem to have. In addition to a menu with a range of options for dumplings, noodles and appetizers, the restaurant does moon cake boxes in the fall and special promotional buns for Lunar New Year themed around that year's animal.

It's a happy return for the business, as their previous Fremont location in Walnut Plaza sustained damage in a fire in 2021—reported in sources including The Mercury News, CBS News and on Patch. And a much-anticipated one as well as fans on the restaurant's social media expressed impatience to see the new Fremont location open its doors. The business has one other location, on Decoto Road in Union City.

An introductory video on Din Ding Dumpling's website says, "In everyone's heart, there is a memory of a delicious meal. It doesn't change with time, and it stays in the mind." For Fremont fans who have had dim sum on their mind for three years, it's a happy development to see the beloved business replanted in the developing downtown area.

Din Ding Dumpling House Fremont
3768 Capitol Ave., Ste J, Fremont
(510) 797-8122
www.dindingdumplinghouses.com

• SCHWINGFEST Aelpler Gruppe hosts fall event

WRESTLING, MUSIC, CULTURE AND A GOOD TIME

By STEPHANIE GERTSCH

Driving up Mowry past NewPark Mall, you'll see a building resembling a Swiss Chalet next to BJ's Restaurant and Brewhouse. Since 1935 it has been a community hub for Swiss-Americans in the Bay Area—and anyone who wants to participate in dances, hikes, card games and any of a variety of yearly events. Their next upcoming event will be the Fall Schwingfest, set for the last Saturday in August.

Wrestlers from up and down the West Coast (and oftentimes even Switzerland) compete in Schwingfests at various Swiss Parks, including the one in Newark. For a quick definition of the sport, Schwingen is a type of wrestling held in bouts of 5 minutes. Players wear belted shorts—simply, "Schwingerhosen"—over their clothing, and the shorts are what opponents grip onto as they try to knock each other off balance. You win by knocking the other player onto his back with his shoulder blades touching the ground—usually within a sawdust ring—without losing your grip.

Kids ages five and up are invited to try out Schwingen, and there will be children's games, Steinstossen (simply, rock throwing) and Jass (a Swiss card game). Of course, it wouldn't be an event without food, so there will be a Swiss sausage lunch and BBQ chicken dinner for purchase.

According to the event flyer, Schwyzeroergeli players are invited to perform on the accordion-like instrument. Aelpler Gruppe Swiss Club President, Arnold Ambiel, is especially excited to mention four Alhorn players who will perform at various times throughout the day. This is fitting, as the club's logo features an Alhorn.

Although one might imagine the sound from the instrument reverberating off distant peaks, Ambiel reassures attendees about volume. "It's got a lower tone to it because it's a horn. It's not excessively loud."

During the afternoon there will also be a choreographed bell parade. "We give a bell to the [Schwingfest] winner each year, that's very beautiful, that's from Switzerland, and that has a painting of the hall on it," Ambiel explains. "The man that makes them is actually coming to visit us this year. So we're going to have a parade in his honor." The painter who makes the prize bells each year is happy to promote Newark Swiss Park. Ambiel adds, "He's so proud of what the park looks like that he doesn't care where the winners are from because it promotes the park wherever they take the bell home to."

The event will also include a look into local history. Ambiel says, "We're going to have an exhibit of local Swiss dairies that surrounded the Tri-City Area prior to suburbia being built...It tells the stories of these family dairies." A flyer will also explain the history of the park and the hall so guests can take a self-guided tour. The club is also putting together a brochure to promote the muralist who painted the landscape behind the stage.

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How worried Should You be about Prostate Cancer?

Local family medicine physician explains importance of screening

Prostate cancer is one of the most common forms of cancer for men, but how to deal with it and what it involves remains unclear for many. It is a cancer specifically of the prostate gland, a gland associated with producing fluid for semen that also affects the flow of urine. Prostate cancer becomes increasingly common in men as they age, so much so that as men reach their 90s it is more common than not.

For some, that means it isn't serious and they don't believe it to be a concern, but the reality is very different according to Dr. Steven Curran, a primary care provider with Washington Township Medical Foundation. "It can affect men as young as 40 and becomes more common as they age. Symptoms can be deceiving because they are very similar to prostate enlargement. But like any cancer, it can be very dangerous if cells grow unchecked and spread to other parts of the body. It can destroy your quality of life or lead to premature death," he explains.

Dr. Curran grew up in Nebraska where he completed his undergraduate training at the University of Nebraska in Omaha. He received his medical degree from Washington University Medical School in St. Louis, Missouri, and completed his residency at the Family Practice Center, East Carolina University in Greenville, North Carolina. He is board

certified in Family Practice. Dr. Curran has been practicing in Fremont and Newark since 1990.

Dr. Curran will be presenting an online Health & Wellness seminar, "Importance of Prostate Cancer Screening", on Wednesday, Sept. 11, at 9 a.m. via Facebook and Washington Hospital's YouTube channel, [YouTube.com/whhsInHealth](https://www.youtube.com/whhsInHealth).

The signs of prostate cancer, while similar to those of an enlarged prostate, include issues with urine flow and blood in the urine or semen; however, it can also be present without symptoms. Dr. Curran notes that risk factors for prostate cancer include a family history of prostate cancer, age, and ethnic background—with African Americans being much more prone to the disease.

According to the American Cancer Society, about one in eight men will get prostate cancer at some point, with the average age of initial diagnosis about 67. While prostate cancer is the second most common form of cancer in men, the death rate from prostate cancer is declining because of advances in prostate cancer screening.

According to Dr. Curran, in his experience, the particular challenge with prostate cancer is identifying the



clinically significant forms of cancer at the right time and then doing the right intervention. For example, if a man in his 90s develops a slow growing prostate cancer, the cancer would have no significant impact on his quality of life or life expectancy. His physician would monitor the cancer. Whereas, if a much younger man developed the same cancer, the impact to his quality of life would be much more significant and a different course of treatment would be needed.

Fortunately, modern screening techniques are straightforward, using the PSA (prostate specific antigen) blood test and men should discuss their need for screening with their physician starting at age 50. There are other, more complete tests that can be performed, but he says that the PSA test is a great first step. Advanced imaging techniques, such as multiparametric MRI, are now being used to improve the accuracy of prostate cancer diagnosis and guide treatment decisions. There are a range of treatment options available that he will discuss in this seminar.

Dr. Curran stresses the importance of dispelling the notion that men can simply ignore prostate cancer. He points out that it is common for men to put off or ignore prioritizing their health, but cautions men and their loved ones that this is a case where being proactive can definitely pay off. "Testing makes sense. It changes outcomes. I would encourage people to learn more and understand more."

"Importance of Prostate Cancer Screening" can be viewed on Sept. 11, at 9 a.m. on the Washington Hospital Facebook page, [facebook.com/WashingtonHosp](https://www.facebook.com/WashingtonHosp) or on their YouTube channel, [YouTube.com/whhsInHealth](https://www.youtube.com/whhsInHealth).

For more information on Dr. Curran, visit <https://www.mywtmf.com/find-a-doctor/steven-a-curran-md/> or scan the below QR code.



"It can affect men as young as 40 and becomes more common as they age. ... Testing makes sense. It changes outcomes."

—Steven Curran, MD



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Join the 36,000 subscribers of Washington Hospital's YouTube page.

Health Care Videos More Accessible Than Ever!



Life After Stroke
Prabhjot Khalsa, MD
Neurology

Recovering from a stroke can be overwhelming. Dr. Prabhjot Khalsa, medical co-director of Washington Hospital's Stroke Program, will address the health complications that may arise following a stroke.

Coming Soon!



Stroke: Warning Signs and Risk Factors
Wednesday, Aug. 28, 9 a.m.
Did you know that 80% of strokes can be prevented? Learn how to reduce your risk factors for this life-altering event.



Importance of Prostate Cancer Screening
Wednesday, Sept. 11, 9 a.m.
This seminar will empower men and their loved ones with essential knowledge for early detection and effective management.



Aquablation: A Transformative BPH Treatment
Mark Saleh, MD
Urology

Aquablation is a minimally invasive treatment for benign prostatic hyperplasia (BPH). Learn the science behind this innovative technology and how the procedure relieves pain without compromises, improving the quality of life for men affected by BPH.

Other Video Topics:

- Joint Pain
- Stroke Awareness
- Washington Township Health Care District monthly board meetings
- Diabetes Education
- Timely health topics such as COVID-19 and wildfire safety
- And so much more!



Heart Valve Disorders in Adults: Types and Treatments
Harsh Agrawal, MD
Structural Cardiology

Dizziness, shortness of breath, chest pain and fatigue: these may be signs of heart valve disorders. Watch this seminar to learn the various types of valve disorders, the impact on cardiovascular health, and treatment options.

Events Information
For more information or to register for events, call 800.963.7070 or visit [whhs.com/events](https://www.whhs.com/events).

Visit Us!
[YouTube.com/whhsInHealth](https://www.youtube.com/whhsInHealth)









THIS IS THE THIRD IN A THREE-PART BACK-TO-SCHOOL SERIES

Back-to-School Series: Healthy School Lunches

Strategies for Packing Healthy Lunches Your Children Will Eat



“Children with properly fueled brains concentrate and perform better than those who skip meals or do not eat the right foods.”

—Matthew Sciamanna, RD

Most of us know eating well is vital to our health, and it is also important to teach children about good nutrition beginning when they are young. A healthy school lunch provides sound nutrition to establish a lifetime of smart eating habits and the energy children need to learn and play throughout the rest of their day.

Recent studies have shown that nutrition affects students' thinking ability, behavior and overall health, which are key factors that impact their academic performance,” said Washington Hospital's Director of Food and Nutrition Services Matthew Sciamanna, RD. “Children with properly fueled brains concentrate and perform better than those who skip meals or do not eat the right foods.”

So how do you know what to pack in a lunch and how much is appropriate for your child? Sciamanna recommends www.myplate.gov as an excellent online resource for how to pack a nutritious lunch. It also provides suggested portion sizes based on a child's age.

A good approach to building a healthy lunch is to provide items that fall into at least three of the major food groups, which include fruits, vegetables, grains, dairy or milk alternatives, and protein. Sometimes parents include numerous items in the lunchbox so the child can pick and choose what they want to eat, which is not advised. “Last

month, a study in the International Journal of Obesity found that too much variety may lead to overeating, so more is not necessarily better in terms of choices,” Sciamanna added.

He recommends children participate in all aspects of the preparation from “start to finish.” Taking an active role in creating their lunches can encourage even the most finicky children to eat at lunchtime. “The helping hands involved in creating the lunch will be the healthy hands that are eating those smart lunch choices,” he noted.

Some suggested examples for including children in lunch preparation include:

- Consider growing vegetables with your child, such as cherry tomatoes in a pot, which can be included in their lunch.
- Discuss what items should be on the shopping list and bring your child to the grocery store to participate in selecting and buying their lunch food.
- Create a picture chart with lunch items they would like to try in each of the different food groups. The child can draw and color the pictures or cut them out of magazines.
- Use the picture chart to identify options to make lunch fun.

• Designate areas in the kitchen or refrigerator where the child can find the lunch items to assemble in the morning or have a packing station where you can arrange it together.

“Young children experience food through taste, touch and sight, so adding an element of fun can help keep them interested in eating a nutritious lunch,” explained Sciamanna. Some of his ideas for young children include changing the look of foods by creating sandwich shapes using cookie cutters, or serving cheese in slices, cubes or sticks. Vary the types of bread used for sandwiches such as pita, bagels or tortillas. Include dips for fruits or vegetables such as cottage cheese, hummus or yogurt.

A well-balanced breakfast is also important to fuel the brain and body for the day. For middle- or high school-aged children rushing out the door to early morning classes or activities, Sciamanna recommends packing an easy-to-eat breakfast to send with them to school.

Registered dietitians perform nutrition counseling to both inpatients and outpatients at Washington Hospital. Nutritional counseling requires a physician referral. For more information, visit whhs.com/nutrition.

Union City Heart Health Fair

Discover the key to better heart health at the Union City Heart Health Fair, sponsored by Washington Hospital and Washington Township Medical Foundation!

Date and Location

Saturday, September 7
10 a.m.-2 p.m.

Nakamura Clinic Parking lot,
33077 Alvarado-Niles Rd.

Details

The event is open to everyone! Join us for:

- **Free Health Screenings:** Blood pressure, glucose, and cholesterol checks
- **Health Information:** Learn lifestyle changes for better heart health
- **Interactive Activities:** Free fitness classes and health activities
- **Entertainment:** Family-friendly performances



Two Free Fitness Classes!

Zumba at 10 a.m.
Fitness Boxing at 12 p.m.



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Dahlias are blooming in San Leandro!



A vibrant orange dahlia. Courtesy of Beverly Dahlstedt.



A beautiful dahlia bouquet. Courtesy of Beverly Dahlstedt.



Dahlias come in a variety of colors and sizes. Courtesy of Beverly Dahlstedt.

Submitted by **BEVERLY DAHLSTEDT**

everyone. Stop by to view hundreds of blooms from local gardeners! And, it's FREE!

San Leandro Dahlia Society will be presenting their annual dahlia show on Saturday, August 31 and Sunday, September 1 at our own San Leandro Public Library. Dahlias come in a variety of sizes, shapes and colors and will amaze

San Leandro Dahlia Show
Saturday, Aug 31 - Sunday, Sep 1
9:30am - 2:30pm
San Leandro Public Library
300 Estudillo Ave., San Leandro
www.sanleandro.org/162/Public-Library

Bid farewell to Summer in Downtown Hayward



Hayward's Mexican Independence Day Festival will include a car show. Photos courtesy of Downtown Hayward Improvement Association.

By **NICK YOO, ASSISTANT DISTRICT MANAGER OF THE DOWNTOWN HAYWARD IMPROVEMENT ASSOCIATION**

Though Summer draws to a close, new beginnings are on the horizon – like new friendly faces in the heart of Hayward! This September, the Downtown Hayward Improvement Association (DHIA) is thrilled to welcome in new businesses and announce updates to established ones. Visitors and residents of Hayward are also invited to celebrate the season's end with family-friendly cultural events.

What's new in the neighborhood?

Recently opening its doors in July, Blend It (@_blendithayward) is a fresh addition to Downtown Hayward. At the heart of this new wellness spot is Mayra, a first-time business owner looking to bring new, healthier

options to the neighborhood. This healthy eatery features a range of menu items from acai bowls and protein shakes to energy refreshers and protein coffee.

Osorio Training Center (www.osoriotrainingcenter.com) focuses on empowering and healing through boxing. Due to its growing popularity, Osorio Training Center will be moving to a larger location in early September! The new community gym will provide many of the same martial arts training and include upgrades like new punching bags, mats, a ring, mirrors and more. Classes at Osorio nurture youth and adults regardless of background and skill level. At the head of the training center is Robert Osorio, a skilled professional with over 35 years of experience in boxing, self-defense, and mentoring.

A Look Ahead: Celebrate Mexican Independence Day in Downtown Hayward

September 15 marks the start of Hispanic Heritage month, and Downtown Hayward is gearing up to celebrate! On September 14 from 10am to 5pm, B Street and Main Street will transform for the Mexican Independence Day Festival and Car Show, hosted by La Alianza de Hayward. The free family-friendly event will feature live musical performances from local Mariachi groups and performances from baile folklorico and Aztec dancers. Attendees will also get to enjoy a car show featuring a mix of lowriders and bicycles. Families can also try arts and crafts and a variety of food and vendors.

For the latest updates on Downtown Hayward Improvement Association, please visit us at visit Hayward CA.

Fremont Library screens *Of Color & Ink*

DOCUMENTARY TELLS THE STORY OF CELEBRATED CHINESE PAINTER CHANG DAI-CHIEN

Submitted by **JUI-LAN LIU, REFERENCE SERVICES LIBRARIAN, FREMONT MAIN LIBRARY**

Fremont Main Library is thrilled to announce the upcoming screening of the documentary, *Of Color & Ink* on Saturday, September 7. This compelling film, directed by Weimin Zhang, deals with Chang Dai-chien (Zhang Daqian) (張大千), 1899-1983. Chang was known as the

"Picasso of China" during his time and was widely considered one of the most important Chinese painters of the 20th century. Chang left his beloved homeland in 1949 when the Communist Party came to power and spent the ensuing three decades traveling and showing around the world before settling down in Taiwan in 1977.

Of Color and Ink is a feature-length documentary that follows Chang Dai-chien's journey as he embarks on a quest from the East to the West. This documentary was inspired by the beautiful film footage

produced in 1967 by beloved and revered art historian Michael Sullivan. Sullivan's historic 1967 footage helped inspire Weimin Zhang. Zhang is an award-winning filmmaker and teaches at San Francisco State University. Professor Zhang embraced the almost impossible challenge of documenting Chang Dai-chien's tangled international profile. This project spanned 12 years and involved extensive travel.

The screening will be followed by a Q&A session with Director Zhang.

***Of Color & Ink* Screening**
Saturday, Sept 7
2pm—4:30pm
Fremont Main Library, Fukaya Room
2400 Stevenson Blvd, Fremont
(510) 745-1401
www.aclibrary.org

PLEASE ADOPT ME

Schroeder was born on March 10 and is a short-haired gray and white kitten. He loves to play with dangly toys. He has been in foster with adult cats and 3 dogs. Visit our website, scan the QR code or contact us at 510-792-4587 if you would like to learn more or apply for adoption.

www.ohlonehumaneociety.org
 Ohlone Humane Society offers assistance with spay or neuter for your pets and community cats.

You can check out our adorable videos on youtube.
<https://www.youtube.com/@ohlonehumaneociety-advoca7026>
<https://youtu.be/KvP1MaT9mY?feature=shared>
<https://youtu.be/LFm1oEX2E80?feature=shared>

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 To RSVP, please call 510-391-4446



We will be joined by author and expert David Troxel, who will share tips and techniques that are particularly helpful for those caring for a loved one experiencing memory loss. We will provide lunch and a complimentary copy of David's book to attendees. Please RSVP—we can't wait to see you there!

Aegis Living | FREMONT
 Assisted Living | Memory Care

continued from page 1

Schwingfest competition showcases wrestling, local Swiss-American history



Champion of the Day, Brenden Spahr. Courtesy of Aelpler Gruppe



Ed Ott and his wife, Michelle, receiving the coveted perpetual award for exhibiting best sportsmanship. Courtesy of Aelpler Gruppe

After the dinner, the event will end with dancing. But Aelpler Gruppe is already gearing up for next year, when they will celebrate their 100th Anniversary as a club, and their 90th year at the current location in Newark. They are planning a year's worth of events, and this paper will stay tuned for updates.

- 10am Gates Open
- 11am Wrestling Starts
- 1- 2:30pm Lunch
- 6pm Dinner
- Swiss Park Newark
- 5911 Mowry Ave., Newark
- 510 936-2523
- www.aelplergruppe.com
- Admission \$10, children under 12 free
- Lunch \$10, Dinner \$20 adults / \$10 children

Fall Schwingfest
 Saturday, Aug 31

The new TriCityVoice.com website is live

Visit and bookmark for community news, events & more

Share your feedback on proposed bus line changes!

You can give input on the Realign Draft Final Plan online, by email, US Mail, telephone, or at a local library through September 11! We will also host public hearings on September 9, 10, and 11.

actransit.org/realign



Tri-City History A-Z in Photographs #8: Horses

By **KELSEY CAMELLO**, WASHINGTON TOWNSHIP MUSEUM OF LOCAL HISTORY

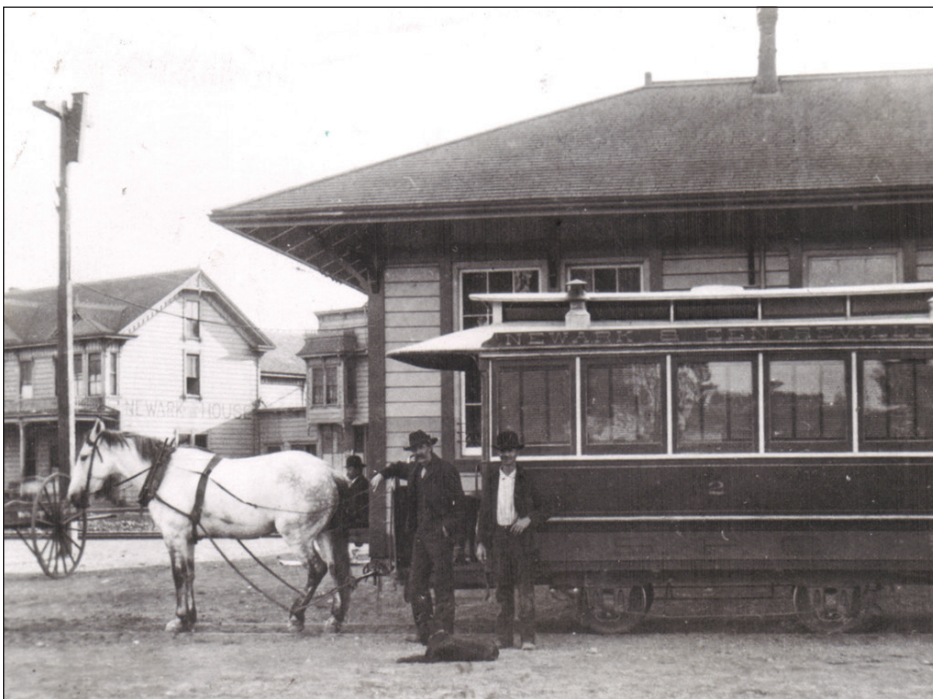
Horses (noun): Large solid-hoofed mammals used as beasts of burden, draft animals, or for riding.



This horse is putting up a bit of a fight with his handlers at Hansen Lumber Company. P.C. Hansen founded his lumber company in Centerville in 1906. Later, he established branch yards in other towns in Washington Township. Hansen died in 1935, but his son Earl carried on the business until the 1950s. (Centerville) Courtesy of Washington Township Museum of Local History.



Scene from McClure's Peak Meadow Ranch, 1930s. (Mission San Jose) Courtesy of Washington Township Museum of Local History.



Two men stand astride the locally famous horse-drawn railcar that ran between Newark and Centerville. (Newark) Courtesy of Washington Township Museum of Local History.



Joe Sarmiento poses with his horse and a buck that he shot on a hunting expedition in the Warm Springs hills. Joe is on Main Street in front of the recently remodeled Warm Springs Store, about 1935. (Warm Springs) Courtesy of Washington Township Museum of Local History.

Let's explore local history through themes and photographs. Have a topic or idea you'd like us to explore? Email us at info@museumoflocalhistory.org.



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Niles Antique Faire correction

To The Editors:
Tri City Voice August 20, 2024
Thank you for the Niles Antique Faire article, which was both interesting and informative. In the interest of historical accuracy, I offer the following clarification to misinformation provided regarding the beginning of the Niles Flea Market, to wit:

Jay King, a resident of Niles living in a beautiful flowered cottage on Niles Boulevard, walked into Niles Rexall Drugs in the morning of an early summer day in 1965. Jay chatted with the pharmacy's chief clerk, Isabel Duarte, on how she had spent the previous weekend at a Flea Market in the 49er town of Jackson in Northern California. King's story fascinated Isabel, a longtime resident of Niles, for Isabel knew the town of Niles needed an annual social event as much as the Niles' Essanay Days had been canceled for the last two years.

Isabel asked the Pharmacist owner of Niles Rexall, Harry Avila, to join them in the conversation and the idea of a Niles Flea Market was quickly formulated.

A Flea Market Committee was formed with many able volunteers including: Darrell Pennington, Janet Pessagno Avila, Ginger Pennington, Vern Ellsworth, Harold Larry Fernandez Al King, Don Hegen, Reed Hansen, Al Lopez, Garrett Burt, John Cattaneo, Marian Wolfe and a whole raft of Boy Scouts, Niles Merchants and residents of the "Niles Village." The General Chairman was Harry Avila.

On October 31, 1965, the first Niles Flea Market was held with booths on Niles Boulevard, "I" and "H" Streets. The California 216th Air National Guard Band opened the festivities. Mayor Don Dillon presided with initial comments. Estimates of the crowd were 15,000 to 20,000.

All net proceeds of the event were used in the Niles Merchant's efforts, labeled as "Niles Ahead," to restore the town and stave off destruction of Niles' historic buildings. It's important to note the efforts of "Niles Ahead" were greatly aided by the City of Fremont's department heads Len McVicar and Ted Harpainter under the direction of Mayor Dillon as well as the town's merchants.

Keith Elrod has done a masterful job in chairing and improving the Niles Flea Market to the successes it now enjoys. To assist in the construction of historical information and in light of your article: Dana Jones is the granddaughter of the above mentioned Jay and Al King. Dana is a truly Niles-ite with not only the King family, but also the DiGiulio family in her heritage. Dana is the President-Elect of Niles Rotary. Dana's husband, Rick Jones, is a soon to be termed out Fremont City Councilman with great performance and standing in our community. Both Rick and Dana are retired Fremont Police Officers.

Regards,
Harry Avila
Fremont

Watercolor pet portraits on YUPO paper

CANDY YU
DEMONSTRATES HOW TO BRING ANIMAL PORTRAITS TO LIFE

By **LINA MELKONIAN**

Fremont Art Association (FAA) is delighted to have Candy Yu as the guest artist at its virtual General Meeting and Art Demo on Wednesday, September 4 at 1pm.

An avid and accomplished watercolorist, Yu enjoys painting on a variety of surfaces. Her exquisite body of work which includes a wide range of subjects is characterized by brilliant colors and intricate details. In her demo, "Watercolor Pet Portraits on YUPO Paper," Yu will demonstrate how she brings her endearing pets to life by applying wet-on-wet technique to build up layers of colors in watercolor on YUPO paper.

Although Yu's interest in art was sparked early during her primary school in Taiwan, it would not become central to her life until much later. It was after earning a degree from the National Taiwan University, her marriage and move to the U.S., subsequent graduate studies in computer science, and a career in the high-tech industry in Silicon Valley, that the time to pursue her creative endeavors would finally arrive. Upon enrolling in a watercolor class, Yu was immediately captivated by the medium. Beginning in 2002 and until 2007, while she worked with autistic children for the Berryessa School District,



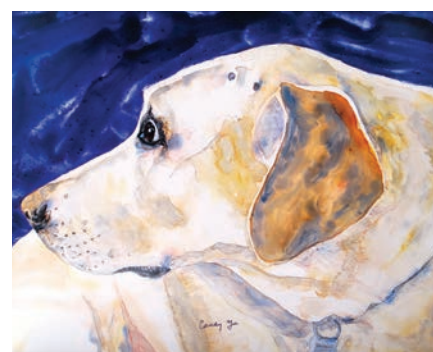
Candy Yu was immediately captivated by watercolor. Courtesy of Fremont Art Association.

she incorporated art into their curriculum and continued to attend workshops and cultivate her deep passion in watercolor painting.

Today, Yu is actively engaged in her local art community. She is a member of East Valley Artists, the Santa Clara Valley Watercolor Society, and the Chinese American Art Association. She is the recipient of numerous awards in juried shows for her watercolor paintings including Triton Museum's AVArtFest and Midsummer Art Celebration, Santa Clara Valley Watercolor Society member juried shows, and East Valley Artists Annual Shows and competitions.

You may view Yu's beautiful creations at: www.FineArtAmerica.com/profiles/Candy-Yu

www.eastvalleyartists.com/candy-yu
The demo (free to attend) will be held via Zoom. Participants must register in advance and will receive the Zoom link via email. All details may be found on the Fremont Art Association webpage: www.fremontartassociation.org/monthlymeetinganddemo.



Layers of color create a striking portrait of an animal friend. Courtesy of Fremont Art Association.

FAA General Meeting and Art Demo
Wednesday, Sep 4
1 p.m. – 3 p.m.
Online via Zoom
Register at:
www.fremontartassociation.org/monthlymeetinganddemo

Ohlone College's market rate housing project focuses on environmental components

By ROELLE BALAN

More discussion and plans for the Ohlone College Newark Campus Housing projects continued during the last Ohlone College Board of Trustees meeting.

Documents from the board of trustees meeting on July 10, 2024 said the City of Newark requested the boundary of the Market Rate Housing Project be adjusted for better design and efficiency. A video stream of the board of trustees meeting showed the board approved the amendment.

The Market Rate Housing Project is different from the affordable student housing project being proposed on the Newark Campus. The proposed Market Rate Housing project consists of about 280 multi-family housing units which will be sold at market rate. According to Apartments.com, the average rent for an apartment in Newark, California is about \$2,300.

Ohlone President Charles Sasaki said in an email interview the Market Rate Housing Project came to light as a way to generate revenue for the college. He also expressed that State funding for community colleges is diminishing. As a result, a portion of revenue made by the unsubsidized rent will go towards Ohlone College scholarships and programs.

The proposed housing also comes with environmental impacts that became a cause for concern. One speaker during the March 13, 2024 board of trustees meeting claimed the housing project may be underwater by a certain year because of sea level rise.

However, Sasaki said the multi-family housing project was part of a "land use covenant" due to soil contamination from historical uses. Sasaki said remediation of the area will be done at no cost to the college.

The market-rate housing project will be located behind the Newark Campus buildings on the South West Side of the campus between Mowry Avenue and Stevenson Boulevard. There are also plans to create an exit from the housing project



Ohlone College Newark Campus. Credit: Roelle Balan

towards Mowry Avenue so people living in the area don't have to drive through the campus parking lots to get on Cherry Street.

Other environmental components are in the works for the Newark Campus Multi-Family Housing project. Vice President of Administrative and Technology Services Dr. Christopher Dela Rosa said during the July 10 meeting that the City of Newark had several suggestions for the Market Rate Housing project.

One was to add environmentally sustainable buildings to the project that can be connected to each other so there can be a walkability component. The other suggestion is for the project to show more of a connection to the college, instead of being a housing project that will generate revenue for the college. Dela Rosa said the college plans to work with its partners to add the environmental components to the project.

Jazz singer Paula West comes to Castro Valley

By TERRY LIEBOWITZ

"I can't believe I'm in Castro Valley!" Audience members made this comment after the success of Castro Valley Arts Foundation's summer musical, *The Hunchback of Notre Dame*. And, in fact, this is the Foundation's 18th season of providing "Big City Entertainment in the Heart of Castro Valley." Next up at the Castro Valley Center for the Arts is internationally acclaimed cabaret and jazz singer, Paula West, Saturday, September 7 at 7:30pm. Adam Shulman (piano), Aaron Germain (bass), and Leon Joyce, Jr. will join Paula on stage.

Paula's gigs have included cabaret/jazz clubs and concert halls with stops at the White House, European capitals, Japan and Israel. Later this fall she will perform her new show "Breathing Democracy" at SF Jazz and in New York. She is known for her fun and innovative programs. As expected, she sings from the Great American Songbook, but she always includes some pop/rock icons such as Bob Dylan, Joni Mitchell, and Glen Campbell to mix it up. "Telling a story is

what I like to do. The lyrics are the most important thing," Paula shares.

Born into a Marine Corp family, Paula grew up in San Diego and, after college, moved to San Francisco, where she discovered her love of jazz. At the time, she haunted the many record stores in the city, discovering all the greats. In fact, she has been compared to Billie Holiday and Lena Horne. The New York Times says, "No singer can be all things to all people...but Ms. West comes as close as any jazz singer nowadays to carrying off that impossible feat."

Enjoy this evening of live music with Paul West, and behold a true musical treasure. Purchase tickets at cvartsfoundation.org/shows/ or call (510) 889-8961. There are handicap accommodations and free parking at Castro Valley Center for the Arts.

Paula West
Saturday, Sep 7
7:30pm
Castro Valley Center for the Arts
9501 Redwood Road.,
Castro Valley
cvartsfoundation.org/shows/
Tickets: \$42-\$48

UNION SANITARY DISTRICT WINS "PEAK PERFORMANCE" PLATINUM AWARD

Submitted by
MICHELLE POWELL

Union Sanitary District (USD) has received the Platinum Peak Performance Award from the National Association of Clean Water Agencies (NACWA) for the 2023 calendar year. The Platinum Award recognizes agencies that have achieved five consecutive years of 100% compliance with their regulatory permit requirements. USD's permit conditions are in place to protect the water quality of San Francisco Bay. Additional consecutive years are added to an agency's Platinum Award as they are accomplished. This latest award marks the District's 15th consecutive Platinum-winning year.

USD has been recognized by NACWA for 31 consecutive years since the award program began in 1993. NACWA represents public wastewater and stormwater agencies of all sizes nationwide.

"USD's Platinum Award is an honor that reflects the

District's level of commitment to environmental protection and the hard work of employees," says Armando Lopez, Plant Manager. "USD's highly trained, dedicated staff is the reason for the District's many years of success."

General Manager Paul Eldredge notes "USD's entire staff shares in this award. I am proud of the District's long history of recognition from NACWA for excellence and outstanding service to the Tri-Cities and credit the efforts of employees in maintaining USD's superior record."

Union Sanitary District operates a 33-million gallon per day wastewater treatment facility in Union City and provides collection, treatment and disposal services to a population of over 342,000 in Fremont, Newark and Union City. For more information about Union Sanitary District's water quality efforts, contact Armando Lopez at (510) 477-7517 or visit the District's website at www.unionsanitary.ca.gov.

She Kills Monsters

PLETHOS STAGES THE HEARTWARMING STORY OF DISCOVERY, HEALING—AND D&D



Protagonist Agnes Evans is something of a newcomer to D&D. She doesn't even have her adventurer's pack. Credit Cathy Breslow, Breslow Imaging.

Submitted by **KARIN RICHEY**

Plethos Productions is bringing the Dungeons and Dragons adventure *She Kills Monsters* to Heirloom East Bay in Castro Valley from September 6 to 22.

Directed by Wynne Chan, *She Kills Monsters* is an epic tale that centers around Agnes Evans as she leaves her childhood home in Ohio following the death of her teenage sister, Tilly. When Agnes finds Tilly's Dungeons & Dragons notebook, however, she finds herself catapulted into a journey of discovery and action-packed adventure in the imaginary D&D world that was her sister's refuge.

This high-octane dramatic comedy is laden with homicidal fairies, nasty ogres, and 90s pop culture. Acclaimed playwright Qui Nguyen offers a heart-pounding homage to the geek and warrior

within us all. Don't miss the play that the New York Times raved about saying, "It will slash and shapeshift its way into your heart." The show also won the 2013 AATE Distinguished Play Award.

Enjoy this fun and touching show under the stars on the meadow stage at Heirloom East Bay. Tickets are selling fast at plethos.org. This show is recommended for audiences age 18 and up.

She Kills Monsters
Friday, Sept 6 - Sunday, Sept 22
Fri, Sat, Sun: 7pm
Heirloom East Bay
9990 Crow Canyon Rd., Castro Valley
<https://plethos.org/>
Tickets: \$25 - \$30

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Legacy Mural at Lila Bringhurst Elementary School commemorates innovation

PROJECT INCLUDES 1,000 HAND-STAMPED TILES



L to R: Alexander Cordrey, Kristine Tsung, Jake Rodenkirk, and Brett Walsh. Courtesy of Lila Bringhurst Elementary School.



Guests gather to admire the mural at its August 16th unveiling. Courtesy of Lila Bringhurst Elementary School.



The mural includes over 1,000 tiles. Courtesy of Lila Bringhurst Elementary School.

Submitted by **KRISTINE TSUNG**

Lila Bringhurst Elementary School, a proud member of the Fremont Unified School District, celebrated its grand opening in 2022. Over the past two years, teachers Brett Walsh of Thornton Middle School and Kristine Tsung of Bringhurst Elementary School spearheaded a remarkable project to commemorate this milestone—The Legacy Mural: Where Innovation Begins.

This project began in Bringhurst's first year with 5th grade students from the

school's Mandarin Immersion Program, who painstakingly stamped over 1,000 tiles by hand. Brett Walsh then brought these tiles back to Bringhurst, where students from transitional Kindergarten through 6th Grade worked together to paint them. The project was further enriched by the expertise of ceramics teacher Jacob Rodenkirk of Washington High School, who meticulously fired each tile in the kiln.

The mural's centerpiece, designed by Kristine Tsung using Photoshop, features

drawings of Fremont's landmarks created by 5th and 6th graders at the time of the school's grand opening.

This monumental project would not have been possible without the support of the community. Special thanks go to Alex Cordrey, a contractor and parent of one of the students, who played a key role in the project, and to Johanna White, the founding principal of Bringhurst. We are also grateful to CalRTA for the grant that made this community-wide project possible, as well as the Bringhurst Parent Teacher Organization,

which paused other campus projects to focus on this 8-foot by 16-foot Legacy Mural. Additionally, the Chinese Immersion Parents' Council of Fremont provided invaluable support, making this truly a community effort.

The evening of August 16th, the school held an unveiling event to capture this moment. The Legacy Mural stands as a symbol of creativity, collaboration, and community spirit, commemorating the grand opening of Lila Bringhurst Elementary School and inspiring future generations.

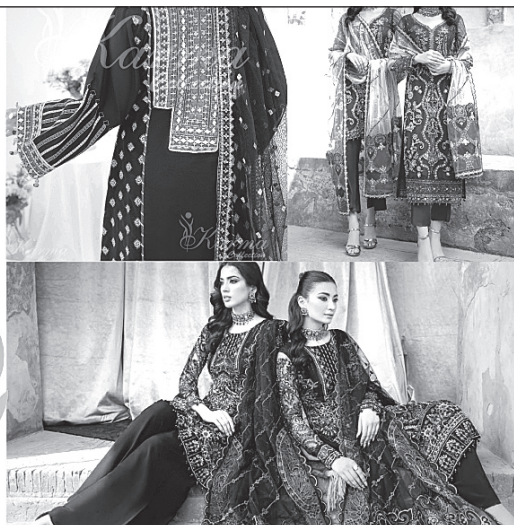
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Kid Scoop

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE

Puzzle answers, recipes, videos and more at www.kidscoop.com

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Kid Scoop Together:

Are you trustworthy?

Take this self-review to find out. Read the following statements and check TRUE or FALSE.

I don't spread rumors about people.

TRUE FALSE

I am honest.

TRUE FALSE

People can count on me.

TRUE FALSE

I am loyal to my friends and family.

TRUE FALSE

I keep the promises I make.

TRUE FALSE

I am a trustworthy person because:

TRUST

Trust is a building block to good friendships. Trust is believing a person will keep their promises.



What Trust Looks Like



When a person is kind to you, especially when you're having a rough day.



When you know a person will do what they said they were going to do.



When a person takes care of something you loan to them.



When you can believe what a person says to you.

Trust Walk

Partner with a friend or family member to take a walk.

One person closes their eyes or wears a blindfold.

Holding hands, the person with open eyes takes their partner on a walk.

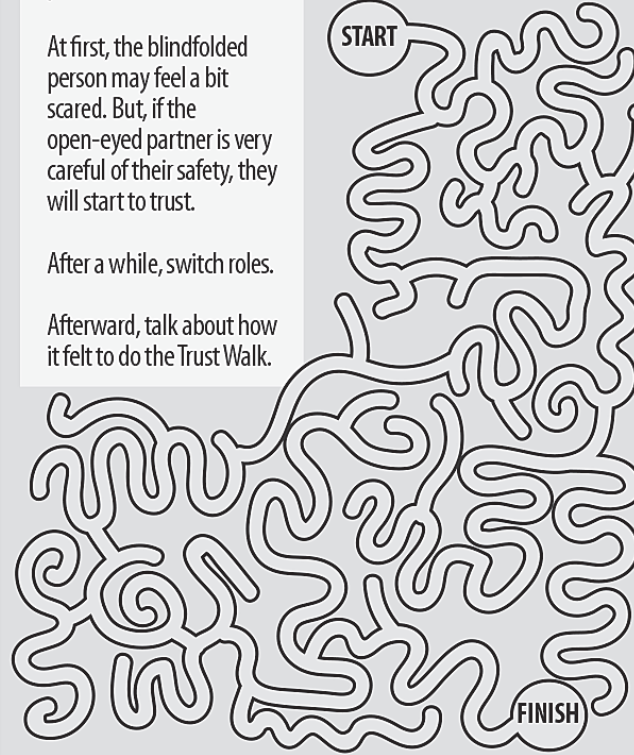
At first, the blindfolded person may feel a bit scared. But, if the open-eyed partner is very careful of their safety, they will start to trust.

After a while, switch roles.

Afterward, talk about how it felt to do the Trust Walk.



Help Ben guide his blindfolded partner, Jacob, through the maze!



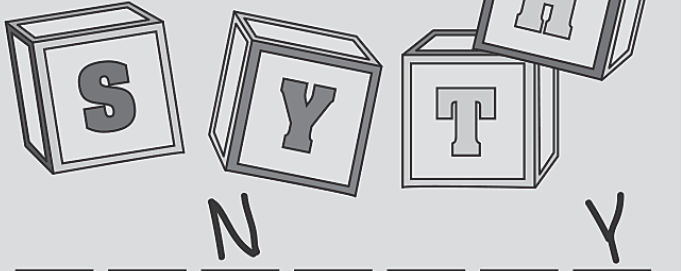
Building Trust

Trust is something you don't just have. It takes time to build trust.

Each time someone keeps a promise, tells the truth, is kind to you, or is careful with your things, trust builds. It is like building a house. You start by building a foundation with bricks of trust.

If you break a promise or tell a lie, the bricks fall down, and it is hard to build them back up.

Unscramble the letters on these blocks to discover a key way to build trust.



Standards Link: Language Arts: Spell grade-level words correctly.

Trustworthiness

Read the sentences. Finish each one with an answer that shows trustworthiness.

Juan heard a bad rumor about Sarah. Juan should _____

Tomas found \$10 in the gym. Tomas should _____

Sasha found Maria's diary. Sasha should _____

Extra! Extra! Trusty Words

Select a person or a character in a book that you trust. Look through the newspaper for five words that describe that person or character. Use these words to write about why you trust them.

Standards Link: Language arts: Identify and use adjectives.

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Kid Scoop VOCABULARY BUILDERS

This week's word: **TRUST**

The noun **trust** means a belief in the strength or truth of a person or thing.

I knew I could **trust** Kevin to return my library books for me on time.

Try to use the word **trust** in a sentence today when talking with your friends and family members.

Kid Scoop Puzzler

Mirror Image

Face a partner. One person will be the "mirror," and the other will be the person looking into the mirror.

The mirror follows the movements of the person

looking into it as best as they can. After a few minutes, switch roles.

Talk about how the mirror and the person looking into it could help each other.



How many differences can you find between these two friends playing the mirror game?

Standards Link: Reading Comprehension: Follow simple written directions.

Double Double Word Search

Find the words in the puzzle. How many of them can you find on this page?

- BLOCKS
- BUILDS
- CARES
- EYES
- FRIEND
- GOOD
- KIND
- LOAN
- ONE
- PROMISE
- ROLES
- RUMOR
- SAFETY
- TRUST
- YOU



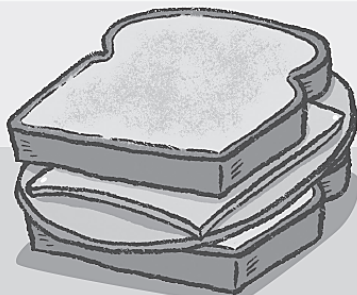
Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

FROM THE LESSON LIBRARY

Trustworthy Business

Look through the advertisements in your local newspaper, and select a business that you trust. Write a letter to the editor telling the community why you trust this business.

Standards Link: Language Arts: Write in a variety of genres.



Why is it so difficult to trust a sandwich?

ANSWER: Because they're often full of baloney!

Write On!

Trust Me!

Write about a time you kept an important promise to someone.



The Fremont CONNECTION



Fish-Die Off at Lake Elizabeth

During the first week of July, the Bay Area experienced an extreme heat wave. On the morning of July 3, Fremont's Lake Elizabeth began to show signs of a fish die-off. That morning supplemental water support to the lake was increased to aid in mitigating the impacts of the extreme heat and evaporation. On the July 4th holiday, the City brought in an outside consultant to evaluate the situation and conduct additional water quality testing. The consultant determined that the diminished Dissolved Oxygen (DO) level was stressing the fish and causing the die-off. A DO level of 5.0 mg/L concentration is the standard target and on July 4th the lake tested at 1.0. A lower DO level can be potentially caused by temperature changes, algae blooms, or increased bacteria. The lake water temperature was at 83 degrees, and the fact that Fremont was not getting the afternoon and evening cooldowns it historically experienced exacerbated

the problem, not allowing the water temperature to drop and partially improve overnight. Additional water testing was sent to a lab to determine if there were any other contributing factors such as algae or bacteria. On Saturday July 6, City staff including the Park Rangers, Recreation Services, Maintenance Operations, and Environmental Services completed the clean-up and disposal efforts that occurred over a 4-day period. It's estimated that approximately 90% of the 1000 fish impacted were carp, which the City had never introduced to the lake. City staff has continued to monitor the lake, and there has not been any additional fish die off, since July 6. On Thursday July 11, the water quality consultant completed a new round of water tests. While on-site, the consultant also conducted an updated Dissolved Oxygen (DO) test. The DO levels showed significant improvement, with a 5.0 mg/L

concentration in most locations. On August 2, staff received the results of the microcystins tests that were conducted on July 4 and they all came back negative. This supports the initial assessment that the excessive heat caused the low dissolved oxygen (DO) concentrations and the elevated water temperatures that pushed the fish species beyond the ranges they could tolerate. Harmful algae blooms were not a contributing factor. Lake Elizabeth is owned by Alameda County Flood Control and the City has an agreement to operate the lake as a recreational amenity. The City has provided Alameda County Flood Control with a copy of a recent bathymetric survey (measures the depth of the lake and maps its underwater features) and will use this data to determine next steps in water-quality testing, aeration aides, depth changes, vegetation opportunities, and other mitigation efforts prior to

reintroducing any new fish to the lake. The City of Fremont reminds community members not to release fish from one water body into another. Releasing even a few carp into a body of water can become a huge problem. They lay hundreds of thousands of eggs at a time, which means populations grow and spread quickly. Because of this, they can quickly out-compete other native or purposely introduced species and put the lake ecosystem in danger. The City will continue working with our consultant and partners to come up with options that can help manage these extreme weather and climate change impacts. The City of Fremont continues to keep its website updated with information on this topic as new information is available Visit <https://city.fremont.gov/lake>.

The Fremont Family Resource Center (FRC): Your One-Stop Shop for Family and Individual Services



The Fremont Family Resource Center (FRC) is a welcoming place where families and individuals are nurtured, encouraged, and provided quality services to build on their own strengths to help themselves and others. Founded in 1999, the FRC combines the best efforts of more than 24 State, County, City and non-profit social service organizations. These collective efforts offer a large variety of services and programs that help to build a vibrant

Tri-City community with strong and healthy individuals, families, and children. Established to help families gain access to needed services, the FRC is made up of amazing professionals who are equipped to connect people to a variety of resources to help with daily life. Life also can be unpredictable, and a personal crisis can hit anyone at any time, triggering a cascade of needs. The FRC agencies go above and beyond to help respond to all kinds of emergency needs. With a diverse

team made up of staff and volunteers who speak multiple languages, the FRC aims to provide a seamless experience that empowers families and individuals to control their futures. **The FRC's services include:**

- Employment and job training
- Mental health services for all ages
- Substance use disorder treatment services for adolescents
- Food assistance
- Legal assistance
- Culturally informed immigrant services
- Benefit assistance and family services coordination
- Specialized disability services
- Housing assistance and support for the homeless
- Childcare information and subsidies
- Financial coaching
- Tax preparation assistance
- Workshops and support groups

Conveniently located in Downtown Fremont at 39155 Liberty Street, the FRC is literally – and figuratively – at the heart of our community. Its strategic location

near Bay Area Rapid Transit (BART) ensures accessibility for all. The FRC also offers affordable, spacious meeting rooms to our community as well as government, educational agencies, and others needing a gathering place. If you have questions, please call the main number at 510-574-2000. More information can be found on the FRC's department webpage: city.fremont.gov/frc.

Save the Date for FRC 25th Anniversary

Shedding its reputation as “the best kept secret in Fremont,” our Family Resource Center is celebrating its 25th Anniversary with A Frolicking Speak Easy Affair and fundraiser! From 5 p.m. to 9 p.m. on Thursday, October 24, dress up in 1920s fashion and join us at the Fremont Downtown Event Center for an evening of fun and help raise funds to support individuals, families, and children in need. Purchase tickets at city.fremont.gov/frc25event.

Age Well Center at South Fremont
Sip, Sparkle, and Roll
A Casino Night Fundraiser

Friday
September 13, 2024
6-9pm

Buy Your Tickets Today!
 Ticket Price: \$75

To learn more visit
<https://city.fremont.gov/casinonight>

Scan QR code for tickets

Call 510-742-7540 or Stop by the AWCs
 M - F 8am - 4pm

Age Well Center at South Fremont
 47111 Mission Falls Court, Fremont, CA 94539
 Office 510-742-7540

MOVIES Under the Stars

SEPT 27
MIGRATION

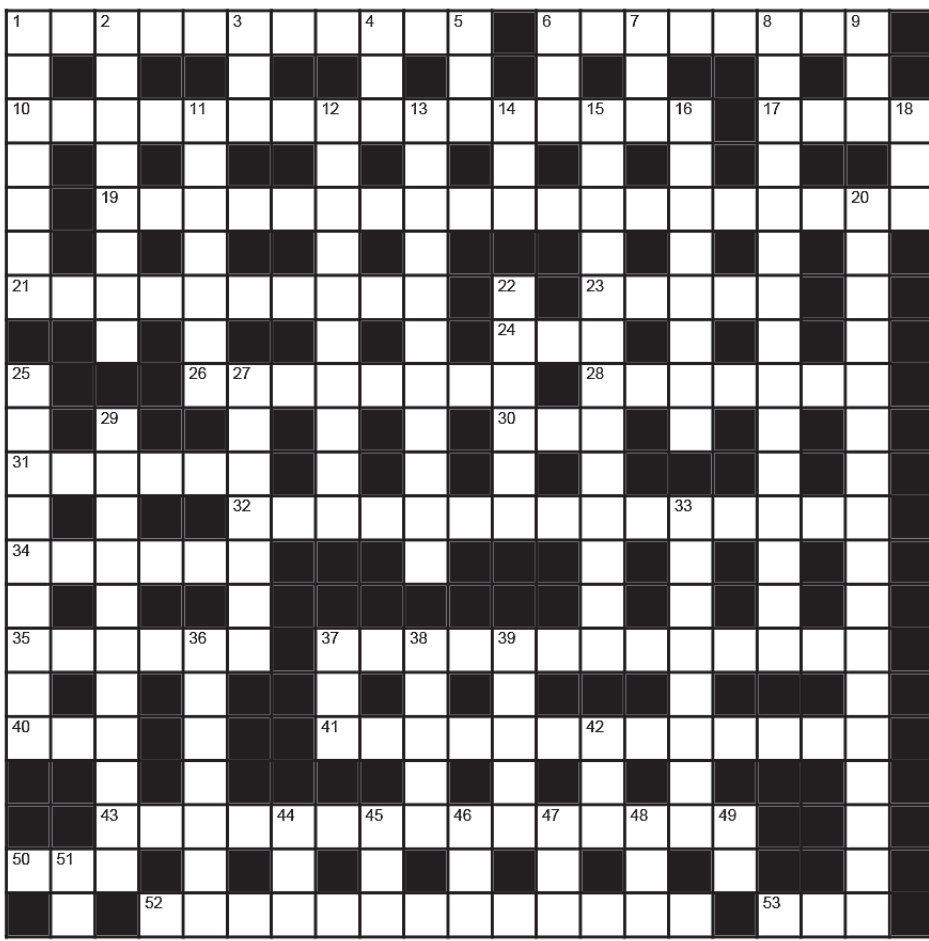
OCT 25
GHOSTBUSTERS
FROZEN EMPIRE

CENTRAL PARK PERFORMANCE PAVILION

You are invited for outdoor movie nights this fall. These events take place at Central Park. The movies will start in the evening after sunset. This event is FREE, so grab some blankets & low beach chairs. Closed captioning available. For questions, call (510) 494-4300 or visit <https://bit.ly/FremontMovieNights>

Mind Twisters

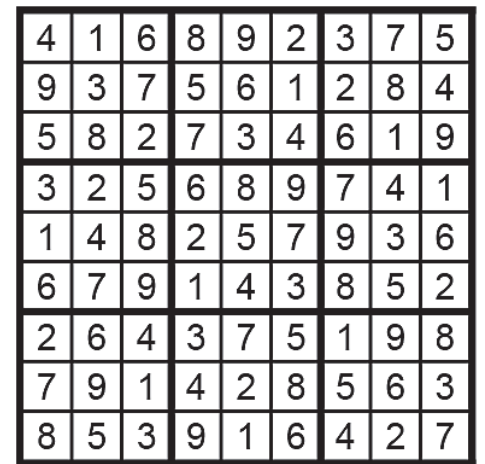
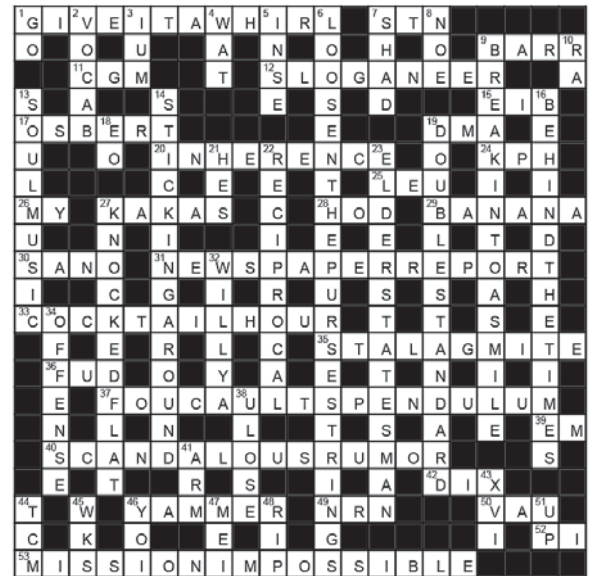
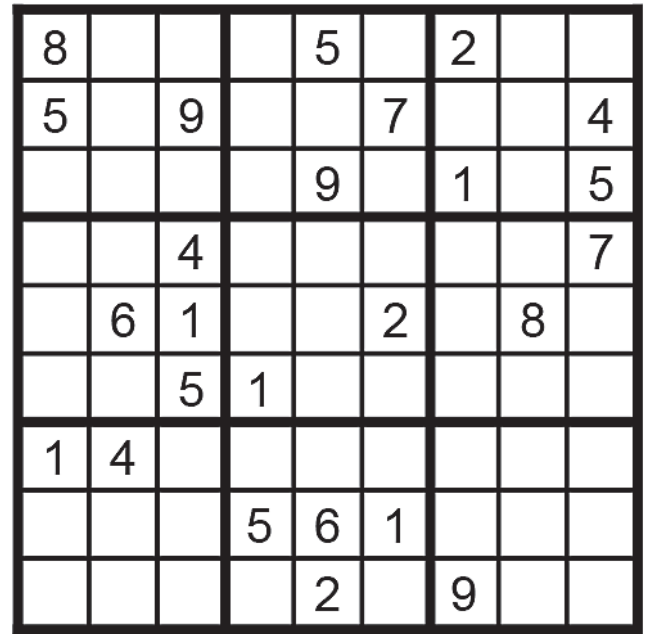
Crossword Puzzle



- Across
- 1 Taveuni and Beqa, for two (4,7)
- 6 Discovered, in Derbyshire (8)
- 10 Arctic sea route (9,7)
- 17 Boy, to his madre (4)
- 19 Second grade homework (14,5)
- 21 Camaraderie (4,6)
- 23 Up, in baseball (2-3)
- 24 Stepson of Thor. (3)
- 26 Represented (5,3)
- 28 From that cause (7)
- 30 Nasdaq unit: Abbr. (3)
- 31 Enterprise weapon (6)
- 32 "The Blue Angel" actress (7,8)
- 34 1967-70 war site (6)
- 35 Lemurs (6)
- 37 Kind of philosopher. (7-6)
- 40 Abilene-to-San Antonio dir. (3)
- 41 Wild guess (4,2,3,4)
- 43 Long walk after a stressful day at work, say (6,9)
- 50 Attacker (3)
- 52 Pod formerly used by astronauts to return to Earth (7,6)
- 53 Wine cask (3)
- Down
- 1 Most doting (7)
- 2 Formal lamentation (8)
- 3 Finalize, with "up" (3)
- 4 Clock setting in Mount Pearl, Canada (3)
- 5 "Come ___?" (Italian greeting) (3)
- 6 QB protectors (3)
- 7 Diamond stat. (3)
- 8 "Arabian Nights" adventurer (6,3,6)
- 9 Grayish brown (3)
- 11 New Age gurus (7)
- 12 Influential nation (10)
- 13 Angle (5,2,4)
- 14 Little, in Leith (3)
- 15 Pro with a whip (6,7)
- 16 Exalted (8)
- 18 Fine, in old slang (3)
- 20 "Chip off the old block"
- 22 Anatomical pouches (6)
- 25 The Baltics, e.g. (9)
- 27 Airport areas (7)
- 29 1860s epic set in the Napoleonic Era (3,3,5)
- 33 Bright birds (8)
- 36 Yucky, in baby talk (4,3)
- 37 Businesses: Abbr. (3)
- 38 Corn meal dish (5)
- 39 Actor Carradine (5)
- 42 Macabre sidewalk chalk drawing (3)
- 44 "Platoon" setting (3)
- 45 Calendar abbr. (3)
- 46 Video maker, for short (3)
- 47 Abet (3)
- 48 Suffix with president (3)
- 49 I give you ___ word (2)
- 51 "No kidding!" (2)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK OF AUGUST 27, 2024

All Signs: This is the perfect week to wrap up our summer because it's full of romantic promises and possibilities. According to the Oxford English dictionary, the definition of a romance is "an exciting, usually short relationship between two people." Must it be short? And what about being enthralled in a romantic way with a city, or a special place? Whatever the case, now is the time to embrace happy feelings. Surprise invitations, spontaneous social outings, along with passionate responses to people and circumstances will be the tenor of this week.

Aries the Ram (March 21-April 20):

This week offers all kinds of possibilities because the underlying theme for you is to work and get organized. That's why you intend to get a jump on that "back-to-school" feeling so that you're ready for September. Nevertheless, fair Venus is in your House of Partnerships, dancing with Uranus and Pluto, which will attract surprise get-togethers and secret meetings. Romance and passionate responses will be par for the course this week. (Might this be due to an old flame back on the scene?) Whatever the case, you're keen to meet new people and reignite existing relationships and partnerships.

Taurus the Bull (April 21-May 20):

You are perfectly positioned to socialize with others this week and have fun! Many of you are still on vacation. Romance is in the air. Even work-related romances might suddenly take place. Because family get-togethers, reunions and family members from your past are on the scene, this also could be a source of an unusual romantic introduction. Meanwhile, many of you are keen to address health concerns and improve your body and your physical energy because you want to be the best you can be.

Gemini the Twins (May 21-June 20):

This week begins with the Moon in your sign and fair Venus in your House of Romance. (Emotional and full of promise!) This means you are up for fun activities, vacations, sports events, plus a genuine enjoyment of the arts and the entertainment world. Social plans might suddenly change. Meanwhile, you're up for this fast pace because the Moon

in your sign is lined up with lucky Jupiter. Furthermore, Mars is in your sign boosting your drive. Friends from the past will continue to appear because of the final influences of Mercury retrograde.

Cancer the Crab (June 21-July 21):

You're in the middle of a fast-paced month because the rhythm of your days has been accelerating. This is due to appointments, get-togethers and interactions with siblings and neighbors that are creating greater demands on your time. Meanwhile, many of you are reading, writing and studying more than usual. Stock the fridge because spontaneous entertaining will take place at home. Yes, you're interested in redecorating and tweaking where you live; however, surprise visits from others are likely. Meanwhile financial delays will correct themselves in September. It's all good.

Leo the Lion (July 22-August 22):

This is a popular year for you; and being a Leo, this is a popular month. This week will continue to bring unexpected opportunities to socialize with siblings, relatives and neighbors. Romantic flirtations are also likely. Mercury retrograde has slipped back from Virgo into your sign, which attracts interactions with people you haven't seen for a while. All this means that right now -- you are a social butterfly! Sports activities that appeal right now. Your secret is to get rest and pace yourself because no one can be all things to all people.

Virgo the Virgin (August 23-September 22):

This continues to be a powerful time for you because the Sun is in your sign, which can happen

only once a year for four weeks. Enjoy this advantage because the Sun will energize you and attract good fortune. Meanwhile, this week is full of surprising financial opportunities for Virgo. Something might suddenly present itself. A better paying job? Whatever the case, you should know that this window of opportunity is brief. Meanwhile, if this does involve new opportunities, you should know that you look especially good to others right now. Ask for what you want!

Libra the Scales (September 23-October 22):

This week has mixed messages for you. Because the Sun is now hiding in your chart, you will want to have time to yourself. You need to catch your breath. You might even feel overwhelmed with social demands. Nevertheless, these demands exist. Plus, opportunities to travel are coming your way as well. Therefore, you have to juggle friends from the past, romantic possibilities, social outings, travel options and at the same time, enjoy your privacy. This is a challenging conundrum.

Scorpio the Scorpion (October 23-November 21):

Like many signs, you're popular this week! Could it be the last-minute summer fever before September arrives? Whatever the case, not only are you more involved with friends than usual, you are also involved with clubs, groups and organizations. Some of you might see authority figures from your past because of the Mercury retrograde influence taking place at the top of your chart. You are a passionate sign, and right now unexpected flirtations can take place. This could be minor -- or -- it could generate some juicy gossip. You

might also receive gifts and favors from others this week.

Sagittarius the Archer (November 22-December 21):

Looking good! The Sun is at the top of your chart casting you in a flattering spotlight, which is why everyone admires you right now. Without question, some of you will be surprised by a flirtation with a friend. (A platonic relationship could turn romantic.) Or you might be introduced to someone unusual through a friend? Because the romance vibes are strong for your sign this week, it's important to be flexible because things are happening fast and opportunities are short-lived. Fortunately, you can think on your feet.

Capricorn the Goat (December 22-January 19):

Your desire to travel, explore new ideas, and learn something new is strong. You want to expand your world! Meanwhile, romance with a boss or someone in a position of authority is highly likely for you this week. Whatever happens will be sudden. It might be an innocent flirtation that surprises you, especially with someone older or well-established. Or it could be with someone younger -- because there is likely an age difference. This is still a strong week to wrap up details with taxes, shared property and debt as we coast through the last throes of Mercury retrograde.

Aquarius the Water Bearer (January 20-February 18):

This is a passionate, intense week for you. Lots of energy is impacting the part of your chart ruling romance, love affairs and socializing. At the least, you will enjoy saucy, fun-loving interactions with others. At the most, you might encounter new love.

Whatever relationship you form might be brief but it will definitely be memorable! Meanwhile, opportunities to travel might fall in your lap. Ditto for chances to go to school. Because Mercury is still retrograde opposite your sign, ex-partners are still in the picture. You'll love meeting characters and having surprise exchanges because this is who you are.

Pisces the Fish (February 19-March 20):

Your focus on partners and friends is strong now and will continue for the next few weeks. Financial issues favor you at this time. In fact, sudden gifts and goodies might come to you. Something fortunate might suddenly happen, especially if it relates to home and family. Meanwhile, this is a passionate, sexy week! Many of you will have sudden romantic trysts. Continue to cope with increased activity and chaos on the home front because September will usher in quieter times and more sanity. Be aware that the opportunities that arise this week will benefit home and family.



By Georgia Nicols
www.georgianicols.com.

Home & Garden

Un-cumbersome cucumbers & cantaloupes



Although cantaloupes take up extra space in your garden, they are delicious and worth it. By Madhvik Singh

By **MADHVIKA SINGH**

Cucumbers and cantaloupes belong to the same family known as Cucurbitaceae, and the members of this family are called cucurbits. They are annual plants with tender tendrils, growing trailing and climbing vigorous vines and producing delicious fruit. Cucumbers and cantaloupes are among my favorite cucurbits for a summer harvest. I typically start the seeds indoors about three weeks prior to the planting time, which for me is late April to early May. I find that cucurbits germinate easily, and this allows me to try out many varieties. They can be planted outside once the temperatures are consistently above mid-seventies. Sow two to three seeds per pot in moist soil and keep it in a warm place. Once the seeds have germinated, move them to a sunny location. If sowing directly in the ground, follow the directions on the seed packet for timing and depth. Some newer hybrid varieties are resistant to many common plant diseases, and seeds are easy to find, especially from online retailers.

So far, my favorite varieties of cucumbers are Dragon Suhyo Hybrid and Natsu Fushinari. They both have performed well in terms of yield, were not bitter and showed resistance to powdery mildew. Bitterness can be an issue with cucumbers. Excessive heat, dry conditions, or poor soil can cause the fruit to be bitter due to the higher concentration of a compound called

cucurbitacin. Look for varieties with thinner skins, or ones labeled as “bitter free” to address this. Sometimes they are also labeled as “burpless.”

The cantaloupe variety that I have really enjoyed growing is Emerald Gem, an early-ripening variety and a prolific producer. The ripe fruit has a lot of bite to it, is juicy, and coats the palate with many floral notes. When ripe, it is aromatic and will slip from the vine when pulled gently. If the cantaloupe is not fully ripe when harvested, I leave it at room temperature away from sunlight for a couple of days and it ripens just fine, although the sweetness does not improve. One cantaloupe I am looking forward to growing is the Ambrosia Hybrid, as it is a disease resistant variety.

Cucurbits have surprised me with volunteer plants. This year, I had a volunteer melon growing which turned out to be the hami melon. It probably grew out of a seed brought to my yard by a bird or a breeze! It is oblong in shape, has less prominent netting and is much heavier than a lot of other melons. It is firm in texture, has a cucumber-like fragrance and crunch and turns yellow as it ripens. Unripe hami cantaloupes are hard to thumb pressure but have a give when ripe. The rind is thicker and the inside color is “lemony.”

Due to their sprawling nature, cucurbits need more space per plant than some other summertime plants like peppers or eggplant. If space is a concern, choose bush

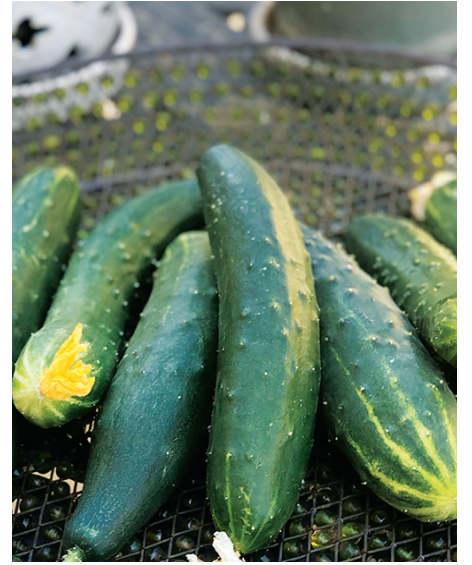


You can still grow heavy cantaloupes vertically. By Madhvik Singh

type varieties for your garden. Container or compact varieties of cucumbers produce smaller fruit, but still in a decent number. Cantaloupe varieties suitable for container growing are also available, but their yield varies depending on factors like container size, soil quality, nutrition etc. The summers I have grown cantaloupe, I have had to pass on growing some other plants as they take up a lot of space.

Both cucumbers and cantaloupe like water. Cucumbers like frequent and consistent watering but not waterlogging. A soaker hose or drip irrigation works well. Although cantaloupes prefer infrequent deep watering, recent heat waves have dictated some schedule modifications. I have had to water them every day to prevent vines from wilting and leaves from crisping up to the point of no return. In the midst of all this, one must make sure that these conditions do not encourage high humidity as it can invite fungal diseases. Vines also like fertilizer feedings during the growing season, especially once they have put on fruit. An application of a granular or water-soluble fertilizer intended for the crop is very helpful.

For the longest time allowed cucurbits to spread on the ground. The size of the fruit and its pendulous nature, especially for cantaloupe, did not generate any confidence in them being able to trellis upward. But they can. To secure higher-hanging fruit, I cover them with a mesh bag, making sure



Cucumbers take five to six weeks to grow, and mature into fruit in just a few days. By Madhvik Singh

to tie the drawstring to the trellis structure, not just the fruit. Since cucumber matures into fruit within a few days, I leave them as is. Growing vertically is a space saver but can sometimes cause sun scalding on the fruit, so watch out for that. I also plant cucumbers in succession about five to six weeks apart. This allows me to try out more than one variety during the same growing season. Having a seedling on standby is helpful too if I lose the first plant to unexpected frost, disease or a pest.

A meal on its own, cantaloupes can be enjoyed fresh, frozen, as sorbets, and in salads to mention a few ways. They also look stunning in fresh fruit bouquets when carved out in different shapes and can dress up cocktails and beverages as scooped out melon balls. Cucumbers can be added to salads, sandwiches, made into pickles or can be paired with hummus for refreshing summertime snacks and meals.

Note: This article gives an overview of growing plants, sun and soil requirements, moisture needs etc. Plant health and growth will vary based on various factors. This article is intended for gardening and culinary inspiration only. Please consult your healthcare provider should you have any questions or concerns about adding any new foods or ingredients to your diet.



Enjoy cantaloupe fresh, with a little seasoning. By Madhvik Singh



Sometimes stray cantaloupes can spring up in your garden by surprise! Like this hami melon. By Madhvik Singh



An Emerald Necklace cantaloupe supported by a fence. By Madhvik Singh

THE ACWD CONNECTION

National Preparedness Month

National Preparedness Month is observed each September to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time. Be emergency ready to keep you and your family safe.

Steps to help prepare:

- ✓ Create a plan for you, your family and pets.
- ✓ Build a kit with food, water and supplies. For a supply list, visit ready.gov/kit.
- ✓ Sign up for ACWD's Rapid Alert Notification System (RANS) for notifications via text, phone call and email with urgent water-related info at acwd.org/RANS.
- ✓ Sign up for AC Alert to get notifications about emergencies in cities throughout Alameda County at ACAlert.org.

Make a PLAN



Ready



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Arts & Entertainment

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

CONTINUING EVENTS

Mondays and Thursdays **Food Garden Volunteer**

9am - 12pm
Learning from experienced gardeners.
LEAF CR Stone Garden
55 Mowry Ave., Fremont
volunteer@fremontleaf.org
Volunteer agreement form is required.

Tuesdays

East Bay Games Meet

6pm - 10pm
German/Euro style board games and card games.
Swiss Park
5911 Mowry Ave., Newark
(510) 936-2523
meetup.com/east-bay-games
sfdavidkaye@yahoo.com

Tuesdays

East Indian Seniors R

2pm - 4pm
Anyone who is retired and of Indian origin or interested in Indian culture is welcome to join us.
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont
(510) 790-6606
Second and Fourth Tuesdays of the month

Tuesdays

LEGO® Time

3:00 pm - 4:30 pm
Use your imagination and engineering skills to create your own LEGO® designs.
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
Drop-in. For everyone.

Tuesdays

Music and Storytime

11:30am - 12:00pm
Join us for stories, music, and movement.
Cherryland Community Center
278 Hampton Road, Hayward
(510) 626-8522
For babies, toddlers, kids, and preschoolers.

Tuesdays

Comfort & Joy Ukulele R

1:30pm - 3:00pm
A group of ukulele players with volunteer leaders to practice familiar songs as well as learning new.
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont
(510) 790-6606

Wednesdays

Folk Dancing Social R

9:00am - 10:30am
Join together in the wonderful spirit of dancing and savor the beautiful music from all over the world.
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont
(510) 790-6606

Wednesdays

Book Club AWC R

10am - 12pm
The book club meets for stimulating discussions.
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont
(510) 790-6606
Second and fourth Wednesdays of the month

Thursdays

International Folk Dancing R\$

11:15 pm - 1:00 pm
Celebrate the cultural roots and traditional life of various countries.
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7529
In English and Chinese.

Thursdays

Bocce Ball Class R

11am - 12pm
Learn how to play Bocce Ball.
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7529
Rain will cancel class.

Thursdays

Chinese Calligraphy Social R

2pm - 4pm
Bring your own supplies and socialize and have fun while doing calligraphy.
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont
(510) 790-6606
There is no teaching on site.

Thursdays

Historic Days

10am - 4pm
Ride a narrow-gauge train, tour the beautifully restored Patterson House Museum. Every historic day ends with an animal feeding at 3 pm. This is a drop-in program; no registration is required. Disabled accessible. Ardenwood admission fee applies.
Ardenwood Farms
34600 Ardenwood Blvd., Fremont
(510) 544-2797

Thursdays

Chinese Music Ensemble R

1:00 pm - 3:30 pm
Open to all who are interested in performing traditional Chinese music.
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont
(510) 790-6606

Thursdays

Family Board Game Night

3:30 pm - 5:30 pm
Play together with family and friends, or make some new friends at the library.
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
Board games will be provided.

Thursdays

The Peaceful Poets

5pm - 8pm
Join a Milpitas-based group of writers and appreciators of poetry.
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
For teens, adults, and seniors.
Last Thursdays of the month

Thursday, August 1 – Saturday, August 31

Vintage Trucks and Tractors Exhibition

11am - 4pm
“Vintage Trucks and Tractors,” a retrospective of paintings from Jerry Peters’ early years exhibiting at the Portola Art Gallery.
Portola Art Gallery
75 Arbor Rd., Menlo Park
(650) 321-0220
www.portolaartgallery.com

Thursday, August 14 – Saturday, October 5

Women Create Space juried exhibition

Women Create Space will spotlight women sculptors and 3D artists of the Northern California Women’s Caucus for Art and Olive Hyde Art Guild in a gallery-wide installation.
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
bit.ly/FremontOHAG

Thursdays and Saturdays

Story Time

10:30am - 11:00am
Picture book story time
Banter Bookshop
3768 Capitol Ave. Ste. F, Fremont
(510) 565-1004
bit.ly/3VFpbc

Fridays and Saturdays

Free Telescope Viewings

7:30pm- 10:30pm
Join Chabot astronomers on the Observatory Deck for a free telescope viewing!
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
chabot.space.org/calendar
Weather permitting.

Fridays, August 23 - September 27

Pacific Commons Concert Series

7pm - 9pm
8/23: East Bay Mudd (Classic Soul, R&B)
9/27: Foreverland (Michael Jackson Tribute)
The Block Plaza
43806 Pacific Commons Blvd., Fremont
Pacificcommons.com

Friday, September 6 - Sunday, September 22

She Kills Monsters

Fri, Sat, Sun: 7pm
She Kills Monsters is an epic tale that centers around Agnes Evans as she leaves her childhood home following the death of her sister, Tilly. When Agnes finds Tilly’s Dungeons & Dragons notebook, she finds herself catapulted into a journey of discovery and adventure.
Heirloom East Bay
9990 Crow Canyon Rd., Castro Valley
<https://plethos.org/>
Tickets: \$25 - \$30

Saturdays

Laugh Track City R\$

8pm
Series of improvised games and scenes
Made Up Theatre
4000 Bay St. suite B., Fremont
(510) 573-3633
madeuptheatre.com

Saturdays

Free Beginner Pickleball Lesson

12pm - 2pm
Free pickleball lesson taught by a USPA professional.
Hall Memorial Park
304 La Honda Dr, Milpitas
(408) 586-3210
Drop-in. Weather permitting.

Saturdays

Teen Cohort for Outdoor Education R\$

10am - 4pm
Meet new friends, build outdoor skills, and get to know your community as we participate in activities, such as Hayward Shoreline Hike and Clean-Up, Quarry Lakes Excursion; Coyote Hills Excursion; Fishing; rock climbing on our 28-foot rock wall, hiking; and a Sulphur Creek Guided Tour.
Ashland Community Center
1530 167th Avenue, San Leandro
Noel Munivez: (510) 317-2303
munn@HaywardRec.org

Sundays, August 25 - September 29

Concerts in the Park

1pm - 5pm
Aug 25: Kari & the Sweetspots, Gary O and Friends, The TaleSpinners, Dee Smith & Friends
Sep 8: Hayward High School Cheerleaders
Sep 15: Oasis Big Band, In Full Swing Big Band
Sep 22: Memphis Blues Project, CSUEB Aphasia Tones, East Bay Youth Orchestras’ Symphony Orchestra
Sep 29: East Bay Symphonic Band, Hayward High Marching Band & Color Guard, Hayward High Jazz Band
Hayward Memorial Park
24176 Mission Blvd., Hayward

Sunday, September 29; October 27

South Hayward Community Market

12pm - 4pm
Live entertainment, small, local retail vendors, and local food and produce vendors including a mobile farmers market
South Hayward BART Station
28601 Dixon St., Hayward
[instagram.com/southhaywardmarket/](https://www.instagram.com/southhaywardmarket/)
southhaywardmarket@gmail.com
No entry or parking fee

Hayward Animal Shelter



510-293-7200

www.HaywardAnimals.com

**16 Barnes Court, Hayward
(Near Soto & Jackson)**

*Connecting rescued animals
with loving homes!*



Arky is a 2 year old tan shepherd mastiff mix. Arky is a big ole boy that loves to take you for a walk, not vice versa. Arky has plenty of energy, but knows how to be a big cuddle. Arky is already chipped and is looking to start his new life in a home. To adopt or meet Arky contact Hayward Animal Shelter
510-293-7200



Sox is a 7 month old Queensland heeler mix. Sox is looking for a home to grow and become the perfect companion for someone and/or the family. Sox is playful, has lots of energy, and is at the perfect age to learn all his commands with ease. To adopt or meet Sox contact Hayward Animal Shelter
510-293-7200

Sundays**Farmyard Games**

1pm
Join us for some old-fashioned fun! Try your hand at classic American pastimes including stilt, sack races, and the potato-spoon race. This is a drop-in program; no registration is required. Ardenwood admission fee applies.
Ardenwood Farms
34600 Ardenwood Blvd., Fremont
(510) 544-2797

Sundays**Practice Your English: Group Conversation for Adults**

2pm – 3pm
Improve your conversation skills by chatting with other people about everyday topics in a friendly, welcoming group
Castro Valley Library
3600 Norbridge Ave., Castro Valley

Sundays - Saturdays**Recreational Swim \$**

12:30pm - 5:00pm
Attractions may vary.
Silliman Activity and Family Aquatic Center
6800 Mowry Ave., Newark
(510) 578-4620
bit.ly/3nxx0is

Sundays**Larry "O" Teen Workshop**

10am - 12pm
Used bikes, bike parts for sale and bike repair.
Larry Orozco Teen Workshop
33623 Mission Blvd., Union City
(510) 675-5487
www.unioncity.org/723/Larry-O-Teen-Workshop
RobertS@unioncity.org
Donation accepted.
Second and fourth Sundays of the month

UPCOMING EVENTS

Wednesday, August 28**Music and Movement**

Free music & movement for kids 5-10. Lots of singing, dancing and instruments
Fremont main library
2400 Stevenson Blvd., Fremont
www.musicforminors2.org

Thursday, August 29**My Good Brain**

6pm – 7pm
In this series of 1-hour workshops, children will learn about various mental health topics such as mindfulness, stress/anxiety, emotions, and more. Ideal for children grades 1st to 6th.
Union City Library
34007 Alvarado-Niles Rd., Union City
(510) 745-1464

Saturday, August 31**Fall Schwingfest**

10am Gates Open
11am Wrestling Starts
1pm - 2:30pm Lunch
6pm Dinner
Watch Schwingen wrestling, kids five and up can enjoy Swiss games, and Swiss performances.
Swiss Park Newark
5911 Mowry Ave., Newark
(510) 936-2523
www.aelplergruppe.com
Admission \$10, children under 12 free
Lunch \$10, Dinner \$20 adults / \$10 children

Saturday, August 31 – Sunday, September 1**Annual Dahlia Show**

Sat: 11am – 4:30pm
Sun: 9:30am – 2:30pm
The San Leandro Dahlia Society will be presenting their annual dahlia show. Dahlias come in a variety of sizes, shapes and colors and will amaze everyone.
San Leandro Public Library
300 Estudillo Ave., San Leandro
www.sanleandrodahliasociety.org
Free

Saturday, August 31 and Sunday, September 1**Scottish Highland Gathering and Games**

8 a.m. – 6 p.m.
Watch the traditional Scottish Games and festivities including sheepdog trials, archery, piping, drumming and highland dancing.
Alameda County Fairgrounds
2005 Valley Ave., Gate 8, Pleasanton
https://thescottishgames.com/
Tickets: Adult \$48.80, Senior 65+ / Youth 12 - 17 \$28, Child 6 - 11 \$5.60

Wednesday, September 4**FAA General Meeting and Art Demo**

1 p.m. – 3 p.m.
Candy Yu will demonstrate how she brings her endearing pets to life by applying wet-on-wet technique to build up layers of colors in watercolor on YUPO paper.
Online via Zoom
Register at: www.fremontartassociation.org/monthlymeetinganddemo

Friday, September 6**Latin Heritage Fest – Tacos and Beet Fest**

4pm – 9pm
Join us in Downtown San Leandro for the San Leandro Latin Heritage-Tacos & Beer Fest, featuring food trucks, Latin culture, classic cars and art from around the Bay Area!
222 Davis St., San Leandro
DowntownSanLeandro.com

Saturday, September 7**Visit Meek Mansion**

10am – 2pm
Take a self-guided tour of the first floor of this beautiful Cherryland gem.
Meek Mansion
17365 Boston Rd., Hayward
(510) 581-0223
Hahs.squarespace.com/meek-mansion

Saturday, September 7**Gail Reilly: Paranormal Investigating with HAHS**

11am – 12pm
Lead Paranormal Docent Gail Reilly will speak about investigating McConaghy House and Meek Mansion over the last decade. Registration required.
Hayward Area Historical Society
22380 Foothill Blvd., Hayward
www.haywardareahistory.org

Saturday, September 7**Talkin' Dirt Workshop Series**

11am – 12pm
Learn all about cover crops and when you should plant them. You can also get some fava beans to take home to plant.
Fremont Library
2400 Stevenson Blvd., Fremont
(510) 745-1444
fremont@aclibrary.org

Saturday, September 7**Paula West Jazz Concert**

7:30pm
Castro Valley Center for the Arts is internationally acclaimed cabaret and jazz singer, Paula West. Adam Shulman (piano), Aaron Germain (bass), and Leon Joyce, Jr. will join Paula on stage.
Castro Valley Center for the Arts
9501 Redwood Road., Castro Valley
cvartsfoundation.org/shows/
Tickets: \$42-\$48

Tuesday, September 10**MFMI Docent Training Orientation**

Learn how to become a trained MFMI docent and help keep music in the schools.
UCC Fremont
38255 Blacow Rd, Fremont
www.musicforminors2.org
Free

Thursday, September 12**Summer Concert**

6:30pm – 7:30pm
Broken Compass Bluegrass
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
www.aclibrary.org



Kitten's for Adoption
www.ohlonehumanesociety.org


Gracie


Rizo & Toto


Moo Shu & Elroy


Rada


Cinnabon


Crumpet



Pancake


Strudel


Truffles


Morales


Whitney & Preston


Pumpkin


Sonic


Ari


Luke & Pom Pom


Sprite & Soot

Visit our website or scan the QR code, if you would like to learn more or apply for adoption.

Ohlone Humane offers assistance with spay or neuter for your pets and community cats.

Thursday, September 12**Author Talk: Lynda Rutledge**

6:30pm – 7:30pm
Lynda will share insights into her writing process, the inspiration West With Giraffes, and the journey of bringing her characters to life.
San Leandro Main Library
300 Estudillo Ave., San Leandro
www.sanleandro.org/162/Public-Library

Saturday, September 14**Niles Concerts on the Plaza**

3pm
Hijinx with Jeremy Landicho
Niles Town Plaza
37482 Niles Blvd., Fremont
www.niles.org

Saturday, September 14**Fremont Nature Learning Open House**

10am – 2pm
Explore the importance of wildlife and the environment, get up close with local animals through taxidermic mounts, delve into our pollinator garden, and learn about our local watersheds.
Nature Learning Center
40224 Paseo Padre Pkwy., Fremont

Saturday, September 14**Ohlone College Pet-Themed Flea Market**

9am - 2pm
Visit Ohlone's special themed market to browse pet goodies
Ohlone College
43600 Mission Blvd., Fremont, CA
94539
https://ohlonehumanesociety.org/

Saturday, September 21**Riders and Readers Car Show**

9am – 1pm
Join the San Leandro Public Library for our 3rd annual car show event at the library!
San Leandro Main Library
300 Estudillo Ave., San Leandro
(510) 577-3971

Saturday, September 21**OHS Chalk Art in the Park**

10am to 3pm
Join us for a fundraiser event for Ohlone Humane Society. With a donation receive a goodie bag with chalk and creative sidewalk art.
37592 Niles Blvd, Fremont
https://ohlonehumanesociety.org/

Saturday, September 28**Explore the Paranormal**

7pm – 1pm
Experienced investigators lead attendees through the properties with access to all non-restricted areas in search of the paranormal.
McConaghy Houe
18701 Hesperian Blvd., Hayward
Tickets: \$75

Saturday, September 28**25th HERS Walk / Run / Yoga fundraiser**

7:30am - 11:30am
Move your body and help support cancer patient.
Quarry Lakes
2100 Isherwood Way, Fremont
https://tinyurl.com/2024HERSWRY

continued from page 1

Scottish Gathering and Games offers family-based fun for all

John Michael Bailie-Hamilton Buchanan, (visiting from Perthshire, Scotland) after going over 340 years without one. This year, the Caledonian Club of San Francisco's guest military band will be performing alongside the Vancouver Irish Pipes and Drums Society from British Columbia. According to Zimmerhansl, preparation for the whole gathering usually starts as early as January and lasts up until the day of the event, with hundreds of volunteers.

"This year's closing ceremony is going to be a spectacular one," Zimmerhansl exclaims. "Over 200



Over 200 solo pipers and drummers will be competing this year. Photo courtesy of Floyd Busby

solo pipers and drummers will compete for honors this year, and even in the heat of competition they all come together in the Grandstand closing ceremony. Even if you're not a big fan of bagpipes yourself, it will still be something to really marvel at."

Aside from competitions, events include six stages of live traditional and modern Scottish/Celtic performances, clan gatherings, living history reenactments, and whisky tasting. The food that they distribute involves a variety of Scottish specialties, like fish & chips, Scottish meat pies, sausage rolls, Scotch eggs, and bangers.

"Even people who aren't from Scotland can enjoy the event," Zimmerhansl says. "There's so much rich history condensed into this one event, but it's structured so that anyone can enjoy all sorts of different aspects of Scottish culture. Personally, I find this event is almost like one of the best kept secrets of the Bay Area, and anyone looking for family-based fun and games should try to attend."

More information about the event and how to purchase tickets can be found on the Scottish Highland Gathering & Games' official website, thescottishgames.com, Instagram and Facebook pages.

Scottish Highland Gathering and Games

Saturday, Aug 31 & Sunday, Sep 1

8am – 6pm

Alameda County Fairgrounds

2005 Valley Ave., Gate 8, Pleasanton

thescottishgames.com

Tickets: Adult \$48.80, Senior 65+ / Youth 12 - 17 \$28, Child 6 - 11 \$5.60

LETTER TO THE EDITOR

Raj Salwan

The upcoming mayoral election is crucial for Fremont's future, with candidates offering different visions and approaches. City Councilmember Raj Salwan, the most qualified and experienced candidate, has served Fremont for years on the Council and in other significant roles, including the Human Relations Commission and the East Bay League of Cities Board. He deeply understands Fremont's needs and emphasizes economic development, public safety, education, fiscal responsibility and inclusivity. He has a strong track record of supporting local nonprofits, attending community events, and engaging in meaningful conversations to resolve issues.

In contrast, Vinnie Bacon, who hasn't held a leadership position since terming out in 2020, focuses on outdated distinctions and attacking opponents. While he brags about being the first to refuse developer donations, Salwan stopped taking them in 2016, and most candidates followed suit—it's no longer a differentiating factor in this race. Bacon's campaign centers on demonizing developers and blocking development. He claims 40% of Salwan's real estate holdings are in Fremont; public records show it's <8%. State laws ensure property recusals, with severe penalties for conflicts of interest, including fines and criminal charges. Salwan has always recused himself—even without a direct conflict—to avoid any perception of bias. Bacon should be aware of this, having completed the required Fair Political Practices Commission ethics training.

Speaking of fines, Bacon leads ALL Fremont politicians in FPPC fines, including some levied earlier this year in response to violations during his failed 2020 bid for Alameda County Supervisor. Salwan's comprehensive experience, vision and strong community engagement make him the best choice to lead our city into the future. His proven leadership and dedication to being a Mayor for all community members are exactly what we need. I urge residents to vote for the candidate with the best track record of service and a positive vision for Fremont: Raj Salwan.

LISA STAMBAUGH
Fremont

An interview with Hayward Mayor Mark Salinas

SALINAS TALKS PROGRESS, PROJECTS, HAYWARD EDUCATION AND SMALL BUSINESSES

By JACK ALCORN

Hayward is an exceptional place to live, work and play. From the peaks of the eastern hills to the city's pristine shoreline, 163,000 people call Hayward home.

Hayward Mayor Mark Salinas provided Tri-City Voice and interview in July. The mayor talked about the progress his administration has made and current projects of the Hayward City Council. Mayor Salinas exuded a sincere enthusiasm for his job.

I asked Mayor Salinas to name Hayward's greatest strength. "One significant strength is our proximity in the East Bay to virtually every asset in the state. We have San Francisco, Oakland, San Jose, Silicon Valley, the Port of Oakland. We have transportation, housing, colleges and universities. It's our proximity to all of these incredible assets that really make a city thrive," said the mayor.

Salinas was an educator for 20 years. On any given day, more than 62,000 students are educated in the City of Hayward. The mayor spoke about his vision for Hayward as a premier education city. The mayor coordinates a monthly meeting to bring this vision to life. Participants include the president of Cal State East Bay, the president of Chabot College, the superintendent of the [Hayward] school district and the president of the Hayward Chamber of Commerce.

"We're home to every academic institution in the state. Every June we graduate hundreds if not thousands of entry level and professional level students. If you're

in biotech, food tech, you're in factories, transporting, whatever the discipline is—we have a young, willing, capable, smart workforce," said the mayor.

Hayward is a great place to raise a family. The mayor said, "Families look to move to Hayward so that they can educate their family from preschool to graduate school and then have a seamless pathway from school to career where they can have a job, where it enables them to sustain a family, where it enables them to grow families."

Mark Salinas was elected mayor of the City of Hayward in November 2022. He previously served three terms on the Hayward City Council. Salinas holds a bachelor's degree in La Raza Studies and a master's degree in Educational Administration and Public Policy Studies.

The mayor spoke highly of his fellow city council members. "The council is strong, competent. They know their role, they know their boundaries. But most importantly, I think what our council, at the end of the day, has in mind is the issues that impact Hayward. We're thinking about how our budget is going to impact Hayward, how public safety impacts Hayward. How does housing impact families and kids in Hayward neighborhoods?"

The mayor said his top priority is safety. "If you look at every neighborhood survey, every citywide survey that has been done in Hayward over the last five to 10 years, crime and safety has always been the number one priority. People want safe neighborhoods. Families want to be able to go outside and

enjoy their neighborhood without having to live in a neighborhood where crimes take place."

Another priority of the mayor is economic development. "We have a great economic development team right now that is laser focused... deploying innovative and creative strategies to help small businesses," shared the mayor. "We've been able to take struggling businesses and help them in the social media space. We're doing small business loans and grants. We've done virtually everything imaginable to bring small, innovative and different types of business or retail into our city."

"It is my task to reopen our downtown and other retail corridors like Jackson, Harder, Tennyson and A street. My goal is to make sure businesses in all of these different corridors have the resources they need to not only reopen but to at least get their businesses back up to a pre-pandemic position," said Mayor Salinas.

The mayor explained the city's purchase of the downtown B Street movie theater. "I am very happy and pleased that the City of Hayward was able to buy the movie theater and all of the retail spaces connected to the theater. We're hiring a property manager to really rejuvenate, to ignite activity in that retail space. That is the largest retail footprint in downtown Hayward."

The busy mayor finds time to serve on more than a dozen civic committees and intergovernmental agencies such as Hayward Youth Commission, Alameda County Transportation Committee and Hayward's



Hayward Mayor Mark Salinas
Photo courtesy of the office of Mayor Salinas

Homelessness-Housing Task Force.

The mayor seemed passionate about the city's efforts to assist Hayward's St. Rose Hospital. "St. Rose is an important public health safety net hospital. St. Rose needs to be open," said the mayor.

The 55 year old St. Rose Hospital has struggled financially for the past several years. Mayor Salinas went to Sacramento this summer and talked with the Senate Budget Finance Committee, advocating for the state to forgive a \$17 billion loan that it made to St. Rose Hospital.

The mayor was born and raised in Hayward. "Hayward for me in the next 15 to 20 years is families and businesses. It has been a real honor and privilege to serve this city."

Hayward City Council Meeting

Tuesday August 20, 2024

Reported by JACK ALCORN

Work Session

• Tony Thrasher, Senior Project Manager at Willdan (consultant) presented the City of Hayward User Fee Study.

• City of Hayward Neighborhood Services Manager Zach Ebadi provided feedback and updates to special event permitting and grant processes, and priorities for marquee events.

Consent Agenda

• Authorize to revise the Communications Operator Lateral & Entry Level hiring bonus program to include dispatch call taker positions

• Approve the New Update to the Guidelines for Installation of Speed Humps

• Authorize the to negotiate and execute a Memorandum of Understanding with the Hayward Area Recreation and Park District for the Twin Bridges Park Basketball Court Renovation and Reimbursement in a Not-to-Exceed Amount of \$90,000

• Execute Amendment No. 1 to the Professional Services Agreement with JMB Construction increasing the amount by \$20,000 for a Not-to-Exceed total amount of \$830,000 for the Trash Capture

Device Installation on Tennyson Road

• Appropriate and transfer \$40,000 in Abandoned Vehicle Abatement Revenue from the General Fund to the Fleet Capital Fund for the outfitting of two ford explorers used for the Abandoned Vehicle Abatement Program

• Execute agreements with subgrantee partners for the Safe Routes and Active Transportation for Schools and Underserved Communities in Hayward Project

• Amend Professional Services Agreements with CSG Consultants, EKI Environment & Water, Harris & Associates, Lee and Ro, and V.W. Housen & Associates for on-call engineering support services, extending each agreement by a duration of 18 Months to June 30, 2026

• Award and appropriate up to \$892,826 in Community Development Block Grant Funds for the City's Approved Annual Action Plans and to execute agreements to initiate the Weekes Branch Library Improvement Project

• Approve the Memorandum of Understanding between the City of Hayward and the Hayward Association of Management Employees

• Approve the Memorandum of Understanding between the City

of Hayward and the International Federation of Professional and Technical Engineers - Local 21

• Approve the Memorandum of Understanding between the City of Hayward and the Service Employees International Union (SEIU), Local 1021, Maintenance and Operations Unit

• Award the Construction Contract to GameTime (MRC) for the playground equipment design and installation at various landscape and lighting assessment district parks in a not-to-exceed amount of \$745,000

Items Removed From Consent

• Adopt Resolutions 1) Execute change order no. 42 with S.J. Amoroso for the Global Settlement in a not-to-exceed amount of \$2,425,000; and 2) Transfer and appropriate additional funds in an amount of \$3,218,360 for the final project cost for the fire station 6 and Fire Training Center Project

Mayor Mark Salinas	Aye
Angela Andrews	Aye
Ray Bonilla	Absent
Dan Goldstein	Aye
Julie Roche	Aye
George Syrop	Aye
Francisco Zermeno	Aye

LETTER TO THE EDITOR

Good Job Governor, but you missed one

Last week, Governor Newsom signed 10 anti-crime bills into law that appeared in print media. I was glad to read he finally did it—crack down on increasing crimes such as retail theft (smash-and-grab) and auto theft (stealing catalytic converters). Both were alarming in our day-to-day life.

Still, these newly-passed legislative bills are half measures, failing to address the fundamental issues of habitual repeat theft, the Fentanyl epidemic and ongoing homelessness crisis. Unfortunately, some Bay Area businesses have already shuttered their outlets or moved out to new locations in order to protect respective property and customers as well.

I would like to ask the Governor to add one more bill into his list of "Things To Do." This crime is known as a car "side-show." While on the surface it looks like a crime no more heinous than a traffic violation, it is dangerous when gang members are

playing with the life of an onlooker. Also, it is a bad traffic nuisance for peaceful residents around the chosen location.

In addition, crime reports published in the newspaper say many people were injured at the hands of fun-loving youngsters who are involved and in possession of illegal firearms. I am surprised local law enforcement agencies are very lenient towards them and unsure whether or not they were arrested.

Honorable Governor, please clean up this nuisance (car side-show) from the streets and punish harshly the owners of the vehicles involved in a kind of life/death circus.

ZAFAR YOUSUFZAI
Fremont

BART Police Log

Submitted by BART PD

Friday, August 16

• At 8:46am a woman identified by police as Lanae Kelly, age 34, from Milpitas was stopped at Hayward Station inside the parking garage. Kelly was arrested and booked into Santa Rita Jail for trespassing.

• At 7:23pm a man identified by police as Jerome Davis, age 41, from Oakland was contacted in the free area of Bay Fair Station and taken into custody. Davis was transported and booked into Alameda County Jail for disturbing the police and public intoxication.

Saturday, August 17

• At 7:35am a woman identified by officers as Kathryn Tynes, age 42, from San Jose was detained at Bay Fair Station. Tynes was found to have a No Bail warrant for burglary. She was also found

to be in violation of the Proof of Payment Ordinance. Tynes was booked on the warrant at Santa Rita Jail.

• At 6:08pm an officer contacted Christopher Szabo, age 31, from Berkeley on the train at Bay Fair Station. Szabo was arrested and booked into Alameda County Jail for an outstanding warrant.

• At 11:21pm a man identified by police as Antoine DeWhitt, age 38, from Hayward was contacted on the platform of Fremont Station. DeWhitt was arrested and booked into Alameda County Jail for an active arrest warrant.

Sunday, August 18

• At 2:33pm a woman identified as Kristen Foreman, age 42, from San Francisco was taken into custody and booked into Alameda County Jail for an arrest warrant.

Monday, August 19

• At 7:27pm a woman identified by police as Destiny Dixon, age 27, from San Francisco was taken into custody at Hayward Station. Dixon was booked into Alameda County Jail for domestic battery and disobeying a court order.

Cougars Report

Submitted by

RACHEL KAHOALII

Champions of Character

The following Newark Memorial High School athletes were recognized as Champions of Character by their teammates this week:

Football

Isaac Flores is the Champions of Character recipient for the varsity football program. The growth in his maturity from the start of his football journey to today has been

outstanding. His perseverance and decision making has improved immensely. We have seen Isaac grow both on the football field and as a person.

Nicholas Vasquez is the recipient for the junior varsity football program. Nicholas has proven to be coachable and taken feedback from his teammates and coach and applied it quickly to his game. He has demonstrated growth in his maturity and leadership skills.



Isaac Flores. Photo courtesy of NMHS Athletics



Nicholas Vasquez. Photo courtesy of NMHS Athletics



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Mission Valley Track and Field take Junior Olympics

YOUNG ATHLETES FROM UNION CITY TRACK CLUB CONCLUDE SUCCESSFUL SEASON

By APRIL RAMOS

Closing off the track and field season, Mission Valley Track and Field (MVTF) have been on a high attending the AAU Junior Olympic Games.

The AAU Junior Olympic Games was held in Greensboro, North Carolina from July 29 to August 3.

A highlight for Mission Valley Track and Field was Kaylani Sison. On the sixth day of the Track and Field Junior Olympics, Sison competed in the 9-year-old division of the

1500-meter distance race. Sison won first place in her event which had a total of 60 other runners from all around the US. Sison completed the long distance race with a time of 5:16.47. Although the second-place spot was on her heels, her time was 15 seconds ahead of the third through sixth place runners.

Sison has been a member of Mission Valley Track and Field Club for two years and according to MVTF Head Coach Lee Webb, and was an All-American in Cross Country this past year.

“She is a great student, great leader by example, extreme dedication and has a huge heart, on and off the track,” shared Coach Lee Webb about his athlete. “Liked by all a true diamond in the world and has incredible desire and competitiveness.”

The 1500 wasn't Sison's only race of the meet. The day prior, Sison says, she also ran the 800-meter. She won fifth place in the 800-meter with a time of 2:40.89 according to the MileSplit website of AAU results. When asked about what Sison's goals for the meet was, Coach Webb replied, “Winning



Kaylani Sison takes first at AAU Junior Olympics. Photo courtesy of Lee Webb

her race was the goal.” Her goal was certainly achieved.

MVTF has had more than one talented athlete. Below is a list of some of the season's highlights in several different events.

All National Runner Up

- USATF
- Shaunak Vichare - Javelin 8 Under
- Kishan Paschapur - 3000 Racewalk 13-14
- Aviva Neal 1500 - Racewalk 9-10
- Ania Wong 3000 - Racewalk 17-18
- Saish Gondhali 1500 - Racewalk 9-10
- AAU
- Shaunak Vichare - Javelin 8



Mission Valley Track and Field team. Photo courtesy of Lee Webb.

Cal State East Bay names interim Head Women's Soccer Coach

Submitted by CSUEB ATHLETIC COMMUNICATIONS

Anne Whipple, who has served as Assistant Women's Soccer Coach at Cal State East Bay since 2022, has been named Interim Head Women's Soccer Coach for the upcoming 2024 season for the Pioneers.

Whipple will take on her second role as a collegiate head women's soccer coach in NCAA Division II, as she served in the same role at Holy Names University for the 2021 season.

Before East Bay and Holy Names, Whipple served as Assistant Women's Soccer Coach at Saint Mary's College of California from March 2019 to February 2020. At SMC, Whipple was the program's recruiting coordinator, monitored academics, coordinated travel, oversaw budgeting, set pieces, organized equipment and oversaw video analysis. At SMC, Whipple was Director of Soccer Operations prior to being named as an assistant coach. She also served as Assistant Women's Soccer Coach at Central Washington University from July 2017 to February 2018.

On the pitch at SMC, Whipple served as a team captain for the Gaels before her collegiate coaching career.

The appointment for Whipple comes upon her predecessor Robin Hart, accepting a position as Assistant Director of Athletics at Mount Holyoke College in South Hadley, Massachusetts.

A national search for a head coach for the Pioneers will take place following the 2024 season.



Anne Whipple, Cal State East Bay's Interim Head Women's soccer coach. Photo courtesy of CSUEB Athletic Communications

Community Bulletin Board

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- Group meetings**
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TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting

only. Any change will be considered a new posting and incur a new fee.

The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (nonprofit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

<p>SIMINOFF DAYLIGHT MASONIC LODGE No. 850 Meets on 2nd Monday Of Every Month, At 1:30 PM In Siminoff Masonic Center on campus of Masonic Homes of California 34400 Mission Blvd. Union City CA 94587 530-262-2177</p>	<p>FREMONT COIN CLUB Established 1971 Meets 2nd Tues in person 7pm Meets 4th Tues with Zoom 7pm Holy Trinity Lutheran Church 38801 Blacow Rd, Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365</p>
<p>MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION Welcomes YOU! We are a spiritual community of open minds, nurturing growth and healing in ourselves, and all people. Together we strive to live compassionately and courageously as we work to build a nonviolent, just sustainable world. We welcome you and your family to join us on this journey. We meet Sundays at 10 a.m. in Cole Hall, located at 2950 Washington Blvd. in Fremont and online at www.mpuuc.org/Zoom Learn more about us at www.mpuuc.org</p>	<p>A-1 Comm. Housing Svcs. A HUD Approved Agency 1st Time Home Buyers Workshop Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227</p>
<p>FREMONT PATHFINDER BRANCH 59 SONS IN RETIREMENT!! Retired men! Come and have lunch on us and join the best retiree group in Fremont! We meet at the Fremont Elks Lodge at noon on the 3rd Wednesday of every month. In addition to engaging and entertaining luncheon programs and fabulous conversation, we offer a veritable plethora of activities for retired men. Golf, Bocce Ball, Poker, Bowling, Walking, Bridge, Couples Wine Tasting, Music and much, much more. Call, write, or email for your free lunch! Big Sir Rob Ingebretson, 48232 Cottonwood Street, Fremont, CA 94539; robingy@comcast.net; 510-657-7828.</p>	<p>Scholarships for Women Fremont PEO/UF sponsors scholarships for women entering college, earning another degree, or returning after 2+ years. 2% education loans. www.peocalifornia.org peouf150@gmail.com</p>

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www.fremontstampclub.org
Steve (510) 461-3431

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Al-Anon has but one purpose, to help families and friends of Alcoholics.
We have in-person and zoom meetings.
Uc-newark.northernca-al-anon.org for a full meeting list.
You can also email Alanond17@gmail.com or call us at 510.276.2270 for more info.

EARLY RISERS start your Tuesday with a boost of energy. Join the NEWARK TOASTMASTERS from your home 7 am - 8 am via Zoom.
Boost your communication, leadership & personal growth skills.
It's FREE to attend as a guest.
Info: wmfitts@yahoo.com profricka@gmail.com www.1118.toastmastersclubs.org

SAN LEANDRO HISTORICAL RAILWAY SOCIETY OPEN HOUSE
The SLHRS models the Southern Pacific from Oakland to just east of Norden using a tri-level Donner Pass helix. Public invited every Sat. 10AM - 2:30PM 1302 Orchard Ave, San Leandro San Leandro G&O trains in back garden. New members & Model Railroad donations accepted. Visit us at www.slhrs.org

50th Year Homecraft Fair Oct 2, 3, 4, 5 Wed - Sat
Hours: 10:00 am - 4:00 pm
1608 Via Sarita, San Lorenzo, 94580
Follow Sign on Bockman Road

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Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 – Cards & Games 11:30 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch, Rummikub, bocce ball & book club.
For more info, call 916-217-3074

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Provides opportunities for women for leadership, education, & networking. Virtual meetings – 3rd Wednesday of each month. 6:45 pm to 8:30 pm. Call Donna at 510-299-4332 or send email to pathfinderabwa@gmail.com www.abwa-pathfinder.org

Living Hope Foursquare Church 7160 Graham Ave Newark CA
Welcomes You Sunday Worship Times English: 10:30am - 12:30pm Tagalog 2:00pm - 4:00pm Join our worship and study of God's Word.
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LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP!
Zoom meeting 4th Saturday of the month (off July & Dec) 2:00-4:00 PM
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Writers' Salon meets 4th Monday of the month (occasional exceptions)
Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email up.dragonfly.com@gmail.com for Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org

BINGO BINGO BINGO
Niles Canyon Mobile Estates 711 Old Canyon Road, Fremont (Niles District) The FIRST MONDAY of Every month Doors Open @ 6:00 PM Games Start @ 7:00 PM \$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers

Mt Eden HS Music Dept. Flea Market
2300 Panama St. Hayward, CA 94545
When: Every 4th Saturday of the month -6am set up, 7am-3:30pm open to the public Where: Mt. Eden HS student parking lot Cost: \$30 per vendor (pay cash only at the gate) Contact Info: officialmehsband@gmail.com Starts 7/27, 8/24, 9/28, 10/26

Mistletoe Madness
Will be accepting vendors as of July 1, 2024 Show is November 30 10am-4pm Marina Community Center on Wicks Boulevard Email: mmchristmasfair@aol.com

A-1 Comm. Housing Svcs. A HUD Approved Agency
Credit and Money Mgmt. Workshop
Presented on Zoom
For dates, go to our website Please register at www.a1chs.org call 510.674.9227

Mission Peak Choirs is Hiring!
Two part-time salaried positions available for our 2024-25 season! We are looking for a new collaborative pianist and a new managing director! Mission Peak Chamber Singers is a non-profit community choir organization based in Fremont. We consist of two ensembles, the Chamber Singers and the People's Choir.
anyone interested to find out more at our website:
<https://www.chambersingers.org/jobs>

ROTARY CLUB OF NEWARK CA
Meets on Tuesdays from 12:15 PM to 1:30 PM at Doubletree Hotel, 39900 Balentine Dr., Newark, CA 94560 Conference Room 3
The Newark Rotary Club was founded on May 8, 1961 and continues its community and international service work. Members share camaraderie, fun and self-service in helping others throughout the Tri-City area and beyond. We welcome you to join us for a free lunch on us! For more information, email rotarynewarkca@gmail.com

Rewarding volunteer opportunity! Deliver meals to seniors SOS Meals on Wheels
Fremont, Newark, Union City M-F, 10:30am - 12:30 pm 10-15 clients per route
Contact John, 510-244-0165 John@sosmow.org www.sosmow.org

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Fremont, Newark, Union City M-F, 10:30am - 12:30 pm 10-15 clients per route
Contact John, 510-244-0165 John@sosmow.org www.sosmow.org

OPINION

This past Friday, I got to have lunch in the Fremont Downtown area on Capitol Avenue. In this editorial from October 25, 2016, Bill Marshak was writing about the downtown area in planning. It's nice to see how eight years later, downtown is thriving. It's especially nice to be able to see Fremont's beautiful hills while enjoying dining, shopping, or a downtown event near housing and public transportation. The best of both worlds! However, Bill also reminded readers that there are many districts in Fremont, and we should care about all of them.

We can see clearly now...

By **WILLIAM MARSHAK,**
EDITOR-IN-CHIEF EMERITUS

The Johnny Nash 1972 hit, I Can See Clearly Now, is a good fit for the second opening of Capitol Avenue connecting Paseo Padre Parkway and Fremont Boulevard. I am not sure how long it took Nash to pen his song, but it was easily less time than for visible signs of an actual downtown for Fremont to

emerge. Fremont's version of the first stanza might look like this (apologies to Nash and the original version):

I can see clearly now, the pain is gone,
Decades of talk and inaction have disappeared
Gone are mountains of rhetoric that made me whine
It's gonna be a bright (bright), bright (bright)
Sun-Shiny day.

There is still a long way to go and, if opening of a street is a big deal, what will happen when real commerce follows. Let's hope city officials are in good health since the accolades and congratulations are bound to hit explosive highs. With a good bit of history and years behind the construction of a downtown, many who have dreamed of it may not be around to enjoy the fruits of this labor. Maybe that is why Fremont had two grand openings of the same street.

In the meantime, with the hoopla surrounding the construction of a thoroughfare for the civic center, BART extension and construction around it, attention should also be focused on Fremont's historic districts. Each of these areas has something to offer that is unique and worth preserving. Just because the

State of California shut down redevelopment agencies, there is no reason to write off real redevelopment. While it was in place, funds were often used for salaries and projects that ended on a dusty shelf. It might take less money to actually make something happen.

The present can offer an opportunity for the City to focus on real redevelopment to eliminate blight and support commerce with less verbiage and more action. Instead of trying to choke these areas with residential growth to "prune" them, the same energy shown for a street should be given to promotion and economic development of Centerville, Irvington, Niles and Mission San Jose. Unfortunately, Warm Springs' history is now largely found in books. But, it's not too late for the other districts.

The view of unspoiled hillsides from Capitol Avenue is special and along with the promise of a vibrant downtown, should come the realization that a vibrant city is not just a particular part, rather a celebration of all its districts. Large cities such as Fremont are a summation of many areas with their own singular amenities. If the powers that be are so excited about a street connection, it might be time to expand their horizons to include public transportation connections such as shuttles to all districts. Then, we could all join the chorus.

Portola Art Gallery Presents Edwin Bertolet's 'Palo Alto Baylands'



"South End" (oil on panel, 8x10") is one of the featured artworks in Edwin Bertolet's September exhibit, "Palo Alto Baylands" at the Portola Art Gallery. Courtesy of Portola Art Gallery

PLEIN AIR ART CAPTURES LOCAL CALIFORNIA BEAUTY

Submitted by **FRANCES FREYBERG**

The Portola Art Gallery presents "Palo Alto Baylands," a collection of plein air oil paintings by award-winning artist Edwin Bertolet of Redwood City. A reception for the artist will be held on Saturday, September 14, from 1pm - 4pm. In addition, Bertolet will be at the gallery on September 11, as well as by appointment.

Ed Bertolet's plein air works are evocative of our early regional impressionists who uniquely captured the beauty of California in a direct, distinct, and unmannered style. In his work,

Bertolet tries to capture the calm elegance of our local landscape in an unlabeled style. Expressive brushwork, subtle color, a sense of light, and a unique sense of serenity are the elements that populate his paintings, as he feels these things best reflect the quiet beauty of the area where we live.

As the artist says, "In my paintings, I try to identify and depict the quiet serenity which is hidden within the landscape around us."

He continues, "A local treasure, the Palo Alto Baylands is a continual source of beauty and inspiration, and has provided me with ample subject matter for painting. I hope these works will give you a deeper sense of this location's true value to our community."

More of Bertolet's work may be viewed on his website:

<https://ebertolet.fineartstudioonline.com/>

About Portola Art Gallery

The Portola Art Gallery exhibits high quality, representational art by 21 award-winning Bay Area artists. Painting, pastel, photography, ceramics, paper sculptures, and woodworking can be viewed at the gallery, located at the Historic Allied Arts Guild in Menlo Park, CA.

"Palo Alto Baylands," plein air oil paintings by Edwin Bertolet

September 1 - 30, 2024

HOURS: Monday - Saturday, 11am - 4pm
RECEPTION

Saturday, September 14, 1pm - 4pm

Portola Art Gallery at Allied Arts Guild
75 Arbor Road, Menlo Park

650-321-0220

<http://www.portolaartgallery.com/>

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FICTITIOUS BUSINESS NAME STATEMENT File No. 608717 Fictitious Business Name(s): HAVEN, 34871 SNAKE RIVER PL, FREMONT, CA 94555, County of ALAMEDA...

FICTITIOUS BUSINESS NAME STATEMENT File No. 608363 Fictitious Business Name(s): REED TECHNICAL SERVICES LLC, 8553 WAVESIDE WAY, NEWARK, CA 94560...

FICTITIOUS BUSINESS NAME STATEMENT File No. 608497 Fictitious Business Name(s): THE GREEN STOCKING, 25072 COPA DEL ORO DR, #101, HAYWARD, CA 94545...

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CITY OF UNION CITY PUBLIC NOTICE NOTICE OF WRITE-IN PERIOD CITY OF UNION CITY OFFICERS TO BE VOTED ON DURING THE NOVEMBER 5, 2024 ELECTION...

CITY OF UNION CITY PUBLIC NOTICE NOTICE OF NOMINEES FOR PUBLIC OFFICE IN BALLOT ORDER NOTICE IS HEREBY GIVEN that the following persons have been nominated for the offices designated to be filled at the General Municipal Election to be held in the City of Union City on Tuesday, November 5, 2024...

CITY OF UNION CITY DEPARTMENT OF PUBLIC WORKS CITY PROJECT NO. 24-19 NOTICE TO CONTRACTORS Sealed proposals for the work shown on the attached project description and bid package for PROJECT ("Project"), City Project No. 24-19, will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, until Tuesday, September 10, 2024, 2:00PM PST...

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PROBATE NOTICE OF PETITION TO ADMINISTER ESTATE OF BERNARD BLUEFORD, SR. CASE NO. RP22132856 To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: BERNARD BLUEFORD AKA BERNARD BLUEFORD, SR. A Petition for Probate has been filed by JOYCE R. BLUEFORD in the Superior Court of California, County of ALAMEDA.

The Petition for Probate requests that JOYCE R. BLUEFORD be appointed as personal representative to administer the estate of the decedent. The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 9/13/2024 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: G. SCOTT HAISLET, 3445 MT. DIABLO BLVD, LAFAYETTE, CA 94549, Telephone: 925-283-1031 8/27, 9/3, 9/10/24

CNS-384518#

TRUSTEE SALES

APN: 482-0010-014-00 TS No: CA05000521-23-1 TO NO: 230578929-CA-VOI NOTICE OF TRUSTEE'S SALE (The above statement is made pursuant to CA Civil Code Section 2923.3(d) (1). The Summary will be provided to Trustor(s) and/or vested owners on August 6, 2018 as per CA Civil Code Section 2923.3(d)(2) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED August 1, 2018, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On September 19, 2024 at 09:00 AM, Fallon Street Steps, Alameda County Courthouse, 1225 Fallon Street, Oakland, CA 94612, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on August 6, 2018 as Instrument No. 2018153764, of official records in the Office of the Recorder of Alameda County, California, executed by HANS KENDALL DIRIC, AN UNMARRIED MAN, as Trustor(s), in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., as Beneficiary, as nominee for CROSS MORTGAGE INVESTMENT TRUST, a MORTGAGE GROUP as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, FULLY describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 4053 HORNER STREET, UNION CITY, CA 94587 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$726,459.67 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, or a check drawn on a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event there is a surplus cash in excess of the Trustee's bid, the surplus cash shall be held by the Trustee and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are not responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. You should consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Auction.com at 800.280.2832 for information regarding the Trustee's Sale or visit the Internet Website address www.Auction.com for information regarding the sale of this property, using the file number assigned to this case, CA05000521-23-1. Informal court postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. Notice to Tenant NOTICE TO TENANT FOR FORECLOSURES AFTER JANUARY 1, 2021 You may have a right to purchase this property after the trustee auction pursuant to Section 2924(a) of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 800.280.2832, or visit this internet website www.Auction.com, using the file number assigned

GOVERNMENT

Notice is hereby given that this is an Online Bid Process; only bids submitted through the online portal will be accepted. Please login or register at https://eazsolution.acgov.org/.

NOTICE OF PUBLIC COMMENT PERIOD AND PUBLIC HEARING FOR THE ADOPTION OF THE 2023-2024 CONSOLIDATED ANNUAL PERFORMANCE AND EVALUATION REPORT (CAPER) (CAPER) The City of Union City will have the 2023-2024 Consolidated Annual Performance and Evaluation Report (CAPER) presented to the City Council on Tuesday, September 10, 2024, at 7:00 p.m. via a virtual City Council meeting where citizens may provide their views and comments. Instructions on how to virtually attend the meeting and provide your comments can be found at https://www.unicity.org/199/City-Meetings-Video.

Additional information, including how to submit comments via mail or fax can be obtained by contacting: Francisco Gomez Jr., Housing & Community Development Manager Francisco@UnionCity.org (510) 875-5322

IN COMPLIANCE WITH THE AMERICANS WITH DISABILITIES ACT, if you need special assistance or translation services to participate in this meeting, please contact Ishmael Elias at (510) 675-5392. Notification 48-hours prior to the meeting will ensure the City to make reasonable arrangements to ensure accessibility.

NOTICE TO CONTRACTORS Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bid 6, Fremont, California, up to the hour of 2:00 PM on September 18, 2024, at which date, time and place the bids will be opened publicly and the dollar amounts of each bid will be read aloud. The bids will be opened by Purchasing and the initiating department representative. A preliminary bid result will be posted on the City's website the day after the opening at 4:00 p.m. Commercial District Wi-Fi Installation Project PWC 9108 A BIDDERS' CONFERENCE: A conference will be held on Wednesday, September 4, 2024 at 10:00 a.m., at the following location: 3500 Capitol Ave., Fremont, CA, at the front of the building to account all prospective bidders with the Contract Documents and the Worksite. The bidders' conference is mandatory and will take approximately four (4) hours to visit all business districts. A bidder who fails to attend a mandatory conference may be disqualified from bidding. All prospective bidders must submit an email to

PUBLIC NOTICES

to this case CA05000521-23-1 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: August 15, 2024 MTC Financial Inc. dba Trustee Corps TS No. CA05000521-23-1 17100 Gillette Ave Irvine, CA 92614 Phone: 949-252-8300 TDD: 711 949.252.8300 By: Bobbie La Flower, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ONLINE AT www.Auction.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: Auction.com at 800.280.2832 NPO464039 To: TRI-CITY VOICE 08/27/2024, 09/03/2024, 09/10/2024

CNS-384524#

APN: 087-0097-009-00 TS No.: 24-07791CA TSG Order No.: 240184494-CA-VOI NOTICE OF TRUSTEE SALE UNDER DEED OF TRUST YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED DECEMBER 1, 2005. UNLESS YOU

TAKE ACTION TO PROTECT YOUR PROPERTY. IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Affinia Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded December 21, 2005 as Document No.: 2005541404 of Official Records in the office of the Recorder of Alameda County, California, executed by: Kim Sin Chhoeur and Soda Niem, wife and husband, as Trustor, will be sold AT PUBLIC AUCTION TO THE HIGHEST BIDDER for cash (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said deed of trust in the property situated in said county and state, and as more fully described in the above referenced deed of trust. Sale Date: September 17, 2024 Sale Time: 12:00 PM Sale Location: At the Fallon Street entrance to the County Courthouse, 1225 Fallon Street, Oakland, CA 94612 2 File No.: 24-07791CA The street address and other common designation, if any, of the real property described above is purported to be: 34265 Aspen Loop, Union City, CA 94587. The undersigned Trustee disclaims

any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$463,908.19 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may

charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, (800) 758-8052 for information regarding the trustee's sale or visit this internet website, www.xome.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 24-07791CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase

the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (800) 758-8052, or visit this internet website www.xome.com, using the file number assigned to this case 24-07791CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. 3 File No.: 24-07791CA If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. For Trustee Sale Information Log On To: www.xome.com or Call: (800) 758-8052. Dated: August 13, 2024 By: Omar Solorzano Foreclosure Associate Affinia Default Services, LLC 301 E. Ocean Blvd., Suite 1720 Long Beach, CA 90802 (333) 290-7452 NPO464039 To: TRI-CITY VOICE 08/27/2024, 09/03/2024, 09/10/2024 8/27, 9/3, 9/10/24

CNS-3844793#



Get Ready for Our November 5 General Election!

Submitted by ANGELINA REYES, CO-PRESIDENT LWVFNVC

With just about 70 days left, are you prepared to vote on Tuesday, November 5th, 2024? The right to vote is one of the most basic promises of our democracy. In California, every eligible registered voter will receive a Vote by Mail ballot. If you desire to register to vote or have moved since you last voted, you can update your information at registertovote.ca.gov. You can also update your political party or name. The last day to register to vote online or by mail for the November 5, 2024, General Election is October 21, 2024.

The Secretary of State has already prepared the Official Voter Information Guide, which is viewable at voterguide.sos.ca.gov. You can review information about the candidates and State propositions when you receive it. This November, voters will decide the fate of ten policy proposals that involve health care, crime, rent control, and taxes. They are currently online, and the HTML version will be available on September 6.

The Alameda County Registrar also provides a Voter Information Guide that includes information on local candidates and

measures as well as includes a sample ballot. Mailing of this Guide begins on Thursday, September 26.

Residents in Alameda County, under the California Voter's Choice Act, have options as to when, how, and where to vote. Our Registrar of Voters gives voters choices on whether to vote at home on their mailed ballot or in person. Mailing of ballots begins Monday, October 7. To vote in person, you can go to any vote center in Alameda County beginning Saturday, October 26 through Election Day, Tuesday, November 5. You can also keep track of your ballot once you return it by mail or in an official drop box. Sign up to track your vote by mail ballot at acvote.ballottrax.net via BallotTrax.

The Registrar of Voters can provide bilingual ballots, and the Voter Information Guide in five languages. Election materials are also available in additional languages. Call 1-800-834 6454 for assistance.

For those with disabilities, or who suddenly find themselves hospitalized, or in need of voting assistance, the program ACVOTE On The Go can be contacted at onthego@acgov.org.

Our LWVFNVC Board and members are making our best efforts to ensure every voice

is heard and that nonpartisan information is available. We intend to address excessive misinformation in this pivotal moment in history. We have a team working on our biannual Voter Information Booklet that provides excellent information on our local candidates and measures. When speaking with your local candidates, encourage them to participate in this publication.

Our Voter Service team is scheduling in-person candidate forums for the mayor, council members, and school board members for our three cities. Visit our website at lwvfnuc.org to submit candidate questions and to confirm date, time, and location. At the time of this publication, details for the forum with the Fremont mayor, council members, and school board members are pending. Union City candidates' forum for the mayor and city council members, and for New Haven Unified School District board members, will be held at the Union City City Council Chambers on September 30 starting at 6pm. In Newark, the forum for the mayor and city council members will be held at the Newark City Council Chambers on October 2 at 6pm. The forum for candidates running for Newark Unified School District board

members will be held at the Newark Unified School District Board Room on October 3 at 6pm.

This summer, the American Library Association (ALA) and the League of Women Voters announced a new partnership to educate and empower voters in 2024. The collaboration is part of ALA's recently-launched "Reader. Voter. Ready" campaign, which aims to equip libraries to engage with voters. Many libraries promote the League's online voter information tool, VOTE411.org, which provides information on candidates and measures.

Our LWVFNVC Youth Voter Movement will be co-sponsoring an event related to the upcoming Presidential Debate.

So, our final question: Do you have the resources to make an informed decision on November 5th? We are voting for the next President of the United States. We are also voting for our next Senator, our next Mayor, our next Council Member, and so forth! Vote with confidence. Participate as full-time citizens; activate your citizenship to pursue solutions and resolve problems in our electoral and political process. VOTE! VOTE! VOTE!

Scout Revitalizes Orienteering Course at Shell Ridge Open Space



Iyer works toward becoming an Eagle Scout. Courtesy of Vardaan Iyer

Submitted by VARDAAAN IYER, LIFE SCOUT, TROOP 152, FREMONT

Orienteering, the sport of navigation that combines map-reading and compass skills to traverse terrain, is a cherished activity among Scouts and outdoor enthusiasts worldwide. For Vardaan Iyer, the journey to Eagle Scout involved a special project aimed at enhancing orienteering opportunities in Walnut Creek's Shell Ridge Open Space.

The idea for the project emerged during Vardaan's orienteering requirement for a Scout rank. When he surveyed the course, he noticed more than half the markers were missing or in bad condition. A few months later when deciding upon his eagle project he remembered the course and saw it as the

perfect opportunity to combine his interest in the sport of orienteering while giving back to the community. Open Space in Walnut Creek seemed like the best space to execute this idea as the markers had deteriorated over the course of a decade. It seemed the best way forward was to refurbish the Shell Ridge course rather than create a new one, aiming to provide both Scouts and the general public with a renewed opportunity to engage in orienteering.

Invaluable support and guidance for the project came from Joel Cervantes, the park ranger responsible for Old Borges Ranch and Shell Ridge Open Space, who saw the revitalized course as a way to attract more young visitors to the area. Additionally, the Bay Area Orienteering Club (BAOC), which had originally designed the course, offered

insightful advice. With the assistance of BAOB members Gavin Wyatt-Mair and Jay Hann, Vardaan received both the expertise and the access to licensed mapping software crucial for the refurbishment.

The project required extensive planning and coordination, including multiple meetings with Ranger Cervantes, BAOB members, and Vardaan's Eagle project coach and Assistant Scoutmaster of Fremont's Troop 152, Vasudeo Nandigiri. After several painstaking revisions, a comprehensive plan was approved. It was put into action with the aid of fellow scouts from Troop 152 and plenty of gatorade over the course of blistering summer days, leading to the successful course refurbishment.

The newly updated Shell Ridge course now features durable posts and markers



Scouts work together to refurbish Shell Ridge. Courtesy of Vardaan Iyer

designed to withstand the test of time, offering scouts and orienteering enthusiasts a valuable resource. Vardaan hopes that just like he got introduced to the sport of orienteering, the revitalized course will serve as an introduction to orienteering for many others as well.

For those interested in exploring orienteering, Vardaan recommends joining a local Scout troop or visiting the BAOB website to find upcoming events and learn more about the sport. The project stands as a testament to the impact of dedicated service and the value of preserving and enhancing recreational opportunities for the community.

LIFE CORNERSTONES

Birth

Marriage

Obituaries

For more information
510-494-1999
tcv@tricityvoice.com



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3723 Peralta Blvd. Fremont
www.fremontmemorialchapel.com

Wesley T. Ross

Resident of Hayward
August 17, 1924 – August 22, 2024

Janet Marie DiPaola

Resident of Fremont
May 24, 1941 – August 17, 2024

Dr. John P. Cummings

Resident of Fremont
June 28, 1933 – August 8, 2024

Karen Marie Jones

Resident of San Francisco
September 20, 1957 – August 6, 2024

Luseane F. Vilingia

Resident of Fremont
May 10, 1937 – August 11, 2024

Donna Francis

Resident of Fremont
July 19, 1945 – August 10, 2024

Jo Ann M. Brown

Resident of Union City
December 30, 1943 – August 9, 2024

Samuel Rutland, Jr.

Resident of Fremont
September 16, 1942 - August 7, 2024

Henedina G. Padlan-Ylarde

Resident of Newark
June 14, 1960 – July 31, 2024

Dr. Varghese C. Palathumpat

Resident of Fremont
August 1, 1949 – July 27, 2024



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Narinder Bhanot

Resident of Hillsborough
January 2, 1937 – August 21, 2024

Aida Chanco

Resident of Fremont
May 15, 1926 – August 20, 2024

Lesli Griffiths

Resident of Newark
October 29, 1970 – August 20, 2024

Sandra Tyler

Resident of Fremont
September 2, 1964 – August 19, 2024

Alexandria Ortegon

Resident of Hayward
August 19, 1972 – August 19, 2024

Kuppuswamy Ramaswamy

Resident of Hayward
May 20, 1933 – August 19, 2024

Kunda Mhatre

Resident of San Leandro
June 1, 1939 – August 19, 2024

Ana Nguyen

Resident of Milpitas
July 2, 1933 – August 18, 2024

Dale Eads

Resident of Hayward
December 16, 1954 – August 17, 2024

Helen Drobshoff

Resident of Fremont
October 15, 1926 – August 17, 2024

Thanh Le

Resident of Fremont
May 20, 1935 – August 16, 2024

Terry Manon

Resident of Fremont
November 12, 1959 – August 13, 2024

Sachin Totale

Resident of Pittsburg
October 23, 1971 – December 29, 2023

Daniel Dowell

Resident of Sacramento
April 19, 1956 – August 12, 2024

James "Jim" Vermazen

Resident of Newark
April 2, 1949 – August 11, 2024

Qingbao Li

Resident of Fremont
October 30, 1936 – August 11, 2024

Josephine Johnson

Resident of Newark
November 16, 1942 – August 10, 2024

SAMUEL PETER RUTLAND, JR.

September 16, 1942 – August 7, 2024



Samuel Peter Rutland, Jr. was a beloved father and husband for 81 years. He was born on September 16, 1942 in Ferriday, Louisiana and passed away peacefully on August 7, 2024.

Sam's parents migrated to San Mateo, California. He earned a Master's of Public Administration from Cal State Hayward. In 1967 Sam married the love of his life, Doris Faye Nelms.

In 1985 Sam was the first African American to run for City Council in the City of Newark. As a lecturer at the University of Phoenix he received the Tom Herd Award for teaching excellence. Sam retired from the city of Richmond in 2002. Upon retirement he served as a substitute teacher in the Newark Unified School District.

Sam had a passion for both preparing and eating good food. He also enjoyed writing poetry, marvel comics, listening to soul music, tennis, and studying civil war history.

Sam was preceded in death by his wife, Doris, his parents: Samuel Sr. and Inez, and his siblings: Johnnie Roscoe, Henry Lee, William Ezell, and Katherine Darlene. He is survived by his daughter Jessica, and by his sister Kristine Elizabeth.

Services were held last week at Fremont Memorial Chapel.

JANET MARIE DI PAOLA

May 24, 1941 – August 17, 2024



Longtime Fremont resident Janet Marie Di Paola passed away peacefully in her home on August 17, 2024 at the age of 83. Janet will be remembered as an amazing mother of eight, a wonderful mentor, a great friend to anyone who met her, leader of her Red Hat Society group, and a dedicated volunteer at her church, St. James the Apostle.

Janet was preceded in death by her husband of over 60 years, John Di Paola, her parents John and Laura Mullins, and brothers James Mullins and Stephen Mullins. She is survived by her eight children and nine grandchildren: daughter Jeanne Di Paola (Fremont), daughter Mary Ann Shadbolt (Livermore), son Michael Di Paola (Fremont), son John Mark Di Paola (Livermore), daughter Julie Moore (Fremont), son Matthew Di Paola (Henderson, NV), daughter Monica Di Paola (Brentwood), and son Joseph Di Paola (Fremont). Her grandchildren: Rebecca, Austin, Amelia, Anthony, Kaylie, Jared, Cassandra, Katarina, and Derek. She is also survived by her brother, Richard Mullins and sister, Nancy Scott.

Janet was born May 24, 1941 in Oakland. She grew up in Pleasanton and graduated from Amador Valley High School. At AVHS, she developed her love for the color purple and was involved in student leadership, was head majorette, and was a member of the Aquadonnas (aquatic ballet). She attended Holy Names University where she earned a degree in mathematics. She used her sharp intellect to enter the burgeoning field of computer programming. During this time, she met John, who she married in 1964 and started a family soon after in Fremont. Janet put aside her career to raise her eight children. As they became a little older, she ventured back into the workforce. First, she filled needed positions at American High. Later, she worked for the City of Fremont Recreation Department. Upon retirement, she turned her attention to her church where she volunteered as the office secretary – a position she maintained for many years.

Janet was integrally involved in her children's athletic endeavors. Over the course of ten years, she managed two of her sons' youth baseball teams. She served on the Board of Directors for FBI Baseball including several years as the vice president. Janet was the scorekeeper for countless baseball and softball teams from the time her kids started playing ball all the way through high school. And, no matter the sport or how many competitions there were that week, she seemed to never miss one of her kids' events. Janet was also a proud member of the Red Hat Society. She really enjoyed the travel, friendships made, and events. She served as Queen for two different chapters: the PIPS and MOMS (Miladys of Mischief).

Visitation and Vigil service will be on Thursday, August 29, 2024 from 5pm to 8pm at Fremont Chapel of the Roses: 1940 Peralta Blvd. Catholic funeral mass will be Friday, August 30, 2024 at 11am at St. James the Apostle: 34700 Fremont Blvd., Fremont; followed by the burial at Holy Sepulchre Cemetery: 26320 Mission Blvd, Hayward. A reception will follow at Jack's (in the Fremont Hub – 39176 Argonaut Way, Fremont) starting at about 1:00 pm.



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Lynda at 707.353.1148
or LifeTributes@Weeklys.com
tricityvoice.com/obituaries

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