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February 13, 2024

Vol. 23 No. 7



## Plethos Productions to open new creative space

BY DAVID R. NEWMAN  
PHOTOS BY  
CATHY BRESLOW/BRESLOW IMAGING

For the past seven years, local theatre company Plethos Productions has been delighting audiences with their fresh, funny, and often quirky productions. Past shows include *Avenue Q* at TwiningVine Estate Winery in Castro Valley, *Pride & Prejudice* at Heirloom East Bay, and *Mysterious Masquerade*, a three-hour,

murder mystery bay cruise set aboard the U.S.S. Potomac. They also put on regular stand-up comedy shows at JP's Restaurant in Castro Valley and Drake's Barrel House in San Leandro.

Without a stage of their own, the nomadic troupe has had to rely on various East Bay business partners to help share their unique joy with the community. Until now.

Plethos Productions is planning on opening their own dedicated performance

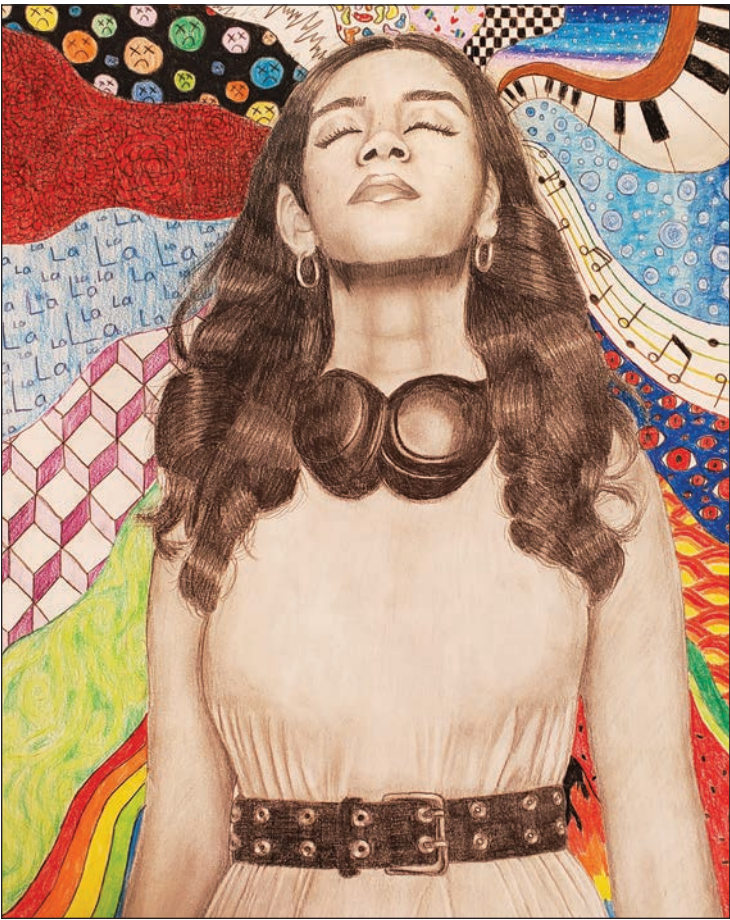
space in 2025. According to founder Karin Richey, it's an idea that was inspired by PianoFight, a San Francisco theatre club that recently closed. "I just loved the idea of this bar/restaurant space with multiple stages. You could breeze in and see somebody playing piano, then buy a ticket for a standup comedy show in the next room. I've also seen playwrights put on their original works there."

Operating as a mobile theatre company has certainly been challenging. While they

don't have to worry about paying rent, they have had to pay a hefty monthly fee for a storage unit to house all of their props, sets, costumes, and tech equipment. And even though Richey has loved partnering with local businesses, it often takes up most of her energy. "It is always a stressful scramble to find venues that can accommodate our audience, which has increased to thousands per year," she says. "Plus, our show schedule has become

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## Inspire Art Exhibit at Dove Gallery



SUBMITTED BY  
CAROL MANASSE HAMILTON

Dove Art Gallery in Milpitas is having a Grand Opening for the "INSPIRE Art Exhibit." Creative works by numerous artists portray topics of personal inspiration. Natural wonders, honored heroes, great originality, national pride and biblical themes are some of the many topics on display. Professional, emerging and student artists as young as six years old are

participating in this eclectic showcase of local talent.

San Jose artist Laurie Barna is exhibiting a compelling drawing titled "All About Liberty." The artwork is number 45 of her "Liberty Series" which includes over 100 unique portrayals of the Statue of Liberty. Barna uses calligraphy to create her image and incorporates the words of a poem by Emma Lazarus. Additionally, Barna is displaying number 40 of her Angelic series

continued on page 4

## Oakland Zoo provides care for seized marmoset monkey

SUBMITTED BY  
ISABELLA LINARES AND ERIN DOGAN  
PHOTOS COURTESY OF OAKLAND ZOO

On January 20, Oakland Zoo worked with the California Department of Fish and Wildlife (CDFW) and the Wildlife Confiscation Network (WCN) to rescue an illegally owned female marmoset in a seizure

of the monkey from a private residence in southern California. The owner was arrested on other charges unrelated to having the female marmoset and was made aware in advance that the animal was to be seized by authorities. Oakland Zoo was contacted after San Diego Zoo and Los Angeles Zoo (other Association of Zoos and Aquariums accredited partners) could not take in the marmoset due to the capacity concerns related to other WCN rescues they were involved with.

The female marmoset has been affectionately named Estrella, after the Portuguese name for the species—mico-estrela—and for the star-shaped spot of fur on her forehead. Marmosets are native to South America and commonly found in Brazil.

Estrella is currently under the care of the Zoo's Veterinary Hospital. She underwent an extensive and thorough exam under anesthesia to test for diseases like TB, SIV (non-human primate version of HIV), and rabies, along with blood work and a CT scan. During the exam, evidence of a pre-existing fracture in her left radius and ulna was discovered, likely due to trauma experienced during her private ownership. Estrella was kept in a large

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# Can Exercise Help Manage Diabetes?

Seminar Explains How Physical Activity Can Improve Health



Online diabetes education seminar, March 20, 2 p.m.

Almost 38 million adults in the United States have diabetes and that number has more than doubled in the last 20 years. Diabetes is the eighth leading cause of death in the U.S. and the No. 1 cause of kidney failure, lower limb amputations and adult blindness.

There is not yet a cure for diabetes, but there are still a number of ways to combat it. Besides losing weight and eating healthy food, being physically active has proven to be a positive factor in managing this chronic condition.

“Exercise has many, many benefits,” said Lina Huang, PharmD, BC-ADM, and a specialist in diabetes education at Washington Hospital. “Any physical exercise will be helpful. That doesn’t necessarily mean going to the gym. Some people may not be able to do vigorous exercise. Simply walking in the neighborhood, gardening or other easy forms of exercise are all very good.”

She mentioned that losing weight, lowering stress levels, and developing

strong muscles all result from physical activity and are useful in managing diabetes because exercise helps maintain or even improve blood sugar levels.

Community members will soon have the opportunity to join an online Health & Wellness seminar presented by Huang. “Managing Diabetes with Exercise” will be a livestream event on Washington Hospital’s Facebook and YouTube pages on Wednesday, March 20, at 2 p.m. The following day, the full presentation will be available for viewing on Washington Hospital’s YouTube channel, [YouTube.com/whhsInHealth](https://www.youtube.com/whhsInHealth).

Explaining diabetes begins with how your body breaks down the food you eat into sugar, or glucose, which then flows into the bloodstream. When blood sugar goes up, the pancreas releases insulin, which lets the blood sugar into your cells to be used as energy.

Diabetes doesn’t allow your body to make enough insulin, or you can’t use it as well. When there isn’t enough insulin, too

much blood sugar stays in your bloodstream and that can cause health problems.

Huang reiterated that lifestyle modifications as well as incorporating exercise into a typical routine can lead to positive results managing diabetes. She said it may only take a few steps to start showing improvement.

“By maintaining a healthy lifestyle, we can sometimes manage the disease, delay its onset or slow down its progression,” she emphasized, noting that recent scientific data shows an even greater recognition of the benefits of exercise.

“If you enjoy walking, do at least 150 minutes a week,” Huang suggested. “It doesn’t have to be all at once. Try walking 30 minutes a day, maybe after dinner. The goal is to reach moderate intensity when you walk. Not everybody can, but the best way to make sure is the ‘talk test’ during the activity. If you can speak easily, you’re not pushing yourself.” Huang continued, “There are many benefits to being active and not sedentary,

*“By maintaining a healthy lifestyle, we can sometimes manage the disease, delay its onset or slow down its progression.”*  
– Lina Huang, PharmD, diabetes educator

even when watching television. Every now and then, just stand up and move around.”

Washington Hospital offers the advantage of a multidisciplinary team in its Outpatient Diabetes Center. It includes a registered dietitian, a registered nurse and a pharmacist certified in advanced diabetes management. Their mission is to give patients the ability to control diabetes for a lifetime. The focus is on teaching how to manage their disease, because research shows self-management education is an effective approach to preventing, delaying and even reversing complications from diabetes. Patients need a physician referral for the diabetes education program.

“Diabetes is a lifetime condition,” Huang noted. “We offer not just education and problem solving, but also emotional support because there’s a lot of stress involved in managing diabetes.”

To learn more about the diabetes education and treatment programs at Washington Hospital and Washington Hospital Healthcare System, visit [whhs.com/diabetes](https://whhs.com/diabetes) or call 510.818.6556. For additional information about this and other upcoming Health & Wellness seminars, go to [whhs.com/events](https://whhs.com/events) or call 800.963.7070.



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### Don't Let Hip Pain Win

Updates in Hip Replacements

John T. Dearborn, MD, FAOS  
Orthopedic Surgery



**Don't Let Hip Pain Win**

The number of hip replacement surgeries performed at Washington Hospital increases each year. Dr. John T. Dearborn, who began the joint replacement program at WHHS, shares patient outcomes and the latest research and technologies to benefit patients.



### Aquablation:

A Transformative BPH Treatment

Mark Saleh, MD  
Urology



**Aquablation: A Transformative BPH Treatment**

**Tuesday, February 13, noon**

Learn how a minimally invasive procedure has revolutionized the treatment of benign prostatic hyperplasia (BPH). Hear the science behind this innovative technology and how the procedure relieves pain without compromise.



### Scoliosis and Spinal Deformity:

What is it and What Can be Done About It?

Rajiv Saigal, MD, PhD, FAANS, FACS  
Spine and Neurosurgery



**Scoliosis and Spinal Deformity: What is it and What Can be Done About It?**

**Tuesday, February 20, 11 a.m.**

Common forms of adult spinal deformity can have a painful impact on quality of life. Dr. Rajiv Saigal reviews treatment options and answers the question of when surgery is recommended.



### Opening Doors to Empower Victims of Interpersonal Violence

Betty Goodwin, DNP, RN, AGCNS-BC, CEN  
Emergency Room



**Empowering Victims of Interpersonal Violence**

Learn about the screening process for abuse stemming from domestic violence, human trafficking, or elder and child abuse. This presentation includes a special message from Safe Alternatives to Violent Environments (SAVE).



### Hip Replacements - The Anterior Approach

Alexander P. Sah, MD  
Orthopedic Surgery



**Hip replacements—The Anterior Approach**

The anterior approach is a minimally invasive procedure for hip replacement. Dr. Alexander Sah will explain the muscle-sparing benefits of this approach.



### Other Video Topics:

- Joint Pain
- Stroke Awareness
- Washington Township Health Care District monthly board meetings



**Events Information**

For more information or to register for events, call 800.963.7070 or visit [whhs.com/events](https://whhs.com/events).



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# Colorectal Cancer Screening: Colonoscopy—the Prep is the Hard Part

When Do You Need One and What to Expect

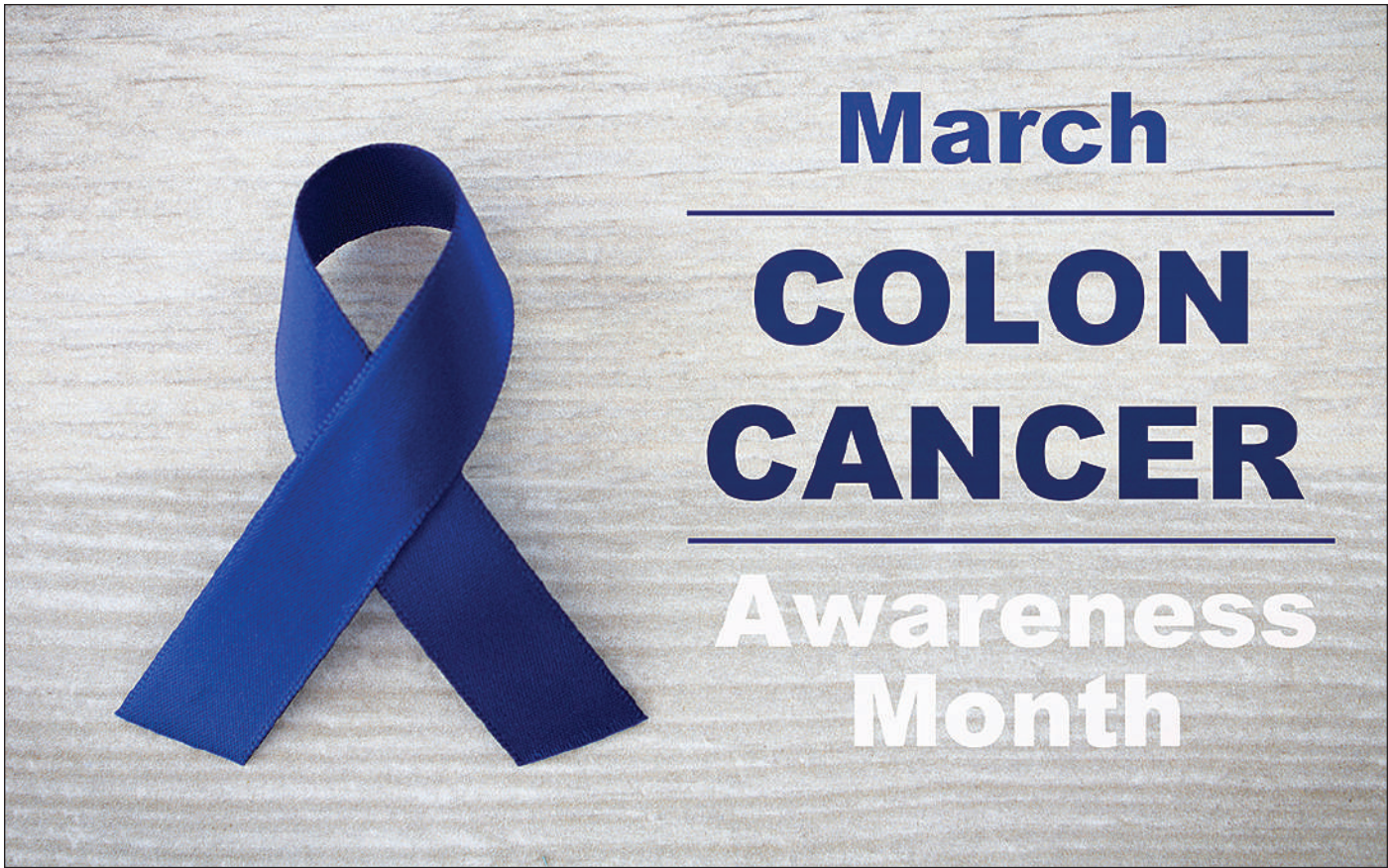
*This is the second in a two-part series on colorectal cancer. See last week's article on a free upcoming community seminar about how to prevent and treat colorectal cancer.*

Getting a colonoscopy is not usually at the top of people's to-do list as they age, but if you ask someone how theirs went, they may say it's not as bad as you think. In fact, you'll probably hear they don't remember a thing about the procedure. And, since colon cancer is the third leading cause of cancer death, it is definitely worthwhile to undergo this valuable test.

During a colonoscopy procedure, a gastroenterologist checks the inside of the large intestine (colon) and rectum for changes like irritated tissues, polyps or cancer. It is done with a long, flexible tube called a colonoscope. The tube has a light and a tiny camera on one end that is inserted into the rectum and moved up into the colon. If necessary, polyps or other types of abnormal tissue can be removed through the scope and tissue samples can be taken for biopsy. Colonoscopies are done while the patient is under sedation, so they are generally not aware of what is happening and do not feel any discomfort.

"The overall colonoscopy patient experience has improved and we have made it convenient for people to schedule their procedure," said Washington Township Medical Foundation (WTMF) gastroenterologist Arun Srivatsa, MD, "Now, people who meet screening guidelines and are referred by their insurance company can 'direct schedule' their colonoscopy without a visit to the gastroenterologist first, or if they prefer, we can meet to discuss the process before scheduling. There are also alternative options for colorectal cancer screening like stool sampling. However, colonoscopy remains the most reliable test and the only one that can actually prevent cancer, not just detect it."

The recommended age to begin colorectal cancer screening is 45 for average-risk patients, which includes people with no personal or family history of colon cancer. Higher-risk patients with genetic predisposition or a family history of colorectal cancer are advised to start



*“Colonoscopy remains the most reliable test and the only one that can actually prevent cancer, not just detect it.” —Arun Srivatsa, MD*

younger than 45 and may require colonoscopies more frequently.

### What to Expect When Having a Colonoscopy


When you make an appointment to have a colonoscopy, you will be provided instructions to prepare for the procedure. Colonoscopy preparation (prep) usually entails restricting your diet to low-fiber foods for several days, then going on a clear-liquid diet one day prior to the procedure. The evening or several hours before, you will take laxatives (either pills or a prescription laxative drink) to clean out your colon. People often say the colonoscopy prep is the most unpleasant part of the whole process. This is because once the laxatives take effect, you will have numerous bowel movements until all the stool is removed, at which point you will pass only clear yellowish liquid.

Once you check in for the outpatient procedure, you will change into a hospital gown and an IV will be inserted to administer anesthesia. When it is time for your colonoscopy, you will be instructed to lay on your side on the procedure table. The anesthesiologist will begin to administer the medicine, and that, typically, is the last thing people remember until they awaken in the recovery room. The doctor who performed your procedure will check in to make sure you're feeling well and provide preliminary results. In most cases, the whole appointment takes an hour to an hour and a half.

At least one precancerous polyp is found and removed in about 40% of colonoscopies, but cancer is diagnosed less than 1% of the time. If your doctor reports that you had no polyps, you likely will not need another colonoscopy for up

to 10 years. If you did have precancerous polyps removed, you might receive a recommendation for another colonoscopy in three to five years. Either way, you can enjoy peace of mind that you have done everything you can to protect yourself from colorectal cancer.

On Tuesday, March 5, at 2 p.m., Dr. Srivatsa will present a live online seminar, "United Against Colorectal Cancer." During the presentation, Dr. Srivatsa will discuss colorectal cancer statistics, risk factors, signs and symptoms, screening options, and treatments. To watch this presentation on Facebook, sign in to your account then go to Facebook.com/WashingtonHosp. Or you can watch it without an account at YouTube.com/whhsInHealth. If you cannot watch it live, the seminar will be available beginning the following day on YouTube.




## Online Health & Wellness

[facebook.com/WashingtonHosp](https://facebook.com/WashingtonHosp)  
[youtube.com/whhsInHealth](https://youtube.com/whhsInHealth)

**Tuesday, Feb. 20**  
**11 a.m.**


### Scoliosis and Spinal Deformity: What is it and What Can be Done About It?

Scoliosis and common forms of adult spinal deformity can have a painful impact on quality of life. Hear Dr. Saigal review treatment options and discuss when surgery is recommended.




**Rajiv Saigal, MD, PhD, FAANS, FACS**  
Spine and Neurosurgery

whhs.com



Washington Hospital  
Healthcare System

If you cannot join live, the presentation will continue to be available on our Facebook and YouTube pages.



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continued from page 1

## Inspire Art Exhibit at Dove Gallery

titled “Snow Angel.” It is a multimedia work that brings the joys of winter fun to the viewer.

Fremont artist Jan Small is exhibiting several biblically themed artworks. “The Lion Roars” is a portrayal of God’s call for repentance in America. The painting was inspired by the scripture in Hosea 11:10 “For someday the people will follow the Lord. I will roar like a lion and my people will return trembling from the west.” Jan Small is also displaying a moving artwork titled “Did You Learn To Love.” She depicts herself standing before the judgement of Christ and under the banner of 1 Corinthians 13... which describes the qualities of godly love.

Student artist Shivi Chopra shares her appreciation of music in a drawing titled “Teenage Dream.” She says music inspires her to think big, achieve her goals and enjoy life. Chopra is also displaying several digital artworks. “I am a Woman. I am a Goddess” is meant to inspire a positive self-image for women.

Rushil Bandikalla, a student artist from Milpitas, is exhibiting an acrylic painting titled “Birch Forest.” The artwork shows illuminated trees glowing amidst the darkness of night.

The public is invited to view this wonderful collection of

artworks at the Grand Opening on Sunday, February 18. The Gallery will be open 12 noon - 3 p.m. every Sunday thereafter through April 14 (Easter Sunday excluded). Dove Gallery is located at the back lot of Park Victoria Church in Milpitas.

Inspire Art Exhibit at Dove Gallery  
Feb 18 – Apr 14  
Sundays, 12 noon – 3 p.m.

Grand Opening  
Sunday, Feb 18  
12 noon – 3 p.m.

Dove Gallery  
Park Victoria Church  
875 S. Park Victoria Dr.,  
Milpitas  
Dove@ParkVictoria.org



## News and Notes FROM AROUND THE WORLD

SUBMITTED BY  
THE ASSOCIATION OF  
MATURE AMERICAN CITIZENS

### Happy Birthday, Edie

Edith “Edie” Recagno Keenan Ceccarelli was born in the town of Willits, California and still lives there. She’s the oldest resident in Willits, a town with a population just shy of 5,000 residents. In fact, at the age of 116 years, she’s the oldest woman in America and the second oldest woman in the world. Each year, on February 5, the whole town comes out to celebrate her birthday and Edie wonders, “Why am I still here?” As one of her best friends put it, “God has a plan for you.” See the story on YouTube:

www.youtube.com/watch?v=LbOv88hWEkM

### As the song goes, ‘Can’t Stop The Spring’

Punxsutawney Phil had good news for those of us who can’t wait for the warm and sunny days of springtime. The “biggest meteorological holiday of the year” took place on February 2 when that famous groundhog, Punxsutawney Phill, emerged from his den. It was a cloudy day, so Phill did not see his

shadow, the sign that springtime is just a few short weeks away -- maybe. Since 1887 Phill had it right 48% of the time but was wrong 52%. Your pick! Watch the historic weather prediction on YouTube: www.youtube.com/watch?v=jC2PUDJmOz4

### How did he get in there?

Somehow three-year-old Ethan in Queensland, Australia managed to work his way into a claw machine via the chute through which prizes are dispensed. In this case it was a Hello Kitty plush toy machine. Using hand gestures Dad signaled his boy to stand far back in the machine’s container allowing police to smash through the glass pane. All’s well that ends well. When the ordeal came to a successful end, one of the police officers told Ethan, “You won a prize, which one do you want?” Watch the rescue on YouTube: https://www.youtube.com/watch?v=j-iJLxhbog

The Association of Mature American Citizens is a nonprofit, nonpartisan advocacy organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at www.amac.us.



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# What is Ash Wednesday?

By DHANYA GANESH

This year’s Valentine’s Day marks Ash Wednesday. The beginning of Lent, this day occurs exactly forty-six days before Easter. Ash Wednesday is mainly observed by Western Christian traditions such as Roman Catholicism, Anglicanism, and a few Protestant denominations. This annual day serves as a moment for Christians to gain repentance by confessing their sins, reconnecting with God, and remembering the mortality of humans.

The origins of Ash Wednesday start with the history of Lent. Lent is the 40-day period focused

on fasting and praying to prepare for Easter, with six Sundays of period being “feast days.” This time of the year is for people to prepare for the day of the resurrection of Jesus by reflecting on and imitating the moment when Jesus fought the devil. In AD 325 at the Council of Nicaea, it was decided that the day for Easter would be celebrated between March 22 and April 25. The Council also agreed on a 40-day period for Lent because of different writings in the bible, but mainly because the days represent the time Jesus spent fasting and resisting the devil’s attempts at temptation. In

AD 601, Pope Gregory marked the first day of Lent, now known as Ash, Wednesday, exactly forty-six days before Easter.

In the present day, Ash Wednesday is one of the most attended non-Sunday masses. During the day, the priest gives a penitential and reflective sermon, and afterwards there is a group reading of scripture. People will then participate in communal confessions before individually expressing their sins to the priest. These confessions are a form of asking forgiveness and healing from God, making them vital to the purpose of Ash Wednesday. The reason for the namesake of the day is done after all this, when attendees have ashes in the shape of the cross placed on their heads. These ashes are made from the burning of palm branches from the past

week’s Palm Sunday, a day for remembering Jesus’s arrival into Jerusalem, addressed by people waving palm branches. While the priest is putting the ashes on the attendee, he will utter the phrase, “From dust you came and to dust you will return.” This phrase is meant to represent the fickle lives of humans and the ease it takes for them to return to their original form of dust.

Ash Wednesday is in place to reflect on a person’s wrongdoing remembering that these sins’ consequence is death.

The use of ashes dates back to centuries following ancient ideologies. In the book, *The History of the Church*, it was written that an apostate, Natalis, dressed in sackcloth and ashes came to Pope Zephyrinus begging for forgiveness. During the Middle Ages, priests would

shower suffering people with ashes while saying the aforementioned phrase. The ashes symbolize the main purpose of repentance by reminding the people of their mortality, and act as the beginning of the journey to forgiveness during Lent through resisting temptations just like Jesus did to fight the devil.

### Sources:

<https://www.christianity.com/wiki/holidays/what-is-ash-wednesday-why-do-christians-celebrate-it.html>

<https://www.museumofthe-bible.org/magazine/featured/the-biblical-foundations-of-lent-and-ash-wednesday>

<https://www.britannica.com/topic/Lent>

## Black History Month - 70's Party

SUBMITTED BY  
TREASURES UNLEASHED

This is your invitation! In honor of Black History Month, Treasures Unleashed is hosting the 70’s BBQ Dance Party on Saturday, February 17, from 3 p.m. - 5 p.m. in downtown Hayward at 971 B Street.

The 70’s BBQ Dance Party pays homage to the contributions of Black History and culture while grooving to the beats of the 70’s with a touch of Afro-beats. You’ll witness stunning art highlighting Black beauty and talent, activities and art for the children, games, BBQ, free books for the youth, and more. Plus, a few of our talented performer friends will stop by and share the sounds of Africa and abroad.

Come dressed up in 70’s garments or come as yourself; the choice is yours. This community event is going to be one to remember!

Your ticket purchase contributes to our community events. Spread the word and let others know about this fabulous event!

**70’s BBQ Dance Party**  
**Saturday, Feb 17**  
**3 p.m. – 5 p.m.**  
**Downtown Hayward**  
**971 B. St., Hayward**  
**[www.treasuresunleashed.com/tickets](http://www.treasuresunleashed.com/tickets)**  
**Tickets: Ages 0 -3: Free;**  
**4 - 17: \$5; 18 & up: \$10**

## Auditions for Just My Type

SUBMITTED BY CHANTICLEERS THEATRE

Chanticleers Theatre in Castro Valley is holding auditions for their upcoming musical *Just My Type*, with a book by Charlotte Jacobs and Michael Sally, and lyrics by Rita Abrams. Auditions will be held on February 19 and 20, with callbacks February 22. Rehearsals begin on March 12, and the play will run from May 3 to May 22.

In this musical, Psychologists Kate and Ben face a deadline to write a book on personality types, based on the Myers-Briggs Type Indicator® assessment. They choose four couples from their practice to show how different types affect one’s loves and life, for better or worse. Kate and Ben learn something about themselves in the process.

Chanticleers is looking to cast two to four mature men and women to play multiple parts from 30s to 70s. They are open to diverse casting. Strong comic character experience and dance/movement ability required. Vocal range: Strong baritone and alto who can both preferably sing a G3.

Actors should prepare one comic song and one ballad (16 bars each). Send a pdf copy of the music for your audition ahead if possible to [drodriguezchavez@berkeley.edu](mailto:drodriguezchavez@berkeley.edu). Actors will also be reading from the script.

Email any questions to Jan Brown: [planetjanb@gmail.com](mailto:planetjanb@gmail.com).

### Auditions for Chanticleers’ Just My Type

**Monday, Feb 19 and Tuesday, Feb 20**

**7 p.m. - 10 p.m.**

**Callbacks: Feb 22**

**Rehearsals Begin Mar 12**

**Performances: May 3 - 26, (Fri, Sat, Sun)**

**Chanticleers Theater**

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**<https://chanticleers.org/>**



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**Website: [FremontLEAF.org](http://FremontLEAF.org),**  
**Contact us at [Info@FremontLEAF.org](mailto:Info@FremontLEAF.org)**



## 56th Annual Art Show

Members and the general public  
are invited to submit  
two and three-dimensional art works  
for this juried art show.

Entry instructions can be found at  
[www.fremontartassociation.org](http://www.fremontartassociation.org)

The show will be held at the  
Fremont Art Association Gallery  
37697 Niles Blvd.  
Fremont CA 94536



## Local teen honored by Mayor Lily Mei and Fremont City Council for STEM Excellence

SUBMITTED BY VI LE

On February 6, 2024, Aarav Sharma, a Junior at Archbishop Mitty High School, was recognized as a 2023 STEM Winner and received a certificate from Fremont Mayor Lily Mei and the city council at a ceremony held at Fremont City Hall. This recognition was in honor of his STEM Achievement at the 2023 Synopsys Championship, where he was selected as a winner for his Science fair project titled “Leveraging Computer Vision To Establish a Correlation Between Eye-Gaze Estimation and Saccades” under the category of Computational Biology and Bioinformatics.

Aarav’s remarkable journey in STEM began to unfold during his early years at Stratford School in Fremont. His passion for science and experimentation had been evident since elementary school, and in middle school, he actively participated in regional science fairs dedicated to addressing environmental issues. His projects included “Optimizing Biosensitizers to Increase the Light-Harvesting Capacity of Solar Cells” and “Comparative Analysis of Biomolecules as Fire-Resistant Coating on Construction Wood.”

His dedication and hard work paid off, earning him numerous awards, including a Certificate of Merit at the 2019 Golden Gate STEM Fair, a First Place Award in the Energy, Environmental, and Earth Sciences category at the Regional Synopsys Science Fair, and the prestigious 2020 Broadcom Foundation Nomination for an outstanding performance in a science fair affiliated with the Society for Science and the Public.

However, during his first year at Archbishop Mitty High School, Aarav’s journey took a significant turn. A personal experience involving the limitations of mammograms in detecting tumors in his grandmother’s breast inspired him to delve deeper into the world of Science and technology.

Determined to make a difference, Aarav began meticulous research, reading scientific articles and even completing an edX course titled “Introduction to Biology: The Secret of Life.” This course introduced him to CRISPR/CAS9 technology, a method for modifying the DNA of living organisms. He also independently studied machine learning algorithms through a Coursera course.

Aarav’s passion for biology and artificial intelligence led to the development of a groundbreaking project. He created a Novel Dual-Layered



Random Forest model with null handling capable of accurately predicting breast cancer. To expand his research, he made a mobile, user-friendly app that allows people to get their detection with the help of entered parameters.

Aarav’s innovative work received recognition and awards, including a Certificate for Outstanding Research and the Kerry Veenstra Award in the Biological Science & Engineering category at the Synopsys Silicon Valley Science and Technology Championship. He also received the Naval Science Award, a medallion, and a letter of congratulations from the Office of Naval Research - United States Navy/US Marine Corps.

In 2023, Aarav was honored with an Honorable Mention Ribbon in the Biological Sciences and Engineering Category Awards. His research interests expanded to Computer Science, Machine Learning, and Computational Biology.

Aarav’s accomplishments earned him a spot in the competitive summer program, the California State Summer School for Mathematics & Science (COSMOS), where he spent four weeks focusing on Computers in Biophysics & Robotics. His dedication to research led to his scientific articles being published in the Journal of Science Research.

Currently, Aarav is diligently working on understanding the role of genes in autism detection to contribute to advancements in healthcare. Aarav’s future goal is to blend AI and healthcare to improve disease management and medications.

Aarav Sharma’s remarkable journey from a young science enthusiast to a budding scientist and innovator showcases the power of passion, dedication, and hard work in STEM. His achievements continue to inspire the local community and pave the way for a brighter future in Science and technology.

# Potatoes



BY PAT KITE

For fun, try growing a few potatoes. Once you have eaten a fresh potato, you will regard all market spuds as having the flavor of wallpaper paste.

You can use a big pot, about five gallons. An old garbage can with drainage holes might do. Whatever you use, it must be at least 18 inches deep. Put in about six inches of good soil (not our local clumping clay).

For novices, purchase certified potato seeds at a local nursery. (Yes, you can try your kitchen potatoes IF they have sprouts.) Add two seed potatoes. Put the pieces about seven inches apart. Plant gently with sprouts facing up, cut side down. Cover with about three inches of soil as the plant grows. Put in sunlight. Add some good soil but keep six inches of plant visible. Water but don’t drown.

Wait. You will see lots of leaves. After about three months,

the potato plants will bloom. Wait. In another two weeks, the leaves start to die. When the plant looks dead, dig carefully and glom onto the potatoes. Leave outdoors to dry for an hour or so. At this point I clean, put in the microwave and eat. Do not refrigerate.

Potatoes first grew in South America about 2,500 BC. They were teensie. Spanish soldiers figured out their food value in 1536 and carried samples to Europe. About 50 years later, Sir. Walter Raleigh brought samples to Ireland. By the 1800s, Irish farmers were eating about 10 potatoes per person per day. Potatoes are so filling and tasty, they increasingly filled most of the daily menu. Then came a fungus that quickly spread, plus more than ample rain. The one-variety potato crop died. Over a million people died of starvation. Survivors emigrated. The ships they travelled on were called “coffin ships” because so many passengers died on board.

Old potato tales include this one from Italy. In Italy, superstitious folk would print the name of an enemy and pin it to a large potato. This was a curse, and hopefully the enemy would die. Other superstitions include putting a warm potato in a pocket to cure your rheumatism, or putting a potato on a muscle to take away pain. One medium potato has 43% of necessary daily vitamin C and 21 % of our daily required potassium.

How many potatoes do we eat? Some say about 124 pounds per year. That includes French Fries, which Thomas Jefferson apparently introduced at a White House dinner.

## Pat Kite’s Garden



PAT KITE

L. Patricia [Pat] Kite’s several garden books include *KISS Guide to Gardening*, *Gardening Wizardry for Kids*, *Raccoons*, *Ladybug Facts* and *Folklore and Silkworms*. They may be found at Amazon.com and Alibris.com.



## Beyond Thoughts and Prayers: Responding to Gun Violence

SUBMITTED BY  
LEAGUE OF WOMEN VOTERS OF  
FREMONT, NEWARK, AND UNION CITY

Gun violence in the United States is a public health and safety epidemic and is now the number one killer of children. In 2023 there were more mass shootings than there were days in the year. As devastating as these high-profile shootings are, they represent only a small percentage of the gun violence deaths in our nation. Most gun deaths are less-publicized tragedies that occur in homes and in our communities.

The League of Women Voters of Fremont, Newark, and Union City (LWVFNUC) invites you to a program on the topic of gun violence prevention (GVP) on Saturday, March 2 from 10:00 a.m. to 11:30 a.m. at Niles Discovery Church in Fremont.

The League is featuring activists from Brady United Against Gun Violence for this

presentation. Brady is one of the oldest GVP organizations in the country, and its history of success goes back decades. Learn facts about gun violence, Brady’s programs to reduce gun violence, and what you can do to support sensible changes to keep our nation safer.

Shikha Hamilton is Vice President of Organizing at Brady and has worked on the issue of gun violence since 2000 in various roles, including Chapter Leader, State Chapter President, and member of the Board of Trustees. Kath Tsakalakos is a Brady National Board Member, NorCal Regional Council Co-Chair, and co-leads the San Francisco Brady Chapter. Toni Shellen is Past President of the Tri-City Alameda County Brady Chapter and served as a member of the CA Brady Executive Committee for ten years.

We invite you to join us to find out what we can do beyond “thoughts and prayers” to help prevent gun violence at home, in our community, and in our state and nation. We are more powerful than any problem when we work together. Brady invites us all to “Take Action. Not Sides.”

**Beyond Thoughts and Prayers: Responding to Gun Violence**  
**Saturday, Mar 2**  
**10:00 a.m. - 11:30 a.m.**  
**Niles Discovery Church**  
**36600 Niles Blvd., Fremont**  
**<https://lwvfncmembership.clubexpress.com/>**  
**Open to the Public and Free of Charge**

## Join H.A.R.D. for Earth Day!

SUBMITTED BY YADIRA AYALA

Hayward Area Recreation and Park District (H.A.R.D.) is thrilled to invite community members to participate in a series of Earth Day Volunteer Projects. This is a unique opportunity for individuals, families, and groups to contribute to conserving and beautifying our local parks and recreational areas. Together, we can make an impact on our environment and foster a deeper connection with nature.

These projects are a part of our Volunteers in Parks (V.I.P.) program where H.A.R.D. provides tools, leadership, and snacks and volunteers help keep our parks clean by picking up litter, pulling weeds, spreading mulch, and more. It’s the perfect way to give back to our community and show our love for

local parks. There is no better day to become a V.I.P. than Earth Day, an annual event to demonstrate support for protecting our planet and environment.

The theme for this Earth Day is Planet vs. Plastics. Our volunteer projects include tree planting, park maintenance, and graffiti clean-up.

To register, please visit <https://tinyurl.com/HARDvip>.

### Volunteer Events:


**Weekes Community Center**  
**Saturday, Apr 20**  
**8 a.m. - 2 p.m.**

**Via Toledo**  
**Monday, Apr 22**  
**9 a.m. - 12 noon**

**Sorensdale**  
**Monday, Apr 22**  
**9 a.m. - 12 noon**

**Adobe Park**  
**Saturday, Apr 27**  
**9 a.m. - 12 noon**




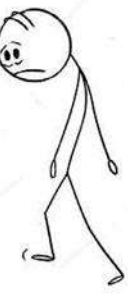




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# New cohousing communities promise of relief from loneliness

SUBMITTED BY  
EVELYN LATORRE AND  
JANE MUELLER

Loneliness is gaining attention as a public health concern that affects people of all ages and backgrounds. An increasing number of individuals feel isolated, despite living in densely populated urban areas such as the Bay Area. According to U.S. Surgeon General Vivek H. Murthy, one in two adults in America report experiencing loneliness. As this dilemma continues to intensify, there is growing recognition of the need for lifestyle adjustment. One promising solution is the concept of cohousing.

## Cohousing Encourages Community Connection

Cohousing—a living arrangement that emphasizes interaction with neighbors, shared spaces, and a sense of community—is emerging as a potential remedy to the aptly named “loneliness epidemic.” In cohousing, residents actively participate in the design and management of their homes and community spaces, fostering a strong sense of belonging and mutual support. The shared spaces and collaborative decision-making processes create opportunities for residents to build meaningful connections with their neighbors.

## Forum Showcases Three New Cohousing Communities

Appearing in Fremont on Saturday February 24 is Katie McCamant, one of the two architects who introduced the cohousing concept to North America from Denmark 35 years ago. At a forum entitled “The Art of Neighboring,” she will describe the origins of cohousing, why it is especially timely now, and where it is headed. Also speaking will be Danny Milman of the development firm UD+P, the only U.S. developer working on multiple concurrent cohousing projects. She will describe what it takes to get from concept to completion. In addition, the Mission Peak Village, Washington Commons, and Berkeley Moshav cohousing communities will talk about their projects. A member of each group will discuss their project’s development timelines and distinctive features.

The forum will take place at the Us Together Center in the

Irvington District of Fremont beginning at 1 p.m. The program will be repeated in Berkeley on Sunday afternoon, February 25.

## The Trend is Growing

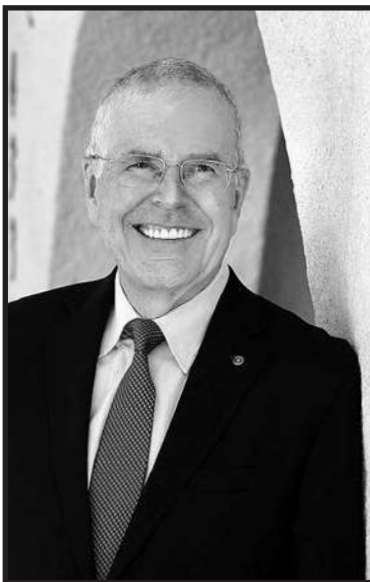
Interest in cohousing is on the rise internationally, with more people exploring how to combat loneliness. The Cohousing Association of the U.S. estimates the American cohousing movement to currently include more than 165 occupied communities and about 140 that are in formation. In the Bay Area alone, people are living in cohousing communities in Oakland, Berkeley, Emeryville, Pleasant Hill, Santa Rosa, Cotati, Sebastopol, and Mountain View. What began as a simple idea has evolved into vibrant communities where individuals of all ages and backgrounds find not just shelter but a profound sense of belonging.

Instead of returning to empty homes after long days at work and school, residents return to a place where they are greeted with warmth, camaraderie, and often a waiting meal prepared for them by their neighbors. Through the simple act of coming together and sharing their lives, these neighbors are demonstrating that loneliness is not an insurmountable problem. Instead, it is a challenge that can be overcome with compassion, cooperation, and a willingness to embrace the idea that we are all in this together.

*To register and get location information for either session of The Art of Neighboring, please go to [www.cohousing-solutions.com/artofneighboring](http://www.cohousing-solutions.com/artofneighboring). For information about Mission Peak Village, please visit [www.missionpeakcohousing.org](http://www.missionpeakcohousing.org).*

*Mission Peak Village is composed of individuals and families forming Southern Alameda County’s first cohousing community in Fremont. Memberships are still available. Call Kelli at (510) 413-8446 or visit Mission Peak Village at the website above or on Facebook and Instagram.*

**The Art of Neighboring forum**  
**Saturday, Feb 24**  
**1 p.m. – 4 p.m.**  
**Us Together Center**  
**3755 Washington Blvd.,**  
**Fremont**  
**(530) 478-1970**  
**[www.cohousing-solutions.com/artofneighboring](http://www.cohousing-solutions.com/artofneighboring)**



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**Fremont, CA 94539**





BY JOHN GRIMALDI AND  
DAVID BRUCE SMITH

February 1 through 15

## Satchel Paige

Joe DiMaggio said Leroy “Satchel” Paige was the “best and fastest pitcher I’ve faced.” Even so, it took Paige 50 years to be honored by the Baseball Hall of Fame – on February 8, 1971 – as the first Negro League veteran to earn the recognition.

According to History.com, Paige was “a pitching legend known for his fastball, showmanship and the longevity of his playing career. Born in Mobile, Alabama, most likely on July 7, 1906, although the exact date remains a mystery, he earned his nickname, Satchel, as a boy when he earned money carrying passengers’ bags at train stations.



Cleveland Indians pitcher Satchel Paige throws before a game Aug 1, 1948. Source: [thegratefulamericanbookprize.com](http://thegratefulamericanbookprize.com)

Baseball was segregated when Paige started playing baseball professionally in the 1920s, so he spent most of his career pitching for Negro League teams around the United States. During the winter season, he pitched for teams in the Caribbean and Central and South America. As a barnstorming player who traveled thousands of miles each season and played for whichever team met his asking price, he pitched an estimated 2,500 games, had 300 shut outs, and 55 no-hitters. In one month in 1935, he reportedly pitched 29 consecutive games.”

For more information, The Grateful American Book Prize recommends Satchel: The Life and Times of an American Legend by Larry Tye.

## SCOTUS

On February 1, 1790, Chief Justice John Jay opened the Supreme Court of the United States’ (SCOTUS) inaugural meeting on Broad Street in New York.

According to History.com, “The... Court later grew into arguably the most powerful judicial body in the world in terms of its central place in the U.S. political order. In times of

constitutional crises, for better or worse, it always played a definitive role in resolving the great issues of the time.”

The Grateful American Book Prize recommends William H. Rehnquist’s The Supreme Court.

## The Teddy Bear

When Theodore Roosevelt refused to slay a bear during a hunting trip, the incident prompted a New York City inventor-toy store owner, Morris Michtom, to fashion two stuffed bears that were approved by the president. On February 15, 1903, he placed them in his window.

According to History.com, “Reports differ as to the exact details of the inspiration behind the teddy bear, but it is thought that while hunting in Mississippi in 1902, Roosevelt came upon an old injured black bear that his guides had tied to a tree. While some reports claim Roosevelt shot the bear out of pity for his suffering, others insist he set the bear free. Political cartoonists later portrayed the bear as a cub, implying that under the tough, outdoorsy and macho image of Roosevelt lay a much softer, more sensitive interior.”

For more information, the Grateful American Book Prize recommends A Collector’s History of the Teddy Bear by Patricia Schoonmaker.

*This feature is courtesy of The Grateful American Book Prize, which is an annual award given to authors who have created outstanding works of historical fiction or nonfiction for seventh to ninth graders. Visit them at [gratefulamericanbookprize.com](http://gratefulamericanbookprize.com).*

# Fremont Creates February 2024

SUBMITTED BY  
PHYLLIS WOOD FOR FREMONT CREATES

On Thursday, January 18, Fremont Creates held an Informational Meeting for all artists and culture keepers interested in participating in *April is Arts, Culture & Creativity Month*. Over 35 people attended along with representatives from the City of Fremont, including City Councilmember Raj Salwan and Recreation Department staff. Several people signed up to perform, display or volunteer for Fremont Creates in April, and there are still many more opportunities available. Visit our website, [FremontCreates.com](http://FremontCreates.com), to see how you can participate. Arts and culture organizations are encouraged to schedule events in April that will be promoted by Fremont Creates through its publicity channels.

We are excited that several artists were able to meet at this informational session and join together to host an Open Studios event the first two weekends in April, fulfilling one of our stated goals: bringing local artists together for a shared artistic experience, to exchange ideas and feature their expertise. For more information on Open Studios, go to [fremontopenstudios.com](http://fremontopenstudios.com). For specific questions, email [info@fremontopenstudios.com](mailto:info@fremontopenstudios.com).

Fremont Creates is proud to be recognized by Californians for the Arts ([caforthearts.org](http://caforthearts.org)), the statewide arts advocacy organization, for the work Fremont Creates is doing for Arts, Culture & Creativity Month (ACCM) in April. Fremont Creates will be featured presenters as part of a statewide webinar, discussing how Fremont Creates has evolved and serves as an example of local advocacy for the arts through ACCM every April.

Make sure to check the Fremont Creates online calendar often to see what exciting performances, exhibits, and events are going on throughout the city in April. Mark April 27 on your calendar for the free Grand Finale event at the City of Fremont’s Downtown Event Center from 11 a.m. to 3 p.m. We continue to welcome sponsors, whether through monetary or in-kind support, to help with this fully volunteer organization. We are striving to engage businesses and community partners to support Fremont Creates acknowledging the arts as a necessary part of a vibrant and inclusive community.

## A special thank you to our sponsors:

- City of Fremont
- Supervisor David Haubert, Alameda County Supervisor, District 1
- Niles Rotary Foundation
- Brandon T. Sass, Primerica Investment Advisor
- Scott Capen Photography
- Olive Hyde Art Guild
- Tri-City Voice
- Fremont Cultural Arts Council
- Collective Discovery
- Fremont Bank







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**Unlock Your  
Artistic Journey:  
San Leandro  
Arts & Culture Grants**

**SUBMITTED BY PAUL SANFTNER**

The City of San Leandro and the Arts, Culture and Library Commission are administering a civic grants program to support San Leandro-based nonprofit organizations and individual creators, artists or culture bearers living in San Leandro. The Arts & Culture Grants Program is seeking applications of high artistic and/or cultural quality, with an emphasis on activities that support and celebrate the San Leandro community.

Arts and culture projects that are eligible for grant funding through this program include dance, music, theater, visual, literary, culture, media,

interdisciplinary/multidisciplinary, traditional/folk, and performing arts. Nonprofit organization-led projects will be supported with grants of up to \$10,000. Individual-led projects will be supported with grants of up to \$5,000. Please review the Arts & Culture Grants Program Guidelines thoroughly and the appropriate application, including instructions before applying for a grant.

Application Deadline:  
Thursday, Feb 29, 2024, at  
5:00 p.m.

Apply:  
<https://www.sanleandro.org/1290/Arts-Culture-Grants-Program>

If you have any questions,  
email [libraryinfo@sanleandro.org](mailto:libraryinfo@sanleandro.org)

**African Americans  
in the Arts**

**SUBMITTED BY  
MARCESS OWINGS**

The Hayward Area Historical Society (HAHS), in partnership with Hayward Arts Council and Hayward Public Library, is proud to host a panel of black artists in conversation for 2024 Black History Month's theme of "African Americans and the Arts," on February 24 in the Fremont Bank Room at the Downtown Hayward Library at 10:30 a.m.

The program is moderated by visual artist Vanita Lee-Tatum with a panel of Hayward area artists including Khristel Johnson (textiles), Saleem Gilmore (author and cartoonist), Russell Foote (photographer), and Mark Sublett (mixed media).

The panelists will discuss how their art represents their

experiences as African Americans, their thoughts on the preservation of Black history, and how art is a form of empowerment, among other topics. Artworks by each artist will also be on display during the program, as well as "The Joy of Textile Art: Works by the African American Quilt Guild of Oakland" in the Library's exhibit spaces.

Additional information about African Americans in the Arts and program registration is available at  
[www.haywardareahistory.org](http://www.haywardareahistory.org).

**African Americans in the Arts  
Saturday, Feb 24  
10:30 a.m.  
Downtown Hayward Library  
888 C St., Hayward  
(510) 581-0223  
[www.haywardareahistory.org](http://www.haywardareahistory.org)**

**Teen Cohort for  
Outdoor Education**

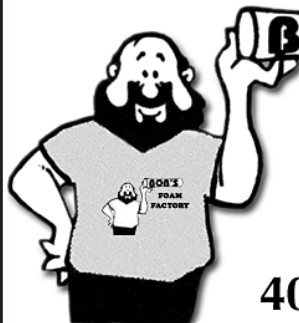
**SUBMITTED BY  
HAYWARD AREA RECREATION &  
PARK DISTRICT (H.A.R.D.)**

Calling all teens (13-17 years)! Join H.A.R.D. for our new Outdoor Education and Excursion program: Get Outdoors and Go H.A.R.D. Starting February 17, we'll meet every Saturday from 10 a.m.- 4 p.m. at the Ashland Community Center until the end of the program on March 23. Together, we can explore local parks and learn about nature, environmental stewardship, and careers in Recreation. You'll get to meet new friends, build outdoor skills, and get to know your community as we participate in activities, such as Hayward Shoreline Hike and Clean-Up, Quarry Lakes Excursion; Coyote Hills Excursion; Fishing; rock climbing on our 28-foot rock wall, hiking; and a Sulphur Creek Guided Tour. Please note that these

locations and activities are subject to change due to weather. Participants must bring their own snacks, lunch, and water.

Registration is required to participate. Register at <https://www.haywardrec.org/>. Class: #28812. Questions? Please contact: Noel Munivez at (510) 317-2303 or [munn@HaywardRec.org](mailto:munn@HaywardRec.org); Mike Maine at (510) 888-0211 or [maim@HaywardRec.org](mailto:maim@HaywardRec.org).

**Outdoor Education and Excursion Program  
Saturdays, February 17 to March 23  
10 a.m. to 4 p.m.  
Ashland Community Center  
1530 167th Ave., San Leandro  
(510) 317-2303 or (510) 888-0211  
Register at <https://www.haywardrec.org/>  
Admission Fee: \$248**



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# Valentine’s Day: origin, history, and celebration



BY DHOHA BARECHE

February 14, marks the most romantic time of the year - Valentine’s Day. It’s become common practice for couples, friends, and family to express their love and affection to one another via cards, chocolates, roses, and more. However, this day wasn’t always associated with romance. It dates back to the Roman pagan holiday of Lupercalia - a fertility festival dedicated to the Roman God of Agriculture as well as the founders of Rome, Romulus and Remus - which later became Christianized and associated with Saint Valentine of the third century. It wasn’t until the Middle Ages that February 14th became a celebration of romance that continues to this day. From the U.S. to South Africa, Valentine’s Day has become a universal holiday, observed in many cultures.

While this romantic holiday is known to be associated with Saint Valentine, there’s confusion regarding his true identity. According to History, the Catholic Church recognizes two different saints named Valentine who, some argue, are the same person. One legend contends this romantic day is associated with Saint Valentine of third century Rome. He was imprisoned, and later killed, by Emperor Claudius II for marrying people in secret after it had been outlawed because the Emperor deemed that single men were better soldiers. During the saint’s imprisonment, he fell in love with the jailer’s daughter and, prior to his execution, wrote her a love letter and signed it “Your Valentine.” For this reason, he became associated with love. Others contend it’s Saint Valentine of Terni, a bishop who was also killed by Emperor Claudius II. Nonetheless, both legends suggest Saint Valentine was a heroic, loving figure

In the 5th century, Pope Gelasius declared February 14th as Valentine’s Day. During this time period, it became customary to send “valentine” greetings to loved ones, replaced by hand-written notes in the 17th century. In the U.S., exchanging valentine’s notes dates back to the 18th century

when Esther A. Howland, known as the “Mother of the Valentine,” became renowned for mass-producing valentines decorated with lace, ribbons, and more. Beginning in the early twentieth century, Hallmark’s Valentine’s Day cards were introduced and replaced hand-written notes. According to Hallmark, over 145 million cards are sold every year.

Over the past decades, Valentine’s Day has grown to be one of the most expensive holidays in the country. Since 2009, consumer spending on this holiday has increased from \$14.7 billion to \$21.8 billion in 2021, according to Statista. Countries across the globe commemorate this romantic holiday and incorporate unique customs. In Denmark, for example, people exchange white pressed roses called snowdrops while Italians like to enjoy Baci Perugina, small, chocolate-covered hazelnuts wrapped with a romantic quote printed in four languages. In South Africa, women wear their hearts on their sleeves - literally - by wearing a pin with the name of their loved one.

Although Valentine’s Day is widely regarded as a holiday enjoyed by couples, love and appreciation between friends and family can also be included. This Valentine’s Day, remind the people in your life how much love there is to go around!

*This article is a reprint from 2023.*

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## Black History Month

BY ANNIKA SINGH

Each year in February, the country joins hands to pay tribute to the many generations of African Americans who overcame adversity in many different respects of life to achieve full citizenship and equality in American society.

Noted historian Carter G. Woodson believed that the truth could not be hidden and that reason would prevail over prejudice. He wanted to raise awareness of African American contributions to civilization and founded the Association for the Study of Negro Life and History (ASNLH) in 1915. He announced the “Negro History Week” more than half a century after slavery was abolished, and the event was first celebrated during a week in February 1926, coinciding with the birthdays of both Abraham Lincoln and Frederick Douglass. It was received with enthusiasm by most individuals.

The 1920s was nicknamed the decade of the New Negro and considered the rise of creativity with the Harlem Renaissance, a name given to the Post-World War I generation because of its rising racial pride and consciousness. Urbanization and industrialization had brought over a million African Americans from the rural South into big cities. Slowly, the expanding Black middle class became participants in and consumers of Black literature and culture. Black history clubs soon formed, inspiring teachers to share the achievements and struggles of the African Americans with their pupils. White scholars and philanthropists also stepped forward to support the effort.

Woodson died in 1950, but by this point Negro History Week had already become a national phenomenon. Mayors across the

nation issued proclamations noting Negro History Week. The Black Awakening of the 1960s resulted in greater consciousness of African Americans about the importance of black history. The Civil Rights movement and the contributions of African Americans to our history and culture also became a national celebration. The celebration became a month-long event in 1976, the nation’s bicentennial. President Gerald R. Ford urged Americans to “seize the opportunity to honor the too-often neglected accomplishments of black Americans in every area of endeavor throughout our history.” In the same year, the association decided to host the nation’s first Black History Month. Since then, each American president has announced Black History Month proclamations, while the Association Study of African American Life and History (ASALH) promotes the study of Black culture and history.

Black History Month is a time to honor the contributions and legacy of African Americans across U.S. history and society—from activists and civil rights pioneers such as Harriet Tubman, Sojourner Truth, Marcus Garvey, Martin Luther King Jr., and Rosa Parks, to the leaders in industry, politics, science, and culture.

Furthermore, since 1976, every American president has designated February as Black History Month and endorsed a specific theme. For 2024, the theme is “African Americans and the Arts,” which explores the key influence African Americans have had in the fields of visual and performing arts, literature, fashion, folklore, language, film, music, architecture, culinary and other forms of cultural expression.

This year, the Smithsonian is holding the exhibition “Cultural Expressions” which is a circular space dedicated towards African American and African diaspora culture. The National Gallery of Art is also celebrating sixteen renowned Black artists and their works. Some works like those of American artists Glenn Ligon

and Dread Scott reference signs that Black sanitation workers in Memphis carried while on strike in 1968. The exhibition also displays the work of famous photographers like Glenalvin Goodridge and James Van Der Zee. Other featured artists are Faith Ringgold, Dindga McCannon, and Kay Brown, who banded together in 1971 to form a collective for Black women artists named Where We At. Frustrated by being unable to participate in the male and white-dominated arts movements, they created pieces focused on both gender and racial equality.

The National Gallery of Art has also added a new addition to their collection: 248 early photographs by and of African Americans that give us a glimpse of Black life, entrepreneurship, and self-expression during the mid to late 1800s. In several photographs, African American subjects hold objects that represent their achievements and freedom after receiving the right to exercise their civil rights.

Our nation has come a long way from slavery to its abolishment and now, individuals across the nation are proudly celebrating our rich cultural heritage, which African Americans greatly contributed to.

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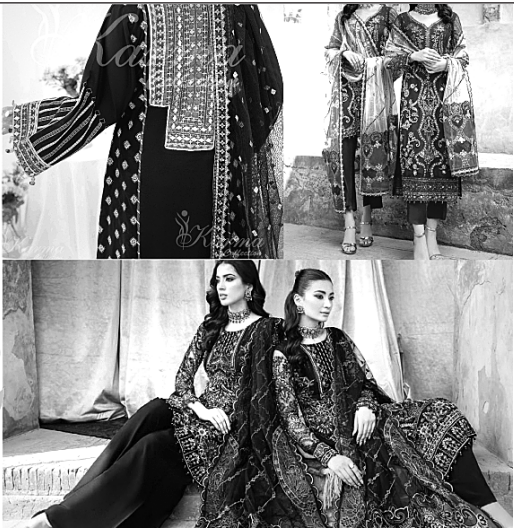
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FEBRUARY IS BLACK HISTORY MONTH  
**African American Newspapers**

**First African American Newspaper**

*Freedom's Journal* was the first African American owned and operated newspaper. The newspaper editors said, "Too long have others spoken for us." They wanted to write about and for their fellow African Americans. Starting in 1827, *Freedom's Journal* helped lead the way for other Black-owned newspapers in the 1800s.



Standards Link: Read informational text about Black history and journalism.

**1847**

Frederick Douglass started a newspaper called *The North Star* in 1847. This was a newspaper where black people could write about their news, ideas and share opinions.

Use the code to find out what Frederick Douglass said about reading.

A = 16	E = 12	N = 8	U = 4
B = 15	F = 11	O = 7	V = 3
C = 14	I = 10	R = 6	W = 2
D = 13	L = 9	T = 5	Y = 1

7 8 14 12 1 7 4  
9 12 16 6 8 5 7  
6 12 16 13 1 7 4  
2 10 9 9 15 12  
11 7 6 12 3 12 6  
11 6 12 12  
— FREDERICK DOUGLASS

**Chicago Defender**  
IT WORLD'S MOST POWERFUL WEEKLY

Cut out each piece and paste the paragraph in the correct order in the space below.

so popular that he became one of African American newspaper. Abbott started the newspaper about \$7.30 today. His paper was In 1905, Robert Abbott founded Chicago's first Black millionaires. with 25¢. That's the same as *The Chicago Defender*. It was an



**Kid Scoop Together**

**Make a Timeline!**

Look at the timeline dates below. Next to each one, write something you learned from today's *Kid Scoop* page on the lines next to each date.

**1827** \_\_\_\_\_

**1847** \_\_\_\_\_

**1861** \_\_\_\_\_

**1905** \_\_\_\_\_

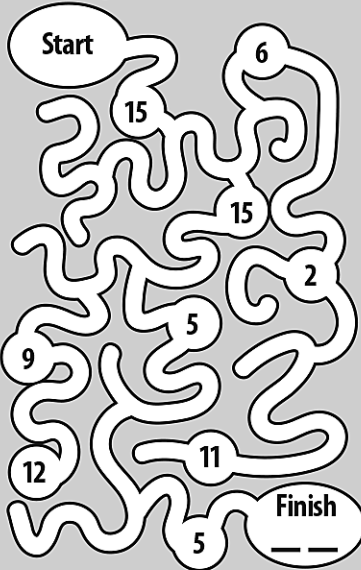
**1926** \_\_\_\_\_

**1952** \_\_\_\_\_

**1964** \_\_\_\_\_

**How many papers?**

Add up the numbers on the correct path of the maze to find out how many African American owned and operated newspapers circulated throughout the U.S. in 1861.



Standards Link: Read informational text about Black history and journalism.

**SUNDAY CHICAGO BEE**

Twenty-one years after Robert Abbott founded *The Chicago Defender*, Anthony Overton, an African American millionaire, started *The Chicago Bee* to compete with *The Chicago Defender*. It was a remarkable business as the staff was mostly women. That was very unusual in 1926. Olive M. Diggs was one of the newspaper's managing editors. Other female editors included Ida B. Wells. She helped start the civil rights organization known as the National Association for the Advancement of Colored People (NAACP).

What year did Anthony Overton start *The Chicago Bee*?

\_\_\_\_\_

**Simeon Booker Jr.**

In 1952, Simeon Booker Jr. became the first Black reporter for a well-known and well-read newspaper that still publishes today. Circle every other letter below to find out the name of this newspaper.

D R A K E U W B A L S V H W I J N  
P G S T R O H N Y P A O N S B T  
T H

**Newspaper ABCs**

On one page of the newspaper, find and circle every letter of the alphabet that you can. Then connect the letters to create a design. Color your design and share! Have fun!

Standards Link: Language Arts: Follow written instructions.

**Kid Scoop Puzzler**

**1964**

*The Washington Informer* is a weekly newspaper published in Washington, D.C. It is owned by a woman and reports on the African American community in the D.C. area.

The publisher is Denise Rolark Barnes. Her father, Calvin W. Rolark, founded the paper in 1964.

Fill in the missing vowels to find out something special about *The Washington Informer*.

THE WASH \_NGT \_N  
INF \_RM \_R P \_BLISH \_S  
K \_D SC \_ \_P!

Standards Link: Language Arts: Spell words correctly.

**Double Double Word Search**

BEE  
CENTS  
FREE  
IDEAS  
LEAD  
NEWS  
PAPER  
REPORTER  
RIGHTS  
SHE  
STAFF  
STAR  
TODAY  
WEEKLY  
WRITE

Find the words in the puzzle. How many of them can you find on this page?

S T N E C E G Y T P  
E H S V M S T A F F  
A W U T S L B I F H  
S N Y W A E T Q R S  
T P A P E R Y D E W  
H Q D K D E L A E E  
G V O M I O K E J N  
I N T S Y C R L P V  
R E P O R T E R Y W

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

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**Kid Scoop VOCABULARY BUILDERS**

This week's word: **NEWSPAPER**

The noun **newspaper** means paper printed with news, opinions, ads and other information.

A **newspaper** brings the world into your hands.

Try to use the word **newspaper** in a sentence today when talking with your friends and family members.

**FROM THE Kid Scoop LESSON LIBRARY**

**Analyze the News**

Work in teams to measure how many column inches your newspaper devotes to news from different groups of people in your community, such as children, seniors, men, women, people of color, etc. Graph your results.

Standards Link: Mathematics: Graph data.

*"The time is always right to do what is right."*

— MARTIN LUTHER KING, JR.

**Write On!**



**Leadership**

What are three things good leaders do? Make a list and explain how each of these things makes a good leader.





# The Fremont CONNECTION



## Fremont Receives First-Ever Platinum Designation for Advancing Solar Energy



We are proud to announce that the City of Fremont has received a Platinum designation from the national SolSmart program ([solsmart.org](https://solsmart.org)), recognizing exceptional achievements in advancing solar energy use at the local level. Fremont is the very first community in the country to earn this prestigious designation!

In order to achieve SolSmart Platinum designation, the City:

- adopted instant solar permitting through the SolarAPP+ program ([solarapp.nrel.gov](https://solarapp.nrel.gov)),
- posted public metrics and numerous online resources ([city.fremont.gov/solarpower](https://city.fremont.gov/solarpower)) for community members interested in installing solar,
- installed solar systems on multiple City-owned properties, and
- formed community partnerships to equitably expand solar in the city by leveraging funds from foundations and state govern-

ment. That included partnerships with affordable housing developers and groups such as ICLEI Local Governments for Sustainability and Habitat for Humanity East Bay/Silicon Valley.

SolSmart is a U.S. Department of Energy program led by the International City/County Management Association (ICMA) and the Interstate Renewable Energy Council (IREC). SolSmart offers free technical assistance to help local governments advance solar energy deployment. Their team was able to work with City staff to ensure that more of our community members take advantage of this clean energy source.

Fremont is one of over 500 cities, towns, and regional organizations that have achieved SolSmart designation for their solar energy leadership but is the first to achieve the new Platinum level!

## New Call for Professional Artists for boxART! Program

If you're a professional artist, we have the perfect project for you. Paint one of Fremont's traffic signal control boxes! The theme is "Sustainability," and the deadline for submissions is Monday, March 11, 2024, at 12:00 p.m.

Artists must be 18+ years old, and an \$800 stipend is available for selected designs. Don't miss on out this chance to turn Fremont into your canvas and showcase your talent! Learn more at [city.fremont.gov/boxartcall](https://city.fremont.gov/boxartcall).



## Swing into Summer Camps!



Get ready for Summer Camps! City of Fremont Parks & Recreation has your child covered during the summer break with a variety of camps. Summer Camps run weekly from June 3 to August 13 with full day and half day options. From STEAM to traditional camps, Fremont has

everything your child needs to stay active, engaged, and having fun this summer. Check out the Recreation Guide to see a list of available programs. Don't delay—register online by visiting [RegeRec.com](https://RegeRec.com). For more details, call 510-494-4300 or email [RegeRec@fremont.gov](mailto:RegeRec@fremont.gov)

## Earthquake Preparedness Grant Program Now Available for Fremont Homeowners



Attention Fremont homeowners! You can now register for a chance to receive grant funding to help strengthen your home against earthquakes. Registration recently opened for California's Earthquake Brace + Bolt pro-

gram, which offers eligible homeowners up to \$3,000 toward a residential seismic retrofit. The program aims to help homeowners lessen the potential for damage to their homes during an earthquake by "bracing" the crawl space, when necessary, and "bolting" the foundation to the frame. Only raised-foundation wood-framed homes built before 1980 qualify for the program. For

income-eligible homeowners, a supplemental grant above the \$3,000 may be available. Registration is only open for a limited time, so check now to see if you qualify! The program is sponsored by the California Earthquake Authority and the California Governor's Office of Emergency Services.

See if you qualify and register at [earthquakebracebolt.com](https://earthquakebracebolt.com).

## City of Fremont Now Offering More Express Building Permits

The City of Fremont's online permitting portal, Citizen Access ([fremont.gov/citizenaccess](https://fremont.gov/citizenaccess)), now offers more express building permits. These permits are intended for Fremont property owners planning minor home improvement projects such as roof repairs, window replacements (without framing changes), kitchen/bathroom remodels (without structural changes), and water heater replacements. Permits are issued automatically, so there's no waiting for plan reviews or approvals. The permitting process is streamlined, saving time and money. It's a win-win for the City and our community!



### New express building permits include:

- Reroof for commercial projects
- Residential electrical that now includes the installation of a temporary power pole
- Residential kitchen or bath remodel, like for like

- Residential window replacement
- To view a list of all the express building permits available in Citizen Access, visit the City's Permit Types webpage at [city.fremont.gov/permittypes](https://city.fremont.gov/permittypes).

## Parks & Recreation Summer Job Fair

Join City of Fremont Parks & Recreation for the Summer Job Fair on Thursday, February 22, at the Downtown Event Center, located at 3500 Capitol Ave. Drop by anytime from 4:30 p.m. to 7:30 p.m. Learn about part-time job opportunities, meet the Parks & Recreation team, and receive a screening interview.

This is an excellent opportunity for anyone interested in making a difference, strengthening college applications/resumes, and building long lasting

life skills. For those retirees or people looking to supplement their current income during school hours or on evenings and weekends, this is a perfect employment opportunity as well.

As part of the Parks & Recreation team, individuals will gain valuable experience, develop critical skills, and create lasting friendships. Visit our website for more information; or contact us by email at [recjobs@fremont.gov](mailto:recjobs@fremont.gov) or call 510- 494-4327 for additional details.

CITY OF FREMONT PARKS & RECREATION



# SUMMER JOB FAIR

Thursday, February 22, 2024  
4:30pm - 7:30pm

Downtown Event Center  
3500 Capitol Ave.



### WHY APPLY?

- Flexible hours
- Seasonal & year-round positions
- Day & night shifts
- 100+ positions
- Gain confidence
- Make an impact

### Secure Your Summer Job Early!

Apply Online at [bit.ly/FremontRecJobs](https://bit.ly/FremontRecJobs)



Come meet the Fremont Parks & Recreation team and get a screening interview on the spot! Drop in anytime between 4:30pm-7:30pm. This is an excellent opportunity for anyone looking for a seasonal or year-round part-time job! Apply online to speed up the process! For questions, email [RecJobs@fremont.gov](mailto:RecJobs@fremont.gov) or call (510) 494-4327.



# Stratford Milpitas Beresford Square Students Celebrate the Year of the Dragon!

SUBMITTED BY STRATFORD SCHOOL  
PHOTOS COURTESY OF STRATFORD SCHOOL



## \$1.1 Million in Grants Available to Prevent Waste

SUBMITTED BY  
CITY OF FREMONT

StopWaste is offering grants with a total of \$1.1 million available in funding for projects in six categories. The focus is on innovative approaches to preventing waste in Alameda County and supporting local communities. Stopwaste is distributing funds in six different grant categories:

- Food Waste Prevention and Recovery (up to \$30,000 per grant)
- Surplus Food Donation Equipment (nonprofits only, up to \$10,000 per grant)
- Community Food Systems (up to \$10,000 per grant)

- Reusable Foodware (up to \$25,000 per grant)
- Reuse and Repair (up to \$25,000 per grant)
- Reusable Transport Packaging Equipment (up to \$10,000 per grant)

Businesses, nonprofits, and institutions are eligible for funding, unless noted otherwise. Application deadline is Thursday, March 14. Proposed projects must be located in and/or service the residents and/or businesses of Alameda County.

StopWaste Grants to Prevent Waste  
Applications Due: Thursday, March 14  
Grant Awards Announced: Wednesday, May 22  
For more information visit StopWaste's webpage at [www.stopwaste.org/at-work/stop-waste-grants](http://www.stopwaste.org/at-work/stop-waste-grants)

## Swing into Summer Camps!

SUBMITTED BY  
CITY OF FREMONT

Summer is just around the corner! The City of Fremont Parks and Recreation has your child covered during the summer break with a variety of camp options. Camps are offered weekly for ages 5 to 17. Campers will make fun memories with new and old friends. Camp themes include: Academic Enrichment, Art and Cooking, Aquatics, Dance and Theater, Sports, and Traditional Camps. Extended care is offered to select camps.

Camps run weekly from June 3 to August 13 with full day and half day options. From STEAM to traditional camps, Fremont has everything your child needs to stay active, engaged, and having fun this summer. Check out the Recreation Guide to see a list of available programs. Don't delay: [www.fremont.gov/government/departments/parks-recreation/camps-classes/camps/summer-camps](http://www.fremont.gov/government/departments/parks-recreation/camps-classes/camps/summer-camps)  
For more details, call (510) 494-4300 or send us an email at [regerec@fremont.gov](mailto:regerec@fremont.gov).

## Coffee with a Cop returns to Fremont Starbucks

SUBMITTED BY FREMONT PD

Mark your calendar for our first Coffee with a Cop of the Year! Stop by Starbucks and have a chat with our officers and our command staff. The event offers

an informal and friendly setting for community members to meet and greet with members of the Department. Come discuss public safety or neighborhood concerns and get acquainted! Event sponsored by Starbucks.

Coffee with a Cop  
Wednesday, Mar 6  
11 a.m. - 12 noon  
Starbucks Coffee  
3950 Mowry Ave, Fremont

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(Partial List)  
Congressman Ro Khanna  
Newark Mayor Mike Hannon  
Newark Mayor Emeritus Alan Nagy  
Newark Board of Education Nancy Thomas  
Ohlone College Trustee Suzanne Chan  
Ohlone College Trustee Lance Kwan  
Union Sanitary Dist. Director Pat Kite  
Sheila Jordan, Retired ACOE Superintendent  
Former State Supt. of Education Delaine Eastin  
Jean Ficklin  
Shirley Sisk  
John, Bernie and Cynthia Wilson Dutra  
Brad Hatton, Ed.D  
Kathy Kimberlin  
County Supervisor District 2 Elisa Marquez  
County Supervisor District 1 David Haubert  
Fremont Unified Board of Education Dianne Jones  
County Assessor Phong La  
Fremont Community Leader John Schinkel-Kludjian  
Fremont City Council Member Raj Salwan  
Fremont City Council Member Theresa Cox  
CTA (California Teachers Association)  
Fremont Teachers Association

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Alameda County Board of Education

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January 2024

Dear Friends,

In 2004 Fremont and Newark voters chose me to represent them on the Alameda County Board of Education. For the past twenty years I have used my understanding and compassion for people from all backgrounds as I make vital decisions on expulsion, inter-district, and charter school appeals.

I have been fair and consistent, keeping in mind that all children are different. Some are motivated, others are not. Some do well in a traditional education setting, while others have unfortunately traveled a different path and become students in our Juvenile Justice Center schools.

I have always looked at each child as an individual capable of success given the opportunity to discover they can succeed—that people do care.

I have organized several programs that support the educational, physical, and emotional needs of the youth in Alameda County:

- ✓ Packed for Success—a backpack filled with school supplies for the incarcerated youth upon release.
- ✓ Nap Blankets for over 100 little all-day kindergarteners who treasure the colorful flannel blankets they receive on the first day of school in our most impoverished areas of the county.
- ✓ Coats for Kids—A Winter Coat Drive for Bernie Dutra's One Child Program.

I have made a difference and pledge to continue helping students succeed whether college or career bound. I am planning to launch a program for our youth at the Juvenile Justice Center and Camp Sweeney, "INCARCERATION TO VOCATION." offering training so everybody works! A win-win for everyone.

I am honored to represent Fremont and Newark. Thank you for your continued confidence in me.



Paid for by Eileen McDonald for ACBOE 2024, Brad Hatton, Treasurer, 35269 Cano Ct., Fremont CA 94536 FPPC# 1465630

## Age Well Center at Lake Elizabeth's



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# Home & Garden

## Five nurseries your Valentine will love

By DANIEL O'DONNELL

Valentine's Day is celebrated throughout the world. It is a day when people express friendship or love towards others by giving them a Valentine card, chocolates, and/or flowers. Valentine's Day gifts can also be acts of appreciation such as cooking a favorite meal or taking care of a chore. Taking a plant lover to one of a handful of charming Bay Area nurseries to pick out a flowering plant or two combines the act of appreciation and gift giving.

Many Christian theologians believe that Valentine's Day started being celebrated in mid- February after the year 269 when Saint Valentine was martyred. Other religious scholars believe that the Christian church placed Valentine's Day in the middle of February in an effort to "Christianize" a pagan festival dedicated to the Roman God of agriculture called Lupercalia. Pope Gelasius officially declared February 14th St. Valentine's Day at the end of the of the 4th century.

Originally the holiday was more of a religious celebration than a romantically-themed holiday. However, during the Middle Ages people associated

mid-February with love and romance because it was the beginning of mating season for birds. The English poet Geoffrey Chaucer was the first to record Valentine's Day as a romantic observance in his poem *Parliament of Foules* in 1375. The custom of giving flowers on Valentine's Day is often attributed to King Charles XII of Sweden. He was introduced to the concept of the language of flowers while on a trip to Persia. He learned in particular that red flowers represent passion and that the rose was the favorite of Venus, the Goddess of love. Thus, red roses became popular on Valentine's Day.

Today, many people give cut flowers of all types and colors on Valentine's Day. However, many gardeners and plant lovers might prefer a live plant that they can enjoy for years to come, as well as have the experience of picking it out as they wander through a tranquil nursery. Below are five nurseries to take your plant-loving valentine to. Each one has a special feature.

**Regan Nursey  
(regannursey.com):  
4268 Decoto Road, Fremont**

Since roses are rooted in Valentine's Day history, Regan Nursery makes the



obvious choice for the top of the list. Regan is known for having one of, if not the largest, selection of roses in the Bay Area. The rows and rows of roses will make it hard to decide which one to purchase. Regan also has a quality selection of house plants, trees, garden plants, fruits and vegetables, as well as gardening supplies and trinkets.

**Alden Lane (aldenlane.com):  
981 Alden Lane, Livermore**

Alden Lane nursery has an attractive chateau-like building and is situated in a grove of old oak trees, which makes it a pleasure to stroll in, even around Valentine's Day when weather can be cool and wet. They offer an extensive selection of trees, flowers, perennials, shrubs, indoor plants, orchids, and garden accessories. It is worth the trip to visit them during one of their garden shows, festivals, or weekend classes.

**Evergreen Nursery  
(theevergreennursery.com):  
350 San Leandro Boulevard,  
San Leandro**

If you want to go big with flowers for your Valentine, head to Evergreen nursery for their large selection of fruit trees, which will be in bloom shortly after Valentine's Day. They also have a large selection of flowering plants, organic vegetables, and a wonderful assortment of houseplants. They feature a complete line of bulk materials such as mulch, different soils, soil blends, compost, and stone materials.

**Flora Grubb Gardens  
(floragrubb.com):  
1634 Jerrold Avenue,  
San Francisco**

Flora Grubb Gardens offers an amazing garden experience even if you do not



purchase any plants. There is a coffee shop located in the garden center where you can purchase specialty coffee drinks to enjoy on any number of benches and patio tables set throughout the nursery. There are also artistic garden features throughout, including a living wall, sculptures, creatively planted ceramic pots, and a classic car turned into a planter. They also specialize in handmade ceramic, imported Italian, glazed, cylindrical, fire clay, terra cotta, small houseplants, and lightweight garden pots.

**Annie's Annuals and Perennials  
(anniesannuals.com):  
740 Market Avenue, Richmond**

Annie's is worth a trip at least once for anyone who loves plants. As a Valentine's Day trip for a plant lover, the nursery will not disappoint. They offer a wide selection of hard-to-find flowers and plants as well as commonly-sought native wildflowers. Almost every plant is sold in the same size 4" container which is accompanied by a colored tag representing the price. They offer extensive information sheets that give botanical, characteristic, and care information on various plant groupings.

Taking your plant-loving Valentine or friend to a local nursery around Valentine's Day is a great way to cherish your relationship. However, these nurseries can be visited at any time of the year to show your love or appreciation for someone as well.

*Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont.  
www.Chrysalis-Gardens.com*



THE ACWD CONNECTION

Main Cleaning Program in Progress

The Alameda County Water District is scheduled to clean select water mains in the cities of Fremont, Newark and Union City to improve water quality and remove sediment buildup in pipes that may cause discolored water. This is part of the vital service provided by ACWD to ensure that all customers receive high quality water.

Cleaning will occur at various locations throughout the service area from January through June 2024; Monday through Friday, from 7 a.m. to 4 p.m. (excluding holidays).

To find out when the water main on your street will be cleaned, please visit [acwd.org/maincleaning](https://acwd.org/maincleaning), scan the QR Code or call our Operations Department at 510.668.6500. Any program updates and future notifications will be posted on the Main Cleaning webpage.



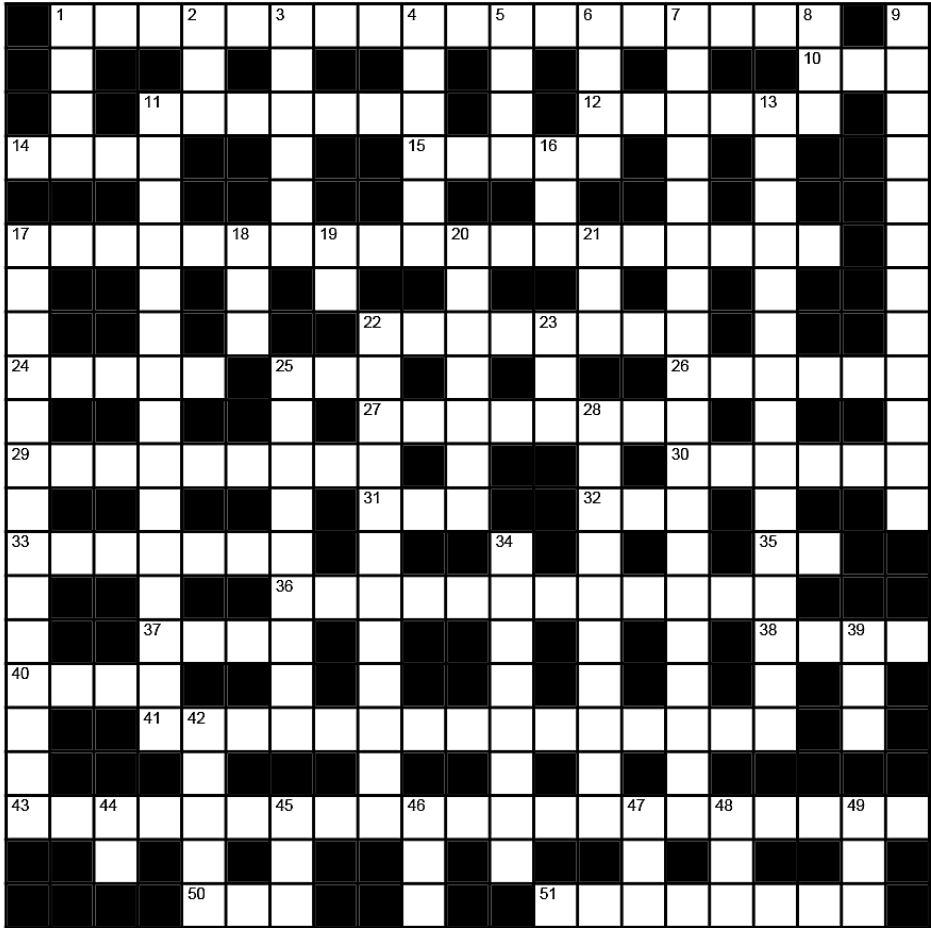
Proud to provide a reliable supply of high quality water at a reasonable price to Fremont, Newark and Union City





# Mind Twisters

## Crossword Puzzle



- Across

1

Bus? (10,8)

10

News initials (3)

11

Listlessness (7)

12

Boy band from Puerto Rico (6)

14

Information unit (4)

15

Inscribed pillar (5)

17

Second grade homework (14,5)

22

Designed in 3-D (8)

24

Bust weights (5)

25

Anguish (3)

26

1963 AL MVP Howard (6)

27

Joined securely (8)

29

Chinese side dish (5,4)

30

Adjective used as a person, place, or thing (6)

31

College degree (3)

32

Always, in verse (3)

33

Add to (7)

35

\*Part of Georgianamed for a relative of baseball legend Ty (2)

36

Four Corners nickname (7,5)

37

Hawaiian fish (4)
- 38

"Cheers" regular (4)
- 40

At one time, at one time (4)
- 41

Outhouse? (4,3,3,5)
- 43

Very low consulting fee? (1,5,3,4,8)
- 50

Last word of "America, the Beautiful" (3)
- 51

Shredded (6,2)
- Down
- 1

Hideous (4)
- 2

Certain investment, for short (3)
- 3

Sanford of "The Jeffersons" (6)
- 4

Discharged matter (6)
- 5

Bête noire (4)
- 6

Basic igneous rock (4)
- 7

\*Animal that gives birth to identical quadruplets (4-6,9)
- 8

\_\_\_ jure (in one's own right) (3)
- 9

Bright side, or what each of the three starred entries starts with (6,6)
- 11

Be delicious (4,2,4,5)

13

Cash (7-3-5)

16

Card game with forfeits (3)

17

Antacid preparation (4,2,8)

18

Darling (3)

19

That thing (2)

20

Bone directly attached to the sternum (4,3)

21

"Mario vs. Donkey Kong" developer based in Redmond, Washington (3)

22

Unit of academic credit (8,4)

23

Longtime Mex. ruling party (3)

25

Hospital gown go-with (9)

28

Collegiate headgear (7,3)

34

How this answer is situated (8)

39

50 Cent piece (3)

42

Bandleader Skinnay \_\_\_ (5)

44

"Captain \_\_\_" (1986 Michael Jackson role) (2)

45

"Betty La \_\_\_" (3)

46

10th Hebrew letter (3)

47

Bounce (3)

48

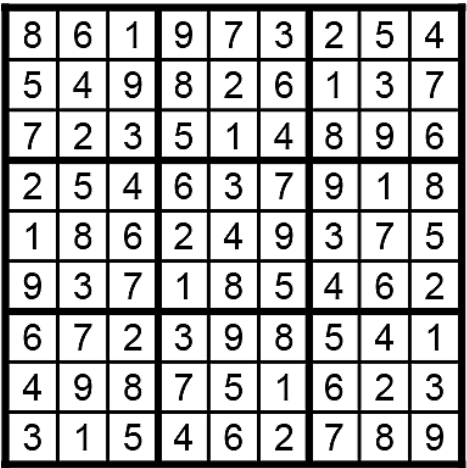
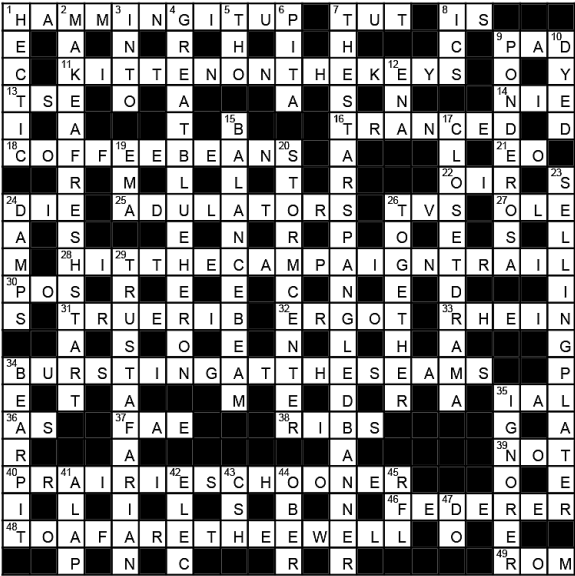
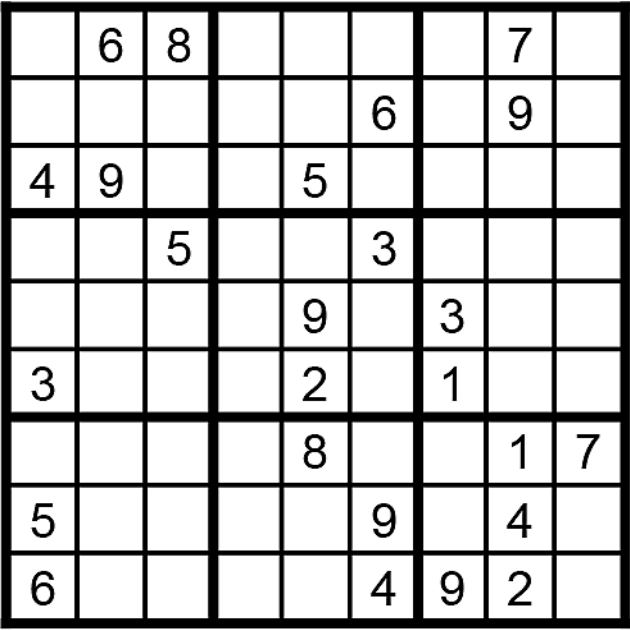
Ending with quiet (3)

49

Male sheep (3)

## Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



## Tri-City Stargazer FOR WEEK: FEBRUARY 13, 2024

All Signs: It's Valentines Day on Wednesday. Last year, Valentine's Day was challenging and I suggested celebrating it later in the week. This year, it might be dicey in the morning, but later, things will get warm and cozy. However, the truth of the matter is that Monday and Tuesday are when the vibes will be the sweetest and most amorous. Later in the week, there will be people who want to take control of everything. Do yourself a favor and avoid them if you can.

### Aries the Ram (March 21-April 20):

This week both Venus and Mars move in to your House of Friendships to join the Sun, Mercury and Pluto. This gathering of planets will boost your desire to schmooze with friends. It will also encourage you to interact with clubs, groups, organizations, conferences and conventions. You'll enjoy hanging out with younger people as well as creative and artistic types. This is an unusual emphasis in one area of your chart, so make the most of it. You will shine with your friends and be a natural leader in any group activity.

### Taurus the Bull (April 21-May 20):

This week is unusual because you have a gaggle of planets at the very top of your chart. It will arouse your ambition as never before! Fortunately, because the Sun is also at the top of your chart, people will make way for you. They will admire you and will not oppose you. Of course, because Mars and Pluto are lined up at the top of your chart as well, you're coming on like gangbusters! This is an unusual influence so while you have this advantage – use it.

### Gemini the Twins (May 21-June 20):

You will have wanderlust this week because five planets will meet in a part of your chart that makes you want to broaden your horizons. If you can't travel, then be a tourist in your own neighborhood. Make an effort to study and learn new things. Meet people from different backgrounds and cultures. Meanwhile, medical

and legal matters might come to a head. You might be challenged, but you will very likely end up with a favorable outcome. This is also a good time to explore opportunities in higher education, publishing and the media.

### Cancer the Crab (June 21-July 21):

This continues to be a popular time for you; nevertheless, this week you can't ignore a strong influence taking place in one of your Money Houses. This Money House (you have two) is the one that deals with the money and wealth you share with others, including debt. This blast of energy will mean you have a strong focus now, and you may run into disputes about debt, insurance, inheritances, and shared property. Despite the possibility of disputes, the presence of other planets indicates that difficulties will likely be settled in your favor.

### Leo the Lion (July 22-August 22):

It's unusual, but this week there are five planets sitting opposite your sign, which means they are in your House of Partnerships and Marriage. Obviously, your focus on close friends and partners will be strong! Because Mars is lined up with Pluto, these dynamics will be powerful. You might attract someone to you who wants to take charge. Fortunately, Mercury, Venus and the Sun will soften things, and encourage compromise and compatibility. Meanwhile, you're a romantic; so hopefully, you'll enjoy Valentine's Day. If you're on your own—treat yourself! You deserve it.

### Virgo the Virgin (August 23-September 22):

It pleases you if you can be useful and productive. You like to relax as much as anyone else; but you have high standards for yourself. You like to get them done efficiently so you can feel proud of your efforts. This week you'll have no trouble doing that because five planets have gathered in your House of Employment, which will activate your desire to be as productive as possible. You might be a bit bossy; nevertheless, people will help you. Discussions about work, health issues, and even your pet, will take place.

### Libra the Scales (September 23-October 22):

It's play city for your sign this week! Lucky Librans might be too busy to read this column because they're off on an exciting vacation. In any case, you will enjoy romantic outings. The arts and entertainment world will appeal. Sports events and fun activities with kids will also be great choices. This is an excellent time for romance, especially at the beginning of the week. New romance might blossom, and existing relationships will be cozy and supportive. This is also a strong week to work in the arts or on creative projects.

### Scorpio the Scorpion (October 23-November 21):

Without question, this week is all about home, family and your private life. Family discussions will definitely take place, in part because you are making improvements to where you live. Increased activity and chaos on the

home front will require your attention. Expect a few intense discussions with family members, as each party wants their own way. Nevertheless, your wishes will likely prevail because you're holding all the cards. And let's face it – you're a Scorpio.

### Sagittarius the Archer (November 22-December 21):

This is an energetic week for you – just the way you like it. Get out and travel if you can. You will certainly love some short trips. Conversations with relatives and neighbors will delight. Your ability to communicate will be excellent, which is good news for those of you who write, act, teach or sell. This same strong astrological influence will help you learn, which is why this is the perfect time to study something. This makes sense because this year you can truly improve your job or your health.

### Capricorn the Goat (December 22-January 19):

You like status and respect; sometimes money can help to create this. (Not always.) This will encourage you this week when five planets are sitting in your Money House of earnings and personal wealth. Trust your moneymaking ideas. Be open to opportunities that come your way, and proactive about going after them. Possibly, this strong emphasis on money and cash flow means you're spending big and making ambitious purchases.

### Aquarius the Water Bearer (January 20-February 18):

This week there are five planets in your sign: the Sun, Mercury, Venus, Mars and Pluto. (Astrologers call the Sun a planet.)

To put it mildly, this certainly means it's all about you. The Sun, Mars and Pluto will make you energized, dynamic, and focused. Mercury will encourage you to be talkative, convincing and persuasive; fair Venus will make you charming and diplomatic. An amazing combination that favors you in a most unusual way. Therefore, if there's something that you want to achieve – go after it!

### Pisces the Fish (February 19-March 20):

In some ways, the world is stealing your thunder right now because a strong handful of planets is actually hidden in your chart. On one hand, this certainly means that whatever work you do behind the scenes might have enormous consequences of which many will not be aware. You might make amazing deals “behind closed doors.” Naturally, this means if you have to do something “hidden” or yet to be announced – then you have the advantage! More likely, this means you might be indulging in love affairs and secret trysts.



By Georgia Nicols  
www.georgianicols.com.



# Kia Sportage Plug-in Hybrid: Checking All the Boxes



By Michael Coates

When you're looking for a new car, if you're like me, your mind immediately goes to an extreme use case. For many that means a vehicle that can multitask. It should be efficient around town, reliable, affordable, and maybe able to handle a road trip with multiple adults (there's your extreme case).

This month's test car fills the bill—the Kia Sportage PHEV (for plug-in hybrid, more on that later). It's a five-passenger compact SUV that checked every box on the list, including an extended road test of more than 800 miles.

### Efficiency

The PHEV nomenclature has been back in the headlines recently as some automakers rethink their electrification paths. The plug-in hybrid sits with one foot in the all-electric world and one foot in traditional internal combustion engines. In the Sportage's case, that meant 34 miles of all-electric range on a full charge and an average of 35 mpg on the road when the battery is depleted.

With a 240-kW home charger, available through Kia dealers and multiple other locations, you could use that 34-mile range to handle most electric drives. It should take only two hours to fully charge the Sportage's battery. In an "extreme case," like the one I put the Sportage through, I fell a little short of the promised 35 mpg average, but attribute that to some high-speed highway driving traversing the state. It was still an economical ride.

The efficiency for the non-electric side of the Sportage comes from its 1.6-liter turbocharged 4-cylinder engine, which was paired with a 6-speed automatic transmission. With the addition of an electric motor, the package produced a combined 261 horsepower, more than enough to get the car up to freeway speeds safely and execute critical passing maneuvers.

### Reliability

For reliability measurement, I'll defer to the trusted independent, non-profit authority, *Consumer Reports Magazine*. They survey vehicle owners to get the real story on

vehicle's durability. The Kia Sportage PHEV was called out as one of the top of all compact SUVs in reliability. The car also has a 100,000-mile warranty, one of the best in the business.

### Affordability

Whenever you're talking affordability, SUVs tend to make the conversation difficult with their elevated price points. Add in the electrification element (PHEV again), and the dialogue reaches an even higher level. Our top-of-the-line Sportage X-Line Prestige AWD didn't have any options because it had hoovered up virtually all of the accessories Kia offers. Even with that, the final price with the freight and handling charge was \$44,285, not outrageous in the current SUV market.

The Sportage lineup is extensive, though, with other PHEV models that start about \$5,000 less (\$39,500), hybrids for \$10,000 less than that (\$28,590) and gas-only models starting at \$27,190. With the Sportage PHEV, the potential of running on your home's electricity for most of your local miles presents a real value proposition, while also giving

you the extended range from its gas engine.

### The Road Trip

What really sold me on the Sportage was taking it on that 843-mile trip. Handling on a variety of road surfaces was excellent. We had three adults in the car for a good portion of the trip and received no complaints about rear seat legroom or luggage space (Kia says is best in class in both).

The panoramic sunroof let us take in more of the scenery on our drive, while the Harmon Kardon premium audio unit made sure we were entertained.

The Sportage also has a full safety suite of technology from the Kia/Hyundai corporate bin, from lane-keeping to collision avoidance to rear cross-traffic warning. The so-called "safe exit warning" is a great feature that alerts you to oncoming traffic before you fully open your door.

The whole package checks all my boxes, including that "extreme case." The Kia Sportage PHEV does it with style and a fun package.

## Auto Review



Michael Coates is an experienced automotive writer, who is also editor and publisher of the Clean Fleet Report online magazine ([www.cleanfleetreport.com](http://www.cleanfleetreport.com)) that focuses on advanced automotive technology. He lives in the Bay Area with his wife.

[kmcoates@gmail.com](mailto:kmcoates@gmail.com)  
408-399-9081 (office)

# Abode Housing Development Held Grand Opening for Senior Housing

SUBMITTED BY  
CHRIS DE BENEDETTI,  
ADOBE PUBLIC INFORMATION  
OFFICER

Abode Housing Development was excited to join community partners and local stakeholders recently to celebrate the grand opening of Doug Ford Community Apartments — a new permanent supportive housing development for seniors.

Louis Chicoine, CEO of Abode Housing Development and Abode Property Management served as emcee of the ceremony at the housing site at 41191 Fremont Boulevard.

Doug Ford Community Apartments provides 90 new units of permanent supportive housing on a 1.4-acre property in Fremont's Irvington District. The housing community is available to people age 55 or older who are very low income and/or have experienced homelessness. The development has 81 one-bedroom units, and 9 two-bedroom homes. Residents' amenities include a community room, activity room, tenant storage rooms, locked bicycle storage, large outdoor courtyard, and a covered rideshare waiting area. Laundry facilities are available on each floor. Abode Services, one of Abode's family of agencies, provides on-site services.

Doug Ford is a longtime advocate for supportive housing who channeled his expertise and passion for fighting poverty to craft a lauded, enduring career dedicated to helping those in need. His many contributions have included serving as Abode Services board president, and as a board member for its maximum number of terms. Ford also joined Chicoine in co-founding the organization now known as Abode Housing Development, the area's first anti-poverty housing developer and an agency that developed the housing site named after Ford.

"We are very excited to open this housing development because a home is the best solution for homelessness," Chicoine said. "We also are celebrating Doug Ford, a longtime friend and dedicated partner in our mission to end homelessness and make our communities stronger."

Abode Housing Development has partnered on this site with the City of Fremont, Alameda County Housing and Community Development, Alameda County Health Care Services Agency, California Tax Credit Allocation Committee, Community Vision Capital and Consulting, California Department of Housing and Community Development, Enterprise, and Chase.



Grand Opening for Senior Housing in Fremont

### About Abode

Established in 1989, Abode's mission is to end homelessness. Abode's family of agencies now include Abode Services, Abode Property Management, and Abode Housing Development. Those entities work together in Alameda, Santa Clara, San Francisco, San Mateo, Santa Cruz, Napa, and Solano counties,

combining housing and services to assist homeless families and individuals in establishing stability and independence. Abode has provided homes to 10,243 adults and children since 2020. Last year, Abode assisted 15,050 people and ensured that on any given night 6,807 people slept in a home rather than on the street. To learn more, visit [www.abode.org](http://www.abode.org).

# Nonprofit Champions Summit: Unite & Uplift!

SUBMITTED BY  
TRI-CITY NONPROFIT  
COALITION FOUNDERS  
KATHY KIMBERLIN,  
LISA STAMBAUGH AND  
TINA FERNANDEZ-STECKLER

Thank you to all who joined the Tri-City Nonprofit Coalition's inaugural Nonprofit Champions Summit on February 1 at the Centerville Depot Café.

We were inspired by this gathering of over 30 passionate individuals from various nonprofit organizations in a casual and friendly atmosphere. The opportunity to connect,

share experiences, and discuss ways to uplift our communities and causes was enjoyed by all.

Our engaging panel discussion featured Lucy Hernandez of Bay Area Community Health, Lance Nishihira of Daily Bowl, and Muirgheal Forro of HERS Breast Cancer Foundation speaking on community engagement, technology, and social media, respectively.

We plan to hold a summit each new year to energize and inspire us for the upcoming year.

Based on the positive feedback, we are moving to more in-person events, combining presentations

with networking and further engagement between all of our organizations. Our next in-person event will be in April, with a presentation about leveraging social media to develop strategic content to amplify your vision,

increase your reach, and engage with your community. Keep an eye on our website and social media for details.

Sign up for our mailing list via the website [www.tcnpc.org](http://www.tcnpc.org) and follow us on Facebook at

<https://www.facebook.com/tcn-nonprofitcoalition/>

Special thanks to our event sponsors, the Depot Cafe and Tri-City Veterinary Hospital, and our event photographer, Scott Capen!





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SINCE 1898

# Living Well

MASONIC HOMES OF CALIFORNIA MASONICHOME.ORG • FEB. 2024

## THE INS AND OUTS OF ASSISTED LIVING

Getting to know the different levels of senior care

IF YOUR LOVED ONE needs help with certain day-to-day activities, assisted living may be right for them. But how do you know if it's time to switch from in-home care to an assisted living community? Here are some helpful pointers.

### WHAT IS ASSISTED LIVING?

**Assisted living** is for older adults who need help with certain day-to-day tasks (known as "activities of daily living"), but who can still manage some activities on their own. This level of care is provided in a residential setting, which offers senior-friendly housing and peace of mind knowing someone's there to help if needed. Here, residents receive more support than they would in a senior independent living community, but less than they would in a skilled nursing facility. For example, assisted living communities usually offer:

- Caregivers on staff to help with things like dressing, bathing, medication, and getting around.
- Access to 24/7 on-site nursing services.
- Transportation to medical appointments.

To see if this level of care could be right for your loved one, talk to their doctor or a geriatric specialist.

### CAN MY LOVED ONE RECEIVE ASSISTED LIVING AT HOME, OR DO THEY NEED TO BE IN A FACILITY?

Typically, assisted living is provided in a residential facility, where seniors live in their own rooms or apartments. In addition to 24/7 security and nursing services, these



facilities usually offer a range of **convenient services**. That can include:

- Meals
- Housekeeping, maintenance, and linen service
- Transportation arrangements
- Recreational and spiritual activities
- Exercise and wellness programs

For many residents, these communities also provide a sense of social connection, an important aspect of healthy aging.

### WHAT ARE THE COSTS, AND HOW DO THEY COMPARE TO IN-HOME CARE?

In a 2021 survey, the median cost of assisted living was about \$4,500 per month. For seniors who need round-the-clock supervision and care, that's usually less than the cost of 24/7 in-home care. Costs can

vary widely based on location, amenities, your loved one's needs, and whether they're eligible for Medicaid.

### DO SOME FACILITIES OFFER BOTH ASSISTED LIVING AND MEMORY CARE?

Yes. Some communities also offer memory care. So if you or your loved one needs support for Alzheimer's or another form of dementia, make inquiring about memory care one of your first questions. **The Pavilion at the Masonic Homes** provides specialized assisted living and memory care to help residents live life to the fullest, at every stage of life. ♦

Learn more about  
the Masonic Homes of California  
at [masonichome.org](https://masonichome.org).

## WHERE YOU LIVE MATTERS



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FREE

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Masonic Homes  
of California

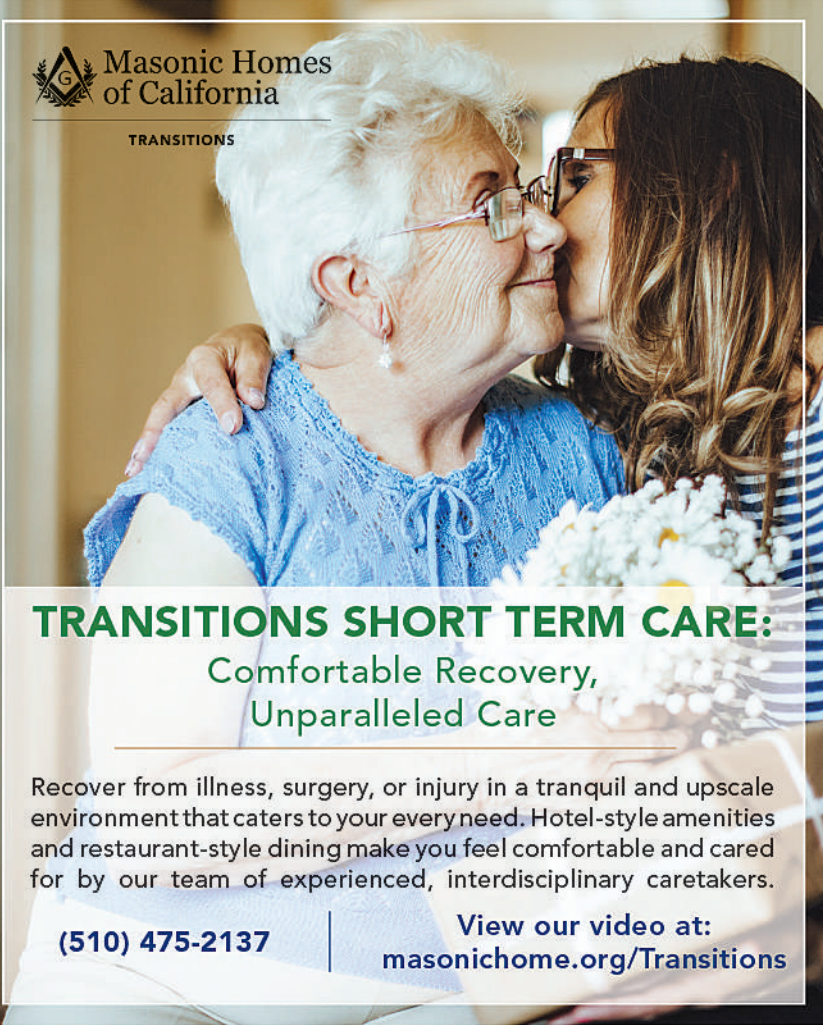
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(Near Soto & Jackson)  
*Connecting rescued animals  
with loving homes!*



Mellow is a 5 year old pit bull mix. Mellow sounds exactly like his name...he’s Mellow! If you looking for a couch potato, Mellow is your dog. If you looking for a companion to be with all the time, Mellow is the right choice! To meet or adopt Mellow, contact Hayward animals shelter at 510-293-7200.



Dallas is a 2 year German Shepherd. Dallas is a root in tootin cowboy or a dog. He loves to play, he loves to walk, and he would love to be with you in your home. To meet or adopt Dallas please contact Hayward Animals shelter at 510-293-7200.

\$ = Entrance or Activity Fee  
R= Reservations Required  
Schedules are subject to change.  
Call to confirm activities shown in these listings.

CONTINUING  
EVENTS

Tuesdays

**East Bay Games Meet**  
6:00 pm - 10:00 pm  
German/Euro style board games and card games.  
Swiss Park  
5911 Mowry Ave., Newark  
(510) 936-2523  
[meetup.com/east-bay-games](http://meetup.com/east-bay-games)  
[sfdavidkaye@yahoo.com](mailto:sfdavidkaye@yahoo.com)

Tuesdays, January 23 -  
May 28

**LEGO® Time**  
3:00 pm - 4:30 pm  
Use your imagination and engineering skills to create your own LEGO® designs.  
Centerville library  
3801 Nicolet Ave., Fremont  
(510) 795-2629  
Drop-in. For everyone.

Tuesdays, January 23 -  
March 26

**Music and Storytime**  
11:30 am - 12:00 pm  
Join us for stories, music, and movement.  
Cherryland Community Center  
278 Hampton Road, Hayward  
(510) 626-8522  
For babies, toddlers, kids, and preschoolers.

Tuesdays, January 23 -  
March 26

**Comfort & Joy Ukulele R**  
1:30 pm - 3:00 pm  
A group of ukulele players practice familiar songs as well as learning new songs.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606

Tuesdays, January 23 -  
March 26

**East Indian Seniors R**  
2:00 pm - 4:00 pm  
Anyone who is retired and of Indian origin or interested in Indian culture is welcome to join us.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606  
Second and Fourth Tuesdays of the month

Wednesdays, January 10 -  
March 27

**Folk Dancing Social R**  
9:00 am - 10:30 am  
Join together in the spirit of dancing and savor music from all over the world.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606

Wednesdays, January 10 -  
March 13

**Book Club AWC R**  
10:00 am - 12:00 pm  
The book club meets for stimulating discussions.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606  
Second and fourth Wednesdays of the month

Thursdays, January 4 -  
March 28

**International Folk Dancing R\$**  
11:15 pm - 1:00 pm  
Celebrate the cultural roots and traditional life of various countries.  
Age Well Center at South Fremont  
47111 Mission Falls Ct., Fremont  
(510) 742-7529  
In English and Chinese.

Thursdays, January 4 -  
March 28

**Bocce Ball Class R**  
11:00 am - 12:00 pm  
Learn how to play Bocce Ball.  
Age Well Center at South Fremont  
47111 Mission Falls Ct., Fremont  
(510) 742-7529  
Rain will cancel class.

Arts & Entertainment

Thursdays, January 11 -  
March 28

**Chinese Calligraphy Social R**  
2:00 pm - 4:00 pm  
Bring your own supplies and socialize and have fun while doing calligraphy.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606  
There is no teaching on site.

Thursdays, January 11 -  
March 28

**Chinese Music Ensemble R**  
1:00 pm - 3:30 pm  
Open to all who are interested in performing traditional Chinese music.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606

Thursdays, January 18 -  
February 22

**Family Board Game Night**  
3:30 pm - 5:30 pm  
Play together with family and friends, or make some new friends at the library.  
Centerville library  
3801 Nicolet Ave., Fremont  
(510) 795-2629  
Board games will be provided.

Thursdays and Saturdays

**Story Time**  
10:30 am - 11:00 am  
Picture book story time  
Banter Bookshop  
3768 Capitol Ave. Ste. F, Fremont  
(510) 565-1004  
[bit.ly/3VFpbzc](http://bit.ly/3VFpbzc)

Fridays, December 29 -  
May 10

**Go: The Game R**  
3:30 pm - 5:30 pm  
Go is an ancient game of strategy. To learn the game or to play it.  
Union City Library  
34007 Alvarado-Niles Rd., Union City  
(510) 745-1464  
All ages and levels

Thursday, January 25 –  
Saturday, March 16

**Children's Book Illustrator show & API Exhibition**  
11 a.m. – 4 p.m.  
Sun Gallery  
1015 E. St., Hayward  
(510) 581-4050  
<http://sungallery.org/>

Friday – Saturday, through  
April 27

**‘Birds! Birds! Birds!’ exhibition**  
11 a.m. - 3 p.m.  
Exhibit celebrates beauty and diversity of birdlife  
Hayward Shoreline Interpretive Center  
4901 Breakwater Ave., Hayward  
(510) 670-7270  
[haywardrec.org](http://haywardrec.org)

Fridays, January 12 -  
March 29

**African Dance and Culture R\$**  
11:00 am - 12:00 pm  
Experience the joy and vitality of African Dance!  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606

Fridays and Saturdays

**Free Telescope Viewings**  
7:30 pm - 10:30 pm  
Join Chabot astronomers on the Observatory Deck for a free telescope viewing!  
Chabot Space and Science Center  
10000 Skyline Blvd., Oakland  
(510) 336-7300  
[chabotspace.org/calendar](http://chabotspace.org/calendar)  
Weather permitting.

Saturdays

**Laugh Track City R\$**  
8:00 pm  
Series of improvised games and scenes  
Made Up Theatre  
4000 Bay St. suite B., Fremont  
(510) 573-3633  
[madeuptheatre.com](http://madeuptheatre.com)

Saturdays

**Free Beginner Pickleball Lesson**  
12:00 pm - 2:00 pm  
Free pickleball lesson taught by a USPA professional.  
Hall Memorial Park  
304 La Honda Dr, Milpitas  
(408) 586-3210  
Drop-in. Weather permitting.

Saturdays, January 13 -  
March 30

**History Museum Visit \$**  
1:00 pm - 4:00 pm  
Visit the various halls that highlight the fossils of the San Francisco Bay area.  
Children's Natural History Museum  
4074 Eggers Dr., Fremont  
(510) 790-6284  
Self-guided tour

Saturdays

**Teen Cohort for Outdoor Education R\$**  
10 a.m. – 4 p.m.  
We can explore local parks and learn about nature, environmental stewardship, and careers in recreation  
Ashland Community Center  
1530 167th Avenue, San Leandro  
Noel Munivez (510) 317-2303  
[munnn@HaywardRec.org](mailto:munnn@HaywardRec.org)

Sundays

**Weekly meditation Session R**  
8:30 am - 9:30 am  
Explore the effortless way to ultimate bliss.  
India Community Center  
525 Los Coches St., Milpitas  
(408) 934-1130  
[samarpanmeditationusa.org](http://samarpanmeditationusa.org)  
[info@indiacc.org](mailto:info@indiacc.org), [info@samarpan-meditationusa.org](mailto:info@samarpan-meditationusa.org)

Sundays, January 7 -  
February 25

**ICC Chess Classes R\$**  
12:00 pm - 2:00 pm  
Kids will learn the fundamentals of chess.  
The India Community Center - Table Tennis Center  
1507 N. Milpitas Blvd., Milpitas  
(408) 945-9556  
Age 5+.

Sundays - Saturdays

**Recreational Swim \$**  
12:30 pm - 5:00 pm  
Attractions may vary.  
Silliman Activity and Family Aquatic Center  
6800 Mowry Ave., Newark  
(510) 578-4620  
[bit.ly/3nxo0is](http://bit.ly/3nxo0is)

Sundays, February 18 –  
April 14

**Inspire Art Exhibit at Dove Gallery**  
12 noon – 3 p.m.  
Dove Gallery  
Park Victoria Church  
875 S. Park Victoria Dr., Milpitas  
[Dove@ParkVictoria.org](mailto:Dove@ParkVictoria.org)

Mondays - Fridays,  
January 16 - March 7

**"Something Minimal" Art Exhibition**  
9:00 am - 5:00 pm  
HAC member exhibition.  
John O' Lague Galleria  
777 B Street, Hayward  
Located within Hayward City Hall.

Mondays and Thursdays

**Food Garden Volunteer**  
9:00 am - 12:00 pm  
Learning from experienced gardeners.  
LEAF CR Stone Garden  
55 Mowry Ave., Fremont  
[volunteer@fremontleaf.org](mailto:volunteer@fremontleaf.org)  
Volunteer agreement form is required.



## UPCOMING EVENTS

### Thursday, February 1- February 29

**We Are Unstoppable**  
12 noon - 6:00 pm  
Showcase the great achievements of African-Americans, past and present. Black History Museum & Learning Center  
890 Jefferson Ave., Redwood City (650) 921-4191  
www.hoskinsblackhistorymuseum.org

### Monday, February 5 – February 26

**Movies at the Morrisson**  
7 p.m.  
Douglas Morrison Theatre  
22311 North 3rd St., Hayward (510) 881-6700  
https://douglasmorrissontheatre.thundertix.com/  
Cost: \$10

### Wednesday, February 14 Valentine's Day Celebration

12 p.m. - Special Lunch  
12:30 p.m. - Singing Performance by Jimmy Shao  
Enjoy a special meal and a dynamic performance by Jimmy Shao. Please dress in red and white to commemorate the sweetest day of the year. Age Well Center at Lake Elizabeth  
40086 Paseo Padre Parkway, Fremont (510) 790-6600

### Wednesday, February 14 An Evening of Romance: The Billie Holiday Project

7:30 pm  
Spend the evening listening to the timeless music of Billie Holiday  
Douglas Morrisson Theatre  
22311 N. Third St., Hayward (510) 881-6700

### Thursday, February 15 Cover to Cover Book Discussion Group

1:00 pm – 3:00 pm  
Do you enjoy reading across genres? Like sharing your thoughts on the book? Enjoy hearing others' perspectives? Informal and lively discussion.  
Newark Library  
37055 Newark Blvd., Newark (510) 284-0675

### Thursday, February 15 The Tales of Tenali Rama

4:30 pm - 5:30 pm  
Sujatha Balakrishnan from Bangalore Little Theatre present “The Tales of Tenail Rama” for elementary children and their parents or guardians  
Fremont Main Library  
2400 Stevenson Blvd., Fremont (510) 745-1400

### Thursday, February 15 Identity: An Artistic Celebration of Self & Diversity

3:00 pm – 6:00 pm  
MEGA & BASU present an art show celebrating the diverse identities of Mt. Eden's students and staff. Work on display through March 6th.  
Mt. Eden Gallery  
Room L4

2300 Panama St., Hayward  
(510) 723-3180

### Friday, February 16 – Sunday, February 18 Tet Festival

Fri: 3 p.m. – 11 p.m.  
Sat & Sun: 11 a.m. – 11 p.m.  
Eastridge Mall, San Jose  
(408) 646-9211  
ustarproductions2012@gmail.com  
www.eventbrite.com  
Admission and parking: Free

### Friday, February 16 Jewelry Making

4:00 pm -5:00pm  
Join us to design and create a pair of earrings! All supplies will be provided.  
Irvington Library  
41825 Greenpark Dr., Fremont (510) 795-2631

### Friday, February 16 AWC Crab Feed Dinner - Dine-in/Four/Two /One Pack \$R

5:00 pm - 8:00 pm  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont (510) 790-6606  
bit.ly/awclecf2024  
njordan@fremont.gov

### Saturday, February 17 The Art of Hip Hop

3 p.m. – 9 p.m.  
Works from local artists across a variety of media, featuring elements of Hip Hop culture  
Studio 11  
34626 11 St., Union City (510) 675-5445  
www.unioncity.org/589/Arts-Culture-Studio-11

### Saturday, February 17 Read to a Dog

11:00 am – 12:00 pm  
Read to Bentley the trained therapy dog. Bring your favorite book to read to Bentley, or choose one at the library the day of.  
Centerville Library  
3801 Nicolet Ave., Fremont 510-795-2629

### Saturday, February 17 Hello from Japan!

New Multimedia Exhibition Presents Contemporary and Ancient Traditions. Experience present-day Tokyo and explore ancient and contemporary traditions of Japanese culture.  
Children's Discovery Museum of San Jose  
180 Woz Way, San Jose  
www.cdm.org

### Saturday, February 17 Chinese Zodiac Crafts

Learn the story of the Chinese zodiac and what each animal symbolizes, then join us for a fun craft to take home.  
Ardenwood Farms  
34600 Ardenwood Blvd., Fremont (510) 544-2797

### Sunday, February 18 Inspire Art Exhibit Grand Opening

12 noon – 3 p.m.  
Creative works by numerous artists portray topics of personal inspiration  
Dove Gallery  
Park Victoria Church  
875 S. Park Victoria Dr., Milpitas  
Dove@ParkVictoria.org

### Sunday, February 18 Who We Are: A Chronicle of Racism in America Screening

2 pm - 4 pm  
The documentary draws a stark timeline of anti-black racism in the United States  
No advance registration required.  
Castro Valley Library  
3600 Norbridge Ave., Castro Valley  
www.aclibrary.org  
(510) 667-7900

### Monday, Feb 19 and Tuesday, Feb 20

**Auditions for Chanticleers’ Just My Type**  
7 p.m. - 10 p.m.  
Callbacks: Feb 22  
Rehearsals Begin Mar 12  
Performances: May 3 - 26, (Fri, Sat, Sun)  
Chanticleers Theater  
3683 Quail Ave., Castro Valley (510) 733-5483  
https://chanticleers.org/

### Tuesday, February 20 Smart Social Security Planning for a Secure Financial Future

6:00 pm to 7:00 pm  
Optimizing your Social Security benefits with a seasoned Registered Social Security Analyst.  
Fremont Main Library  
Fukaya Room A  
2400 Stevenson Blvd., Fremont (510) 936-1318  
Registration Link: [tiny.cc/RSSA-registration022024](https://tiny.cc/RSSA-registration022024)

### Saturday, February 24 African Americans in the Arts

10:30 a.m.  
Downtown Hayward Library  
888 C St., Hayward  
(510) 581-0223  
www.haywardareahistory.org

### Saturday, February 24 The Art of Neighboring forum

1 p.m. – 4 p.m.  
Us Together Center  
3755 Washington Blvd., Fremont (530) 478-1970  
www.cohousing-solutions.com/artofneighboring

### Saturday, March 2 Beyond Thoughts and Prayers: Responding to Gun Violence

10:00 a.m. - 11:30 a.m.  
Niles Discovery Church  
36600 Niles Blvd., Fremont  
https://lwvfnucmembership.clubexpress.com/  
Open to the Public and Free of Charge

### Wednesday, March 6 Coffee with a Cop

11 a.m. - 12 noon  
Starbucks Coffee  
3950 Mowry Ave, Fremont

numbers show there was a spike in help with utilities in Alameda County. This coincides with bill increases throughout California. A recent LA Times article spotlighted how 211’s data helps pinpoint community needs. There are continued efforts by various groups, including the 211 CA Network and United Way Worldwide, that are trying to get policymakers and others to appreciate, invest in, and leverage our rich data to better serve communities in need.

Established in 2000 by the Federal Communications Commission as the three-digit number to reach information and referral services for health, human, and social organizations, 211 has become a resource for help and hope in communities across North America. Last year, the 211 network received 18 million requests and made a total of 19 million referrals for local services.

*For more information about 211 Alameda County, visit 211AlamedaCounty.org.*

## Recognizing the Vital Alameda County Community Hotline 211

SUBMITTED BY  
BRIDGET SCHULTZ

February 11th (2/11) was 211 Day – an annual observance celebrating the go-to, 24/7 three-digit (2-1-1) phone resource that helps millions of people in the U.S. and Canada – including those in Alameda County – be connected to information about local resources and services.

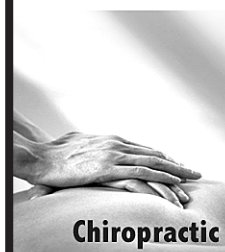
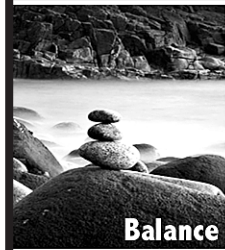
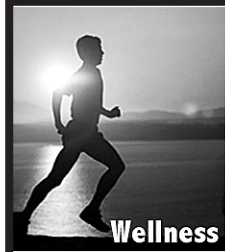
211 is a vital resource leveraged by tens of thousands of Alameda County residents who need assistance with disaster, food, health care, mental health, insurance, stable housing, utility payments, veteran services, childcare, transportation, and other related needs.

“211 helps people, improves lives, and strengthens

communities,” said Alison DeJung, Executive Director of 211 Alameda County. “During 211 Day, we celebrate this service that has helped so many Alameda County community members, including people like Keisha, who found help with her utilities and rent that started with a phone call to 211. That is just one of the many call examples that our team of Community Resource Specialists help with every day.”

Last fiscal year, in Alameda County, 211 responded to 69,660 calls and texts and provided 113,161 referrals to services in the community that people can access as help for immediate or long-term challenges.

Of the data collected from 2023, compared to 2022,



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**510-792-9000**  
**6170 Thornton Ave., Ste H**  
**Newark**

continued from page 1

## Oakland Zoo provides care for seized marmoset monkey



birdcage, which is not suitable housing for monkeys and their movements or behavior, which likely led to her accidentally injuring herself.

“In all likelihood, this injury is from the animal being housed inappropriately. The bones had healed but were malaligned, which can impact her movement. She appears to be compensating well, but we continue to watch her mobility closely,” says Dr. Ryan Sadler, Senior Veterinarian at Oakland Zoo.

Estrela will remain in the care of the Oakland Zoo and housed in their Veterinary Hospital until she has completed her quarantine period. She will then move to her forever home at the Wildlife Rescue and Rehabilitation in Texas.

Animal care involves many factors beyond just healthcare. Veterinary Hospital Keepers are keeping Estrela occupied with new enrichment items like puzzle feeders and foraging toys and providing her with audio-visual stimulation through music and videos. Estrela is building trust with her keepers and enjoys “grooming time” with them through a barrier.

Oakland Zoo has a history of rescuing animals from the illegal wildlife trade. Most of its residents are rescues, many of which were victims of this multi-billion-dollar industry. For years, animals confiscated by officials at SFO, and the Port of Oakland have been brought to Oakland Zoo for treatment, care, and permanent sanctuary.

“The best intentions of private owners, while understandable, in

no way compensate for the innate needs of the individual animals housed as pets, many of which suffer the effects of chronic stress, malnutrition, and other maladies,” says Darren Minier, Director of Animal Welfare and Research at Oakland Zoo.

Primates are social creatures, and only their fellow-primates can meet their social needs. Estrela was kept alone in a parrot cage, which posed several health risks for her and the humans around her. Oakland Zoo continues to evaluate her for emerging signs of possible behavioral effects of long-term chronic stress.

The popularity of e-commerce and social media has led to a rise in exotic pet ownership. These platforms make it easy to advertise and showcase live animals, putting animal and human health at risk by spreading zoonotic diseases. Illegal wildlife trade is a significant threat to global wildlife, with thousands of species at risk of being traded unlawfully. It is considered the fourth most lucrative transnational crime, after drugs, human trafficking, and arms trafficking.

ARCAS, Oakland Zoo’s partner in Guatemala, is dedicated to rescuing, rehabilitating, and releasing hundreds of illegally trafficked exotic animals yearly.

To learn more about the Zoo’s efforts in Taking Action Against the Illegal Wildlife Pet Trade, visit [oaklandzoo.org/endthetrade](https://oaklandzoo.org/endthetrade). To support Oakland Zoo’s efforts to rescue and rehabilitate animals in need, donate at [oaklandzoo.org/supportanimals](https://oaklandzoo.org/supportanimals).





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## HERS Breast Cancer Foundation's People with Purpose Gala - April 27

**SUBMITTED BY  
HERS BREAST CANCER  
FOUNDATION**

HERS Breast Cancer Foundation is excited to announce its annual spring fundraiser, "People with Purpose," scheduled for Saturday, April 27, 2024, at the stunningly renovated Castlewood Country Club in Pleasanton.

The gala, the nonprofit's 15th, aims to support its vital assistance programs, which provide essential post-surgical products like breast prosthetics, compression garments,

and wigs to low-income, under-insured, and uninsured breast cancer patients. Renowned for their compassionate patient care, the dedicated team at HERS operates from multiple locations including Fremont at Washington Hospital, San Leandro at Kaiser Permanente, and Livermore at CommonPoint Nonprofit Center, ensuring comprehensive support for hundreds of individuals across the Bay Area.

Each year, the gala honors outstanding individuals and organizations for their unwavering commitment to the foundation's mission and patients. The

2024 HERS awards will recognize Michael Powers, the Fremont Police Department & the Fremont Police Association, Gonzalves & Kozachenko, Attorneys at Law, and Haller's Pharmacy.

The evening's festivities kick off at 6 p.m. with a cocktail reception featuring silent auction bidding, a live auction preview, fundraising games, and entertainment. Guests will indulge in a delectable three-course gourmet dinner served with wine. Emceed by Heather Holmes of KTVU Fox 2 news and auction pro Zan Aufderheide, the

event promises an evening of lively entertainment. Live auction highlights include a Las Vegas Raiders Getaway and a one-week Costa Rica vacation.

This year's People with Purpose gala promises to be an unforgettable evening filled with compassion, celebration, and support for those affected by breast cancer.

Individual tickets (\$150) and tables of eight may be purchased at <https://hersbcf.ejoinme.org/2024pwp>. Donations may also be made at the link.

Sponsorship and advertising inquiries may be sent to [info@hersbreastcancerfoundation.org](mailto:info@hersbreastcancerfoundation.org) or call (510) 790-1911 ext. 104.



**MICHAEL POWERS**  
ETIRED HERS STAFF MEMBER

*Hope Award*



**CITY OF FREMONT POLICE DEPARTMENT  
&  
THE FREMONT POLICE ASSOCIATION**

*Empowerment Award*



**GONSALVES & KOZACHENKO,  
ATTORNEYS AT LAW**

*Renewal Award*



**HALLER'S PHARMACY**

*Support Award*

**People with Purpose Gala  
Saturday, Apr 27  
6 p.m.  
Castlewood Country Club  
707 Country Club Cir., Pleasanton  
(510) 790-1911  
<https://hersbreastcancerfoundation.org/>**

## All Girls Scout Troop wins Indoor Rally Competition

**SUBMITTED BY EVE LITTLE**

For the first time in the history of the Indoor Rally, the competition has been won by the all-girl BSA Troop 2273 from Union City. This troop had all of their scouts work hard, and they placed in five of the six categories during the night by winning two first places and three second places amongst 23 troops competing for the title.

This annual competitive championship challenges the BSA troops in the Newark, Fremont and Union City areas on a series of tasks such as first aid, navigation, knot tying and other activities. Twenty-three different troops with over 350 scouts came out to this competition in late January and worked hard at the series of challenges over the three-hour event. One of the favorite events in the evening was the sled pull, which has scouts run together while they pull their scout leaders behind them.

But at the end of the evening, these hardworking young ladies from Troop

2273 earned their time to shine on stage. Union City Mayor, Carol Dutra-Vernaci,

who served as one of the event judges, took the opportunity to meet the championship scouts at the end of the evening and was impressed that they had represented her city so well.

Boy Scouts of America has been around since 1910 and recently allowed girls to join

the non-profit organization in 2018. Since then, girls have risen through the ranks and have achieved so much in the community and in their personal development. For more information about scouting in your area, check out [www.beascout.org](http://www.beascout.org) to find a unit close to you.





# Community Bulletin Board

10 lines/\$10/ 10 Weeks  
\$50/Year

<b>SIMINOFF DAYLIGHT MASONIC LODGE No. 850</b> Meets on 2nd Monday Of Every Month, At 1:30 PM In Siminoff Masonic Center on campus of Masonic Homes of California 34400 Mission Blvd. Union City CA 94587 Secretary, James Leggate 510-493-1296		<b>FREMONT COIN CLUB</b> Established 1971 Meets 2nd Tues in person 7pm Meets 4nd Tues with Zoom 7pm Holy Trinity Lutheran Church 38801 Blacow Rd, Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365		<b>510-494-1999 tricityvoice@aol.com</b>  <b>Shout out to your community</b> Our readers can post information including: <b>Activities</b> <b>Announcements</b> <b>For sale</b> <b>Garage sales</b> <b>Group meetings</b> <b>Lost and found</b> For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting only. Any change will be considered a new posting and incur a new fee. <b>The “NO” List:</b> <ul style="list-style-type: none"><li>• No commercial announcements, services or sales</li><li>• No personal services (escort services, dating services, etc.)</li><li>• No sale items over \$100 value</li><li>• No automobile or real estate sales</li><li>• No animal sales (non-profit humane organization adoptions accepted)</li><li>• No P.O. boxes unless physical address is verified by TCV</li></ul>	
<b>MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION</b> Welcomes YOU! We are a spiritual community of open minds, nurturing growth and healing in ourselves, and all people. Together we strive to live compassionately and courageously as we work to build a nonviolent, just sustainable world. We welcome you and your family to join us on this journey. We meet Sundays at 10 a.m. in Cole Hall, located at 2950 Washington Blvd. in Fremont and online at www.mpuuc.org/Zoom Learn more about us at www.mpuuc.org		A-1 Comm. Housing Svcs. A HUD Approved Agency <b>1st Time Home Buyers Workshop</b> Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227			
<b>Smart Social Security Planning for a Secure Financial Future</b> Optimizing your Social Security benefits with Thien Khuu, a seasoned Registered Social Security Analyst. Comprehend, navigate, and strategically plan for a confident and secure retirement. <b>Tuesday, February 20, 2024</b> <b>6:00 PM to 7:00 PM</b> <b>Fremont Main Library</b> 2400 Stevenson Blvd, Fremont, CA 94538 Fukaya Room A <b>Registration Link: tiny.cc/RSSA-registration022024</b> <b>Or call/text 510-936-1318</b>		<b>Scholarships for Women</b> <b>Fremont PEO/UF sponsors scholarships for women entering college, earning another degree, returning after 2+ years.</b> 2% education loans. <b>www.peocalifornia.org</b> <b>peouf150@gmail.com</b>			
<b>Fremont Stamp Club</b> Meet 2nd Thurs. each month <b>Cultural Arts Center</b> 3375 Country Dr., Fremont Interesting discussions, trade, silent auction fremontstampclub@gmail.com www.fremontstampclub.org Steve (510) 461-3431		<b>Are you troubled by someone else's drinking?</b> Al-Anon and Alateen Family Groups are here to help! Al-Anon has but one purpose, to help families and friends of Alcoholics.  We have in-person and zoom meetings. Visit https://alanond17.weebly.com/ for a full meeting list. You can also email easyduz@gmail.com or call us at 510.276.2270 for more info.			
<b>Memorial Lutheran Chapel for the Deaf (MLCD)</b> MLCD is an independent congregation in partnership with Prince of Peace Lutheran Church and School. <b>Location:</b> Prince of Peace Lutheran Church and School (Meeting in Mosley Chapel) 38451 Fremont Blvd., Fremont, CA <b>Sunday Bible Study:</b> 9:30 a.m. - <b>Sunday Worship:</b> 11:00 a.m. <b>Church Office:</b> 510-499-8473 or 510-516-9566 <b>Email:</b> mlcdeaf@yahoo.com OR gomez.andylorena@sbcglobal.net You can find us at: Memorial Lutheran Chapel for the Deaf-YouTube <b>"Where people gather...to worship, learn and share the love of Jesus"</b>		<b>The Friendship Force of the San Francisco Bay Area</b> Experience a country and its culture with local hosts; meet global visitors. Guests from Canada in 2024 We visit Japan <b>Enjoy our many Bay Area events</b> <b>www.ffi.sfbay.org</b> <b>www.friendshipforce.org</b> <b>Call or text 510-363-0531</b>		<b>EARLY RISERS start your Tuesday with a boost of energy. Join the NEWARK TOASTMASTERS from your home 7 am - 8 am via Zoom.</b> Boost your communication, leadership & personal growth skills. It's FREE to attend as a guest. Info: wmfitts@yahoo.com profricka@gmail.com www.1118.toastmastersclubs.org	
<b>TRI-CITIES WOMEN'S CLUB</b> Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 – Cards & Games 11:30 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch,Rummikub, bocce ball & book club. For more info, call 916-217-3074		<b>ABWA – Pathfinder Chapter American Business Women's Association</b> Provides opportunities for women for leadership, education, & networking. Virtual meetings – 3rd Wednesday of each month. 6:45 pm to 8:30 pm. Call Donna at 510-299-4332 or send email to pathfinderabwa@gmail.com www.abwa-pathfinder.org		<b>THE HISTORIC SHINN HOUSE</b> 1251 Peralta Blvd, Fremont, CA Open for public tours \$4 adults, \$2 Children (7-13) on the: First Wednesday of each month, and Third Sunday of each month from 1 PM to 4 PM. Groups of six or more need to make a reservation Groups of five or less are welcome without a reservation We will enforce current local CDC Guidelines All tours are Docent led and last about one hour. More information and large group reservations call: (510) 795-0891	
<b>Fremont Cribbage Club</b> Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 5PM. at BRONCO BILLY'S PIZZA at 41200 Blacow Road, Fremont We welcome experienced players and will work with new players hoping to learn the game. Email:Accgr43@gmail.com For more information.		<b>LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP!</b> Zoom meeting 4th Saturday of the month (off July & Dec) 2:00-4:00 PM Great speakers! * All genres! * Critique groups available! Email <b>scotttfrombayside@yahoo.com</b> for Zoom link before the meeting. Writers' Salon meets 4th Monday of the month (occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email <b>up.dragonfly.com@gmail.com</b> for Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org		<b>NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES</b> protecting and preserving your benefits <b>Meets at Noon the 4th Friday at Fremont's Age Well Center at Lake Elizabeth</b> Come meet new and old friends, discuss developments regarding your benefits, share your experience and knowledge and get involved. For info: <b>www.NARFE.org or 800-456-8410 (5am-2pm PT M-F) or leave msg for Jeannie at 510-792-6327</b>	
<b>Fremont's Age Well Center and African Dance Class present "Ise Oluwa, a Yoruba Folk Song from West Africa in celebration of Black History Month Friday, February 23 at 1:00pm</b> 40086 Paseo Padre Pkwy, Fremont, Wing A Come and Join us! Experience the joy and vitality of African Dance movement, drums, rhythm, fashion and spirit! FREE. Light refreshments served.		<b>African Americans in the Arts Saturday, February 24 at 10:00 AM   Free</b> Fremont Bank Room, Downtown Hayward Library, 888 C Street, Hayward The Hayward Area Historical Society in partnership with the Hayward Arts Council and the Hayward Public Library are proud to host a panel of black artists who will discuss how their art represents their experiences as African Americans, their thoughts on the preservation of black history, and how art is a form of empowerment. Registration is requested and available at www.haywardareahistory.org		<b>SPRING FLING Craft Fair and Flea Market</b> Saturday, March 16th 9am-3pm American High School Fremont Over 50 vendors! For details go to: ahsboutique.weebly.com	
A-1 Comm. Housing Svcs. A HUD Approved Agency <b>Credit and Money Mgmt. Workshop</b> Presented on Zoom For dates, go to our website Please register at www.a1chs.org call 510.674.9227		<b>FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT,CA</b> We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org See our website to meet us on Zoom		<b>BINGO BINGO BINGO</b> Niles Canyon Mobile Estates 711 Old Canyon Road, Fremont (Niles District) The FIRST MONDAY of Every month in 2023 Doors Open @ 6:00 PM Games Start @ 7:00 PM \$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers	
<b>ROTARY CLUB OF NEWARK CA</b> Meets on Tuesdays from 12:15 PM to 1:30 PM at Doubletree Hotel, 39900 Balentine Dr., Newark, CA 94560 Conference Room 3 The Newark Rotary Club was founded on May 8, 1961 and continues its community and international service work. Members share camaraderie, fun and self-service in helping others throughout the Tri-City area and beyond. We welcome you to join us for a free lunch on us! For more information, email rotarynewarkca@gmail.com		<b>Want to see a collection of vintage buses?</b> Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome. www.pacbus.org		<b>Rewarding volunteer opportunity! Deliver meals to seniors SOS Meals on Wheels</b>  Fremont, Newark, Union City M-F, 10:30am - 12:30 pm 10-15 clients per route  Contact John, 510-244-0165 John@sosmow.org www.sosmow.org	







Lucid USA Inc. has multiple openings in Newark, CA:

**Drive Unit Test&Validation Eng(Job#A1867)** Lead des qual initiatives directing& creating comp&syst DFMEAs. REQ:BS or fgn equiv MechEng, AutoEng or rel fld&3yrs exp in any occp in which exp wdes verf plan& reports gained. \$161K-\$181K;

**Validation Eng, Vehicle Testing(Job#A843)** Test& valid early stage of veh proto& prod ready veh. REQ: MS or fgn equiv EEng, ElecEng or rel fld&2 yrs exp valid eng or embd eng-rel occ.\$127,500-\$143K;

**Eng, Systems Modeling(Job#B1062)** Dev& maint in-house physics-based veh mdl for detailed sim work. REQ:MS AutoEng, MechEng or rel fld&2yrs in any occ where auto syst &/or cntls eng exp gained.\$139700-\$159700;

**Sr SW Support Eng, Telematics(Job#B1644)** Test syst mods to prepare for impl. REQ:MS or fgn equiv CompSci, CompEng, EEng or rel fld&2 yrs exp in any occ where opt SW dev& test activities using scripting lang/tools in auto ind. \$150K-\$165K;

**Eng, Body Structures(Job#C1100)** Create& dev innov BIW cmpnts in alu&/or steel. REQ: MS MechEng or rel fld& 1yr in any occ where BIW/Body struct/Struct exp gained.\$154K-\$165K;

**Sr QA Eng, Infotainment(Job#D1470)** Drive valid of high qual, high perf,& prod ready SW. REQ: MS EEng, CompSci, CompEng or rel fld&2 yrs exp in SW QA.\$147K-\$165K; Mgr, CMF Design(Job#D1567) Des& create funct& appealing car des. REQ:BS or fgn equiv IndDes, Transp, CMF Des, or rel fld& 8yrs prog, post-bacc CMF des exp in auto ind. \$212K-\$232K;

**CAE Eng, Durability(Job#D1762)** Conduct struct durability analysis of diff veh subsist. REQ:MS or fgn equiv MechEng, AutoEng, Aeronautics, Aerospace or rel fld&2yrs exp assessing struct des using FEA& comp-aided eng methods.\$148,500-\$168,500;

**Sr Aerodynamics Eng(Job#G1714)** Analyz& mge aerodynamics test data to characterize& optimize aerodynamics perf of world-class veh. REQ:BS or fgn equiv MechEng, AerodynEng, or rel fld&5 yrs exp in posn offd or in auto eng occ. ALT:AA or fgn equiv in MechEng, AerodynEng, or rel fld&5 yrs exp in posn offd or in auto eng occ.\* Natl& intl trvl req 30%. \$180K-\$198K;

**Sr ADAS Technical Program Mgr, Components(Job#H260)** Dev& maint tech rollout plan for ADAS/AD prod. REQ:BS or fgn equiv Eng, ElecEng, or rel fld&5 yrs tech prog or proj mgmt exp.\$173,683-\$198K;

**Sr Eng, Systems Modeling(Job#J1461)** Create phys syst mdl to solve mech, elect& thermal probs REQ: MS MechEng or rel fld& 2 yrs syst modeling& sim exp.\$160,600-\$180,600;

**CAE Eng, Durability(Job#K1290)** Prfm strength, stiffness, PSD& fatigue anly on chassis, closures& BIW.REQ: MS MechEng, Aeronautics, or rel fld&2 yrs exp in any occ where Mech or Aerospace Eng exp gained.\$144,514-\$164,514

**Sr QA Eng, Infotainment(Job#K1570)**Drive valid of high qual, high perf,& prod-ready SW. REQ:MS AutoSystEng, MechEng, or rel fld& 3yrs exp in job offrd or rel auto SW dev occ.ALT: BS or fgn equiv AutoSystEng, MechEng, or rel fld&5yrs prog post-bacc exp in job offrd or rel auto SW dev occ\* \$175,925-\$195,925;

**Mgr, Plant Modeling& SW Tools(Job#K787)** Lead& own veh lvl Plant Modeling& SW Tools dvmnt proc. REQ:MS AutoEng or rel fld& 3 yrs any occ where plant modeling& sim exp was gained.\$177K-\$198K;

**Sensor Fusion Algorithm Eng(Job#L1450)** Dev 2D/3D object& lane track/fusion. REQ:MS CompEng, Robotics, MechEng or rel fld& 1yr exp in any occp where developing multi-sensor fusion syst for AD/ADAS exp gained. \$147,368-\$167,368;

**Sr Modeling Eng, Efficiency&Performance(Job#M1286)** Create phys syst mdl to solve mech, elect,& thermal probs. REQ:MS or fgn equiv in MechEng or rel fld& 2 yrs work exp any role where syst modeling& sim exp is gained.\$165,550-\$185,550;

**Mgr, SW Eng(Job#M701)** Lead SW eng teams to build best-in-class cabin exp info&entmt systs. REQ: MS or fgn equiv CompSci, ComplInfoSysts, or rel fld& 2yrs exp any occ where Android devel exp was gained. \$206K-\$226K;

**NVH-Vehicle Test Eng(Job#P564)** Prfm acoustic& vib tests on powertrain& veh lvl to access NVH perf. REQ: BS or fgn equiv MechEng, AutoEng or rel fld& 6 mos exp any occ where mech eng exp was gained. \$121K-\$143K;

**Test Eng Model Based Design, Automotive Controls(Job#R1091)** Dev unit tests for SW cmpnts. REQ: MS or fgn equiv MechEng or related field& 1yr as a test eng or any occ w/ test exp. \$137,816-\$157,816;

**Technical Specialist, Adv Motor Technology(Job#S073)** Analyz 2D/3D electromag motor using ANSYS& in-house dev tools to enable elec motor to convert elec energy into mech energy. REQ:MS or fgn equiv EEng, or rel fld& 36 mos exp in elec eng-rel occ.\$211,600-\$231,600;

**Test Eng, Battery SW(Job#S1079)** Create& exec test plan for mission& safety-critical feats. REQ:MS AutoEng, or rel fld& 6 mos as a test eng w/ auto embd SW ver exp.\$159,500-\$179,500;

**Sr SW Eng(Job#S1599)** Dev SW feats to enhance user exp. REQ:MS SWEng, CompSci, or rel fld& 3yrs as a SW Eng or any occ where systs exp was gained.\$160,023-\$180,023;

**Sr Tech Specialist, Simulation Eng ADAS/AD(Job#S450)** Dev reliable& scalable sim tools& frmwks. REQ:BS CompSci, Eng, or a rel fld& 5yrs post-bacc prog auto eng exp. \$252,525-\$272,525;

**Process Eng, Powertrain(Job#V1488)** Dev& impl Powertrain proc qual ctrl plans. REQ:MS MechEng, or rel fld& 3 yrs as a Proc Eng or any occ where powertrain or mfg eng exp was gained. Dom& intl trvl up to 25%.\$136K-\$165K;

**Sr Test Eng, HiL Motor Controls(Job#W1669)** ID, gen,& impl test cases& ver criteria for syst under test. REQ:MS or fgn equiv EEng or rel fld& 2yrs elec cntls eng exp. \$150K-\$165K.

**Plant Modeling & SW Tools Eng(Job#Y1540)** ID plant mdl reqs for MIL/SIL/PIL/HIL/Syst Intg test. REQ:MS or fgn equiv in MechEng or rel fld& 2yrs exp in a plant modeling occ.\$129K-\$143K.

\*Any suitable combo of ed, training or exp is acceptable. All positions include full std benefits. TO APPLY: Email resume to Jobs1@lucidmotors.com Must reference Job# in subject line.EOE

Alameda County Water District

February 8, 2024  
6:00 p.m.

Consent Calendar

• Ratification of Payment of Audited Demands dated January 5, January 12, January 19, and January 26, 2024	Treatment Facility, Phase 1	
• Authorization of Agreement for Filter Press Industrial Painting Services	President James Gunther	Aye
• Authorization of Professional Services Agreement for Engineering, Environmental, and Cultural Resources Services for the New Cedar Aquifer Reclamation Program Wells Project	Vice President Judy Huang	Aye
	Aziz Akbari	Aye
	Paul Sethy	Aye
• Authorization of Agreement for Procurement of Ion Exchange Media in Support of the Groundwater PFAS	John Weed	Aye








Birth

LIFE CORNERSTONES


Marriage

Obituaries

For more information  
510-494-1999  
tricityvoice@aol.com



**Fremont Chapel of the Roses**  
(510) 797-1900 FD1007  
1940 Peralta Blvd., Fremont  
www.fremontchapeloftheroses.com



**Fremont Memorial Chapel**  
(510) 793-8900 FD 1115  
3723 Peralta Blvd. Fremont  
www.fremontmemorialchapel.com

**Joyce Keiffer**  
Resident of Fremont  
May 18, 1940 – February 8, 2024  
Fremont Chapel of the Roses

**Cuong Khac Tran**  
Resident of Newark  
February 4, 1938 – February 6, 2024  
Fremont Chapel of the Roses

**Margaret Carmen Quinones**  
Resident of Union City  
October 18, 1943 – January 29, 2024  
Fremont Chapel of the Roses

**Melvin A. Mello**  
Resident of Fremont  
December 2, 1926 – January 25, 2024  
Fremont Chapel of the Roses

**Benjamin C. Nwangwu**  
Resident of Union City  
September 15, 1956 – January 25, 2024  
Fremont Chapel of the Roses

**Lorin Medeiros**  
Resident of Reno, NV  
March 12, 1953 – January 17, 2024  
Fremont Chapel of the Roses

**Lisette McBride**  
Resident of Fremont  
August 28, 1950 – January 22, 2024  
Fremont Memorial Chapel

**Raymond T. Schwarz**  
Resident of Fremont  
November 21, 1940 – January 20, 2024  
Fremont Chapel of the Roses



**Berge • Pappas • Smith**  
Chapel of the Angels  
(510) 656-1226  
40842 Fremont Blvd, Fremont  
www.bergepappassmith.com

**James “Jim” Harrison**  
Resident of Fremont  
September 6, 1936 – February 8, 2024

**Cyrous “Sam” Mehrabani**  
Resident of Fremont  
September 23, 1955 – February 4, 2024

**Ramesh Shah**  
Resident of Fremont  
October 28, 1935 – February 4, 2024

**Kirupashankar Sampath**  
Resident of Fremont  
July 21, 1978 – February 4, 2024

**Michael Cochran**  
Resident of Fremont  
April 5, 1964 – February 2, 2024

**Ravindra Shetti**  
Resident of India  
August 16, 1946 – January 31, 2024

**Marek Kozak**  
Resident of Newark  
June 16, 1953 – January 30, 2024

**Geetha Iyengar**  
Resident of India  
April 5, 1960 – January 29, 2024

**Elizabeth Carnegie**  
Resident of Fremont  
January 27, 1954 – January 28, 2024

**Harriet “Birdy” Evans**  
Resident of Fremont  
November 11, 1956 – January 28, 2024

**Helen Bui**  
Resident of Sunnyvale  
October 4, 1946 – January 27, 2024

**Girish Keshavamurthy**  
Resident of Pleasanton  
April 5, 1970 – January 26, 2024

**Dennis Phillips**  
Resident of Fremont  
June 9, 1940 – January 25, 2024

**Rathna Kalale**  
Resident of San Jose  
May 20, 1942 – January 25, 2024

**Srinivasan Komandur**  
Resident of Berkeley  
February 15, 1946 – January 25, 2024

**Elmer Joe Taga**  
Resident of Newark  
February 23, 1985 – January 24, 2024

**Lutgardo San Valentin**  
Resident of Hayward  
December 13, 1939 – January 23, 2024

Dorothy Eileen Hughes

January 23, 1927 – December 30, 2023

Resident of Fremont

Dorothy Eileen Hughes passed away on December 30, 2023 at the age of 96 in Fremont, California. She was born on January 23, 1927 in Hutchinson, Minnesota to Emma and August Lenz. After a childhood in North Dakota and a few years working in Minneapolis, she moved to California in 1947. There she met her future husband, Gray. Together they owned and operated the Flood Park Pharmacy in Menlo Park in the 1960s. After it closed, she worked for the county of San Mateo in various positions retiring as payroll supervisor at the county hospital (Chope) in 1986. She remained a member of SCORPA for the rest of her life. She was a long- time resident of Menlo Park and Redwood City and was a member of the Menlo Park Presbyterian Church for more than 50 years. She also volunteered at Little House in Menlo Park for many years. Dorothy is preceded in death by her loving husband of 52



years, her sister Viola and her brother Gerald. She is survived by her daughter, Carolyn Read and son-in-law Steven, of Fremont, California, her sister-in-law Rita Lenz, her nephews Richard Castello and Mark Lenz and her nieces, Betty Strazzo and Lela Mulligan. She was laid to rest at Skylawn Memorial Park in San Mateo on January 8, 2024.

Fremont Chapel of the Roses  
510-797-1900

Connie Soto

December 8, 1938 - January 8, 2024

Resident of Newark



We are heartbroken to announce the sudden death of Our Beloved Mother, Grandmother, Sister-In-law, and Aunt. Born Dec. 8, 1938 and raised in Del Rio, Texas. Connie resided in Union City and was a long time resident of Newark before passing away peacefully at the age of 85 on Jan. 8, 2024 surrounded by her beloved family. Connie was a loving wife, mother and homemaker to her husband and 3 sons. She loved fishing, camping and nature

walks. She enjoyed cooking for her grandchildren & forever cherished time with her family. Her love for gardening, crafting projects and caring for their canaries, kept her and her husband Vince busy outdoors. She also enjoyed watching her daily Soap Operas, The Young and The Restless followed by The Bold and The Beautiful. She was preceded in death by her parents Mercedes and Francisco Hernandez,her siblings, and her Beloved Husband of 56 years Vincent Soto She is survived by her sons and their spouses: Vincent Jr and Terry Soto, Jerry and Lina Soto, and Steven Soto. Along with her grandchildren: Ryan, Ashley, Monique, Vanessa and Dylan. She will be sadly missed and will always be Forever In Our Hearts. As per Connie's request, no funeral or memorial service's were held.

IN MEMORIAM

Mavy Valentine Mahusay

Sunrise Feburary 14, 1936 - Sunset October 3, 2004

Happy 88TH Heavenly Birthday Mama and Nani. There is not a day that goes by that you are not thought of. We know you are Happy Celebrating with My sweet Daddy(Papa) and Sister Yola(Nina and Tia)who is

cooking you a Delicious Birthday meal for all of you. We Love and Miss You All and You Are Forever In Our Hearts Love Your Baby Lina, Son-in-Law Jerry and Granchchildren Nessa, Nikki and Dylan

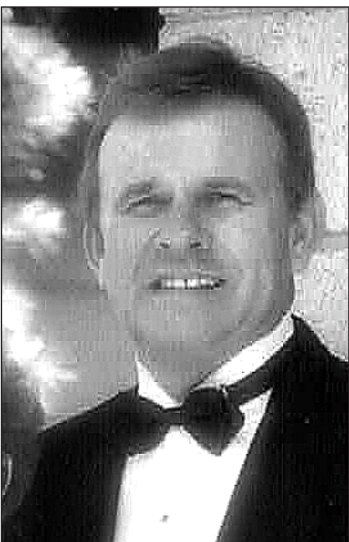
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What’s Happening  
510-494-1999  
tricityvoice@aol.com

Roger Paul Ripp

Resident of Union City

March 8, 1933 – Jan. 20, 2024

Roger Ripp passed away in his sleep January 20, 2024 shortly before his 91st birthday. He was born in San Francisco March 8, 1933. He is survived by his wife of 62 years, Ilene, his sister Robin, and four children: Virginia, Brian, Barry, Karen. They have nine grandchildren and two great grandchildren. Roger served his country in Germany in the 7th Army Corp, 6th Armored Calvery in the 1950’s. After his service, Roger followed his father’s footsteps and worked in direct sales, that’s when he met his future love, Ilene. Roger & Ilene married in San Francisco in 1961 then moved to Fremont in 1963. Fremont was a small town back then. Roger started his real estate career in the late 60’s then opened his own real estate office; Viking Realty in 1971. Roger loved scuba diving and traveling. Roger & Ilene took



Caribbean cruises and flights to Hawaii to see their grandkids. He enjoyed scuba diving in many different countries, including Belize and Pacific Islands. He also enjoyed scuba diving in Hawaii with his brother Jerry. Roger will be remembered by his great jokes, big 49er fan, talkable personality, “fashionable” suit coats, and most of all a great

role model for his two sons who eventually took over the family real estate business in 2000. Roger was involved with various clubs over the years, including Rotary. He was a real “people person”. Later, Roger & Ilene would eventually chose to reside in Union City in 1995 which they have called home for nearly 30 years. In his final years, dementia set in and demobilized him. His children helped as much as they could; however, the caregivers at the Veterans Administration and Kaiser hospice did so much. We would like to thank them for their many hours of service & support. A funeral service will be held at Our Lady of the Rosary Church at 703 C Street in Union City on March 2nd at 12:00 noon.



# Suspects identified in UCPD Attempted Murder on a Deputy Investigation

SUBMITTED BY  
UNION CITY PD

Michael Dorthick, 56-year-old-male from Union City  
Lizzette Chann, 54-year-old female from Union City

UCPD obtained search warrants for the location where they were residing. After attempting to establish contact with Dorthick and Chann for several hours, UCPD SWAT operators located both suspects with apparent gunshot wounds and were pronounced deceased.

UCPD Detectives believe these two individuals were responsible for the shooting of

the ACSO deputy, and no other suspects or victims were located inside. The preliminary findings of the investigation support evidence that the suspects died as a result of a murder-suicide. This investigation remains active and there is no existing threat to the public at this time.

The UCPD Investigations Unit is actively investigating the incident and anyone with information is encouraged to contact UCPD or your local law enforcement agency. If you wish to remain anonymous, information may be left at (510) 675-5207 or at tips@unioncity.org.

## Honor Roll

**University of Hartford**  
**Fall 2023 President's List**

- Genevieve Medina of Union City

**Seton Hall University**  
**Fall 2023 Dean's List**

- Leo Chu of Castro Valley

**Linfield University**  
**Fall 2023 Dean's List**

- Cecilia Saenz of Hayward

**University at Buffalo**  
**Fall 2023 Dean's List**

- Jiani Dong of Milpitas
- Jiaqi Wei of Union City

**Georgia Tech**  
**Fall 2023 Dean's List**

- Yulun Hsiao of Fremont

**Georgia Tech**  
**Faculty Honors for Fall 2023 (4.0 gpa)**

- Sashank Batchu of Fremont
  - Ansh Gupta of Fremont
  - Marwan Hassan of Fremont
  - Jenny Hou of Fremont
  - Leo Jiang of Fremont
  - Gerald Lu of Fremont
  - Vivek Vijaykumar of Fremont
- Georgia Tech**  
**Fall 2023 Graduates**
- Juan Balaguera of Newark
  - Swapnaja Budihal of Fremont

- Deborah Chang of Fremont
- Gladies Chang of Newark
- Allen Chen of Newark
- Kun Chiang of Milpitas
- Aish Dahal of Fremont
- Keerthana Dronamraju of Milpitas
- Yiran Duan of Newark
- TianQi Fu of Fremont
- Chayan Jagsukh of Fremont
- Love Kumar of Milpitas
- Huanchen Li of Hayward
- Yu Lin of Fremont
- Sudipto Lodh of Fremont
- Krithika Mayilvaganan of Fremont
- Krishna Mehta of Fremont
- Madhu Mudigonda of Milpitas
- Joshua Ngotiaoco of Fremont
- Maohua Pan of Milpitas
- Ray Sethi of Fremont
- Lynn Shao of Fremont
- Jennifer Su of Fremont
- Niharika Tiwari of Fremont
- Kevin Tran of Fremont
- Adithya Vasudev of Fremont
- Vivek Vijaykumar of Fremont
- Rishabh Wason of Fremont

# Tesla ordered to pay \$1.5 million over alleged hazardous waste violations in California

ASSOCIATED PRESS

STOCKTON, Calif. (AP) — A California judge on Friday February 2 ordered Tesla Inc. to pay \$1.5 million as part of a settlement of a civil case alleging the company mishandled hazardous waste at its car service centers, energy centers and a factory, multiple county district attorneys announced.

The complaint filed in San Joaquin County alleged illegal disposal of hazardous waste and violation of laws involving storage and management of the waste, according to statements from several of 25 district attorneys' offices in California involved in the case.

Tesla did not immediately respond to an Associated Press email seeking comment. The district attorneys' statements said

Tesla cooperated with the investigation and acted to improve compliance with laws that were brought to its attention by the prosecutors.

“Electric vehicles play a role in environmental betterment, yet it’s imperative to recognize that their production and maintenance yield detrimental waste,” said San Joaquin County District Attorney Ron Freitas.

Tesla owns and operates approximately 57 car service centers and 18 solar energy facilities in California, and manufactures electric vehicles in the San Francisco Bay Area city of Fremont.

The settlement includes \$1.3 million in civil penalties, \$200,000 to cover costs of the investigation, training of employees and third-party waste audits.

## BART Log

SUBMITTED BY BART PD

**Wednesday, January 31**

- At 10:43 a.m. a man identified by police as Michael Adams, 58, from Oakland was arrested at Hayward station for brandishing a gun and carrying a concealed dirk or dagger. Adams was issued a BART prohibition order and booked into Santa Rita Jail.

**Thursday, February 1**

- At 3:40 p.m. a man identified by police near San Leandro station as Miguel Angel Soberanis, 47, was detained for being inside a stolen vehicle. Soberanis was arrested and booked into Santa Rita Jail for grand theft and receiving stolen property.

**Friday, February 2**

- At 9:54 a.m. man identified by police as Ateian Fritz, 32, from San Francisco was contacted for fare evasion at Hayward station.

Fritz had an outstanding \$6k misdemeanor warrant for petty theft out of Colma PD. Fritz was arrested and booked into Santa Rita Jail for his warrant.

- At 5:43 p.m. a man identified by police as Elijah Jones, 26, from Los Angeles was contacted aboard a train at Hayward station. Jones was taken into custody for public intoxication and booked into Alameda County Jail.

**Saturday, February 3**

- At 9:50 a.m. a man identified by police as Carlos Garcia, 26, from San Leandro was contacted at Hayward station for fare evasion and having an open container of alcoholic beverage. He was arrested and booked into Santa Rita Jail for violating the rules of probation.

**Sunday, February 4**

- At 8:42 a.m. officers responded to San Leandro station where they located, identified and detained Zachary Deakin, 33, from Berkeley. Deakin was

arrested and booked into Santa Rita Jail for vandalism and violating the rules of probation.

- At 9:26 p.m. a man identified by police as Shawn Stringfellow, 43, from Garberville was contacted at Milpitas station. Stringfellow was found to have a No Bail Felony warrant out of Humboldt County Sheriff's Office for multiple probation violations. Stringfellow was arrested and booked into Santa Clara County Jail for the warrant.

**Monday, February 5**

- At 8:03 p.m. a man identified by police as Lloyd Cobb, 34, from Florida was detained for fare evasion at Bay Fair station. Cobb was booked into Santa Rita Jail for an Out-of-State Warrant.

- At 11:04 a.m. a woman identified by police as Amanda Green, 37, from San Francisco was arrested at Hayward station. Green booked into the Santa Rita Jail for an arrest warrant.

## Hayward Police Log

SUBMITTED BY HPD

**Wednesday, February 7**

- An officer conducted a traffic stop on a vehicle for various equipment violations. A records check of the driver found him to be driving without a license. As officers prepared to cite the driver and tow the vehicle because the man was unlicensed, the driver decided to run away!

Officers caught up to him a short distance away and placed him under arrest. Officers found an unregistered rifle inside the car, along with drug paraphernalia. The driver provided the officers with a fake name and had an outstanding warrant. He was also on probation, which prohibited him from possessing any firearms.

# Fremont Receives First-Ever Platinum Designation for Advancing Solar Energy



Fremont receives the first-ever SolSmart Platinum Designation

SUBMITTED BY  
CITY OF FREMONT AND  
SOLSMART

The SolSmart program, an initiative of the U.S. Department of Energy (DOE), has announced that Fremont is the first-ever recipient of the SolSmart Platinum designation. This designation recognizes Fremont for outstanding leadership at the local level, including a strong focus on the just and equitable deployment of solar energy. The SolSmart program offers no-cost technical assistance to help local governments adopt nationally recognized best practices that advance solar market growth. Over 500 cities, towns, counties, and regional organizations-home to over one third of U.S. residents-have achieved SolSmart designation since the program launched in 2016.

Fremont is the program's first-ever Platinum designee, a new level of SolSmart designation that recognizes high-impact local achievements to advance solar energy use and make this clean energy resource more widely accessible. Fremont originally earned SolSmart Gold designation in 2016 and has committed to reaching carbon neutrality by 2045. “DOE would like to congratulate the city of Fremont

on being the first-ever SolSmart platinum designee and commend the city for prioritizing clean energy for its residents, including automated permitting with the adoption of SolarAPP+,” said Dr. Becca Jones-Albertus, Acting Deputy Assistant Secretary for Renewable Energy at the U.S. DOE. “DOE encourages cities throughout the United States to take advantage of the assistance SolSmart provides to enable American homes and businesses to better access affordable and clean solar energy.”

“Fremont’s achievement of the SolSmart Platinum designation marks a significant milestone in our commitment to a sustainable and clean energy future,” said Fremont Mayor Lily Mei. “By actively promoting the adoption of renewable energy and streamlining the solar permitting process, we are empowering our community to reduce our community-wide greenhouse gas emissions and advancing our vision towards a climate ready Fremont. This remarkable designation is a credit not only to our dedicated city staff but also to the unwavering commitment and active participation of our incredible community. Together, we stand proud of this extraordinary achievement, which showcases the collective effort and shared vision of a brighter, greener future for all.”

**In order to achieve SolSmart Platinum designation, the City of Fremont:**

- Adopted instant permitting through the SolarAPP+ program
- Posted public metrics and numerous online resources for residents interested in adding solar to their homes
- Installed solar PV on multiple city-owned properties
- And undertook community partnerships to equitably expand solar in the city by leveraging funds from foundations and state government. That included partnerships with affordable housing developers, and groups such as the International Council for Local Environmental Initiatives (ICLEI) and Habitat for Humanity East Bay/Silicon Valley.

These initiatives set Fremont apart in the extent to which it has adopted nationally-recognized best practices to accelerate deployment of solar energy, and provide an example for other communities to follow. SolSmart designees can be found in 43 states, the District of Columbia, the U.S. Virgin Islands, and Puerto Rico. Any city, town, county, or regional organization is eligible to join the program and work toward Bronze, Silver, Gold, or Platinum designation. Interested communities can learn more at SolSmart.org.

**FREE Adult Reading and Writing Classes** are offered at the Alameda County Library

**Tell A Friend** Call Rachel Parra 510 745-1480



## PUBLIC NOTICES

## BULK SALES

NOTICE TO CREDITORS OF BULK SALE  
(Division 6 of the Commercial Code)

Escrow No. NB-L-11331-24

- (1) Notice is hereby given to creditors of the within named Seller(s) that a bulk sale is about to be made on personal property hereinafter described.
- (2) The name and business addresses of the seller are: RHINO ADVENTURE GEAR, LLC, 220 BINGHAM DRIVE #100, SAN MARCOS, CA 92069
- (3) The location in California of the chief executive office of the Seller is:
- (4) The names and business address of the Buyer(s) are: RHINO GEAR NORTH AMERICA, LLC, 136 REDWOOD ST., SAN DIEGO, CA 92103
- (5) The location and general description of the assets to be sold are: FURNITURE, FIXTURES AND EQUIPMENT, LEASEHOLD INTEREST, LEASEHOLD IMPROVEMENTS, GOODWILL, TRADE NAME of that certain business located at: 220 BINGHAM DRIVE #100, SAN MARCOS, CA 92069 AND 45277 FREMONT BLVD #6, FREMONT, CA 94538
- (6) The business name used by the seller(s) at said location is: RHINO ADVENTURE GEAR
- (7) The anticipated date of the bulk sale is MARCH 1, 2024 at the office of: PORTFOLIO ESCROW, 12 CORPORATE PLAZA DR., #120 NEWPORT BEACH, CA 92660, Escrow No. NB-L-11331-24, Escrow Officer: LISA EVANS
- (8) Claims may be filed with Same as "7" above
- (9) The last date for filing claims is: FEBRUARY 22, 2024
- (10) This Bulk Sale is subject to California Uniform Commercial Code Section 6106.2.
- (11) As listed by the Seller, all other business names and addresses used by the Seller within three years before the date such list was sent or delivered to the Buyer are: NONE.
- Dated: FEBRUARY 5, 2024
- TRANSFERREES: RHINO GEAR NORTH AMERICA, LLC, A CALIFORNIA LIMITED LIABILITY COMPANY
- ORD-2135575 TRI-CITY VOICE
- 2/13/24

CNS-378261#

## FICTITIOUS BUSINESS NAMES

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603892

Fictitious Business Name(s):  
**FREMONT SHOTOKAN, 357 BARTON DR., FREMONT, CA 94536**, County of ALAMEDA

Registrant(s):  
FREMONT SHOTOKAN LLC, 357 BARTON DR., FREMONT, CA 94536

Business conducted by: A LIMITED LIABILITY COMPANY

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

This statement was filed with the County Clerk of Alameda County on 02/06/2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/13, 2/20, 2/27, 3/5/24

CNS-378265#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603629

Fictitious Business Name(s):  
**GE CONSTRUCTION, 4962 MAYFIELD DR., FREMONT, CA 94536**, County of ALAMEDA

Registrant(s):  
QIANG GE, 4962 MAYFIELD DR., FREMONT, CA 94536, County of ALAMEDA

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on 04/28/2008

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ QIANG GE

This statement was filed with the County Clerk of Alameda County on 01/26/2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/13, 2/20, 2/27, 3/5/24

CNS-378265#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603791

Fictitious Business Name(s):  
**BOTTLE SHOP, 40919 FREMONT BLVD #4, FREMONT, CA 94538**, County of ALAMEDA

Registrant(s):  
TARANJIT SINGH SAGGI, 40919 FREMONT BLVD #4, FREMONT, CA 94538, County of ALAMEDA

Business conducted by: MARRIED COUPLE

The registrant began to transact business using the fictitious business name(s) listed above on 02/02/2024

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ TARANJIT SINGH SAGGI

This statement was filed with the County Clerk of Alameda County on 02/02/2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/13, 2/20, 2/27, 3/5/24

CNS-378265#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603741

Fictitious Business Name(s):  
**PARADISE HERBS & SPICE LLC / PARADISE HERBS & SPICE, 2415 RALEY CT #4, HAYWARD, CA 94545**, County of ALAMEDA

Registrant(s):  
PARADISE HERBS & SPICE LLC, 2415 RALEY CT #4, HAYWARD, CA 94545, County of ALAMEDA

Business conducted by: A LIMITED LIABILITY COMPANY

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ SARA BUSTOS

This statement was filed with the County Clerk of Alameda County on 01/31/2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement

generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/13, 2/20, 2/27, 3/5/24

CNS-378265#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603702

Fictitious Business Name(s):  
**MEOWMARTSTORE, 22852 VERMONT ST APT 12, HAYWARD, CA 94541**, County of ALAMEDA

Registrant(s):  
CHRISTINA SOLIS, 22852 VERMONT ST APT 12, HAYWARD, CA 94541, County of ALAMEDA

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on 1/11/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ CHRISTINA SOLIS

This statement was filed with the County Clerk of Alameda County on 01/29/2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/13, 2/20, 2/27, 3/5/24

CNS-378265#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603382

Fictitious Business Name(s):  
**FREMONT DENTAL CARE, 3906 DECOTO ROAD, FREMONT, CA 94536** County of ALAMEDA

Registrant(s):  
YAMROT ALEMU, DDS, INC, 1279 4TH AVE, SAN FRANCISCO, CA 94122

Business conducted by: a Corporation

The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ YAMROT ALEMU, DDS, INC

This statement was filed with the County Clerk of Alameda County on 01/16/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/13, 2/20, 2/27, 3/5/24

CNS-378031#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603259

Fictitious Business Name(s):  
**SOO JA FUSION BISTRO, 6038 STEVENSON BLVD, FREMONT, CA 94538** County of ALAMEDA

Registrant(s):  
SOO JA INC, 6038 STEVENSON BLVD, FREMONT, CA 94538

Business conducted by: a Corporation

The registrant began to transact business using the fictitious business name(s) listed above on 12/27/2016.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ JIN SOOK PARK

This statement was filed with the County Clerk of Alameda County on 01/09/2024.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

2/6, 2/13, 2/20, 2/27/24

CNS-377936#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603437

Fictitious Business Name(s):  
**REOISS, 7788 LAGUNA HEIGHTS COURT, SUNOL, CA 94586**, County of ALAMEDA

Registrant(s):  
ARJAN BAINS, 7788 LAGUNA HEIGHTS COURT #444, SUNOL, CA 94586, County of ALAMEDA

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ ARJAN SINGH BAINS

This statement was filed with the County Clerk of Alameda County on 01/18/2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/30, 2/6, 2/13, 2/20/24

CNS-377699#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603418

Fictitious Business Name(s):  
**PERSONAL TOUCH, 813 KAIBAB CT., FREMONT, CA 94536**, County of ALAMEDA

Registrant(s):  
VICTOR NOLASCO, 813 KAIBAB CT., FREMONT, CA 94536, County of ALAMEDA

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on 12/01/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ VICTOR NOLASCO

This statement was filed with the County Clerk of Alameda County on 01/17/2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/30, 2/6, 2/13, 2/20/24

CNS-377614#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603316

Fictitious Business Name(s):  
**EVERGREEN AUTO SALE, 37525 GLENMOOR DRIVE #6, FREMONT, CA 94536**, County of ALAMEDA

Registrant(s):  
EVERGREEN TRANSPORTATION LLC, 4425

STATION, 4425

the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/30, 2/6, 2/13, 2/20/24

CNS-377652#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603359

Fictitious Business Name(s):  
**KRIYAA, 608 FESTIVO COURT, FREMONT, CA 94539**, County of ALAMEDA

Registrant(s):  
SOWMIYA NARASIMHAN, 608 FESTIVO COURT, FREMONT, CA 94539, County of ALAMEDA

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on 04/05/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ SOWMIYA NARASIMHAN

This statement was filed with the County Clerk of Alameda County on 01/16/2023

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/30, 2/6, 2/13, 2/20/24

CNS-377615#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603358

Fictitious Business Name(s):  
**LABEL KRIYAA, 608 FESTIVO COURT, FREMONT, CA 94539**, County of ALAMEDA

Registrant(s):  
SOWMIYA NARASIMHAN, 608 FESTIVO COURT, FREMONT, CA 94539, County of ALAMEDA

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on 04/05/2023

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ SOWMIYA NARASIMHAN

This statement was filed with the County Clerk of Alameda County on 01/16/2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/30, 2/6, 2/13, 2/20/24

CNS-377615#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603395

Fictitious Business Name(s):  
**FOAMWAVE DESIGNS, 3478 BAUMBERG AVE, HAYWARD, CA 94545**, County of ALAMEDA

Registrant(s):  
MOISES ALEJANDRO TORRES HERNANDEZ, 3478 BAUMBERG AVE, HAYWARD, CA 94545, County of ALAMEDA

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on 01/16/2024

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ MOISES ALEJANDRO TORRES HERNANDEZ

This statement was filed with the County Clerk of Alameda County on 01/16/2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/30, 2/6, 2/13, 2/20/24

CNS-377615#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603395

Fictitious Business Name(s):  
**FOAMWAVE DESIGNS, 3478 BAUMBERG AVE, HAYWARD, CA 94545**, County of ALAMEDA

Registrant(s):  
MOISES ALEJANDRO TORRES HERNANDEZ, 3478 BAUMBERG AVE, HAYWARD, CA 94545, County of ALAMEDA

Business conducted by: AN INDIVIDUAL

The registrant began to transact business using the fictitious business name(s) listed above on 01/16/2024

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ MOISES ALEJANDRO TORRES HERNANDEZ

This statement was filed with the County Clerk of Alameda County on 01/16/2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/30, 2/6, 2/13, 2/20/24

CNS-377614#

## STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File No. 557259

The following person(s) has (have) abandoned the use of the Fictitious Business Name(s):  
The Fictitious Business Name Statement filed on 04/02/2019 in the County of Alameda.  
**RETAIL TENANT SOURCE, 4104 TAWNY TERRACE, FREMONT, CA 94536**, County of ALAMEDA.

Registered Owner(s):  
DAISY CAMPOS GUZMAN, 4104 TAWNY TERRACE, FREMONT, CA 94536, County of ALAMEDA

This business is conducted by: AN INDIVIDUAL

I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to this section that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].

/s/ SCOTT M. CAPEN

This statement was filed with the County Clerk-Recorder of Alameda County on 01/16/2024.

1/23, 1/30, 2/6, 2/13/24

CNS-377614#

## STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File No. 557259

The following person(s) has (have) abandoned the use of the Fictitious Business Name(s):  
The Fictitious Business Name Statement filed on 04/02/2019 in the County of Alameda.  
**RETAIL TENANT SOURCE, 4104 TAWNY TERRACE, FREMONT, CA 94536**, County of ALAMEDA.

Registered Owner(s):  
DAISY CAMPOS GUZMAN, 4104 TAWNY TERRACE, FREMONT, CA 94536, County of ALAMEDA

This business is conducted by: AN INDIVIDUAL

I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to this section that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].

/s/ SCOTT M. CAPEN

This statement was filed with the County Clerk-Recorder of Alameda County on 01/16/2024.

1/23, 1/30, 2/6, 2/13/24

CNS-377614#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603277

Fictitious Business Name(s):  
**SUNNYSIDE UP DAYCARE, 39159 SUNDALE DR., FREMONT, CA 94538**, County of ALAMEDA

MAILING ADDRESS: 39159 SUNDALE DR, FREMONT, CA 94538

Registrant(s):  
DGCG LLC, 39159 SUNDALE DR, FREMONT, CA 94538

Business conducted by: A LIMITED LIABILITY COMPANY

The registrant began to transact business using the fictitious business name(s) listed above on 01/04/2024

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ DAISY CAMPOS GUZMAN

This statement was filed with the County Clerk of Alameda County on 01/09/2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/30, 2/6, 2/13, 2/20/24

CNS-377613#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603316

Fictitious Business Name(s):  
**EVERGREEN AUTO SALE, 37525 GLENMOOR DRIVE #6, FREMONT, CA 94536**, County of ALAMEDA

Registrant(s):  
EVERGREEN TRANSPORTATION LLC, 4425

STATION, 4425

BIDWELL DRIVE #2103, FREMONT, CA 94538 (CALIFORNIA)

Business conducted by: A LIMITED LIABILITY COMPANY

The registrant began to transact business using the fictitious business name(s) listed above on 1/10/2024

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ HUMAYUN SHAGHASI

This statement was filed with the County Clerk of Alameda County on JANUARY 11, 2024

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

1/23, 1/30, 2/6, 2/13/24

CNS-3774570#

## FICTITIOUS BUSINESS NAME STATEMENT

File No. 603170

Fictitious Business Name(s):  
**WALIA PROPERTIES, 4254 RIBERA ST., FREMONT, CA 94536**, County of ALAMEDA

Registrant(s):  
SURENDERPAL SINGH WALIA, 4254 RIBERA ST., FREMONT, CA



PUBLIC NOTICES

outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a

courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, (916) 939-0772 for information regarding the trustee's sale or visit this internet website, [www.nationwideposting.com](http://www.nationwideposting.com), for information regarding the sale of this property, using the file number assigned to this case, T.S.# 23-06189CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement

information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (916) 939-0772, or visit this internet website [www.nationwideposting.com](http://www.nationwideposting.com), using the file number assigned to this case 23-06189CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. File No.:23-06189CA

If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. For Trustee Sale Information Log On To: [www.nationwideposting.com](http://www.nationwideposting.com) or Call: (916) 939-0772. Dated: January 26, 2024 By: Omar Solorzano Foreclosure Associate Affinia Default Services, LLC 301 E. Ocean Blvd., Suite 1720 Long Beach, CA 90802 (833) 290-7452 NPP0446163 To: TRI-CITY VOICE 02/06/2024, 02/13/2024, 02/20/2024 2/6, 2/13, 2/20/24

CNS-3779400#

Fairview Municipal Advisory Council

February 8, 2024  
6:00 p.m.

Public Announcements/Open Forum

- East Bay Municipal Utility District (EBMUD) Ward 7 Director and former Fairview MAC member April Chan announced that the water supply in the upper San Leandro Reservoir is 85% full at the moment. Due to this fullness, they are releasing water. No drought is forecasted.

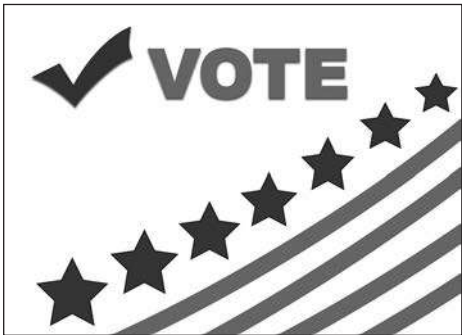
**Regular Calendar**

- Alameda County Sheriff's Office Fireworks Ordinance Update – INFORMATIONAL ITEM

Sergeant Moises Gomez gave a presentation on an update to the Fireworks Ordinance. Last year, 400 lbs. of illegal fireworks were recovered. The Sheriff's Office is working to amend the existing ordinance which allows hosts to be accountable for underage drinking to include firing off illegal fireworks. Essentially, if you are hosting a party and a guest begins lighting fireworks, you are accountable for their actions. The fine for a first offense is \$750, second offense is \$1,500, and \$2,500 for the third and subsequent offenses.- Hayward Area Recreation and Park District, Sulfur Creek – INFORMATIONAL ITEM

Darcie DeLashmutt, Bond Project Manager for Hayward Area Recreation and Park District, presented an ongoing update of the Sulfur Creek Nature Center. There will be new	Sally Philbin	Aye
	Dale Silva	Aye
	Chris Higgins	Aye
	Todd Anglin	Aye
	Shane Henderson	Aye

Local Measures for Primary Presidential Election March 5, 2024



By JACK ALCORN

Measure A

Amend the Charter of Alameda County to change the notification period of each civil service examination from not less than 25 days to not less than 14 calendar days.

Measure B

Amend the section of the Alameda County Charter governing the recall of elective and appointive County officers to replace the current language with "California state law applicable to the recall of county officers shall govern the recall of Alameda County elected officers."

Measure I

Authorize \$550,000,000 in bonds, levy approximately \$60 per \$100,000 of assessed value, raising approximately \$35,200,000 annually while bonds are outstanding, to upgrade aging local classrooms, labs, career training facilities, learning technology, art/ music classrooms,

signage at the entrance, making it easier to see from D Street. There will be a new amphitheater with cut down eucalyptus tree logs used for seating. There will be a new outdoor learning area, welcome kiosk, and more. Construction is expected to finish by Fall 2024.

- Consideration of Recommendation for Adoption of the Community Climate Action Plan Update and Safety Element Amendments (versions dated January 2024) – ACTION ITEM

Alameda County Planning Department Planner Alison Abbors gave a presentation on an update to the Community Climate Action Plan (CCAP) and amendments to the Safety Element (SE). The CCAP and SE were last updated in 2013 and 2014. Pursuant to the California Environmental Quality Act, staff has worked to ensure there will be no significant environmental impacts by the adoption of the CCAP and SE. Staff found no significant environmental impact and is in the process of preparing an Initial Study/Negative Declaration. Comments on the Draft Initial Study/Negative Declaration can be sent via email to [Alison.Abbors@acgov.org](mailto:Alison.Abbors@acgov.org) or phone to 510-670-5428. The final document is expected to be presented to the Planning Commission on April 1.

Sally Philbin	Aye
Dale Silva	Aye
Chris Higgins	Aye
Todd Anglin	Aye
Shane Henderson	Aye

fields; improve earthquake/ fire safety/ emergency communications/ school security; improve accessibility for students with disabilities; update plumbing/ electrical heating/ cooling systems for Hayward Unified School District.

Measure J

With no increase in current estimated tax rates, San Leandro Unified School District shall renovate/ construct classrooms; repair roofs, plumbing, and electrical systems; remove hazardous materials, and construct below-market rental housing to attract/ retain teachers/ staff, authorizing \$174 million of bonds with levies averaging \$37.28 per 100,000 of assessed value (raising \$12 million annually).

Proposition 1 (state)

Authorizes \$6.4 billion in bonds to build mental health treatment facilities for those with mental health and substance use challenges; provides housing for homeless.

Milpitas City Council

February 6, 2024  
7:00 p.m.

Public Forum

- More than 30 residents of Milpitas attended to support a half dozen speakers who encouraged continued enhancement and expansion of municipal pickleball facilities.

Consent Calendar

- Receive City Council Calendar of Meetings for February 2024
- Receive the preview list of anticipated items for the next regular city council meeting
- Receive and review the list of agenda items requested by city councilmembers
- Consider recommendations from Mayor Montano for appointments to City Commissions, and Accept Commissioner Resignations
- Adopt a resolution declaring weeds on certain properties to be a public nuisance and set a public hearing for March 5, 2024
- Approve a site development permit to allow development of a 1,200 Square Foot Single-Story Pavilion with a 125-square-foot standalone bathroom, construct a 76-square foot bathroom addition to the existing guest house, and a new in-ground pool at an existing single-family residence on 6.13-acre site at 1350 Country Club Drive



Milpitas City Council proclaiming Lunar New Year  
Photo By Jack Alcorn

- Accept Additional FY 2023 Citizens' Option for Public Safety (COPS) Grant for Front-Line Law Enforcement Services and approve the appropriation of funds to the police department's FY2023-24 operating budget
- Accept the FY 2024 Citizens' Option for Public Safety (COPS) Grant for Front-Line Law Enforcement Services and approve the appropriation of funds to the police department's FY 2023-24 operating budget
- Approve project specifications, award construction contract to Villalobos & Associates, Inc. for the 2023 Annual Sidewalk, Curb, and Gutter Repair Project No. 3426
- Receive an update on storm drain system emergency repairs and improvements at Evans Road and Piedmont Creek and determine that the condition continues to constitute an emergency
- Approve Final Tract Map No. 10591 for a Residential Project at 1752 Houret Court; and approve the subdivision improvement agreement between the city and City Ventures Homebuilding, LLC
- Authorize the maintenance agreement with Creekside Milpitas 3, LLC, for the Maintenance of the site improvements located within Lot A of the Amazon Parking Lot Project Located at 1207 N. McCarthy Boulevard
- Authorize an agreement for completion of public improvements as part of the Rajyoga Meditation and Research Center Project

Mayor Carmen Montano	Aye
Vice Mayor Evelyn Chua	Aye
Garry Barbadillo	Aye
Hon Lien	Aye
Anthony Phan	Absent

Hayward Mayor to deliver State of the City Address

SUBMITTED BY CITY OF HAYWARD

Hayward Mayor Mark Salinas will deliver a first public State of the City Address on behalf of the City of Hayward on Thursday, February 29, at California State University, East Bay, at a free event being hosted by Cal State East Bay President Cathy Sandeen.

Mayor Salinas plans to cover recent city accomplishments, opportunities for progress, and strategies for meeting current and future facility needs, as well as report on his Education City initiative among other topics.

The State of the City Address will take place from 6 p.m. to 7 p.m. Thursday, February 29, at University Theatre, Cal State East Bay.

Admission to this civic event is free but the City and University request that individuals planning to attend register in advance for planning purposes.

To register to attend the State of the City Address, click on the button below. To learn more about city facility needs and the role Hayward's half-cent sales tax plays in meeting them, go online to the City of Hayward website here: [www.hayward-ca.gov/forward](http://www.hayward-ca.gov/forward)

Hayward State of the City Address  
Thursday, Feb 29  
6 p.m. – 7 p.m.  
University Theatre  
Cal State East Bay  
25800 Carlos Bee Blvd., Hayward

San Leandro City Council

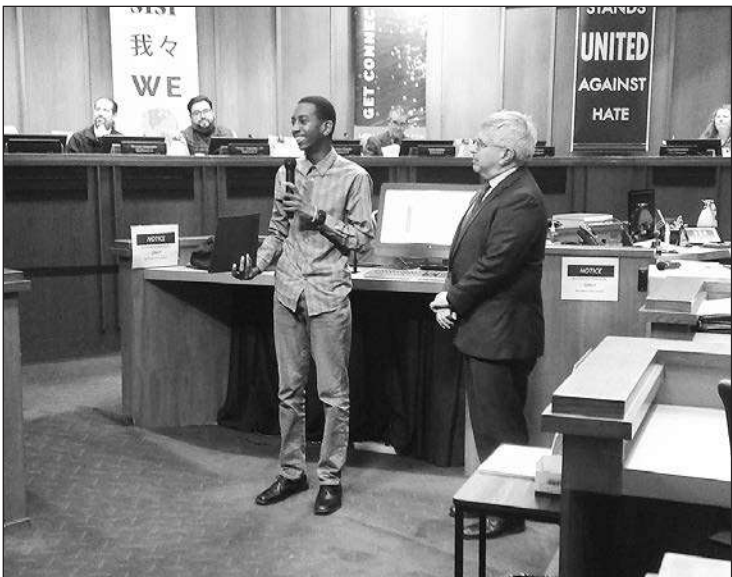
February 5, 2023  
7:00 p.m.

Consent Calendar

- Authorize an Agreement with Amazon Services, LLC (Amazon Business) to Use Amazon Business' Online Marketplace for Purchases

of Various Goods, Utilizing the OMNIA Partners Cooperative Contract

- Accept Gift Funds in the Amount of \$34,210 from the Friends of the San Leandro Public Library and Appropriate Gift Funds to Enhanced Library



Youth Advisory Commission Member Keyshawn Ward proclaiming Black History Month in San Leandro with Mayor Gonzalez.  
Photo by Jack Alcorn

Card Sign Up Month, Summer Library Program, and Programs at Manor Branch

- Authorize Purchase Orders for Fiscal Year 2023-2024 with Dell Technologies for Computers and Technology Equipment Using the State of California NASPO ValuePoint Master Price Agreement for the Combined Not to Exceed Amount of \$300,000
- Motion to Table the Nomination of Nicholas Foster as San Leandro's Community Representative to the Oakland Airport/Community Noise Management Forum

Mayor Juan Gonzalez	Aye
Victor Aguilar	Aye
Bryan Azevedo	Aye
Pete Ballew	Aye
Xouhoa Bowen	Aye
Fred Simon	Aye





## Preparing for the upcoming March 5th Primary Election

SUBMITTED BY  
**JO A.S. LOSS, PRESIDENT,  
LEAGUE OF WOMEN  
VOTERS EDEN AREA**

The League of Women Voters Eden Area wants to share ways for you to prepare for the upcoming Primary Election. It is earlier this year than before and ballots will be mailed on February 5, so it is time to start becoming an educated voter.

The League of Women Voters California has published an Easy

Voter Guide. It can be downloaded from <https://lwvc.org/easy-voter-guide-primary-2024/>. The guide contains information on how to register and vote. It reviews how to vote for a Presidential candidate on March 5th. The guide also tells you all about Proposition 1: Mental Health Care and Addiction Treatment Reform & Bonds to Build Places for Treatment and Housing.

The Easy Voter Guide is available in Spanish, English, Chinese, Korean and Vietnamese.



Courtesy of the LWVUS website

VOTE411 is also now available for you to learn more about the votes you will make in March. VOTE411 is an unbiased online guide to elections covering federal, state, and local races in California. [www.VOTE411.org](http://www.VOTE411.org).

To use VOTE411, you enter your address, and you will see your full, personalized ballot. You will hear directly from the candidates about their positions on critical issues, and their vision for their communities. Local Leagues have prepared specific questions that apply to that position to give you

detailed information on the candidates' knowledge and plans. This allows you to compare candidates side by side before making your selections.

There will be clear explanations of ballot measures and their funders. In addition, VOTE411 will allow you to check where, when, and how to vote, including your polling place. There will be an option for you to keep track of your choices to make voting easier.

The new VOTE411 platform is user-friendly and

mobile-responsive. It will offer a variety of features tailored to the unique needs of California voters. VOTE411 will be accessible across all devices and will continue the League's rich history of providing voters with non-partisan, factual, and trusted electoral information.

**Please vote on March 5th!**

**<https://lwvc.org/easy-voter-guide-primary-2024/>**



Image of the LWVC website

## Be an informed voter this March 5th California Primary

SUBMITTED BY  
**LEAGUE OF WOMEN  
VOTERS FREMONT,  
NEWARK, UNION CITY**

The California March 5 Primary Election is right around the corner. You should have already received your Official Voter Information Guide in the mail. The State begins mailing ballots on February 5.

On February 17, our local chapter of the League of Women Voters will present the Pros and Cons of State Proposition 1, as well as Alameda County Measures A and B. The

discussion will be led by League members. This meeting is open to the public, so please invite your friends, family, neighbors and colleagues. Become an informed voter because...

**Democracy is not a  
spectator sport!**

**State Proposition & County  
Measures pros and cons  
Saturday, Feb 17  
10:00 a.m. - 11:30 am  
Niles Discovery Church  
36600 Niles Blvd., Fremont  
Open to the Public and  
Free of Charge**

## East Bay Regional Park District Police Log



Regional Parks burglary arrest.

SUBMITTED BY EBRPD

**Monday, January 29**

• East Bay Regional Park District Police Department Communications Center received an automated call for help from an Apple device via 'RapidDeploy' of a "hard fall help needed alert." The coordinates of the accident were provided by the device and assisted with locating the victim on Stewartville Trail in Black Diamond Regional Park Preserve. Our Dispatcher was able to communicate with the bicyclist.

East Bay Regional Park District Police Officers, Park District Rangers, and our Police Air Support Unit Eagle 7 responded to the remote scene, where the bicyclist was located. Eagle 7 directed Contra Costa Fire and ambulance directly to the victim where he was treated and transported to an area hospital with non-life-threatening injuries.

**Thursday, February 8**

• On patrol, one of our motor officers entered the Tidewater staging area located at MLK Regional Park in the city of Oakland. The officer noticed

suspicious activity occurring between an occupied red van and an occupied purple sedan. The vehicles left the area at a high rate of speed. Officers later located one of the vehicles and discovered it to be stolen. Some of the occupants of the vehicle fled the area. EBRPD officers, along with a CHP K-9 officer searched the area and located one of the occupants nearby. A search of the vehicles resulted in officers locating a loaded firearm along with stolen documents. The suspect was also found to have narcotics in his possession. The suspect was booked for multiple charges at Santa Rita Jail. There is no threat to public safety at this time.

**Thursday, February 8**

• EBRPD Police arrested a commercial burglary suspect in Oakland, near Lake Merritt. Through diligent work by Police Detectives, the suspect was linked to two separate burglaries at Lake Chabot Regional Park in Castro Valley. The suspect was arrested and transported to Santa Rita Jail on felonious counts of 459 PC - Burglary.

## Union City Police Log

SUBMITTED BY UNION CITY PD

**Tuesday, January 16**

• At approximately 9:00 a.m. a maintenance worker hailed an officer in the 2500 block of Medallion Drive. The worker told police that he was repairing a resident's door when suddenly, a male appeared from the bedroom, claiming the worker had stolen from him. The suspect brandished a knife at the victim and attempted to stab him several times. Officers located the suspect, still inside his residence, and placed him under arrest for assault with a deadly weapon.

**Thursday, January 18**

• At approximately 5:40 p.m. officers contacted a subject sleeping behind the wheel of his vehicle on Alvarado Niles Road and Decoto Road. The vehicle was still in "drive" when he was contacted. The driver displayed objective signs of alcohol intoxication and refused to

submit to tests. Due to his probation status, officers searched the car and found a firearm on the floor of the vehicle. Officers placed him under arrest for driving under the influence of alcohol and possession of a loaded firearm.

**Friday, January 19**

• At approximately 8:15 p.m. officers responded to a robbery in the 1600 block of Decoto Road. Five suspects entered two stores within minutes of each other and stole money from the cash registers. The suspects were a Black female juvenile, a Black male juvenile, and a Hispanic male juvenile, along with two additional unknown suspects. They all fled in a black Kia.

**Monday, January 22**

• At approximately 11:50 a.m. officers responded to a robbery in the 30000 block of Dyer Street. Three unknown Black males, 20-25 years old, wearing dark-colored hoodies and surgical

masks, entered the money center and produced a note stating they had a gun and demanded money. Employees handed over the cash, and the suspects fled on foot.

**Tuesday, January 23**

• At approximately 9:00 p.m. officers responded to an assault in the 32400 block of Dyer Street. Completely unprovoked, the suspect approached the victim with an 18-inch machete and held it to the victim's throat. The victim quickly disarmed the suspect and entered a business for refuge. The suspect followed the victim into the business but quickly fled. The suspect was described as a bald Asian male in his thirties, wearing a blue shirt.

**Friday, January 26**

• At approximately 5:30 a.m. officers responded to two consecutive robberies in the 34600 block of Alvarado Niles Road. Two suspects, described as either Hispanic or Black and in their twenties, entered the businesses and stole the cash registers. In one, they battered an employee. They fled in a gray vehicle.

• The Alameda County Fire Department (ACFD) swiftly responded to a two-vehicle collision at the intersection of Interstate 580 and Eden Canyon Road in Castro Valley at 7:30 a.m. One driver was safely extricated from their vehicle, while the other was fortunate enough to walk away unharmed. Serious injuries were avoided. The investigation into what caused this incident is ongoing.

## Alameda County Fire Log

SUBMITTED BY ACFD

**Thursday, February 8**

• ACFD responded to an intense garage blaze at a two-story residence within the 36000 block on LaSalle Drive in the city of Newark. Though the flames threatened, the home itself

was spared, suffering only smoke infiltration through an upper window. In the aftermath, assistance from the Red Cross enabled four adults, two children, and their dog to secure temporary housing. There were no injuries. The investigation into the fire's origin is ongoing.



Last week's storm toppled trees across the county.



Alameda County Fireman extricating a victim from a collision on Eden Canyon Road February 8.

## 2024 Early Bird Summer Camp Preview Night

SUBMITTED BY UNION CITY RECREATION

Mark your calendar and get a head start on planning your child's summer vacation! Union City Community and Recreation Services wants to assist you in organizing summer activities for your child.

**Early Bird Summer Camp Preview Night  
Monday, Feb 26  
4:30 p.m. – 6:30 p.m.  
Holly Community Center  
31600 Alvarado Blvd., Union City**

This is your opportunity to pick-up Summer Camp fliers before they become available online, meet Day Camp Staff, verify your Rec 1 account and ask questions. This is your opportunity to receive Day Camp details until registration opens. We will NOT be taking any registrations this evening.



# SPORTS

## Chabot Gladiators Open Season with Doubleheader Split



Sophomore Ka'Naya Newton (left) and freshman Kayla Hidalgo (right)

SUBMITTED BY  
CHABOT COLLEGE ATHLETICS

The Chabot softball team opened the spring season by splitting a doubleheader with Porterville, dropping the first game 5-1 and taking the second in a six-inning, 13-4 blowout that featured 13 Chabot hits.

Marissa Dorr pitched well in the first game, and the Gladiators made some excellent defensive plays. Chabot, which has a roster

with all freshmen but four players, also hit the ball hard and only needed to find a few gaps to spark a big rally.

The second game was an offensive showcase for the Glads (1-1), who came out hot.

Ka'Naya Newton singled and stole a base. Yubi Aguayo singled to advance Newton to third with one out. Kayla Hidalgo and Lani Taufete'e drew walks to produce the first run of the game. Nia Burnett smacked a two-run single to make it 3-0.

In the next inning, Melina Vizcarra singled in the gap, Newton reached on a fielder's choice, and stole second on the next pitch. The speedy Newton stole third and scored on Dorr's two-run RBI. Hidalgo tripled, scoring the third run of the inning. Lani Taufete'e singled, scoring Hidalgo. The Glads ended the inning up 7-0.

The Pirates were able to extend the game by scoring a few runs in the fourth and fifth, but the Glads scored two more on a

walk-off double by Kiarra Taimani, scoring Burnette and Lani Taufete'e.

Burnett pitched an amazing game, with three strikeouts over six innings. Dorr had the hot bat, with four RBIs, two runs and a double and a triple; Kayla Hidalgo went 3 for 3 with two triples, three runs, three hits, and three RBIs. Burnett also had three hits, a run and 3 RBIs.

## Chabot Gladiators of the Month

SUBMITTED BY  
CHABOT COLLEGE  
ATHLETICS

### Hunter has some serious game

Congratulations to Chabot freshman guard Nia Hunter on

being selected as women's Gladiator of the Month for January. A big-game player with a bright future, she scored 17 points (8-16 fg) in the Glads' clutch win over CCSF to open conference play. She also poured in 20 points against Skyline.

The Lady Glads are ranked 19th in the state and 11th in the North.

### Edwards smooth in transition

The Chabot men's basketball team is one of the state's hottest teams, and Marcellus Edwards is a freshman sensation. A mover

and shaker on the court, Edwards is averaging 13 points with 4.2 rebounds and 3.3 assists on a deep team. He is in the top three in the Coast-North Conference in field goal percentage, at 53 percent.

The Men's Glads team (18-4, 6-0 Coast-North) moved up four spots to No. 4 in the most recent State Poll. Guided by head coach Keenan McMiller, Chabot has a knack for overpowering.

## Moreau Mariners Rally Squad head to Nationals



BY APRIL RAMOS  
PHOTO SOURCE  
MCHS RALLY SQUAD  
INSTAGRAM

Moreau Catholic High School's Rally Squad is headed to the USA Spirit National Championship Competition. After competing in the Regional Competition at Deer Valley, the Hayward Mariners Rally Squad qualified for Nationals in Anaheim on February 15 - 18.

"Our 14 athletes have worked all season in preparation for this event," shared the team's head coach Juanita Castillo. The Mariners have practiced through all seasons cheering at football, basketball and volleyball games perfecting their individual skills as well as team routines.

Nationals is the last stop on the team's competition journey and this year the Mariners have qualified for two divisions at Nationals. "We will be competing in the Varsity Novice Song-Pom division as well as the Varsity Crowdleader division. This is Moreau's first time competing in the Crowdleader division at

Nationals so we are excited about that," explained Castillo.

Varsity Novice Song-Pom is in the dance division. This style emphasizes dance technique, strong arm movement and captivating choreography all within a two minute and thirty second time frame. The Crowdleader division is an enhanced version of the traditional sideline cheering seen at football games. This style includes high energy cheers, chants and stunts drawing in the attention of the crowd in a four minute routine.

Castillo, along with assistant coaches Brianna and Kira, are looking forward to seeing the team's hard work and talent shine through on the stage. A lot of admiration is expressed for the young athletes by their head coach as she shared, "It takes a huge amount of time and commitment to be both sideline and competition teams. We are proud of the teams' accomplishments made thus far and look forward to seeing them compete against other teams from across the West Coast."

## CCAA Pitcher of the Week After Pioneer Debut in Circle

SUBMITTED BY  
CSUEB ATHLETIC  
COMMUNICATIONS



Ashlee Toy

After an outstanding performance in the circle on Saturday during the Concordia Kickoff Classic, Cal State

East Bay softball junior pitcher Ashlee Toy was named CCAA Softball Pitcher of the Week for January 29 - February 3.

Toy pitched a complete game shutout on Saturday in what became a road game at Azusa Pacific where the Pioneers won 6-0. In the 7.0 innings of work, Toy had three strikeouts and allowed six hits with no walks.

Toy was the first pitcher for Cal State East Bay to win CCAA Softball Pitcher of the Week since 2015 when Emily Perlich earned the weekly award at the start of the season.

## Washington High School hosts Mission Valley Athletic League Wrestling Championships

BY VIDYUTH SRIDHAR

Concluding the 2024 season, the Mission Valley Athletic League (MVAL) Wrestling Championships were held on Saturday, February 10, at Washington High School in Fremont.

With Washington being selected to host the event, many preparations were made behind-the-scenes. "The challenges were coordinating [facility use] with the other sports that also practice here, and making sure we had enough volunteers. Thankfully, we had a lot of parents and wrestlers from other schools helping the event run smoothly," Washington High School assistant coach Eli Johnson said.

The championships kicked off at 7 a.m. with competitor weigh-ins, before commencing

the first match at 9 a.m. Athletes were organized into a competition bracket based on their sex, weight-class, and whether they were in Junior Varsity or Varsity. Contenders battled amidst a raucous crowd of spectators, coaches, and fellow wrestlers across Washington Main Gym's three mats.

Though the event featured seven schools and more than 50 respective wrestlers, several star athletes emerged victorious in their respective class brackets, delighting fellow teammates and onlookers. In the Boys' Varsity 152-pound weight-class finals, Washington wrestler Jacob Barajas faced off against James Logan High School's (Union City) Abdul Quraishi, grappling back and forth in a gritty matchup that entranced many crowd members. Barajas eventually prevailed 9-3, causing Washington supporters to erupt in cheer. "Heading into the match, I

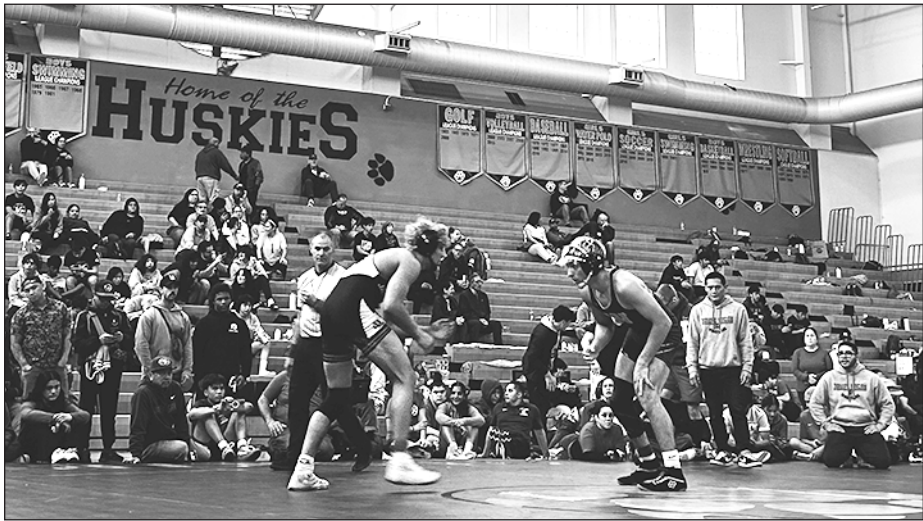
knew [Quraishi] was a good wrestler; I'd wrestled him before – the first time he beat me and the second time I beat him. I just tried to clear my head, and work my moves," Barajas reflected.

In the Girls' Varsity 172-pound finals, Newark Memorial High School (Newark) wrestler Thalia Hernandez's performance drew deafening applause from the audience, echoing throughout the gym. Hernandez, who returned from injury in her first season contest, deftly pinned her opponent, John F. Kennedy High School's (Fremont) Kira Bjornson to submission. "I was a bit scared ... since it's been a while since I've actually wrestled that much. [But] when the time came, you just had to lock in, and I locked in," Hernandez revealed after the match.

In addition to competing for a title, many wrestlers took the

opportunity to bond with teammates and improve their skills. Bouts of practice fights, coaching instruction, encouraging conversations, and team meetings occurred in the background throughout the day. "Since it's a full-contact sport, we really missed it [during the pandemic]. It's good to have everyone back and interested in the sport," Johnson said.

For athletes selected by MVAL or who have been accepted as "at-large" nominated entries, their postseason continues at the North Coast Section (NCS) Championships on February 16 and 17. The NCS Boys Championships will be held at James Logan, whilst the NCS Girls Championships will occur at Albany High School (Albany).



Jacob Barajas (Washington) battles Abdul Quraishi (James Logan)



Kira Bjornson (Kennedy) faces off against Mia Haro (Newark Memorial)



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# Look at the King Tides!

BY STEPHANIE GERTSCH

On Friday, February 9, this reporter hiked around Alviso Marina County Park and the Don Edwards Wildlife Refuge Environmental Educational Center. Both these locations are on the salt pond and marsh in San Jose. The flat (if muddy) hiking trails are a great place to view the especially high waters of the Bay during this high tide event. In this flat area, the water often mirrors the sky, but sitting on a bench with the water reaching almost up to the boardwalk, the division between sea and sky seems to break down, creating a liminal space.

"King Tides" isn't a scientific term—it basically refers to any tides that are unusually high due to the alignment of the sun, moon and earth. Because tides are caused by the moon's gravitational pull, tides will be more or less extreme based on the moon's current position relative to Earth.

King Tides are a natural phenomenon and occur on a predictable schedule. In 2024, King Tides occurred on January 10 and 11, and February 9 (at around 11:30 a.m.).

Even though they're not caused by humans, King Tides are a good way to visualize the effects of climate change and sea level rise. If this becomes the new baseline, how safe are our neighborhoods and cities? King Tides highlight the importance of spongy marshland that can absorb fluctuations in the water level much better than, say, a parking lot.

The King Tides are over for this winter, but if you want to explore and learn about some of the Bay Area's few remaining salt ponds and marshes, Alviso Marina County Park offers a flat trail where you can walk out into the bay on a series of boardwalks and dirt paths.

**Alviso Marina County Park**  
Open 8 a.m. – 5 p.m. daily  
1195 Hope St., Alviso

*Learn more about King Tides, sea level rise, and other topics at:*  
*<https://www.coastal.ca.gov/kingtides/>*

