



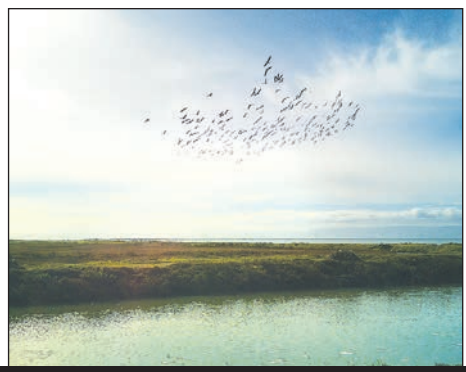
Jared Freiburg returns to Castro Valley

Page 16



Remembering Martin Luther King Jr. at local church

Page 8



Hayward Regional Shoreline

Page 30

What's Happening

# TRI-CITY VOICE

Fremont, Newark, Union City & Castro Valley, Hayward, Milpitas, San Leandro, San Lorenzo, Sunol

"Accurate, Fair & Honest"



Scan for our FREE App or Search App Store for TCVnews

510-494-1999

tricityvoice@aol.com

www.tricityvoice.com

January 23, 2024

Vol. 23 No. 4



By Fernando Aguila

## Edwardian Ball

Full entertainment lineup announced

SUBMITTED BY KEVIN KOPJAK

PARADOX Media and Vau de Vire have announced the full entertainment lineup for "The Edwardian Ball 2024," taking place at San Francisco's Regency Ballroom on Friday, January 26 and Saturday, January 27, 2024.

Set in a re-imagined "Edwardian Era," this multi-city, multimedia extravaganza has grown over the past 23 years from an underground club party into an internationally recognized festival of the arts, now operating with the blessing of The Edward Gorey Charitable Trust. Presented over two nights, with both Friday and Saturday offering the full experience, ticket options are available for one or

both nights and available now at edwardianball.com.

On Friday, January 26 from 8 p.m. to 2 a.m., guests are welcomed to The Edwardian Eve—a newly reimagined opening night experience. Explore an enchanted and immersive twilight, discover moonlit magic in our Museum of Wonders, enjoy a tapestry of performances in the Grand Ballroom, and peruse the world-class wares in the Vendor Bazaar.

A list of vendors and performers is available online. Among others, the lineup for Friday includes:

### WHISKERMAN

Over the last seven years, this Oakland band has developed an underground reputation for

continued on page 4

## Sun Gallery kicks off 2024 Children's Book Illustrator show – and debuts API exhibit

SUBMITTED BY PAKI AHKOI  
IMAGES BY BERKELEY ILLUSTRATOR ROSE ERNST FROM "WHAT DID YOU FIND TODAY"

The Hayward Sun Gallery's 33rd Annual "Children's Book Illustrator show" starts Thursday, January 25 and runs through March 16, 2024. Local Bay Area artists display their illustrations in our main gallery, along with their books for sale. This is a popular event for the Sun Gallery as well as for schools holding field trips.

We will have our artists reception on Saturday, February 3. This event is free and open to the public.

We also have running concurrently our first annual Asian Pacific Islander exhibition, with works by artists of Asian or Pacific Islander heritage, or ones inspired by those cultures. The exhibit will be up in the gallery on the same dates, with an artists reception held the same day.

As always, gallery admission is free. Gallery hours are Thursday through Sunday, 11 a.m. to 4 p.m. For more information, find us online at [sungallery.org](http://sungallery.org) or call us at (510) 581-4050.

**Children's Book Illustrator show & API Exhibition**  
Thursday, Jan 25 – Saturday, Mar 16  
Thu – Sun: 11 a.m. – 4 p.m.

**Opening receptions**  
Saturday, Feb 3  
**API Exhibition: 12 noon – 3 p.m.**  
**Children's Book Illustrator show: 1 p.m. – 4 p.m.**

**Sun Gallery**  
1015 E. St., Hayward  
(510) 581-4050  
<http://sungallery.org/>



## Our critical moment to save Newark Wetlands



Aerial photo of Newark Area 4, including the Pick N Pull site proposed for over 200 housing units. Photo by Derell Licht

SUBMITTED BY TARAN SINGH

Like many people worldwide, nature was my refuge during the early days of the pandemic, when much was in lockdown. Every evening, I would walk along the shoreline trails to catch the tidal breath, unwind, and be inspired by the beauty and life that resonates in the Don Edwards San Francisco Bay National Wildlife Refuge. Newark has been a home for my family for more than 15 years now, and to be part of this awe-inspiring landscape of marsh, wetlands, and booming life has become a keystone of freedom, grounding, and connection for us.

With a limited number of parks and open spaces in the Newark area, the Refuge attracts people from near and far. On my evening walks, I noticed trash piling along the side of trails,

entrances, and parking lots. My beliefs have propelled me to respect the environment from early childhood. I started bringing a trash bag and picker. Still, it was overwhelming, so I worked with our local community to organize multiple cleanup events where residents, scout groups, and other concerned folks helped in our efforts. Together, we were able to make a difference.

Then I heard about plans by developers to build hundreds of houses on the Baylands right next to the Refuge, and I had to get involved. This area, called "Newark Area 4," is more than 500 acres of undeveloped open space that contains large areas of existing wetlands and low-lying uplands that San Francisco Bay scientists say will be incredibly important to mitigate damage when sea levels rise. It's also an

continued on page 15

### INDEX

Arts & Entertainment . . . . 17  
Business . . . . . 8

Classified . . . . . 23  
Contact Us . . . . . 21  
Editorial/Opinion . . . . . 21  
Home & Garden . . . . . 13

It's a date . . . . . 17  
Kid Scoop . . . . . 10  
Mind Twisters . . . . . 14  
Obituary . . . . . 24

Public Notices . . . . . 26  
Subscribe . . . . . 21

# Local Man Gets “A Second Life” Through Aquablation Procedure



Back to doing the things he loves, Al Bona in his garden.

This is the second article in a two-part series on Aquablation, a breakthrough treatment for enlarged prostates in men. Last week's article announced an upcoming free online seminar on the topic—see the end of this article for details.

Union City resident Al Bona has never liked going to the doctor. In fact, he had never been admitted to a hospital, until last September that is. After his recent health scare from an enlarged prostate, he now calls his urologist, Mark Saleh, MD, his friend and describes Washington Hospital Healthcare System (WHHS) as “awesome!”

It all started when Al and his wife noticed he was urinating more often than usual and he had lost his appetite. After a couple of weeks, it got to the alarming point where he could not pass urine at all.

At Washington Hospital's Emergency Department (ED) Al underwent tests and imaging that showed he was suffering from lower urinary tract symptoms (LUTS) due to an enlarged prostate, also called benign prostatic hyperplasia (BPH). He was hospitalized for testing and needed urinary catheterization to empty his bladder and treat the problem temporarily until prostate surgery could be performed.

“When I arrived at the ED I felt physically bad, very depressed, and like I was a hopeless case,” explained Al. “But everyone there was great. They ran all the necessary tests and called in the specialist, Dr. Saleh, for me. The awesome nurses of the sixth floor really supported me, so I knew I was in a safe place, receiving the help and care I needed.”

BPH is a common condition that affects one in two men over the age of 50,

and the incidence increases every decade of life. Symptoms can be physically and emotionally devastating, and when left untreated, BPH can lead to irreversible health problems. Traditionally, when medications are not effective, a surgery called transurethral resection of the prostate (TURP) is performed, but not all men are candidates and oftentimes it comes with life-changing side effects.

Al chose a new groundbreaking procedure called Aquablation, which has been proven in clinical studies to result in improved symptom relief and lower rates of complication than TURP. A few months after his initial ED visit, Al underwent the one-hour procedure followed by an overnight hospital stay in late September, shortly after WHHS became one of the few medical facilities in the area to introduce the advanced technology.

*“After my Aquablation surgery...I feel like I have been given a second chance at life!” – Al Bona, Union City resident*

In addition to an apprehension to doctors and hospitals before his BPH ordeal, Al had a real fear of undergoing anesthesia that was necessary for his Aquablation procedure. “I have heard stories of people not waking up after surgery, but the wonderful doctors and nurses at WHHS put me at ease and treated me with respect,” he recalled. “After my Aquablation surgery I had no pain at all and now I am completely normal. I feel like I have been given a second chance at life!”

Al returned to his work as a network performance engineer for a wireless communications company shortly after his procedure. He was also able to get back to babysitting his grandchildren and hobbies like gardening and doing household projects, like putting up Christmas lights in time for the holidays. His message to other local men who may be experiencing symptoms from BPH is don't delay seeing a urologist. Get tested so you can receive treatment and get your life back to normal.

For more information on Aquablation, attend a free online seminar presented by Dr. Saleh, “Aquablation: A Transformative BPH Treatment,” on Tuesday, Feb. 13, at 12 p.m. To watch it on Facebook, sign in to your account then go to Facebook.com/WashingtonHosp. Or you can watch it without an account at YouTube.com/whhsInHealth. If you cannot watch it live, the seminar will be available the following day on YouTube.



**InHealth**  
Your YouTube Channel

**YouTube**

YouTube.com/whhsInHealth  
Join the 36,000 subscribers of Washington Hospital's YouTube page.

**Health Care Videos More Accessible Than Ever!**



**Hip replacements—The Anterior Approach**  
The anterior approach is a minimally invasive procedure for hip replacement. Dr. Alexander Sah will explain the muscle-sparing benefits of this approach.



**Empowering Victims of Interpersonal Violence**  
Learn about the screening process for abuse stemming from domestic violence, human trafficking, or elder and child abuse. This presentation includes a special message from Safe Alternatives to Violent Environments (SAVE).

**Coming Soon!**



**TAVR: Minimally Invasive Procedure for Heart Valve Replacement**  
**Thursday, February 8, 2 p.m.**  
How can a valve in your heart be replaced without open-heart surgery? Join cardiothoracic surgeon, Ramin Beygui, MD, FACS, for a full explanation of the TAVR procedure and how it is changing lives.



**Aquablation: A Transformative BPH Treatment**  
**Thursday, February 13, noon**  
Learn how a minimally invasive procedure has revolutionized the treatment of benign prostatic hyperplasia (BPH). Hear the science behind this innovative technology and how the procedure relieves pain without compromise.

**Other Video Topics:**

- Joint Pain
- Stroke Awareness
- Washington Township Health Care District monthly board meetings
- Diabetes Education
- Timely health topics such as COVID-19 and wildfire safety
- And so much more!

**Don't Let Hip Pain Win**  
Updates in Hip Replacements

John T. Dearborn, MD, FAAOS  
Orthopedic Surgery

The number of hip replacement surgeries performed at Washington Hospital increases each year. Dr. John T. Dearborn, who began the joint replacement program at WHHS, shares patient outcomes and the latest research and technologies to benefit patients.

**Events Information**

For more information or to register for events, call 800.963.7070 or visit whhs.com/events.

**Visit Us!**

[YouTube.com/whhsInHealth](https://www.youtube.com/whhsInHealth)



# New Year, Healthier You—If Not Now, When?

THIS IS THE FOURTH ARTICLE IN A FOUR-PART SERIES ON WAYS TO IMPROVE YOUR HEALTH IN 2024

## Improved Health Includes Exercise

Local orthopedic surgeon prescribes exercise for the new year

### Step By Step

If you ask Russell Nord, MD, Washington Township Medical Foundation (WTMF) orthopedic surgeon and medical director of the Sports Medicine Program, the path to physical fitness could start at your own front door. For Dr. Nord, exercise is a key component of good health, and putting one foot in front of the other is a good way to work toward that goal.

### Why Exercise?

Physical activity has been shown to improve quality of life, both physically and mentally. It helps with physical strength and bone health, and can lead to weight loss, better sleep, clarity, focus—and just feeling better about yourself. It's one of the best things you can do for your overall health. People who exercise tend to have better health outcomes in other areas. That said, Dr. Nord understands beginning an exercise program can be intimidating.

"The human body is built for exercise," Dr. Nord said. "It can do incredible things if given time and rest. The goal is to very gradually increase whatever the exercise is. That might be the amount of weight that someone is using, or the amount of distance they're walking, running or biking, or the speed at which they're doing it."

### First Things First

It's easy in the blush of New Year's resolutions to proclaim you're going to exercise every day. That first burst of enthusiasm can go by the wayside quickly if you don't have a plan.

"Think about your fitness goals," Dr. Nord explained. "Want to lose weight? Become more flexible? Run a marathon? Then write it down. Having a specific goal will allow you to measure your progress, which will help keep you on track."

While this holds true for athletes trying to get to the next level, gym rats or weekend warriors, it's even more

*"The human body is built for exercise. It can do incredible things if given time and rest."*  
—Russell Nord, MD

important for someone just starting out in a new exercise program. "If you've been sedentary, don't expect to run for a mile on your first day out," Dr. Nord advised. "Get up and go for a five-minute walk and see how you do. You don't want a big shock to the system and you don't want to be overwhelmed to the point where you don't want to return to that activity."

"If you have an injury or a medical condition, talk to your health care or fitness professional," he suggested. "Together you can design a fitness program that slowly and steadily improves your range of motion, strength and endurance."

### Next Steps

After you've decided to give exercise a try, the next step is deciding what kind of exercise will work best for you. People wonder, "What kind of exercise is best for me? What do I want to accomplish? How much time, equipment and money will be required?"

Dr. Nord recommends looking at your lifestyle, your occupation and your interests to find a place to start. It's important to push yourself out of your comfort zone. People tend to gravitate toward what they're good at and we all need to fight that natural inclination.

"For example, if you're on your feet all day at work in a large warehouse, walking wouldn't be ideal exercise – it would be more work," Dr. Nord explained. "In that case, maybe an elliptical, stationary bike or weight training would be a better choice. Start with the basics—low weights or short distances—then gradually increase. "Start slow and go forward slowly," Dr. Nord said. "Aim to increase your activity level by no more than 10% a week."

"Make a balanced routine," he continued. "Pairing cardio exercises with strength training is important. Choose a cardio exercise such as an elliptical and pair it with strength training working all major muscle groups. One set of each exercise is enough for health and fitness benefits. Do each on different days and gradually increase as your body allows."

### Keeping It Going

It's important to know what your body is capable of before you begin, and just as important to pay attention to it as you progress. Dr. Nord recommends building

continued on page 5



## Online Health & Wellness

facebook.com/WashingtonHosp  
youtube.com/whhsInHealth

Tuesday, Feb. 13  
12 p.m.

### Aquablation: A Transformative BPH Treatment

Learn how a minimally invasive procedure has revolutionized the treatment of benign prostatic hyperplasia (BPH).

Hear the science behind this innovative technology and how the procedure relieves pain without compromise, improving the quality of life.



Mark Saleh, MD  
Urology

whhs.com



If you cannot join live, the presentation will continue to be available on our Facebook and YouTube pages.

2000 Mowry Ave.  
Fremont, CA 94538  
#PatientFirst



**JEWELRY**  
*By Design*



FINE QUALITY JEWELRY

**GOING TO RETIRE!**  
**SPECIAL PRICES**  
IN STOCK ITEMS

**30% OFF**

Wed - Sat  
10-4pm **510-793-3660**

**6299 Jarvis Ave., Newark**  
Next to Sprouts In Four Corners Shopping Center



**FREE Adult Reading and Writing Classes** are offered at the Alameda County Library  
**Tell A Friend** Call Rachel Parra 510 745-1480

**MAS FUEGO**  
FUSION • COCINA • TEQUILARIA

**NOW OPEN**

SUNDAY - THURSDAY **11AM TO 9PM**  
FRIDAY - SATURDAY **11AM TO 10PM**



**FREE**  
TRIO OF SALSAS WITH CHIPS

**PACIFIC COMMONS**  
43968 Pacific Commons Blvd., Fremont  
510-630-2378  
www.masfuego.com

**Fremont's First Cohousing Community**  
**MISSION PEAK VILLAGE**  
*Know Your Neighbors and Live Your Values*

Visit [missionpeakcohousing.org](http://missionpeakcohousing.org)  
Chat with us informally or sign up for an information session  
Call Kelli at 510-413-8446

**MISSION PEAK**  
village




**John Juarez, REALTOR®**  
510-673-0686



**1400 Carpentier St. #129, San Leandro**

List Price: \$460,000

**KW ADVISORS**  
john@medfordteam.com 510-673-0686 www.MedfordTeam.com CalBRE# 01223788

**RENOVATED CONDO CLOSE TO BART**

- ◆ 2 Bedrooms, 1.5 Baths
- ◆ 968 Sq. Ft. Living Area
- ◆ Upgrades include Luxury Vinyl Floors, Quartz Countertops, Fresh Interior Paint, Recessed Lights and More.
- ◆ In-unit Laundry Room with W/D
- ◆ All Appliances Stay
- ◆ Seller will pay 6 mos. HOA fee
- ◆ Two blocks from BART

continued from page 1

# Edwardian Ball



By Infrared Moses

tackling the sublime with their ambitious songwriting, thunderous stage show, and acute lyricism. They have since emerged as an engine of the Bay Area's revitalized psychedelic and festival scenes.

**BRAD BARTON, MENTALIST**

Brad Barton has performed for over 20 years for corporate clients, arts festivals, TED talks, and more. His charming, laid back style of true interaction with an audience is what has earned him international success.

**DARK GARDEN**

Dark Garden offers bespoke handmade corsetry, designed and created in San Francisco. They have been partners with the Edwardian Ball since its inception in 1999.

**KINETIC STEAM WORKS**

Kinetic Steam Works is an Oakland-based nonprofit dedicated to steam powered kinetic art. We explore and repurpose the artifacts of clockwork modernity, blending vintage steam power, industrial art, and education.

On Saturday, January 27 from 8 p.m. – 2 a.m., guests will be treated to an all-new live performance of Edward Gorey's classic tale, "The Remembered Visit," a grim story of travel, intrigue, loss, and... paper. Night

fades as a new day dawns, bringing the excitement and elegance of a warm and vibrant new day! Ballroom dancing and high kicking cancan fill the floor, as music, theatre, and fashion grace the Ballroom and Museum stages. Guests can explore the world-class wares of the Vendor Bazaar and discover the many hidden worlds of our patron saint, Edward Gorey.

**The full lineup for Saturday includes: KUGELPLEX**

Kugelplex is the West Coast's rockin'-est purveyor of klezmer and old-world music. Formed in 2001, the group plays wild, soulful dance music at concerts, festivals and Jewish lifecycle events throughout the United States

**LE CANCAN BIJOU**

Le Cancan Bijou is an award-winning, specialty-themed dance troupe based in the San Francisco Bay Area. The talented dancers of Le Cancan Bijou bring a new excitement and playful spirit to the traditional, high-kicking French Cancan.

**SYDNI DEVERAUX**

Sydni Deveraux is a 2x Burlesque Hall of Fame award winner, avid lifter, perfume loving, amateur dj-ing babe. She will host our Saturday vaudeville cabaret in The Museum of Wonders.

**IAN STEVENS**

Ian Stevens is a longtime Edwardian Ball collaborator that helps design our darkly alluring Museum of Wonders. This year he will be creating an oddities parlor, where you can relax with your friends amidst a collection of curiosities.

The Edwardian Ball Vendor Bazaar will be open to the public on Saturday, January 27 from 12 noon to 5 p.m. and will feature goods from the finest artisans, craftspeople, and merchants to make sure that you attend the Ball (and all your days thereafter) in the most exquisite style. Discover fashion, accessories, gifts, crafts, and more. This daytime event is free and open to the public, and offers a quieter endeavor without the delightful hubbub of the evening events. All ages are welcome.

**The Edwardian Ball**  
**Friday, Jan 26 & Saturday, Jan 27**  
**Evening party: 8 p.m. – 2 a.m. both nights**  
**Bazaar: 12 noon – 5 p.m. on Saturday**  
**San Francisco's Regency Ballroom**  
**1300 Van Ness Ave., San Francisco**  
[edwardianball.com](http://edwardianball.com)  
**Tickets: \$75 - \$145**

## Honor Roll

- Oregon Institute of Technology**  
Fall 2023 President's List
- Hubert Bui of Hayward
- University of the Cumberlands**  
Fall 2023 Dean's List
- Ariana Pereira of Newark
  - Sambidhan Kattel of Hayward
- Utah Tech University**  
Fall 2023 Dean's List
- Sara Pim of Newark

## Trine University

- Fall 2023 Graduates students complete degrees**
- Kushal Mukesh Kothari of Union City Master of Business Administration
  - Asraruddin Mohammed of Fremont Master of Science in Information Studies
  - Nahida Haq Nworen of Fremont Master of Science in Business Analytics
  - Ji Shern Tan of Fremont Master of Science in Engineering Management
  - Shreyas Vijaya Kumar of Fremont Master of Science in Business Analytics

continued from page 3

## Improved Health Includes Exercise

activity into your daily routine by scheduling exercise just as you would any other appointment.

"Watch TV or listen to a podcast while you're on the treadmill or exercise bike," he said, "or go for a walk during your lunch break at work."

If you find yourself getting bored by one-note exercise routines, change it up with different activities. Cross-training can include low-impact activities combined

with strength training over several days. Or, you could add 10- to 30-second bursts of high-intensity activity to your regular routine, such as a quick run during a walk. Just make sure to give yourself time to recover after each session.

### Avoid These Pitfalls

Many people think they need to go to a gym or join a fitness club to be successful at adding exercise into their daily activities. Not so, per Dr. Nord.

"Exercise doesn't have to be formal," he said. "Whatever exercise you choose, you need to have the proper technique, the correct equipment and the right mindset. The human body is very adaptable; it's important to start carefully. I can't emphasize enough how important the 10% rule is – don't increase your activity level by more than 10% a week. Remember, exercise is a marathon not a sprint. The main point is to enjoy what you're doing. Exercise should be fun; it's not a punishment. If that's how you feel when you exercise, try something else. There's something for everyone in the exercise realm."

To learn more about Dr. Nord and other WTMF providers, visit the Find a Doctor section of [www.mywtmf.com](http://www.mywtmf.com), or scan the below QR code. To learn more about the Sports Medicine program at WHHS, see [whhs.com/Sports](http://whhs.com/Sports).



## Solve for Tomorrow with Team Solaraclean!

BY MARC VICENTE

PHOTOS PROVIDED BY KATY KUEI

Samsung has recently announced their 300 State finalists for their Solve for Tomorrow competition this 2023-24 season. The contest applies STEM learning to solve a community problem with clear objectives and planned activities to reach the intended goal. Finalists consist of teachers and their students from various middle schools and high schools across North America, including Mission San Jose High School's Honors



Team Solaraclean left to right: Sophomores Aaron Li, Victor Luo, and Ian Yong

Chemistry teacher Katy Kuei, and her high school sophomores, collectively calling themselves Team Solaraclean.

Teaching for the summer Academic Talent Development Program (ATDP) Chemistry program for UC Berkeley--on top of the 15 years she had been teaching Honors Chemistry at Mission San Jose—Kuei shares critical thinking skills gained from chemistry to help her students enjoy both overcoming challenges and learning from them in the process. Her leadership had also allowed her Mission San Jose High to be Samsung Solve for Tomorrow State Winners for the past two years.

High school sophomores Aaron Li, Victor Luo and Ian Yong were selected by their fellow students as the Samsung representatives for this year. Team Solaraclean's name reflects how students have been working together to utilize a combination of both the sun's energy and

other eco-friendly chemical processes (namely chlorine, ozone and nanotechnology) to provide a sustainable method to purify water from lakes, rivers and other natural bodies of water. Peer critiques and project presentations are scheduled to occur throughout the year, so that everyone in the class will still be able to continue learning from the experience as they wait for the results of the contest.

"A big hurdle was the need to teach students how to read scientific primary literature in a short amount of time," Kuei says about the process that her team took to reach their solutions for their entry. "That can be a daunting task at first, so I used the first few weeks of school teaching research methods and primary literature reading so the students can productively brainstorm for project ideas. As a result, we've learned so much together, and have had some great breakthroughs in the past few weeks."

According to the competition's web page, Solve For Tomorrow started on August 29, and each competitor worked on their entries up until November 14. If Team Solaraclean gets selected as a State Winner (to be announced between January 30 to March 7), they will not only earn the \$2,500 worth of Samsung products and other supplies as State Finalists, but will also receive the opportunity to collaborate with a Samsung Employee Mentor on an upcoming project. Other nominations they can receive later on in the competition include the Employee Choice Award or Community Choice Award. Becoming one of three National Winners grants them both \$100,000 worth of Samsung products and classroom resources, and the chance to take a trip to the venue of the final judging event.

"The experience of the actual process in solving a problem from research, planning, and solution is precious and rewarding in itself," Kuei states. "Though we have been Samsung Solve for Tomorrow State winners for the past two years, we will continue to emphasize on the learning process itself through different stages of the competition."

Read more about Samsung's Solve For Tomorrow Competition through their FAQ page. [www.samsung.com/us/solvefortomorrow/faq/](http://www.samsung.com/us/solvefortomorrow/faq/).



Katy Kuei (with friend)



**Haller's**  
MEDICAL SUPPLIES  
Since 1957

Empathetic, Accurate & Timely Service is our #1 Priority

<p><b>Medical Supplies</b> Scooters Lift Chairs Bath Accessories Wheelchairs Walkers/Canes/Crutches Aids for Daily Living Hospital Beds/Bed Accessories</p>	<p><i>Personalized Service Special Orders</i></p>	<p><b>Sales Service</b> Rentals Repairs</p>
---	---	---

**Physical Therapy Equipment For Sale**

**Benefits of Exercise Peddlers**

*Not only will you maintain your physical fitness, but you'll also help keep certain diseases at bay. For starters, an exercise peddler will improve circulation and keep your joints healthy. This is also a wonderful way to get your cardio exercise in!*



**Haller's Medical Supplies**  
510-797-2221  
4067 Peralta Blvd., Fremont  
[www.hallersrx.net](http://www.hallersrx.net)


Mon-Fri: 9:00 a.m. - 6:00 p.m.  
Sat: 9:00 a.m. - 4:00 p.m.  
Sun: Closed -





## East Bay Hand & Plastic Surgery Center

We customize treatments for your individual needs  
Highly skilled and trained in all aspects of Cosmetic Surgery  
**Complimentary Cosmetic Consultations**



### Breast Augmentation

USING Allergan Silicone Implants

**\$7,500.00 Limited Time!** 1st time augmentations only

Exp. 2/29/24

Facelift Specialist  
Liposuction  
Breast Augmentation specialist  
Breast lift  
Breast reduction  
Mommy Makeover Specialist  
Tummy Tuck  
Upper/Lower Eyelids  
Removal of Excess skin surgery after weight loss  
Breast Reconstruction Specialist

**We accept most insurance providers**

### SkinCeuticals

**@ 20% off once a year special**

**Botox \$16.00 a unit**  
WHILE SUPPLY LASTS

THE PRICE OF BOTOX WILL BE INCREASING DUE TO ABBVIE PRICE INCREASE.

**Buy 2 Volumas and get a FREE Juvéderm ultra, ultra plus**

Volumas is the first and only FDA-approved filler to correct age-related volume loss in the midface for natural-looking results - Last up to 2 years  
when you mention this ad

**We are part of the Brilliant Distinctions Program (Allé)**  
**Must Mention ad for Promo Prices**




**Prasad G. Kilaru, MD, MBA**  
Diplomate, American Board of Plastic Surgery  
Over 20 years experience in cosmetic surgery

Call for current specials  
**510-791-9700**

Contact Delilah for more information  
[delilah@prasadkilaru.com](mailto:delilah@prasadkilaru.com)

Se Habla Español and Marunong Po Kami Mag Tagalog  
[www.prasadkilaru.com](http://www.prasadkilaru.com)

facebook   yelp

**39141 Civic Center Dr. #110, Fremont**

**FREE Adult Reading and Writing Classes** are offered at the Alameda County Library  
**Tell A Friend** Call Rachel Parra 510 745-1480

**LEAF**  
**(Local Ecology and Agriculture Fremont)**

Is seeking volunteers in various positions in our non-profit gardening community from working in our food gardens to grant writing, teaching classes and project mgmt.

**Website: [FremontLEAF.org](http://FremontLEAF.org)**  
**Contact us at [Info@FremontLEAF.org](mailto:Info@FremontLEAF.org)**

## J & J CULINARY

Formally Lazzari – relocated from Brisbane to Hayward

Introducing our premium firewood and charcoal collection – your ticket to flavor-packed, sizzling success this barbecue season!

**Why Choose Our Charcoal and Firewood?**  
**Superior Quality:** Our charcoal and firewood are carefully selected for their purity and burn consistency, ensuring your food is infused with that smoky, mouthwatering taste.  
 Meticulously seasoned and split to ensure a clean and long-lasting burn.

**Versatile:** Perfect for grilling, smoking, or roasting, our products are a must-have for all your outdoor cooking adventures. Our firewood is perfect for your fireplace, wood stove, bonfires, or camping trips.

**FIREWOOD AND CHARCOAL DISTRIBUTOR**  
 25616 NICKEL PLACE, HAYWARD, CA 94545  
 415-467-2972 [www.jandjculinary.com](http://www.jandjculinary.com)  
 BAY AREA'S CHOICE!

### GRAND OPENING IN MARCH 2024

## Water House

Coming Soon to  
 Castro Valley

March 2024



### Self service water purification

We specialize in Kangan, alkaline and purified water

Come on in, bring your own jug or purchase a new one from us!

3300 E. Castro Valley Blvd. Ste. D  
 Castro Valley

## We're in Crab Feed Season!

BY STAFF

Many local organizations are having their annual crab feed fundraisers. Below are a few of the ones coming up at the end of January and in February.

### Boys and Girls Club of San Leandro Crab Feed Saturday, Jan 27

5 p.m.: Cocktail hour  
 6 p.m.: Dinner & raffle  
 San Leandro Boys & Girls Clubs  
 2200 San Leandro Blvd., San Leandro  
<https://tinyurl.com/CrabFeed24>  
 Tickets: \$75

### Our Lady of Grace Crab Feed Saturday, Feb 3

5 p.m. – 9 p.m.  
 Our Lady of Grace Church  
 3433 Somerset Ave., Castro Valley  
<https://olgc.org/>  
[tinyurl.com/OLG-CYO](https://tinyurl.com/OLG-CYO)  
 Tickets: \$85

### Castro Valley High School Athletic Boosters Club Saturday, Feb 3

6 p.m.: No-host bar  
 7 p.m.: Dinner  
 10 p.m.: Dance  
 Cherryland Community Center  
 278 Hampton Rd., Hayward  
<http://cvhs-athletic-boosters-club.square.site>  
 Tickets: \$95

### Kiwanis Club of Milpitas 20th Crab Feed & Auction Friday, Feb 9

6 p.m. – 8 p.m.  
 Milpitas Community Center  
 457 East Calaveras Ave., Milpitas  
[www.eventbrite.com](http://www.eventbrite.com)  
 Tickets: \$80

### RCS Booster Club Crab & Tri-Tip Dinner & Auction Saturday, Feb 10

4 p.m.  
 Redwood Christian Middle & High School  
 1000 Paseo Grande, San Lorenzo  
<https://www.rcs.edu/>  
 Tickets: \$75

### 17th Fremont Age Well Center Crab Feed Friday, Feb 16

5 p.m. – 8 p.m.  
 Age Well Center at Lake Elizabeth  
 40086 Paseo Padre Pkwy., Fremont  
 (510) 790-6600  
<https://www.fremont.gov/>  
 Dine-in and Drive-thru options  
 Deadline to purchase:  
 February 1  
 Tickets: \$80

### Crab & Jumbo Prawn Feed & Dance Saturday, Feb 24

5 p.m.: Doors open & no-host cocktails  
 6 p.m.: Dinner  
 8 p.m.: DJ and dancing  
 Swiss Park Bar & Grille  
 5911 Mowry Ave., Newark  
 (510) 793-6272  
<https://swissparknewark.com/>  
 Tickets: \$75  
 (Purchase at Swiss Park)

## Learn About Working with a Book Illustrator

SUBMITTED BY TISH DAVIDSON

Fremont Area Writers invites all writers and artists interested in learning more about working with a book illustrator to a free Zoom talk by Maine illustrator Agy Wilson on Saturday, January 27. Wilson will speak about what to expect from your illustrator. Bring your questions.

Wilson grew up with lots of time to draw, lots of paper to draw on because her father was a paper coating engineer, and a love of books and art. Yet, despite her interest and talent, when she grew older, people kept telling her she could never make a living as an artist. This left her with the determination *to not grow up*.

Instead of running away to the circus, Wilson ran away to the Portland Art School, now known as Maine College of Art. There she studied a variety of art disciplines with skilled artists. She has been an art teacher, a wax artist, an egg artist creating Ukrainian Easter eggs, a calligrapher, and a painter

of endangered species for the Wilde-N-Wonderful Gallery at Busch Gardens in Florida. Then came the idea to combine her wide-ranging interests into the perfect career—writing and illustrating books.

Wilson has written and illustrated both traditionally and independently published books. She also illustrates and designs covers and interiors for books by other authors. Her experience ranges from developing baby books and books for emergent readers to graphic novels and adult coloring books.

Anyone interested in the ins and outs of book illustration should bring their questions to the Fremont Area Writers Zoom meeting. FAW events are free and open to anyone who has an interest in writing, from aspiring beginner to published professional. More information is available at <https://cwc-fremontareawriters.org>

To attend the Agy Wilson Zoom meeting, request a Zoom link from Scott Davidson at [scottfrombayside@yahoo.com](mailto:scottfrombayside@yahoo.com)

**Agy Wilson, book illustrator**  
 Saturday, Jan 27  
 2 p.m. - 4 p.m.

Request the Zoom link from Scott Davidson:  
[scottfrombayside@yahoo.com](mailto:scottfrombayside@yahoo.com)

## Lead Physician Assistant offers tips on staying healthy and avoiding winter ailments

BY ALFRED HU

The winter holiday season is a time when lots of people travel to pursue winter sports, spend time with families and friends or to celebrate holiday festivities. These activities are on the rise since many people feel that the Covid pandemic is over and thus tend to lose their guard against common winter ailments, including the common cold and influenza both of which are transmitted by a virus.

However, in recent months, according to the Center for Disease and Control (CDC), Covid is again on the rise, oftentimes caused by the new JN.1 variant. Nationwide, the last week of December 2023 saw a huge surge in emergency department admissions for COVID-19 and influenza, according to the CDC website. And in addition, California stands among the states with the highest respiratory virus activity. After JN.1, the next most common strain in the U.S. right now is the HV.1 sub-variant, which comprised about 22% of cases as of Dec. 23 (today.com). Symptoms of these new Covid variants include sore throat, congestion, runny nose, cough, fatigue, headache, difficulty breathing, nausea, loss of sense of taste and smell, muscle aches, high fever, and chills. Thus, getting a fresh COVID-19 and flu vaccine this winter is beneficial. Yet many still have not yet done so.

In spite of rising cases of respiratory illness and other winter maladies, the winter season does not need to look grim. Gabriel Smith, Lead Physician Assistant at Dignity Health-GoHealth Urgent Care, offers some tips to stay healthy. First of all, he recommends wearing a mask and



Gabriel Smith; Lead Physician Assistant at Dignity Health-GoHealth Urgent Care

gloves in crowded areas or in packed public transit such as BART or Muni and always washing hands thoroughly and keeping them away from your face. "I joke with my family members every year, 'If a small child tries to hand you anything, it's a virus; don't touch it,'" says Smith. He also emphasizes doing exercises such as walking and running, as well as mobility and strength training three times a week. In addition, he advises eating plenty of fruits and vegetables and avoiding overly processed foods, or anything with a lot of sugar.

The most common conditions Smith and his team treat are cough and congestion. These could result from Covid, flu, the common cold, or allergies, and can be truly annoying. Smith added, "I always recommend a non-drowsy antihistamine in the morning and a nasal spray an hour before bed. These medications, along with a bedroom humidifier and nasal saline rinses, will dramatically cut down on nighttime cough and morning sore throat. You can also use a tablespoon of honey for yourself or children over the age of two as well hot teas to help with any cough." Furthermore, he suggests seeking medical advice if cough and congestion persist for more than a week. He also mentions that

Dignity Health-GoHealth Urgent Care offers virtual visits, allowing patients to be seen online for cold symptoms and many other complaints.

As for Covid, some people claim that there is a prescription nasal spray to keep the disease at bay, but according to Smith, no such spray is being marketed at this time. Those spray products that claim to create a temporary barrier to the Coronavirus are ineffective. He therefore insists that the best preventive measure is, once again, wearing a well-fitting mask. Once a person catches Covid, Smith advises staying home and isolating to avoid spreading the virus. "If you cannot avoid being around others in your home, wear a mask, and make sure to have plenty of hand sanitizer," he advises. "Wipe down surfaces with a good antimicrobial cleanser and avoid going out in public. Covid is highly transmittable, and you never know who you may be around that has major health problems."

"Being a vigilant and a good citizen with care and concern for others is of utmost importance," stresses Smith. "Your health and the health of those around you is more important than work. You will have many jobs in your life, but you only get one life. Take care of yourself and stay healthy to lower your chances of catching these viruses, and STAY HOME if you are sick."

Finally, while respiratory illnesses, including Covid, spike during the winter, each one of us can do our part in keeping healthy and in preventing the spread of germs by following guidelines and recommendations by health care experts. And by keeping the number of cases and hospitalizations to a minimum, we can greatly reduce the strain on the public health sector.

## Celebration of Life

SUBMITTED BY TREASURES UNLEASHED


Join us for a sweet and whimsical afternoon "Celebration of Life! Candy Land Edition" on January 27 where we'll transform 971 B Street in Hayward into a magical Candy Land wonderland.

Step into a world of vibrant colors, sugary treats, and childhood nostalgia. Explore our interactive candy-themed event, where you can immerse yourself in a life-sized Candy Land board. Stroll down the Peppermint Forest, cross the Gumdrop Mountains, and remember to visit the Gingerbread House.

Throughout the event, we have a lineup of exciting activities and entertainment for all ages. Join in on the candy-themed games, participate in art activities and storytelling, and enjoy live performances by local artists.

Whether you're young or young at heart, our event promises a delightful experience filled with joy, laughter, and plenty of candy. Ticket purchase supports our mission in continuing the work we do in the community!


**Celebration of Life! Candy Land Edition**  
 Saturday, Jan 27  
 2 p.m. – 4 p.m.  
 Treasures Unleashed  
 971 B St., Hayward  
[www.treasuresunleashed.com](http://www.treasuresunleashed.com)  
 Adults: \$10  
 Youth 4 – 17: \$5  
 (Plus online fees)



# Fremont Botanicals

[www.FremontBotanicals.com](http://www.FremontBotanicals.com)

**HEMP CBD** For Pain, Sleep, Anxiety (for pets too!)



mention this ad and get **15%** entire purchase!

Questions? Concerns? **FREE** Consultations. Free Shipping. Free Delivery (for Fremont, Newark, UC)

Open Tues-Sat 10a to 5p visit us at our store 37517 Fremont Blvd or call us at 510-797-2774 Located behind Haller's Pharmacy off Peralta Ave.



**TIMOTHY J. GAVIN**  
ATTORNEY AT LAW

**CERTIFIED SPECIALIST**  
Estate Planning  
Trust & Probate Law

**510-248-4769**  
tim@gavin-law.com



**39812 Mission Boulevard #201**  
Fremont, CA 94539

## Fremont Cares: Sharing the Stories of Fremont's Unhoused Residents



Rita and her family in the Philippines celebrating her birthday.

SUBMITTED BY CITY OF FREMONT

The city is proud to share our Fremont Cares story series, an ongoing initiative to help amplify the stories of our unhoused residents. These stories shed light on the real-life experiences of Fremont's unhoused residents, highlight the homeless response services provided by dedicated city staff and partner agencies, and hopefully inspire our community to get involved and help.

The City of Fremont is committed to connecting its unhoused residents with the life-changing services they need to find permanent housing. We know that each person we help has a unique and often complicated story. The following is one of these stories:

When our city staff met "Rita," we knew we had to assist and reunite her with her family. Rita was introduced to the City's Human Services Department when both concerned library staff and other unhoused residents referred her for help. Julie Sakai, a case manager, met Rita after focused outreach with Abode Services, the city's partner agency. In her 70s, Rita was living in a tent near the library in Fremont's Central Park. She had memory issues, no identifying documentation, no income, and untreated diabetes and dementia.

In December 2022, Julie enrolled Rita in the city's Winter Relief program soon after it opened for the season, but because Rita lacked any form of income or identification, alternative housing options would not be available for her when the program was scheduled to close in the spring. Julie knew she had to intervene and develop a plan to prevent Rita from returning to homelessness. While in the Winter Relief program, Rita received intensive case management support, which included receiving diabetes treatment and successfully locating her family.

Her children, all of whom were living abroad in Canada and the Philippines, expressed interest in reuniting with their mom. Working closely with the Philippine consulate in San Francisco, Julie obtained travel documents for Rita and facilitated her safe journey home. Rita now lives in the Philippines with her family.

Rita's family has expressed their gratitude to Julie and the city for helping them reunite with their mom. They keep in touch with Julie and send her photos, including the one attached to this story of Rita and her family celebrating her most recent birthday. Family members also recently reached out directly to the City's Human Services Director Suzanne Shenfil to reiterate how much they appreciate what the city did to take care of their mom. The city is proud to help Rita and other unhoused residents find permanent housing and improve their quality of life.

Two stories of Fremont's unhoused residents are currently available, and more are on the way in 2024. We hope that by reading these stories and learning more about the city's homeless response efforts, you can help support our goal of making sure that every member of our community feels valued and supported.

- To read current Fremont Cares stories visit [www.fremont.gov/Home/Components/News/News/665/1267?backlist=%2fresidents%2fhomeless-response%2fhomeless-news](http://www.fremont.gov/Home/Components/News/News/665/1267?backlist=%2fresidents%2fhomeless-response%2fhomeless-news)
- To receive future stories by email or text message, sign up for the City's Homelessness Interest List at <https://public.govdelivery.com/accounts/CAFREMONT/signup/37496>
- To learn how you can help, visit [www.fremont.gov/residents/homeless-response/how-to-help](http://www.fremont.gov/residents/homeless-response/how-to-help)

## 'Pictures of Belonging' book discussion

SUBMITTED BY MARCESS OWINGS

Hayward Area Historical Society (HAHS), in partnership with Hayward Public Library and Eden Township JAACL (Japanese American Citizens League), are hosting Dr. ShiPu Wang, Professor of Art History at the University of California, Merced, as he discusses the exhibition and book *Pictures of Belonging: Miki Hayakawa, Hisako Hibi, and Mine Okubo*. The program will take place on Saturday, January 27 at the Hayward Public Library in the Fremont Bank Room. Registration is requested online at [www.haywardareahistory.org](http://www.haywardareahistory.org).

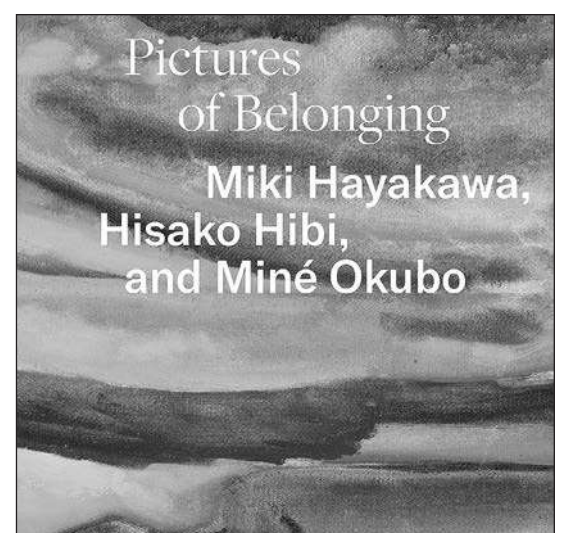
*Pictures of Belonging* explores the artwork, stories, and connections of these three exceptional Japanese American women, who are often overlooked by traditional American art history. All three lived in California prior to World War II. Miki Hayakawa lived in San Francisco, Mine Okubo in Riverside and Berkeley, while Hisako Hibi and her family made their home in Hayward. Prior to incarceration in 1942, the Hibi's paintings were given away to friends and supporters of the Japanese community in the Hayward area. One of those paintings made it to the HAHS collection and is included in this national touring exhibition and book.

Hibi and Hayakawa knew each other from art school. Hibi and Okubo were incarcerated at Topaz together and were involved with the Topaz Art

School. While the three artists had different lives, they shared a common connection as unique and very talented women who stepped out of their expected roles in society.

The beautiful book, *Pictures of Belonging*, will be available for purchase and Dr. Wang will be signing copies. All proceeds from book sales go to support HAHS and the Hayward Public Library. The program is free and refreshments will be provided courtesy of Eden Township JAACL.

***Pictures of Belonging* book discussing**  
**Saturday, Jan 27**  
**1 p.m. - 3 p.m.**  
**Hayward Public Library**  
**Fremont Bank Room**  
**888 C St., Hayward**  
**(510) 581-0223**  
[www.haywardareahistory.org](http://www.haywardareahistory.org)  
**Free; register in advance online**



## Call for artists for Annual Juried Photography Exhibit

SUBMITTED BY  
ARATHI SATISH

It is time to get ready to display your photographs again! The 29th annual "Juried Photography Exhibit" for Fremont residents and Fremont photography club members will be held from March 23 to May 4. The month of April is designated as Arts, Culture and Creativity month, and the Photography Exhibit will be held in conjunction with the celebration.

The event is a joint venture of Fremont Cultural Arts Council (FCAC), the Fremont Photographic Society and the City of Fremont. Photographs selected by a panel of judges will be on display at the Fremont Main Library. An opening night reception will be held on Saturday, March 23.

This is a juried photography show, open to Fremont residents, students, employees of Fremont businesses, and members of FCAC and Fremont Photographic Society. Images submitted may be manipulated, but all image contents must be the creation of the photographer and the image must be primarily photographic in nature. Entries must also be acceptable for general viewing.

Entries by minors under the age of 18 must have the approval of a parent or guardian. Entries must be submitted by the original photographer who is the sole owner of the copyright of any image submitted. The entry fee is \$6 per photograph, with a maximum of five prints per entrant. There are two categories for photo submissions: Student category for entries by full-time students under 25, and Open category for everything else.

By entering the contest, photographers agree to have their submitted photographs, including non-winning entries, displayed on the FCAC website without any fee or other form of compensation. Photos may also be used in promoting the FCAC Annual Photography Show, displayed in show, and retained for archival purposes.

Photos may be credited to the photographer named in the entry form. Entries will never be used by FCAC in any manner for sale. In the event that ownership is contested, FCAC retains the discretion to disqualify that photograph and discontinue its use.

Photos must be submitted as digital images in JPG high quality format. Images smaller

than 1600x1600 pixels may be rejected. The maximum size is 5 MB. No watermarks, signatures, or copyright notices may be added to images. Entries will be judged on the basis of creativity, photographic quality, and effectiveness in conveying beauty or a concept.

Judges will select the digital images that will be included in the show. A list of selected photos will be posted on the FCAC website and emailed to entrants. Judges will select winning photos in the Open and Student categories. In addition to the awards selected by the judges, visitors at the opening night reception will vote for the "People's Choice Award."

All prints accepted into the show, color or black and white (including digital), must be at least 5"x7" (with frames no smaller than 8"x10") and must not be larger than 16"x 20" (with frames no larger than 20"x24"). Prints must be framed, under glass or acrylic, and ready for hanging with wire on back (no saw tooth hangers); eye screws must not protrude beyond the frame back. To reduce the weight, frames larger than 16"x 20" should be covered with acrylic and not glass.

Specific details and information, along with the entry forms, can be downloaded from [www.fremontculturalartscouncil.org](http://www.fremontculturalartscouncil.org) or g. Participants must attach a label with their information to the back of the prints. They can use the fillable PDF available to generate the labels.

The submission deadline is Midnight February 18. Photographers will be emailed regarding selected photos to print on February 25. Prints can be picked up at the library on May 3 or 4, or at the FCAC office during normal business hours May 6 or later.

For more details, contact [fcacphotoshow2024@gmail.com](mailto:fcacphotoshow2024@gmail.com) or Exhibit Chairperson Rajeev Shankar at (510) 399-3049.

**Juried Photography Exhibit**  
**Saturday, Mar 23 –**  
**Saturday, May 4**

**Submission deadline:**  
**Midnight February 18, 2024**

**Opening night reception**  
**Saturday, Mar 23**  
**6 p.m. - 8 p.m.**

[www.fremontculturalartscouncil.org](http://www.fremontculturalartscouncil.org)

# Remembering Martin Luther King Jr. at local church

BY AKILA CUDDALORE

Dr. Martin Luther King Jr. was a Christian minister who inspired and led nonviolent activism in the mid-1900s against racism and segregation. His unwavering resolve resulted in the American government banning segregation and restrictions to rights on the basis of race in 1964. However, not everyone in America has supported creating an inclusive society. Dr. King was assassinated on April 4, 1968.

Beginning her thirty-three years as the first African American instructor of the Newark Unified School District in 1954 while Dr. King was still alive and segregation was still practiced, Mrs. Jean Ficklin is a revolutionary in the local community. In 1974, Ficklin founded the Afro-American Cultural and Historical Society (AACHS) because she recognized the positive change Dr. King's work created but also that the fight for racial equity has not ended. The AACHS has since organized events and spread information to connect Black Americans to the culture of their ancestors, to instill pride for their peoples, and to remove educational and socioeconomic barriers that still threaten the ability of many racial groups to thrive in this unjust society.

AACHS hosted their 47th annual Celebration of



Martin Luther King Jr. on January 14 in the First Presbyterian Church of Newark (FPCN). Responsible for the assembly and looking ethereal was Mrs. Ficklin—the queen of the event. She was dressed in a black robe and a cap, both bedazzled with gold and bronze studs.

Mrs. Mildred Williams and Reverend Karl Shadley presided over the commemoration. The presence of Mayors Mark Salinas (Hayward), Carol Dutra-Vernaci (Union City), Michael Hannon (Newark), and Lily Mei (Fremont) as well as other retired and active local politicians testified to the event's importance. The mayors took turns paying their respects to Ficklin and discussing the importance of remembering Dr. King. Mayor Mei spoke briefly of the "virus of hate" or racism, which she fears more than COVID, still ahold of the country, while Mayor Salinas talked about what people must do to combat the racism by considering "another person on the street as [our sibling] through [God]."



Reverend Shadley of FPCN commented on the turnout as he looked towards the crowd: "We're a little church; we don't usually fill up this much." Reverend Shadley acknowledged that—intentions aside—we're all "convicted of what we haven't done to remove racial inequities." Then, he pulled out his ukulele to lead the first musical prayer of the evening "Kumbaya, My Lord." Included in the litany were requests to the Lord to "sharpen our political will" and to "help us to be there now."

Bill Taylor kept his role at FPCN just long enough for the 47th MLK Celebration. On his last day as director of the celebration ringers, Taylor conducted their solely instrumental bell performance. The group acknowledged and celebrated the artistic contributions of African Americans by playing gospel music.

Representing the Hayward chapter of the National Association for the Advancement

of Colored People was the young Mahdi Fugugas. He advocated for "good trouble" or activism, which he described as analogous to knowing and living your rights. Quoting Dr. King that "freedom is never given voluntarily by the oppressor; it must be demanded by the oppressed," Fugugas encouraged everyone to take action against the injustices they face rather than waiting for someone else to save them.

People sang "Lift Every Voice and Sing." Written by NAACP leader James Weldon Johnson in 1900, the poem acknowledges that the Black American community has won progress that their ancestors were dreaming of: "Yet with a steady beat, / Have not our weary feet / Come to the place for which our [parents] sighed?" Johnson calls for hope and perseverance in efforts to free the world of oppression: "Ring with the harmonies of Liberty ... / Facing the rising sun of our new day begun, / Let us march on till victory is won."

Reverend Tammy Long of South Bay Community Church summarized the major take-aways from this gathering, remembering Dr. King and honoring his legacy. Defining cowardice as "ignoring the problem that's sometimes...in front of us," she defined courage as taking action despite fear. Reverend Long echoed Dr. King's message of wisdom: "The ultimate measure of a [person]...is where [they] stand in moments of challenge and controversy." Speaking through Dr. King, she calls for action because "change does not roll in on the wheels of inevitability, but comes with continuous struggle."

**Afro American Cultural Historical Society of the Tri-City Area and Hayward**  
<https://aachstricity.org>



## East Bay Regional Park District Launches Annual Trails Challenge Program

SUBMITTED BY JEN VANYA

For the past 31 years, the East Bay Regional Park District has encouraged the public to explore their Regional Parks through its annual Trails Challenge program. The free program connects people with nature and healthy recreation by providing 20 designated trails for each year's challenge.

The 2024 Guidebook includes 20 trails available for all levels of fitness, ranging from easy and moderate to challenging. There are trails open to hikers, bicyclists, dogs, and equestrians. Trails Challenge 2024 also offers

increased accessibility with trails that have been evaluated and identified as usable by persons with mobility limitations.

To complete the challenge, hike five of the 20 trails, or 26.2 miles (the distance of a marathon) of trails within Park District. You can submit your log, online or by mail, by December 1, 2024, and receive a commemorative pin while supplies last.

Trails Challenge is made possible in partnership with the Regional Parks Foundation and Kaiser Permanente, who have both sponsored the Challenge since 2005.

Download the 2024 Trails Challenge and learn more at [ebparks.org/TC](http://ebparks.org/TC).

### Tips for the Trails

East Bay Regional Parks are popular with hikers, bikers, equestrians, and nature viewers, among others. Help keep trails enjoyable for all by following these tips for the trails:

**Hikers:** Stay to the right and stay alert

**Bikers:** Slow down around others and call out or ring your bell when passing

**Equestrians:** Keep to the right around other trail users and let them know how to pass your horse safely

More tips for trail safety can be found on our Trails are for Everyone webpage: [www.ebparks.org/about-us/whats-new/news/trails-are-everyone](http://www.ebparks.org/about-us/whats-new/news/trails-are-everyone).

## Opportunity for affordable homeownership

SUBMITTED BY CITY OF HAYWARD

An opportunity for affordable homeownership is now available in the new La Playa Place community of single-family homes by builder D.R. Horton near Southland Mall located at 24701 Calaroga Avenue.

The application period to enter the lottery to purchase these homes is open now through Monday, February 5 for three four-bedroom, 2.5-bathroom homes available to moderate-income buyers and for two three-bedroom, 2.5-bathroom homes available to low-income buyers. The four-bedroom, 2.5-bathroom

homes restricted to moderate-income buyers are priced at \$463,356. The three-bedroom, 2.5-bathroom homes restricted to low-income buyers are priced at \$183,925. Moderate income is considered up to 120 percent of area median income. Low-income is considered up to 80 percent of area median income.

### To find out more about how to apply:

- Visit [www.housekeys8.com/coming-soon-la-playa-place-by-dr-horton](http://www.housekeys8.com/coming-soon-la-playa-place-by-dr-horton)
- Or contact Housekeys, Inc., the below-market-rate (BMR) housing administrator for builder D.R. Horton, at [programs@housekeys.org](mailto:programs@housekeys.org) or 1-877-460-KEYS.

**BOB'S** Since 1979 The Original B.F.F.  
**FOAM FACTORY**  
 510-657-2420  
[www.bobsfoam.com](http://www.bobsfoam.com)  
 4055 Pestana Place, Fremont

OPEN TO THE PUBLIC  
 LARGEST SELECTION IN BAY AREA

OPEN  
 MON-FRI 8:30AM-5:00PM  
 SAT 8:30AM-3:00PM

880 to Auto Mall Pkwy - Exit towards the Hills  
 Rt on Fremont Blvd. - 1/2 mile turn right on Pestana Place

## Special Packaging

DIE CUTTING - PACKAGE DESIGN PROTOTYPES

Tell us how you use your foam!

### FOAM FOR:

- Mattress Toppers
- Special Back & Neck Pillows, Wedges
- Special Packaging/Cases and more

### MATTRESSES

IN MOST CASES  
 SAME DAY SERVICE

Service is our number one product!

CUSHION REPLACEMENTS FOR:  
 Sofa, Chairs, Window Seats, Boats

Thank you for choosing Bob's Foam Factory products. We are certain you will be pleased with your choice. Since opening our doors in 1979, we have been committed to providing outstanding service, quality and durability.

*Celebrating 42 Years!*  
 Thank you for your years of support



# News and Notes

## FROM AROUND THE WORLD

SUBMITTED BY  
THE ASSOCIATION OF  
MATURE AMERICAN  
CITIZENS

### 'Tidy Mouse'

Eek! Do mice get a bum reputation? According to experts on the subject, mice "are fastidiously clean animals." Rodney Holbrook of BUILT Wells, Wales can attest to that; he noticed that "stuff" in his tool shed was being relocated each night in an orderly fashion. He planted a hidden camera and, sure enough, he caught what he calls a "tidy mouse" gathering nails, small tools, etcetera and neatly putting them in a small tray. The mouse usually works alone but sometimes has help from a "brother mouse." As Wells put it to the BBC, "I don't bother to tidy up now, I leave things out of the box and they put it back in its place by the morning." Watch the industrious critter on YouTube: [www.youtube.com/watch?v=jLD-PzQ42kws](http://www.youtube.com/watch?v=jLD-PzQ42kws)

### This guy is no 'pettifogger'

Chris Williams at Michigan's Wayne State University is head of a Word Warriors program, an effort to bring back "long-lost" words. The University started the program 15 years ago in an effort to remember words that most of us have forgotten over the years, words such as Rawgabbit. That's what they once called a person who tries hard to sound like he knows what he's talking about. Do you know what "thunderplump"

means? It's all about heavy rains during a thunderstorm. How about blatherskite. It's what they used to call someone who doesn't make sense when he's talking. Oh yeah, a pettifogger is someone who is underhanded or disreputable. Listen to the whole story at WWJAM: On-Demand: <https://omny.fm/shows/wwjam-on-demand/twinkle-and-rawgabbit-are-among-the-10-words-the-world>

### Beauty is in the eye of the beholder

Australian Kathleen Murray of Sandford, Tasmania says "now my back yard looks like a real-life Hungry [hungry] Hippo game. I also have an echidna [a spiny anteater] that helps, and some chooks [chicken]." Kathleen is the proud winner of the first-ever World's Ugliest Lawn competition. As she puts it, "I used to think the bandicoots [Australasian marsupial mammal] were wildlife of mass destruction invading my lawn, but now I see that they've actually liberated me from ever having to mow it again. I'm all for guilt-free weekends, especially since my ex-husband left with the lawnmower back in 2016." See the prize-winning yard on YouTube: <https://www.youtube.com/watch?v=C7jBz8tqQXU>

*The Association of Mature American Citizens is a nonprofit, nonpartisan advocacy organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at [www.amac.us](http://www.amac.us).*

## Help for Stuttering is as Close as Your Library

SUBMITTED BY  
PATTY REED OF THE  
STUTTERING FOUNDATION

Thanks to generous donors, the Stuttering Foundation has donated books and DVDs to public libraries across the country, including the Hayward Public Library. Stuttering Foundation books are directed to parents of children who stutter, adults who stutter, speech pathologists, pediatricians, family physicians, nurses, health care professionals, hospitals, schools, clinics, day-care centers, and all those concerned with the problem of stuttering.

The DVDs feature some of the world's leading therapists with children who stutter. Since the original publication, Foundation materials have

reached millions of individuals worldwide. "More than three million Americans stutter, yet stuttering remains misunderstood by most people," said Jane Fraser, president of The Stuttering Foundation. "Myths such as believing people who stutter are less intelligent or suffer from psychological problems still persist despite research refuting these erroneous beliefs."

Sixteen books and DVDs produced by the 76-year-old nonprofit Stuttering Foundation are available free to any public library. The Foundation has provided free materials to over 20,000 public libraries nationwide. A public library that will shelve them can e-mail [info@stutteringhelp.org](mailto:info@stutteringhelp.org).

## INSIGHT LEGAL

Ranvir S. Sandhu  
Attorney at Law

- \* Revocable Living Trusts (wills and trusts)
- \* Business Law (corporations, LLCs, contracts, etc.)

Insight Legal, P.C.  
3100 Mowry Ave. Suite 401  
Fremont, CA 94538  
Tel.: (510) 516-2889  
email: [info@insightlegalpc.com](mailto:info@insightlegalpc.com)  
[www.insightlegalpc.com](http://www.insightlegalpc.com)

Law with a vision.

Call (510) 516-2889 for a free consultation.



### LETTER TO THE EDITOR

## Fremont Unified School District (FUSD) becomes the First California Public School District to offer Hindi as a World Language



There was a palpable tension in the room, and then it finally happened. At approximately 10 p.m. on January 17, 2024, the Fremont Unified School District (FUSD) School Board voted 4 to 1 to start a pilot program offering Hindi as a world language in the school's curriculum. The pilot, which is approved for Horner Middle School and Irvington High School for the 2024-2025 school year, makes Fremont Unified the first public school district in California to offer Hindi.

To the Indian-American community, whose kids constitute almost 70% of the student body at Irvington High School and Horner Middle School, this initiative symbolizes a triumph of perseverance and unity. As the voting concluded, the room reverberated with expressions of joy, hugs, and handshakes, as the community reveled in the fulfillment of a hard-fought battle for cultural representation and a more relevant education.

The proposal to add Hindi was first broached with the principals of the respective schools, who were both receptive and supportive. Stanley Hicks of Fremont's Irvington High School was extremely welcoming of the idea, especially given the high percentage of Indian-American students in his school. From there, over a four-month period, community members presented relevant data and statistics at monthly school board meetings to support their assertions of

strong student demand and community interest in having Hindi offered as a world language in Fremont schools.

In fact, prior to the December 2023 school board meeting, community members conducted a grassroots outreach to gauge interest in Hindi for the 2024-2025 school year, specifically focusing on one area: Irvington. The response was significant, with approximately 500 unique student respondents from across Fremont expressing their strong interest and level preferences. Based on the data, it was clear that many Fremont schools had enough students to support full-time teachers at various levels.

In response to community demand, Superintendent CJ Cammack, Assistant Superintendent Leticia Salinas, and their team presented a detailed proposal at the January 17th, 2024, school board meeting to offer Hindi Level 1 at two Fremont schools as a pilot. The presentation also included a recommendation that the board approve this pilot. If successful, all other Fremont schools will be able to adopt Hindi for following school years.

The proposal to offer Hindi, unfortunately, faced some criticism and opposition, with concerns raised under the guise of equity, effectively sidelining the wellness of some students because of a perceived inequity to other students. These arguments failed to convince a majority of the

board trustees. Despite the opposition, FUSD board members Vivek Prasad, Sharon Coco, Larry Sweeney, and president Yajing Zhang showed strong support for the proposal, citing the welfare of students as a major factor in their decision.

"I look at the demand, and I look at the value that this Hindi offering will produce for the community...for me it's a no-brainer," said Trustee Vivek Prasad while endorsing the pilot.

"If this is successful, and if other schools want to offer Hindi, they will be able to in the future... so at this moment in time I'm in favor," was the calm response of Trustee Sharon Coco.

"Sometimes it can be very difficult to make the right decision...I'm positive that [the pilot] will go to all high schools and middle schools, and they will embrace it," stated Trustee Larry Sweeney.

President Zhang applauded the superintendent and the staff for doing the necessary groundwork and laying out thoughtful options that facilitated the decision.

The addition of Hindi to the FUSD curriculum has sparked attention from parents and students across California who are eager to replicate these results in their school districts.

As FUSD embarks on this historic journey, the community expresses gratitude and commitment to ensuring the success of the pilot, envisioning its evolution into a full-fledged offering across all schools. The decision reflects FUSD's dedication to a students-first approach and positions the district as a guiding light for others across California.

**Grateful Indian-American Community Members  
Fremont**

## Fremont Is Our Business FUDENNA BROS., INC.

Phone: 510-657-6200



[www.fudenna.com](http://www.fudenna.com)

*Fashion*  
Stop



Clothing Store

**HUGE SALE**

510-376-3101

3909 Stevenson Blvd. Suite E., Fremont

Choose  
Jaya Travel

Hotel and Car Packages

Tour Packages

It's time to turn your dream vacation into a reality

River Cruises

Cruises

Airfare

Before you travel the world, call your trusted community travel partner!  
1-877-359-5292 | [WWW.JAYATRAVEL.COM](http://WWW.JAYATRAVEL.COM)

**JAYA**  
TRAVEL & TOURS



We speak the following languages:  
English, Mandarin, Cantonese, Shanghainese, Spanish, Indonesian,  
Hindi, Telugu, and Romanian

Herbert C. K. Chiu, DDS  
Ratna N. Sie, DMD

**Decoto Family Dentistry (510) 471-3777**  
2701 Decoto Road, Suite 4, Union City, CA 94587

**Mission Palm Dental (510) 656-6868**  
43625 Mission Blvd., Suite 208, Fremont CA 9539

# invisalign® Dedicated to Excellence

Straight Teeth. No Braces



## Kid Scoop®

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE



© 2024 by Vicki Whiting, Editor Jeff Schinkel, Graphics Vol. 40, No. 8

### Kid Scoop Together Kindness Quiz

Answer these questions after you've read this Kid Scoop page. Have a family member check to see if you answered them all correctly.

## Kindness Is Healthy!

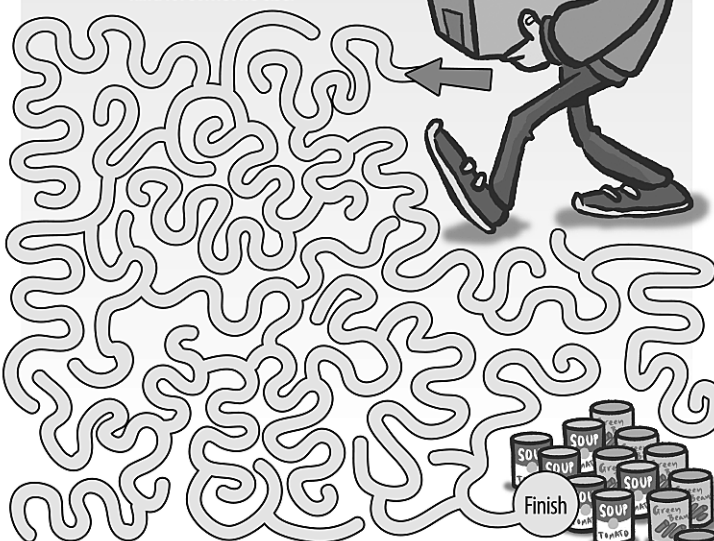
Most people agree that doing kind things for others makes them feel good.

Scientists now believe doing kind things for others is also good for you!

### Kindness is Catching!

When you do something kind for another person, it is catching. The person you are kind to will likely go out and do something kind for someone else.

Please help me deliver these donations to the food drive!



## Five Weeks of Kindness Experiment

Two scientists at Ohio State University asked students who were feeling worried or sad to do three small acts of kindness twice a week for five weeks. The students did things like:



At the end of the five weeks, students reported feeling less worried and much happier. **Being kind makes people feel good!**

Standards Link: Language Arts: Read informational text.

## Notes of Kindness

One student at Ohio State spread kindness around the entire campus. She wrote positive and kind words on sticky notes and stuck them to doors, signs, mirrors, and walls around campus.

Fill in the missing vowels to discover some kind words to share.

Y\_U ARE W\_S\_ME!

H\_V\_A F\_NT\_ST\_C D\_Y!

D\_NT D\_\_BT TH\_P\_W\_R OF K\_NDN\_\_SS

TH\_NK Y\_\_ F\_R B\_\_NG Y\_\_!

I'M PR\_\_D T\_\_BE Y\_\_R FR\_\_ND!

Y\_\_ARE S\_P\_R SM\_RT \_\_ND S\_P\_R F\_NNY, T\_\_!

Y\_U M\_\_KE TH\_\_W\_\_RLD A B\_\_TT\_\_R PL\_\_C\_\_!

**Extra! Extra!**

### Thanking a Local Hero

Look for a newspaper article about a person or a group who is helping others in your community. Write them a letter of appreciation and send it to the newspaper's editor for publication.

Standards Link: Language Arts: Write using letter format.

**1. A study at Ohio State University found out that doing acts of kindness made people feel**

- a. lonely
- b. hungry
- c. silly
- d. better

**2. When you do a kind act, it often causes other people to do acts of kindness, too.**

- a. TRUE
- b. FALSE

**3. A student at Ohio State University put these all around the campus:**

- a. flowers
- b. apples
- c. sticky notes with kind words
- d. jokes

**4. Opening a door for someone is an act of kindness.**

- a. TRUE
- b. FALSE

**5. To feel happier and less worried, it helps to help others. You can:**

- a. smile at someone new
- b. carry someone's groceries
- c. give someone a cookie
- d. walk a neighbor's dog
- e. shovel a snowy sidewalk for a neighbor
- f. give compliments
- g. volunteer to help someone
- h. open doors for others
- i. let someone cut in front of you in line
- j. all of the above!

**6. Kindness is catching.**

- a. TRUE
- b. FALSE

Standards Link: Write descriptively.

**FREE DOWNLOAD: Kid Scoop Teacher Activity Pack!**

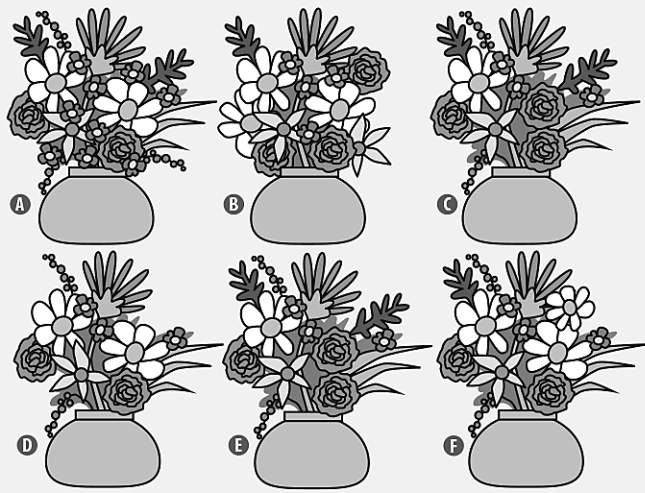
With hundreds of topics, every Kid Scoop® printable activity pack features six-to-seven pages of high-interest extra learning activities for home and school! Get your free sample today at:



kidscoop.com/activity-pages/

### Kid Scoop Puzzler

How kind! Someone surprised the teachers at Main Street Elementary School with flowers. Can you find the two arrangements that are exactly the same?



### Double Double Word Search

- COOKIE
- DOG
- EDITOR
- FRIEND
- GOOD
- GROCERIES
- HAPPIER
- KINDNESS
- LESS
- NOTES
- OHIO
- PERSON
- SIGNS
- SMILE
- VOLUNTEER

Find the words in the puzzle. How many of them can you find on this page?



Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

### FROM THE Kid Scoop LESSON LIBRARY

## Helping Others

Look through the newspaper for an article about someone in your community who is struggling. How could you do something kind for this person?

Standards Link: Understand civic responsibility.



**Why did the owl invite all her friends over to her tree?**

ANSWER: Because she didn't want to be owl alone.

### Write On!

## Kind Things to Say

Write down three kind things you can say to others.

Standards Link: Write descriptively.



# The Fremont CONNECTION



## Tri-City Area Public Agencies Invite Comments on the 2024 Tri-City Local Hazard Mitigation Plan

Help Your Community Be Hazard-Ready!

Floods, earthquake, wildfires, and severe weather are just a few of the hazards that could affect the Tri-City area. While natural hazards such as these cannot be eliminated, communities can reduce risk through mitigation.

In 2023, the cities of Fremont, Newark, Union City, and the Alameda County Water and Union Sanitary Districts partnered to develop a new Tri-City Multi-jurisdictional Local Hazard Mitigation Plan (LHMP) as an update to their previous plans. A Hazard Mitigation Plan is a foundational, long-term strategy to reduce the risk of natural disasters to communities – by assessing risk, and identifying potential actions, policies, and investments to reduce risk. The new LHMP will allow each agency to apply for Federal Emergency Management Agency (FEMA) mitigation grants to fund projects identified in the LHMP. In addition, the LHMP enhances each city's floodplain management planning under FEMA's National Flood Insurance Program (NFIP), Community Rating System (CRS).

Following an award of a \$187,500 grant to the City of Fremont by the California Governor's Office of Emergency Services and FEMA in September 2022, professional services were enlisted to develop the plan. In May 2023, planning began with the convening of a Planning Committee consisting of City and District personnel, as well as other key public agency and community stakeholders. The LHMP is scheduled to be finalized and submitted to Cal OES and FEMA for approval in Spring 2024.

### Public Review Draft

The Public Review Draft of the Tri-City LHMP is available online (in pdf format) from January 19, 2024, through February 16, 2024, at [www.my.fremont.gov/tri-city-hazard-plan](http://www.my.fremont.gov/tri-city-hazard-plan). The LHMP will also be available in print beginning January 25, 2024 through February 16, 2024 at the following locations, during normal business hours:

- Fremont Main Library – 2400 Stevenson Blvd., Fremont, CA 94538

- Newark Library – 37055 Newark Blvd., Newark, CA 94560

- Union City City Hall – 34009 Alvarado-Niles Road, Union City, CA 94587

### Open Public and Planning Committee Meetings

Two final meetings are scheduled as follows:

#### Public Meeting

Wednesday, January 24, 2024  
(6:00 pm – 7:30 pm)  
Fremont Main Library, Fukaya Room  
2400 Stevenson Blvd.  
Fremont, CA 94538

#### Planning Committee Meeting

Thursday, January 25, 2024  
(9:00 am – 11:30 am)  
Downtown Event Center, Capitol Room  
3500 Capitol Ave.  
Fremont, CA 94538

All interested stakeholders and members of the public are welcome to attend either meeting.

### Comments on the Public Review Draft

There are several options for providing comments on the Tri-City LHMP Public Review Draft:

1. Email comments to [jeanine.foster@fostermorrison.com](mailto:jeanine.foster@fostermorrison.com).
2. Drop off written comments or send by mail to:

Fremont Fire Department  
Office of Emergency Services  
3300 Capitol Avenue, Building "A"  
Fremont, CA 94538

3. Bring comments to the public meeting.

All comments are due by **February 16, 2024**.

For more information, visit [www.my.fremont.gov](http://www.my.fremont.gov).



## Apply to be a City of Fremont Commissioner or Advisory Board Member

Looking for a way to make a difference in the Fremont community? Consider serving the City of Fremont as a commissioner or an advisory board member! Current board and commission vacancies include the following:

### Art Review Board

Vacancy: One

### Economic Development Advisory Commission

Vacancy: One At Large Representative

### Environmental Sustainability Commission

Vacancy: One Development/Construction Representative

### George W. Patterson House Advisory Board

Vacancy: One Mission Peak Heritage Foundation Representative  
Vacancy: One Washington Township Historical Society Representative

### Historical Architectural Review Board

Vacancy: One

### Human Relations Commission

Vacancies: Three

### Library Advisory Commission

Vacancy: One

### Mobility Commission

Vacancy: One Driving Representative 1

### Recreation Commission

Vacancy: One

### Rent Review Board

Vacancy: One Landlord Representative  
Vacancy: One Tenant Representative  
Vacancy: One Third Party-Alternate Representative

### Youth Advisory Commission

Vacancies: Three

The City Clerk's Office welcomes applications for all Boards, Commission and Committees throughout the year. For more information about each board and com-



mission, or to download an Advisory Body application, visit our website at [city.fremont.gov/boardcommission](http://city.fremont.gov/boardcommission). You may also obtain an application from the City Clerk's Office at 3300 Capitol Ave., Building A. For more information contact 510-284-4060 or send an email to [cclerk@fremont.gov](mailto:cclerk@fremont.gov).

Visit our website to learn more about these opportunities at <https://city.fremont.gov/boardsandcommissions>.

## Earthquake Preparedness Grant Program Now Available for Fremont Homeowners



Attention Fremont homeowners! You can now register for a chance to receive grant funding to help strengthen your home against earthquakes. Registration just opened for California's Earthquake Brace + Bolt program, which offers eligible homeowners up to \$3,000 toward a residential seismic retrofit. The program aims to help homeowners lessen the potential for damage to their homes during an earthquake by "bracing" the crawl space, when necessary, and "bolting" the founda-

tion to the frame. Only raised-foundation wood-framed homes built before 1980 qualify for the program. For income-eligible homeowners, a supplemental grant above the \$3,000 may be available. Registration is only open for a limited time, so check now to see if you qualify! The program is sponsored by the California Earthquake Authority and the California Governor's Office of Emergency Services.

See if you qualify and register at [www.earthquakebracebolt.com](http://www.earthquakebracebolt.com).

## New Short-Term Rental Ordinance Adopted for Fremont



A new Short-Term Rental (STR) ordinance has been adopted for Fremont. On Tuesday, January 9, the Fremont City Council adopted the new ordinance, which takes effect on Thursday, February 8. A STR refers to an activity in which a "host" agrees to rent out all or a portion of a residential unit to a "guest" for less than 30 consecutive nights. The ordinance continues to allow STRs to operate in Fremont but adopts regulations that fit the characteristics of the city and preserve community character. Read the adopted draft ordinance for additional details at [city.fremont.gov/adopteddraftstrordinance](http://city.fremont.gov/adopteddraftstrordinance).

Under the new ordinance, a no-cost STR permit will be required to establish, operate,

or maintain a STR in Fremont. City staff is in the process of developing a STR permit application and permit process. Once this information is available, staff will notify those who have shown interest in this topic through MyFremont ([www.my.fremont.gov/str](http://www.my.fremont.gov/str)) and those currently operating a STR in Fremont. STR operators will have until the end of 2024 to obtain a permit and operate in accordance with the provisions of the new ordinance.

For more information, please contact the City's Code Enforcement Manager, David Wage, at 510-494-4447 or by email at [dwage@fremont.gov](mailto:dwage@fremont.gov)

# 30 X 30 California



**SUBMITTED BY CALIFORNIA NATURAL RESOURCES AGENCY**

**PHOTO COURTESY OF WWW.CALIFORNIANATURE.CA.GOV**

30X30 is the goal to conserve 30% of California lands and waters by the years 2030.

California's 30X30 initiative aims to conserve lands and waters in ways that:

- 1) Protect and restore biodiversity
- 2) Expand access to nature
- 3) Mitigate and build resilience to climate change

This effort will occur across ecosystems, watersheds, land and water uses, governments and jurisdictions.

The California Natural Resources Agency's Pathways to 30X30 document describes California's 30X30 conservation framework and outlines strategic actions necessary to achieve 30X30. 30X30 Conservation Areas include land and coastal water areas that are durably protected and managed to sustain functional ecosystems, both intact and restored, and the diversity of life that they support.

**Progress to Date:**

- Lands conserved – 24%
- Coastal Waters conserved – 16%

**What if natural lands and water areas aren't "30X30 Conservation Areas"?**

There are many lands and waters essential for conservation that will not be included as 30X30 Conservation Areas. The 30X30 initiative is only one piece of conservation. It is critical that the Conservation Areas are adjacent and connected to complementarily conserved natural areas so ecosystems will thrive and species can move as the climate changes.

**Actions you can take to support 30X30**

- If your lands fit the Conservation Areas criteria, make

sure they are registered at: [www.calands.org](http://www.calands.org).

- Practice complementary conservation actions.
- Look for programs and funding opportunities for enhancing the conservation of your lands or local parks and open spaces.

**30X30 Conservation Areas as well as potential future conservation sites can be explored using the CA Nature Applications:**

- Conserved Areas Explorer
- Biodiversity Explorer
- Access Explorer
- Climate Explorer

All available at: [www.californi-nature.ca.gov/pages/ca-nature](http://www.californi-nature.ca.gov/pages/ca-nature)

Key conservation actions protect soil health, water quality, and at-risk fish and wildlife, protect biodiversity, and combat climate change. Additionally, actions to expand access and educate the next generation will ensure long-lasting conservation.

**Complementary Conservation Actions:**

Include, but aren't limited to:

- Practice wise water use
- Avoid pesticides & toxic chemicals

Links: [Saveourwater.com](http://Saveourwater.com); [gardenplanner.calscape.org](http://gardenplanner.calscape.org); [water.ca.gov/Programs/Water-Use-And-Efficiency](http://water.ca.gov/Programs/Water-Use-And-Efficiency)

- Provide habitat for wildlife

Link: [homegrownnationalpark.org](http://homegrownnationalpark.org)

- Enhance soil health

Link: [cdfa.ca.gov/healthysoils](http://cdfa.ca.gov/healthysoils)

- Build resilience to climate change

Link: [resources.ca.gov/Initiatives/Building-Climate-Resilience](http://resources.ca.gov/Initiatives/Building-Climate-Resilience)

- Promote access to nature

Link: [resources.ca.gov/Initiatives/Access-for-All](http://resources.ca.gov/Initiatives/Access-for-All)



**After-Hours Virtual Care available at Bayside Medical Group**  
[genpeds.stanfordchildrens.org](http://genpeds.stanfordchildrens.org)

## 25 Years of Service

**SUBMITTED BY CITY OF FREMONT HUMAN SERVICES DEPARTMENT**

Dagmar Stonas was recognized at the January 9 Fremont Council Meeting for 25 years of work with the City of Fremont's Human Services Department as a Public Health Nurse Case Manager.

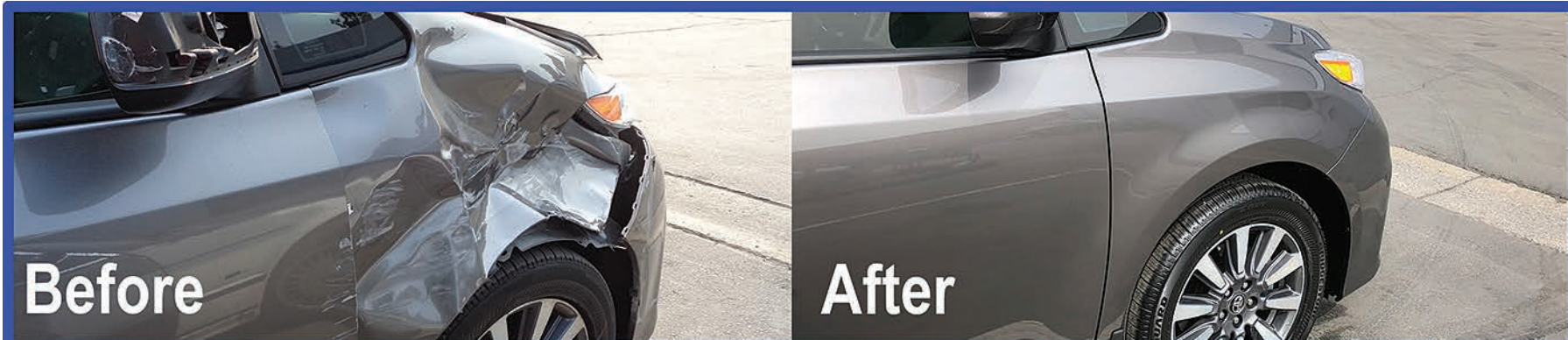
Her efforts paved the way for hundreds of our most frail elders to stay where they wanted to be

through the end of their lives, in their own homes. With her comprehensive nurse-care management skills, she has regularly visited seniors in their homes, guided them in making healthcare decisions, and adjusting to lifestyle changes that accompany the aging process. She provided them with the support and supplies they needed.

Dagmar's mentorship to nursing students helped us grow and bring up the next generation of "care managers", giving them the opportunity to experience the rich rewards that come with helping older adults. Her passion for the work, commitment to excellence, and collaborative spirit are appreciated by the entire Human Services team. Congratulations Dagmar on this remarkable achievement!



Dagmar Stonas, on the left, with Suzanne Shenfil, Fremont Human Services Director



**CALL NOW! 510-737-5724**



44201 S Grimmer Blvd.  
Fremont, CA 94538



[@dgautobodyandpaint](https://www.facebook.com/dgautobodyandpaint)

**NEW YEAR'S SALE!**

[@dgautobodyandpaint](https://www.instagram.com/dgautobodyandpaint)

TRAINED REPAIR PROFESSIONALS

**We Work With All Insurance Companies**

**50% OFF Collision Deductible; Up to \$500 - 10% OFF Direct Pay Collision**

**Ask about overall paint specials. Check our online reviews. We are one of the highest rated shops in the Bay Area.**

[www.DGAutoBodyPaint.com](http://www.DGAutoBodyPaint.com)

Not valid with other promotions. Trucks, vans, SUVs and commercial vehicles subject to additional charges. Valid for retail customers only. Void where prohibited. Parts, body work, prep, rust repair and stripping of old paint at an additional charge. Limited time only. Offer not valid on work in progress. Additional exclusions may apply. Valid through January 31st, 2024

# Home & Garden

## LEAF is on the move

BY DANIEL O'DONNELL  
PHOTOS COURTESY OF LEAF

American writer Elbert Hubbard coined the phrase, "When life gives you lemons, make lemonade" in 1915. Lemons suggest sourness or something unpleasant, but taking lemons and combining them with honey or sugar makes them sweet or desirable. When life gave Local Ecology and Agriculture Fremont (LEAF) a lemon, they immediately set out to make lemonade.

LEAF is a nonprofit volunteer organization based in Fremont whose goal is to grow food using regenerative agricultural practices and provide it to residents of need in Alameda County. LEAF is also focused on providing environmental education to the community through workshops, garden volunteering opportunities, offering rental raised beds, and running the "Students for LEAF" summer comprehensive gardening educational camp for middle and high school students.

LEAF is able to provide these opportunities from two of their agricultural locations. One is at the LEAF Center in the California Nursery Historical Park in Niles, and the other is (but won't be for long) at the LEAF C.R. Stone Garden. Unfortunately, this land was sold in Spring of 2023, and LEAF must move out of this location.

Dr. Chris Stone offered a free, long-term lease for a half-acre of land behind her Mission Valley Veterinary Clinic to LEAF in late 2014. This site was named the LEAF C.R. Stone Garden after Dr. Stone's father. LEAF took advantage of the generous offer and created a wonderful regenerative garden, bee sanctuary, and educational facility. When the land was sold and LEAF was informed that they



Original Stone Garden

could not stay, it was a devastating blow after ten years of creating a productive, educational, and environmentally friendly garden. However, after being given this "lemon," Elaine Owyang, President of LEAF, managed to secure a location adjacent to the C.R. Stone Garden. Through Elaine's tenacity and the generosity of the Alameda County Water District, the lemon of eviction was made into lemonade.

There were many things learned from trial and error over the past ten years at the Stone Garden. The relocation of the garden will end up being a positive event because of this. It is never easy to relocate a productive garden. However, given enough time to plan the exit, an opportunity can arise. The new garden is actually a third-acre larger than the original, and there will be a dedicated parking area for volunteers and visitors which the Stone Garden did not have before.

There was a continuous fight to keep gophers at bay over the past 10 years at the Stone Garden. Vegetables will be grown in gopher-proofed raised beds at the new location instead of directly in the ground which should alleviate the problem. Using raised beds will also make planting, maintenance, and harvesting less demanding. Another change coming from lessons learned: Of the three growing structures, only the two glasshouses will be relocated to the new location. Volunteers found it is much easier to regulate an optimal temperature for germinating seeds and growing plants in glass. The plastic greenhouse took a lot more work to keep it from overheating.

There will also be the addition of a worm farm at the new site. Food donated to the Fremont Food Bank that has since spoiled will be collected and returned to LEAF. It will be used to feed the worms, which will in turn produce worm castings

used to fertilize fruit and vegetable plants. The harvested food will be donated back to the Food Bank, completing a sustainable loop.

Recently, LEAF had success with bio-reactive composting which takes a little less work than using the traditional method of regularly having to turn compost by hand. Plant material and horse manure are placed in wire towers and regularly watered. The process creates a dark nitrogen-rich compost in about nine months. Currently, there is one bio-reactive tower in use at the garden. The new site will host more.

LEAF considers their gardens to be living classrooms. Volunteering to work in the garden is a great hands-on way to learn about regenerative agriculture practices and become stewards of our local environment. There are volunteer opportunities outside the garden as well.

**Gardening:** For gardeners and handy-people (four hours per week, or as needed)

**Financials:** To review monthly statements (four hours per month)

**Web:** To post updates (four to eight hours per month)

**Social Media:** (four hours per month to post to Facebook and Instagram)

LEAF can be contacted for volunteering opportunities and information about upcoming events at [fremontleaf.org](http://fremontleaf.org). They can be emailed at [info@fremontleaf.org](mailto:info@fremontleaf.org).

*Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. [www.Chrysalis-Gardens.com](http://www.Chrysalis-Gardens.com).*



### THE ACWD CONNECTION

#### New Program Alert!

##### Residential Do-It-Yourself Home Water Use Survey

ACWD launched a NEW Residential Do-It-Yourself Home Water Use Online Survey Form to help residential customers conduct a comprehensive water use review and leak check of their home.

The survey provides instructions and guidance on how to check for indoor and outdoor fixture flow rates, leaks, and inefficiencies, including in bathrooms and irrigation systems. Customers who complete the survey form will receive custom recommendations for how to improve water use efficiency in their home, as well as free water-efficient fixtures such as low-flow aerators and showerheads, if needed.

For more information and to complete the form (the survey form is also available as a hard copy), please visit [acwd.org/homesurvey](http://acwd.org/homesurvey).

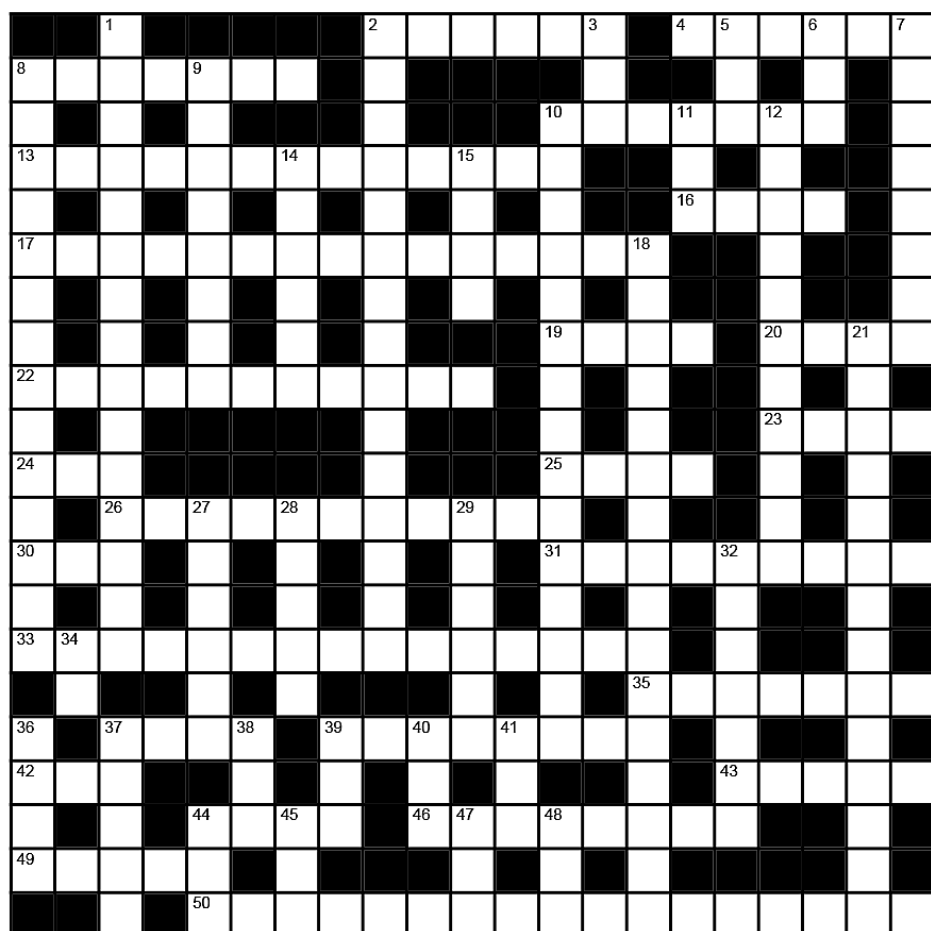


Proud to provide a reliable supply of high quality water at a reasonable price to Fremont, Newark and Union City



# Mind Twisters

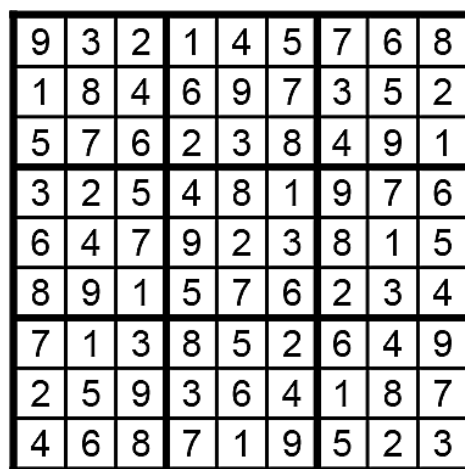
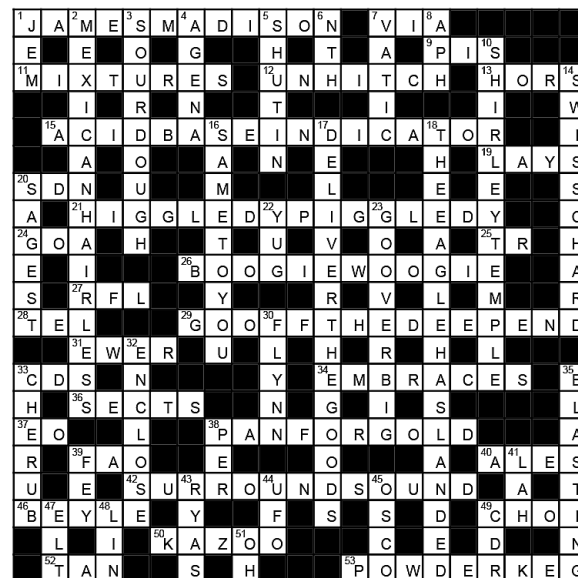
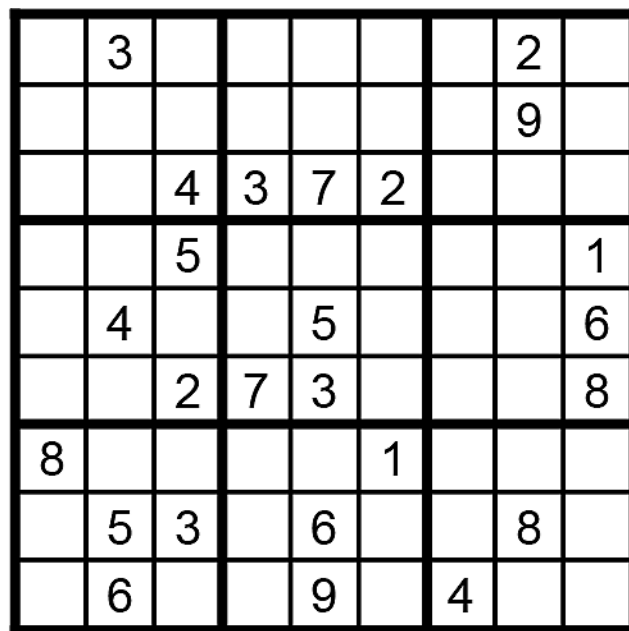
## Crossword Puzzle



- |        |   |            |  |               |   |                                |
|--------|---|------------|--|---------------|---|--------------------------------|
| Across | 2   | Tinder (6) | 42   | BART stop (3) | 18  | Pre-revolution province (13,3) |
| 4      | Funds (6)   | 43         | Early fiddles (5)                                      | 21            | *Tortilla roll filled with every ingredient you can possibly imagine (5,9)  |                                |
| 8      | Greek dude? (4,3)   | 44         | Barfly's binge (4)                                     | 27            | "Top Gun" targets (6)   |                                |
| 10     | Em and others (7)   | 46         | Like this puzzle, I hope (8)                           | 28            | Eagles' guitarist Joe (5)   |                                |
| 13     | Hyperbole. (13)   | 49         | Elaine ____ ("Taxi" role) (5)                          | 29            | Pay (4,2)   |                                |
| 16     | ____-American (4)   | 50         | This puzzle's long-winded advice, simply put (4,6,3,4) | 32            | Entail (7)  |                                |
| 17     | Lightning producer (10,5)   |            |  | 34            | "No kidding!" (2)   |                                |
| 19     | Accident investigation agcy. (4)  | Down       |  | 36            | Chinese dynasty (4)   |                                |
| 20     | Iced, with "up" (4)   | 1          | Enrico Caruso contemporary (4,6,5)                     | 37            | Decants (5)   |                                |
| 22     | Duty paid in dribs and drabs (8,3)  | 2          | It's black and tan (8,7)                               | 38            | Genre related to goth (3)   |                                |
| 23     | Informal denial (4)   | 3          | Three-time Burmese prime minister (3)                  | 39            | Pepper, for one (3)   |                                |
| 24     | Little dog, for short (3)   | 5          | British healthcare syst. (3)                           | 40            | Sue Grafton is only up to W, so... Chinese athletes Jianlian and Siling (3) |                                |
| 25     | Goop (4)  | 6          | Switch positions (3)                                   | 41            | Suffix with president (3)   |                                |
| 26     | Hard work (5-6)   | 7          | Certain Indonesian (8)                                 | 44            | "My mama done ____ me" (3)  |                                |
| 30     | First name at Woodstock (3)   | 8          | Lily or daisy, e.g. (9,5)                              | 45            | Great Plains Indian (3)   |                                |
| 31     | Fed (9)   | 9          | Instrument with a big bell (4,4)                       | 47            | Big galoot (3)  |                                |
| 33     | Not as much (2,1,6,6)   | 10         | Chief legal council (8,7)                              | 48            | Before: Ger. (3)  |                                |
| 35     | Communal fixtures of the Wrigley Field restrooms that guys use instead of individual wall toilets (I'm not kidding) (7) | 11         | Pagoda (3)   |               |   |                                |
| 37     | Bullfighting maneuver (4)   | 12         | Sincerity, as displayed by Hemingway? (11)             |               |   |                                |
| 39     | Nickname for a military chaplain (3,5)  | 14         | Having a low pH (6)                                    |               |   |                                |
|        |   | 15         | Port on the Sea of Azov. (4)                           |               |   |                                |

## Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



## Tri-City Stargazer FOR WEEK: JANUARY 23, 2024

All Signs: This week we have a Full Moon in Leo on Thursday. It will be a strong energy, and we will feel it. As happens every month, our problems will seem to intensify as the Full Moon approaches, then almost magically, after the Full Moon peaks, these same problems will diminish or even disappear. Please remember this if you feel tension with someone at the beginning of the week. These are temporary annoyances.

### Aries the Ram (March 21-April 20):

This is a popular week for you! You'll enjoy seeing friends and having increased involvement with groups and organizations. You will also make a great impression on bosses and parents. Quite likely, someone will ask for your advice about how to make something look better. It's good to know that people will listen to you this week. Take note that mild angst dealing with friends and groups will build up at the beginning of the week before Thursday's Full Moon. However, after that, relations with everyone will be warmer and happier. Finances look good!

### Taurus the Bull (April 21-May 20):

In some ways, this is a public week because the Sun is at the top of your chart, casting you in a flattering spotlight, which means people notice and admire you! By contrast, the Moon will be travelling along the bottom of your chart, which means you'll be more inclined to stay home. Thursday's Full Moon might create tension with parents and bosses. You will be faced with the challenge of dealing with the demands of home and family versus those of your career. Following that, enjoy a social, relaxing weekend.

### Gemini the Twins (May 21-June 20):

You want some adventure this week. Of course, you're always curious. But this is stronger. You feel restless. However, don't push the envelope because some tension will build up before Thursday's Full Moon, which could be an accident-prone time for you. Be

aware of this. Avoid arguments about politics, religion and social issues. Disputes about shared property and finances might also occur. Fortunately, gifts and goodies can come your way! By the weekend, you're happy to hunker down at home and enjoy good times with friends and family.

### Cancer the Crab (June 21-July 21):

Some of you call yourselves a Moonchild because you know that the Moon is your ruler. This is also why you generally feel each Full Moon more than most. You will feel the Full Moon on Thursday, probably through disputes about shared property, responsibilities or expenses. (You are never casual about money.) In addition, Mars is opposite your sign now, which makes relations with close friends and partners challenging. You might feel annoyed with someone. This is mostly small stuff. After the Full Moon, the weekend will be lovely and romantic.

### Leo the Lion (July 22-August 22):

Tread carefully at the beginning of this week because people around you might be grumpy. Possibly even you are grumpy. What's important to know is that the only Full Moon in your sign all year will occur on Thursday. You might feel this even several days before. It will bring issues with close friends and partners to a head. Don't ruin your week by being upset with someone. Instead, use the energy of Mars to get stuff done because you can be productive!

### Virgo the Virgin (August 23-September 22):

This is a productive week for you! You want to get things done efficiently, which is very much your style. One of the reasons for this is you also have plans to socialize! The arts, sports events, and entertaining diversions, especially with your kids, will appeal to you, which means you have to work smart in order to have free time to play! However, the Full Moon on Thursday means that the beginning of the week might have challenges, especially to your health and job. Get as much done ahead of time as possible.

### Libra the Scales (September 23-October 22):

You are looking for some serious playtime this week. You want to be free to enjoy vacations, social diversions, entertaining times with friends, and anything to do with the arts and sports. Nevertheless, the Full Moon on Thursday will create a bit of tension earlier in the week. Be patient with others, knowing that by the weekend, social occasions will be delightful for everyone. This means you have get through a few speed bumps earlier in the week, which, with your charm and diplomacy, will be very easy.

### Scorpio the Scorpion (October 23-November 21):

In astrology there are Fixed Signs: Taurus, Leo, Scorpio and Aquarius. Generally, a Full Moon in any of those signs is more dramatic and more noticeable for everyone, especially those signs! This week on Thursday, there will be Full Moon, which means the Sun will be in Aquarius directly opposite the Moon in Leo. For you, it will manifest as a challenge to keep your home scene happy while also meeting the demands of a boss. Be tactful at the

beginning of the week. After it's over, you will have a lighthearted, fun-loving weekend!

### Sagittarius the Archer (November 22-December 21):

Be careful. Because you enjoy the outdoors, you should be aware that this week has accident-prone qualities, which will build up until Thursday's Full Moon. These accidents could be physical or verbal—and guess who likes to "tell it like it is." Fear not! Things will go well if you're aware and observant. Don't do anything impulsively. Meanwhile, you have great moneymaking ideas this week. You can also attract money to you, which is a good thing because you're spending it!

### Capricorn the Goat (December 22-January 19):

Three planets are in your sign right now making you charming, diplomatic, talkative, active and confident! The energy during the beginning of this week will build up before the Full Moon on Thursday, which will activate both your Money Houses. This means you might have squabbles or challenges dealing with how to balance your interests versus the interests of someone else, especially in terms of property, shared responsibilities, and earnings. This could also reflect a challenge that is based on a difference in values.

### Aquarius the Water Bearer (January 20-February 18):

You will certainly feel the energy this week because on Thursday, the only Full Moon opposite your sign all year will take place. Many will feel this strong energy; however, you might feel challenged dealing with

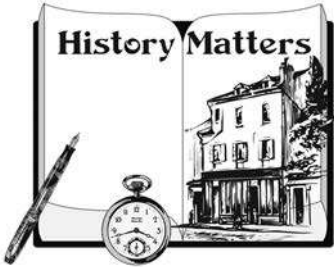
close friends, partners and spouses. Things that have been unexpressed or bubbling beneath the surface, especially elements of discontent, could come to the surface for you (and someone else) to deal with. Let these feelings have some air. Be reasonable and hear both sides.

### Pisces the Fish (February 19-March 20):

This will be an interesting week for you, because for some signs, especially Taurus, Scorpio, Leo and Aquarius, the Full Moon on Thursday will be eventful. Those signs will feel energy building up to that day, and then dissipating afterwards. You will probably feel this particular Full Moon much less. Nevertheless, this energy could impact your job, health, or pet. Issues in these areas might need your attention. Meanwhile, meetings with friends and groups will generate competitive and fun times! Appreciate the people you love.



By Georgia Nicols  
www.georgianicols.com.



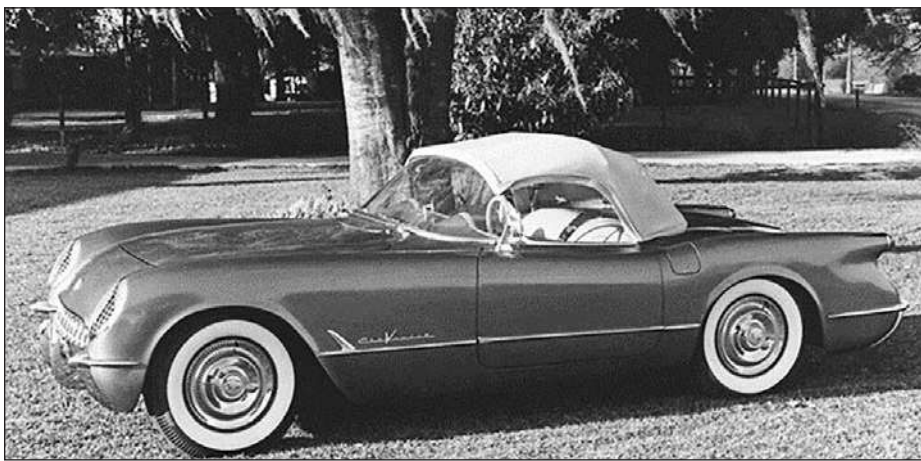
BY JOHN GRIMALDI AND DAVID BRUCE SMITH  
PHOTOS COURTESY OF GRATEFULAMERICANBOOKPRIZE.COM

January 16 through 31

**The First Corvette**

America's first gasoline powered automobile appeared in 1893. Sixty years later, the Chevrolet Corvette ambushed the market with a sports car that snatched a devoted following of ten thousand buyers annually.

According to History.com, "in the early 1950s, Harley Earl (1893-1969), the influential head designer for GM, then the world's largest automaker, became interested in developing a two-seat sports car. At the time, European automakers dominated the sports car market.



1953 Chevrolet Corvette

Following the debut of the Corvette prototype at the Motorama show in January 1953, the first production Corvette was completed at a Flint, Michigan plant on June 30, 1953. The car featured an all-fiberglass body, a white exterior and red interior, a relatively unremarkable 150-horsepower engine and a starting price tag of around \$3,500 (not including taxes or an optional AM radio and heater)."

For more information, the Grateful American Book Prize recommends books such as *The Complete Book of Corvette* by Mike Mueller.

**California's Gold Rush**

Although California didn't become a state until 1850, it was a territory in 1848 – just in time for America to benefit from the discovery of gold on January 24, 1848 in Sutter's Creek, CA.

"A tributary to the South Fork of the American River east of the Sacramento Valley and San Francisco, Sutter's Creek was named for a Swiss immigrant who came to Mexican California in 1839," reports History.com. "John Augustus Sutter became a citizen of Mexico and won a grant of nearly 50,000 acres in the lush Sacramento Valley, where he hoped to create a thriving colony ... Sutter hired the



The California Gold Rush

millwright James Marshall to build a sawmill along the South Fork of the American River in January 1848. In order to redirect the flow of water to the mill's waterwheel, Marshall supervised the excavation of a shallow millrace ... Marshall was looking over the freshly cut millrace when a sparkle of light in the dark earth caught his eye. Looking more closely, Marshall found that much of the millrace was speckled with what appeared to be small flakes of gold, and he rushed to tell Sutter. After an assayer confirmed that the flakes were indeed gold, Sutter quietly set about gathering up as much of the gold as he could, hoping to keep the discovery a secret. However, word soon leaked out and, within months, the largest gold rush in the world had begun."

The Grateful American Book Prize recommends *The Age of Gold: The California Gold Rush and the New American Dream* by H.W. Brands.

**The 13th Amendment**

On January 31, 1865, the 13th Amendment—ratified by the House of Representatives—stated "Neither slavery nor involuntary servitude ... shall exist within the United States, or any place subject to their jurisdiction."

According to History.com, "when the Civil War began, President Abraham Lincoln's professed goal was the restoration of the Union. But early in the war, the Union began keeping escaped enslaved people rather than returning them to their owners, so slavery essentially ended wherever the Union army was victorious. In September 1862, Lincoln issued the Emancipation Proclamation, freeing all enslaved people in areas that were still in rebellion against the Union. This measure opened the issue of what to do about slavery in border states that had not seceded or in areas that had been captured by the Union before the proclamation."

The Grateful American Book Prize endorses *Slavery and the Making of America* by James Oliver Horton and Lois E. Horton.

*This feature is courtesy of The Grateful American Book Prize, which is an annual award given to authors who have created outstanding works of historical fiction or nonfiction for seventh to ninth graders. Visit them at gratefulamericanbookprize.com.*

continued from page 1

# Our critical moment to save Newark Wetlands

area that for decades has been identified for potential inclusion in the Don Edwards SF Bay National Wildlife Refuge.

Developers are proposing to build over 200 bay-front houses at the site of the Pick-n-Pull auto yard at the end of Mowry Avenue. Replacing an auto yard might, on paper, sound like a good idea—until you look into it. The auto yard is on land zoned for parks and open space, surrounded on three sides by wetlands, creeks, and the bay, and is almost entirely in a FEMA flood hazard zone, expected to be inundated by rising sea levels. It simply doesn't make sense to develop here. Instead, we should restore these lands to wetlands and embrace our Baylands by adding Newark Area 4 to the Refuge.

As a long-time Newark resident, with my children born and raised here, and planning to live out the rest of my years here, the health and future of our city is vital to me. I want to see Newark thrive –

and that requires us to think about the future and plan prudently. We might think that climate change and sea level rise are not going to impact us, but the Bay Area is looking at an estimated two feet of sea level rise by 2050—within the life of a home mortgage—and as much as 3.5 to 7 feet by 2100. Cities all over the Bay Area are preparing for this – developing sea level rise plans and embracing the critical role of natural wetlands to protect communities from flooding while also creating new parks and recreational opportunities for residents. I firmly believe Newark can lead in this space and be a role model city for sustainable development.

There is no question that housing is a critical need in the Bay Area, especially after the pandemic. As a parent, I want my children to have an opportunity to live in our community. But I also want our children to be safe. Housing advocacy organizations East Bay for Everyone and Greenbelt Alliance have spoken out against

the development of Newark Area 4, arguing that cities should not be building housing in locations at risk from flooding and climate hazards. These groups encourage Newark to focus on infill development—building housing within the city's existing urban footprint. The area around the new Costco is one example of a neighborhood that could support denser housing—enlivening our city without threatening the bay. Our choice now can make Newark more vibrant and connected and uplift our neighborhoods that need modern investment and redevelopment.

As a parent, I often look at the world through my children's eyes. How will my actions now shape the world that they will be living in? For the sake of our children's future, I hope residents of Newark take notice of this critical moment to protect our Baylands while we still have a chance. Our choices today can ensure that Don Edwards SF Bay National Wildlife Refuge will continue to be a refuge for

future generations, and we can build a vibrant and thriving Newark by focusing on innovative development and caring for our current communities.

The City of Newark is reviewing the proposed "Mowry Village" development, and it will be up for vote in coming months. This is our moment to guide our local government in making a wise decision in the face of climate vulnerability.

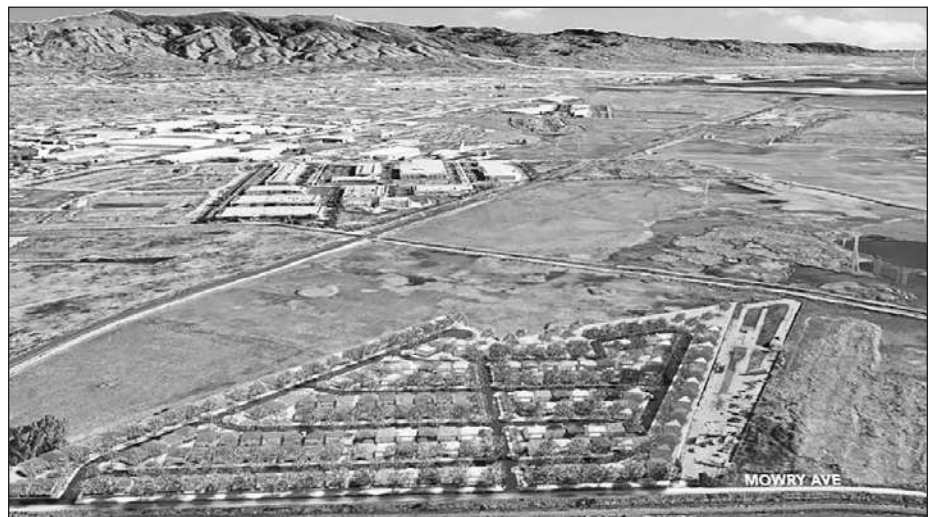
**Learn More:**

Community-driven effort to Save Newark Wetlands and protect Newark Area 4: [SaveNewarkWetlands.org](http://SaveNewarkWetlands.org)

Proposed "Mowry Village" development project on the City website: [www.newark.org/departments/community-development/planning-division/projects-under-environmental-review](http://www.newark.org/departments/community-development/planning-division/projects-under-environmental-review)



Current Mowry Village planned site. Photo source [www.mowryvillage.com](http://www.mowryvillage.com)



Planned construction. Photo source [www.mowryvillage.com](http://www.mowryvillage.com)

# The power of the youth vote

SUBMITTED BY VALERIE STEWART

On January 13, 2024, high school student leaders from Fremont and Union City met with Julie Dunkle and other members of the League of Women Voters to develop and train for the presentation they will give at local high schools during upcoming voter registration drives. The final training is taking place January 21. The registration events begin on January 24 at Robertson High School in Fremont.

Led by local teens and adult volunteers, Youth Voter Movement (YVM) conducts voter registration events for local youth and Get Out The Vote (GOTV) actions. Since 2018, YVM has registered over 10,000 new voters.

The registration events consist of a presentation that highlights the history of voting, the power of the youth vote, and the breadth of voting issues. YVM Youth Leaders conduct the presentation and lead students through the voter registration process. Social Science teachers bring their classes to hear the presentation and complete the registration process. YVM is a project of the League of Women Voters FNUC. Here is the current schedule to register students in time to vote in the March Primary election.

- Robertson HS, Fremont - January 24
- Mission HS, Fremont - January 25
- Washington HS, Fremont - January 29
- Logan HS, Union City - January 31

- Irvington HS, Fremont - February 2
- American HS, Fremont - February 5
- Newark HS, Newark - February 9
- Bridgepoint/Crossroads HS, Newark - February 12
- Conley-Caraballo HS, Hayward - February 14

**Youth Rally in Fremont!**

In March, before the Primary Election, Bay Area students will gather to show the power of the Youth Vote and celebrate voting with postcard and phone bank drives, voicing concerns with local electees, registering voters, and a march to City Hall to mail primary ballots and postcards. The Rally will take place at Fremont Main Library at 2400 Stevenson Boulevard.

**Youth Voter Movement**  
[youthvotermovement.org](http://youthvotermovement.org)

# The Start of Spring

SUBMITTED BY  
WINDA SHIMIZU

Hayward Arts Council (HAC) invites you to attend "The Start of Spring" Exhibition artists' reception and free brush painting demo by artist Haijing Hu on Wednesday, January 24 from 4:00 p.m. to 5:30 p.m. at the Hayward Public Library on the second floor.

"The Start of Spring" showcases the works of Haijing Hu, Kenka Chu, Pan Yuchuan, and Mingming Liang and is in celebration of the Lunar New Year. These four local artists are members of the Hayward Arts Council, as well as Hayward Yueming Art Studio, and Chinese Art Association of SF. On display are ink brushwork paintings, oil, pastel, and colored pencil artworks. The show will be on view until February 19, 2024.

The free art demo on Wednesday, January 24 will be presented by Hayward artist Haijing Hu who has a degree in Fine Arts from Guangzhou Academy in Canton China and more than 20 years of art education experience.

"The Start of Spring" Exhibition is co-sponsored by



Hayward Public Library and Hayward Arts Council.

**'The Start of Spring' reception and art demo**  
**Wednesday, Jan 24**  
**4:00 p.m. - 5:30 p.m.**  
**Show runs through February 19**  
**Hayward Library Galleries**  
**888 C St., Hayward**  
**510-538-2787**  
[www.haywardartscouncil.org](http://www.haywardartscouncil.org)

## Jared Freiburg returns to Castro Valley



SUBMITTED BY  
TERRY LIEBOWITZ

There's going to be "a whole lot of shakin' going on" at the Castro Valley Center for the Arts, Saturday, February 3, as Jared Freiburg, featuring the Spinouts, returns by popular demand.

Castro Valley Arts Foundation Vice-President Mary Ann DeGrazia is excited that Jared can bring his show back to Castro Valley. "Everyone that saw him in 2022, wanted to invite their family and friends back to his electrifying show. It is definitely high-octane!"

Jared and the Spinouts, a San Francisco-based 3-piece band,

celebrate the big names of the 50s and 60s, from Elvis to Sinatra with a healthy serving of Jerry Lee Lewis and the Big Bopper.

Purchase tickets at [cvartsfoundation.org](http://cvartsfoundation.org) or call (510) 889-8961. Parking is free. Bart is within walking distance from the venue.

**Jared Freiburg concert**  
**Saturday, Feb 3**  
**7:30 p.m.**  
**Castro Valley Center for the Arts**  
**19501 Redwood Rd,**  
**Castro Valley**  
**(510) 889-8961**  
[cvartsfoundation.org](http://cvartsfoundation.org)  
**Tickets: \$36 - \$40**

## Earthquake Preparedness Grant Program Available for Fremont Homeowners

SUBMITTED BY CITY OF FREMONT

Attention Fremont homeowners! You can now register for a chance to receive grant funding to help strengthen your home against earthquakes.

Registration just opened for California's Earthquake Brace + Bolt program, which offers eligible homeowners up to \$3,000 toward a residential seismic retrofit. The program aims to help homeowners lessen the potential for damage to their homes during an earthquake by "bracing" the crawl space, when necessary, and "bolting" the foundation to the frame. Only raised-foundation wood-framed homes built before 1980 qualify for the program. For income-eligible homeowners, a supplemental grant above the \$3,000 may be available.

Registration is only open for a limited time, so check now to see if you qualify. The program is sponsored by the California Earthquake Authority and the California Governor's Office of Emergency Services.

See if you qualify and register at [www.earthquakebracebolt.com](http://www.earthquakebracebolt.com)

*Domini Hoskins*

BLACK HISTORY MUSEUM & LEARNING CENTER

**Black History Month**

February 2024

The Domini Hoskins Black History Museum & Learning Center

Support from: The Northern California Chapter of the NFL Alumni Association, San Mateo County Event Center, Meriwest Credit Union, and Shops on Broadway

**WE ARE UNSTOPPABLE**

**Proud – Strong – Fearless – Inspiring**

**February 1 - February 29**  
**12 Noon - 6 PM**

**890 Jefferson Avenue (formerly - Cost Plus World Market) Redwood City**

**Closed Mondays - We offer special group tours by appointment only Special time for schools (Wednesday - Thursday - Friday) Donation: \$15 Adults, \$5 Children, \$10 Seniors & Teachers**

**What is Black History Month?**  
 Everyday really is Black History Month, but in February we celebrate and showcase the great achievements of African-Americans, past and present. In 1926, Dr. Charles Woodson started a celebration called Negro History Week that later became Black History Month.

**Why should I visit the Black History Museum?**  
 The purpose of the museum is to educate our community, especially our youth, about the rich history that African-Americans have contributed to American society. America is a melting pot of people from different ethnic backgrounds and cultures. Every person in this country should be proud of their heritage and they should celebrate who they are and where they come from. So in February, we honor our Black ancestors and educate Americans about the struggles of the African-American culture through a museum featuring more than 22,000 sq. feet of exhibits.

*Join in "Handing Down The History" with your donation. Your name will be added to our "Freedom Wall"*

**Donations are needed to support this event.**  
 Send you donations to:  
**Domini Hoskins Black History Museum (EIN #56-2669086)**  
 951 Old County Road / PO Box 304  
 Belmont, CA 94002  
 Paypal:  
<https://www.paypal.com/paypalme/hbhmuseum>

**For more information:**  
**Carolyn Hoskins, Executive Director**  
 650-921-4191  
[info@hoskinsblackhistorymuseum.org](mailto:info@hoskinsblackhistorymuseum.org)  
[www.hoskinsblackhistorymuseum.org](http://www.hoskinsblackhistorymuseum.org)

**CHECK FACEBOOK FOR EVENTS**  
[www.facebook.com/hbhlc](http://www.facebook.com/hbhlc)

## Inaugural Nonprofit Summit coming February 1

SUBMITTED BY  
TINA FERNANDEZ STECKLER,  
TCNPC Co-FOUNDER

"Nonprofit Champions Summit: Unite & Uplift" is Tri-City Nonprofit Coalition's (TCNPC) first-ever in-person summit. This free event will take place at Fremont's Depot Café in Centerville and will feature three speakers representing diverse nonprofits and skillsets.

The evening will kick off at 6 p.m. with wine and other refreshments followed by a panel discussion featuring Lucy Hernandez of Bay Area Community Health, Lance Nishihira of Daily Bowl, and Muirgheal Forro of HERS Breast Cancer Foundation speaking on community engagement, technology, and social media, respectively.

TCNPC Co-Founder Kathy Kimberlin shared that "this

summit will connect nonprofit champions and will help energize their mission outlook for 2024. TCNPC is committed to building community nonprofit ties because we are stronger together."

To reserve your spot at this free event via Eventbrite: <http://tinyurl.com/TCNPC-Summit2024>.

The panel discussion will include a Q&A session and registered guests will be automatically entered to win a "Nonprofit Survival" kit featuring self-care items and educational materials. (The value of the free drawing is \$150!)

Register today using TCNPC's QR code or visit <http://tinyurl.com/TCNPCSummit2024>.

TCNPC is a nonprofit organization with the mission of strengthening the ability of all Tri-City nonprofit organizations to successfully accomplish their

respective missions by collaborating, sharing information, and raising community awareness. Find out more at <http://tcnpc.org>.

**Inaugural Nonprofit Summit**  
**Thursday, Feb 1**  
**6 p.m.**  
**Depot Café**  
**37260 Fremont Blvd., Fremont**  
**Free; reservation required:**  
<http://tinyurl.com/TCNPC-Summit2024>



Lucy Hernandez



Lance Nishihira



Muirgheal Forro

### LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

[tricityvoice@aol.com](mailto:tricityvoice@aol.com)



## Mission San Jose School of Guitar

43255 Mission Boulevard, Fremont CA 94539

Private online  
and in person instruction

Beginning  
Advanced  
Guitar Instruction

Popular  
Rock  
Jazz  
Blues  
& Classical  
also available:  
Bass,  
Ukulele,  
Voice  
Music Theory  
and Keyboard



*Richard Kendrick*

510-661-9147

FREE Lesson  
with purchase  
of 4 lessons

<https://richardkendrickguitar.com/>  
E-mail: [rwkendrickjr@yahoo.com](mailto:rwkendrickjr@yahoo.com)

Qualified, Professional and Experienced  
Masters Degree in Music (Performance - Classical Guitar)

## Hayward Animal Shelter



510-293-7200

[www.HaywardAnimals.com](http://www.HaywardAnimals.com)

16 Barnes Court, Hayward  
(Near Soto & Jackson)

Connecting rescued animals  
with loving homes!



Roscoe is a 1 year old Pit mix. Roscoe is looking that sweet person that knows exactly how to handle a couch Hippo. Roscoe would benefit from confidence building and basic obedience. Roscoe would do best with a older kids and up. To meet or adopt Roscoe contact Hayward Animal Shelter at 510-293-7200.



Belinda is a 10 month old Shepherd mix. Belinda is compact, fun and full of energy. Belinda would love to go on hikes, runs, or any other adventure your family is game for. Belinda would do well in a home with teens and up. To meet or adopt Belinda contact Hayward Animal Shelter at 510-293-7200.

\$ = Entrance or Activity Fee  
R= Reservations Required  
Schedules are subject to change.  
Call to confirm activities shown in these listings.

# Arts & Entertainment

## CONTINUING EVENTS

### Tuesdays

#### East Bay Games Meet

6:00 pm - 10:00 pm  
German/Euro style board games and card games.  
Swiss Park  
5911 Mowry Ave., Newark  
(510) 936-2523  
[meetup.com/east-bay-games](http://meetup.com/east-bay-games)  
[sfdavidkaye@yahoo.com](mailto:sfdavidkaye@yahoo.com)

#### Tuesdays, January 23 - May 28

##### LEGO® Time

3:00 pm - 4:30 pm  
Use your imagination and engineering skills to create your own LEGO® designs.  
Centerville library  
3801 Nicolet Ave., Fremont  
(510) 795-2629  
Drop-in. For everyone.

#### Tuesdays, January 23 - March 26

##### Music and Storytime

11:30 am - 12:00 pm  
Join us for stories, music, and movement.  
Cherryland Community Center  
278 Hampton Road, Hayward  
(510) 626-8522  
For babies, toddlers, kids, and preschoolers.

#### Tuesdays, January 23 - March 26

##### Comfort & Joy Ukulele R

1:30 pm - 3:00 pm  
A group of ukulele players with volunteer leaders to practice familiar songs as well as learning new.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606

#### Tuesdays, January 23 - March 26

##### East Indian Seniors R

2:00 pm - 4:00 pm  
Anyone who is retired and of Indian origin or interested in Indian culture is welcome to join us.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606  
Second and Fourth Tuesdays of the month

#### Wednesdays, January 10 - March 27

##### Folk Dancing Social R

9:00 am - 10:30 am  
Join together in the wonderful spirit of dancing and savor the beautiful music from all over the world.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606

#### Wednesdays, January 10 - March 13

##### Book Club AWC R

10:00 am - 12:00 pm  
The book club meets for stimulating discussions.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606  
Second and fourth Wednesdays of the month

#### Wednesdays and Saturdays, January 10 - December 20

##### Free Open House Nature Learning Center & Pollinator Garden at Central Park

1:00 pm - 4:00 pm  
Sat: 10 am to 2 pm  
See native mammals and birds, explore a compost worm bin and much more.  
Nature Learning Center at Central Park  
40204 Paseo Padre Pkwy., Fremont  
<http://tinyurl.com/mtrht5js>  
Confirm details before attending.

#### Thursdays, January 4 - March 28

##### International Folk Dancing R\$

11:15 pm - 1:00 pm  
Celebrate the cultural roots and traditional life of various countries.  
Age Well Center at South Fremont  
47111 Mission Falls Ct., Fremont  
(510) 742-7529  
In English and Chinese.

#### Thursdays, January 4 - March 28

##### Bocce Ball Class R

11:00 am - 12:00 pm  
Learn how to play Bocce Ball.  
Age Well Center at South Fremont  
47111 Mission Falls Ct., Fremont  
(510) 742-7529  
Rain will cancel class.

#### Thursdays, January 11 - March 28

##### Chinese Calligraphy Social R

2:00 pm - 4:00 pm  
Bring your own supplies and socialize and have fun while doing calligraphy.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606  
There is no teaching on site.

#### Thursdays, January 11 - March 28

##### Chinese Music Ensemble R

1:00 pm - 3:30 pm  
Open to all who are interested in performing traditional Chinese music.  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606

#### Thursdays, January 18 - February 22

##### Family Board Game Night

3:30 pm - 5:30 pm  
Play together with family and friends, or make some new friends at the library.  
Centerville library  
3801 Nicolet Ave., Fremont  
(510) 795-2629  
Board games will be provided.

#### Thursdays, January 25 - September 26

##### The Peaceful Poets

5:00 pm - 8:00 pm  
Join a Milpitas-based group of writers and appreciators of poetry.  
Milpitas Public Library  
160 N Main St., Milpitas  
(408) 262-1171  
For teens, adults, and seniors.  
Last Thursdays of the month

### Thursdays and Saturdays

#### Story Time

10:30 am - 11:00 am  
Picture book story time  
Banter Bookshop  
3768 Capitol Ave. Ste. F, Fremont  
(510) 565-1004  
[bit.ly/3VFpbz](http://bit.ly/3VFpbz)

#### Thursdays and Tuesdays, November 9 - May 23

##### Fridays, December 29 - May 10

Go: The Game R  
3:30 pm - 5:30 pm  
Go is an ancient game of strategy. To learn the game or to play it.  
Union City Library  
34007 Alvarado-Niles Rd., Union City  
(510) 745-1464  
All ages and levels.

#### Fridays, December 29 - November 29

##### Qi Gong Meditation & Exercise Class

1:00 pm - 3:00 pm  
Falun Dafa classes provided by the Classical Arts Foundation.  
Milpitas Public Library  
160 N Main St., Milpitas  
(408) 262-1171  
Language: English, Mandarin, Vietnamese.

#### Fridays, January 12 - March 29

##### African Dance and Culture R\$

11:00 am - 12:00 pm  
Experience the joy and vitality of African Dance!  
Age Well Center at Lake Elizabeth  
40086 Paseo Padre Pkwy., Fremont  
(510) 790-6606

#### Fridays, January 12 - March 29

##### Aloha Vibes R

10:30 am - 12:30 pm  
A group of musicians (all instruments welcome) who wish to share multi-cultural and familiar music with others.  
Age Well Center at South Fremont  
47111 Mission Falls Ct., Fremont  
(510) 742-7529  
Second and fourth Fridays of the month

#### Fridays and Saturdays

##### Free Telescope Viewings

7:30 pm - 10:30 pm  
Join Chabot astronomers on the Observatory Deck for a free telescope viewing!  
Chabot Space and Science Center  
10000 Skyline Blvd., Oakland  
(510) 336-7300  
[chabot.space.org/calendar](http://chabot.space.org/calendar)  
Weather permitting.

### Saturdays

#### Laugh Track City R\$

8:00 pm  
Series of improvised games and scenes  
Made Up Theatre  
4000 Bay St. suite B., Fremont  
(510) 573-3633  
[madeuptheatre.com](http://madeuptheatre.com)

### Saturdays

#### Free Beginner Pickleball Lesson

12:00 pm - 2:00 pm  
Free pickleball lesson taught by a USPA professional.  
Hall Memorial Park  
304 La Honda Dr, Milpitas  
(408) 586-3210  
Drop-in. Weather permitting.

#### Saturdays, January 13 - March 30

##### History Museum Visit \$

1:00 pm - 4:00 pm  
Visit the various halls that highlight the fossils of the San Francisco Bay area.  
Children's Natural History Museum  
4074 Eggers Dr., Fremont  
(510) 790-6284  
Self-guided tour.

### Sundays

#### Weekly meditation Session R

8:30 am - 9:30 am  
Explore the effortless way to ultimate bliss.  
India Community Center  
525 Los Coches St., Milpitas  
(408) 934-1130  
[samarpanmeditationusa.org](http://samarpanmeditationusa.org)  
[info@indiacc.org](mailto:info@indiacc.org), [info@samarpanmeditationusa.org](mailto:info@samarpanmeditationusa.org)

#### Sundays, January 7 - February 25

##### ICC Chess Classes R\$

12:00 pm - 2:00 pm  
Kids will learn the fundamentals of chess.  
The India Community Center - Table Tennis Center  
1507 N. Milpitas Blvd., Milpitas  
(408) 945-9556  
Age 5+.

### Sundays - Saturdays

#### Recreational Swim \$

12:30 pm - 5:00 pm  
Attractions may vary.  
Silliman Activity and Family Aquatic Center  
6800 Mowry Ave., Newark  
(510) 578-4620  
[bit.ly/3nxo0is](http://bit.ly/3nxo0is)

### Sundays

#### Larry "O" Teen Workshop

10:00 am - 12:00 pm  
Used bikes, bike parts for sale and bike repair.  
Larry Orozco Teen Workshop  
33623 Mission Blvd., Union City  
(510) 675-5487  
[www.unioncity.org/723/Larry-O-Teen-Workshop](http://www.unioncity.org/723/Larry-O-Teen-Workshop)  
[RobertS@unioncity.org](mailto:RobertS@unioncity.org)  
Donation accepted.  
Second and fourth Sundays of the month





# FUDENNA BROS., INC.

## *Fremont's leader in small to medium office space*

### Short Term leases available

**Perfect for startups  
looking to keep costs down**

Allow for growth to larger office space within our properties

- 24/7 building access
- Conference rooms available at no cost
- Some Furniture available at no cost
- Full service lease includes water, electric, janitorial, and nightly security patrol
- No hidden fees
- Close to Bart
- Near 680/880



**Contact Fudenna Bros. for more information**

**Phone: 510-657-6200**

**Email: [customerservice@fudenna.com](mailto:customerservice@fudenna.com)**

**Office located at 39823 Paseo Padre Pkwy. Fremont CA, 94538**

## Year of the Dragon – Time for prosperous financial moves!

SUBMITTED BY  
**IRIS KWONG-HU, SVP,  
BANK OF AMERICA**



Starting on February 10, 2024, the Asian zodiac transitions from the year of the skillful and creative rabbit to the

powerful, noble and highly successful dragon. In many cultures, the Year of the Dragon predicts abundance, prosperity and good fortune. So, it's no surprise that dragons often symbolize money!

Bank of America understands these characteristics and helps clients build pathways to financial stability and success. As we welcome the Year of the Dragon, here are a few tips to improve your financial health during this fortuitous year.

1) Track your spending/build a budget. Tracking your spending can give you a better sense of where your money is going each month, so you can decide where and if you need to cut back or invest more. Using technology can help. Mobile phone apps, along with mobile and online banking, offer easy ways to track spending, follow a budget and maximize your hard-earned dollars.

2) Pay down debt. After the holidays, most household budgets are ready for some financial fitness. You can be savvy

about paying down debt by breaking it down and paying off what you owe a little at a time. Remember, there are various types of debt and not all debt is created equal. More information about how to pay down credit card debt can be found under "Strategies for paying down debt" at [BetterMoneyHabits.com](http://BetterMoneyHabits.com).

3) Save for emergencies. It's wise to have enough savings to cover three months of living expenses, and many banks, including Bank of America, can help with automatic savings transfers. Start small, with just a few dollars a month or per paycheck. Your savings should be accessible, not locked up in accounts that charge you to access your money. However, it shouldn't be too accessible; consider a separate, interest-bearing Federal Deposit Insurance Corporation-insured savings or money market account.

4) Invest in yourself. Saving for retirement is an investment in your future

self. Look at how you're planning for retirement to see if you're maximizing your contributions or if you can contribute a little more to your 401(k) or IRA. Remember, retirement plans often offer tax advantages, so do some research and take advantage of the available options. Bank of America and Merrill advisors can help.

For more tips, Bank of America has a free financial education website, [BetterMoneyHabits.com](http://BetterMoneyHabits.com) that can help build financial know-how on topics like budgeting, saving, managing debt, homeownership, and retirement and more. Bank of America also offers free financial education workshops in multiple languages to local groups and organizations.

Financial expertise can help families pass along knowledge—and fortune—to their children.

## Castro Valley Reads 2024

SUBMITTED BY  
**CHRIS SELIG,  
CASTRO VALLEY LIBRARY**

Castro Valley Reads is an annual literary event that asks our residents to read and discuss the same book. It builds community by encouraging a thoughtful exchange of ideas and celebrates the joy of reading together. Castro Valley Reads is facilitated by Castro Valley Library and generously funded by Friends of the Castro Valley Library. This year we will be highlighting the history of unions and the rights of workers to protest unfair labor practices with a propulsive and entertaining novel entitled *The Cold Millions* by best-selling author Jess Walter.

The *Cold Millions* tells the tale of two brothers swept up in the turbulent class warfare and free speech fights of the early 20th century. As one reviewer wrote, "The *Cold Millions* is a literary unicorn: a book about

socio-economic disparity that's also a page-turner and a beautiful, lyric hymn to the power of social unrest in American history. It's funny and harrowing, sweet and violent, innocent and experienced; it walks a dozen tightropes."

"Castro Valley Reads is an invitation to come together as a community to grow in our understanding of important ideas and events," said Dawn Balestreri, Manager of the Castro Valley Library. "Nearly 1,000 community members have accepted our invitation over the past 7 years. Will you join us this year?"

Registration for 7th annual Castro Valley Reads has started and you can register for a Library-facilitated group or you can form your own group with three or more people. To learn more about discussion groups and to register, visit [aclibrary.org/castro-valley-reads](http://aclibrary.org/castro-valley-reads).

Our Kick-Off Event is Sunday, February 4 from 2 p.m. to 3 p.m. You'll learn more about the book

and be able to pick up a free copy, while supplies last. We'll sing along as local horn ensemble fun'SQ leads us in rousing renditions of union songs from the 20th century. There is no need to register for the Kick-Off event itself, but please register for a discussion group online before you arrive. Through mid-April, in addition to discussion groups, we have a great line up of programs related to the themes of the book. And on Sunday, April 14, featured author Jess Walter will be joining us in person at the Castro Valley Center for the Arts for the Finale event.

The library will provide an ASL interpreter for any event with at least seven working days' notice. Please call (510) 667-7900 or TTY 888-663-0660.

**Castro Valley Reads 2024  
Kick-Off Event  
Sunday, February 4  
2 p.m. - 3 p.m.  
Castro Valley Library  
3600 Norbridge Ave.,  
Castro Valley  
(510) 608-1137  
[aclibrary.org/castro-valley-reads](http://aclibrary.org/castro-valley-reads)**

## Fremont's Young Marine of the Year

SUBMITTED BY  
**THE YOUNG MARINES**

The Young Marines, a national youth organization, has announced the Division 6 Young Marine of the Year, Akshaya Krishna, 16, of Fremont.

Krishna is a member of the Sacramento Young Marines. A sophomore at Irvington High School, Krishna will represent Division 6 in competition with five other division winners for the title of National Young Marine of the Year, the highest honor bestowed by the Young Marines organization nationally. Outside of Young Marines, Krishna is the Competitions Director and the CyberPatriot Team Leader for the Cybersecurity Club at her high school. She has achieved high rankings in both individual and team-based competitions at the national level.



Akshaya Krishna, Division 6 Young Marine of the Year

# Community Bulletin Board

**10 lines/\$10/ 10 Weeks  
\$50/Year**

510-494-1999 tricityvoice@aol.com

**Shout out to your community**

Our readers can post information including:

- Activities**
- Announcements**
- For sale**
- Garage sales**
- Group meetings**
- Lost and found**

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting

only. Any change will be considered a new posting and incur a new fee.

**The "NO" List:**

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCV

**SIMINOFF DAYLIGHT MASONIC LODGE No. 850**  
Meets on 2nd Monday Of Every Month, At 1:00 PM In Siminoff Masonic Center on campus of Masonic Homes of California 34400 Mission Blvd. Union City CA 94587 Secretary, James Leggate 510-493-1296

**FREMONT COIN CLUB**  
Established 1971 Meets 2nd Tues in person 7pm Meets 4nd Tues with Zoom 7pm Holy Trinity Lutheran Church 38801 Blacow Rd, Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365

**MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION**  
Welcomes YOU!  
We are a spiritual community of open minds, nurturing growth and healing in ourselves, and all people. Together we strive to live compassionately and courageously as we work to build a nonviolent, just sustainable world. We welcome you and your family to join us on this journey. We meet Sundays at 10 a.m. in Cole Hall, located at 2950 Washington Blvd. in Fremont and online at www.mpuuc.org/Zoom Learn more about us at www.mpuuc.org

A-1 Comm. Housing Svcs. A HUD Approved Agency  
**1st Time Home Buyers Workshop**  
Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227

**Are you troubled by someone else's drinking?**  
Al-Anon and Alateen Family Groups are here to help! Al-Anon has but one purpose, to help families and friends of Alcoholics.  
We have in-person and zoom meetings. Visit <https://alanon17.weebly.com/> for a full meeting list. You can also email [easyduz@gmail.com](mailto:easyduz@gmail.com) or call us at 510.276.2270 for more info.

**Scholarships for Women**  
**Fremont PEO/UF sponsors scholarships for women entering college, earning another degree, returning after 2+ years.**  
2% education loans. [www.peocalifornia.org](http://www.peocalifornia.org) [peouf150@gmail.com](mailto:peouf150@gmail.com)

**Fremont Stamp Club**  
Meet 2nd Thurs. each month  
**Cultural Arts Center**  
3375 Country Dr., Fremont  
Interesting discussions, trade, silent auction  
[fremontstampclub@gmail.com](mailto:fremontstampclub@gmail.com)  
[www.fremontstampclub.org](http://www.fremontstampclub.org)  
Steve (510) 461-3431

**San Leandro Historical Railway Society Open House**  
The SLHRS models the Southern Pacific from Oakland to just east of Norden using a tri-level Donner Pass helix. Public invited every Sat. 10AM - 2:30PM  
1302 Orchard Ave, San Leandro  
San Leandro G&O trains in back garden. New members & Model Railroad donations accepted. Visit us at [www.slhrs.org](http://www.slhrs.org)

**Memorial Lutheran Chapel for the Deaf (MLCD)**  
MLCD is an independent congregation in partnership with Prince of Peace Lutheran Church and School.  
**Location:** Prince of Peace Lutheran Church and School (Meeting in Mosley Chapel) 38451 Fremont Blvd., Fremont, CA  
**Sunday Bible Study:** 9:30 a.m. - **Sunday Worship:** 11:00 a.m.  
**Church Office:** 510-499-8473 or 510-516-9566  
**Email:** [mlcdeaf@yahoo.com](mailto:mlcdeaf@yahoo.com) OR [gomez.andylorena@sbcglobal.net](mailto:gomez.andylorena@sbcglobal.net)  
You can find us at: Memorial Lutheran Chapel for the Deaf-YouTube  
**"Where people gather...to worship, learn and share the love of Jesus"**

**The Friendship Force of the San Francisco Bay Area**  
Experience a country and its culture with local hosts; meet global visitors. Guests from Canada in 2024 We visit Japan  
**Enjoy our many Bay Area events**  
[www.ffsfba.org](http://www.ffsfba.org)  
[www.friendshipforce.org](http://www.friendshipforce.org)  
**Call or text 510-363-0531**

**EARLY RISERS start your Tuesday with a boost of energy. Join the NEWARK TOASTMASTERS from your home 7 am - 8 am via Zoom.**  
Boost your communication, leadership & personal growth skills. It's FREE to attend as a guest. Info: [wmfitts@yahoo.com](mailto:wmfitts@yahoo.com) [profricka@gmail.com](mailto:profricka@gmail.com)  
[www.1118.toastmastersclubs.org](http://www.1118.toastmastersclubs.org)

**SENIOR SOCIAL ACTIVITIES**  
Friendly & fun group open to men & women. Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more. Free newsletter. For information 925-803-1313 510-303-1055

**TRI-CITIES WOMEN'S CLUB**  
Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 - Cards & Games 11:30 - Lunch 1:00 - Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch, Rummikub, bocce ball & book club. For more info, call 916-217-3074

**ABWA - Pathfinder Chapter American Business Women's Association**  
Provides opportunities for women for leadership, education, & networking. Virtual meetings - 3rd Wednesday of each month. 6:45 pm to 8:30 pm. Call Donna at 510-299-4332 or send email to [pathfinderabwa@gmail.com](mailto:pathfinderabwa@gmail.com) [www.abwa-pathfinder.org](http://www.abwa-pathfinder.org)

**THE HISTORIC SHINN HOUSE**  
1251 Peralta Blvd, Fremont, CA  
Open for public tours \$4 adults, \$2 Children (7-13) on the: First Wednesday of each month, and Third Sunday of each month from 1 PM to 4 PM. Groups of six or more need to make a reservation Groups of five or less are welcome without a reservation We will enforce current local CDC Guidelines All tours are Docent led and last about one hour. More information and large group reservations call: (510) 795-0891

**NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES**  
protecting and preserving your benefits  
**Meets at Noon the 4th Friday at Fremont's Age Well Center at Lake Elizabeth**  
Come meet new and old friends, discuss developments regarding your benefits, share your experience and knowledge and get involved. For info: [www.NARFE.org](http://www.NARFE.org) or 800-456-8410 (5am-2pm PT M-F) or leave msg for Jeannie at 510-792-6327

**SPRING FLING Craft Fair and Flea Market**  
Saturday, March 16th 9am-3pm American High School Fremont Over 50 vendors! For details go to: [ahsboutique.weebly.com](http://ahsboutique.weebly.com)

**Fremont Cribbage Club**  
Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 5PM. at BRONCO BILLY'S PIZZA at 41200 Blacow Road, Fremont We welcome experienced players and will work with new players hoping to learn the game. Email: [Accgr43@gmail.com](mailto:Accgr43@gmail.com) For more information.

**LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP!**  
Zoom meeting 4th Saturday of the month (off July & Dec) 2:00-4:00 PM Great speakers! \* All genres! \* Critique groups available! Email [scottfrombayside@yahoo.com](mailto:scottfrombayside@yahoo.com) for Zoom link before the meeting. Writers' Salon meets 4th Monday of the month (occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email [up.dragonfly.com@gmail.com](mailto:up.dragonfly.com@gmail.com) for Zoom link before the meeting. Everyone is welcome! [www.cwc-fremontareawriters.org](http://www.cwc-fremontareawriters.org)

**Tropics BINGO Every Wednesday Games start 7pm**  
33000 Almaden Blvd. Fremont Buy-In \$10 Flash games \$100-\$500 90% Payout Profits go to local Charities the-Tropics.net

**BINGO BINGO BINGO**  
Niles Canyon Mobile Estates 711 Old Canyon Road, Fremont (Niles District) The FIRST MONDAY of Every month in 2023 Doors Open @ 6:00 PM Games Start @ 7:00 PM \$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers

A-1 Comm. Housing Svcs. A HUD Approved Agency  
**Credit and Money Mgmt. Workshop**  
Presented on Zoom For dates, go to our website Please register at [www.a1chs.org](http://www.a1chs.org) call 510.674.9227

**FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT, CA**  
We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: [www.firstchurchfremont.org](http://www.firstchurchfremont.org) See our website to meet us on Zoom

**Serious Mental Illness Free 8-week course for caregivers of someone with a serious mental illness starting Jan 6, 2024, from 9:00-11:30 in Fremont.**  
Registration is required. Contact: Joe Rose at 510-255-3903 or Email [F2F@NAMIlacs.org](mailto:F2F@NAMIlacs.org) <https://www.NAMIlacs.org> <https://www.NAMI.org/f2f>

**Want to see a collection of vintage buses?**  
Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome. [www.pacbus.org](http://www.pacbus.org)

**Free 8-week course for caregivers of someone with a serious mental illness starting Jan 6, 2024, from 9:00-11:30 in Fremont.**  
Registration is required. Contact: Joe Rose at 510-255-3903 or Email [F2F@NAMIlacs.org](mailto:F2F@NAMIlacs.org) <https://www.NAMIlacs.org> <https://www.NAMI.org/f2f>

**Rewarding volunteer opportunity! Deliver meals to seniors SOS Meals on Wheels**  
Fremont, Newark, Union City M-F, 10:30am - 12:30 pm 10-15 clients per route Contact John, 510-244-0165 [John@sosmow.org](mailto:John@sosmow.org) [www.sosmow.org](http://www.sosmow.org)

**Want to see a collection of vintage buses?**  
Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome. [www.pacbus.org](http://www.pacbus.org)

**Want to see a collection of vintage buses?**  
Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome. [www.pacbus.org](http://www.pacbus.org)

# OPINION



**PUBLISHER**  
**EDITOR IN CHIEF**  
**William Marshak**  
**DIRECTOR OF OPERATIONS**  
**Sharon Marshak**  
**DESIGN/PRODUCTION**  
**Jessica Wu**  
**OFFICE ADMINISTRATOR**  
**Gail Hansen**  
**Chung Yao**  
**BOOKKEEPING**  
**Vandana Dua**  
**DELIVERY MANAGER**  
**Carlis Roberts**  
**ASSIGNMENT EDITOR**  
**Stephanie Gertsch**  
**COPY EDITOR**  
**Jack Alcorn**  
**Monika Lee**  
**COMPOSITE EDITOR**  
**April Ramos**

**REPORTERS**  
**Esha Bargate**  
**Kelsey Canello**  
**Victor Carvellas**  
**Jim Cauble**  
**Andrew Cavette**  
**Michael Coates**  
**Asok Chatterjee**  
**Charlene Dizon**  
**Eric Donato**  
**Ceri Hitchcock**  
**Alfred Hu**  
**Rob Klindt**  
**Daniel O'Donnell**  
**Gelsey Plaza**  
**Madhika Singh**  
**Hugo Vera**  
**Marc Vicente**  
**Shreya Jani**  
**Andrew Joseph**  
**David Newman**

**PHOTOGRAPHERS**  
**Victor Carvellas**  
**Don Jedlovec**

**INTERNS**  
**Esha Bansiya**  
**Nanki Kaur**  
**Elaheh Khazi**  
**Jessica Kim**  
**Priyanka Shah**  
**Annika Singh**  
**Vidyuth Sridhar**  
**Anushka Vasudev**

**APP DEVELOPER**  
**WEB DEVELOPER**  
**AFANA ENTERPRISES**  
**David Afana**

**LEGAL COUNSEL**  
**Stephen F. Von Till, Esq.**

**ADJUDICATION:**  
 What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE™

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

**Subscribe**  
**Call 510-494-1999**  
**510-494-1999**  
**fax 510-796-2462**  
**39737 Paseo Padre Parkway,**  
**Fremont Ca 94538**  
**tricityvoice@aol.com**  
**www.tricityvoice.com**

**COPYRIGHT 2024®**  
 Reproduction or use without written permission from What's Happening's Tri-City Voice™ is strictly prohibited

## To Be



WILLIAM MARSHAK

A well-known soliloquy by the Shakespearean character, Hamlet, begins with the existential question, "To be or not to be". Although Hamlet is addressing a personal course of action, the same question can be applied in a myriad of circumstances.

Our communities have evolved from a scattering of towns and villages to a sprawling metropolis. Some have retained their identity, but others succumbed to the economic and statewide pressure to produce more residential units without a similar commitment to vibrant commercial centers to serve them.

Fremont is a good example of identity theft through deliberate actions to constrict and to some degree eliminate the character and identity of its historic districts and replace them with a downtown and civic center. While the districts have in most cases declined to iconic memories, a replacement has yet to materialize.

Fremont, one of the largest cities of the San Francisco Bay Area, is an amorphous mass of housing and industry with a few commercial hubs but most in decline, replaced by residential development. Historic districts, once a measure of identity have almost all disappeared and political replacements based on population and various other factors, are not strong or cohesive identifiers for most residents. I suspect that many have no idea who represents them on city council.

Our mayors and city council persons might consider strengthening community identity through a program that highlights positive aspects of their community. Each member of the city council would have the opportunity to

select a person, organization, or physical attribute of their district or city to highlight and give official recognition at the council meeting.

Hopefully, the days of brick-and-mortar shops, local retail hubs as well as strong, iconic downtown/civic centers are in the future for Fremont. Other cities of the greater Tri-City area also need to pay attention to strong retail economic growth to balance intense housing pressures. Residents of our cities deserve a clear vision of civic aspirations and timelines to achieve them.

As we enter the 2024 political year, those asking for support at the ballot box should let their constituents know what is "to be".



William Marshak  
 PUBLISHER

### New Haven Unified School District Board Meeting

**December 16, 2023**  
**6:00 p.m.**

- New Haven Schools Foundation held a presentation on the success of their scholarship program in 2023. \$192,650 given in scholarships in 2023. \$1.7 million in scholarships have been granted to local students since 2011.

- In 2023, grants were received from PG&E (\$20k), Kaiser Permanente (\$25k), and Alameda County District 2 Supervisor Richard Valle (\$50k). Sixty-two classroom grants were funded totaling about \$102k. Grants also helped fund the Kwanzaa celebration, CPR training program, and Mics for PAC (Performing Arts Center).

**Consent Agenda**

- Monthly expense report, December 2023

- Payroll warrant numbers/cancelled warrant numbers December 2023
- Approval of multiple days/out of state field trip request(s)
- Approval of contracts less than \$10,000
- Award RFP #834-A, CalSHAPE Ventilation Professional Services
- Award bid for the Makerspace/Media Center Project at Tom Kitayama Elementary School
- Change Order No.2, Delaine Eastin Elementary School Makerspace Project
- Award bid for Independent/Professional Audit Services
- Approval of agreement with Arthur J. Gallagher & Co. for Retiree Health Benefits Actuarial Valuation
- Approval of agreement with Furman Construction, Inc. for Inspection Services for the Tom Kitayama Elementary School Makerspace/Media Center Project
- Ratification of amendment No.1 for the Agreement with SVA Architects for the Makerspace Classroom Project at Alvarado Elementary School
- Ratification of agreement with Furman Construction Inspection, Inc. for

Inspection Services for the Makerspace/Media Center Project at Guy Emanuele Jr. Elementary School

- Ratification of agreement with Evra Construction, Inc. for the Makerspace/Media Center Project at Guy Emanuele Jr. Elementary School

- Approval of agreement with Chabot-Las Positas Community College District for TK Early Childhood Development Program, 2023-24

- Approval of Local Assignment Option – High School

- Approval of the 2023 School Accountability Report Cards

- Approval of amended agreement with Dignity Consulting, LLC for 2023-24

Lance Nishihira	Aye
Shruti Kumar	Aye
Michael Gonzales	Aye
Shamsa Rafay	Aye

### Alameda County Water District

**January 11, 2023**  
**6:30 p.m.**

**Consent Calendar**

- Ratification of Payment of Audited Demands dated December 8, December 15, and December 22, 2023
- Authorization for Directors to attend a Water Education

Foundation Tour of the Lower Colorado River on March 13-15, 2024, in Las Vegas, Nevada

- Creation of Advisory Committee regarding Lake Del Valle use and operations
- Resolution honoring Jacqueline Lenci upon her retirement from district service
- Authorization of Purchase

Order for SCADA Servers for the WTP2 SCADA Replacement Project

- Authorization of Purchase Order for SCADA HMI Software for the WTP2 SCADA Replacement Project
- Authorization of Purchase Order for SCADA Historian Software for the WTP2 SCADA

Replacement Project

- Rejection of Bids for Procurement of Ion Exchange Media in Support of the Groundwater PFAS Treatment Facility – Phase 1 Project

President James Gunther	Aye
Vice President Judy Huang	Aye
Aziz Akbari	Aye
Paul Sethy	Aye
John Weed	Aye

## LOV BINGO

### Monday Nights Swiss Park

**Doors Open 4:00PM**  
**Lightning Game 6:00PM**  
**Regular Games 6:30PM**

**CO OR POWER BINGO MACHINES**  
All Regular Games and Double Action Specials Are in the Power Bingo Machine.  
Minimum Buy-in  
**\$30 - Power Bingo Machine w/10 packs (60 CARDS)**  
+2 each of the Double Action Specials  
+2 6on Paper Packs for all Regular Games  
**Includes FREE Dinner!!!!**

FULL KITCHEN - SMOKING AREA - WELL LIT PARKING - PADDED CHAIRS  
FLASH - \$1199 GAMES - STRIP GAMES - LIGHTNINGS & MORE

**5911 Mowry Ave. Newark, CA 94560**  
For More Info Text or Call (510) 468-8496  
www.lov.org/bingo - www.facebook.com/gallovbingo

## Talk to GUPTA Team for Home Buying or Selling

### Call 510-697-7750

**Rajeev Gupta**  
 Home Sales Specialist  
**Remax Accord**  
CA DRE # 01232943  
 39644 Mission Blvd., Fremont  
 20+ Years Experience

**Monica Gupta**  
 Home Loan Specialist  
**Home Advantage**  
CA DRE # 01424265, NMLS # 343986  
 702 Brown Road, Fremont  
 15+ Years Experience

**FREE Consultation and Market Update**  
**Call 510-697-7750**

**Meet Our Happy Clients** [www.realtytrain.com/clients](http://www.realtytrain.com/clients)

**www.realtytrain.com** CA Lic. Broker

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

**Subscribe**  
**Call 510-494-1999**  
**510-494-1999**  
**fax 510-796-2462**  
**39737 Paseo Padre Parkway,**  
**Fremont Ca 94538**  
**tricityvoice@aol.com**  
**www.tricityvoice.com**

**COPYRIGHT 2024®**  
 Reproduction or use without written permission from What's Happening's Tri-City Voice™ is strictly prohibited

# Historical Architectural Review Board

Thursday, January 18  
6:30 p.m.

### Election of Officers

- Alta Adamson was elected as Chair. (unanimous)
- Thomas McLauchlan was elected Vice Chair. (unanimous)

### Public Hearing Items

- Item 1.

WITHERLY LANE HOMES – 750 - 830 Witherly Lane – (PLN2023-00143) - To consider a Discretionary Design Review Permit, Vesting Tentative Tract Map No. 8546, and a private street in conjunction with a proposal to subdivide the three-lot, 4.15-net-acre site that contains the Register-eligible Gallegos House Resource into 10 single-family lots at 830 Witherly Lane in the Mission San Jose Community Plan Area and to consider a finding that no further environmental review is required pursuant to an exemption from the requirements of the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15183, as the project is consistent with the land use envisioned for the site as established by the General Plan for which an Environmental Impact Report (SCH#2010082060) was previously prepared and certified, and CEQA Guidelines Sections 15162 and 15164, as none of the circumstances requiring preparation of a subsequent or supplemental EIR have occurred. Project Planner – Marc Cleveland, (510) 494-4543, mcleveland@fremont.gov

### Motion

Approve the project based on findings and subject to conditions of approval.

Item 1 approved unanimously.

- Item 2.

SUNDERER BOOT SHOP / WELLS FARGO STATION – EMERGENCY DEMOLITION – 43341 Mission Boulevard – (PLN2023-00285) - To consider

a request to demolish the fire-damaged Sunderer Boot Shop / Wells Fargo Station building, a City of Fremont Register Resource, at 43341 Mission Boulevard in the Mission San Jose Community Plan Area, and to consider a statutory exemption per California Environmental Quality Act (CEQA) Section 15269(c), Emergency Projects, and on a separate and independent basis, a finding that no further environmental review is required pursuant to CEQA Guidelines Section 15183, as the project is consistent with the land use envisioned for the site as established by the General Plan for which an Environmental Impact Report (SCH#2010082060) was previously prepared and certified, and CEQA Guidelines Sections 15162 and 15164, as none of the circumstances requiring preparation of a subsequent or supplemental EIR have occurred. Project Planner – Mark Hungerford, (510) 494-4541, mhungerford@fremont.gov

### Public Comments

- Seven Fremont residents spoke in favor of the Board denying demolition approval for the Sunderer Boot Shop. Reasons stated included professional testimony for salvageable nature of the structure; preservation of tangible representation of the area's history; Fremont Historic Construction Standards; and reconsideration of the emergency condition.

### Motion

The Board does NOT approve demolition of the Sunderer building because alternatives have not been presented to show there are immediate or prompt hazards present.

Item 2 approved unanimously.

Chair Dave Jacobs

Vice Chair Alta Adamson

Kel Kanady

Thomas McLauchlan

vehicles were located, and contact was attempted by an allied agency. One of the three suspect vehicles crashed into parked vehicles and the driver fled on foot. He was quickly detained, and a firearm was recovered. The suspect was transported for medical treatment. Case still under investigation.

### Friday, January 12

- 12:53 a.m.: Officer S. Torres contacted a 29-year-old male out of Fremont in the area of Newark Boulevard and SR-84. Officer S. Torres arrested him for possession of drug paraphernalia and possession of a controlled substance. He was issued a citation and released from the scene.

- 7:35 a.m.: Officers were dispatched to the area of Oak Street after a resident in a neighboring apartment reported masked individuals leaving an apartment currently under renovation. Officers arrived on scene quickly, and Officer Frentescu observed a motorcycle leaving the area with a large "shop vac" attached to the rear of the motorcycle while the rider was holding a bucket of tools. The motorcycle was stolen and the driver, a 30-year-old unsheltered male, was taken into custody. The owner of the apartment responded to the scene and positively identified some of the property attached to the motorcycle. The property was returned to the owner, and the perpetrator was arrested and booked into Santa Rita Jail for burglary, possession of a stolen vehicle, possession of a controlled substance and possession of drug paraphernalia.

# Newark Police Log

SUBMITTED BY NEWARK PD

### Monday, January 8

- 11:52 a.m.: Officer Williams was dispatched to the area of Jarvis Avenue near Lido Boulevard to investigate a male subject looking into vehicles and rummaging through garbage cans. While checking the area, Officer Williams observed a 42-year-old male out of Newark painting a signal control box. He defaced the entire side of the control box and was also in possession of a controlled substance and drug paraphernalia. He was arrested and booked into Santa Rita Jail.

### Tuesday, January 9

- 1:35 p.m.: Officer C. Torres investigated a hit-and-run collision that occurred in a parking lot on Lafayette Avenue. The suspect vehicle was described as a blue pick-up truck that fled the area prior to police arrival.

### Wednesday, January 10

- 11:47 a.m.: Officer Williams was alerted to a stolen vehicle on Mowry Avenue and I-880. He observed two other vehicles trailing the stolen vehicle. Shortly after, those vehicles were also reported stolen from the area. Officer Williams followed the vehicles north on I-880 but lost observations. Major Crimes Task Force (MCTF) Agent Damewood and his team responded to assist with the investigation. All three vehicles were located in a neighboring city. All three stolen

### Program/Project Manager, Lam Research Corporation, Fremont, CA.

Support engineering business units by providing direct materials and logistics support. Process all newly designed parts procurement requests. Provide status of open orders to Product Groups, and expedite delivery schedules based on engineering requirements. Process and complete Engineering change order hand-off actions. Manage reservations for material staged in inventory locations. Provide material assessment and guidance on best known practices regarding materials, and conduct ad hoc reporting as needed by Product Group. Participate in cross functional teams and communicate delivery issues related to the build schedule. Attend daily status shortage meetings and provide feedback on program changes. Address demand requirements for newly designed parts. Coordinate material transfers/movement from engineering into unrestricted inventory locations. Manage aging inventory in engineering location and obtain commitment from product/program groups for disposition. Support the transition of new products from pilot production to volume manufacturing. Communicate upcoming engineering changes to supply chain including knowledge of potential rework. Advise and drive Bill of Materials (BOM) accuracy. Determine root cause for material risks and drive solution and recovery plan. Ensure all purchase parts have met release criteria to be ordered and shipped to external customers.

40 hrs/week, Mon-Fri, 8:30 a.m. - 5:30 p.m. \$85,680 – 128,000/yr.

The above salary range for this position is relevant to applicants that reside in California and most states. Salary offers will depend on factors that include the location you work from, your level, education, training, specific skills, years of experience and comparison to other employees already in this role.

### MINIMUM REQUIREMENTS:

Must have a Bachelor's degree in Supply Chain Management, Data Analytics, Business Administration, Operations Research, Industrial Engineering, Information Systems, or a related field, plus 3 years of experience in a project management role.

Company will accept a Master's degree in Supply Chain Management, Data Analytics, Business Administration, Operations Research, Industrial Engineering, Information Systems, or a related field, plus 1 year of experience in a project management role.

Must have 1 year of experience in at least 2 of the following software: SAP-PLM; SAP-PP; SAP-MM; SAP-EPM; SAP-WM; SAP-TM; Agile; Windchill; TeamCenter; KR; or Appian.

Must have 1 year of experience in at least 3 of the following production planning: Inventory; Bill of Materials (BOM); Routings; Demand Management; Sales and Operation Planning; or Materials Requirements Planning (MRP).

Must have 1 year of experience in Microsoft Excel, and PowerPoint.

Please email resume to resumes@lamresearch.com and reference Job #9851.

# Fremont City Council

January 9, 2024

7:00 p.m.

### Consent Calendar

- Approve the plans and specifications for the Aqua Adventure Water Park Slide Refurbishment Project; Appropriate \$500,000 in the Recreation Cost Center Fund 189 Operating Improvement Reserve, and award a contract to Safe Slide Restoration for the base bid amount of \$596,247.43, plus alternate #1 for \$14,152.20, and alternate #2 for \$37,199.48; plus a 10% construction contingency amount of \$64,759.91, for a total construction contract amount of \$712,359.02.
- Authorization to execute a third amendment to a master service contract with Alameda County Probation Department for programs supporting at-risk youth and families, through June 30, 2024; appropriate additional funds, and make findings of CEQA exemption.
- Adopt a Resolution Acceptance and Spending Plan of the 2023/24 State of California Citizens Option for Public Safety (COPS) grant.
- Authorize the Facilities Maintenance Agreement with New Image Landscape Company.
- Approval of the plans and specifications and award of contract to Spenco Construction, Inc. for the 2024 Citywide Concrete Repairs and Intersection Ramps Project (PWC8483-H), for the Base Bid, two Add Alternates, plus a 14% construction contingency, for a total construction contract amount of \$2,978,579; make findings of CEQA exemption.

- Approve the plans and specifications for the California Nursery Historical Park Interpretive Signage Installation Project, PWC8837; and award a contract to Square Signs LLC dba Front Signs for the base bid amount of \$240,430, plus a 15% construction contingency amount of \$36,065, for a Total Construction Contract Amount of \$276,495; Find the project is consistent with the adopted California Nursery Historical Park Master Plan, for which an Environmental Impact Report (EIR) was previously prepared and certified in accordance with the requirements of the California Environmental Quality Act (CEQA).

- Approval of cooperative agreement with Caltrans to support the project approval, environmental clearance and design phases for the I-680/North Mission Boulevard Interchange Modernization Project (PWC 9021).

- Approval of plans and specifications; award contract to GradeTech, Inc. in the amount of \$1,755,135.72 (includes 10% contingency) for the Fremont Boulevard and Country Drive Protected Intersection Project (PWC9050); appropriation actions; and make findings of CEQA exemption.

- Authorize a service agreement with WestGate Ventures for project management services to prepare a land development plan for the city-owned parcel at the corner of Fremont Boulevard and Decoto Road; reallocate funding.

Mayor Lily Mei	Absent
Vice Mayor Teresa Cox	Aye
Raj Salwan	Aye
Yang Shao	Absent
Teresa Keng	Aye
Jenny Kassar	Aye
Desrie Campbell	Aye

Classifieds Deadline: Noon Thursday  
(510) 494-1999 | tricityvoice@aol.com

# CLASSIFIEDS

## RANDY'S FENCE REINFORCEMENT

Fences straightened  
Money saved  
Customers pleased

Instant quote! 510-706-6189

## LANDSCAPING SERVICE

Trees - Trimming - Pruning  
Patio - Mowstrip - Flagstone  
Driveway - Paver stone - Fence  
Retaining Wall - Concrete Stamp color  
Sod seed - Sprinkler System  
Rock & Bark - Walkway - Brick  
New Lawn - Yard & Hillside Clean Up  
Block - Concrete - Artificial Grass

Please Call: Mr. Tony  
**510-599-8814**

**MONTHLY MAINTENANCE 2 OR 4 TIMES A MONTH**  
FREE ESTIMATES  
Lic. #758988

### Computer Systems Analyst

Job location: Fremont, CA.  
Wage \$96,907 to \$100,000 per year. Send resume to: Amax Engineering Corp., 1565 Reliance Way, Fremont, CA 94539

### FENCE INSTALLATION SERVICES

over 20 years of experience  
Call Marvin at 510-485-3904  
FREE ESTIMATES  
We do repairs new installations decks concrete and MORE  
  
Lic. E00237395  
marvinmhandymanservices@gmail.com

## HANDYMAN FREE ESTIMATES

R. Matias Mendoza  
925-565-7229  
matiasr.25.rm@gmail.com  
Residential/Commercial Monthly Maintenance  
Kitchen/Bathroom Remodel  
Electrical wiring, Door Installation  
Tiles, Paint, Dry Wall, Sewer line repair  
Driveway, Retaining Walls, Fences  
Sprinklers System, Lawn, Clean up  
Any Interior or Exterior jobs



### IT Engineer, Lam Research Corporation, Fremont, CA.

Rspnsble for establishing the direction for the IT architecture, stds, design & implmntatn approaches for the co's apps sys, infrstrctre &/or network-based cloud prdct sys. Req Bach's deg or foreign equiv in Engg, Info Sys, Bus or rel + 8 yrs prgrssv, post-bacc exp in an engg role: OR will acppt Master's deg or foreign equiv in Engg, Info Sys, Bus or rel + 5 yrs exp in an engg role. 100% telecommuting - may reside anywhere in the U.S. Salary: \$193,127 - 272,000/yr. Please email resume to resumes@lamresearch.com and reference Job #2727.

## LEPPARD LANDSCAPING

MONTH TO MONTH SERVICE

Hauling and Clean up  
Rain Gutter Cleaning  
Pressure Wash



CALL JIMMY  
510-694-9194

### NEWARK-FREMONT LEGAL CENTER

38750 Paseo Padre Pky., Ste. C-7, Fremont  
www.newark-legal.com  
510-794-5297



• Name Change • Letters for Travel • Applications

#### Divorce Document Preparation

- Uncontested Divorce
- Summary Divorce
- Judicial Forms

SUE JOHNSON  
PARALEGAL  
30 Years Experience  
10 Years at Alameda County Superior Court  
BPEcode Chapter 5.6 (6450-6456)

## WANTED - PART TIME OUTDOOR WORK

Property management company is looking for part time people for outdoor work.

No experience necessary, flexible hours, a great opportunity to gain work experience. Pay is starting at minimum wage.

Seeking part-time workers for mostly outside work (leaf-blowing, sweeping, raking). High school students with permits may apply.

To apply, email  
customerservice@fudenna.com or  
call 510-657-6200

### IT Support Specialist - prvd spprt/tchncl asstnc/cnfr wrksttns & ID/analyz/rslve prblms.

2 yrs exp as IT Support Specialist or Equiv. \$83,265 p/yr. Job Loc/Resume: Vintners Distributors, Inc., 41805 Albrae St, Fremont, CA 94538.

### WANTED HVAC Mechanic, experienced.

Clean DL.  
Please call:  
(408) 605-5822.

### H&H Appraisal Consulting Services

#### WANTED:

Chinese antiquities, antiques, vintage objects, Textiles, porcelains, black and white photos, tinted photos, jades, scrolls, calligraphy, statues, paintings, jewelry, coins, stamps

Estate Management  
Certified Certified  
Museum Specialist

Call us for an evaluation  
GIA Accredited  
Auction House Liaison

Email image of object for free evaluation with "Object Appraisal" in the subject line

510-744-1564  
norm2@earthlink.net



Affordable Rates And Superior Customer Service

We are a fully-insured company that provides free estimates to all of our customers. We offer 10 percent off for senior citizens and proudly offer 24-hour emergency services because your sewer system does not run by the same clock as you do.

CALL US TODAY  
510-866-5157

# LIFE CORNERSTONES

Birth

Marriage

Obituaries

For more information  
510-494-1999  
tricityvoice@aol.com



**Fremont Chapel of the Roses**  
(510) 797-1900 FD1007  
1940 Peralta Blvd., Fremont  
www.fremontchapeloftheroses.com



**Fremont Memorial Chapel**  
(510) 793-8900 FD 1115  
3723 Peralta Blvd. Fremont  
www.fremontmemorialchapel.com

**Steven C. Foster**  
Resident of Fremont  
July 7, 1942 – January 11, 2024  
Fremont Chapel of the Roses

**Bernardo Ornelas**  
Resident of Maricopa, AZ  
April 8, 1945 – January 6, 2024  
Fremont Chapel of the Roses

**Gloria Sanchez-Alvarado**  
Resident of Union City  
September 3, 1971 – January 10, 2024  
Fremont Memorial Chapel

**Anna Romero**  
Resident of Fremont  
April 20, 1931 – January 10, 2024  
Fremont Chapel of the Roses

**John R. Herndon**  
Resident of Fremont  
July 15, 1949 – January 10, 2024  
Fremont Memorial Chapel

**Bonnie J. Jansen**  
Resident of Fremont  
September 19, 1943 – January 5, 2024  
Fremont Chapel of the Roses

**Ricardo Brenner**  
Resident of Antioch  
August 28, 1934 – January 4, 2024  
Fremont Chapel of the Roses

**Laura K. Hernandez**  
Resident of Livermore  
February 12, 1977 – January 2, 2024  
Fremont Chapel of the Roses

**Robert G. Olson**  
Resident of Fremont  
April 25, 1931 – January 6, 2024  
Fremont Chapel of the Roses

**Dorothy Hughes**  
Resident of Fremont  
January 23, 1927 – December 30, 2023  
Fremont Chapel of the Roses

**Linda Redgrave**  
Resident of Fremont  
July 10, 1956 – January 1, 2024  
Fremont Memorial Chapel

**Viola L. Sullivan**  
Resident of Fremont  
June 4, 1926 – December 25, 2023  
Fremont Chapel of the Roses

**James Soares Pavao**  
Resident of Fremont  
July 12, 1959 – December 25, 2023  
Fremont Chapel of the Roses



**Berge • Pappas • Smith**  
**Chapel of the Angels**  
(510) 656-1226  
40842 Fremont Blvd, Fremont  
www.bergepappassmith.com

**Emogene Bonior**  
Resident of San Jose  
February 26, 1932 – January 18, 2024

**Christopher Tuvell**  
Resident of Walnut Creek  
July 27, 1961 – January 16, 2024

**Jayeshkumar Parikh**  
Resident of Fremont  
October 5, 1946 – January 16, 2024

**Nikhil Mazumder**  
Resident of San Jose  
May 30, 1940 – January 16, 2024

**Donald Hohli**  
Resident of Fremont  
March 11, 1933 – January 16, 2024

**Shamlal Singal**  
Resident of Cupertino  
December 12, 1937 – January 15, 2024

**Marvin Hanson**  
Resident of Fremont  
December 16, 1949 – January 15, 2024

**Sister Pauline Villa**  
Resident of Fremont  
June 30, 1933 – January 14, 2024

**Jacqueline Reynolds**  
Resident of Union City  
October 11, 1940 – January 13, 2024

**Jarnail Singh**  
Resident of Fremont  
October 9, 1938 – January 12, 2024

**Robert Hollister**  
Resident of Fremont  
October 11, 1939 – January 12, 2024

**Surjit Bains**  
Resident of Pleasanton  
February 2, 1937 – January 11, 2024

**Marilyn Nunn**  
Resident of Fremont  
October 4, 1953 – January 11, 2024

**Mary Martell**  
Resident of Fremont  
March 20, 1933 – January 9, 2024

**Pramod Kulshreshtha**  
Resident of San Jose  
July 11, 1941 – January 8, 2024

**Jaya Motwani**  
Resident of India  
October 3, 1946 – January 8, 2024

**Niles Searls**  
Resident of Fremont  
December 26, 1938 – January 7, 2024

**Joseph Kimbro**  
Resident of Sunol  
February 9, 1934 – January 6, 2024

**Yin Yin Win**  
Resident of Union City  
June 2, 1964 – January 5, 2024

**Michael Gavin**  
Resident of Fremont  
May 7, 1928 – January 3, 2024

**Tahir Sheikh**  
Resident of Fremont  
March 6, 1958 – January 3, 2024

## Maria Dolores Vega



### Obituary

Cheers to 99 incredible years and a wonderful legacy!

Our dear mother, Maria Dolores Vega, sadly passed away on January 9, 2024 in her home surrounded by her family at the age of 99. She was a devoted wife and mother who was always there when we needed her. She was well-loved by friends and family.

She lived her life always displaying love, kindness, generosity, compassion, and respect. Not only for her family and friends but even for strangers. She was a selfless person; she never put her needs in front of others. She often went without in order to provide for her family.

As hard as it is to say goodbye to the matriarch and the queen of our hearts, we are comforted knowing she is now in paradise reunited with her husband Gregorio and son Abraham and so many loved ones that have preceded. She will be dearly missed by her family and friends.

She is survived by her children: Eleanor Pimentel (Julian) Linda Diosdado (Arturo) Javier Vega (Ruth) Gregorio Vega Jr. Ricardo Vega (Jennifer) Gracie Vasquez (Tony). Grandchildren Sandra Hansen (Josh) Robert Pimentel (Andrea) Arthur Diosdado (Monica) Javier Vega (Marjorie) Luis Diosdado, Elizabeth Vega, Alex Diosdado, Vanessa Vasquez, Gregory Vega Cobian, Steven Vega and Michael Vasquez. Great grandchildren: Julian Pimentel, Sophia Hansen, Avery Hansen, Liam Hansen, Zoey Vega and Harper Vega and many wonderful nieces and nephews.

### Services

Our Lady of the Rosary church  
703 C Street Union City, CA.  
Visitation 1-25-2024 @ 5:00pm to 8:00pm  
Funeral 1-26-2024 @10:30am

## Bernardo "Bernie" L. Ornelas Sr.

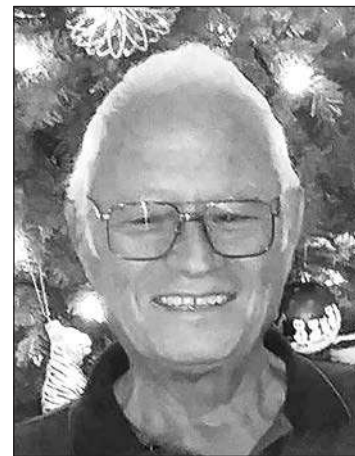
April 8, 1945 – January 6, 2024

Resident of Maricopa, Arizona

Bernardo "Bernie" L. Ornelas Sr., 78, passed away peacefully at his home in Maricopa, Arizona. He is survived by his children Bernado Jr., Nydia, Matthew, and Alejandra, his grandchildren Serrina, Devona, Briana, Aria, Analia, Alexia, and Danny. He was predeceased by loving wife Luz E. Ornelas and his children, Roberto and Francisco.

He was a long-time resident of Newark. Work at Kaiser Permanente where he retired after 30 years. After retirement he moved to Casa Grande, Arizona. He donated to many cancer societies.

A Chapel Service will be held on Thursday, January 25th, 11am at Fremont Chapel of the Roses, 1940 Peralta Blvd. in Fremont. Followed by a burial at Holy Sepulchre Cemetery in Hayward.



In lieu of flowers, memorial donations may be made to Bernardo Q. Ornelas Jr.

Condolences for the family may be offered online at Facebook.

Fremont Chapel of the Roses  
510-797-1900

## Laura K. Hernandez

February 12, 1977 – January 2, 2024

Resident of Livermore



Laura was called by our Lord on January 2, 2024 at the age of 46. She is survived by her parents, Ruben and Rebecca Hernandez of Pleasanton. Laura will be deeply missed by all her uncles, aunts, numerous cousins, nieces, nephews, and friends.

Laura was born at Washington Hospital in Fremont on February 12, 1977. She completed the Early Childhood Development Program at Chabot College and Los Positas College. She enjoyed working with children and was a preschool teacher for most of her adult life. She was a 49ers and A's fan. Laura was very independent, caring, and giving person. She will always be with us and we will always miss her.

The family would like to thank all of those that were so kind to her over the years. Bless you all.

Services have been held.

Fremont Chapel of the Roses  
510-797-1900

Subscribe to  
**TRI-CITY VOICE**  
and you will  
always know  
*What's Happening*

510-494-1999  
tricityvoice@aol.com

FREE Adult Reading and Writing Classes are offered at  
the Alameda County Library

Tell A Friend Call Rachel Parra 510 745-1480



# Steven C. Foster

Resident of Fremont

July 7, 1942 – January 11, 2024



In cherished remembrance of Steven C. Foster, our hearts are laden as we share, he passed away on January 11th, 2024.

Steve, a man who strove to be good, kind, and honest, wore many hats in his lifetime. He was a devoted husband, a loving father, a humorous father-in-law, a cherished son, a beloved brother, a doting uncle, a warm cousin, and a loyal friend. To many, he was also a coach and a mentor, leaving a lasting impact on those fortunate enough to know him. A lifelong LSU Tiger football fan and an Oakland A's enthusiast since the 60s, his passion for sports was as enduring as his spirit.

Born in Monroe, Louisiana in 1942, Steve was raised in Louisiana, New York, Dallas, and Heidelberg, Germany. In 1963, he married his Texas, teenage sweetheart, and together they established their home in the vibrant SF Bay Area, where they planted roots in Fremont and nurtured a loving family. He enjoyed his 40+ years career at PG&E as a backhoe operator and loved the comadre and friendship of "the crew" even more.

Steve's heart overflowed with concern for family, friends, neighbors, the underprivileged, and all creatures, big and small. He never met a dog or cat he didn't want to pet, play with, or bring home.

To commemorate Steve's life, a Memorial Mass will be held on Friday, January 26th, 11am at Holy Spirit Church, 37588 Fremont Blvd. in Fremont, followed by a small celebration of his life afterwards. As we gather to remember and honor Steve, let us cherish what he brought into our lives and the legacy he leaves behind.

**Fremont Chapel of the Roses**  
510-797-1900

## SOCIAL SECURITY MATTERS

### Ask Rusty – Can someone work while collecting Social Security Disability?

BY RUSSELL GLOOR,  
NATIONAL SOCIAL SECURITY  
ADVISOR, AMAC FOUNDATION

*Dear Rusty: If a person is collecting Social Security disability benefits, can they, at any point, work at all? If they can, what is the maximum they can earn and still keep the disability benefit? I am asking because my husband is still young, but his injuries will not allow him to go back to the job he had prior to his injuries and surgeries. He does not just want to sit at home doing nothing!*

Signed: Concerned Wife

Dear Concerned: Actually, the Social Security Administration (SSA) encourages those collecting SSDI (Social Security Disability Insurance) benefits to attempt to go back to work, and they provide considerable leeway for them to do so. The monthly earnings limit for those collecting SSDI benefits in 2024 is \$1,550 and as long as your husband earns less than the limit while working, his SSDI benefits will not be in jeopardy. Your husband should contact Social Security's Ticket to Work program directly to protect his disability status and discuss returning to work while collecting SSDI benefits.

The Ticket to Work program assists those now receiving SSDI benefits who wish to test their ability to return to work without putting their SSDI benefits at risk. The program provides considerable assistance, including new career training opportunities and connection to potential employers. It is voluntary and costs nothing. Here is a link to Social Security's information on the Ticket to Work program: <https://choosework.ssa.gov/>.

It's not mandatory for your husband to enroll in the Ticket to Work program, but, in addition to other available assistance, he can request a Trial Work Period

(TWP) which would allow for nine months, over a rolling five-year period, during which he can earn any amount (even over the normal monthly limit mentioned above) without risking his SSDI benefits. Within the Trial Work Period, only those months he earns over the normal monthly SSDI limit would count as a Trial Work Month. For example, your husband could work part time, regularly earning under the normal monthly limit, and if, in some months (up to nine), he earned more, it wouldn't affect his SSDI benefits.

So, your younger disabled husband can, indeed, work while on Social Security disability for as long as he wishes while earning under the monthly SSDI limit (the SSDI earnings limit changes yearly). He may also wish to enroll in Social Security's Ticket to Work program for assistance with developing a new career. Plus, he can take advantage of using trial work months in the event his work earnings will, at times, exceed the monthly SSDI limit. If your husband earns over the SSDI limit for more than the nine trial work months, and his benefits are consequently stopped, he can—within the 5-year Trial Work Period—have his benefits reinstated (without again going through the full application process) if his disability still renders him unable to work full time.

For starters, I suggest your husband contact Social Security's Ticket to Work program directly at 1 (833) 889-0108 to discuss returning to work part time. Social Security will guide him through the entire process.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website ([amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory)) or email us at [ssadviser@amacfoundation.org](mailto:ssadviser@amacfoundation.org).*

## LETTER TO THE EDITOR

### Author Needed: Bill to Ban "Steer Tailing"

Back in 1994 the California Legislature passed a bill banning the Mexican charreada's brutal "horse tripping" event. Almost immediately the U.S. Charro Federation changed their rules for the entire country. Progress!

Charreadas feature an even more brutal event, "steer tailing," (aka "colas" or "coleadero"), wherein a mounted charro grabs a running steer by the tail, wraps the tail around his leg, then rides off at an angle, slamming the hapless animal to the ground. Tails may be broken, stripped to the bone ("degloved"), even torn off. "Steer tailing" is not a standard ranching practice anywhere in the U.S., and banned in Alameda and Contra Costa Counties (1993), and the State of Nebraska (2008). Hundreds of these events are held in California annually.

It's likely that passage of a California ban would result in a U.S. Charro Federation rule change banning "steer tailing" nationwide. Senator Liz Figueroa (D-Fremont) authored such a bill back

in 2002. SB 1306 reached the Senate Floor, but was abruptly and inexplicably dropped, despite major support, including that of Cesar Chavez. Time to try again.

Bill introduction deadline is February 16.

Email pattern for all legislators:

senator.lastname@senate.ca.gov

assemblymember.lastname@assembly.ca.gov

Let your representatives hear from you!

Sincerely,

**Eric Mills, coordinator**  
**ACTION FOR ANIMALS**  
P.O. Box 20184  
Oakland, CA 94620

## Tri-City History A-Z in Photographs #1: Academia

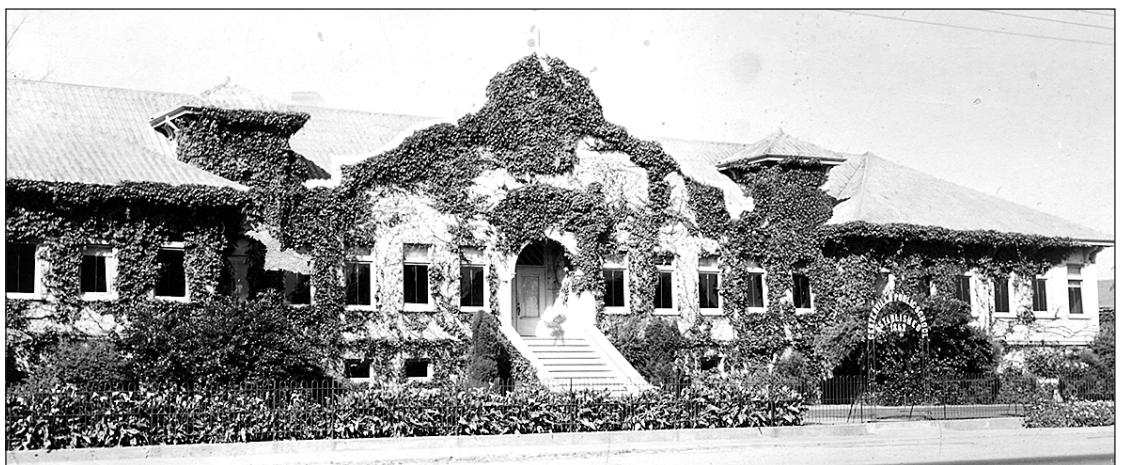
BY KELSEY CAMELLO, FOR THE WASHINGTON TOWNSHIP MUSEUM OF LOCAL HISTORY

Starting in 2024, the Tri-City History column will start going through the alphabet, with historical photos on a shared theme for each letter.

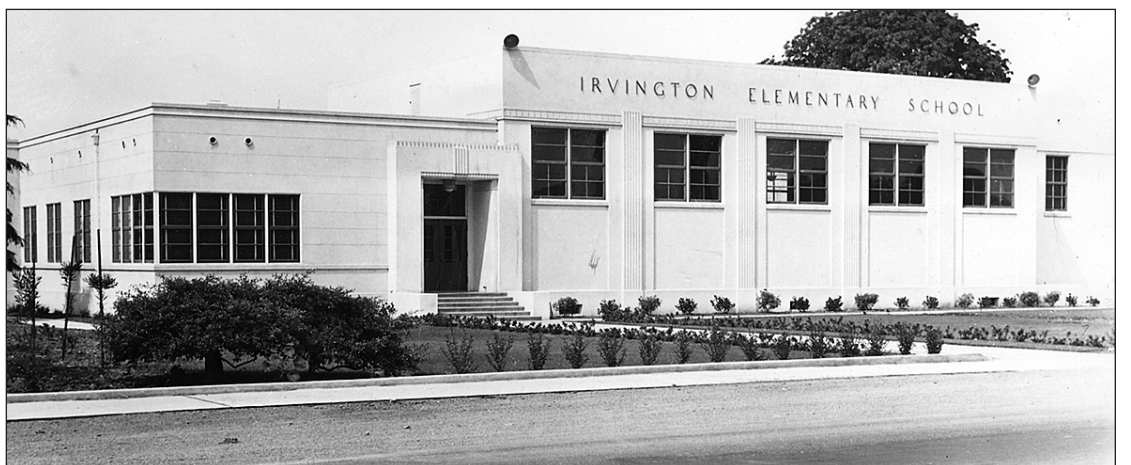
*Academia (noun): The life, community, or world of teachers, schools, and education*



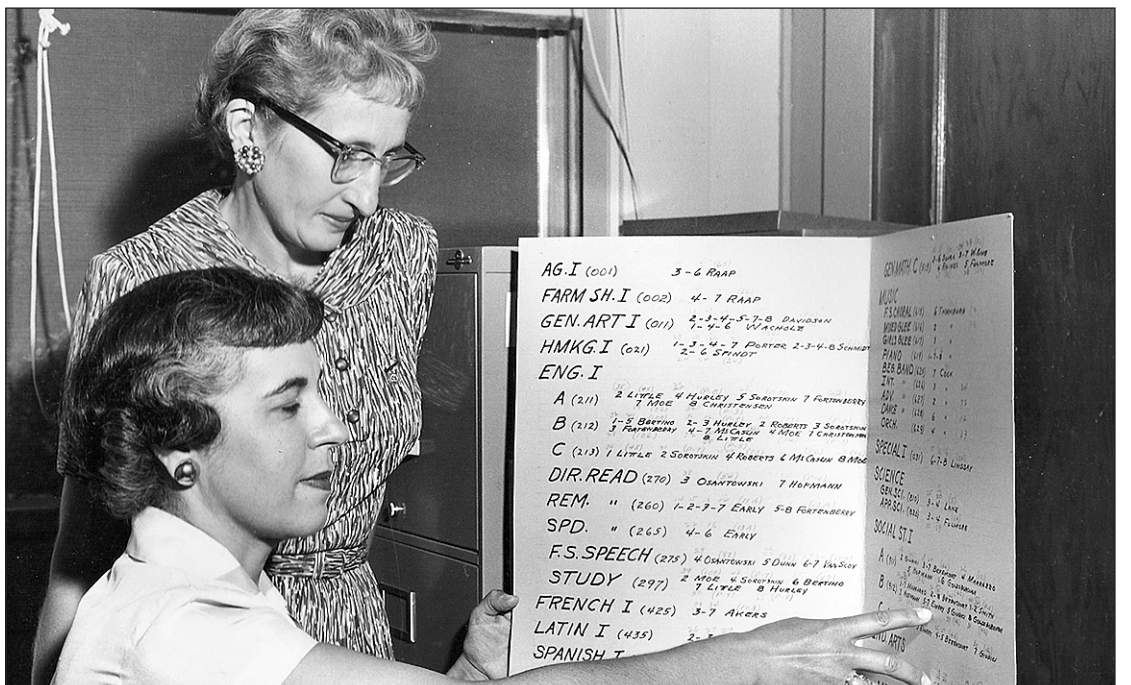
Students at Curtner Seminary for Young Ladies in Irvington, CA (approx. 1896)



The second Centerville Grammar School, built in 1913.



The 1940 Irvington Grammar School was designed by George Ellinger of Oakland.



Washington High School teachers examine class offerings, 1961.

Let's explore local history through themes and photographs. Have a topic or idea you'd like us to explore? Email us at [info@museumoflocalhistory.org](mailto:info@museumoflocalhistory.org).

PUBLIC NOTICES

BULK SALES

NOTICE TO CREDITORS OF BULK SALE (U.C.C. §6104, 6105) ESCROW # 0126021374

NOTICE IS HEREBY GIVEN to creditors of the within named seller that a bulk sale is about to be made of the assets described below. The names and business address of the Seller(s) is/are: Sparkle Montessori Inc. 37211 & 37217 Fremont Blvd., Fremont, CA 94536

CNS-3775106#

FICTITIOUS BUSINESS NAMES

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

The following person(s) has (have) abandoned the use of the Fictitious Business Name(s): THE FICTITIOUS BUSINESS NAME STATEMENT FILED ON 04/02/2019 in the County of Alameda.

CNS-3776141#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): EVERGREEN AUTO SALE, 37525 GLENMOOR DRIVE #6, FREMONT, CA 94536, County of ALAMEDA

CNS-3774570#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): WALIA PROPERTIES, 4254 RIBERA ST., FREMONT, CA 94536, County of ALAMEDA

CNS-3774071#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): UNION CITY PEDIATRIC AND ADOLESCENT DENTISTRY, 33800 ALVARADO NILES ROAD SUITE #7, UNION CITY, CA 94587 County of ALAMEDA

CNS-3771029#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): AANBI INC, 3183 RALEIGH CT, FREMONT, CA 94555 County of ALAMEDA

CNS-3771024#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): SKY CASTLE CO./ SKY CASTLE STICKERS, 5645 VIA LUGANO, FREMONT, CA 94555, County of ALAMEDA

CNS-3771024#

business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 1/16, 1/23, 1/30, 2/6/24

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): HALELUYA ETHIOPIAN GOURMET, 4144 WALNUT AVE., FREMONT, CA 94538, County of ALAMEDA

CNS-3773292#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

The following person(s) has (have) abandoned the use of the Fictitious Business Name(s): THE FICTITIOUS BUSINESS NAME STATEMENT FILED ON 08/27/2021 in the County of Alameda.

CNS-3773291#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): S'LASH STUDIO LLC, 108 FRANCISCO LANE STE 216, FREMONT, CA 94539, County of ALAMEDA

CNS-3772073#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): THE ROSE GARDEN RESTAURANT, 33348 ALVARADO-NILES RD, UNION CITY, CA 94587, County of ALAMEDA

CNS-3771029#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): CLOUDNEXT TECHNOLOGIES INC, 3183 RALEIGH CT, FREMONT, CA 94555

CNS-3771024#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): SKY CASTLE CO./ SKY CASTLE STICKERS, 5645 VIA LUGANO, FREMONT, CA 94555, County of ALAMEDA

CNS-3771024#

the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

CNS-3770593#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): WMP CONSULTING, 18129 MELROSE AVE., HAYWARD, CA 94541, County of ALAMEDA

CNS-3770286#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): HAPPY SUE-BO DOGGY CARE, 950 CHERRY CLEN CIRLCE, FREMONT, CA 94536, County of ALAMEDA

CNS-3769933#

GOVERNMENT

INVITATION TO BID SECURITY CAMERA AND BUILDING ACCESS MANAGEMENT BID 2024-003

The City of Newark invites sealed bids for furnishing and installation of Security Cameras and Building Access Management at various City locations, City of Newark, Alameda County, California.

The full text of this ordinance is available for public inspection on the City website at https://www.newark.org/departments/city-manager-s-office/agendas-minutes/ or in the Office of the City Clerk, 37101 Newark Boulevard, First Floor.

CNS-3775052#

PROBATE

NOTICE OF INTENTION TO SELL REAL PROPERTY

DATE: February 6, 2024 TIME: 8:30 A.M. DEPT: 11A

Superior Court of California County of SAN JOAQUIN

In Re: Conservatorship of JOSEPH ANDREW WOOLCOCK aka JOSEPH A. WOOLCOCK, Conservator.

IN THE DEED TO GREENWOOD SALES CO., RECORDED SEPTEMBER 16, 1970, ON REEL 2692, IMAGE 513, INSTRUMENT NO. 99892, ALAMEDA COUNTY RECORDS.

/s/ Jean Woolcock

CNS-3772800#

NOTICE OF PETITION TO ADMINISTER ESTATE OF STEPHEN WATHANA KHUON CASE NO. 23PR056792

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: STEPHEN WATHANA KHUON A Petition for Probate has been filed by TY CHEN in the Superior Court of California, County of ALAMEDA.

The Petitioner for Probate requests that TY CHEN be appointed as personal representative to administer the estate of the decedent.

CNS-3775608#

CITY OF FREMONT PUBLIC HEARING

Notice is hereby given that the City of Fremont City Council will hold a public hearing to consider the following proposal. Said public hearing will be held at 7:00 p.m., Tuesday, February 6, 2024, Council Chambers, 3300 Capitol Ave., Bldg. A, Fremont, CA, at which time all interested parties may attend and be heard.

HUMAN SERVICES DEPARTMENT MASTER FEE SCHEDULE UPDATE

Public Hearing (Published Notice) to Consider Adopting a Resolution Amending the Master Fee Schedule to Update Fremont Family Resource Center Fees.

SETTING OF SPEED LIMITS CITYWIDE

Public Hearing (Published Notice) to Consider Adoption of an Ordinance Amending Fremont Municipal Code Section 10.05.1000, Establishing Speed Limits upon Designated Streets in the City; Approve Engineering and Traffic Survey to Establish Posted Speed Limits in the City; and Find Actions are Exempt From CEQA Review.

SUMMARY OF ORDINANCE NO. 547 OF THE NEWARK CITY COUNCIL

NOTICE IS HEREBY GIVEN that the City Council of the City of Newark, at its City Council meeting of Thursday, January 11, 2024, adopted Ordinance No. 547 OF THE NEWARK CITY COUNCIL OF THE CITY OF NEWARK ADDING CHAPTER 17.15 TO THE NEWARK MUNICIPAL CODE TO ESTABLISH THE BY RIGHT HOUSING (-BRH) OVERLAY DISTRICT, REZONING CERTAIN PROPERTY INTO THE -BRH OVERLAY DISTRICT AND MAKING RELATED AMENDMENTS TO TITLE 17, ZONING OF THE NEWARK MUNICIPAL CODE.

CNS-3775547#

PUBLIC AUCTION/SALES

NOTICE OF PUBLIC LIEN SALE

West Coast Self-Storage 45968 Warm Springs Blvd Fremont, CA 94539

CNS-3774934#

TRUSTEE SALES

T.S. No. 116434-CA APN: 525-1271-078-00 NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 6/17/2021. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING TRUST, YOU SHOULD CONTACT A LAWYER ON 3/13/2024 at 12:00 PM, CLEAR RECORN CORP, as duly appointed trustee under and pursuant to Deed of Trust recorded 11/16/2021 as Instrument No. 2021373079 of Official Records in the office of the County Recorder of Alameda County, State of California, executed by: MARGARET SAENZ, AN UNMARRIED WOMAN WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE; AT THE FALLON ST. EMERGENCY EXIT OF THE ALAMEDA COUNTY COURTHOUSE, 1225 FALLON ST., OAKLAND, CA 94612

PUBLIC NOTICES

reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned or its predecessor caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 116434-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: Effective January 1, 2021, you may have a right to purchase this property after the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (855) 313-3319, or visit this internet website www.clearreconcorp.com, using the file number assigned to this case 116434-CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should

consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP 8880 Rio San Diego Drive, Suite 1225 San Diego, California 92108 1/23, 1/30, 2/6/24 CNS-3773546# T.S. No.: 2023-0311 Loan No.: FREMONT APN: 501-0749-005-03 Property Address: 38239 FREMONT BLVD, FREMONT, CA 94536 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 2/16/2023. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property, under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, and interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: CHOYDA INC., A CALIFORNIA CORPORATION Duly Appointed Trustee: WESTERN FIDELITY TRUSTEES Recorded 2/17/2023 as Instrument No. 2023-020633 in book , page of Official Records in the office of the Recorder of Alameda County, California, Date of Sale: 1/30/2024 at 12:00 PM Place of Sale: At the Fallon Street emergency exit to the Alameda County Courthouse, 1225 Fallon St., Oakland, CA 94612 Amount of unpaid balance and other charges: \$2,412,808.08 Street Address or other common designation of real property: 38239 FREMONT BLVD FREMONT, CA 94536 A.P.N.: 501-0749-005-03 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens

senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this internet website www.nationwideposting.com, using the file number assigned to this case 2023-0311. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: Effective 1/1/2021 you may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 916-939-0772, or visit this internet website www.nationwideposting.com using the file number assigned to this case, 2023-0311 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 1/2/2024 WESTERN FIDELITY TRUSTEES 1222 Crenshaw Blvd., SUITE B Torrance, California 90501 (310)212-0700 Kathleen Herrera, Trustee Officer NPP0445190 To: TRI-CITY VOICE 01/09/2024, 01/16/2024, 01/23/2024 1/9, 1/16, 1/23/24 CNS-3771567# NOTICE OF TRUSTEE'S SALE TS No: CA07000489-20-1 APN: 483-0015-079-00 TO No: 200069738-CA-VOI (The above statement is made pursuant to CA Civil Code Section 2923.3(d)(1). The Summary will be provided to Trustor(s) and/or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(d)(2).) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED June 15, 2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE

SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On February 16, 2024 at 12:00 PM, at the Fallon Street emergency exit to the Alameda County Courthouse, 1225 Fallon St., Oakland, CA 94612, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on June 20, 2006 as Instrument No. 2006235866, of official records in the Office of the Recorder of Alameda County, California, executed by LUISA M FOLEY, A SINGLE WOMAN, as Trustor(s), in favor of FINANCIAL FREEDOM SENIOR FUNDING CORPORATION, A SUBSIDIARY OF INDYMAC BANK, F.S.B. as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, SAID DEED OF TRUST THE PROPERTY HERETOFORE DESCRIBED IS BEING SOLD "AS IS". The street address and other common designation, if any, of the real property prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in this state, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder

at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or deed of trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Nationwide Posting & Publication at 916.939.0772 for information regarding the Trustee's Sale or visit the internet website www.nationwideposting.com for information regarding the sale of this property, using the file number assigned to this case, CA07000489-20-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. Notice to Tenant NOTICE TO TENANT FOR FORECLOSURES AFTER JANUARY 1, 2021 You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee's sale, you can call 916.939.0772, or visit this internet website www.nationwideposting.com, using the file number assigned to this case CA07000489-20-1 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: December 15, 2023 MTC Financial Inc. dba Trustee Corps TS No. CA07000489-20-1 17100 Gillette Ave Irvine, CA 92614 Phone: 949-252-8300 TDD: 711 949.252.8300 By: Bernardo Sotelo, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ONLINE AT www.nationwideposting.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: Nationwide Posting & Publication AT 916.939.0772 NPP0444847 To: TRI-CITY VOICE 01/09/2024, 01/16/2024, 01/23/2024 1/9, 1/16, 1/23/24 CNS-3770611#

Apply to be a Fremont Commissioner or Advisory Board Member

- Submitted by City of Fremont
Library Advisory Commission
Vacancy: One
Mobility Commission
Vacancy: One Driving Representative 1
Recreation Commission
Vacancy: One
Rent Review Board
Vacancy: One Landlord Representative
Youth Advisory Commission
Vacancy: Three
The City Clerk's Office welcomes applications for all Boards, Commission and Committees throughout the year. For more information about each board and commission, or to download an Advisory Body application, visit our website. You may also obtain an application from the City Clerk's Office at 3300 Capitol Ave., Building A. For more information contact (510) 284-4060 or send an email to: cclerk@fremont.gov

Milpitas Unified School District

- January 9, 2024
Consent Agenda
Adopt resolution honoring January 15, 2024 as Martin Luther King Jr. Day
Approve Purchase Order Report of January 9, 2024
Approve Field Trip Requests of January 9, 2024
Award Contract to Bosco Construction Service Inc. worth \$127,000 plus a \$25,000 Unforeseen Conditions Allowance from Bond Fund 213



School Board Members with organizers of the Love Milpitas Project for volunteer work. Photo by Roelle Balan

Castro Valley Unified School District Board Meeting

- January 17, 2024
6:00 p.m.
Adopt new 2023-2024 course of study outline for Castro Valley High School
Adopt the Castro Valley High School Program Planning Guide for 2024-2025
Adopt Resolution 27 - 23/24, declaring February to be African-American History Month
Approve Upcoming District-Sponsored Overnight Field Trip
Approve 2022-2023 School Accountability Report Cards
Accept Williams Uniform Complaint Procedures Quarterly Report Ending December 31, 2023
Superintendent's Report
CVUSD Superintendent Parvin Ahmadi reported that a Martin Luther King Jr. celebration was held Monday the 15th. She enjoyed listening to all the student speakers. Also, the adult school just received a grant of \$330k for an English Learning Health Care program to encourage those learning English as a second language to get into the health care field.
Consent Agenda
Approve Purchase Order Report for December 1, 2023 through December 22, 2023
Approve new and closed positions on the Request for Personnel Action Board Report as of December 22, 2023
Adopt Resolution 26 - 23/24, Disposal of Obsolete and/or Surplus Property
Accept donations to the district

CHP Log

- Submitted by CALIFORNIA HIGHWAY PATROL HAYWARD AREA OFFICE
All lanes of northbound I-880 were closed for approximately 30 minutes to allow officers to search for evidence. CHP detectives are actively attempting to determine a motive and identify the suspect(s) and vehicle(s) involved. Detectives are asking anyone with information regarding this incident to call the CHP Investigations Tipline at (707)917-4491.
Thursday, January 11
At approximately 7:05 p.m. officers assigned to the CHP's Hayward office were dispatched to a call of a freeway shooting that occurred on northbound I-880 near the Hacienda Avenue overcrossing. Following the shooting, the driver of the victim vehicle pulled to the right shoulder and determined two minors seated in the back seat had been struck, one in the leg and one in the lower abdomen. Paramedics arrived on scene and transported both minors to a local hospital for treatment of non-life-threatening injuries.
Tuesday, January 16
Our officers were on the scene of a crash conducting an investigation on I-880, when a vehicle crashed into the rear of their patrol car, causing significant damage to both vehicles. The crash occurred because the driver was driving too fast for the wet and rainy conditions. There were no one was injured.
Check roadway conditions for incidents and closures: https://roads.dot.ca.gov

## Fremont Police Log

SUBMITTED BY FREMONT PD

### Friday, January 5

• A victim was walking near Mission View Dr. and Fremont Blvd. when two subjects in a vehicle approached her. One subject exited the vehicle and placed a gold necklace and ring in the victim's hand. The subject then hugged her and removed the gold necklace the victim had been wearing. The victim immediately noticed that her necklace was missing, but the subject returned to the vehicle and fled. This case remains under investigation.

• Fremont Fire Department requested assistance with an ongoing hazardous material leak at an ice supply company on

Fremont Blvd. FFD requested assistance with traffic control and issuing a shelter-in place order to surrounding neighborhoods. FFD was able to contain the leak, and the shelter-in-place was lifted later that day. There were no reports of injuries to community members, firefighters, or other public safety personnel.

### Saturday, January 6

• Officers responded to a bank on Warm Springs Blvd. regarding an activation of their silent robbery alarm. A robbery via note had occurred, and the subject fled before police arrived. This case remains under investigation.

• An alarm monitoring company reported an in-progress burglary at a pharmacy on Fremont Blvd. Officers

responded and, with assistance from Fremont Fire Department's drone and ladder, located forced entry on the roof. The subject had broken into the neighboring business's roof, then broke through the connecting wall and gained access to the pharmacy. The loss included pharmaceutical products, cash, and a safe containing medication. This case remains under investigation.

• Officers investigated a residential burglary on Northland Ter. Subjects had entered the residence via a second-story window and ransacked the interior. The loss included a safe that contained several pieces of jewelry, a laptop, and firearms. This case remains under investigation.

### Monday, January 8

• Officers responded to a restaurant on

Warm Springs Blvd. regarding a subject who was threatening people. The subject had walked into the restaurant and began eating customers' food. When a staff member told the subject to leave the restaurant, he advised that he was going to get his gun and come back to shoot everyone. The staff member was able to walk the subject out of the restaurant, but he began to push on the doors to get back inside. Dispatch then received a call from another restaurant, reporting that the subject was "airboxing" in their restaurant and had a knife. Officers arrived and arrested the subject.

• A victim was walking her dog near a pet store on Argonaut Way when she was approached by two subjects who asked her for directions to the freeway. The victim gave the subject directions, and the subject

hugged her. Later that evening, the victim discovered her gold necklace was missing. This case remains under investigation.

• An officer located a suspicious vehicle displaying fictitious license plates near Grimmer Blvd. and Irvington Ave. The plates were photocopies of license plates that did not belong on the vehicle. Contact was made with the registered owner of the license plates, and they were confirmed as stolen. Officers responded to the address of the vehicle's registered owner in case the vehicle was also stolen. The apartment's front door had been pried open, and the unit had been ransacked. A follow-up search of the vehicle yielded drugs, paraphernalia, identity theft materials, and more suspected stolen property. Officers arrested the driver of the vehicle.

## BART Police Log

SUBMITTED BY BART PD

### Thursday, January 11

• At 7:11 a.m. a man identified by police as Markus Strong, 35, from Oakland was located in Hayward station and arrested for willfully disobeying a court order. Strong was booked into Santa Rita Jail.

• At 7:15 a.m. a man identified by police as Mohammad Samin, 34, from Hayward was located on a train at Bay Fair station and arrested for willfully disobeying a court order. Samin was booked into Santa Rita Jail.

### Saturday, January 13

• At 1:11 p.m. a man identified by police as Gerardo Jacob, 40, from Turlock was contacted for fare evading into Bay Fair station. A record check

revealed Jacob had three outstanding warrants for larceny. The warrants were out of Milpitas PD, Santa Clara County, and Palo Alto PD, totaling \$25,000. Jacob was arrested and booked at Santa Rita Jail.

### Sunday, January 14

• At 7:49 a.m. a person identified by police as Tallon Avery, 28, from Richmond was contacted in the free area of Castro Valley station and taken into custody. Avery was booked into Alameda County Jail for willfully blocking the free movement of another person in a public transportation system facility or vehicle.

### Monday, January 15

• At 2:23 p.m. a woman identified by police as Brittaney Quewon-Owens, 38, from San Jose was taken into custody in the paid area of Fremont station. Quewon-Owens was booked into Alameda County Jail for trespassing on railroad property.

## Hayward Police Log

SUBMITTED BY HAYWARD PD

### Thursday, January 11

• Officers responded to the report of a woman spray-painting graffiti on the back of a commercial building without permission.

Because the area was difficult to access, officers deployed a drone to see if the woman was still on scene. Low and behold, officers saw her actively spray-paint the building for several more minutes before she walked away.

As the woman left the area, she was located and detained by officers, still holding numerous cans of spray paint. The manager pressed charges against the

woman for vandalism who was arrested and later released with a notice to appear.

### Tuesday, January 16

• Officers found a car parked in a residential neighborhood that had a 30-day seizure/impound warrant. While the car was being towed, the registered owner walked out of his house to talk to officers.

A record check of the man revealed him to be on formal probation with a full search clause. The man was detained, and a probation search of his house was conducted. Officers located two unregistered handguns, over a thousand prescription pills that were packaged in small plastic bags, suspected narcotics contained in several small plastic bags, and a large quantity of U.S. Currency.

The registered owner was placed under arrest for a probation violation as well as various weapons charges and possession of narcotics for sale charges.

## Milpitas Fire Log

SUBMITTED BY MFD

### Wednesday, January 17

• At 6:19 a.m. the Milpitas Fire Department responded to a

structure fire on the 80 Block of South Park Victoria Drive. Milpitas Fire Units responded with a full alarm assignment to find a business fully involved with fire inside, and smoke showing through the roof of the strip mall. First unit on scene arrived at 6:23 a.m. and an offensive fire attack strategy was implemented to quickly

extinguish and limit fire spread to the adjacent businesses.

A second alarm was requested by the Incident Commander and neighboring Fire Departments assisted with our Fire Suppression efforts. Cause of the fire is under investigation; no injuries or fatalities were reported at the time of the incident.

## Union City Police Log

SUBMITTED BY UCPD

### Monday, January 15

• A community member reported a reckless driver doing "donuts" at the intersection of Regents Blvd. and Cabello St. on the second week of January.

UCPD Traffic Officers took quick action and obtained a court order to seize the vehicle with a 30-day hold. The vehicle was located and seized on Monday, January 15.



# Microsoft's new AI key is first big change to keyboards in decades

BY MATT O'BRIEN  
ASSOCIATED PRESS TECHNOLOGY WRITER

Computer keyboards are making room for an artificial intelligence chatbot button as Microsoft unveils its first major keyboard redesign in three decades.

Starting this month, some new personal computers that run Microsoft's Windows 11 operating system will have a special "Copilot key" that launches the software giant's AI chatbot.

Getting third-party computer manufacturers like Dell to add an AI button to laptops is the latest move by Microsoft to capitalize on its close partnership with ChatGPT-maker OpenAI and make itself a gateway for applications of generative AI technology.

Although most people now connect to the internet — and many AI applications — by phone rather than computer, it's a symbolic kickoff to what's expected to be a

competitive year as tech companies race to outdo each other in AI applications even as they haven't yet resolved all the ethical and legal ramifications. The New York Times last month sued both OpenAI and Microsoft alleging that tools like ChatGPT and Copilot formerly known as Bing Chat are infringing on copyrighted news articles.

The keyboard redesign will be Microsoft's biggest change to PC keyboards since it introduced a special Windows key in the 1990s. Microsoft's four-squared logo design has evolved, but the key has been a fixture on Windows-oriented keyboards for about three decades.

The newest AI button will be marked by the ribbon-like Copilot logo and be located near the space bar. On some computers it will replace the right "CTRL" key, while on others it will replace a menu key.

Microsoft is not the only company with customized keys. Apple pioneered the concept in the 1980s with its "Command" key marked by a looped square design (it

## California Highway Patrol welcomes new officers



SUBMITTED BY HAYWARD AREA CHP OFFICE

On Monday, January 15, California Highway Patrol (CHP) Hayward welcomed four new CHP Officers who recently graduated from the 26-week CHP Academy in West Sacramento.

Currently, the four new Officers are completing their

orientation week at the office. Next week, they will move on to their four phases of field training with a Field Training Officer that will last approximately three months. During their field training, the new Officers will receive on the job training and learn about the communities they will be patrolling.

If you are interested in a career with the CHP, please visit [www.jointhechp1000.com](http://www.jointhechp1000.com)

also sported an Apple logo for a time). Google has a search button on its Chromebooks and was first to experiment with an AI-specific key to launch its voice assistant on its now-discontinued Pixelbook.

But Microsoft has a much stronger hold on the broader PC market through its licensing agreements with third-party manufacturers like Lenovo, Dell and HP. About 82% of all desktop computers, laptops and workstations run Windows, compared to 9% for Apple's in-house operating system and just over 6% for Google's, according to market research firm IDC.

Dell Technologies on Thursday was the first to unveil a Copilot key on its newest XPS laptops.

Microsoft hasn't yet said which other computer-makers are installing the Copilot button beyond Microsoft's own in-house line of premium Surface devices. It said some of the companies are expected to unveil their new models at next week's CES gadget show in Las Vegas.

# SPORTS

## Chabot Women's Basketball: Great Expectations

**SUBMITTED BY  
CHABOT COLLEGE ATHLETICS**

The Chabot women's basketball team, ranked No. 16 in the state and No. 9 in the North, has played a highly competitive nonconference schedule and will enter the Coast-North Conference season with high expectations. Returning All-State player Kelly Tumlin, a California High graduate, leads the way.

"We expect to compete for the league championship," Chabot head coach Mark Anger said. "We have positioned ourselves to be one of the top teams in Northern California. We are very excited and looking forward to the challenge and a long playoff run."

The Gladiators (12-6) opened Coast-North play against rival City College of San Francisco on Friday, January 12. The Rams (11-5) are ranked No. 12 the CCCWBCA January 8 poll.

Chabot won the game with a score of 78-65.

Like the Chabot men's team, the women's team has faced the best. All but one of Chabot's losses have come against top 10 teams in the state. "We have a balanced, deep team with good leadership from our captains Kelly Tumlin and Leilani Gonzales," Anger said.

The conference's top player, Tumlin is ranked 12th in the state in scoring at 20.1 ppg, shooting 45 percent from the floor, 39 percent from 3-point range, and 79 percent on free throws. Tumlin tied the school record with 38 points (6 3's) in a 59-47 win over Shasta on January 4, which preceded a road loss to Redwoods, 62-57, on Monday, January 8. She had 27 points against current State No. 2 Mt. San Antonio. She has over 30 points in three games this season.

Anger gives Tumlin, who has received an offer from Cal State East Bay, high marks. "She's an excellent shooter who will

set the all-time record for 3's," Anger says of Tumlin. "Great team leader, good ball-handler, excellent passer."

Anger also noted she's worked hard on her defense. and changed the culture of the program. Freshman guard Alexa Pletschette (14.3 ppg) and Jadynd Anderson (11.9 ppg), a sophomore forward, are also enjoying a strong season.

**CHABOT BY THE NUMBERS**

Quality Wins: Diablo Valley 11-2, #14 north; Mission 10-5; Pasadena 11-6, #21 State; Cuesta 11-4; LA Valley 7-7, #14 South.

**Top Glads:**

Kelly Tumlin: 20.1 ppg; 3 30-point games; 27-point game against #1 Mt SAC.

Alexa Pletschette: 14.3 ppg; school record 8 3's against Mission College

Jaydn Anderson 11.9 ppg, 6 rpg; 20 points 9-10 from floor against Palomar, #3 in State.

Nia Hunter: 9.8 ppg, 4 ast, 4 reb



#10 Leilani Gonzalez, #3 Kelly Tumlin

## Renegades end calendar year with wins over No. 3 Cabrillo, Alameda

**SUBMITTED BY  
OHLONE COLLEGE ATHLETICS**

The Ohlone College men's basketball team closed out the 2023 calendar year with a pair of victories, including a 73-66 win at College of Alameda on

December 30 and an impressive 75-74 upset of No. 3 state-ranked Cabrillo College on December 19.

Easily their biggest win of the season, the Renegades used a total team effort to knock off Cabrillo and hand the Seahawks their first loss of the season. Cabrillo entered the contest with a perfect 12-0 record.

Ohlone sank 10 three-pointers, including the game-winner by Jason Cibull with 8 seconds left to play, and outrebounded Cabrillo by a 40-32 margin. Jude Jennings had a huge game with a team-high 20 points to go with 9 rebounds, and 7 assists.

Matthew Villanueva and Cibull were just as impressive, posting double-doubles in the game. Villanueva totaled 17 points and 10 boards while Cibull had 13 points and 11 assists. Kayne Gilmore also chipped in with 13 points.

Jennings again led Ohlone in the win at Alameda, posting 21 points and 8 rebounds. Villanueva (15 points), Cibull (12 points), and Gilmore once again scored in double digits.

Renegades' head coach Jordan Lee hopes the momentum from the two contests will carry over to the new year and into Coast Conference North Division play.



Jason Cibull

## Pioneers receive PCSC Weekly Honors

**SUBMITTED BY  
CSUEB ATHLETIC  
COMMUNICATIONS**

The PCSC (Pacific Collegiate Swim and Dive Conference) announced its weekly award winners for swimming action from January 7-13. From Cal State East Bay women's swimming, two Pioneers received honors from the conference. Hannah Sharp was named PCSC Female Swimmer of the Week while Reese Veron was named a co-recipient for PCSC Female Freshman of the Week.

Sharp had an outstanding week in a pair of meets at Pioneer Pool. She won the 200-yard backstroke on Friday (2:06.70). On Saturday, Sharp won the 100-yard backstroke with a personal best time of 57.50 seconds. She followed up with another 200-yard backstroke win in 2:04.26. In her final event of the weekend, Sharp placed second in the 200-yard individual medley in 2:14.92.

Veron placed second in the 200-yard butterfly on Friday in 2:13.67 and on Saturday with an even faster time of 2:07.60 in the

same event. In Saturday's 100-yard butterfly, she placed second with a time of 58.23 seconds.

The Pioneers return to action for their regular season finale on Saturday, January 27 with a double dual meet in Fresno against Fresno Pacific and The Master's College. Start time for the meet is set for 10 a.m. from Sunnyside Aquatics Center.

## Junior Warriors Basketball Program

**SUBMITTED BY  
UNION CITY RECREATION**

Mark Green Sports Center. Price includes a Junior Warriors reversible jersey.

Once again, the Sports Center in collaboration with Beast Mode Basketball will be teaming up the Golden State Warriors for the Junior Warriors Basketball program! Participants will be placed in age and skill-appropriate groups and participate in fun games and drills which includes shooting, passing dribbling, and defense. Each class ends with a game to practice these skills. This is a 6-week course with games held on Sundays at the

**Junior Warriors Basketball Program**  
**Through Sunday, March 3**  
**Mark Green Sports Center**  
**31224 Union City Blvd.,**  
**Union City**  
**(510) 675 - 5808**  
**maynarde@unioncity.org**  
**Registration: Residents: \$295;**  
**Non - Residents: \$330**



Hannah Sharp



Reese Veron

## Newark Futbol Club Spring Recreation 2024

**SUBMITTED BY  
NEWARK FUTBOL CLUB**

April 13-14 (dates subject to change). Team space is limited and friend requests are not granted.

It's time to get registered for 1974 Newark Futbol Club Spring Recreation League 2024.

The recreation league is open to players born between 2019 - 2010. Practice begins Monday, March 18 and will take place once to twice a week. Teams will have seven to eight games in the season with the first games starting the weekend of

Registration costs \$250, which includes game uniforms and end of season awards.

For more information visit [www.newarksoccer.org](http://www.newarksoccer.org); to register visit [elitesoccerca.byga.net/programs/gllgmmtuwelsignup](http://elitesoccerca.byga.net/programs/gllgmmtuwelsignup)



**Talk to GUPTA Team for Home Buying or Selling Call 510-697-7750**

**FREE Consultation and Market Update Call 510-697-7750**



**Rajeev Gupta**  
Home Sales Specialist  
**Remax Accord**  
CA DRE # 01232943  
39644 Mission Blvd., Fremont  
20 + Years Experience





**Monica Gupta**  
Home Loan Specialist  
**Home Advantage**  
CA DRE # 01424265, NMLS # 343986  
702 Brown Road, Fremont  
15 + Years Experience

Meet Our Happy Clients [www.realtytrain.com/clients](http://www.realtytrain.com/clients)

[www.realtytrain.com](http://www.realtytrain.com) CA Lic. Broker

# Hayward Regional Shoreline

BY JACK ALCORN

Hayward Regional Shoreline offers over 10 miles of mostly flat, hard packed trails for walking and biking. The 1,811 acre park extends from the Breakwater Avenue entrance at the Hayward Shoreline Interpretive Center in South Hayward to the Grant Avenue entrance in San Lorenzo. The West Winton access point, midpoint of the trails, has a restroom. All three gates have parking and signage.

The park consists of 1,811 acres of San Francisco Bay coast and seasonal wetlands. This bayfront nature preserve includes miles of graveled public trails along the shoreline. You can also hike through several distinct, mapped marsh areas on maintained trails. The marsh trails are elevated by levees. The levees were originally built in Hayward and San Lorenzo to create land for salt production.

Cogswell Marsh, a 250 acre tidal marsh restoration and enhancement project, was completed in 1980. This area, once restored to tidal action, rapidly became an established saltwater marsh. The 145-acre Hayward Marsh, completed in 1985, is made up of five managed ponds and has fifteen islands that are utilized as habitat by many species of nesting birds. Oro Loma Marsh was constructed in 1997 and consists of a 364-acre tidal marsh with seasonal wetlands and transitional uplands.

A short walk from the West Winton Avenue gate leads to a bridge over the flood control channel. The bridge provides an excellent fishing spot. Comestible fish that can be caught from the bridge and shore of this park include Brown rockfish, Red rock crab, California halibut and Chinook (king) salmon. A California State Fishing License is required for those age 16 and over.



Great egrets frequent the channel train at Hayward Shoreline. By Jack Alcorn



King Tides Walk at Hayward Regional Shoreline. Photo Courtesy of City of Hayward

Hayward Regional Shoreline provides access to the 500 mile SF Bay Trail. The scenic journey around the Bay offers a diversity of topography, shorebird habitat and native plant species vital to our unique local ecosystem.

An outdoor excursion to the Hayward Shoreline guarantees encounters with interesting wildlife. Falcons circle above eyeing squirrels and rabbits in the sloughs and thickets below. Rare shorebirds, wild turkeys and California sea otter routinely pose for park visitors. Benches are located along the main trails.

Many trail segments are wheelchair accessible. Dogs are allowed on some sections of the shoreline trails. Park area hours vary. Signage at each entrance provides specific information for these

concerns. The park grounds are maintained by East Bay Regional Park District.

Saturday, January 13 Naturalist Erin Blackwood led more than two dozen park goers on an escorted educational journey through a short loop in the park. Each year, East Bay Regional Park District provides the tour to educate visitors about King Tides. "King Tide" describes very high tides, caused when there is alignment of the gravitational pull between sun, moon, and Earth, occurring near winter solstice.

The next King Tide Walk at Hayward Shoreline is scheduled for Saturday, February 10; 11 a.m. - 12:30 p.m at West Winton staging area. For more information visit [www.ebparks.org](http://www.ebparks.org)



Western Grebes at the Hayward Shoreline. By Jack Alcorn

We help you focus on the important things in life.



Eric Olsen  
Physician (In Training)



Alan Olsen, CPA  
Father and GROCO  
Managing Partner



Charlotte Olsen  
Teacher (in training)



FREMONT | PALO ALTO | SAN FRANCISCO



510.797.8661 | [GROCO.com](http://GROCO.com)