



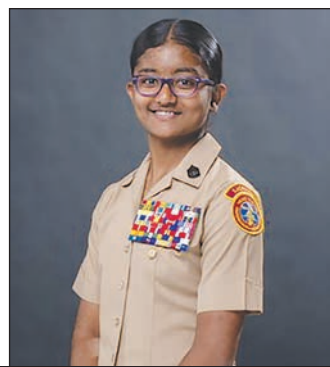
Urban Forest Friends wants to plant more trees, but needs your help

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Local teen named Honor Graduate by Young Marines National Leadership Academy

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What's Happening

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August 1, 2023

Vol. 22 No. 31



California's premiere art, wine & music festival celebrates summer fun!

SUBMITTED BY CINDY BONIOR

The 39th annual Fremont Festival of the Arts—one of the largest free art, wine and music festivals west of the Mississippi—returns to Downtown Fremont on August 5 & 6. This year's festival will have over 300 top-quality artisan booths, gourmet food trucks, beer, wine and cocktails in branded glasses, and continuous live music on two

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Celebrate the 732nd Anniversary of Switzerland!

SUBMITTED BY SWISS PARK NEWARK
PHOTOS COURTESY OF DIANE WAGNER

On Saturday, August 5, join Swiss Club in Newark to celebrate "Swiss National Day." Eat Swiss food, listen to Swiss music, dance to the Zicke Zacke band, and participate in a Swiss Flag Parade.

The day's program of events includes:

Speech by SF Swiss Consul General Balz Ablanalp
Ticino music by Art Nicola and Dennis Sartori
Music and Dancing to the Zicke Zacke Band
Flag Parade with Arthur Brogli on Accordion
American Anthem by Tyler Wipfli
Swiss Anthem by Michelle Chang
Alphorn by Johnathan Stillman
Swiss Kids Choir

Games and activities include Family Fun Zone (sponsored by STUDIO HEIMAT) with rock climbing wall, Swiss Train exhibit by Robert Waal and the European Train Enthusiasts, art classes,



book reading, dance lesson, and Jass/Swiss Card class. Tour the Swiss Heritage Mobile Museum where our Swiss Clubs share their rich history and vibrant communities.

Starting August 1 and continuing through August 13, participate in the online auction featuring wonderful gifts both here and in Switzerland. You can bid on Swiss wines and liquors, a stay at a Swiss hotel or chalet, textiles including a cable-knit sweater, Jacquard napkins and placemats, and Edelweiss embroidery table runner. View all items at: www.biddingforgood.com/USSNC.

Learn more about Swiss history and culture, and view items such as Swiss traditional dresses and woodwork, at the exhibit booths from: Swiss Clubs, Swiss Heritage Museum, Swiss Made Direct,

continued on page 16

Oakland Zoo and TCHO Chocolate Reveal 'Beary' Delicious Collaboration



Oakland Zoo CEO Nik Dehejia (left) and TCHO Chocolate Chief Chocolate Maker Brad Kintzer (right)

BY HUGO VERA

On Wednesday, July 26, 2023, representatives of the Oakland Zoo and local media were invited to the TCHO Chocolate factory in Berkeley to tour the state-of-the-art facility as well as for the unveiling of a surprising, but delicious collaboration. Branded the "Grizzly Berry," TCHO Chocolate's newest product takes inspiration from the actual grizzly bears that visitors can see at the Oakland Zoo.

"When we reached out to TCHO, the idea was to promote sustainability while also raising awareness about this endangered species," said Oakland Zoo CEO Nik Dehejia. "When families come to our zoo, we want them to have fun, and what's more fun than chocolate?"

In keeping with Oakland Zoo and its parent organization Conservation Society of California's missions of

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World Breastfeeding Week is August 1-7

Washington Hospital Celebrates Breastfeeding All Year Long



“Milk comes in between days three and five, but it’s very important for mothers to begin nursing immediately.”
 –Renee Montes, RN,
 International Board-certified Lactation Consultant

You are about to have your first baby and have been busy preparing for the expansion of your family. But one thing still concerns you: breastfeeding. You need to learn more about it.

You’ve been told how beneficial it is for the baby—and for you—but you’ve also heard stories from friends about difficulties. What do you need to do to prepare for successful breastfeeding, and is there a source, other than books, to help you learn how to handle it?

Relax. Resources are available at Washington Hospital to give you the information you need to get started, and to help you during those early days/weeks if problems develop. The Hospital’s Breastfeeding and Lactation Support Program offers two-hour classes for prospective mothers as well as a free advice line and private consultations (which are covered by most insurance

programs). Breast pump rentals also are available through the program.

The program’s staff of internationally board-certified lactation consultants work with new mothers who are in the Hospital following birth. Mothers are encouraged to begin nursing within the first hour following birth, says Renee Montes, RN, one of the Hospital’s six lactation consultants.

“Milk comes in between days three and five, but it’s very important for mothers to begin nursing immediately,” she says. “Colostrum, which is very beneficial for the newborn, is already in the breast and those first nursing attempts help both the mother and new baby establish the nursing habit right away.

“We put the baby on the mother’s chest as soon as possible following birth. Unlimited skin to skin between

feeding sessions significantly increases the chances of successful nursing,” Montes adds.

Breast milk is organic with no additives or preservatives. It is scientifically proven to provide antibodies that keep nursing babies healthy. Breastfed babies have fewer ear and respiratory infections and are less likely to become obese or develop asthma or allergies.

Mothers who breastfeed also receive health benefits, such as quicker postpartum weight loss and a reduced risk of breast and ovarian cancer. Breastfeeding is cost effective, too. Not only is breast milk free, a healthier breastfed baby requires fewer trips to the pediatrician, resulting in lower medical costs and less time off work for the parents.

Washington Hospital has been designated a Baby-Friendly hospital by the World Health Organization and UNICEF since 2014. The designation recognizes the Hospital’s dedication to offering the highest level of care for infant feeding and mother-baby bonding.

The month of August is World Breast Feeding Month and the first week of August is National Breastfeeding Week. For more information about Washington’s Breastfeeding and Lactation Support Program and its breastfeeding classes, call Washington Maternal Child Education at 510.818.5041, or visit the Childbirth and Family Services page at whhs.com/childbirth.



InHealth Your YouTube Channel



[YouTube.com/whhsInHealth](https://www.youtube.com/whhsInHealth)
 Join the 36,000 subscribers of Washington Hospital's YouTube page.

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Coming Soon!



Mood & Anxiety Disorders

Teens and young adults increasingly struggle with mood and anxiety disorders. Fear of being treated differently can result in many young people not seeking assistance. Psychiatrist Neeru Kumar, MD, addresses what can be done to reduce the stigma of mental illness.



Heart-healthy Cooking Made Easy

Join two registered dietitians for a fun cooking demonstration! Heart-healthy meals can be tasty and easy to make.



In-person Event!

Medicare: What You Need to Know

Tuesday, August 29, 11 a.m.
 This seminar provides a clear explanation of Medicare options, including Parts C and D. This seminar is available both in person and online.



The Aging Spine

While age impacts the health of your spine, there are things you can do to maintain spine health. Local neurosurgeon, Rajiv Saigal, MD, notes spine changes you can expect with age and back conditions that may require surgery.

Other Video Topics:

- Joint Pain
- Stroke Awareness
- Washington Township Health Care District monthly board meetings

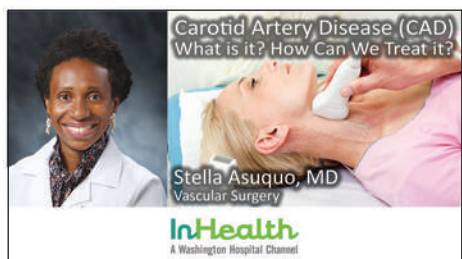
- Diabetes Education
- Timely health topics such as COVID-19 and wildfire safety
- And so much more!

Events Information

For more information or to register for events, call 800.963.7070 or visit whhs.com/events.

Visit Us!

[YouTube.com/whhsInHealth](https://www.youtube.com/whhsInHealth)



Carotid Artery Disease (CAD): What Is It? How Can We Treat It?

Carotid artery disease is a serious condition that blocks blood flow to the brain. Untreated, it can lead to a stroke and death. Vascular specialist, Dr. Stella Asuquo, presents current therapeutic strategies that exist for people with CAD.



August 1 is World Lung Cancer Day

Local Pulmonologist has an Important Message for the Community



Lung cancer is by far the leading cause of cancer death in the U.S. for both men and women, which makes World Lung Cancer Day so important. This observance has been held on August 1 every year since its inception in 2012, with the mission of raising awareness about lung cancer. Knowing the risk factors, symptoms, and when to be screened for lung cancer can save your life or the life of someone you love.

There are two major types of lung cancer including small cell, which makes up about 10-15% of all lung cancers and non-small cell lung cancer, found in 80-85% of cases. Smoking is the foremost cause of lung cancer and other risk factors include exposure to secondhand smoke or certain toxins in the home or workplace, and a family history of lung cancer. Symptoms include a cough that gets worse or does not go away (often with blood), chest pain, wheezing, shortness of breath, feeling tired or weak, and weight loss. The problem is oftentimes these signs don't appear until the cancer is at an advanced stage.

"Strides have been made recently to detect lung cancer earlier, which has proven to lower the risk of dying from the disease,"

said Washington Township Medical Foundation (WTMF) pulmonologist and Director of the Washington Hospital Respiratory Care Services Jason Chu, MD. "The National Lung Screening Trial has shown that screening with low-dose computed tomography (LDCT), as opposed to chest X-rays or sputum cytology, has decreased the risk of dying from lung cancer by 15-20% in current or former heavy smokers."

The good news is that in 2016, Medicare began to cover annual LDCT lung cancer screenings for those who meet the criteria and have a doctor's order. To be eligible, people must be between the ages of 50-77; have a tobacco smoking history of at least 20 "pack years" (an average of one pack per day for 20 years), be a current smoker or have quit smoking within the last 15 years and have no signs or symptoms of lung cancer.

When diagnosed, non-small cell lung cancer is usually classified in one of four stages. Stage one is the least advanced, where the cancer has not spread to nearby lymph nodes or other parts of the body. Stage four is the most aggressive lung cancer that has

"Washington Hospital patients benefit from the latest in lung cancer research, technology, treatments, and access to clinical trials located right here in Fremont." –Jason Chu, MD

metastasized to other organs. Treatments for lung cancer include surgery, chemotherapy, radiation therapy, targeted therapy, or a combination of these.

Local cancer patients have access to the state-of-the-art UCSF – Washington Cancer Center located right in their community. "Because of our affiliation with UCSF Health, our patients' cases are reviewed by a world-class lung cancer tumor board made up of radiation oncologists, medical oncologists, pulmonology pathologists, thoracic surgeons and other specialists. This is the multidisciplinary team," said Dr. Chu. "Washington Hospital patients benefit from the latest in lung cancer research, technology, treatments, and access to clinical trials located right here in Fremont."

Dr. Chu concludes with this advice for the community: "Don't smoke, avoid secondhand smoke, be aware of and protect yourself from carcinogens in the workplace, exercise regularly, eat a healthy diet with lots of fruits and vegetables, and be sure to get your routine physicals and screenings as appropriate."

To read more about lung cancer, go to cancer.gov/types/lung. For more information about the UCSF – Washington Cancer Center, go to whhs.com/cancer. Ask your primary care physician if you are eligible to receive a lung cancer screening or to schedule an appointment with Dr. Chu, go to mywtmf.com/contact or call 510.248.1550.



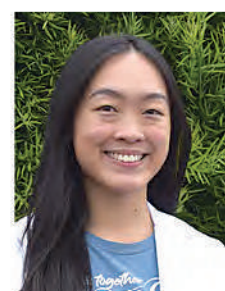
Virtual Health & Wellness

 facebook.com/WashingtonHosp
 youtube.com/whhsInHealth

Wednesday, August 16
2 p.m.

Heart-healthy Cooking Made Easy

Learn how to make heart-healthy dishes that not only taste great but are also good for your cardiovascular health. Whether you're looking to reduce your risk of heart disease, manage your blood pressure and cholesterol levels, or simply eat better, this seminar is a great way to get started.



Grace Ching, RD



Anna Corona, RD



Healthy Tips, Healthy You

Join us to learn how to better your health and well-being at our Timely Talks. This monthly series features experts from our community who will provide resources to care for you and your loved ones.

Gather tips on how to best support your loved one during our Coping With Dementia discussion on Wednesday, August 9 from 2:00pm-3:30pm. Call 510-493-9116 to RSVP by July 26.

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Urban Forest Friends wants to plant more trees, but needs your help

SUBMITTED BY
NATHIYA PRATHNADI

In the Tri-City, we need more trees. They help clean our air and cool our cities. Trees make our neighborhoods beautiful and they are essential for our health! Thankfully, we now have our very own tree non-profit—Urban Forest Friends, also known as UFF, serving Fremont, Newark and Union City, and committed to growing our urban forest.

UFF was kicked off in 2019 by local resident Lynn Miller, who was saddened by the lack of shade trees here in the Tri-City and inspired by surrounding tree organizations in Palo Alto and San Jose with their enviable, dense tree canopy. Lynn created an all-volunteer group with members who trained with Palo Alto's Canopy non-profit, planting trees in neighborhoods, parks, and schools, and for corporate volunteer events. Working closely with the cities of Fremont and Newark, UFF has done tree plantings at Washington High School, Parkmont and Warwick Elementary, Sabercat Historical Park, Northgate neighborhood, Westbridge Park, Mayhews Landing Park, and most recently at Quarry Lakes in partnership with East Bay Regional Parks.

On May 20, 2023, thirty volunteers, including adults, and high school and middle school students, spent a long morning working in the tall dry grass area off the Old Creek Trail of Quarry Lake, planting 75 young Oak trees (Coast Live, Englemann, Southern Live, Burr and Cork Oaks). These trees will grow in the next decade to become an Oak Savannah, provide shade and a home to plants, animals, insects, and live over 250 years.

"It makes me feel like I have so many friends after a big planting like yesterday. I feel we all brought a little joy to Mother Earth," said volunteer Bill Chestnut.

At an Urban Forest Friends tree planting event, volunteers are taught and directed by a trained team of leaders, so no previous experience is necessary! Volunteer work consists of digging holes, checking the roots, planting at the right depth, mixing the soil and watering. All equipment and instructions are provided, along with community service hours for students. These guided tree plantings are free of charge.

If you would like more information or wish to sign up to volunteer in the future, visit www.urbanforestfriends.org.



Youth & Environmentalism Webinar

BY ESHA BANSIYA

Everything Starts Small is a Bay Area youth-environmental group that, as the name suggests, works to make a difference in our local community. Audrey and Kathleen Hsu started the non-profit in 2018 in Taiwan, but when they moved to the Bay Area, it became clear that climate change was a pressing issue in their community. During the pandemic, the team worked to recruit members from all across the world: the Bay Area, New York, France, Egypt, Taiwan, Singapore and South Korea. With a close-knit group of 30 to 40 students, they have made positive impacts in each of their local communities.

In the Bay Area, members have been working on a Coffee Grounds Initiative, which recently received the International

Baccalaureate Global Youth Action Fund. Over the past few months, the team has distributed 330 pounds of coffee grounds collected from local coffee shops to vegetable and flower farmers in the Bay Area. Combined with the initiative, the group held their first workshop at the Cupertino Earth Day Fair to educate farmers on proper and efficient ways to use the natural fertilizer.

Along with active involvement, the nonprofit holds school presentations for students of all grade levels. These presentations aim to raise awareness about climate change and inspire youth-action. However, their commitment to education is not confined within school walls. On August 5, Everything Starts Small and Inspirate, another youth-environmental group based in Los Angeles, are holding a "Youth & Environmentalism Webinar." Inspirate shares the same passion in

improving climate change education in communities around the globe with their hands-on workshops, resources, and mentorship programs. With their common goals of education, the webinar was the perfect opportunity for the nonprofits to work together.

The webinar will feature speakers who, despite their youth, make significant impacts in their community. Among them are Sophia Kianni the youngest United Nations environmental advocate, and the founder of the largest youth-based environmental nonprofit; and Lourdes Diaz from Youth Environmental Power Initiative (YEPI), a Cupertino-based nonprofit focused on sustainable commuting. The two will speak about their experiences as youth environmental advocates and provide valuable insight to encourage and inspire attendees to make change in their communities.

Inspirate founder Bernice Deng emphasizes, "If you want to feel inspired, feel empowered, and learn and make change, go to this webinar. It will have inclusive information and allow individuals to explore their ideas and potential."

The webinar is open to anyone interested and passionate about climate advocacy but does not know where to start. After attending this webinar, attendees will feel inspired and empowered to take action in their local community.

Youth & Environmentalism Webinar
Saturday, Aug 5
6 p.m.
Register at:
tinyurl.com/essxinspiratewebinar
everythingstartsmall.org
everythingstartsmall@googlegroups.com

American Pickers to film in California

SUBMITTED BY JOSHUA KERLIN

American Pickers are excited to return to California! They plan to film episodes of The History Channel hit television series throughout the state in September 2023. American Pickers is a documentary series that explores the fascinating world of antique "picking" on The History Channel.

The hit show follows skilled pickers in the business, as they hunt for America's most valuable antiques. As they hit the back roads from coast to coast, the Pickers are on a mission to recycle and rescue forgotten relics. Along the way, they want to meet characters with amazing stories and fun items. They hope to give historically significant objects a new lease on life while learning a thing or two about America's past along the way. The Pickers have seen a lot of rusty gold over the years and are always looking to discover something they've never seen before.

We at American Pickers continue to take the pandemic very seriously and will be following all guidelines and protocols for safe filming outlined by the state and CDC. Nevertheless, we are excited to continue reaching the



many collectors in the area to discuss their years of picking and are eager to hear their memorable stories! The American Pickers TV Show is looking for leads and would love to explore your hidden treasure. If you or someone you know has a unique item, story to tell, and is ready to sell...we would love to hear from you!

Please note, the Pickers DO NOT pick stores, flea markets, malls, auction businesses, museums, or anything open to the public.

If interested, please send us your name, phone number, location, and description of the collection with photos to americanpickers@cineflix.com or call (646) 493-2184.



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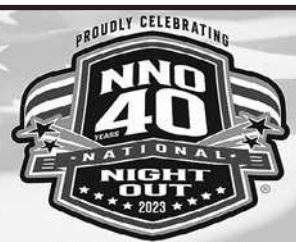
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Tuesday, August 1, 2023
SAVE THE DATE!
ACTIVITIES FROM 4 PM-8 PM

National Night Out is celebrating its 40th Anniversary. This year UCPD will have one location to celebrate the evening in the Union Landing Shopping Center near Texas Roadhouse Restaurant. The purpose of this night is to allow local businesses, community groups, CIT professionals, and First Responders in the community to partner with law enforcement for an upbeat night of fun and festivities. Please help us celebrate our community partnerships and learn about safety awareness in our city and our neighborhoods and suggestions for preventing the theft of autos and electronic devices.

If you would like to help sponsor this event, have a booth on-site or make a product or monetary donation, please contact UCPD Community Coordinator Crystal Raine at UCPDCommunity@unioncity.org



News and Notes

FROM AROUND THE WORLD

SUBMITTED BY THE ASSOCIATION OF MATURE AMERICAN CITIZENS

A toothsome smile

Eleven-year-old Charlie Clinton went fishing in a local pond in Edmond, OK recently and got the shock of his young life when he landed a fish with a human-like toothsome smile. The pacu, a South American relative of the notoriously scary piranha, is known for choppers that look like they're ready to chew away on a crackling, crispy man-sized meal. Fear not, however. Unlike the piranha, the pacu poses little danger for people. But they can grow to three-and-a-half feet in length and 88 pounds in weight, so the Oklahoma Department of Wildlife Conservation says, "anglers who catch pacu in Oklahoma are asked to remove

them from the watershed and contact their local game warden." See the frightening fish on YouTube: www.youtube.com/watch?v=wETiixicPMQ

Don't mess with this senior citizen

Baseball hero and New York Yankee legend, Casey Stengel, was known for his malaprops such as "when you come to a fork in the road, take it." But he got it right when he said, "the trick is growing up without growing old." Want proof? Ask Californian Angeleno Jim Arrington. He was named the world's oldest bodybuilder by the Guinness World Records in 2015, when he was 83 years old. He's 90 years old now and he did it again. The referees at Guinness recently declared that he broke his own record at a recent International Federation of Body Building and Fitness Professional League event in Reno, NV. As

Arrington put it "I wanted to be a superhero" and he is indeed a superhero, not only for senior citizens. Watch the bodybuilder on YouTube: www.youtube.com/watch?v=UaK3ODchI2Q

Hot Dog!

Beenie Von Weenie is proof that "if at first you don't succeed, try, try again." After years of trying, the dachshund finally was declared The Fastest Wienie of the West! at the 26th Wienerschnitzel Wiener Nationals at California's Los Alamitos Race Course. Beenie's owner, Nicolee Leonard, gleefully told KABC-TV, "Fantastic! I've been coming every year. And he nailed it. He won a doghouse and \$1,000 and the title." See the dashing dog on YouTube: www.youtube.com/watch?v=gqkCD34eBkE

The Association of Mature American Citizens is a nonprofit, nonpartisan advocacy organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at www.amac.us.

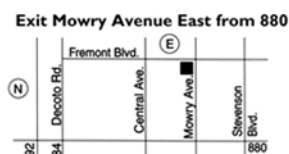
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Davis Street Hosts Community Health Fair

SUBMITTED BY GRACE LEMMON

Davis Street, District 20's 2023 California Nonprofit of the Year, is an organization dedicated to serving low-income families in the Eden area and surrounding communities, is thrilled to announce its Annual Community Health Fair, Saturday, August 12. The event will be held at Teagarden Street, San Leandro and promises to be a day filled with health education, community engagement, and fun activities for all.

This highly anticipated health fair is open to the public and completely free of charge. It aims to bring together community members, healthcare providers, and local organizations to promote wellness, provide essential resources, and celebrate the spirit of unity.

Our Annual Community Health Fair will feature a plethora of attractions, ensuring a memorable experience for attendees of all ages.

Highlights of the event include:

- More than 20 Community Resource Booths
- Free Produce Giveaway
- Health Education Booths
- Complimentary Blood Pressure Checks
- Raffle and Games
- Children's Activity Area and Face Painting

• Complimentary Lunch: Attendees can enjoy a complimentary lunch courtesy of Alameda County Firefighters Association, Local 55.

Davis Street is proud to host this event, embodying its mission to improve the quality of life for residents of San Leandro, San Lorenzo, Castro Valley, Ashland, Cherryland, and the Eden area.

Through their comprehensive safety net, which includes a Federally Qualified Health Center (FQHC) Primary Care Clinic, emergency food and clothing assistance, subsidized child care, housing and utility support, and seasonal programs like the Back 2 School Giveaway and the Holiday Basket Program, Davis Street has been a pillar of support for families in need.

"We're excited to welcome back our community post-COVID!" says Rose Padilla-Johnson, CEO. "This event brings together hundreds of people with the goal of unifying our community in a way it hasn't been since 2019. We're back and ready to show our community how we can support them."

For more information about Davis Street and the Community Health Fair, please visit <https://davisstreet.org/> or contact Zitlaly Melero at (510) 347-4620 Ext. 116 or hr@davisstreet.org.

Davis Street Health Fair
Saturday, August 12
10 a.m. – 1 p.m.
3081 Teagarden St., San Leandro
<https://davisstreet.org/>
(510) 347-4620 Ext. 116
hr@davisstreet.org

Hayward municipal computer network restored

SUBMITTED BY CITY OF HAYWARD

The City of Hayward successfully brought back online its internal computer network on Tuesday July 25, an important milestone in its recovery from an ongoing cybersecurity event in which intruders infiltrated City systems for the purpose of disruption and extorting ransom.

The restored network ties together computer systems on which departments and divisions of city government normally rely for general municipal operations—each of which themselves has had to be

painstakingly assessed, restored and brought back into service.

Among those restored systems is Computer Aided Dispatch (CAD), through which the City's 9-1-1 Center receives calls, records and manages information, and dispatches the appropriate level of police, firefighter and emergency medical response. In CAD's absence, Hayward's call-takers and dispatchers reverted to pen and paper, and radio communication with responding officers and firefighter-paramedics.

As of today, community members can once again transact business online through most of the City of Hayward's online portals, though some systems involving water bill payments and library services are not fully functional or remain down.

The infiltration of the city's systems was discovered early in the morning of Sunday, July 9, soon after the initial intrusion, and Hayward Information Technology staff moved immediately to lock down the activity by severing the city's network.

Over the ensuing days, the city's website, ability to receive email communication and its non-emergency telephone systems—all disrupted by the intrusion, or the response to contain it—were successfully brought back into service.

Throughout, the city has maintained operational communication via cell phone, unaffected email, messaging and virtual meeting systems, and deployment of large- and small-scale mobile Wi-Fi equipment.

At this time, the city is not commenting on the identity of the intruders, investigations of the incident, parties involved, information gathered by investigators or ransom sought.

If the city finds or receives evidence of a breach of private or confidential information of any individual—employee, former employee or other member of the public—the city will contact the affected individual directly.

Black Radiance Pan-African fashion show

SUBMITTED BY DOROTHY DOMINIQUE

Are you a fan of fashion shows? Mark your calendars for Saturday, August 26, because Treasures Unleashed has a surprise for you. The Black Radiance 2023 Pan-African Fashion Show is coming to town! Best of all, admission is free!


This indoor/outdoor event celebrates the beauty and depths of black culture and pays homage to

Marcus Garvey while promoting family and community engagement. You'll be able to enjoy various activities, vendors, an art show, performances, and of course, a fashion show! Due to limited capacity, it's essential to secure your tickets early. Don't miss out on this incredible event - get your tickets today!

You can reserve tickets on <https://BlackRadiance2023.eventbrite.com> or go to <https://www.treasuresunleashed.com> and click the Black Radiance tab, then click the FREE TICKETS button.

Everyone is welcome to donate to support our event at Eventbrite.


Black Radiance
Saturday, Aug 26
2 p.m. - 5 p.m.
971 B St., Hayward
<https://BlackRadiance2023.eventbrite.com>



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Local teen named Honor Graduate by Young Marines National Leadership Academy

SUBMITTED BY
ABRA HOGARTH

The Young Marines, a national youth organization, has announced the top honor graduate of the 2023 National Leadership Academy - Advanced Leadership School (ALS) held in San Pedro, California.

Akshaya Krishna of the Sacramento Young Marines is the top honor graduate who has demonstrated exceptional leadership qualities.

Advanced Leadership School participants are Young Marines who have exhibited exceptional maturity and leadership skills in their units. Young Marines gathered from throughout the

country and were trained from July 8-15 in a number of different areas. Their goals were to develop their leadership, mentorship, and management skills while competing in physical challenges and being evaluated on their knowledge, skills and abilities. The ten best candidates were selected as the Top Graduates of the Advanced Leadership School.

“Attending Advanced Leadership School was like riding a roller coaster, as it brought a range of exciting and unpredictable experiences,” said Akshaya. “Even with the shorter duration and change of location from the original school, I cherish every bit of it. From the leadership classes to interactions at chow time, ALS has undoubtedly played a huge role in my growth as a leader.”

Akshaya is a sophomore at Irvington High School in Fremont. After graduating high school, she plans to attend college and major in a subject related to artificial intelligence and cybersecurity.

“As Unit Commander of the Sacramento Young Marines, I am so proud of YM/GySgt Krishna,” said Unit Commander Nate Nguyen. “[Her

accomplishments include] being selected as the Regiment Young Marine of the Year for 1st California Regiment for 2022-2023 and receiving Honor Graduate for all four training events: Recruit Training (2019), Junior Leadership School (2020), National Senior Leadership School (2022), and recently, National Advanced Leadership School. She carries out the Young Marine mission of leading a healthy, drug-free lifestyle and being a leader in her community. She stresses the importance of being physically fit,

as she has received the Iron Maiden award and has scored perfect PFTs on multiple occasions.”

“Outside the program, she consistently maintains a 4.0 GPA and is involved in extracurricular activities, such as STEAM and the Tri-City Band Corps. With her leadership, abilities, and knowledge, she is the prime example of giving back to the community. I truly believe she will be successful in whatever she chooses for her career path and will always be a leader for other youth.”



Super Blue Sturgeon Moon

BY VIVIAN WHITE

On August 1st, catch a full Moon rising in the east just 30 minutes after sunset. We are seeing the entire sunlit side of the Moon as it is nearly (but not quite) in line with the Sun and Earth. *The Farmers' Almanac* calls this month's Moon the "Sturgeon Moon," for the time of year when this giant fish was once abundant in the Great Lakes. Cultures around the world give full Moons special names, often related to growing seasons or celebrations.

As the Moon rises later and later each night, the bright sunlit part appears to get smaller or "wane." We call this a waning gibbous Moon. About a week later, on August 8, we see only one half of the Moon alight. At this phase, the Moon rises around midnight and sets around noon. Have you ever seen the Moon in the daytime? You may notice this phase towards the southwest in the morning sky. Hold up a ball or egg beside it and see how



Waning crescent Moon next to a ball on a stick that is lit by the Sun on the same side as the Moon. Try this with an egg or any round object when you see the Moon during the day! Photo credit: Vivian White

the Sun lights up the same angle on the object as the angle of the crescent moon.

By August 16, the Moon has gone through its crescent phase and is now only showing its dark side towards the Earth. Did you know the dark side and the far side of the Moon are different? The Moon always shows the same face towards Earth due to the planet's gravitational pull, so the far side of the Moon was only viewed by humans for the first time in 1968 with the Apollo 8 mission. However, the dark side is pointed at us almost all the time. As the Moon orbits the Earth, the sunlit side changes slowly until the full dark side is



Earthshine as seen from the International Space Station with the sun just set - Astronaut Photograph ISS028-E-20073 was taken on July 31, 2011. Provided by the ISS Crew Earth Observations Facility and the Earth Science and Remote Sensing Unit, Johnson Space Center

facing us during a new Moon. When the Moon is just a small crescent, you can sometimes even see the light of an Earthshine reflecting off Earth and faintly lighting up the dark side of the Moon.

Then the Moon reappears, making a waxing (or growing) crescent Moon, best seen in the afternoons. By the time it reaches the first quarter on August 24, we see the other half of the Moon lit up. At this point, the Moon passes through Earth's orbit and marks the spot where the Earth was just three hours prior. It takes the Earth about three hours to move the distance between the Moon and Earth.

The Moon on August 30 is referred to as a blue moon. Blue moons are not

actually blue in color of course; it refers to the second full Moon in any month. Since it takes 29.5 days to complete the cycle from full to new and back to full, most months will see only one Moon. But occasionally, you'll fit two into one month, hence the phrase "once in a blue moon." We see a blue moon about once every three years on average. The next will be in May, 2026.

In addition, this full Moon appears larger in the sky than any other full Moon this year—an unofficial supermoon. A supermoon appears larger than average because it is closer in its slightly elliptical orbit. The difference in apparent size between the smallest and largest full Moon is about the size difference between a quarter and a nickel. Even at its largest, you can always cover the whole Moon with your pinky extended at arm's length.

Follow the Moon with us this month and keep a Moon journal if you like—you may be surprised what you discover! moon.nasa.gov/moon-observation

This article is distributed by NASA's Night Sky Network (NSN). The NSN program supports astronomy clubs across the USA dedicated to astronomy outreach. Visit nightsky.jpl.nasa.gov to find local clubs, events, and more!

Harmony Fusion Chorus performs for 'Sundaes & Song'

SUBMITTED BY HEIDI MASSIE

What's better than ice cream sundaes in the summertime? Singing and ice cream sundaes! On Saturday, August 12, the public is invited to enjoy an afternoon of music and delicious treats when Harmony Fusion, a women's cappella chorus, performs as part of a fundraising event to benefit Hill and Valley Women's Club and the chorus.

Harmony Fusion, a chapter of Sweet Adelines International (SAI), has held its Monday night rehearsals at the Hill and Valley Club for many years and wanted to find an opportunity to help the members of the club, which has been a part of Hayward for over 100 years.

"We wanted to find a way to support Hill & Valley and have a chance to perform," says Joanne Morrison, Chorus Board President. "The members of the Club had hosted ice cream socials in the past to raise funds for its many philanthropic programs, and so we joined forces to provide an extra special event. Our chorus members love to sing and entertain."



Also performing for the event are a cappella quartets *All Sorts* and *In Harmony's Way*, and double quartet *Sisters in a Chord*, whose members are from Harmony Fusion and other Bay Area Sweet Adelines choruses. Proceeds from the Saturday event will benefit both the Club and Harmony Fusion.

Reservations for table seating can be made by calling Pat Keathley

(Hill & Valley Club) at (510) 461-1321, or Kenit Golabi (Harmony Fusion) at (925) 719-1250.

General information about Harmony Fusion is available on its Facebook page @harmonyfusionchorus or their website www.harmonyfusion.org.

2 p.m. – 4 p.m.
Hill and Valley Women's Club
 1808 B St., Hayward
Reservations: (510) 461-1321 or (925) 719-1250
www.harmonyfusion.org
Admission: \$15

Sundaes & Song
Saturday, Aug 12

Participate in plastic free summer

SUBMITTED BY CITY OF HAYWARD

Plastics are used every day in Hayward, with an increased occurrence during the summer when residents barbeque, picnic, and host celebrations. Unfortunately, most of this plastic is not recycled or even recyclable. According to Cal Matters, at least 85% of single-use plastic in California ends up in landfills because it cannot be recycled.

Common plastics used during the summer include:

- Disposable plastic cups
- Single-use plastic cutlery
- Plastic-lined paper plates
- Plastic straws

Despite most of these products having a recycling symbol, they cannot be recycled. Products like plastic cups and plastic silverware are made with plastic that is too thin, flimsy, and easily breakable, and so they must go in the trash. Most mixed materials, like plastic-lined paper plates, must also go into the trash because the wax or plastic residue that prevents the plate from soaking up liquids or grease cannot be separated from the paper in a recycling facility.

Reduce purchases of single-use plastics this summer by replacing plastic items with reusables or compostables. If using compostables, make sure they are a paper-based product, as plastics labeled "compostable" or "biodegradable" are not accepted in Hayward's organics program.

If you want to learn more, please visit the Plastic-Free July website or the City's website (www.hayward-ca.gov), or email recycling@hayward-ca.gov.

Plastic Free Summer
www.plasticfreejuly.org

LETTER TO THE EDITOR

Response: 'TikTok is being banned for all the wrong reasons'

The letter to the editor (July 25, 2023), by Ryan Shen "TikTok is being banned for all the wrong reasons" said it all, and I agree wholeheartedly.

The article's very astute writer explains the many perils to the "browsing" public who frequent all social media sites. Social media sites have gotten so personally addictive that TikTok itself has a "user alert system" telling them to "stop," that they've "been scrolling for way too long now."

Nothing more needs to be said. Advice taken.

Marie Gomez
 Hayward

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continued from page 1

California's premiere art, wine & music festival celebrates summer fun!

stages. A festive combination of street performers includes face painters, henna tattoos, psychic readings and more; and the fabulous Kid City will amuse the youngest festival-goers with lively rides, games and shows.

Artist Booths will showcase handmade works crafted by talented artists from all over. From paintings and drawings, to jewelry and clothing, to household decorations and furnishing, every piece of beautiful art sold at the Festival is a unique and rare find with many being one-of-a-kind pieces.

The Gourmet Marketplace will be selling ingredients and condiments such as unique rubs, spice blends and marinades, designer oils and vinegars, and flavorful chutneys and relishes. Foodies will also appreciate perusing handmade pastas and jerkies, varietal honeys, seasoned and candied nuts, and delectable desserts. Wine, beer and cocktails are \$8 with the purchase of an \$8 festival-branded glass.

In addition, the Festival will offer a variety of food for sale, including famous fair favorites such as funnel cakes, cotton candy and Philly Cheese Steaks along with culinary favorites from across the globe. Food Trucks will be on hand selling the hottest in street food and food-truck favorites. A portion of the proceeds from our food partners support our community's non-profit

organizations. Over the past three decades, an estimated \$11 million has been raised at the Festival.

A special Business Marketplace is not to be missed! Festivalgoers can benefit from special deals and promos offered by participants, as well as some free prizes and giveaways. Businesses may include a gym or healthcare facility, a school or newspaper, and an animal shelter or home remodeling company.

The youngest Festival attendees will get to experience the fabulous Kid City with activities and performers just for kids. Kid City will feature magicians, jugglers, balloon animals, carnival rides, arts & crafts and more.

The Fremont Festival of the Arts is produced by Fremont Chamber of Commerce. For more information and an updated list of vendors and entertainment, visit the Festival website: <http://www.fremontfestival.net>. And, be sure to take BART: Fremont Festival of the Arts is BARTable!

39th annual Fremont Festival of the Arts
Saturday, Aug 5 – Sunday, Aug 6
10 a.m. – 6 p.m.
Downtown Fremont
Paseo Padre Parkway and Walnut Avenues
<http://www.fremontfestival.net>



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High School Workforce Development Foundation Empowers Tomorrow's Builders

SUBMITTED BY
CONSTRUCTION INDUSTRY EDUCATION FOUNDATION

The Construction Industry Education Foundation (CIEF) is proud to announce the successful conclusion of the annual CREATE Summer Camp, a transformative six-day, five-night academy that took place from July 16 to July 21.

The camp, hosted at the California State University, Sacramento campus, brought together high school students from across California to explore the vast opportunities within the architectural, engineering, construction, and trades (AECT) industry.

Throughout the week, these future builders engaged in a series of hands-on activities including designing and building benches for a regional non-profit, constructing sheet metal

toolboxes, and learning to weld with the local Plumbers and Pipefitters Union. They also visited active construction high-rises, such as the Mission Rock project developed by the San Francisco Giants and Tishman Speyer.

They developed skills in hand-sketching and computer aided drafting while being mentored by industry professionals from the architectural industry. The camp was made possible with the generous support of several general contractors and the Sacramento Builders Exchange.

"The CREATE Summer Camp exemplifies our commitment to fostering the next generation of talented professionals in the AEC industry," said Katie Kempker, Director of Youth Programs at the Construction Industry Education Foundation. "By providing these students with unique opportunities to explore, learn, and connect with these industry

leaders, we help ignite their passion and equip them with the necessary skills to make a positive impact in their futures."

One student said, "Overall, this camp influenced my perspective on career options and by being placed in different environments involving construction and all the work that goes into developing new buildings. It gave me more knowledge on what I want to go into, which was pretty cool."

CIEF extends its heartfelt gratitude to each of the industry professionals, mentors, sponsors, and volunteers whose support made the CREATE Summer Camp a success. Together, CIEF believes in empowering the next generation to build a brighter and more sustainable future.

For more information about CIEF and their youth workforce development program events, please visit <https://www.cie.foundation>.



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Proof It!

Are you an eagle-eyed reader? Circle the nine errors in the article below. Then, rewrite it correctly.

Summer Cents



An old-fashioned lemonade stand makes cents in busy, modern times! Few people take the time to squeeze fresh lemonade. Follow our "recipe" for success and start a lemonade stand of your own!

STEP 1: The Business Plan

You will need to invest a little cash to get started. Visit or call a local store to find out what the things you need cost. Add up your costs to determine your price and profit. Here is what the math looks like:

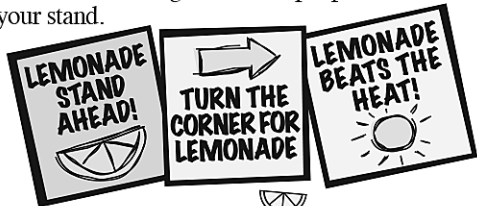
EXPENSES:	
12 lemons cost	\$1.20
1 3/4 cups of sugar cost	.20
20 paper cups cost	.60
Total cost for 20 cups of lemonade:	\$2.00
INCOME:	
20 cups of lemonade at 50¢ each	\$10.00
PROFIT:	
(The money you make after covering your expenses)	\$8.00

On a hot day, in the right spot, you might sell 100 cups of lemonade! How much money would you earn?



STEP 2: Make a Big Sign

Make a big, bold sign to attract people to your stand. If it is OK with your neighbors, put up several colorful signs to direct people to your stand.



STEP 3: Punch Up Profits

Offer your lemonade in cups made out of oranges. To make one, cut the top off of an orange and scoop out the insides with a spoon. Pour in the lemonade and serve with a straw. Give your lemonade-in-an-orange a snazzy name, like CITRUS TREAT, and charge more!

Remember! Add the cost of an orange and a straw to your expenses to determine the price of your "Citrus Treat."

Standards Link: Math/Number Sense: Students solve problems by adding, subtracting and multiplying amounts of money.



Kevin and Melanie have everything they need for their lemonade stand—except customers. Draw some customers purchasing lemonade to complete this picture.

Lemonade Recipe

Here is a recipe for making 20 cups of fresh lemonade.

- INGREDIENTS:**
- 1 3/4 cups white sugar
 - 8 cups water
 - 1 1/2 cups fresh-squeezed lemon juice

ADULT SUPERVISION REQUIRED!

DIRECTIONS:

1. In a small saucepan, combine sugar and 1 cup water. Bring to boil and stir to dissolve sugar. Allow to cool to room temperature, then cover and refrigerate until chilled.
2. Remove seeds from lemon juice, but leave pulp. In pitcher, stir together chilled syrup, lemon juice and remaining 7 cups of water.

Standards Link: Reading Comprehension: Follow multiple-step written directions.

Summer Scavenger Hunt

Look through the newspaper for:

- a number divisible by 3
- a price greater than \$100
- a number between 200 and 500

Standards Link: Math/Number Sense: Students understand the relationship between numbers up to 1,000.

Pucker up and think!

There are six lemons in this bag. Can you figure out how to give one lemon to six different kids and leave one in the bag?

Answer: Take five lemons out of the bag and give one each to five of the children. Give the sixth child the bag with the lemon in it.

How many lemon slices can you find on this page in one minute?

This summer, I bilt a lemonaid stand. My freind Ricky helped me. We had a lot of customers on a very hot day. That day we make over \$7.00 in profit!

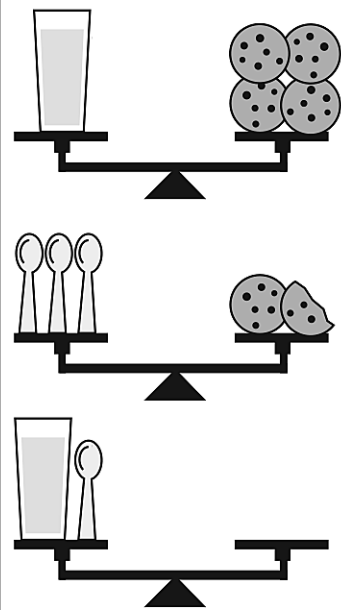
We got the lemons from the lemun tree in my backyard. We made signs and the neighbors let us put them in there yard.

Even our mail carrier, Molly, stopped for a kool glass of our delicious lemonade!

Lined writing area for proofreading corrections.

A "Weighty" Puzzle

One glass of lemonade weighs the same as four big cookies. If three spoons weigh the same as a cookie and a half, how much will a glass of lemonade and a spoon weigh?

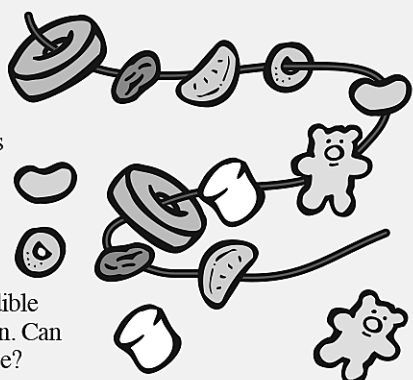


Kid Scoop Puzzler

Edible Jewels

They're fun to make and to eat! Thread some of your favorite treats onto a string of licorice. **Hint:** Use a toothpick to make a hole if necessary.

- Jewels to string:**
- Lifesavers
 - Cereal
 - Mini marshmallows
 - Raisins
 - Fruit snacks
 - Gum drops
 - Jelly beans



Jenny is making an edible necklace with a pattern. Can you finish her necklace?

Standards Link: Math/Data Analysis: Identify and extend simple patterns.

Double Double Word Search

LEMONADE
SAUCEPAN
CITRUS
SPOON
NECKLACE
COOKIES
RECIPE
SUGAR
CENTS
SCOOP
SYRUP
PUCKER
TREATS
CUPS
MATH

Find the words in the puzzle. How many of them can you find on this page?

S	T	A	E	R	T	C	N	L	E
C	E	N	T	S	O	O	E	E	C
O	P	M	A	O	O	D	R	R	A
O	I	O	K	P	A	N	E	A	L
P	C	I	S	N	E	A	K	G	K
D	E	E	O	S	T	C	C	U	C
S	R	M	C	I	T	R	U	S	E
T	E	S	P	U	C	A	P	A	N
L	M	A	T	H	P	U	R	Y	S

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

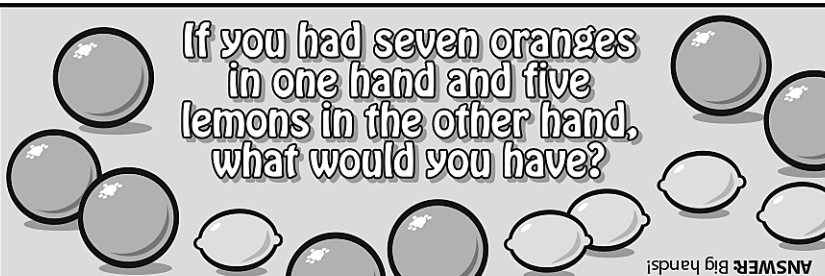
FROM THE LESSON LIBRARY

Good Cents Advertising

In order to attract customers, a business needs to advertise. Look through the newspaper at ads that you like. Then create an ad for a business you would like to own.

Standards Link: Writing Applications: Write brief expository descriptions.

If you had seven oranges in one hand and five lemons in the other hand, what would you have?



ANSWER: Big hands!

Write On!

How I Earn Money

Help other kids by sharing what you do to earn money. Your ideas may inspire others!

Trash Talk

BY THE PICKUP ARTIST

This is the 29th edition of Trash Talk, a column devoted to cleaning up our neighborhoods, our environment, and our outlook on life.

CONTEST – WIN A LAPTOP!

The contest is still open for your ideas on how to encourage others to care about our environment. Do you have any suggestions to improve recycling efforts? Your idea could win you a laptop computer, recycled of course.

The Prize

The winner will receive an ASUS laptop, model S550CA, with Windows 10. This is NOT a new computer. Keeping with the goal of recycling and reusing, this laptop was donated to find a good home for it. The laptop has a built-in camera and a touch-sensitive screen. It includes a CD/DVD player, a 1TB hard drive, and both VGA and HDMI ports. Connected to your TV, it can be used as a DVD player. Software is refurbished, the drive has been wiped and Windows 10 reinstalled. I'm sure someone can use it for internet research, homework, emails, video chats, and more.

The Contest

I want to get others excited about recycling and environmental issues. I'm looking for creative ideas on how to achieve these goals. Come up with a better way to recycle what we are now allowing to wash into the ocean. Entries will be judged on creativity and practical application. I would like to print as many entries as will fit into next month's column for readers to vote on.

Deadline for your ideas:

Thursday, August 24.

Who can enter? Anyone reading the Tri-City Voice.

Describe briefly (up to ~150 words) an original way to pick up or prevent littering, or otherwise help the environment. Pictures are optional but helpful. Possible topics, beyond the scope of "trash": Ways to discourage graffiti, preventing smash-and-grab car break-ins, illegal sideshows, catalytic converter thefts, protecting bees, butterflies and other pollinators, how to get owners to clean up after their pets.

You can enter as many times as you want.

Send your ideas to ThePickupArtist-KHCG@Outlook.com or use the QR code. By submitting your entry you're giving permission to Tri-City Voice to publish your idea.



Beat the Heat – for your Pets and Children!

The temperature inside a car can increase 20 degrees in 10 minutes! I read two stories last week about dogs dying in cars. According to the American Kennel Club, sweat plays a very small role in cooling down dogs. They rely on panting for most of their temperature regulation. When dogs pant, moisture from their tongues, nasal passages, and the lining of their lungs evaporates, cooling them down as air passes over moist tissue. At home, provide shade for your outdoor dogs, and access to plenty of water. There are self-refilling water dishes on the market. Maybe cut another hole in the doghouse for cross-ventilation.

Sometimes kids are forgotten in cars, too. Twenty-nine children died in hot-car deaths in 2018. It's a good habit to put your briefcase, purse, or cell phone in the back seat so you ALWAYS have to check it when you leave the car. At home, keep children indoors during the hottest part of the day or provide a shady play area. Small wading pools can provide fun and cool relief from the heat for both

children and adults. Don't forget to use sunscreen.

Beat the Heat – for YOU!

In a previous column, I touted the advantages of a whole-house fan. This is a great alternative to air-conditioning, and costs less to buy, install, and operate. With a reported shortage of capacitors for AC units, this idea may be even more relevant today.

A whole-house fan is mounted between the living space and attic, preferably in a central location. When the air outside is cooler than inside, open a few windows and turn the fan on. Cool night air will be pulled into the house. The air movement pulls stuffy indoor air from the house into the attic and forces the 140+ degree heat attic air out through the roof vents. This cools the inside of the house by stopping attic heat from radiating into the house. When it gets hotter outside than inside, shut off the fan and close the windows. The house should stay cooler for hours, depending on how well insulated the house is. Good attic insulation is highly recommended with either a whole-house fan or standard air conditioning. Right now, it's 71 degrees in our house and 87 outside.

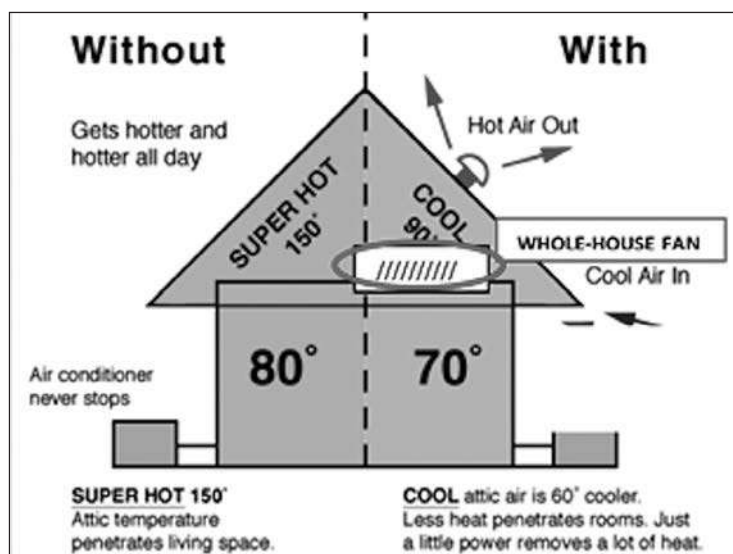
A whole-house fan uses 200-700 watts, while an air conditioner uses 2,000-5,000 watts. It will cost 90% less to run a whole-house fan than central air conditioning. For a two-minute video showing how this works, visit CentricAir's YouTube channel.

Quotes for today:

"Either you're growing or you're decaying; there's no middle ground. If you're standing still, you're decaying." Alan Arkin

Contact Information

Your comments and suggestions could be used in future Trash Talk columns. What's on your mind? Send comments to ThePickupArtist-KHCG@Outlook.com.



Wonders of Water

SUBMITTED BY STUDIO 11

Studio 11 in Union City is still accepting entries for their Summer Art Showcase "Wonders of Water." Artists of all ages are encouraged to submit their works showing appreciation for earth's most precious resource.

Examples of appropriate media / themes:

- Water protection / ocean conservation
- Photography featuring water sports, lakes, beaches, et
- Sculptures, pottery
- Landscapes
- Water color or acrylic paintings
- Mixed media
- Poems

Submissions are due by August 11, 2023.

An Art Showcase Reception will be held on Friday, August 25.

Wonders of Water Submission Deadline: August 11



Art Showcase Reception Friday, Aug 25 6 p.m. – 9 p.m.

Studio 11
34626 11 St., Union City
(510) 675-5445
unioncity.org/589/arts-culture-studio-11

TCNPC Presents Vera Packard on 'Managing Up, Down, Across & Yourself'

SUBMITTED BY
TCNPC CO-FOUNDER
TINA FERNANDEZ STECKLER



Join Tri-City Nonprofit Coalition's (TCNPC) free monthly Zoom meeting on Wednesday, August 9, 2023, from 6 p.m. to 7 p.m. as they welcome speaker Dr. Vera Packard, Certified Professional Career Coach and founder of Phoenix Life Coaching.

Most of us have heard or read statistics about job dissatisfaction, inability to achieve work/life balance, and burnout. The accompanying unhappiness can be incredibly daunting, which makes it hard to step back and reassess how our lives can be different.

TCNPC's August Zoom presentation will focus on taking steps toward positive change. Guest speaker Dr. Vera Packard's presentation, "Managing Up, Down, Across & Yourself" will help attendees gain valuable insights and actionable strategies to enhance their performance, foster teamwork, and achieve their goals effectively. Key topics include: effective communication, accountability and delegation, motivation for success, and enjoying the journey.

This free Zoom presentation is part of TCNPC's speaker series which covers topics unique to nonprofits, including management, development, fundraising, and more.

Dr. Vera Packard, a native of Brazil and a physician who specialized in breast cancer surgery, switched to leadership roles at two Bay Area nonprofits after relocating to the United States. Dr. Packard (who prefers to be addressed as "Vera,") has also taught English as a

second language and informally provided others with life and career guidance. Yet it wasn't until a significant life change – her move to Indiana – that Vera realized that helping others make life and career decisions was her true vocation, one that brings her joy.

As a life and career coach, Vera utilizes a powerful combination of support and guidance to empower others to embrace their potential, make meaningful changes, and step into a new career with renewed self-assurance and purpose. "I am," shared Dr. Packard, "both an accountability partner and a cheerleader. I am fully invested in my clients' journeys."

Join TCNPC and Dr. Vera Packard and find out how individualized support can help you explore possibilities and uncover paths that lead to a future of fulfillment and purpose.

Register at <https://tinyurl.com/TCNPCAug2023>. Questions? Contact <https://tcnpc.org/contact/>

Vera Packard on 'Managing Up, Down, Across & Yourself Wednesday, Aug 9 6 p.m. – 7 p.m. Online via Zoom
<https://tcnpc.org/contact/>
<https://tinyurl.com/TCNPCAug2023>

Carnatic Vocal Debut by Sinchana Nama

SUBMITTED BY
SURABI NAMA

"Music has allowed me to connect to myself and the world around me," says Sinchana Nama, a recent graduate from Mission San Jose High School (MSJHS) in Fremont. She will be presenting her Carnatic vocal debut concert on Saturday, August 6 at the Campbell Heritage Theater, accompanied by Rangashree Varadarajan on Violin and Amit Ranganathan on mridangam. Nama has been trained in Carnatic (South Indian classical) vocal music for over 13 years by Smt. Jayashree Varadarajan, Founder & Artistic Director of Sri Rama Lalitha Kala Mandir School of Fine Arts.

Nama's journey in Carnatic music began at the tender age of five, and since then, she has embraced her musical education with unwavering dedication. She has given several group and solo performances in the U.S. and India, including fundraisers for Non-Profit organizations such as "Aim for Seva" and "Nandalala."



Aside from Carnatic music, she is a trained pianist having completed all 10 levels of the Certificate of Merit program. She won first place in an International solo advanced-level piano competition in 2022 and had the opportunity to play her winning piece at the prestigious Carnegie Hall in New York. She also delivered a solo jazz vocal performance at Carnegie Hall last April. Nama has been an active member of MSJHS's Acapella singing group for the past three years and was a first-chair Flutist in the award-winning Hopkins Jr. High Concert Band.

Nama is also an active member of her community. She served as the President of Interact Club, the

high school chapter of Rotary International. Embracing their motto, "Service above self," she has organized a variety of fundraisers and service events helping the Carlton Senior Living Center, Abode Services Sunrise Village Emergency Shelter, and Washington Hospital, among others.

After graduating from MSJHS, she is thrilled to pursue a Bachelor of Science degree at the intersection of Art, Technology and Business.

Nama is excited to present her Carnatic vocal debut concert. This is an open event with no admission fee. Attend to encourage this budding young artist!

Sinchana Nama Carnatic Vocal Debut Saturday, Aug 6 4 p.m. Campbell Heritage Theater 1 West Campbell Ave., Campbell For information: Surabi Nama (510) 593-6689

LETTER TO THE EDITOR

New Mission San Jose Proposal

Bob Tavares' 7/25/23 Letter to the Editor mentions a development being planned for Mission San Jose's historic center. The proposal is called Villa Ellsworth (PLN2020-00170) and is located on the old McIvor's property between Ellsworth St. and Mission Blvd.

Before last year's fire at 43341 Mission Blvd., the plans showed renovating the two historic buildings on Mission Blvd. and packing in 14 three-story townhouses to replace the hardware store and the parking lot behind. A mixed-use building with commercial on the ground level and three flats on the second level would be next to the old 7-Eleven store on Ellsworth St. The developer plans to use the city-owned alleyway for access.

Both the application to demolish 43341 Mission Blvd. and the development application will be reviewed by the Historical Architectural Review Board (H.A.R.B.) Depending on H.A.R.B.'s decision on the demolition, new plans may be drawn up that put a new commercial building on Mission Blvd. right in the heart of the oldest part of Mission San Jose.

Contact the Planning Department, H.A.R.B., Planning Commission, and

City Council with your opinions. Email addresses can be found at shapeourfremont.com/contacts.html

Alice Cavette
Fremont



Join
Fremont Football & Cheer League
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Pasta Dinner
FUNDRAISER
EVENT

SATURDAY, AUGUST 5TH
DOORS OPEN AT 5:30 ~ DINNER SERVED 6-7:30PM

Elks Lodge #2121
38991 Farwell Dr, Fremont

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calling or texting Kelly 707-849-6794

Tickets:
\$15 Adults
\$12 Children
under 6 Free

Ticket Price Includes:
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and Dessert

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john@medfordteam.com 510-673-0686 www.MedfordTeam.com CalBRE# 01223788

Teen advocacy group's first art show

SUBMITTED BY MISSY BROOKS

nature, artistic traditions of unrepresented communities, and his own culture and personal identity. Before Bryan leaves for Savannah College of Art and Design in the Fall, he will have his first solo art show at TAGS.

Teen Advocacy Going Strong (TAGS) is proud to announce its first art show! On Sunday, August 6, the nonprofit will be highlighting the work of Bryan Mendez, a talented, upcoming artist. This multimedia show includes watercolor and acrylic paintings, graphite drawings and sculpture. The reception will include live music and refreshments. Admission is free and open to the public.

Come celebrate Bryan and support our local teens and young adults, we'd love to see you there!

Two years ago, Bryan moved to the Bay Area from El Salvador, and soon after walked into TAGS for a crystal wrapping workshop. A few months later he led his own workshop at TAGS, and joined the TAGS teen staff. It was a great fit because Bryan's leadership and love of community is part of his artistic practice.

He has displayed his interest in sculpture, painting, animation, and mural design by using TAGS as a platform where he has designed workshops for his peers, networked with local creatives, and empowered others to embrace their own personal journeys. He also showcases his artwork in the store, which is inspired by our connection to

TAGS is a local nonprofit, second-hand clothing store and creative workspace dedicated to serving teens and young adults. Through our programs, youth can learn entrepreneurial and creative skills while engaging in selling, upcycling and repurposing used clothing.

For more information email:
Info@teenadvocacy.org;
www.teenadvocacy.org
Facebook: TAGS
Instagram: TAGS_SL
TikTok: TAGS_510

TAGS Art Show
Saturday, August 6
6 p.m. -8 p.m.
1711 E. 14th Street,
San Leandro
www.teenadvocacy.org


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Bryon Mendez with his art work.

Home & Garden

Food for the Soul:

Sunday Dinner with Southern Flair

BY JOHN SCHINKEL

Sometimes I wonder if there's anything better than a weekend family dinner. It's a time to reconnect, catch up on gossip, and spend the quality time together that we get so little of. Recently, I had some friends over in lieu of family. The meal? Buttermilk fried chicken, Cajun red beans and rice, Old Bay Corn, and a baked cherry crumble for dessert using cherries I had frozen from my June cherry picking. It was a rich meal, but soul-warming through the company of friends and mutual enjoyment.

Food is comfort, culture, and nourishment for mind, body, and soul. Soul Food is defined as "cuisine traditionally high in proteins, carbohydrates and fried meat originating in the Southern United States." These meals are meant to be enjoyed once in a while, without concern about caloric content. Some other notable Soul Food dishes are mac and cheese, collard greens, mashed potatoes, gravy, biscuits, and candied Yams. These rich dishes are best enjoyed with a sweet beverage.

Fried chicken (which may be my favorite food) can be tricky to make the first few times, as when you search for a recipe you'll quickly learn the techniques are infinite. However, the end goal is the same: Tender, flavorful, crispy on the outside, juicy on the inside. Anything else just won't do!

I like to make buttermilk fried chicken, marinating seasoned chicken in buttermilk with shallot, jalapeño, and garlic overnight. The cultures in buttermilk tenderize the chicken and deliver the flavors from your seasoning throughout. Note: 24 hours is the maximum time to marinate; any longer and cultures will start breaking down the chicken.

An incredible side dish for fried chicken is Cajun Red Beans and Rice. This is a truly southern dish originating in Louisiana, packed with deep smoky flavors. Red (kidney) beans are soaked overnight and introduced to a cooked mixture of Andouille Sausage and The Trinity (Green bell pepper, onion, celery, garlic), and cooked slowly for three to four hours in stock with aromatics and a smoked ham hock. Your kitchen will smell incredible, and your patience will be rewarded.

Old Bay Corn is usually found in a seafood boil, but don't worry. You can make it by itself with three simple

ingredients: fresh corn, Old Bay, and salted butter. Throw all three in a pot, cover with water, and boil until done. There is no recipe – it's all to taste! Old Bay Seasoning gives corn so many new flavors, and for those that fear spice, the sweetness of the corn cancels it out.



I hope you'll give these recipes a shot, and add your own unique spins. After all, a good recipe is never finished. Enjoy!

Red Beans & Rice

Serves 6-8

Level: Easy



Ingredients

- 1 lb. red kidney beans
- Vegetable oil
- 6 Andouille Sausage Links
- 1 Large onion
- 1 Cup chopped celery
- 1 Cup green bell pepper
- 1 Head of garlic
- 2 Quarts of chicken broth/stock
- 1 Smoked ham hock
- 2 Bay leaves
- 1 tsp freshly ground black pepper
- 1 tsp dried thyme
- Hot sauce to taste (I use Crystal)
- 1 chicken bouillon cube
- 4 Cups cooked white rice
- Green onion for garnish

Directions

Soak beans in cold water and let stand overnight, covered. Prior to cooking, drain and rinse the soaked beans. Heat oil in a large pot on high heat, and cook sausage through. Add celery, onion, bell pepper into sausage and cook until soft and tender. The onions should be translucent. Stir in garlic and cook for an additional minute. Do not burn the garlic! Add remaining ingredients to the pot (except cooked rice and green onions) and simmer for three to four hours, stirring often. Serve with white rice and garnish with green onions.

- ½ tsp oregano
- ½ tsp sage
- ¼ tsp cayenne pepper



Buttermilk Fried Chicken

Yield: 1 Chicken

Level: Intermediate

Ingredients for the chicken:

- 1 Whole chicken carved into four breast pieces, two thighs, two drumsticks, and two wings
- 1 Quart buttermilk
- 2 tsp salt
- 2 tsp paprika
- 2 tsp smoked paprika
- ½ tsp thyme
- ½ tsp oregano
- ½ tsp sage
- ¼ tsp cayenne pepper
- 1 tbsp Dijon mustard
- 1 Fresh jalapeño (no seeds)
- 1 Shallot
- 5 Cloves of garlic
- Canola/vegetable oil for frying

For the Flour:

- 2 Cups all-purpose flour
- 2 tsp salt
- 2 tsp paprika
- 2 tsp garlic powder
- 2 tsp onion powder
- 2 tsp smoked paprika
- ½ tsp thyme

Rub all spices on the chicken and let sit for one hour in a bowl. Then add the jalapeño, shallot, and garlic cloves and cover just to the top with buttermilk. Mix well, and marinate in the fridge for at least eight hours. Preheat oven to 200F. Combine all ingredients in flour recipe and mix well with a fine whisk. Remove pieces of chicken one at a time and dredge in the mixture. Once all pieces are dredged, leave them out at room temperature for 30 minutes. Add oil to large cast iron skillet, filling no more than halfway. Heat oil to 350 and fry evenly on both sides, until chicken is golden brown and reaches and internal temperature of 165F. Transfer cooked chicken to a baking sheet with a wire rack and place in preheated oven for 15 minutes. Remove from oven and wait 10 minutes. Serve with your favorite hot sauce.

John Schinkel is a lifelong Fremont resident who completed his culinary education at Laney College in Oakland. He specializes in, and has a passion for French, Italian, and modern American cuisines. Professionally, he works in nonprofit development. His spare time is spent as President of the Rotary Club of Mission San Jose, Fremont Elks Lodge 2121, and the Washington Hospital Healthcare Foundation. John resides in Niles with his fiancé, Marty.



THE ACWD CONNECTION

August is National Water Quality Month



National Water Quality Month is a time to reflect on the importance of quality drinking water and the hard work behind the scenes to ensure a seamless delivery to your tap.

The results from thousands of analyses conducted on your drinking water show that it consistently met or surpassed all state and federal drinking water standards in 2022.

Read our 2022 annual Water Quality Report and learn more about your drinking water at www.acwd.org/2022CCR. If you would like a paper copy of the report mailed to you, please call (510) 668.6500.

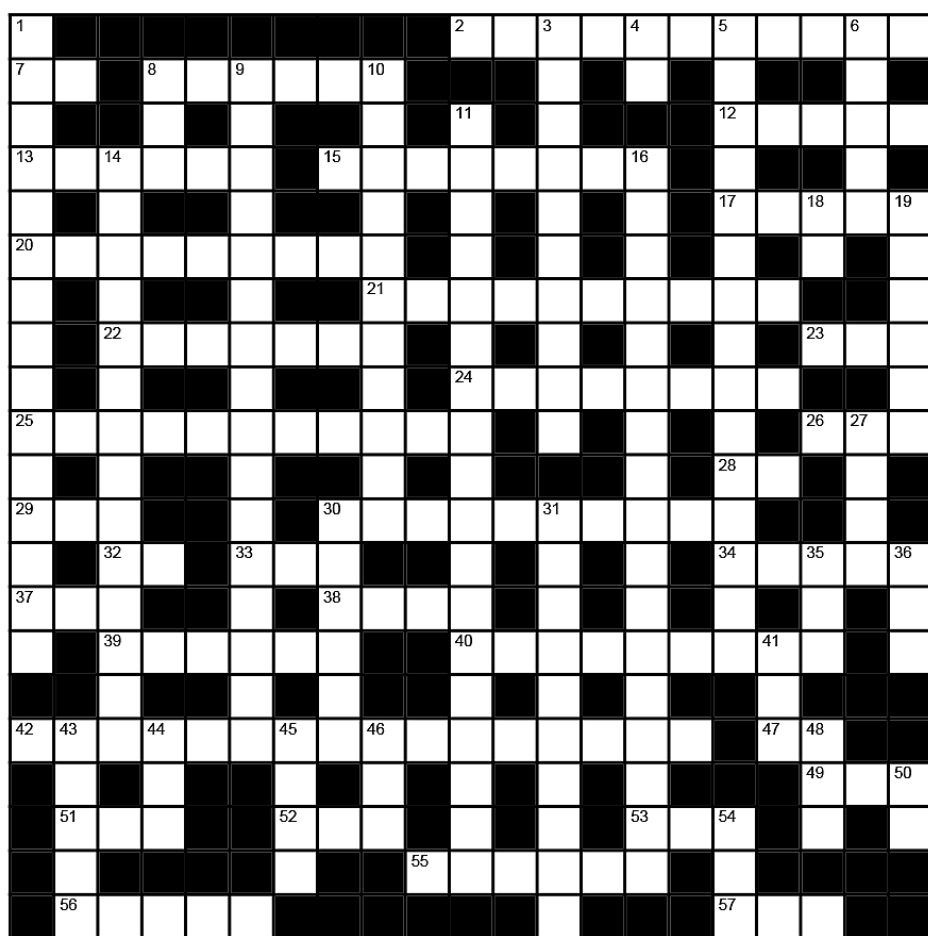


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Mind Twisters

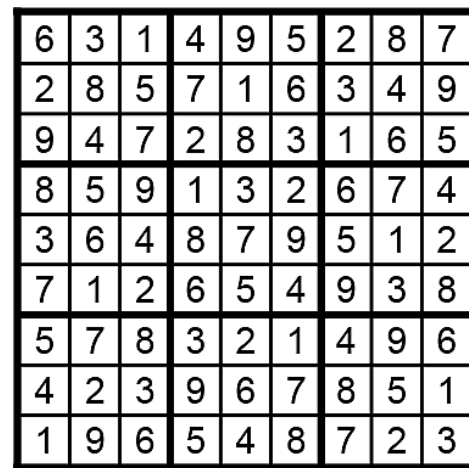
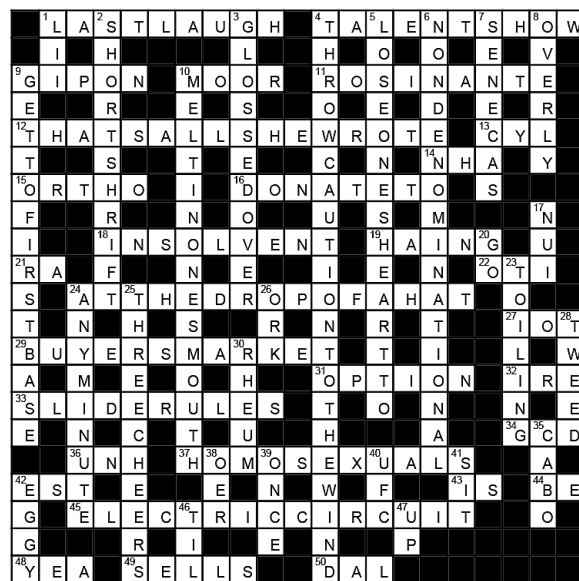
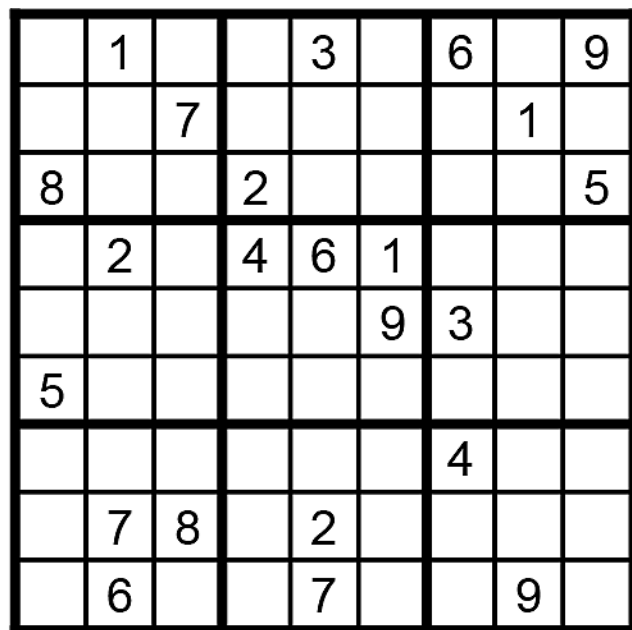
Crossword Puzzle



- | | | | | | |
|--------|--|----------------|--|--|---|
| Across | 40 | Least wide (9) | 11 | Exercise 6 (for attentive folks) (3,2,3,4,6) | |
| 2 | Monarchs, e.g. (11) | 42 | Banquet hors d'oeuvres (7,9) | 14 | News report that's not fake news? (7,7) |
| 7 | While (2) | 47 | Depart (2) | 16 | This puzzle's long-winded advice, simply put (4,6,3,4) |
| 8 | Leg bones (6) | 49 | "And I Love ___" (3) | 18 | *Part of Georgia named for a relative of baseball legend Ty (2) |
| 12 | Despot's duration (5) | 51 | It's a wrap (3) | 19 | Kicks out (6) |
| 13 | Famous face in London (3,3) | 52 | "China Beach" setting (3) | 27 | Old Celtic alphabet: Var. (4) |
| 15 | Suburban shopping destination (4-4) | 53 | Confounded (3) | 30 | Scribe starter |
| 17 | Ill-gotten gains (5) | 55 | Destroy (4,2) | 31 | They see what you're saying (3,7) |
| 20 | Doesn't have enough (4,5) | 56 | Like a punker's hair (5) | 35 | Army program: Abbr. (3) |
| 21 | Wallet holders (3,7) | 57 | "Paradise ___" (Garth Brooks number) (3) | 36 | Papal title: Abbr. (3) |
| 22 | Fire up (7) | Down | | 41 | Abbr. in British money (3) |
| 23 | There's one at each end of an alimentary tract (3) | 1 | Opera based on a play by Pierre Beaumarchais, with "The" (6,2,7) | 43 | Cross threads (5) |
| 24 | Biting pests (2-3-3) | 3 | Heavy underdog (5,5) | 44 | Arcade game that doesn't require the use of your hands, for short (3) |
| 25 | Aura (6,5) | 4 | "Captain ___" (1986 Michael Jackson role) (2) | 45 | Cluckers (4) |
| 26 | Sounds from Santa (3) | 5 | As a remembrance (3,3,5,4) | 46 | "A Nightmare on ___ Street" (3) |
| 28 | Therefore (2) | 6 | Garden tool (5) | 48 | "I finally get it!" (3) |
| 29 | Occupational suffix (3) | 8 | Successor org. to the KGB (3) | 50 | God of midday sun (2) |
| 30 | Men of La Mancha (10) | 9 | What C.P.A.'s wish for their clients? (4,5,7) | 54 | Biol., e.g. (3) |
| 32 | Toward (2) | 10 | Island where Napoleon was exiled (and died) (5,6) | | |
| 33 | A3 ___ (Audi model) (3) | | | | |
| 34 | Calla lilies (5) | | | | |
| 37 | Law, in Lyon (3) | | | | |
| 38 | Amble (4) | | | | |
| 39 | Divine (6) | | | | |

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: AUGUST 1, 2023

All Signs: Mercury will be retrograde from August 23 to September 15. However, Mercury slows down before that, hence my recommended "buffer dates" which are from August 10 to September 30. In reality, Mercury always moves forward, but three or four times a year it appears to go "backwards" relative to planet Earth. Mercury has domain over language and movement: cars, trucks, ideas and words. When Mercury is retrograde, these things tend to stall or glitch. (Each retrograde is in a different sign, so it affects you differently.) Fortunately, it's a wonderful time to finish old business. Important: Avoid buying pricey Mercury-related items like cars, cell phones, and computers during retrograde.

Aries the Ram (March 21-April 20):

This is a productive week! You will work hard and delegate to others. Very likely, whatever you do might boost your income. Meanwhile, the Full Moon on Tuesday could create problems dealing with your kids. It can also trigger problems with romance. (These problems might begin several days before Tuesday's Full Moon.) Patience is your best ally when you're dealing with emotionally, upset people. The good news is this weekend is a fabulous time to socialize! Friday is an amazing time for romance, and Saturday is fun city!

Taurus the Bull (April 21-May 20):

Home and family continue to be your top priority. Many of you are entertaining at home or redecorating. Mercury and Mars urge you to express your creativity and explore social outings, including sports and fun times with kids. Please note that as Mercury starts to slow down, you will likely hear from old flames and romantic partners from your past. Parents might hear from kids who have been AWOL. Tuesday's Full Moon creates a tug-of-war between home and family versus professional obligations. Plan for fun times Friday and Saturday.

Gemini the Twins (May 21-June 20):

Very soon, your ruler Mercury will start to slow down before it actually goes retrograde on August 23. Relatives you haven't seen for ages might be camped on your doorstep. However, Mercury retrograde energy will allow you to

settle family matters that have been up in the air for too long. Now is the time to wrap things up and solidify domestic plans. Be careful at the beginning of the week because Tuesday's Full Moon is accident-prone for your sign. Pay attention to everything you do and say.

Cancer the Crab (June 21-July 21):

You will feel the effects of this particular Mercury retrograde more than other signs because it's happening in your House of Communications, and that is the "home" of Mercury. This means that you can expect car problems and public transportation delays this month and next. Communications with others will be jinxed. Computer problems are likely. Missed appointments, tardiness and misunderstandings about meeting places will be exasperating. Don't freak out. Most of the problems of Mercury retrograde are minor, but they're annoying. On the upside, you can finish papers, coursework and learning projects.

Leo the Lion (July 22-August 22):

During this particular Mercury retrograde, checks in the mail will be late. Money and financial issues will stagnate. Tasks related to your possessions – dry-cleaning, mending, and repairing will grind to a halt. On the upside, this is a great time to finish financial matters that have been delayed. It will be easier to finish your To Do list versus starting new ventures. Don't forget that this weekend promises fun socializing! (It's possible to boost your income this week, as well.)

Virgo the Virgin (August 23-September 22):

This week you're happy to keep a low profile. Nevertheless, with your ruler Mercury in your sign, plus fiery Mars, you will surface now and then to express your views confidently. When your ruler Mercury goes retrograde this month, you will hear from ex-partners and old friends. Because this particular Mercury retrograde will be in your sign, you'll be frazzled because of misplaced items, mixed-up communications, missed appointments and silly errors. Fear not. This is a temporary thing while Mercury retrograde is in your sign. Use it productively by finishing old business.

Libra the Scales (September 23-October 22):

This is a popular time for you, which is why you're reaching out more than usual to contact friends and interact with clubs and organizations. In particular, your interest in creative, artistic people is stronger. Be diplomatic at the beginning of this week because the Full Moon on Tuesday might create problems with kids and romantic partners. Fortunately, this tension is gone by the end of the week, which will be a fabulous time to socialize! Meanwhile, this particular Mercury retrograde will help you to research and study history.

Scorpio the Scorpion (October 23-November 21):

Heads up at the beginning of this week because Tuesday's Full Moon might create some angst as energy builds up before the Full Moon peaks on Tuesday. You might feel pulled between the demands of home and family versus career or

reputation. You might find yourself at odds with a parent or authority figure. Handle this as gracefully as you can. Remember, you look good to others right now. Meanwhile, Mercury retrograde will start to attract old friends back into your life. Get ready for a fun-filled weekend starting on romantic Friday!

Sagittarius the Archer (November 22-December 21):

Starting today, you are floating along in an accident-prone "bubble." Be vigilant for your own safety and welfare, especially because you will be a bit impulsive right now. Meanwhile, this particular Mercury retrograde is taking place at the top of your chart, which means you will hear from old bosses, or parents or authority figures, even the police. You can use the influence of Mercury retrograde to finish a goal or project you've been putting off. Fun socializing this weekend!

Capricorn the Goat (December 22-January 19):

You might be ensnared in power struggles about shared property, taxes, debt ownership. They might involve finances or shared responsibilities. Something nasty might come to a head on Tuesday. Remember: Your first loss is your cheapest loss. Meanwhile, Mercury retrograde will be in the part of your chart associated with travel, education, legal matters, and medicine. You might experience delays or mixed-up communications. Double check details. Meanwhile, this weekend is a wonderful time to party. Friday is a romantic day and Saturday is just plain fun!

Aquarius the Water Bearer (January 20-February 18):

This week on Tuesday, there will be the only Full Moon in your sign all year. The build up to it is starting now. This is why you might be at odds with partners and close friends. Meanwhile, life is short. Don't waste your precious time embroiled in angry encounters with people who are important to you. The reason you feel strongly about issues is because these people matter to you. Meanwhile, Mercury retrograde might create delays in shared property and financial matters.

Pisces the Fish (February 19-March 20):

As this week begins, the buildup of energy before Tuesday's Full Moon might create problems with coworkers and issues related to pets or health. Stay chill. Meanwhile, Mercury is starting to slow down in a few days, before it goes retrograde this month, and this astrological phenomenon will attract ex-partners and spouses back into your world. Look your best when you go out because living well is the best revenge. Fun weekend ahead!



By Georgia Nicols
www.georgianicols.com

Home Sales Report

CASTRO VALLEY | TOTAL SALES: 9

Highest \$: 1,435,000 Median \$: 1,050,000
Lowest \$: 586,000 Average \$: 1,045,333

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
3264 Magdalena Place	94546	586,000	2	1458	1908	6/13/23
2305 Pomar Vista Ave	94546	625,000	3	1100	1942	6/14/23
4824 Seaview Avenue	94546	850,000	2	984	1952	6/13/23
22478 Cameron Street	94546	942,000	-	1427	1951	6/14/23
4841 Seaview Avenue	94546	1,050,000	3	1115	1951	6/13/23
17551 Mayflower Drive	94546	1,240,000	3	1637	1953	6/14/23
19562 Jaydine Street	94546	1,280,000	3	1637	1962	6/15/23
2547 La Don Court	94546	1,400,000	4	2674	1952	6/13/23
7230 Morton Place	94552	1,435,000	3	1550	2003	6/15/23

FREMONT | TOTAL SALES: 20

Highest \$: 5,725,000 Median \$: 1,232,750
Lowest \$: 450,000 Average \$: 1,618,100

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
37168 Meadowbrook Cmn #201	94536	450,000	1	934	1984	6/14/23
4547 Glenn Street #16	94536	515,000	2	964	1972	6/14/23
41868 Osgood Road	94539	664,000	3	1918	1952	6/13/23
34665 Tabu Ter #63	94555	765,000	2	892	1987	6/16/23
42111 Osgood Rd #430	94539	807,000	-	-	0	6/15/23
4855 Richland Ter #7	94555	814,000	2	930	1987	6/15/23
37106 Dondero Way	94536	935,000	3	933	1949	6/15/23
38888 Salmon Terrace	94536	1,070,000	3	1400	1995	6/13/23
45109 Enlighten Cmn #1005	94538	1,120,000	2	1502	2021	6/14/23
5225 Morris Way	94536	1,215,000	3	1265	1960	6/13/23
3638 Pintail Terrace	94555	1,250,500	2	1315	1989	6/16/23
4438 Richmond Avenue	94536	1,565,000	3	1782	1961	6/14/23
4439 Lancero Court	94536	1,570,000	4	1387	1966	6/14/23
1503 Bridges Court	94536	1,578,500	3	1487	1985	6/16/23
32483 Lake Mask Place	94555	1,588,000	4	1759	1975	6/16/23
5364 Matthew Terrace	94555	1,680,000	4	1762	1988	6/16/23
2357 Castillejo Way	94539	2,450,000	4	2292	1970	6/15/23
247 Fialia Court	94539	3,150,000	5	2848	1975	6/14/23
2772 Capitola Terrace	94539	3,450,000	4	3273	1995	6/16/23
45651 Montclair Ter	94539	5,725,000	4	7177	2006	6/14/23

HAYWARD | TOTAL SALES: 22

Highest \$: 2,250,000 Median \$: 863,000
Lowest \$: 520,000 Average \$: 960,545

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
4020 China Court	94542	520,000	2	722	1958	6/14/23
21739 Princeton St #3	94541	556,500	2	1024	1989	6/16/23
21103 Gary Drive #114a	94546	590,000	2	1100	1993	6/14/23
20373 Royal Avenue	94541	675,000	2	1221	2004	6/16/23
672 Atherton Place #507	94541	687,500	3	1224	1997	6/14/23
21103 Gary Drive #319e	94546	689,000	3	1354	1993	6/13/23
908 Pope Way	94545	710,000	3	959	1951	6/15/23
490 West Sunset Blvd	94541	780,000	2	844	1945	6/14/23
3220 Monika Lane	94541	789,000	3	1693	1980	6/14/23
2260 Romey Lane	94541	790,000	2	1100	1948	6/16/23
356 Saint George Street	94541	851,000	3	1329	1950	6/16/23
733 Hampton Road	94541	875,000	3	1570	1960	6/16/23
941 Westwood Street	94544	885,000	3	1160	1957	6/16/23
392 Westchester Street	94544	915,000	4	1461	1956	6/16/23
25655 Calaroga Avenue	94545	920,000	3	1181	1959	6/15/23

MILPITAS | TOTAL SALES: 6

Highest \$: 2,350,000 Median \$: 1,387,500
Lowest \$: 801,000 Average \$: 1,421,000

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
1921 Landess Avenue	95035	801,000	3	1216	1971	6/21/23
1516 Mccandless Drive	95035	1,100,000	2	1300	2014	6/23/23
537 Redwood Avenue	95035	1,350,000	3	1253	1960	6/23/23
986 Pescadero Street	95035	1,425,000	3	1262	1977	6/21/23
427 Sandhurst Drive	95035	1,500,000	3	1768	1997	6/23/23
1802 Pebble Beach Ct	95035	2,350,000	4	2309	1984	6/20/23

NEWARK | TOTAL SALES: 5

Highest \$: 1,550,000 Median \$: 1,400,000
Lowest \$: 940,000 Average \$: 1,288,000

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
6334 Jarvis Avenue	94560	940,000	2	1168	1986	6/15/23
36089 Spruce Street	94560	1,050,000	3	1240	1975	6/16/23
37056 Saint Christopher St	94560	1,400,000	3	1615	1958	6/16/23
35926 Ruschin Drive	94560	1,500,000	3	1365	1963	6/13/23
38481 Jacaranda Drive	94560	1,550,000	3	1426	1975	6/13/23

SAN LEANDRO | TOTAL SALES: 6

Highest \$: 880,000 Median \$: 821,500
Lowest \$: 730,000 Average \$: 814,167

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
1998 Wayne Avenue	94577	730,000	3	1475	1952	6/15/23
291 Farrelly Drive	94577	772,000	2	1277	1941	6/15/23
540 Lafayette Avenue	94577	805,000	3	1353	1938	6/16/23
1651 Burkhardt Avenue	94579	838,000	3	1567	1957	6/15/23
15281 Elvina Drive	94579	860,000	3	1251	1958	6/15/23
15069 Endicott Street	94579	880,000	4	1114	1949	6/13/23

SAN LORENZO | TOTAL SALES: 5

Highest \$: 950,000 Median \$: 930,000
Lowest \$: 750,000 Average \$: 880,600

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
595 Heritage Circle	94580	750,000	4	1451	2004	6/13/23
16126 Via Media	94580	838,000	3	1000	1944	6/13/23
1233 Bockman Rd #33	94580	930,000	4	1745	2017	6/13/23
1233 Bockman Rd #22	94580	935,000	4	1745	2017	6/16/23
1540 Bockman Road	94580	950,000	3	1712	1952	6/16/23

UNION CITY | TOTAL SALES: 7

Highest \$: 1,550,000 Median \$: 718,000
Lowest \$: 590,000 Average \$: 942,571

ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
2274 Eric Court #4	94587	590,000	3	1005	1977	6/16/23
35570 Monterra Ter #201	94587	656,000	2	1018	2001	6/16/23
4226 Comet Circle	94587	672,000	3	1255	1972	6/15/23
35560 Monterra Ter #101	94587	718,000	3	1200	2001	6/16/23
31154 Union City Blvd	94587	1,062,000	3	1461	1924	6/15/23
32254 Crest Lane	94587	1,350,000	4	1463	1971	6/16/23
32626 Kenita Way	94587	1,550,000	3	1738	1978	6/14/23

Tri-City History - Street Names #7: Rock Avenue

BY KELSEY CAMELLO, FOR THE WASHINGTON TOWNSHIP MUSEUM OF LOCAL HISTORY

Rock Avenue: A street in Fremont that runs west from Niles Boulevard to a dead-end at the railroad and Bart tracks.

Rock Avenue in the Niles area of Fremont is named for John Rock, a German-born immigrant who organized a nursery under the name California Nursery Company in the latter part of the 19th century. Aged 50 at the time, Rock

had already prospered in the world of agriculture: He'd been operating a successful business on Milpitas Road just outside San Jose for twenty years.

In fact, his introduction of prunes to the local agricultural scene marked history! Santa Clara County was considered “the prune capital of the world” because the area produced more prunes than any other place on the globe. The Imperial Prune was brought to the area by John Rock in 1886, and local prune production peaked in the 1930s. More information about this history can be found by visiting the Sunnyvale Heritage Park Museum.

Together with his business partner R.D. Fox, John Rock began a process of growing and testing which fruit varieties were best for the area. Imports came from Europe and Asia, and almost all the American origin fruits were tested as well. In 1936, George C. Roeding Jr. (then owner/operator of the California Nursery Company) remarked that the experimental work that had been done by Rock amounted to some of the most important contributions to commercial fruit production in the state.

For Rock and Fox, land became available further north – in Niles, where

they purchased a square mile of land. In 1884, growing operations were moved to the new location. In 1885, the double row of Canary Island Palms was planted. These trees still greet visitors entering California Nursery Historical Park (36501 Niles Blvd.) today. Rock also grew olives, figs, palms, evergreen trees, and roses. Valued at \$150,000 in 1900, Rock, at one time, operated the largest nursery on the west coast! That same year, he sold the property and the company. This was also the year of his death.

In 1917, the California Nursery Company in Niles was purchased by Goerge C. Roeding, but for now, the story of the Roeding Family, their history and their legacy will have to wait.

Thank you to all the people who have worked to uncover and save the history of John Rock and the California Nursery Company, including: Phil Holmes, Jill Singleton, The Roeding Family, Joyce Blueford, Janet Barton, Julie Cain, and many others!

Let's explore local history together! Have a topic or idea you'd like us to look into? Email us at info@museumoflocalhistory.org.



TREES AND PLANTS.
CALIFORNIA NURSERY CO.
 NILES, ALAMEDA COUNTY, CAL.
LARGEST STOCK ON THE PACIFIC COAST.
 Fruit Trees, Olives. Oranges and Lemons, Nut Trees,
 Wine and Table Grapes, Berry Plants, Shade Trees,
 Evergreens, Shrubs, Roses, Etc., Etc.
 FOR COMPLETE LIST, SEND FOR OUR NEW CATALOGUE.
JOHN ROCK, Manager. CALIFORNIA NURSERY CO.
 Niles, Alameda Co., Cal.

Fall ball is in the air

SUBMITTED BY
FREMONT-CENTERVILLE LITTLE LEAGUE

We are excited to announce Fremont Centerville Little League registration for Baseball is now open for the Fall 2023 season. We are asking you to register or login to our website at the link.

However, before registering, please visit <https://rb.gy/m5ulx> to make sure that your address or your child's school is within our league boundaries.

Registration Fees:

- Tee-Ball Division: \$80
- All Other Baseball Divisions: \$80
- Sibling Discount: \$10 discount for each additional sibling after November 15, 2022 (No Discount for Tee Ball)
- Scholarships available upon request

Tryouts:

No tryouts needed for Fall Ball as it is played on an instructional level

Questions?

Please contact, League President, Nanette Hamilton - president@fcllbaseball.com or Player Agent, Coleen Silva – playeragent@fcllbaseball.com

Fremont Football and Cheer Pasta Dinner

SUBMITTED BY
FREMONT FOOTBALL AND CHEER LEAGUE

Join Fremont Football and Cheer League for their first Pasta Dinner Fundraiser event on Saturday, August 5. The event

will be taking place at Elks Lodge in Fremont. Doors open at 5:30 p.m. and dinner will be served 6 p.m. – 7:30 p.m.

Ticket includes pasta, salad, bread, drink and dessert. Other activities taking place include bocce ball, silent auction, prizes, raffles, music and more. Reserve your table and purchase tickets by calling (707) 849-6794.

Pasta Dinner Fundraiser
Saturday, Aug 5
Doors open: 5:30 p.m.
Dinner served: 6:00 – 7:30 p.m.
 (707) 849-6794
Fremontfootball.org

Chanticleers Theatre presents *The Wolves*

SUBMITTED BY DAVID NEWMAN
PHOTOS COURTESY OF
CHANTICLEERS THEATRE

Chanticleers Theatre is excited to announce the third show in their 2023 season, a finalist for the 2017 Pulitzer Prize for Drama entitled *The Wolves*. Penned by American playwright Sarah DeLappe, this thrilling portrait of female adolescence revolves around a team of high school girls as they partake in weekly pre-game soccer warmups.

Says director Molly Aaronson-Gelb, "Just as *Who's Afraid of Virginia Woolf?* shocked its audience so much with its raw portrayal of a married couple and its use of language that it was passed over for the Pulitzer Prize, this

play shocks with the real-life experience of being a teenager in today's world of Instagram, college applications, and intensely competitive sports."

The Wolves pulls no punches. As part of the hyper-real theatre movement, the dialogue is brutally honest, a refreshing look at how teens talk when no adults are around to judge them. Their conversations take us on a whirlwind tour of the adolescent mind, covering a wide range of subjects, from bodily functions to genocide to friendships, all while juggling and passing a soccer ball on an indoor soccer field.

Says actor Skyelar Clouse, who plays #00 on the team, "*The Wolves* was one of the first scripts I read where I actually felt like I wasn't alone in my experience with

athletics, with high school, and with just being a teenage girl. The dialogue is raw, the stories are real, and it shows girls in their most authentic selves as constantly growing and changing individuals."

Actor Sara Guillen (#7) agrees. "So often teenage girls are an overlooked demographic, but this show shines a light on how complicated and messy and mean and loving and kind and three-dimensional they are."

The Wolves is a show not to be missed. More than just a powerful portrayal of teenage angst, it is, in the end, a celebration of life, with all of its beautiful chaos. Says Aaronson-Gelb, "*The Wolves* reminds us why theater matters. It allows us to have empathy for people we may not know, to feel the stakes of life as they do, viscerally."

Note: *The Wolves* contains mature language and subject matter. It is recommended for patrons 16+.

Tickets are \$30 for adults and \$25 for seniors and students. Patrons can make purchases at chanticleers.org or call (510) 733-5483.

The Wolves
Friday, Aug 4 – Sunday, Aug 27
Fridays & Saturdays: 8 p.m.
Sundays: 6 p.m.
Special Student Performance on 8/24 (\$10)
Chanticleers Theatre
3683 Quail Ave., Castro Valley
(510) 733-5483
www.chanticleers.org



continued from page 1

Celebrate the 732nd Anniversary of Switzerland!

Consulate General of Switzerland, Switzerland Tourism, and Trade Winds Aviation, and Bernese Mountain Dog Club of Northern California. Drop by the Consulate General of Switzerland / Switzerland Tourism's Booth for a chance to win a Swiss travel pass.

Choose from three lunch options when you reserve your ticket online. Additional food will be available for purchase from both the snack bar and vendors:

Food for purchase

- Bratwurst with Bread \$10
- Hot Dogs \$4
- Soft Pretzel \$5
- Baked Goods by Little Sky Bakery
- Chocolates by Canonica Artesian Chocolates
- Wine by Domaine Daradagny
- Spirits by 7 Seals Whiskey
- (Snack Bar will offer drinks and snack items)

Reserve your Early Bird admission and meal tickets by August 1, 2023. Prices go up August 2, 2023.



Tickets with lunch options (early bird and regular price)

- General Admission \$12 / \$15
- BBQ Chicken with creamy polenta and green salad \$22 / \$25
- Bratwurst Lunch with red cabbage Spätzle & cole slaw \$22 / \$25
- Vegetable Spätzle with cole slaw \$17 / \$20

Order online at www.aelplergruppe.com or at SwissNationalDay2023.eventbrite.com.

A general admission ticket is required for people 17 and older. For tickets ordered online by August 1st, pick up at Will Call on the day the event. For tickets ordered August 2nd and after, pick up tickets at the Ticket Sale Counter with a print out of your order.

No food, alcohol or pets may be brought into Swiss Park.



Swiss National Day
Saturday, Aug 5
11 a.m. – 4 p.m.
Swiss Park Newark
5911 Mowry Ave., Newark
www.unitedswissnorcal.org

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We Test All Vehicles!
2005 and newer cars only, Trucks, SUV's and Vans Extra.
Most Cars. With This Coupon Only. Expires 9/30/23

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FRONT OR REAR
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Most Cars. With This Coupon Only. Expires 9/30/23.

TRANSMISSION SERVICE

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• Check For Leaks
Some Vehicles Require Special Fluid At Extra Cost. Expires 9/30/23.

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\$34⁹⁵ + DISPOSAL FEE
Includes up to 5 quarts oil, oil filter, fill up on all fluids.
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On Check Engine Light Or Service Engine Soon Light. (If Work Is Done Here) Don't Ignore That "Check Engine" Light. It Could Be A Signal Of A Serious Problem.
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8 CYL **\$450⁰⁰**
12 MONTH OR 12,000 MILE WARRANTY Includes: Spark Plugs, Rotor, Distributor Cap, Air Filter, Check Timing, Check All Sensors, Computer Analysis, Check All Fluids.
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Most cars. Some vehicles require additional time. Please call for quote. Platinum plugs extra. Expires 9/30/23.

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Arts & Entertainment

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

CONTINUING EVENTS

Tuesdays

Poker Tournaments

6:00 pm
Weekly tournaments for beginner or a seasoned player
The Clubhouse Bistro & Bar
4020 Technology Pl., Fremont
(510) 651-2500
bit.ly/3GllRw1

First Tuesdays

Open Mic on the Labyrinth

6:30 pm - 8:00 pm
Share your music, poetry, comedy and spoken word
St. Anne's Episcopal Church
2791 Driscoll Rd., Fremont
(510) 490-0553

First and Third Tuesdays

Mobile Food Distribution with Tri-City Volunteers

11:30 am - 12:30 pm
Bring your own bag.
Fremont Adult School
4700 Calaveras Ave., Fremont
(510) 793-6465
tri-cityvolunteers.org/food

First Wednesdays

Talkin' Dirt R

7:00 pm - 8:00 pm
Online gathering of gardeners.
Local Ecology and Agriculture
Fremont (LEAF) Center
36501 Niles Blvd., Fremont
bit.ly/3UPp51i

Wednesdays

Ping Pong

1:00 pm - 3:00 pm
Activities for people with Parkinson
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7529
mtorrez@fremont.gov

Wednesdays

Zumba Gold \$

11:30 am - 12:30 pm
Workout while dancing
Age Well Center at South Fremont
47111 Mission Falls Ct., Fremont
(510) 742-7529

Wednesdays

Trivia Night R\$

6:30 pm - 8:30 pm
Play & win prizes
The Clubhouse Bistro & Bar
4020 Technology Pl., Fremont
(510) 651-2500
fremontclubhouse.com

Wednesdays

Tropics Bingo

7:00 pm
Flash games
Tropics Mobile Home Park
33000 Almaden Blvd., Union City
(510) 471-8550

Thursday -Sunday

Animal Feeding

3:00 pm - 3:30 pm
Feed livestock and learn about their favorite food.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757
Admission fee applies.

Thursdays & Saturdays

Story Time

10:30 am - 11:00 am
Picture book story time.
Banter Bookshop
3768 Capitol Ave. Ste. F, Fremont
(510) 565-1004
bit.ly/3VFpbz

Fridays and Saturdays

Telescope Viewings

7:30 pm - 10:30 pm
Experience the awe and wonder of the universe
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
bit.ly/3pehdLx

Saturdays

Laugh Track City \$

8:00 pm
Series of improvised games and scenes
Made Up Theatre
4000 Bay St. suite B., Fremont

(510) 573-3633
bit.ly/3HKIhsa

Saturdays

Sip & Shop Maker's Market \$

11:00 am - 3:00 pm
Enjoy delicious drinks while browsing offerings from local vendors!
Castro Valley Market Place
3295 Castro Valley Blvd.,
Castro Valley
(510) 901-1001
castrovalleymarketplace.com/calendars

First and Third Saturdays

Pacific Bus Museum \$

10:00 am - 2:00 pm
Open house
Pacific Bus Museum
37974 Shinn St., Fremont
bit.ly/41oKS25

Sundays - Saturdays

Summer Recreational Swim \$

Mon - Fri: 12:30 pm - 3:00 pm
Sat & Sun: 12:30 pm - 6:00 pm
Activity pool, waterslides, lazy river, and more
Silliman Activity and Family Aquatic Center
6800 Mowry Ave., Newark
(510) 578-4620
bit.ly/3nxo0is

Mondays & Thursdays

Fruit Tree Gleaning

9:00 am - 10:30 am
Donate fresh fruits from your garden.
LEAF CR Stone Garden
55 Mowry Ave., Fremont
bit.ly/42e4FIR
info@fremontleaf.org

Wednesdays, December 7 - November 22

Qi Gong Meditation & Exercise Classes

2:00 pm - 4:00 pm
Relieve Stress and anxiety by joining Falun Dafa classes
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
shorturl.at/gqZ49

Tuesdays, March 21 - December 19

Chess Mix

12:30 pm - 3:00 pm
Drop in for some casual chess games.
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
shorturl.at/ehsRS

Tuesdays, April 4 - September 5

LEGO® Time

3:00 pm - 4:30 pm
Create your own design using your imagination and engineering skills.
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
shorturl.at/hxBSU

Wednesdays, April 5 - September 6

Board Game Night

4:00 pm - 6:00 pm
Play board games with family, friends, or make new friends.
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
bit.ly/3VTzrhF

First Wednesday & Third Sunday, April 16 - November 19

Shinn House tour

1:00 pm - 3:00 pm
Visit Shinn House on a docent led tour
Shinn Historical Park and Arboretum
1251 Peralta Blvd., Fremont
(510) 790-5541
bit.ly/3TWli28

Mondays, April 17 - December 8

Job Lab

12:00 pm - 2:00 pm
One-on-one help for jobseekers.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
bit.ly/3mbW8Qz

Fridays & Saturdays, April 25 - August 31

Your Wildest Dreams, an exhibit

11:00 am - 3:00 pm
An exhibit of wildlife paintings by Rita Sklar.
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270

Wednesdays, April 26 - September 6

Manitas en Acción

4:00 pm - 5:30 pm
Reading out loud, learning about the culture, and other hands-on crafts in Spanish.
Newark Public Library
37055 Newark Blvd., Newark
(510) 284-0675

Thursdays, May 4 - August 24

French Conversation Circle R

2:00 pm - 3:45 pm
Practice your French.
Hayward Public Library
888 C St., Hayward
(510) 293-8685
bit.ly/HPLFrench23
wu@hayward-ca.gov

Fridays, May 5 - October 20

Fremont Street Eats \$

5:00 pm - 9:00 pm
Food trucks and community fun!
Fremont Downtown Event Center
3500 Capitol Ave., Fremont
(510) 742-7510
bit.ly/2VfuSgv

Friday & Saturday, May 26 - August 26

Hayward Live

4:00 pm - 8:00 pm
Music, art and much more for fun.
B Street, Hayward
hayward-ca.gov/hayward-live

Saturdays, May 27 - December 30

Divine Satsang Sabha

5:00 pm - 7:00 pm
Know techniques of living a virtuous, harmonious, & meaningful life
SMVS (Shri Swaminarayan Mandir)
36665 Cedar Blvd, Newark
(650) 585-5325
bit.ly/4380OGV

Monday - Friday, June 5 - August 18

Code Ninjas Union City R\$

9:00 am - 4:00 pm
Interactive learning experience for children who are interested in coding and STEM.
Code Ninjas
1772 Decoto Rd., Union City
(510) 585-9945
rb.gy/e6d1o

First Monday, June 5 - December 4

Teen Junk Journaling Workshop

5:45 pm - 6:45 pm
Learn the basics of junk journaling and start your own journal!
Hayward Public Library
888 C St., Hayward
(510) 293-8685
rb.gy/igtidy
emrys.holmes@hayward-ca.gov

Thursdays, June 8 - August 10

Connections Through Music (Special Needs Friendly)

4:30 pm - 5:30 pm
Inclusive musical experience for children ages 5-14.
Newark Public Library
37055 Newark Blvd., Newark
(510) 284-0675
rb.gy/8ttqt
newarklibrary@aclibrary.org

Saturday, June 10 - August 26

Computer Crew Teen Tech Help

2:00 pm - 4:00 pm
Meet one-on-one with a tutor to get assistance with basic tech issues.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
rb.gy/cmfw
castrovalley@aclibrary.org

Hayward Animal Shelter



510-293-7200

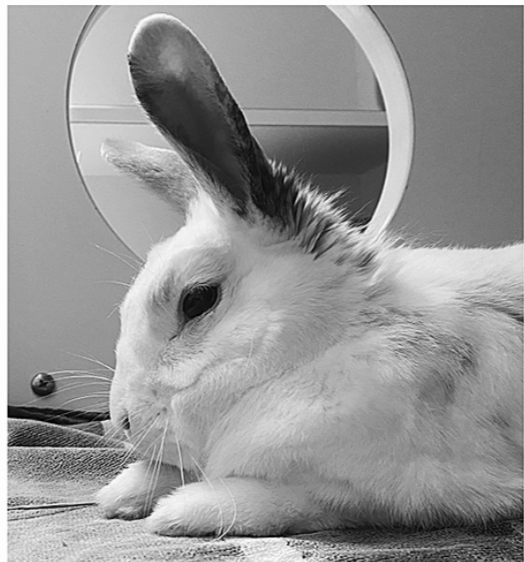
www.HaywardAnimals.com

16 Barnes Court, Hayward
(Near Soto & Jackson)

Connecting rescued animals
with loving homes!



Ostara is a 1 year old Short hair rabbit. Ostara is a sweet girl that is very social, and loves to be with people. Ostara shows her affection with how gentle she nudges hands and licks fingers. To adopt contact Hayward Animal shelter 510-293-7200.



Honey Lemon is a 1 year old Short hair rabbit. Honey Lemon is a calm bunny, she knows how to be lazy on those warm weekends. To adopt contact Hayward Animal shelter 510-293-7200.

Wednesday, June 13 - September 27**Little Listeners Storytime**

11:00 am - 11:45 am
Storytime for preschoolers
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
rb.gy/9lrx
sanlorenzo@aclibrary.org

Wednesday, June 14 - December 27**Little Bookworms Storytime**

11:30 am - 12:30 pm
Come read, sing, and be silly with us
Cherryland Community Center
278 Hampton Road, Hayward
(510) 626-8522
rb.gy/5nlam
sanlorenzo@aclibrary.org

Thursdays, June 15 - July 27**Game Day**

1:00 pm - 3:00 pm
Children and their families are invited for an afternoon of video games
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
rb.gy/xn27n
castrovalley@aclibrary.org

Monday - Friday, June 5 - August 18**Code Ninjas Fremont R\$**

9:00 am - 4:00 pm
Interactive learning experience for children (5-14) interested in coding and STEM.
Code Ninjas Fremont/Warmsprings
46525 Mission Blvd., Fremont
(510) 400-1466
rb.gy/w63ym

Thursday - Saturday, June 8 - August 5**I Dream of Color**

12:00 pm - 5:00 pm
Paintings and textiles by Jennifer Banzaca
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
rb.gy/ct6aq

Monday - Friday, July 10 - August 30**Arts & Letters Member show**

9:00 am - 5:00 pm
Art Reception: Saturday, August 19:
2 pm - 4 pm
Hayward City Hall (John O'Lague Galleria)
777 B St., Hayward
(510) 583-4000
haywardartscouncil.org

Tuesdays, July 11 - August 15**TAG/ Teen Tuesdays R**

4:00 pm - 6:00 pm
Play board games, join the Teen advisory group, make art and poetry, and meet other members.
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
rb.gy/pzayf

Wednesdays, July 12 - August 9**Family Storytime**

10:30 am - 11:00 am
Join us for family story time
Union City Library
34007 Alvarado-Niles Rd., Union City
(510) 745-1464
rb.gy/pfdll

Tuesdays, July 18 - August 29**Little Learners Storytime**

10:30 am - 11:00 am
Learn through stories, songs, and movement activities.
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
rb.gy/t448y
Tickets will be issued 15 minutes prior to the event.

Tuesdays, July 18 - September 5**LEGO® Time**

3:00 pm - 4:30 pm
Use your imagination and engineering skills to create your own LEGO® designs.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
rb.gy/107pa

Tuesdays, July 18 - November 28**Baby Bouncers Lapsit**

11:30 am - 12:00 pm
Baby and caregivers program including nursery rhymes, lap

bounce, body rhymes, songs, & picture books.

Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
rb.gy/lwm72

Wednesdays, July 19 - November 29**ESL Conversation Club**

3:00 pm - 4:00 pm
Improve your English skills and learn about other cultures.
Milpitas Public Library
160 N Main St., Milpitas
(408) 262-1171
rb.gy/tszda
dphillips@sccl.org

First & Third Friday, July 21 - December 15**Mobile Food Distribution**

10:30 am - 11:30 am
Food distribution for the first 80 families in attendance.
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1444
rb.gy/3s1qh
fremont@aclibrary.org
Please bring your own bag.

Saturdays, July 22 - August 26**Storywalk Along the Marsh**

3:00 pm - 3:30 pm
Join us for an outdoor story walk as we explore the wonders of the marsh
Coyote Hills Visitors Center
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
rb.gy/71ajw
Parking fees apply

Wednesdays and Thursdays, August 2 - August 10**Drop-in Origami**

4:00 pm - 5:00 pm
Learn how to make Origami (ages 6 - 12)
Newark Public Library
37055 Newark Blvd., Newark
(510) 284-0675
rb.gy/y3ahf

First and Third Wednesdays, August 2 - December 20**Golden Gatherings**

10:30 am - 12:00 pm
Gathering of the elders in golden years for casual conversations and calm, self-guided activities.
San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 284-0640
rb.gy/h1xtb
sanlorenzo@aclibrary.org

First Saturdays, August 5 - December 2**Music Hour at the Library**

2:30 pm - 3:30 pm
An hour of music by local musicians.
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 284-0685
shorturl.at/npY26
jstoner@aclibrary

UPCOMING EVENTS**Tuesday, August 1****Science for kids: Aerodynamics and Iteration!**

2:00 pm - 3:00 pm
Design a paper airplane and test their flying abilities. Ages 6 and up.
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
rb.gy/x7k80
fremontchildrens@aclibrary.org

Tuesday, August 1**Drummm: A Magical Journey**

11:00 am - 12:00 pm
Join Jeni Swedlow and the Drummm Squad for an interactive rhythm event
Union City Library
34007 Alvarado-Niles Rd., Union City
(510) 745-1464
rb.gy/704tp
unioncitylibrary@aclibrary.org

Wednesday, August 2**Moon Gardening**

6:00 pm - 7:30 pm
Garden by the light of the full moon. Gloves, tools, and good vibes will be provided.
Centerville library
3801 Nicolet Ave., Fremont
(510) 795-2629
t.ly/q3Oph
fremontneighborhood@aclibrary.org

Wednesday, August 2**Taste your way through Asia - Thailand R**

1:00 pm - 2:00 pm
Recreate the famous dessert, share and discuss the country's history, culture and food.
Newark Public Library
37055 Newark Blvd., Newark
(510) 284-0675
shorturl.at/fwNU4
newarklibrary@aclibrary.org

Wednesday, August 2**Summer Art X Mental Wellness Workshop**

11:15 am - 12:15 pm
Art and Mental wellness workshop for children grades 1-6.
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
rb.gy/h1xtb
fremontchildrens@aclibrary.org

Wednesday, August 2**Toddler Time**

10:30 am - 11:45 am
Let your tots hear stories, do some chores, and meet some farm friends.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
shorturl.at/ryHIQ
Admission fee applies.

Thursday, August 3**Pop-Up Recreation Day**

11:00 am - 12:00 pm
Sports, field day games, crafts, and other fun activities.
Brich Grove Park
38080 Birch St., Newark
shorturl.at/aeikt

Thursday, August 3**How to age safely in your home**

11:00 am - 12:00 pm
A presentation by the Health Insurance Counseling and Advocacy Program (HICAP) of Legal Assistance for Seniors.
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
tinyurl.com/8czuz7bx

Friday, August 4**First Friday: Colorful Constellations \$R**

6:00 pm - 10:00 pm
Understand the identity of the stars that make up the constellations
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
shorturl.at/gDI25

Friday, August 4**Teen Movie**

2:00 pm - 4:00 pm
Screening of "Spider-Man: Into the Spider-Verse" 2018 (PG)
Hayward Public Library
888 C St., Hayward
(510) 293-8685
shorturl.at/euCL2
ariana.nussbaum@hayward-ca.gov

Friday - Sunday, August 4 - August 6**Friends of the Library Book Sale \$**

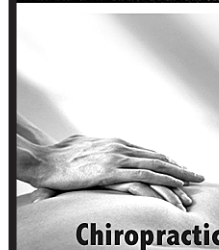
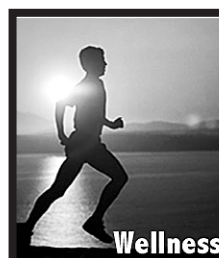
August 4: 6 pm - 8 pm (member preview sale)
August 5 and August 6: 10 am - 4 pm (pay \$5 only for bag full of items).
Castro Valley Library
3600 Norbridge Ave., Castro Valley
(510) 667-7900
t.ly/o-fBV
castrovalley@aclibrary.org

Saturday, August 5**The Little Red Hen**

12:30 pm - 1:30 pm
Read this classic tale and meet the main character in the flesh and feathers.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(888) 327-2757
shorturl.at/htNT2
Admission fee applies.

Saturday, August 5**Bird Walk**

9:00 am - 10:30 am
Discover patterns of behavior, migration, & habitat with other birders. Ages 8+.
Sunol Regional Wilderness Visitor Center
1895 Geary Rd., Sunol
(510) 544-3245
shorturl.at/xAQV1
Parking fee applies

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- * Neck, back & extremity pain
- Headaches

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New Patient Special
50% off Initial Visit With This Ad
Exp. 9/30/23

Janet Laney, D.C.

510-792-9000

6170 Thornton Ave., Ste H Newark

Saturday, August 5**Ohlone Cultures Info Table**

1:00 pm - 2:00 pm
Learn about the rich cultural history of the Ohlone peoples.
Sunol Regional Wilderness Visitor Center
1895 Geary Rd., Sunol
(510) 544-3245
shorturl.at/iqAD1
Parking fee applies.

Saturday, August 5**Big Buzz About Bees**

1:00 pm - 2:00 pm
Learn about the lives of bees, while seeing and touching all the parts of a working beehive.
Hayward Public Library
888 C St., Hayward
(510) 293-8685
shorturl.at/avxCV
Presenter: Sager Family Farm, Jennifer Verstrepen (510) 881-7945

Saturday, August 5**Splash Day R**

1:00 pm - 3:00 pm
Inflatable water slides, water games, ice SCREAM and tons of fun in the sun! Ages 13-17
Meek Park
240 Hampton Dr., Hayward
(510) 881-6700
haywardrec.org/REGISTER Class #25449
jwad@haywardrec.org

Saturday, August 5**Sheryn Regis at the historic Bal Theatre**

8:00 pm - 11:00 pm
Singing soulful pop and rock music
Historic BAL Theatre
14808 E 14th St., San Leandro
(510) 614-7700
shorturl.at/dftr1

Saturday, August 5**Saturday Movie Night \$R**

7:30 pm
"Orphans of the Strom"
Niles Essanay Silent Film Museum
37417 Niles Blvd., Fremont
(510) 494-1411
rb.gy/h1xtb

Saturday, August 5**Art Exhibition featuring Bryan O. Mendez**

6:00 pm - 8:00 pm
Art for sale, makers market, refreshment, and live music.
TAGS (Teen Advocacy Going Strong)
1711 E 14th St, San Leandro
shorturl.at/qAX15
missybrooks411@yahoo.com, info@teenadvocacy.org

Saturday - Sunday, August 5 - August 6**Fremont Festival of the Arts**

10:00 am - 4:00 pm
Featuring Art, Wine & Music, and other fun activities.
Downtown Fremont
Paseo Padre Parkway and Walnut Avenues
fremontfestival.net

Saturday, August 5**Sammy Obeid: Live in Fremont! \$R**

7:30 pm - 10:00 pm
Stand-up comedy.
Spin A Yarn Steakhouse
45915 Warm Spring Blvd., Fremont
(510) 656-9141
shorturl.at/csxOS

Saturday, August 5**Fremont Football and Cheer Pasta Dinner Fundraiser \$R**

05:30 pm - 07:30 pm
Bocce Ball, silent auction, prizes, raffles, music and more
Fremont Elks Lodge
38991 Farwell Dr., Fremont
(510) 797-2121
shorturl.at/uD025
Reservation: Kelly (707) 849-6794

Saturday, August 5**Campfire - Star Stories Around the World**

8:30 pm - 9:30 pm
Listen to the stories of the stars and look for constellations while enjoying s'mores
Dumbarton Quarry Campground
9400 Quarry Rd., Fremont
(510) 544-3213, (510) 544-3220
shorturl.at/dyV48
EBlackwood@ebparks.org

Saturday & Sunday, August 5 - August 6**Urban Cycling 101 R**

11:00 am - 1:00 pm
Day 1: Indoor workshop to learn basic rules of cycling.
Day 2: Practical Road skills including a group ride. Bring your bike, a helmet, and snacks, water, and sunscreen.
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
Registration link: Day 1: t.ly/rfR83, Day 2: t.ly/wp-7i

Sunday, August 6**Herbal Medicine: Maker's Class \$R**

10:30 am - 12:00 pm
Make practical medicines using herbs
Local Ecology and Agriculture Fremont (LEAF) Center
36501 Niles Blvd., Fremont
shorturl.at/zBNQT

Sunday, August 6**Native skies star stories**

2:00 pm - 3:00 pm
Native storyteller speaks about an Indigenous East Bay understanding of the sky and land.
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
shorturl.at/tzEJR

Sunday, August 6**Family Friendly Matinee - improv comedy show \$R**

3:00 pm - 4:30 pm
Improv games and scenes based on audience suggestions.
Made Up Theatre
4000 Bay St. suite B., Fremont
(510) 573-3633
shorturl.at/sDF89



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Contact Fudenna Bros. for more information

Phone: 510-657-6200

Email: customerservice@fudenna.com

Office located at 39823 Paseo Padre Pkwy. Fremont CA, 94538

Sunday, August 6

Clothespin Dolls

1:00 pm - 2:00 pm
Create and dress up your own doll out of clothespins
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont (888) 327-2757
shorturl.at/PQTV9
Admission fee applies

Sunday, August 6

Victorian Herbal Remedies

11:30 am - 12:30 pm
Explore the herbs in the garden and make your own herbal tea blend.
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont (888) 327-2757
shorturl.at/cEHU6

Tuesday, August 8

Eviction Information Workshop R

5:30 pm - 6:30 pm
Workshop to inform tenants about the typical eviction process.
Fremont Family Resource Center
39155 Liberty St., Fremont (510) 574-2000

shorturl.at/xGJLZ
Register: 510-574-2028

Tuesday, August 8

Nature to You with East Bay Regional Parks

10:30 am - 11:30 am
East Bay Regional Park District
Naturalists are bringing nature to you.
Union City Library
34007 Alvarado-Niles Rd., Union City (510) 745-1464
shorturl.at/oEFOR
unioncitylibrary@aclibrary.org

Tuesday, August 8

Let's Art Together - Special Effects with Watercolor Paints R

6:00 pm - 7:30 pm
An enjoyable evening experimenting with household items in watercolor painting.
Newark Public Library
37055 Newark Blvd., Newark

(510) 284-0675
shorturl.at/eDEL8
lisacarter@aclibrary.org
Registration starts from Tuesday, Aug 1.

Tuesday, August 8

FIFA Library Cup

2:00 pm - 5:00 pm
Come in, relax, and play FIFA in the teen zone!
San Lorenzo Library
395 Paseo Grande, San Lorenzo (510) 284-0640
shorturl.at/wNU13
sanlorenzo@aclibrary.org

Tuesday, August 8

Eli Lev at the Bistro
7:00 pm
Eli Lev originals and covers.
The Bistro
1001 B St., Hayward (510) 833-3470
shorturl.at/duzKR

Summer Outdoor Movies

Family Movie Nights
Bring lawn chairs, blankets, snacks

August 8
8 p.m.
Hotel Transylvania: Transformania
Washington Manor Park

www.sanleandro.org/377/Recreation-Human-Services

Free Outdoor Movies

8 p.m.
Bring picnic dinner, low-back chairs or blankets, and flashlights

August 18
Turning Red
Castro Valley Community Park

September 8
Hotel Transylvania 4
Meek Park

www.haywardrec.org

Classic Movies Under the Stars

\$5 Barbara Lee Senior Center Member; \$10 Non-Member
Register online or at the Senior Center

August 18
8:30 p.m.
Grease (1978)
Barbara Lee Senior Center

www.milpitas.gov

Summer Concerts

Milpitas Summer Concert Series

6:30 p.m. - 8:30 p.m.
Free admission

August 4
Billy Martini Show
Milpitas Sports Center Complex
1325 E Calaveras Blvd.

August 5
Other People's Money
Milpitas Sports Center Complex
1325 E Calaveras Blvd.

www.milpitas.gov/milpitas/departments/recreation-services

Groovin' at the Grove

Fridays; 5:00 p.m. - 7:30 p.m.
4 p.m. Gates Open
Bring a blanket or low-backed chair

July 28

5 p.m. OMT Band
6 p.m. Tortilla Soup

Shirley Sisk Grove, NewPark Mall
2086 NewPark Mall Rd., Newark
<https://www.newark.org/>

Central Park Summer Concert Series

6 p.m. - 8 p.m.

August 3 - Idea Band
August 10 - Flock of Seagirls

Central Park Performance Pavilion
40204 Paseo Padre Pkwy, Fremont (510) 790-5541
www.fremont.gov

Niles Concerts on the Plaza

Saturdays; 4 p.m. - 8 p.m.

August 5 - The Coffis Brothers with Anthony Arya
September 9 - David Luning with The Hurricane Roses
October 7 - Jinx Jones & the Kingtones with Three on the Tree

Niles Town Plaza
37592 Niles Blvd., Fremont
niles.org

H.A.R.D and Hayward Odd Fellows Summer Concert Series

Sundays, August 6 - September 24
1 p.m. - 4 p.m.
(no concert September 3)

August 6 - The Collective, Gravity +4, and Karen Soo Hoo
August 13 - The Giant Garage Spiders
August 20 - 3 O'Clock Jump, Memphis Blues Project, and Degeneration Nation
August 27 - Kari & the SweetSpots, Dee Smith & Friends, and Karen Soo Hoo
September 17 - Oasis Big Band, East Bay Youth Orchestra, and In Full Swing
September 24 - Hayward High School Marching Band & Jazz Band, and East Bay Symphonic Band

Hayward Memorial Park
24176 Mission Blvd., Hayward

New heat pump water heaters work toward city's clean energy goals

SUBMITTED BY
CITY OF HAYWARD

electricity available to heat your water.

In 2022, the City of Hayward partnered with PG&E and Willdan to replace nineteen natural gas-fired water heaters with electric heat pump models across several city facilities including the fire stations, main police station, and Weekes Library.

Heat pump technology works by extracting heat from the surrounding air. As a result, Heat Powered Water Heaters (HPWHs) are up to four times more efficient than their gas-powered counterparts, allowing water to be heated with less energy. If you are on a time-of-use (TOU) rate plan, you can schedule a HPWH to heat up during off-peak times so the water heater uses the lowest-cost

Installing electric appliances like heat pump water heaters (HPWH) is an important step toward reducing greenhouse gas emissions and addressing climate change. In total, the nineteen HPWHs will save the City an estimated 80 metric tons of CO2 (14,993 therms) per year. This is the equivalent of taking nearly 18 cars off the road for a year.

Incentives from East Bay Community Energy and BayREN are available to help customers save thousands on their HPWH upgrades. For more information and resources about the benefits of electric appliances, please visit The Switch Is On (switchison.org).

www.hayward-ca.gov

Community Bulletin Board

**10 lines/\$10/ 10 Weeks
\$50/Year**

510-494-1999 tricityvoice@aol.com

	<p>FREMONT COIN CLUB Established 1971 Meets 2nd Tues in person 7pm Meets 4th Tues with Zoom 7pm Holy Trinity Lutheran Church 38801 Blacow Rd, Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365</p>		<p>Shout out to your community Our readers can post information including: Activities Announcements For sale Garage sales Group meetings Lost and found For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance. Payment is for one posting</p>	<p>only. Any change will be considered a new posting and incur a new fee. The "NO" List: • No commercial announcements, services or sales • No personal services (escort services, dating services, etc.) • No sale items over \$100 value • No automobile or real estate sales • No animal sales (non-profit humane organization adoptions accepted) • No P.O. boxes unless physical address is verified by TCV</p>
<p>Are you troubled by someone else's drinking? Al-Anon and Alateen Family Groups are here to help! Al-Anon has but one purpose, to help families and friends of Alcoholics. We have in-person and zoom meetings. Visit https://alanond17.weebly.com/ for a full meeting list. You can also email easyduz@gmail.com or call us at 510.276.2270 for more info.</p>		<p>A-1 Comm. Housing Svcs. A HUD Approved Agency 1st Time Home Buyers Workshop Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227</p>	<p>10th Annual Larry O Car Show Saturday, August 12 9:00 AM - 3:00 PM Ruggieri Senior Center 33997 Alvarado-Niles Rd. UC Drawing, Prizes, Food Trucks & More!! FREE Admission Classic, Custom Cars, Trucks & Hot Rods - From the 1920's - 1970's Will be on display Music by Mr. Extremo Limited Space - Register 510-675-5495 Proceeds benefit Ruggieri Senior Center</p>	<p>SAN LEANDRO HISTORICAL RAILWAY SOCIETY is open to the public each Saturday from 9 am to 1 pm. Located at 1302 Orchard Ave, San Leandro, Ca. Outdoor & indoor model trains will be in operation. Information: Eugene 510 963-2965 Model train donations: Bob 510 566-3499</p>
<p>FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT, CA We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigrations status. Check out our website: www.firstchurchfremont.org See our website to meet us on Zoom</p>		<p>Scholarships for Women Fremont PEO/UF sponsors scholarships for women entering college, earning another degree, returning after 2+ years. 2% education loans. www.peocalifornia.org peouf150@gmail.com</p>	<p>President's Distinguished Club Newark Toastmasters can help you improve your speaking and leadership skills. We meet via Zoom every Tuesday 7 am - 8 am It's FREE to attend as a guest. Info: wmfitts@yahoo.com proficka@gmail.com www.1118.toastmastersclubs.org</p>	
			<p>THE HISTORIC SHINN HOUSE 1251 Peralta Blvd, Fremont, CA Open for public tours \$4 adults, \$2 Children (7-13) on the: First Wednesday of each month, and Third Sunday of each month from 1 PM to 4 PM. Groups of six or more need to make a reservation Groups of five or less are welcome without a reservation We will enforce current local CDC Guidelines All tours are Docent led and last about one hour. More information and large group reservations call: (510) 795-0891</p>	
<p>Memorial Lutheran Chapel for the Deaf (MLCD) MLCD is an independent congregation in partnership with Prince of Peace Lutheran Church and School. Location: Prince of Peace Lutheran Church and School (Meeting in Mosley Chapel) 38451 Fremont Blvd., Fremont, CA Sunday Bible Study: 9:30 a.m. - Sunday Worship: 11:00 a.m. Church Office: 510-499-8473 or 510-516-9566 Email: mlcdeaf@yahoo.com OR gomez.andylorena@sbcglobal.net You can find us at: Memorial Lutheran Chapel for the Deaf-YouTube "Where people gather...to worship, learn and share the love of Jesus"</p>		<p>The Friendship Force of the San Francisco Bay Area Experience a country and its culture with local hosts; meet global visitors. Guests from Chile in 2023 Many outbound trip possibilities Enjoy our many Bay Area events. www.ffsfba.org www.friendshipforce.org Call or text 510-363-0531</p>	<p>NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES protecting and preserving your benefits Meets at Noon the 4th Friday at Fremont's Age Well Center at Lake Elizabeth Come meet new and old friends, discuss developments regarding your benefits, share your experience and knowledge and get involved. For info: www.NARFE.org or 800-456-8410 (5am-2pm PT M-F) or leave msg for Jeannie at 510-792-6327</p>	
<p>TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 - Cards & Games 11:30 - Lunch 1:00 - Program & Meeting Group meeting monthly/bimonthly; bridge, lunch bunch, Rummikub, bocce ball & book club. For more info, call 916-217-3074</p>	<p>Want to see a collection of vintage buses? Visit the Pacific Bus Museum in Fremont at 37974 Shinn Street. View and explore these antiques which were built from 1932 to 1995. Open the first and third Saturday of every month from 10am to 2pm. Children always welcome. www.pacbus.org</p>	<p>First church of Christ Scientist, Church Service English at 10 AM Lección Sermon leído A las 11.15 AM EN ESPAÑOL 1351 Driscoll Rd Fremont ALL WELCOME! BIENVENIDOS TODOS W E L C O M E</p>	<p>NEIGHBORHOOD BLOCK SALE Garage Sale AUGUST 19 - 20 8AM-5PM STREET PARTICIPANTS Hampshire Way Robin St. Drury Ct. Robin Ct. Victoria Ave. Stratford Ave. Giriffith Ave. Hedgewick Ave. Wadsworth Ct. Sundale Dr. Blacow Rd. and More</p>	
<p>Fremont Cribbage Club Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 5PM. at BRONCO BILLY'S PIZZA at 41200 Blacow Road, Fremont We welcome experienced players and will work with new players hoping to learn the game. Email: Accgr43@gmail.com For more information.</p>	<p>LOVE to WRITE? WANT to WRITE? WRITER'S BLOCK? Fremont Area Writers (FAW) is here to HELP! Zoom meeting 4th Saturday of the month (off July & Dec) 2:00-4:00 PM Great speakers! * All genres! * Critique groups available! Email scottfrombayside@yahoo.com for Zoom link before the meeting. Writers' Salon meets 4th Monday of the month (occasional exceptions) Join us via Zoom 7:00-9:00 PM Read, discuss or just listen. Email up.dragonfly.com@gmail.com for Zoom link before the meeting. Everyone is welcome! www.cwc-fremontareawriters.org</p>		<p>NEWARK TROOP NEWARK TROOP 186 is looking for 6th - 12th grade boys to join us in amazing wilderness adventures, merit badge training, community service, and more! Email the troop at EvelynMarieLittle@gmail.com for more info or join us Mondays at 7:15pm at the First Presbyterian Church in Newark"</p>	
<p>SENIOR SOCIAL ACTIVITIES Friendly & fun group open to men & women. Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more. Free newsletter. For information 925-803-1313 510-303-1055</p>		<p>Neighborhood Garage Sale ANTIQUE-VINTAGE-USED-NEW AUGUST 19 - 20 8AM-5PM Furniture, Housewares, Glassware, Collectibles, Craft Supplies, GIFT ITEMS. 4619 Hampshire Way, Fremont</p>	<p>CALLING ALL GARAGE SELLERS! Ohlone College Flea Market Garage Sellers promotion: buy 1 market and get the second market at half price between July and December 2023. No permit is needed for your first 2 markets. The Ohlone College Flea Market is on the 2nd Saturday of every month, for more info contact fleamarket@ohlone.edu or 510-659-6285.</p>	
<p>A-1 Comm. Housing Svcs. A HUD Approved Agency Credit and Money Mgmt. Workshop Presented on Zoom For dates, go to our website Please register at www.a1chs.org call 510.674.9227</p>	<p>BINGO BINGO BINGO Niles Canyon Mobile Estates 711 Old Canyon Road, Fremont (Niles District) The FIRST MONDAY of Every month in 2023 Doors Open @ 6:00 PM Games Start @ 7:00 PM \$7.00 - 6 pack; \$1.00 Bonanza; \$1.00 Blackout; \$1.00 Hot Ball; \$2.00 Daubers</p>			
	<p>Ohlone College Flea Market 2nd Saturday of every month 9AM - 3PM Free Admission Free Parking in Lot C ONLY! Hunt for treasures, find unexpected bargains and deals nestled in the lovely Fremont Hills.</p>	<p>Afro-American Cultural & Historical Society Sharing our culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday 5:30-7:30pm begin in October Newark Library 37101Newark Blvd. Newark 510-793-8181 aachstricity.org</p>		

OPINION

TRI-CITY VOICE
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What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE™

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Weather or not



WILLIAM MARSHAK

"If you really think that the environment is less important than the economy, try holding your breath while you count your money."

– Guy McPherson

A few months ago, national attention was focused on the torrential rain and resulting floods that engulfed California. Now it is our turn to watch equally impressive flooding on the East Coast and heat waves that are shattering records throughout the country (and world).. Areas such as Phoenix, Arizona have created heat sinks that collect extreme temperatures during the day and retain much of it at night. Concentration of buildings, pavement and concrete are no longer balanced by nature's defenses of trees and

open space. In other areas, valuable open space that allows the Earth to breathe and our ecosystem to thrive are choked by urban growth. To complicate matters, drastic weather changes are exacerbating political and economic hardships around the globe that promote mass emigration.

Through dire predictions of global warming and collapse of our life-sustaining ecosystem, there is some hope. Although there are naysayers who refuse to acknowledge more and more obvious physical manifestations of global warming, the impact of weather patterns on our economic and emotional well-being is inescapable. As governments quibble over who is responsible and who should pay to reverse the wanton use of natural resources, we can take action on the local scene. One is the preservation of our trees and open spaces. Fremont recently received a report (Fremont Urban Forest Management Plan) that outlined the condition of its "urban forest" and remedial actions to support and enlarge its trees... natural air filters and climate modifiers. The plan detailed types of trees, condition and aging of the urban forest in the city.

Although there is much more to global warming than urban forestry, care and proliferation of our urban forest is something we, as individual residents, can do to help our environment. The first step is to read the Urban Forest Management Plan at the Fremont.gov website to fully understand the issue (This can be a guide for all

communities, not just Fremont). If motivated, contact your city to inquire about tree-planting events or the type of trees best suited for your property, if space permits. Is your city a "Tree City"? If so, how can you help to retain that title and if not, what can you do to help your city become a Tree City. Another resource is the Arbor Day Foundation that promotes tree planting on a larger scale.

Massive, existential challenges such as climate change can be overwhelming and far exceed an individual's ability to influence the outcome of national and international debates. However, solutions can start with local efforts, even a single tree. After all, so far we haven't found another like planet or the means to go to it if we destroy the one we live on.

"We do not inherit the earth from our ancestors. We borrow it from our children."

– Native American Proverb

William Marshak
PUBLISHER

THE ROBOT REPORT

NVIDIA's RVT can learn new tasks after just 10 demos

BY BRIANNA WESSLING

PHOTO COURTESY OF NVIDIA

NVIDIA Robotics Research has announced new work that combines text prompts, video input, and simulation to more efficiently teach robots how to perform manipulation tasks, like opening drawers, dispensing soap, or stacking blocks, in real life.

Generally, methods of 3D object manipulation perform better when they build an explicit 3D representation rather than only relying on camera images. NVIDIA wanted to find a method of doing that with less computing costs and an easier way to scale than explicit 3D representations like voxels. To do so, the company used a type of neural network called a multi-view transformer to create virtual views from the camera input.

The team's multi-view transformer, Robotic View Transformer (RVT), is both scalable and accurate. RVT takes camera images and task language descriptions as inputs and predicts the gripper pose action. In simulations, NVIDIA's research team found that just one RVT model can work well across 18 RL Bench tasks with 249 task variations.



The trainable Transformer manufacturing robot

The model can perform a variety of manipulation tasks in the real world with around 10 demonstrations per task. The team trained a single RVT model from real-world data and an RVT model from RL Bench simulation data. In both settings, the single-trained RVT model was used to evaluate the performance on all tasks.

The Team found that RVT had a 26% higher relative success rate than existing state-of-the-art models. RVT isn't just more successful than other models, it can also learn faster than traditional models. NVIDIA's model trains 36 times faster than PerAct, an end-to-end behavior-cloning agent that can learn a single-conditioned policy for 18 RL Bench tasks with 249 unique variations, and achieves 2.3 times the inference speed of PerAct.

While RVT was able to outperform similar models, it does come with some limitations that NVIDIA would like to look into further. For example, the team explored various view options for RVT and landed on an option that worked well across tasks, but in the future, the team would like to better optimize view specification using learned data.

RVT, and explicit voxel-based methods, also require extrinsics to be calibrated from the camera to the robot base, and in the future, the team would like to explore extensions that remove this constraint.

Brianna Wessling is an Associate Editor, Robotics, WTWH Media.

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continued from page 1

Oakland Zoo and TCHO Chocolate Reveal 'Beary' Delicious Collaboration

sustainability, the 'Grizzly Berry' is 100% plant-based, 66% cacao chocolate and it is infused with blackberries and blueberries in homage to the actual diet of a grizzly bear.

"The Oakland Zoo is a best-in-its-class zoo located right

here in the East Bay, and with this chocolate bar we set out to celebrate the good work that they're doing while also celebrating the very animal that's on our [California] state flag," said TCHO Chief Chocolate Maker Brad Kintzer.



During the event, Kintzer gave guests a tour of the factory's inner workings, presenting a raw cocoa bean from South America before demonstrating the storage, melting, mixing and packaging processes of the chocolate.

Founded in 2004 by NASA scientist Timothy Childs and German chocolatier Karl Bittong (and operated by WIRED magazine founders Louis Rossetto and Jane Metcalfe from 2007 to 2014), TCHO Chocolate has since used cutting-edge technology to manufacture its products while also financially empowering its suppliers from countries such as Peru, Ghana and Madagascar.

"Sourcing our chocolate sustainably and responsibly from our farming partners [in South America, the Caribbean, and Africa] is integral to our mission of preserving ecosystems," added Kintzer. "The sale of this chocolate not only empowers the local farmers and their communities but it ensures that thousands of acres of rainforest and vegetation remain intact."

For Oakland Zoo, this collaboration launch is just the start of many initiatives geared toward bringing East Bay residents to zoos while also understanding the importance of conservation.

"We hope that with collaborations such as these that



TCHO Chocolate Chief Chocolate Maker Brad Kintzer with melting blocks of Ghanaian chocolate extract

we tell a story about the very species we care for and how we're working to save them from extinction," concluded Dehejia.

"Once we learn that story of rescue, we can better appreciate the species that we share this planet with and learn to coexist with them while doing so in a fun, playful manner."

TCHO Chocolate's "Grizzly Berry" bar is for sale at the

Oakland Zoo gift shop and TCHO.com. Each bar costs \$11.99 and 10% of sales go back to Oakland Zoo and the Conservation Society of California.

Oakland Zoo
oaklandzoo.org

TCHO Chocolate
tcho.com

Honor Roll

Tufts University

Spring 2023 Dean's List

- Brian Fu of Fremont
- Fernanda Gonzalez of Hayward
- Riddhi Joshi of Fremont
- Ellyn Xu of Fremont

Tufts University

Spring 2023 Graduates

- Andrew Chang of Milpitas: Summa Cum Laude with a degree in Psychology (BA)
- Fernanda Gonzalez of Hayward: Summa Cum Laude with a degree in Psychology (BS)

University of Hartford

Spring 2023 Dean's List

- Genevieve Medina of Union City

Rochester Institute of Technology

2022-2023 Graduates

- Justin Hui of Hayward: BS Chemistry
- Michael Foust of Fremont: MS Secondary Education of students who are deaf or hard of hearing

Palmer College of Chiropractic

Spring 2023 Dean's List

- Tatsuya Ishikawa of Milpitas
- Christina Landreth of Milpitas
- Kirby Edmund Olidan of Milpitas

Bismarck State College

Spring 2023 Graduate

- Brian Stowell of Union City: AAS Power Generation Technology

Application for City of Hayward commissions closing soon

SUBMITTED BY CITY OF HAYWARD

The annual recruitment period for applicants to serve on City of Hayward commissions and the Keep Hayward Clean and Green Task Force (KHCGTF) closes Aug. 4—with service on these City Council-appointed bodies now open to all residents.

In November 2020, Hayward voters expanded the opportunity to serve through passage of ballot Measure OO. Measure OO amended the City Charter to eliminate wording that had restricted commission and task

force appointments to people registered or eligible to be registered to vote—a requirement that had the effect of making non-citizens ineligible.

The application period for appointment in 2023 to City commissions and the KHCGTF is now counting down—with vacancies on the Community Services, Library, Personnel and Planning commissions, and on the Keep Hayward Clean and Green Task Force.

Meetings of these bodies are currently held in person at Hayward City Hall, 777 B Street, Hayward.

For more information—including a list of all Council-appointed bodies, terms of current members, updated eligibility and service requirements, and an application—go to the appointed bodies webpage on the City of Hayward website, or contact the City Clerk's Office at cityclerk@hayward-ca.gov or (510) 583-4400.

Seeking community input on proposed South Hayward Farmers Market

SUBMITTED BY CITY OF HAYWARD

The Agricultural Institute of Marin, nonprofit operator of the Saturday Farmers Market in downtown Hayward, is seeking community input as it explores interest in a second Farmers Market located in South Hayward.

To share your interest, opinions and expectations for a South Hayward Farmers Market, please complete the online survey, which is available online until August 30 in English, Spanish, Chinese and Tagalog. Just click on the language of your choice: www.hayward-ca.gov/discover/news/jul23/seeking-community-input-proposed-south-hayward-farmers-market

The Agricultural Institute of Marin (AIM) manages nine certified farmers markets in the Bay Area, including the Downtown Hayward Farmers Market on Watkins Street between A and B streets on Saturdays and the Newark Farmers Market at New Park Mall on Sundays.

To learn more about the Agricultural Institute of Marin and its markets and food access and education programs, visit AIM online: www.agriculturalinstitute.org.

Fremont City Council

July 18, 2023

Consent Calendar

- Adopt a resolution delegating authority to City Manager during City Council recess, July 19, 2023 through September 4, 2023
- Approval of a Professional Services Agreement with Group 4 Architecture, Research + Planning, Inc. in an amount not to exceed \$5,040,000 for architectural and design consultant services for the Central Park Community Center Project
- Approve a lease with the California Department of Rehabilitation for space at the Family Resource Center
- Receive report on proposed projects to repair and mitigate city infrastructure damage from 2023 storm events, and efforts to obtain federal and state emergency relief funding; appropriate funds for project implementation in the amount of \$3,440,000
- Authorize to execute a five-year license agreement, with two five-Year renewal options, with Math Science Nucleus for

- the use of the California Nursery Historical Park and to consider an exemption from the requirements of the California Environmental Quality Act (CEQA), each on a separate and independent basis, pursuant to CEQA guidelines §15061 (review for exemption), §15183 (projects consistent with a community plan, general plan, or zoning), and §15378 (project).
- Approval of a service agreement with environmental Logistics Inc. for Emergency Hazardous Materials Response and scheduled disposals in the amount not-to-exceed \$300,000 per fiscal year, for a five-year period ending June 30, 2028.
- Adopt a resolution setting the annual tax rate for voter-approved general obligation bonds debt service for fiscal year 2023/24 and authorizing the County of Alameda to collect and enforce the levy on behalf of the city.
- Review and accept the flood insurance assessment of Fremont's current level of coverage for the purpose of receiving "Community Rating System" credit for flood insurance promotion.

- Consideration of a resolution adopting the City of Fremont's salary schedule.
- Adopt the site development plan for Vallejo Mills Historical Park; and find that, the project is exempt from review under the California Environmental Quality Act (CEQA) pursuant to CEQA guidelines section 15301 (existing facilities), section 15304 (minor alterations of land), section 15311(b) (accessory structures), and section 15183 (project consistent with a community plan, general plan, or zoning).
- Authorize the City Manager or her designee to enter into a memorandum of understanding with the Fremont Unified School District to continue the School Resource Officer Program. Passes 6-1 (Nay; Kassan)

Mayor Lily Mei	Aye
Vice Mayor Teresa Cox	Aye
Raj Salwan	Aye
Yang Shao	Aye
Teresa Keng	Aye
Jenny Kassan	Aye, 1 Nay
Desrie Campbell	Aye

Union City Police Log

SUBMITTED BY UNION CITY PD

Tuesday, July 18

- Around 11:08 a.m. Union City Police Officers responded to the area of 12th Street and G Street to investigate a shooting. When officers arrived, they contacted an adult male, who was suffering from a non-life-threatening gunshot wound. Paramedics arrived and transported the victim to a local hospital for treatment.

While investigating this incident, officers learned that the suspect was possibly still in the area. Officers contained the area and later arrested the possible suspect. The arrested suspect was identified as Joseph Davis, 41, of Union City. A firearm and ammunition were recovered from the crime scene. Davis was later booked into Santa Rita County Jail for the following violations: Felon in Possession of a Firearm, Felon in Possession of Ammunition, and Assault with a Deadly Weapon. This incident appears to be isolated and there are no known active threats to the overall community.

This is an active investigation, and it is currently being investigated by the Union City Police Department's Investigations Unit. If you have any information regarding this incident, please contact Detective Moreno at 510-675-5354. All media inquiries can be directed to Sergeant Jean Jimenez at 510-458-3746.

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CAE Engineer, Senior, Lam Research Corporation, Fremont, CA.

Perform comp-aided engg application deployment & maintenance, customizations & configuration, workflow dvlpmnt & disaster recovery. Req Bach's deg or foreign equiv in Mechncl Engg, Comp Sci or rel + 5 yrs prgssv, post- baccalaureate exp in engg role. Salary: \$160,077 - \$207,000/yr. Please email resume to resumes@lamresearch.com and reference Job #1495.

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Birth

Marriage

Obituaries

For more information
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www.fremontchapeloftheroses.com



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Alan Earles, Jr.
Resident of Fremont
January 29, 1992 – July 23, 2023
Fremont Memorial Chapel

Louis Staffaroni
Resident of Fremont
August 26, 1949 – July 30, 2023
Fremont Memorial Chapel

Ronald L. Lumley
Resident of Fremont
August 26, 1947 – July 27, 2023
Fremont Chapel of the Roses

Mary Ann Downey
Resident of Fremont
February 21, 1939 – July 29, 2023
Fremont Chapel of the Roses

Harry Chang
Resident of Fremont
December 18, 1931 – July 22, 2023
Fremont Chapel of the Roses

Martha Valencia Valle
Resident of Tracy
September 16, 1952 – July 22, 2023
Fremont Memorial Chapel

Walterlene Springs
Resident of Fremont
December 3, 1938 – July 18, 2023
Fremont Memorial Chapel

Jessica M. Vasquez
Resident of Biggs
June 27, 1961 – July 8, 2023
Fremont Memorial Chapel

Martin Sanchez
Resident of Union City
April 29, 1963 – July 18, 2023
Fremont Chapel of the Roses

Ernest Sarte
Resident of Copperopolis
January 1, 1948 – July 10, 2023
Fremont Chapel of the Roses

Maria Chow
Resident of San Lorenzo
February 18, 1947 – July 4, 2023
Fremont Chapel of the Roses

Robert Greenhouse
Resident of Newark
July 7, 1947 – July 8, 2023
Fremont Chapel of the Roses

Isabel L. Morales
Resident of Sacramento
July 20, 1930 – July 8, 2023
Fremont Memorial Chapel

Helen Fazon Ordoña
Resident of Fremont
December 10, 1935 – July 7, 2023
Fremont Chapel of the Roses

Steven Fryman
Resident of Fremont
October 6, 1959 – July 3, 2023
Fremont Chapel of the Roses

Leonora Morales Bulabon
Resident of Fremont
February 22, 1937 – July 3, 2023
Fremont Memorial Chapel



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Armando Castaneda
Resident of Fremont
March 22, 1950 – July 25, 2023

Sharda Pai
Resident of Los Altos Hills
August 15, 1948 – July 25, 2023

Sister Mary Carmen Baca
Resident of Fremont
November 7, 1933 – July 24, 2023

Madhab Patel
Resident of Milpitas
August 28, 1941 – July 23, 2023

Juan Guerrero
Resident of Fremont
November 7, 1938 – July 23, 2023

Mun Sik Kim
Resident of Fremont
September 3, 1935 – July 21, 2023

Anna Berry
Resident of Fremont
January 14, 1934 – July 18, 2023

Tom Moore
Resident of Hayward
January 26, 1963 – July 18, 2023

Ping Ng
Resident of Fremont
July 24, 1955 – July 17, 2023

Parley Livingston
Resident of Pleasanton
March 7, 1931 – July 16, 2023

Ajai Saxena
Resident of Fremont
April 5, 1955 – July 14, 2023

Dick Walsh
Resident of Utah
September 8, 1938 – July 13, 2023

Peggy LeClair
Resident of Newark
August 14, 1950 – July 13, 2023

Khin Daw
Resident of Fremont
April 15, 1921 – July 12, 2023

William "Bill" Alires
Resident of Fremont
December 17, 1933 – July 12, 2023

Vinod Shrivastava
Resident of Milpitas
July 10, 1947 – July 11, 2023

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

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Sister M. Carmen Baca

November 7, 1933 – July 24, 2023

Sister M. Carmen Baca died peacefully early in the morning on July 24, 2023, at the age of 89. She was born in Albuquerque, New Mexico, on November 7, 1933 to Carmen Nunez and Alfredo Baca, and entered the Sisters of the Holy Family in San Francisco, CA, on January 6, 1955 at the age of 21.

During her early years with the Sisters, Sister Carmen served in religious education in the Bay Area of California, then in Los Angeles and back to the Bay Area. In 1976 Sister Carmen went to Reno, Nevada, and she never looked back! She started out at St. Michael's in Stead, and from there went to parishes in Reno, serving in various capacities at Our Lady of the Snows from 1977 until 2020, when she "retired" to the Sisters' Motherhouse in Fremont, California (she continued her ministry by phone after "retirement"!).

During the time she was in Reno, Sister Carmen returned to San Francisco in 1996 to 1998 to earn a certificate in Hispanic Theology and Pastoral Studies from the Jesuit School of Theology in Berkeley. From being Director of Religious Education she then became the Director of Seniors, Needy and Hispanic Ministry at Our Lady of the Snows, where she worked tirelessly with great love to meet



the needs of all her people, building a parish ministry which knew no boundaries but her heart. Of course, she also loved dogs.

When Sister Carmen and her companion, Sister Carol Bettencourt, left Reno after serving there for more than 40 years, we were in the beginning stages of the Covid pandemic. The Sisters were called back to Reno when the pandemic relaxed a bit, and a grand party was held for them. They will never be forgotten!

Sister Carmen's funeral Mass will be celebrated on Monday, August 28, at 2:00 pm in the Sisters' Oratory. A memorial service will be held in Reno at Our Lady of the Snows Catholic Church on Wednesday, August 23, at 11:00 a.m. Burial will take place at a later date at Holy Cross Cemetery in Colma.

Joan Elouise Stanley

(October 5, 1944-May 12, 2023)



had one daughter, Laura. In 1978, she graduated from St. Mary's College and obtained a lifetime teaching credential for California. She went on to teach first grade at St. John's Elementary School for 36 years. She was a member of PEO (Chapter RJ), AAUW (Fremont Branch), and the Red Hat Ladies. During retirement, she enjoyed spending lots of time with her daughter, son-in law, three grandchildren and two grand dogs, as well as visiting Lake Elizabeth with her husband to watch all the dogs pass by.

Her bright spirit, caring nature, and positive influence has touched all of those who knew her. She will forever be in our hearts, and her spirit will continue to shine down upon us all.

She was predeceased by her parents, William and Pauline of Colorado Springs, Colorado and her husband, William of Fremont, California.

She is survived by her daughter, Laura, son-in-law, Shannon, three grandchildren, Hunter, Ryan and Kayla, her brother, William, her sister-in-law, Starla, her sister-in-law, Barbara and her sister-in-law, Charlotte.

A private funeral service was held at the Sacramento Valley National Cemetery in Dixon, California. A private memorial service will be held at Bare Ranch in Lodi on August 6.

Funeral arrangements provided by Cherokee Memorial Funeral Home in Lodi, CA.

It is with deep sorrow that the family of Joan Elouise Stanley, 78, of Fremont, CA, announce her peaceful passing on May 12, 2023.

Joan was born on October 5, 1944, in New York. Her family moved to Colorado Springs, Colorado when she was young. In Colorado, she attended Wasson High School from 1958-1962, and after high school graduation, she attended the University of Northern Colorado, Greeley. During college, she worked as a ski lift operator at Pikes Peak. In addition to that job, she was a trained ballroom dancer and taught dancing to Air Force cadets. At a summer picnic, she met the love of her life and husband of 56 years, William Stanley, an Air Force cadet himself. They were married in 1965. She graduated from UNC in 1966 with a BA in Elementary Education and taught at a migrant preschool in Colorado. William and Joan moved to Fremont in 1968. They

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Tri-City Kids Dominate National Chess Tournament in Orlando, Florida



SUBMITTED BY TARA PREM

Close to 400 kids pushed pawns at the U.S. National Junior Congress Chess Festival held in Orlando, Florida, over the weekend of July 15 and 16. Organized by Joe Hanley in cooperation with the United States Chess Federation (USCF), the event was held at the Renaissance Orlando at SeaWorld Hotel. Eager players from eight U.S. states and three different countries flocked to compete at the prestigious event.

Northern California kids from the nationally-acclaimed Norcal House of Chess, a chess club located in Fremont, dominated the team awards at the National tournament, sweeping all of the fields they participated in and taking home five team trophies.

The tournament, which spanned two days and five games, witnessed hours of intense play. The time control of the tournament, 90 minutes with five-second delay (meaning that each player had more than 1.5 hours on their side of the clock at the start of every round) meant that many games lasted more than three hours, with three rounds on Saturday and two rounds on Sunday.

Spearheaded by Coach Ted Castro, 22 players from

Norcal House of Chess traveled to the other side of the country to test their mettle against some of the top players in their age groups. Many players had little tournament experience, and were paired up against higher-rated players in hours-long games. Despite starting with long odds, however, this group of kids did not disappoint.

In the 8 & Under division, Harshini Arun, Nikita Karthik, Zachary Li and Shanvi Vivek, all Fremont residents, amassed 5.5 points to bag the 1st place trophy for the team! In the 10 & Under section, Mowen Sun (San Francisco), Alexander Huang (Fremont) and Samuel Liu (Union City) tallied six points for the team to also win first place.

The 12 & Under category was tricky since there were more teams who competed and much tougher individual competition. However, this was not enough to faze Fremont kids. Led by Ojas Parhar, who scored three points for the team and tied for 8th place, the team included Menaja Sathyaprakash, Rachita Vivek and Ayaan Rao (all Fremont residents). Together, the team won first place with a total of 7.5 points, toppling the second-place winners by a margin of three full points.

The 14 & Under category was dominated by NorCal. Led by

Draft Report on Alameda LAFCO's Initial Feasibility Analysis

The Alameda Local Agency Formation Commission's (LAFCO) draft report on its Initial Feasibility Analysis for the potential incorporation of the unincorporated communities of Castro Valley, Ashland, Cherryland, San Lorenzo, Fairview, and Hayward Acres is now available for public comment and review.

The purpose of the report is to provide LAFCO, affected agencies, and residents with quantitative understanding of the pros and cons of cityhood to help decide whether to move forward with incorporation and to understand its financial service implications.

The draft report on the Initial Feasibility Analysis can be viewed on the Alameda LAFCO website at www.alamedalafco.org. Written comments may be submitted online on the LAFCO website or directly to Rachel Jones, LAFCO Executive Officer, at rachel.jones@acgov.org or via US Mail at: 224 West Winton Avenue, Suite 110, Hayward, CA 94544.

Comments submitted by Friday, August 11th will be considered in the development of the final report.

Alameda LAFCO will hold a public hearing to consider adoption of the report and any specific actions in September or November 2023.

Please contact Rachel Jones at rachel.jones@acgov.org or 510.670.6267 if you have any questions.

Draft Report on Alameda LAFCO's South Livermore Valley Special Study

The Alameda Local Agency Formation Commission's (LAFCO) draft report on its South Livermore Valley Special Study is now available for public comment and review.

The report has been commissioned to provide objective information and data that may better inform deliberations and potential future policy decisions pertaining to the South Livermore Valley area though the support of agricultural preservation policies and the extension of municipal services.

The draft report on the South Livermore Valley Special Study can be viewed on the Alameda LAFCO website at www.alamedalafco.org. Written comments may be submitted online on the LAFCO website or directly to Rachel Jones, LAFCO Executive Officer, at rachel.jones@acgov.org or via US Mail at: 224 West Winton Avenue, Suite 110, Hayward, CA 94544.

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SOCIAL SECURITY MATTERS

Ask Rusty – When should my wife claim her Social Security benefits?

BY RUSSELL GLOOR,
NATIONAL SOCIAL
SECURITY ADVISOR,
AMAC FOUNDATION

Dear Rusty: My wife turns 65 in November of 2023. She was born on 11/21/1958. I am a year younger with an 8/1/1959 birthdate. I know my wife is not at full retirement age, but the difference in her SS payment is not much, and collecting three years of the lower amount far exceeds her waiting until age 68. My question is: Because half of my SS is more than her SS, if she retires this year, will she still get 50% of my SS when I retire? Signed: Planning Our Future

Dear Planning: Spouse benefits are one of Social Security's trickiest areas, so you're wise to get answers before either of you claim benefits. The short answer is, "No" - if your wife claims her own benefit this year, she will not get 50% of your benefit when you claim later. Here's how it works:

Born in November 1958, your wife's full retirement age (FRA) is 66 years plus 8 months, which she will attain in July 2025. Born in August 1959, your FRA is 66 years plus 10 months, which you will reach in June 2026.

Your wife will get a "spousal boost" to her personal SS benefit if her FRA entitlement is less than 50% of your FRA entitlement but, if she claims before reaching her FRA, her monthly payment when you claim will be less than 50% of your FRA entitlement (taking her

own benefit early affects her total payment amount as your spouse). If, instead, your wife waits until her own FRA to claim her SS retirement benefit, her payment when you later claim will be increased to equal 50% of your FRA entitlement.

I assume your reference to your wife "waiting until age 68" refers to her age when you claim at your FRA, but there is no reason for your wife to wait past her own FRA to claim benefits because her spousal benefit will not be more if she waits longer. So, the question is whether your wife should claim this year and get a reduced payment when you later claim or, instead, wait until her FRA to claim her own benefit and get her maximum benefit later. And that depends on 1) whether your wife is working, and 2) what her life expectancy is:

1. If your wife is working and claims early SS benefits, she will be subject to Social Security's "earnings test" which limits how much she can earn before some benefits are taken away. The earnings limit for 2023 is \$21,240, and, if that is exceeded, SS will take away benefits equal to \$1 for every \$2 she is over the limit. The earnings limit lasts until she reaches her full retirement age.

2. If your wife's life expectancy is long (average for a woman your wife's current age is about 87), then maximizing her monthly benefit by waiting until her FRA to claim is likely her smartest choice.

If your wife's FRA entitlement is less than 50% of your FRA entitlement, waiting until her FRA to claim will result in

getting her full personal amount first and then later her maximum entitlement (including her spousal boost). If she claims now, her later payment (which includes her spousal boost) will be less than half of your FRA amount. If your wife's life expectancy is at least average, waiting until her FRA to claim will likely yield the highest cumulative lifetime benefits.

But if your wife isn't working full time, by claiming now (vs. at her FRA) she would get her reduced personal benefit for an extra two years. If you divide the amount your wife would collect over those two years by the difference between her current benefit amount and her maximum spousal amount (half of your FRA entitlement), you will see how long it would take for your wife to recover those two years of benefits. And if her life expectancy is less than that length of time, then claiming earlier is likely the right move.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

Grace Liu (who took home the 6th place trophy, scoring three points), Vivaan Parhar, Akshara Gelya, Tara Prem, Antony Niu, and Maximus Glenn bested the other teams to clinch the 1st place trophy. All of them are from Tri-City (Fremont & Union City).

The toughest competition of the tournament came in the combined section of 16 & 18-Under. However, despite facing teams with significantly higher-rated players, Tri-City kids were able to gain the win with impressive teamwork: The team

was led by Tyler Ung from Union City (who tied for 7th place), and included Evelyn Zhao, Amar Dhama, Ryan Wong, and Palash Agarwal, all from Fremont.

A couple of kids also participated in side events: Ayaan Rao tied for 2nd in the warmup scholastics in his section on Friday, and Grace Liu also tied for 2nd place in the blitz tournament on Saturday.

Preparation for the National tournament required hard work and serious dedication from participants, coaches, and parents

alike, displaying an enthusiastic joint effort. Winning aside, the tournament's participants enjoyed two days of excitement and fun, from to-the-wire games to new friendships to even "check"-ing out the vibrant city of Orlando. Junior players of all ages and skill levels were able to walk out of the tournament with new insights stemming from their wins and losses.

More information on NorCal House of Chess can be found at norcalhouseofchess.com.

PUBLIC NOTICES

trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-22-940043-CL. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to

purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 916-939-0772, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-22-940043-CL to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of

intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. NOTICE TO PROSPECTIVE OWNER-OCCUPANT: Any prospective owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next

business day following the trustee's sale at the address set forth in the below signature block. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's

Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: QUALITY LOAN SERVICE CORPORATION 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext. 5318 QUALITY LOAN SERVICE CORPORATION . TS No.: CA-22-940043-CL IDSPub #0187153 8/1, 8/8, 8/15/2023

CNS-3722284#

Union City City Council

July 25, 2023

Consent Agenda

- Authorize the Union Landing Property Owners' Association to enter into an agreement with Zooka Creative, in an amount not to exceed \$123,000 for marketing services for the Union Landing Shopping Center for FY 23/24
- Authorize a consulting services agreement with Park Engineering, Inc., in the amount of \$2,000,000, for construction management services for the Union City Boulevard Bike Lanes Project
- Approve local support for Union City Transit to participate in the Clipper START Pilot Program Extension through June 30, 2025, and approve an increase to program discount from 20% to 50%, effective January 1, 2024
- Adoption of ordinance for Zoning Text Amendment AT-23-003 to Amend Title 18, Zoning, of the Union City Municipal Code to update Chapter 18.08, Definitions, Chapter 18.36, Commercial Districts, Chapter 18.40, Industrial Districts, Chapter 18.76, Site Development Review, add Chapter 18.43, Use Of Hazardous Materials
- Approve the Side Letter Agreement between the City and the Professional Employees' Group (PEG), approving amendments to the City's classification and compensation plan
- Approve the Side Letter Agreement between the City and the Management Employees' Group (MEG), approving amendments to the City's

classification and compensation plan

Items Removed From Consent Agenda

- Adoption of ordinance for 1) Zoning Text Amendment to amend Title 18, Zoning, to update Station East Employment (SEE) District to rename this Chapter "Employment Mixed-Use Districts" and add a new zoning district for consistency with the Union City 2040 General Plan designation of Mixed-Use Employment (EMU) 2) Zoning Map Amendment to rezone the properties located along the Union City Boulevard Corridor, with a 2040 General Plan Designation Of Mixed-Use Employment (EMU), from Special Industrial (MS) to Corridor Mixed-Use Employment for consistency with the general plan, and find that the amendments are exempt from Environmental Review in accordance with CEQA Guidelines

Passed 4-0-1 (Dutra-Vernaci, Recuse)

- Appoint individuals to serve on the Arts & Culture Commission, Bicycle Pedestrian Advisory Committee (BPAC), Economic Development Advisory Team, Human Relations Commission, And Park & Recreation Commission (Singh, Patino --Nay; Wang -- Abstain)

Mayor Carol Dutra-Vernaci	Aye, 1 Recusal
Gary Singh	Aye, 1 Nay
Jamie Patino	Aye, 1 Nay
Jeff Wang	Aye, 1 Abstain
Scott Sakakihara	Aye

Ohlone College Board of Trustees

July 19, 2023

Welcoming New President and Superintendent of Ohlone College, Charles Sasaki

Consent Agenda

- Approval of June 2023 payroll warrants
- Approval of personnel actions
- Approval of Mandate Block Grant for FY 2023-2024
- Change of date - October 11, 2023 Board meeting
- Approval of the tentative agreement between California School Employees Association (CSEA) Chapter #490 and Ohlone Community College District: Contract duration: July 1, 2023 – June 30, 2026
- Approval of Memoranda of Understanding for Pilot Hybrid Work Program – 2610 California School Employees Association (CSEA)
- California Community Colleges Trustees (CCCT) Board Report

- Authorization to modify Measure G Bond Budget
- Review of purchase orders
- Ratification of contracts
- Resolution of Board declaring certain college-owned property at 39399 Cherry Street, Newark, CA 94560 to be "exempt" surplus property for a multi-family housing project
- Authorization for the disposal of surplus personal property
- Approval of an across-the-board 2023-24 salary increase to be applied to the Unrepresented Employee Salary Schedule effective July 1, 2023

Lance Kwan	Aye
Rakesh Sharma	Aye
Greg Bonaccorsi	Aye
Suzanne Chan	Aye
Betty Ho	Aye
Elisa Martinez	Aye
Richard Watters	Aye
Student Member	
Mohammad Ansari	Aye

BART Police Log

SUBMITTED BY BART PD AND LES MENSINGER

Monday, July 17

- At 12:40 p.m. a man identified by police as Howard Pasley, 59, from Oakland was arrested at San Leandro station for criminal threats and booked into Santa Rita Jail. Pasley was issued a prohibition order.
- At 9:56 p.m. a man identified by police as Keith Rogers, 35, from Oakland was contacted in the free area of the Union City station and taken into custody. Rogers was booked into the Alameda County Jail for public intoxication.

Wednesday, July 19

- At 6:51 a.m. a man identified by police as Travis Nickles, 37, from Castro Valley was taken into custody in the free area of the Castro Valley station for trespassing and squatting. Nickles was booked into Alameda County Jail.
- At 9:26 a.m. a man identified by police as

Jesse Witham, 40, from Hayward was contacted for fare evasion at Bay Fair station and taken into custody for carrying a concealed dirk or dagger. Witham was booked into Alameda County Jail.

- At 9:06 p.m. a man identified by police as Paul Edwards, 57, from Hayward was taken into custody at Castro Valley station and booked into Alameda County Jail for an arrest warrant.

Friday, July 21

- At 5:56 p.m. a person identified by police as Sofanias Getahun, 26, from San Jose was arrested outside Bay Fair station for false identification to police; possession of a controlled substance; possession of drug paraphernalia; and an active warrant. Getahun was booked into Santa Rita Jail.

Saturday, July 22

- At 7:52 p.m. a person identified by police as Ryan Murphy, 28, from San Francisco was detained at Milpitas station for fare evasion into the station. Murphy was arrested for an active warrant and booked into Santa Clara Jail.

Sunday, July 23

- At 12:17 a.m. a man identified by police as Jason Swain, 43, from San Lorenzo was contacted outside Bay Fair station and arrested for possession of a

controlled substance; possession of drug paraphernalia; and an active warrant. Swain was booked into Santa Rita Jail.

- At 7:28 p.m. a person identified by police as Charlie Patterson, 37, from San Francisco was detained at Milpitas station for fare evasion entering the system. Patterson was arrested for an active warrant and booked into Santa Clara County Jail.

- At 8:44 p.m. a man identified by police as Tomosio Carter, 32, from Victorville was located at Bay Fair station, on a train suffering from a possible drug overdose. One dose of NARCAN was given and he was turned over to medical personnel and taken to St. Rose Hospital.

Tuesday, July 25

- At 12:28 p.m. a man identified by police as Timothy Shannon, 28, from San Francisco was contacted for fare evasion at Fremont station. Shannon was found to have two outstanding arrest warrants and was booked into Santa Rita Jail.

Wednesday, July 26

- At 12:54 a.m. a person identified by police as Abijah West, 19, from Concord was arrested outside Bay Fair station for drug possession and petty theft. West was booked into Santa Rita Jail.

Milpitas Police Log

SUBMITTED BY MILPITAS PD

Saturday, July 22

- Officers were called to a local bank because someone was trying to access another person's bank account. When officers arrived, the suspect was still there and claiming to be someone he wasn't. Officers arrested the imposter for identity theft and after a little more digging, we learned that the suspect had attempted to open over 10 accounts pretending to be the victim. Officers charged the suspect with multiple counts of identity theft and took him to jail.

If you are a victim of fraud or a scam, contact the Milpitas Police Department immediately at (408) 586-2400.

Sunday, July 23

- Around 3:15 p.m. officers responded to investigate a domestic disturbance at an apartment complex on the 1000-block of Hillview Court. The caller reported a man and a woman arguing in an apartment on the second floor. Officers were familiar with the resident because of past contacts

and knew the man who lived there is on probation and had multiple warrants for his arrest. When the officers arrived, they heard sounds consistent with a physical fight. Officers contacted the resident, but he refused to open the door. Officers could hear a fight continuing inside and the mention of a knife.

Officers attempted to force entry into the apartment, but the resident barricaded the door with appliances preventing officers from entering. The man refused to let the female inside the apartment leave. Officers contacted the Mobile Crisis Response Team and clinicians responded to talk with the suspect however he refused to cooperate or release the female.

Members of our Hostage Negotiations Team responded and began talking with the suspect while members of our SWAT team prepared in the event a rescue became necessary. After approximately 5 hours and 30 minutes from the time of call, the suspect released the female. HNT members continued talking with the suspect to get him to surrender but he continued making threats and refused to comply.

SWAT team members eventually forced entry into the apartment and took the suspect into custody after he resisted arrest. The suspect, Gabriel Ramirez (46), will be booked into county jail for Domestic Violence, False Imprisonment, Assault on an Officer, Assault/Battery, Assault with a Deadly Weapon, Possession of an Illegal Weapon, and Warrants.

Summer Traffic Safety Tips

SUBMITTED BY FREMONT POLICE DEPARTMENT

As we are in the midst of the summer season, it is important to remain vigilant and maintain awareness surrounding traffic safety. As you plan your summer outings, here are travel tips for arriving at your destination safely:

- Take the time to have your car serviced, tires checked, windows and mirrors clean and clear of obstructions.
- With warmer weather, there are more pedestrians and bicyclists on the road. Keep an eye out for other roadway users.

- Drive only when you are properly rested and alert.
- Driver assist technology is a wonderful tool for those with vehicles equipped with it, so please take the time to learn how to use it.

• Avoid risky behaviors such as texting and driving, speeding, and driving under the influence. Follow the posted speed limit when driving. Speeding isn't worth the accident. Get there safely.

In certain situations, reduce your driving speeds lower than the posted speed limit (e.g., sun glare conditions). It is ultimately the driver's responsibility to drive at the appropriate speed based on the condition of the roadway or environment.

For more traffic safety tips, visit: <https://www.nhtsa.gov/summer-driving-tips>

Contact: TransportationEngineering@fremont.gov; (510) 494-4700

Hayward Police Log

SUBMITTED BY HPD

Friday, July 21

• A man was arrested for elder abuse and a hate crime after he struck an elderly woman outside a grocery store in Hayward. During the late morning hours, the woman walked toward the

entrance of the store when she was approached by a man who slapped her across the face without warning or provocation. The woman fell to the ground, hitting her back on the concrete curb of the parking lot.

The man fled the area, but luckily surveillance cameras captured the incident. Officers

reviewed the footage and recognized the man from prior calls for service. Investigative steps were taken, and the victim positively identified the man who assaulted her. As the day went on, officers looked for the man and eventually found him in the area where the assault took place.

Alameda County Fire Log

SUBMITTED BY ACFD

Thursday, July 20

• At 1:00 a.m. Alameda County Fire Department (ACFD) responded to an SUV driven into a house in the 1500 block of 148th Ave. The

driver suffered moderate injuries and had to be extricated from the car. No one was injured inside the home. The SUV clipped the gas meter and electrical to the home. PG&E secured the meters and the building department red tagged the home.

Friday, July 21

• At 6:16 a.m., ACFD responded to a structure fire in the 15000 block of E14th St. in San Leandro. The fire started in the storage area of a tire shop, spreading to an adjacent business. Crews made aggressive entry and extinguished the fire quickly. The cause of the fire is still under investigation.

California Highway Patrol Log

SUBMITTED BY CALIFORNIA HIGHWAY PATROL HAYWARD AREA OFFICE

Sunday, July 23

• At approximately 8:00 p.m. officers assigned to the CHP Hayward Area office were advised of a freeway shooting that occurred on Interstate 580 near Redwood Road. Officers located one victim who sustained minor injuries from debris, as a result of this shooting. The CHP Hayward Area is investigating this incident with the assistance

of Golden Gate Division Investigative Services Unit.

Currently, a suspect has not been identified. Any assistance from the public in gathering additional details surrounding this shooting is appreciated. If you have any information regarding this incident, please call the CHP Hayward Area Office at (510) 489-1500.

EARTHTALK

EVs That Charge From Their Own Solar Panels?

RODDY SCHEER AND DOUG MOSS
PHOTO CREDIT: EMAGAZINE.COM

Dear EarthTalk: Are there any electric vehicles available that can charge up using solar power (so you don't have to plug them in to charge them)?

—Bill Kelly, Galveston, TX

Yes, there are electric vehicles (EVs) available that can be charged using solar power. Often referred to as solar-powered EVs or solar-charging EVs, these vehicles integrate solar panels into their design to harness solar energy and convert it to electricity for the vehicle's batteries. Solar charging alone may not be enough to power an EV completely, but it can provide additional power and extend the vehicle's range.

Solar-powered EVs use photovoltaic (PV) cells, which are typically installed on the roof or other parts of the vehicle's body. These cells capture sunlight and convert it into electricity through the photovoltaic effect. The generated electricity is then used to charge the EV's battery pack or supplement its power requirements, reducing the reliance on grid electricity.

One example of a solar-powered EV is the Lightyear One, developed by a Dutch company called Lightyear. This EV is equipped with solar panels integrated into its roof and hood. Its solar panels are highly efficient, enabling them to charge the vehicle's battery while it is parked or in motion. The company claims that the solar panels can provide up to 12 kilometers (7.5 miles) of range per hour of solar charging, depending on weather conditions.

Another notable example is the Sono Sion, an EV developed by a German startup called Sono Motors. The Sion is covered with solar panels that can generate electricity to charge the vehicle's battery. The car also features bidirectional charging, allowing it to share its excess energy with other devices or even power another EV. The Sono Sion's solar panels are expected to provide approximately 30 kilometers (18.6 miles) of additional range per day through solar charging, according to the company.



The Lightyear One charges up from its own rooftop solar panels.

It's worth noting that the efficiency and range added by solar charging depend on various factors such as the size of the solar panels, the weather conditions, the amount of sunlight available and the energy requirements of the vehicle. While solar charging can be a convenient and eco-friendly way to extend the range of an EV, it is not intended to replace traditional charging methods entirely.

In addition to solar-powered EVs, there are also aftermarket solutions available for existing electric vehicles. These solutions involve retrofitting solar panels onto the roofs or other parts of the vehicle to enable solar charging. These aftermarket options may not provide as seamless an integration as purpose-built solar-powered EVs, they can still offer an opportunity to harness solar energy and reduce the reliance on grid electricity.

Solar-powered EVs and solar charging technologies are continually evolving as researchers and manufacturers explore ways to improve efficiency and integration. The combination of renewable energy generation through solar power and the increasing adoption of electric vehicles represents a promising step towards a sustainable and clean transportation future.

ONLINE CONTACTS

• Lightyear One
<https://lightyear.one>

• The Sono Sion Solar Car Is Coming to the US, Here's What It Will Do
<https://www.cnet.com/roadshow/news/the-sono-sion-solar-car-is-coming-to-the-us-heres-what-it-will-do/>

• Why solar electric vehicles might be the next generation of EVs
<https://www.cnbc.com/2022/11/22/how-sono-aptera-and-lightyear-are-making-solar-powered-evs-a-reality.html>

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Fremont Fire Log



SUBMITTED BY FREMONT FD

Friday, July 21

• At 3:44 p.m. aggressive fire tactics by Fremont firefighters prevented a garage fire from extending into the living space of a one-story home on the corner of Carriage Circle Common and Castlewood Common. The one-alarm fire was contained to the residence of origin and fully

extinguished within less than 30 minutes of firefighters arriving at the scene. There were no reports of injuries to community members, firefighters, pets or public safety personnel from other responding agencies. Unfortunately, smoke damage to the residence caused two adults and one dog to be displaced from their home. The cause of the fire is under investigation by a Fremont Fire Department Fire Investigator.

West Nile Positive mosquito groups found in Newark and Fremont

SUBMITTED BY ALAMEDA COUNTY MOSQUITO ABATEMENT DISTRICT

To date, July 26, Alameda County Mosquito Abatement District has detected two dead birds and four groups of mosquitoes which have tested positive for West Nile virus in Alameda County. The birds were collected from Alameda and Pleasanton. The mosquitoes were collected in Fremont and Newark. Recent West Nile virus positive mosquito detections indicate heightened virus transmission potential in the Newark and Fremont areas. West Nile virus (WNV) is transmitted to people and animals through the bite of an infected mosquito.

The district is intensifying efforts to locate and treat areas of standing water where the West Nile virus positive birds and mosquitoes were discovered. Residents will see additional staff in the areas near where the WNV mosquitoes were found, see the link for locations: <https://www.mosquitoes.org/west-nile-virus-activity>

Mosquitoes need standing water to complete their life cycle. Residents are urged to be proactive by eliminating sources of water where mosquitoes can breed, and to contact the Alameda County Mosquito Abatement District if they find standing water in public or inaccessible areas. Many birds, especially crows, ravens, and songbirds are especially vulnerable to West Nile virus, and the district collects and tests deceased birds found in the county for the virus. If a resident finds a dead bird please report it by calling (877)WNV-BIRD or online at www.westnile.ca.gov

"Infected mosquitoes in an area means there is an increased risk for West Nile virus transmission to people," says Laboratory Director Eric Haas-Stapleton. "Protect yourself and your family by applying mosquito repellent when spending time outdoors.

Containers of water at homes should be dumped and drained, or tightly covered to prevent mosquitoes from breeding in your neighborhood."

Mosquitoes may breed in almost any type of standing water including but not limited to catch basins, storm drain systems, bird baths and swimming pools. Neglected swimming pools can be a major source of mosquito breeding throughout California, including Alameda County. If you or anyone you know has an unmaintained swimming pool please inform the District so the proper treatment can be made.

As of July 21, 2023, California has recorded West Nile virus in 113 dead birds, 827 mosquito samples, and 1 human case.

Reduce the risk of contracting mosquito-borne diseases by following these guidelines:

- DUMP/DRAIN standing water on your property.
- DAWN/DUSK is when mosquito activity peaks, limit outdoor activities during this time.
- DEFEND yourself from mosquito bites by wearing long pants and long-sleeved shirts and apply insect repellent containing EPA-registered active ingredients such as DEET, Picaridin, IR3535, or Oil of lemon eucalyptus.
- DOOR/window screens should be in good condition.

There is no cure for West Nile virus. Approximately one in five people who are infected with West Nile virus will develop symptoms such as fever, headache, body aches, joint pains, vomiting or rash. Less than one percent will develop a serious neurological illness such as encephalitis or meningitis. Adults over 50 years old and people with compromised immune systems are at increased risk of serious complications. Anyone who develops symptoms should seek medical care immediately.

Horses are very susceptible to West Nile virus, however vaccines are available. Horse owners are advised to contact their veterinarians regarding timely vaccinations.

For information about mosquitoes, West Nile virus, or to request any of the District services visit www.mosquitoes.org or call (510) 783-7744. Residents can also request mosquitofish for their fish ponds, horse troughs, or neglected swimming pools at the District office located in Hayward at 23187 Connecticut St.

For information concerning West Nile virus symptoms, prevention or testing please contact the Alameda County Public Health Department at (510) 267-8001.

EARTHTALK

Reducing Overcrowding At National Parks: What Can Be Done?

BY EIDAN MIANA

Dear EarthTalk: Are some of the newfangled entrance restriction tactics to reduce overcrowding at U.S. national parks having the desired effect?

—P. Smith, Provo, UT

With each passing day we grow more aware of our environment and its beauty. The U.S. has seen this newfound appreciation in the form of a high influx in visitors to national parks across the country. In the past year, visitors to U.S. national parks have increased by five percent—and since 1976, visitation has increased overall by some 75 percent. In 2022, two of the busiest national parks—Yellowstone and Yosemite—began to require reservations for entry for the first time in the history of the National Park Service (NPS). Increased awareness of our natural world is wonderful, but overcrowding creates detrimental effects, from the songbirds in the trees to the employees at the parking lot.



A timed entry system at Arches National Park has worked wonders in terms of keeping overcrowding to a minimum there. Photo Credit: National Park Service

Environmental luminary John Muir once said, "The mountains are calling and I must go." And now Americans are heeding this call like never before. To wit, some 312 million trips were made to national parks in the last year, with 12 parks breaking previous attendance numbers. Concentrated in tight weekend windows and school breaks, this trend has overwhelmed these tranquil sanctuaries of nature.

Making matters worse is that national parks weren't initially developed to accommodate massive crowds. Combine the narrow roads, limited parking and lack of public transport with an impatient mob of visitors waiting to get their share of

nature and you come up with a generous serving of chaos.

Yosemite National Park's experimentation with requiring reservations in order to pass through the gates did help reduce Yosemite's notorious overcrowding, as much as rangers didn't like turning people away. Zion National Park now disallows cars beyond the visitor center parking lot just inside the park gates. Visitors instead now rely on an efficient shuttle bus system which moves everyone right along between stops and hiking trailheads throughout the park's main artery. Zion also offers visitors options like renting e-bikes and e-scooters for those who would rather skip the shuttle bus.

Arches National Park has implemented a timed-entry program that may be the secret sauce to figuring out overcrowding. Through the first three months of 2023, visitor numbers were down when compared to the two previous years. Innovative solutions like driverless shuttles and other sustainable technologies will only improve with time. It's been a long journey for our parks over the last few years, but rays of optimism shine through the trees. While our parks aren't exactly back to their peaceful, serene states yet, they sure are on the right trail back.

ONLINE CONTACTS

• Arches National Park may have found a magic bullet for overcrowding. Could it work at other parks?

www.sltrib.com/sports/2023/05/07/arches-national-park-visitors-will/

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THE ROBOT REPORT

Humanoids ready to take first steps

BY MIKE OITZMAN

The age of humanoids is just around the corner. Humanoids are a subset of robotics that feature a bipedal (two legs) design, functional arms and "hands," a torso and a head. It's not necessary for these robots to recreate human hands and fingers, but rather to be able to interact with a world designed for humans.

Humanoids have long been relegated to research labs, but the goalposts recently began to shift. Companies are now creating humanoids to perform various real-world tasks. This means humanoids can operate in environments designed for humans and work alongside humans.

In the short term, basic tasks for humanoids will include picking up and moving items either individually or contained within totes or boxes. Advanced functions will eventually include manipulating door knobs, opening and closing doors and drawers, and using tools designed for humans.

We will be hosting a keynote panel at RoboBusiness 2023 to discuss the state of humanoids. Jeff Cardenas, co-founder and CEO of Appttronik, Jonathan Hurst, co-founder and chief robot officer of Agility Robotics, and Geordie Rose, co-founder and CEO of Sanctuary, will explore the technological breakthroughs that are propelling humanoids into the real world. They'll share their firsthand insights into the challenges and opportunities that lie ahead and discuss the industries poised to be early adopters of these remarkable creations.

Let's look at some of the humanoids that will soon be released and some of the challenges involved with developing these advanced systems.

Real humanoids won't be like the movies

While humanoids like the Terminator have long entertained us in movies, creating a functional humanoid for the real



Honda created ASIMO as a part of the research project Advanced Step in Innovative MObility. ASIMO was inducted into the Robot Hall of Fame in 2004 as the first humanoid able to walk dynamically. Credit: Honda

world remains a difficult task. Power consumption, power-to-weight optimization, mechanical stiffness, edge computing, component reliability and safety are some of the major engineering constraints of the humanoid design.

For decades, roboticists have worked to perfect humanoids, displaying numerous prototypes and working models. Some researchers have spent their careers perfecting bipedal locomotion or hand design, while others have attempted to program artificial intelligence to give the robots a believable personality that crosses the uncanny valley.

One of the most famous humanoids was Honda's ASIMO, which was first introduced in 2000. Unlike most modern humanoids, with the exception of Boston Dynamics Atlas, ASIMO was a heavyweight weighing in at 130 kgs (286 lbs).

Steps in the right direction

Several technical and engineering breakthroughs have occurred since the days of ASIMO, all of which are enabling lighter-weight designs, longer operating times and faster and more capable edge computing. Advances in battery chemistry, from the evolution of

electric vehicles, provide the right balance of energy density and lower weight that are necessary to deliver longer runtimes for free-ranging humanoids.

Companies have developed edge computing platforms that can process and fuse sensor data onboard the robot while controlling all of its joints in real time. The processing power of a supercomputer can now be delivered in a small, lightweight form factor.

Artificial intelligence and machine learning have evolved so quickly in the last decade that the upcoming generation of humanoids will be able to learn quickly and respond to changes in their environment. This functionality is necessary if this class of robotics is to achieve its goal of being multi-purpose.

For this next generation of humanoids, developers have a highly capable set of technologies to leverage as they push the boundaries of what's possible.

Mike Oitzman is Editor of WTWH's Robotics Group and founder of the Mobile Robot Guide. Oitzman is a robotics industry veteran with 25-plus years of experience at various high-tech companies. He can be reached at moitzman@wtwhmedia.com.

California Gov. Gavin Newsom offers to help negotiate Hollywood strike

BY ADAM BEAM,
ASSOCIATED PRESS

California Gov. Gavin Newsom has contacted all sides of the strikes that have hobbled Hollywood, his office said Wednesday, July 26 offering to help broker a deal to restart an industry that is crucial to keeping the state's economy humming amid signs of weakness.

So far, neither studio executives nor actors and writers have shown formal interest in bringing Newsom to the negotiating table, said Anthony York, Newsom's senior advisor for communications. But York said both Newsom and senior members of his administration have been in touch with all sides as the two strikes stretch deeper into the summer blockbuster season.

"It's clear that the sides are still far apart, but he is deeply concerned about the impact a prolonged strike can have on the regional and state economy," York said. He further noted "thousands of jobs depend directly or indirectly on Hollywood getting back to work," including crew, staff and catering.

The last time the writers went on strike more than a decade ago, the 100-day work stoppage cost the state's economy an estimated \$2 billion. The economic hit could be even bigger this time around now that actors have joined the picket lines. The strikes come after Newsom signed a state budget that included a more than \$31 billion deficit in part because of a

slowdown in the tech sector, another one of the state's key industries.

The Democratic governor first offered to help mediate a deal in May, shortly after the writers strike began, saying he was sympathetic to their concerns about streaming and artificial intelligence.

Now in his final term in office, Newsom has worked hard to boost his national profile as he sets his sights on life after the governor's office. He is widely considered a future presidential contender, though he has said he has no plans to run. Any role for Newsom to help end strikes halting one of the country's most recognizable industries could bolster his status on the national stage.

Asked about Newsom's involvement, Bass spokesman Zach Seidl said in a statement that "this is a historic inflection point for our city. ... We continue to engage with labor leaders, studio heads, elected leaders and other impacted parties to arrive at a fair and equitable solution."

Hollywood isn't just a major economic driver in California - it's also a fundraising powerhouse for mostly Democratic candidates, including Newsom. In 2021, when Newsom was facing a recall election that could have removed him from office, Netflix co-founder Reed Hastings donated \$3 million to help defeat it. He has received smaller contributions from executives at Disney, Sony and Lionsgate. Prominent directors and producers like Stephen Spielberg and Chuck Lorre have also donated to his campaigns.

Newsom's relationships with some of Hollywood's most powerful executives could potentially help him in any negotiations over the strikes as he continues to advocate for the causes of the workers. Newsom also has a connection to Hollywood through his wife, Jennifer Siebel Newsom, who used to be an actor and is now a documentary director.

Also this year, Newsom signed a law to extend tax credits for movie and television productions. The big change is that those tax credits will be refundable, meaning if a movie studio has credits that are worth more than what it owes in taxes, the state will pay the studio the difference in cash.

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EARTHTALK

Do More Shark Sightings Mean Sharks Are Doing Well?

BY RODDY SCHEER AND DOUG MOSS

Dear EarthTalk: You hear a lot about shark sightings and attacks nowadays; does this mean that sharks are more abundant than ever and doing well overall—or the opposite?

—R.W., Wellfleet, MA

It's tough to accurately document shark sightings, but shark attacks are documented every year. There are two classifications of shark bites: provoked and unprovoked. Provoked bites occur after a person has initiated interaction with the shark, like attempting to touch or feed it. But, according to Gavin Naylor, director of the Florida Program for Shark Research, "Unprovoked bites give us significantly more insight into the biology and behavior of sharks. Changing the environment such that sharks are drawn to the area in search of their natural food source might prompt them to bite humans when they otherwise wouldn't."

Globally, unprovoked attacks in 2022 were 57. In 2021, there were 73. During the pandemic, many beaches shut down, but looking at the years preceding 2020, we can more accurately deduce changes in shark attack frequency. Using data from The University of Florida's International Shark Attack File, the average number of annual unprovoked attacks from 2015 to 2019 was 79.4. Comparing this to 2022, it can be seen that the frequency of shark attacks has not risen significantly, if at all, in the past few years.

In spite of this, due to increasing ocean temperatures sharks are more inclined to travel into coastal waters where tourist activity is common. According to the National Oceanic and Atmospheric Administration, these waters are

typically cooler than waters offshore. Warmer waters have higher concentrations of chlorophyll which attracts plankton growth. Many species of fish, rays and crabs feed on plankton. As ocean temperatures rise, northern and coastal waters grow warmer, attracting plankton, fish and other shark bait prey. As a result, sharks are more attracted to these regions than before.

Although the number of unprovoked shark attacks around the world has not increased, regions along the United States' East Coast have seen upticks in shark incidents. In 2022, there were eight shark attacks in New York after three consecutive years of zero cases. In 2021, Florida experienced 28 shark attacks following a three-year-average of 17.67 annual incidents. Because of these increases, there may be more media coverage on shark attacks, leading people to believe that there are more sharks overall.

Though shark sightings may be becoming more frequent, shark numbers are dwindling. Many shark species are struggling in their native coral reefs and marine ecosystems. According to the journal Science, "Five of the most common reef shark species have experienced a decline of up to 73 percent." In addition, The Washington Post states that "a third of all sharks, rays and related species are at risk of going extinct." As a result, scientists are concerned that species lower on the food chain will overpopulate without the presence of sharks as natural predators.

Humans are responsible for many factors that may be causing a decline in shark populations. Overfishing deprives sharks of one of their primary food sources. Millions of sharks get entangled in fishing nets and longlines every year. Plus, some 73 million sharks are killed for the shark fin and meat industry.

ONLINE CONTACTS

- The ocean phenomenon that's bringing sharks closer to shore

www.wral.com/story/the-ocean-phenomenon-that-s-bringing-sharks-closer-to-shore/20394126/

- Widespread diversity deficits of coral reef sharks and rays

www.science.org/doi/10.1126/science.ade4884

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Though shark sightings may be becoming more frequent, shark numbers are dwindling. Photo credit emagazine.com

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