Holi - A Festival of Colors

The Festival of Colors (Holi), in association with Fremont Hindu Temple and Federation of Indo-Americans, is organizing the 2023 Holi festival celebration on a grand scale. Building on previous successes and a huge community response, this year the “Festival of Colors” is being celebrated on Saturday, March 4th, at Irvington High School in Fremont. Holi is a festive occasion to celebrate and get inundated with a rainbow of colors. Everyone applies colors to each other and makes friends. Many dignitaries and community leaders will be in attendance. The event will have delicious food and a dazzling cultural extravaganza.

The colors used at the FOG Holi event are biodegradable, skin-friendly, and organic. If this is your first Holi, here are a few tips to a better Holi experience. Wear a white or light-colored shirt. Your clothes will get covered in Holi colors and it will

By Rob Klindt
continued on page 12

Superhero 5k Fun Run & Walk

The “Superhero 5k Fun Run” celebrates the anniversary of the Mark Green Sports Center in Union City. Throughout the years, this race has also evolved to bring attention to the fight against Parkinson’s Disease. Join the 2023 race on Sunday, March 5.

Mark Green Sports Center began its Parkinson’s Exercise Program in 2016, and since then, this event was rededicated to kicking off the fundraising for the Parkinson’s Foundation Moving Day Event. Five dollars from every registration will be donated to our Moving Day team. We will also have awesome prize raffles for participants after finishing the race, a

By Dennis Lamott
Bay Philharmonic (formerly Fremont Symphony) is thrilled to present The Kings of Soul & Swing on March 4 and 5 in Union City. The evening will feature Hamilton: The Musical star Julius Thomas III and Glenn Miller Band lead vocalist Mark Kopitzke as they join forces to showcase popular hits from

continued on page 4

BayPhilharmonic presents The Kings of Soul & Swing

Festival of Globe (FOG), in association with Fremont Hindu Temple and Federation of Indo-Americans, is organizing the 2023 Holi festival celebration on a grand scale. Building on previous successes and a huge community response, this year the “Festival of Colors” is being celebrated on Saturday, March 4th, at Irvington High School in Fremont. Holi is a festive occasion to celebrate and get inundated with a rainbow of colors. Everyone applies colors to each other and makes friends. Many dignitaries and community leaders will be in attendance. The event will have delicious food and a dazzling cultural extravaganza. The colors used at the FOG Holi event are biodegradable, skin-friendly, and organic. If this is your first Holi, here are a few tips to a better Holi experience. Wear a white or light-colored shirt. Your clothes will get covered in Holi colors and it will continue on page 12

Superhero 5k Fun Run & Walk

The “Superhero 5k Fun Run” celebrates the anniversary of the Mark Green Sports Center in Union City. Throughout the years, this race has also evolved to bring attention to the fight against Parkinson’s Disease. Join the 2023 race on Sunday, March 5.

Mark Green Sports Center began its Parkinson’s Exercise Program in 2016, and since then, this event was rededicated to kicking off the fundraising for the Parkinson’s Foundation Moving Day Event. Five dollars from every registration will be donated to our Moving Day team. We will also have awesome prize raffles for participants after finishing the race, a costume contest, and an award ceremony for the 1st, 2nd, and 3rd place winners of each race category. This race takes place rain or shine! Check in begins at 8 a.m., and the race begins at 9 a.m. sharp. Five dollars from every registration will be donated to our Moving Day team. We will also have awesome prize raffles for participants after finishing the race, a costume contest, and an award ceremony for the 1st, 2nd, and 3rd place winners of each race category.

By Dennis Lamott
Bay Philharmonic (formerly Fremont Symphony) is thrilled to present The Kings of Soul & Swing on March 4 and 5 in Union City. The evening will feature Hamilton: The Musical star Julius Thomas III and Glenn Miller Band lead vocalist Mark Kopitzke as they join forces to showcase popular hits from

continued on page 4

BayPhilharmonic presents The Kings of Soul & Swing

Festival of Globe (FOG), in association with Fremont Hindu Temple and Federation of Indo-Americans, is organizing the 2023 Holi festival celebration on a grand scale. Building on previous successes and a huge community response, this year the “Festival of Colors” is being celebrated on Saturday, March 4th, at Irvington High School in Fremont. Holi is a festive occasion to celebrate and get inundated with a rainbow of colors. Everyone applies colors to each other and makes friends. Many dignitaries and community leaders will be in attendance. The event will have delicious food and a dazzling cultural extravaganza. The colors used at the FOG Holi event are biodegradable, skin-friendly, and organic. If this is your first Holi, here are a few tips to a better Holi experience. Wear a white or light-colored shirt. Your clothes will get covered in Holi colors and it will continue on page 12

Superhero 5k Fun Run & Walk

The “Superhero 5k Fun Run” celebrates the anniversary of the Mark Green Sports Center in Union City. Throughout the years, this race has also evolved to bring attention to the fight against Parkinson’s Disease. Join the 2023 race on Sunday, March 5.

Mark Green Sports Center began its Parkinson’s Exercise Program in 2016, and since then, this event was rededicated to kicking off the fundraising for the Parkinson’s Foundation Moving Day Event. Five dollars from every registration will be donated to our Moving Day team. We will also have awesome prize raffles for participants after finishing the race, a costume contest, and an award ceremony for the 1st, 2nd, and 3rd place winners of each race category. This race takes place rain or shine! Check in begins at 8 a.m., and the race begins at 9 a.m. sharp. Five dollars from every registration will be donated to our Moving Day team. We will also have awesome prize raffles for participants after finishing the race, a costume contest, and an award ceremony for the 1st, 2nd, and 3rd place winners of each race category.

By Dennis Lamott
Bay Philharmonic (formerly Fremont Symphony) is thrilled to present The Kings of Soul & Swing on March 4 and 5 in Union City. The evening will feature Hamilton: The Musical star Julius Thomas III and Glenn Miller Band lead vocalist Mark Kopitzke as they join forces to showcase popular hits from

continued on page 4

BayPhilharmonic presents The Kings of Soul & Swing

Festival of Globe (FOG), in association with Fremont Hindu Temple and Federation of Indo-Americans, is organizing the 2023 Holi festival celebration on a grand scale. Building on previous successes and a huge community response, this year the “Festival of Colors” is being celebrated on Saturday, March 4th, at Irvington High School in Fremont. Holi is a festive occasion to celebrate and get inundated with a rainbow of colors. Everyone applies colors to each other and makes friends. Many dignitaries and community leaders will be in attendance. The event will have delicious food and a dazzling cultural extravaganza. The colors used at the FOG Holi event are biodegradable, skin-friendly, and organic. If this is your first Holi, here are a few tips to a better Holi experience. Wear a white or light-colored shirt. Your clothes will get covered in Holi colors and it will continue on page 12

Superhero 5k Fun Run & Walk

The “Superhero 5k Fun Run” celebrates the anniversary of the Mark Green Sports Center in Union City. Throughout the years, this race has also evolved to bring attention to the fight against Parkinson’s Disease. Join the 2023 race on Sunday, March 5.

Mark Green Sports Center began its Parkinson’s Exercise Program in 2016, and since then, this event was rededicated to kicking off the fundraising for the Parkinson’s Foundation Moving Day Event. Five dollars from every registration will be donated to our Moving Day team. We will also have awesome prize raffles for participants after finishing the race, a costume contest, and an award ceremony for the 1st, 2nd, and 3rd place winners of each race category. This race takes place rain or shine! Check in begins at 8 a.m., and the race begins at 9 a.m. sharp. Five dollars from every registration will be donated to our Moving Day team. We will also have awesome prize raffles for participants after finishing the race, a costume contest, and an award ceremony for the 1st, 2nd, and 3rd place winners of each race category.
A mood disorder, such as depression or bipolar disorder, is a mental health condition that primarily affects a person’s emotional state. Mood disorders can cause extreme sadness, unhappiness, or a combination of both. They range from mild to a complete inability to function. When untreated, mood disorders can lead to substance abuse, promiscuity, self-harm, or even suicide. Though common, mood disorders often go undiagnosed, and therefore untreated. This is in part, because of the stigma associated with them.

You are invited to learn more about mood disorders and the stigma surrounding them during a free, online community seminar. On Wednesday, March 22, at 12 p.m. Washington Township Medical Foundation psychiatrist Nuna Kumar, MD, will present “Mood and Anxiety Disorders: Breaking the Stigma.” To watch live on Facebook, sign in to your account, then go to Facebook.com/WashingtonHosp. Or you can watch it without an account by going to Washington Hospital’s InHealth YouTube Channel at youtube.com/inhealthh.

Stigma surrounding mood disorders come from people seeing those with mental illness in a negative way. According to Dr. Kumar, “Stigmatization of mood disorders in complex and comes in many forms. Parents of children with signs of mood disorders may be in denial that their child needs professional help or they may mistake the symptoms for laziness. People with these disorders may feel self-esteem or shame, thinking the illness is their fault, which can further increase depression and act as a barrier to recovery.”

Mood Disorders: Signs and Treatments
Mood disorders are more common than people may think. By the age of 18, more than 14% of adolescents will have experienced a mood disorder and nearly 10% of adults have had one in the past year. Even before the pandemic, mental health challenges facing young people was a growing concern. Since the COVID-19 outbreak, the number of adolescents screening positive for depression and suicide risk has increased, according to the American Academy of Pediatrics.

“Low mood and lack of interest in doing things are just two of the 16 common signs of depression in young adults,” explains Dr. Kumar. Other symptoms include sleeping disorders, social withdrawal, and self-harm, such as cutting or burning one’s self.

Treatments for mood disorders depend on the specific condition and symptoms. Usually treatment involves a combination of antidepressants or mood-stabilizing medications and psychotherapy, also called talk therapy. Dr. Kumar will be speaking more in depth about the different types of mood disorders, their signs and symptoms, and ways they are treated in the free online seminar.

Every three years, Washington Hospital conducts a comprehensive community health needs assessment. The purpose of the study is to identify the most critical physical and mental health issues local residents are facing, so the Hospital can tailor their services and education programs to improve the health of the community. The most recent study found that behavioral health is a top health need in the community, with depression and stress as the most common issues raised in interviews and focus groups. Dr. Kumar’s March 22 seminar is in direct response to the community’s concern and need about mental health issues.

Dr. Kumar is a board-certified psychiatrist with more than 25 years of experience treating adults with mood disorders and other psychiatric conditions. “What I have learned over the years is that when one member of a family is suffering from mental illness, it can have an adverse effect on the mental health of the rest of the family,” she explained. “Helping one patient can strengthen marriages, relations between parents and children, and other family dynamics.”

To learn more about Dr. Kumar, go to mywtmf.com/find-a-doctor/neeru-kumar-md. Online education and support for those with mental illness and their caregivers is available from the National Association of Mental Illness at NAMI.org. If you are having thoughts of harming yourself or others, call 988 for the U.S. Suicide & Crisis Lifeline whose experts are available to help 24/7.

Mood and Anxiety Disorders Are on the Rise
Free Seminar Will Cover Signs, Treatments, and the Stigma Surrounding Them

Online seminar addresses stigma associated with mood disorders.

Health Care Videos More Accessible Than Ever!
Health Care Videos More Accessible Than Ever!

Breathe Easy: Managing Asthma
Asthma attacks often come unexpectedly, and you can’t catch your breath, and for a moment, don’t know if you need emergency assistance. Ryan Grant, respiratory therapist, helps identify your asthma triggers, control symptoms, and understand when you need medical attention.

Heart Attack! We’re Here for You
The cardiology team at Washington Hospital hopes you never need them, but if you do, they’re prepared. Watch this video to better understand the longer-term treatment for patients with heart-related events.

Shoulder Pain: Causes and Treatment Plans
Mridulal Director of Washington Sports Medicine and Orthopedic surgeon, Russell Hart, MD, explains reasons for shoulder pain and treatment options for each type of condition.

Coming Soon!
Coming Soon!

Life After Stroke
Wednesday, March 8, 1:30 p.m.
Recovering from a stroke can be overwhelming. Medical Director of Washington Hospital’s Stroke Program, Dr. Prabhjot Khatas, will address the importance of rehabilitation programs and home adaptations.

Other Video Topics:
• Joint Pain
• Stroke Awareness
Washington Township Health Care District monthly board meetings

Events Information
For more information or to register for events, call 800.963.7070 or visit whhs.com/events.

Visit Us!
Visit Us!

YouTube Channel at YouTube.com/whhsInHealth.
You can watch it without an account by going to Facebook.com/WashingtonHosp. Or you can watch it without an account by going to Washington Hospital’s InHealth YouTube Channel at youtube.com/inhealthh.

Online seminar addresses stigma associated with mood disorders.

InHealth YouTube Channel
YouTube Channel at YouTube.com/whhsInHealth. 31,000 subscribers (#Washington Hospital’s YouTube Channel)

Free Seminar Will Cover Signs, Treatments, and the Stigma Surrounding Them
Free Seminar Will Cover Signs, Treatments, and the Stigma Surrounding Them

Mood and Anxiety Disorders Are on the Rise
Free Seminar Will Cover Signs, Treatments, and the Stigma Surrounding Them

Online seminar addresses stigma associated with mood disorders.
Josie Young had lived with a heart murmur for at least 15 years, but it hadn’t caused her any problems, until it did. She started having difficulty walking up an incline. It got so bad that her husband installed a railing so she could pull herself up her steep driveway and into the house. Finally, she called her cardiologist, Dr. Steven DeGalan, who had been monitoring her condition over the years. “He said I should come right in,” Josie said. “I saw him on a Wednesday and I was on a gurney the following Wednesday rolling into surgery for the TAVR procedure. Dr. DeGalan ran some tests and determined I needed surgery right away to replace my heart valve. He recommended Dr. Beygui.”

Dr. Ramin Beygui is the medical director of Cardiothoracic Surgery at Washington Hospital and one of two UCSF cardiothoracic surgeons who perform a relatively new minimally invasive aortic valve procedure at Washington Hospital called TAVR, short for transcatheter aortic valve replacement. The aortic valve regulates the flow of blood to and from the heart. When it’s not working properly, you can feel tired, weak and short of breath.

With the TAVR procedure, surgeons replace the heart valve without opening up the chest. Instead, the TAVR procedure is conducted entirely through a catheter inserted into the femoral artery in the groin. A fully collapsible replacement valve is delivered through the catheter to the valve site. Once the new valve is expanded, it pushes out the old valve and the replacement valve takes over. There is no need to remove the old valve.

“Dr. Beygui was amazing,” Josie said. “I really received great care. Kelly Franco (nurse practitioner and Cardiothoracic Surgery and Valve Clinic coordinator) explained everything to me, so I knew what to expect. She answered all my questions. When I heard they could replace it without opening my chest, I was so relieved.”

With TAVR, patients like Josie experience shorter hospital stays and quicker recovery times. “I had the surgery on Wednesday and I was home by Friday,” she said. “And except for the incision area, there was no pain.”

Unexpected Find

While Josie was being prepared for surgery, Dr. Beygui saw an abnormality on one of the scans. After she had her heart procedure, Josie was referred to Dr. William E. Dugoni Jr., a surgeon with Washington Township Medical Foundation and medical director of the Washington Women’s Center, who determined she had breast cancer. “They caught it early — stage 1,” Josie said. “If it hadn’t been discovered by Dr. Beygui, it could have been so much worse. It’s like a little miracle.” She continued, “All my appointments got scheduled and I didn’t have to worry about anything.”

After a lumpectomy and radiation, Josie is cancer free. Now that her heart is working properly, she has her strength back. “I now walk with my neighbors,” she said. “They were worried I wasn’t moving around enough, so they got me to start walking. Now the three of us walk on a regular basis. We talk about our day, our families, you know, girl talk.” At 79, Josie is happy to stay busy and spend time with her husband, Ed. When it comes to Washington Hospital, she’s quite the fan.

For more information about the UCSF/Washington Hospital Cardiac Services Program, visit www.whhs.com/heart.

Cancer Was Discovered as She Prepared for Minimally Invasive Heart Surgery

A heart valve replacement procedure, called TAVR, helped Josie Young and her husband Ed start enjoying life once again.
Julius Thomas III is an NAACP Theatre award-nominated actor from Gary, Indiana. He starred as Alexander Hamilton in the smash hit musical, *Hamilton*, and as Berry Gordy in the mega box office hit, *Motown: The Musical*. His resume boasts four Broadway shows, six Broadway national tours, a host of regional theatre roles, and TV appearances on *Modern Family*, *Sesame Street*, and more. For the past nine years, Mark Kopitzke reverently evoked 1940s nostalgia with his honey-toned vocals and charismatic stage charm as a soloist and occasional frontman with the Glenn Miller Orchestra's international contingent. Kopitzke experienced the worldwide love of this timeless music performing in over 200 shows throughout Australia, Thailand, New Zealand, the Philippines, and more.

Under the leadership of newly appointed Executive Director Barett Hoover and Artistic Director Jung-Ho Pak, Bay Philharmonic begins a new era of arts and entertainment experiences for all audiences. Executive Director Hoover joined the organization in July of 2022. Before his work with the Bay Philharmonic, Hoover held a leadership position as General Manager with Chamber Music Hawaii, and with Leonard Thompson and Hawaii Opera Theater. Hoover's appointment coincided with the announcement that Jung-Ho Pak would take a larger leadership role as Artistic Director and Conductor to elevate the organization's mission and impact in the community. Pak joined the organization in 2018 and helped navigate its artistic direction through the COVID-19 pandemic. Pak has also held the same title with the Cape Cod Symphony Orchestra in Massachusetts since 2007.

“Our name reflects that we belong to the entire Bay Area and beyond,” said Barett Hoover. “Our community gives us the energy to captivate millions to its shores to live, work and dream. Its beauty inspires us to create high-quality music and theatrical experiences. The word Philharmonic means the love of harmony, meaning we are a source of beautiful sounds and diverse co-existence. We invite you to see for yourself just how the Bay Philharmonic creates an experience built for you.”

“With much beauty and joy, our goal is to preserve the most imaginative and extraordinary shows. We believe that our audience in the primary reason we exist, and we want to exceed their expectations at every performance,” continued Jung-Ho Pak.

Bay Philharmonic presents *The Kings of Soul & Swing* Saturday, Mar 4; 7:30 p.m. Sunday, Mar 5; 3 p.m. James Logan High School Performing Arts Center 11th St., Union City (510) 371-4860 BayPhil.org Tickets: $35-$67

Black History Month Art Showcase

On February 10, 2023, Studio 11 in Union City held their annual Art Showcase for Black History Month. The show honors, recognizes, and celebrates African American history, culture, stories, and arts. Tri-City Voice photographer attended the event and captured artists and attendees enjoying the vibe. Art on display included clothing, food by Mad Creations, and more.

See more upcoming events from Studio 11 on the Union City website at https://www.unioncity.org/589/Arts-Culture-Studio-11.

Studio 11 34626 11th St., Union City Instagram: @studio11gallery

Sharat G. Lin, “The Dancer of Peace” Sharat G. Lin with photojournalism pieces

Artist Will Francis

continued from page 1

Black History Month Art Showcase

PHOTOS BY VICTOR CARVELAS

On February 10, 2023, Studio 11 in Union City held their annual Art Showcase for Black History Month. The show honors, recognizes, and celebrates African American history, culture, stories, and

Black History Month Art Showcase

PHOTOS BY VICTOR CARVELAS

On February 10, 2023, Studio 11 in Union City held their annual Art Showcase for Black History Month. The show honors, recognizes, and celebrates African American history, culture, stories, and arts. Tri-City Voice photographer attended the event and captured artists and attendees enjoying the vibe. Art on display included clothing, food by Mad Creations, and more.

See more upcoming events from Studio 11 on the Union City website at https://www.unioncity.org/589/Arts-Culture-Studio-11.

Studio 11 34626 11th St., Union City Instagram: @studio11gallery

Sharat G. Lin, “The Dancer of Peace” Sharat G. Lin with photojournalism pieces

Artist Will Francis
Well over 100 members of the Hayward Police Department (HPD), Hayward Fire Department (HFD) and local leaders gathered at the Hayward Veterans Memorial Hall on Friday, February 17, 2023 to reflect on the life and legacy of recently deceased veteran Everett Veal, who passed away on October 22, 2022. Veal had spent over 40 years serving the HPD and HFD as well as helping organize large-scale events such as the annual HPD Crab Feed and the “Bay to Breakers” 12K footrace.

“Everett wasn’t just an exceptional officer but he was a true gentleman,” said current HPD Captain Dan Olsen during Friday’s service. “In the 1960’s during the peak of the civil rights movement, Officer Veal was commended for how he responded to a purse theft. When he got the perpetrator, he resolved the issue with remarkable kindness and grace which contradicted much of the public’s image of law enforcement at that time.”

Born in Tyler, Texas in 1933, Veal served as a technical sergeant at the Amarillo Air Force Base before relocating to El Cerrito, CA and eventually settling in the East Bay when he moved to Fremont. An avid athlete and bodybuilder, Veal was working out at a local gym when several HPD officers who were impressed by his physique recruited him into the department in 1958. For the next 43 years, Veal served primarily as a night-patrol officer but accomplished everything from removing dozens of stolen vehicles, to climbing up a pipe on the side of an apartment wall to take down an assailant, and successfully completing a standoff with no deaths.

In 1972, Veal was named HPD Officer of the Year, and in 1999 he was awarded HPD Officer of the Year by fellow HPD veteran Yolanda Galvan in person as Veal rejoined the HPD as a part-time officer from 1998 to 2018 and in that time he served as an administrative auxiliary officer, HPD armorer and HPD range master. In addition to welcoming new recruits, Veal constructed the HPD’s first shooting range and went on to train scores of cadets, helping all of them pass their final shooting tests. Veal also served the Hayward Fire Department as a route driver and course instructor.

“Everett joined the HPD at a time when officers had to buy their own equipment and figure out how to get shooting practice on their own time. Everett changed that process into what it is today,” stated Olsen.

“Everett changed that culture completely and was always there when you needed him. Whether you needed his truck or his muscles, Everett was there,” Galvan added.

In addition to his police accolades, Veal was a local celebrity in his own right. Friends and colleagues described Veal as “Always the best dressed” at HPD functions. Veal and Galvan were regulars at the now-defunct Good Eats restaurant, which used to be across the street from the HPD station on Winton Avenue, so much so that they named Veal’s custom breakfast order into a dish known as the “Everett Sandwich.”

“Everett was especially loved by everyone, except maybe his three ex-wives,” quipped Galvan. “I didn’t want to be the fourth anything, but he was a loving partner for 40 years and a great father. Whosoever you needed something, Everett was there and I know his legacy will live on.”

Members of Hayward Police Department with a presentation of colors

Everett Veal’s partner of 40 years, Yolanda Galvan

Hayward Police and Fire Department reflect on legacy of veteran and local hero

BY HUGO VERA

Emphathetic, Accurate & Timely Service is our #1 Priority

Sales

Personalized Service

Special Orders

Medical Supplies

Scissors

Lift Chains

Bath Accessories

Wheelchairs

Waders/Caress/Couches

Ask for Daily Living

Home Health/Bed/Bath

Physical Therapy Equipment For Sale

Benefits of Exercise Paddlers

Not only will you maintain your physical fitness, but you’ll also help keep certain diseases at bay. For starters, an exercise paddler will improve circulation and help your joints healthy. This is also a wonderful way to get your credits exercise in.

Haller’s Medical Supplies

510-797-2221

4067 Pinto Blvd, Fremont

www.hallersexs.net

Mon-Fri 9:00 a.m. - 6:00 p.m.  Sun 9:00 a.m. - 4:00 p.m.

Sun Closed.

Do you feel stuck

where you are in life?

Do you struggle with

weight or health?

Maximize

Your Potential

Do you look for

more career

fulfillment?

Do you simply

want more from life?

HUMAN POTENTIAL COACHING

No pressure! Be free to be

more freely,

fully, and completely,

to choose your path to

the life you really want.

Learn More:

LaurenceHansen.com

Springing forward

Breast Augmentation

USING Allergan Silicone Implants

S$7,500.00 Limited Time! 1st time augmentations only

Day 3/28/23

Facelift Specialist

Breast Augmentation specialist

Breast Lift

Breast Reduction

Mommy Makeover Specialist

Tummy Tuck

Upper/Lower Eyelids

Removal of Excess skin surgery

Weight loss

Breast Reconstruction Specialists

We accept most insurance providers

East Bay Hand & Plastic Surgery Center

We customize treatments for your individual needs

Highly skilled and trained in all aspects of Cosmetic Surgery

Complimentary Cosmetic Consultations

SPRINGING FORWARD

Back by popular demand

SkinCeuticals

@20% off original price

Botox

$16.00 a unit

when you mention this ad

We are part of the

Brilliant Distinctions Program (AB&A)

Must Mention ad for Promo Prices

Call for current specials

510-791-9700

Contact Drs. Khan for more information

drs.sons@prasadklaran.com

www.prasadklaran.com

facebook  Instagram  yelp

Prasad G. Kilaru, MD, MBA

Diplomate, American Board of Plastic Surgery

Over 20 years experience in cosmetic surgery

39141 Civic Center Dr. #110, Fremont
Park It: Take a map when you visit a park
By Nett MacKer

Whenever you visit an East Bay Regional Park or any other public open space, it is essentially to bring a map with you. With smartphones on an open phone, you can keep track of where you are, determine trail distances, and locate restrooms, drinking fountains, and other park facilities. Within the Regional Parks, there are trail markers at each trail junction. In many of the parks, numbers on the signs correspond to numbers on the park brochure map for easy reference.

Apart from general convenience, a map can be really important for directing assistance to your location in an emergency.

Four Regional Park brochures, which include maps and other useful information, are generally available at trailhead information panels. Or you can find maps of 42 of the Regional Parks at the Park District website, www ebparks.org/maps. The site includes information on how to download free Park District maps for use with the Auto Navi app. Your GPS will show your next location on the map on your mobile browser.

As it happens, there’s a “Maravéloso Map”-map–registering program scheduled from 10 a.m. to 12 noon on Saturday, March 4, at Black Diamond Mines Regional Park in Antioch. If you can’t make it on March 4, Maravéloso Maps range from 1:30 to 3:30 p.m. on Saturday, April 8.

Also at Black Diamond Mines, naturalist Kate Gandher will have a two-hour guided hike from 1:30 p.m. to 3:30 p.m. March 4 in celebration of Women’s History Month. Along the way, the group will learn about the role of women during the park’s historic coal mining era. The activity is for ages seven and older; parental participation is required. Wear sturdy shoes and bring water.

Both programs are free and registration is not required. For other program, meet the naturalist in the upper parking lot on Sonoma Valley Road, 3½ miles north of Highway 4 and a mile past the parking entrance kiosk. Heavy rain may delay. For information, call (510) 544-2749 and check the Park District website for closure notifications.

Wildlife groups are on the agenda from 11 a.m. to 12 noon on Sunday, March 5, and again at the same time on Sunday, May 7, at Big Break Regional Shoreline in Oakley. The program is for kids five to twelve; adult participation is just in support of the kids as they go native to our natural world.

This program is free and registration is not necessary. Big Break is at 1st Big Break Road off Oakley’s Main Street. Meet at the park’s sand pit for information, call (510) 544-3187.

The history of the Niles Canyon Transcontinental Railroad, including the role of Chinese workers, is the theme of a program from 12 noon to 2 p.m. on Saturday, March 4, at the visitor center in Sunol Wilderness Regional Park with naturalist Erica Stephens. Stephens will tell stories of how the Chinese workers built a bridge that East Bay lands up to the present day.

The program is free and registration is not required. For other program, meet the naturalist at the end of Garey Road off California Road at the mile west of 480 and the town of Sunol. There’s parking fee of $5 per vehicle. For information, call (510) 544-3249.

The recurring Saturday Stroll program will be a bit longer on Sunday, March 4 – a moderately tiring 4½-mile hike at Anthony Chabot Regional Park. Meet near the naturalist at the Childs-Woodside Staging Area at 9:30 a.m. to explore a stream-earned canyon, a vernal pool that may be full of tadpoles, and a view to the East Bay’s ear-old-growth redwood tree.

The staging area is at the intersection of Shellmound Road and Great Valley Road in Oakland. For information, call (510) 544-3187.

Discover the creatures that inhabit the streams and ponds at Tilden Nature Area near Berkeley during a program from 3 p.m. to 5 p.m. on Sunday, March 12, with naturalist Tianna Price. This program is free and registration is not necessary. Meet out that can get wet and muddy. Meet at Tilden Environmental Education Center, which is at the north end of Carrell Park Drive. For information, call (510) 544-2235.

There are many programs scheduled in the East Bay Regional Parks in coming days. For the full story, visit www ebparks.org/things-to-do.

Submitted by the Association of Mature American Citizens
This old hog sold for a record-breaking price
A 116-year-old motorcycle sold for nearly a billion-dollar record in the building’s current office space.

The Association of Mature American Citizens, a nonprofit representing membership in Washington, D.C. and in local and national conservative organizations. More information is available online at website at www.amac.us.

Talented Conductor Joins East Bay People’s Choir
By Monica Lee

Emelina Montoya, elementary music teacher in San Jose, has joined the artistic elementary music teacher in Sunol. Montoya has sung with the Menlo Park Chamber Singers, Montoya earned a Bachelor of San Jose, has joined the artistic elementary music teacher in Sunol. Montoya has sung with the Menlo Park Chamber Singers, Mission Peak Chamber Singers, and Montoya has sung in tours throughout the United States, Europe, Asia, and Latin America. Montoya’s voice is the highlight of the choir and she is a regular contributor to the group’s repertoire. Montoya’s voice is a perfect fit for the choir’s repertoire and her passion for music is evident in her performances.

Montoya earned a Bachelor of San Jose, has joined the artistic elementary music teacher in Sunol. Montoya has sung with the Menlo Park Chamber Singers, Mission Peak Chamber Singers, and Montoya has sung in tours throughout the United States, Europe, Asia, and Latin America. Montoya’s voice is the highlight of the choir and she is a regular contributor to the group’s repertoire. Montoya’s voice is a perfect fit for the choir’s repertoire and her passion for music is evident in her performances.

Montoya has sung with the Menlo Park Chamber Singers, Mission Peak Chamber Singers, and Montoya has sung in tours throughout the United States, Europe, Asia, and Latin America. Montoya’s voice is the highlight of the choir and she is a regular contributor to the group’s repertoire. Montoya’s voice is a perfect fit for the choir’s repertoire and her passion for music is evident in her performances.

Montoya earned a Bachelor of San Jose, has joined the artistic elementary music teacher in Sunol. Montoya has sung with the Menlo Park Chamber Singers, Mission Peak Chamber Singers, and Montoya has sung in tours throughout the United States, Europe, Asia, and Latin America. Montoya’s voice is the highlight of the choir and she is a regular contributor to the group’s repertoire. Montoya’s voice is a perfect fit for the choir’s repertoire and her passion for music is evident in her performances.

Montoya earned a Bachelor of San Jose, has joined the artistic elementary music teacher in Sunol. Montoya has sung with the Menlo Park Chamber Singers, Mission Peak Chamber Singers, and Montoya has sung in tours throughout the United States, Europe, Asia, and Latin America. Montoya’s voice is the highlight of the choir and she is a regular contributor to the group’s repertoire. Montoya’s voice is a perfect fit for the choir’s repertoire and her passion for music is evident in her performances.

The choir is looking for people of all ages and backgrounds who can learn to sing together in a safe and performing environment. The choir structure has a wide range of styles from traditional to contemporary tunes from all over the world. If you can speak, you can sing. REAL, and Montoya. “When we sing with the People’s Choir, you join a community of people from all walks of life. They will get to learn some singing and new techniques in an environment free from judgement. Also, you may even make two friends! Both choirs are performing Let Them Eat Cake’s light-hearted concert on March 11 at 7:30 p.m. The theme is an ice cream social and there is even cake included! Rehearsals for both choirs are on Tuesday evenings at Irvington Presbyterian Church in Fremont. More information can be found on their website at www.unhcn.org.

Let Them Eat Cake!
Saturday, Mar 11
7:30pm
Niles Discovery Church 1660 Niles Blvd, Fremont Tickets $15-45
Doughnut economics: A new economic model to replace the current take

BY VANDANA BALAKRISHNAN

The linear economy, also known as the “take, use and dispose” model has been fueled by the underlying belief in our culture that money and economics (read: job creation and spend culture) should dictate how resources are utilized. While this model has encouraged spending and stimulated the economy, making certain parties very rich, it has come at a massive cost to the environment and social justice.

The current economic model operates under the assumption that resources are infinite, which they obviously are not. The current economic model is also not concerned with social justice. In other words, the current model does not concern itself about how resources are obtained, if they are obtained sustainably. How the resources are extracted, whether or not conditions under which resources are obtained are fair, whether the resource extraction cause any non-economic stresses, these concerns are simply not accounted for by the current economic model.

Needless to say, these practices have not only caused massive damage to the environment and the Earth’s limited resources, but also have contributed greatly to the exploitation of vulnerable sections of our population and greatly increased the risk to the exploitation of vulnerable sections of our population and greatly increased the risk of human suffering.

In recognition of the problems with the current economic model, an alternative was put forth by economist Kate Raworth in 2012. She introduced an alternative business model called “doughnut economics” that attempts to create a balance between the competitive, market driven economic success and the need and the environment and the people who inhabit it.

The “doughnut” refers to two concentric rings: The outer ring represents an ecological boundary that limits the way that the Earth can function, and the inner ring is a foundational ring that preserves a basic standard of living for all people.

Kate Raworth asks us to imagine a doughnut as a way of visualizing the economic activity that we need to have in order to enable a sustainable economic model. While the current economic model is focused on continuous growth of the GDP, the doughnut model focuses on meeting basic needs, such as food, water, and healthcare, while also protecting the environment and social justice values.

In recognition of the problems with the current economic model, an alternative was put forth by economist Kate Raworth in 2012. She introduced an alternative business model called “doughnut economics” that attempts to create a balance between the competitive, market-driven economic success and the need and the environment and the people who inhabit it.

The “doughnut” refers to two concentric rings: The outer ring represents an ecological boundary that limits the way that the Earth can function, and the inner ring is a foundational ring that preserves a basic standard of living for all people.

Kate Raworth asks us to imagine a doughnut as a way of visualizing the economic activity that we need to have in order to enable a sustainable economic model. While the current economic model is focused on continuous growth of the GDP, the doughnut model focuses on meeting basic needs, such as food, water, and healthcare, while also protecting the environment and social justice values.
Tri-City History - Street Names #2: Mayhew's Landing Road

By Kelley Camello, for the Washington Township Museum of Local History

Mayhew's Landing Road. A street that runs from Newark Boulevard west to Willow Street and parallel Newark Slough to the San Francisco Bay.

Mayhew's Landing Road is named for the early settler, Captain Joseph Addison Mayhew. In 1852-1853, Captain Mayhew purchased the former Bund's Landing in what is now Newark. This landing rested on one of the biggest and deepest sloughs of the extensive San Francisco Bay shoreline. It was located one mile south of the center of today's City of Newark and shipped Coors Hill and Dunbarton Point. Today, the area is part of the Don Edwards San Francisco Bay Wildlife Refuge.

When Jonathan Mayhew arrived in 1854, he purchased from his nephew the complete interest in the land. Jonathan named the old landing into a profitable, thriving business. He established a fleet of sloops, as well as wheat, hay and coal warehouses. He also added a lumberyard and a shipyard. Until about 1865, most of the over-water shipping to San Francisco (just 24 miles away) was handled by the Mayhew fleet.

In 1864, Mayhew sold his interest in the pre-land. A handful of years prior, he had purchased 1,300 acres of flat land range in what is today Newark's city center. He became a livestock farmer, married, and settled down in a two-story home on the property. The family home was located at 615 Thornton Avenue (in today's wooded.) It was also known as the Fair House, for Senator James Fair who later owned the property. The home was then gone, replaced by a mass of new condominium homes.

Let's explore local history together! Have a topic or idea you'd like us to look into? Email us at info@museumoflocalhistory.org.

San Leandro Players present: 'Blithe Spirit'

Submitted by Terry Guillory

San Leandro Players’ upcoming comic play promises an “improbable farce in three acts.” Charles Condomine is a successful author but is having a bit of writer’s block. In order to get realistic evidence and dialogue for the current book he’s writing, he invites Madame Arcati, an eccentric medium, to his home to get a bit of help.

“Blithe Spirit” is presented by San Leandro Players as part of their upcoming comic play presents an “improbable farce in three acts.” The play features Dawn Cates, Nina Sundsten, Kenneth Matis, Laura Martin-Chapin, Laura Martin-Denis, Darren Cates, Matthew Davis, and others.

Performances run March 4 through April 2 at San Leandro Museum Auditorium next to the San Leandro Museum. Performances include Saturdays: 8 p.m., Sundays: 2 p.m. Plus two Fridays, May 24 @ 8 p.m. and June 1 @ 8 p.m.

Blithe Spirit, Saturday, May 6 – 8 p.m. Sunday, May 7 – 2 p.m.

For complete cast, costume rules and submission details, visit the City of Fremont website at fremontcs.libprod.govac.org.

City of Fremont Human Services Department, Youth and Family Services Division in partnership with Fremont Unified School District, is hosting the 6th annual Children's Mental Health Awareness Art Competition and Virtual Exhibit.

This year’s theme, “My Happy Place,” will help promote Mental Health Awareness. Students living in Fremont and attending Fremont Unified School District schools are encouraged to submit artwork, photographs and poetry. The first 100 entries are guaranteed to be judged. The deadline to submit entries is 12 noon Friday, March 24.

For complete, costume rules and submission details, visit the City of Fremont website at fremontcs.libprod.govac.org.

City of Fremont Human Services Department, Youth and Family Services Division in partnership with Fremont Unified School District, is hosting the 6th annual Children’s Mental Health Awareness Art Competition and Virtual Exhibit.

The theme for this year’s competition is “My Happy Place.” Students living in Fremont and attending Fremont Unified School District schools are encouraged to submit artwork, photographs and poetry. The first 100 entries are guaranteed to be judged. The deadline to submit entries is 12 noon Friday, March 24.

For complete, costume rules and submission details, visit the City of Fremont website at fremontcs.libprod.govac.org.

City of Fremont Human Services Department, Youth and Family Services Division in partnership with Fremont Unified School District, is hosting the 6th annual Children’s Mental Health Awareness Art Competition and Virtual Exhibit.

The theme for this year’s competition is “My Happy Place.” Students living in Fremont and attending Fremont Unified School District schools are encouraged to submit artwork, photographs and poetry. The first 100 entries are guaranteed to be judged. The deadline to submit entries is 12 noon Friday, March 24.

For complete, costume rules and submission details, visit the City of Fremont website at fremontcs.libprod.govac.org.

City of Fremont Human Services Department, Youth and Family Services Division in partnership with Fremont Unified School District, is hosting the 6th annual Children’s Mental Health Awareness Art Competition and Virtual Exhibit.

The theme for this year’s competition is “My Happy Place.” Students living in Fremont and attending Fremont Unified School District schools are encouraged to submit artwork, photographs and poetry. The first 100 entries are guaranteed to be judged. The deadline to submit entries is 12 noon Friday, March 24.

For complete, costume rules and submission details, visit the City of Fremont website at fremontcs.libprod.govac.org.

City of Fremont Human Services Department, Youth and Family Services Division in partnership with Fremont Unified School District, is hosting the 6th annual Children’s Mental Health Awareness Art Competition and Virtual Exhibit.

The theme for this year’s competition is “My Happy Place.” Students living in Fremont and attending Fremont Unified School District schools are encouraged to submit artwork, photographs and poetry. The first 100 entries are guaranteed to be judged. The deadline to submit entries is 12 noon Friday, March 24.

For complete, costume rules and submission details, visit the City of Fremont website at fremontcs.libprod.govac.org.

City of Fremont Human Services Department, Youth and Family Services Division in partnership with Fremont Unified School District, is hosting the 6th annual Children’s Mental Health Awareness Art Competition and Virtual Exhibit.

The theme for this year’s competition is “My Happy Place.” Students living in Fremont and attending Fremont Unified School District schools are encouraged to submit artwork, photographs and poetry. The first 100 entries are guaranteed to be judged. The deadline to submit entries is 12 noon Friday, March 24.

For complete, costume rules and submission details, visit the City of Fremont website at fremontcs.libprod.govac.org.

City of Fremont Human Services Department, Youth and Family Services Division in partnership with Fremont Unified School District, is hosting the 6th annual Children’s Mental Health Awareness Art Competition and Virtual Exhibit.

The theme for this year’s competition is “My Happy Place.” Students living in Fremont and attending Fremont Unified School District schools are encouraged to submit artwork, photographs and poetry. The first 100 entries are guaranteed to be judged. The deadline to submit entries is 12 noon Friday, March 24.

For complete, costume rules and submission details, visit the City of Fremont website at fremontcs.libprod.govac.org.

City of Fremont Human Services Department, Youth and Family Services Division in partnership with Fremont Unified School District, is hosting the 6th annual Children’s Mental Health Awareness Art Competition and Virtual Exhibit.

The theme for this year’s competition is “My Happy Place.” Students living in Fremont and attending Fremont Unified School District schools are encouraged to submit artwork, photographs and poetry. The first 100 entries are guaranteed to be judged. The deadline to submit entries is 12 noon Friday, March 24.

For complete, costume rules and submission details, visit the City of Fremont website at fremontcs.libprod.govac.org.

City of Fremont Human Services Department, Youth and Family Services Division in partnership with Fremont Unified School District, is hosting the 6th annual Children’s Mental Health Awareness Art Competition and Virtual Exhibit.

The theme for this year’s competition is “My Happy Place.” Students living in Fremont and attending Fremont Unified School District schools are encouraged to submit artwork, photographs and poetry. The first 100 entries are guaranteed to be judged. The deadline to submit entries is 12 noon Friday, March 24.

For complete, costume rules and submission details, visit the City of Fremont website at fremontcs.libprod.govac.org.

City of Fremont Human Services Department, Youth and Family Services Division in partnership with Fremont Unified School District, is hosting the 6th annual Children’s Mental Health Awareness Art Competition and Virtual Exhibit.

The theme for this year’s competition is “My Happy Place.” Students living in Fremont and attending Fremont Unified School District schools are encouraged to submit artwork, photographs and poetry. The first 100 entries are guaranteed to be judged. The deadline to submit entries is 12 noon Friday, March 24.

For complete, costume rules and submission details, visit the City of Fremont website at fremontcs.libprod.govac.org.

City of Fremont Human Services Department, Youth and Family Services Division in partnership with Fremont Unified School District, is hosting the 6th annual Children’s Mental Health Awareness Art Competition and Virtual Exhibit.

The theme for this year’s competition is “My Happy Place.” Students living in Fremont and attending Fremont Unified School District schools are encouraged to submit artwork, photographs and poetry. The first 100 entries are guaranteed to be judged. The deadline to submit entries is 12 noon Friday, March 24.

For complete, costume rules and submission details, visit the City of Fremont website at fremontcs.libprod.govac.org.

City of Fremont Human Services Department, Youth and Family Services Division in partnership with Fremont Unified School District, is hosting the 6th annual Children’s Mental Health Awareness Art Competition and Virtual Exhibit.

The theme for this year’s competition is “My Happy Place.” Students living in Fremont and attending Fremont Unified School District schools are encouraged to submit artwork, photographs and poetry. The first 100 entries are guaranteed to be judged. The deadline to submit entries is 12 noon Friday, March 24.
Cub Scout Yo-Yo Day was a huge success!

SUBMITTED BY Maureen Little

On February 18, over 80 young Cub Scouts and around 10 professional yo-yo performers gathered at the Fremont Central Park for one reason: Enjoying the art of yo-yoing! Thanks to the San Francisco Spindox Yo-Yo Club, Fremont Council Boy Scouts of America (BSA), formerly Boy Scouts of America District Palms Pavilion venue, the Mission Peak BSA Scouting program in the area, check out the BSA Scouting program in the upcoming events and meetings. For more information about the BSA Scouting program in the area, check out www.missionpeakscouts.com.

Traversing Tech for Nonprofits: Incorporating automation into your social media strategy

SUBMITTED BY Tina Ferreira Steckler

To City Nonprofit Coalition (TCNPC) will have a live Zoom meeting on Wednesday, March 8 featuring speaker Nizar Ahmed, a strategic event and automation media producer. If you are a nonprofit leader, staff member, volunteer, or overall nonprofit champion, and one or more of the following questions apply to you, sign up for this meeting ASAP:

- Are you overwhelmed with the many tool options, and unsure which ones are free?
- Are you frustrated with finding ways to efficiently create your social media content?
- Are you anxious to find ways to streamline your efforts in social media content, while also responding to concerns your nonprofit?
- Are you wondering whether you can use ChatGPT (the AI chatterbot) that can answer almost any question you ask to create content about your nonprofit?
- Are you wondering whether you can use ChatGPT (the AI chatterbot) that can answer almost any question you ask to create content about your nonprofit?
- Are you overwhelmed with the many tool options, and unsure which ones are free?
- Are you frustrated with finding ways to efficiently create your social media content?
- Are you anxious to find ways to streamline your efforts in social media content, while also responding to concerns your nonprofit?
- Are you wondering whether you can use ChatGPT (the AI chatterbot) that can answer almost any question you ask to create content about your nonprofit?
- Are you wondering whether you can use ChatGPT (the AI chatterbot) that can answer almost any question you ask to create content about your nonprofit?

Presenter Nizar Ahmed will be speaking about free tools that nonprofits can use to incorporate automation into their social media strategy. This presentation will focus on ways to use Camera, Google Sheets, and ChatGPT in your strategy to automate and streamline your efforts in social media content creation. The presentation will include a live demo so we can see the tools in action.

Nizar Ahmed is a strategic event and automation media producer with a strong background in video production and collaboration. He has over 15 years of working in the commercial, private, and public sectors where he has managed all aspects of events, video production services, digital experiences, and integrated marketing teams. Nizar has worked with Universal Music, Cartoon Network, VMWare, Dropbox, and corporate commercial productions for the NFL, to name a few. His experience with community and non-profit volunteer work includes North-American Shelter for the Abused, National Society of Black Engineers, HOMS Langley-Abroad, Islamic Relief, Al-Medina Education Center, and Marinai, CAIR-SFBA and MCC East Bay.

To register for the event, visit https://tinyurl.com/TCNPC-March2023, or use the QR code. After registering, you will receive a confirmation email containing information about joining the meeting. Questions? Use our contact form at https://tinyurl.com/TCNPC-Contact.

Hayward to update Sidewalk-Vending Ordinance

SUBMITTED BY City of Hayward

The City of Hayward is updating local rules related to sidewalk vending of food and merchandise in the city and outreach to community members to provide input on the topic and let us know if they would like to be kept aware of any proposed changes.

The update is needed to bring the City’s Municipal Code into alignment with 2018 state legislation, SB 946, which protects the right of sidewalk vendors to sell from unmotorized carts, wagons and displays on public sidewalks and pathways, and allows local governments limited authority to regulate the activity. The update also provides an opportunity for the city to hold discussions and better understand how to support sidewalk vending while also responding to concerns expressed raised by some community members about the impact of sidewalk vending on local restaurants.

To learn more about the Sidewalk-Vending Ordinance Update Project, visit hayward-ca.gov and search for Sidewalk-Vending Ordinance. If you would like to submit comments or be added to the project’s interest list, you may do so by sending an email to sidewalkvending@hayward-ca.gov.
Mountain to Monument

DOORTHEE VELSTROE
The 204th U.S. President helped to grow the country at home and abroad.

ARMARIA COLLUM
One 184th President stated the Civil War and slavery.

MOSKIA RYBOSHI
The first president of the United States and author of the Declaration of Independence.

OREGHE DUGHOMEN

GROW A PICTURE
You can make a small picture larger in much the same way Bongini and Zululand expanded small sculptures into mountain-sized ones.

Look at the small drawing of Crazy Horse. It is drawn in a grid of small boxes.

To the right is a grid with larger boxes. Copy the drawing of Crazy Horse, one box at a time, and you will make a drawing that is larger than the original. One box is done for you.

Carve Out the ABCs
Choose one page of the newspaper. Find five or more words and write them on another sheet of paper in ABC order.

In 1824, the American sculptor Gutzon Borglum was invited to the Black Hills in South Dakota to turn a mountain into an enormous sculpture. When he looked at one of the mountains, he saw that he could carve the faces of four of our presidents there.

The people of South Dakota hoped the monument would attract tourists to their state. And attract tourists they do. Nearly 3 million people visit Mt. Rushmore and the Crazy Horse Memorial every year.

Crazy Horse Memorial
A mountain in the Black Hills is being carved into the shape of a man. It is a giant carving of Crazy Horse, a famous and famous Lakota warrior.

When finished, the Crazy Horse Memorial will be the biggest sculpture in the world.

Chief Standing Bear and other Native American chiefs invited sculptor Korczak Zululand to carve the Crazy Horse Memorial outside of a mountain. Work began over 30 years ago and will take many more years to complete.

The U.S. President
The 204th U.S. President helped to grow the country at home and abroad. We respect the office of president. The 204th one to help also mention the Civil War and slavery.

Who is carved into Mount Rushmore? Four presidents were chosen to be carved into Mt. Rushmore. Remember the name of each president. This will help you.

1. How tall are the faces on Mt. Rushmore? 
2. How wide are the eyes on Mt. Rushmore? 
3. How long are the noses on Mt. Rushmore? 
4. How wide are the mouths on Mt. Rushmore? 
5. How tall is the face on the Crazy Horse Memorial? 
6. How long is the outstretched arm on the Crazy Horse Memorial? 
7. How long is the pointing finger on the Crazy Horse Memorial? 
8. How tall is the horse’s head on the Crazy Horse Memorial? 
9. How tall is the horse’s head on the Crazy Horse Memorial? 

Learn more about these movements by visiting crazyhorsememorial.org

Kid Scoop Together

Monument Fun Facts
Have a family member take a guess at answering these questions. Use the code to check their answers.

- How tall are the faces on Mt. Rushmore? 
- How wide are the eyes on Mt. Rushmore? 
- How long are the noses on Mt. Rushmore? 
- How wide are the mouths on Mt. Rushmore? 
- How tall is the face on the Crazy Horse Memorial? 
- How long is the outstretched arm on the Crazy Horse Memorial? 
- How long is the pointing finger on the Crazy Horse Memorial? 
- How tall is the horse’s head on the Crazy Horse Memorial? 

Learn more about these movements by visiting crazyhorsememorial.org

www.nps.gov

Kid Scoop Vocabulary Builders
The suffix -MONUMENT The monument means something built in memory of a person or event.

If I were President
Imagine you have been elected President of the United States. What would you do? What would you change?

How do you inspire an artist?
Get your forks, knives, spoons, and chopsticks ready! The City of Fremont and the Fremont Chamber of Commerce are thrilled to bring you 10 days of exclusive menu offerings from 40 restaurants all over the city. Taking place March 17-26, 2023, our inaugural Fremont Restaurant Week is your chance to try something new and delicious while supporting local businesses. Sit down for a nice pre-fixe dinner, sip on a new brew, satisfy your sweet tooth with boba or ice cream – whatever your craving, look no further than Fremont Restaurant Week to find something for everyone. A sampling of participating restaurants are shown below. Visit the official Fremont Restaurant Week website for more details and be sure to sign up for updates at www.FremontRestaurantWeek.com or scan the QR code displayed here!
Properties Recently Sold by Jacqueline

Interested in buying or selling?
Call today for a Free Professional Valuation Analysis

HOLI – A Festival of Colors

look better in light-colored clothes. Apply light cream to your face to help remove colors easily. Cover your car seat to avoid smudges from Holi colors. It’s ok to apply color to anyone out there while wishing “Happy Holi.” It’s a great way to make friends.

Dr. Romesh Japra, Founder and Convener (FOG) said “FOG Holi has over the years played an important role in keeping our culture alive and inculcating pious values in our youngsters. With a new and convenient location, Holi will be a much more enjoyable experience for the families and friends. I invite everyone to participate in this festival with their friends and family.”

Dr. Romesh Japra, Founder and Convener (FOG) said “FOG Holi has over the years played an important role in keeping our culture alive and inculcating pious values in our youngsters. With a new and convenient location, Holi will be a much more enjoyable experience for the families and friends. I invite everyone to participate in this festival with their friends and family.”

FOG Holi
Saturday, Mar 4
11 a.m. – 6 p.m.
Irvine High School
41800 Blacow Rd., Fremont
Buy tickets at Salebha.com/FOG, Eventmoto.com
FOG/Kag
Tickets $5

Many local organizations are holding events to celebrate Holi. Here are a few:

Milpitas Holi Festival
Saturday, Mar 4
11 a.m. – 2 p.m.

Live music, dance performances, Indian food for purchase, kids’ crafts community art project. You will be covered in colors!

Cardoza Park
Kennedy Dr. & N Park Victoria Dr., Milpitas
(408) 586-3210
www.milpitas.gov

Holi Mela
Saturday, March 4
3:30 p.m. – 5:00 p.m.
Fremont Main Library
2400 Stevenson Blvd, Fremont
(510) 745-1400
https://aclibrary.org/

continued from page 1

By Rob Klindt
Inflation has remained stubbornly high even with the Federal Reserve’s attempts to bring it down. However, meat, eggs, gasoline, and dairy products are among the few consumer items where the prices are falling. Although egg prices are retreating, the change down may be short-lived. Egg prices are likely to remain elevated because of the highly contagious avian influenza or bird flu at egg farms. Millions of birds could die, creating an egg shortage, thus driving up the prices again. One way people are insulating themselves from higher egg prices is to rear their own backyard chickens. People are raising two chickens should not experience egg scarcity. Although egg production will decrease, many hens continue to lay eggs until they are six or seven years old.

Roosters are male chickens and hens are female. It is not necessary to have a rooster for a hen to lay eggs. Most states have restrictions because of the crowing. Hens are generally quiet unless threatened by a predator or sometimes when laying an egg. A rooster occupies the top spot in the hierarchy of a flock. Without a male, a female will assume the dominant role. A pecking order will be established from her down. The order is literally determined by the hens pecking weaker rivals to establish dominance. It is important to let chickens go through this sometimes rough, sparring process until a chicken is getting injured. Chickens always need at least one companion.

Hens can be purchased as chicks as young as a week old, as pullets older than 12 weeks, or at maturity hens over a year old. Chickens begin to be available in early spring and pullets in early summer. Chicks can be purchased through the mail, but the shipping process can be stressful for them. Local feed stores or the Alameda County Fair are good options that cause less anxiety for the chickens after transporting them home. There are also local hatchery farms that sell chicks, pullets, and adult hens. The farm sold he on the outskirts of the urban Bay Area in place like San Rosa, Sebastopol, Live Oak, and the Central Valley. Many of these farms pride themselves on raising their chickens ethically and organically, and it can be a nice day trip to pick up the chickens.

Chicks will need to be placed under a heat lamp in a brooder until they are six to ten weeks old and fully feathered. When chicks, pullets and hens will live in a space that includes a run and a coop. A run is a fenced area where chickens roam, forage, and lie in the sun. It should include a feeder, water source, loose soil for dust baths, and shady places. The minimum space for a free roaming run is about 15 square feet per chicken. A coop is an enclosed house where chickens safely sleep at night and lay eggs during the day. It should have at least two nesting boxes and room for them to sleep on at night. Chickens are exhuasted when the coop is well designed and fit for a chicken. The biggest reason to choose a coop is that includes a run and a coop:

- A run is a fenced-in area where chickens roam, forage, and lie in the sun. It should include a feeder, water source, loose soil for dust baths, and shady places. The minimum space for a free roaming run is about 15 square feet per chicken. A coop is an enclosed house where chickens safely sleep at night and lay eggs during the day. It should have at least two nesting boxes and room for them to sleep on at night. Chickens are exhuasted when the coop is well designed and fit for a chicken.

Chickens make ‘Egg’cellent pets

Daniel O’Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com

February 28, 2023

What’s Happening in the Tri-City Voice Page 11

Home & Garden

The ACWD Connection

Reminder: Water Use Restrictions Remain in Effect

Sprinkler System Use is Limited to One (1) Day per Week from March - May.

The following are prohibited:
- Runoff from irrigation
- Sprinkler use while it’s raining & within 48 hours of measurable rainfall

Learn more about how you can conserve water and report water waste at acwd.org/drought.
Across
1 Wedgie shot from a worn-out
2 Worry (8) (9)
3 "The Matrix" hero (5) (4)
4 Freshman, probably (4) (5)
5 Spiral (comb. form) (5)
6 "That's All Folks!" (3)
7 All Signs: March will be a busy month. This week is a mixed bag with lots of promise. At the beginning of the week, we have excellent days for productivity. The rest of the week is for
8 Alice the Blue Gnome (19)
9surface of water: Naut. (4)
10 Alert, for short (3)
11 Freshman, probably (4)
12 "___ of the World" (19)
13 Trackside pump? (8,4)
14 "Stand By Me" (9)
15 "Horse" in a horse race (2, 2)
16 "A wild goose chase" (5)
17 Carol Channing musical (5,5)
18 "The Original American Tramp" (18)
19 "No kidding!" (2)
20 "I'll be back" (9)
21 Where to sign (2,3,6,4)
22 Mil. group (3)
23 Midnight (4,6)
24 "of the World" (1999)
25 English name prefix meaning Carol Channing musical (5,5)
26 Air force rescue? (5-2-5)
27 Freshman, probably (4)
28 Surface of water: Naut. (4)
29 "___ of the World" (1999)
30 Art deco mask (1-2-5)
31 "The Matrix" hero (5) (4)
32 All Signs: March will be a busy month. This week is a mixed bag with lots of promise. At the beginning of the week, we have excellent days for productivity. The rest of the week is for
33 "A wild goose chase" (5)
34 "Horse" in a horse race (2, 2)
35 "The Original American Tramp" (18)
36 "No kidding!" (2)
37 "I'll be back" (9)
38 Where to sign (2,3,6,4)
39 Mil. group (3)
40 "of the World" (1999)
41 Fat bheiliry stand son (Albert)
42 Dart (8,7)
43 "…” (2)
44 Worry (8) (9)
45 Freshman, probably (4)
46 Spiral (comb. form) (5)
47 "That's All Folks!" (3)
48 All Signs: March will be a busy month. This week is a mixed bag with lots of promise. At the beginning of the week, we have excellent days for productivity. The rest of the week is for
49 "A wild goose chase" (5)
50 "Horse" in a horse race (2, 2)
51 "The Original American Tramp" (18)
52 "No kidding!" (2)
53 "I'll be back" (9)
54 Where to sign (2,3,6,4)
55 Compass heading (11)
56 Go a-courting (3)
57 Freshman, probably (4)
58 Surface of water: Naut. (4)
59 "___ of the World" (1999)
60 Trackside pump? (8,4)
61 "Stand By Me" (9)
62 "That's All Folks!" (3)
63 "A wild goose chase" (5)
64 "Horse" in a horse race (2, 2)
65 "The Original American Tramp" (18)
66 "No kidding!" (2)
67 "I'll be back" (9)
68 Where to sign (2,3,6,4)
69 Mil. group (3)
70 "of the World" (1999)

Down
1 Drive with caring and others (4, 10)
2 Opposites at a prize, in philos (DUALESIS) (5, 10)
3 Extended operatic solo (5)
4 "Horse" in a horse race (2, 2)
5 "The Original American Tramp" (18)
6 "No kidding!" (2)
7 "I'll be back" (9)
8 Where to sign (2,3,6,4)
9 Mil. group (3)
10 "of the World" (1999)
Founded in 2011, American High School's robotics team Ink and Metal has been working to combat waste contamination through the development of a waste-sorting machine. For a few years ago, members on the team were challenged by their Spanish teacher, Jake Navarette, to create a solution to an environmental problem in their community. Starting with a rough sketch on paper, the team worked together to create a robot that could solve the issue of waste management in their school. "In the beginning, we would notice students throwing their waste bottles and wrappers in the wrong garbage bins due to a lack of knowledge, which led us to sor this at school becoming pretty unacceptable," said team captain Neha Shafi. "We implemented a system to collect images of trash in the school. These images are then sent to a google tensorflow machine learning model, which helps create an algorithm that sorts the trash into the correct waste bin. The team used a variety of materials in their design, like a Raspberry Pi or a small, credit-card-sized single-board computer and a camera. However, despite their dedicated building process, the team still faced challenges with making their robot more adaptable for a range of situations.

Some of the team members found that the waste sorting machine was difficult for the robot, as they weren't able to distinguish which bin, such as recycling, compost, or trash, the robot was disposing garbage in. In order to solve this issue, the team created a touchscreen display using an LCD screen to track data and allow users to see the robot's functions and progress. They also worked only to improve their teamwork and learning model in order to make their robot more accurate in sorting the waste. Additionally, the team found it hard to show younger audiences the benefits of using STEM, specifically engineering, to solve problems in society. In order to spread more environmental awareness and encourage people to pursue robotics, the team presented their machine at the City of Fremont's 2022 Earth Day Event. Recently, in October 2022, they also hosted an environmental engineering conference in partnership with the city.

The event featured activity booths, presentations, an information table, and demonstrations from various environmental organizations across the Bay Area. They had non-profits like Beyond Terra display a drone designed to take aerial images for use in urban planning and non-profits from various environmental organizations across the Bay Area. They had non-profits like Beyond Terra display a drone designed to take aerial images for use in urban planning and non-profits from various environmental organizations, to inspire more students to use STEM to solve real-world problems.

Ink & Metal

Website: https://inkandmetal5773.wixsite.com/home

Facebook: https://www.facebook.com/groups/588211364714075

The team hopes to continue improving their robot and making it more efficient at waste-sorting. They are also looking forward to increasing their community outreach by taking the robot to various events and workshops on the latest in robotics.
of every three schools a community school
keeping count is a purely human pastime.

at all. The earth orbits at its own pace; and
required to have 12 months, or “months”
is a human invention to measure time.”

six hours to go around the Sun. The
level of finessing that went into the
all the rest?” The answer has to with the

disoriented around line four, wondering
yourself muttering the old poem,
if your rent is due on the first), you may find

According to University of Reading, “In Rome,
honoring the dead. According to
of its association with purification and
ended up being chosen, possibly because
from being unlucky. But which would take

number of total days. You need at least one
12 months alternated between 29 and 31
superstition that even numbers were
shuffling of days due to a Roman
lunar cycle. At the same time, he did some
February, in 731 BCE. This brought the
winter. Imagine if we had two entire
calendar, running from March to
304 days. How? It was an agricultural

The Last Unicorn
Peter S. Beagle

Sources:
https://www.discovermagazine.com/the-sciences/why-are-there-only-28-days-in-february
https://research.reading.ac.uk/research-blog/are-we-bad-to-worry-about-february-being-the-shortest-month/
Ivy is a 1 year old female German Shepherd mix who recently gave birth to 4 puppies. Provide supplies, foster a loving home. For more info, visit

February 28, 2023

Controlling

Hayward Animal Shelter

February 28, 2023

Hayward Animal Shelter

February 28, 2023

Hayward Animal Shelter

February 28, 2023

Hayward Animal Shelter

February 28, 2023

Hayward Animal Shelter

February 28, 2023

Hayward Animal Shelter
UPCOMING
events

February 28, 2023

Professional/Affordable Quality Chiropractic Care

- Soft tissue release therapy
- Children & adults
- Auto and sports injuries
- Neck, back & extremity pain
- Headaches
- Most insurances accepted

Come and experience a truly gentle healing experience

Patient Special

50% off Initial Visit With This Ad

bit.ly/3uPlzQm

---

Janet Lany, D.C.
510-792-9000
6170 Thornton Ave., Ste H
Newark

City of Fremont Community Development Department

By Jack Alcorn

Fremont’s Community Development Department promotes growth and development to contractors, developers, and homeowners. Staff assists with the planning and building of high-quality urban residential and commercial development. Efforts include housing, environment, and code enforcement. The Department oversees fire districts, each with district boards that together govern and provide master plans and grants. The Planning Division assists the City Council in reviewing proposed development projects and ensures conformance with the City’s adopted policies and ordinances.

Fremont’s Community Development Department promotes growth and development to contractors, developers, and homeowners. Staff assists with the planning and building of high-quality urban residential and commercial development. Efforts include housing, environment, and code enforcement. The Department oversees fire districts, each with district boards that together govern and provide master plans and grants. The Planning Division assists the City Council in reviewing proposed development projects and ensures conformance with the City’s adopted policies and ordinances.

Fremont’s Community Development Department promotes growth and development to contractors, developers, and homeowners. Staff assists with the planning and building of high-quality urban residential and commercial development. Efforts include housing, environment, and code enforcement. The Department oversees fire districts, each with district boards that together govern and provide master plans and grants. The Planning Division assists the City Council in reviewing proposed development projects and ensures conformance with the City’s adopted policies and ordinances.

Fremont’s Community Development Department promotes growth and development to contractors, developers, and homeowners. Staff assists with the planning and building of high-quality urban residential and commercial development. Efforts include housing, environment, and code enforcement. The Department oversees fire districts, each with district boards that together govern and provide master plans and grants. The Planning Division assists the City Council in reviewing proposed development projects and ensures conformance with the City’s adopted policies and ordinances.

Fremont’s Community Development Department promotes growth and development to contractors, developers, and homeowners. Staff assists with the planning and building of high-quality urban residential and commercial development. Efforts include housing, environment, and code enforcement. The Department oversees fire districts, each with district boards that together govern and provide master plans and grants. The Planning Division assists the City Council in reviewing proposed development projects and ensures conformance with the City’s adopted policies and ordinances.

Fremont’s Community Development Department promotes growth and development to contractors, developers, and homeowners. Staff assists with the planning and building of high-quality urban residential and commercial development. Efforts include housing, environment, and code enforcement. The Department oversees fire districts, each with district boards that together govern and provide master plans and grants. The Planning Division assists the City Council in reviewing proposed development projects and ensures conformance with the City’s adopted policies and ordinances.

Fremont’s Community Development Department promotes growth and development to contractors, developers, and homeowners. Staff assists with the planning and building of high-quality urban residential and commercial development. Efforts include housing, environment, and code enforcement. The Department oversees fire districts, each with district boards that together govern and provide master plans and grants. The Planning Division assists the City Council in reviewing proposed development projects and ensures conformance with the City’s adopted policies and ordinances.

Fremont’s Community Development Department promotes growth and development to contractors, developers, and homeowners. Staff assists with the planning and building of high-quality urban residential and commercial development. Efforts include housing, environment, and code enforcement. The Department oversees fire districts, each with district boards that together govern and provide master plans and grants. The Planning Division assists the City Council in reviewing proposed development projects and ensures conformance with the City’s adopted policies and ordinances.

Fremont’s Community Development Department promotes growth and development to contractors, developers, and homeowners. Staff assists with the planning and building of high-quality urban residential and commercial development. Efforts include housing, environment, and code enforcement. The Department oversees fire districts, each with district boards that together govern and provide master plans and grants. The Planning Division assists the City Council in reviewing proposed development projects and ensures conformance with the City’s adopted policies and ordinances.

Fremont’s Community Development Department promotes growth and development to contractors, developers, and homeowners. Staff assists with the planning and building of high-quality urban residential and commercial development. Efforts include housing, environment, and code enforcement. The Department oversees fire districts, each with district boards that together govern and provide master plans and grants. The Planning Division assists the City Council in reviewing proposed development projects and ensures conformance with the City’s adopted policies and ordinances.

Fremont’s Community Development Department promotes growth and development to contractors, developers, and homeowners. Staff assists with the planning and building of high-quality urban residential and commercial development. Efforts include housing, environment, and code enforcement. The Department oversees fire districts, each with district boards that together govern and provide master plans and grants. The Planning Division assists the City Council in reviewing proposed development projects and ensures conformance with the City’s adopted policies and ordinances.
Cohousing Group Meets the Neighbors

Members of Mission Peak Village, the group that will build Fremont’s first cohousing community, gathered around a restaurant table Saturday afternoon in the Irvington District, eager to share what they’d just experienced. They were there to talk about the morning’s venture—meeting people in the neighborhood. All of them plan to be living in their High Street townhomes in the coming two or three years. The consensus: Future neighbors are welcoming and helpful.

“We knew they would appreciate knowing what our plans and timing are,” says Mission Peak Village member Doug Ford. “And this also gave us the opportunity to learn about our future neighborhood.”

Early in February, the group mailed letters to property owners and residents in the nearby area surrounding its future site. In the letters, they introduced themselves as the people who will eventually live in the condominiums they will be building and described the plans being submitted to the City of Fremont. Neighbors who live close by along High Street, Sardis Terrace, and Lincoln Street also received the offer to have Mission Peak Village members stop by in person on a Saturday to get acquainted and answer whatever questions their future neighbors might have.

“The opening is something that people are very interested in,” said mission Peak Village member Sarah LaTorre.

Members hope that Mission Peak Village can break ground in 2024 and that the condominiums will be ready for occupied in 2026. Villagers chose their plan because it allows for growth and expansion to larger office space.

Mission Peak Village is composed of friends forming Fremont’s first cohousing community. Memberships are still available. Call Kelly at (510) 413-8446 or visit Mission Peak Village on Facebook, Instagram, or www.missionpeakcohousing.com, where you can register for a monthly walk to explore the neighborhood around the future site.

This article is part of an ongoing series on cohousing. To learn more about the topic, visit www.cohousing.org.

Newark Optimist Club recently announced the winners of their annual Essay Contest. This year’s topic was “Who is an Everyday Hero That Brings Out The Optimism in You?”

Newark Memorial High School junior student-athlete Kenji Kawabata was recognized for his essay, which was titled “Don’t Tell Me to Smile.”

Kawabata was a shining example of what it means to truly put positive influences in others. Mrs. Gaur, who is a very optimistic person, and Walter LaTorre, whose command of the Spanish language turned out to be useful during some visits. “I don’t usually knock on the doors of people I don’t already know,” said Walter LaTorre, whose command of the Spanish language turned out to be useful during some visits. “I had a surprisingly good time.”

Members hope that Mission Peak Village can break ground in 2024 and that they can move in about 18 months later.

Dr. Doli’s Pupuseria & Taqueria

Friday-Sunday 11am - 6pm

* 24/7 building access
* Full service lease includes water, electric, janitorial, and nightly security patrol
* -No hidden fees
* -Close to Bart
* -Near 680/880

Contact Fudenna Bros. for more information
Phone: 510-657-6200
Email: customerservice@fudenna.com
Office located at 39823 Paseo Padre Pkwy, Fremont CA, 94538

FUDENNA BROS., INC.

Fremont’s leader in small to medium office space
Short Term leases available

Perfect for startups
looking to keep costs down

Allow for growth to larger office space within our properties
-24/7 building access
-Conference rooms available at no cost
-Some Furniture available at no cost
-Full service lease includes water, electrical, janitorial, and nightly security patrol
-No hidden fees
-Close to Bart
-Near 680/880

February 28, 2023
What’s Happening’s Tri-City Voice
Page 19

Essay Contest award winners announced

SUBMITTED BY DARBY RIBA

Newark Memorial High School junior student-athlete Kenji Kawabata was recognized for his essay, which was titled “Don’t Tell Me to Smile.”

Walter LaTorre, whose command of the Spanish language turned out to be useful during some visits. “I had a surprisingly good time.”

Members hope that Mission Peak Village can break ground in 2024 and that they can move in about 18 months later.

This article is part of an ongoing series on cohousing. To learn more about the topic, visit www.cohousing.org.

Mission Peak Village is composed of friends forming Fremont’s first cohousing community. Memberships are still available. Call Kelly at (510) 413-8446 or visit Mission Peak Village on Facebook, Instagram, or www.missionpeakcohousing.com, where you can register for a monthly walk to explore the neighborhood around the future site.

SUBMITTED BY DARBY RIBA

Newark Memorial High School junior student-athlete Kenji Kawabata was recognized for his essay, which was titled “Don’t Tell Me to Smile.”

Kawabata was a shining example of what it means to truly put positive influences in others. Mrs. Gaur, who is a very optimistic person, and Walter LaTorre, whose command of the Spanish language turned out to be useful during some visits. “I don’t usually knock on the doors of people I don’t already know,” said Walter LaTorre, whose command of the Spanish language turned out to be useful during some visits. “I had a surprisingly good time.”

Members hope that Mission Peak Village can break ground in 2024 and that they can move in about 18 months later.

This article is part of an ongoing series on cohousing. To learn more about the topic, visit www.cohousing.org.

Mission Peak Village is composed of friends forming Fremont’s first cohousing community. Memberships are still available. Call Kelly at (510) 413-8446 or visit Mission Peak Village on Facebook, Instagram, or www.missionpeakcohousing.com, where you can register for a monthly walk to explore the neighborhood around the future site.
A look at Plethos’ Season 6

SUBMITTED BY Karen Richay

This January, 2023, nonprofit community theatre Plethos Productions announced its sixth performance season! This year performing arts lovers can expect more opportunities than ever for entertainment all in our back yard: Castro Valley area. The season will kick off with the first Mainstage Comedy show ever for entertainment all in our community! Plethos will return to the Mainstage for the 6th performance season! This community theatre continues to provide tremendous opportunities for kids in grades 3-8. This summer Stagecraft Play Production Camp will return to the已故 District 2 Supervisor Sue Alfieri.

Sister discounts are available. Production Camp will return to the community! Camp runs Monday-Friday June 5-16. Spots are filling now; scholarships and grants are available. The fun, interactive dinner whodunnit will be back at Tasting/Vine Winery July 7-16. This year Plethos is offering another fundraising component – the goal of the board but can only be achieved with extensive outreach to community residents. After all, many significant business and fiscal decisions for all county residents are decided by the board of supervisors, residents in District 2 – Hayward, Newark, Union City, northern Fremont - have an even larger stake in the outcome. For those who have little idea of what business is transacted at the county level, a review of the current agenda (www.acgove.org) for the broad range of topics, agencies and responsibilities covered may be a surprise.

The process will begin with adoption of the proposed schedule at the February 28 meeting and move quickly to an invitation for applicants beginning March 1st and ending March 14th. Since scrutiny of applications and interviews are constrained to a short timeframe, those interested in applying should pay close attention to deadlines. For the rest of us, this is an opportune time to pay attention to county politics.

William Marshak
PUBLISHER

Published every Thursday by The Tri-City Voice
39737 Paseo Padre Pkwy, Sunol, CA 94586
Tel: 510-494-1999
Fax: 510-796-2462
www.tricityvoice.com

TRI-CITY VOICE
Editor in Chief: William Marshak
Director of Operations: Sharon Marshak
Design/Production: Marisa Partridge
Jessica Wu
Office Administrator: Gail Hanson
Sunwall Giri Dhanjik
Bookkeeping: Vandana Das
Digital Manager: Carl Hinckle
Assignment Editor: Stephanie Gretch
City Editor: Rob Klindza
Column Editor: April Ramos
Government Editor: Jack Alcorn

REPORTERS
Esha Bagrate
Kelsy Camplin
Victor Carvellas
Jim Cauble
Andrew Cavette
Anik Chatterjee
Charlene Dixon
Eric Douto
Carl Hinckle
Alfred Hu
Daniel O’Connell

Gelay Plaza
Madhvi Singh
Hugo Vera
Marc Vicente
Shreya Jani
Andrew Joseph
Michael Coates

PHOTOGRAPHERS
Vivien Cavallari
Don Jodkowski

INTERNS
Kaya Ramani
Dhoba Bareche
Chaksh Gupta
Elesh Khiari
Nashi Kaur
Jessica Kim
Anu Loy
Pranjal Mahadev
Anushka Vyas
Angela Xiong

APP DEVELOPER
Wes Douto
Alphonso Estrada
David Afana

LEGAL COUNSEL
Stephanie F. Von Till

ADJUDICATION:
What’s Happening
The Tri-City Voice is a “newspaper of general circulation” as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What’s Happening
The Tri-City Voice is at 39737 Paseo Padre Pkwy, Sunol, CA 94586.

Subscribers
Call 510-494-1999

510-494-1999
Fax 510-796-2462
39737 Paseo Padre Pkwy, Fremont CA 94538
tricityvoice@aol.com
www.tricityvoice.com

COPYRIGHT 2023
All rights reserved. Including notice permitted.
When What’s Happening is NOT printed, it is usually published.
San Leandro Approves Ordinance to extend Residential Eviction Moratorium

By JACLYN ACORN

In March of 2020, San Leandro City Council adopted an urgency ordinance establishing a residential and commercial eviction moratorium for nonpayment of rent related to income loss from COVID-19. This ordinance was intended to conserve community stability and firmness within the residential rental market. The temporary eviction prohibition preserves public safety and wellbeing by enabling tenants who have lost income or experienced substantial out-of-pocket medical expenses caused by COVID-19 to remain in their homes. As of February 9, 2023, according to Alameda County Public Health, an average of 161 cases of COVID-19 per day were reported. To qualify for the eviction protection under this ordinance a tenant or member does not have an ability to pay rent due to a substantial decrease in household income or home or substantial out-of-pocket medical expenses caused by COVID-19 pandemic.

“This substantial decrease in household income” includes but is not limited to income lost due to COVID-19 for a caring family or a household income work, layoffs, job loss, a reduction in the number of comparable hours or other economic or occupational consequences of COVID-19. The mortgage, rent due to a minor child’s school or day care closure, compliance with government health authority orders, or other similar-caused reasons resulting in loss of household income due to COVID-19.

San Leandro Unified School District
February 14, 2023

Action Items

• Adopt California School Board Association (CSBA) board policy updates.
• CSBA 2023 Delegate Assembly Ballots
• Agreement between San Leandro Unified School District Adult School and the Boys and Girls Club of San Leandro
• San Leandro Unified School District Achieve 2023 Highlights
• True North Research, Inc. bond feasibility appraisal
• Academic Calendar 2023-2024 and 2024-2025.
• Basic Medical assistance stipend.
• Maintenance 23-25 to reduce or eliminate
• Contracted services agreement between Camino Real and Washington Elementary School
• Resolution of San Leandro USD 2021-2022 School Accountability Report Cards (SACR)
• Approval of Memorandum of Understanding between San Leandro Unified School District and Alongside Pikes Program.
• Approval of Memorandum of Understanding between the Alameda County Office of Education and San Leandro Unified School District for Tobacco U Worcester Prevention Education Program.
• Approval of Memorandum of Understanding between National Center for Youth Law and San Leandro Unified School Districts.
• McKinley ES Kindergarten Playground Project budget.
• San Leandro High School (SHS) Shade Structure Project budget.
• SFUSD Graphic Design Budget.
• Backswing services.

President: Penny Oshiro
Aye
Leo Sheridan
Aye
James Aguilar
Aye
Jacqueline Hall
Aye
Diana Printz
Aye

Alameda County is failing the mom-and-pop rental housing providers

In early 2020, Alameda County adopted an eviction moratorium for nonpayment of rent by tenants who were struggling to pay rent due to income lost from the pandemic. A substantial number of well-compensated homeowners who have full pay ability are also facing stress as they hold their own housing expenses while facing stiff mom-and-pop housing providers who may choose a different pace and have full pay ability to pay their unsecured debts. Many of these mom-and-pop housing providers are local small businesses who serve as the backbone of our local economy.

I own a 4-bedroom single family home in Fremont which I have rented to a family since July 2015. Without my knowledge or permission, the tenant’s brother and family also moved in. This family’s combined salary that was reflected on their lease application, not including that of the second unrelated family, exceeded $200,000 annually at the time. This was twice the average household income in Alameda County. Despite their affluence, they have refused to pay rent or more than the rent due to the pandemic. They owe me over $100,000 in unpaid rent.

In summer of 2022, the family purchased a $1 million home in San Jose and moved into their new purchase, the tenant then refuse to move out of my home and continue to collect rent from their own current residence. They are using these funds to purchase the County’s Eviction Moratorium at our expense, and the county is doing nothing to stop them. We are not a large real estate company that can easily shift costs. We have our own financial obligations to meet. We have to pay property taxes, purchase property insurance, cover our monthly expenses, make repair payments, and now pay legal fees to help recover what we were promised in our lease agreement.

This is not simply a matter of theft or nonpayment. This home is part of my family’s legacy, and not simply a line on a corporate balance sheet. It feels intrusive and unfair that we have a tenant occupying our home.

Additionally, my daughter had to give up her opportunity to go to her dream college that she was accepted to in 2021, because we had no rent income and did not know what we would ever be able to collect to support her tuition. In addition, dealing with non-paying tenants for years has been mentally draining to me and my family, as it has required repeated efforts to persuade them to pay, multiple court actions and associated legal fees, or vacate the property. Despite all efforts, nothing seems to work.

On top of that, I have had to bear the financial burden of paying stubumen in addition to my own property payments and another tenant’s association, or vacate the property. Despite all efforts, nothing seems to work.

To the clear, valuable rental owners whose hard-earned income due to the pandemic should get the help they need. The county has received $154M in federal funds to provide rental assistance to recipients, but nowhere can I find any evidence of this money being allocated to the pandemic. The moratorium was simply too broad, allowing for landlords to applying for relief under a wide range of good intentions.

Alameda County Supervisors should immediately repeal the eviction moratorium, or at the very least provide some form of meaningful rental assistance to the mom-and-pop housing providers who have lost up hundreds or thousands of dollars from bad actors.

Dorothy Wang Fremont

Sales Operations Manager, Lam Research Corporation, Fremont, CA. Create strategies for penetration & dnfse of etch apps to achv mrkt shre objctivs in the semicondctr indstry. Req: Bachelors degree in econ or mkt or equivalent. 3 yrs exp in sales ops mgmt role in the semiconductor ind. Salary: $177,320 - $255,000/yr. Please email resume to ramesh@lam.com and reference job #7855.

Manufacturing Engineer (Entry Level) (Multi Pos), Lam Research Corporation, Fremont, CA. Plans, designs, and supervises manufacturing & design engg in coordination of release new prds. Req: must have Master's degree in Mech, Elec or Chem Engr or rel. Salary: $101,430- $175,000/yr. Please email resume to ramesh@lam.com & ref job 5055.

Abandoned alligator rescued from Brooklyn lake

ASSOCIATED PRESS

It’s no urban legend. An alligator was found in a chilly New York City lake on Feb. 18, far from the subtropical and tropical climates where such creatures thrive. The 4-foot reptile was pulled from Prospect Park Lake in Brooklyn on Friday at 8:30 a.m. and taken to an animal care center and then the Bronx Zoo for medical treatment and rehabilitation. City officials said the gator appeared lethargic and possibly cold shocked. It was likely dumped as an unlabeled pet, they said. Relicting animals in city parks is illegal. Police are investigating.

No, but sightings like this help keep the urban legend alive, but experts throw cold water on the sewer theory. Alligators aren’t suited to the sewer system’s low temperatures, said Chris Gompper, a biology professor at the University at Albany.

The sub-zero temperatures froze the gator in the city’s cold water at night. They are continuing to abuse the sewer system and expect them to remain in their homes. As of February 9, 2023, according to Alameda County Public Health, an average of 161 cases of COVID-19 per day were reported. To qualify for the eviction protection under this ordinance a tenant or member does not have an ability to pay rent due to a substantial decrease in household income or home or substantial out-of-pocket medical expenses caused by COVID-19 pandemic.

“This substantial decrease in household income” includes but is not limited to income lost due to COVID-19 for a caring family or a household income work, layoffs, job loss, a reduction in the number of comparable hours or other economic or occupational consequences of COVID-19. The mortgage, rent due to a minor child’s school or day care closure, compliance with government health authority orders, or other similar-caused reasons resulting in loss of household income due to COVID-19.

The ordinance does not relieve a tenant or mobile home owner of liability for the uncompaid accumulated rent, and nothing in the ordinance protects a tenant from being evicted for breach of contract, endangerment of life or property, or any other reason other than accumulated unpaid rent due to the effects of COVID-19.

A landlord who knows that a tenant or mobile homeowner cannot pay some or all of the rent that is due may not refuse to consent to a notice to vacate for nonpayment of rent. A landlord may not charge or collect a fee for rent that is delayed for reasons covered by the ordinance.

The moratorium expired on February 28, 2023 with the termination of the Governor’s proclaimed COVID-19 state of emergency. On February 17, 2023, San Leandro City Council approved an extension of the ordinance through February 28, 2024. The ordinance includes a requirement for landlords to report to the ALPD tenants who provide documentation for an inability to pay rent due to income loss related to the COVID-19 emergency. The moratorium does not relieve a tenant or mobile home owner of liability for the uncompaid accumulated rent, and nothing in the ordinance protects a tenant from being evicted for breach of contract, endangerment of life or property, or any other reason other than accumulated unpaid rent due to the effects of COVID-19.

The ordinance does not relieve a tenant or mobile home owner of liability for the uncompaid accumulated rent, and nothing in the ordinance protects a tenant from being evicted for breach of contract, endangerment of life or property, or any other reason other than accumulated unpaid rent due to the effects of COVID-19. The moratorium expired on February 28, 2023 with the termination of the Governor’s proclaimed COVID-19 state of emergency. On February 17, 2023, San Leandro City Council approved an extension of the ordinance through February 28, 2024. The ordinance includes a requirement for landlords to report to the ALPD tenants who provide documentation for an inability to pay rent due to income loss related to the COVID-19 emergency. The moratorium does not relieve a tenant or mobile home owner of liability for the uncompaid accumulated rent, and nothing in the ordinance protects a tenant from being evicted for breach of contract, endangerment of life or property, or any other reason other than accumulated unpaid rent due to the effects of COVID-19. The moratorium expired on February 28, 2023 with the termination of the Governor’s proclaimed COVID-19 state of emergency. On February 17, 2023, San Leandro City Council approved an extension of the ordinance through February 28, 2024. The ordinance includes a requirement for landlords to report to the ALPD tenants who provide documentation for an inability to pay rent due to income loss related to the COVID-19 emergency. The moratorium does not relieve a tenant or mobile home owner of liability for the uncompaid accumulated rent, and nothing in the ordinance protects a tenant from being evicted for breach of contract, endangerment of life or property, or any other reason other than accumulated unpaid rent due to the effects of COVID-19.
February 28, 2023

What's Happening's Tri-City Voice

Page 23

Classifieds Deadline: Noon Thursday
(510) 494-1999 | tricityvoice@aol.com

CLASSIFIEDS

Randy’s Fence Repairs

RANDY’S FENCE POST REPAIR can save you money!

Metal hardware reinforcement of leaning, wobbly fence posts. FREE (on time) ESTIMATE.

Call NOW! 510-706-6189
Randy McFarland

Cloud Security Engineer, Lam Research Corporation, Fremont, CA.

Lam Research Corporation, Fremont, CA. Analyze & make recommendations for improvements to the cloud environments & associated srvcs & configurations. Req Master’s deg in Comp Sci, Electronics Engg, Electrical Engg or rel field + 2 yrs exp in comp engg. 100% telecomming – may reside anywhere in the U.S. Salary: $132,613 - $192,000/yr. Please email resume to resumes@lamresearch.com and reference Job #2040.

Newark-Fremont Legal Center


510-794-5297

• Name Change • Letters for Travel • Applications

Divorce Document Preparation

Call the Divorce Lawyer

510-694-1914

Process & Metrics Architect at Risk Management Solutions, Inc. (Newark, CA).

Risk Management Solutions, Inc. (Newark, CA). Design business processes for new & current products & IT service offerings. Req Bach's degree or foreign equiv in Bus Admin, Info Sys Mgmt, or a closely relat reqd ft + at least 7 years of progressively responsible exp planning & executing ITSM Framework, Business Process Improvment or Business Process Mgmt. Full term of experience must include the following: implementing ITIL framework, using ITSM tool chain such as ServiceNow, BMC Remedy, PagerDuty, Logic Monitor, ManageEngine; using ITSM tools chain such as ServiceNow, BMC Remedy, PagerDuty, Logic Monitor, ManageEngine; using knowledge mgmt tools (KB article, SOP, Runbook creation); working w/ IT environments; understanding technologies (AWS & Azure), Security Operations Toolset (McAfee, SentinelOne, Tenable, SCCM, ObserveID, Gradar, Bigfix); automation toolset (Workato, Tableau, Qlik, & Automation Anywhere), & performance measurement tools; working w/ business capability models, IT governance, & IT compliance methodologies; performing IT Project Mgmt; & using workflow design tools such as Visio, SmartDraw, or LucidChart. Must have intermediate or expert ITIL Certification. Domestic & international travel required approximately 10% of the time. Destination & frequency impossible to predict. For US-based roles only: the anticipated hiring base salary range for this position is $154,523 to $208,000, depending on factors such as experience, education, level, skills, & location. This range is based on a full-time position. To apply submit resume thru rms.com/careers, via e-mail at careers@rms.com, or by mail to: Risk Management Solutions, Inc., Attn: HR, 7575 Gateway Boulevard, Suite 300, Newark, CA 94560. Please refer to Job Ref. 21525

Help Wanted

Minit Auto Care

410 Mowry Ave
Fremont, CA

Looking for an auto repair mechanic (full time or part time)

Please call Wong
510-713-7771

Cloud Security Engineer, Lam Research Corporation, Fremont, CA. Analyze & make recommendations for improvements to the cloud environments & associated services & configurations. Require Master's degree in Computer Science, Electronics Engineering, Electrical Engineering or related field + 2 years experience in computer engineering. 100% telecommuting – may reside anywhere in the U.S. Salary: $132,613 - $192,000 annually. Please email resume to resumes@lamresearch.com and reference Job #2040.

Process & Metrics Architect at Risk Management Solutions, Inc. (Newark, CA).

Risk Management Solutions, Inc. (Newark, CA). Design business processes for new & current products & IT service offerings. Require Bachelor's degree or foreign equivalent in Business Administration, Information Systems Management, or a closely related quantitative field + at least 7 years of progressively responsible experience planning & executing ITSM Framework, Business Process Improvement or Business Process Management. Full term of experience must include the following: implementing ITIL framework, using ITSM tool chain such as ServiceNow, BMC Remedy, PagerDuty, Logic Monitor, ManageEngine; using knowledge management tools (KB article, SOP, Runbook creation); working with IT environments, cloud technologies (AWS & Azure), Security Operations Toolkit (McAfee, SentinelOne, Tenable, SCCM, ObserveID, Gradar, BigFix), automation toolset (Workato, Tableau, Qlik, & Automation Anywhere), & performance measurement tools; working with business capability models, IT governance, & IT compliance methodologies; performing IT Project Management; & using workflow design tools such as Visio, SmartDraw, or LucidChart. Must have intermediate or expert ITIL Certification. Domestic & international travel required approximately 10% of the time. Destination & frequency impossible to predict. For US-based roles only: the anticipated hiring base salary range for this position is $154,523 to $208,000, depending on factors such as experience, education, level, skills, & location. This range is based on a full-time position. To apply submit resume through rms.com/careers, via e-mail at careers@rms.com, or by mail to: Risk Management Solutions, Inc., Attn: HR, 7575 Gateway Boulevard, Suite 300, Newark, CA 94560. Please refer to Job Ref. 21525
Richard “Dick” Oliver
July 16, 1940–February 23, 2023

Richard was the son of Olive, 82, of Hayward, and Virginia (née Rife), 81, of San Leandro. He was born to Genevieve and Richard Oliver in Oakland and grew up in San Leandro. As a young man working as a gas station attendant, one of his regular customers, West Farnan, introduced him to her daughter. Less than a year later, Dick married Nancy Farnan. The couple spent 62 years together.

Dick worked for Standard Oil and then served several terms as President of the service station employer’s union. He left the union to go into business for himself, owning a Shell station and co-owning a Goodway Tire store. Ultimately, he decided to get his real estate license and operate over 50 years as a Real Estate Broker.

Dick believed in writing the community. He spent almost 20 years as a Council Member and Mayor of Union City. Dick loved to read and could try and try new recipes. He looked for opportunities to meet new people. Often, Dick would cook up a conversation with random strangers and end with a new friend. He enjoyed bowling, watching baseball, and spending time with his family.

Dick is survived by his wife, Nancy Oliver; his sister and her husband, Donna and Joe Vennucci; his children and their spouses, Richard and Jessica Oliver, Robert and Ashley Oliver, and Caleb Oliver Brown and William Brown; his grandchildren, Matthew and Elizabeth Chapman, Thomas and Katherine Chapman, Thomas and Eliza Chapman, Thomas and Elizabeth Chapman, Tyler Chapman and Tanner Chapman. He was preceded in death by his son, Thomas Oliver.

A Funeral Mass will be held on Saturday, March 4, 2pm at Our Lady of the Rosary Church, 705 C Street, Union City.

Fremont Chapel of the Roses
510-797-1900
Edward Marsden Jr. (Eddie)
April 9, 1958 - February 21, 2023
Resident of Fremont

Eddie was born April 9, 1958 in Vallejo, CA. He passed away peacefully on February 21, 2023 at Washington State University, surrounded by family.

He was the middle child of Edward Marsden and Penny Marsden and living brother to sisters, Cheryl and Sandy.

Having been born into a Navy family, he traveled and lived in various parts of the United States. In his early teens, the family moved to Kelameda where he attended grade school. In 1965, the family moved to San Lorenzo, where Eddie attended Johorson Jr. High and was active in school sports. He joined the Boy Scouts and also became a “jockey boy,” riding in delousing papers for the “Oakland Tribune.” He went on to graduate from San Lorenzo High where he excelled in Cross Country running, earning the nickname “Fast Eddie.” After graduation he enrolled at Chabot College, Hayward.

At the age of 21, he moved to Seattle to fish on his grandfather’s commercial fishing vessel, “Barbara Ann,” while still attending college. Captain John Marsden, his great grandfather, had recently passed away and he now found himself and was able to meet his large extended family there.

Eddie was adventurous and enjoyed the great outdoors from camping at Zepher Cove, NV...

Moreau Catholic advances to first ever NCS Championship

By Andrew Joseph

The Moreau Catholic Mariners were 71-49 at home against the California Grizzlies in the North Coast Section (NCS) Division 1 playoff semifinals on Tuesday.

Libby Goulé-Lee led the Mariners with 20 points, 10 rebounds and five blocks. Kellen Hampton added 15 points and nine rebounds for Moreau. The Mariners’ record improved to an unblemished 14-0 in Moreau Valley competition and 23-3 overall. Their victory over the Grizzlies gives them the first NCS Division 1 conference championship game berth in school history.

“We won a hard fought battle to earn the victory,” said Goulé-Lee.

California went on a 10-0 run to begin the game and led 21-13 in the first quarter.

The Mariners started the game close to the help by giving up zero in a minute just

Moreau came out the third quarter aggressively on offense and making baskets.

They scored the Grizzlies 25-10 in the third quarter.

The turning point in the game was when the Mariners blocked the ball on an inbound pass by California which led to an open layup opportunity by Goulé-Lee to the game at 47-47.

“We gave it everything we had tonight because we didn’t want us to do the last game of the season,” said Goulé-Lee.

Jene Yihara gave Moreau their first lead at 48-48 and they went on a 5-3 run to end the 3rd quarter with a 56-50 lead.

With just 6:41 left in the game, Moreau came out their biggest lead at 66-54 a layup by Goulé-Lee. Marking their 14th consecutive win, the Mariners’ record of 23-3.

Although they ended up losing in the Division 1 championship

Pamela McCann, Fremont passed away January 30th, 2023. He is survived by his mother

Scot McCann

Joey Gouc, uni Debbie Bruch, brother-in-law Ron Bruch Sr, nephew James Bruch, Ron Jr’s wife, niece Jenni Bruch, and great niece.

He was predeceased by his father, Emmett McCann and brother Greg McCann.

He was born in Mundelein, IL in Joyce and Emmett McCann on November 17th 1928. He grew up in Mundelein attending Irvington High School where he was on the swim team. He enjoyed fishing and line fishing. He enjoyed going hunting. Services have been held.

Scot McCann of Fremont, California passed away January 30th, 2023. He is survived by his mother

Bad experience with a big bank

We all know Bank of America is a great financial institution in the nation and abroad. But during the past three years of the pandemic the bank has made too many blunders and headlined with sloppy service in the media and abroad. But...
CIVIL

AMEND ORDER TO SHOW CAUSE
FILED 1/31/23
Legend Case No. CNS-3674240
Business conducted by: a Corporation

Registrant(s):
BIRAJ B. SHAH, 33478 BARDOLPH CIR,
FAIRFAX, VIRGINIA
L & O MACHINE SHOP, 4545 PERALTA BLVD,
FREMONT, CALIFORNIA

On August 31, 2020, a fictitious name statement was filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code.

Date: February 28, 2023
Jonathan Randel Storey, Director of Finance/Treasury

FICTITIOUS BUSINESS NAMES

POLITICO REALTY, INC, 3600 ALA MAI DRIVE, B200, FRESNO, CA 93722

Registrant(s):

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code.

Date:

FICTITIOUS BUSINESS NAMES

POLITICO REALTY, INC, 3600 ALA MAI DRIVE, B200, FRESNO, CA 93722

Registrant(s):

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code.

Date:

FICTITIOUS BUSINESS NAMES

POLITICO REALTY, INC, 3600 ALA MAI DRIVE, B200, FRESNO, CA 93722

Registrant(s):

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code.

Date:

FICTITIOUS BUSINESS NAMES

POLITICO REALTY, INC, 3600 ALA MAI DRIVE, B200, FRESNO, CA 93722

Registrant(s):

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code.

Date:

FICTITIOUS BUSINESS NAMES

POLITICO REALTY, INC, 3600 ALA MAI DRIVE, B200, FRESNO, CA 93722

Registrant(s):

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code.

Date:

FICTITIOUS BUSINESS NAMES

POLITICO REALTY, INC, 3600 ALA MAI DRIVE, B200, FRESNO, CA 93722

Registrant(s):

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code.

Date:

FICTITIOUS BUSINESS NAMES

POLITICO REALTY, INC, 3600 ALA MAI DRIVE, B200, FRESNO, CA 93722

Registrant(s):

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code.

Date:

FICTITIOUS BUSINESS NAMES

POLITICO REALTY, INC, 3600 ALA MAI DRIVE, B200, FRESNO, CA 93722

Registrant(s):

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code.

Date:

FICTITIOUS BUSINESS NAMES

POLITICO REALTY, INC, 3600 ALA MAI DRIVE, B200, FRESNO, CA 93722

Registrant(s):

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code.

Date:

FICTITIOUS BUSINESS NAMES

POLITICO REALTY, INC, 3600 ALA MAI DRIVE, B200, FRESNO, CA 93722

Registrant(s):

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code.

Date:

FICTITIOUS BUSINESS NAMES

POLITICO REALTY, INC, 3600 ALA MAI DRIVE, B200, FRESNO, CA 93722

Registrant(s):

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code.

Date:

FICTITIOUS BUSINESS NAMES

POLITICO REALTY, INC, 3600 ALA MAI DRIVE, B200, FRESNO, CA 93722

Registrant(s):

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code.

Date:
The City of Newark invites sealed bids for the David W. Smith City Hall, Alan L. Nagy Library equal, manual chain-operated roller shade available to all plan holders with an Addendum.

Comply with the Centers for Disease Control COVID-19 Alameda County Guidance. The proposed amendments to Title 6 incorporate their own protective gear (the use of a face mask), which have been predetermined wages rates, which have been predetermined wage rates, which have been predetermined. These wage rates appear in the latest Department of Labor and Industrial Relations of the State of California. These wages appear in the latest Department of Labor and Industrial Relations of the State of California. These wages are set forth in the General Prevailing Wage Rates for this project. The Contractor and all subcontractors are required to pay rates of wages of the prevailing wage rates for this project. The Contractor and all subcontractors are required to pay rates of wages of the prevailing wage rates for this project.

As of July 1, 2014, all Contractors bidding on works performed in the City of Newark shall be required to comply with the prevailing wage rates, which have been predetermined. These wage rates appear in the latest Department of Labor and Industrial Relations of the State of California. These wages appear in the latest Department of Labor and Industrial Relations of the State of California. These wages are set forth in the General Prevailing Wage Rates for this project. The Contractor and all subcontractors are required to pay rates of wages of the prevailing wage rates for this project. The Contractor and all subcontractors are required to pay rates of wages of the prevailing wage rates for this project.

The Contractor shall possess a valid license to perform labor under this Contract salaries or wages at least equal to the general prevailing wage rates, which have been predetermined. These wage rates appear in the latest Department of Labor and Industrial Relations of the State of California. These wages appear in the latest Department of Labor and Industrial Relations of the State of California. These wages are set forth in the General Prevailing Wage Rates for this project. The Contractor and all subcontractors are required to pay rates of wages of the prevailing wage rates for this project. The Contractor and all subcontractors are required to pay rates of wages of the prevailing wage rates for this project.

The City Council will award the project, if it considers in determining the basis of the lowest cost. The successful Bidder will be required to execute contract documents within 10 days of award. The Contractor shall have 15 days from the date of award to complete the construction schedule. The Contractor shall be required to pay rates of wages of the prevailing wage rates for this project. The Contractor and all subcontractors are required to pay rates of wages of the prevailing wage rates for this project. The Contractor and all subcontractors are required to pay rates of wages of the prevailing wage rates for this project.

To all heirs, beneficiaries, creditors, or both, of: VICTOR EDWARD OBREZA TONG LIAO be appointed as personal representative to take many actions including the petition and shows objection to the proposed action. The Petition requests the decedent's will be the estate of the decedent. The Petition for Probate requests that the estate be administered in probate court. Any information obtained will be kept confidential. Any information obtained will be kept confidential.

The Petition for Probate requests that the estate of the decedent be administered in probate court. Any information obtained will be kept confidential. Any information obtained will be kept confidential.

Notice of Petition to Administer Estate of VICTOR EDWARD OBREZA and TONG LIAO is hereby given to all persons having claims against the estate of the decedent. Notice of Petition to Administer Estate of VICTOR EDWARD OBREZA and TONG LIAO is hereby given to all persons having claims against the estate of the decedent. Notice of Petition to Administer Estate of VICTOR EDWARD OBREZA and TONG LIAO is hereby given to all persons having claims against the estate of the decedent. Notice of Petition to Administer Estate of VICTOR EDWARD OBREZA and TONG LIAO is hereby given to all persons having claims against the estate of the decedent.

The Petition for Probate requests that the estate of the decedent be administered in probate court. Any information obtained will be kept confidential. Any information obtained will be kept confidential.

Notice of Petition to Administer Estate of VICTOR EDWARD OBREZA and TONG LIAO is hereby given to all persons having claims against the estate of the decedent. Notice of Petition to Administer Estate of VICTOR EDWARD OBREZA and TONG LIAO is hereby given to all persons having claims against the estate of the decedent. Notice of Petition to Administer Estate of VICTOR EDWARD OBREZA and TONG LIAO is hereby given to all persons having claims against the estate of the decedent.

Notice of Petition to Administer Estate of VICTOR EDWARD OBREZA and TONG LIAO is hereby given to all persons having claims against the estate of the decedent. Notice of Petition to Administer Estate of VICTOR EDWARD OBREZA and TONG LIAO is hereby given to all persons having claims against the estate of the decedent. Notice of Petition to Administer Estate of VICTOR EDWARD OBREZA and TONG LIAO is hereby given to all persons having claims against the estate of the decedent. Notice of Petition to Administer Estate of VICTOR EDWARD OBREZA and TONG LIAO is hereby given to all persons having claims against the estate of the decedent.
San Leandro City Council
February 21, 2023

Recognitions
• Approve Joseph Trujillo as District 5 Representative to the Community Panel Review Board for term ending December 31, 2023. (Panel unanimously)

Action Items
• Adopt an Ordinance to Extend the City’s Residential Eviction Moratorium to February 28, 2023. Passed 5-2 (Nay: Ballew, Gonzalez)

Consent Calendar
• Approve Amendment No. 2 to the Consulting Services Agreement for Third Party Plan Check Services between the City of San Leandro and TRB-Hunzinger.
• Approve a Consulting Services Agreement between the City of San Leandro and Municipal Resources Group, LLC for Executive Evaluations, Staff Development and Coaching, Technical Assistance, and Group Facilitation Services.
• Adopt a California Resilience Challenge Grant in the amount of $161,000 to develop a Shoreline Master Plan for Sea Level Rise.
• Accept grant funds in the amount of $18,790 from the California State Library’s California Library Literacy Services (CLLS) English as a Second Language (ESL) grant to fund an enhanced ESL program for the Project License adult and family literacy service.
• Authorize purchase agreements for the procurement and outfitting of 10 police vehicles.
• Appoint City Councilmembers to serve on the AC Transit’s City of San Leandro Interagency Liaison Committee.
• Vote to Authorize the sale of a 4-lot property and one residence located at 5415 Chablis Drive. Passed 5-2 (Nay: Ballew, Gonzalez)

Fremont Unified School District
February 8, 2023

Consent Calendar
• Allow the legislative body of Fremont Unified School District (FUSD) to continue holding meetings via video conference
• Approve study trips
• Approve additional funding for non-public schools/non-public agencies for 2022-2023 school year
• Approve the revised board policy 5113, Student Attendance and Excuse Absence, and review administration regulations
• Memorandum of Understanding (MOU) with the Alameda County Office of Education for Early Education Teacher Development
• Receive the Circle of Independent Learning Annual Report

Fremont City Council
February 21, 2023

Consent Calendar
• Authorize participation in grant application and enter into an agreement with Resources for Community Development to receive funding for Carnaval Complete Streets Project under the Affordable Housing and Sustainable Communities Grant.
• Approve an amended agreement with BET Enterprises for curbside recycling processing services to upgrade the processing equipment and extend the contract terms.
• Introduce ordinance Amending the Animals Ordinance Regarding Urban Beeskeeping.

Amending section 6.05.010, adding section 6.10.140 and repealing section 6.04.040
• Award a service agreement to Four360 Consulting, Ltd to update Local Hazard Mitigation Plan.
• Authorize a Letter of Intent with Alameda County Fire Department to negotiate the terms of a proposal for ambulance services and/or emergency medical service in Alameda County.

Ohlone College
Board of Trustees
February 8, 2023

Consent Agenda
• Approval of January 2023 Payroll Warrants
• Approval of Personnel Actions
• Establish non-resident tuition rates for fiscal year 2023-24
• Review of purchase orders
• Amend G Project 610K, Upgrade and Lighting Project

Fremont Police Log
February 14, 2023

SUBMITTED BY ANY G, FREMONT PD

Friday, February 17
Officer responded to report about a person pointing a rifle at buildings and train near Brown Road in the Farm Water area of south Fremont. When officer arrived, employee at nearby business reported a man was inside with a rifle and pistol and pointing the pistol at employees. With officer outside the building, the suspect dropped, holding a firearm in the air. The man, an adult from Hayward, was arrested. No injuries were reported.

Sunday, February 19
Officer responded to a report about a person assaulting an employee as a small time. An officer arrived, the person was being escorted back into the store by a loss prevention worker. However, the person resisted and punched the employee. The adult suspect, from Novato, was arrested on suspicion of robbery and assault.

Monday, February 20
Officer responded to a report about a theft near a gas station on Farrell Drive in central Fremont. The suspect grabbed money from the victim and fled on foot. The suspect was located nearby by an officer and positively identified by the victim. The suspect, an adult Fremont resident, was arrested.

Milpitas Police Log
February 16, 2023

SUBMITTED BY MILPITAS PD

At about 11:35 p.m. an officer made a vehicle traffic stop on S. Abel Street and W. Castro Avenue on suspicion of DUI. A search of the vehicle uncovered a quarter pound of fentanyl, two pounds of methamphetamine, $1,300 cash, narcotic packaging and paraphernalia. The driver, a 56-year-old man, was arrested and booked into Santa Clara County Main Jail.
Hayward Police Log

Submitted by Hayward PD

Sunday, February 19

At 7:28 p.m. officers responded to a report about a collision involving two vehicles near the intersection of W. Winston Avenue and Clawiter Road. Upon arrival, officers found a 50-year-old male in one vehicle who was unconscious and suffering from injuries from the collision. Emergency personnel arrived, but the man died at the scene. The solo driver from the other vehicle, a 22-year-old man, stayed at the scene and cooperated with investigators. Police believe alcohol impairment was a factor in the collision. An investigation is continuing.

DUI checkpoint planned in Hayward

Submitted by Hayward Police Department

Officials from Hayward Police Department (HPD) will conduct a Driving Under the Influence checkpoint starting at 8 p.m. Friday, March 3 and continuing until 2 a.m. the next day at an undisclosed location in Hayward. HPD checkpoints are done in locations with a history of DUI-related crashes and arrests. The purpose of the checkpoint is to allow officers to contact drivers and determine if they are driving under the influence of alcohol or drugs.

Alameda County Fire Department Log

Submitted by ACFD

Monday, February 20

At 9:00 a.m. firefighters responded to a report about a fire in a one-story commercial structure at 157th and Washington avenues in San Leandro. The fire went to two alarms, but was extinguished with no injuries.

Brand new academy graduates join police in Milpitas

Submitted by Milpitas Police Department

On February 21 Milpitas Police Department Chief Jared Hernandez administered a swearing-in ceremony to welcome two new officers to the force in a ceremony that included planting of their badges.

Coffee with a Cop

Monday, March 5

11 a.m. – 12 noon Starbucks

3930 Middlefield Rd., Mountain View (510) 794-2927

Ohlone begins 2023 season ranked among nation’s best

Submitted by Ohlone College Athletics

After another banner season in which Ohlone College finished 4-2 and won a nation’s best 36 games in all, (while winning a conference championship, regional championship, super-regional championship. Ohlone College is printed and ready for another great season in 2023. Although a repeat 2022 could be difficult with the loss of some key players, Ohlone has again started the season ranked among the nation’s best.

Each season, Perfect Game analyzes their national rankings and prepares their Baseball 2022 Top 100 Strength of Schedule. Ohlone makes an appearance in the top 25 national polls for the 5th season in the nation. Ohlone’s first national ranking occurred in 2017 when they were ranked for the first time at No. 23 in the nation at the CCCAA State final four. Ohlone may have been even better in 2018 as they rivaled to an 18-1 conference mark and a 39-8 season, all while earning a place in Perfect Game’s top 25 poll.

Mauter will be Ohlone’s 17th assistant coach (510) 794-6900 or send an email to blanchflower@fremont.gov.

Public Defender

At 7:44 p.m. a man identified by police as Eddie Moses, 40, of Fremont was arrested at W. Spruce/South Fremont street on an outstanding warrant. He was booked into Santa Rita Jail.

Tuesday, February 21

At 9:37 a.m. a man identified by police as Charles Corrigan, 69, of Napa was arrested at Bay fair Station for suspicion of possession of drug paraphernalia. He was booked into Santa Rita Jail.

BART Police Log

Submitted by BART PD and Les Mesinger

Sunday, February 19

At 6:58 p.m., a man identified by police as Damien Stone (UC Davis), 18, of Lacombe was arrested at Warm Springs/South Fremont station and was booked into Santa Rita Jail.

Meet a cop, or two, over coffee

Submitted by Fremont Police Department

Even if they’re not coffee drinkers, Fremont residents are welcome at a Coffee with a Cop meeting on Wednesday, March 1 at 11 a.m. to 12 noon at Starbucks, on Money Annex, in Internet City in Fremont. No formal presentation is planned so residents can stop by and get answers any time during the meeting.

Cougartown Wrestling

Submitted by Rashed Kahali

A big weekend for Cougartown Wrestling! We have two wrestlers who qualified for the CIF State Championship Wrestling Meet! Join me in congratulating Frederick Banfield who has his 2nd place finish at NCDS and Junior Junia Ortiz II for his 4th place finish. Both of these young lads will be competing at the State meet in Bakersfield. Go Cougars!

HAYWARD Plugins

Served by Hayward PD

A suspect arrested in connection with an altercation between two men in Fremont – which left one of them with a stab wound – was a former Fremont Fire Department/Police Department employee.

Mugabe arrested on 4th arrest

Submitted by Fremont Police Department

The incident started at about 4:10 p.m. when a witness contacted Fremont Police Department about the altercation near a Chevron gas station at the busy intersection. When they arrived, officers found a man lying on the ground suffering from severe injuries. Despite life-saving efforts by officers and members of the Fremont Fire Department, the man died at the scene. Police have not released the victim’s identity.

Mugabe’s prior four arrests were for the same type of stabbing incidents.

Judicial vacancy filled in Alameda County

Submitted by Governor’s Office Press

Maria Mora, an experienced attorney from Alameda County, has been appointed as a judge in Alameda County Superior Court.

Public Defender

Ohlone women’s baseball, which lost its first game of the season at Trinity, announced on February 17. The women’s baseball season for this year is 235-57.

Since 2020 Mora, 50, served in Deputy Public Defender at the Office of the Public Defender. After that joining that office in 2004 she worked as a Supervising Deputy Public Defender and Deputy Drug Public Defender. Prior to that she worked as an associate at the Whaley Law Firm and a Deputy Public Defender at the San Francisco Public Defender’s office. Mora earned a Juris Doctor degree from the University of California, Berkeley School of Law.
Don’t Delay Your Care. It’s Safe to see your WTMF doctor.

WTMF Doctors provide care in a connected system that’s close to home.

Come meet a few of us... Call (866) 710-9864 or visit www.mywtmf.com to learn more.

PURELY PERSONAL CARE.