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February 1, 2022

Vol. 20 No. 4

Niles Canyon Railway steams into 2022!



SUBMITTED BY NILES CANYON RAILWAY

We are thrilled to be back for 2022 and offer a new set of special weekend rides starting with select Saturdays and Sundays from February to April. Ride through Niles Canyon in all of its late winter and spring splendor behind diesel power.

Rides will take place on second and third weekends, with departures from Sunol Station at 10:30 a.m. and 1:00 p.m. A historic diesel locomotive will take control of weekend excursion trains with a mix of open-air cars and open window enclosed coaches during a one-hour-twenty-minutes round trip. A wheelchair lift is available.

Our snack bar car is planned to be operating with pre-packaged snacks and drinks for purchase. You are welcome to bring your own snacks and drinks. Carry in/carry out is preferred, but we do have trash receptacles and recycle bins throughout the train. Toilets are available on board and at the depot. We love pets, but only trained service animals are

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Houseprinting



By WILLIAM MARSHAK PHOTOS COURTESY OF ICON BUILD

Past dreams that once seemed improbable, if not impossible, are rapidly becoming not only possible, but feasible and realized in the fast-paced world of technology. Devices and appliances that were the stuff of science fiction and cartoon fantasy now interact effortlessly in the modern world, assisting processes that have reduced time, effort and manpower requirements for repetitive and skilled professions alike. Computers are replacing manpower to replicate onerous and tedious tasks that once consumed significant human and

environmental resources.

One example of such progress is the advent of 3D printers that can not only understand three dimensional concepts, but produce products in a variety of mediums. It was inevitable that the extension of this technology would reach beyond small novelty items to embrace vital components and the home construction industry. In fact, massive printers that can accurately follow housing plans now have the ability to "print" a foundation and walls for a small home in a matter of hours rather than traditional methods that involve many days of labor and excess material costs.

continued on page 4

Valentine Haunt

SUBMITTED BY FEAR OVERLOAD

Toss out routine V-Day dinner dates and do something extraordinary. For three days in February, Fear Overload Scream Park has transformed into a Valentine's nightmare, filled with blood-thirsty vampires, demonic babies and an evil cupid.

The event features two uniquely terrifying haunted houses, including our signature "flashlight" haunted house where we provide patrons with only one dim flashlight to survive. Guests can also purchase fast pass admission for reduced wait time, and rent flickering candles and glowsticks.

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It's Heart Month! Time for a Healthy Eating Checkup

During the month of February, health organizations urge everyone to focus on heart health. Though a heart-healthy lifestyle is important year-round, this is a good time to focus on the role healthy eating plays in preventing and treating heart disease, the leading cause of death in the United States.

Many factors can contribute to heart disease: smoking, sedentary lifestyle, hypertension, high cholesterol, diabetes, and family history/genetics, to name a few. But what we eat is one area over which we have direct control, so it's worth reviewing the basics of heart-healthy eating—and putting them into practice.

Why is heart-healthy eating important? "Heart disease doesn't happen overnight," says Lorie Roffelsen, RD, a clinical dietitian with Washington Hospital Healthcare System. "It's a progressive disease that can develop over a lifetime. Eating habits that are formed in childhood follow us into adulthood and can have a direct impact on a person's health when they are older."

A Way of Life

Limiting dietary intake of saturated fats, sodium and added sugars is a big part of the message from the American Heart Association about how to decrease a person's risk for heart disease. Saturated fats can raise your LDL cholesterol levels, which can contribute to plaque in the arteries. Sodium can raise blood pressure and cause hypertension, which if untreated may contribute to heart disease. Added sugars in processed foods can increase triglycerides (the fatty substances that are building blocks of cholesterol) and cause high blood pressure.

There are many eating plans that can help people control or limit the amount of these substances in the foods they eat. They all focus on adding foods to the menu palette that are in sync with heart health. "The DASH (Dietary Approaches to Stop Hypertension) plan, the Mediterranean plan, the American Heart Association healthy eating program – they're all good, and they can help people get started on a healthier lifestyle," Roffelsen says.



What to Eat

The foundation for heart-healthy eating rests on four principles:

1. Increase fiber intake, from sources such as fresh fruits, vegetables, legumes and whole grains.
2. Stay away from animal fats, which are high in cholesterol and saturated fats.
3. Limit added sugars, which come mostly from processed foods.
4. Decrease sodium use (found in salt).

"Changing one's eating habits is a matter of compromise," Roffelsen notes, "Start with something you know you can do, such as switching to a lower-fat food alternative before you try something more challenging such as eliminating salt from your food. Making one change at a time may help you succeed across all the dietary modifications you're trying to make."

She agrees with the American Heart Association's recommendations for a heart-healthy eating plan:

- Eat lots of whole grains, such as whole wheat bread, brown rice, oats, corn, barley and farro.
- Choose from a wide variety of fruits and vegetables, especially those that are brightly colored.
- Choose healthy sources of protein, such as skinless chicken breast, fish, beans, nuts, nonfat or low-fat dairy products. Occasional lean red meats in small portions can be a part of the eating plan.
- Use liquid, plant-based vegetable oils, such as olive, canola, safflower, sunflower or peanut.
- Limit the use of processed foods, which often have added fat, sugar and salt.
- When cooking, cut down on seasonings that add sodium such as soy sauce, oyster sauce and salt.

Shopping and Cooking

Nutrition labels can offer guidance in choosing foods that are high in fiber and low in sodium, added sugar, cholesterol and saturated fats. Refer to the "% Daily Value" column on the right side to get a general picture of how much of a nutrient is in that item.

Cooking at home for most meals is helpful because you know exactly what ingredients are in each dish, and you can control portion sizes. In a restaurant, portions are often too large, so consider taking half home with you or sharing a dish. Ask if a dish can be prepared without salt or with less oil. Most restaurants are willing to be flexible to accommodate customers' needs.

Keep it Simple

Roffelsen advises people not to get too wrapped up in details when starting a new way of eating. "Keep it simple: Eat fewer processed foods and more foods that are plant-based. Foods in their natural state are those that offer the most benefits for achieving a heart-healthy lifestyle."

Visit www.whhs.com/nutrition for information about nutrition counseling at Washington Hospital Healthcare System.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	2/1/22	2/2/22	2/3/22	2/4/22	2/5/22	2/6/22	2/7/22
12:00 PM - 12:30 AM	Managing Diabetes During Challenging Times	Washington Township Health Care District Board Meeting January 12, 2022	Medicare: What You Need to Know	Keeping Your Lungs Healthy	How to Prevent Financial Elder Abuse/Fraud	Relieving Back Pain: Know Your Options	Pain When You Walk? It Could Be PVD
12:30 PM - 1:00 PM	Early Detection and Prevention of Female Cancers		Metabolic Disorders	Chronic Pelvic Pain in Women			
1:00 PM - 1:30 PM	Nerve Compression Disorders of the Arm	Mental Health Education Series: Crisis Intervention	Sports Medicine Program: Nutrition & Athletic Performance	Digestive Health: What You Need to Know	Washington Township Health Care District Board Meeting January 12, 2022	Not A Superficial Problem: Varicose Veins & Chronic Venous Disease	Anxiety: Stop Negative Thoughts
1:30 PM - 2:00 PM				Get Fit at Home the Right Way			
2:00 PM - 2:30 PM	Diabetes Matters: Travel & Disaster Preparedness	Diabetes Matters: Glucose Monitoring	Ortho Overuse Injuries: Prevention and Treatment	Washington Township Health Care District Board Meeting January 12, 2022	COVID-19: The Road Ahead	Washington Township Health Care District Board Meeting January 12, 2022	Palliative Care Series: Palliative Care Demystified
2:30 PM - 3:00 PM	Preventive Care: What You Need To Know						
3:00 PM - 3:30 PM	Diabetes Matters: Heart Healthy Eating	Deep Venous Thrombosis	Gastrointestinal Disorders	Sports Medicine Program: Think Running is a Pain? It Doesn't Have to Be	Get Fit at Home the Right Way	Chronic Pelvic Pain in Women	Strategies to Help Lower Your Cholesterol and Blood Pressure
3:30 PM - 4:00 PM	Endometriosis: Causes, Symptoms, Diagnosis and Treatment						
4:00 PM - 4:30 PM	Interventional Radiology (IR) for Vascular Disease	COVID-19: The Road Ahead	Diabetes Matters: Diabetes Complications and Amputation	Good Fats vs. Bad Fats	Don't Let Hip Pain Win	Deep Venous Thrombosis	Chronic Venous Disease: Causes, Symptoms & Treatment
4:30 PM - 5:00 PM							
5:00 PM - 5:30 PM	Washington Township Health Care District Board Meeting January 12, 2022	Hernias: Causes Symptoms and the Latest Treatment Options	Washington Township Health Care District Board Meeting January 12, 2022	Diabetes Matters: Diabetes Conversations	Healthy Eating: Prescription for Health	Fun Fresh Summer Cooking Demonstration	Intro to Radiation Oncology Therapy
5:30 PM - 6:00 PM							
6:00 PM - 6:30 PM	Surgical Treatment of Obstructive Sleep Apnea	Suffer From Sinus Problems?	Palliative Care Series: Interfaith Discussions on End of Life Topics	Laugh without Leaking: Understanding Female Urinary Incontinence	Sidelined by Back Pain? Get Back in the Game	Diabetes Matters: Dining Out Around The World	Washington Township Health Care District Board Meeting January 12, 2022
6:30 PM - 7:00 PM							
7:00 PM - 7:30 PM	Family Caregiver Series: Fatigue and Depression	Mental Health Education Series: Anxiety Disorders	Colon Cancer	Women's Health through the Years: Screening is Key to Aging Well	Impact of Obesity: Why You Need to Get and Keep a Healthy Weight	Diabetes Matters: Diabetes and Kidney Health	Family Caregiver Series: Recognizing the Need to Transition to a Skilled Nursing Facility
7:30 PM - 8:00 PM							
8:00 PM - 8:30 PM	Fall Prevention	Diabetes Matters: Managing Diabetes During Adverse Conditions	Shoulder Pain: Causes and Treatment Options	Women's Health: Planning for Pregnancy	When Your Heart Needs A Little Help	Diabetes Matters: Heart Healthy Foods & Diabetes	Why Does My Ankle Hurt? Causes & Treatment of Ankle Pain
8:30 PM - 9:00 PM							
9:00 PM - 9:30 PM	Why Does My Ankle Hurt? Causes & Treatment of Ankle Pain	Aortic Valve Disease: Treatment Options Including TAVR	Fremont Bank Staying Healthy in 2021	Hepatitis B and Liver Cancer: Prevention and Treatment	Enlarged Prostate: Causes, Symptoms and Treatment	Keeping Your Lungs Healthy	FB Live: Staying Fit While Working From Home
9:30 PM - 10:00 PM							
10:00 PM - 10:30 AM	Women's Health Conference: Quality of Life Before and After Cosmetic Surgery	Inside Washington Hospital: Advanced Treatment of Aneurysms	Family Caregiver Series: Loss, Grief & Recovery	Understanding HPV: What You Need to Know	Palliative Care, an Extra Layer of Support	Treating Neck and Back Pain from Home	
10:30 PM - 11:00 AM							
11:00 PM - 11:30 AM							



Getting to the Heart of the Matter: Understanding Women's Risks and Symptoms of Heart Disease

Go Red for Women Day Is February 4

Despite the common misconception that heart disease is a “man’s disease,” it also is the leading cause of death for women in the United States. According to the Centers for Disease Control and Prevention’s National Center for Health Statistics, heart disease is responsible for one out of every four female deaths, which is more than for all types of cancer combined.

“Heart disease in women who are premenopausal is less common than it is among men of the same age, but that gap narrows quickly after age 55,” says Rohit Sehgal, MD, FACC, chief of Cardiology at Washington Township Medical Foundation.

The American Heart Association (AHA) notes that in the past, many of the major cardiovascular research studies were conducted on men, which adversely affected the diagnosis and treatment of women with heart disease. Thanks to educational efforts such as the AHA’s annual Go Red for Women Day – observed this year

on Friday, February 4 – women and their physicians are becoming more aware of heart disease among women. Also, in recent years, increased gender-based research on heart disease has revealed important differences in women’s risks, symptoms and responses to treatments.

“Overall, women’s risk factors for heart disease are similar to those for men – including age, high blood pressure, high cholesterol, lack of exercise, obesity, diabetes, smoking and a family history of heart disease,” Dr. Sehgal explains. “There are some slight differences, however. Type 2 diabetes may be a stronger contributing risk factor for heart disease among women. Low blood levels of HDL – the ‘good’ cholesterol – are more associated with cardiac disease in women than in men. In addition, high blood levels of triglycerides and lipoprotein(a) may be stronger predictors of heart disease in women than in men.”

Dr. Sehgal observes that risk factors such as age, menopause and family history

are beyond a woman’s control. Risk factors related to lifestyle, such as lack of exercise, poor eating habits and smoking are another matter.

“You really can control many risk factors associated with lifestyle choices,” he emphasizes. “For example, smoking is an important risk factor for heart disease, and yet the number of teens and young women who take up smoking continues to increase in recent years. Also, using birth control pills might increase the risk of blood clots, and smoking can increase that risk dramatically.”

Women’s symptoms of heart disease, including heart attacks, may slightly differ from men’s, too. “Men and women often feel chest pain during a heart attack, but women who have heart attacks may describe their pain as more diffuse, rather than as a crushing pain in the chest,” Dr. Sehgal says. “Women having a heart attack may experience pain in the neck, throat, shoulder and upper back in addition to sharp or burning pain in the chest.”

Women suffering a heart attack also may experience a range of other symptoms, including:

- nausea and dizziness
- acute shortness of breath
- atypical pain in the stomach or abdomen
- unexplained weakness or overwhelming tiredness
- cold, sweaty skin and paleness
- swelling of the ankles or lower legs

Dr. Sehgal notes that the signs of heart disease or even a heart attack can be subtle. It is for this reason, he advises the “better safe than sorry” approach. “Don’t make the mistake of assuming your symptoms could not possibly be signs of heart disease,” he says. “Insist on being tested. It’s your heart – and your life.”

If you need help finding a physician, visit www.mywtmf.com and click on the link for “Find A Doctor.”



Virtual Health & Wellness

facebook.com/WashingtonHosp
youtube.com/whhsInHealth

**Thursday, Feb. 17
6:30 p.m.**

Advances in Joint Replacement Surgery

Joint replacement surgeries increase each year and so does the experience and techniques of orthopaedic surgeons.

Join Dr. Bryant Bonner to discover how new advances in the field of joint replacement are benefiting patients.



*Bryant Bonner, MD
Orthopaedic Surgeon*

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continued from page 1

Houseprinting

As with any home building process, 3D printing begins with a house blueprint to design and customize. Plans are digitized in preparation for the actual build and rails are installed around the area destined for construction. A robotic arm follows the rails and deposits building material in the exact proportion and position dictated by the plan. Concrete is usually used for this process - extruded and dried as the printer nozzle moves along the rail. With each succeeding pass, the foundation and walls are built to the specified dimensions. If needed, a second path can erect a parallel wall to leave space for insulation between them. Following this construction phase, construction professionals take over to install windows, plumbing, electrical connections, roofing and additional amenities.

Advantages of beginning the construction project using 3D printing may become routine for future housing demands, especially in the low- and moderate-cost market. Cost savings can be measured in time and material demands as well as the versatility of this technology. Applications for 3D printed homes and structures has expanded since its introduction in the U.S in 2018 by Texas-based ICON - the first company to receive a building permit for a 3D home - at an Austin, TX South by Southwest conference where a 650-foot 3D home was unveiled. Currently, the world's largest 3D-printed building - a two-story office building -

is located in Dubai. NASA has entered the fray, exploring the possibility of using this technology to create 3D printed habitats for deep space exploration.

International interest in 3D structure printing is high and expanding with companies throughout the world developing the capacity for computer-aided construction. Icon was awarded a government Small Business

Innovation Research contract with funding from NASA to begin research and construction of a space-based system, Project Olympus, to support future exploration of the Moon. In addition, ICON was awarded a subcontract through Jacobs supporting NASA's The Crew Health and Performance Exploration Analog (CHAPEA) to deliver a 1700-square-foot 3D-printed habitat at Johnson Space Center known as Mars Dune Alpha. Mars Dune Alpha will host a three one-year crewed mission beginning later this year. As housing prices soar and the need for economical, environmentally friendly shelter increases, 3D printing is poised to become a valuable addition to the housing industry.



Paws for a Cause supports Afghan Refugees

BY NIAMH LAMBERT

Every year Washington High School's (WHS) Leadership class puts on Paws for a Cause fundraiser, encouraging members of the community (both human and animal) to raise money for a designated cause by taking their pet for a walk around WHS' campus. Those without a furry companion are still encouraged to join and get some exercise on their own. For this school year, WHS leadership chose to donate the funds raised to The City of Fremont Afghan Refugee Help.

The event was put together through WHS Associated Student Body (ASB)/Leadership Community Outreach Commission, headed by Smriti Jha and Madeline Stewart. The two began working together in September to find an organization to which this year's money would be donated. Once deciding on The City of Fremont Afghan Refugee Help, Jha and Stewart began to plan.

Purchasing decorations, training Leadership members, and making flyers were among the tasks that Jha and Stewart took on. Jha says, "The day before the event, the ASB class made sure all the decorations, banners and posters were made. Our goal was to have an overall theme of support, so we went with the colors red, black, white and green to represent the Afghanistan flag."

Registration opened at 9 a.m., and \$15 were donated by each participant. The event began at 10 a.m. with speeches by ASB Activities Coordinator Michael Soltau and City of Fremont Afghan Refugee Help representative, Paula Manczuk-Hannay.

Participants had two hours to walk laps around the campus and learn about the cause they were supporting. They were joined by their furry friends and ASB members, who cheered them on throughout the course. "Paws for a Cause is a unique way of getting money donated to members of our community," says WHS student Archit Singh. "I'm glad that I'm able to help those around me and have fun while doing it. I brought my dog Pluto and we walked eight laps together!"

Choosing to donate to The City of Fremont Afghan Refugee Help was a rather simple decision for Jha and Stewart. "This year, my partner Maddy and I, decided to spread awareness about a current event impacting the lives of many in Afghanistan -- the Afghan refugee crisis. While planning this year's PAWS, news of the Taliban and their declaration of restoration over the Islamic Emirate was all over the news. We believed that it was important not only to spread awareness, but to also help raise money, and PAWS provided us with the perfect opportunity."

WHS' Paws for a Cause raised a total of \$6,016. As Jha and Stewart delivered the donation to the refugee center they were met with gratitude from all that were present. They met their goals and were able to truly make a difference in their community members' lives. "We were able to raise quite a bit for the refugees, and I really hope that what we gave will make a difference."

Keep up to date with other events on the ASB website. <https://washingtonasb.com/>

Help your homeless neighbors

SUBMITTED BY
CITY OF FREMONT

Volunteers are being sought to help with a new Safe Parking Host Site Pilot Program being launched by City of Fremont Human Services Department.

The focus of the program is to provide safe and clean parking facilities to unhoused community members who live inside their vehicles. Currently, four faith-based host sites are going through a permit process to open their parking lots to host these people and their vehicles. When approved, each site will host participants on a rotating basis for four weeks.

Volunteers will be responsible for checking participants into the program in the evening and checking them out in the

morning. Volunteers will be on site for a maximum 2-hour shift, either in the morning or evening, seven days a week. There will be two volunteers on site per shift, so volunteers are encouraged to choose a time that works best for them. Training and orientation will be provided.

Additionally, volunteers will assist in offering hospitality services to program participants, including dinner service or fellowship, haircuts and/or resume writing workshops; these events will be coordinated and communicated by the host site.

City Serve's Compassion Network is coordinating volunteer recruitment and registration/shift sign-ups. For information, send an email to specialprojects@cityserve.org or call (510) 796-7378.

Pharmacies begin to offer free N95 masks

SUBMITTED BY KAT SCHUSTER

California pharmacies will begin offering free N95 masks at participating stores. Participants include:

- Albertsons
- Sav-On
- Costco
- CVS Pharmacy
- Kroger
- Harris Teeter
- Food Lion
- Giant Food
- Rite Aid Corp.
- Walgreens
- Walmart

For more information, visit: <https://www.cdc.gov/vaccines/covid-19/retail-pharmacy-program/participating-pharmacies.html>.

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Exp. 2/28/22

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Tri-City History in Photographs #1: Hats

By KELSEY CAMELLO, FOR THE WASHINGTON TOWNSHIP MUSEUM OF LOCAL HISTORY

Hat (noun): A shaped covering for the head, usually with a crown and brim, especially for wear outdoors.

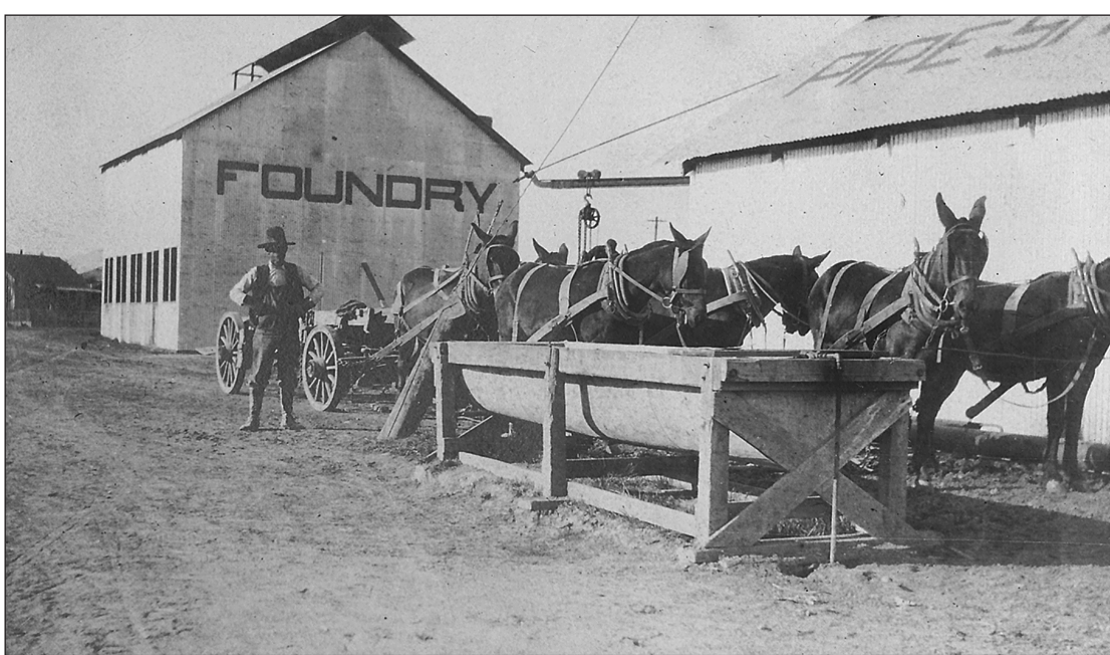
Let's explore local history through themes and photographs. Have a topic or idea you'd like us to explore? Email us at info@museumoflocalhistory.org.



Drawbridge, 1917: Eight young men in suits and ties (four in hats) on the front deck of the Lomita Gun Club.



Mission San Jose, Oct 18, 1902: Sunderer Family (five in hats) on a picnic in Mission Peak Hills.



Niles, December 1907: Man in hat outside foundry in Niles.



Warm Springs, 1925: Eight hay crewmen in hats on lunch break. Manuel Ramos at far right. In background are wire bales and hay baler.

THE ROBOT REPORT

China's Chang'e 5 lunar lander finds evidence of water



Chang'e 5 has four modules, a service module, return vehicle, lander and ascent unit. Credit: CNSA/CLEP

By BRIANNA WESSLING

China's Chang'e 5 lunar lander became the first to discover water on the moon on-site and in real time.

Water was first discovered on the moon from orbit in 2009 by India's Chandrayaan-1 mission. The team used NASA's Moon Mineralogy Mapper instrument to definitively detect water. Since then, water has been extensively mapped from orbit in missions like NASA's Lunar Reconnaissance Orbiter.

The Chang'e 5 lander used its mineralogical spectrometer, which was specifically designed for finding water, to detect the water. It did so by determining spectral reflectance measurements of soil and rocks on the moon.

The water on the moon is believed to be from deposition from solar wind, a constant stream of charged particles coming from the sun. It was found near the Oceanus Procellarum on the moon's near side.

Chang'e 5 landed on the moon on December 1, 2020 with a mission to collect lunar rocks and soil to bring back to Earth. This is China's first ever sample return mission, however the country has had four successful

robotics missions to the moon before the Chang'e 5.

The lander was on the surface for less than 48 hours before it headed back into orbit around the moon. The lander returned to Earth on December 16. It is the first lander to bring samples back from the moon since the Soviet Lunar 24 probe in 1976.

The joint research team behind the lander is led by Professors Lin Yangting and Lin Honglei from the Institute of Geology and Geophysics at the Chinese Academy of Sciences (CAS). It also involved researchers from the National Space Science Center at CAS, the University of Hawai'i at M noa, the Shanghai Institute of Technical Physics at CAS and Nanjing University.

China is the third country to bring samples back from the moon, after the United States and the Soviet Union. In 2023, China plans to launch the Chang'e 6. The lander is meant to be a backup to the Chang'e 5, but it will head to the lunar south pole for samples.

Brianna Wessling is an Associate Editor, Robotics, WTWH Media. She can be reached at bwessling@wtwhmedia.com.

High school speech contest goes online

SUBMITTED BY SHIRLEY GILBERT

Delaine Eastin, former California State Superintendent of Public Instruction, will be keynote speaker at an upcoming high school speech contest sponsored by the Fremont branch of American Association of University Women (AAUW).

The free online event starts at 10:00 a.m. Saturday, February 5 and will meet using the Zoom app. After the local high school contestants deliver their six-minute speeches and judges choose the winners, Eastin will address the students and attendees at 12:30 p.m.

The theme for this year's Speech Trek is: "Has the United States lived up to its pledge of liberty and justice for all? Would requiring the study of diversity, equity and inclusion in a high school setting help ensure liberty and justice for all?" Eastin will talk about the journey in America to a "more perfect union" and her life and times as a California educator and politician.

Eastin was the first woman to be elected California State Superintendent of Public Instruction and held that position from 1995 to 2003. She also



served four terms in the State Assembly, representing parts of Alameda County and Santa Clara County in the California State Assembly between 1986 and 1994. Eastin is a former AAUW Fremont chapter member and is a current member of the AAUW chapter in Davis.

Because of COVID-19 guidelines, students will deliver their speeches from their homes without a live audience. First place winner will receive \$150 and a chance to compete in the AAUW California state semi-final/final rounds; second prize is \$75 and third prize is \$50.

The event is open to the public. To join, participants should launch the Zoom app on their computer or digital tablet and follow the meeting ID and passcode prompts given below.

AAUW High School Speech Contest
Saturday, Feb 5
10:00 a.m.
Online via Zoom app
Meeting ID: 841 3989 9130
Passcode: 030960
Free

It's never too early to plan for spring break

BY ROB KLINDT

While celebrations welcoming the new year are still fresh in many people's minds, President's Day and winter break activities are coming soon, many parents are already thinking about spring break.

Savvy parents know that timing is important to get their children enrolled in popular camps, classes and activities during spring break or Easter vacation. Now is the time to peruse recreation catalogs, online activity websites, and park and library guides for games, sports and classes to keep young minds and bodies active during school vacation.

This year, Easter is on Sunday, April 17, but not all schools are following the same schedule. Here is a roundup of spring and Easter break schedules for numerous Tri-City and East Bay school districts, and a sampling of local activities for kids:

Spring break:

- California School for the Deaf (Fremont) April 19-22 (Tuesday-Friday)
- Castro Valley Unified School District March 28 -- April 1 (Spring break)
- Easter Break: April 15 (Friday), April 18 (Monday)
- Eden Area ROP High School April 11-15
- Fremont Unified School District: April 15-22 (Friday-Friday)
- Hayward Unified School District April 11-15
- Milpitas Unified School District April 11-15
- Moreau Catholic High School (Easter break) April 18-22
- Newark Unified School District: April 15-22 (Friday-Friday)
- New Haven Unified School District: April 4-8
- San Leandro Unified School District April 4-8
- San Lorenzo Unified School District April 18-22
- Sunol Glen Unified School District April 11-15

Activities:

- **Spring Break Tennis Camp** April 4-8
9 a.m. to 12 noon
Basic instruction, rules and play in singles and double games.
Euro School of Tennis, 38350 Alta Drive, Fremont
Ages 6-14
\$416
euroschooloftennis.com/spring-tennis-camps-in-fremont/
- **Online "Science is Fun: Solar System" program**
Grades 1-4
4:00 p.m. to 5:00 p.m. Saturday, April 16 via Zoom

This virtual science program is designed to teach children basic science while having fun. The first half of the program will consist of explanations and the second half will include fun experiments to help students understand the theory of each topic. Sponsored by Alameda County Public Library.

Admission: Free
Registration: opens March 19.
(510) 745-1421

Email: fremontchildrens@aclibrary.org

- **Spring Break Zoo Camp at Oakland Zoo**
Grades K-5 (Campers must be at least 5 years old)
9:00 a.m. to 4:00 p.m.
Sessions: March 28-April 1; April 4-8
Members: \$435 per camper/session

Non-members: \$465 per camper/session

Registration: opens February 16

<https://www.oaklandzoo.org/programs-and-events/spring-break-zoo-camp>

For questions send an email to zoocamp@oaklandzoo.org or call (510) 632-9525 extension 280.

• **Union City Spring Egg Hunt**

Saturday, April 16
9:30 a.m. to 12:30 p.m.
Old Alvarado/Cesar Chavez Park, 3871 Smit St., Union City

Union City Community & Recreation services annual Easter egg hunt for children ages 1 through 10. A mini-carnival, children's goodie bag and meet and greet with Mr. & Mrs. Easter Bunny is also planned.

Tickets: \$15 per child; discount available if tickets are purchased by March 31.

Online: unioncity.org/crs
(510) 471-3232

• **Ardenwood Historic Farm**

Daily, 10 a.m. to 4:00 p.m.
34600 Ardenwood Blvd., Fremont
Take a glimpse into a life on a family farm as it was between 1890 and 1930 at this fully functioning turn-of-the-last-century farm that includes restored farm machinery, live animals, crops and a historic Victorian farmhouse.

Admission: Tuesdays, Wednesdays and Saturdays: \$4 adults, \$2 children 17 and younger; Thursdays, Fridays and Sunday: \$6 adults, \$4 children 17 and younger.

Online: ebparks.org/parks/ardenwood
Details: (510) 544-2797

Milpitas Hoop it Up basketball camp

April 11-15
9:00 a.m.-3:00 p.m.
Milpitas Sports Center, 1325 E. Calaveras Blvd, Milpitas.

Players at least 7 to 14 years old will work on the core fundamentals of the game which includes footwork, passing, ball-handling, shooting, and defense. Sponsored by Milpitas Recreation and Community Services. Open to boys and girls; spaces limited.

Cost: \$249 for Milpitas residents; \$269 non residents

Online: apm.activecommunities.com/milpitasrec/
(408) 586-3210

Walk-up library

Alameda County Mobile Library
Friday, April 15
11:30 a.m. to 1:30 p.m.
Schilling Elementary School, 36901 Spruce St., Newark

Children, adults
Free

Email: outreach@aclibrary.org
(510) 745-1477

Patterson House at Ardenwood Historic Farm

Spring Break Adventure
April 18-22
8:30 a.m. to 3:00 p.m.
Ages 5 to 11
34600 Ardenwood Blvd., Fremont

Art, games and music from Chicago to India to China. Outdoor fun and hands-on learning, nature walks, science investigations, group games, creative dramatics and puppetry, art projects and more. Participants should bring lunch, snacks, water and sunscreen.

Cost: \$295 per child

Registration: www.fremont.gov, select "RegeRec Registration" link and follow the prompts



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Hang Out with the Twins of Gemini

BY DAVID PROSPER

The night skies of February are filled with beautiful star patterns, and so this month we take a closer look at another famous constellation, now rising high in the east after sunset: Gemini, the Twins!

If you're observing Orion, as discussed in last month's article, then Gemini is easy to find: Just look above Orion's "head" to find Gemini's "feet." Or, make a line from brilliant blue-white Rigel in the foot of Orion, through its distinct "Belt," and then on through orange Betelgeuse. Keep going and you will end up in between the bright stars Castor and Pollux, the "heads" of the Gemini Twins from the Greek myth. In Chinese astronomy, these stars make up two separate patterns: the Vermillion Bird of the South and the White Tiger of the North. While not actually related – these stars aren't bound to each other, and are almost a magnitude apart in brightness – they do pair up nicely when compared to their surrounding stars.

Take note: more than one stargazer has confused Gemini with its next-door neighbor constellation, Auriga. The stars of Auriga rise before Gemini's, and its

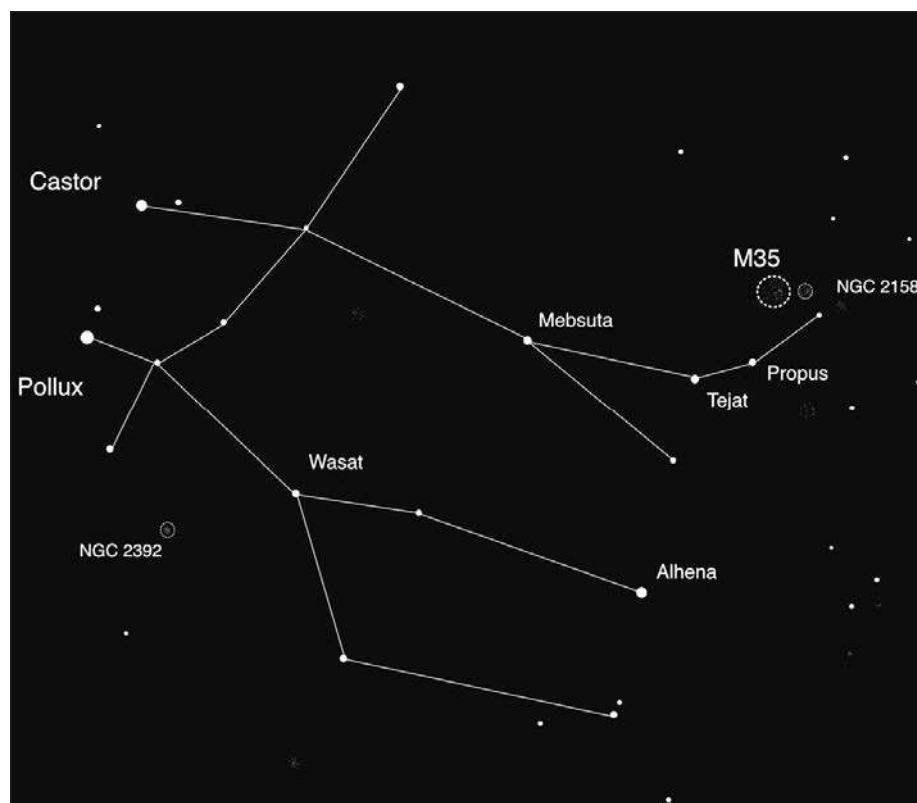


Image created with assistance from Stellarium.

brightest star, Capella, doesn't pair up as strikingly with its second most brilliant star as Castor and Pollux do. Star-hop to Gemini from Orion using the trick above if you aren't sure which constellation you're looking at.

Pollux is the brighter of Gemini's two "head" stars - imagine it has the head of the "left twin" - and located about 34 light-years away from our Solar System. Pollux even possesses a planet, Pollux b,

over twice the mass of Jupiter. Castor - the head of the "right twin" - by contrast, lies about 51 light-years distant and is slightly dimmer. While no planets have been detected, there is still plenty of company as Castor is actually a six-star system!

There are several great deep-sky objects to observe as well. You may be able to spot one with your unaided eyes, if you have dark skies and sharp eyes: M35, a large open cluster near the "right foot" of

Gemini, about 3,870 light-years away. It's almost the size of a full Moon in our skies! Optical aids like binoculars or a telescope reveal the cluster's brilliant member stars. Once you spot M35, look around to see if you can spot another open cluster, NGC 2158, much smaller and more distant than M35 at 9,000 light-years away.

Another notable object is NGC 2392, a planetary nebula created from the remains of a dying star, located about 6,500 light-years distant. You'll want to use a telescope to find this intriguing faint fuzzy, located near the "left hip" star Wasat.

Gemini's stars are referenced quite often in cultures around the world, and even in the history of space exploration. NASA's famed Gemini program took its name from these stars, as do the appropriately named twin Gemini North and South Observatories in Hawaii and Chile. You can discover more about Gemini's namesakes along with the latest observations of its stars and related celestial objects at nasa.gov. The Night Sky Network's "Legends in the Sky" activity includes downloadable "Create Your Own Constellation" handouts so you can draw your own star stories: bit.ly/legendsinthesky.

This article is distributed by NASA Night Sky Network. The Night Sky Network program supports astronomy clubs across the USA dedicated to astronomy outreach. Visit <https://nightsky.jpl.nasa.gov/index.cfm> to find local clubs, events, and more.

Trash Talk

BY THE PICKUP ARTIST

This is the thirteenth edition of Trash Talk, a column devoted to cleaning up our neighborhoods. Happy first birthday!

I've collected the trash, now what happens?

There are 633 materials recycling centers in the USA. At least one of them can bale 50 tons per HOUR! A close-captioned YouTube video shows how they can process 350 tons per day. It's 16 minutes long, but worth watching. On www.youtube.com, search "Recycling Center Video Tour Grads 9-12" uploaded by Republic Services account.

Some recycling centers have occasional tours. The public can actually see the recycling process. Check this website for more information: <https://ncrarecycles.org/activities/tours>. I heard from a friend that the tour in San Francisco is quite interesting.

Repurpose the trash

A lot of my column has been about collecting litter to dispose of it properly or recycle it for future use. I recently came across an abandoned baby stroller (one of many). I removed the cloth material and added a few touches of my own, like a place to stow the grabber and a water bottle holder. I christened it the Litter Buggy. It holds the bag open, which is the most difficult part of collecting. It also supports the weight of additional bags. It is on wheels, and has brakes so it won't roll away while I am picking items up. A day-glow green box holds recoverable items.

Home-owner tip of the month



Have you ever noticed little flecks of rust in the sink aerators? Rust builds up in metal pipes over time and can flake off, depositing in the aerator. It can also accumulate in the water heater and reduce its lifespan. Would you like to delay the purchase of another water heater? You can flush out the accumulated sediment at the bottom simply by opening the spigot at the bottom of the tank. I let mine run into a bucket for a few seconds, and the video below shows another option. You'll be surprised to see how much sediment has accumulated. Flushing out the sediment can also improve water heater efficiency since the sediment insulates the heat source from the water. To view the how-to video on YouTube, search "How to Flush a Residential Water Heater" uploaded by Rheem.

The quote for today: "You miss 100 percent of the shots you don't take." – Wayne Gretzky

Answer to the last Trash Talk Question:

What areas are you looking at to make this a better year than last year, both for yourself and others? Obviously, only you can answer that one. I increased the duration of my aerobic workout by 20%. If you want to share your 2022 New Year's resolutions and progress, I'll include them in a future edition of Trash Talk. Thanks for participating!

The Trash Talk Question for today: February is the month with Valentine's Day. Are you planning to show your loved one some romance? In our house, we do a monthly bit of practical romance: When the PG&E bill comes in, we guess how much it will be before we open it. The one who guesses closest to the right amount wins a kiss. Can't lose!

Send comments or questions to ThePickupArtist-KHCG@outlook.com

Park It

BY NED MACKAY

As is the case every year, the Castle Rock formation overlooking Pine Creek at Diablo Foothills Regional Park in Walnut Creek is now closed to all access to protect nesting peregrine falcons. Actually located in Mt. Diablo State Park, the rocks are closed annually from February 1 through July 31 so the falcons can mate, lay eggs and fledge their young undisturbed. The creek is generally the boundary line between the state and regional parks. Signs advising the closure are posted at several access points along the Stage Road Trail, which follows the creek.

Peregrine falcons are amazing birds. They are about the size of crows, though slightly bulkier and with longer wings. They prey mostly on smaller birds and mammals, including rodents and bats. Their dives have been clocked at speeds of more than 200 miles per hour, which makes them the world's fastest animal.

Peregrines are no longer on the federal endangered species list, but in California they are still fully protected under the state's Fish & Game Code. Over the years there has been at least one pair of mating peregrines at Castle Rock. Please do not disturb them during their nesting season. If disturbed, they can fail to mate or abandon their nest. Trespassers can be fined.

An all-volunteer natural history education team keeps watch on the peregrines at Castle Rock during the mating season. In 2021 four chicks hatched, but all succumbed to a predator owl.

Animal courtship is the theme of a naturalist-led hike from 10 a.m. to 12 noon on Saturday, February 5 at Black Diamond Mines Regional Preserve in Antioch. During a moderate, three-mile hike, the group will find out what a variety of animals are doing during Valentine month. Meet at the park's upper parking lot at the end of Somersville Road, 3½ miles south of Highway 4. Bring water and dress appropriately for the weather.

The hike is free of charge, but registration and parent participation are both required. You can register online at www.ebparks.org, or by calling (888) 327-2757, option 2. Black Diamond Mines has a parking fee of \$5 per vehicle.

Crown Memorial State Beach in Alameda is the venue for a walk in the Saturday Stroll series, from 10 a.m. to noon on February 5. Meet the naturalist at the pier near Broadway and Shoreline Drive for a flat, 3.3-mile walk to Martin Luther King Jr. Regional Shoreline with beautiful bay views. No registration is necessary, just show up. For information, call (510) 544-3187.

The chickens at Ardenwood Historic Farm in Fremont are descendants of some much larger remote ancestors. Learn more about it during a "Chickens and Dinos" program at the farm from 11:00 a.m. to 11:30 a.m. on Saturday, February 5. You can help feed the chickens, too. Ardenwood is located at 34600 Ardenwood Boulevard, just north of Highway 84. No registration is necessary. For information on admission fees and the program, call (510) 544-2797.

Raptors and other avians will be stars of a "Shrubapalooza" program from 9 a.m. to 11 a.m. on Sunday, February 6 at Morgan Territory Regional Preserve east of Mt. Diablo, led by naturalist Kevin Dixon. The group will scan for soaring birds along windswept cliffs with the mountain as backdrop. Bring binoculars and hand lenses if you have them, plus snacks.

Meet at the park's staging area on Morgan Territory Road about nine miles south of Marsh Creek Road near Clayton. Registration is required, and there's a minimum age of seven years. For registration and information, visit www.ebparks.org or call (888) 327-2757, option 2.

This is just a sample. There are lots of programs planned in the regional parks in coming days. Visit the district's website for the full story.

News and Notes

FROM AROUND THE WORLD

SUBMITTED BY THE ASSOCIATION OF MATURE AMERICAN CITIZENS

Boy wonder

Eleven-year-old Davyon Johnson of Muskogee, Oklahoma had a superhero day recently, reports the Association of Mature American Citizens (AMAC). While at school he spotted a classmate choking; the boy had accidentally swallowed a bottle cap. His school's principal, Latricia Dawkins, told a reporter from Enid News & Eagle that "Davyon immediately sprinted over and did the Heimlich maneuver. From the account of the witnesses, when he did it the bottle cap popped out." Later that day he saw a handicapped woman standing on the porch of a burning house holding on to her walker. The youngster told Tulsa's "News On 6" TV, "I thought, 'Oh, she's not moving fast enough.' So, I ran across the street and helped her."

Jumpin' Jehoshaphat!

North Carolina State University entomologist Matt Bertone was studying bark beetle larvae when he made a surprising find: the little creatures are quite the gymnasts. According to the AMAC, Bertone said he "noticed they would crawl for a distance and then would hop. And it was really strange, and I didn't know if I was seeing things or

not." Gymnastics Podcaster Jessica O'Beirne was among the first to report on Bertone's find. As she put it, "The thing that's amazing about this jump, it's taking off from a push-up position. It basically goes from playing dead to launching itself like (Olympic gymnast) Simone Biles." See the insect's unusual hop on YouTube: www.youtube.com/watch?v=y-b73G96UIQ.

Spotting a shooting star

It's not often one can see a meteor entering earth's atmosphere: the sun gives them cover in daytime, if it happens too late at night most of us are sleeping or they make entry where few people live, explains the AMAC. But the large green fireball that fell in Hungary recently made its way across the country early at night, giving witnesses a show that they won't soon forget, although you can bet that many of them quickly reached for their iPhones to capture the event on video. See the blazing meteor on YouTube: www.youtube.com/watch?v=aiNtg4uwtRk.

The Association of Mature American Citizens is a nonprofit, nonpartisan organization representing membership in Washington, D.C. and in local congressional districts nationwide. More information is available on its website at www.amac.us.

POSTER CONTEST!

SUBMITTED BY ALAMEDA COUNTY RCD

Enter your child or entire class into Alameda County Unincorporated Area's Clean Water Program Poster Contest for 3rd and 4th graders. We aim to spread the message to the community that Litter Hurts.

WHAT'S THE PROBLEM WITH LITTER?

When trash – plastic bags, bottles, utensils, etc – is thrown on the ground, it gets washed into storm drains and directly into our waterways. Much of it is not dropped directly into or near the water, but because litter travels – even from miles away – it can end up in our local creeks and the bay. Litter can also leave tiny particles that birds, fish and other animals mistake for food. The animals can die or become sick, as their digestive system becomes clogged. During local creek and beach cleanups, volunteers find hundreds of pounds of litter.

Contest Rules

Step 1: Watch this short Fred and Izzy Litter Hurts video <https://youtu.be/qJLG4o9Xi1w>

and discuss these poster ideas (things to draw) and brainstorm additional ideas.

- Put litter in its place: Use nearby garbage cans or pack your trash until you reach the next available trash can. If possible, pick up any litter you see, and dispose of it properly.

- Reusables: You can prevent litter by using a travel mug, cloth napkin and reusable lunch kits.

- Clean up litter: Show people participating in a litter clean-up to keep the trash out of the local waterways.

Step 2: Follow the contest rules:

- Poster must be created on 8 1/2 x 11 white paper.

- Posters must be drawn horizontally.

- Please include this wording on your poster: "Litter Hurts! Help Keep Our Water Clean."

- Children may use the Fred and Izzy characters from the video in their artwork.

- Artwork should be original, creative, bold and thoughtful.

- Students may use colored pencils, crayons, markers, paint, ink, fabric, poster paint or pencil.

- Please write on the back of posters: Name, Grade, Teacher, School

- One entry per student.

- Teachers: if your entire class participates, please mail all posters at once to be entered to win one of two \$100 Amazon Gift Cards!

Step 3: Mail your poster with name, school, teacher's name and grade on the back, on or before Friday, April 1, 2022, to the address below. All submitted posters will be property of the Alameda County Unincorporated Area Clean Water Program. Thank you for your participation!

Clean Water Poster Contest
Attn: Allison Rodacker
Alameda County RCD
3585 Greenville Rd, Suite 2
Livermore, CA 94550

If you have any questions or concerns, please email Allison Rodacker at allison.rodacker@acr.cd.org. More info at www.acrcd.org. Get creative and good luck! Winners will be announced in late April 2022 with winning posters displayed online and at the Castro Valley Library.

Updates shake up California earthquake app

SUBMITTED BY CALIFORNIA OFFICE OF EMERGENCY SERVICES

Building upon the success of California's first-in-the-nation earthquake alert system, Governor Gavin Newsom recently announced new functionality within the MyShake smartphone app.

The app, funded by the California Governor's Office of Emergency Services and developed by UC Berkeley Seismology Lab, has launched its newest enhancement called HomeBase. It allows users to set a default location where they can receive earthquake early warning alerts, even if location services are temporarily down or turned off.

This enhancement, announced January 26, will increase MyShake's ability to send timely alerts so that Californians affected by an earthquake can receive a warning for a location of their choosing and be prepared for shaking.

To activate the HomeBase function, users should update their MyShake app and navigate to the Settings page, where they will find an "Add HomeBase Location" button. Another new feature is an audible tone prior to the verbal warning, which can be accessed by checking the audio and visual alerts in the settings/notification page.

Tsunami safety information has also been added to the app's safety pages to remind people near the coast what steps they can take before, during and after an

earthquake to protect them from tsunamis. This update is timely given the recently tsunami advisory that occurred along the entire West Coast due to a volcanic eruption near the Tonga Islands.

Launched in 2019, MyShake was the first app to provide statewide earthquake early warning alerts for earthquakes with a magnitude of 4.5 or greater. The amount of advance notice received varies depending on proximity to the epicenter.

The app leverages the technology of the federal ShakeAlert® system to deliver early warning of earthquakes before shaking starts.

ShakeAlert® is operated by the US Geological Survey in partnership with Cal OES, University of California Berkeley, California Institute of Technology (Caltech), University of Oregon, and University of Washington

MyShake also provides damage reports after an earthquake.

Within the app, users can report damage so that others can see where damage has occurred in order to avoid those areas.

Since 2020, Android phones have earthquake early warning technology built in. However, Android owners can still benefit from the many other functions of MyShake, including the new Homebase feature.

To download MyShake, which is also available for iPhones, and to learn more about earthquake preparedness, visit earthquake.ca.gov.

Primavera Century celebrates 50th

SUBMITTED BY FREMONT FREEWHEELERS BICYCLE CLUB

After a two-year hiatus, Fremont Freewheelers' "Primavera Century" will ride again on April 10, 2022. With scenic views of Livermore and Fremont, this year's ride will include three routes: Century (100 miles with a 90-mile option), Metric Century (100K or 63 miles), and Fun Ride (25 mostly-flat miles). The club is especially encouraging families and beginners to try out the relaxed Fun Ride option, which will ride through Coyote Hills.

Pre-registered riders from 2020 will have their registration rolled over. Others are encouraged to register online soon, as spots fill up fast. Registration includes goodie bags, end of ride meal, medals for kids and more.

More information will be available on the website and social media pages closer to the ride date.

Primavera Century
Sunday, Apr 10
Mission San Jose High School
41717 Palm Ave., Fremont
<https://ffbc.org/primavera/>
Registration: \$20-90

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Kid Scoop Together: Numbers Game

In baseball, the batting average is defined as the ratio of hits to at bats.

A batting average is a measure of a player's ability to hit. A batting average over .300 is considered to be good, and an average over .400 a nearly unachievable goal. (The last player to hit that mark, with enough at bats to qualify for the batting championship, was Ted Williams of the Boston Red Sox, who hit .406 in 1941.)

Jackie Robinson's career batting average of .311 is still one of the top 100 of all time.

The baseball statistics in the newspaper provide a fun way to practice math skills. Use the following to get yourself started.

- How do you say a batting average?**
- Always say as a three-digit whole number.
 - Say the first digit as a single whole number.
 - Combine the second and third digits to form a two-digit number.
- For example:*
.274 = two seventy-four
.309 = three oh-nine
.075 = oh seventy-five

- How do you express the following as a batting average?**
- Batting averages are always three digits.
 - If you have a two digit number place a zero on the end:
.25 becomes .250
 - If you have only one digit, place two zeros on the end:
.3 becomes .300
 - If you have more than three digits look at the fourth digit to determine if you should round the third digit up or keep it the same:
.30119 becomes .301
.2348 becomes .235

- How do you calculate a batting average?**
- Batting Average (BA) = Hits (H) divided by At Bats (AB) or BA = H/AB.
 - If you have a fraction: 1/5 that's the same as saying 1 for 5 or 1 hit for 5 at bats.
 - To determine the batting average 1/5 divide the numerator by the denominator to create a decimal. Then say the answer as .200.
 - 3 for 8 or 3/8 = .375
 - 1 for 4 or 1/4 = .250

- How do you calculate a player's batting average over two games?**
- Add the hits from both games together and then add at bats from both games together, next divide the sum of the hits by the sum of the at bats.
 - 1 for 4; 3 for 5, first add up the hits 1 + 3 = 4, next add up the at bats 4 + 5 = 9, then divide the sum of the hits 4 by the sum of the at bats 9 or four for nine or 4/9 = .444.
 - 0 for 2; 3 for 7 = 3 for 9 or 3/9 = .333
 - 2 for 3; 1 for 4 = 3 for 7 or 3/7 = .429

Standards Link: Number Sense: Understand the relationship between fractions and percent; calculate problems using division; read decimals and percents; round numbers to the nearest 1,000.

Jackie Robinson

BREAKING THE COLOR BARRIER

Baseball Hall of Famer, **Jackie Robinson** probably changed baseball more than any other player—not by skill alone, but by who he was as a person.

Biographical information on today's page verified by the National Baseball Hall of Fame and Museum: baseballhall.org



A Rough Beginning

Jack "Jackie" Roosevelt Robinson was born in rural Georgia in 1919. He was the grandson of slaves. His _____ were sharecroppers, whose lives were not much better than those of his grandparents.

When Jackie was one year old, his father left the family, leaving his mother to _____ five children alone. His mother took the family and her _____ for a better life to Pasadena, Calif., where her brother lived. But things weren't always good there either.

Jackie could only go to the _____ pool one day a week. He had to sit in a special _____ at the movie theater. Their white neighbors cursed the Robinsons and even threw rocks at them. Why? Because of the _____ of their skin.

In Jackie Robinson's life, he _____ many people who were _____ against blacks. They felt that black people should not have the same _____ as white people.

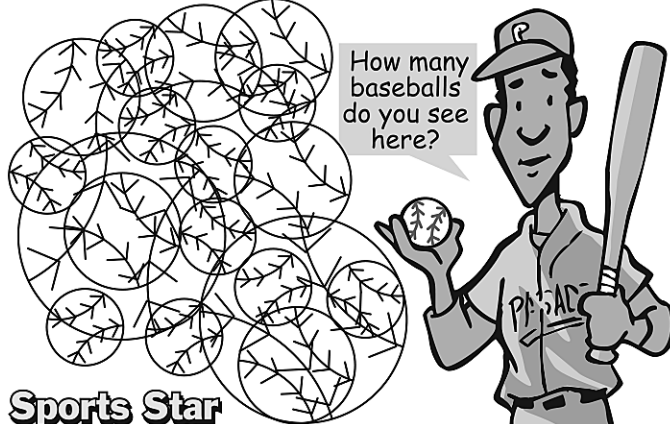
The baseball knocked some words out of this story. Find where each word belongs.



Standards Link: Civics: Know instances in which political conflict in the U.S. has been divisive and reasons for this division (e.g., civil rights struggles).

Sports: A Path to Change

When Jackie started school he found something he was very good at—sports. He liked to play hard. He liked to win. He found out that by winning in sports he got respect from the white children. He liked this feeling and vowed he would always work hard to gain respect.



How many baseballs do you see here?

Sports Star

By the time he was in high school, Jackie led the football, basketball, baseball and track teams. In 1938, when he was a student at Pasadena Junior College, Jackie led his college teammates to victory in a track meet and a baseball game held 40 miles apart on the same day!

Help Jackie get to the baseball game from the track meet.

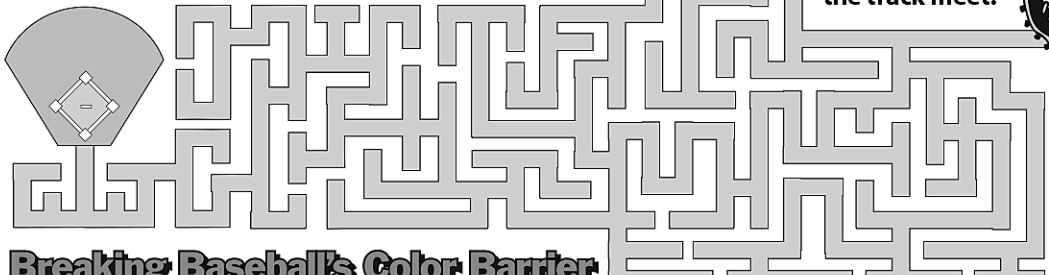


Extra! Extra!

Helping Others

What made Jackie Robinson great is not only what he accomplished for himself, but what he made possible for other people. Search the newspaper to identify individuals who are working to make life better for other people. Name the individuals and then summarize their actions and the possible benefits to others.

Standards Link: Writing Applications: Write summaries of text.



Breaking Baseball's Color Barrier

After college, Jackie went into the Army. When he got out he signed on with a baseball team in the Negro Leagues. At that time, black players were not allowed in the all-white Major Leagues.

Then, on October 23, 1945 Branch Rickey, the general manager of the Brooklyn Dodgers, asked Jackie Robinson to play for the Dodgers beginning in 1947. He said it would be difficult to be the first man to end segregation in Major League Baseball.

Standards Link: Civics: Know that civil rights efforts strive to reduce discrepancies between ideals and the reality of American public life.

Rickey said to Jackie ...

I'm looking for a ballplayer with guts enough not to fight back.



What do you think he meant by that?

Standards Link: Writing Applications: Write responses to text.

Kid Scoop Puzzler

A Timeline of Ending Segregation

In 1947, Jackie Robinson was ahead of his time when it came to ending segregation in Major League Baseball. Use the code to find out the order in which the following were integrated.

CODE	0 = ▼	5 = ★
	1 = ◆	6 = ✕
	2 = ∴	7 = ↗
	3 = *	8 = ■
	4 = ♥	9 = ▲

- ◆ ▲ ♥ ■ U.S. Armed Forces are integrated
- ◆ ▲ ★ ♥ Segregated schools declared illegal
- ◆ ▲ ★ ▲ The last Major League Baseball team is integrated

Standards Link: History: Students know that a timeline records significant events in chronological order.

Double Double Word Search

- ILLEGAL
- PASADENA
- BROTHER
- RESPECT
- MAJOR
- BRANCH
- FIRST
- DODGERS
- MOVIE
- SKIN
- JACKIE
- MILES
- ROOSEVELT
- POSE
- ROBINSON

Find the words in the puzzle. How many of them can you find on this page?



Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop VOCABULARY BUILDERS

This week's word: **SEGREGATION**
The noun **segregation** means separating people into racial groups.

Making people sit in different parts of a theater or bus because if their skin color is racial **segregation**.

Try to use the word **segregation** in a sentence today when talking with your friends and family members.

FROM THE Kid Scoop LESSON LIBRARY

Action News

Select a photograph in today's sports pages and try to imitate and hold the pose of a person in the photograph. Then, have a friend or family member give it a try.

Standards Link: Physical Education: Use a variety of basic non-locomotor skills.



What is a baseball dog?

ANSWER: A dog that catches flies, chases fowls, and runs for home when he sees the catcher.

Write On! Leadership

What are the qualities of a good leader? Who do you know that is a good leader? Why do you think of that person?

The Adventures of Daya and Daler: Rrooar Academy's new bilingual book series

SUBMITTED BY MITCHELL SVANTNER
PHOTOS COURTESY OF
MITCHELL SVANTNER AND KAUR FAMILY

Gurseerat Kaur, a local second grade student, has published her debut picture book as the first in the *The Adventures of Daya and Daler* series. Developed by Rrooar Coding and Robotics Academy, each book is written in both English and Punjabi. Gurseerat's book, *Bunty's Prank*, revolves around the series' brother and sister having their family camping trip interrupted by a talking monkey, Bunty. Along the way, they learn empathy and how to respond to rudeness with compassion.

Gurseerat had written short pieces of fiction and nonfiction in school, but had never undertaken the creation of a "real book." She was understandably a bit nervous, but with the support of her family and the instructors at Rrooar Academy, she is now a published author. "I am proud of myself because I never thought I could write a book at this age," she says. "I thought I had to be, like, 30."

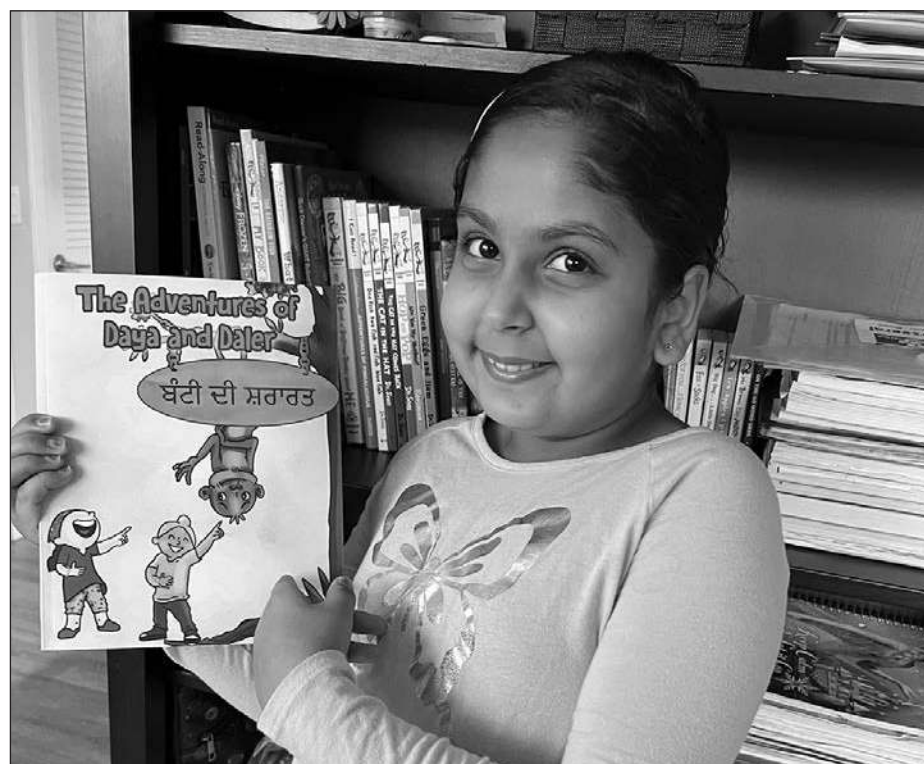
The Adventures of Daya and Daler is a series envisioned by the founding members of Rrooar as a way for young authors to write and communicate in their mother

tongue. These books also serve as a way for young Sikhs to introduce characters that "look like them, talk like they talk and feel like they do." (Rrooar Academy Facebook)

The series is complemented by 2D animation coding classes taught at Rrooar Academy, where students animate scenes which they've written in preceding creative writing courses. Gurseerat mentioned that this was a welcome challenge: one that often incurred frustration, but rewarding nevertheless. In total, this bilingual series will eventually comprise seven books, which are all set to be published by Fiery Blossom Creations. Fiery Blossom specializes in literature written by and for children, so *The Adventures of Daya and Daler* seems like a natural placement in their catalogue.

In discussing the bilingual aspect of the series, Rrooar founder, Gagan A. Kaur, described a lack of accessibility for books in Punjabi for young people to read. As a regular volunteer at Khalsa school, Sikh Gurudwara classes, she understands well the need for books like *Bunty's Prank*. She is concerned that her generation has not done enough to make rich, traditional Punjabi literature readily available to young kids.

This is why bilingual books like *The Adventures of Daya and Daler* are so



important to kids like Gurseerat and grown-up Sikhs such as Gagan alike. "Unless we [expand Punjabi literature], we will lose the mother tongue, our culture, and our religion," Gagan says. Gurseerat and her family agree that this series is a great platform for their culture, as well as an inspiration to other bilingual kids looking for ways to connect with their heritage. "You might forget your other language if you only speak English all the time."

Gagan believes books like *Bunty's Prank* serve as a form of "implicit" education, a mode she finds much more effective than explicitly stating who Sikhs are and what their community is about. Instead, she advocates for this exposure to come through Sikh representation in art and literature. To this end, Gurseerat's family has had *Bunty's Prank* placed in her school and classroom libraries, and are further planning to put them in her Khalsa school library as well.

While the benefits of disseminating a bilingual book series are many, that was not Gagan's original intention. At first, she wanted separate prints of a complete

English version to be placed in local school libraries, and a complete Punjabi version to be in Khalsa school libraries. The reason for the series' bilinguality is because Amazon does not list Punjabi as a publishing language, and the Punjabi versions of *Bunty's Prank* and subsequent *Daya and Daler* stories would not be available on their platform. Thus the decision was made to have the entire series become bilingual. In addition, Gagan says "there will eventually be separate English and Punjabi books" in order to achieve the goal of making more kid-friendly literature available to Sikh children, as well as integrating that culture into the mainstream through English prints.

Gurseerat's book, for now, is available on Amazon in this bilingual format, which makes it a great read for speakers of either—or both—languages. As for her future writing career, Gurseerat is looking forward to writing a "full chapter book" in the future. With the tremendous vision and ambition of Rrooar Academy and Fiery Blossom, the world can only eagerly await what this team does next.



Performers wanted

SUBMITTED BY MICHAEL RITCHIE

New Haven Schools Foundation (NHSF) is seeking performers to participate in a new fundraising event, "Stars on Stage" that will take place on Saturday, June 4, 2022.

NHSF is seeking individual or group performers to volunteer their talents to help raise money for core programs: scholarships for New Haven graduating high school students and grants for teachers and programs of New Haven schools. Performers

should be current or former New Haven Unified School District students or employees with professional or near-professional talent. Comedians, musicians, singers, dancers and other performers are encouraged to apply.

The event will take place at the Performing Arts Center at James Logan High School. Those interested should email Michael Ritchie, NHSF Stars on Stage Committee Chair at mritchie02@sbcglobal.net.

Meet Methuselah, the oldest living aquarium fish

BY HAVEN DALEY
ASSOCIATED PRESS

Meet Methuselah, the fish that likes to eat fresh figs, get belly rubs and is believed to be the oldest living aquarium fish in the world.

In the Bible, Methuselah was Noah's grandfather and was said to have lived to be 969 years old. Methuselah the fish is not quite that ancient, but biologists at the California Academy of Sciences believe it is about 90 years old, with no known living peers.

Methuselah is a 4-foot-long (1.2-meter), 40-pound (18.1-kilogram) Australian lungfish that was brought to the San Francisco museum in 1938 from Australia.

A primitive species with lungs and gills, Australian lungfish are believed to be the evolutionary link between fish and amphibians.

No stranger to publicity, Methuselah's first appearance in the San Francisco Chronicle was in 1947: "These strange creatures — with green scales looking like fresh artichoke leaves — are known to scientists as a possible 'missing link' between terrestrial and aquatic animals."

Until a few years ago, the oldest Australian lungfish was at the Shedd Aquarium in Chicago. But that fish, named Granddad, died in 2017 at the age of 95.

"By default, Methuselah is the oldest," said Allan Jan, senior biologist at the California Academy of Sciences and the fish's keeper. Methuselah's caretakers believe the fish is female, although it's difficult to determine the species' sex without a risky blood draw. The academy plans to send a tiny sample of her fin to researchers in Australia, who will try to confirm the sex and figure out the fish's exact age.

Jan says Methuselah likes getting rubbed on her back and belly and has a "mellow" personality.

"I tell my volunteers, pretend she's an underwater puppy, very mellow, gentle, but of course if she gets spooked she will have sudden bouts of energy. But for the most part she's just calm," Jan said. Methuselah has developed a taste for seasonal figs.

"She's a little picky and only likes figs when they are fresh and in season. She won't eat them when they're frozen," said Jeanette Peach, spokeswoman for the California Academy of Sciences.

Organic blackberries, grapes and romaine lettuce are rotated into her daily diet, which also includes a variety of fish, clams, prawns and earthworms, said Charles Delbeek, curator of the museum's Steinhart Aquarium.

The academy has two other Australian lungfish that are younger. Named for their sizes, "Medium" arrived at the museum in 1952 and "Small" in 1990, both from the Mary River, in Queensland, Australia, said Delbeek. They weigh about 25 pounds (11 kilograms) and 15 pounds (7 kilograms), respectively.

The Australian lungfish is now a threatened species and can no longer be exported from Australian waters, so biologists at the academy say it's unlikely they'll get a replacement once Methuselah passes away.

"We just give her the best possible care we can provide, and hopefully she thrives," Jan said.

Associated Press writer Jocelyn Gecker contributed to this report.

World Interfaith Harmony Day: Building Bridges

SUBMITTED BY
TRI-CITY INTERFAITH
COUNCIL

In 2010, United Nations established "World Interfaith Harmony Week" as a way to promote harmony between all people regardless of their faith. On Saturday, February 5, the Tri-City Area will celebrate this time with a program via Zoom. This year's theme is "Building Bridges."

We live in a multi-religious society and world, yet people of different faiths are too often marginalized, excluded and even attacked for their beliefs, appearances and identities. How can religion serve to foster interfaith harmony, peace and

fellowship? How can we begin to see ourselves in people of other faiths, while also recognizing that they have their own unique perspectives and challenges? Explore these questions with an interfaith panel of Bahai, Buddhist, Christian, Hindu, Jewish, Muslim and Sikh speakers.

Presented by: Tri-City Interfaith Council. All are welcome.

World Interfaith Harmony Day
Saturday, Feb 5
7:00 p.m. – 8:30 p.m.
Register for Zoom link:
<https://tinyurl.com/2p8wvc9v>
(510) 797-0895
<http://nilesdiscoverychurch.org>



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Youth to represent Bay Area at State Hoop Shoot

SUBMITTED BY STEVE KAY

Fremont Elks Lodge is proud to announce that three area youth will be representing not only the Fremont Elks, but the Bay District at the upcoming Northern California State Hoop Shoot Finals with hopes of making it to the National Finals held in Chicago, Illinois.

Hoop Shoot competition is an annual event and this year is celebrating its 50th Anniversary. The winner of each division will have their name enshrined in the National Wall of Fame. We were pleased to have the competition open again this year and are very appreciative to Allan with Holy Spirit CYO for helping make this possible and hosting the

Lodge event, and to Mr. Ron Polk from James Logan High School for his help and cooperation with hosting the District event.

Congratulations to Priam Dave, Shreyan Mura and Chloe Sunarto, and best of luck as they continue to climb the ladder toward Chicago. While all three faced some stiff competition from the other Elks Lodges in our District, both Priam and Shreyan went into sudden death shoot offs to secure their ticket to Modesto.

Thank you to all the youth in the area that came out and participated, and to all the adults that help keep our children safe and active. Learn more about Fremont Elks Lodge at: www.fremontelks.org.



District winners left to right: Madeline Kinney (San Mateo), Chloe Sunarto (Fremont), Anna Smith (Alameda), Fremont and Bay District Hoop Shoot Chairman Dennis Kay (Fremont), Priam Dave (Fremont), Shreyan Mura (Fremont), Jay Moon (Redwood City)

Colts get aggressive

BY APRIL RAMOS

James Logan Colts (Union City) girls' varsity soccer team had an aggressive game against the Lady Cougars of Newark Memorial. The Colts came out strong scoring within the first few minutes of the game, but Newark did not back down. The Cougars played offensively for the rest of the first half, earning two shots at goal.

Early in the second half, the Colts received a penalty kick for their second goal, and soon after their third at the 17-minute mark. Following some aggressive play and a Logan player receiving a red card, the Colts scored their fourth and final goal of the game. Even with a scoring deficit, the Cougars did not give up and managed a left corner goal with only 11 minutes left of the clock.

Final score: Colts 4, Cougars 1



Huskies' big win

BY APRIL RAMOS

Washington Huskies (Fremont) girls' varsity basketball team beat the Lady Cougars of Newark Memorial. With a steady lead by the end of the third quarter, the Huskies led by 20 points at 47-27. The trend continued in the fourth quarter with a final score of Washington 67, Newark Memorial 36.



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Physician (In Training)



Alan Olsen, CPA
Father and GROCO
Managing Partner



Charlotte Olsen
Teacher (in training)



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Home & Garden

Healthy gardens, happy hummingbirds

By DANIEL O'DONNELL

There are many ways of measuring success. It might be when people go for seconds of a dish for a home chef. It might be completing a marathon for an amateur runner. It might be getting published for the first time for a writer, or having a painting displayed in gallery for an artist. These accomplishments make the effort worthwhile. Attracting hummingbirds to the garden may be the home gardener's measure of success.

A hummingbird takes 250 breaths and its heart beats an average of 225 times per minute while resting. Their heart rates can soar over 1,200 beats per minute while flying. They have an extremely fast metabolism. Hummingbirds feed about every 15 minutes to get the three to seven calories they need per day. This amount of nectar represents roughly half their body weight. If a hummingbird were the size of an average person, it would need to consume more than one can of soda per minute to sustain itself.

Hummingbirds are nectarivores and derive 90% of their caloric needs from flower nectar. The other 10% comes from pollen and small insects. They will visit up to 20 flowers per minute to get the energy they need. They have the largest brain by body weight compared to any other bird. They can remember every flower they have been to and know the amount of time it

takes for nectar to replenish. Their long-forked tongue can lick 10 to 15 times per second. Capillary action along the fringe of their tongue helps draw nectar up into their throats so they can swallow.

Hummingbirds cannot smell, but can see red, which is rare for nectivores. This allows them more feeding opportunities. They have flexible wing bones and muscles that can power on the upstroke and downstroke unlike any other bird species. This makes it possible for them to hover, go sideways or upside down when searching for nectar in hanging flowers. They have the fewest number of feathers of any bird species, which aids their flight maneuverability. The average hummingbird can fly up to 30 miles per hour, allowing them to keep up their breakneck foraging.

It is not hard to attract a hummingbird to the garden. They can feed on a wide variety of flowers. Plants with red or orange tubular flowers are the best, but those with blue, purple and yellow flowers will not go untapped. Native and/or drought tolerant plants will thrive and provide nectar in the Bay Area, even in drought years. Hummingbirds' caloric requirements barely change with the seasons. Planting a combination of early, mid and late season bloomers will help provide nourishment year-round.

A hummingbird feeder filled with a 1 to 4 ratio of organic white sugar to water will benefit them, especially in the winter.



Honey, brown sugar and sugar substitutes can be harmful. Never use food coloring to dye the sugar water. Instead, use a red feeder designed for hummingbirds. Feeders should be cleaned and refilled about twice a week to prevent toxic mold. Using boiling water to initially dissolve the sugar can slow mold growth. Hummingbirds can become dependent on a feeder, so year-round availability is crucial. Multiple feeders should be spaced far apart and away from hummingbird friendly plants to avoid territorial disputes.

Hummingbirds are native to North and South America. They can be permanent residents of an area or migratory. Migratory routes are found as far north as Alaska, and as far south as Chile and vary in distance. The Rufous hummingbird has one of the longest one-way migrations of all bird species, a 3,900-mile journey. It will travel from Mexico, through the Bay Area, with Alaska as its final destination—or from Alaska to Mexico depending on the time of year. Other resident or migratory species passing through or living in the Bay Area include Costas, Black-chinneds, Allens or Annas.

Having an available water source, plenty of food sources, and some trees or large shrubs to provide a safe spot at least

eight feet off the ground provides incentive for a female to stay and build her nest. Leaving small twigs and leaves on the ground, as well as scattering some feathers and shredded cotton fiber for nest building can help too.

Hummingbirds need to get sufficient rest because they expend so much energy. They sometimes use a technique called Hummingbird Torpor. When hummingbirds fall into a deep sleep their temperature falls, and their heartbeat and metabolic rate slow, placing them in a short-term hibernation-like state. When they are in a Torpor state, they often hang upside-down and may even appear dead. They may not respond to noise or even a touch and should not be disturbed because they are probably fine.

Creating a garden to attract hummingbirds is easy. All that is needed is a diverse garden with a lot of flowering plants. Many would consider a beautiful garden a success, but attracting these small hummingbirds brings the biggest reward.

Daniel O'Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com

THE ACWD CONNECTION

Public Hearing for Proposed Water Rate Increase

ACWD will host a public hearing on proposed increases to water rates and the adoption of Water Shortage Emergency Stage Rates.

Thursday, February 10, 2022, at 6 p.m.
Zoom meeting ID: 833 5985 6504
Passcode: 438204

For the meeting link and more information, please visit: acwd.org/rates

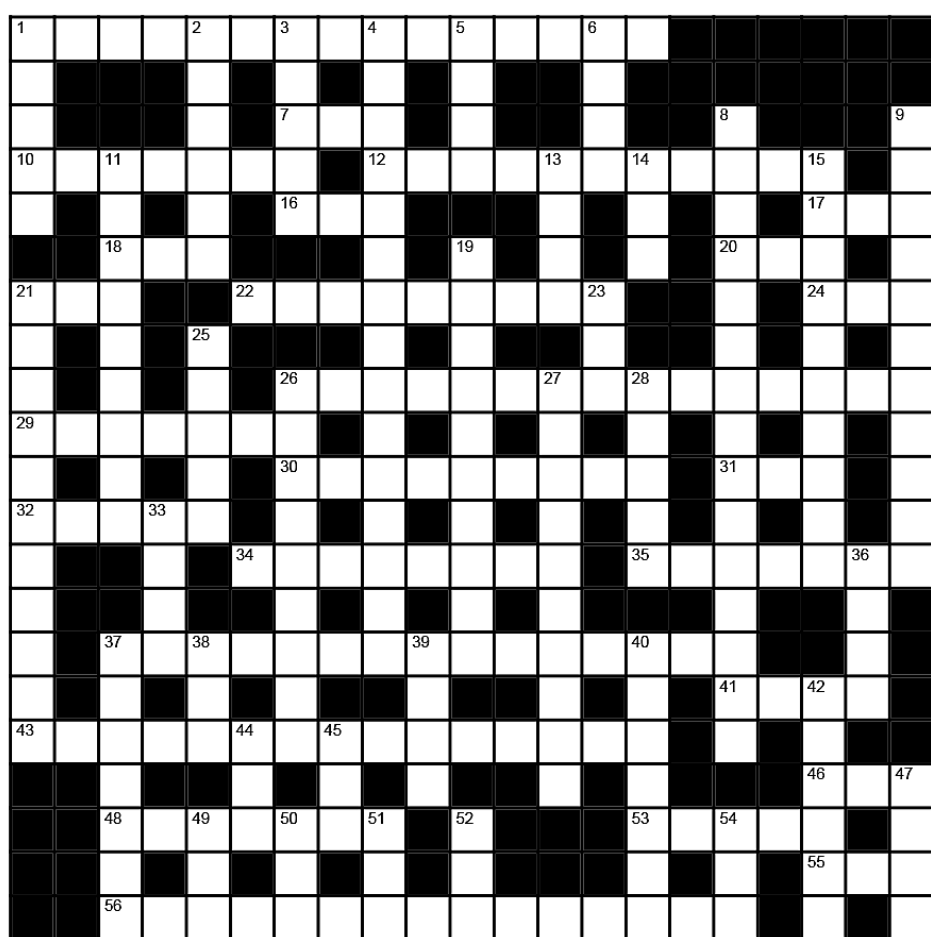


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Mind Twisters

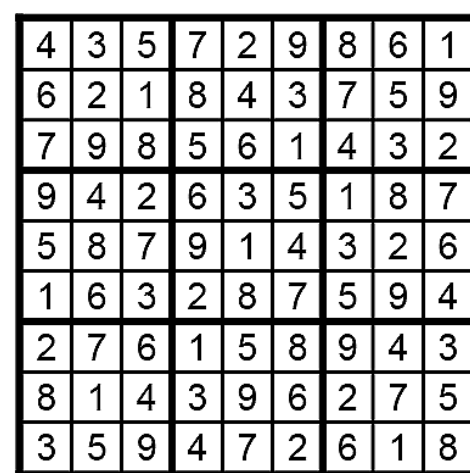
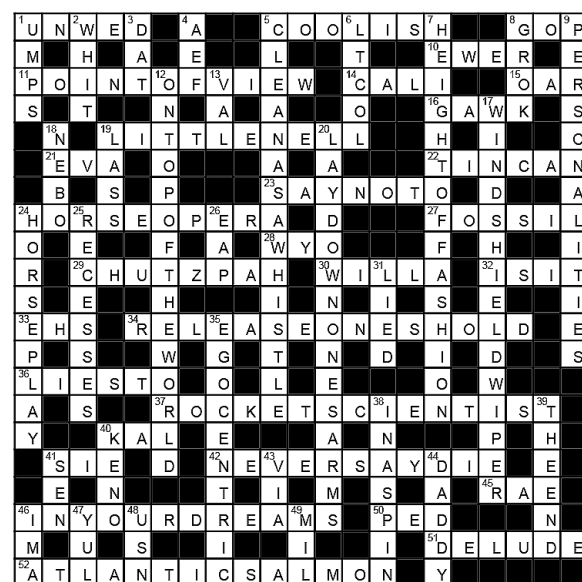
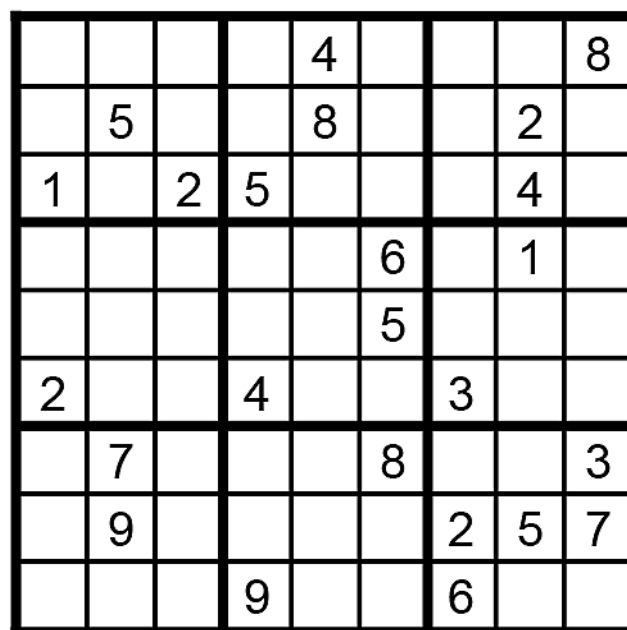
Crossword Puzzle



- | | | | | |
|--------|------|---------------------------|----|----------------------------|
| Across | 43 | Shot putter? (10,5) | 23 | Arena shout (3) |
| 1 | 46 | "Oy ___!" (3) | 25 | Elevate (5) |
| 7 | 48 | Ring site (7) | 26 | Department store event (9) |
| 10 | 53 | "Me, too!" (2,2,1) | 27 | Lie (4,1,5) |
| 12 | 55 | Blow-up: Abbr. (3) | 28 | Witch's place (5) |
| 16 | 56 | Find fault with (4,9,2) | 33 | Sidi ___, Morocco (4) |
| 17 | | | 36 | Corp. money managers (4) |
| 18 | Down | | 37 | Part (7) |
| 20 | 1 | Eye drops (5) | 38 | Mormons: Abbr. (3) |
| 21 | 2 | Produces (6) | 39 | New York's Giuliani (4) |
| 22 | 3 | Ace (5) | 40 | Boston college (7) |
| 24 | 4 | Place to find keys (10,5) | 42 | Coveted (6) |
| 26 | 5 | Spike (4) | 44 | 1960's chess champ (3) |
| 29 | 6 | Hood (4) | 45 | Obstacle (3) |
| 30 | 8 | Capital (5-4,6) | 47 | Christmas season (4) |
| 31 | 9 | "Wake up!" (4,3,2,2) | 49 | Korean soldier (3) |
| 32 | 11 | Hamper contents (9) | 50 | Be in the red (3) |
| 34 | 13 | King or queen, e.g. (4) | 51 | Emergency PC key (3) |
| 35 | 14 | Youngest March sister (3) | 52 | Passbook abbr. (3) |
| 37 | 15 | Payback (10) | 54 | First of a Latin trio (3) |
| 41 | 19 | Aggressive (2-4-4) | | |
| | 21 | Wet blanket (5,6) | | |

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



Tri-City Stargazer FOR WEEK: FEBRUARY 1, 2022

All Signs: A notable week! The New Moon on Tuesday ushers in the Chinese New Year. On Thursday, Mercury retrograde is over. And on Friday the Sun lines up with stern Saturn while Mars dances with Jupiter. (We're talking positive energy that's off the charts.) This week is it's time to get back in the game. Whatever obstacles we face will force us to create solutions that actually secure our future.

Aries the Ram (March 21-April 20):

This week, your ambition is strong. And as the week progresses, it becomes even more pumped! Your relations with bosses, parents and VIPs will be remarkable. In fact, you might get a raise or praise. This is also a popular week for you. Your interactions with others will not only be mutually pleasant, they will also be teaching moments for you. This is the perfect week to get serious about some long-term goals, especially goals that require effort, hard work and courage. Of course, courage is something you never lack.

Taurus the Bull (April 21-May 20):

This is a significant week for you! The Sun is lined up with Saturn at the top of your chart. This means it's a turning point. Around 1999 was a turning point. Around 2005 was a turning point. Since 2012, you began to shoot for the stars. This week is a culmination in some ways. You see clearly what is working and what is not. Fortunately, you are blessed because your success is obvious. Start to make serious travel plans, because one way or another – you're going places!

Gemini the Twins (May 21-June 20):

It's always a drag when your ruler Mercury is retrograde. So, the fact that it's over this week is good news! In fact, this week, you will benefit from the wealth and resources of others. You might inherit. People might give you gifts or favors. Meanwhile, many of you will make a serious shift in your thinking about religion, or politics.

It could be that you recognize a suppressed fear. Whatever the case, you will experience a new way of looking at something. This new way will be more mature and accepting.

Cancer the Crab (June 21-July 21):

Although relations with partners and close friends might have been challenging lately, this week, they morph into something positive, exciting and expansive. You might be introduced to someone new. Or perhaps, you see a new side to someone close to you? Whatever the case, this is a happy revelation. You will also have to accept certain responsibilities, perhaps ones that involve the care of someone else. Or you might have to face the fact that even though someone else's values are different from yours, you have to live with this.

Leo the Lion (July 22-August 22):

It will be easy for you to work hard and be productive this week because you feel happy to do so. You're enthusiastic, pumped and energetic. Furthermore, now that Mercury is no longer retrograde, the little glitches and goofy errors you have suffered recently will be reduced. However, the most significant thing occurring right now has to do with your closest partnerships and friendships. You might face an obstacle. It's easy for you to be misunderstood in relationships because you're willing to give everything -- but you want to be adored.

Virgo the Virgin (August 23-September 22):

This week, you continue to work hard and party hard! Count on a week full of fun diversions, playful times with kids, social outings, artistic adventures, vacations and sports events. Some of you are involved in competitive activities as well. (If so, you look good!) However, at work, you might feel overwhelmed by a test or a major obstacle. Don't let this get you down. Focus on the present and take tiny, baby steps. Do something positive. This will help you to gather your strength and feel better.

Libra the Scales (September 23-October 22):

You are busy with your domestic situation right now. This could be due to visiting guests, residential moves, redecorating projects or renovations. Fortunately, you have abundant energy to meet the demands. However, something serious, possibly related to one of your kids might be overwhelming. If it does not relate to your kids, it might relate to your creativity or something to do with sports. Approach it the way you approach the dishes in your sink. Roll up your sleeves and dig in. You deal with what's right in front of you.

Scorpio the Scorpion (October 23-November 21):

Your daily pace is busy! Mercury retrograde has been brutal because it brought problems in areas of transportation, everyday communications, friends, relatives and siblings as well as daily errands and appointments. Car problems, missed appointments, forgotten items and misunderstandings have been rampant. Fortunately, starting

this week, normalcy will resume. However, important responsibilities at home are challenging. Stay positive. Stay in the moment and let go of the past. Think of what you want for the future in your personal life.

Sagittarius the Archer (November 22-December 21):

You have lots of energy to deal with business and commerce. Many of you are bursting with moneymaking ideas as well. This is why you're keen to work hard to boost your income (and many of you are also spending big). Money delays and late cheques will be much less of a problem after this week because Mercury retrograde is over. However, you might feel cut off in your communications with relatives, neighbors or siblings. Something is challenging, especially in your ability to communicate to someone. Be patient.

Capricorn the Goat (December 22-January 19):

At this moment, there are four planets in your sign. This is why you are pumped with energy, and yet, at the same time, you are charming and diplomatic. This week in particular, you are optimistic about something. Life will become easier after this week. However, something serious regarding salary, earnings, personal wealth or possessions could be a serious concern. It might feel insurmountable. But you will persevere because you know times like this are character building.

Aquarius the Water Bearer (January 20-February 18):

This is a significant week for you because Saturn and the Sun are

lined up in your sign. After going through a hellish time for several years -- last year, Saturn entered your sign. This meant you began to reinvent yourself. (This process will take until 2028.) The good news is that this year, you feel rich. But this week, you are challenged by limitations, burdens or serious responsibilities. Ultimately, this is a learning curve for you. You will deal with this, and you will deal with it successfully.

Pisces the Fish

(February 19-March 20):

You might feel cut off, lonely or out of touch with people right now. Nevertheless, lucky Jupiter is in your sign for the first time since 2010. It won't return again until 2034. Knowing this, it's obvious you are favored with good fortune this year and you should make the best use of this blessing. Be aware that the baton is in your hand and it's your chance to run for it and win something important to you. Friends are helpful and supportive now.



By Georgia Nicols
www.georgianicols.com.

Home Sales Report

CASTRO VALLEY | TOTAL SALES: 7
 Highest \$: 1,725,000 Median \$: 967,000
 Lowest \$: 702,500 Average \$: 1,117,071

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
20828 Baker Road	94546	702,500	2	836	1956	12/3/21
20655 Maria Court	94546	840,000	2	1266	1991	12/7/21
20365 Summercrest Dr	94552	950,000	3	1443	1998	12/1/21
2710 Sydney Way	94546	967,000	3	1068	1952	12/3/21
5232 Katrina Court	94546	1,220,000	3	1904	1955	12/3/21
5814 Jensen Road	94552	1,415,000	-	2012		012/1/21
7533 Denison Place	94552	1,725,000	4	2649	1994	12/3/21

FREMONT | TOTAL SALES: 38
 Highest \$: 7,051,000 Median \$: 1,355,000
 Lowest \$: 406,500 Average \$: 1,548,224

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
39149 Guardino Dr #150	94538	406,500	1	693	1987	12/3/21
39914 Fremont Blvd #7	94538	450,000	1	730	1972	12/3/21
39109 Guardino Dr #131	94538	462,500	1	693	1987	12/3/21
47112 Warm Springs Blvd #126	94539	480,000	1	760	1982	12/3/21
47112 Warm Springs Blvd #225	94539	485,500	1	760	1982	12/3/21
148 Hackamore Lane	94539	605,000	2	740	1983	12/3/21
43155 Washington Cmn	94539	720,000	2	791	1970	12/3/21
2469 Parkside Drive	94536	810,000	-	1446	1978	12/7/21
219 East Warren Cmn	94539	830,000	3	1204	1982	12/3/21
38254 Redwood Ter #43	94536	850,000	2	1400	1986	12/1/21
42849 Newport Drive	94538	975,000	3	1151	1958	12/7/21
38419 Timpanogas Cir	94536	1,035,000	3	1520	1955	12/2/21
37378 Sequoia Road	94536	1,100,000	3	1652	2019	12/3/21
4198 Central Avenue	94536	1,190,000	4	1845	2017	12/3/21
42739 Jefferson Street	94538	1,261,000	3	1151	1959	12/7/21
4667 Cerritos Avenue	94536	1,267,000	3	1102	1954	12/7/21
37714 Argyle Road	94536	1,275,000	4	1795	1962	12/3/21
4589 Crockett Court	94538	1,290,000	3	1151	1959	12/7/21
6040 Roma Ter #104	94555	1,350,000	3	1693	1992	12/7/21
39511 Sundale Drive	94538	1,360,000	4	1324	1963	12/3/21
4838 Oscar Court	94538	1,370,000	4	1302	1960	12/2/21
48275 Arcadian Street	94539	1,420,000	3	1574	1963	12/7/21
35111 Lucia Street	94536	1,428,000	3	1242	1964	12/6/21
40274 Pacific Street	94538	1,453,000	3	1107	1958	12/7/21
34429 Shenandoah Pl	94555	1,480,000	4	1673	1977	12/3/21
440 Sandstone Drive	94536	1,530,000	4	1789	1989	12/7/21
4785 Mildred Drive	94536	1,550,000	3	1344	1960	12/7/21
47610 Mardis Street	94539	1,600,000	3	1234	1961	12/3/21
4639 Mildred Drive	94536	1,630,000	5	1788	1962	12/1/21
3264 Mackenzie Place	94536	1,695,000	4	1830	1972	12/3/21
796 Shard Court	94539	1,753,000	3	1302	1969	12/7/21
38491 Paseo Padre Pkwy	94536	1,900,000	5	2250	1975	12/3/21
36025 Easterday Way	94536	1,970,000	3	1819	1985	12/7/21
992 Seville Place	94539	2,450,000	4	2515	1966	12/3/21
40889 Abuelo Way	94539	3,325,000	5	3735	1990	12/7/21
667 Fontes Drive	94539	3,375,000	4	3067	1988	12/3/21
870 Pebblewood Court	94539	3,650,000	5	4909	1995	12/3/21
44989 Vista Del Sol	94539	7,051,000	-	8132	2006	12/7/21

HAYWARD | TOTAL SALES: 36
 Highest \$: 1,927,000 Median \$: 843,750
 Lowest \$: 161,000 Average \$: 883,458

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
27430 Manon Avenue	94544	161,000	3	968	1949	12/3/21
725 Auburn Place #201	94544	420,000	2	1000	1980	12/3/21
1081 Armstrong Street	94541	504,000	1	616	1905	12/7/21
969 Cheryl Ann Cir #35	94544	530,000	3	1245	1979	12/7/21
21921 Arbor Avenue	94541	550,000	2	780	1900	12/1/21
1682 East Avenue	94541	640,000	2	837	1956	12/7/21
728 City Walk Place #2	94541	695,000	3	1361	2002	12/6/21
1102 Holmes Way	94541	718,000	2	1797	1979	12/3/21
2321 Star Avenue	94546	734,000	2	917	1947	12/7/21
27964 Mandarin Avenue	94544	750,000	3	1000	1954	12/3/21
754 Lilly Avenue	94544	770,000	3	1052	1950	12/3/21
689 Grove Way	94541	775,000	2	1374	1926	12/3/21
182 Hermes Court	94544	780,000	3	1024	1951	12/7/21
283 Ocie Way	94541	790,000	3	1052	1953	12/7/21
526 Solano Avenue	94541	795,000	3	1090	1951	12/7/21
406 Palmer Avenue	94541	820,000	3	1827	2012	12/1/21
554 Staley Avenue	94541	840,000	3	1516	2012	12/7/21
25957 Peterman Avenue	94545	842,500	4	1335	1956	12/2/21
2703 Northern Cross Rd	94545	845,000	2	1604	2009	12/1/21
32019 Carroll Avenue	94544	845,000	4	1496	1951	12/3/21
834 Barker Avenue	94541	865,000	3	1200	1955	12/1/21
27917 Capetown Ave	94545	900,000	4	1852	1974	12/7/21
27479 Bahama Avenue	94545	930,000	4	1281	1957	12/6/21
2371 Benington Lane	94545	940,000	3	1107	1957	12/6/21
25387 Mohr Drive	94545	950,000	3	1353	1928	12/3/21
344 Lexington Avenue	94544	956,000	3	1127	1951	12/1/21
23965 Mayville Drive	94541	975,000	3	1570	1957	12/1/21
1287 Linfield Lane	94545	1,025,000	4	1338	1956	12/7/21
25096 Meredith Court	94545	1,050,000	3	1359	1959	12/6/21
24275 Broadmore Ave	94544	1,100,000	3	1404	1955	12/2/21

27758 Autumn Court	94542	1,150,000	3	1928	1968	12/7/21
3316 East Avenue	94541	1,166,000	2	1667	1956	12/1/21
3755 Oakes Drive	94542	1,211,000	4	2347	1967	12/2/21
25881 Fairview Avenue	94542	1,300,000	3	1446	1960	12/7/21
28720 Fox Hollow Drive	94542	1,555,000	4	3045	1995	12/3/21
227 Drummond Drive	94542	1,927,000	4	3462	2007	12/6/21

MILPITAS | TOTAL SALES: 6
 Highest \$: 1,396,000 Median \$: 1,020,000
 Lowest \$: 641,000 Average \$: 1,001,667

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
9 Hemlock Lane	95035	641,000	2	873	1971	12/22/21
375 Celebration Drive	95035	730,000	2	1012	2000	12/20/21
125 Ede Lane	95035	840,000	2	1265	2009	12/20/21
461 Gross Street	95035	1,200,000	3	1166	1960	12/22/21
258 Autrey Street	95035	1,203,000	3	1136	1958	12/22/21
1828 Canton Drive	95035	1,396,000	3	1102	1960	12/22/21

NEWARK | TOTAL SALES: 15
 Highest \$: 1,638,000 Median \$: 1,300,000
 Lowest \$: 569,000 Average \$: 1,223,167

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
6714 Jarvis Avenue #1	94560	569,000	2	903	1982	12/1/21
35175 Lido Boulevard	94560	725,000	3	1164	1971	12/1/21
36697 Port Tidewood St	94560	850,000	3	1450	1976	12/2/21
6205 Joaquin Murieta Ave #E	94560	925,000	3	1592	1981	12/2/21
39888 Potrero Drive	94560	1,120,000	2	1627	1996	12/1/21
7177 Marne Place	94560	1,200,000	3	1106	1961	12/2/21
35673 Orleans Drive	94560	1,230,000	3	1100	1960	12/2/21
36131 Rosewood Drive	94560	1,300,000	4	1360	1960	12/2/21
6203 Quicksilver Avenue	94560	1,320,000	3	1519	1979	12/3/21
8196 Del Monte Avenue	94560	1,400,000	4	1953	1976	12/6/21
6486 Lotus Court	94560	1,501,000	3	1522	1963	12/7/21
8528 Peachtree Avenue	94560	1,501,500	4	1722	1994	12/2/21
36955 Nutmeg Court	94560	1,505,000	4	1708	1973	12/3/21
37736 Hickory Street	94560	1,563,000	3	2192	2018	12/3/21
35271 Cornwall Place	94560	1,638,000	4	1636	1971	12/3/21

SAN LEANDRO | TOTAL SALES: 14
 Highest \$: 1,238,000 Median \$: 783,500
 Lowest \$: 320,000 Average \$: 792,643

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
1355 Linton Street	94577	320,000	3	1416	1952	12/7/21
16805 Carriage Lane	94578	660,000	2	778	1953	12/1/21
2340 Belvedere Avenue	94577	680,500	3	1176	1972	12/3/21
2463 Fairway Drive #A	94577	715,000	2	896	1962	12/7/21
14965 Endicott Street	94579	725,000	2	924	1949	12/3/21
14841 Harold Avenue	94578	762,000	3	1008	1952	12/2/21
2208 Buena Vista Ave	94577	765,000	2	1010	1928	12/2/21
15016 Costela Street	94579	802,000	2	1438	1951	12/3/21
474 Lloyd Avenue	94578	820,000	3	1032	1952	12/3/21
14541 Maracaibo Road	94577	875,000	3	1546	1963	12/2/21
465 Beverly Avenue	94577	875,000	3	1354	1926	12/7/21
760 Victoria Avenue	94577	875,000	2	1093	1922	12/7/21
12929 Neptune Drive	94577	984,500	4	1630	1930	12/2/21
16563 Selby Drive	94578	1,238,000	4	2913	1990	12/7/21

SAN LORENZO | TOTAL SALES: 8
 Highest \$: 1,040,000 Median \$: 917,500
 Lowest \$: 620,000 Average \$: 901,000

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
814 Via Manzanas	94580	620,000	3	1068	1947	12/1/21
17255 Via Carmen	94580	865,000	3	1108	1953	12/7/21
322 Hacienda Avenue	94580	870,000	3	1736	1951	12/2/21
895 Via Bregani	94580	885,000	3	1345	1957	12/3/21
15772 Via Teresa	94580	950,000	3	1587	1955	12/7/21
920 Soto Drive	94580	978,000	3	1541	2000	12/1/21
17279 Via Carmen	94580	1,000,000	5	2168	1953	12/3/21
15909 Bayberry Lane	94580	1,040,000	4	1948	1995	12/7/21

SUNOL | TOTAL SALES: 1
 Highest \$: 550,000 Median \$: 550,000
 Lowest \$: 550,000 Average \$: 550,000

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
2511 Kilcare Road	94586	550,000	-	720		0 12/7/21

UNION CITY | TOTAL SALES: 13
 Highest \$: 2,651,000 Median \$: 1,350,000
 Lowest \$: 495,000 Average \$: 1,298,077

ADDRESS	ZIP	SOLD FOR	BDS	SQFT	BUILT	CLOSED
34725 Alvarado Niles Rd #4	94587	495,000	2	798	1972	12/7/21
2533 Copa Del Oro Dr #49	94587	555,000	2	908	1984	12/1/21
4319 Planet Circle	94587	655,000	3	1137	1971	12/7/21
2612 Great Arbor Way #64	94587	805,000	2	1362	1985	12/3/21
32004 Paloma Court #30	94587	860,000	3	1367	1982	12/7/21
33839 14th Street	94587	1,150,000	5	2441	1987	12/7/21
31391 Santa Ana Way	94587	1,350,000	4	1675	1970	12/7/21
33348 Depot Road	94587	1,600,000	-	-		012/1/21
4632 Darcelle Court	94587	1,600,000	-	1880		1976 12/7/21
30652 Tidewater Drive	94587	1,680,000	4	2821	2002	12/7/21
32740 South Belami Loop	94587	1,724,000	4	2283	1998	12/7/21
2955 Sorrento Way	94587	1,750,000	4	2442	1991	12/7/21
4556 Niland Street	94587	2,651,000	4	3854	2007	1



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The Redwood City facility of nVent Thermal, produces insulated cables, floor heating mats and cable units. This position involves the operation of equipment and handling of cables with the use of production equipment. We offer in-house training in a fast-paced and hands-on work environment.

If you are interested in building a career, nVent is the company to work for.

Full Time Manufacturing Production Positions Available!

Wage: \$22.00/HR Paid Weekly.

Shifts: Days, Swing, Grave Shifts with some weekend overtime. Shift Premium for all shifts except Days.

Qualifications/Education:

- Grade 12 Diploma or GED an asset but not required.
- Able to speak, read understand and follow instructions, policies and procedures in English.
- Prior experience in a manufacturing plant an asset but not required.
- Must be able to work designated shift (no rotations).

To apply, reach out to our local HR Team at 650-474-7809

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Valentine's Day Concert for Lovers

SUBMITTED BY
FREMONT CULTURAL ARTS COUNCIL

Wondering what to do on Valentine's Day? Why not keep cozy in your home with Fremont Cultural Arts Council's free Zoom "Concert for Lovers," starring classical guitar soloist Sean O'Connor.

Asked if all of the songs he'll perform are romantic, O'Connor smiled. "In my shows, I perform many styles of music, but classical guitar is where my heart is."

O'Connor's infatuation didn't begin until high school when he fell in love with the instrument. Now, he's an educator and a fixture in the Sacramento music scene, known for his live performances, his work as the conductor/arranger of the Sacramento Guitar Orchestra and (before COVID) his small group concerts. "I like that close, personal contact with my audience. Someday I'll be doing those again, but for now I'm creating a series of one-man performances in my Guitar Bunker that can be seen online."

For more information on other Fremont Cultural Arts Council programs go to:



<https://fremontculturalartsCouncil.org>.
View O'Connor's performances at:
<https://oconnorguitar.com/videos>.

Concert for Lovers
Monday, Feb 14
8 p.m.
Via Zoom
<https://zoom.us/j/92219522992>
Meeting ID: 922 1952 2992
Passcode: 517555

Yes, we are open!

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www.bjtravelfremont.com CA 94538

Growing healthy roses



SUBMITTED BY CITY OF HAYWARD

The variety of roses we can grow here is astounding, and roses can provide nearly year-round blooms in our gardens. This long growing time also means we have a longer time for pests to develop. At a special webinar sponsored by

Alameda Countywide Clean Water Program, learn from our experts how to manage these diseases and insect pests with an eco-friendly approach, and how to prevent those problems before they take over your roses. Many pesticides can harm more than help. We will show you how to keep your roses in top form with best the fertilizing and watering advice that works where we live.

This program's presenter, Suzanne Bontempo, is an environmental educator, owner of Plant Harmony and program manager for Our Water Our World. In 2013, she was recognized for the IPM Innovators Award. She has worked as a professional gardener for over 25 years. Learn more at www.plantharmony.org.

Growing Healthy Roses
Thursday, Feb 10
5 p.m.
Zoom Webinar
Register at: <https://tinyurl.com/2b5rkkvp>

continued from page 1

Niles Canyon Railway steams into 2022!

permitted to accompany their handler while riding our trains. We appreciate your understanding.

As of January 20, 2022, all persons on board our trains or inside of our gift shop or museum exhibit must wear a mask. Please read over our COVID-19 Health and Safety policy on the website before booking your tickets and before arriving on our property.

Online ticket purchase is preferred and is the only way to ensure you will be able to ride on a given day. Any remaining tickets for each day will be sold as walk-ups at our Sunol Station Ticket Office.

Niles Canyon Railway weekend diesel rides
2nd and 3rd Saturdays & Sundays
Feb - Apr
Sunol Station
6 Kilkare Rd., Sunol
(510) 996-8420
<https://www.ncry.org/ride/2022-rides/>
\$25 Adults
\$15 Seniors (62+) and Children (3-12)
Children under 2 ride free

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4075 Mowry Ave., Fremont

Hayward Animal Shelter

Hayward Animal Shelter




510-293-7200


www.HaywardAnimals.com

16 Barnes Court, Hayward
(Near Soto & Jackson)

Connecting rescued animals
with loving homes!



Ava is a female cream calico lionhead rabbit. Shy when you first meet her, give her a chance to comfortable with you and she becomes a love bug. Her adoption is free, sponsored by a generous volunteer. To adopt call Hayward Animal Shelter (510) 293 - 7200.



Rusty is an 11 month old neutered male cat whose adoption is free, sponsored by SantaCon Hayward. Rusty is sweet but shy. He enjoys head pets and spending time with his best friend and roommate, Bella Luna. To adopt call Hayward Animal Shelter (510) 293 - 7200.

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

Arts & Entertainment

CONTINUING EVENTS

Mondays January 3 – February 7
Introduction to Drawing \$
9:30 a.m. – 11:30 a.m.
Increase your ability to draw
Age Well Center Lake Elizabeth
40086 Paseo Padre Pkwy, Fremont
<http://bit.ly/AgeWellClasses>

Tuesday – Sunday, October 9 – February 13
Color into Line: Pastels from the Renaissance to the Present
9:30 a.m. – 5:15 p.m.
More than 80 works spanning five centuries
Legion of Honor
100 34th Ave., San Francisco
[Legionofhonor.org](http://legionofhonor.org)

First Wednesdays, November - April
Talkin' Dirt
7 p.m. – 8 p.m.
Free webinar on gardening, hosted by LEAF
Via Zoom
RSVP at [Fremontleaf.org/talkindirt](https://bit.ly/3hsOGKG)
<https://bit.ly/3hsOGKG>

Wednesday – Sunday, January 1 – February 27
Art of the Brick \$
Wednesday, Thursday, Sunday 10 a.m. – 5 p.m.
Friday, Saturday 10 a.m. – 7 p.m.
Over 70 LEGO sculptures
1 Grant Ave., San Francisco
<https://artofthebrickexhibit.com>

Wednesdays, January 12 – February 16
'Train Your Brain' Virtual Book Club
6:30 p.m. – 7:30 p.m.
Discuss books on Parkinson's Disease
Via Zoom
(510) 675-5600
www.unioncity.org/parkinsons

Wednesday January 19 – February 6
Glowfari \$R
5 p.m. - 10 p.m.
Illuminated lantern festival
Oakland Zoo
9777 Golf Links Rd., Oakland
<https://www.oaklandzoo.org/>
(510) 632-9525

First Thursdays
Plethos Comedy Lab R
8 p.m.
Bay Area standup comedians
Castro Valley Marketplace Lab 200
3295 Castro Valley Blvd., Castro Valley
<http://plethos.org/>

Second Thursdays, September 9 – June 9
Cafe Dad
6:00 p.m. - 7:30 p.m.
Program for fathers to support each other
Virtual meetings via Zoom
<https://husd-us.zoom.us/j/91644497730>
For more information:
ep101@husd.k12.ca.us

Through Sunday March 6
Immersive Van Gogh \$
9 a.m. – 11 p.m. (times vary)
Walk-in exhibit with digital projections and music
SVN West San Francisco
10 South Van Ness Ave., San Francisco
Tickets: \$24.99 - \$39.99
www.vangoghsf.com

Thursday, January 20 – Saturday, April 2
Journey of Color
Virtual Exhibit: 1/20 – 4/2
In-Person Exhibit: 1/27 – 4/2
Gallery Hours: Thurs – Sun, 12 noon – 5 p.m.
Reception: 3/4 @ 7 p.m.
Asian painting techniques with contemporary processes
Olive Hyde Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org
<https://fremont.gov/3065/Current-Exhibition>

Thursday, January 20 – Sunday, March 27
Double Take: Art and Literature Side by Side
Thurs - Sun, 1 p.m. – 5 p.m.
Art Reception: 3/19, 1:00 p.m. – 3:30 p.m.
Blending together of word and art
Bankhead Theater
2400 First St., Livermore
(925) 373-6800
www.LivermoreArts.org

Friday, February 4 – Tuesday, March 1
Celebrating Black History Month
6 p.m. – 9 p.m.
Opening reception: 2/4
Unity in community
Studio 11 Gallery
34626 11th St., Union City
(510) 675-5445
erine@unioncity.org

Fridays and Saturdays
Dance the Night Away
Live music and dancing
Bistro 880
Doubletree Hilton Newark/Fremont
39900 Balentine Dr., Newark
(510) 413-2300

10 a.m. – 12 noon
Learn about the features of your phone
Via Zoom
<http://bit.ly/AgeWellClasses>

Wednesday, February 2
Fremont Art Association general meeting/demo artist
1 p.m. - 3 p.m.
Guest artist will demo painting with ink,
Via Zoom
Register at: <https://bit.ly/3GaHBZi>

Thursday, February 3
Plethos Comedy Lab \$
8 p.m.
Guest host Anna May
Tickets: \$10
Castro Valley Marketplace
3295 Castro Valley Boulevard
www.plethos.org

Friday, February 4
Lunar New Year Celebration
4 p.m. – 6 p.m.
Cultural performances, arts and crafts, discounts
377 Santana Row, San Jose
<https://bit.ly/3oa9HOH>

Friday, February 4
Cash for College Train the Trainer R
9 a.m. – 11:30 a.m.
American Indian/Alaska Native students' financial workshop
Register: <https://bit.ly/3qISddG>
<https://bit.ly/3qISddG>
(951) 816-3301

Friday, February 4
Winter Skies
6 p.m.
Learn about exoplanets, astrophotography, mythology
Chabot Space and Science Center
10000 Skyline Blvd., Oakland
(510) 336-7300
<https://chabotspace.org>

UPCOMING Events

Wednesday, February 2
Eternity Band and Dance Performance
11 a.m. - 12 noon
Lunar New Year celebration
Age Well Center South Fremont
47111 Mission Falls Ct., Fremont
<http://bit.ly/AgeWellClasses>

Wednesday, February 2
iPhone Training

Reporter/Writer-Wanted

Must be:

- Proficient in English language and grammar
- Proven writing and editing skills
- Excellent driving record

Time Commitment:

- 10-20 hours per week
- Some weekend and evening hours

Duties:

- Report on council and board meetings
- Write/Edit articles as assigned by Editorial Staff
- Assist Editor-in-Chief

Send resume and one 300-500 word writing sample to:
tricityvoice@aol.com
Subject: Reporter/Editor Application

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510-661-9147

<https://richardkendrickguitar.com/>
E-mail: rwkendrickjr@yahoo.com

Ticket: \$15 adults, \$10 kids/seniors, \$5 members

Saturday, February 5

AAUW High School Speech Contest

10:00 a.m. Speech Trek Contest
12:30 p.m. Eastin's Keynote Address
Inspirational speaker Delaine Eastin
Zoom Call ID: 841 3989 9130
Passcode: 030960
<https://fremont-ca.aauw.net>

Saturday, February 5

Discovery on Demand

10:30 a.m. - 3:30 p.m.
Hands-on activities, investigations and crafts
Coyote Hills Regional Park
Visitors Center
8000 Patterson Ranch Rd., Fremont (510) 544-3220
www.ebparks.org

Saturday, Feb 5

Lunar New Year Celebration: Year of the Tiger

11 a.m. - 1 p.m.
Make paper crafts, learn about Lion Dance
San Leandro Main Library Plaza
300 Estudillo Ave., San Leandro (510) 577-3971
<https://www.sanleandro.org/162/Public-Library>

Saturday, February 5

Lunar New Year Celebration

12 noon - 3 p.m.
Lion dances, live music, food trucks, story time
Tickets: \$10-16
Oakland Museum of California
1000 Oak St., Oakland
<https://museumca.org/2022/lunar-new-year-celebration>

Saturday, February 5

Nectar Garden Exploration

11 a.m. - 12 noon
Discover native pollinators and plants
Coyote Hills Regional Park
Visitors Center
8000 Patterson Ranch Rd., Fremont (510) 544-3220
www.ebparks.org

Saturday, February 5

Marsh Meander R

1:00 p.m. - 2:30 p.m.
Learn about habitats for migratory birds and wildlife
Ages 8+
Coyote Hills Regional Park
Visitors Center
8000 Patterson Ranch Rd., Fremont (510) 544-3220
www.ebparks.org

Sunday, February 6

Abalone and Pine Nut Bead Making

10:00 a.m. - 11:30 a.m.
Learn about natural resources; make your own necklace
Coyote Hills Regional Park
Visitors Center
8000 Patterson Ranch Rd., Fremont (510) 544-3220
www.ebparks.org

Sunday, February 6

Homes for Bumblebees

Make a bumblebee hotel
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
www.ebparks.org

Sunday, February 6

Discovery on Demand

10:30 a.m. - 3:30 p.m.
Hands-on activities, investigations and crafts
Coyote Hills Regional Park
Visitors Center
8000 Patterson Ranch Rd., Fremont (510) 544-3220
www.ebparks.org

Sunday, February 6

Nectar Garden Exploration

11 a.m. - 12 noon
Discover native pollinators and plants
Coyote Hills Regional Park
Visitors Center
8000 Patterson Ranch Rd., Fremont (510) 544-3220
www.ebparks.org

Sunday, February 6

Let's Get Outside Club

9 a.m. - 11 a.m.
Hike to learn about the nature
Ages 5+
Sunol Regional Park
1895 Geary Rd., Sunol
www.ebparks.org

Monday, February 7

Climate Change 101 R

6:30 p.m. - 7:30 p.m.
Dr. Gunther's discussion about climate change
Via Zoom: <https://aclibrary-org.zoom.us>
Meeting ID: 864 8490 6683
Passcode: 680209
<https://bit.ly/34had5S>

Wednesday, February 9

Fremont Police District 3 Community Meeting

6:30 p.m. - 7:30 p.m.
Chief Washington talks crime trends; department goals
Via Zoom
Meeting ID: 981 5411 4553
Passcode: 147807

Wednesday, February 9

Rockapella \$

7:30 p.m.
Contemporary acapella
Tickets: \$20-\$78 (\$20 student/military personnel)
Bankhead Theatre
2400 First St., Livermore (925) 373-6800
<https://livermorearts.org/>

Wednesday, February 9

The Phoenix Hikes R

10 a.m. - 12 noon
Free hike for people in recovery
Meet at park entrance
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
www.thephoenix.org

Thursday, February 10

Growing Healthy Roses R

5 p.m. - 6 p.m.

Fertilizing, watering and controlling insect pests
Free webinar
Cleanwaterprogram.org
Us02web.zoom.us/join/register

Friday, February 11 - 12, & Monday 14

Valentine Haunt \$

7 p.m. - 10 p.m.
Valentine's haunted house
Tickets: \$22.99 - 42.99
Fear Overload Scream Park
Bayfair Center
15555 E 14th St., San Leandro (510) 730-2221
info@fearoverload.com
<https://valentinehauntsanfrancisco.com/>

Friday, February 11 - Sunday, February 13

54th California International Antiquarian Book Fair

Fri: 3 p.m. - 8 p.m.
Sat: 11 a.m. - 7 p.m.
Sun: 11 a.m. - 4 p.m.
Virtual fair: Sat 9 a.m. - Mon 5 p.m.
Tickets: \$10 - 25
Literature from all centuries and nationalities
Oakland Marriott City Center
1001 Broadway, Oakland (415) 919-9220
www.cabookfair.com

Saturday, February 12

LEAF Work Party

9 a.m. - 12 noon
Help prepare the ground in new Urban Farm
Volunteer Agreement
<https://bit.ly/34a0azE>
LEAF C.R. Stone Garden (Behind Mission Valley Veterinary Clinic)
55 Mowry Ave., Fremont
www.fremontleaf.org

Saturday, February 12

Water, Drought, and Our Future R

2 p.m. - 3 p.m.
Scientist Kearns' discussion about California water
Via Zoom (link will be sent at registration)
Meeting ID: 864 8490 6683
Passcode: 680209
<https://bit.ly/3g8kfsI>

Monday, February 14

Concert for Lovers R

8 p.m.
Classical guitar by Sean O'Connor
Via Zoom
Meeting ID: 922 1952 2992
Passcode: 517555
<https://fremontculturalarts.council.org>

Friday, February 18

15th Annual Crab Feed Fundraiser \$

Drive-thru 12:00 noon - 1:30 p.m.
Purchase meal today
Crab, pasta, garlic bread, salad and dessert
Age Well Center at Lake Elizabeth
40086 Paseo Padre Pkwy., Fremont
<http://bit.ly/AgeWellClasses>
(510) 790-6600

Winter Skies

SUBMITTED BY
CHABOT SPACE AND
SCIENCE CENTER

Have a stellar night of after-hours fun as we relaunch our fan-favorite "First Friday" series. Get the inside scoop on everyone's favorite dwarf planet, Pluto and winter's constellations. Then, gaze into the depths of the cosmos with a virtual reality installation, live Sky Tonight Zeiss Planetarium Show, Telescope Viewing. For a discounted price, this event brings together the best of Chabot's themed workshops, music, talks and more.

Event Schedule:
6 p.m. - 9 p.m. Evscope astrophotography with Chabot's Galaxy Explorers, observatory

Practice your astrophotography skills using eVscopes

6:30 p.m. - 9:30 p.m.
"Exotopia" by Scott Kildall, Studio 3

Virtual reality installation where visitors can explore all the known exoplanets

7 p.m. Star Stories with Doug Olson, Studio 3
Listen to an expert stargazer explain the mythology behind the constellations

7:30 p.m. Live Sky Tonight Zeiss Planetarium Show

8 p.m. The history of Pluto and why it's celebrated in February, Studio 3

9 p.m. Star Stories with Doug Olson, Observation Deck

Following the Oakland City Municipal Code Ordinance, all visitors (age 12+) must show proof of CDC-approved COVID-19 vaccination. Visitors (age 18+) must also present a valid photo ID at the front desk. Unvaccinated visitors with medical exemptions may show a verifying document from a licensed medical professional and a negative COVID-19 test result taken within 72 hours. We ask that all visitors over the age of two wear a mask during their visit in all indoor and outdoor spaces, regardless of vaccination status.

Winter Skies

Friday, Feb 4
6 p.m.

Chabot Space and Science Center
10000 Skyline Blvd., Oakland (510) 336-7300
<https://chabotspace.org>
Ticket: \$15 adults, \$10 kids/seniors, \$5 members



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Commencement ceremonies to honor graduates

SUBMITTED BY
CAL STATE EAST BAY

Cal State East Bay graduates from 2020, 2021 and 2022 will be honored in a total of 20 ceremonies May 12-15 on the Hayward campus.

"Everyone who has heard about this year's multiple ceremonies is thrilled that we can recognize our graduates in these cohort-focused events," Cal State East Bay President Cathy Sandeen said. "These students have persevered through the last two years of their coursework with tenacity and innovation, and we are privileged to be able to celebrate this milestone with them, their families and friends."

After two years in a pandemic, organizers worked with students,

deans and department chairs to find the best way to honor and celebrate this year's more than 5000 graduates. Each of the ceremonies will host between 35 to 500 graduates, some are broken down between graduate programs and undergraduate programs while other colleges chose to honor individual departments.

"We surveyed the graduates to find out what was important to them," said Richard Watters, Executive Director of Alumni Engagement and University Events. "They want to celebrate with family and loved ones in smaller, more intimate ceremonies which will result in a richer experience."

For the full schedule, please visit:
<https://www.csueastbay.edu/commencement/>

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From Canterbury to Climate Change

– 54th California International Antiquarian Book Fair

SUBMITTED BY DENISE LAMOTT
PHOTOS COURTESY OF CALIFORNIA INTERNATIONAL ANTIQUARIAN BOOK FAIR AND UC DAVIS LIBRARY / ARCHIVES AND SPECIAL COLLECTIONS

After a two-year pandemic hiatus, the 54th “California International Antiquarian Book Fair” returns to the Bay Area on Friday, February 11 through Sunday, February 13, at the Oakland Marriott City Center with collections and treasures from over 100 booksellers. These include a collection of hundreds of works tracing the history of climate change; a 438-year-old copy of the world’s first modern atlas; and an early edition of the complete works of Geoffrey Chaucer complete with readers’ notes and an erotic illustration in the margins.

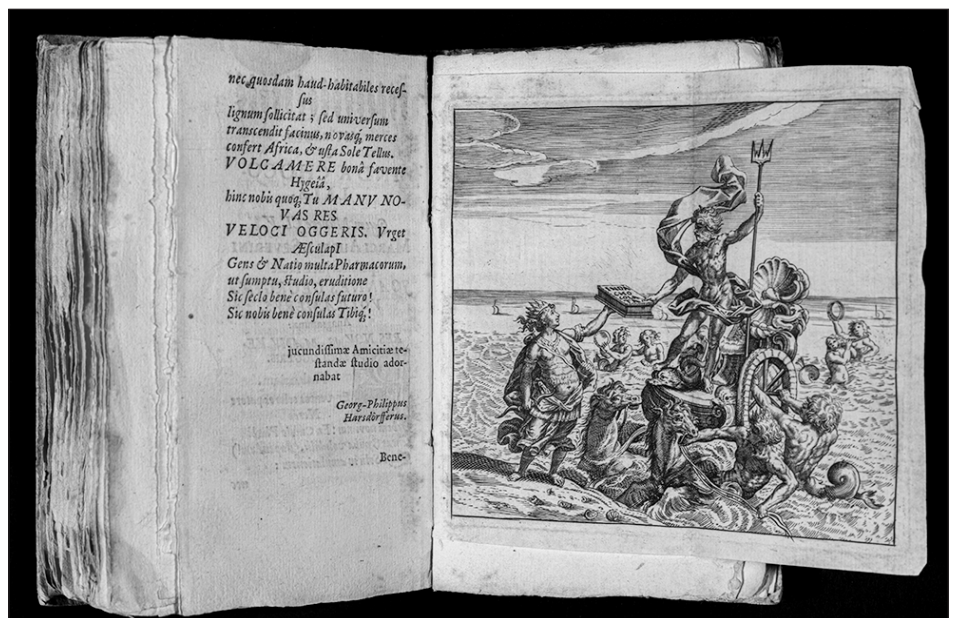
Sponsored by Antiquarian Booksellers’ Association of America (ABAA) and International League of Antiquarian Booksellers (ILAB), the three-day Book Fair offers a rich selection of manuscripts, early American and European literature, modern first editions, children’s books, maps and autographs, as well as antiquarian books on history, science, law, architecture, cooking, wine and a wide range of other topics.

Notable items include:

One Hundred Seconds to Midnight – A seminal collection of original works charting the history of climate change curated by Peter Harrington. (Offered at \$2.2 million by Peter Harrington, London)
Le debat du vin & de l’eau (The Debate of Wine and Water) - A remarkably fine copy of the first book published on wine in French from 1515. At its beginning, the debate between wine and water was in Latin and it was one of the popular poems from the Goliards, wandering medieval scholars who were famous for spending as much time in taverns as they were in the classroom. (Offered at \$60,000 by Ben Kinmont, Sebastopol)

Works of Geoffrey Chaucer – Direct from the 16th century, this edition of the collected works of the Middle Ages’ favorite poet was originally published in 1561 in London for John Wight. This edition includes The Canterbury Tales with illustrations and other poems, along with original margin notes, musings and doodling from the original owners of this book. (Offered by Ezra Tishman for \$18,000)

My First Summer in the Sierra – John Muir’s love-at-first-sight memoir of his 1869 mountain adventure based on his journals and drawings. (Offered by Carpe Diem Books)



This year’s Book Fair will also include a major historical exhibit on wine and viticulture, courtesy of the library at the Shields Library, University of California, Davis. In recognition of the next generation of bibliophiles, the California Book Fair is pleased to host the collection of Stacy Shirk, the winner of this year’s *California Young Book Collectors’ Prize*.

The Book Fair’s schedule will include the following events and special exhibits, free with Fair admission:
Saturday, February 12
12:45 p.m. - 1:45 p.m.
Good Words Make Better Wine: Building the UC Davis Library’s Wine Writers Collection
Jullianne H. Ballou

2 p.m. - 3 p.m.
The UC Davis Library Wine Collection: Origins, Highlights, and Use
Christine Cheng and Axel Borg

4 p.m. - 5 p.m.
Collecting Oakland’s Activist Roots: the Black Panthers and Beyond
Lisbet Tellefsen and Alexander Akin

Sunday, February 13
1 p.m. - 2 p.m.
Sherlock Holmes in Popular Culture
Glen S. Miranker

The Book Fair is BARTable! The Oakland Marriott City Center is just steps away from the 12th Street BART Station, making it easily accessible to attendees from San Francisco and all over the East Bay. For those who cannot attend in person, the ABAA California Virtual Fair will take place from 9 a.m. (PST) February 12 until 5 p.m. (PST) February 14 and will be accessible at abaa.org/vbf.

Organizers are strictly following the most current Covid-19 capacity rules and guidelines from the State of California, Alameda County, and the CDC. You can find the Book Fair’s Covid-19 protocols on their website.

Sponsors for the Book Fair include KQED, ABC7, The San Francisco Chronicle and BART.

California International Antiquarian Book Fair
Friday, February 11; 3 p.m. - 8 p.m.
Saturday, February 12; 11 a.m. - 7 p.m.
Sunday, February 13; 11 a.m. - 4 p.m.
Oakland Marriott City Center
1001 Broadway, Oakland
(415) 919-9220
www.cabookfair.com
info@cabookfair.com
Tickets: \$10-25 (Free admission with student ID)



How powerful is your showerhead?

EARTHTALK

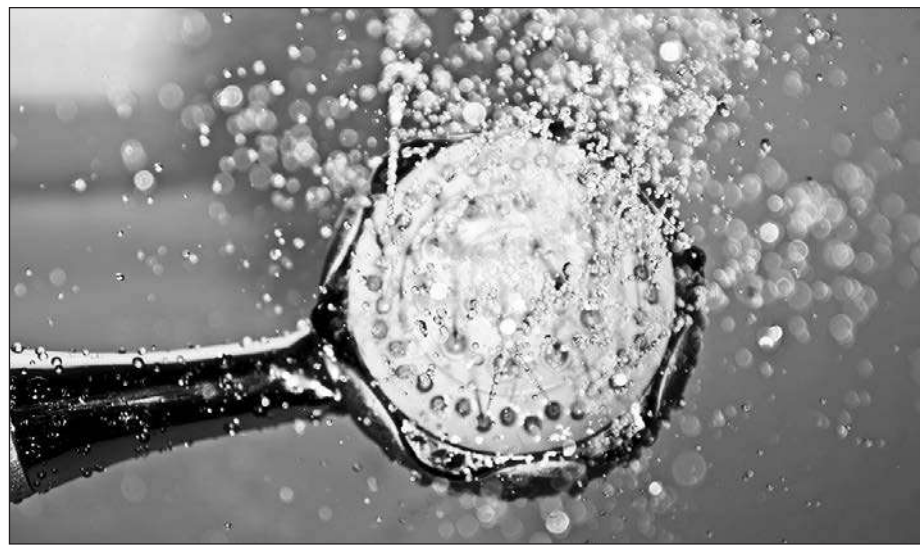
*Dear EarthTalk:
What's up with all
the debate lately as
to the flow allowed
in new
showerheads?*

-- Bill G., New York, New York

BY ALEXANDER BIRK

The shower is a place of rejuvenation and relaxation for many of us, but it is also a big water hog, accounting for roughly 17% of the average U.S. household's water usage. Of course, we use a lot less water in our showers nowadays thanks to a Clinton-era law mandating that new showerheads sold in the U.S. could not top a flow rate of 2.5 gallons per minute (GPM). While some showerhead manufacturers attempted to circumvent these new restrictions by utilizing multiple nozzles, the federal government eventually revised the legislation (in 2013) to limit entire fixtures to 2.5 GPM.

During his term in the White House, Donald Trump often complained about his dissatisfaction with the water pressure in



The Biden administration recently restored a Clinton-era rule mandating all new showerheads sold in the U.S. adhere to "low-flow" standards.

Credit: Pexels.com

his showers. In December 2020 Trump reversed the Obama-era amendment; this restored the federal limit of 2.5 GPM to be applied to individual nozzles instead of the entire fixture. This meant that a shower head with three nozzles would be permitted to use 7.5 GPM.

Although Trump's law did not have a significant impact on the market demand for luxury shower heads, the loophole posed detrimental environmental impacts. Americans take about 200 million showers every day. The Alliance of Water Efficiency estimates that under Trump's rule the country's water usage would increase by 161 billion gallons per year. An increase in water usage also results in more energy use to heat that water, which in turn increases greenhouse gas emissions.

According to the U.S. Environmental Protection Agency (EPA), homes that have switched out older less efficient showerheads with newer models have realized savings of some 2,700 gallons of water per year. This equates to a savings of 330 kilowatt hours of electricity annually, which is enough to power an entire house for 11 days. The Natural Resources Defense Council estimates that the average American household stands to save \$500 per year on utility bills after switching to low-flow shower heads. The group estimates that the nationwide transition to lower flow showerheads now underway can generate annual savings of \$2.9 billion in water utilities and \$2.5 billion in energy costs.

Saving water by using a low-flow shower head is a great start, but if you're

looking for more ways to maximize your impact, the EPA has a few suggestions. When it comes to appliances, making sure to fix leaks is one easy way to save water. Additionally, whenever you need to run your dishwasher or washing machine, make sure you are optimizing for water- and energy-efficiency by only running it with a full load. Lastly, landscaping is always a talking point when it comes to reducing residential water use. If you have a lawn, it is recommended to save water by replacing it with native plants that don't require additional watering. If you're not ready to part with your lawn, the EPA suggests keeping the grass two to three inches high to ensure the soil retains water, reducing the need for frequent watering.

CONTACTS:

- Water Conservation Tips for Residents: www3.epa.gov/region1/eco/drinkwater/water_conservation_residents.html
- Ten Ways to Save Water at Home: americanrivers.org/rivers/discover-your-river/top-10-ways-for-you-to-save-water-at-home/
- DOE Proposes Reversal of Trump-Era Showerhead Rule: nrdc.org/media/2021/210716

EarthTalk is produced by Roddy Scheer and Doug Moss for the nonprofit EarthTalk. See more at <https://emagazine.com>. To donate, visit <https://earthtalk.org>. Send questions to: question@earthtalk.org.

SOCIAL SECURITY MATTERS

BY RUSSELL GLOOR,
NATIONAL SOCIAL SECURITY ADVISOR,
AMAC FOUNDATION

*Dear Rusty: I'm 60
years of age and
wonder if I will have
any Social Security
retirement benefits.
After all, I did
purchase them.
Signed: Uncertain*

Dear Uncertain: Your eligibility for Social Security benefits depends upon your lifetime earnings history from work, from which Social Security FICA taxes were withheld. If you have worked, contributed to SS while working, and have earned at least 40 "quarters" of credit, you will be entitled to Social Security benefits. You can earn up to four credits each year by earning a specific amount of money, which means you must have worked for about 10 years contributing to Social Security in order to be eligible for Social Security benefits. For 2022, you will get four credits if you earn at least \$6,040 (the amount needed per credit varies by year).

The amount of benefit you will get depends upon your average monthly earnings (adjusted for inflation) over the highest-earning 35 years of your lifetime. The higher your annual earnings (from which FICA tax was withheld), the more your SS benefit will be. But you must have worked, earned and contributed to SS for at least 35 years to get your maximum benefit. SS always uses 35 years of earnings to compute your benefit and if you have fewer, they will put \$0 earnings in some years to make it 35. They will use the monthly average of those 35 years to determine your primary benefit (known as your "Primary Insurance Amount" or "PIA" which is what you get at your full retirement age (FRA)).

You cannot collect your personal SS retirement benefit until you are at least 62 years old, but if you claim at that age your benefit will be permanently reduced by 30%. You can only get your full SS benefit by waiting until your full retirement age (67 for you) to claim your Social Security. Claiming any earlier means a smaller benefit, but you can also delay longer and earn Delayed Retirement Credits (DRCs) up to age 70, when your maximum benefit would be 24% more than it would be at your FRA. You have an eight-year window to claim your Social Security, and when you claim within that window determines how much of your primary SS benefit you will get.

If you claim before your FRA and you continue to work, Social Security places a limit on how much you can earn before they take away some of your benefits. For example, someone who claims at age 63 in 2022 would have an annual earnings limit of \$19,560, and if that were exceeded SS would take away benefits equal to \$1 for every \$2 over the limit (a monthly limit may be imposed if you claim mid-year). The earnings limit applies until FRA is reached, after which there is no longer a limit to how much can be earned.

The easiest way to determine your eligibility for Social Security benefits and how much that benefit would be at different ages is to obtain a Statement of Estimated Benefits from the Social Security Administration. You can request that by calling SS at 1.800.772.1213, but you can also get it yourself by creating your personal "my Social Security" online account at www.ssa.gov/myaccount. Once you have created your personal online account you can see your lifetime record of earnings and download your Statement of Estimated Benefits to understand whether you are entitled to Social Security benefits and, if so, how much your benefit will be if claimed at various ages.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

California Senate aims to limit 'junk science' in courtrooms

BY DON THOMPSON
ASSOCIATED PRESS

California lawmakers on Wednesday moved to deter the use of what a legislator called "junk science" in the courtroom and give those convicted with questionable expert testimony a way out of prison.

Senators approved changing the state's definition of false testimony to include expert court opinions based on flawed scientific research or outdated technology, or where a reasonable scientific dispute has emerged over its validity.

Expert opinions that aren't based on bona fide research, peer-reviewed studies or other science would not satisfy the state's requirements for admissible testimony.

The bill by Democratic state Sen. Scott Wiener would allow people to appeal if they previously were convicted based on the discredited testimony.

"This bill gives judges stronger tools to prevent junk science from coming into our courtrooms," Wiener said.

The California Innocence Project, which sought the bill along with the Loyola Project for the Innocent and the Northern California Innocence Project, said flawed forensic science occurred in 45% of DNA exonerations and 24% of all exonerations in the United States. The groups investigate such cases and advocate for the release of those who have been wrongfully convicted.

The National Academy of Science has said jurors can be

thrown off by what is known as the "CSI effect," where jurors have unrealistic expectations of the reliability of forensic evidence from watching "CSI" and similar television shows.

The bill had no formal opposition from prosecutors or other law enforcement organizations. It passed, 30-3, sending it the Assembly.

But Republican Sen. Jim Nielsen, who once headed the state parole board, said the bill is another effort by majority Democrats to ease criminal punishments.

"These are just more attempts to erode the justice system to ensure that justice for the victims of crimes do not see justice done, that individuals who have committed crimes have more venues to escape any consequences for their behaviors," Nielsen said.

GOP Sen. Andreas Borgeas also voted against the bill, urging a different approach to what he acknowledged can be a problem.

"Even a ham sandwich could be indicted," Borgeas said, reciting an old legal dogma. "You can get anybody to say virtually anything."

Wiener said those whose convictions are overturned under his bill could be retried, if investigators have other evidence to prove their guilt.

"This isn't about letting criminals get out of jail free," he said.

'Worst house on best block' of S.F. sells for \$2 million

BY DAISY NGUYEN
ASSOCIATED PRESS

A decaying, 122-year-old Victorian marketed as "the worst house on the best block" of San Francisco has sold for nearly \$2 million -- an eye-catching price that the realtor said was the outcome of overbidding in an auction.

A developer's \$1.97 million cash offer

for the 2,158-square-foot property in the Noe Valley neighborhood was finalized in mid-January. On the social media page Zillow Gone Wild, some commenters marveled at the price while others questioned the value of a house with boarded-up windows, peeling paint and an unstable foundation. One commenter joked: "It actually has a parking space. No wonder it sold for almost 2 million!"

The property sold at several hundred thousand dollars higher than other comparable fixer-uppers in the area as a result of a complex conservatorship sale, said Todd Wiley, who represented the seller.

Wiley said a judge approved the sale of the house after its elderly owner was placed in a conservatorship. The man's family, concerned about the way he was living, hired a licensed fiduciary to handle the sale with the proceeds going to pay for his continuing care, according to Wiley.

The house initially received the highest offer of about \$1.4 million, and a probate

judge ratified the offer, setting off a roughly 7-week process where the house stayed on the real estate market, generating intense interest.

At auction, a probate judge set bidding at \$10,000 increments. "That kept things low and kept five to six bidders in the game," Wiley said. Two people ultimately went neck and neck, he said, "and it's that auction environment that led it to go where it was."

"They really wanted it but the data point didn't support that sale. It was an anomaly," Wiley said.

OPINION

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WILLIAM MARSHAK

Groundhog Day

I have caught a glimpse of a groundhog on television newscasts when Punxsutawney Phil, a large rodent alternatively called a woodchuck or thickwood badger, makes an annual appearance to predict the advent of spring. Pennsylvania Dutch tradition holds that if Phil sees his shadow on February 2nd, winter will persist for another six weeks. If, however, the day is cloudy, for some reason, spring is at hand.

Following "Phil" has risen from a quaint, local celebration imported from Europe, to a recognized rite of spring that has captured the attention of those tired of cold, winter months. Many caught in the cycle of ice, snow and storms crave a change of seasons and new behaviors.

A 1993 film follows a curmudgeon weatherman, Phil Connors, played by Bill Murray, who is assigned to cover Punxsutawney Groundhog Day ceremonies. Self-centered and egotistical, this Phil is caught in a time warp, replaying the day endlessly, until he is able to understand and correct his malicious and destructive behavior. Phil's transition from irascible, rotten outcast to beloved community resident is the focus

and premise of this light-hearted romp of fantasy.

As an object lesson, the film examines moral certainty without regard to others as a starting point that is easily identifiable in all of us. Phil is an exaggerated, though not wholly unknown, manifestation of such a morally bankrupt personality. A huge amount of time and training (unspecified in the film) is required to alter his perception of himself and the world around him. Phil's gradual realization and appreciation of the benefits – personal and external – that accrue from his changed behavior are the result.

Groundhog Day is a reminder of the repetitive and cyclical nature of our lives and behavioral patterns. Politics and its rhetoric, often thought of as separate and isolated from day-to-day life, is actually just a reflection of it, albeit often obscure and opaque until it fully manifests into rules, laws and dictates. While patterns of political behavior may modify over time, those attracted to its lure of power and prestige are often caught in a loop of self-aggrandizement and pomposity. This happens not only to those in elected positions but others in their sphere of influence as well.

An example of associated impact can be seen, at times, in public comments during council meetings. Facetious removal of consent calendar items from an agenda in order to extend public comment is detrimental to the spirit of an orderly meeting. While it is essential for the electorate to be aware of and respond

to suggested and anticipated actions by their city councils, effective communication depends on the strength, consistency and tone of argument. Volume, quantity and strident verbosity are not viable substitutes. Shakespeare addresses inconsistent and insincere comments in his play, Hamlet. Queen Gertrude responds to a question of fidelity of a character saying, "The lady doth protest too much, methinks." In essence, she is saying that quantity as well as quality of argument can betray trust.

In order to clarify and amplify comments, the public as well as councilmembers need to remember the lessons of Groundhog Day and Shakespeare's admonition. Clear, concise and strategic use of thoughts and ideas can be packaged and more readily absorbed by others when presented in repetitive, but limited and concise examples of actions and their consequences.

Behavioral change is often a difficult riddle without a clear conclusion, but we can all try to solve it. Maybe those addicted to mindless public comment can answer the question... How much wood would a woodchuck chuck if a woodchuck could chuck wood?

William Marshak
PUBLISHER

Grammy Awards move ceremony to Las Vegas

By JONATHAN LANDRUM JR.
ASSOCIATED PRESS ENTERTAINMENT WRITER

The 2022 Grammy Awards will shift to an April show in Las Vegas after recently postponing the ceremony due to rising COVID-19 cases because the omicron variant.

The awards will be broadcast live from the MGM Grand Garden Arena in Las Vegas on April 3, according to a joint statement released Jan. 18 from the Recording Academy and CBS. The show postponed its original date on Jan. 31 at the newly renamed Crypto.com Arena in Los Angeles after organizers determined there were "too many risks" because of the virus's latest surge.

For the Grammys, it was attempting a back-to-normal show with a live audience, but the decision to postpone the ceremony came after "careful consideration and analysis with city

and state officials, health and safety experts, the artist community and our many partners."

This is the second consecutive year the Grammys has been rescheduled due to the spread of the coronavirus. Last year, like most major award shows, the Grammys were postponed because of virus concerns.

It was a big night for Beyonce and Taylor Swift, but the live performances that set the Grammys apart from other awards shows were staged separately with no significant crowds, many of them pre-taped.

The show was moved from late January to mid-March and held with a spare audience made up of mostly nominees and their guests in and around the Los Angeles Convention Center, next door to its usual home, the arena then known as Staples Center.

The multitalented Jon Batiste is the leading nominee for this year's honors,

grabbing 11 nods in a variety of genres including R&B, jazz, American roots music, classical and music video. Justin Bieber, Doja Cat and H.E.R. are tied for the second-most nominations with eight apiece.

The Grammys' move has created another shift for upcoming awards shows -- the CMT Awards will move from its originally scheduled ceremony date from April 3 to a later date that month.

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What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE™

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B, Fremont, CA 94538. William Marshak is the Publisher

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1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:00 p.m.
37101 Newark Blvd., Newark
(510) 578-4000
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd.,
Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 4:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

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2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
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24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

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2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(408) 635-2600 ext. 6013

New Haven Unified School Board
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34200 Alvarado-Niles Rd.,
Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

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(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
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15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
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11601 Main Street, Sunol
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www.sunol.k12.ca.us

California Primary Elections 2022: FAQ crash course

By HUGO VERA

What type of California primaries are coming up and when are they held?

1. **February 15, 2022:** Next month, Assembly Districts 17 and 49 will be having their special primary elections. These elections will decide state assembly races in San Francisco and Los Angeles County, respectively.

2. **April 5, 2022:** Special primary elections for Assembly Districts 11, 80 and Congressional District 22. These elections are a result of the Governor's Proclamation for Assembly Districts 11 (Sacramento-San Joaquin River Delta Area), District 80 (San Diego) and Congressional District 22 (Fresno/Tulare). With the representative slots in each respective area currently vacant, these primaries will thin out the list of applicable candidates in time for the next general election.

3. **June 7, 2022:** Last and most important, the California statewide general election will be held this June. This primary race will implement ranked choice voting to thin out candidates for judges, state representatives, Office of the Governor and State Assembly. Voters will only be able to submit one choice for all other issues/measures.

What is Ranked Choice Voting (RCV)?

For the rest of the country, rank choice voting may be an alien concept but states such as California have been using it as early as the 2003 San Francisco mayoral election. If you voted in California during the 2020 general election, you were probably asked to select your first, second and sometimes a

third choice for a particular candidate. This is known as a 'rank choice election' which is also referred to as an 'instant runoff election.' These are typically used to decide a clear winner in elections where there are multiple candidates to choose from such as for city council members, mayors and board members. If any of the candidates listed has more than 50% of the vote, they win the position automatically. If they do not, winners are decided by eliminating candidates with no mathematical chance of winning and by adding up the percentages of each respective choice until there is a clear majority.

Which states/cities will be implementing ranked choice voting (RCV) this upcoming election?

Ranked choice voting is used in 20 American cities, including San Francisco, Oakland, San Leandro and Cambridge, Massachusetts, California, Oregon, New Mexico, Colorado, Michigan, Minnesota, New York, Maryland, Massachusetts and Vermont utilize ranked choice voting in certain cities/counties. Nevada, Wyoming and Kansas use RCV in their presidential primaries and Maine is the only state to apply RCV in each of its elections. In California, gubernatorial and most mayoral/state senate primaries are settled via RCV.

How do I vote by mail and what are my deadlines?

Any registered voter in California can opt to have mail-in ballots sent to them instead of having to vote in-person. California state law dictates that ballots must be mailed out up to 29 days before

the election in question. Other states allow as many as 30-45 days before elections to send out ballots. Once received, California ballots that are mailed in must be postmarked on or before Election Day and the ballot has to be received by the voter's respective county officials no more than seven days after Election Day to be counted. It's worth noting that most ballots don't require postage and can be given to either one's mailperson, a nearby U.S. Post Office or any registered mail-in ballot drop-off location. County officials will typically list and map out the locations of designated ballot collection boxes in the month leading up to Election Day. Once mailed, California voters can track the status of their mail-in ballot by visiting 'wheresmyballot.sos.ca.gov'.

Who is eligible to vote and what is the registration process?

Any United States citizen who is 18 or older by Election Day is eligible to vote. This not only applies to California, but to all 50 states in the union. However, voting rights differ in American territories outside the continental United States. For example, citizens in American Samoa can vote in their respective primaries but not in the presidential election. Puerto Ricans cannot vote for neither congressional nor presidential candidates.

Other individuals who may be residing in California but who cannot vote include undocumented persons, permanent residents, and criminals serving time in a state/federal correctional facility on Election Day. Criminals on parole or incarcerated in a county jail may still vote. Adult citizens

under a conservatorship also cannot vote.

Citizens who meet the requirements to vote must be registered to vote at least 15 days prior to Election Day in California.

Californians can register to vote online at 'registertovote.ca.gov' or at their local county elections office. Citizens who are eligible for 'same-day voter registration' may do so on Election Day at their polling place. The only downside to this is that voters who register the same day as the election can only fill out provisional ballots, which in most cases are meaningless as they're only used to settle ties.

When filling out the voter registration form (either online or virtual), voters will be asked to provide general information such as their legal name, address, social-security numbers and their political party preference. Party preference is a minor detail in most elections, but it can be of importance in the case of primaries. For example, if your candidate in a primary is a registered independent, but they're debating and campaigning against democratic candidates, those who retain "independent" status on their registration form must still request a democratic ballot if they want their vote to count for that candidate. Voters can also decline to state their party.

Sources:

<https://sccvote.sccgov.org/>
[https://ballotpedia.org/Ranked-choice_voting_\(RCV\)](https://ballotpedia.org/Ranked-choice_voting_(RCV))
<https://www.acvote.org/election-information/elections?id=247>

Newark City Council

January 27, 2022

Presentations:

• Presentation on Union Sanitary District from General Manager Paul Eldredge

Public Comment:

• Some for and some against homeless housing initiative
• Questions about additional services for the homeless

Consent Calendar:

• Approval of Audited Demands
• Approval of January 6, 2022, and January 13, 2022, minutes
• Adopt a Resolution confirming the continued existence of a local emergency due to the COVID-19 Pandemic
• Adopt a Resolution Authorizing Continued Remote Teleconferenced Meetings of the Legislative Bodies of the City of Newark for the 30-Day Period Beginning January 27 Pursuant to AB 361
• Adopt a Resolution Authorizing the City Manager to Execute a Contractual Services Agreement with Environmental Services Inc. and Authorizing Amendment of the 2020-2022 Biennial Budget for Fiscal Year 2022 to Provide Funding for General Plan

Updates related to the Services Associated with the 2023-2031 Housing Element

• Approval of resolutions to add class specifications for Police Support Services Manager, Aquatic Activities Specialist, and Accounting Technician I/II to the classification plan; add full-time personnel allocations to the 2020-2022 Biennial Budget and Capital Improvement Plan for one Police Support Services Manager, one Aquatic Activities Specialist, and one Accounting Technician I-II, and delete one Communications Supervisor and one Accounting Technician I; approve a side letter with the Newark Police Management Association to add the classification of Police Support Services Manager and salary range to the Memorandum of Understanding, and approve a side letter with the Newark Association of Miscellaneous Employees to add the classification of Aquatic Activities Specialist and salary range to the Memorandum of Understanding.

• Approval of resolutions to add full-time personnel allocations to the 2020-2022 Biennial Budget and Capital Improvement Plan for one Crime Analyst, one additional Information Systems Technician, and one additional General Laborer; add a class specification to the Classification Plan for

Crime Analyst; and approve a side letter with the Newark Police Management Association to add the classification of Crime Analyst and assigned salary range to the Memorandum of Understanding.

Public Hearing:

• Tabulation of ballots for annexation of Tract 8453 to Zone 7 – Harbor Pointe of Landscaping and Lighting District No. 19 and, if no majority protest exists, adopt a resolution approving the final Engineer's Report and approving the annexation of Tract 8453 to Zone 7 – Harbor Pointe of Landscaping and Lighting District No. 19. Passed unanimously

City Council Matter:

• Adopt a resolution approving the Mayor's appointment to the Planning Commission. Passed unanimously.

Council Comments

• Inquiry on the status of the Willow and Central roundabout – still in progress.

Mayor Alan Nagy	Aye
Vice Mayor Michael Hannon	Aye
Suzy Collazo	Aye
Michael Bucci	Aye
Luis Freitas	Aye

How many times can I reuse my N95 mask?

By EMMA H. TOBIN
ASSOCIATED PRESS

How many times can I reuse my N95 mask?

It depends, but you should be able to use N95s and KN95s a few times.

The U.S. Centers of Disease Control and Prevention says health care workers can wear an N95 mask up to five times. But experts say how often the average person can safely wear one will vary depending on how it's used.

Using the same mask to run to the grocery store, for example, is very different than wearing it all day at work.

The amount of time a mask is worn is more important than how frequently it's worn, says Richard Flagan, who studies masks and aerosols at the California Institute of Technology.

In general, he recommends limiting the use of an N95 mask to about two or three days.

With every breath you take in an N95, particles accumulate on the mask, Flagan says.

That could make it more difficult to breathe if the mask has trapped a lot of particles.

"They are degrading the performance of the mask," Flagan says.

The elastic band on the mask could also get worn out and not fit around your face as snugly. It might also get dirty or wet, especially if you're using it while exercising.

If you notice any of these changes to your mask, it's time to stop using it – even if you've only used it a few hours. And since N95 masks can't be washed, they should be thrown away once you can no longer use them.

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February 14, 1949 – January 17, 2022

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Arthur Means
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Lohith Nagaraja
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May 15, 2021 – January 14, 2022

Virendra Prakash
Resident of Maryland
March 12, 1937 – January 13, 2022

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Santilata Patra
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Dixie Moser
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Harry Hayashi
Resident of Fremont
January 31, 1926 – January 1, 2022

Jose Villanueva
Resident of Hayward
November 10, 1933 – December 30, 2021

Julian de la O

Resident of Fremont, CA.

January 9, 1930 – January 18, 2022

Julian de la O was born and raised in Pittsburg, CA to Lasaro & Nicholosa de la O; resided in Pittsburg, Fremont, Dunnigan, then returned to Fremont to be closer to his family in 2019.

He graduated from Pittsburg High School in 1948; enlisted in the U.S. Navy and served aboard the destroyer USS J.R. Pierce DD753 as a radio operator. His tour of duty took him to "see the world" – all over Europe, the Mediterranean and Northern Africa.

After discharge from the military, he was employed in the lab for U.S. Steel Company in Pittsburg. Then employed as an air defense technician in the CA National Guard in Castro Valley. Later retired as a custodian supervisor for the Fremont Unified School District after 25 years of service.

Julian described his life growing up as "always fun and being outside". He was very social. Enjoyed gardening, camping, traveling, and especially music and dancing. In his later years, appreciated his "three little angels", his three daughters who helped him to maintain his independence.

He was a beloved father, brother, uncle, husband, and Grandpa Julian, who passed away peacefully at home on Tuesday, January 18th, 2022 from breakthrough COVID-19 at the age of 92. Survived by his



daughters, Pauline (Wayne) Rogers of Healdsburg, Margaret (Arturo) Quezada of Fremont, and Tricia (Neil) Edgar of Elk Grove; his five grandchildren, Jesus Quezada, Regina Quezada, Kelly Blanchard, Andrew Rogers, & Alana Edgar; and his six great-grandchildren. He is also survived by his sisters, Bertha Ehlers & Martha Fairhurst, brother, Nibardo de la O and numerous nephews, and nieces. Preceded in death by his beloved first wife, Vera, second wife, Amalia ("Mollie"), sister, Anita Martinez, and brother Eusebio de la O.

A Celebration of Life will be held, Friday, May 13, 2022 @ noon at Swiss Park, 5911 Mowry Ave, Newark, CA. In lieu of flowers, Julian requested donations to be made to the Dunnigan Fire Dept, P.O. Box 213, Dunnigan, CA, 95937.

Genie Birlem Provencio

May 25, 1933 – January 13, 2022

Resident of Fremont



Genie Birlem Provencio passed away suddenly on January 13. She was preceded in death by her husband Al and her daughter Amy.

She is survived by her son Douglas and four grandchildren, Maddie, Ryan, Eli, and Alice.

Genie was born in San Mateo to Amber and Mason Birlem and had a brother, David. She graduated from Burroughs High in Burbank and earned a B.A. at the University of California, Berkeley. She worked short jobs at CBS Studios, the Bancroft Library, the SF Chronicle, and 11 years as a legal secretary at the Bank of California. She also ran a licensed home childcare and a business making colorful hand puppets.

Genie participated actively in many organizations, from Girl Scouts as a teenager to the Berkeley Co-op and First Congregational Church to

the California Association for the Gifted, AAUW, Cal Alumni, NARFE, and Pax Christi, as well as many informal crafting and book groups. Her hobbies included sewing, cooking, collecting, and reading. She loved swimming and ice-skating, and was always delighted by children and animals.

Genie was smart, curious, friendly, and had a great sense of humor. She was persistently cheerful even when faced with adversity and always hoped and worked hard for a better world. She requested that people wear brightly colored clothing on the day of her services or whenever they wish to remember her fondly.

In lieu of flowers, please consider contributing in her memory to any of: the Alameda County Community Food Bank, the American Lung Association, 350.org, or the Cal Alumni Association TAAP Scholarship Fund.

A Viewing will be held on Monday, February 7, 2022 from 4:00 pm - 8:00 pm at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont. Graveside Service will be the following day Tuesday, February 8, 2022, 11:00 am at Cedar Lawn Cemetery, Fremont.

Fremont Chapel of the Roses
510-797-1900

FREE Adult Reading and Writing Classes are offered at
the Alameda County Library

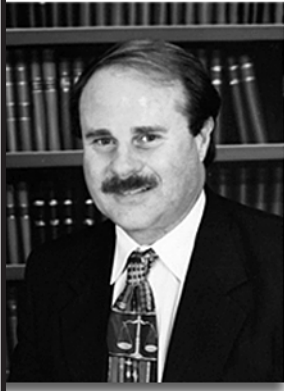
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 Evening & Weekends
 By Appointment

Soledad Posadas

November 12, 1938 - January 27, 2022

Resident of Fremont

She is survived by her 5 children Mario Posadas 64, Victor Posadas 63, Rosie Lopez 62, Alfredo Posadas 55 and Leticia Lopez 54. Widow of Mariano Posadas.



Our beloved Soledad "Chole" devoted her life to raising her children and grandchildren often telling stories of her childhood growing up in Parral, Chihuahua, Mexico. Our family always looked forward to her famous Chile Verde con Queso along with other family favorite recipes; she always made sure everyone was well fed.

She enjoyed spending her time making photo albums, reading literature of different cultures and reading biographies of famous actors and musicians that she enjoyed very much. We will never forget her smiles and her laughter while spending time with her family. She always took the time to reach out to everyone to make they were ok, and she was our family's rock in hard times. She will be dearly missed, but never forgotten.

A Vigil will be held Tuesday, February 8, 2022, 6:00 PM with Visitation beginning at 5:00 PM at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont. A Funeral Mass will be held Wednesday, February 9, 2022, 10:30 AM at St. Edward Catholic Church, 5788 Thornton Ave, Newark. A Private Burial to be held at Irvington Memorial Cemetery in Fremont.

Fremont Memorial Chapel
 510-793-8900

Western monarchs rebound but still below historic population

By JOHN ANTCAK ASSOCIATED PRESS

The number of Western monarch butterflies overwintering in California rebounded to more than 247,000 a year after fewer than 2,000 appeared, but the tally remained far below the millions that were seen in the 1980s, leaders of an annual count said Tuesday.

The Western Monarch Thanksgiving Count revealed the highest number of butterflies in five years but it is still less than 5% of the 1980s population, said Emma Pelton, senior endangered species biologist with the Xerces Society for Invertebrate Conservation.

Pelton said she was ecstatic about the turnaround but cautioned that it did not indicate a recovery of the species. "It will take multiple more years to understand if this is the beginning of a trend or just a blip," she said in an online news conference.

Western monarchs, the population found west of the Rockies, overwinter in groves along the Pacific coast from Northern California's Mendocino County south to the northern edge of Baja California, as well as in a few inland locations. Monarchs east of the Rockies migrate deep into Mexico for winter.

The Western monarch count is conducted by trained volunteers over several weeks around the Thanksgiving holiday. It dates to 1997 and has observed a loss of more than 95% of a population that according to earlier studies once numbered in the low millions.

The count released a year ago was the smallest ever seen, and

the reasons for the turnaround are elusive, according to Pelton. Not only was there the largest one-year increase ever seen, but the butterflies were found at 283 sites, the most ever. "The question of the day that we're getting is really, why are we having this uptick? And we don't have a single definitive answer for you," Pelton said.

Factors could include good weather, the amount of milkweed the monarchs rely on and some interchange between the Western and Eastern populations, but the monarchs have a complex migratory cycle with multiple generations over a complex landscape, she said.

Pelton said she believes the numbers are going to continue to fluctuate until underlying causes for the huge declines over the decade are dealt with. "And the root of those are habitat loss, both at the overwintering sites in California and elsewhere, and then migratory breeding habitat," she said.

Among details in the data, the count showed that overwintering sites trended to the south. California's central coast usually sees the most monarchs, and the San Francisco Bay Area normally has significant numbers as well. In the latest count, however, Bay Area sites had few or no monarchs.

The most monarchs — more than 95,000 — were found in Santa Barbara County, including one site on private property that had 25,000 butterflies. Farther south, Ventura County had nearly 19,500 butterflies and Los Angeles County had more than 4,000 — numbers that hadn't been seen since the early 2000s.

He won a trip to space. Then he gave it away to a friend

By MARCIA DUNN AP AEROSPACE WRITER

He told his family and a few friends. He dropped hints to a couple of colleagues. So hardly anyone knew that the airline pilot could have — should have — been on board when SpaceX launched its first tourists into orbit last year.

Meet Kyle Hippchen, the real winner of a first-of-its-kind sweepstakes, who gave his seat to his college roommate.

Though Hippchen's secret is finally out, that doesn't make it any easier knowing he missed his chance to orbit Earth because he exceeded the weight limit. He still hasn't watched the Netflix series on the three-day flight purchased by a tech entrepreneur for himself and three guests last September.

"It hurts too much," he said. "I'm insanely disappointed. But it is what it is."

Hippchen, 43, a Florida-based captain for Delta's regional carrier Endeavor Air, recently shared his story with The Associated Press during his first visit to NASA's Kennedy Space Center since his lost rocket ride.

He opened up about his out-of-the-blue, dream-come-true windfall, the letdown when he realized he topped SpaceX's weight restrictions of 250 pounds (113 kilograms) and his offer to the one person he knew would treasure the flight as much as himself. Four months later, he figures probably fewer than 50 people know he was the actual winner.

"It was their show, and I didn't want to be distracting too much from what they were doing," said Hippchen, who watched the launch from a VIP balcony.

His seat went to Chris Sembroski, 42, a data engineer in Everett, Washington. The pair roomed together starting in the late 1990s while attending Embry-Riddle Aeronautical University. They'd pile into cars with other student space geeks and make the hourlong drive south for NASA's shuttles launches. They also belonged to a space advocacy group, going to Washington to push commercial space travel.

Despite living on opposite coasts, Hippchen and Sembroski continued to swap space news and champion the cause. Neither could resist when Shift4 Payments founder and CEO Jared Isaacman raffled off a seat on the flight he purchased from SpaceX's Elon Musk. The beneficiary was St. Jude Children's Research Hospital.

Hippchen snapped up \$600 worth of entries. Sembroski, about to start a new job at Lockheed Martin, shelled out \$50. With 72,000 entries in the random drawing last February, neither figured he'd win and didn't bother telling the other.

By early March, Hippchen started receiving vague emails seeking details about himself. That's

when he read the contest's small print: The winner had to be under 6-foot-6 and 250 pounds (2 meters and 113 kilograms).

Hippchen was 5-foot-10 and 330 pounds (1.8 meters and 150 kilograms).

He told organizers he was pulling out, figuring he was only one of many finalists. In the flurry of emails and calls that followed, Hippchen was stunned to learn he'd won.

With a September launch planned, the timeline was tight. Still new at flying people, SpaceX needed to start measuring its first private passengers for their custom-fitted flight suits and capsule seats. As an aerospace engineer and pilot, Hippchen knew the weight limit was a safety issue involving the seats, and could not be exceeded.

"I was trying to figure how I could drop 80 pounds in six months, which, I mean, it's possible, but it's not the most healthy thing in the world to do," Hippchen said.

Isaacman, the spaceflight's sponsor, allowed Hippchen to pick a stand-in.

"Kyle's willingness to gift his seat to Chris was an incredible act of generosity," he said in an email this week.

Isaacman introduced his passengers at the end of March: a St. Jude physician assistant who beat cancer there as a child; a community college educator who was Shift4 Payments' winning business client; and Sembroski.

Hippchen joined them in April to watch SpaceX launch astronauts to the International Space Station for NASA, the company's last crew flight before their own.

In gratitude, Sembroski offered to take personal items into space for Hippchen. He gathered his high school and college rings, airline captain epaulets, a great-uncle's World War I Purple Heart and odds and ends from his best friends from high school, warning, "Don't ask any details."

By launch day on Sept. 15, word had gotten around. As friends and families gathered for the liftoff, Hippchen said the conversation went like this: "My name's Kyle. Are you The Kyle? Yeah, I'm The Kyle."

Before climbing into SpaceX's Dragon capsule, Sembroski followed tradition and used the phone atop the launch tower to make his one allotted call. He called Hippchen and thanked him one more time.

"I'm forever grateful," Sembroski said.

And while Hippchen didn't get to see Earth from orbit, he did get to experience about 10 minutes of weightlessness. During Sembroski's flight, he joined friends and family of the crew on a special zero-gravity plane.

"It was a blast."

Stolen French bulldog reunited with family

SUBMITTED BY LT. RAY KELLY, ALAMEDA COUNTY SHERIFF'S OFFICE

Ten days after being snatched in a brazen armed robbery, Tito a much-loved French bulldog, was reunited with his family by Alameda County Sheriff's Office (ACSO) deputies.

The dog was taken the afternoon of January 15 when family members were walking Tito on Norbridge Road in Castro Valley and were confronted by several armed suspects who snatched him and sped away in a vehicle. The suspects also took a purse from one of the family members that contained her car keys and home address. Several hours later, the suspects went to the victim's home and stole their vehicle. It was later recovered.

ACSO detectives jumped on the case immediately, with some working on their day off to follow clues. Eventually, they were able to make several arrests related to this robbery and a number of other East Bay robberies. On January 25, detectives followed tips that led to the location of Tito, who was positively identified by his radio chip.

"As a dog owner, this case disturbed me, my agency and the community," Sheriff Gregory Ahern said in a statement. "I directed our investigators to pursue all leads. I'm glad to see Tito is now reunited



'Tito' a French bulldog was snatched from his owners in Castro Valley

with his family. Thank you to our detectives and community members for supporting this effort." ACSO officials have not yet released the names of the suspects.

See video from ACSO of Tito being reunited with his family at <https://fb.watch/aOFMK-iwmj/>.

Top cop to probe troubled sheriff's office in Santa Clara County

ASSOCIATED PRESS

California's attorney general announced on Jan. 19 a civil rights investigation into the office of Santa Clara Sheriff

Laurie Smith, a polarizing figure who is fighting formal public corruption accusations.

Attorney General Rob Bonta said the investigation will seek to determine whether the sheriff's office "has engaged in a pattern or practice of unconstitutional conduct" amid a number of serious allegations. The sheriff's office has had to pay costly settlements to people who are mentally ill who were severely injured while in jail custody.

A news release from Bonta's office explained that a civil "pattern or practice" investigation into the office usually works to

identify and compel, if appropriate, corrective action to fix systemic violations.

Sheriff Smith has led the office since winning election in 1998. She has not said whether she will run again this year. In December, the Santa Clara County Civil Grand Jury accused Smith of political favoritism through concealed-carry weapons permits and resisting an audit into negligence allegations, the Mercury News of San Jose reported. She did not enter a plea in court in mid-January.

Smith objected to a vote of no-confidence taken by the Santa Clara County Board of Supervisors last year, saying they are blaming her after failing to provide safety-net services for mentally ill people, the news outlet reported.

A busy year for East Bay firefighters

SUBMITTED BY ALAMEDA COUNTY FIRE DEPARTMENT

During 2021, Alameda County Fire Department (ACFD) set a new record for service by responding to more than 44,000 incidents in the East Bay. That's an 11% increase over the previous year, ACFD officials said in a January 24 statement.

The department provides fire and medical services to residents and businesses in numerous unincorporated Alameda County communities, including Castro Valley, San Leandro, Ashland, Cherryland and Sunol. Additionally, they contract with the cities of San Leandro, Newark, Union City, Dublin and Emeryville. Service also is provided to Lawrence Berkeley National Laboratory and Lawrence Livermore National Laboratory.

The unincorporated Fairview neighborhood, near Hayward, maintains its own fire services in

partnership with Hayward Fire Department.

ACFD has 29 fire stations and 35 companies serving a population of 394,000 in an area of roughly 508 square miles including urban centers, agricultural, water and wildland regions. There are more than 400 personnel and 100 reserve firefighters on staff.

Services include:

- Advanced life support
- Fire suppression
- Hazardous materials response
- Urban search and rescue
- Water rescue
- Community outreach and education
- Disaster preparedness
- Fire prevention and code compliance
- Regional dispatch

More information is available at fire.acgov.org/ or by calling (510) 632-3473.



Sheriff's deputies returned the dog to family members. Credit: Alameda County Sheriff's Office

Fremont Police Log

SUBMITTED BY YANNETH CONTRADA, FREMONT PD

Sunday, January 23

• At about 1:03 a.m. officers responded to reports of a shooting at Encore Karaoke, 46132 Warm Springs Blvd. Shell casings were found at the scene but no injuries were reported. It was discovered a fight had broken out and the suspect fired off rounds before fleeing in a vehicle. The suspect, identified by police as Mingrun Song, 27, of Cupertino, was located

nearby and arrested. A loaded gun was also recovered from the vehicle.

Monday, January 24

• At about 12:40 a.m. a carjacking occurred in the parking lot of the Extended Stay America, 46312 Mission Blvd. The victim was seated in a vehicle when two males approached and opened the passenger door. One of the suspects then struck the victim in the head before dragging him out and throwing him to the ground. Both of the suspects fled the scene in the victim's vehicle.

CHP Log

SUBMITTED BY CHP HAYWARD

Thursday, January 27

• At about 7:35 a.m. a school bus traveling south on Mission Boulevard in Fremont started to turn right onto Walnut Avenue and struck a 63-year-old male pedestrian at a low speed. The pedestrian sustained only minor injuries and was released by medical responders at the scene. No one aboard the bus was injured.



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<p>Are you troubled by someone else's drinking? Al-Anon and Alateen Family Groups are here to help! Al-anon has but one purpose, to help families and friends of Alcoholics. We have Zoom meetings during the Shelter in Place. For a full meeting list, please visit http://alanond17@weebly.com You can also email easyduz@gmail.com or call us at 510.276.2270 for more info.</p>		<p>A-1 Comm. Housing Svcs. A HUD Approved Agency Credit and Money Mgmt. Workshop Presented on Zoom For dates, go to our website Please register at www.a1chs.org call 510.674.9227</p>		
<p>FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont Guests Always Welcome, Enjoy Show N Tells, Drawings Auction, Refreshments www.fremontcoinclub.org 510-366-1365</p>	<p>FIRST UNITED METHODIST CHURCH 2950 WASHINGTON BLVD, FREMONT, CA We welcome you and your family into the life of Fremont First, regardless of your skin color, ethnicity, sexual orientation, gender identity, physical or mental capacity, religious background, family configuration, economic means or immigration status. Check out our website: www.firstchurchfremont.org See our website to meet us on Zoom</p>	<p>ARE YOU LOOKING TO IMPROVE YOUR PUBLIC SPEAKING SKILLS? Grow as a leader? Build your confidence? Newark Toastmasters can help It's FREE to attend via Zoom Every Tuesday 7am - 8:0am Info: wmfitts@yahoo.com profricka@gmail.com www.1118.toastmastersclubs.org</p>	<p>Scholarships for Women Our Fremont PEO chapter sponsors scholarships for women entering college, earning another degree, returning to school after 2 + years. Low interest education loans Apply online: www.peocalifornia.org Questions? peouf150@gmail.com</p>	<p>SENIOR SOCIAL ACTIVITIES Friendly & fun group open to men & women. Variety of activities: Bocce ball, Day trips, BBQ, Dinner, Wine tasting and more. Free newsletter. For information 925-803-1313</p>
<p>SAN LEANDRO HISTORICAL RAILWAY SOCIETY is open to the public each Saturday from 9 am to 1 pm. Located at 1302 Orchard Ave, San Leandro, Ca. Outdoor & indoor model trains will be in operation. Information: Eugene 510 963-2965 Model train donations: Bob 510 566-3499</p>		<p>The Friendship Force of the San Francisco Bay Area Experience a country and its culture with local hosts; meet global visitors. African guests in 2022 Travel to Aust/NZ in 2022 Enjoy our many Bay Area events. www.ffsfa.org www.thefriendshipforce.org Call 510-363-0531</p>	<p>A-1 Comm. Housing Svcs. A HUD Approved Agency 1st Time Home Buyers Workshop Presented on ZOOM Learn the process of homeownership. Down Payment Assistance Please register www.a1chs.org or call 510.674.9227</p>	<p>TRI-CITIES WOMEN'S CLUB Meets on the third Tuesday Elk's Club on Farwell Drive 9:15 – Cards & Games 11:45 – Lunch 1:00 – Program & Meeting Group meeting monthly/bimonthly; marathon bridge, walking group, lunch bunch, rummikub group, pinochle group, bocce ball & book club. For more info, call 916-217-3074</p>
<p>SAN LEANDRO HISTORICAL RAILWAY SOCIETY is open to the public each Saturday from 9 am to 1 pm. Located at 1302 Orchard Ave, San Leandro, Ca. Outdoor & indoor model trains will be in operation. Information: Eugene 510 963-2965 Model train donations: Bob 510 566-3499</p>		<p>PLEASE JOIN US! ALOPECIA SUPPORT GROUP FROM DESPAIR TO RESILIENCY GROUP MEETS ON-LINE WEEKLY THURSDAYS 12-1 PM PST FEE - \$50 PER ONE HOUR SESSION FACILITATED BY - MRS. JAY BUTTERFIELD, LICENSED CLINICAL SOCIAL WORKER PLEASE CALL 908-334-8717 FOR MORE INFORMATION</p>		<p>Fremont Cribbage Club Meets to play weekly, every Weds. We play a Cribbage Tournament starting at 5PM. at BRONCO BILLY'S PIZZA at 41200 Blacow Road, Fremont We welcome experienced players and will work with new players hoping to learn the game. Email: Accgr43@gmail.com For more information.</p>

BART Police Log

SUBMITTED BY
LES MENSINGER AND
BART PD

Monday, January 24

• At 9:15 p.m. officers at the Bay Fair station in San Leandro administered one dose of NARCAN to an adult male that had possibly overdosed. The male eventually regained consciousness and was taken to St. Rose Hospital in Hayward for treatment and evaluation.

Tuesday, January 25

• At 6:08 p.m. a man identified by police as Ernesto Fernandez, 41, of Union City was stopped at Hayward station on suspicion of fare evasion. A record check showed a felony \$10,000 warrant

charging corporal injury. He was arrested on the warrant and given an additional charge of resisting arrest, and then booked into Santa Rita Jail.

• At 7:32 p.m. a man identified by police as Cody Kidd, 30, of San Francisco was arrested at Milpitas station on suspicion of vandalism and possession of a controlled substance. He was booked into Santa Clara County Main Jail.

Wednesday, January 26

• At 9:04 a.m. a man identified by police as David Green, 37, of Citrus Heights was arrested at Fremont station on two outstanding misdemeanor warrants. He was booked into Santa Rita Jail.

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
tricityvoice@aol.com

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Hamilton College, New York

Fall 2021 Dean's List
• Apama Patnaik of Fremont

University of Iowa

Fall 2021 Dean's List
• John Chan of Fremont

Siena College, New York

Fall 2021 President's List
• Asavara Gowda of Fremont

The Citadel, South Carolina

Fall 2021 Dean's List
• Austin Miles-Curtsinger of Newark

Baldwin Wallace University, Ohio

Fall 2021 graduate
• Deniz Azer of Union City

University of Alabama

Fall 2021 graduate
• Meena Abdelsayed of Hayward

University of Maryland Global Campus

Fall 2021 graduate
• Akhil Sompalli of Fremont

Hofstra University, New York

Fall 2021 Dean's List
• Alyssa De La Torre of Union City
• Shawna Raeside of Fremont
• Varun Sridhar of Fremont
• Kylie Walrod of Fremont

Palmer College of Chiropractic, San Jose

Fall 2021 Dean's List
• Nicholas Gomez of Milpitas
• Harjot Grewal of Fremont
• Andres Portillo of Hayward
• Chaoyang Qu of Union City
• Matthew Teigen of Milpitas

Georgia Institute of Technology

Fall 2021 graduates
• Li Gu of Fremont
• Xuejian Li of Fremont
• Chenjiang Qian of Fremont
• Tirthajyoti Sarkar of Fremont
• Jay Underwood of Fremont
• Abayomi Ogbalaja of Hayward
• Bo Ning of Castro Valley
• Ashwin Ramanathan of Union City
• Richard Yuan of Union City
• Mohammad Haider of Milpitas
• Derek Travisano of Milpitas

PUBLIC NOTICES

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF LINDA LIN-CHING CHEN CASE NO. RP22119980

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: LINDA LIN-CHING CHEN A Petition for Probate has been filed by MILTON CHEN in the Superior Court of California, County of ALAMEDA. The Petition for Probate requests that MILTON CHEN be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 3/07/2022 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: PAMELA TY, PROTEC-LAW, APC, 712 BANCROFT RD., #320, WALNUT CREEK, CA 94598, Telephone: 925-262-8238 2/1, 2/8, 2/15/22

CNS-3550979#

NOTICE OF PETITION TO ADMINISTER ESTATE OF HARJOT SINGH JOHAR CASE NO. RP22119844

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: HARJOT SINGH JOHAR A Petition for Probate has been filed by NITTOJ SINGH in the Superior Court of California, County of ALAMEDA. The Petition for Probate requests that NITTOJ SINGH be appointed as personal representative to administer the estate of the decedent.

The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on MARCH 9, 2022 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: ELIZABETH BUTTON, BUTTON LAW INC., 1052 FILBERT STREET, SAN FRANCISCO, CA 94133, Telephone: 650-703-6038 2/1, 2/8, 2/15/22

CNS-3550011#

NOTICE OF PETITION TO ADMINISTER ESTATE OF DIXIE KATHLEEN MOSER AKA DIXIE K. MOSER CASE NO. RP22119804

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: DIXIE KATHLEEN MOSER AKA DIXIE K. MOSER A Petition for Probate has been filed by WALTER LYNN MOSER in the Superior Court of California, County of ALAMEDA. The Petition for Probate requests that WALTER LYNN MOSER be appointed as personal representative to administer the estate of the decedent.

The Petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court on 2/23/2022 at 9:45 A.M. in Dept. 202 Room N/A located at 2120 MARTIN LUTHER KING JR WAY, BERKELEY, CA 94704.

MANDATORY REMOTE APPEARANCE: The Court requires all parties who wish to attend the hearing on the above date and time, including those who wish to state objections, to appear by audio or video technology. The parties should consult the court's website for the specific telephonic and video applications available. The parties may also contact the probate clerk in the respective department for information concerning remote appearances. Parties must be present at least five (5) minutes before the scheduled hearing time. If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: SRINOI G. RUSSEAU, 2433 MARINER SQUARE LOOP, STE. 210, ALAMEDA, CA 94501, Telephone: 510-465-3885 2/1, 2/8, 2/15/22

CNS-3549630#

TRUSTEE SALES

T.S. No. 093122-CA APN: 543-0322-010-000 NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/21/2015. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER ON 3/10/2022 AT 9:00 AM, CLEAR RECON CORP. as duly appointed trustee under and pursuant to Deed of Trust recorded 12/23/2015 as Instrument No. 2015335183 of Official Records in the office of the County Recorder of Alameda County, State of CALIFORNIA executed by: ANAND BABU PERIKALA AND PRASANTHI PERIKALA, JOINT TENANTS WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE, AT THE FALLON STREET EMERGENCY EXIT OF THE ALAMEDA COUNTY COURTHOUSE, 1225 FALLON STREET, OAKLAND, CA 94612 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: MORE ACCURATELY DESCRIBED IN SAID DEED OF TRUST. The street address and other common designation, if any, of the real property described above is purported to be: 3723 DARWIN DR., FREMONT, CA 94555 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, and other common designation, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$693,938.85 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned or its predecessor caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located, and you are hereby notified and aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and amount of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 280-2832 or visit this Internet Web site WWW.AUCTION.COM, using the file number assigned to this case 094639-CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate

assigned to this case 093122-CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. FOR SALES INFORMATION: (800) 280-2832 CLEAR RECON CORP 4375 Jutland Drive San Diego, California 92117 2/1, 2/8, 2/15/22

CNS-3549361#

T.S. No. 094639-CA APN: 501-0044-061-00 NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 9/7/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER ON 3/23/2022 AT 12:00 PM, CLEAR RECON CORP. as duly appointed trustee under and pursuant to Deed of Trust recorded 9/19/2007 as Instrument No. 2007336109 of Official Records in the office of the County Recorder of Alameda County, State of CALIFORNIA executed by: JOHN H. ETHELTON, AN UNMARRIED MAN AS HIS SOLE AND SEPARATE ESTATE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE, AT THE FALLON STREET EMERGENCY EXIT OF THE ALAMEDA COUNTY COURTHOUSE, 1225 FALLON ST., OAKLAND, CA 94612 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: MORE ACCURATELY DESCRIBED IN SAID DEED OF TRUST. The street address and other common designation, if any, of the real property described above is purported to be: 36373 FREMONT BLVD., FREMONT, CA 94536 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$369,062.12 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned or its predecessor caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located, and you are hereby notified and aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and amount of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 280-2832 or visit this Internet Web site WWW.AUCTION.COM, using the file number assigned to this case 094639-CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate

real estate professional immediately for advice regarding this potential right to purchase. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP 4375 Jutland Drive San Diego, California 92117 1/25, 2/1, 2/8/22

CNS-3547908#

NOTICE OF TRUSTEE'S SALE TS No. CA-21-891305-NJ Order No.: FIN-21007066 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/26/1999. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawing on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): Fil Yee Chan and Kwi Ok Chan, husband and wife Recorded: 4/2/1999 as Instrument No. 98139746 of Official Records in the office of the Recorder of ALAMEDA County, California. Date of Sale: 2/15/2022 at 12:00PM Place of Sale: At the Fallon Street emergency exit to the Alameda County Courthouse, located at 1225 Fallon St., Oakland, CA 94612 Amount of unpaid balance and other charges: \$67,574. The purported property address is: 2710 MEADOWS DR., UNION CITY, CA 94587 Assessor's Parcel No.: 475-0147-074 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing bids in the office of the Recorder of property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the sale, or visit this internet website http://www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-21-891305-NJ. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 916-939-0772, or visit this internet website http://www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-21-891305-NJ to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: Quality Loan Service Corporation 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-21-891305-NJ IDSPub #0176245 1/25/2022 2/1/2022 2/8/2022 1/25, 2/1, 2/8/22

CNS-3547390#

California launches \$185 million youth job corps

By JOHN ANTCAK ASSOCIATED PRESS

California on Thursday launched a \$185 million jobs program aimed at putting disadvantaged youth and young adults to work helping their communities while improving their prospects for future success.

The Californians For All Youth Jobs Corps was funded in Democratic Gov. Gavin Newsom's 2021-22 "California Comeback Plan."

The first phase makes \$150 million available to 13 large cities and phase two will make \$35 million available to smaller counties and cities selected through a competitive process, state Chief Service Officer Josh Fryday told an online briefing.

The intent of the two-year plan is "to increase youth employment in our underserved and underemployed populations, developing meaningful career pathways for young people and helping our communities tackle local priorities," Fryday said.

The Jobs Corps will work with the cities to recruit thousands of Californians between the ages of 16 and 30.

"This program will be intentional about focusing youth on underserved populations like low-income youth

who are unemployed or out of school, youth who are justice-involved or transitioning from foster care or are engaged with mental health or substance abuse systems," Fryday said.

All participants will receive at least \$15 an hour, but cities will be able to increase those wages. The program also includes so-called wrap-around services such as special job training, case management and resume preparation.

Cities may use the funds to create new programs or expand existing programs such as those run by community-based organizations.

"Young people across California are going to be able to get a job, they will be able to gain critical job skills and they will be serving our state at a time of great need," Fryday said.

Among a half-dozen mayors participating in the briefing, Oakland Mayor Libby Schaaf said her city will use its nearly \$6 million allocation to create 90 summer jobs and 150 year-round jobs "with a focus on our disconnected youth."

"We are ready to fuel the recovery from this pandemic," Schaaf said, adding that Oakland businesses have been clear in what they expect from an equitable recovery.

"They want to see a city that is clean, that is green, that is resilient, that is safe," she said.

Los Angeles will receive \$53 million, said Mayor Eric Garcetti.

"This is really California at its best and our best shot to save and restore the California dream," he said.

Other big cities receiving funds include San Diego, \$19.1 million; San Jose, \$13.9 million; San Francisco, \$11.8 million; Fresno, \$7.4 million; Sacramento, \$6.9 million; Long Beach, \$6.3 million; Bakersfield, \$5.3 million; Anaheim, \$4.7 million; Santa Ana, \$4.4 million; Riverside, \$4.4 million and Stockton, \$4.3 million.

continued from page 1

Valentine Haunt



For the safety of guests and employees, Covid precautions have been taken. All staff have been fully vaccinated. Facemasks are required for both patrons and staff. The venue will also employ enhanced cleaning and contactless features throughout the attraction.

Reserve tickets early as we expect to sell out.

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