Tri-City History in Photographs: Hats

Houseprinting

BY WILLIAM MARSHAK
PHOTOS COURTESY OF ICON BUILD

Past dreams that once seemed improbable, if not impossible, are rapidly becoming not only possible, but feasible and realized in the fast-paced world of technology. Devices and appliances that were the stuff of science fiction and cartoon fantasy now interact effortlessly in the modern world, assisting processes that have reduced time, effort and manpower requirements for repetitive and skilled professions alike. Computers are replacing manpower to replicate onerous and tedious tasks that once consumed significant human and environmental resources.

One example of such progress is the advent of 3D printers that can not only understand three-dimensional concepts, but produce products in a variety of mediums. It was inevitable that the extension of this technology would reach beyond small novelty items to embrace vital components and the home construction industry. In fact, massive printers that can accurately follow housing plans now have the ability to “print” a foundation and walls for a small home in a matter of hours, rather than traditional methods that involve many days of labor and excess material costs.

continued on page 4

Valentine Haunt

SUBMITTED BY
FEAR OVERLOAD

Toss out routine V-Day dinner dates and do something extraordinary. For three days in February, Fear Overload Scream Park has transformed into a Valentine’s nightmare, filled with blood-thirsty vampires, demonic babies and an evil cupid.

The event features two uniquely terrifying haunted houses, including our signature “flashlight” haunted house where we provide patrons with only one dim flashlight to survive. Guests can also purchase fast pass admission for reduced wait time, and rent flickering candles and glowsticks.

continued on page 30

Niles Canyon Railway steams into 2022!

SUBMITTED BY
NILES CANYON RAILWAY

We are thrilled to be back for 2022 and offer a new set of special weekend rides starting with select Saturdays and Sundays from February to April. Ride through Niles Canyon in all of its late winter and spring splendor behind diesel power.

Rides will take place on second and third weekends, with departures from Sunol Station at 10:30 a.m. and 1:00 p.m. A historic diesel locomotive will take control of weekend excursion trains with a mix of open-air cars and open-window enclosed coaches during a one-hour-twenty-minutes round trip. A wheelchair lift is available.

Our snack bar car is planned to be operating with pre-packaged snacks and drinks for purchase. You are welcome to bring your own snacks and drinks. Carry in/carry out is preferred, but we do have trash receptacles and recycle bins throughout the train. Toilets are available on board and at the depot. We love pets, but only trained service animals are...
It’s Heart Month! Time for a Healthy Eating Checkup

During the month of February, health organizations urge people to focus on heart health because the heart-healthy lifestyle is important year-round, is a good time to focus on the role healthy eating plays in preventing and treating heart disease, the leading cause of death in the United States.

Many factors can contribute to heart disease: smoking, unhealthy dietary habits, high cholesterol, diabetes, and family history (genetics), to name a few. But what we eat is one area over which we have direct control, so it’s worth reviewing the basics of heart-healthy eating—and putting them into practice.

Why is heart-healthy eating important? “Heart disease doesn’t happen overnight,” says Lorie Roffelsen, RD, a clinical dietician with Washington Hospital Healthcare System. “It’s a progressive disease that can develop over a lifetime. Eating habits that are formed in childhood follow us into adulthood and can have a direct impact on a person’s health when they are older.”

A Way of Life

Limiting dietary intake of saturated fats, sodium and added sugars is a big part of the message from the American Heart Association about how to decrease a person’s risk for heart disease. Saturated fats can raise your LDL, or “bad,” cholesterol levels, which can contribute to plaque in the arteries. Saturated fats can raise blood pressure and cause hypertension, which if untreated may contribute to heart disease. Added sugars in processed foods can increase triglycerides (the fatty substance that is building blocks of cholesterol) and cause high blood pressure.

There are many eating plans that can help people control their risk. Limit the amount of these substances in the foods they eat. All plan on adding foods to the menu that are in sync with heart health. “The DASH (Dietary Approaches to Stop Hypertension) plan, the Mediterranean plan, the American Heart Association healthy eating program are all good, and they can help people get started on a healthier lifestyle.” Roffelsen says.

What to Eat

The foundation for heart-healthy eating rests on four principles:

1. Increase fiber intake, from sources such as fresh fruits, vegetables, legumes and whole grains.

2. Stay away from animal foods, which are high in cholesterol and saturated fats.

3. Limit added sugars, which come mostly from processed foods.

4. Choose sodium use (read in salt).

“Changing one’s eating habits is a matter of compromise,” Roffelsen notes. “Start with something you can do, such as switching to a lower fat food alternative before you try something more challenging, such as dimming salt from your food. Making one change at a time may help you succeed across all the dietary modifications you’re trying to make.”

She agrees with the American Heart Association’s recommendations for a heart-healthy eating plan:

• Eat a lot of whole grains, such as whole wheat bread, brown rice, oatmeal, bulgur and farro.

• Choose from a wide variety of fruits and vegetables, especially those that are brightly colored.

• Choose healthy sources of protein, such as skinless chicken breast, fish, beans, nuts, tofu, and low-fat dairy products. Occasional lean red meat in small portions can be a part of the eating plan.

• Use liquid, plant-based vegetable oils, such as olive, canola, safflower, sunflower or peanut.

• Limit the use of processed foods, which often add salt, added sugar and fat.

• When cooking, cut down on sauces that add sodium such as soy sauce and ketchup.

Shopping and Cooking

Nutrient labels can offer guidance in choosing foods that are high in fiber and low in sodium, added sugar, cholesterol and saturated fats. Refer to the “% Daily Value” column on the right side to get a general picture of how much of a nutrient is in that item.

Cooking at home for most meals is the healthiest way to eat because you know exactly what ingredients are in each dish, and you can control portion sizes. In a restaurant, portions are often too large, so consider taking half home with you or sharing a dish. Ask for the dish can be prepared without salt or with less sauce.

Most restaurants are willing to be flexible and accommodate your requests to eat healthier.

Keep It Simple

Roffelsen advises people not to get too wrapped up in details when starting a new way of eating. “Keep it simple. Eat more vegetables and fruits, such as foods that are plant-based. Foods in their natural state are those that offer the most benefits for achieving a heart-healthy lifestyle.”

Visit www.who.com/nutrition for information about nutrition counseling at Washington Hospital Healthcare System.
Despite the common misconception that heart disease is a “man’s disease,” it also is the leading cause of death for women in the United States. According to the Centers for Disease Control and Prevention’s National Center for Health Statistics, heart disease is responsible for one out of every four female deaths, which is more than for all types of cancer combined.

“Heart disease in women who are premenopausal is less common than it is among men of the same age, but that gap narrows quickly after age 55,” says Rohit Sehgal, MD, FACC, chief of Cardiology at Washington Township Medical Foundation. The American Heart Association (AHA) notes that in the past, many of the major cardiovascular research studies were conducted on men, which adversely affected the diagnosis and treatment of women with heart disease. Thanks to educational efforts such as the AHA’s annual Go Red for Women Day – observed this year on Friday, February 4 – women and their physicians are becoming more aware of heart disease among women. Also, in recent years, increased gender-based research on heart disease has revealed important differences in women’s risks, symptoms and responses to treatments.

“Overall, women’s risk factors for heart disease are similar to those for men – including age, high blood pressure, high cholesterol, lack of exercise, obesity, diabetes, smoking and a family history of heart disease,” Dr. Sehgal explains. “There are some slight differences, however. Type 2 diabetes may be a stronger contributing risk factor for heart disease among women. Low blood levels of HDL – the ‘good’ cholesterol – are more associated with cardiac disease in women than in men. In addition, high blood levels of triglycerides and lipoprotein(a) may be stronger predictors of heart disease in women than in men.”

Dr. Sehgal observes that risk factors such as age, menopause and family history are beyond a woman’s control. Risk factors related to lifestyle, such as lack of exercise, poor eating habits and smoking are another matter.

“You really can control many risk factors associated with lifestyle choices,” he emphasizes. “For example, smoking is an important risk factor for heart disease, and yet the number of teens and young women who take up smoking continues to increase in recent years. Also, using birth control pills might increase the risk of blood clots, and smoking can increase that risk dramatically.”

Women’s symptoms of heart disease, including heart attacks, may slightly differ from men’s, too. “Men and women often feel chest pain during a heart attack, but women who have heart attacks may describe their pain as more diffuse, rather than as a crushing pain in the chest,” Dr. Sehgal says. “Women having a heart attack may experience pain in the neck, throat, shoulder and upper back in addition to sharp or burning pain in the chest.”

Women suffering a heart attack also may experience a range of other symptoms, including:

• nausea and diarrhea
• acute shortness of breath
• atypical pain in the stomach or abdomen
• unexplained weakness or overwhelming stiffness
• cold, sweaty skin and paleness
• swelling of the ankles or lower legs

Dr. Sehgal notes that the signs of heart disease or even a heart attack can be subtle. It is for this reason, he advises the “better safe than sorry” approach. “Don’t make the mistake of assuming your symptoms could not possibly be signs of heart disease,” he says. “Insist on being tested. It’s your heart – and your life.”

If you need help finding a physician, visit www.mywtmf.com and click on the link for “Find A Doctor.”
As with any home building process, 3D printing begins with a house blueprint to design and customize. Plans are digitized in preparation for the actual build and rails are installed around the area destined for construction. A robotic arm follows the rails and deposits building material in the exact proportion and position dictated by the plan. Concretes is usually used for this process - extruded and dried as the printer nozzle moves along the rail. With each succeeding pass, the foundation and walls are built to the specified dimensions. If needed, a second path can once a parallel wall to leave space for insulation between them.

Advantages of beginning the construction project using 3D printing may become routine for future housing demands, especially in the low- and moderate-cost market. Cost savings can be measured in time and material demands as well as the versatility of this technology. Applications for 3D printed homes and structures has expanded since its introduction in the U.S in 2018 by Texas-based ICON - the first company to receive a building permit for a 3D home - at an event in Austin, TX South by Southwest conference where a 650-foot 3D home was unveiled. Currently, the world's largest 3D-printed building - a two-story office building - is located in Dubai. NASA has aimed the fray, exploring the possibility of using this technology to create 3D printed habitats for deep space exploration.

International interest in 3D structure printing is high and expanding with companies throughout the world developing the capacity for computer-aided construction. Icon was awarded a government Small Business Innovation Research contract with funding from NASA to begin research and construction of a space-based system, Project Olympus, to support future exploration of the Moon. In addition, ICON not awarded a subcontract through Jacobs supporting NASA's The Crew Health and Performance Exploration Analog project to deliver a 1700-square-foot 3D-printed habitat at Johnson Space Center known as Mars Dome Alpha. Mars Dome Alpha will host a three one-year crewed mission beginning later this year. As housing prices soar and the need for economical, environmentally friendly shelter increases, 3D printing is poised to become a valuable addition to the housing industry.
Every year Washington High School (WHS) Leadership class puts on Paws for a Cause fundraiser. Jha and Stewart began to plan. Afghan Refugee Help, Jha and Stewart began to plan. By SMATI JHA

Paws for a Cause supports Afghan Refugees

Every year Washington High School (WHS) Leadership class puts on Paws for a Cause fundraiser, encouraging members of the community (both human and animal) to raise money for a designated cause by taking their pet for a walk around WHS campus. Those with a furry companion are still encouraged to join and get some exercise on their own. For this school year, WHS leadership chose to donate the funds raised to The City of Fremont Afghan Refugee Help. The event was put together through WHS Associated Student Body (ASB)/Leadership Community Outreach Commission, headed by Smriti Jha and Madeline Stewart. The two began working together in September to find an organization to which this year’s money would be donated. Once deciding on The City of Fremont Afghan Refugee Help, Jha and Stewart began to plan. Purchasing decorations, training Leadership members, and making flyers were among the tasks that Jha and Stewart took on. Jha says, “The day before the event, the ASB class made sure all the decorations, banners and posters were made. Our goal was to have an overall theme of support, so we provided us with the perfect opportunity.” Paws for a Cause raised a total of $6,016. As Jha and Stewart delivered the donation to the refugee center they were met with gratitude from all members. “This year, my partner Maddy and I, decided to spread awareness about a current event impacting the lives of many in Afghanistan – the Afghan refugee crisis. While planning this year’s Paws for a Cause, some of the Taliban and their declaration of restoration over the Islamic Emirate caused us all over the news. We believed that was important not only to spread awareness, but to also raise money and PAWS provided us with the perfect opportunity.”
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February 1, 2022

WHAT’S HAPPENING’S TRI-CITY VOICE

What we cover:

BY NIAMH LAMBERT

Help your homeless neighbors

Submitted by City of Fremont

Volunteers are being sought to help with a new Safe Parking Host Site Pilot Program being launched by City of Fremont Human Services Department. The focus of the program is to provide safe and clean parking facilities to unhoused” community members who live inside their vehicles. Currently, four faith-based host sites are going through a permit process to open their parking lots to host these people and their vehicles. When approved, each site will host participants on a rotating basis for four weeks. Volunteers will be responsible for checking participants into the program in the evening and checking them out in the morning. Volunteers will be on site for a minimum 2-hour shift, either in the morning or evening, seven days a week. There will be two volunteers on site per shift, so volunteers are encouraged to choose a time that works best for them. Training and orientation will be provided.

Additionally, volunteers will assist in offering hospital services to program participants, including danser services or fellowship, haircuts and/or resume writing workshops; these events will be coordinated and communicated by the host site. City Serve Community Outreach Network is coordinating volunteer recruitment and registration/shift sign-ups. For information, send an email to specialprojects@cityserve.org or call (510) 796-7378.

For more information, visit: https://www.cdc.gov/vaccines/covid-19/vaccines-for-health-care-workers.html.

Helping your homeless neighbors

Submitted by Kay Schuster

California pharmacies will begin offering five N95 masks to participating members. Participants include:

- Albertsons
- Safeway
- Costco
- CVS Pharmacy
- Rite Aid Corp.
- Walmart

Pharmacies begin to offer free N95 masks

Submitted by Kay Schuster

California pharmacies will begin offering five N95 masks to participating members.

To keep up to date with other events on the ASB website, https://washingtonasb.com/

What’s happening's tri-city voice
Tri-City History in Photographs #1: Hats

BY KELSEY CAMELIO, FOR THE WASHINGTON TOWNSHIP MUSEUM OF LOCAL HISTORY

Hat (noun): A shaped covering for the head, usually with a crown and brim, especially for wear outdoors.

Let’s explore local history through themes and photographs. Have a topic or idea you’d like us to explore? Email us at info@museumoflocalhistory.org.

Warm Springs, 1925: Eight hay crewmen in hats on lunch break. Manuel Borres at far right. In background are wire bales and hay baler.

Drawbridge, 1917: Eight young men in suits and ties (four in hats) on the front deck of the Lomita Gun Club.

Mission San Jose, Oct 18, 1902: Sunderer Family (five in hats) on a picnic in Mission Peak Hills.

Chang'e 5 has four modules, a service module, return vehicle, lander and ascent unit.

THE ROBOT REPORT
China’s Chang’e 5 lunar lander finds evidence of water

BY BRIONNA WESLING

China’s Chang’e 5 lunar lander became the first to discover water on the moon ever and in real-time. Water was first discovered on the moon from orbit in 2009 by India’s Chandrayaan-1 mission. The team used NASA’s Moon Mineralogy Mapper instrument to detect water. Since then, water has been extensively mapped from orbit in missions like NASA’s Lunar Reconnaissance Orbiter.

The Chang’e 5 lander used its microrover to search the surface, which was specifically designed for finding water, to detect the water. It did so by determining several reflection measurements of soil and rocks on the moon. The water on the moon is believed to be from deposits from solar wind, a constant stream of charged particles coming from the sun. It was found near the lunar Procellarum on the mare’s near side.

Chang’e 5 landed on the moon on December 3, 2020 with a mission to collect lunar rocks and soil to bring back to Earth. This is China’s first ever sample return mission, however the country has had four successful return missions, however the country has had four successful landers. This is China’s third country to bring samples back from the moon, after the United States and the Soviet Union. In 2023, China plans to launch the Chang’e 6. The lander is meant to be a backup to the Chang’e 5, but it will go to the lunar south pole for samples.

Brionna Wesling is an Associate Editor at Robotics, WTWH Media. She can be reached at brwesling@wtwh.media.  

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High school speech contest goes online

SUBMITTED BY SHIRLEY GILBERT

Delaine Eastin, former California State Superintendent of Public Instruction, will be keynote speaker at an upcoming high school speech contest sponsored by the Fremont branch of the American Association of University Women (AAUW). The free online contest starts at 10:00 a.m. Saturday, February 5 and will meet via Zoom app. After the local high school contestants deliver their six-minute speeches and judges choose the winner, Eastin will address the students and passcode prompts given below.

The theme for this year’s Speech Track is: “The last the United States looked up to in pledge of liberty and justice for all?” Would requiring the study of diversity, equity and inclusion in a high school setting help ensure liberty and justice for all?” Eastin will talk about the journey in America to a “more perfect union” and her life and times as a California educator and politician.

Eastin was the first woman to be elected California State Superintendent of Public Instruction and held that position from 1995 to 2003. She also served four terms in the State Assembly, upholding parts of Alameda County and Santa Clara County in the California State Assembly between 1996 and 1994. Eastin is a former AAUW Fremont chapter member and is a current member of the AAUW chapter in Davis.

Because of COVID-19 guidelines, students will deliver their speeches from their homes without a live audience. First place winner will receive $150 and a chance to compete in the AAUW California state semi-final/final contest; second prize is $75 and third prize is $50.

The event is open to the public. To join, participants should launch the Zoom app on their computer or digital tablet and follow the meeting ID and passcode prompts given below.

AAUW High School Speech Contest
Saturday, Feb 5, 10:00 a.m.
Online via Zoom app
Meeting ID: 841 3989 9130
Passcode: 203060
Free

Eastin was the first woman to be elected California State Superintendent of Public Instruction and held that position from 1995 to 2003. She also served four terms in the State Assembly, upholding parts of Alameda County and Santa Clara County in the California State Assembly between 1996 and 1994. Eastin is a former AAUW Fremont chapter member and is a current member of the AAUW chapter in Davis.

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AAUW High School Speech Contest
Saturday, Feb 5, 10:00 a.m.
Online via Zoom app
Meeting ID: 841 3989 9130
Passcode: 203060
Free
While admissions welcoming the new year are still fresh in many people’s minds, President’s Day and winter break activities are coming soon, many parents are already thinking about spring break. Savvy parents know that timing is important to get their children enrolled in popular camps, classes and activities during spring break or Easter vacation. Now is the time to pose recreation catalogs, online activity websites, and park and library guides for games, sports and classes to keep young minds and bodies active during school vacation.

This year, Easter is on Sunday, April 17, but not all schools are following the same schedule. Here is a roundup of spring and Easter break schedules for numerous Tri-City and East Bay school districts, and a sampling of local activities for kids:

### Spring break:
- **California School for the Deaf (Fremont)**
  - April 19-22 (Tuesday-Friday)
- **Carn Valley Unifed School District**
  - March 28 – April 1 (Spring break)
- **Easter Break: April 15 (Friday), April 18 (Monday)**
  - **Eden Area ROP High School**
  - April 11-15
  - **Fremont Unified School District**
  - April 15-22 (Friday-Friday)
  - **Hayward Unified School District**
  - April 11-15
  - **Milpitas Unified School District**
  - April 11-15
  - **Moneta Catholic High School (Easter break)**
  - April 18-22
  - **Newark Unified School District**
  - April 4-8
  - **San Lorenzo Unified School District**
  - April 4-8
  - **San Leandro Unified School District**
  - April 4-8
  - **San Ramon Valley School District**
  - April 11-15

### Activities:
- **Spring Break Tennis Camp**
  - April 4-8
  - 9 a.m. to 12 noon
  - Basic instruction, rules and play in singles and doubles games
  - **East School of Tennis, 38501 Alma Drive, Fremont**
  - Ages 6-14
  - $416
  - euroschooloftennis.com/spring-tennis-camps-in-fremont
- **Online: “Science is Fun: Solar System” program**
  - Grades 1-4
  - 4:00 p.m. to 5:00 p.m. Saturday, April 16 via Zoom
  - This virtual science program is designed to teach children basic science while having fun. The first half of the program will consist of explanations and the second half will include fun experiments to help students understand the theory of each topic.
  - Sponsored by Alameda County Public Library.
  - Admissions: Free
  - Registration: opens March 19.
  - (510) 745-1421
  - Email: fremontchildren@aclibrary.org
- **Spring Break Zoo Camp at Oakland Zoo**
  - Grades K-5 (Campers must be at least 5 years old)
  - 9:00 a.m. to 4:00 p.m.
  - **Sessions:** March 28-April 1, April 4-8
  - **Members:** $435 per camp/week
- **Registration:** opens February 16
  - For questions send an email to zoocamp@oaklandzoo.org or call (510) 632-9325 extension 280.
- **Union City Spring Egg Hunt**
  - Saturday, April 16
  - 9:30 a.m. to 12:30 p.m.
  - Old Alvarado/Oscar Chavez Park, 3875 Stnt St.,
  - **Union City**
  - Union City Community & Recreation services
  - Annual Easter egg hunt for children ages 1 through 10. A mini-carted, children’s guided fog and mist and greet with Mr. & Mrs. Easter Bunny is also planned.
  - Tickets: $12 per child, discount available if tickets are purchased by March 31.
  - Online: unioncity.org/ey
  - (510) 471-3252
- **Ardenwood Historic Farm**
  - Daily, 10 a.m. to 4:00 p.m.
  - 5400 Ardenwood Blvd., Fremont
  - Take a glimpse into a life on a family farm as it was between 1890 and 1930 at this fully functioning turn-of-the-last-century farm that includes restored farm machinery, live animals, crops and a historic Victorian farmhouse.
  - **Admission:** Tuesdays, Wednesdays and Sundays: $4 adults, $2 children 17 and younger;
  - Thursdays, Fridays and Sunday: $4 adults, $2 children 17 and younger.
  - Online: ardenwood.org/parks/ardenwood
  - Details: (510) 546-2975
  - **Milpitas Hoop It Up basketball camp**
  - April 11-15
  - 9:00 a.m. to 3:00 p.m.
  - Milpitas Sports Center, 1525 E. Calaveras Blvd.
  - **Milpitas:**
  - Player at least 7 to 14 years old will work on the core fundamentals of the game which includes fundament, passing, full-court ball-handling and defense.
  - Sponsored by Milpitas Recreation and Community Services.
  - Open to boys and girls, spaces limited.
  - Cost: $249 for Milpitas residents, $269 non-residents
  - Online: asm.activecommunity.com/milpitasco/
  - (408) 586-3210
  - Walk-up Library
  - Alameda County Mobile Library
  - Friday, April 15
  - 9:30 a.m. to 12:30 p.m.
  - Schilling Elementary School, 3001 Spreck St.,
  - **Children, adults**
  - Free
  - Email: outreach@aclibrary.org
  - (510) 745-1477
  - **Patterson House at Ardenwood Historic Farm**
  - Spring Break Adventure
  - April 10-22
  - 8:30 a.m. to 3:00 p.m.
  - 5400 Ardenwood Blvd., Fremont
  - Art, games and music from Chicago to India to China. Outdoor fun and hands-on learning, nature walks, science investigations, group games, creative dramatics and prophecy, etc, projects and more.
  - Participants should bring lunch, snacks, sunscreen.
  - Cost: $349 per child
  - Registration: www.fremont.gov, select “RegRec Registration” link and follow the prompts
  - **Ardenwood Historic Farm**
  - Spring Break: April 11-15
  - **Hayward Unified School District**
  - April 15-22 (Friday-Friday)
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  - **Sessions:** March 28-April 1, April 4-8
  - **Members:** $435 per camp/session
Trash Talk

By The Pickup Artist

This is the thirteenth edition of Trash Talk, a column devoted to cleaning up our neighborhoods. I’ve collected the trash talk, now what happens?

Over the years I’ve collected 63 magazine recycling centers in the USA. At least one of them can take 50 tons per YEAR! According to the Southern California Edison, they show how they can process 350 tons per day. It’s 16 minutes long, but worth watching. Go to www.youtube.com, search “Recycling Center Video Tour 9-12” uploaded by Republic Services.

Some recycling centers have occasionaluy tagged red, white, and green. The public can actually see the recycling process. Check this website for more information: https://nrecycles.org/owner/areas/tn. I heard from a friend that the tour in San Francisco is quite interesting.

Repurpose the trash

A lot of trash is being collected that could be repurposed. I’ve come across (and thrown out) numerous baby shampoos (one of many). I removed the cloth material from a friend that the tour in San Francisco is quite interesting.

Have you ever noticed little flotsam of run in the sink area? Rust buildup in metal pipe over time and can flake off, depositing in the water. It can also accumulate in the water heater and reduce in lifespan. Would you like to delay the purchase of another water heater? You can flush out the accumulated sediment at the bottom simply by opening the spigot at the bottom of the tank. I let mine run into a bucket for a few seconds, and the video below shows another option. You’ll be surprised to see how much sediment has accumulated. Flushing out the sediment can also improve water heater efficiency since the sediment insulates the heat source from the water. To view the how-to video on YouTube, search “How to Flush a Residential Water Heater” uploaded by Rheem.

The quote for today: “You miss 100 percent of the shots you don’t take.” – Wayne Gretzky

Answer to the last Trash Talk Question: What areas are you looking at to make this a better year than last year, both for yourself and others? Obviously, only you can answer that one. I increased the duration of my aerobic workout by 20%. If you wish to clean the solar panel on your New Year’s resolution cleaning program, I’ll include them in a future edition of Trash Talk. Thank for participating!

The Trash Talk Question for today:

As it was the case last year, the Castle Rock formation overlooking Pine Creek at Diablo State Natural Reserve Park in Walnut Creek is now closed to all access. The rock cliffs are closed annually from February 1 through July 31 so the falcons can mate, lay eggs and fledge their young. The cliff is generally the boundary line between the state and regional parks. Flocks of hawks and falcons are posted at several access points along the Stage Road Trail, which follows the cliff. Peregrine falcons are amazing birds. They are about the size of crows, though slightly bulkier and with longer wings. They prey mostly on smaller birds and mammals, including rodents and birds. Their diet has been clocked at speeds of more than 100 mph per hour, which makes them the world’s fastest animal. Peregrines are not on the federal endangered list, but in California they are still fully protected under the state’s Game Code. Since the cliffs were posted at least one year there has been at least one nesting pair of peregrines.

The chickens at Ardenwood are located at 43600 Ardenwood Boulevard, just north of Highway 84. No registration is necessary. For information on admission fees and the program, call (510) 544-2757.

The chickens at Ardenwood Historic Farm in Fremont are descendants of some of much smaller number chickens kept for about a century called “Chickens and Dinosaurs” program at the farm from 11 a.m. to 1:30 p.m. on Saturday, February 5. You can check them in at the parking lot near Clayton. Registration is required; and there is a minimum age of seven years. For registration and information, visit www.ebparks.org or call (888) 327-2577, option 2. The program, called “Chickens and Dinosaurs” is open to all ages; parking fee of $5 per vehicle.

Bring water and dress appropriately for the weather. The hike is free of charge, but collection and participation are both required. You can register by calling (888) 327-2577, option 2. The program, called “Chickens and Dinosaurs” program at the farm from 11 a.m. to 1:30 p.m. on Saturday, February 5. Meet the naturalist at the parking lot near Clayton. Registration is required; and there is a minimum age of seven years. For registration and information, visit www.ebparks.org or call (888) 327-2577, option 2. The program, called “Chickens and Dinosaurs” is open to all ages; parking fee of $5 per vehicle.

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Raptors and other avian bees are at risk of a “Shrubsapalooza” program from 9 a.m. to 11 a.m. on Sunday, February 5 at Morgan Territory Regional Preserve east of Dam, led by naturalist Kevin Dross. The group will scan for soaring birds along windsworn cliffs with the mountains as background. hawks, as well as kestrels, hawks, and falcons. Dark blue sky, bright sun, and de where they don’t. Can’t lose! Send questions or responses to: The Pickup Artist-HKCC@outlook.com

The night skies of February are filled with beautiful star patterns, and this month we take a closer look at another famous constellation, now rising high in the east after sunset: Gemini, the Twins. If you’re observing Orion, as discussed in last month’s article, then Gemini is easy to find. Just look above Orion’s “head” to find Gemini’s “foot.” Or, make a line from brilliant Sirius to Aldebaran to the foot of Orion, through its district “Rho,” and then on through orange Regulus. Drop going and you will end up in between the bright stars Castor and Pollux, the “heads” of the Gemini Twins from the Greek myth. In Chinese astronomy, these stars make up two separate patterns: the Vermilion Bird of the South and the White Tiger of the North. While not famous constellation, now rising high in the east after sunset: Gemini, the Twins. If you’re observing Orion, as discussed in last month’s article, then Gemini is easy to find. Just look above Orion’s “head” to find Gemini’s “foot.” Or, make a line from brilliant Sirius to Aldebaran to the foot of Orion, through its district “Rho,” and then on through orange Regulus. Drop going and you will end up in between the bright stars Castor and Pollux, the “heads” of the Gemini Twins from the Greek myth. In Chinese astronomy, these stars make up two separate patterns: the Vermilion Bird of the South and the White Tiger of the North. While not famous constellation, now rising high in the east after sunset: Gemini, the Twins. If you’re observing Orion, as discussed in last month’s article, then Gemini is easy to find. Just look above Orion’s “head” to find Gemini’s “foot.” Or, make a line from brilliant Sirius to Aldebaran to the foot of Orion, through its district “Rho,” and then on through orange Regulus. Drop going and you will end up in between the bright stars Castor and Pollux, the “heads” of the Gemini Twins from the Greek myth. In Chinese astronomy, these stars make up two separate patterns: the Vermilion Bird of the South and the White Tiger of the North. While not...
Submitted by The Association of Mature American Citizens

Boy wonder
Eleven-year-old Daryon Johnnson of Muskogee, Oklahoma had a superhero day recently, reports the Association of Mature American Citizens. While at school, he spotted a classmate choking; the boy had accidentally swallowed a bottle cap. His school was in session and his teacher was not. So, I thought, ‘Oh, she's not moving fast enough.’ So, I ran across the street and helped her.”

Governor Gavin Newsom has ordered the State of California to increase MyShake’s ability to send alerts, even if location services are off. This enhancement, announced January 26, will increase MyShake’s ability to send timely alerts so that Californians can find an “Add HomeBase” feature. Another new feature is an audible tone prior to the visual warning, when the ShakeAlert® system is accessed by checking the audio and visual alerts in the warning/listening page.

United States Geological Survey, University of California Berkeley, University of Oregon, and University of California Los Angeles have launched its HomeBase feature. To activate the HomeBase function, users should update their MyShake app and navigate to the Settings page, where they will find an “Add HomeBase Location” button. Another new feature is an audible tone prior to the visual warning, when the ShakeAlert® system is accessed by checking the audio and visual alerts in the warning/listening page.

To download MyShake, which is available on both iOS and Android phones, and to learn more about earthquake preparedness, visit earthquake.ca.gov.

Updates: shake up California earthquake app

Submission by Fremont Firefighters Bicycle Club

After a two-year hiatus, Fremont Freewheelers’ Primavera Century will ride on April 10, 2022. With scenic views of Livermore and the historic city of Fremont, this year’s ride will have its registration online and its social media pages closer to the coast what steps they can take before, during and after an earthquake to protect them from tsunamis. This update is timely given the recently announced new earthquake occurring along the entire West Coast due to a volcanic eruption near the Tonga Islands.

Launched in 2019, MyShake was the first app to provide nationwide earthquake early warning alerts, for earthquakes with a magnitude of 4.5 or greater. The advance notice from the ShakeAlert® system can be timed to save lives. This information is available on its website at www.amac.us.

The Association of Mature American Citizens is a non-profit, non-partisan organization representing working Americans. It represents the views of hardworking Americans who believe in the principles of individual freedom, personal responsibility and freedom from government overreach. It's a member of the nonprofit, non-partisan organization representing working Americans who believe in the principles of individual freedom, personal responsibility and freedom from government overreach.

Enter your child or entire class into Alameda County Unincorporated Areas Clean Water Poster Contest for 3rd and 4th graders. We aim to spread the message to the community that Litter Hurts.

Now Carla State University entomologist Matt Benno was studying black beetle larvae when he made a surprising find: the little creatures are quite the gymnast. According to the AMAC, Benno said “They would crawl for a distance and then hop up. And it was really strange, and I didn’t know if I was seeing things or weird.”

Many of them quickly reached for their iPhones to document the act, with scenes of the shooting star lighting up the skies in many of the images that fell in Hungary recently made its way across the country early at night, giving witnesses a show that

For 2020, Android phones have earthquake early warning technology built in. However, Android users can still benefit from the many other functions of MyShake, including the new Homebase feature.

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On February 1, 2022

Updates: shake up California earthquake app
Meet Methuselah, the longest living aquarium fish

By Helen Dally
Associated Press

More Methuselah, the fish that likes to eat fresh figs, get belly rubs and is believed to be the oldest living fish in the world.

In the Bible, Methuselah was Noah’s grandfather and was said to have lived to be 969 years old. Methuselah the fish is not quite that ancient, but biologist at the California Academy of Sciences believes it is about 90 years old, with few visible signs of aging.

Methuselah is a 4-feet-long (1.2-meter), 60-pound (18.1-kilogram) Australian lungfish that was brought to the San Francisco museum in 1947. The Australian lungfish is native to Australia, said Delbeek. They weigh about 25 pounds (11 kilograms) and have 15 pounds (7 kilograms), respectively.

A primitive species with lungs and gills, the Australian lungfish are believed to be the evolutionary link between fish and amphibians.

No stranger to publicity, Methuselah’s first appearance in the San Francisco Chronicle was in 1947: “These strange creatures — with green scales — have attracted scientists as a possible ‘missing link’ between terrestrial and aquatic animals.”

Until a few years ago, the oldest lungfish was at the Shedd Aquarium in Chicago, Illinois, said Charis, named Granddad in 2017 at the age of 95.

“When you ask her the best possible question, we carry on,” said Jan.

Jan says Methuselah is getting rubsy on her back and belly and has a “mellow” personality.

“I tell you something, you want her alone for a minute. She is a wonderful fish, a gentle fish,” said Jan.

The Australian lungfish is now a threatened species and can no longer be exported from Australia, said Delbeek. They weigh about 25 pounds (11 kilograms) and have 15 pounds (7 kilograms), respectively.

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Fremont Elks Lodge is proud to announce that three area youth will be representing not only the Fremont Elks, but the Bay District at the upcoming Northern California State Hoop Shoot Finals with hopes of making it to the National Finals held in Chicago, Illinois.

Hoop Shoot competition is an annual event and this year is celebrating its 50th Anniversary. The winner of each division will have their name enshrined in the National Wall of Fame. We were pleased to have the competition open again this year and are very appreciative to Allan with Holy Spirit CYO for helping make this possible and hosting the Lodge event, and to Mr. Ron Polk from James Logan High School for his help and cooperation with hosting the District event.

Congratulations to Priam Dave, Shreyan Mura and Chloe Sunarto, and best of luck as they continue to climb the ladder toward Chicago.

While all three faced some stiff competition from the other Elks Lodges in our District, both Priam and Shreyan went into sudden death shoot offs to secure their ticket to Modesto.

Thank you to all the youth in the area that came out and participated, and to all the adults that help keep our children safe and active. Learn more about Fremont Elks Lodge at: www.fremontelks.org.

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**Colts get aggressive**

**BY APRIL RAMOS**

James Logan Colts (Union City) girls’ varsity soccer team had an aggressive game against the Lady Cougars of Newark Memorial. The Colts came out strong scoring within the first few minutes of the game, but Newark did not back down. The Cougars played offensively for the rest of the first half, scoring two shots at goal.

Early in the second half, the Colts received a penalty kick for their second goal, and soon after their third at the 17-minute mark. Following some aggressive play and a Logan player receiving a red card, the Colts scored their fourth and final goal of the game. Even with a scoring deficit, the Cougars did not give up and managed a left corner goal with only 11 minutes left of the clock. Final score: Colts 4, Cougars 1.

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**Huskies’ big win**

**BY APRIL RAMOS**

Washington Huskies (Fremont) girls’ varsity basketball team beat the Lady Cougars of Newark Memorial. With a steady lead by the end of the third quarter, the Huskies led by 20 points at 47-27. The trend continued in the fourth quarter with a final score of Washington 67, Newark Memorial 36.

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**Youth to represent Bay Area at State Hoop Shoot**

**SUBMITTED BY STEVE KAY**

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Healthy gardens, happy hummingbirds

By Daniel O’Donnell

There are many ways of measuring success. It might be when people go for seconds of a dish for a home shelf. It might be completing a marathon for an amateur runner. It might be getting published for the first time for a writer, or having a painting displayed in a gallery for an artist. These accomplishments make the effort worthwhile. Attracting hummingbirds to the garden may be the home gardener’s measure of success. A hummingbird takes 250 breaths and its heart beats an average of 235 times per minute while resting. Their heart rates can soar over 1,200 beats per minute while flying. They have an extremely fast metabolism. Hummingbirds feed about every 15 minutes to get the three to seven calories they need per day. This amount of nectar supports roughly half their body weight. If a hummingbird were the size of an average person, it would need to consume more than one can of soda per minute to sustain itself.

Hummingbirds are nectarivores and derive 90% of their caloric needs from flower nectar. The other 10% comes from pollen and small insects. They will visit up to 20 flowers per minute to get the energy they need. They have the largest brain by body weight compared to any other bird. They can remember every flower they have visited up to 40 miles away. This makes it possible for them to hover, go sideways or upside down when searching for nectar in hanging flowers. They have the fewest number of feathers of any bird species, which aides their flight maneuverability. The average hummingbird can fly up to 30 miles per hour, allowing them to keep up their breakneck foraging.

Hummingbirds cannot smell, but can see red, which is rare for nectivores. This allows them more feeding opportunities. They have flexible wing bones and muscles that can power on the upstroke and allow them more feeding opportunities. They have flexible wing bones and muscles that can power on the upstroke and allow them more feeding opportunities.

Honey, brown sugar and sugar substitutes can be harmful. Never use food coloring to dye the sugar water. Instead, use a red feeder designed for hummingbirds. Feeder should be cleaned and refilled about twice a week to prevent toxic mold. Using boiling water to initially dissolve the sugar and shredded cotton fiber for nest building can help too.

Hummingbirds need to get sufficient rest because they expend so much energy. They sometimes use a technique called Hummingbird Torpor. When hummingbirds fall into a deep sleep, their heart rate and metabolic rate slow, placing them in a short-term hibernation-like state. When they are in a Torpor state, they often hang upside-down and may even appear dead. They may not respond to noise or even a touch and should not be disturbed because they are probably fine.

Creating a garden to attract hummingbirds is easy. All that is needed is a diverse garden with a lot of flowering plants. Many would consider a beautiful garden a success, but attracting these small birds brings the biggest reward.

Daniel O’Donnell is the co-owner and operator of an organic landscape design/build company in Fremont. www.Chrysalis-Gardens.com

THE ACWD CONNECTION

Public Hearing for Proposed Water Rate Increase

ACWD will host a public hearing on proposed increases to water rates and the adoption of Water Shortage Emergency Stage Rates.

Thursday, February 10, 2022, at 6 p.m.
Zoom meeting ID: 833 5985 6504
Passcode: 438204

For the meeting link and more information, please visit: acwd.org/rates

Proud to provide a reliable supply of high quality water at a reasonable price to Fremont, Newark and Union City
Mind Twisters

Crossword Puzzle

Across
43 Shot putter? (15,15) 23 Arena shot (3)
41 Tip (3,3,7) 21 Two (7)
40 Tuba note? (3) 20 Common Market inits. (3)
39 Shocks (8) 18 Conscription org. (3)
38 Driver’s lic. and others (3) 17 Big time (3)
37 Reprimand (4,2,3,6) 16 A.A.A. suggestion (3)
36 Faint end with (4,9,2) 15 Payback (10)
35 Campaign poster word (7) 14 Youngest March sister (3)
34 Shocks (8) 13 King or queen, e.g. (4)
33 Sidi ___, Morocco (4) 12 Good (2,4-4)
32 Place (3) 11 Harmer contents (9) 10 Tip (5,3,7)
31 Surrounded (9) 10 “Wake up!” (4,3,2,2) 9 “Me, too!” (2,2,1)
30 Surrounded (9) 9 New York’s Giuliani (4) 8 Hood (4)
29 Send (3) 8 Capital (5-4,6) 7 Driver’s lic. and others (3)
28 “We, too!” (2,1,1) 7 Driver’s lic. and others (3) 6 Hood (4)
27 Ring one (7) 7 Hood (4) 5 Passbook abbr. (3)
26 Department store evnt (8) 6 Hood (4) 4 Place (3)
25 “Oh, too! (2,1,1) 5 Passbook abbr. (3) 3 Ace (5)
24 ___ y plata (Montana’s motto) 4 Place (3) 2 Produces (6)
23 Arena shot (3) 3 Ace (5) 1 Tip (5,3,7)
22 “Oh, too!” (2,1,1) 2 Produces (6) 0 Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.

Tri-City Stargazer

For week: FEBRUARY 1, 2022

Aries the Ram

(April 1 – April 19):
This week, your emotions are strong. And as the week progresses, it becomes more intense. Your solutions with houses, parents and 5/9 will be rewarded. In fact, you might get a raise or praise. This is also a popular week for you. Your friends and family will not only be mutually pleasant, they will also be a helpful resource. This is the perfect week to get serious about some long-term goals, especially goals that require effort, hard work and courage. Of course, courage is something you never lack.

Taurus the Bull

(April 20 – May 20):
This is a significant week for you! The Sun is lined up with Saturn or the top of your chart. This means it’s a turning point. Around 1999 was a turning point. Around 2005 was a turning point. Since 2012, you began to shoot for the stars. This week there’s a culmination in some ways. You may clearly see what is working and what is not. Fortunately, you are blessed because your success is obvious. Start to make some serious travel plans because one way or another – you’re going places. Gemini the Twins

(May 21 – June 20):
It’s about a drag when your rules Mercury retrograde. So, the fact that in this over this week is good news! In fact, this week, you will benefit from the wealth and resources of others. You might inherit. You might give gifts or favors. Meanwhile, many of you will have a serious shift in your thinking about religion, or politics.

Cancer the Crab

(June 21 – July 21):
This week, you will experience a new way of looking at something. This new way of looking at something is about to bring some personal change. Cancer the Crab (June 21 – July 21): Although solutions with others to be adored. You might face the fact that even though someone else’s values are something positive. This will help you to gather your strength and feel better.

Libra the Scales

(September 23 – October 22):
You are busy with your domestic situation right now. This could be due to visiting guests, residential moves, redecorating projects or projects. Fortunately, you have abundant energy to meet the demands. However, something serious, possibly related to one of your kids might be overwhelming. If it does not relate to your kids, it might relate to your company or something to do with sports. Approach it in the way you approach the details in your job. Roll up your sleeves and dig in. You deal with what’s right in front of you.

Scorpio the Scorpion

(October 23 – November 21):
Your daily pace is busy! Mercury retrograde has been brutal because it brought problems in areas of transportation, everyday communications, family, relaxation and skills as well as daily events and agreeableness. Cur problems, missed appointments, forgotten items and misunderstandings have been rampant. Fortunately, starting this week, normalcy will return. However, important responsibilities at home are challenging. Stay positive. Stay in the moment and live with this.

Sagittarius the Archer

(November 22 – December 21):
You might have less of a problem with business and commerce. Many of you are blessed with money-making ideas as well. This is why you’ve had to work hard to boost your income (and many of you are also spending big). Money delays and last cheques will be much less of a problem after this week because Mercury retrograde is over. However, you might find cut off in your communications with relatives, neighbors or siblings. Something is challenging, especially in your ability to communicate to someone.

Capricorn the Goat

(December 22 – January 19):
At this moment, there are four plagues in your sign. This is why you’re pumped with energy, and yet, at the same time, you are charging and dramatic. This week in particular, you are optimistic about something. Life will become easier after this week. However, something serious regarding salary, earnings, personal wealth or possessions could be a serious concern. It might feel insurmountable. But you will perceive that you know times like this are character building.

Aquarius the Water Bearer

(January 20 – February 18):
This is a significant week for you because Saturn and the Sun are lined up in your sign. After going through a hellish time for several years – last year, Saturn entered your sign. This means you began to reinvent yourself. This process will take you until 2020. The good news is that this year, you’re back. But this week, you are challenged by limitations, burdens or serious responsibilities. Ultimately, this is a learning curve for you. You will deal with this, and you will deal with it successfully.

Pisces the Fish

(February 19 – March 20):
You might feel cut off, lonely or out of touch with people right now. Nevertheless, lucky Jupiter is in your sign for the first time since 1991. It won’t return again until 2014. Knowing this, it’s obvious you are favored with good fortune this year and you should make the best use of this blessing. Be aware that the paths in your hand and it’s your chance to run it and win something important to you. Friends are helpful and supportive now.
As drought conditions persist, Alameda County Water District (ACWD) is looking for the next generation of storytellers to help promote water conservation. The district submitted its proposal to teachers to provide water education. "It gives us great pride to recognize our most precious of resources – water."

President John Weed. "We’re excited to see the energy and enthusiasm from students in schools throughout the county that are participating in the student video contest generated 70 entries. It highlights the community’s commitment to promoting water conservation and shows how our most precious resource – water – can be shared in a fun and engaging way.

"The student videos are a great way to engage students, especially younger ones, in the importance of water conservation. They are a powerful tool in raising awareness about the importance of water conservation for our future generations to come."

ACWD will award a total of six $15,000 scholarships to students based on the videos submitted by their schools. Teachers will also receive a $2,650 grant to support water education in their classrooms.

For more information about WaterClips, visit acwd.org/waterclips or email waterclips@acwd.com.

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### Home Sales Report

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### WaterClips Challenge

The 3rd annual WaterClips challenge seeks 10-second video shorts showing how the community can save water using ACWD’s tips, water-saving tips, resources and programs. Students in grades 6-12 in Fremont, Newark and Union City can submit entries online through March 25.

"Digital media tool to empower students to engage, video content to raise awareness about the importance of water use efficiencies," said ACWD Board President John Weed. "We’re excited to see how students in schools throughout our communities are using our most precious resource – water.

"The student videos are a great way to engage students, especially younger ones, in the importance of water conservation. They are a powerful tool in raising awareness about the importance of water conservation for our future generations to come."

ACWD will award a total of six $15,000 scholarships to students based on the videos submitted by their schools. Teachers will also receive a $2,650 grant to support water education in their classrooms.

For more information about WaterClips, visit acwd.org/waterclips or email waterclips@acwd.com.
Valentine’s Day Concert for Lovers

SUBMITTED BY FREMONT CULTURAL ARTS COUNCIL

Wondering what to do on Valentine’s Day? Why not keep cozy in your home with Fremont Cultural Arts Council’s free Zoom “Concert for Lovers,” starring classical guitar soloist Sean O’Connor.

Asked if all of the songs he’ll perform are romantic, O’Connor smiled. “In my shows, I perform many styles of music, but classical guitar is where my heart is.”

O’Connor’s infatuation didn’t begin until high school when he fell in love with the instrument. Now, he’s an educator and a fixture in the Sacramento music scene, known for his live performances, his work as the conductor/arranger of the Sacramento Guitar Orchestra and (before COVID) his small group concerts. “I like that close, personal contact with my audience. Someday I’ll be doing those again, but for now I’m creating a series of one-man performances in my Guitar Bunker that can be seen online.”

For more information on other Fremont Cultural Arts Council programs go to:


View O’Connor’s performances at:


Concert for Lovers
Monday, Feb 14
8 p.m.
Via Zoom
https://zoom.us/j/92219522992
Meeting ID: 922 1952 2992
Passcode: 517555

Growing healthy roses

The variety of roses we can grow here is astounding, and roses can provide nearly year-round blooms in our gardens. This long growing time also means we have a longer time for pests to develop. At a special webinar sponsored by Alameda Countywide Clean Water Program, learn from our experts how to manage these diseases and insect pests with an eco-friendly approach, and how to prevent those problems before they take over your roses. Many pesticides can harm more than help. We will show you how to keep your roses in top form with best the fertilizing and watering advice that works where we live.

This program’s presenter, Suzanne Bontempo, is an environmental educator, owner of Plant Harmony and program manager for Our Water Our World. In 2013, she was recognized for the IPM Innovators Award. She has worked as a professional gardener for over 25 years. Learn more at www.plantharmony.org.

Growing Healthy Roses
Thursday, Feb 10
5 p.m.
Zoom Webinar
Register at: https://tinyurl.com/2b5rkkvp

continued from page 1

Niles Canyon Railway steams into 2022!

Niles Canyon Railway weekend diesel rides
2nd and 3rd Saturdays & Sundays
Feb - Apr
Sunol Station
6 Kilkare Rd., Sunol
(510) 996-8420
https://www.ncry.org/ride/2022-rides/

$25 Adults
$15 Seniors (62+) and Children (3-12)
Children under 2 ride free

permitted to accompany their handler while riding our trains. We appreciate your understanding.

As of January 20, 2022, all persons on board our trains or inside of our gift shop or museum exhibit must wear a mask. Please read over our COVID-19 Health and Safety policy on the website before booking your tickets and before arriving on our property.

Online ticket purchase is preferred and is the only way to ensure you will be able to ride on a given day. Any remaining tickets for each day will be sold as walk-ups at our Sunol Station Ticket Office.

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Controlling Events

Monday, January 3 – February 7
Exhibition to Draw On
9:30 a.m. – 11:30 a.m.
Join our debate in draw
Ag: Well Center Lake Elizabeth
4500 S. Pico Blvd. Pico Fomem
(510) 336-7300

Tuesday, Sunday, October 9 – February 13
10:00 a.m. – 5:00 p.m.
Join 90 LEAD sculptures
1 Grant Ave., San Francisco
https://artofthebrick.com

Wednesday, January 12 – February 26
Train Your Brain Virtual Book Club
6:30 p.m. – 7:30 p.m.
Discuss books on Parkinson’s Disease
Via Zoom
(510) 413-2300

Wednesday, January 19 – February 4
Glowlit 5K
5 – 10 p.m.
Illuminated lantern festival
Oakland Zoo
9777 Golf Links Rd., Oakland
https://www.oaklandzoo.org/
(510) 675-5600

First Thursdays
Flethose Comedy Club
8 p.m.
Bay Area standup comedians
Castro Valley Marketplace
2000 34th Ave., San Francisco
http://www.flethose.com

Second Thursdays, September 9 – June 9
Cafe Dux
6:00 p.m. – 7:30 p.m.
Program for fathers to support each other
Virtual meetings via Zoom
https://us04web.zoom.us/j/81064583700
For more information:
af101@k9.k12.ca.us

Thursday, January 20 – Saturday, March 27
Double Take: Art and Literature
Thurs – Sat, 1 p.m. – 5 p.m.
Art Reception: 3/15, 1:00 p.m. – 3:30 p.m.
Reading together of word and art
Bankhead Theater
2400 First St., Livermore
(925) 373-6800
www.LivermoreArts.org

Friday, February 4 – Tuesday, March 2
Celebrating Black History Month
6 p.m. – 9 p.m.
Opening reception: 2/4
Unity in community
Studio 10 Gallery
5462 11th St., Oakland City
(510) 675-5415
www.oakcityunited.org

Fridays and Saturdays
Dance the Night Away
9 a.m. – 11 p.m.
Illuminated lantern festival
Glowfari $R

Thursday, January 20
Art Center for Train the Trainer R
9 a.m. – 11:30 a.m.
American balance/adaka Native stu-
dents’ financial workshop
Register:
https://bit.ly/3qIxDKr
(916) 516-5013

Friday, February 4
Eternity Band and Dance
Plethos Comedy Lab
10 p.m.
Blending together of word and art
Plethos Comedy Lab
39900 Balentine Dr., Newark
(510) 675-5415

Friday, February 4
Casino for Train the Trainer R
6 p.m.
Learn about roulette, stargaz-
y, mythology
Chabot Space and Science Center
3295 Castro Valley Boulevard
www.chabotspace.org

Mission San Jose School of Guitar
42355 Mission Boulevard, Fremont CA 94539

Russian rock
In this issue:
• Proven writing and editing skills
• Excellent driving record

Time Commitment:
• 10 – 20 hours per week
• Some weekend and evening hours

Duties:
• Report on council and board meetings
• Write/Edit articles as assigned by Editorial Staff
• Assist Editor-in-Chief

Send resume and one 300-500 word writing sample to:
tcityvoice@aol.com

Subject: Reporter/Application!
Winter Skies

www.csueastbay.edu/communicatemedia/releases/2022/02/18537.html
February 1, 2022
What's Happening's Tri-City Voice Page 19

FUDENNA BROS., INC.
Fremont’s leader in small to medium office space
Short Term leases available

Perfect for startups
looking to keep costs down

Allow for growth to larger office space within our properties
- 24/7 building access
- Conference rooms available at no cost
- Some furniture available at no cost
- Full service lease includes water, electric, janitorial, and nightly security patrol
- No hidden fees
- Close to Bart
- Near 680/880

Contact Fudenna Bros. for more information
Phone: 510-657-6200
Email: customerservice@fudenna.com
Office located at 39823 Paseo Padre Pkwy. Fremont CA, 94538

From Canterbury to Climate Change
– 54th California International Antiquarian Book Fair

SUBMITTED BY DENISE LAMOTT
PHOTOS COURTESY OF CALIFORNIA INTERNATIONAL ANTIQUARIAN BOOK FAIR AND UC DAVIS LIBRARY / ARCHIVES AND SPECIAL COLLECTIONS

After a two-year pandemic hiatus, the 54th "California International Antiquarian Book Fair" returns to the Bay Area on Friday, February 11 through Sunday, February 13, at the Oakland Marriott City Center with collections and treasures from over 100 bookellers. These include a collection of hundreds of works tracing the history of climate change, a 458-year-old copy of the world's first modern atlas; and an early edition of the complete works of Geoffrey Chaucer complete with readers' notes and an erotic illustration in the margins.

Sponsored by Antiquarian Booksellers' Association of America (ABAA) and International League of Antiquarian Bookdealers (ILAB), the three-day Book Fair offers a rich selection of manuscripts, early American and European literature, modern first editions, children's books, early American and European literature, modern first editions, children's books, maps, and autographs, as well as an antiquarian books on history, science, law, architecture, cooking, wine and a wide range of other topics.

Notable items include:

One Hundred Seconds to Midnight – A seminal collection of original works charting the history of climate change curated by Peter Harrington. (Offered at $2.2 million by Peter Harrington, London)
Le débat du vin & de l’eau (The Debate of Wine and Water) – A remarkably fine copy of the first book published on wine in French from 1515. (At its beginning, the debate between wine and water was in Latin and it was one of the popular poems from the Goliards, wandering medieval scholars who were famous for spending at much time in taverns as they were in the classroom. (Offered at $60,000 by Ben Kinmont, Advanced)
Works of Geoffrey Chaucer – Direct from the 16th century, this edition of the collected works of the Middle Ages’ favorite poet was originally published in 1561 in London for John Wight. This edition includes The Canterbury Tales with illustrations and other poems, along with original margin notes, manuscripts and doodling from the original owners of this book. (Offered by Ezra Teichman for $10,000)
My First Summer in the Sierra – John Muir’s love-at-first-sight memoir of his 1869 mountain adventure based on his journals and drawings. (Offered by Carpe Diem Books)

This year’s Book Fair will also include a major historical exhibit on wine and viticulture, courtesy of the library at the Shoshok Library, University of California, Davis. In recognition of the next generation of bibliophiles, the California Book Fair is pleased to host the collection of Stacy Shirk, the winner of this year’s California Young Book Collectors’ Prize.

The Book Fair’s schedule will include the following events and special exhibits, free with Fair admission:

Saturday, February 12
12:45 p.m. – 1:45 p.m.
Good Words Make Better Wine: Building the UC Davis Library’s Wine Writers Collection
Julianno H. Bollini
2 p.m. – 3 p.m.
The UC Davis Wine Library Collection: Origins, Highlights, and Use
Christine Cheng and Axel Borg
4 p.m. – 5 p.m.
Collecting Oakland’s Active Roots: the Black Panthers and Beyond
Liset Tellefsen and Alexander Akin
Saturday, February 13
1 p.m. – 2 p.m.
Sherlock Holmes in Popular Culture
Glen S. Miranker

The Book Fair is BARTable! The Oakland Marriott City Center is just steps away from the 12th Street BART Station, making it easily accessible to attendees from San Francisco and all over the East Bay. For those who cannot attend in person, the ABAA California Virtual Fair will take place from 9 a.m. (PST) February 12 until 5 p.m. (PST) February 14 and will be accessible at abaa.org/vbf.

Organizers are strictly following the most current Covid-19 capacity rules and guidelines from the State of California, Alameda County, and the CDC. You can find the Book Fair’s Covid-19 protocols on their website.

Sponsors for the Book Fair include IQED, ABC7, The San Francisco Chronicle and BART.

The California International Antiquarian Book Fair
Friday, February 11; 3 p.m. – 8 p.m.
Saturday, February 12; 11 a.m. – 7 p.m.
Sunday, February 13; 11 a.m. – 4 p.m.
Oakland Marriott City Center
1001 Broadway, Oakland
(415) 919-9220
www.cabookfair.com
info@cabookfair.com
Tickets: $10-25 (Free admission with student ID)

February 1, 2022
What's Happening's Tri-City Voice Page 19

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(415) 919-9220
www.cabookfair.com
info@cabookfair.com
Tickets: $10-25 (Free admission with student ID)
Dear EarthTalk:

What’s up with all the debate lately as to the flow allowed in new showerheads?

BY DAISY NGUYEN

The National Academy of Science (NAS) has just released a report that revives an old legal dogma: "The flow of innovative science is no less criminal than the flow of drugs or other contraband.

This isn’t about letting criminals get out of jail, it’s about depriving criminals of drugs or other contraband.

One can think of a drug as a weapon, and a drug dealer as a terrorist. One can think of innovative science as a weapon, and a criminal as a terrorist.

The NAS report is about how to stop criminal activity, not about what to do if criminal activity has already occurred.

The report also states that the flow of drugs or other contraband is not a right, it is a privilege.

The flow of innovative science is not a right, it is a privilege.

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Groundhog Day

By JONATHAN LARDINO JR., ASSOCIATE PRESS ENTERTAINMENT WRITER

The 2022 Grammy Awards will shift to an April 3, according to a statement released Jan. 18 from the Recording Academy. The ceremony was scheduled for the Los Angeles Convention Center in and around the Los Angeles Convention Center rather than Staples Center, where the event has been held since 2003.

The Grammys were rescheduled due to rising COVID-19 cases because the omicron variant. The ceremony was initially scheduled for Feb. 20, but then pushed to April 3, according to a joint statement released Jan. 18 from the Recording Academy and state officials, health and safety experts, the artist community and our many partners.

This is the second consecutive year the Grammy Awards have been postponed due to the pandemic. Last year, the ceremony was rescheduled from Jan. 26 to March 14.

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Readers are advised to check website for special meetings, cancellations, notices, agendas and webcasts

CITY COUNCILS
Fremont City Council 1st & 3rd Tuesday at 7 p.m.
27850 Mission Blvd., Fremont (510) 818-4103
www.ci.fremont.ca.us
Hayward City Council 2nd/4th Wednesday @ 6:30 p.m.
11679 Hillside Ave., Hayward (510) 887-8282
www.hayward.ca.us
Milpitas City Council 1st/3rd Tuesday @ 7 p.m.
8453 Alvarado Hils Blvd., Milpitas (408) 585-7400
www.milpitas.ca.us
Newark City Council 2nd/4th Thursday @ 7:00 p.m.
37014 Davidson Rd., Newark (510) 578-4000
www.ci.newark.ca.us
San Leandro City Council 1st/2nd Monday @ 7 p.m.
3101 Adult Service Drive, San Leandro (510) 577-1544
Union City Council 2nd/4th Tuesday @ 7 p.m.
3000 Tenaya Way, Union City (510) 471-1132
Milpitas Unified School Board
5072 Benson Rd., Union City (510) 676-5000
SCHOOL DISTRICTS
Castro Valley Unified School Board 2nd Thursday @ 7:00 p.m.
501 Valley View Dr., Castro Valley, CA (510) 583-3400
www.avusd.com
Fremont Unified School District 2nd Thursday @ 7:30 p.m.
4210 Newell Dr. Fremont, CA (510) 657-2310
www.fremont.k12.ca.us
Hayward Unified School District 2nd Thursday @ 7:00 p.m.
12450 State St., Hayward, CA (510) 794-2400
www.husd.k12.ca.us
Newark Unified School District 1st & 3rd Tuesday @ 7 p.m.
57009 Peralta Ave., Newark (510) 435-6900
www.newarkusd.k12.ca.us
San Leandro Unified School District 1st & 3rd Tuesday @ 7:00 p.m.
15510 Usher St., San Lorenzo (510) 676-5000
www.sanleandro.k12.ca.us
San Lorenzo Unified School District 1st Sunday @ 7:00 p.m.
37377 Landmark St., Sunol (510) 371-4600
www.sluhsd.k12.ca.us
Sunol Glen Unified School District 2nd Tuesday @ 7:30 p.m.
11000 Vista Del Campo, Sunol, CA (582) 822-2826
SCHOOLS
City Council/Board PUBLIC MEETINGS

How many times can I reuse my N95 mask?
By EMMA H. TORIN

How many times can I reuse my N95 mask?

By EMMA H. TORIN

The U.S. Centers of Disease Control and Prevention says masks should not be washed and reused. An N95 mask is not to be reused at all.

But experts say how often the average person can safely wear a mask will vary depending on how hot it’s being worn at any moment.

The amount of time a mask is worn is more important than how frequently it’s worn, says Richard Hogan, who manages the Clean Air Street Testing Technology.

In general, he recommends limiting the use of an N95 mask to about two to three days before the decision is in. Other states allow as many as 30-45 days before elections to send out N95 masks, but the geral election returns that have been mailed in must be postmarked on or before election day.

Crime Analyst, and approve a side letter with the Nevada Police Officer's Association to add the classification of Police Analyst and assigned salary range to the Biennial Budget and Capital Improvement Memorandum of Understanding.

Adopt a Resolution confirming the continued existence of a local emergency due to the COVID-19 Pandemic

Adopt a Resolution Authorizing the Continuation Resolution of the Legislative Bodies of the City of Newark for the 30-60 Day Period Beginning January 1, 2022

Adopt a Resolution Authorizing the City Manager to Engage a Contractual Services Agreement with Environmental Consulting Services and Authorization of the 2020-2022 Biennial Budget for Fiscal Year 2022 to Provide Funding for General Maintenance

Updates related to the Services Associated with the 2023-2023 Housing Element and the 2023-2023 Biennial Budget and Capital Improvement Memorandum of Understanding.

Adopt a Resolution to add an additional classification to the Biennial Plans for Fiscal Year 2022-2023

Approval of resolutions to add full-time positions to the 2022-2023 Biennial Budget and Capital Improvement Plan for one Crime Analyst, one full-time position to the Memorandum of Understanding, and salary increases to the Memorandum of Understanding, and one full-time position to the Memorandum of Understanding.

Adopt a Resolution to add an additional classification to the 2022-2023 Biennial Budget and Capital Improvement Plan for one Crime Analyst, one full-time position to the Memorandum of Understanding, and salary increases to the Memorandum of Understanding, and one full-time position to the Memorandum of Understanding.

Adopt a Resolution to add full-time positions to the 2022-2023 Biennial Budget and Capital Improvement Plan for one Crime Analyst, one full-time position to the Memorandum of Understanding, and salary increases to the Memorandum of Understanding, and one full-time position to the Memorandum of Understanding.

Adopt a Resolution for the amendment of the Classification Plan for one full-time position to the Memorandum of Understanding and salary increases to the Memorandum of Understanding.

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February 1, 2022

WHAT’S HAPPENING’S TRI-CITY VOICE

Page 23

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Soleldad Posadas

November 12, 1938 - January 27, 2022

Resident of Fremont

She is survived by her 5 children Mario Posadas 64, Victor Posadas 63, Rene Lopez 62, Alfredo Posadas 55 and Leticia Lopez 54. Widow of Mariano Posadas.

Leticia Lopez 54. Widow of 62, Alfredo Posadas 55 and 54. Widow of Mariano Posadas. Our family always looked forward to her famous Chile Verde con Queso along with other family favorite recipes; she always made sure everyone was well fed. We will never forget her smile and her laughter while spending time with her family. She always took the time to reach out to make everyone she did, and she was our family's rock in hard times; she will be dearly missed, but never forgotten.

Western monarchs reborn but still below historic population

By JOHN ANSTEY ASSOCIATED PRESS

The number of Western monarch butterflies overwintering in California rebounced to more than 247,000 a year after fewer than 2,000 appeared west of the Rockies the previous year, but scientists said Thursday that the population is still far below historic levels.

A Vigil will be held Tuesday, February 22, 2022 at St. Mary Magdalen starting at 5:00 PM at Fortunata Memorial Chapel, 37223 Old Saticoy, Fillmore. A Funeral Mass will be held Tuesday, February 22, 2022 at 11:30 AM St. Edward Catholic Church, 5788 Thornton Ave, Fremont.

Mariano Posadas. She enjoyed spending her time reading biographies and magazines of famous actors and musicians, cultures and reading biographies of famous figures. She loved spending time with her family and friends. She always took the time to reach out to make everyone she did, and she was our family's rock in hard times; she will be dearly missed, but never forgotten.

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Stolen French bulldog reunited with family

Submitted by L.I. Bay Kelly, Alameda County Sheriff’s Office

Ten days after being snatched in a brazen armed robbery, Tino, a much-loved French bulldog, was reunited with his family by Alameda County Sheriff’s Office (ACSO) deputies.

The dog was taken the afternoon of January 15 when family members were talking Tino on Norbridge Road in Castro Valley and were confronted by several armed suspects who snatched him and sped away in a vehicle. The suspect also took a purse from one of the family members that contained her car keys and home address. Several hours later, the suspect went to the victim’s home and stole her vehicle. It was later recovered.

ACSO detectives jumped on the case immediately, with some working on their day off to follow clues. Eventually, they were able to make several arrests with some working on their day off to follow clues. Eventually, they were able to make several arrests related to this robbery and a number of other East Bay robberies. On January 25, detectives followed tips that led to the location of Tino, who was positively identified by his radio chip.

As a dog owner, this case disturbed me, my family and the community,” Sheriff Gregory Ahern said in a statement. “I directed our investigators to follow tips that led to the location of Tino, who was positively identified by his radio chip.

Tino’s a French bulldog was snatched from his owners in Castro Valley

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“As a dog owner, this case disturbed me, my family and the community,” Sheriff Gregory Ahern said in a statement. “I directed our investigators to follow tips that led to the location of Tino, who was positively identified by his radio chip.

Sheriff’s deputies returned the dog to family members. Credit: Alameda County Sheriff’s Office

Top cop to probe troubled sheriff’s office in Santa Clara County

Associated Press

California’s attorney general announced on Jan. 19 a civil rights investigation into the office of Santa Clara County Sheriff Laurie Smith, a potential figure who is fighting formal public corruption accusations.

Sheriff’s office explained that a civil “pattern or practice” investigation will seek to determine whether the sheriff’s office has had to pay out settlements to people who are mentally ill who were severely injured while in jail custody.

A retrospective look at the sheriff’s office detailed the disturbing cases that have come to light amid a number of serious allegations. The sheriff’s office has had to pay out settlements to people who are mentally ill who were severely injured while in jail custody.

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“I directed our investigators to pursue all leads. I’m glad to see Tino is now reunited with his family. Thank you to our detectives and community members for supporting this effort,” ACSO officials have not yet released the names of the suspects.

See video from ACSO of Tino being reunited with his family at https://fb.watch/aOFMK-iwmj/.

A busy year for East Bay firefighters

Submitted by ALAMEDA COUNTY FIRE DEPARTMENT

During 2021, Alameda County Fire Department (ACFD) set a new record for service by responding to more than 45,000 incidents in the East Bay That’s a 17% increase over the previous year. ACFD officials said in a January 24 statement.

The department provides fire and medical services to residents and businesses in numerous unincorporated Alameda County communities, including Castro Valley, San Leandro, Ashland, Cheryland and Sunol. Additionally, they contract with the cities of San Leandro, Newark, Union City, Dublin and Emeryville. Service is also provided to Lawrence Berkeley National Laboratory and Lawrence Livermore National Laboratory.

The unincorporated neighborhood, near Hayward, maintains its own fire service in partnership with Hayward Fire Department.

ACFD has 26 fire stations and 35 companies serving a population of 939,000 in an area of roughly 506 square miles including urban centers, agriculture, water and wildland regions. There are more than 400 personnel and 100 reserve firefighters on staff.

Services include:

- Advanced life support
- Fire suppression
- Hazardous materials response
- Urban search and rescue
- Water rescue
- Community outreach and education
- Disaster preparations
- Fire prevention and code compliance
- Regional dispatch

More information is available at fire.acgov.org or by calling (510) 632-3473.

WHAT’S HAPPENING’S TRI-CITY VOICE February 1, 2022Page 26

Chp Log

Submitted by CHP Hayward

Thursday, January 27

- At about 7:55 a.m. a school bus traveling south on Mission Boulevard in Fremont started to turn right onto Walnut Avenue and struck a 63-year-old male pedestrian at a low speed. The pedestrian sustained only minor injuries and was released from the hospital.

“Call 9-1-1. Fire prevention and code compliance
- Regional dispatch

More information is available at fire.acgov.org or by calling (510) 632-3473.

WHAT’S HAPPENING’S TRI-CITY VOICE February 1, 2022Page 26

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More information is available at fire.acgov.org or by calling (510) 632-3473.
Shout out to your community

Our readers can post information including:
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- For the extremely low cost of $10 for up to 10 weeks

For classes & other activities please register www.a1chs.org or call 510.674.9227 for more info.

BART PD

Monday, January 24
• At 9:15 p.m. officers at the Bay Fair station in San Leandro arrested one dose of NARCAN to an adult male that was administered one dose of Bay Fair station in San Leandro on suspicion of fare evasion. A record check was performed, and the male was booked into Santa Rita Jail.

• At 7:52 p.m. a man identified as Cody Kild, 30, of San Francisco was arrested at Milpitas station on suspicion of vandalism and possession of a controlled substance. He was booked into Santa Clara County Main Jail.

• At 9:04 a.m. a man identified as police and David Green, 57, of Cirna Hight was arrested at Fremont station on suspicion of vandalism and possession of a controlled substance. He was booked into Santa Clara County Main Jail.

• At 9:15 a.m. a man identified as Cody Kild, 30, of San Francisco was arrested at Milpitas station on suspicion of vandalism and possession of a controlled substance. He was booked into Santa Clara County Main Jail.

• Asavara Gowda of Fremont Fall 2021 President's List

• John Chan of Fremont Fall 2021 Dean's List

• Thao Luong of Fremont Fall 2021 Honor Roll

• Akhil Sompalli of Fremont Fall 2021 President’s List

• Mohammad Haider of Milpitas Fall 2021 Dean’s List

• Richard Yuan of Union City Fall 2021 Dean’s List

• Ashwin Ramanathan of Union City Fall 2021 Dean’s List

• Bo Ning of Castro Valley Fall 2021 Dean’s List

• Chenjiang Qian of Fremont Fall 2021 Dean’s List

• Xuejian Li of Fremont Fall 2021 Dean’s List

• Matthew T eigen of Milpitas Fall 2021 Dean’s List

• Chaoyang Qu of Union City Fall 2021 Dean’s List

• Harjot Grewal of Fremont Fall 2021 Dean’s List

• Varun Sridhar of Fremont Fall 2021 Dean’s List

• Shawna Raeside of Fremont Fall 2021 Dean’s List

• Dr. Henry J. Terfield, Licensed Clinical Social Worker

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Honor Roll

Knox College, Illinois
Fall 2021 Dean’s List

• Thao Luong of Fremont

University of Iowa
Fall 2021 Dean’s List

• John Chan of Fremont

Siena College, New York
Fall 2021 Presidents List

• Azaria Gomeda of Fremont

The Citadel, South Carolina
Fall 2021 Presidents List

• Austin Milwaukee-Cunning of Norwalk

Baldwin Wallace University, Ohio
Fall 2021 graduate

• Demit Anez of Union City

University of Alabama
Fall 2021 graduate

• Mona Abdellahus of Hayward

University of Maryland Global Campus
Fall 2021 graduate

• Abdul Sompalli of Fremont

Hofstra University, New York
Fall 2021 Dean’s List

• Myu Na La Tien of Union City

• Shawni Rashed of Fremont

• Niran Srilak of Fremont

• Kyle Widoff of Fremont

Palmer College of Chiropractic, San Jose
Fall 2021 graduate

• Nicholas Gomez of Milpitas

• Hayaz Goural of Milpitas

• Andree Porto of Hayward

• Chauvin Qu of Union City

• Matthew Togeter of Milpitas

Georgia Institute of Technology
Fall 2021 graduates

•cluded. In general, the Graduate School of Science and Engineering at the University of Tokyo is the most selective, with a录取率 of only 5.4%.

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Meets to play weekly, every Tuesday.
We play a Cribbage Tournament starting at 5PM.
We welcome experienced players and will work with new players looking to learn the game.
Email Accgr43@gmail.com for more information.

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CIVIL

ORDER TO SHOW CAUSE

Superior Court of California, County of ALAMEDA

Petitioner SARDAR WALI filed a petition with this Court to remove a fictitious business name. Order to show cause, if any, why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. The Court orders that all persons interested in the fictitious business name(s) list below on N/A 25139 ANGELINA LUPINE CT., PLEASANTON, CA 94588

FICTITIOUS BUSINESS NAMES

- GLASSWALLCAD, 39951 FREMONT BLVD
- SECRET BASE GARAGE, 3939 MONROE AVE
- CNS-3547355#

The registrant began to transact business using the fictitious business names listed above on October 25, 2017. I declare that all information in this statement is true and correct. The fictitious business name(s) listed above is/are filed before the expiration.

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Petitioner SARDAR WALI filed a petition with this Court to remove a fictitious business name. Order to show cause, if any, why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. The Court orders that all persons interested in the fictitious business name(s) list below on N/A 25139 ANGELINA LUPINE CT., PLEASANTON, CA 94588

FICTITIOUS BUSINESS NAMES

- GLASSWALLCAD, 39951 FREMONT BLVD
- SECRET BASE GARAGE, 3939 MONROE AVE
- CNS-3547355#

The registrant began to transact business using the fictitious business names listed above on October 25, 2017. I declare that all information in this statement is true and correct. The fictitious business name(s) listed above is/are filed before the expiration.

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California launches $185 million youth job corps

By JOHN ANTZAK
Associated Press

California on Thursday launched a $185 million jobs program aimed at putting disadvantaged youth and young adults to work helping their communities while improving their prospects for future success.

The Californians For All Youth Jobs Corps was funded in Democratic Gov. Gavin Newsom’s 2021-22 “California Comeback Plan.”

The first phase, which makes $150 million available to 13 large and small cities, will make $35 million available to smaller counties and cities selected through a competitive process, state Chief Service Officer Joby Fрайded said.

The intent of the two-year plan is “to increase youth employment in our underserved and unemployed populations, developing meaningful career pathways for young people and helping our community tackle local priorities,” Fрайded said.

The Jobs Corps will work with the cities to recruit thousands of Californians between the ages of 16 and 24.

“This program will be instrumental about focusing on being on underserved populations like low-income youth, youth who are unemployed or out of school, youth who are justice-involved or transitioning from foster care or are engaged with mental health or substance abuse systems,” Fрайded said.

All participants will receive at least $15 an hour, but cities will be able to increase those wages. The program also includes on-the-job training in fields such as service basic job training, case management and resume preparation.

Cities may use the funds to create new programs and expand existing programs such as those run by community-based organizations.

“People across California are going to be able to get a job, they will be able to gain critical job skills and they will be serving our state at a time of great need,” Fрайded said.

Among a half-dozen mayors participating in the briefing, Oakland Mayor Libby Schaaf said her city will use its nearly $6 million allocation to create 90 summer jobs and 150 year-round jobs “with a focus on our disconnected youth.”

“We are ready to take the recovery from this pandemic,” Schaaf said, adding that Oakland businesses have been clear in what they expect from an equitable recovery. “They want to see a city that is clean, that is green, that is resilient, that is safe,” she said.

Los Angeles will receive $55 million, said Mayor Eric Garcetti.

“This is really California at its best and our best shot to seize and restore the California dreams,” he said.

Other big cities receiving funds include San Diego, $15.9 million; San Jose, $15.9 million; San Francisco, $1.18 million; Fresno, $3.4 million; Sacramento, $6.9 million; Long Beach, $6.3 million; Bakersfield, $5.3 million; Anaheim, $4.7 million; Santa Ana, $4.4 million; Riverside, $4.4 million and Stockton, $4.3 million.
For the safety of guests and employees, Covid precautions have been taken. All staff have been fully vaccinated. Facemasks are required for both patrons and staff. The venue will also employ enhanced cleaning and sanitation features throughout the attraction. Reserve tickets early as we expect to sell out.

Valentine Haunt
Friday, Saturday, & Monday
Feb 11, 12 & 14
7 p.m. – 10 p.m.
Fear Overload Scream Park
Bayfair Center
15555 E 14th St., San Leandro
(510) 730-2221
https://valentinehauntsanfrancisco.com/
Tickets: $22.99 – 42.99

Valentine’s Day
FREE Adult Reading and Writing Classes are offered at the Alameda County Library
Tell A Friend Call Rachel Parra  510-745-1480

continued from page 1
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Top Floor Unit in Copper Ridge
• 1 Bedroom, 1 Bath
• 779 Sq Ft, Living Area
• 1– Car Garage
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List Price: $495,000

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