Ballet Petit 43rd Nutcracker

Next year, Drive-Thru Dickens’ London will offer a taste of The Great Dickens Christmas Fair from the comfort of your car. Designed as a safe way to enjoy many of the Fair’s famous foods and shop for select handcrafted gifts, the event will feature multiple tableaux from Dickens’ A Christmas Carol, along with two stages of continuous live music, dance, and comedy.

“While we weren’t able to produce our traditional Dickens Christmas Fair inside the Cow Palace this year, we decided to serve up Dickensian fun around the exterior of our beloved venue. It’s a whimsically ‘inside out’ experience with some fun surprises,” says Fair co-producer Kevin Patterson. Visitors will encounter Dickensian street scenes as they travel around the exterior of the Cow Palace Exhibition Halls. An enticing selection of hearty

continued on page 11

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continued on page 4

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Regular physical activity is one of the most important things you can do for your health, according to the Centers for Disease Control and Prevention (CDC). But for many people, getting to the gym can be a daunting prospect.

“You don’t need to go to the gym to stay fit,” said Dr. Michael Goldin, a Washington Township Medical Foundation physician who specializes in physical medicine and rehabilitation. “There are exercises you can do that will strengthen the appropriate muscles and make you feel good enough to look like you got a good workout.”

You can learn an effective exercise routine from the convenience of your living room when Dr. Goldin presents “Get Fit at Home the Right Way: Strengthen Muscles While Protecting Your Joints” on Tuesday, December 14, at 3:30 p.m. The free virtual seminar will take place on Facebook and YouTube. For more information or to register, visit www.whhs.com/events or call 800.963.7070.

According to Dr. Goldin, you only need basic equipment to do the routine, including a yoga mat, two yoga blocks, a towel or a set of resistance bands. Dr. Goldin will walk participants through it, performing each exercise.

“I’ve learned that the easiest way to teach someone an exercise routine is to actually do it with them,” he said. “Thus, anytime you want to do the routine, you can follow along with the recorded video.”

The presentation will continue to be available at Washington Hospital’s YouTube Channel at www.youtube.com/whhsInHealth, along with hundreds of past presentations featuring health care experts.

Preventive Maintenance

“The routine is designed to strengthen the major muscle groups while minimizing stress on the joints, ligaments and tendons, reducing the risk for injury or repetitive use injury,” Dr. Goldin explained. “This is the exercise routine I do every day, to help keep your muscles strong so you can do the various activities you like to do or need to do throughout the day.”

He said the main reason he wanted to do the presentation was to help people who have had physical therapy and are ready for a more robust exercise routine.

“Many of our patients often ask me what they can do at the gym to build their muscles now that they have finished physical therapy,” he added. “This routine is for someone who probably has some sort of ache or past or nagging injury, more commonly in the neck, shoulders, lower back or hips.”

Dr. Goldin said his goal with the exercise routine is to target every major muscle group in the upper and lower extremities, core and lower extremities so that you can stay functionally fit. It’s also about prevention.

“It’s very important to do preventive maintenance for every aspect of your life, and that includes taking care of your own health and well-being,” he said. “I see people who have various types of musculoskeletal problems that often require different types of surgeries or surgery with varying degrees of invasive treatments. I think the saying, ‘An ounce of prevention is worth a pound of cure’ has never been more true.”

For more information about Dr. Goldin, visit www.mywash.org and search for him under Find a Doctor. To learn about other programs and services at Washington Hospital that can improve your health and well-being, visit www.whhs.com.
It was pure chance that Sister Kathleen Littrell discovered she had diabetes. “About 10 years ago I had some blood work because I had pneumonia,” she recalls. “To my surprise, the results showed I had type 2 diabetes.” In Alameda County alone, it is estimated that 100,000 people have diabetes, but 33,000 of them don’t know it.

Sr. Kathy had no symptoms and was “pretty underwhelmed by the news.”

She says, “I started taking medication but rather than it, I just kind of ignored the whole thing.

Diabetes is a condition in which the body doesn’t produce insulin, a hormone that helps digest sugar so it can be released into the bloodstream as glucose and used for energy. A test that measures a person’s average blood sugar level for the past two to three months, is called an A1C test. A normal A1C is below 5.7. Daily blood glucose monitoring to check levels is vital to managing diabetes.

At the time she was diagnosed, Sr. Kathy was living in Stockton. She knew she had to cut down on her sugar intake but other than that, she had very little guidance about how to manage her diabetes. She didn’t even recall being told she needed to check her blood sugar levels.

“Just Tell Me What I Can Eat”

Fast forward six years. Sr. Kathy accepts a leadership role in the Sisters of the Holy Family administration. She moves to Fremont. The responsibilities of this position mean the hours for her job get out of hand. Her living habits become haphazard at best, and her exercise level drops to zero.

As her one-foot-out photography career grows, her eating habits become laparoscopic at best, and her exercise level drops to zero.

At her first visit with her new primary care physician, Diane Martin, MD, her A1C level was 7.2. When she came back for another visit three months later, her A1C had climbed to 11.2. “The pace and stress of my job took up seven days a week, my eating habits became haphazard at best, and her exercise level drops to zero.

But a helpful trick she learned was to visualize her meal plate in three sections. One half was non-starchy vegetables such as broccoli, carrots or spinach. One quarter was lean protein such as chicken, turkey, eggs or beans. And the other quarter was carbohydrates such as brown rice, bulgur, bread or pasta.

“I ordered plates that had the sections marked on the surface,” Sr. Kathy says. “Now, when I go to a conference where meals will be served, I take my plate with me and go up to the buffet line fully prepared to portion out my food choices.”

When dining out, she reviews the restaurant’s menu online, to see in advance what she’ll order when she gets there.

The results? In the first six months of her new eating plan, Sr. Kathy’s A1C level had dropped from 11.2 to 7.2. Her diet modifications and her daily glucose monitoring were paying off.

Support and Guidance

Though the changes Sr. Kathy made to her lifestyle were crucial to her health, she feels the best outcome is learning she has the support and guidance she needs at the WHHS Outpatient Diabetes Center.

Sr. Kathy Littrell praises support from WHHS diabetes education program.

She would advise anyone who is newly diagnosed with diabetes to take advantage of the resources available right in their community. “It takes some time and effort, but if you have the tools, you learn where to start.”

Enter Exercise

Sr. Kathy has found a way to take a 30-minute walk every other day. Instead of waiting until she gets home and didn’t feel like going on again, she simply designated the period between when her workday ended and before she went home at the time she would walk. Late afternoon became the magic hour.

“Just Tell Me What I Can Eat”

Although the process is gradual and ongoing, after a year and a half her A1C level averaged 6.1. And she’s lost 20 pounds since her initial visit with Dr. Martin.

A Whole New World

Sr. Kathy’s world changed when she began seeing Anna Mazzei, CDE, a diabetes educator at the WHHS Outpatient Diabetes Center. Mazzei helped her understand the rules of carbohydrates, fats, vegetables and proteins in her diet. “I learned that a diabietic diet wasn’t just about how much I was eating but more about what I was eating,” she recalls. “I started counting the carbohydrates I ate at every meal and in between meal snacks. I began to pay attention to portion sizes and balancing my meals with high-fiber foods like fruits and vegetables. It was a whole new world for me.”

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The ice rink will be installed and operated by Ice America. It will be open to the general public during event hours, and for pre-reserved groups and introductory skating classes weekdays, 1 p.m. - 4 p.m. Skating is $10 per person, with a $2 skate rental fee. (Ice skates from home are allowed.) Payment is via credit or debit card only and must be made onsite at the rink.

The City’s Recreation and Community Services Department have planned special themed activities. Monday, December 6 is Stocking Stuffer Savings Night, where the first 300 attendees will receive a stocking filled with discount coupons from local merchants. Tuesday, December 7 is Ugly Sweater Party, where guests are encouraged to wear their holiday sweaters, meet the Grinch and more. Event nights will continue through December 17; a full list is available on the event calendar.

Holiday Magic on Main Street will also showcase the diverse talents of Milpitas residents. The City’s Mobile Stage and Grammar School steps at Milpitas Library will serve as performance venues for local dancers, singers, musicians, and even a magician. Look for street performances, as well.

Two new public art murals will debut during Holiday Magic on Main Street. One will be a temporary event facing mural to enhance the holiday atmosphere. This work, led by a professional artist, will be painted with the help of dozens of volunteers in the weeks leading up to the event. The second will be a portable mural highlighting Main Street Industries, including long ago businesses that once occupied some of the historic buildings still standing on Main Street. This mural will be displayed at the event, then relocated to various locations around the City for future displays.

Enjoy holiday movies on the inflatable movie screen, which will be on Winsor Street behind Milpitas Library Parking Garage on selected evenings. The movie lineup includes The Grinch (12/7), Santa Buddies (12/8), The Santa Clause (12/10), White Christmas (12/13), Shrek the Halls (12/14) and Polar Express (12/15). Screenings start at 6:30 p.m.

For a complete calendar of themed nights and event information please visit www.ci.milpitas.ca.gov/HolidayMagic.
Centerville Free Dining Room has been serving a hot, sit-down dinner to the hungry and homeless in the Tri-City area for more than 33 years. However, when the pandemic began, that all changed. Instead of hot meals and sit-down dinners, cold meat sandwiches became the main fare along with peanut butter and jelly in take-out bags. Whereas 100 people would typically be served before the pandemic, only about 50-60 lined up to get this cold meal. This continued as the pandemic worsened last winter.

In January 2021, Sara Mathew, one of the Co-Directors of Free Dining Room, asked Bill Sinodinos (co-owner of Dino’s Family Restaurant on Fremont Boulevard and Skillet’z Restaurant in Niles), if he would quote for 100 monthly boxed to-go meals. Sinodinos gave Mathew a quote and started providing meals, but he never accepted any payment. He told Mathew that he did this because he wanted to share his blessings. For almost a year, Sinodinos has been sending two of his employees to serve up meals to the hungry who come to Centerville Free Dining Room.

Sinodinos was honored on Tuesday, November 23 by Centerville Free Dining Room with Awards of Appreciation and Service Excellence for generously donating and serving delicious hot meals during the pandemic to the community’s hungry. The special meal that day was provided by Dino’s Family Restaurant in celebration of Thanksgiving, and it included turkey, mashed potatoes and gravy with all the fixings.

Such acts of generosity are what keep Centerville Free Dining Room open, as this is a volunteer organization that is entirely supported through donations.

Centerville Free Dining Room is located on the campus of the Centerville Presbyterian Church in Fremont. Please call (510) 793-5575 extension 26 if you are interested in donating or volunteering.

Bill Sinodinos honored by Free Dining Room
Of a piano, the staff, the music room, and the music theory courses. The students are provided with music theory, composition and performance classes. A small group of students have the opportunity to perform in a small group and/or a chamber music ensemble. The students are also able to participate in a variety of music-related activities, such as a music technology club, a music theory club, and a music composition club. The students are also able to perform in a variety of music-related events, such as a concert, a recital, and a workshop. The students are also able to participate in a variety of music-related competitions, such as a music contest, a music festival, and a music competition. The students are also able to participate in a variety of music-related activities, such as a music technology club, a music theory club, and a music composition club. The students are also able to perform in a variety of music-related events, such as a concert, a recital, and a workshop. The students are also able to participate in a variety of music-related competitions, such as a music contest, a music festival, and a music competition.
A Wrinkle in Time

Adapted from Madeleine L’Engle’s much-loved classic tale, one of literature’s most enduring young heroines, Meg Murry, is back—braces, stubbornness and all. Joining forces with her baby brother Charles Wallace, friend and neighbor Calvin O’Keefe and the celestial beings Mrs. Whatsit, Mrs. Who, and Mrs. Which, she must battle the forces of evil in order to rescue her father, save humanity and discover herself. Traveling through time and space, Meg must not only save her father, but also the world from IT, an evil force that is rapidly casting its shadow over the universe.

A Wrinkle in Time

Friday, Dec 3 – Saturday, Dec 11
Fri, Dec 3; 7 p.m.
Sat, Dec 4; 7 p.m.
Sun, Dec 5; 2 p.m.
Thu, Dec 9; 7 p.m.
Fri, Dec 10; 7 p.m.
Sat, Dec 11; 2 p.m. & 7 p.m.

Irvington High School Theater
41800 Blacow Rd., Fremont

https://www.ihsdrama.com/2021-2022

Admission: $15 ($12 students, $10 children & seniors)

Conservation dogs to the rescue

EARTH TALK

By Rodney Scheer and Doug Moss

Dear EarthTalk:

What are conservation dogs?

-- Jon Gretcham, Portland, Oregon

Simply put, conservation dogs are canines specially trained in sniffing out evidence of specific wildlife species that scientists are seeking to learn more about for one reason or another. Most commonly these dogs are used to help biologists understand where and how threatened or endangered wildlife species are hanging on—or if they are still around at all.

At the forefront of this burgeoning field is Rogue Detection Teams (RDT), a Washington state-based nonprofit that sends its specially trained dogs around North America and beyond to help scientific researchers, government agencies and non-profit groups gather field evidence in order to further their conservation work.

It’s no wonder that conservationists have started using detection dogs, a standard practice in the military and law enforcement since the 1940s when U.S. troops first employed canines to detect German land mines in North Africa. By pairing human handlers well-versed in ecology and biology (the “bounders”) with detection dogs trained on a specific scent, conservationists can monitor the density, distribution and overall health of certain species of concern.

To wit, Rogue’s dogs have worked all over the world helping conservation groups bolster their cases with hard data collected in the field. The majority of the Rogue’s work so far has been in the American West, but cases are scattered as far afield as Brazil, Europe, Africa, Southeast Asia and the Middle East in search of everything from tiny turtles to grizzly rabbits, big cats, red foxes and bumblebees.

What makes for a perfect conservation dog? The best detection dogs wouldn’t necessarily make a great pet, as they tend to be obsessed with reward accumulation. “Our dogs are typically considered unadoptable due to their high energy and obsessive desire to play fetch,” says Rogue’s Jennifer Hartman. “This obsessive energy is quite perfect for us because we pair this with detecting an odor and reward our dogs with their ball for locating the odor.” Rogue’s dogs can cover up to 15 miles a day in survey work, and still have energy left over for more playtime after the search.

And it doesn’t take a specific breed or size dog—it’s all about the dog’s so-called ‘high ball drive’. “We have quite a few Labrador mixes as well as hiker mixes because these seem to be high drive dogs that end up in shelters, but we also have a chihuahua mix and what might be a papillon mix in our program,” reports Hartman. “We love all dogs though, and don’t discriminate as long as they like to play fetch!”

Currently Rogue runs 19 dogs out of its Washington state headquarters. The organization, founded in 2019 by a group of conservation-oriented dog handlers who had been doing this sort of work on their own for more than a decade, also runs programs to train others’ dogs (and their owners) in these canine “detection” practices. Through its training work, Rogue hopes to develop the next generation of bounders to carry on the innovative work of the conservation dogs in helping other species hang on in this warming-compromised world.

CONTACT:

EarthTalk is produced by Rodney Scheer and Doug Moss for the nonprofit EarthTalk. See more at https://emagazine.com. To donate, visit https://earths-talk.org. Send questions to: question@earths-talk.org.
SpaceX returns four astronauts to Earth, ending 200-day flight

By MARCIA DUNN, AP AEROSPACE WRITER

Four astronauts returned to Earth on Monday, November 8, riding in SpaceX’s capsule, concluding a 200-day space station mission that set a new record for the most time spent in space.

Their capsule streaked through the late night sky like a fireball before gently parachuting into the Gulf of Mexico off the coast of Pensacola, Florida. Recovery boats quickly arrived to scoop the crew off the water.

"I can’t tell you how excited I am to see all four of the crew," said SpaceX's CEO Elon Musk after the splashdown of their capsule. "It was a beautiful night for the launch, and we have every reason to believe that this will be a nice and safe landing." This will be the third time in less than three weeks that SpaceX has flown NASA astronauts to space for NASA in just 1 1/2 years.

NASA astronauts Anne McClain, Jessica Meir, and Douglas Hurley, along with a Japanese astronaut, returned safely to Earth on November 3, 2019, marking the first time in history that a woman and a man had ever flown on a single mission.

The next crew will also spend three months aboard the space station’s solar power, a control warned a piece of space debris could hit their ship in roughly five minutes. The crew was able to avoid the potential impact by performing a last-minute maneuver to change their orbit.

It’s that time of year. The air is crisper, and as we open our front doors, we are reminded to grab our scarves and favorite coats. Perhaps you indulged in those online purchases this holiday season. Or maybe your kids have outgrown those adorable coats they wore last year. Spring is on its way, and we need to start thinking about warm weather. One coat at a time.

If you cannot make our drop-off time but still wish to donate, please reach out to our contact person. If you would like to make a coat donation, Sophia’s dad Joe Rosa and his colleague will get a lift from the school parking lot. A Japanese tycoon and his personal assistant will get a lift from the school parking lot.

SOPHIA ROSA COLLECTING COATS FOR ONE WARM COAT

One Warm Coat donation table Tuesday, Dec 7

1 p.m. – 5 p.m.
Compass Fremont/Chamber of Commerce Parking Lot (Look for the Easy up as you enter the parking lot)

Mission San Jose High School has long been known for its academic excellence and rigorous course loads. It’s undeniable. But what if we do too much of this “success”? What price do the students pay for this Superhero lifestyle? At Mission San Jose, it’s high time we ask ourselves: “Is it really worth it?”

Is It Really Worth It?

This is a problem both systemically and individually, and we need to address it. Our gravitational pull against this flawed system can only be broken if we all, for long, must happen and it must happen now.

Teachers are far from blameworthy when it comes to promoting the plight of the Mission San Jose student. A teacher’s primary job is to educate, not to assign work and grade it. And certainly not to dictate what students say or what they wear. Yet these traits are seen far too often in Mission San Jose’s hallways. TheReplacing the students’ knowledge, or they are forced to teach themselves. Self-teaching should be a supplementary need and not in the rarest of situations where they have no alternatives to pass the class.

A lack of communication is also apparent among teachers. Having exams and projects due at the same time can lead to a lack of organization and irrelevance. A student should never feel the need to stay up until 1 a.m. to study for test and complete remaining schoolwork and test prep, especially when grades are not highly valued. Unfortunately, this happens to be the case. Students often feel the need to “study hard” because they fear failing or being isolated. Our parents and teachers are not that far away.

Change begins with information. It's that time of year. The air is crisper, and as we open our front doors, we are reminded to grab our scarves and favorite coats. Perhaps you indulged in those online purchases this holiday season. Or maybe your kids have outgrown those adorable coats they wore last year. Spring is on its way, and we need to start thinking about warm weather. One coat at a time.

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Snowman Puzzles

Chill out with this cool collection of brain-teasers.

What is the secret way to Die hard?

SCRAMBLED SNOWMAN

How many snowmen can you find in this puzzle?

Kid Scoop Puzzler

Who is this snowman's best friend?

ZBCHJRT

Winter Words

Look it through the newspaper for words that could be used to describe a cold winter. Use them in a sentence to describe the weather today.

HINTS:
1. Frosty wears one on his head.
2. Taking a really hot drink of hot cocoa.
3. The opposite of the happy.
4. What's left after a fire.
5. Times.
6. Movie stars do this.
7. A week without light and bright.
8. To pull a vehicle with another.
9. The opposite of low.

Snowman Stumper

The kids in Holly Lane built three snowmen. Can you figure out who made each of these snowmen?

Kayla's snowman is between Jordan's snowman and Sophie's snowman. Jordan's snowman is next to Kayla's snowman. Sophie's snowman is the largest.

Kid Scoop

Snowman

Auntie Elf has lots of snowmen to put on her Christmas tree. But she doesn’t have routes for all of them. By adding the numbers on the snowmen, can you match the ones she can use? The total can’t be higher than 60 or less than 35. Then have a snowman. “Who was able to use the most snowmen?”

Hot and Cold

Another player tries to identify the picture by asking questions that can be answered “yes” or “no.” Give clear clues like you are “hot” when getting closer and “cold” when getting farther away.

Find the words in the puzzle:

CHRISTMAS
HOLLY
SNOWMAN
FREEZE
FOOD
WINTER
COOL
RIDDLE
CHILL
HOT
COLD
LOST
SKIN
COPY
FIND

What do you call an old snowman?

List these items from the newspaper:

CHRISTMAS
HOLLY
SNOWMAN
FREEZE
FOOD
WINTER
COOL
RIDDLE
CHILL
HOT
COLD
LOST
SKIN
COPY
FIND

Write On!

No Money Gifts

What can you give as a Christmas present that doesn’t cost money to buy?
**Autumn in East Bay - Wheelchair accessibility and more**

Fall colors bring a breath of fresh air. Driving around to see fall colors is a feel-good activity that everyone can do, including wheelchair users. Tri-City area shows a lovely kaleidoscope of colors every year starting early November.

On Cal State, East Bay Campus you can enjoy the colorful fall foliage by driving around. Visit on a weekend so that you have the parking lot to yourself to take beautiful pictures. Taylor Avenue in Hayward also has a beautiful cluster of yellow foliage.

At a small stop in Fremont and the Hayward and Gilroy area intersection is well worth the drive. You can see a cluster of colorful sugar maples turning orange. Keen Center Parkway, Sunol water Temple, Sunol Boulevard, and Sunol Wilderness Regional Park also has a good mix of colors.

The intersection of Fremont Boulevard and Michael Avenue in Fremont has a row of brilliant yellow foliage. At Fremont RART station, that Way drive has a magnificent group of yellow foliage. There is a simple parking area around to stop and take pictures.

*Carrie Simon at Pacific Commons is bordered by beautiful orange foliage.*

The Omar Street and Stevenson Boulevard intersection in Fremont has a row of sugar maples turning into a multi color background. You can find the best colors between Hilde and Stevenson streets.

In the Mission area, the intersection of Germs and Gimmett on Mission Boulevard, Stevenson to Donnell, and Buell Drive have a brilliant range of color displays.

Elizabeth Park and Quarry Lake recreational area also provide a range of colors during this season.

The drive from Fremont to the sleepy town of Sunol is scenic with breathtaking views of fall foliage along the stream. There are multiple pullover spots to park and enjoy the views. Continue the drive on Main Street in Sunol and then turn right on Foothill Road. This drive on Foothill is a memorable one through the woods overlooking vineyards.

Keep driving on Foothill Road towards Pleasanton, and you will come across beautiful houses scattered on both sides surrounded with different varieties of maples. Some of them have a private vineyard too.

Make sure to stop at the Oak Tree Farm Drive and turn on Bernal Avenue to get a view of the stream.

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**Ballet Petit 43rd Nutcracker**

*By Stephanie Gerisch  Photos courtesy of Peggy Peabody*

“Being together in the theatre for a live performance is giving the greatest opportunity to dancers’ families and community members to enjoy the ballet in person. All performers and audience members will be masked. Chabot prefers that attendees also be vaccinated, but as of yet, there is no mandate. This year’s performance will also contain some innovations, put together by Ballet Petit’s 2021 graduates due to Covid, decided to use their time and creative passion to leave something for the dancers who would come after them.

To reserve tickets, email misspeggy@balletpetit.com with the performance time, number of tickets, and phone number for contact. The Chabot box office will reach out via the phone number provided.

**Ballet Petit 43rd Nutcracker**

Saturday, Dec 4

2 p.m.; 7 p.m.

Chabot College Auditorium

25955 Hesperian Blvd, Hayward

(510) 783-4958

www.balletpetit.com

Adult: $25

Senior 65+/kids under 12: $20

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[Image: NMLS Consumer Access]

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**NSW Newark Symphonic Winds**

**Free Holiday Concert**

Prepared by

**Fremont Bank Foundation**

Shining Light on Communities

**NSW Newark Symphonic Winds Holiday Concert**

- Newark Memorial High School Theatre
- 39375 Cedar Blvd.
- December 11, 2021
- 7:00 – 9:00 PM

**Free ADMISSION!**

Donations welcomed

Richard Wong
Director

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**John Juarez, REALTOR®**

510-673-0686

**415 PINE RIDGE Dr., SAN RAMON**

List Price: $495,000

**Keller Williams Benchmark Realty**

Brighten your indoor décor with beautiful blooming orchids. These living bouquets provide months of beauty with minimal care. Just provide the proper growing conditions, and success is sure to follow.

Start with a Phalaenopsis, moth orchid, that is best suited to the home environment, making it the easiest to grow. Purchase a healthy plant with green leaves, a few open flowers, lots of buds on a firm green flower stem and no signs of neglect.

Fertilize actively growing plants when soil is moist. Use a dilute solution of a complete fertilizer (such as a 20-20-20) labeled for use on orchids or flowering houseplants. Avoid excess fertilization that can cause damaged black root tips or green floppy growth, which can prevent flowering.

Once your orchid finishes flowering, continue growing it in a brightly lit location, water and fertilize as needed. You can either remove faded flowers, leaving the flower stem intact, and wait for a flush of smaller flowers at the tip of the stem—or you can cut the flower stem back above either the second or third node (the thickened part of a plant stem where new growth appears) from the bottom. A third option is to cut the flower stem back to one half inch above the leaves. This is best for the health of the plant. It results in the best reblooming and allows plants to conserve energy used for flowering and focus on growing roots.

If forcing your orchid to produce a second flush of flowers seems like too much work, just treat it like a long-blooming bouquet. Ease your guilt by getting the plant to a fellow gardener that would be happy to accept the challenge. Then treat a new and different orchid to brighten your indoor garden.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook and Small Space Gardening. She hosts The Great Courses “How to Grow Anything” DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Her web site is www.melindamyers.com.
Tri-City Starzagger for Week: NOVEMBER 30, 2021

All Signs: This week begins in a dramatic way that makes you start to wonder about future goals. As the week progress, many of these ideas will start to become a reality. Therefore, this is the week to be the most creative. Move for the next sign. The earth has been unique and is being planted that the moment one definitely commits oneself, then Providence moves too. All sorts of things will then go on to help one that would never otherwise have occurred.

Aries the Ram (March 21-April 20): This is an excellent time to plan your travel plans. Not only do you want to travel, many of you also want to start a course of action. You are heading for a whole new level of energy to help others, especially those who are less fortunate.

Taurus the Bull (April 21-May 20): This is an excellent time to think about your own health, as well as your job. This is also a great time for improvements, repairs and decorations. Many of you are having a wonderful opportunity to improve your health, as well as your job. The perfect week to visualize what you are heading for.

Gemini the Twins (May 21-June 20): Many planets benefit you right now. Some are supportive, especially in a practical way, which means gifts, finances and favors will come your way. You desire to travel and explore the world is strong. Many of your ideas will start to become a reality.

Cancer the Crab (June 21-July 21): This is a busy active time for you. You are having a wonderful opportunity to improve your health, as well as your job. This week will suit you perfectly.

Leo the Lion (July 22-August 22): This is a playful time with increased activity with kids plus a strong interest in the arts, the theater, and entertaining at home as well, and repairs. Many of you are having a wonderful opportunity to improve your health, as well as your job. This is the perfect week to visualize what you are heading for.

Virgo the Virgin (August 23-September 22): Your focus on home and family continues, especially family discussions. In particular, they could involve home repairs, therapies and repairs. Many of you are entertaining at home as well, and some of you are planning a vacation. However, as you are having a wonderful opportunity to improve your health, as well as your job. This is a busy active time for you.
The rule requires all restaurants with more than takeout orders or for dine-in meals unless a customer when it phased out plastic shopping bags, then a decadeaverage sales and their take-up rate for the year. The.

Diners must now ask for plastic utensils in L.A. restaurants, similar laws, enforcement and the results of other cities’ experiences. The city of Davis and San Luis Obispo have similar laws, according
English foods, ale, and cider, as well as nonalcoholic beverages, will be available for purchase at an outdoor version of the Fair’s Grand Concourse. Entertainments will include Fair favorites such as Paddy West’s singing sailors, the lovable London Chimney Sweeps, Victorian Bobbies (aka Peelers), and many more.

Drive Thru Dickens’ London will also feature a selection of handmade goods perfect for holiday gift-giving. Children’s painting sets of clay figures and ornaments, Fairy House building kits, hand-dipped candles, fine soaps, hand-blown glass ornaments, traditional rum cakes, English Christmas Pudding, and more, can be purchased and delivered along with attendees’ food orders.

Fair producers will also be reprising Dickens Fair at Home, the 2020 online presentation of Yuletide videos, traditional recipes, and craft activities as well as readings from Mr. Dickens and Father Christmas. New Dickens Fair at Home features will be posted each weekend beginning Saturday, December 4.

Last but not least, dickensfair.com website will also feature a Shop Online portal to many of the Fair’s craftspeople. “Our marvelous artists have lost the majority of their shows once again this year, but many have continued to make their fantastic works of art and make them available online,” says Fair co-producer and vendor manager Leslie Patterson. “When you shop online and buy directly from the artists, you help them survive until live shows return.”

Dickens Drive-Thru Christmas Fair
Saturdays & Sundays, Dec 4 - 19
11 a.m. - 5 p.m. (last vehicle entry at 5 p.m.)
Cow Palace Lower Exhibition Halls
2600 Geneva Avenue, Daly City
www.dickensfair.com
Online advance purchase only; $25 per vehicle

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Dickens Christmas Fair drive thru

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Dickens Christmas Fair drive thru
WHAT’S HAPPENING’S TRI-CITY VOICE                                                                                                              Page 17
(510) 494-4365
For more info: rkiehn@fremont.gov
Complimentary tickets available at
holidays
Historic house is decorated for the
Parlor Tours: 1 p.m. – 2 p.m.
Full Tour: 11:30 a.m. and 2:30 p.m.
Toddlers Tours: 11 a.m. and 2 p.m.
House
Christmas at the Patterson
Saturdays and Sundays,
www.missionpeakreporter.org
1251 Peralta Blvd. Fremont
holidays
Christmas at Shinn House$  
Saturdays and Sundays, De-
om/https://www.christmaswith3crosses.c
3Crosses Church  
music, food
Ice skating, tree lighting, movies,
14 Nights of Christmas
December 24  
www.vangoghsf.com
10 South Van Ness Ave.,
Immersive Van Gogh
Thursday, March 18 – Mon-
ep101@husd.k12.ca.us  
For more information contact:
us.zoom.us/j/91644497730  
https://husd-
Virtual meetings via Zoom
other
program for fathers to support each
6:00 p.m. - 7:30 p.m.
Cafe Dad
ber 9 – June 9  
hosted by LEAF
Free webinar on gardening,
7 p.m. – 8 p.m.
12/1, 1/5, 2/2, 3/2, 4/6
First Wednesdays, November
www.LivermoreArts.org  
2400 First St., Livermore
interpreted in contemporary mosaic
Thursday – Sunday, 1 p.m. – 5 p.m.
50 Faces  
10 – Thursday, January 6
Wednesday, December 1
www.LWV.org  
Session 3 – 12/15: more info on
to a 3-part series
League of Women Voters invite you
to a program for fathers to support each
6:00 p.m. - 7:30 p.m.
Cafe Dad
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First Wednesdays, November
Sunday, December 4
Free Family Concert: The Nutcracker 5 p.m. Livestream: Amadeus - Symphony and Valley Dance Theatre perform selections from the Nutcracker Redwood Theater 2400 First St., Livermore livemusic.org

Saturday, December 4
Symphonic Sounds of the Season 8:15 p.m. Enjoy the classical sounds of Livestream: Amadeus - Symphony Redwood Theater 2400 First St., Livermore livemusic.org

Saturday, December 4
Snowflakes Show 2 p.m. – 4 p.m. Storytime and women made from real snow Forest Home (Auxiliary Old Navy) Snowflakes Show (shopkins.com www.foresthomeshoppingcenter.com/ childrensflake-show

Saturday, December 4
Animators Virtual Exhibition 8:30 a.m. – 9 a.m. Vendors, speakers, entertainment – all online using 3D technology eventsmorning.com

Saturday, December 4
Carlos Bot Park Beautification Event 9:30 a.m. – 1 p.m. Give, gron, and volunteer to clean up line Carlos Bot Park 1951 Green Way, Castro Valley www.hayward.org

Saturday, December 4
Bellevue Holiday Boutique 9 a.m. – 3 p.m. 55+ and arts and crafts vendors American High School (Enter parking lot off Alarav Ave.) 36300 Fremont Blvd., Fremont https://bellevuebouquet.org

Holiday Oddities Show Saturday, Dec 4 11 a.m. – 3 p.m. 48 purveyors of odd & curious wares 1457 Willow St., Alameda Oddities.com

Sun Gallery Holiday Boutique Saturday, Dec 4 – Sunday, Dec 5 11 a.m. – 5 p.m. Jewelry, clothing, framed art, cards, and more! Sun Gallery 1015 S. Hayward rongxiangsc@outlook.com

Monday, December 6
Canyon Middle School Choral Concert 7 p.m. Canyon Valley Center for the Arts 19501 Redwood Rd., Castro Valley https://bit.ly/3n8zf4P

Tuesday, December 7
Canyon Middle School Concert 7 p.m. Canyon Valley Center for the Arts 19501 Redwood Rd., Castro Valley https://bit.ly/3hU2Pd9

Wednesday, December 8
Castro Valley Center Shopping Village Tree Lighting Friday, Dec 3 6 p.m. Live music, photos with Santa, Light Fair 3585 Main St., Castro Valley https://www.cityofcastrovalley.org

Christmas comes to local historic homes

McConaghy House, a popular historic Victorian-era home, is fully decorated for the holidays, and visitors can take self-guided or guided tours. McConaghy House is located just north of Hayward. A lighting ceremony with special evening hours will kick off the season at McConaghy House on Wednesday, December 1, while another lighting ceremony will celebrate the opening of the fully decorated Meek House on Thursday, December 2. Each two-hour event starts at 5:30 p.m. Both houses will be open for self-guided tours from 10 a.m. to 3 p.m. on Saturdays, December 4, 11 and 18. Santa Claus will greet visitors at McConaghy House on December 4 and at McConaghy House on December 11 from 12 noon to 2 p.m.

Through regular open house self-guided tours are a $5 suggested donation, which goes to support the homes. Private tours with HAHIS staff are available for groups up to 20 people during the week for a nominal fee.

Submit by: Maegans Orings

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Historic homes holiday lighting celebrations

McConaghy House

Wednesday, Dec 1 5:30 p.m. – 7:30 p.m. 17365 Boston Road, Hayward

Meek Mansion

Thursday, Dec 2 5:30 p.m. – 7:30 p.m. 25575 Hesperian Blvd., Hayward

Meek Mansion Open House

Saturday, Dec 4 10 a.m. to 3 p.m. Saturdays, December 4, 11 and 18.

Meek Mansion will open for the first time to the public for holiday tours. All homes are owned by the Hayward Area Recreation and Park Department, which partners with Hayward Area Historical Society (HAHS) to oversee their programming and care. McConaghy House is a fully-furnished Victorian house and museum next to Kennedy Park on Hopestar Boulevard. Meek Mansion is a stately Tudor-style house located inside Meek Estate Park in Cherryland, an unincorporated
FUDENNA BROS., INC.

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Perfect for startups
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Allow for growth to larger office space within our properties
-24/7 building access
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-No hidden fees
-Close to Bart
-Near 680/880

Contact Fudenna Bros. for more information
Phone: 510-657-6200
Email: customerservice@fudenna.com
Office located at 39823 Paseo Padre Pkwy. Fremont CA, 94538

Free lacrosse clinics

Submitted by Greg Mengis

Spartans Lacrosse, serving Fremont, Newark and Union City, will host free clinics for beginners and experienced players. Clinics will include drills focused on stick skills and footwork for all skill levels.

Boys and girls from ages six through high school are welcome. This is a great opportunity for returning to shake the rust off and start getting ready for the spring season and for new players to check out this fast-paced sport in a great learning environment!

Sticks for beginners and some loaner gear will be available.

Spartans Lacrosse clinics
Saturday, Dec 4
Saturday, Dec 11
10 a.m. – 12 noon
Irvington Community turf field
41885 Blacow Rd, Fremont
www.fre-lax.com
gmengis@fre-lax.com

Students celebrate light and diversity of Diwali

Submitted by Amber Wong and Ariana Yi

Basis Independent Fremont Upper School held a celebration of Diwali, a festive holiday with lavish and vibrant decorations. The idea started with a simple zoom call among a few parent volunteers. Inspired by past celebrations in the lower school, they allotted tasks among themselves. After two weeks of careful preparations, parents created activities incorporating iconic Diwali traditions.

Students were able to decorate their own Diyas, traditional lamps made of clay. Many also designed their own Rangoli, a colorful painting drawn on the entrances of houses. A parent volunteer explained, “The Rangoli paintings in particular represent light and color, welcoming goodness into the home. Diyas represent a bearer of light.”

Diwali cheer entered the dance floor with traditional Indian dance as students sampled treats including samosa, a triangular deep-fried pastry with savory filling, and gulab jamun.

Parents explained that not only is Diwali a time to eat, but a time for families to get together and enjoy time with each other. To each family, Diwali means a different thing: a time of sharing, a time for jovial celebration, and a time honoring good over evil.

Students loved spending their lunch experiencing the kindness and culture of their classmates’ families. One student said, “The treats given out are incredible. Especially the samosas: they are just the right amount of savory and spicy.”

Crafts nourished student creative spirits as well. A student at the Rangoli painting station said, “The activities are really fun. The colors and stencil that you can use to make these beautiful Rangoli paintings are bright and nice.”

When students shared their thoughts of Diwali as a celebration, they emphasized that it was a time for fun and for sharing with friends and family. Most importantly, the event helped introduce students to Diwali and educate them on the diversity in their community.

BASIS Fremont
https://fremont.basisindependent.com/
headed for preservation or noted as historic. Despite that, this tree is most certainly significant to the town of Niles, and the flagged for preservation or noted as historic. Despite that, this tree is most certainly significant to the town of Niles, and the
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Think Small

WILLIAM MARSHAK

Last weekend, tucked in a Saturday following Thanksgiving and the Niles Christmas parade opening the holiday season, a "Shop Small Business" promotion encouraged the public to patronise small businesses. The definition of small is a bit murky since various governmental entities use different parameters to affix the label. Small is often in the eye of the beholder. In some cases, a "mom and pop" business with fewer than five employees and modest payroll can be statistically combined with another business in a category that includes over 50 employees and a payroll in the millions. Some areas have created an additional category, "micro business," to further define terminology. However, whatever parameters are used, the joys and perils of operating a small business can range from exciting and uplifting to brutal lows.

U.S. Congressional Representative Dave Lipton called small business the "backbone of American Economy", but many others have noted its importance using the same words as well. Although employing almost half the working population of the United States, in comparison with large corporate enterprises, small businesses have limited access to resources, bank loans and tax breaks. Within the community however, their impact is substantial, employing local people, buying supplies locally and serving specific needs of a community. While large companies may also employ a local workforce and favor a local supply chain, economies of scale can often lead to economic decisions based on a different set of criteria that favor regional, national or international solutions.

In this time of pandemic restrictions and supply chain issues, the burden on entrepreneurs and small business has heightened. With limited reserves, economic uncertainty and unforeseen restrictions, the struggle for survival for many is at a critical point. Without community support, they will - and many already have - succumb to the vagaries of business life. While some business is doomed to failure through poor planning, market weakness or product failure, the addition of factors beyond control in the small business universe threatens the future marketplace. Our small businesses deserve attention and support.

It up to consumers to determine the extent of support for local, truly small businesses. Small Business Saturday is only one day each year, but the burden of management, operations and sales for business - small or large - is an everyday affair. As we approach the holiday season, filled with festive occasions, activities and shopping, it can be a satisfying experience to use at least part of your budget to support local proprietors and their employees.

Think "Small Business Every Day" and make a concerted effort to help your community to thrive.

William Marshak

Editor in Chief

TRI-CITY VOICE

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tricityvoice@afana.com

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www.haywardrec.org

Volunteers in Parks

Children must be accompanied by parent or guardian.

SATURDAY, DEC 4

9:30 a.m. – 1:30 p.m.

Join Hayward Area Recreation Department to clean up a park.

Bring gloves, bottled water.

1900 Green Way, Castro Valley

(510) 881-6755

www.haywardrec.org

If you would like to help our cause, please email any solutions you can think of to... Help Save JOANN Fabric and Craft at: FCS14560@gmail.com

Saturday, Dec 4

Volunteers in Parks

9:30 a.m. – 1:30 p.m.

Join Hayward Area Recreation Department to clean up a park.

Bring gloves, bottled water.

1900 Green Way, Castro Valley

(510) 881-6755

www.haywardrec.org

Children must be accompanied by parent or guardian.

Help JOANN Fabric and Craft stay in Fremont

SUBMITTED BY LISA GARCIA

Many stores and services have left our area due to the high cost of commercial space and business operations. Impact of the COVID pandemic has magnified this problem, resulting in even greater loss of revenue and skyrocketing lease terms. Large and small businesses have been affected. One of the latest victims is JOANN Fabric and Craft at Pacific Commons. With a history of continued presence at all locations in California, the possibility of withdrawal from Fremont comes as a great disappointment and surprise to the community.

This is a desire and willingness to remain in Fremont, however they could not come to terms and had to make the business decision to leave the present location. We remain hopeful that JOANN will either come back to the negotiating table with agreeable terms and hope that Fremont is either a place for them to return or find another location in the area.

Help JOANN Fabric and Craft is a local community-driven campaigning which is dedicated to keep JOANN Fabric and Craft in Fremont to continue their operations. In order to achieve that, we need your help. We are calling on everyone to help us with the cause by spreading awareness, making phone calls, writing letters, signing petitions and engaging in any activity that can help in keeping JOANN Fabric and Craft in Fremont.

Let us all come together and do what we can to help keep JOANN Fabric and Craft in Fremont.

William Marshak

PUBLISHER

November 30, 2021

West’s Happening: The City Voice
**ONLINE COLLEGE BOARD OF TRUSTEES**

**November 10, 2021**

**Ceremonial item:**
Proclamation of Native American Heritage Month.

**Consent Agenda:**
- Approval October 2021 payroll warrants.
- Approval vacation personnel actions.
- Resolution of excused absence for the October 15, 2021 board meeting.
- California Community College Trustees board report.
- Report on the 2021 Association of Community College Trustees Annual Conference.
- New and revised credit and noncredit courses and program for 2021-2022.
- Measure G bond list revision.
- Review of purchased orders.
- Superintendent/President’s employment contract effective July 1, 2021.
- School district insurance.
- Approval of new Bond Measure Oversight Committee member.
- Public Hearing
- Adoption of Budget
- Approval various personnel actions.

**Action/Discussion:**
- Review and approval of the first quarter 2021-2022 financial report and acceptance of related budget changes. Unanimously approved.

**Adjournment:**
- Approval of minutes.

---

**Authors organize to combat retail theft**

**SUBMITTED BY SARAH RICHARD, CALIFORNIA HIGHWAY PATROL**

With the holiday shopping season in full swing, the California Highway Patrol (CHP) is collaborating with local law enforcement agencies aggressively investigating organized retail crimes, making arrests, and recovering stolen merchandise from brick-and-mortar and online retail stores throughout the state.

The CHP’s Organized Retail Crime Task Force (ORCTF) assists local law enforcement agencies and parole leads, identifies suspects, and supports criminal investigations. Immediately following the high-profile heistings in the Bay Area over the weekend of November 20, 2021, the CHP contacted the local agencies investigating the crime and offered assistance. As a result, effective immediately, the CHP is increasing patrols on freeway corridors adjacent to major shopping centers.

Since its creation in 2015, the CHP, ORCTF, in conjunction with local law enforcement agencies, has participated in 773 investigations, made 240 arrests, and recovered $30.8 million in merchandise.

The CHP remains steadfast in its efforts to help reduce organized retail theft. CHP Commissioner Capri Ray said: “We are working with local law enforcement and directed agencies to apprehend and prosecute the criminals involved in this nefarious activity.”

As California’s state law enforcement agency, the CHP can assist local authorities with the investigation of organized retail crime, as far beyond their jurisdiction or as requested. The ORCTF provides local law enforcement with logistical support and resources, including personnel and equipment. Every ORCTF team assists with the state sharing information between law enforcement agencies and California’s statewide and out-of-state CHP detectives to investigate these crimes and enhance the safety of the public as they shop throughout California.

According to the National Retail Federation, organized retail theft accounts for an estimated $30 billion in economic loss each year nationwide. Organized retail theft typically involves a criminal enterprise with multiple theft rings at numerous retail stores and uses a nationwide approach to aggressively investigate organized retail crimes, make arrests, and recover stolen merchandise from brick-and-mortar and online retailers.

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**Newark City Council**

**November 18, 2021**

**Presentations:**
- Proclamation November 27, 2021 a Small Business Saturday.
- Introduction of Police Sergeant.

**Consent Calendar:**
- Adoption of an ordinance adding Chapter 8.40. "Vacancy Reduction and Realignment of Uniformed Newark Municipal Code to reduce the amount of organic and recyclable materials dumped to landfills.
- A resolution finding that there is a Proclaimed State of Emergency; finding that meeting in person would present imminent risk to the health or safety of attendees at the state of emergency; and authorizing continued remote teleconference meetings of the legislative bodies for a period of 30 days through December 12, 2021.

**Other Business:**
- A resolution approving the Experimental COVID Grant Program (ECGP) and authorizing an amendment to the 2020-2021 Biennial Budget for FY 2021 to provide American Rescue Plan Act (ARPA) funding of $1.5 million for the CHP and associated administration costs. Councilmember Collins asks for workshops in Spanish. Spanish workshops will be held in December.

**Financial workshop training is available to everyone.**
- A resolution approving funding for small business assistance in the Old Town Historic District of Sunol City and approving a third amendment to the Consulting Services Agreement for Spectrum Small Business Services and associated budget amendment. Motion passed 3-0-2 (Altamont, Collins, Freitas)
- A resolution authorizing the application for Homeland Grant funding and allocation of ARPA Recovery Planning and Housing Impact Fund for the Tri-Valley Sunol Newark Home Project at 100 Meadow Creek Way, Sunol. Funding of $150,000 was approved by councilmembers.

**City Council Matters:**
- LOV Newark hosting Thanksgiving dinner.
- Thank you to Bay City Produce for delivering refrigeration truck to LOV.
- Thank you to the Police Department for turkey donations.
- Happy Thanksgiving!

**City Council Matters:**
- Mayor Alan Naga Aye
- Vice Mayor Mike Bucci Aye
- Michael Hannon Aye
- Lupe Freitas Aye, 1st round
- Stacy Collazo Aye, 1st round

---

**Letters Policy**
The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer’s name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

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Classifieds Deadline: Noon Thursday
(510) 494-1999  | tricityvoice@aol.com  CLASSIFIEDS

Optical Engineer

Design/develop/implement/improve optical related experiments/subsystems for laser-based, biophysical technology products/services; provide system-level technical support on cytometry related products and maintain critical technical documents; collaborate with multidisciplinary teams to identify issues & covert findings into product improvement; lead development execution of testing protocols on failure analysis; perform system level laser line upgrade, develop/prepare/main training courses for new service engineers on current products. Req. Ph.D in Optical Science/Engineering or related+6 months experience in cytometry related products in identifying production hardware & potential software issues through data analysis and design/develop test protocols. Send resume to: Ms. Wong, Cytek Biosciences, Inc, 47215 Lakeview Blvd., Fremont, CA 94538.
Wilhelmina Tomlinson  
April 17, 1943 – November 14, 2021  
Resident of Union City

Our beloved mother, grandmother, great-grandmother, sister, aunt and friend, Wilhelmina Tomlinson passed away with her family by her side on November 14, 2021 at the age of 78 years. She will be lovingly remembered by her husband of 56 years, Louise; her children, Victoria, Keneth & Kristina; grandchildren & great-grandchildren, as well as numerous relatives and friends.

She will also be deeply missed by her friends at the U.C. Senior City, Bowling Alley, Bingo, & by her Community Members. Born in Manila, Philippines, Wilhelmina met her loving husband Laved Ellis Tomlinson in Guam. Together they moved to the Bay Area in the mid 1960's. Her long life was filled with family & social gatherings, going boating with her husband, creating beautiful flowers for friends & family, rooming, teaching others her craft, and love & lots of dancing.

Wilhelmina was a strong warrior, overcoming breast cancer in 2014. She was full of wisdom, love, and joy. She will be deeply missed by all that knew her.

The family wishes to send a special thank you to the Washington Hospital & Suncrest Hospice for their care and compassion.

Fremont Chapel of the Roses  
510-799-1900

Florenc Elizabeth Hamilton-Wiley  

On November 19, 2021, Florence Elizabeth Hamilton-Wiley passed away at home with family by her side. Florence was born in 1938 in Tyler, Texas and her parents Charles & Marion Hamilton, moved the family to Castro Valley when she was a little girl. She had a longer in the hotel business where she was a top employee in customer service. She always had a warm, friendly demeanor with the gift of gab. She majored in Journalism, and loved writing and spending time with her family.

She is survived by her loving husband Paul Wiley Jr., and her loving children; daughter Holly Cuccio (Domen); her sons Jeffery

Fremont Chapel of the Roses  
510-799-1900

Kay Maria Baranouskas  
October 3, 1934 - November 21, 2021  
Resident of Watauga, Texas

Kay Maria Baranouskas passed away on November 21, 2021 in Texas where she had been living the last seven years. She was born in Fremont, Michigan to Charles & Marion Hamilton, and her parents Charles & Marion Hamilton, moved the family to Castro Valley when she was a little girl. She had a longer in the hotel business where she was a top employee in customer service. She always had a warm, friendly demeanor with the gift of gab. She majored in Journalism, and loved writing and spending time with her family.

She is survived by her loving husband Paul Wiley Jr., and her loving children; daughter Holly Cuccio (Domen); her sons Jeffery

Fremont Chapel of the Roses  
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(510) 797-1900

FD 1007

FD 1115

189090 Hillside Blvd., Colma, 94014 at 1:30 p.m.

Interment at Serbian Cemetery,  
Church, 3721 Parish Ave., Fremont, 94536.

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BART Police Log

Saturday, November 20

¢ 7:18 p.m. a person identified by police as Denzil Henry was arrested at Fremont station on suspicion of possessing a controlled substance and on outstanding warrants, and booked into Santa Rita Jail.

Monday, November 22

¢ 8:16 p.m. a man identified by police as Craig Johnson was arrested at Fremont station on suspicion of making criminal threats and violating a court restraining order. He was issued a prohibition order and booked into Santa Rita Jail.

¢ At 9:43 p.m. a man identified by police as Michael Washington, 46, of Berkeley was arrested at San Leandro station on suspicion of violating a court order and possessing methamphetamine. He was booked into Santa Rita Jail.

Wednesday, November 24

¢ A man identified by police as George Guidry, 65, of Oakland was arrested at Bay Fair station in San Leandro on two outstanding warrants. He was booked into Santa Rita Jail.

¢ A woman, identified as Maria Rojas of Castro Valley, was taken into custody and booked into Alameda County jail for public intoxication at the 19th Street station. Walton was not in possession of valid fake media.

Thursday, November 25

¢ A man identified as Unamar Martin of Fremont, was observed on the trackway at the Bayfair station without a valid BART pass. He was booked at Santa Rita Jail.

Newark Police Log

Submitted by Newark PD

Wednesday, November 3, 2021
¢ A 51-year-old man responded to a report about two people sleeping in an unoccupied room in the 9500 block of Balboa Dr. Two suspects, a 45-year-old Union City woman and a 53-year-old Fremont man were arrested on suspicion of trespassing. They were cited and released.

Saturday, November 7
¢ A 45-year-old man responded to a report of vandalism and theft that occurred in the 500 block of Jarvis Ave. Officer Swade, who was assigned to the 2nd and 4th PM shifts, arrested the 53-year-old man on suspicion of petty theft and possession of drug paraphernalia. He was booked at Santa Rita Jail.

¢ A 31-year-old man responded to an in-progress report about an assault involving two males armed with metal pipes in the area of Center Court and Cedar Boulevard. Officer Thompson arrested a 41-year-old man on suspicion of assualt with a deadly weapon that used a firearm. He was booked at Santa Rita Jail.

Newark City of

Notice of Newark Planning Commission Vacancy

The City of Newark is accepting applications from Newark residents interested in serving on the Planning Commission. One vacancy has occurred for a term that expires on December 31, 2024. The Planning Commission consists of five members appointed by the City Council. The Planning Commission reviews and takes action on certain planning applications and makes recommendations to the City Council. The Planning Commission meets on the 2nd and 4th Tuesday of each month. Planning Commission meetings are held at 7:30 p.m. in the David W. Smith City Hall, 5711 Newark Boulevard, 1st Floor. Newark Planning Commission members receive a stipend of $75 per meeting held.

Persons interested in serving on the Planning Commission are invited to apply. Applicants must be a current resident of the City of Newark. Applications forms are available on the City Website at www.newark.org/departments/commissions-commission, in the Office of the City Clerk located at 5711 Newark Boulevard, 2nd Floor, suite 5, email city.clerk@newark.org, or by calling 510-579-5327. The City Hall is open Monday through Thursday from 8 a.m. to 5 p.m. Applications must be received in the City Clerk’s office by 12 p.m on Thursday, December 2, 2021. The person appointed to the Planning Commission will be required to file a Form 700, Statement of Economic Interest with the City Clerk within 30 days of their appointment and complete two hours of ethics training within one year of their appointment.

SHEILA HARRINGTON
City Clerk
Date: Dated: November 10, 2021

BART Police Log

Submitted by LES Mensinger and BART PD

Friday, November 12
¢ A 7:07 a.m. in the 5000 block of College Co. Officer Dameron arrested a 41-year-old Oakland woman and a 39-year-old Hayward man on suspicion of possessing a controlled substance while armed with a loaded firearm, being a felon in possession of a firearm, a prohibited person in possession of ammunition and possession of a controlled substance for sale. Both were booked at Santa Rita Jail.

Saturday, November 13
¢ A 31-year-old man in the 500 block of Jarvis Ave. was arrested on suspicion of a catalytic converter that had just occurred in the 9500 block of Jarvis Ave. Investigators arrested the 36-year-old man and took him to Santa Rita Jail.

¢ A woman was arrested at the 19th Street station for driving in traffic on May 19. She was tried in traffic on May 19. She was released.

¢ A woman, identified as Jose Garcia Rosa was observed in the area of Mission Peak Regional Preserve. She was arrested at 9:58 p.m. for suspicion of possessing a loaded firearm, being a felon in possession of a firearm and possessing prohibited or controlled substance.

¢ A man identified as Jose Garcia Rosa was arrested at 10:09 p.m. for suspicion of possessing a loaded firearm, being a felon in possession of a firearm and possessing prohibited or controlled substance.

Jose Garcia Rosa
February 11, 1927 – November 21, 2021
Resident of Fremont

Jose Garcia Rosa was born in Ferraz do Lavra, Portugal on February 11, 1927. He moved to the United States on December 6, 1966. Maria Ida, who came to the United States in January 1958, met Jose while he was working in the United States. They married in 1970 in San Francisco and have four children. Manuel, Maria Rosa, Nicolau, and Maria Mar. After completing the middle school education in Portugal, Jose worked as a machinist. This was in the 1950's, the same year he met Maria. Jose worked as a machinist in the United States in the 1960's. He and Fatinha made a good life in the United States. They created a new life with your family in a new country. Jose worked as a machinist, and later in the same industry in his new country. Jose and Maria have been living in Los Banos and San Leandro. They raised their children. Jose and Fatinha made a good living in California, buying their two houses in Hayward and Fremont, and to spend the summers, they had the Rosa house built in 1975 in Alameda County. In 1975, they moved in the summer months.
Believe HOLIDAY BOUTIQUE

ON SAT., DECEMBER 4, 9AM-3PM

Believe Holiday Boutique

holidayvendors@americanhighphs.org

www.ahsboutique.weebly.com

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2500 Mowry Avenue, Suite 130
Fremont, CA 94538

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*Assistance Programs available

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(Washington Hospital West)

Mon, Tue 9 am to 5 pm

Afro-American Cultural & Historical Society

Sharing our culture and history in the Tri-Cities and surrounding area.

Meetings: Third Saturday

 despalt@fremontlibrary.org

San Leandro Historical Society

Local and family history research available. Research centers and archives.

Info: 510-783-8181

San Leandro, CA

Inquiries: accgr6@gmail.com

UNITY CHURCH OF CASTRO VALLEY

AA Center for Peace Living

Rev. Donna Caldwell invites all to attend our 11:00 a.m.

Sunday Services

20212 Santa Maria Ave, Castro Valley

AA for other centuries

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www.unitycastrovalley.com

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CELEBRATING VENDORS

Seeking quality arts and crafts vendors for our 16th annual "Believe" Holiday Boutique in Fremont on Sat., December 4, 9AM-3PM

Sponsored by American High School PTSA

holidayvendors@americanhighphs.org

www.ahsboutique.weebly.com

FREMONT Cribbage Club

For more info, call 916-217-3074

"BELIEVE" HOLIDAY BOUTIQUE

IN FREMONT

Saturday, November 20

* At about 10:20 p.m. officers responded to a report about a shooting at Coyote Bar, 20891 Deciduous Dr. Upon arrival, they seized a 25-year-old Oakland man, produced a firearm and shot a victim during an altercation at the bar. The victim was taken to an area hospital for medical assistance and was later released. The suspect was safely taken into custody about 9:00 p.m., Sunday, November 21 after a search warrant was served at a residence on South Drive. For more information, please visit our website to see our latest notice.

Fremont Cribbage Club

Meets to play weekly, every Wednesday, every 1st & 3rd Wednesday starting at 6PM. at ROUND TABLE PIZZA at 5445 Thornton Ave, Newark. We welcome experienced players and new work with new players hoping to learn the game.

Email: Accgr6@gmail.com

For more information.

*Seeking Vendors*

Seeking quality arts and crafts vendors for our 16th annual "Believe" Holiday Boutique in Fremont on Sat., December 4, 9AM-3PM

Sponsored by American High School PTSA

holidayvendors@americanhighphs.org

www.ahsboutique.weebly.com

\"Believe\" HOLIDAY BOUTIQUE in Fremont on Sat., December 4, 9AM-3PM

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Fremont Cribbage Club

Meets to play weekly, every Wednesday, every 1st & 3rd Wednesday starting at 6PM. at ROUND TABLE PIZZA at 5445 Thornton Ave, Newark. We welcome experienced players and new work with new players hoping to learn the game.

Email: Accgr6@gmail.com

For more information.

San Leandro Police Log

SUBMITTED BY SAN LEANDRO PD

San Leandro Police Log

Saturday, November 20

* At about 10:20 p.m. officers responded to a report about a shooting at Coyote Bar, 20891 Deciduous Dr. Upon arrival, they seized a 25-year-old Oakland man, produced a firearm and shot a victim during an altercation at the bar. The victim was taken to an area hospital for medical assistance and was later released. The suspect was safely taken into custody about 9:00 p.m., Sunday, November 21 after a search warrant was served at a residence on South Drive. For more information, please visit our website to see our latest notice.

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November 30, 2021

PUBLIC NOTICES

ALAMEDA COUNTY WATER DISTRICT INCLUSION OF A MORE ECONOMICAL WATER AND ADEQUATE WATER USE REGULATIONS AND RESTRICTIONS AND RECOMMENDATIONS FOR THE WATER SHORTAGE CRISIS

The Alameda County Water District Board of Directors is providing a water shortage emergency management plan to prevent water use restrictions and to ensure that water is used efficiently.
Cruise, Waymo get OK for public robotaxi rides in California

By Steve Crowe

Cruise and Waymo, two leading autonomous vehicle companies, on September 30 both received permits to offer robotaxi rides to the public in California. The approval from the California Department of Motor Vehicles (DMV) does, however, come with major caveats.

Cruise’s permit allows five of its robotaxis to drive passengers around certain parts of San Francisco. Cruise vehicles are approved to operate between 10:00 a.m. and 6:00 p.m. at a maximum speed of 30 mph. The DMV is allowing Cruise to drive its robotaxis in light rain and fog. Cruise has been able to test autonomous vehicles on California public roads with a safety driver since 2015 and to test autonomous vehicles without a driver since October 2020.

Waymo’s permit allows it to operate its autonomous vehicles in certain autonomous vehicles in certain parts of San Francisco and San Mateo counties. However, the vehicles must have human safety drivers behind the wheel. Waymo’s vehicles are approved to operate on public roads with a speed limit of no more than 65 mph and can also operate in rain and light fog.

The DMV didn’t specify a timeframe in which Waymo’s vehicles could operate.

To start charging passengers for rides, Cruise and Waymo also need to obtain another permit from the California Public Utilities Commission (CPUC). Apparently, Cruise’s approval from the CPUC is still pending.

Waymo has been OKC to test autonomous vehicles on California’s public roads with a safety driver since 2014 and received a driverless testing permit in October 2018. Waymo started public testing in San Francisco in August 2019 with two safety drivers behind the wheel. Waymo has been operating a Level 4 public robotaxi service in parts of Arizona since October 2020.

"We can only offer paid rides in downtown San Francisco during those hours (pending the final CPUC deployment permit),” a Cruise spokesperson said. "We can continue to test with or without passengers in both downtown and with drivers 24/7. We’ll coordinate with our regulators as we expand hours of operations and geographic corridors."

Another autonomous vehicle company, Nuro, received a similar permit from the California DMV in 2020. But Nuro’s permit is for delivery of goods, not passengers. Nuro is now testing Nuro’s autonomous delivery vehicles.

More than 50 companies are licensed to test autonomous vehicles in California. Autonomous vehicles in California traveled approximately 1.99 million miles in autonomous mode on public roads in 2020. The total miles driven by Waymo and Cruise, 1.39 million, is 70% of the total autonomous miles driven in California in 2020.

In March 2021, Cruise acquired autonomous vehicle startup, Cruise. Terms of the acquisition were not disclosed. Founded in 2017, Voyage raised about $52 million, while Cruise has raised about $8 billion. Voyage was able to stand out by operating its adapted Chrysler Pacifica Hybrid minivans in two retirement communities: a 4,000-resident retirement community in San Jose, and a 125,000-resident retirement community in Florida.

Steve Crowe is Editor of Robotics, W/TFHM, Media, and co-host of the BotTech Summit Expo. He can be reached at sco@autonews.com.
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