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Season opener takes a stand for real women

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What's Happening

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August 30, 2016

Vol. 15 No. 34



Photo by Bruce MacGregor

Ardenwood Rail Fair

SUBMITTED BY THE RAILROAD MUSEUM AT ARDENWOOD OPERATED BY SPCRR

Bring the whole family to Ardenwood Farm for the 16th annual "Ardenwood Rail Fair" on Labor Day weekend for a day filled with trains, music, local history, farm animals, and **continued on page 19**

Photo by Mark Joseph Hanson



Meet Prince Charming at Sulphur Creek



SUBMITTED BY WENDY WINSTED
PHOTO COURTESY OF
SULPHUR CREEK NATURE CENTER

Come celebrate amazing carrion-eating, sun-basking redheads on Saturday, September 3 at Sulphur Creek Nature Center for "International Vulture Awareness Day." Meet Prince Charming, our resident turkey vulture, up close and find out why vultures are such a vital part of ecosystems around the world. Activities will also include crafts, Turkey Talk, and face painting.

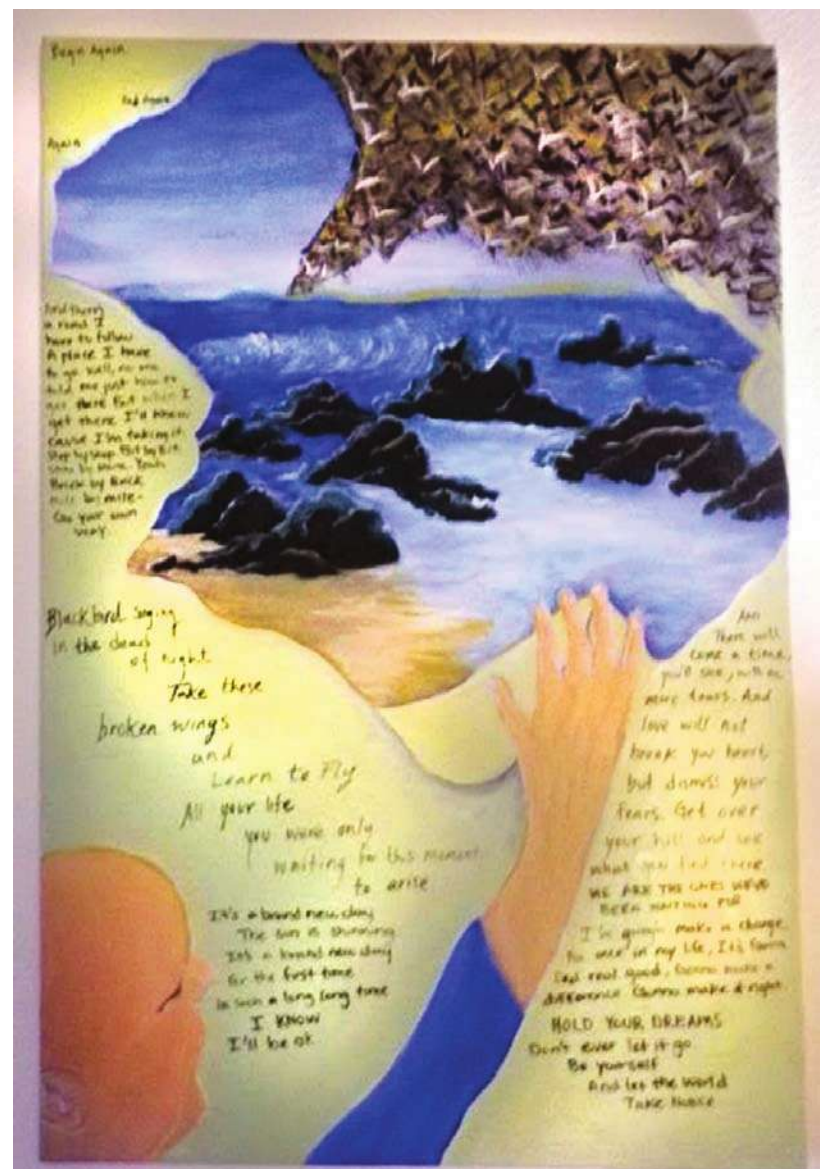
Turkey vultures are found from South America to Hudson Bay in Canada. Some stay year round in areas of warm climate. Most, however, will usually migrate to warmer areas in winter. Vultures often roost in high trees or on the sides of steep cliffs for easy take-off. Often, turkey vultures live in communal roosts and use that same roost for many generations; some roosts are known to be over 100 years old.

These birds are true scavengers. Unlike their cousin, the black vulture, they do not and cannot kill even small animals. Although equipped with keen senses of sight, smell and hearing, the vulture will often sniff out its dead prey with such extreme ability that they are able to detect odors measured in parts per trillion, as well as determine what direction the smell is coming from.

For more information on International Vulture Awareness Day, call (510) 881-6747 or visit www.haywardrec.org/421/Upcoming-Special-Programs.

International Vulture Awareness Day
Saturday, Sep 3
1 p.m. - 3 p.m.
Sulphur Creek Nature Center
1801 D St, Hayward
(510) 881-6747

www.haywardrec.org/421/Upcoming-Special-Programs
Free



A picture is worth a thousand words

BY TOSHALI GOEL
PHOTOS COURTESY OF HEATHER CURTIS

Among the numerous professions available in the complicated arena of mental health, a new field seems to be emerging: art therapy. The field caught the attention of Union City Youth and Family Services (UCYFS) Intern Heather Curtis, who is trying to further develop the program within Union City, and believes it would be a great opportunity for the Tri-City area to develop ways for community members to creatively express themselves.

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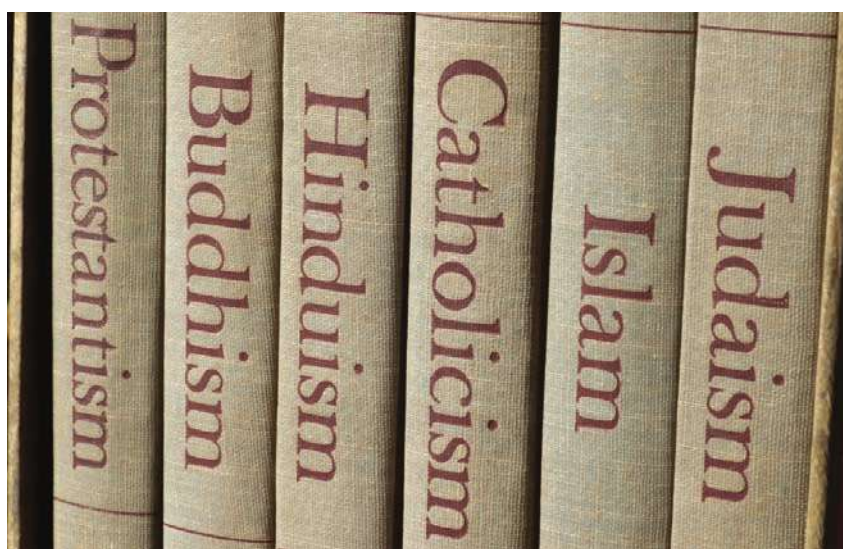
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Washington Hospital Palliative Care Program Offers Interfaith Discussion on End-of-Life Topics

Third of Three Free Presentations Features Leaders of Various Faiths Sharing Views on Palliative Care, End-of-Life Issues



The September 20 seminar, titled Palliative Care – Interfaith Discussion on End-of-Life Topics, is scheduled from 6:30 to 8 p.m. in the Conrad E. Anderson, MD, Auditorium at 2500 Mowry Ave. in Fremont. The session will feature a panel of religious leaders who will cover how faith traditions and beliefs affect people's decisions regarding end-of-life care. To register for the free seminar, visit whhs.com/events or call (800) 963-7070.

Palliative care emerged from the hospice movement with the aim of providing specialized care for people living with serious illness, with a focus on relief from suffering. Like hospice care, palliative care involves an interdisciplinary team of professionals in spiritual care, social work and medical care to deal with all aspects of the patient's needs.

Palliative care is not just for patients who are dying, however, and it can begin much earlier in the diagnosis. When patients progress in an illness toward the end of life, palliative care can merge into hospice care, which is intended for people who likely have six months or less to live.

"I consider palliative care and hospice care to be good nursing and medical care, as well as spiritual care," says Washington Hospital's Spiritual Care Coordinator Michelle Hedding, MA, RN, CHPN (certified hospice and palliative care nurse).

"Spiritual care is an essential component of palliative care," says Hedding, who is part of Washington Hospital's Palliative Care Team. "Spirituality encompasses a person's search for meaning and purpose in life, and a diagnosis of chronic or

life-threatening illness can lead to spiritual struggles. The turmoil may be short for some patients and protracted for others as they try to make sense of their diagnosis in terms of what gives them value and meaning in life."

To promote greater awareness of palliative care and end-of-life considerations, Washington Hospital is offering the third and final session in a series of free presentations. The upcoming final session – "Palliative Care – Interfaith Discussion on End-of-Life Topics" – is scheduled for Tuesday, September 20, from 6:30 to 8 p.m. in the Conrad E. Anderson, MD, Auditorium at 2500 Mowry Ave. in Fremont.

The presentation is intended for patients and their families, but physicians and other care providers also are welcome to attend. Participants can attend the final session regardless of whether they attended previous presentations. Information and forms for completing advance health care directives will be available. Individual assistance in completing advance health care directives will be provided as needed.

At the September 20 session, Hedding will moderate a panel discussion about the spiritual aspects of palliative care, including how people's faith traditions and

beliefs affect their decisions regarding end-of-life care. Panelists will include Washington Hospital's Palliative Care Coordinator Father Jeff Finley, who is a Roman Catholic priest, as well as members of faith traditions that reflect the cultural diversity of the Tri-City Area. Other faiths represented may include Christianity, Judaism, Buddhism, Hinduism, Islam and Sikhism. The panelists will each give a synopsis of their faith's views on end-of-life care and beliefs about death and dying. The forum will allow ample time for questions from the audience.

"We will ask the panelists to discuss what their faiths say about topics such as how far clinical treatment should extend, when life ends and what happens after death," Hedding explains. "That may lead to questions on matters such as religious rites prior to death, organ donations, options for burial or cremation and traditions for memorial services.

"Patients' beliefs and their desires for care at the end of their lives are as diverse as our population," she adds. "In the absence of specific guidance, doctors and other caregivers may not know a patient's wishes, including those related to spiritual care. This is why you should have advance health care directives and clear end-of-life instructions written up ahead of time and shared with your family and anyone else who might be a surrogate decision maker. As health and spiritual care providers, we want to acknowledge and honor your views and beliefs."

To register for the free seminar on September 20, or to learn more about other seminars offered by Washington Hospital, visit whhs.com/events or call (800) 963-7070.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	8/30/16	8/31/16	9/1/16	9/2/16	9/3/16	9/4/16	9/5/16
12:00 PM	Diabetes Matters: The Diabetes Domino Effect: ABCs	Living with Arthritis	Reach Your Goal: Quit Smoking	Get Back On Your Feet: New Treatment Options for Ankle Conditions	Acetaminophen Overuse Danger	Cough and Pneumonia: When to See a Doctor	Don't Let Hip Pain Run You Down
12:30 PM	Raising Awareness About Stroke	Diabetes Matters: Straight Talk About Diabetes Medications	Inside Washington Hospital: Stroke Response Team	New Treatment Options for Chronic Sinusitis	Voices InHealth: Medicine Safety for Children	Family Caregiver Series: Recognizing the Need to Transition to a Skilled Nursing Facility	Getting the Most Out of Your Insurance When You Have Diabetes
1:00 PM		Family Caregiver Series: Coping as a Caregiver					
1:30 PM		The Weigh to Success	Advanced Healthcare Planning	Shingles	Inside Washington Hospital: Patient Safety	Sideline Back Pain? Get Back in the Game	
2:00 PM	Inside Washington Hospital: Advanced Treatment of Aneurysms	Washington Township Health Care District Board Meeting August 10, 2016	Diabetes Matters: Basics of Insulin Pump Therapy	Washington Township Health Care District Board Meeting August 10, 2016	Low Back Pain	Family Caregiver Series: Medication Safety	Washington Township Health Care District Board Meeting August 10, 2016
2:30 PM	Not A Superficial Problem: Varicose Veins & Chronic Venous Disease		Washington Women's Center: Cholesterol and Women				
3:00 PM	Diabetes Matters: Insulin: Everything You Want to Know	Diabetes in Pregnancy	Family Caregiver Series: Hospice & Palliative Care	Family Caregiver Series: Driving Safety & Alternative Transportation Resources	Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate	Sports Medicine Program: Youth Sports Injuries	Colon Cancer: Prevention & Treatment
3:30 PM	Deep Venous Thrombosis	Meatless Mondays	Hip Pain in the Young and Middle-Aged Adult	Minimally Invasive Options in Gynecology	Strengthen Your Back		Knee Pain & Replacement
4:00 PM	Inside Washington Hospital: The Green Team	Low Back Pain	Voices InHealth: Healthy Pregnancy	Diabetes Matters: The History of Diabetes	Voices InHealth: The Legacy Strength Training System	Diabetes Matters: Diabetes & Stroke: What's the Connection?	Alzheimer's Disease
4:30 PM	Shingles	Low Back Pain	Voices InHealth: Healthy Pregnancy	Diabetes Matters: The History of Diabetes	The Real Impact of Hearing Loss & the Latest Options for Treatment		Alzheimer's Disease
5:00 PM	Shingles	Low Back Pain	Voices InHealth: Healthy Pregnancy	Diabetes Matters: The History of Diabetes	The Real Impact of Hearing Loss & the Latest Options for Treatment		Alzheimer's Disease
5:30 PM	Latest Treatments for Cerebral Aneurysms	Diabetes Matters: Type 1.5 Diabetes	What Are Your Vital Signs Telling You?	Family Caregiver Series: How Do You Talk to Your Doctor?	Washington Township Health Care District Board Meeting August 10, 2016	Washington Township Health Care District Board Meeting August 10, 2016	Alzheimer's Disease
6:00 PM	Nerve Compression Disorders of the Arm	Voices InHealth: Radiation Safety	Family Caregiver Series: Legal & Financial Affairs	Family Caregiver Series: Fatigue and Depression	Washington Township Health Care District Board Meeting August 10, 2016	Washington Township Health Care District Board Meeting August 10, 2016	Minimally Invasive Surgery for Lower Back Disorders
6:30 PM	Washington Township Health Care District Board Meeting August 10, 2016	Good Fats vs. Bad Fats	Snack Attack	Community Based Senior Supportive Services	Lunch and Learn: Yard to Table	Not A Superficial Problem: Varicose Veins & Chronic Venous Disease	Inside Washington Hospital: Rapid Detection of MRSA
7:00 PM		Keys to Healthy Eyes	Washington Township Health Care District Board Meeting August 10, 2016	Prostate Cancer: What You Need to Know	Keeping Your Heart on the Right Beat	Eating for Heart Health by Reducing Sodium	Urinary Incontinence in Women: What You Need to Know
7:30 PM	Turning 65? Get To Know Medicare	Your Concerns InHealth: Sun Protection	Family Caregiver Series: Coping as a Caregiver	Arthritis: Do I Have One of 100 Types?	Sports Medicine Program: Exercise & Injury	GERD & Your Risk of Esophageal Cancer	Voices InHealth: The Greatest Gift of All
8:00 PM		Voices InHealth: New Surgical Options for Breast Cancer Treatment	Hip Pain and Arthritis: Evaluation & Treatment	Diabetes Matters: Understanding Labs to Improve Diabetes Management	Diabetes Matters: Understanding Labs to Improve Diabetes Management	Crohn's & Colitis	Family Caregiver Series: Tips for Navigating the Healthcare System
8:30 PM	Diabetes Matters: Sugar Substitutes - Sweet or Sour?	Keeping Your Heart on the Right Beat	Family Caregiver Series: Nutrition for the Caregiver	Inside Washington Hospital: The Emergency Department	Women's Health Conference: Can Lifestyle Reduce the Risk of Cancer?	Washington Women's Center: Cancer Genetic Counseling	Take the Steps: What You Should Know About Foot Care
9:00 PM					Diabetes Matters: Gastroparesis	Family Caregiver Series: Understanding Healthcare Benefits	

Healthy Eating Isn't Hard

Healthy eating is one of the most powerful actions one can take to reduce the onset of disease, according to Anna Mazzei, a registered dietitian and certified diabetes educator at Washington Hospital.

But mention dietary guidelines or even "healthy eating" and many envision having to give up their favorite dishes or eating nothing but fruit, grains and vegetables – often raw. Nothing could be further from the truth, Mazzei says.

The key is to incorporate healthy foods and nutrient-dense foods into one's ongoing diet, to watch the amount you eat and to make sure that, over the long haul, healthy foods are a major part of your daily diet, she adds.

Mazzei will explain how to incorporate healthy foods into your diet while meeting your own dietary, budget and cultural food preferences at a free September 21 educational seminar to be held at Washington West, 2500 Mowry Ave. in Fremont.

Learn how the latest federal dietary guidelines can help you keep your weight under control and help prevent chronic diseases. The meeting, from 1 – 3 p.m. in the Conrad E. Anderson, MD, Auditorium, is open to anyone interested in improving his or her health.

The new 2015 – 2020 U.S. Government Dietary Guidelines approach healthy eating in a practical and manageable way, according to Mazzei. The guidelines focus on how people eat as well as their eating patterns over a lifetime and then suggest ways that healthy eating can be incorporated into those eating patterns.

While still adhering to the recommended servings of fruits, vegetables, grains, dairy and proteins, the guidelines focus on establishing eating patterns that are successful over the long-haul and that are adaptable to cultural dietary preferences.

It's important to address long-term eating patterns rather than trying to fit the recommended servings into each meal, she says. "We look at having a variety of healthy foods in your diet across various food groups."

At the seminar, Mazzei will discuss how to adjust one's diet to lose weight without neglecting healthy eating, how to still eat healthy on a limited budget and how to incorporate nutrient-dense foods into one's diet.

"Nutrient-dense foods are those with few added calories from fat, sugar or salt," she explains. A fresh apple is nutrient dense.

The rates of chronic diseases, many of which are related to a poor-quality diet and physical inactivity, have increased. According to the 2015 – 2020 Dietary Guidelines report, about half of all American adults have one or more preventable, diet-related chronic diseases including cardiovascular disease, type 2 diabetes and obesity.

However, the report noted, "a large body of evidence now shows that healthy eating patterns and regular physical activity can help people achieve and maintain good health and reduce the risk of chronic disease throughout all stages of the lifespan."

In looking at a new approach to healthy eating, the report noted that people do not eat food groups in isolation but rather in combination, and the totality of the diet forms an overall eating pattern.

The components of a person's eating pattern can have interactive and potentially cumulative effects on health. According to the report, "These patterns can be tailored to an individual person's preferences, enabling Americans to choose the diet that is right for them."

The new guidelines are:

1. Follow a healthy eating pattern across the lifespan.
2. Focus on variety, nutrient density and amount.
3. Limit calories from added sugars and saturated fats and reduce sodium intake.
4. Shift to healthier food and beverage choices.
5. Support healthy eating programs for all.

The September seminar will focus on how you can apply the new guidelines to your own lifestyle and your own food preferences. Healthy change can be accomplished without being disruptive or distasteful.

To register or for more information, visit www.whhs.com/events or call (800) 963-7070.

For those unable to attend the monthly program, the seminars may be televised on InHealth, a Washington Hospital Channel (Comcast Channel 78) and online at www.inhealth.tv.

Figure 2-8. Typical Versus Nutrient-Dense Foods & Beverages

Achieving a healthy eating pattern means shifting typical food choices to more nutrient-dense options—that is, foods with important nutrients that aren't packed with extra calories or sodium. Nutrient-dense foods and beverages are naturally lean or low in solid fats and have little or no **added** solid fats, sugars, refined starches, or sodium.



Office of Disease Prevention and Health Promotion, www.health.gov/dietaryguidelines/2015

Ask the Doctor

This is an ongoing column in which community physicians answer your health-related questions. Questions should be emailed to Ask the Doctor at: askthedoctor@whhs.com

Heartburn vs. Heart Attacks?

Dear Doctor,
How does one know if chest pain is related to a heart attack or is just heartburn?

Dear Reader,
Sometimes it can be very difficult to distinguish between heartburn and a heart attack. Some of the telling symptoms of a heart attack include pain that radiates down the left arm or up into the left jaw, or is accompanied by shortness of breath. Heartburn usually comes on after a meal that is rich or spicy and stays mostly in the mid portion of the lower chest. If you or someone you know is experiencing bad chest pain, seek emergency care.

Mary S. Maish, MD




Dr. Maish is a board-certified thoracic and general surgeon. She holds a master's degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the medical staff at Washington Hospital.

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Health & Wellness



Free Community Seminar

SPEAKER



Kristi Caracappa
Health Insurance Information Service Coordinator
Washington Hospital Healthcare System

New to Medicare: What You Need to Know

This seminar will explain the qualifications needed for Medicare, Medicare Part D (prescription drug plan) and Medicare Advantage plans. This session will help you to make informed decisions.

Thursday, September 15, 2016, 7 to 9 p.m.
Washington Township Medical Foundation
Newark Clinic Conference Room
6236 Thornton Ave., Newark
—OR—
Thursday, September 22, 2016, 7 to 9 p.m.
Washington Township Medical Foundation
Nakamura Clinic Conference Room
33077 Alvarado-Niles Rd., Union City

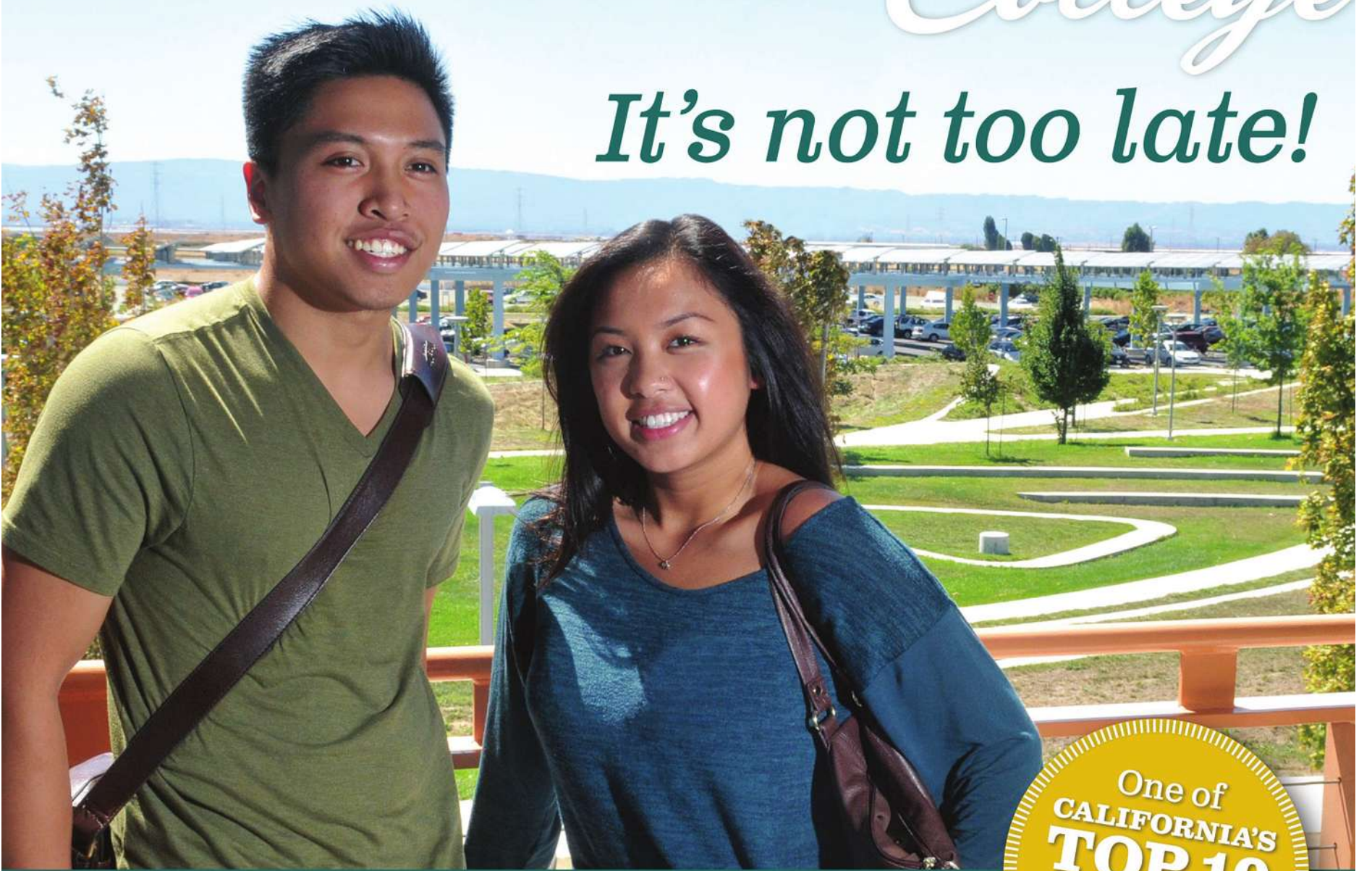
To register or for more information, visit www.whhs.com/events or call 1-800-963-7070.

Seminars may be televised on InHealth, a Washington Hospital Channel (Comcast Channel 78) and online at inhealth.tv.

Stay connected to Washington Hospital through Facebook, YouTube and Twitter. Watch InHealth Channel videos, learn about upcoming events and seminars and see what's happening at your community hospital.

OHLONE College

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Register now for Fall semester classes, and Late Start Classes!

ohlone.edu/go/apply

Ohlone College Swimming Pool Opens with a Splash!



Filled with sparkling blue water, the new Ohlone swimming pool is an impressive sight. But there's more to this pool than just a pretty face. The Ohlone College swimming pool, which had its grand reopening on August 10, has emerged as smarter, more efficient and healthier than ever before.

The Ohlone swimming pool is regulation length and width and that has not changed. However, the pool shell was recontoured to decrease the depth of the pool, reducing the amount of water by 20%. But the secret to its smart operation is a new,

state-of-the-art filtration system that purifies water more effectively, expends less energy (at a savings of \$25,000 per year), and results in a 25% reduction in the amount of chemicals used to treat the pool. Water is filtered through sand that removes and disposes of unwanted residue, letting clean water enter back into the pool system.

At the ribbon cutting event, 75 members of the community, college staff and students gathered to celebrate the opening of the swimming pool as Ohlone College President Dr. Gari Browning cut

the ribbon. The men's and women's water polo teams then jumped in for a scrimmage.

The swimming pool renovation is part of an overall project to revamp or rebuild Ohlone's athletic facilities, which includes all three ball fields—soccer, baseball and softball; upgrades to the gym; and construction of a new fieldhouse. The swimming pool is the first of the athletic facilities to be completed, an eight-month project that was finalized on time and on budget!



Approaching the half century mark!

Fall 1967 several hundred college students marched onto the Ohlone College campus at its former location on Washington Boulevard in Fremont for the first day of the first semester of the first year of Ohlone College. In "year one" the number of students reached 1,300! Now, 49 years later, Ohlone College has formed the

educational foundation for over 300,000 residents of our District.

Beginning in 2017, Ohlone College begin celebrating its Golden Anniversary, making note of milestone events along the way and ending with a celebration for the entire community in Fall 2017. Watch for notices of special events as we plan for this momentous occasion!

UPCOMING EVENTS

Pinched and Pulled

Ceramic sculptures by Jennifer Brazelton
Reception & Artist Talk:
Thur., Sept. 8
1:30pm - 3:00pm
Exhibit runs thru Sept. 23
FREE & Open to Public
Smith Center at Ohlone College
Louie-Meager Art Gallery
ohlone.edu/org/artgallery



Ohlone Foundation & Tri-Cities One Stop

Fall Career Expo

Fri., Sept. 30
9:30am - 1:30pm
Ohlone College Newark Center
FREE & Open to Public
tricitiesonestop.com

COMING SOON Smith Center Presents!

Aileen Chanko
Classical Pianist
Fri., Oct. 28, 8:00pm
Smith Center at Ohlone College
smithcenter.com



SCIENCE NIGHT
October 15, 5pm to 9pm
Ohlone College Newark Center

Free Admission

Interactive Science Exhibits for the Whole Family

LETTER TO THE EDITOR

Washington Hospital recognized again for nursing excellence

On August 17, the American Nurses Credentialing Center (ANCC), which recognizes the very best health care organizations nationwide for nursing excellence, informed us that Washington Hospital has achieved Magnet® recognition for the second time in a row. This achievement further solidifies Washington Hospital as an organization dedicated to providing excellence in nursing services and the highest quality of patient care.

Magnet recognition from ANCC is the highest national credential for nursing excellence, serving as the gold standard for nursing practice. Washington is only the fifth hospital in the Bay Area and one in 30 hospitals in California to achieve this recognition, which only 7.8 percent of hospitals in the United States have earned.

While this honor is reflective of the high standards of care provided by the caregivers at Washington Hospital, this recognition could not have been

achieved without the support of the entire Washington Hospital family including nurses, employees, volunteers and physicians. I want to personally thank Associate Administrator and Chief Nursing Officer Stephanie Williams, RN, and her team, for guiding Washington Hospital through this process. The bar is set high to achieve Magnet recognition, but it's even higher when obtaining the designation a second time.

Thank you for your efforts and commitment to making Washington Hospital one of the best health care providers in the Bay Area. Magnet recognition demonstrates our resolve as health care professionals to provide the best care available. And it confirms what I have always believed: that Washington Hospital is one of the finest health care organizations in the nation.

Nancy Farber
Chief Executive Officer

FUSD Board of Education meeting report



New Math/Science building at Irvington High

SUBMITTED BY
ROBIN MICHEL

At its August 17, Board of Education Meeting, the Fremont Unified School District (FUSD) Board of Education received the Financial Status Update on the 2014 Measure E Bond Program, and authorized staff to take action on several agenda items pertaining to the Measure E Bond Program. The items included a final deductive change order to the construction contract with Rodan Builders, Inc., for the Irvington High School Classroom Addition Project.

Approval of the deductive change order reduces the final construction contract by \$190,110. The original total project budget approved on January 12, 2015, was \$11,822,500. The new project budget is now \$10, 659,539. Approving the final change order allowed the Board to authorize staff to file a Notice of Completion on the Irvington High School new 12-classroom building.

The new classroom building, designated the Math and Science building, is comprised of eight general classrooms and four science laboratory classrooms built with green materials. The classrooms feature large view windows and clerestories (type of windowed wall), to provide the best natural lighting and superior acoustics with insulated walls to reduce sound intrusion and reverberation. Each classroom is equipped with mechanical systems that filter and circulate the air, designed to provide the optimal health and learning environment for students.

The Irvington High School Project Team includes Rodan Builders, Inc., SVA Architects, and Project Frog. The construction management firm is

CCM/STV Construction Management. Vanir Construction Management is providing Measure E Program Management.

The Board also took the following Measure E Bond Program actions:

Authorized staff to enter into an agreement, in the amount of \$80,000, with DSA School Inspectors, Inc. for the Project Inspector (PI), previously referred to as Inspector of Record (IOR), for the American High School Classroom Addition Project.

Authorized staff to enter into an agreement with Smith-Emery for materials testing laboratory and special inspection services, in the amount of \$44,097 for the American High School Classroom Addition Project.

Received the staff report on Notice of Claim to Fremont Unified School District from Alten Construction regarding Azevada & Mattos Elementary School classroom addition projects, and approved the interest payment to Alten Construction in the amount of \$25,966 from Redevelopment Agency Funds.

Authorized staff to enter into an agreement, in the amount of \$111,845, with LSA Associates, Inc., for CEQA evaluation consulting services for the Walters Middle School Conversion Project.

To learn more about any of these items, please visit www.fremont.k12.ca.us and view Board Agendas and Minutes under Board of Education.

Math/Science Building
Ribbon Cutting
Thursday, Sept 1
3 p.m.

Irvington High School
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FREMONT MOTORS TRAFFIC
TRAFFIC TALK

School is back in session

SUBMITTED BY
 THE FREMONT
 POLICE DEPARTMENT,
 TRAFFIC UNIT

Welcome back parents and students to another school year. We hope you had a great summer. It's always nice to get a break from academics. Alas, here we are on the doorstep of another school year, which of course means more frustration related to traffic.

Here at the Fremont Police Department we understand that school traffic is troublesome, and we want to not only acknowledge the situation, but also offer some tips on how to navigate through it, and let you know that we will be out enforcing traffic laws.

First off, let's lay the groundwork. There is no secret formula here. When school is back in session, more cars and pedestrians are on the roadway near these facilities and thus it will take time for you to maneuver your way through such areas.

Yes, there will be traffic congestion. There is no way around it really. But let's get this straight: Traffic congestion does not necessarily mean that something is wrong. It does not mean there are loads of people breaking traffic laws, or that suddenly a public street should be turned private – which will not happen by the way. Congestion during the school year usually stems from an influx of people in a certain area during a period of time. And usually this timeframe lasts about 30 minutes before and after the school day.

So before you go honking at the car in front of you out of frustration, think about the

situation you're dealing with and consider what you can do to remove yourself from that situation or avoid it in the future.

If you need not be near schools during these heavy-traffic times, it would be in your best interest to take an alternative route or pass through these areas earlier or later than usual. There usually is more than one way to get from Point A to Point B. The different route may not always be the direct line that we all prefer to take, but sometimes it can be faster based on certain factors and it could help alleviate the stressful situation for you and others.

If you need to be at the schools for these pickup and drop off times, ask yourself what you can do to make things easier not only for you, but for everyone else. Is your child old enough to walk a block? If so, consider parking in the neighborhood and allowing them to exit the vehicle there. If your students are too young, maybe you can still do the same and consider the five-minute jaunt as family exercise time. That said we do not endorse allowing a young child to walk alone. Safety comes first.

Of course if you decide that these options could work for you, you'll also need to leave a bit earlier. We understand that time is precious, but so is life. Rushing to and from schools – or anywhere really – increases the risk of dangerous driving, thereby putting people's lives at risk. And, ultimately, if you are running late, there is no difference between being two minutes late and 10 minutes late. You're late. It's in your best interest to proceed to your

destination understanding that you are late and that it's not worth driving like a maniac because all it takes is a split second to change someone's life forever.

Speaking of safety, one of the biggest complaints we in the Traffic Division get about school drop offs are the abundance of people who allow their students to exit vehicles from the middle of the roadway in front of a school – don't do this. It doesn't matter if the child is 7 or 17, this is a dangerous act, and if an officer sees this, you can expect a citation.

Speaking of which, there are all sorts of traffic laws that our officers will be out enforcing, especially during these early days of the school year. So here's a quick reminder of things not to do:

- Don't use your cell phone while driving.
- Wear your seatbelt.
- Watch your speeds and, more importantly, look for cars that may be stopped in front of you.
- Yield to pedestrians within crosswalks.
- Look for parking restriction signs before leaving your car.

Traffic Talk is a monthly column submitted by the Fremont Police Department's Traffic Unit. Submit a traffic-related question via e-mail to TrafficTalk@fremont.gov. Interact with the Police Department @FremontPD on Twitter or facebook.com/FremontPoliceDepartment.

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Olive Hyde Art Guild sponsors
unique Art Classes



SUBMITTED BY SEEMA GUPTA
 PHOTOS BY JUREK ZARZYCKI

"I have fun painting with my friends, and it makes me happy," says Donald Dimenco, one of 23 students in this year's Art Instruction classes for developmentally disabled adults at the Olive Hyde Art Center in Fremont. The program, now in its sixth year, was the brainchild of the Olive Hyde Art Guild and its desire to promote the visual arts to an underserved segment of the Fremont Community. Working with Fremont Recreation staff and Serra Center, a non-profit agency providing housing, services, and care for more than 90 developmentally disabled adults in the Fremont area, a pilot program was created in 2011. Classes have grown from 15 students to 23 students this year. Many of the students have participated all six years.

To celebrate the students' accomplishments and to view selected pieces of their artwork, Olive Hyde Art Guild, Serra Center, and City of Fremont invite the public to a free reception on the afternoon of Sunday, September 11 at Mission Coffee. Fremont Mayor Bill Harrison will join in the celebration and present an Achievement Certificate to each student. Refreshments will be served and visitors will have an opportunity to vote on a Peoples' Choice Award and to also purchase some of the students' work. The artwork will be on display at Mission Coffee for the entire month of September.

This unique Art Instruction Program has been possible due to the collaborative efforts of the Olive Hyde Art Guild Board of Directors, City of Fremont Recreation Superintendent Irene Jordahl, Olive Hyde Gallery Curator Gloria Kim, Serra Center CEO Lisa Senadenos, and Olive Hyde Guild Members Judy Anglin and Gail Blalock. Funding by the Olive Hyde Art Guild covers the cost of all art supplies for each student, the use of the meeting room, the cost of the art instructor, and for the reception. Additional funding support over the years from the Alameda County ARTSFUND Grant Program and the Niles Rotary Foundation has helped keep the program viable.

In the words of students Lori Santos, "The art class makes me happy, calm and focused," and Marsha Smith, "Painting is fun." Be happy and have fun at Mission Coffee on September 11 meeting the artists, viewing their artwork, and enjoying some refreshments! For more information about the Olive Hyde Art Guild, visit www.olivehydeartgallery.org

Olive Hyde Student Art Program Reception
Sunday, Sept 11
3 p.m. - 5 p.m.

Mission Coffee
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www.olivehydeartgallery.org



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Firefighters fill the boot



SUBMITTED BY ELYSE ANDERSON

Members of the Alameda County Fire Department IAFF (International Association of Firefighters) Local 55 kicked off the firefighters' annual "Fill the Boot" fundraising campaign to help the Muscular Dystrophy Association (MDA) find urgently needed treatments and cures for muscular dystrophy, ALS (amyotrophic lateral sclerosis) and related diseases that severely limit strength and mobility. On Friday, August 19, 2016, more than 10 firefighters from Alameda County Fire Department IAFF Local 55 walked with boots in hand at the intersection of Castro Valley Boulevard and Redwood Drive. They were able to raise \$4,865.

"For more than 60 years, firefighters have stood on the front lines with MDA in the fight to free individuals — and the families who love them — from the harm of these life-threatening muscle diseases," said Associate Executive Director Sara Borning. "Each year, Alameda County firefighters dedicate countless hours of their time participating in Fill the Boot drives and at MDA summer camp. We're grateful for their steadfast drive and uncom-

mon caring toward the kids and adults we serve and look forward to working together once again to make this Fill the Boot season a huge success."

MDA's Fill the Boot campaign is an honored tradition in hometowns across America hit the streets or storefronts asking pedestrians, motorists, customers and other passersby to make a donation to MDA, using their collective strength to help kids and adults live longer and grow stronger.

Funds raised through the 2016 Alameda County Fill the Boot event empower families with life-enhancing resources and support that open new possibilities and maximize independence so they can experience the world without any limits. Contributions also help MDA's efforts to fund groundbreaking research and life-enhancing programs such as state-of-the-art support groups and care centers, including the MDA Care Center at UC San Francisco, Stanford, and California Pacific Medical Center at Forbes Norris. They also help send more than 85 local kids to MDA summer camp at no cost to their families at Westminster Woods in Occidental, Calif.



Supporting foster youth

SUBMITTED BY AISHA KNOWLES

On Thursday, August 18, Alameda County Board of Education (ACBE) President Eileen McDonald and ACBE Trustee Aisha Knowles attended the opening reception for the Foster Youth Museum presentation of "Tribute: Foster Youth Tattoo Stories." They are pictured with two former foster youth whose stories are featured as part of the Museum display.

"Tribute" will be on display until September 1 in San Leandro. For additional information about the project, please visit www.fosteryouthmuseum.org

Tribute: Foster Youth Tattoo Stories
 Thursday, Sept 1
 3 p.m. - 9 p.m.
 Cleophus Quealy
 448 Hester St, San Leandro
www.fosteryouthmuseum.org
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BUSINESS

WhatsApp is going to share your phone number with Facebook

BY BRANDON BAILEY
AP TECHNOLOGY WRITER

SAN FRANCISCO (AP), Global messaging service WhatsApp says it will start sharing the phone numbers of its users with Facebook, its parent company. That means WhatsApp users could soon start seeing more targeted ads and Facebook friend suggestions on Facebook based on WhatsApp information – although not on the messaging service itself.

The move is a subtle but significant shift for WhatsApp, used by more than 1 billion people around the world. When it was acquired by Facebook for an eye-popping \$21.8 billion two years ago, executives promised privacy would be safeguarded.

“This is a strong-arm tactic on the part of Facebook,” said Jeff Chester, executive director of the Center for Digital Democracy in Washington, D.C. “They continue on a campaign to run roughshod on our privacy rights.”

WhatsApp is giving users a limited time to opt out of sharing their information with Facebook, although they must take the extra step of unchecking a box to do so. It also says Facebook won't post phone numbers online or give them out to anyone.

But the giant social network has been looking for ways to make money from WhatsApp since it bought the service two years ago. At the same time, Facebook has pledged not to interfere with a longstanding promise by WhatsApp's co-founders to respect users' privacy and keep ads off its messaging platform.

WhatsApp on Thursday offered a glimpse of its plans for turning on the money spigot, releasing new documents that describe the company's privacy policy and the terms of service that users must agree to

follow. The documents are the first revision of those policies since 2012, before Facebook acquired WhatsApp.

One change follows through on previous hints by WhatsApp executives, who have said they're exploring ways for businesses to communicate with customers on WhatsApp. That could include using WhatsApp to provide receipts, confirm a reservation or update the status of a delivery. Companies could also send marketing offers or messages about sales to individual customers, according to the new documents, which note that users will be able to control or block such messages. WhatsApp says it will continue to bar traditional display ads from its service.

“We do not want you to have a spammy experience,” the company tells users in a summary of the new policies.

Another change is potentially more controversial: WhatsApp says it will begin “coordinating” accounts with Facebook by sharing WhatsApp users' mobile phone numbers and device information, such as the type of operating system and other smartphone characteristics. The company says Facebook will employ the phone number internally to better identify WhatsApp users on Facebook, so it can make friend suggestions or show targeted advertising.

The ads would come through a Facebook program called “Custom Audiences,” which lets a business upload lists of customers and phone numbers or other contact information the business has collected from warranty cards or other sources. Facebook matches the list to users with the same information and shows them ads. Facebook says it doesn't give out users' information to advertisers.

WhatsApp phone numbers are

valuable to Facebook. While the social network already has many phone numbers, it doesn't require users to provide them, and doesn't always have the most current number for everyone on Facebook. But anyone on WhatsApp must provide a current phone number because that's how WhatsApp knows where to deliver messages.

The coordination of accounts may draw fire from privacy advocates. WhatsApp has long promised not to employ user data for advertising. Its acquisition by Facebook two years ago sparked complaints from activists who worried the new owner would start mining WhatsApp accounts. Though both companies pledged WhatsApp would operate separately from its parent, the Federal Trade Commission warned them publicly, in a 2014 letter, against changing how they employ WhatsApp user data without users' consent.

WhatsApp says current users have up to 30 days to accept the new policy terms or stop using the service. Once they accept, they have 30 more days to opt out of sharing with Facebook.

Privacy groups have praised WhatsApp for building powerful encryption into its services, making it impossible for the company or anyone else to read users' messages. WhatsApp promises that encryption will remain, so neither WhatsApp nor Facebook would be able to use message content for advertising purposes.

But privacy activists also criticized the 30-day window to opt out.

“Very few people opt out, it should be an informed opt in,” Chester said. “No data should be used unless people are informed honestly about how it's going to be used.”

Dollar General, Dollar Tree report weak sales growth

ASSOCIATED PRESS

NEW YORK (AP) – Discount-store rivals Dollar General and Dollar Tree reported weaker-than-expected sales figures Thursday, as struggling lower-income shoppers spent less at their stores.

Shares of both companies fell sharply.

Dollar General said a cut in food-stamp benefits in several states kept its customers away. It said sales at stores open at least a year, which is considered an important measure of a retailer's health, rose 0.7 percent in its second quarter. That's far below the

2.7 percent increase analysts were expecting, according to FactSet.

At Dollar Tree, the company said food stamp cuts had less of an impact on its sales but said some of its Family Dollar customers were “under pressure.” Dollar Tree said sales at stores open at least a year rose 1.2 percent in its second quarter. Analysts expected growth of 2.4 percent, according to FactSet.

Both companies also released financial results for the quarter on Thursday. Dollar General's results were below what Wall Street analysts expected, while Dollar Tree's were mixed.

Dollar General, based in Goodlettsville, Tennessee, has about 13,000 stores around the country. Chesapeake, Virginia-based Dollar Tree has more than 14,000 stores, including Family Dollar, which it bought last year.

Shares of Dollar Tree Inc. fell \$8.64, or more than 9 percent, to \$86.29 in afternoon trading Thursday. Shares of Dollar General Corp. fell \$13.62, or almost 15 percent, to \$78.17.

Mission Peak parking permit program

SUBMITTED BY CITY OF FREMONT

Changes are coming to parking around Mission Peak Regional Preserve. Beginning October 1, 2016, vehicles without a residential parking permit will be restricted from parking in the residential areas posted “No Parking without Permit” at the base of Mission Peak (Stanford Avenue entrance) on weekends and major holidays.

In an effort to reduce the impact of vehicular traffic in the neighborhoods surrounding Mission Peak Regional Preserve, the Fremont City Council approved Fremont Municipal Code Section 10.05.860 on May 17, 2016, to establish a temporary parking permit program for residents within the geographical area identified as the Mission Peak Neighborhood.

Restricted parking times for the residential permit parking program will be from Saturday at 12:01 a.m. through Sunday at 11:59 p.m. and on national holidays, including dates of observance. Parking permits are limited to residents living within the designated parking permit area. The temporary permit parking program is scheduled to expire in July of 2020.

The City of Fremont and East Bay Regional Park District have entered into a joint agreement to monitor and enforce violations of the Fremont Municipal Code. The civil penalty for a first time offense is \$63.

On weekends and holidays, non-resident hikers can park in the following locations:

- Stanford Avenue staging area entrance - 40 spaces
- Antelope Drive and Vineyard Avenue - 150 spaces
- Ohlone College - 900 spaces

We encourage park visitors to carpool, use public transportation and/or ride-sharing services, to ride their bikes, or use the designated staging area at Ohlone College. Learn more information at: <http://www.fremontpolice.org/index.aspx?NID=369> or for specific questions about this program contact Fremont Police Department Public Affairs Manager Geneva Bosques: gbosques@fremont.gov or (510) 790-6957.



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Responses for County Fairgrounds development

SUBMITTED BY
LAUREL ANDERSON / GLEN WILLIAMS

The County of Santa Clara has received 11 responses to the Request for Qualifications (RFQ) for potential business operators and investors interested in the development of the 150-acre Santa Clara County Fairgrounds. Qualifications and concept proposals will be presented at a public meeting on Tuesday, August 30. Each of the 11 presenters will be limited to 15 minutes.

Responses to the RFQ were submitted on August 23, 2016, and opened at the County Executive's Office. The list of organizations that responded to the RFQ includes Global Opportunities and Investments Corp.; San Jose Giants; San Jose Soccer Complex Foundation, Henry Cord, Cord Association; Public Market @ The Faire; El Mercado Popular: Farmer's Market; 408 MX; Silicon Valley Curling Center; SCC-FMC; Recreational Entertainment Global LLC; Santa Clara Valley Open Space Authority; and Cambrian Go-carts. The list is posted at www.FairgroundsVision.net.

The Santa Clara County Board of Supervisors approved the RFQ and Expression of Interest at its June 21, 2016 Board meeting, following multiple community and Board meetings to keep the public

informed each step of the way. This is the first stage in a competitive process that may be followed by a Request for Proposals (RFP) from which one or more business operators/investors may be selected to enter into negotiations for the development and use of some or all of the Fairgrounds. While the County is strongly encouraging interested parties to participate in this RFQ process, the County may also consider a proposal during the RFP process from an entity that did not participate in the RFQ.

The goal is to transform the Fairgrounds land into a vibrant regional community gathering place with recreational opportunities for residents and visitors. Residents who want to receive e-mail notifications of community meetings or events can leave their e-mail address at the "Contact Us" link at www.FairgroundsVision.net.

Santa Clara County Fairgrounds Development Public Meeting
Tuesday, Aug 30
6:30 p.m.
Fiesta Hall, Santa Clara County Fairgrounds
344 Tully Rd, San Jose
(408) 993-4645
www.FairgroundsVision.net

Local student named Wells Scholars at Indiana University

SUBMITTED BY INDIANA UNIVERSITY NEWSROOM

Indiana University has selected 19 freshmen and two seniors for the 27th class of Herman B Wells Scholars. Among the freshmen, is Damon Pham of Fremont.

The scholarship, created in honor of the late IU Chancellor Herman B Wells, ranks among the most competitive and prestigious awards offered by any

American university. Incoming freshman Wells Scholars receive the full cost of attendance at IU for four years of undergraduate study on the Bloomington campus. Scholars may choose to spend up to one of those years studying abroad.

Freshman Wells Scholars are nominated by their high schools or the IU Office of Admissions; they are selected for having demonstrated exceptional qualities of character, leadership and distinction both inside and outside the classroom.

Company rewards scholastic achievement through scholarships

SUBMITTED BY PAM KREBS

Oakwood Worldwide®, the global leader in corporate housing and serviced apartment solutions, has awarded six dedicated and exemplary students scholarships and bursary awards through the Howard F. Ruby Scholarship Program.

A local student is among this year's six recipients: Josephine Velazquez, from Fremont, was awarded a \$6,000 scholarship. Velazquez is a recent graduate of Pioneer High School in San Jose and will be attending UC Berkeley in the fall. She is the first person in her immediate family to attend college. Driven by her love of learning, her end goal is to attend law school and become an immigration attorney. During her high school years, Velazquez spent time volunteering in her community as an English tutor for elementary school kids. Additionally, she made an impact on her peers through her leadership roles, including serving as Vice President of her school's Latino Club and being the first Spanish Editor of her school's newspaper.

Recipients of the Howard F. Ruby scholarship awards are recognized for academic achievement and community involvement through volunteer work in the areas of health and human services, education, arts and culture, civic life, community service and environmental preservation. Based on annual reviews by the Howard F. Ruby Scholarship



Josephine Velazquez (right) with her mother (left) and Howard F. Ruby, chairman, founder and CEO of Oakwood Worldwide

Program Committee, each scholarship, excluding the bursary awards, may be re-issued annually for a total of \$45,000 awarded over four years of college education for these recipients.

For more information, please visit OakwoodWorldwide.com

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continued from page 1

A picture is worth a thousand words



Art therapy itself is a form of psychotherapy in which clients use various art mediums and the resulting pieces to express and explore their emotions. The idea that artwork can be soothing has been around for almost as long as art itself. However, art therapy was not accepted as a legitimate profession until the middle of the twentieth century, and was not an official term until British artist Adrian Hill coined it in 1942. In 1969, the American Art Therapy Association was established, which developed ethical guidelines for the field. The Art Therapy Credentials Board was created in 1993 to ensure all art therapists were properly qualified.

Due to the fairly young nature of art therapy, it has yet to become a household name in regards to mental health. The program only became a part of UCYFS around two years ago when Curtis joined the staff. A certified art therapist with ATR (Art Therapist, Registered) and ATR-BC (Board Certified) credentials, Curtis is currently practicing with individual clients and has a steady caseload. She hopes to develop group art therapy in conjunction with the UCYFS 10th Street Boxing Program within the coming year. She sees clients on a weekly basis and most artwork is completed in session, with the occasional homework assignment focusing on journaling and collage art.

Curtis works with clients who have been through an array of difficult situations, and says, "The field is very broad. You can work with veterans, to the juvenile justice system. As for Union City, I think there's a lot of grief and loss that comes with the city. A lot of my clients, even if they are involved in the juvenile justice system, have dealt with that."

The artistic mediums used vary from client to client, but one of

thoughts around "Do I even want to be here anymore? I've lost my hair, I'm a woman, what does that mean?" and art was my saving grace. It got me back on my feet again, and so I truly believe in the power of art as a coping mechanism."

Over the course of Curtis's time with UCYFS she has facilitated art therapy with around 50 community members and has seen significant benefits arise from the practice. She believes that art therapy is an extremely effective way to combat the situations her clients deal with. "I've had a client draw a heart. We spent sessions talking about their broken heart and about overcoming the pains of their love. Something that I love about art therapy is that when we're hurt, we regress. We go back a little in terms of development, and we go back to almost a child-like state. As children, we learn visually first, and then we are able to analyze things. Art therapy is retracing your steps, and getting you back to where you need to be. I think when it comes to grief and loss, there are a lot of expectations of how it works, and how it's supposed to be this linear process, and there are these stages you go through. I think that art helps normalize that you are allowed to feel different things at different moments, and that's okay."

While the program receives referrals through the school district, police department, local community agencies, and Alameda County Juvenile Probation department, community members are welcome to call in themselves for services. "We often have a wait list," says Curtis, "however UCYFS does our best to offer services in a timely manner or get people connected to the appropriate resource which would best benefit them." Service fees are on a sliding scale, based on monthly income.

For more information about UCYFS and the Art Therapy program, contact Heather Curtis at (510) 675-5695.



City Youth and Family Services Intern Heather Curtis. Photo by Lisa Lefkowitz.



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Rotary assures students are ready for school



SUBMITTED BY VALERIE CAVEGLIA

More than 120 students received new clothes and a backpack full of school supplies courtesy of Hayward Rotary Club's annual Child Spree program. On Saturday, August 13, 2016, eager K-12 students met at JC Penney at Southland Mall and were paired with a Rotary Club member or other community volunteer. Together, using a list of needed items identified by the parent and a \$100 gift card, they purchased essential clothing needed to start school. JC Penney offered 25 percent off the entire purchase and waived sales tax, so the children were able to purchase more essential back-to-school clothing.

JC Penney staff volunteered to work the early shift in order to share the joy with the children and their parents, and the Nestle Kiosk in Southland Mall opened early to offer discounted coffee and snacks for the volunteers and families.

"This is the 16th year that Hayward Rotary has had the opportunity to sponsor an event that meets the needs of so many deserving children," said Pam Russo, one of the event coordinators for Rotary. "It is gratifying

in volunteering for this project, including staff and students from Moreau High School, volunteers from Hayward Firefighters, Hayward Police Department, Chabot College students, and Redwood Chapel Community Church.

In addition to JC Penney and Southland Mall, whose generosity made this event possible, the other institutions that sponsored Child Spree include Fremont Bank, Kaiser Permanente, PG&E, Plumbers & Steamfitters Local Union 342, Calpine, and Life Chiropractic College West. Many businesses and individuals also donated generously to this event. Our in-kind sponsors were Give Something Back Office Supply, Bank of the West, Sakura of America, and Friends of the Hayward Public Library.

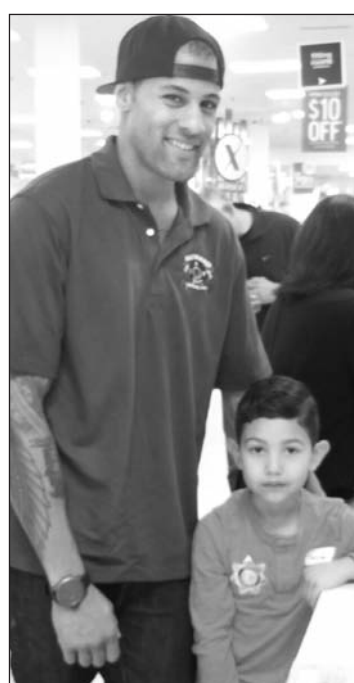
Child Spree has helped provide new clothing for students for 16 years through partnerships with Mervyn's, Target, and for the past three years, JC Penney. To volunteer to help out in the future, contact Hayward Rotary Club at P.O. Box 629, Hayward, CA 94543, or like us at www.facebook.com/hayward.rotary to stay abreast of events and happenings.



that so many businesses, organizations and individuals in Hayward continue to step up and support this program."

Student participants were identified in partnership with Hayward Police Department's Youth and Family Services Bureau under the guidance of Dr. Emily Young. At the conclusion of their shopping spree, the students picked out both a backpack stuffed with school necessities and a book donated by Friends of the Hayward Library. During the event, parents and guardians were able relax with coffee and refreshments provided by Hayward Rotary Club.

More than 150 community members joined Hayward Rotary



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Rules & Regulations

Winners will be awarded in each age category!

- Contest is open to children ages 4-12.
- Entries will be judged according to the following age categories: 4-5; 6-7; 8-9; 10-12.
- One entry per child.
- All entries must be the sole work of the child.
- Winners will be selected on the basis of originality and art aptitude.
- Winners will be notified by phone and awarded prizes at a special ceremony Saturday, Sept 17, with first, second and third place winners for each category.
- Judging will be conducted by the Newark Arts Council. Decisions of the judges are final.
- Entry deadline is Wednesday, August 31 - 5:00 p.m. for all categories. Pictures will not be returned.
- All entries must include entrant's name, age, address and phone number on the back of the artwork.

MAIL TO:
ATTN: Coloring Contest
Newark Days Celebration, Inc.
P.O. Box 608
Newark, CA 94560

FUSD students improve performance on State Assessment Tests

SUBMITTED BY BRIAN KILLGORE

Students from the Fremont Unified School District (FUSD), as well as statewide, showed great improvement in the second year of the California Assessment of Student Performance and Progress (CAASPP).

Replacing the Standardized Testing and Reporting (STAR) in 2015 as the new measurement for assessing student performance in English Language Arts (ELA)/Literacy and Math, the CAASPP was given to students in grades 3-8 and 11 during the 2015-16 school year. The CAASPP contains a wider variety of questions than previous multiple-choice tests, and includes items that require students to explain how they solve a problem. The new tests allow students to demonstrate analytical writing, critical thinking and problem solving skills, along with their knowledge of facts in ELA and Math.

Overall, 75 percent of FUSD students (an increase of 4 percent from 2015) 'Met/Exceeded' the standard in ELA/Literacy, compared to 55 percent for Alameda County and 49 percent for all of California. In Math, 71 percent of FUSD students (an increase of 1 percent from 2015) 'Met/Exceeded' the standard, compared to 46 percent for Alameda County and 37 percent for all of California.

The average scale score for all FUSD grade levels fell within the 'Standard Met' range in both ELA/Literacy and Math.

FUSD's percentage of students who 'Met/Exceeded' the standard in ELA/Literacy increased at every grade level by at least two percentage points over 2015 with a high of 6 percent at the 4th-grade level.

FUSD's percentage of students who 'Met/Exceeded' the standard in Math increased or remained the same at every grade level when compared to 2015.

When compared to 2105, FUSD showed gains among Hispanic/Latino, Economically Disadvantaged and Students with Disability 'Meeting/Exceeding' the standard in both ELA/Literacy and Math.

FUSD students also performed well among Area Achievement Level Descriptors, posting combined percentages of 'Above/Near' the standard in Listening (92 percent), Research/Inquiry (90 percent), Writing (89 percent) and Reading (85 percent).

"I thank our teachers and staff for their tireless efforts in and out of the classroom, our parents for their continued support, and, of course, our students for their hard work and commitment," said FUSD Superintendent, Dr. Jim Morris.

For more information, visit: <http://caaspp.cde.ca.gov> or <http://testscoreguide.org>

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What's your kitchen style?

When it comes to interior design, many people find it easier to tell you what they don't like rather than what they do like. Can you describe your own design style? Are you traditional? Modern? Contemporary? Classic? One reason it's so difficult for us to pin down one particular style is that most of us, at least here in California, tend to gravitate toward a mix of styles. Seldom do I see (or design, for that matter) a room that's 100% one way or another. Have a look at these kitchens and you'll see what I mean. In each example, there is a blend of elements, materials and finishes, all fitting the personalities and lifestyles of the clients who own them.

Traditional kitchens often feature beautiful millwork, such as crown molding and embellished cabinets. Decorative corbels supporting breakfast bar countertops, and furniture-style toe kicks are definitely elements of a traditional kitchen. So are custom wood hood vent surrounds. You might see farmhouse (also called apron-front) sinks, and elegant plumbing fixtures. You'll often see luxurious materials like marble tile backsplashes and natural stone counters.

"Contemporary" and "Modern" elements-- Contemporary kitchens might also feature natural wood or painted cabinetry, but the door style is much simpler, less ornate, with cleaner lines. Very modern



casual and livable. For example, combining hand-scraped, distressed wood floors with sleek, crisp cabinetry creates an interesting juxtaposition, and also provides a practical walking surface for busy families with kids and pets. Unless the entire kitchen is designed intentionally as a rustic mountain cabin, the addition of one or two rustic elements does not make the kitchen any less contemporary.

All of this brings me to "transitional" design—a very popular term used today to describe a design style that I think most of us can relate to very well. I define transitional design as a successful blend of both traditional and contemporary elements. I think that all of

these kitchens shown can be described as transitional kitchens. Some may lean a bit more traditional or more contemporary, but none is a pure example of any one style. These days, unless you really know undoubtedly which style you prefer, chances are you'll feel right at home in a transitional kitchen, blending elements of traditional, classic and contemporary styling.



granite counters combined with glass tile. Decorative light fixtures and pops of color are also characteristic of a contemporary kitchen. Faucets and sinks will be simple and unadorned, often stainless steel.

Distressed wood floors and heavily textured stone backsplashes are two popular features you might see in today's contemporary kitchens. A strategically selected rustic element can soften the look of a very modern kitchen and make it more

"Traditional" and "Classic" elements-- In some traditional and classic kitchens, you'll find natural wood cabinets, and in others you'll see painted cabinetry. Both types can fit into traditional décor. Painted cabinetry is often glazed or antiqued to give it more character, and wood finishes tend toward the dark, formal and dramatic. Color schemes tend toward neutrals like earth tones and black and white.

cabinets might have a high-gloss lacquered finish in white or black or a bold color like orange. Shaker style or flat-front (also called slab) cabinetry is very popular for contemporary and modern kitchens, and in some kitchens, you'll even see wood grain running horizontally rather than vertically. Mixing natural and man-made materials is also common. For example, you'll see sleek quartz countertops paired with marble tile backsplashes, or



Anna Jacoby is a local Certified Interior Designer. Contact her at 510-378-6989 or nfo@annajacobyinteriors.com You could also visit her website at www.annajacobyinteriors.com

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Revel in Wine @ Sci-fi at Crush Kick-Off

BY SARA GIUSTI

Good news: wine harvest season is upon us. Chouinard Vineyard and Winery is inviting the community to celebrate the season at its annual "Crush Kick-Off" during Labor Day Weekend, September 3 through 5.

Located in Castro Valley's Palomares Valley, Chouinard Winery has been producing wine for over thirty years. George and Caroline Chouinard found the land in 1977, falling in love with the rolling hills and greenery of the area. In the early 1980s, they began working the land, developing it as a vineyard. It was the perfect venture for the family, allowing them to have a business that fit into their lifestyle, not vice versa.

"Like many Americans, we wanted to have our own family business. We believed the wine would give us opportunities to put our various skills together and create something unique. Perhaps the best thing about winemaking is also the worst thing – it is never boring," said Caroline Chouinard.

Running a small winery has both pros and cons. "It has been challenging and exciting with big highs — like winning best wine in the State of California and best white wine in San Francisco International. And lows, like four plus years of drought," explained Caroline.

Climate change is not the only obstacle in running a family winery. "After 30 years of providing wines to the San Francisco Bay Area, perhaps the most challenging effort continues to be, 'Can a small premium family winery in the East Bay continue to exist when the word growth is the only word synonymous with the word successful?'" said Caroline.

But bigger is not always better. The winery's small size offers wine lovers a personal, close connection to its wine and winemakers, and the chance to attend offbeat, unique wine

events, like the Crush Kick-Off.

This annual event is not your typical wine celebration. While the usual characteristics of traditional wine tastings can be found, such as live music (Dawn Coburn plays on Sunday and Roger Kardinal on Monday), arts and crafts (check out the pottery, handmade jewelry, scarves, and fiber arts), the weekend's highlight will be a sci-fi movie.

That's right – sci-fi! The winery will play "Flash Gordon," a 1980 re-imagining of the 1930s sci-fi superhero film. The feature is hosted by Lord Blood-Rah, aka Frank Wallace-Ailsworth, a Bay Area-based entertainer and host of various sci-fi and horror events.

Damian Chouinard, winemaker for the vineyard and Caroline and George's son, is a



self-proclaimed geek of sci-fi and horror. He met Lord Blood-Rah through a mutual college friend, and "discovered a true luminary of geekdom," explained Caroline.

Lord Blood-Rah has been hosting sci-fi and horror film showings at the winery every



Friday in September since 2009. If you can't make it on September 3, check out his other shows at the winery at www.lordblood-rah.com.

Chouinard produces several wines: sparkling wine, Sauvignon Blanc, Chardonnay, Chenin Blanc, Alicante Bouschet Rosé, a red blend, old vine Zinfandel, Charlie's Cabernet Sauvignon, Petite Sirah, modified ice wine Orange Muscat, and Petite Sirah Port. All wine will be on sale during the Crush Kick-Off.

During the weekend, the winery will provide four free tastings: two of the customer's choice, and two of the winery's choice. Make sure to pack a picnic to enjoy during the event. Caroline recommends the double gold-winner Chenin Blanc and Alicante Bouschet Rosé for picnics, and notes that for sci-fi and horror movies, blood red wines are, of course, first choice.

The Crush Kick-Off is a continuation of the Livermore Valley Winegrowers Association's annual event, which Chouinard Winery participated in from 1986 to 2012; Chouinard began hosting their own in 2012. The winery hopes to attract several hundred visitors as they have in the past. Carpooling is highly encouraged, as the parking lot has room for only forty cars.

Construction is taking place on Palomares Road near Niles Canyon now until the end of the year; there will be no entrance to the winery from the south side. "Guests must come to the north

end of Palomares Road via Highway 580, exit Eden Canyon/Palomares Road, take Palo Verde a half mile and turn left on Palomares to the 5.95 mile mark," explained Caroline.

Experience firsthand the humorous adage – often attributed to Benjamin Franklin – that "wine is constant proof that God loves us, and loves to see us happy" at the Crush Kick-Off this Labor Day Weekend. You may just learn you're a sci-fi lover, too.

Crush Kick-Off
Saturday – Monday,
Sep 3 – 5
12 p.m. – 5 p.m.:
Wine Tasting and Music
6 p.m. doors open, 7:30 p.m.
movie showtime:
"Flash Gordon"
Chouinard Vineyard
and Winery
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35934 Adobe Drive	94536	600,000	3	1150	1957 07-21-16
216 Black Mountain Circle	94536	1,170,000	4	2196	1999 07-19-16
4325 Burke Way	94536	990,000	5	2646	1959 07-22-16
4038 Central Avenue #15	94536	619,000	-	-	07-22-16
36617 Cuenca Court	94536	1,150,000	5	2240	1967 07-22-16
4861 Eggers Drive	94536	929,000	3	1724	1954 07-19-16
36201 Gibraltar Court	94536	1,000,000	4	1840	1965 07-21-16
38447 Glenview Drive	94536	980,000	1	1860	1954 07-22-16
115 Hillview Drive	94536	680,000	3	1279	1948 07-21-16
4433 Nicolet Avenue	94536	1,001,000	5	2326	1965 07-19-16
35217 Noel Place	94536	1,365,000	5	3314	2004 07-25-16
164 Orchard Drive	94536	850,000	3	1689	1948 07-22-16
37487 Parish Circle #14D	94536	535,000	2	1008	1989 07-20-16
4425 Peralta Boulevard	94536	846,000	3	1387	1997 07-22-16
386 Riverside Avenue	94536	720,000	2	915	1905 07-22-16
4165 Sabio Court	94536	910,000	3	1256	1967 07-25-16
4024 Carol Avenue	94538	700,000	3	1460	1989 07-22-16
39951 Fremont Blvd #114	94538	508,000	2	1465	1987 07-21-16
43163 Grimmer Terrace	94538	655,000	2	1224	1986 07-20-16
39224 Guardino Dr #109	94538	380,000	1	693	1990 07-25-16
39034 Guardino Dr #204	94538	369,000	1	693	1990 07-25-16
5591 Hemlock Terrace	94538	416,500	2	945	1970 07-19-16
4463 Hyde Com #116	94538	659,500	2	1244	2009 07-19-16
3534 Jamestown Road	94538	700,000	4	1600	1954 07-22-16
3702 Langdon Common	94538	810,000	3	1430	1998 07-19-16
39308 Monterey Way	94538	720,000	3	1035	1961 07-20-16
42834 Ravensbourne Park St	94538	765,000	3	1581	1962 07-22-16
4808 Seneca Park Avenue	94538	805,000	3	1285	1961 07-25-16
4752 Shelborne Park Ct	94538	965,000	3	1368	1964 07-19-16
3695 Stevenson Blvd #D219	94538	551,000	2	1040	1991 07-21-16
40848 Townsend Terrace	94538	810,000	3	1292	2007 07-21-16
43382 Bryant Street	94539	954,000	3	998	1950 07-19-16
437 Mayten Way	94539	1,110,500	4	1631	1963 07-25-16
44308 Paiute Court	94539	1,773,000	4	2852	1978 07-19-16
1821 Shaddy Terrace	94539	1,800,000	3	3056	1997 07-21-16
48452 Ursa Drive	94539	965,000	5	2484	1964 07-20-16
41954 Via San Carlos	94539	1,287,000	3	1502	1963 07-19-16
119 Wenatchee Com #13	94539	715,000	3	1214	1987 07-20-16
3644 Cormorant Terrace	94555	770,000	2	1315	1990 07-22-16
33016 Great Salt Lake Dr	94555	675,000	3	1392	1977 07-21-16
3541 Johnson Court	94555	1,000,000	4	1595	1980 07-20-16
34567 Melissa Terrace	94555	955,000	3	1389	1989 07-21-16
34558 Pueblo Terrace	94555	577,000	2	840	1988 07-21-16
5481 Sunstar Common	94555	1,000,000	4	1642	1989 07-20-16

HAYWARD | TOTAL SALES: 27
 Highest \$: 953,500 Median \$: 535,000
 Lowest \$: 290,000 Average \$: 550,907

ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
659 Arcadia Drive	94541	515,000	3	1345	2003 07-21-16
296 Blossom Way	94541	680,000	4	1602	1942 07-19-16
22610 Cisneros Drive	94541	736,000	4	2222	2000 07-19-16
3318 Costa Drive	94541	535,000	5	2210	1954 07-19-16
3374 D Street	94541	953,500	3	2110	1958 07-19-16
24723 Echo Springs Drive	94541	470,000	3	1607	1981 07-20-16
22930 Kingsford Way	94541	520,000	3	1381	2005 07-22-16
351 Laurel Avenue #19	94541	290,000	2	882	1974 07-19-16
696 Penny Lane	94541	580,000	4	1567	1990 07-20-16
26937 Hayward Blvd #230	94542	530,000	3	1713	1982 07-22-16
1493 Highland Boulevard	94542	504,000	2	887	1949 07-20-16
2830 Trimble Court	94542	765,000	-	2133	1978 07-21-16
251 Bridgewater Road	94544	895,000	4	2485	1999 07-19-16
926 Cheryl Ann Cl #22	94544	320,000	2	1060	1979 07-19-16
945 Fletcher Lane #211	94544	365,000	2	946	1986 07-22-16
402 MacKenzie Place	94544	550,000	3	1173	1957 07-21-16
31283 Meadowbrook Ave	94544	610,000	3	1231	1955 07-19-16
24598 O'Neil Avenue	94544	510,000	2	1316	1947 07-19-16
24694 Santa Clara Street	94544	575,000	3	1173	1958 07-19-16
24847 Townsend Avenue	94544	560,000	3	1449	1957 07-21-16
27635 Calaroga Avenue	94545	538,000	4	1860	1955 07-22-16
27556 Capri Avenue	94545	455,000	3	1000	1957 07-20-16
25091 Copa Del Oro Dr #202	94545	316,000	2	855	1986 07-21-16
27629 Coronado Way	94545	422,000	3	1119	1955 07-20-16
2321 Darwin Street	94545	625,000	3	1664	1957 07-25-16

27676 Miami Avenue	94545	480,000	3	1119	1955 07-20-16
1660 Trowville Lane	94545	575,000	3	1119	1956 07-20-16

MILPITAS | TOTAL SALES: 20
 Highest \$: 2,295,000 Median \$: 830,000
 Lowest \$: 412,000 Average \$: 909,150

ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
1877 Big Bend Drive	95035	1,250,000	4	2643	1966 08-08-16
1282 Claridad Loop	95035	910,000	3	1772	2006 08-08-16
365 Coelho Street	95035	850,000	3	1100	1958 08-09-16
428 Dempsey Road #128	95035	412,000	3	1021	2007 08-09-16
703 Elderberry Drive	95035	790,000	2	1316	2013 08-09-16
955 Erie Circle	95035	770,000	2	1350	1984 08-05-16
1928 Everglades Drive	95035	880,500	3	1230	1966 08-02-16
2698 Greenrock Road	95035	2,295,000	5	4651	1991 08-08-16
857 Heflin Street	95035	921,000	3	1771	1971 08-02-16
1632 Kennedy Drive	95035	440,000	3	1122	1972 08-09-16
1677 Lee Way	95035	810,000	3	1456	2013 08-08-16
1717 Lee Way	95035	830,000	3	1622	2013 08-05-16
849 Los Positos Drive	95035	1,230,000	4	2886	1981 08-03-16
1313 Merry Loop	95035	809,000	-	-	08-05-16
741 Penitencia Street	95035	758,000	3	1268	1962 08-09-16
190 Sagemeadow Court	95035	900,000	3	1427	1994 08-08-16
241 Smithwood Street	95035	875,000	4	1812	1959 08-04-16
1313 Starlite Drive	95035	750,000	3	1190	1970 08-05-16
312 Summerfield Drive	95035	1,000,000	3	1833	1998 08-05-16
2008 Trento Loop	95035	702,500	2	1416	2015 08-08-16

NEWARK | TOTAL SALES: 15
 Highest \$: 1,015,000 Median \$: 580,000
 Lowest \$: 355,000 Average \$: 635,067

ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
39931 Cedar Blvd #103	94560	355,000	1	777	1985 07-20-16
39865 Cedar Blvd #335	94560	360,000	1	777	1986 07-19-16
5811 Central Avenue	94560	650,000	-	1447	1980 07-19-16
7828 Crestmont Avenue	94560	550,000	4	1606	1968 07-21-16
6330 Joaquin Murieta Ave #279G	94560	580,000	3	1346	1982 07-22-16
6274 Joaquin Murieta Ave #D	94560	480,000	3	1346	1982 07-25-16
6187 Joaquin Murieta Ave #E	94560	570,000	3	1456	1981 07-25-16
6187 Joaquin Murieta Ave #I	94560	612,000	3	1456	1981 07-21-16
38207 Manzanita Street	94560	805,000	4	1522	1964 07-25-16
36913 Newark Blvd #E	94560	530,000	3	1330	1987 07-25-16
5630 Portsmouth Ave	94560	868,000	3	1815	1963 07-21-16
5275 Somerset Place	94560	825,000	4	1908	1971 07-20-16
5349 Stirling Court	94560	1,015,000	4	2767	1968 07-20-16
6159 Thornton Ave #B	94560	553,000	3	1383	1987 07-19-16
5745 Wintergreen Drive	94560	773,000	3	1456	1968 07-25-16

SAN LEANDRO | TOTAL SALES: 22
 Highest \$: 885,000 Median \$: 565,000
 Lowest \$: 365,000 Average \$: 593,545

ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
690 Barbara Court	94577	661,000	3	1886	1957 07-19-16
2300 Belvedere Avenue	94577	421,000	3	1296	1972 07-22-16
2465 Bermuda Avenue	94577	625,000	3	1336	1961 07-20-16
234 Broadmoor Blvd	94577	840,000	5	2880	1920 07-22-16
2486 Croyden Court	94577	520,000	2	1723	1978 07-20-16
517 Dolores Avenue	94577	630,000	3	1236	1925 07-21-16
1907 Evergreen Avenue	94577	475,000	2	1017	1946 07-22-16
679 Lee Avenue	94577	780,000	3	1638	1935 07-22-16
1251 San Jose Street	94577	800,000	2	2220	1949 07-20-16
1465 Virginia Street	94577	520,000	2	1509	1943 07-25-16
1926 Whelan Avenue	94577	500,000	2	1024	1944 07-22-16
1503 136th Avenue #4	94578	365,000	2	811	1970 07-19-16
1685 141st Avenue	94578	530,000	2	860	1942 07-22-16
1215 145th Avenue	94578	400,000	3	1335	1920 07-20-16
3635 Figueroa Drive	94578	580,000	3	1108	1954 07-19-16
16263 Miramar Place	94578	518,000	3	1525	1985 07-19-16
1565 Peters Street	94578	660,000	4	1592	1947 07-25-16
2248 Sol Street	94578	545,000	3	1458	1940 07-25-16
15178 Discovery Road	94579	885,000	4	2968	1994 07-22-16
15345 Mendocino St	94579	638,000	3	2201	1955 07-25-16
15189 Orion Road	94579	600,000	4	2820	1998 07-22-16
1390 Randy Street	94579	565,000	3	1115	1955 07-19-16

SAN LORENZO | TOTAL SALES: 4
 Highest \$: 606,000 Median \$: 582,500
 Lowest \$: 546,000 Average \$: 584,875

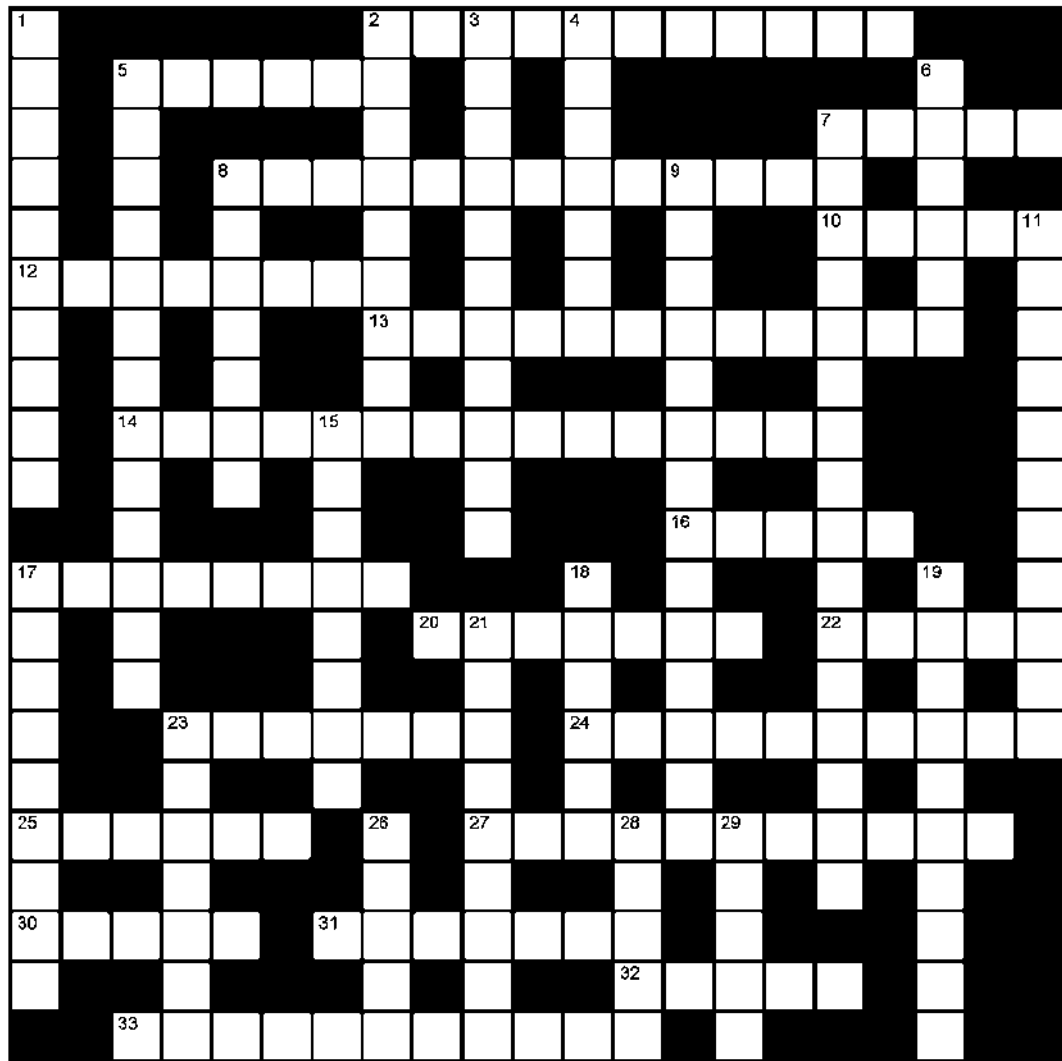
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
15998 Bertero Avenue	94580	605,000	5	2333	1951 07-20-16
17262 Via Anacapa	94580	546,000	3	1000	1944 07-21-16
11 Via Linares	94580	582,500	4	1642	1951 07-19-16
1372 Via Manzanas	94580	606,000	3	1050	1951 07-20-16

UNION CITY | TOTAL SALES: 8
 Highest \$: 1,200,000 Median \$: 650,000
 Lowest \$: 439,500 Average \$: 736,563

ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
34212 Arizona Street #3	94587	650,000	3	1684	1982 07-20-16
518 Carobe Court	94587	635,000	3	1484	1957 07-20-16
2619 Central Court	94587	802,000	4	1550	1975 07-20-16
32486 Monterey Drive	94587	1,200,000	5	3320	1995 07-22-16

Mind Twisters

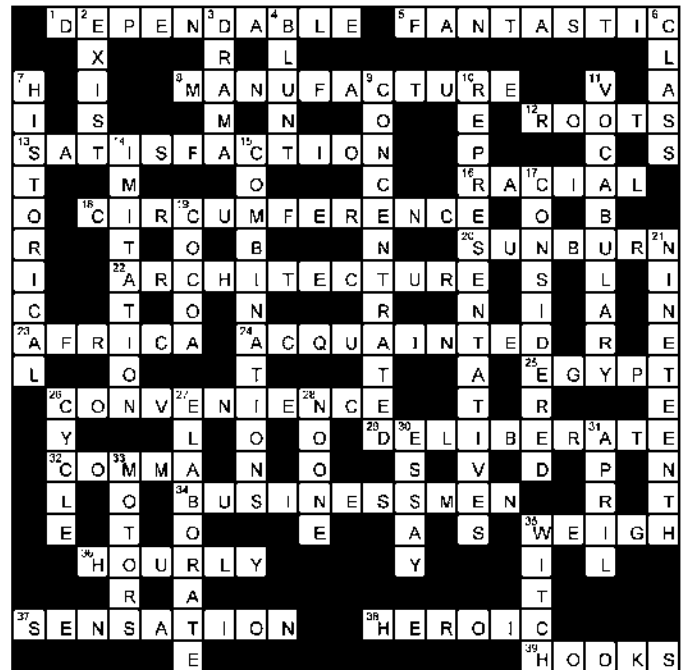
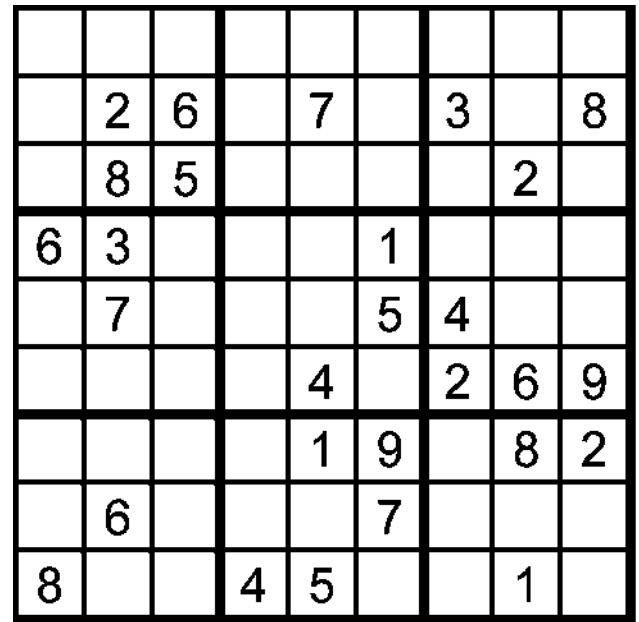
Crossword Puzzle B 3793



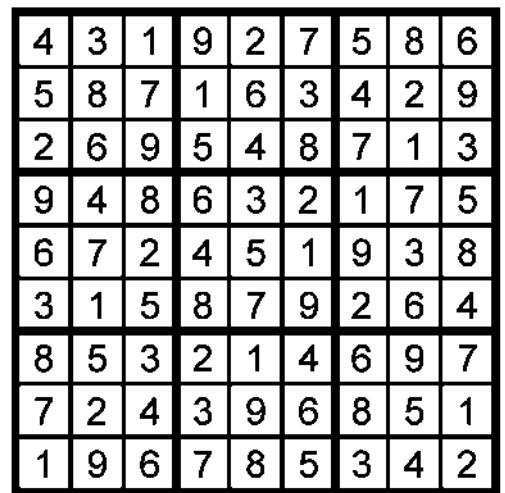
- Across
- 2 spoke for someone (11)
 - 5 Faze (6)
 - 7 mass meeting (5)
 - 8 unbearable (13)
 - 10 pricked (5)
 - 12 more vibrant (8)
 - 13 tournaments (12)
 - 14 legislators (15)
 - 16 ethnic group (5)
 - 17 boundary (8)
 - 20 procession (7)
 - 22 Jetés, e.g. (5)
 - 23 Big belt (7)
 - 24 luminance (10)
 - 25 keelless boat (6)
 - 27 () (11)
 - 30 ___ one (5)
 - 31 takes over (7)
 - 32 in advance (5)
 - 33 certainly (11)
- Down
- 1 recalled (10)
 - 2 assets (9)
 - 3 show (11)
 - 4 Far-out (7)
 - 5 food storage (13)
 - 6 cirrocumulus, cirrus, and cirrostratus (6)
 - 7 obligations (16)
 - 8 sad (7)
 - 9 presidency (14)
 - 11 glass buildings (11)
 - 15 outward (8)
 - 17 monetary (9)
 - 18 dock (6)
 - 19 haphazardly (10)
 - 21 airplane (9)
 - 23 Shoreline problem (7)
 - 26 Scale (5)
 - 28 English exam finale, often (5)
 - 29 burglar (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 3792



Tri-City Stargazer AUGUST 31 - SEPTEMBER 6, 2016

For All Signs: The time has arrived once again for Mercury to turn retrograde. Faithful readers of this column know this happens about three times per year and lasts three weeks. During the retrograde periods, communications often go awry and routine schedules are tossed in the air like a deck of cards. If we were in touch with the true message of this phenomenon, we would arrange for a long

siesta, a period of rest and reflection. Since most are not, we experience delays and complications in such things as meetings, travel, contracts and paperwork. A sense of humor is your best tool for the next four weeks. See your sun or ascendant sign below for clues about how/where this Mercury retrograde may affect you..

Aries the Ram (March 21-April 20): It is time to shift gears and focus attention on organizing all the details of your life, your body, and work. Clean out file cabinets, closets, and drawers. Organize your computer files and create a backup system. Keep your eyes on the target, the goal, or your daily regimen. Physical health is a priority.

Taurus the Bull (April 21-May 20): On the weekend an opportunity to expand your social life brings smiles. You may be invited to a party or you might meet someone new. This aspect is from Venus, goddess of love and creativity. The muse may be at your side as you produce a particularly creative idea or solution to a problem.

Gemini the Twins (May 21-June 20): You are drawn to all things beautiful and truly tempted to buy the wonderful items you see, especially those for your home. If you need to watch your dollars, leave your credit cards at home and wait a couple of days before making a big purchase. Think twice and measure three times before you make any important changes to your environment. You may easily change your mind after it is done.

Cancer the Crab (June 21-July 21): This is not your best week unless you plan to get a lot of hard work accomplished. If you become aware that you are easily angered, use caution concerning tools or machinery. Your reflexes may not be on target. Avoid speeding because there may be police on every corner.

Leo the Lion (July 22-August 22): Listen closely to your inner self. If you have tolerated a rule well beyond its time, you may rebel and demand to do something different now. This is so even if you are the one who made the rule. Surprise and changeability are the qualities prominent during this period. It may be a time that calls for you to do something outrageous.

Virgo the Virgin (August 23-September 22): Because Mercury is your ruling planet and it is going retrograde, it is possible that you will change your mind about a recent decision. This is a time to be creative and check out all possibilities before you are finally committed. It is also a period that lends itself to sociability. Have a party at your place.

Libra the Scales (September 23-October 22): Do not allow others to use you at this time. This period may be difficult for those on a diet or other self-improvement program. You are prone to self-indulgence right now. You need to be taking good care of yourself both physically and emotionally. Follow any pursuit that is uplifting to your spirit and soul.

Scorpio the Scorpion (October 23-November 21): Prepare for a period of scarcity between now and the end of September. This could be due to debt or lack of income. Make every effort to not indebt yourself further. You will need your savings for backup. Otherwise you must work extra hours to manage your resources. Many will have prepared already because they saw this time coming.

Sagittarius the Archer (November 22-December 21): The powers-that-be in your life may seem totally unyielding at this time. Remember that the small force of relentlessly dripping water can wear away a stone. Give attention to the most minor of details and prepare to move slowly and deliberately forward. If the idea is not worth that effort, let it go.

Capricorn the Goat (December 22-January 19): You have been hoping to scale a cliff that could propel you into forward motion. Gradually you have been recognizing that something will impair your plan. This week it becomes very clear. Unfortunately, this just isn't the time that you can project yourself into the outer world. Slow down and stop churning. Mars moves into your sign at the end of September. And the path will be more obvious.

Aquarius the Water Bearer (January 20-February 18): A significant amount of physical work may be on your agenda at this time. Whatever the project, it involves considerable lifting, pushing, pulling, and grunt work. Be very conscious of good body posture. The emo-

tional pressure may set you up for an accident. Take your time and ask for help rather than forcing the issue.

Pisces the Fish (February 19-March 20): Your attitude about yourself is not altogether accurate right now. You may think way too much of your ideas, or alternately, you may see yourself as lower than scum. Neither is accurate and you should probably not make decisions of any importance this week. Spiritual pursuits are given a go signal.

Are you interested in a personal horoscope?
 Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).





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Water beneath our feet

SUBMITTED BY ALAMEDA COUNTY WATER DISTRICT

With advances in technology – from smartphones to smart cars – it may be hard to imagine that some things have remained the same for over a century. One constant in the Tri-Cities is the Niles Cone Groundwater Basin and its underground aquifers that provide an essential water supply source to our customers.

The District's management of the basin dates to a time before Fremont, Newark and Union City existed. In fact, it was the people of Washington Township who lobbied for the protection of the basin and to secure water rights

for the communities served by what would later become Alameda County Water District (ACWD).

The very reason for forming the District was to protect the Niles Cone basin from overpumping—a practice that allowed saltwater intrusion and, at one point, jeopardized the basin by bringing it into dire overdraft.

Throughout the decades, our customers have made investments to protect and maintain the basin, and with careful groundwater management, ACWD has worked to replenish this supply source. Extending into Hayward and to the Santa Clara County border, the basin is recharged with surface water from Alameda Creek as it is diverted through ACWD's operation of two rubber dams and di-

version pipelines. This local water supply source accounts for nearly 40 percent of our overall water supply.

With 16 ACWD-operated wells located throughout our service area, the basin can provide nearly 48 million gallons of drinking water to our customers. Because it is such a critical supply source, ACWD has extensive monitoring programs in place to protect this supply from underground contaminants.

While the world around us continues to change and technology reshapes much of our lives, there are some things, such as the Niles Cone Groundwater Basin, that continues to be central to our community, exactly as it was over 100 years ago.

Park It

BY NED MACKAY

It seems as though summer has been on fast forward; **Labor Day weekend** has almost arrived. If you are still looking for campground vacancies in the East Bay, it's too late. All available campsites in the regional parks have been booked for the nights of September 2, 3 and 4. But don't despair – there are plenty of great day-trip activities scheduled. Here's a roundup:

At Ardenwood Historic Farm in Fremont, the 16th annual **"Rail Fair"** will be in session from 10 a.m. to 4 p.m. Saturday through Monday, September 3 through 5.

Last week I said there would be two steam trains in operation. I misspoke—there's only one. But it will give unlimited rides to park visitors. Other attractions will include model railroads, antique machinery, a hobo game, live music, and food for sale. Ardenwood's regular historic farm activities also will be operating.

Ardenwood is located at

34600 Ardenwood Boulevard, just north of Highway 84. Admission to the rail fair is \$10 for adults ages 18 and older, \$6 for seniors 62 and older, \$5 for children ages 4 through 17, and free for ages 3 and under. Parking is free. For more information, visit www.facebook.com/spcrrmuseum or call (510) 544-2797.

Nearby at Coyote Hills Regional Park, **Labor Day Fun** is scheduled from 10 a.m. to 12 p.m. and again from 1:30 to 3:30 p.m. on Monday, September 5, led by naturalist Dino Labiste. The agenda includes a sack race, egg relays, tug of war, kick the can, and other old-time diversions.

And from 2 to 3 p.m. every Saturday and Sunday, Coyote Hills stages **Family Fun Hour**. On September 3 there will be a nectar garden tour; on September 4 you can play Ohlone Indian games.

Everything takes place around the park visitor center, which is at the bay end of Paterson Ranch

Road off Paseo Padre Parkway in Fremont. All the activities are free. Coyote Hills has a parking fee of \$5 per vehicle. For information, call (510) 544-3220.

Up the shoreline in Alameda, Crab Cove Visitor Center plans a Labor Day open house from 10 a.m. to 4 p.m. on September 5. **Beach exploration** is at 11 a.m., and aquarium fish feeding at 3 p.m. Ongoing activities include meeting the center's turtle and gopher snake, following the self-guided history trail, making a nature craft, and viewing a nature movie in the Old Wharf Classroom.

Crab Cove also has family nature fun hour from 2 to 3 p.m. on Saturdays and Sundays. **Seaweed science** is the theme on September 3 and 4. Learn about the plant and churn some ice cream. Crab Cove is at 1252 McKay Ave. off Alameda's Central Avenue. Call (510) 544-3187.

At the Tilden Nature Area near Berkeley, there's a **Little Farm sing-along** from 11 a.m. to 12 p.m. on Saturday, September 3, with naturalist and lead singer Trent Pearce. Sing old-time songs about farming, work and play (lyrics provided). **Tilden's Labor Day open house** will be from 11 a.m. to 3 p.m. on

September 5 at the Environmental Education Center, organized by naturalist Trail Gail Broesder. Crafts, games and other activities are on the agenda. The farm and center are both located at the north end of Tilden's Central Park Drive. For information, call (510) 544-2233.

Black Diamond Mines Regional Preserve in Antioch will offer one hour guided tours of its **Underground Mining Museum** between 11 a.m. and 3 p.m. on Monday, September 5. Tickets will be available on a first-come, first-served basis at the park's Greathouse Visitor Center. Tour participants must be age 7 or older, and parent participation is required. Fee for the tour is \$5 and Black Diamond Mines also has a parking fee of \$5 per vehicle when the kiosk is attended. The park is at the end of Somerville Road, 3.5 miles south of Highway 4. For information, call 888-327-2757, ext. 2750.

Big Break Regional Shoreline in Oakley offers a delta discovery program from 11 a.m. to 2 p.m. every Saturday and Sunday, with hands-on activities for all ages. The park is located at 69 Big

Break Rd. off Main Street. For information, call 888-327-2757, ext. 3050.

Just in general, Labor Day Weekend tends to be one of the most crowded in the regional parks, especially those with swim facilities. So if you're planning a picnic, it's best to arrive early. On Labor Day no reservations are possible; all picnic tables are first-come, first-served. Parking and swimming fees are charged, and not all parks permit alcohol.

If you use the barbecue stands, please dispose of coals only in the concrete receptacles designed for that purpose, not in the regular metal trash cans. In general, please be extremely careful with fire; this is the height of the dry season, and the danger is great. No smoking is allowed anywhere in the regional parks.

In emergency situations, please cooperate with any instructions from lifeguards, rangers, police, and firefighters. With that in mind, let's all have a safe and enjoyable Labor Day weekend and look forward to lots of fall fun in the regional parks.

Kid Scoop .COM THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE



Thrifty & Fritter in FUN PARK FUNDS



Well, another summer went by and I didn't have enough money to go to Six Wags Amusement Park!



At the beginning of August.



Thrifty says: "It is easier to achieve a BIG GOAL if you break it down into a lot of LITTLE GOALS."

List of jobs and costs: Take out the trash daily (\$3.00), Weed the garden (\$2.50), Rake leaves (\$2.00), Wash the neighbor's car (\$4.00), Collect cans for recycling (\$2.00), Feed grandma's cat (\$2.00).

How much is each headline worth?

Find and copy the words in three newspaper headlines on the lines below.

Blank lines for writing the words from the newspaper headlines.

Use the money code below to put a value on the words in the headlines of the newspaper.

Money code table: A=1¢, B=2¢, C=3¢, D=4¢, E=5¢, F=6¢, G=7¢, H=8¢, I=9¢, J=10¢, K=11¢, L=12¢, M=13¢, N=14¢, O=15¢, P=16¢, Q=17¢, R=18¢, S=19¢, T=20¢, U=21¢, V=22¢, W=23¢, X=24¢, Y=25¢, Z=26¢.

You Can Do It!

What is a big goal you would like to achieve? Is it saving money, improving how well you play a sport or completing a big homework project?

My Goal: Break your big goal into smaller goals: First: Second: Third: Fourth: GOAL!!!

Add up the "value" of each headline. Which one is worth the most?

Can you write a headline of your own that equals exactly \$1?

Blank lines for writing a headline worth \$1.

Extra! Extra! Money Hunt: Look through today's newspaper for five examples of amounts of money written as numbers. Rewrite each one as words. Example: \$3.25 = Three dollars and twenty-five cents.

SIX WAGS DOG FUN PARK billboards: Circle the two identical Six Wags billboards.

Kid Scoop Puzzler

Math puzzle: Find the way to Fritter's house. Solve these math problems and color the squares that have a 7 in the answer BLUE. They will show the path to Fritter's dog house.

Double Double Word Search

Word search puzzle: AMUSEMENT, IMPROVING, THRIFTY, FRITTER, EASIER, MONEY, GOALS, DAILY, COSTS, PARK, PLAN, JOBS, CANS. Find the words in the puzzle.

Kid Scoop VOCABULARY BUILDERS

This week's word: ACHIEVE. The verb achieve means to succeed in reaching a goal, usually with effort. Henry was able to achieve his goal of running two miles per day.

FROM THE Kid Scoop LESSON LIBRARY Rounding Off: Find items for sale in the newspaper that are advertised for more than \$100 and less than \$1,000.

What tool do you need in math class? ANSWER: Multi-pliers.

Write On! Grow Money: How could you turn one dollar into ten dollars or more?

continued from page 1

Ardenwood Rail Fair



more trains! There will be activities for every person of every age making Rail Fair the perfect outing for families and friends. All activities are free with the price of admission.

There will be steam train rides all weekend behind the "Ann Marie," a restored 1890 Porter steam engine that was originally built for a gold and silver mine in Nevada. And the farmyard will be full of model trains! The Bay Area Garden Railway Society will bring their large Live Steam layout as well as their huge "Roving Garden Railroad." The Diablo Pacific Short Line Garden Railroad and the California Central Coast On30 Modelers

entrance, as space is limited. A special tour for families with children six and under is being offered at 11:30 a.m. on Saturday and Sunday. On Monday the Patterson House will offer an open house from 10 a.m. to 2:45 p.m., and Parlor Tours from 3 p.m. to 4 p.m.

Of course a day at the Farm isn't complete without a special lunch or snack! Dino's Grill will be, well, grilling and offering drinks and food for sale at the café area. You can also bring your own lunch and snacks and have a picnic at Deer Park or the E-I-O picnic areas.

Note: Activities vary daily. All activities, including the days and



will also have layouts on display this year.

The Early Day Gas Engine & Tractor Association will display a variety of antique, power-driven machinery showcasing 19th and early 20th century farm equipment, including steam-operated machinery. New this year, you will see volunteers from The Railroad Museum at Ardenwood in action as they start work on removing and replacing the roof on an 1880 box car—the South Pacific Coast #472 built by Carter Bros. in Newark. There will also be music with the Southbay Diaspora Swampboys and J. Haskey's Calliope.

Also new this year, young children (ages 7 and under) and their parents can build a wooden train layout and enjoy train books at Read Train Book Treasures. Kids of all ages will enjoy the Porter Playground Children's Train Layout and the new Hobo Game: a train-themed scavenger hunt with a treat for those who finish. The farm has lots of animals to visit and places to explore, including the outdoor Country Kitchen and the collection of antique farm equipment.

The Patterson House will be giving house tours on Saturday and Sunday; reserve a tour time at the ticket window at the park

times they are offered, are included in the Rail Fair event handout, which visitors will receive at the park entrance. For the most up-to-date information, visit www.facebook.com/spcrrmuseum.

Make sure to wear sunscreen, hats, and comfortable walking shoes, as exhibits will be spread throughout the Farm.

This event is presented by The Railroad Museum at Ardenwood operated by the Society for the Preservation of Carter Railroad Resources (SPCRR), a registered 501(c)(3) non-profit dedicated to collecting, preserving, and restoring narrow-gauge railroad cars built by Carter Bros., the first industry in Newark.

Ardenwood Rail Fair
Saturday – Monday, Sep 3 – 5
10 a.m. – 4 p.m.
Ardenwood Historic Farm
 34600 Ardenwood Blvd,
 Fremont
 (510) 544-2797
publicity@spcrr.org
www.spcrr.org
www.facebook.com/spcrrmuseum
Admission: \$10 adults (18+), \$6 seniors (62+), \$5 children (4 – 17), 3 and under free Parking: Free



Welcome

Teacher Day

August 30, 2016

9 AM - 5 PM
Fremont Flowers
 4050 Alder Avenue

Stop by Fremont Flowers on August 30th to receive a FREE flower bud vase to present to your teacher on August 31st, the first day of school. All elementary students in the Fremont Unified School District are invited to participate!

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Balcony fares from*	Mini-Suite fares from*	Drink Package VALUE†	Balcony fares from*	Mini-Suite fares from*	Drink Package VALUE†	Balcony fares from*	Mini-Suite fares from*	Drink Package VALUE†
\$1,749	\$2,049	value of \$394 for FREE!	\$2,269	\$2,649	value of \$450 for FREE!	\$1,299	\$1,549	value of \$394 for FREE!
<small>*Single Cruise Pricing starting 5/23/17. Taxes, Fees and Port Expenses of up to \$225 are additional and subject to change.</small>			<small>*Summer Princess pricing 7/15/17. Taxes, Fees and Port Expenses of up to \$225 are additional and subject to change.</small>			<small>*High Princess pricing 12/1/16. Taxes, Fees and Port Expenses of up to \$225 are additional and subject to change.</small>		
Alaska Land & Sea Vacations			Alaska Inside Passage			Mexican Riviera		
May – September 2017			May – September 2017			October 2017 – April 2018		
11-night From Vancouver, B.C. to Anchorage, Alaska			7-day Roundtrip Seattle or Vancouver, B.C.			7-day Roundtrip Los Angeles		
Balcony fares from*	Mini-Suite fares from*	Drink Package VALUE†	Balcony fares from*	Mini-Suite fares from*	Drink Package VALUE†	Balcony fares from*	Mini-Suite fares from*	Drink Package VALUE†
\$2,474	\$2,674	value of \$394 for FREE!	\$1,399	\$1,599	value of \$394 for FREE!	\$899	\$1,099	value of \$394 for FREE!
<small>*Star Line Alaska pricing starting 5/23/17. Taxes, Fees and Port Expenses of up to \$225 are additional and subject to change.</small>			<small>*Single Princess pricing 5/23/17 or Grand Princess pricing 5/23/17. Taxes, Fees and Port Expenses of up to \$225 are additional and subject to change.</small>			<small>*Single Princess pricing 12/1/16. Taxes, Fees and Port Expenses of up to \$225 are additional and subject to change.</small>		

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Editor Wanted

Tri-CityVoice is looking for an exceptional individual with excellent vocabulary, grammar and writing skills.

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tricityvoice@aol.com



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5pm, Sat, Sept 3



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I need a Forever Home



Prince Harry is 7 months old with thick velvety multi-colored fur. He's curious, outgoing, seeks attention, and enjoys being petted. He'll also enjoys lots of exploration. He loves greens and Timothy hay. More info: Hayward Animal Shelter. (510) 293-7200.



Bon Bon is a large, laid back 4 year old boy who's OK being petted and handled. He likes chilling on a soft bed and playing with toys. He prefers the company of people rather than other cats. He has gorgeous blue eyes and a buff fur coat. Info: Hayward Animal Shelter. (510) 293-7200.

ENRICH YOUR LIFE - BECOME A VOLUNTEER!
Hayward Animal Shelter
www.facebook.com/haywardanimalshelter
510-293-7200
16 Barnes Court (Near Soto & Jackson) Hayward
Tuesday - Saturday 1pm - 5pm

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

It's A Date

CONTINUING EVENTS

Fridays, May 6 thru Oct 28

Fremont Street Eats
4:30 p.m. - 9:00 p.m.
Food trucks, beer, wine and entertainment
Downtown Fremont
Capitol Ave. & Fremont Blvd., Fremont
https://www.facebook.com/FremontStreetEats/

Monday, Jun 27 - Saturday, Sep 24

Labor Exhibit
Mon: 5 p.m. - 10 p.m.
Tues & Thurs: 10 a.m. - 1 p.m.
Sat: 12 noon - 3 p.m.
Longshoreman photos by Frank Silva
PhotoCentral
1099 E St., Hayward
(510) 881-6721
www.photocentral.org

Wednesday, Jun 29 - Sunday, Sep 4

Hayward Goes on Vacation \$10 a.m. - 4 p.m.
Vacation memories of Hayward residents
Hayward Area Historical Society Museum
22380 Foothill Blvd., Hayward
(501) 581-0223
www.haywardareahistory.org

Friday, Jul 22 - Sunday, Sep 25

Botanical Beauties in Water-color and Ink
10 a.m. - 5 p.m.
Refreshing view of plant kingdom
Opening reception Saturday, Jul 23 @ 2 p.m.
Hayward Shoreline Interpretive Center
4901 Breakwater Ave., Hayward
(510) 670-7270
www.haywardrec.org

Wednesdays, Jul 27 - Sep 28

Canasta
9:15 a.m.
Card game
No experience necessary
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Thursdays, Jul 28 - Sep 29

Bingo \$1 p.m.
Games, refreshments and door prizes
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Fridays, Jul 29 - Sep 30

Mahjong
9:15 a.m.
Tile game
No experience necessary
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Mondays, Aug 1 thru Sep 26

Bunco
10 a.m.
Dice game
No experience necessary
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 578-4840
www.newark.org

Tuesday, Aug 2 - Sunday, Aug 31

Collage Artist Display
5 a.m. - 9 p.m.
Works utilizing recycled materials
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Mission Coffee Roasting House
151 Washington Blvd., Fremont
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Year-round
Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Downtown Fremont
Farmers' Market
Wednesdays
3 p.m. - 7 p.m.
May thru October
Capital Ave. between Liberty St.
and State St.
www.westcoastfarmersmarkets.org

Kaiser Permanente Fremont
Farmers' Market
Thursdays
10 a.m. - 2 p.m.
Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers' Market
Sundays
9 a.m. - 2 p.m.
Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer's Market
Saturdays
9 a.m. - 2 p.m.
Year-round
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market
Saturdays
9 a.m. - 1 p.m.
Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings
Saturdays
9 a.m. - 3 p.m.
Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente
San Leandro
Wednesday
10 a.m. - 2 p.m.
June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at
ICC
Sundays
8 a.m. - 1 p.m.
Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers' Market
Sundays
9 a.m. - 1 p.m.
Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall
Saturdays
9 a.m. - 1 p.m.
Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmks.com

UNION CITY:

Kaiser Permanente Union
City Farmers' Market
Tuesdays
10 a.m. - 2 p.m.
Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers' Market
Saturdays
9 a.m. - 1 p.m.
Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

Tuesdays, Aug 9 thru Sep 27

Bingo \$
1:15 p.m. - 3:30 p.m.
Progressive blackout games
Kenneth C. Aitken Center
17800 Redwood Rd.,
Castro Valley
(510) 881-6738
www.haywardrec.org

Sunday, Aug 9 - Monday, Oct 31

Harmony Art Exhibit
12 noon - 6 p.m.
Portraits of wildlife and nature
Milpitas Library
160 North Main St., Milpitas
(408) 262-1171
www.scl.org

Thursday, Aug 25 - Monday, Sep 5

Circus Vargas \$
Mon - Fri: 4:00 p.m. & 7:00
p.m.
Sat - Sun: 1:00 p.m., 4:00 p.m.
& 7:30 p.m.
Magic, acrobatics and feats of strength
Southland Mall
One Southland Mall Dr.,
Hayward
(877) 468-3861
www.circusvargas.com

Thursday, Aug 25 - Sunday, Sep 18

Real Women Have Curves \$
Thurs - Sat: 8 p.m.
Sun: 2 p.m.
Heartfelt celebration of women work-
ing together
Douglas Morrison Theatre
22311 N Third St., Hayward
(510) 881-6777
www.dmtonline.org

Thursday, Aug 26 - Sunday, Sep 24

New Visions
12 noon - 5 p.m.
Variety of mediums and techniques
Featuring Allied Artists West
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Monday, Sep 1 thru Friday, Sep 29

San Leandro Art Association
Members Show
12 noon - 5 p.m.
Variety of mediums on display
San Leandro Main Library
300 Estudillo Ave., San Leandro
(510) 577-3971
www.aclibrary.org

Monday, Sep 6 - Saturday, Sep 24

Halloween Costume Donations
11 a.m. - 5 p.m.
Drop off gently used costumes
Children ages 5 - 16 only
Hayward Main Library
835 C St., Hayward
(510) 881-7946
annie.snell@hayward-ca.gov



Fremont Art Association
37697 Niles Boulevard Fremont, CA 94536 (510)792-0905

51st Annual Art Show

September 27-October 30 2016

The association is holding its 51st Annual Art Show. Members and the general public are invited to submit two and three-dimensional art for this juried show. All applications, submissions and payments will be done on line. The general public is welcome to submit entries.

Deadline is September 10.

<http://tinyurl.com/faannualshow>

Editor Wanted

Tri-CityVoice is looking for an exceptional individual with excellent vocabulary, grammar and writing skills.

Part time.
We help the community tell their stories.

Contact:
510-494-1999
tricityvoice@aol.com

Monday, Sep 6 - Thursday, Dec 15

10th Street After-School Program
4 p.m. - 6 p.m.
Sports, arts and crafts and games
Drop-in program, no day care
10th Street Community Center
33948 10th Street, Union City
(510) 675-5488
www.unioncity.org/depart-
ments/community-recreation-ser-
vices

Wednesday, Aug 31

Homework Center Volunteer Orientation - R
4:00 p.m. & 4:30 p.m.
High school students assist with homework
Earn volunteer hours
Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org

Wednesday, Aug 31

Musical Hour for Seniors
1 p.m. - 2 p.m.
Sing and play instruments
Kenneth C. Aitken Center
17800 Redwood Rd.,
Castro Valley
(510) 881-6738
www.haywardrec.org

THIS WEEK

Tuesday, Aug 30

A Water District of Our Own
6:30 p.m. - 8:00 p.m.
100 year celebration of ACWD
Union City Branch Library
34007 Alvarado Niles Rd.,
Union City
(510) 745-1464
www.aclibrary.org

Wednesday, Aug 31

Toddler Time \$
10:30 a.m. - 11:45 a.m.
Activities and farm chores for tots
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Wednesday, Aug 31

Wednesday Walk
9:30 a.m. - 1:30 p.m.
Moderate 6+ mile trail hike
Lake Chabot
17600 Lake Chabot Rd,
Castro Valley
(888) 327-2757
www.ebparks.org

Thursday, Sep 1

Diabetes Matters - R
7 p.m. - 8 p.m.
Navigating insurance with diabetes
Washington Hospital
2500 Mowry Ave., Fremont
(800) 963-707
www.whhs.com/seminars

Thursday, Sep 1

Kimbookai Corner Ribbon Cutting
4 p.m.
Educational area for kids ages 5 and under
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org



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www.DriversForSurvivors.org



You're Invited

AAUW Fremont Branch Annual Fall Brunch

All are welcome — members, friends and guests

- Learn about programs and activities and join us to make an impact
- Meet Tech Trek and Ohlone College scholarship recipients
- Enjoy a delicious complimentary brunch
- Participate in a drawing* for a beautiful quilt**
* to support Ohlone College Scholarships for Women
** donated by the Piecemakers' Quilt Guild

Saturday, September 10, 2016
9:30 — 11:30 a.m.
Niles Discovery Church
36600 Niles Blvd., Fremont
(near Mission Blvd. & Nursery Ave.)

AAUW advances equity for women and girls through advocacy, education, philanthropy, and research.
AAUW Fremont Branch Website: <http://fremont-ca.aauw.net>
For more information, contact Sandi Cole email: slcole24@gmail.com

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Oktoberfest
Sept. 24 - OompahPah!
SAVE THE DATE!

FREE Adult Reading and Writing Classes are offered at the Alameda County Library
Tell A Friend Call Rachel Parra 510 745-1480

Thursday, Sep 1
American Red Cross Blood Drive - R
 7 p.m.
Schedule an appointment
 Drop ins welcome
 NewPark Mall
 2086 Newpark Mall, Newark
 (800) 733-2767
 www.redcrossblood.org

Friday, Sep 2 - Saturday, Sep 3
American Red Cross Blood Drive - R
 7:30 a.m. - 2:30 a.m.
Call to schedule an appointment
 Drop-ins welcome
 Fremont-Newark Blood Center
 39227 Cedar Blvd., Newark
 (800) 733-2767
 www.redcrossblood.org

Friday, Sep 2
Friday Teen Festivities \$
 4:45 p.m.
Pool Tournament
 Silliman Activity Center
 6800 Mowry Ave., Newark
 (510) 578-4620
 www.newark.org

Friday, Sep 2
Family Game Night \$
 5:30 p.m. - 8:30 p.m.
Grandchildren enjoy bounce house, face painting and games
 Hayward Area Senior Center
 22325 North Third St., Hayward
 (510) 881-6766
 www.haywardrec.org

Friday, Sep 2 - Sunday, Sep 4
Live Music
 Fri: 8 p.m. Latitude
 Sat: 5 p.m. Touch of Class
 Sun: 3 p.m. Up Close and Personal
 World Famous Turf Club
 22519 Main St., Hayward
 (510) 881-9877
 www.WorldFamousTurfClub.com

Friday, Sep 2 - Saturday, Sep 3
Live Blues Music
 9 p.m.
Various artists
 Smoking Pig BBQ
 3340 Mowry Ave., Fremont
 (510) 713-1854
 www.smokingpigbbq.net

Saturday, Sep 3
Marshland of Dreams
 9 a.m. - 10 a.m.
Discuss farming and salt production
 Docent led walk
 SF Bay Wildlife Refuge
 1 Marshlands Rd., Fremont
 (510) 792-0222

Saturday, Sep 3 - Sunday, Sep 4
Family Fun Hour
 2 p.m. - 3 p.m.
Stories, games and activities
 Coyote Hills Regional Park
 8000 Patterson Ranch Rd., Fremont
 (510) 544-3220
 www.ebparks.org

Saturday, Sep 3
Campfire Program
 8 p.m. - 9 p.m.
Games, songs and stories around the campfire
 Anthony Chabot Campground and Park
 9999 Redwood Rd., Castro Valley
 (510) 690-6677
 www.ebparks.org

Saturday, Sep 3
Nature Walk for Health
 10:30 a.m. - 11:30 a.m.
Docent led 1.3 mile trail hike along marshlands
 SF Bay Wildlife Refuge
 1 Marshlands Rd., Fremont
 (510) 792-0222


Centerville

Marriage Date Night & Panel Discussion



Centerville Presbyterian Church has been reaching out to the tri-city community for more than 150 years. As part of our commitment to building and encouraging healthy marriages, our Marriage Ministry team is hosting a special Date Night Event. This event is open to all couples seeking to gain perspective on conflict resolution and continue growing in relationship with each other.

Reservations
 Contact CPC office by phone or email
 Tel: (510) 793-3575
 Email: cpeoffice@cpefremont.org
 Web: cpefremont.org
 Address: 4360 Central Avenue Fremont, CA 94536

Schedule
 5 PM - Register at CPC
 Drop Children off at Kids Care in the Family Education Building
 6:45 PM - Return to CPC
 To enjoy dessert served in the Centre Building
 7:15 PM - Panel Discussion
 Panel discusses disagreement and conflict resolution

Marriage is about patience, commitment, sharing, caring, giving, receiving, respect, understanding, overcoming, reconciling and rejoicing

Healthy Marriages normally encounter disagreement and conflict yet practice successful conflict resolution

Here's How Date Night Works...

- Couples are encouraged to enjoy an early evening dinner out (child care provided). A list of topics will be provided for couples to share at dinner to get the most from observing the following Panel Discussion
- Then, attend the Marriage Panel Discussion at CPC (dessert provided)
- Real couples, representing different age groups, have been selected to share their challenges and disagreements as well as insights into conflict resolution
- Pastors Marsha and Greg Roth will moderate the discussion and bring many years of marriage and ministry experience to the event

Neighborhood "Village"

Non-profit to help people stay in their homes as they age

Eden Area Village is developing a non-profit membership group to serve Hayward, Castro Valley and San Lorenzo area.

Public outreach meetings held 1st Friday of each month 2pm

Hayward City Hall
777 B Street, Hayward

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INDIAN FAMOUS ASTROLOGER

PANDITH: RAJU SWAMY

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Fremont
 Human Services Department

Saturday, Sep 3 - Monday, Sep 5**Rail Fair \$**

10 a.m. - 4 p.m.

Steam train rides, food, games and music

Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.facebook.com/SPCRR-museum
www.ebparks.org

Saturday, Sep 3 - Monday, Sep 5**Crush Kick-Off \$**

12 noon - 5:00 p.m.

Wine tasting and music

Movie: doors open at 6:00 p.m.,
7:30 p.m.
Chouinard Vineyard and Winery
33853 Palomares Rd.,
Castro Valley
(510) 582-9900
chouinard@chouinard.com
www.chouinard.com

Saturday, Sep 3**Bird Walk**

8 a.m. - 10 a.m.

Discover migration and behavior patterns

Ages 8+
Coyote Hills Regional Park

8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Saturday, Sep 3**Healthy Parks Healthy People Hike**

1:00 p.m. - 2:30 p.m.

Leisurely stroll along marsh trails

Ages 12+
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Saturday, Sep 3**Free Notary Signing Service - R**

12 noon - 2 p.m.

Identification required

Hayward Main Library
835 C St., Hayward
(510) 881-7980
www.library.hayward-ca.gov

Saturday, Sep 3**eBook and eAudiobook Help**

10:30 a.m. - 12:30 p.m.

Assistance with downloading electronic books

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1421
www.aclibrary.org

Saturday, Sep 3**International Vulture Awareness Day**

1 p.m. - 3 p.m.

Discuss bird's importance to the ecosystem

Sulphur Creek Nature Center
1801 D. St., Hayward
(510) 881-6747
www.haywardrec.org

Sunday, Sep 4**Ohlone Village Site Tour**

10 a.m. - 12 noon & 1:30 p.m. - 3:30 p.m.

Tour shade structure, pit house and sweat house

Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Monday, Sep 5**Labor Day Fun**

10 a.m. - 12 noon & 1:30 p.m. - 3:30 p.m.

Enjoy old fashioned games

Bring a picnic
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparks.org

Tuesday, Sep 6**Outdoor Discoveries \$R**

10:00 a.m. - 11:30 a.m.

Playful scientific exploration for preschoolers

Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparks.org/register

Tuesday, Sep 6**Stroke Education Series - R**

6 p.m. - 8 p.m.

Discuss stroke prevention

Washington Hospital
2500 Mowry Ave., Fremont
(800) 963-7070
www.whhs.com/seminars

Wednesday, Sep 7 - Thursday, Sep 8**Aladdin Jr. Auditions \$R**

4 p.m. - 6 p.m.

Read a script, learn a dance and sing a song

Ages 8+
Milpitas Community Center
457 E. Calaveras Blvd., Milpitas
(408) 586-3210
www.centerstagepa.org
http://www.ci.milpitas.ca.gov/milpitas/departments/recreation-services/37244-2/

Thursday, Sep 8**All in White Casino Night \$**

6 p.m. - 10 p.m.

Benefit for Give Teens 20

Resources for higher education and career direction

Magnussen's Lexus of Fremont
5600 Cushing Pkwy., Fremont
(510) 790-1673
infor@giveteens20.org
www.GT20.org

Wednesday, Sep 28**Give Them a Voice Child Fundraising Event \$R**

6:00 p.m. - 7:30 p.m.

Master of Ceremonies Bill Somerville

Performance by Oakland Youth Chorus
RSVP deadline September 9th
Wedgewood Metropolitan Golf Links
10051 Doolittle Dr., Oakland
(510) 618-1961
ctrotter@acgov.org

Local athletes excel at Pan American Wushu Championships



SUBMITTED BY JACKSON WONG

Lubbock, Texas on the campus of Texas Tech was the venue of the 11th Biennial Pan American Wushu (Kung Fu) Championships from August 12 to August 14. Jet Li would be proud to see how Wushu has grown in the Western Hemisphere with so many talented elite athletes in the sport—had he been there.

The invitation-only tournament of top competitors in each category featured Sanda (sparring) and Taolu (forms) competitions, hard systems and soft systems (Taiji) and weapons. Representing the United States were 71 national team athletes of various age groups and disciplines. In addition to the U.S., Brazil, Mexico and Canada also had sizeable teams among the 13 countries present.

The three day Taolu competition ended with the U.S. leading with 71 medals (36 Gold, 22 Silver and 13 Bronze), followed by Canada with 33 medals (14 Gold, 10 Silver, and 9 Bronze). Brazil (12 Gold, 10 Silver and 8 Bronze) and Mexico (9 Gold, 13 Silver, and 10 Bronze) also put in strong performances. In the Sanda competition, Brazil and U.S. athletes dominated with 9 and 8 Golds respectively.

Wushu, aka, Kung Fu, encompasses all systems of Chinese martial arts. The ultimate governing body of the sport is the International Wushu Feder-

ation (IWUF). It promulgates the rules and regulations for competition followed by each of the 146 countries with national teams. The United States of America Wushu Kungfu Federation (USAWKF) has Taolu and Sanda teams at both the junior and adult levels, as well as teams for traditional Wushu Kungfu and Taijiquan.

The games witnessed bonding of athletes between countries. Mexico cheered the U.S and the U.S. cheered Mexico. And, the same goes for Brazil and other countries. By tradition, at the conclusion of the games, members of different countries trade team jackets and other memorabilia. Many members of the U.S. and Brazil teams went home with the team jackets of the other country. These athletes serve as natural ambassadors of their respective countries.

Local athletes Jasmine Syu (two events, two Gold), Wallace Lim (three events, one Gold and two Silver) and Jacqueline Wong of Legend Kung Fu of Newark, gave excellent performances. Their coach, Sifu (Master) Li Zheng says he is proud of all his students from the six year old beginner to these elite athletes who have achieved such wonderful results in international competition.

While Wushu is an individual sport, everyone cheers for every competitor from every team. It is a heartwarming experience.

Corporate influence documentary

SUBMITTED BY NILES DISCOVERY CHURCH

The most powerful corporate-funded political force, most of America has never heard of, will be the topic of the Second Saturday Documentary Series, Saturday, September 10, at Niles Discovery Church. The showing is free and open to the public.

"The United States of ALEC" reports on the American Legislative Exchange Council, a national consortium of state politicians and powerful corporations that influences national trends to make sure doing business remains highly profitable and largely unregulated. This is achieved by enacting or amending laws state by state by state.

Craig Dunkerley, coordinator of the California Clean Money Campaign, will moderate discussion at this screening.

The original 2012 report and a more recent update were a collaboration of Moyers and Company, Okapi Productions LLC and the Schumann Media

Center, headed by Bill Moyers, which supports independent journalism and public watchdogs.

According to the Moyer and Company website, "In state houses around the country, hundreds of pieces of boilerplate ALEC legislation are proposed or enacted that would, among other things, dilute collective bargaining rights, make it harder for some Americans to vote, and limit corporate liability for harm caused to consumers - each accomplished without the public ever knowing who's behind it."

The Second Saturday Documentary Series is co-sponsored by Niles Discovery Church and the San Jose Peace & Justice Center.

Documentary: The United States of ALEC**Saturday, Sept 10****1:30 p.m.****Niles Discovery Church****36600 Niles Blvd, Fremont****(510) 797-0895****Free**

AAUW Fremont Fall Brunch

SUBMITTED BY MARY LYNN PELICAN

Members, friends and guests are invited to the American Association of University Women (AAUW) Annual Fall Brunch on Saturday, September 10. AAUW advances equity for women and girls through advocacy, education, philanthropy, and research.

- Learn about programs and activities and join us to make an impact
- Meet Tech Trek and Ohlone College scholarship recipients
- Enjoy a delicious complimentary brunch
- Participate in a quilt drawing, donated by Piecemakers' Quilt Guild, to support Ohlone College Scholarships for Women

AAUW Fremont - Fall Brunch**Saturday, Sept 10****9:30 a.m. - 11:30 a.m.****Niles Discovery Church****36600 Niles Blvd, Fremont****Email: slcole24@gmail.com****http://fremont-ca.aauw.net****Complimentary brunch**

Free haircuts to blood and platelet donors

SUBMITTED BY NATIVIDAD LEWIS

The American Red Cross and Sport Clips Haircuts are teaming up to offer a free haircut coupon to those who come out to donate blood or platelets during September. A coupon will be emailed several days after the donation and is valid through November 6 at participating Sports Clips locations. The nearest Sports Clip in the Tri-city area is located at 43321 Christy St in Fremont or call (510) 623-1015.

Donors of all blood types are urged to give. To schedule an appointment to donate, use the free Blood Donor App, visit redcross-blood.org or call 1-800-RED CROSS (1-800-733-2767). Donation appointments and com-

pletion of a RapidPass online health history questionnaire are encouraged to help reduce wait times.

Upcoming blood donation opportunities in Newark:

Thursday, Sept 1:**2 p.m. - 7 p.m.****Newpark Mall****2086 New Park Mall****Friday, Sept 2: 7:30 a.m. - 2:30 p.m.****Saturday, Sept 3:****7:30 a.m. - 2:30 p.m.****Friday, Sept 9:****7:30 a.m. - 2:30 p.m.****Saturday, Sept****10: 7:30 a.m. - 2:30 p.m.****Fremont - Newark Blood****Donation Center****39227 Cedar Blvd**

Milpitas Rotary to hold fundraiser for education

SUBMITTED BY FRANK DE SMIDT

On Saturday, September 17, the Milpitas Rotary Club presents their Gala Fundraiser Dinner for the Milpitas Unified School District's STEAM (Science Technology Engineering Arts Math) Program.

The tasty seven course dinner, at TA Restaurant in Milpitas, will also include live and silent auctions, raffles, music, and dancing. Tickets for this fundraising dinner are \$75 each. Please RSVP to Rotary President Hon Lien at (408) 439-1207.

Milpitas Rotary Club Fundraiser Dinner**Saturday, Sept 17****5 p.m.****TA Restaurant****90 South Abel St, Milpitas****RSVP: (408) 439-1207****\$75**

Summer Concert Series

You've got the sun, your shorts and sandals – what else do you need to jump into summer? How about those sweet musical strains that soundtrack so many summer memories? Concert series are now kicking off in the Tri-Cities with something for every musical taste. Grab a friend, your shades, and a picnic and kick back and enjoy!

CASTRO VALLEY

Chouinard Summer Concert Series
Sundays, 4:30 p.m. - 8:30 p.m.
Chouinard Vineyard and Winery
33853 Palomarea Rd, Castro Valley
(510) 582-9900
www.chouinard.com/winery-event-calendar/
www.brownpapertickets.com
Cost: \$45 per car (six people max.)

Aug 21: '70s – 2000s Dance Pop in the Vineyards – Dawn Coburn, SugarBeat

Pacific Commons

Summer Concert Series
Saturdays, 6:00 p.m. – 8:00 p.m.
The Block (near Dick's Sporting Goods)
43923 Pacific Commons Blvd, Fremont
(510) 770-9798
http://pacificcommons.com/
Free

Sept. 3: Third Sol (Latin, Soul, Funk)
Sept. 10: Last One Picked (Rock & Americana)

Niles Home Concert Series

Saturdays, 6:00 p.m. – 9:30 p.m.
Historic Niles
37735 Second St, Fremont
(510) 825-0783
www.facebook.com/NilesHomeConcert
Tickets: \$20 suggested donation; attendance by advanced RSVP only
Aug 27: The New Thoreaus and I Am Not Lefthanded

HAYWARD

Hayward Street Party
Thursdays, 5:30 p.m. – 8:30 p.m.
B Street (between Foothill Blvd and Watkins St), Hayward
(510) 537-2424
www.hayward.org
Free
Sep 11: Blues & Jazz Concert: 3 O'Clock Jump Big Band and Tablues (benefiting Mt Eden High School Choirs), with Guest Celebrity Chef Hayward City Council Member Francisco Zermeno
Sep 18: Jazz Concert: What's Up Big Band and the LaHonda All Stars Band (benefiting Hayward-La Honda Music Camp)
Sep 25: "Uncle Rico's" Original Rock 'n Roll featuring The Hypnotones, Hayward High School Marching Band, Band and Jazz Band

members (benefiting Hayward High School Instrumental Music Program), with Guest Celebrity Chef Mark Salinas and donations from Chavez Market

Hayward Odd Fellows Summer Concert Series

Sundays, 1:00 p.m. – 5:00 p.m.
Hayward Memorial Park
24176 Mission Blvd, Hayward
fgoulart@pacbell.net
www.HaywardLodge.org
Free

Sep 11: Blues & Jazz Concert: 3 O'Clock Jump Big Band and Tablues (benefiting Mt Eden High School Choirs), with Guest Celebrity Chef Hayward City Council Member Francisco Zermeno

Sep 18: Jazz Concert: What's Up Big Band and the LaHonda All Stars Band (benefiting Hayward-La Honda Music Camp)

Sep 25: "Uncle Rico's" Original Rock 'n Roll featuring The Hypnotones, Hayward High School Marching Band, Band and Jazz Band members (benefiting Hayward High School Instrumental Music Program), with Guest Celebrity Chef Mark Salinas and donations from Chavez Market

BOOKMOBILE SCHEDULE

Alameda County
Renew books by phone
(510) 790-8096
For more information
about the Bookmobile call
(510) 745-1477 or visit
www.aclibrary.org.
Times & Stops subject to change

3:15 – 3:45 Station Center, Cheeves Way, UNION CITY
6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

Milpitas Bookmobile stops
Renew books by phone
(800) 471-0991
For more information
(408) 293-2326 x3060

Tuesday, Aug 30
thru Monday Sept 5
No Service

Tuesday, Sept 6
4:30 – 5:20 Weibel School,
45135 South Grimmer Blvd.,
FREMONT
5:50 – 6:40 Booster Park, Gable
Dr. & McDuff Ave., FREMONT

Monday, September 12
11:45 – 1:00 SanDisk
Corporation, 951 Sandisk Dr.,
MILPITAS
1:30 – 2:00 Friendly Village Park,
120 Dixon Landing Rd.,
MILPITAS

Wednesday, Sept 7
12:45 – 2:15 Glenmoor School,
4620 Mattos Dr., FREMONT

Back to school safety tips

SUBMITTED BY CITY OF FREMONT

Public schools in Fremont are back in session on Wednesday, August 31. We want to encourage drivers to be more aware and vigilant as thousands of children begin their new school year by walking to and from school. Fremont Police Department will conduct enforcement patrols throughout the school year, with added patrols during the first week of school in anticipation of higher than normal traffic volume.

Parents should take a proactive stance on traffic safety by taking the time to talk about safety with their children before they head back to school.

If your children are walking to school, it's a good idea for parents to plan the route ahead of time with your child. Once it has been planned out, walk the route to school with your children before the start of the year to assess hazards and select a course with the least number of traffic crossings. It's important to tell your children that they should find a walking buddy and stay on the same course each day.

Adults can teach and model safety behaviors that all children should follow, even if they don't walk to school every day.

Here are some simple reminders for drivers:

- Slow down and be especially alert in residential neighborhoods and school zones.
- Remember to stop for pedestrians who are trying to walk across the street in a crosswalk.
- Take extra time to look for children at intersections, on medians, and on curbs.
- Enter and exit driveways and alleys slowly and carefully.
- Watch for children on and near the road in the morning and after school hours.
- Never pass a stopped school bus with flashing red lights/stop sign. This is a serious safety concern as children are entering/exiting the bus.
- Reduce any distractions inside your car so you can concentrate on the road and your surroundings. Put down your phone and don't talk or text while driving.
- If your child's school has a pick-up/drop-off valet system, obey the rules and volunteers running the program.
- Only park in designated parking spaces. Do not block driveways, park in front of fire hydrants, or park in no-stopping/red zones.

Reminder for your children:

- They should cross the street with an adult until they are at least 10 years old or an age of maturity where they can make independent decisions.
- Remind them that they should never speak, accept gifts, or rides from a stranger.
- Cross the street at corners, using traffic signals and crosswalks.
- Never run out into the streets or cross in between parked cars.
- Make sure they always walk in front of the bus where the driver can see them.
- Wear a helmet when riding a bike, scooter, or skateboard.
- They should know their phone number, address, and cell phone number of a parent.

We wish all of the students in Fremont a great school year ahead! Be safe and drive carefully.

Calling Artists for Craft Fair

SUBMITTED BY ARATHI SATISH

The Fremont Cultural Arts Council (FCAC) and the Mission Peak Heritage foundation are sponsoring "Arts & Crafts in Shinn Park" on Sunday, September 18. This event is designed for local artists and historic crafters to display and sell their arts and crafts. Mission Peak charges only \$10 for a 10x10 foot space. There is no charge to attend this event and the artists receive

all of the money from their sales. Arts & Crafts in Shinn Park promotes local artists and the historic Shinn House.

Artists interested in participating must submit their entries before September 12. More information can be obtained by visiting the FCAC office at 3375 Country Drive, Fremont, or online at www.FremontCulturalArts.org. Organizer Al Minard can also be contacted at (510) 552-4839 or alminard@comcast.net.

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Aladdin Jr. auditions

SUBMITTED BY MEI-WAN CHAI

Center Stage Performing Arts in Milpitas is inviting performers ages 8 and up to audition for our upcoming production, "Aladdin Jr.", on September 7 and 8. Be prepared to learn a dance, read from a script and a song of your choice from "Aladdin." Performance is scheduled from November 12-19 at Milpitas Community Center.

Registrations fees are \$130 for residents and \$150 for non-residents, plus a \$3 transaction fee. Visit www.centerstagepa.org for more information.

Aladdin Jr. Auditions
Wednesday, Sep 7 & Thursday, Sep 8
4 p.m. – 6 p.m.
Milpitas Community Center
457 E Calaveras Blvd, Milpitas
(408) 707-7158
www.centerstagepa.org

Registration fee: \$130 residents; \$150 non-residents (plus \$3 transaction fee)

SPORTS

McDermott to join Division I Ranks at USF

SUBMITTED BY STEVE CONNOLLY

University of San Francisco (USF) Director of Athletics Scott Sidwell has announced the hiring of Joan McDermott to USF's athletic administration team. After serving as Cal State East Bay's (CSUEB) Director of Athletics since April of 2015, McDermott will head to the Division I ranks and take over as Executive Senior Associate Athletic Director for Internal Operations at her alma mater.



Returning to the institution where she earned her bachelor's degree, McDermott will help run a Division I department for the first time after spending the last 21 years in Division II. For the Dons, she will oversee day-to-day operations as they pertain to academics, compliance, business, student services, financial aid, facilities, game operations, human resources and capital projects.

During McDermott's first full season at Cal State East Bay in 2015-16, the Pioneers enjoyed their most successful year since re-joining NCAA Division II. The women's basketball and men's golf teams captured the University's first two California Collegiate Athletic Association (CCAA) championships as members of the conference. Five teams competed at the NCAA Division II Regionals, and collectively the Pioneers set a program record with 58 CCAA All-Academic honorees.

"Cal State East Bay is a special place," said McDermott. "Hopefully I was able to make a little bit of a positive impact during my short time here. I had a chance to work with some tremendous people, and I know the Pioneers are headed for big things."

CSUEB will name an interim Director of Athletics in the coming days. Competition opens for the 2016-17 season on September 1, with competitions by the volleyball, men's and women's soccer, and men's and women's cross country teams.

Arroyo JV squad shows potential



Football

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Arroyo (San Lorenzo) Don's JV team beat the American High School (Fremont) Eagles 16-6 as they put on an impressive performance of offensive power and a well-balanced attack highlighting future potential Varsity players.

Arroyo Dons edge American Eagles for a hard fought victory



Football

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Arroyo (San Lorenzo) Varsity Dons came into the August 27th game with the American High (Fremont) Eagles with a new coaching staff very optimistic about the team's look and offensive power. It became obvious at the start of the game as they jumped to a three-touchdown lead. However, the Eagles were not to be discounted. The Eagles fought back within striking distance and the game became a back and forth battle. The Dons made the critical defensive stand of the game and the final possession with just two minutes and 58 seconds left in the game. The new offensive power came into play as they drove the ball with a series of well executed plays down to the 10-yard line of the Eagles. A new aspects of their game is the ability to kick field goals. With just six seconds left on the clock, they kicked the winning field goal to pull out a hard fought victory 37-35.



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A cornucopia of attractions at Scottish Games

SUBMITTED BY FLOYD BUSBY

Celebrating 151 years of continuous Scottish Games, the Caledonian Club of San Francisco provides one of the world's largest Scottish Gathering & Games with 22 different events and attractions. The Games take place at the Alameda County Fairgrounds in Pleasanton on September 3 and 4. Featuring more than 30 pipe bands from the U.S. and Canada, plus the 3rd Marine Aircraft Wing Band, to the 42nd U.S. Invitational Heavy Event Championship with professional and amateur athletes and the Western U.S. Open Highland Dancing Championships, the Pleasanton Games provides it all. Four stages of traditional and Celtic Rock entertainment, and two stages of Scottish fiddlers, harpers, dancers and

singing will also be onsite. Among the favorite entertainments is the Living History area with Mary Queen of Scots and her entourage, the Highland Warriors, and the invading Roman Legion and fierce Vikings. The Glen of the Clans provides historic information with nearly 100 clans represented. Add to that the Irish Pavilion, Sheep Dog Trials, Children's Glen, Birds of Prey, Semi-Pro Five-A-Side Soccer Tournament, Kilted Mile, Rugby and Shinty Tournaments, Highland Cattle, Clydesdale Team, Archery participation and an array of British motor cars and you have a days worth of entertainment! Not to mention more than 100 vendors in five buildings, British food and drink, and the popular Whisky Tasting Pavilion. Two glorious days of fun and entertainment for the whole family and all ethnic groups will be found at the



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1-888-769-2345 (information)
 www.TheScottishGames.com
Admission: \$13 – \$35, kids 11 and under & active military are free

Student honored for blanket donations to needy students

SUBMITTED BY L. AUTUMN KING

Students in the Transitional Kindergarten (TK) and Kindergarten classes at Community School for Creative Education (CSCE) started the school year blanketed in love. Members from the Tri-Cities' League of Volunteers (LOV) donated time and talent to sew blankets for the youngest children of CSCE. Brooklyn Sisk, a fifth grade student at Oliveira Elementary School in Fremont, has been leading an on-going service project sewing lap blankets and distributing them to the homeless. She enjoyed her work so much that she decided to expand the giving and an idea was born to make blankets for a school. On August 22, the first day of school for CSCE, 64 blankets were presented to the TK and Kindergarten classes, each with a personalized message from Brooklyn. When Alameda County Board of Education (ACBE) President Eileen McDonald learned about Brooklyn's big heart and creative project, she galvanized other vol-

unteers to support the project and coordinated the donation to CSCE. "I think that Brooklyn is just an amazing young girl. She is an inspiration and truly wants to make a difference in the lives of other children," McDonald said. Alongside Brooklyn and ACBE President McDonald at the presentation of blankets were Brooklyn's parents, Scott and Kylie Sisk, who are both elementary school teachers in Fremont, Brooklyn's grandmother, Donna Sisk, Alameda County Superintendent of Schools L. Karen Monroe, ACBE Trustees Aisha Knowles and Amber Childress, CSCE Executive Director Dr. Ida Oberman, and California Charter Schools Association Regional Director Patrick Walsh, who also made a personal donation to support the project. County Superintendent Monroe reflected, "There are many hearts and hands that came together to make today a reality: the generosity of Brooklyn and the Sisk family; the unifying vision of President McDonald to bring everyone together; and the special place for children to learn every

day that is the CSCE learning community. I am blessed to support all of their work and witness such warmth and unity." "Oftentimes, teachers find themselves providing the most basic supplies to students, even including nap blankets. The generosity of the community to provide

these is amazing, but knowing that this was spearheaded by another child who our students can relate to makes it all the more special," said Dr. Oberman.



Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
2441 I Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(408) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Drive Safely! Kids are back to school

SUBMITTED BY
KANSEN CHU,
ASSEMBLYMEMBER,
25TH DISTRICT

Now that most schools are back in session and kids are running or biking across streets on their way to and from school, it's a good time to remind ourselves about road safety. Studies have shown that many child pedestrian fatalities occur during after school hours, between 3 - 7 p.m. To prevent these tragedies, please use extra caution when driving near school areas and always be vigilant and alert, especially before or after school hours. Here are some helpful road safety tips:

1. Be Alert. Children are unpredictable and the most difficult pedestrians to see. Children regularly walk to their school bus, or their schools; therefore they become comfortable with their surroundings and are more likely to disregard dangers. Please take extra caution and look out for children near schools, residential areas, playgrounds, and parks.

2. Slow down, avoid distractions, and drive cautiously. Since children are back to school, please be prepared to see children on the road. Drive slowly, come to a complete stop at stop signs, and double or triple check the streets for children. Eliminate distractions such as your phone, tablet or food while driving. Distractions are not only dangerous for surrounding pedestrians and cars, but also for you. Yield to pedestrians, who generally have the right-of-way at all intersec-

tions, and stop when directed to do so by school crossing guards, officers, or signs.

3. Stop for school buses and follow school drop-off procedures. Each year, more child fatalities occur while loading/unloading from school buses than traveling inside the bus. Never pass a school bus while it is stopped for loading students. Also, try to drop off your children in front of the school to prevent children crossing the streets.

4. Be careful around child bicyclists. Bicycles can be hard for drivers to see, and young bicyclists might find it difficult to evaluate traffic conditions. Therefore, pass bicyclists slowly and leave at least three feet between you and the bicyclist. Watch out for bicyclists coming from the side behind obstructions like parked cars.

5. Talk to your teen driver. Car crashes are the leading cause of U.S. teen deaths. According to the Centers for Disease Control and Prevention, in 2013, about 2,000 teens in the United States aged 16 - 19 were killed and approximately 243,000 were treated in emergency departments for injuries from car crashes. Because of this statistic, be sure to teach teens about the importance of safe driving and how to drive more safely.

We wish every family and their children a great and safe school year! If you have any questions, please feel free to contact my District Office at (408) 262-2501.

State Assembly approves Wieckowski's clean drinking water bill

SUBMITTED BY
JEFF BARBOSA

The California State Assembly, on August 25, approved a bill by Senator Bob Wieckowski (D-Fremont) to improve the delivery of safe, reliable drinking water in California by limiting the proliferation of small, unsustainable public water agencies. Senate Bill 1263 now heads back to the Senate for a concurrence vote before going to the Governor.

"Californians have a human right to reliable, safe drinking water and this bill will prevent the creation of small water agencies who cannot meet our standards over the long term," said Wieckowski, the chair of the Senate Environmental Quality Committee. "Many smaller agencies, especially in disadvantaged communities, simply don't have the staff, money and expertise to consistently provide safe water to their customers."

Most of the more than 7,600 public water systems in California serve fewer than 200 connections. SB 1263 gives the State Water Resources Control Board (SWRCB) a stronger role in ensuring such systems are not approved if they are unnecessary.

In its 2015 "Safe Drinking Water Plan for California," the SWRCB concluded that many small water systems lack the ability to meet safe drinking water standards. The small public water systems have a higher percentage of violations for exceeding arsenic, nitrate and uranium levels in their water. These failing systems force the residents to either pay the high costs for treatment or for replacement water, and substantial costs when the state ultimately steps in to cover the necessary improvements to the system.

The Human Right to Water law, which was passed by the Legislature in 2012, says it is "the right of every human being to have safe, clean, affordable water adequate for human consumption, cooking and sanitation."

A report, released earlier this year, by the Community Water Center and the Environmental Justice Coalition found that 1,600 California schools between 2003 and 2014 violated drinking water standards. It recommended California ensure safe, robust and resilient community-wide water systems.

Senator Wieckowski represents the 10th District, which stretches from southern Alameda County to northeast Santa Clara County.



About Takes From Silicon Valley East
TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.
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TAKES FROM SILICON VALLEY EAST

Startup Grind Recap

Andy Pandharikar, Tall Ideas Lab

BY SHILPI SHARMA,
DIRECTOR OF FREMONT
STARTUP GRIND

Andy Pandharikar of Tall Idea Labs wasn't always an Angel. His successful foray in entrepreneurship includes the sale of FITIQUETTE — a technology startup allowing the fashion industry to create an online boutique with a virtual fitting room. In some ways, the fitting room is an analogy for his career journey, which has included a few wardrobe changes. From a humble Mumbai childhood to corporate America techie to startup founder to sage Silicon Valley investor, here are some insights that he's gained along the way:

- While most of the world will pressure you into being either a tech provider or an implementer, there are advantages to pursuing both. And while you don't need to chase the big deals, it's nice when they come knocking.

- Even if you can survive on friends and family funding, it is helpful to see how you are benchmarked by the VC community. This is especially true for consumer products.

- On choosing partners — "You don't want to be in the club that already wants you." Pandharikar takes the position that you should always aim higher.

- While Pandharikar acknowledged that e-commerce can be a difficult business, there are ways to improvise. For example, avoid inventory challenges by using Zappos!

- "Startups don't get sold, they get bought." When you're ready to sell, it's up to you to architect multiple offers, and even feign indifference. Turns out that playing hard to get is quite effective.

- Angels and VCs are two different beasts. Whereas VCs evaluate based on pattern recognition, Angels are there to support the cause. Pandharikar is driven by personal stories — "why" someone is building something.

- Where startups are spending their money is an important indicator of success. Key question: are the spending priorities adding value?

- Free press is better than paid press. Find the unexploited channel and maximize exposure.

- What are the "no-no's" in approaching angel investors? Avoid cold calls and don't forget that Angels are motivated by emotion, not the market.

- Competition is not the enemy. Don't be afraid to talk to your competitors. View them as "friends who are building similar stuff."

On August 27, Startup Grind Fremont spoke with Amit Kumar, founder of Trimian.

Kumar is an experienced entrepreneur with a proven track record of conceiving groundbreaking ideas, building highly motivated and cross-functional teams, and delivering award-winning products. He's also an innovator with over 15 patents. Kumar founded Lexity, a "one-stop shop of e-commerce services," which was acquired by Yahoo! for more than \$35 million. Kumar shared advice on what it takes to grow a company from the ground up.

Didn't make the event? Not to worry — Startup Grind Fremont has other events scheduled through September. Stay informed by visiting www.startupgrind.com/fremont or by following us on Twitter @FremontGrind and Facebook at www.facebook.com/Startup-GrindFremont.

Fremont Youth Empowerment Academy graduation

SUBMITTED BY CITY OF FREMONT

The Youth Empowerment Academy, offered through the City's Human Services Department, Youth and Family Services Division, is wrapping up its fourth year. The program is designed to help "at risk" and Probation youth develop better decision making, health and life skills, while offering opportunities for summer employment, community service and leadership development.

This year, ten young people from the Tri-Cities participated in the program, with an opportunity to earn both elective and work experience high school credits toward graduation. The program partners with local school districts, La Familia Counseling's Youth Employment Program (formally known as Highway to Work), the Alameda County Center for Healthy Schools and Communities, Probation Department Officers, and other organizations in the community.

During this year's program, the youths had an opportunity to work with renowned San Francisco Urban Artist/Muralist, Cameron "Camer1" Moberg to create an inspirational mural on an exterior wall at Robertson Alternative High School in Fremont. The mural reflects the colors, textures, and symbols of diversity that make up our world, while the theme reflects the idea that all of us together hold the outcome of the world in our "collective" hands. These young people were highly engaged in the project and demonstrated a high commitment to attend the Academy three days each week as well as Familia Counseling's Youth Employment Program. In addition to painting the mural, the youths taught seniors self-defense and assisted in serving lunch at the Fremont Senior Center as community service.

Congratulations to this year's Youth Empowerment Academy graduates!

OPINION

If you build it



WILLIAM MARSHAK

In the 1989 film, *Field of Dreams*, a Midwest farmer is enticed by ghostly voices to build a baseball field in the midst of his cornfields. Through doubts of his sanity and financial woes in this endeavor, when the field is completed, ballplayers from the past emerge from a surrounding cornfield to play. The final scene scans a road leading to the farm filled with hundreds of headlights approaching to watch baseball at the

field of dreams. Subplots of family ties and overcoming adversity conclude with the feel good ending.

Our local communities have been enveloped by a residential field of dreams that also promises that if you build it, they will come. As these developments are proposed, the landscape of rental or ownership is constantly shifting. What planners and developers are trying to determine is whether, once completed, they end up with tenements of worker drones who cannot afford high rents or purchase prices. Instead of stable and substantial community resources, such projects can quickly fall into disrepair. High rents or purchase prices can also discourage investment. Grandiose plans of small living spaces occupied by one or two individuals with a young family will be left in tatters when too many occupants inhabit these spaces.

The matter of building is often just the tip of the iceberg when considering just who will come to a new edifice. Will the development actually serve to alleviate the Bay Area housing crisis?

Affordable housing is a minor part of the current building boom. The majority of development targets upwardly mobile singles and young marrieds who have enough disposable income to buy a "starter" condominium for \$600,000 or more. Some existing developments are finding that the supply of such buyers is not endless. Neither are the foreign investors with suitcases filled with cash. The mantra of they will come is a Silicon Valley slogan that currently has grabbed attention, but as many workers can attest, things can change rapidly in that arena. High paying jobs can appear and disappear with alarming rapidity.

So what happens if you build it and no one comes?

William Marshak
PUBLISHER

Telephone reassurance helps those in need

SUBMITTED BY GENEVA BOSQUES

Did you know the Fremont Police Department offers a free telephone reassurance program for elderly, disabled and home bound residents? In the City of Fremont we want our elderly, disabled, and homebound to know that they are never alone.

The You Are Not Alone (Y.A.N.A.) program is a free telephone reassurance service provided by Police Volunteers for City of Fremont residents. Fremont Police Volunteers provide enrolled participants with a peace of mind and a sense of security for those who enjoy the independence of living alone but realize that a medical crisis could render them helpless.

How does it work? Police volunteers will provide each participant with a daily check-in phone call, Monday - Friday between 8 a.m. and 12 noon. If an enrollee does not answer the phone after a few attempts, a series of follow up steps are taken to ensure the participants safety and well-being, which could include a home visit. Enrollees must want the service and participate in an assessment prior to being accepted into the program.

Volunteers and staff are immediately ready to begin accepting new participants. If you know someone who could benefit from this service, please visit: www.fremontpolice.org/Yana or contact Volunteer Administrator Lauren Baca at (510) 790-6691.

Union Sanitary District wins statewide Award of Excellence

SUBMITTED BY MICHELLE POWELL

Union Sanitary District (USD) recently received statewide recognition for its "Leadership School" in-house training program. The California Association of Sanitation Agencies (CASA) presented USD with its Organizational Excellence Award acknowledging the District's efforts to educate staff about the responsibilities of management and other critical roles while providing training and mentoring to support them in promoting to those positions.

"Like many organizations, the District is continually faced with the retirements of seasoned staff – both management and non-management employees," says Laurie Brenner, Organizational Performance Program Manager. "These employees fulfill roles that are critical to our protection of

public health and San Francisco Bay. USD's Leadership School was conceived as an opportunity to develop internal candidates who could not only fill these positions, but like their predecessors, become strong industry leaders."

The Leadership School's curriculum is a blend of learning opportunities. Participants complete external college-level business management coursework, attend in-house classes focused on USD-specific policies and processes, and are paired with an executive team mentor to gain insight into what a management role at the District entails.

"The proof of Leadership School's success is that many graduates have received promotions into management and other positions with higher levels of responsibility – some more than once," says Brenner.

This is the second statewide award received by USD for the Leadership School program. In 2015, the California Special Districts Association (CSDA) highlighted the value of Leadership School by presenting USD with its Innovative Program of the Year Award.

General Manager Paul R. Eldredge notes that "Leadership School has resulted in promotions from within that provide significant savings in training time and maintain our high productivity levels. This helps us to continue providing customers reliable, cost-effective service."

For more information about USD, visit the District's website at www.unionsanitary.ca.gov

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Vintage Event

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Obituaries



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Alvah "Molly" McGhee
RESIDENT OF FREMONT
September 7, 1924 – August 14, 2016

Connie Martinez
RESIDENT OF FREMONT
June 28, 1943 – August 17, 2016

Dr. Francis L. Detert
RESIDENT OF SAN LEANDRO
April 13, 1923 – August 19, 2016

Lorianne Walker
RESIDENT OF FREMONT
August 22, 2016

Howard C. Spann
RESIDENT OF FREMONT
May 25, 1951 – August 24, 2016

David C. Benedict
RESIDENT OF FREMONT
June 28, 1924 – August 26, 2016

Kathryn Ann Dorgan
RESIDENT OF FREMONT
October 7, 1954 – August 27, 2016



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Joan P. Gallicano
RESIDENT OF FREMONT
March 26, 1936 – August 9, 2016

Santosh Gupta
RESIDENT OF SUNNYVALE
November 1, 1948 – August 11, 2016

Edward R. Meisenbach
RESIDENT OF FREMONT
August 25, 1933 – August 11, 2016

James W. Francis, Sr.
RESIDENT OF MILPITAS
June 26, 1948 – August 10, 2016

Dr. Peter S. Wong
RESIDENT OF FREMONT
April 18, 1932 – August 11, 2016

Norbert W. Hasson
RESIDENT OF FREMONT
July 8, 1926 – August 14, 2016

Pawan Ashok Nimje
RESIDENT OF MILPITAS
August 27, 1987 – August 13, 2016

Thuan T. Quach
RESIDENT OF SAN JOSE
March 4, 1951 – August 14, 2016

Swaminathan Seetharama Iyer
RESIDENT OF INDIA
July 1, 1935 – August 17, 2016

Elizabeth A. Fernandez
RESIDENT OF FREMONT
December 14, 1954 – August 18, 2016

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Obituary

John Michael Skarpelos

Resident of Fremont California

September 9, 1928 – August 17, 2016

John Michael Skarpelos passed away on Wednesday from cardiac arrest. He was a beloved father, uncle, brother and friend who was noted for his tireless and understated efforts to help others.

The son of Greek immigrants, John was born and raised in San Pedro, California, the port of Los Angeles, where he graduated from San Pedro High School in 1946 and went on to earn a Bachelors of Science in Chemistry from the University of California, Los Angeles in 1951. He was the first person in his family to earn a university degree.

After graduation, he began a long career in the nuclear industry. He first worked in Richland, Washington at the Hanford Nuclear Reservation then moved to the Bay Area where he worked with General Electric (GE) Nuclear Energy. He rose to the level of Consulting Engineer at GE and was widely recognized in the field of water chemistry for nuclear power plants.

He met his future wife, Marian Marino, when he visited Seattle while working in Richland. They married in 1959, and raised three sons, Michael, George and Peter, in Fremont, California.

He retired from General Electric in 1994 after 43 years with the Nuclear Energy division. In retirement, he and Marian traveled extensively until her death in 2004.

John became involved with Sons in Retirement (SIR), a fraternal group of retired men, in 1994 and worked on many projects for the organization. He was an avid photographer, and his photographs were printed in several publications including the Los Angeles Times. He loved tinkering and provided computer technical support for many friends and neighbors.



John is survived by his three sons, Michael of San Jose, George of Los Angeles and Peter of Berkeley and his grandchildren Sophia and Walter of San Jose and Athena of Los Angeles, his daughters-in-law Linda Skarpelos, Alexa Iles-Skarpelos and Linda Schmidt, his sister Georgia Lealos of Calgary, Canada and his sister-in-law Zoye Marino Fidler of Los Angeles. He was a generous and loving man whose kindness will be missed by all who knew him.

Friends and family are invited to a Trisagion (memorial) service on Monday, August 29, 2016 from 7-9 p.m. at the Lima Family Fremont-Milpitas Mortuary and a funeral service on Tuesday, August 30, 2016 at 10:00 am at St. Nicholas Greek Orthodox Church. Burial will follow at Cedar Lawn Memorial Park. In lieu of flowers the family asks that donations be made to St. Nicholas Greek Orthodox Church of San Jose.

**Lima Family Fremont-Milpitas
Mortuary**
48800 Warm Springs Blvd.
Fremont, CA
**St. Nicholas Greek Orthodox
Church**
1260 Davis St.
San Jose, CA 95126
Cedar Lawn Memorial Park
48800 Warm Springs Blvd.
Fremont, CA

Obituary

Alvah "Molly" McGhee

September 7, 1924 – August 14, 2016

Resident of Fremont

Alvah Elizabeth Crawford McGhee, fondly known as Molly to her friends, went to be with the Lord on Sunday, August 14th, 2016. She was born in Philadelphia, PA to Thomas Crawford and Elizabeth Stockton Crawford on September 7th, 1924. She married Luther McGhee in 1947 and raised their 3 children in the small town of Pensgrove, New Jersey. She was employed with DuPont Corporation for 35 years as an Executive Secretary.

After retiring at age 60, she moved to Fremont, California to be with her older sister Betty. She was passionately involved with acting, writing, stage design, and directing at Ohlone College, Broadway West, and the Hayward Little Theatre. Molly starred in many productions including "Driving Miss Daisy".

She joined Centerville Presbyterian Church where she was quite active and respected for her direction of short religious dramas.

She is predeceased by her sons Kevin and Tom, her brother Russell Crawford, and sister Betty Crawford. She is survived by her daughter Ellen McGhee, nieces Susan and Marge Crawford, granddaughters Susnshine McGhee and Melanie McGhee Muenzenberger, great grandsons Kieran and Alexander, and daughter in law Cheryl Williams McGhee.

A Celebration of Life will be held for Molly on Sunday, September 18th, 2016 at 1pm at Centerville Presbyterian Church, 4360 Central Ave., Fremont, CA 94536. A private inurnment will follow at Pioneer Cemetery in Fremont, CA. Donations may be



made in memory of Molly to the American Cancer Society or to the Alzheimer's Association.

Fremont Chapel of the Roses
510-797-1900

Ordinance and drought surcharges rescinded

SUBMITTED BY ALAMEDA COUNTY WATER DISTRICT

On May 18, 2016, the State Water Resources Control Board allowed water agencies to determine conservation standards based on local conditions. This allowed agencies greater flexibility and recognized that water supplies vary throughout the state. Alameda County Water District (ACWD) has projected our water supplies and determined that we have adequate supplies. As a result, the ACWD Board of Directors rescinded the water shortage emergency ordinance and drought surcharges which should lower many customers' water bills.

Although local water supplies are sufficient, nearly 60 percent of the state remains in severe drought. With four consecutive years of less-than-average precipitation and snowpack, Californians have faced the looming effects of low reservoirs and reduced groundwater. And while the winter of 2016

brought much-welcomed rainfall and Sierra snowpack, the drought is not over and customers should continue to use water wisely.

Permanent statewide water restrictions remain:

- Hosing off sidewalks, driveways and other hardscapes
- Washing automobiles with hoses not equipped with a shut-off nozzle
- Using non-recirculated water in a fountain or other decorative water feature
- Watering lawns in a manner that causes runoff, or within 48 hours after measurable precipitation
- Irrigating ornamental turf on public street medians
- Restaurants and other food service establishments can only serve water to customers on request
- Hotels and motels must provide guests with the option of not having towels and linens laundered daily



14th Annual INDEPENDENT WATCHDOG COMMITTEE Report to the Public

Measure B and Measure BB Sales Tax Activities

In November 2000, Alameda County voters approved Measure B, which extended the County's half-cent transportation sales tax to 2022 and set forth a 20-year Expenditure Plan to enhance the County's transportation system. In November 2014, Alameda County voters approved Measure BB, which augmented the County's half-cent transportation sales tax to one full cent, extended the tax through 2045 and set forth a 30-year Expenditure Plan for essential transportation improvements in every city throughout the County.

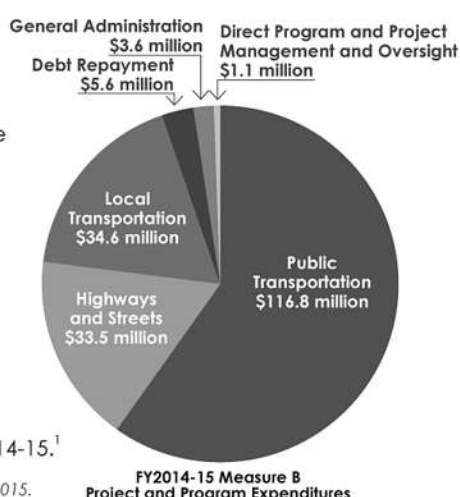
The Independent Watchdog Committee (IWC) reports its findings annually to the public to ensure appropriate use of sales tax funds and provides oversight by reviewing all Measure B expenditures and Measure BB expenditures and performance measures. This 14th annual report covers expenditures and IWC activities during the fiscal year ended June 30, 2015 (FY2014-15). The full report is available at www.AlamedaCTC.org/IWC2016Report.

The IWC concludes that 2000 Measure B and 2014 Measure BB tax dollars were spent during FY2014-15 in accordance with the intent of the two measures. However, opportunities for improvement remain.

Summary of Expenditures

The Alameda County Transportation Commission (Alameda CTC) is responsible for administering the Measure B and Measure BB transportation sales tax measures. In FY2014-15, Measure B revenues totaled \$132.5 million, and audited expenditures totaled \$195.2 million, which includes the expenditure of sales tax revenues received in prior years, for various transportation modes, oversight and administration. Measure BB revenues totaled \$27.7 million, and audited expenditures totaled \$14.8 million in FY2014-15.¹

¹ Collection of Measure BB sale taxes began April 1, 2015.



Measure B and Measure BB Funded Programs

Alameda CTC allocates approximately 60 percent of Measure B funds and 65 percent of Measure BB funds on a monthly basis by formula and through competitive grants to Alameda County, cities and transit agencies for programs. In FY2014-15, Alameda CTC expended \$74.1 million in Measure B funds and \$13.5 million in Measure BB funds on programs.

Measure B and Measure BB Funded Projects

Alameda CTC allocates approximately 40 percent of Measure B funds and 35 percent of Measure BB funds to capital projects. In FY2014-15, Alameda CTC expended \$110.8 million of Measure B funds on capital projects.

Independent Watchdog Committee Activities

IWC members performed the following general activities from July 1, 2014, through June 30, 2015.

- **Ongoing Programs and Capital Projects Monitoring:** The IWC monitors specific programs, capital projects and issues of concern.
- **Independent Audit of Alameda CTC:** The IWC reviews the independent auditor's plan for the audit before it begins and reviews the audited Comprehensive Annual Financial Reports regarding Measure B and Measure BB revenues and expenditures.
- **Audit and Compliance Report Review:** The IWC reviews Measure B and Measure BB direct local distribution recipients' audited financial statements and compliance reports to ensure proper agency expenditures that comply with the applicable Expenditure Plan. For example, see the most recent questions raised regarding audited financial statements and compliance reports at http://www.alamedactc.org/app_pages/view/4135.
- **Annual Report to the Public:** Each year, the IWC establishes a subcommittee to develop the annual report to the public and discuss distribution and outreach for the report.
- **Issues Identification Process:** IWC members may request and receive information if they have concerns about Measure B and Measure BB expenditures. They also review issues identified by the public and receive agency responses to inquiries.

How to Get Involved

Independent Watchdog Committee meetings are open to the public. If you are interested in vacancies on Alameda CTC's community advisory committees, contact Alameda CTC. Visit www.AlamedaCTC.org to learn more and follow us on:

- Facebook: www.facebook.com/AlamedaCTC
- Twitter: <http://twitter.com/AlamedaCTC>
- YouTube: www.youtube.com/user/AlamedaCTC

Alameda CTC • 1111 Broadway, Suite 800, Oakland, CA 94607 • 510.208.7400 • www.AlamedaCTC.org

Obituary

Mike D. Munoz

February 7, 1961 - August 8, 2016

Resident of Hayward

Mike "Missy" Munoz peacefully passed on August 8, 2016. Missy was an amazing man who was loved by family and friends of which had many friends from different walks of life spanning several decades. Missy touched many lives. He always knew how to make you laugh no matter what situation.

Missy attended Tennyson High School and followed a career in carpentry. Missy loved motorcycles, camping, fishing, dancing, gambling, action movies, playing pool with cousins and a variety of foods. Missy is descendant of the Indigenous Tilhini Peoples from what is now known as San Luis Obispo in the Central Coast of California and spent time at the ancestral villages of Tpxatu (Avila Beach) and Pismu'u (Pismo Beach) among others. Missy was a very giving person, and gave wholeheartedly to many of those he knew.

Missy had very fond memories of when mom took the family to Calistoga where he could freely shoot his rifle.

Missy is preceded in death by his father Mike B. Munoz and brothers Peter Munoz, Jessie Munoz and Mike R. Munoz.

He is survived by his loving Mother Maria Olivas Huizar Munoz and siblings Alice Loera, Florinda J. Santos, Henry R. Munoz, George G. Munoz, Louie K. Munoz, Susie A. Munoz, Anisa Munoz, Gilbert T. Vasquez and Anthony Munoz, and many nieces and nephews, along with many family members from throughout California including the Madera, Fresno and Delano areas and North and Southern California. He will be greatly missed by many.

Friends and family are invited to a memorial service on Saturday, September 3, 2016 at 11:00 am at The Bridge of Faith Church, 27343 Whitman St., Hayward.

Tri-City Cremation & Funeral Service
Newark, CA 94560
510.494.1984

Obituary

Kathryn Ann Dorgan

October 7, 1954 - August 27, 2016

Resident of Fremont, California

Kathryn Ann Dorgan, 61, of Fremont, passed away August 27, 2016, at home after suffering serious complications from Psoriatic Arthritis. She is survived by her mother Faye Roberts, her siblings Donna Green, Robin Roberts, Chuck Roberts, and John Roberts. Also by her nieces, nephews, their children, and her beloved cat Lilly Faye.

Ann, as she was known to her friends and family, was born in Great Lakes, Illinois, on October 7, 1954 and moved to Fremont with her family when she was just two-years-old. She twirled baton as a child and participated behind-the-scenes for high school productions.

In high school, Ann started working at McDonald's in a field that would be her life-long passion. She quickly climbed the ranks to manager where she taught work ethic, dedication, and spunk to her many charges. Many on her teams were working



their first jobs, giving Ann opportunity to make a lasting impact on those who were lucky enough to work with her.

While at Washington High School she met Tom Dorgan who would become her husband in October 1977. Ann and Tom would travel much of Europe together while living in Frankfurt, Germany, supporting Tom's Air Force career before settling in Florida where Ann

would volunteer with Catholic charities.

Ann loved reading mysteries, solving word puzzles, bowling, shopping and iced tea (unsweet!). She was great friend to animals, providing a loving home for many huskies and cats throughout her lifetime. But above all else, she loved her family and showered them with affection and generosity. Every Christmas, she gave Santa healthy competition in the eyes of her many nieces and nephews.

She will be remembered as a sweetheart who found a friend in every person she met.

A Memorial Service will be held for Kathryn on Thursday, September 1st, 11am at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536.

Fremont Memorial Chapel
510-793-8900

Legislature affirms bill on right to a court reporter in arbitration

SUBMITTED BY JEFF BARBOSA

A party to an arbitration proceeding will have the right to have a certified court reporter present to create an official record under a bill authored by Senator Bob Wieckowski (D-Fremont) and approved by the California State Senate on August 24. Senate Bill 1007 now goes to Governor Brown for his consideration.

"People are often forced into binding private arbitration just by purchasing common goods or services, so it's especially important for their protection that a court reporter is present to transcribe the proceedings and create an official record," said Wieckowski, a member of the Senate's Judiciary Committee. "This will ensure that consumers' due process rights are protected and a reviewing court will have a transcript that includes evidence when there are instances of bias or misconduct that may have occurred from the arbitration proceedings."

Senator Wieckowski represents the 10th District, which includes southern Alameda County and Santa Clara County.

Mowry Ave restrictions

SUBMITTED BY NEWARK PD

As of 10 p.m., on Monday, August 29, a large roadway construction project will commence in the area of Mowry Ave. near Interstate 880. Lane closures will be in effect between Rockrose Dr. and Interstate 880 and will also affect Cedar Blvd. in the immediate area. Traffic on Mowry Ave. will be limited to one lane in each direction. Southbound on-ramps to Interstate 880 will also be closed down during construction hours. This construction project will continue each night from 10 p.m. until 6 a.m. the following morning and is scheduled to be concluded on the morning of Friday, September 2.

Installation of officers


SUBMITTED BY MYRLA RAYMUNDO




From left: Teresa Serrano, Myrla Raymundo, Derrell Blackburn, Robert Swartz, Union City Mayor Carol Dutra-Vernaci, Lu Tipping and Jeanelle Singh

Union City Mayor Carol Dutra-Vernaci performed the installation of officers of the Alvarado Historic District Merchants Association (AHDMA) on August 11, 2016. The officers are Derrell Blackburn, president; Sarah Lantimo, vice president; Jeanelle Singh, treasurer; Teresa Serrano, Secretary; directors Lu Tipping, Myrla Raymundo and Adrienne Realiza. Robert Swartz, former director of AHDMA, was recognized with a Certificate of Appreciation for his tireless efforts with the organization.

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THEATRE REVIEW

Season opener takes a stand for Real Women

BY JULIE GRABOWSKI
PHOTOS BY
TERRY SULLIVAN

How do you identify a real woman? By her husband? The baby on her hip? Her size two dress? A group of Latina women working in a small sewing factory in East Los Angeles face this question and a host of other difficulties in Josefina López's "Real Women Have Curves."

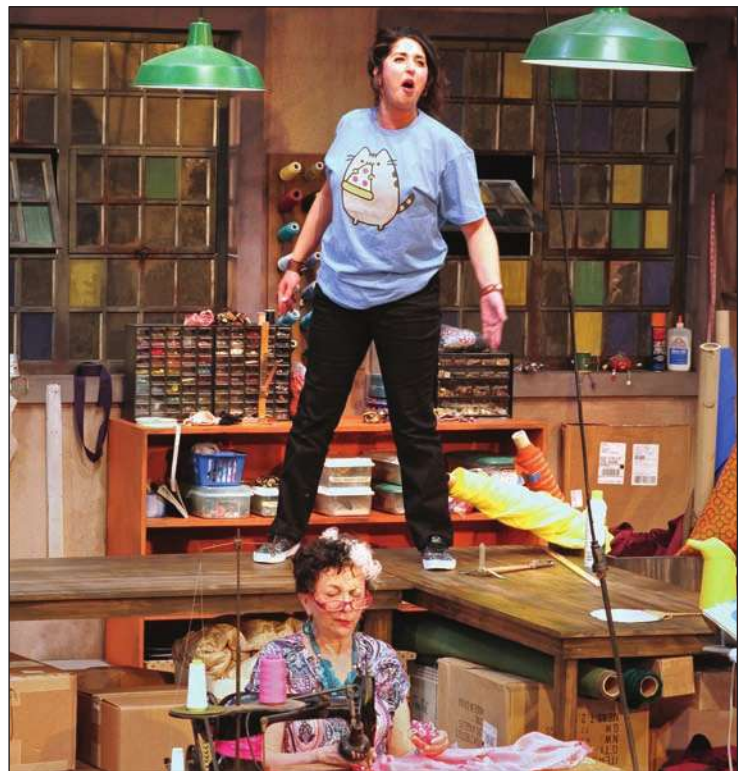
of López's updated version of the play, which was first performed over 25 years ago and adapted into a film in 2002. Director Katja Rivera delivers a spirited and pleasing production with a natural and committed cast of ladies that brings a still very relevant story to life. Leticia Duarte is convincing and sympathetic as the overwrought but ultimately triumphant Estela, and Annette Oliveira brings humor and spunk

as Carmen. Janelle Aguirre successfully conveys Ana's youth, confidence, and acceptance of herself, but feels a bit too much like a character in the role. Emily Alvarado is sweet and bright as Rosali, and Elena Ruggiero shows depth and a natural rootedness as Pancha.

The bravest and most engaging scene is when all five women strip down to their skivvies to confront and embrace what real women look like. The dialogue, laughter, and humanity is honest and recognizable, and you feel the connection and importance of the moment.

All of the action unfolds on Andrea Bechert's wonderfully rich and detailed set, fully grounding the story with its dingy walls, multi-color paned windows, hanging lights, machine stations, bright fabric rolls, and grimy bathroom.

Though updated from the play's original setting of September 1987 to August of the present day, the change seems only to be



found in the addition of cell-phones and the use of current female-strong songs like Meghan Trainor's "NO" and Colbie Caillat's "Try." And while immigrants, body image, relationship status, and financial concerns are all serious and pertinent issues in today's world, the play feels remarkably light. It sails evenly along without much weight or tension despite the proposed severity of the situation and casually introduced and dropped themes like abuse, abortion, and eating disorders. While billed as a comedy, an updated version seems like a good time to pack in a little more dramatic punch, and Rivera's direction strikes as a bit too soft for such rich material.

"Real Women Have Curves" is still a timely story, no matter

your race. Women are still measured against ideal body types and societal standards of what they should have in life in order to be a full-fledged woman. The play encourages women to stand up and embrace who they are, to use their voice, work to accomplish their dreams, and rely on each other along the way. It is another solid choice and offering from DMT to add to their history of quality local theatre.

Real Women Have Curves
Thursday, Aug 25 –
Sunday, Sept 18
8 p.m., 2 p.m. matinees
Douglas Morrisson Theatre
22311 N. Third St, Hayward
(510) 881-6777
www.dmtonline.org
Tickets: \$10 – \$29



Unable to afford college, recent high school graduate and want-to-be writer Ana grudgingly works in her sister Estela's factory where she makes \$267 a week and escapes to the bathroom to write in her journal. Estela is beset by worries: behind schedule, \$10,000 in debt, unable to pay her workers, still single at 34, and the ever-present fear of deportation, as she is the only woman in the factory without a green card. With a "secret diet from China" and eight glasses of water a day, Rosali is happily on her way to a size two, while Ana and Estela's gossipy, aging mother Carmen worries over a possible ninth pregnancy, and jaded Pancha struggles with her childlessness.

With their futures all in question, the women work to complete a dress contract on time, challenged by oppressive heat, high emotions, and the threat of a raid by immigration authorities.

The Douglas Morrisson Theatre (DMT) opens their 37th season with the regional premiere



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providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



Police and Community Education Seminar (PACES)

SUBMITTED BY
SGT BRYAN HINKLEY, MILPITAS PD

Have you ever wondered how the men and women of law enforcement are trained to do their job? How a police department operates? Why do police officers wear all that "stuff" on their belt? All these questions and more will be answered during the Milpitas Police Department's Police and Community Education Seminar, better known as P.A.C.E.S.

P.A.C.E.S. is a free 6-week course that is taught on consecutive Monday nights, between 6 p.m. and 9 p.m., starting September 12. Through a series of lectures and staged scenarios, citizens will be provided with hands-on training similar to the actual police academy. Courses will range from Crime

Scene Investigation (CSI), Canine Program, "Run, Hide, Fight" Philosophy, DUI Detection and other topics of interest.

If you want to learn more about your community and your local police department, sign up today—space is limited. Contact: Sergeant Bryan Hinkley at (408) 586-2527.

PACES Course
Mondays: Sept 12, 19, 26, Oct 3, 10, 17
6 p.m. – 9 p.m.

Milpitas Police Department
1275 N. Milpitas Blvd, Milpitas
Register: (408) 586-2527
bhinkley@ci.milpitas.ca.gov

Free but pre-register as space is limited

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B.A., Humanities, Magna Cum Laude, Michigan State University

Juris Doctor, University of Illinois (7th in class)

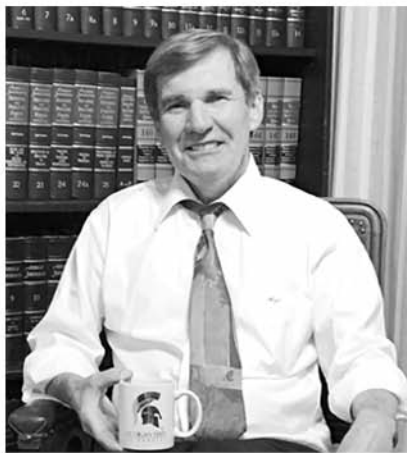
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Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present

Faculty, Santa Clara University School of Law 1987

Editor, University of Illinois Law Review

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Fremont Police Log

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

Thursday, August 18

A home being staged for sale on the 33000 block of Cassio Circle was burglarized, and miscellaneous furnishings were taken. Case was investigated by Community Service Officer (CSO) Goralczyk and CSO Tsai.

Officers took a commercial burglary report in the 43000 block of Bryant Street. The reporting party arrived at work and noticed 12 iPads were stolen. Case was investigated by CSO Goralczyk and CSO Tsai.

A reporting party called Fremont PD, stating a driver in a white Ford Focus was chasing him while he was driving near Fremont Boulevard/Grimmer Boulevard South. The caller then stated the other driver was pointing a gun at him while continuing to chase him. Numerous units began responding to the call as dispatch obtained further details. The reporting party was uncooperative, providing few details and not complying with direction from dispatch or answering their questions. The caller stated the suspect vehicle was last seen northbound I-680 passing Vargas Road and then hung up the phone. Numerous calls were placed back to the caller, but the phone would only go straight to voicemail. Officers searched the area and found no suspects or victims. California Highway Patrol (CHP) was advised and the scene was supervised by Sgt. Dodson. The case was documented as suspicious circumstance by Ofc. Scherer.

Friday, August 19

At 3:21 a.m., a resident on the 43500 block of Greenhills Way

confronted a group loitering and drinking in front of his house. A 31-year-old adult male brandished a machete at the reporting party and left the scene in his vehicle. Ofc. Gigliotti located the vehicle on Paseo Padre Parkway and conducted a felony stop. The male was ultimately arrested for brandishing a weapon and possession of heroin.

Saturday, August 20

A resident discovered their home was burglarized on Covington Drive after returning home from vacation. The point of entry was through an unlocked garage window. CSO Oliveira investigated.

A grand theft was reported at Verizon Wireless store on Christy Street. At approximately 6:00 p.m., a suspect entered the store and took at least two Note 7 phones (silver and blue). The suspect ran from the store entering an older black Mercedes Benz which drove onto Auto Mall Parkway headed in the direction of I-880. The suspect was described as a black male adult in his 20s, 6'02", 210 lbs. with dread locks, and wearing a white shirt and jeans.

Sunday, August 21

At 10:50 a.m., Ofc. Blanchet and Field Training Officer (FTO) Settle investigated a residential burglary in the 200 block of Fountain Grass Terrace. When the victim woke up, she was alerted that her credit cards were being used. She went downstairs and found her garage door had been opened and items were missing from inside a vehicle. There was no evidence as to how the garage door was opened.

Monday, August 22

Ofc. Gerber and FTO Ehling investigated a commercial burglary in the 3800 block of Beacon Avenue. The unknown suspects made entry by breaking a glass door.

Ofc. Ferrara investigated a residential burglary in the 4000

block of Caribbean Common. Entry to the house was through a kitchen window.

A robbery occurred at Mid-night liquor store on Thornton Avenue at approximately 9:45 p.m. Two suspects entered the store and demanded money. The clerk chased both suspects out of the store with a bat. Suspect 1 was described as a black male adult in his 20s, 5'10", 200 lbs. with a goatee and wearing a black-striped Raiders jersey with a white t-shirt underneath it. Suspect 2 was described as a black male adult in his 20s, 5'10", 200 lbs. with a goatee and shaved head, and wearing a black t-shirt and dark blue shorts. They left in an older grey vehicle.

Tuesday, August 23

Units responded to a business on Nobel Drive after a note was found claiming there was a bomb inside the building. After all employees were evacuated, a walk-through of the building was done but no device or anything suspicious was located.

At approximately 10:10 p.m., Ofc. Paiva and Ofc. Hanrahan responded and took a late-reported (30 minutes cold) armed robbery that occurred at a bus stop near Subway on Grimmer Boulevard. Two suspects approached the victim and asked him about the bus schedule. After the victim took out his phone to check the schedule, the suspects punched him in the face, knocking him to the ground, and stole his cell phone. One of the suspects then showed the handle of the gun in his right front pants pocket, and both suspects fled on foot. Suspect 1: white male adult, 15-18 years old, approximately 5'4" tall with a medium build. Suspect 2: black male adult, 15-18 years old, approximately 6'0" tall with a thin build.

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Virtual kidnapping scam alert

SUBMITTED BY LT. KEVIN MOSCUZZA, MILPITAS PD

The Milpitas Police Department would like to increase the public's awareness of a virtual kidnapping scam that is occurring throughout California and is designed to extort money from you.

On August 18, a virtual kidnapping scam occurred in Milpitas. The victim received a call on her cell phone from an unknown telephone number and heard a hysterical female screaming something similar to, "Mom please help me! Someone grabbed me, and I am in a van." The victim was convinced the voice was her daughter's voice, and then a man with an accent got on the phone and demanded money or her daughter would be killed. The man demanded the victim remain on the cell phone and drive to Walmart where the victim was instructed to wire money to the man in Mexico. The man continued to threaten harm to the victim's daughter to prevent the victim from alerting the police. Periodically throughout the incident, the victim could hear a female screaming in the background and assumed it was her daughter. The victim wired a small amount of money to the man. Upon receipt of the funds, the man told the victim the call was a scam. The victim contacted her daughter and confirmed the kidnapping call was a hoax.

The Milpitas Police Department would like to remind everyone to be suspicious of any telephone call where the caller imposes a problem or crisis and the only solution is electronically transferring money or purchasing prepaid gift cards. If you receive a suspicious phone call of this nature, you are encouraged to report it to law enforcement. These fraudulent schemes can be prevented by remaining well informed, so please share this information with your friends, family, and neighbors.

PUBLIC NOTICES

filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/23, 8/30, 9/6, 9/13/16

CNS-291548#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521232 Fusion Leap Counsel, 39149 Guardino Drive #253, Fremont, CA 94538, County of Alameda

Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on June 1, 2016

CNS-291450#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521424 Deep & Jeff Handyman Service, 32528 Jean Dr., Union City, CA 94587

Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on 08/03/2016

CNS-291444#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521187 Unseen Closet, 3541 Miller Ct., Union City, CA 94587

Business conducted by: married couple The registrant began to transact business using the fictitious business name(s) listed above on June 2016

CNS-291417#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 520995 La Huasteca Taqueria, 7673 Thornton Ave., Newark, CA 94560

Business conducted by: a General partnership The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291417#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521078 Camden Village Apartments, 38000 Camden Street, Fremont, CA 94536

Business conducted by: a limited liability company The registrant began to transact business using the fictitious business name(s) listed above on June 24, 2016

CNS-291417#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521232 Camden Village Apartments, 38000 Camden Street, Fremont, CA 94536

business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/16, 8/23, 8/30, 9/6/16

CNS-2913930#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521381 Go Dental Hygiene Practice of Esther Reyes, 25 W. Pickering Ave Apt 210, Fremont, CA 94536

Business conducted by: An Individual The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291392#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

The following person(s) has (have) abandoned the use of the fictitious business name: Nail Nook Day Spa, 39674 Cedar Blvd, Newark, CA 94560

CNS-291374#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 520922 Nail Nook Day Spa, 39674 Cedar Blvd, Newark, CA 94560

Business conducted by: An Individual The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291373#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521339 KN Express, 39113 Sundale Dr, Fremont, CA 94538

Business conducted by: An Individual The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291361#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521281 Fluffy Puppy Pet Grooming, 3899 Main St, Fremont, CA 94538

Business conducted by: A Joint Venture The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291316#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521737-38 1. Go Dental Hygiene, 2. Godentalhygiene, 25 W. Pickering Ave Apt 210, Fremont CA 94536

Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on N/A

of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner.

CNS-291260#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521205 East Bay Electrical, 1710 Canterbury Lane Hayward CA 94544

Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291235#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521229 FYZICAL Therapy & Balance Center, 39180 Farwell Dr Suite 101 Fremont CA 94538

Business conducted by: A Corporation The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291235#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521212 Sammi's Esthetic SkinCare, 130 Fremont Hub Courtyard, Fremont, CA 94538

Business conducted by: a General partnership The registrant began to transact business using the fictitious business name(s) listed above on 08/01/2010

CNS-291229#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521075 Sammi's Esthetic SkinCare, 130 Fremont Hub Courtyard, Fremont, CA 94538

Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291165#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 520599 Carut's Pharmacy, 2557 Mowry Ave., #11, Fremont, CA 94538

Business conducted by: a Corporation The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291132#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

The following person(s) has (have) abandoned the use of the fictitious business name: Doner Investment Group, 43033 Peachwood St., Fremont, CA 94538

new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 8/16, 8/23, 8/30, 9/6/16

CNS-2912184#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521007 Hero Transport, 2416 West Tennyson Rd. #253, Hayward, CA 94545

Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291165#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 520797 Fictitious Business Name(s): File No. 520797 Fictitious Business Name(s): File No. 520797

Business conducted by: a Corporation The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291165#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

The following person(s) has (have) abandoned the use of the fictitious business name: 1. La Huasteca Chiquita 2. RJ2 Catering and Party Rental, 7673 Thornton Avenue, Newark, CA 94560

CNS-291165#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521026 Rockit Char Grill Burgers & Beers, 1057 B Street, Hayward, CA 94541

Business conducted by: a Corporation The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291086#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 520599 Carut's Pharmacy, 2557 Mowry Ave., #11, Fremont, CA 94538

Business conducted by: a Corporation The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291085#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 520658 Sandhu Brothers Liqueur Inc. DBA Mission Food & Liqueur, 101 Decoto Road, Union City, CA 94587

Business conducted by: a corporation The registrant began to transact business using the fictitious business name(s) listed above on 4-1-2008

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521066 Crowbar Consulting, 4796 Wheeler Drive, Fremont, CA 94538

Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291116#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 520661-662 (1) Framework Realty, (2) Framework Real Estate Group, 3533 Langdon Cmn, Fremont, CA 94538

Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291115#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 520919 B & M Radiator Service, 42450 Blacow Rd Unit A, Fremont, CA 94539

Business conducted by: An Individual The registrant began to transact business using the fictitious business name(s) listed above on 11/12/2003

CNS-291086#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 521030 Universe Limousine, 43240 Bryant Ter, Apt. #102, Fremont, CA 94539

Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on N/A

CNS-291085#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 520658 Sandhu Brothers Liqueur Inc. DBA Mission Food & Liqueur, 101 Decoto Road, Union City, CA 94587

Business conducted by: a corporation The registrant began to transact business using the fictitious business name(s) listed above on 4-1-2008

CNS-290961#

FICTITIOUS BUSINESS NAME STATEMENT

Fictitious Business Name(s): File No. 520658 Sandhu Brothers Liqueur Inc., 3233 Madden Way, Dublin, CA 94568

COMMUNITY BULLETIN BOARD

**10 lines/\$10/ 10 Weeks
\$50/Year**

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

- Activities**
- Announcements**
- For sale**
- Garage sales**
- Group meetings**
- Lost and found**

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCv printed version and continuously online. TCv has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCv

<p>Most Joyful Volunteer work LIFE ElderCare – VIP Rides Drive seniors to appts/errands 4 hrs/month Flexible scheduling. Call Valerie 510-574-2096 vdraeseke@fremont.gov www.LifeElderCare.org</p>	<p>ABWA-Pathfinder Chap. American Business Women's Assoc. provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. Spin A Yarn Rest. (Fremont): 6:30-9:00 pm Call Karen 510-257-9020 www.abwa-pathfinder.org</p>	<p>League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible</p>	<p>Tri-City Ecology Center Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-793-6222</p>	
<p>League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible</p>	<p>Hayward Art Council 22394 Foothill Blvd., Hayward 510-583-2787 www.haywardarts.org Open Thurs. Fri. Sat. 10am-4pm Foothill Gallery, John O'Lague Galleria, Hayward Area Senior Center Exhibit Hall, Alameda County Law Library Hayward branch All open to the public</p>	<p>FREMONT COIN CLUB Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont All are welcome, come join us www.fremontcoinclub.org 510-792-1511</p>	<p>Tri-City Bike Park Community group of mountain bikers and BMX bikers. Come enjoy this activity for adults, teens and toddlers. Help us get this park built! www.newarkparks.org</p>	<p>First Church of Christ Scientist, Fremont Sunday Service 10am Sunday School 10am Wed. Eve Service 7:30pm Chld Care is available all services. Reading Room Open Monday - Friday 1-3pm 1351 Driscoll Rd., Fremont 510-656-8161</p>
<p>Troubled By Someone's Drinking? Help is Here! Al-Anon/Alateen Family Groups No cost program of support for people suffering from effects of alcoholism Call 276-2270 for meeting information or email Easyduz@gmail.com www.ncwsa.org</p>	<p>The Friendship Force San Francisco Bay Area Experience a country and its culture with local hosts; meet global visitors here. Travel to Japan in 2017; Japanese visitors here October 2016. Many Bay Area social activities. www.ffsfa.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857</p>	<p>Afro-American Cultural & Historical Society, Inc. Sharing ur culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec & Feb 5:30pm Newark Library 510-793-8181 www.aachsi.com We welcome all new members</p>	<p>Help with Math & Reading You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. CALL Tom 510-656-7413 TKFEDERICO@SBCglobal.net</p>	<p>SAVE's Restraining Order Clinics Free for domestic violence survivors Seeking protective orders Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday Call SAVE's 24-hr Hotline (510) 794-6055 for details www.save-dv.org</p>
<p>Come Join Us Tri Cities Women's Club Meets on the third Tuesday Elk's Club on Farwell Dr. 9:30 – Cards, 12:00 – Lunch 1:00 – Program and Meeting We also have bridge, walking, Gourmet dining groups, And a book club. For info. Call 510-656-7048</p>	<p>Tri-City Society of Model Engineers The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org</p>	<p>Fremont Area Writers Like to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except in July and December at DeVry University, 6600 Dumbarton Circle, Fremont. www.cwc-fremontareawriters.org</p>	<p>FREE AIRPLANE RIDES FOR KIDS AGES 8-17 Young Eagles Hayward Airport Various Saturdays www.vaa29.org Email for more information youngeagles29@aol.com</p>	<p>FOOD ADDICTS IN RECOVERY - FA • Can't control the way you eat? • Tried everything else? • Tired of spending money? Meeting Monday Night 7pm 4360 Central Ave., Fremont Centerville Presbyterian Church Family Ed. Bldg. Room E-204 www.foodaddicts.org</p>
<p>Mission Peak Fly Anglers Fishing Club Meets 4th Wed. each month @7pm - Silliman Aquatic Center 680 Mowry Ave., Newark Call Steve 510-461-3431 or 510-792-8291 for more information www.missionpeakflyanglers.org</p>	<p>Fremont Cribbage Club teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email: Accgr43@gmail.com American Cribbage Congress www.cribbage.org</p>	<p>Newark Demonstration Garden Join a group of Newark residents to spearhead a demonstration garden in Newark. We're currently selecting a site. We need your help! Angela at info@newarkparks.org https://www.facebook.com/groups/NewarkDemonstrationGarden/</p>	<p>15th Olive Festival Sat/Sun – Oct 1 & 2 www.msjchamber.org Located on the grounds of Dominican Sisters of MSJ 43326 Mission - Fremont Live Music, Beer & Wine Food Trucks, New Vendors Kids Games, Crafts & FUN 10am–5pm – NO PETS</p>	<p>FREMONT STAMP CLUB SINCE 1978 Meets 2nd Thurs. each month 7pm Cultural Arts Center 3375 Country Dr., Fremont Everyone is welcome. Beginners to Advanced. For questions or more information: www.fremontstampclub.org/ or call Dave: 510-487-5288</p>
<p>SAVE's Domestic Violence Support Groups FREE, compassionate support Domestic violence survivors Drop-in, no reservations needed Every Tues & Thurs 6:45-8:45 pm Every Friday 9:15 to 11 am 1900 Mowry Avenue, Fremont (510) 574-2250 or 24-hour Hotline (510) 794-6055 www.save-dv.org</p>	<p>SAVE's Empowerment Ctr. Services FREE for domestic violence survivors. Need support, a place to heal, or referrals? SAVE can help! Advocacy, workshops, counseling & more 24-hour Hotline: (510) 794-6055 Advocate: (510) 574-2256 1900 Mowry Ave., #201, Fremont www.save-dv.org</p>	<p>Travel with Friends Choose from many home stays with Friendship Force club members around the world. Share our way of life with visitors & make new friends on 5 continents. Enjoy variety of Bay Area Activities www.ffsfa.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857</p>	<p>Newark Parks Foundation The Foundation mobilizes financial and community support to deliver thriving, accessible, supported, and varied parks, open spaces, and recreational opportunities for a healthy and united Newark. Seeking Board of Directors and Honorary Board members. info@newarkparks.org</p>	<p>Our Savior Preschool Come learn & play with us 858 Washington Blvd. Fremont Students: 2 1/2-5 years Part time classes 9am-12pm Full time classes 7am-6pm Licensed Facility #010204114 Call Marianne: 657-9269 ospsfremont@gmail www.osps.com</p>
<p>Interested in Taking Off Pounds Sensibly Join our TOPS Support Team Thursdays - 10am 35660 Cedar Blvd., Newark We are a friendly and fun non-profit support group, sharing the same goals. co-ed group ALL are welcome! Contact Shirley at Shirley3163@sbcglobal.net</p>	<p>SAVE's Domestic Violence Support Groups FREE, compassionate support Domestic violence survivors Drop-in, no reservations needed Every Tues & Thurs 6:45-8:45 pm Every Friday 9:15 to 11 am 1900 Mowry Avenue, Fremont (510) 574-2250 or 24-hour Hotline (510) 794-6055 www.save-dv.org</p>	<p>Newark Trash Pickup Crew Get to know your Newark neighbors Get a bit of exercise and help make Newark look great Join us! https://www.facebook.com/groups/newarkTrash/</p>	<p>Learn Basics of Import/Export from SCORE, 5 hr. workshop Sat. Oct 8 8:15am -1:30pm Fremont Chamber of Commerce 39488 Stevenson Pl., Fremont For Details go to: http://www.eastbayscore.org/export-import or Send \$55 check to East Bay SCORE, 492, 9th St, Ste 350, Oakland, CA 94607</p>	<p>SONS OF ITALY Social Club for Italians And Friends 1st Friday of month (No meetings July/Aug/Dec) 5:30 social hour 6:30 potluck dinner (\$5) Newark Pavilion Bld. 2 (Thornton Ave & Cherry St.) Newark Info Mary 510-739-3881 www.giuseppemazzini.org</p>
<p>Soiree Singles For People Over 60 Many Activities! Dancing, Dinners, BBQ's Potlucks, Birthday Celebrations. Plays & Musicals email: cabtax@msn.com Contact us for Free Newsletter 510-538-9847</p>	<p>Summer Art Camp At the Sun Gallery Full Day Weeks 9-3 Half Day Weeks (9-12 or 12-3) Before & Aftercare available Affordable Rates Drop-in Welcome! 1015 E St. Hayward 510-581-4050 www.SunGallery.org</p>	<p>"Discover Your Voice" Tri-City Youth Chorus Grades 5-8 Sing Contemporary Music Learn Vocal Skills, Have Fun! Gifted Director Meets Thursdays at 4:15 No Auditions tricityyouthchorus.weebly.com</p>	<p>Learn Basics of Import/Export from SCORE, 5 hr. workshop Sat. Oct 8 8:15am -1:30pm Fremont Chamber of Commerce 39488 Stevenson Pl., Fremont For Details go to: http://www.eastbayscore.org/export-import or Send \$55 check to East Bay SCORE, 492, 9th St, Ste 350, Oakland, CA 94607</p>	<p>Summer Art Camp At the Sun Gallery Full Day Weeks 9-3 Half Day Weeks (9-12 or 12-3) Before & Aftercare available Affordable Rates Drop-in Welcome! 1015 E St. Hayward 510-581-4050 www.SunGallery.org</p>

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COMMUNITY BULLETIN BOARD

<p>FATHERHOOD CLASSES Fremont Family Resource Center 39155 Liberty St. (at Capitol), Fremont RSVP (510) 333-3478 or bento@relationshipsca.org FREE Class starts June 9 Relationship & Parenting Skills & Job Search Skills</p>	<p>FLASH FICTION WRITING CONTEST Saturday, Sept 24 10am-4pm 300 words or less to WIN MONEY Half-Price Books - Fremont Hub Subject: Must be a non human Deadline to enter: Sun Sept 18 See details at: www.fremontculturalartsCouncil.org Send entries: FCACwriters@gmail.com</p>	<p>Niles Canyon Railway Presents Hot August Night on the Rails Saturday August 20 Ride through the canyon on a beautiful summer evening. Snack bar open on train. Departs Niles/Fremont station 7:30pm 37029 Mission Blvd. Fremont \$13, \$10, \$7 Tickets online at nery.org - Info at 510-996-8420</p>	<p>HOME CRAFT FAIR Oct. 6, 7, 8 Wednesday 11am-4pm Thursday 10am-6pm Friday 10am-6pm Saturday 10am-4pm 1608 Via Santa, San Lorenzo Follow signs on Bockman Road Hundreds of Items by local crafters and Artists</p>	<p>CALL FOR ART San Leandro Art Assoc. Festival Receiving all artwork on 6/25 10am-3pm at Casa Peralta 384 W. Estudillo Ave. San Leandro - Prizes for Best in Show & 1st, 2nd & 3rd place. Festival & Art Exhibit on 7/15, 7/16 & 7/17 Free to public www.slartassociation.org Questions: 510-636-1130 Also at SanLeandro Libraries</p>
<p>2 Hour Wine Tasting Special Niles Canyon Railway August 6 & 20 September 3 & 10 Departs Sunol Depot at 1:00 6 Kilkare Rd., Sunol \$40 for 5 Livermore Valley Wine tasting & Food pairings Tickets online at nery.org Info at 510-996-8420</p>	<p>Square Dancing Beginner and Refresher Lessons Starting Tues Sept 13, 6:30 to 8:30 pm By the Swinging 21er's Square Dance Club at the Fremont Lodge 38991 Farwell Dr. Fremont Come and have fun exercise for Singles, Couples and Families Call 510-887-5605</p>	<p>Community Peace Resource Fair Sat 10am-3pm Sun 10:30am Free Information, support vendors South Bay Community Church 47385 Warm Springs Blvd. Fremont 510-490-9500 www.sobcc.org</p>	<p>CRAFTERS! Oct. 6, 7, 8 Sign up for "Giftique" in Newark October 29 9:30-3pm Contact Vicki 510-589-1167 or cbncboutique@gmail.com</p>	<p>Music for Minors II FREE Docent Training Sept. 14 - Nov. 7, Fremont or Castro Valley - Mon. & Wed. mornings or evenings Have fun discovering your musical gifts & how to share music in children's classrooms once a week for 1/2 hour. www.musicforminors2.org, Tel: 510-733-1189 / Email: mfm2recruitment@gmail.com</p>
<p>Enjoy a FUN HEALTHY activity LEARN TO SQUARE DANCE KEEWAY SWINGERS SQUARE DANCE CLUB-BEGINNER'S CLASS starts Thursday, Sept 15 Niles Veterans' Memorial Bldg. 37154 2nd St. Fremont First 3 Thursdays are FREE 510-471-7278-408-263-0952 www.keewayswingers.com</p>	<p>Can-Do-Its Sq Dance Club 20th Anniversary Dance Aug 21, 2016 3pm-6pm Teen Center at Central Park 39770 Paseo Padre Pkwy Fremont 510-364-3333 Inviting all former friends and handicapable dancers. Marie 510-364-3333</p>	<p>James Logan High Class of 1966 50th Reunion October 14-15 2016 Game, Tour, Dinner/Dance For information www.facebook.com/gayle-andrade.18 or call Gayle Andrade 209-471-8488 Joella Thompson 510-299-5693</p>	<p>Become a Passport to Adventure Historian Visit any of our nine Historic Locations to begin. Get your passport punched. Receive your Certificate. Ongoing program starts September 10, 2016 Follow us on facebook</p>	

PUBLIC NOTICES

GOVERNMENT

CITY OF FREMONT PUBLIC HEARING

Notice is hereby given that the City of Fremont City Council will hold a public hearing to consider the following proposals. Said public hearing will be held at 7:00 p.m., Tuesday, September 13, 2016, Council Chambers, 3300 Capitol Ave., Bldg. A, Fremont, CA, at which time all interested parties may attend and be heard:

CENTERVILLE JUNCTION - 3678 Parish Avenue to 3498 Peralta Boulevard - PLN2016-00058

Public Hearing (Published Notice) to Consider the Planning Commission's Recommendation to Approve a General Plan Amendment for Four Parcels Located at 3654 Parish Avenue, 3524 Peralta Boulevard, 3508 Peralta Boulevard and 3498 Peralta Boulevard from General Commercial to Medium Density Residential (14.6-29.9 Units per Net Acre), a Rezoning of the Same Four Parcels from C-G(TOD) (Commercial General with Transit-Oriented Development Overlay) to R-3-23 (Multifamily Residential), Vesting Tentative Tract Map No. 8272, a Private Street Entitlement and a Discretionary Design Review Permit to Allow the Removal of All Existing Buildings and the Construction of 52 Townhouse-Style Condominium Units on Nine Contiguous Parcels from 3678 Parish Avenue to 3498 Peralta Boulevard in the Centerville Community Plan Area, and to Adopt a Mitigated Negative Declaration Prepared and Circulated for the Project in Accordance with the Requirements of the California Environmental Quality Act (CEQA).

MICROGRID PROJECT AT CITY FIRE STATIONS

Public Hearing (Published Notice) to Consider Adoption of a Resolution Authorizing the City Manager or His Designee to Execute Power Purchase Agreements with Gridscape Microgrids, LLC for Renewable Energy Microgrid Systems at Three City-Owned Fire Stations as Part of a California Energy Commission Funded Microgrid Demonstration Project for Low-Carbon, Resilient Communities.

If you challenge any decision of the City Council in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Council at, or prior to, the public hearing.

SUSAN GAUTHIER - CITY CLERK
8/30/16
CNS-2919033#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on September 13, 2016, at which time they will be opened and read out loud in said building for:

ELLSWORTH STREET SIDEWALK IMPROVEMENTS, CEDAR STREET TO PINE STREET CITY PROJECT 8855(PWC)

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT
PURCHASING DIVISION
CITY OF FREMONT
8/23, 8/30/16
CNS-2916383#

PUBLIC AUCTION/SALES

NOTICE OF PUBLIC SALE OF GOODS TO SATISFY LIEN
AUCTION LOCATION: 32001 DOWE AVE., UNION CITY, CA. 94587

In accordance with the provisions of the California Commercial Code, Sections 7201-7210, notice is hereby given that on **Monday, September 12, 2016** at the hour of **10:00 am** of said date, at **32001 Dowe Ave., City of Union City, County of Alameda State of CA**, the undersigned will sell at public auction for cash, in lawful money of the United States, the articles hereinafter described, belonging to, or deposited with, the undersigned by the persons hereinafter named at Crown Moving and Storage. Said goods are being held on the accounts of: Art Edwards, Jill Masse, Evans Floridas, and Anthony Smith. All other goods are described as household goods, furniture, antiques, appliances, tools, misc goods, office furniture, and articles of art, equipment, rugs, sealed cartons and the unknown. The auction will be made for the purpose of satisfying the lien of the undersigned on said personal property to the extent of the sum owed, together with the cost of the sale. For information contact Crown Moving and Storage. Terms: Cash only with a 13% buyer's premium, 10% for cash buyers. Inspection at sale time. Payment and removal day of sale. Auction conducted by American Auctioneers, Dan Dotson & Associates (800) 838-SOLD, (909) 790-0433 or www.americanauctioneers.com Bond #FS863-20-14.
/S/ Crown Moving and Storage
8/30, 9/6/16
CNS-2917971#

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE T.S. No.: 9551-2608 TSG Order No.: 8555700 A.P.N.: 092A-0610-020 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED (The above statement is made pursuant to CA Civil Code Section 2923.3(c)(1). The Summary will be provided to Trustor(s) and/or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(c)(2).) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09/28/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NBS Default Services, LLC, as the

duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 10/03/2007 as Document No.: 2007349412, Book No.: -, Page No.: -, of Official Records in the office of the Recorder of Alameda County, California, executed by: LUISA SAN PEDRO, A MARRIED WOMAN, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state, and as more fully described in the above referenced Deed of Trust. Sale Date and Time: 09/20/2016 at 12:30 PM Sale Location: At the Fallon Street entrance to the County Courthouse, 1225 Fallon Street, Oakland, CA 94612 The street address and other common designation, if any, of the real property described above is purported to be: 8826 CABERNET AVE, NEWARK, CA 94560-1630 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$465,403.49 (Estimated) as of 08/24/2016. Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to

the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, (714)730-2727 for information regarding the trustee's sale or visit this Internet Web site, www.servicelinkASAP.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 9551-2608. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NBS Default Services, LLC 301 E. Ocean Blvd, Suite 1720 Long Beach, CA 90802 800-766-7751 For Trustee Sale Information Log On To: www.servicelinkASAP.com or Call: (714)730-2727. NBS Default Services, LLC, Nicole Rodriguez, Foreclosure Associate This communication is an attempt to collect a debt and any information obtained will be used for that purpose. However, if you have received a discharge of the debt referenced herein in a bankruptcy proceeding, this is not an attempt to impose personal liability upon you for payment of that debt. In the event you have received a bankruptcy discharge, any action to enforce the debt will be taken against the property only. A-4587480 08/19/2016, 08/26/2016, 09/02/2016
8/23, 8/30, 9/6/16
CNS-2915211#

STEM Camp - Bridging the gender gap

SUBMITTED BY
LETHA SALDANHA

Seven girls from Tri-city middle schools spent a week this summer at a Science, Technology, Engineering and Math (STEM) camp for girls at the Stanford University Campus. The Fremont Branch of the American Association of University Women (AAUW) worked closely with the public middle schools in Fremont, Newark and Union City to select these girls for a limited number of highly selective scholarships offered by the local branch each year. Science and 4math teachers from each participating school recommended five of their most promising 7th grade girls, whom they perceived as likely to pursue and succeed in STEM fields of the future. The branch then selected seven girls from an applicant pool of 35 girls, through a rigorous application and interview process, striving to achieve equity and representation from each Tri-city middle school.

Why a STEM camp exclusively for 7th grade girls?



Tech Trek, as these camps are called, is designed by AAUW to make STEM exciting and accessible to girls in middle school — the age when girls' participation in these fields drops, research shows. The week-long residential camps take place at various university campuses across the country: instructional and recreational activities all take place in and around the campus. At Camp Curie at Stanford University, the girls were immersed in fun and hands-on problem solving

activities in Marine Biology, Engineering Design, Cyber Security, 3D Math, Forensic Science, Coding, Robotics, Astronomy and Nanotechnology. Being in Silicon Valley, the girls also visited local technology companies and had local women role models from the STEM fields talk about their careers, successes, and challenges.

For many girls, the week-long camp further sparks their curiosity and places them on a path toward success in STEM. AAUW tracks and reports that

Tech Trek alumnae surpass the national average in most advanced math and science courses—a step towards AAUW's mission of advancing "equity for women and girls." Scholarships, at \$900 per participant, are funded by the branch through donations from members, supporters and local business that value the importance of STEM and gender equity in STEM. The selection process for 2017 camp will begin in November 2016.

Locally, the Fremont

branch works to develop and sustain interest in STEM for girls both through Tech Trek and our complementary "Mother/Daughter STEM Discovery Day" scheduled for Nov 5, 2016 (for 5th and 6th grade girls), and February 25, 2017 (for 3rd and 4th grade girls). Several of our Tech Trek alumnae present and assist with activities at Discovery Day and in turn become role models for the younger girls.

For further information on: Tech Trek Camp Curie at Stanford University, visit: <http://techtrek-stanfordmc.aauw.net>

Fremont Branch Tech Trek and Mother/Daughter STEM Discovery Day, contact: lethastem@gmail.com Tech Trek program nationally, visit: <http://www.aauw.org/what-we-do/stem-education/tech-trek/>

City of Fremont News Briefs

SUBMITTED BY
CHERYL GOLDEN

Fremont Launches Climate Action Engagement Platform

The City of Fremont has launched a new residential climate action engagement platform called the Fremont Green Challenge. The Fremont Green Challenge website offers residents all the information they need to save energy, water and money, all while reducing their impact on climate change.

By setting up a personal account and completing a brief household profile, you'll get custom savings and impact estimates for actions you can take related to energy efficiency, water conservation, clean transportation, renewable energy systems, food and waste. Actions range from easy to challenging, and help you lower your impact in simple, fun and cost-effective ways. You'll also find links to local incentive programs such as the new SunShares solar and clean vehicle discount program.

For every action you complete, you will earn points that are directly attributable to the amount of carbon emissions you have reduced. You can then combine your points with other Fremont households by forming a team with your friends and neighbors and affiliating with your local school or community organization to compete for top Green Challenge rankings. Leading households, teams and affiliations will be recognized for their achievements on the Challenge Leaderboard and highlighted through success stories.

The Fremont Green Challenge will prove how innovative our community can be at reducing the impacts of climate change, bringing us one step closer to

taking home the \$5 million Georgetown University Energy Prize. To learn more and get started, visit www.Fremont.gov/GreenChallenge. For more information about the SunShares program visit www.Fremont.gov/SunShares.

California Coastal Cleanup Day is September 17

In honor of the California Coastal Cleanup Day, the City of Fremont will be hosting creek cleanup events at 10 different locations on Saturday, September 17 from 9 a.m. to 12 p.m. Please join families, friends, coworkers, scout troops, school groups, service clubs, and individuals as they come together to celebrate and share their appreciation of California's fabulous coast and waterways.

If you are interested in participating, please pre-register at www.Fremont.gov/Coastal-CleanupRegistration to guarantee a spot. Please note the City does not allow anyone under the age of 6 to participate in this event. For more information please contact the Coastal Cleanup Day Coordinator at environment@fremont.gov or (510) 494-4570.

New Traffic Calming Program to Install Speed Lumps at Priority Locations

As part of Fremont's Vision Zero 2020, progress continues

with our 20 Projects in 20 Months program. At several priority locations throughout the city, speed lump installation is underway. Vision Zero 2020 is the City of Fremont's new traffic safety policy to reduce severe injuries and eliminate fatalities from traffic collisions to zero by 2020. The 20 Projects in 20 Months program is an expedited rollout of projects designed to re-engineer streets to make them safer as listed in the Vision Zero Action Plan.

Completed speed lumps include Sundale Drive between Hilo and Robin streets, 2nd Street, Parkside Drive, and Palm Avenue. The City worked in partnership with neighborhood champions to collect signatures for the speed lumps in these neighborhoods. Speed lumps are raised asphalt structures installed on the pavement. They are 12 ft. in length across the traveled way and about 3 inches in height and are designed to calm traffic in neighborhoods.

For more information on the Speed Lump Program, please visit www.Fremont.gov/Speedlumps.

FUSD High School Students Take Over the Senior Center Kitchen

Throughout the summer, Fremont Senior Center chefs, Jeff Castillo and David Lee, invited Fremont Unified School

District high school students to join them in whipping up meals at the Senior Center. Participating teens had a great time learning about various cuisines and cooking techniques from top chefs, and even had the opportunity to participate in "Iron Chef" competitions.

The student chefs had to leave the kitchen behind to head back to school, but delicious meals are still being served at the Center year-round. Breakfast is served from 8 a.m. – 9:30 a.m. Monday – Friday, and lunch is served starting at noon.

Join the Cause - Fremont's Habitat Restoration Days for Sabercat Creek

Love nature and serving the community? Join the City of Fremont's Environmental Services for a day of habitat restoration work on Sabercat Creek from 9 a.m. to 12 p.m. on Saturday, September 10. Heavy rain cancels the event.

Volunteers will assist with removing invasive plants, planting new native trees and shrubs, and caring for previously planted ones by refreshing plant basins and installing browse protection cages. This work will help stabilize soils and creek banks, filter pollutants, increase native plant diversity, and improve food and shelter for wildlife.

No experience is necessary. Volunteers of all ages are welcome, and a signed waiver form is required for each participant. Children under 12 years old must be accompanied by an adult. Habitat stewards will guide you through the projects.

Come dressed for the weather and prepared to get dirty (sturdy, closed-toe shoes/boots, long pants, hat, sunscreen, and long-sleeved shirt are recommended). Bring a signed waiver form, a reusable water bottle, and community service hour forms, if applicable. We'll provide tools, some gloves, and water to refill bottles. If you wish to bring

your own gloves or tools, please label them.

For complete details and to register visit www.Fremont.gov/SabercatRestoration. Be sure to check the location on the map, and print the map and waiver form. For more information, or to arrange a large group work day, contact Sabrina at ssiebert@fremont.gov or Barbara at bsilva@fremont.gov, or call the Environmental Services Division at (510) 494-4570.

Fremont's Bicycle Master Plan Update

The City of Fremont is currently in the process of updating its Bicycle Master Plan. The City's Bicycle Master Plan serves as a guide for the implementation of the policies and goals of the General Plan. The plan update will identify ways to enhance and expand the existing bikeway network, such as the installation of new green bike lanes, buffered/separated bike lanes, and trail opportunities. Thanks to community input, the plan update will also identify needs and challenging areas in order to upgrade or construct new, safe, and efficient bicycle facilities, and to encourage and increase bicycle ridership.

Fremont would like its community to share thoughts on bicycling in Fremont, and what is working and what is not. Residents can go online to provide input on existing and desired bikeways and difficult roadway segments and/or intersections by utilizing a user-friendly interactive mapping tool at www.Fremont.gov/BikeMapTool.

For more information about the Bicycle Master Plan Update project and to receive a schedule of upcoming public meetings, contact the City's Rene Dalton at rdalton@fremont.gov or (510) 494-4535. The Bicycle Master Plan update project is funded by Measure B and Measure BB sales tax dollars.



Social Ministry Outreach delivers backpacks

SUBMITTED BY ROSEANNE LAWRENCE

Members of Christ the King Lutheran Church of Fremont Social Ministry Outreach recently delivered 90 backpacks to Tri-City Volunteers, 30 each for elementary, middle, and high school students, all completely filled with school supplies. Funds came from cash donations of \$3,233 from members and friends of the congregation coupled with \$750 from the South Alameda County Chapter of Thrivent Financial, totaling \$3,983. Several member volunteers shopped for backpacks and school supplies and many other members filled each backpack with all the necessary items pertinent to each school level following the Sunday service on August 14, 2016.

This is an ongoing annual project that began eight years ago, and as of 2016 a total of 508 filled backpacks were donated to Tri-City Volunteers of Fremont. We thank everyone for the continued support received for this worthwhile project.

Christ the King Lutheran Church invites everyone to come for worship on Sundays at 9:30 a.m. through September 4, and 10:15 a.m. every Sunday thereafter. For more information see our website at ctkfremont.org or call (510) 797-3724.



Yosemite, and President Obama, head into virtual reality

BY ANICK JESDANUN
AP TECHNOLOGY WRITER

NEW YORK (AP), In a new project with National Geographic, Barack Obama becomes the first sitting U.S. president to project himself into virtual reality – in this case, a 360-degree representation of Yosemite National Park.

The 11-minute VR video, narrated by Obama, is one part paean to the wonders of America's national parks and one part warning of the threat posed by climate change. It's also a testament to how powerful VR can be when done right.

National Geographic joined Facebook's Oculus Studios and VR specialists Felix & Paul Studios to produce the free video, which came out Thursday to mark the centennial of the National Park Service. It's available on Samsung's Gear VR headset and through Facebook's 360-degree video service. It's coming soon to the Oculus Rift headset.

The Message

Although the video advocates visi-

tation and preservation, the experience is mostly an opportunity to marvel at Yosemite's natural wonders, from the giant El Capitan rock formation that opens the video to the tall sequoia trees filling Mariposa Grove and the Merced River rushing through Yosemite Valley. You can almost touch the surrounding tall grass; later in the video, it feels as though you're floating in a real canoe.

Crews captured Obama's June visit to the California park with his family. In the video, Obama addresses an audience on climate change, with the 2,424-foot-tall Yosemite Falls as a backdrop. In a more intimate setting, surrounded by trees, Obama speaks with Yosemite Superintendent Don Neubacher on the importance of exposing kids to national parks. The video concludes with Obama urging viewers in a voice-over to take action on the environment in light of threats such as wildfires and melting glaciers.

"We hope people emotionally connect to this story, to these environments, and we hope that it elicits

within them a desire to visit national parks," said Felix Lajeunesse, the "Felix" in Felix & Paul. ("Paul" is his partner, Paul Raphael.)

Coming Together

The Felix & Paul team recorded former President Bill Clinton's journeys to Africa in VR last year, but a sitting U.S. president had yet to appear in VR. After all, VR didn't exist beyond labs and small gaming circles before Obama took office.

Oculus was looking for ways to extend VR beyond games and approached the White House to explore an opportunity that wouldn't feel gimmicky, said Colum Slevin, head of experiences for Oculus VR. The White House, in turn, suggested pairing with National Geographic, which was already developing tie-ins to the park service centennial.

Although National Geographic has produced 360-degree video before, this is its first project in full VR, with more immersive, 3-D imagery intended for viewing through special headsets.

"This is the next frontier," said

Rajiv Mody, National Geographic's vice president for social media. The VR technology, he said, can take people "to experiences they aren't able to necessarily experience on their own."

Nonetheless, the video could be a hard sell, warned Joel Espelien, an analyst with Diffusion Group, which tracks emerging video formats and services. He said many VR viewers are younger and male – not the same audience that would watch a nature show on PBS.

And while the video isn't overtly political, Obama's appearance in an election year could make it seem so, he said. The VR video isn't a traditional documentary, as the producers and the White House worked on the script together.

Feeling Intimate

At this juncture, many VR projects feel experimental, as if their producers mainly wanted to play with new filmmaking techniques or showcase the technology's potential. This Yosemite video, though, feels much more like a short nature movie that just happens to be viewable in a 360-

degree surroundscape. (It does, of course, also deliver a promotional punch for the park system.)

For instance, the Yosemite project managed to avoid a common VR pitfall that can render landscape shots remote and distant because 360-degree cameras lack zoom. Lajeunesse said the team made sure to juxtapose distant iconic landmarks with nearby grass, trees and other tangible objects, lending perspective to the shot.

Producers also kept the cameras at a constant vantage point from scene to scene – low, at roughly sitting height – based on the assumption that most people would be watching this video sitting down, Raphael said.

But visuals alone aren't enough. "The emotional connection, a lot of that comes from having the voice of the president being there with you on this journey," Lajeunesse said. "It somehow makes those moments in nature feel more personal, feel more intimate."

Without that, he said, "it becomes shots – beautiful, but it's not a story."

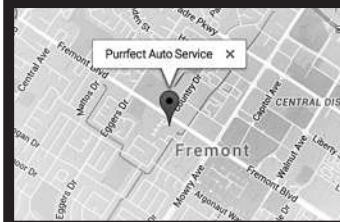
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CV AXLE \$199⁹⁵* Parts & Labor Rebuilt Only. New is an additional \$25 Per Axle. SUV's Trucks, Vans Extra Exp. 10/30/16	ALL FLUID FLUSH \$269⁹⁵* • Engine Oil Flush • Brake Fluid Flush • Power Steering Drain & Fill • Transmission (T-tech) • Washer Fluid Drain & Fill Most Cars & Light Trucks. Fwd Higher. Special Dealer Fluids Extra. Coupon Required at time of write-up. Exp. 10/30/16	BRAKE FLUID OR POWER STEERING FLUID FLUSH \$69⁹⁵* Exp. 10/30/16	* Prices apply to most cars & trucks. Additional parts & labor for SUV's, Vans & 4x4's. Platinum spark plugs extra. Specials not applicable to FWD cars with pressed rotors & 4WD vehicles. Offers not valid in conjunction with other offers including for same service. Dealer fluids extra.



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Union City Police Log

SUBMITTED BY
 LT. MATIAS PARDO,
 UNION CITY PD

Wednesday, August 17

At around 6:30 a.m., Ofc. Noyd was dispatched to the 2500 block of Village Drive on the report of an attempted robbery. The victim said she was approached by a gold or tan vehicle occupied by three suspects. One of them exited the vehicle, pointed a gun at her and demanded her wallet. The victim did not comply and started to get back into her car. A second suspect then demanded her car keys. The victim instead closed her car door, then began yelling and honking the horn. The suspects

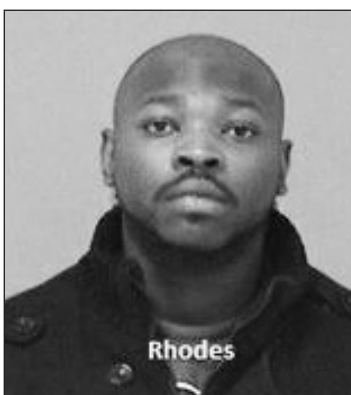


Martinez

fled in the vehicle. The first and second suspects were both described as black males, 16-20 years old, of average height and build.

Thursday, August 18

At around 9:30 a.m., Ofc. Olson was dispatched to a business in Union Landing for a reported armed robbery. The pictured suspect displayed a knife to security personnel as he was stealing a flashlight. He was described as a white male in his



Rhodes

early 30s, 5'5" to 5'8" with a thin build and black slicked-back hair. He left the scene in a white cargo van with no side windows.

Friday, August 19

At around 3:30 a.m., officers were dispatched to the 1600 block of Decoto Road on the report of a just-occurred carjacking at gunpoint. The victim described the three suspects as black males, 18-22 years old, between 5'10" and 6'2". The suspects also stole his cell phone and wallet.



Flashlight Robber

The vehicle has been recovered.

Sunday, August 21

At around 6:30 a.m., officers were dispatched to the 32000 block of Alvarado-Niles Road on the report of an armed robbery that had occurred a few hours earlier. The victim said two suspects robbed him of his cash using a gun and knife. Officers quickly set up a perimeter in the

area and caught both suspects as they tried to flee the scene. Yessenia Martinez, a Folsom resident, and Aloysius Rhodes, a Union City resident, were both arrested.

At around 1:15 a.m., officers responded to a carjacking report in the 2100 block of Swan Court. The victim advised that two suspects had just robbed him of his cell phone and then stole his vehicle at gunpoint. The stolen vehicle was recovered later that morning in Stockton, with four suspects inside it. Two of the suspects, a 17-year-old female out of Stockton, and a 19-year-old male from Union City, were positively identified by the victim and arrested for carjacking. The other two females in the stolen vehicle, both 18-year-old Union City residents, were arrested on vehicle theft charges.

Newark Police Log

SUBMITTED BY
 CMDR. MIKE CARROLL,
 NEWARK PD

Thursday, August 18

At 2:59 a.m., Ofc. Rodgers and Ofc. Homayoun investigated five auto burglaries that occurred on the 6000 block of Joaquin Murieta Avenue.

At 5:05 a.m., Ofc. Ackerman responded to an interrupted auto burglary that occurred on Ezra Drive.

Friday, August 19

At 7:30 p.m., Ofc. Taylor accepted a citizen's arrest of a 28-year-old Newark female for battery. The suspect was booked into Santa Rita Jail.

Saturday, August 20

At 4:03 p.m., officers responded to a reported burglary in process on the 35100 block of Maidstone Court. A 31-year-old Union City male was ar-

rested for possession of a controlled substance, receiving stolen property, and possession of stolen bank cards. The suspect was booked into Santa Rita Jail.

Sunday, August 21

At 3:06 a.m., Ofc. Johnson recovered a 1996 Honda Accord, reported stolen in Oakland, in the Chase Suites Hotel parking lot, located at 39150 Cedar Blvd. The vehicle was released to the registered owner.

Tuesday, August 23

During a special enforcement operation at 7-Eleven, located at 5724 Thornton Ave., Ofc. Johnson arrested a 37-year-old Newark male for furnishing alcoholic beverages to a minor. The suspect was issued a citation and released.

At 6:05 p.m., officers responded to the 37200 block of Cedar Boulevard for a disturbance. A 20-year-old Newark male was arrested for battery and making death threats. The suspect was booked into Santa Rita Jail.

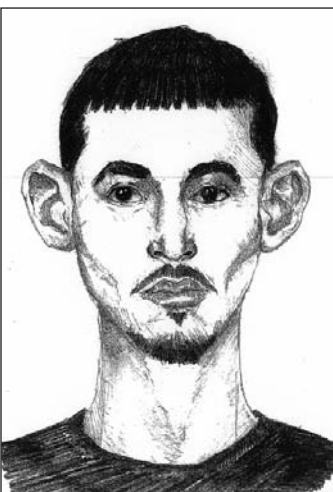
Composite sketches – Cottonwood Ave Homicide

SUBMITTED BY SGT. RYAN CANTRELL, HAYWARD PD

The Hayward Police Department is asking for assistance in disseminating the attached composite sketches. The sketches were constructed based on details provided by witnesses of the possible suspects involved in the murder of Jason Villegas, which occurred on August 14.

Anyone who may recognize or sees the person(s) depicted in these sketches is encouraged to contact Detective Eric Mulhern at (510) 293-7000 or their local law enforcement agency.

You may also contact the police department anonymously at: HaywardPDTips@hayward-ca.gov or the Criminal Investigations Bureau at (510) 293-7034.



- Get mammogram results
- Schedule Pap test
- Schedule bone density test



Feeling great? You ought to see a doctor.

At Washington Township Medical Foundation, we believe there's no better time to see your doctor than when you're feeling healthy. That's the best time for a routine checkup, and to take stock of your overall health picture to help prevent potential problems. Starting at the age of 20, you should have your cholesterol and blood sugars checked regularly to help ward off cardiovascular problems. Prostate checks for men are recommended once you're in your 40s, as are mammograms for women. And at 50, a colonoscopy is a highly effective procedure to catch conditions that could

possibly lead to cancer. These are just a few of the tests your care team can help you schedule if needed. We will help you stay on top of and prevent cardiovascular disease, cancer, diabetes and other potentially significant health issues. If you need follow-up visits with a specialist, WTMF has a wide range of Board Certified physicians who work as a team with your primary care physician. If hospital treatment is required, we're affiliated with award-winning Washington Hospital, located right here in our community. So, if you want to stay healthy, a WTMF doctor is a choice you can feel really good about.



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