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# Welcome the Thai New Year

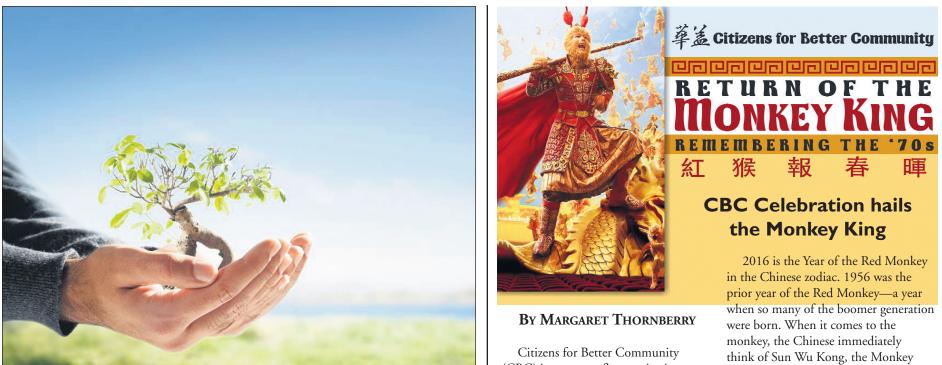
# BY JILL STOVALL **PHOTOS COURTESY OF** WAT BUDDHANUSORN

"Happy New Year" may not be what you would expect to hear in mid-April, but that is the greeting you will receive on April 16 and 17 when Wat Buddhanusorn celebrates "Songkran," the traditional New Year in Thailand.

Wat Buddhanusorn, which means the "temple of the teachings of the Buddha" according to Director of Educational Programming Tim Tararug, was founded in 1983 and serves the Theravada Buddhist community in the Bay Area. Theravada Buddhism, one of the main branches of Buddhist

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# Make big stuff happen on Earth Day 2016

Marking its 46th year, "Earth Day" will be celebrated in more than 192 countries on Friday, April 22. Now led by the Earth Day Network, Earth Day began in 1970 and was spearheaded by former U.S. Senator Gaylord Nelson to "give voice to an emerging consciousness, channeling human energy toward environmental issues."

The Earth Day Network encourages us to "get really big stuff done for our planet" by planting 7.8 billion trees for the Earth, divesting from fossil fuels and making cities 100 percent renewable, and making binding commitments to reduce greenhouse gas emissions. For more information, visit www.earthday.org.

The Greater Tri-Cities are taking part in the global movement with a variety of activities:

**Castro Valley:** 

Recycle used cooking oil, shred docu-

Photo Washington Hospital

ments, and drop-off e-waste and tires at "CVSan Recycles Day" on Saturday, April 23 at Canyon Middle School. Three 1-cubic foot bags of compost per household (singleor multi-family apartment) or business will be distributed for free. Supplies are limited and will be distributed on a first come, first served basis. Vehicle loading assistance is available. Participation in the recycling collection is not required to receive free compost; however, you must be a CVSan (Castro Valley Sanitary District) resident or business (bring ID or bill). For complete details and instructions, please visit www.cvsan.org. The drop-off event is free to CVSan residents and businesses.

**CVSan Recycles Day** Saturday, Apr 23 8:00 a.m. - 2:00 p.m. **Canyon Middle School** 19600 Cull Canyon Rd, Castro Valley (510) 537-0757 www.cvsan.org/RecyclesDay Free for CVSan residents & businesses

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(CBC) is a non-profit organization founded in 1992 by a group of civic-minded Chinese Americans in the Tri-Cities area. These founders saw a need to establish an organization to give Chinese Americans a voice locally and regionally by sponsoring or participating in activities throughout the year. CBC's mission is "To initiate, sponsor and promote community events, which will affect the wellbeing of Chinese Americans with an emphasis on education, health, business and community involvement."

Programs and events supported by CBC over the years include Abode Services, Boy Scouts of America, CBC Adult Toastmasters, CBC Toastmasters Youth Leadership Program, Fremont Education Foundation, Fremont July Fourth Parade, Fremont Rotary Clubs, Fremont Symphony Orchestra, Friends of Children with Special Needs, Music at the Mission, Ohlone College Foundation, and South Bay Chinese Club.

Help support CBC's community work by picking up a ticket for their 24th annual "Spring Celebration" fundraiser, Saturday, April 23 at the Royal Palace Banquet Hall in Fremont.

King, a notable, magical figure in Chinese lore since the 16th century. CBC has chosen "Return of the Monkey King – Remembering the '70s" as this year's theme, which honors both the '70s and the people who graduated during those years and set out to change the world, and the strength and energy of the Monkey King.

The evening will start with a wonderful dinner, featuring a prime rib carving station, chicken and vegetarian selections, and will include wine, salad, sides and cheesecake for dessert. Dinner will be followed by a musical tribute to the '70s and a special mystery rock legend, a Chinese dance performance, and live music by the IDEA Band with dancing in Club Monkey, even more exclusive than Studio 54, so come prepared to show off your moves on the disco floor!

Attire is black tie or dress suit for men, long dress or cheong sam for women, and '70s attire is also welcome. While there will not be a silent auction this year, co-chairs Herb Chiu and David Bonaccorsi assure us that raffle prizes will be offered! continued on page 5

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# **It's Time to Tee Off** Celebrating 31 Years!

# Tournament registration and sponsorship opportunities are available – Join Us!

n Monday, April 25, golf enthusiasts and friends of Washington Hospital will continue a longtime tradition that has raised almost \$1.8 million in support of health care services for the residents of Washington Township Health Care District. The golfers will tee off at Washington Hospital Healthcare Foundation's 31st Annual Golf Tournament at Castlewood Country Club in Pleasanton, a 36-hole private facility, with two challenging golf courses and incredible views.

Since 1985, golfers of all abilities and experience have gathered for the annual tournament, enjoying a day on the links followed by an awards banquet in the evening. Non-golfers are welcome to support Washington Hospital by attending the reception and awards banquet in the beautiful ballroom at Castlewood. Foundation President, Rod Silveira, says, "Each year, community members come to enjoy a day of golf, but they also want to support health care programs in our community. Again this year, proceeds from the tournament will help fund surgical care at Washington Hospital. Because surgical innovation is always advancing, the Foundation looks forward to helping underwrite the cost of equipment that surgeons will need in the future. I encourage you to join us for a great day and a great cause."

In addition to the 18-hole golf tournament, the event will include a putting contest, barbecue lunch, contest holes, refreshments, a cocktail reception and an awards banquet. During the banquet, a selection of exciting raffle items will be offered. There will also be a live auction offering an opportunity to play in the Lexus Champions for Charity National Golf Tournament, a dinner and wine pairing for four, a private sky box at an Oakland Athletics baseball game and more!

The event is held in memory of longtime Fremont businessman Gene Angelo Pessagno, a founding member of Washington Hospital Healthcare Foundation. Gene Angelo Pessagno's widow, Laura, and her family continue to be enthusiastic supporters of the 31-year-old golf tournament. In addition, as a founding member of the Washington Hospital Service League, Laura has been an active volunteer at Washington Hospital for 60 years!

"We are looking forward to a great day on the golf course with friends and colleagues," said Lamar Hinton, who is serving again as golf tournament chairman. "I would like to thank our volunteers for their dedication and hard work in creating a rewarding experience for every participant. I would also like to extend special thanks to our Gold Sponsors, Fremont Bank and Gonsalves & Kozachenko, for their generous support," Hinton emphasized.

There is still plenty of time to sign up for the tournament or become a tournament sponsor. For more information about Washington Hospital Healthcare Foundation's 31st Annual Golf Tournament, or to register as a participant or sponsor, please email foundation@whhs.com or call (510) 791-3428.



Washington Hospital Healthcare Foundation's 31st Annual Golf Tournament takes place on Monday, April 25, at Castlewood Country Club in Pleasanton. To register as a participant or sponsor, please email the Foundation at foundation@whhs.com or call (510) 791-3428.

# InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv

Follow WHHS on Facebook & Twitter



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	
-	4/4/16	4/6/16	4/7/16	4/816	4/9/16	4/10/16	4/11/16	
12:00 PM 12:00 AM 12:30 PM	Voices InHealth: Cyber- bullying - The New Schoolyard Bully	Movement Disorders, Parkinson's	Diabetes Matters: Under- standing Labs to Improve Diabetes Management	Your Concerns InHealth: Sun Protection	Take the Steps:What You Should Know About Foot Care	Voices InHealth:The Greatest Gift of All	Relieving Back Pain: Know Your Options	
12:30 AM	How Healthy Are Your Lungs?	Disease, Tremors and Epilepsy Inside Washington	Dietary Treatment to Treat Celiac Disease		Do You Suffer	Kidney Transplants	Family Caregiver	
1:00 AM		Hospital: Stroke Response Team		Learn If You Are at Risk for Liver	From Anxiety or Depression?		Series: Nutrition for the Caregiver	
1:30 PM 1:30 AM	Arthritis: Do I Have	Family Caregiver Series: Legal & Financial Affairs	Deep Venous Thrombosis	Disease		How to Prevent a Heart Attack	Skin Cancer	
2:00 PM 2:00 AM	One of 100 Types?		THIOHIDOSIS		Low Back Pain			
2:30 PM 2:30 AM	Diabetes Matters: Healthy or Hoax	Washington	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Washington		- Alzheimer's Disease	Washington Township Health	
3:00 PM 3:00 AM	Inside Washington Hospital:The Green Team	Township Health Care District Board Meeting March 9, 2016	Sports-Related Concussions	Township Health Care District Board Meeting	Don't Let Hip Pain Run You Down		Care District Board Meeting March 9, 2016	
3:30 PM 3:30 AM 4:00 PM	GERD & Your Risk of Esophageal Cancer	1 arch 7, 2010	Heart Irregularities	March 9, 2016	Learn About the Signs & Symptoms of Sepsis	Family Caregiver Series: Caregiving From A Distance		
4:00 PM 4:00 AM 4:30 PM	Di la Managera de la Calegora de la				Family Caregiver Series: Coping as a Caregiver	Keeping Your Heart on		
4:30 AM 5:00 PM	Diabetes Matters: Strategies for Incorpo- rating Physical Activity	Minimally Invasive Options in Gynecology	The Real Impact of Hearing Loss & the	What You Should Know About Carbs	Heart Healthy Eating After Surgery and	the Right Beat Voices InHealth:The	Reach Your Goal: Quit Smoking	
5:00 AM 5:30 PM	Voices InHealth: Healthy Pregnancy	Shingles	Latest Options for Treatment	and Food Labels Prostate Cancer:	Beyond	Legacy Strength Training System	Women's Health Conference:Age	
5:30 AM			Voices InHealth: Bras for Body & Sou	What You Need to Know	Snack Attack	Family Caregiver Series: Advanced Healthcare Planning & POLST	Appropriate Screenings	
6:00 PM 6:00 AM	Diabetes Matters: Dia- betes & Heart Disease	Raising Awareness	Family Caregiver Series: Hospice & Palliative Care	Community Based			Washington Women's Center: Sorry, Gotta Run!	
6:30 PM 6:30 AM 7:00 PM	Family Caregiver	About Stroke	Living with Arthritis	Senior Supportive Services	Washington Township Health	Washington Township Health Care District	Turning 65? Get To Know Medicare	
7:00 AM 7:30 PM	Series: Panel Discussion		Women's Health Conference: Can Lifestyle Reduce the		Care District Board Meeting March 9, 2016	Board Meeting March 9, 2016		
7:30 PM 7:30 AM 8:00 PM	Diabetes Matters: Sugar Substitutes - Sweet or Sour?	Minimally Invasive Surgery for Lower	Risk of Cancer?	From One Second to the Next				The Weigh to Success
8:00 AM		Back Disorders		Voices InHealth: Radiation Safety				
8:30 PM 8:30 AM	Washington	Where Have All The Patients Gone?	Washington	Heel Problems and	Knee Pain & Replacement		Don't Let Back Pain Sideline You	
9:00 PM 9:00 AM	Township Health Care District Board Meeting March 9, 2016	Learn More About Kidney Disease	Township Health Care District Board Meeting March 9, 2016	Treatment Options	Replacement	Varicose Veins and Chronic Venous Disease		
9:30 PM 9:30 AM	Fiarch 7, 2010			Diabetes Matters: Diabetes Meal Planning	Hip Pain in the Young and Middle-Aged Adult		Family Caregiver Series: Managing Family Dynamics in Caregiving	
10:00 PM 10:00 AM		Keys to Healthy Eyes		Peripheral Vascular Disease: Leg Weakness,	and muddle-Aged Adult	Family Caregiver Series: Driving Safety & Alternative Transportation Resources	Voices InHealth: Demystifying the Radiation Oncology Center	
10:30 PM 10:30 AM	Superbugs: Are We Winning the	Your Concerns InHealth: Decisions in End of Life Care	Family Caregiver Series: Tips for Navigating the Healthcare System	Symptoms and Treatment	What Are Your Vital Signs Telling You?	Washington Women's Center: Cancer Genetic	Learn About Nutrition for a Healthy Life	
11:00 PM 11:00 AM	Germ War?	Diabetes Matters: Protecting Your Heart	Strengthen Your Back! Learn to	Eating for Heart Health by Reducing Sodium	Acetaminophen Overuse Danger	Counseling	·	
11:30 PM 11:30 AM	Inside Washington Hospital: Patient Safety		Improve Your Back Fitness	Inside Washington Hospital: Patient Safety	How to Maintain a Healthy Weight: Good Nutrition is Key	Family Caregiver Series: Recog- nizing the Need to Transition to a Skilled Nursing Facility	Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate	

# Get Ready for **Summer: Restore** Lifestyle Balance

Pring is the time for cleaning up and for getting into shape for the summer ahead. In addition to the home and garden, it's a great time to reinvigorate your personal health and wellness routine.

Restoring Balance, a Lifestyle Management Program offered by the Washington Hospital Women's Center, offers practical information on how participants can develop individual lifestyle management initiatives to help them feel better, be more energetic and less stressed, says Dr. Victoria Leiphart, a Washington Hospital gynecologist and Lifestyle Medicine physician.

Starting on Wednesday, May 4, the three-week class will be held from 7 to 8:30 p.m. at the Washington Hospital Women's Center, 2500 Mowry Ave. (Washington West), suite 145, in Fremont. Fee for the three-week series is \$45 and enrollment is limited to 25 persons to provide individualized attention. Please call (510) 608-1301 to enroll.

Emphasizing stress management, along with nutrition and exercise, Dr. Leiphart will share strategies and instructions for meditation and mindfulness along with a discussion of the science that supports these practices.

Stress management is key to a healthy life, Dr. Leiphart says. "We all live crazy lives and we seldom take the downtime we need to recharge our batteries an essential step to staying well over the long term."

Dr. Leiphart will focus on mindfulness and meditation in the first session; exercise, balance and strength training in the second session; and nutrition in the third session. All programs will provide adequate time for questions and discussion within the group.

"I see many mature women in my practice," Dr. Leiphart says. "The ones who are energetic, vital and engaged have three things in common: they exercise, watch what they eat and manage the stress in their lives."

Two-thirds of American women are overweight or obese, and for middle-aged and older women, the number is even higher.

"One in three meals is eaten outside the home and we spend three-to-five hours a day in front



of the television or computer screen," adds Dr. Leiphart. "Our lives are simply filled with stress from having too many balls in the air: aging parents, children, work, civic engagement, household responsibilities. Taking care of ourselves goes on the bottom of our 'to-do' lists, just after cleaning out the cat's litter box," Dr. Leiphart said.

"If women made themselves a higher priority on that list, if we took care of ourselves, we could manage everything else much more efficiently and with much less stress. Women are

personal health and wellness by participating in the Restoring Balance Lifestyle Management Program at Washington Hospital.A new three-week series is scheduled to begin May 4 and will continue May 11 and 18. The series is \$45 and is limited to 25 people to provide individualized attention. To enroll, call (510) 608.1301.

programmed to be caretakers of others in our lives, but not of ourselves."

Exercise is the single most important action a person can take to improve one's health, Dr. Leiphart adds, "and you don't have to spend hours at the gym to see improvements."

Research continues to demonstrate that illness and disease can be treated and even prevented with lifestyle management, she says. Various studies have shown that spending just 30 minutes each day exercising (walking, biking, yoga and

aerobic dancing, among other activities) reduces knee arthritis pain by 47 percent in adults of all ages studied.

Once you've begun to exercise and feel the benefits in energy and vitality, you are much more likely to eat healthier, Dr. Leiphart says. Her program will share simple keys to portion control and healthier food choices.

"The goal is not to look younger, but to feel younger," she adds. "Beauty and aging gracefully comes from fruits and vegetables."

To learn more about the Washington Hospital Healthcare System, visit www.whhs.com. To find out more about the Washington Township Medical Foundation, visit www.mywtmf.com.

In addition to Restoring Balance, Dr. Leiphart offers a series of monthly programs, "Women Empowering Women," from 7 to 8:30 p.m. on the third Thursday of each month at the Washington Women's Center conference room, suit 145 (Washington West), 2500 Mowry Ave., Fremont. Class fee is \$10; call (510) 608-1301 to register.

# **Other Upcoming Programs:**

April 21: Navigating Health and Aging; Discussion on **Preventive Screening** 

May 19: Coping as a Caregiver June 16: Stress Management

# **Ask the Doctor**

This is an ongoing column in which community physicians answer your health-related questions. Questions should be emailed to Ask the Doctor at: askthedoctor@whhs.com

# Dear Doctor,

How many times can you get a concussion before you have to retire from your sport?

Dear Reader,

Diabetes **Education** at Washington Hospital



There is no magic number. It mostly depends on a person's recovery time. A long recovery time - sometimes several months – is often enough of a cause for someone to reconsider risking themselves to another injury and prolonged recovery effort. The bottom line: take the time to heal a concussion completely and seek out expert opinion in care.

# Dear Doctor, Is it better to stretch before or after an exercise?

### Dear Reader,

Stretching is best accomplished after a short, slow warm-up period involving light jogging or elliptical or stationary cycling. The best tool to perform stretching is to use a foam roller over the muscle areas that need to be worked on. A foam roller is a solid tube usually measuring approximately 6 inches in diameter and either 2 or 4 feet in length. Foam rollers can be purchased at any sporting goods store and usually come with picture instructions. YouTube is also a great medium to learn how to use this incredible tool. The bottom line on stretching: slow and steady is best rather than quick or ballistic stretching. Slight contraction of the muscle while slowly being stretched is known as active stretching and employs a sports medicine concept called reciprocal inhibition - Google these terms and you will learn a lot!

# Stephen Zonner, DO



Dr. Steven Zonner is board certified by the American Osteopathic Board of Family Practice and has over 30 years of experience in the fields of primary care, occupational and Sports Medicine. Dr. Zonner completed the majority of his medical training in Chicago starting with his Doctor of Osteopathic Medicine degree

(DO) from the Chicago College of Osteopathic Medicine. After finishing his Family Medicine internship and residency at Botsford General Hospital in Michigan, he returned to Chicago to complete his primary care Sports Medicine fellowship at Rush-Presbyterian-St. Luke's Medical Center. In 1990, he went on to become the head team physician for Arizona State University and has been invited to work at the US Olympic Training Center in Colorado Springs. He has been treating people of all ages and athletic abilities in the San Francisco Bay Area since 2004. Dr. Zonner is also fluent in Spanish.

Do you know the symptoms of diabetes? Did you know that in Alameda County there are 100,000 people with diabetes and that a third of them don't even know that they have the condition?

Could you be at risk? Or, could someone you know be at risk? Do you know the signs and symptoms of diabetes?

Some of the risk factors include high blood pressure, heart or blood vessel disease, and high cholesterol. Are you overweight or do you consume soda which is high in sugar content? Do you smoke? Is there any person in your family who has diabetes? Or, do you suspect that someone you know may have diabetes? The condition cannot be cured, but it can be controlled through proper medication, diet and moderate exercise.

Newly diagnosed people with diabetes as well as those who are long-term diabetics are encouraged to attend Washington Hospital's monthly Diabetes Matters programs. These sessions are offered the first Thursday of each month from 7 to 8 p.m. They provide an important resource that helps community members focus on healthy practices and long-term vitality. The more that people know about diabetes, the better decisions they can make daily to maintain optimum health and vitality.

The monthly community forum features presentations by a variety of medical professionals who review new information as well as suggestions for management of the condition. Family members and caregivers are welcome. The programs are presented in the Conrad E. Anderson, MD, Auditorium, located at 2500 Mowry Ave. in Fremont.

The presentations offer hopeful and educational information about living with diabetes and provide a good resource for up-to-date information and treatment suggestions, facilitated by Vida Reed, RN, CDE, a certified diabetes educator and coordinator of the Outpatient Diabetes Program at Washington Hospital.

"Diabetes is not a new disease, but it has become an epidemic as more and more individuals are diagnosed with the condition. Fortunately, there are many options for treating diabetes," says Reed.

Diabetes isn't limited to adults. About 20 percent of middle school students have blood sugar issues that can lead to diabetes. Also, pregnant women sometimes develop gestational diabetes and need to begin regular treatment for the condition.

Reed notes that taking extra steps to stay healthy is particularly important for people who have been diagnosed with diabetes, and attending the Diabetes Matters sessions will help inform them and their family members about their optimum course of managing diabetes and living well. Research has shown that diabetes education helps people prevent, delay or reverse complications of diabetes by providing them with strong self-management skills and practices.

The monthly sessions provide helpful reviews of good health routines, including learning about healthy food choices, or a demonstration of an insulin pump and how it helps someone with diabetes treat their condition.

"We provide science-based information, as a source of support and provide education about managing your disease," says Reed. The monthly presentations cover such topics as suggested exercise and diet plans as well as reviews of new research into the disease.

Washington Hospital's team of certified diabetes specialists helps attendees take positive steps toward lifetime control of their diabetes. Those with recently diagnosed diabetes as well as others who have been dealing with the disease for several years can learn about and benefit from new scientific research and healthy practices.

The Washington Hospital Diabetes Education Program has been recognized by the American Diabetes Association for Quality Self-management Education.

Reed also facilitates a diabetes support group which follows the informational session, from 8 to 9 p.m. on the same night, in the same location.

Washington Hospital also has an Outpatient Diabetes Center, at 3575 Beacon Ave., Fremont 94538, (510) 745-6556, open Monday - Friday, 8:30 a.m. to 5 p.m.

Getting diagnosed with diabetes can be overwhelming, but Washington Hospital's staff teaches the skills needed to control diabetes for a lifetime and help patients stay on track with their care. Research shows that diabetes education helps people prevent, delay or reverse complications through effective self-management. Diabetes professionals work with patients, their family and their physician to design a plan that can fit into the patient's life

# Alameda County Supervisor Scott Haggerty presents

# Booster Seat Giveaway & Family Fair

# Saturday, April 16, 2016

10:00am-3:00pm

# **American High School**

36300 Fremont Blvd., Fremont

Please enter the front driveway from ALDER AVENUE

# **Event Details**

Brand new high-back and low-back child safety booster seats will be **FREE**\* to Alameda County residents in need. Certified personnel will properly fit and install seats in vehicles. Seats will be distributed on a first-come, first-served basis, while supplies last.

# \*Booster seat eligibility requirements:

Must provide proof of Alameda County residency, and parent, vehicle and child must be present.

Seats will accommodate children 4+ years of age weighing between 40-110lbs and 40-57 inches tall

**FREE** BBQ lunch, kids entertainment, and community resource fair also available. Food served from 11:30am-2:00pm.

For more information on the event, please contact Leah Doyle-Stevens at 925-551-6995.

# **Event Partners:**









Mayor Bill Harrison Councilmember Sue Chan Councilmember Vinnie Bacon Councilmember Rick Jones









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AWIT

# Helpîng many în need

# SUBMITTED BY LISA HALLAS

"Adolescence is a difficult time for many children. It's a time of transition both physically and psychologically and for some, a time of great pressure," says Alanna Powell, founder and president of Boldly Me. "Boldly Me is helping students transition through adolescence and avoid many of the pitfalls teenagers face from peer pressure to aggressive behavior, bullying and self-victimization."

The volunteer-driven organization provides classes, personal consultations, mentorship, retreats, physical activities and recreational events. Through these services, children in need are building their self-esteem through self-compassion, getting physically well, and also gaining financial stability. It is a process that starts with education and empathy and continues on through mentoring and life skills. As one Boldly Me Quest student says, "I'm so glad I've had the chance to work with you (Alanna Powell) on this project and help spread the message of Boldly Me. I came into the BoldQuest group ecstatic to join up and get to

work. My chances of graduation were sketchy and you have been a lifesaver in helping me to achieve my goal of graduating... while we may be moving on from



school, I know the things you've taught us will stick with us."

Since 2012, Boldly Me has served 5,000 students. These students suffered from many difficulties ranging from physical handicaps, mental health issues from bullying, abuse, gang influences and self-medicating due to depression among others. Before Boldly Me, there were few programs that reached out, listened to and mentored these children. Although Boldly Me does not provide therapy to students, with the help of Dr. Richard LaBelle, a robust curriculum has been created and implemented through assemblies, classroom programs,

and one-on-one coaching in many elementary, middle, and high schools. 15 trainers and 60 volunteers educate children and their families on how to be resilient, as well as provide strategies for preventing and intervening desperate thoughts and unhealthy behaviors. It has filled a void in Fremont and other Bay Area cities and they continue to reach out to those in need as demand for these programs continues.

Through a study of over 1,400 students at Irvington High School by the St. Louis University School of Medicine, it was found that anxiety and depression levels at Irvington were double that of its own student population: 79.5 percent of students experience moderate to high anxiety and 54.5 percent reported moderate to severe depression. There are many other schools in the Bay Area that are seeing the effects of anxiety and depression in their students as well.

On average, Boldly Me offers over 50 classes, consultations and recreational activities monthly to the community. With demand for its services growing, Boldly Me needs support to continue its growth. The 4th anniversary "Boldly Me Promise Event" gives you an opportunity to support Boldly Me and the important services they provide to the com-



munity. The Promise Event will take place on Friday, April 29 at Massimo's. At this exciting event, you will hear success stories from Boldly Me Quest students, be inspired by Powell as she shares her journey and commitment to making a difference in the community, meet and hear community partners describe the drastic need for mental health programs, and watch an uplifting documentary on the work of Boldly Me.

Please join the Boldly Me team and other community members to learn more about the work of this organization and help support its important programs. Top sponsors for this event include: Kaiser Permanente, Washington Hospital Healthcare Systems, Mayor Bill Harrison, East Bay Community Foundation, Dan States, Dutra Enterprises, Dr. Richard and Nancy LaBelle, Saul Bromberger, Kris and Chris Goldthorpe, Sandra Hoover Photography, John Rosin, Jason and Alanna Powell.

There is limited seating for this event, so don't wait! To become a sponsor or to purchase tickets, please visit www.boldlyme.org.

Boldly Me Promise Event Friday, Apr 29 6:30 p.m. – 8:30 p.m. Massimo's 5200 Mowry Ave, Fremont (408) 768-9257 www.boldlyme.org Tickets: \$100

### WHAT'S HAPPENING'S TRI-CITY VOICE

continued from page 1

# CBC Celebration hails the Monkey King

CBC is proud to honor Fremont Vice Mayor Lily Mei as Citizen of the Year, and the dynamic trio Anny Kan, Wing Ng, and Wendy Wong as Volunteers of the Year because of their outstanding contributions of time and effort to make the CBC Toastmasters Youth Leadership Program such a success each year.

The annual Spring Celebration, through the generous donations of corporate and individual sponsors, is the major fundraiser for CBC, and the funds raised are returned to the community though CBC sponsorship of many Tri-City-based nonprofit organizations. A partial list of major sponsors for this event include: Milpitas Square, Kaiser Permanente, Robson Homes, TRI Pointe Homes, and Washington Hospital.

Tickets are \$88 per person or \$800 for a table of 10, and are available online at www.cbcsfbay.org. Tickets are tax deductible, less \$50 as the fair market value for the cost of the meal. For more information about the event, please contact Kathy Jang at (510) 790-0740 or kjang@cbcsfbay.org.

CBC Spring Celebration Saturday, Apr 23 5:30 p.m. Royal Palace Banquet Hall 6058 Stevenson Blvd, Fremont (510) 790-0740 www.cbcsfbay.org Tickets: \$88 per person or \$800 table of 10

# Booster Seat Giveaway & Family Fair

# SUBMITTED BY SUPERVISOR SCOTT HAGGERTY

Alameda County District 1 Supervisor Scott Haggerty presents "Booster Seat Giveaway and Family Fair" on Saturday, April 16 at American High School in Fremont. Brand new high-back and low-back child safety booster seats will be free to Alameda County residents in need. Certified personnel will properly fit and install seats in vehicles. Seats will be distributed on a first-come, first-served basis while supplies last.

This event is open to the public, but in order to be eligible for a vehicle booster safety seat, parents must provide proof of Alameda County residency. The existing safety seat must be either outgrown, outdated, or in rare instances, not present due to lack of means. Both the child and the vehicle must also be present to be eligible. Seats will accommodate children ages 4 and older weighing between 40-110 lbs. and are 40-57 inches tall.

The event will also include an information fair offering details regarding Fremont area youth and family services and programs, as well as those offered by Alameda County and the state. Representatives will be present to answer questions and assist with enrollment when necessary. A free barbeque lunch will be served, and family-friendly fun and entertainment are scheduled. Please contact Leah Doyle-Stevens at (925) 551-6995 for additional information.

> Booster Seat Giveaway & Family Fair Saturday, Apr 16 10 a.m. – 3 p.m. American High School (Enter from Alder Ave) 36300 Fremont Blvd, Fremont (925) 551-6995 www.acgov.org/board/district1/ Free for Alameda County residents

# East Bay Hand & Plastic Surgery Center

We customize treatments for your individual needs Highly skilled and trained in all aspects of Cosmetic Surgery

# **Complimentary Cosmetic Consultations**

Please prepare for an hour of being educated in the procedure that interest you most All Botox and Filler injectable treatments are done by Dr Kilaru Due to the recent price increase of botox from the manufacturer we must also raise the price.

- Mommy Makeover Specialist Jump into Spring with a new refreshed you!
- Breast Augmentation
- Breast Lift
- Tummy Tuck
- Breast Reduction
- Upper/Lower Eyes
- Liposuction
- Body Contouring
- · Corrective Surgery after weight loss



Dr. Prasad G. Kilaru, MD, MBA Diplomate, American Board of Plastic Surgery 15 years experience in cosmetic surgery

Restore facial volume, reduce wrinkles Botox @ \$13 a Unit (Limited time) JUVEDERM® Ultra \$500 per syringe and receive 10 FREE units of Botox juverderm Ultra Plus \$550 JUVEDERM® Voluma XC \$750 per syringe Purchase 2 syringes and receive one FREE syringe JUVEDERM® ULTRA The first and only FDA-approved filler to correct age-related volume loss in the midface for natural-looking results - Last up to 2 years

**Must Mention Ad for Discounts** 

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# Vector Control District to hold open house

# SUBMITTED BY SANTA CLARA COUNTY PUBLIC AFFAIRS

The Santa Clara County Vector Control District will host its second annual open house on Wednesday, April 20. The family-friendly open house will include an insect zoo; displays on mosquito and vector prevention and control; rodent exhibits; marshland vehicles; wildlife talks; and light snacks. Bring your children, friends or co-workers to participate in events throughout the day, including laboratory tours, mosquitofish breeding facility tours, insect art and crafts, educational games, and much more.

The Vector Control District is a County public health program that controls and monitors disease-carrying insects such as mosquitoes and ticks, and other harmful pests such as yellow jackets and rats. All its services are free and paid by property assessments, including mosquito inspection and control, delivery of mosquitofish, inspection and advice for rats and mice, insect identification, wildlife advice and inspection, and community presentations.

> Vector Control District Open House Wednesday, Apr 20 9 a.m. – 3 p.m. Santa Clara Vector Control District 1580 Berger Dr, San Jose (408) 918-4770 www.sccgov.org/sites/vector/Pages/vcd.aspx

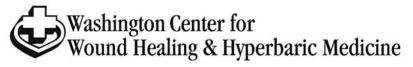
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# LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published.

Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.

#### Page 6

April 12, 2016



# LETTER TO THE EDITOR Land capacity is finite

When are Fremont's City Fathers soing to acknowledge that at the outset - developers have a fallback plan which they know they are likely to use?

Developers offer Fremont an initial plan with pack 'em and stack 'em units, outrageous building height, minimal parking with everybody's favorite - tandem parking, tiny setbacks from street and sidewalk, and laughable grassy open areas sans trees.

Builders are not the only ones to blame. Our elected officials and city planners must be fully aware of how schools and traffic are affected by this new housing. They wouldn't live there on a bet.

The public gets invited to meetings where the results are a foregone conclusion. The developers make a few (pre-determined) concessions; the City Fathers save face, and the construction proceeds.

When all the neighborhoods of Fremont (Centerville in particular) become as sretched as the areas from which new residents escaped, long time residents will wonder shy the Fremont officials never woke up and said ENOUGH. It makes me wonder if anybody deciding the future of our town ever took a basic biology class because nobody seems to grasp the concept of the CAR-RYING CAPACITY OF THE LAND: it is finite.

> Sharon Brown **Centerville** (Fremont)





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e do it every day, most of us without knowing that we are actually using two languages to convey our meaning. When a person says to another, "Welcome, I'm glad you came, come on in," there is usually a gesture made as well: the right palm up, a little to the side, and drawn toward the body. That simple, lovely, speaking gesture can stand alone and still say, "Welcome."

American Sign Language (ASL) in California alone is the primary language of nearly 400,000 people. In many states, high schools and universities accept ASL as a foreign language requirement. Now, along with the National Association of the Deaf (NAD), National Theatre of the Deaf (NTD), and the U.S. Deaf Sports Federation (USDSF), parts of sign languages used worldwide are being pulled together to establish an International Sign Language (ISL) that will facilitate communication between nations. The World Federation of the Deaf (WFD) reaches out to approximately 70 million Deaf people worldwide. A WFD representative said, "ISL is only a portable language. It will exist only as long as Deaf people from different countries gather together." Just imagine sharing meaning and understanding others, wherever you may travel. That dream is coming true, facilitated by community gatherings worldwide. Fremont has been participating in reaching this goal for four years now and is celebrating their 4th annual "Family Fun Weekend" (FFW) this month. Laura Petersen, early intervention educational consultant at California School for the Deaf (CSDF) in Fremont, says, "Families with Deaf and hard-of-hearing children throughout Northern California no longer need feel isolated, or lacking in opportunities to interact with Deaf adults, other Deaf children and other families with Deaf children. Our FFW is an opportunity to practice signing and learn from Deaf professionals as well as share experiences with other families.

outreach efforts are working. We have a family from Fort Bragg and another from San Louis Obispo participating this year."

Adult family members will be in workshops dealing with such topics as guided reading strategies, conversational ASL and resources, as well as kindergarten readiness. There will also be discussion groups with other families with similar aged Deaf children.

The young ones will participate in a carnival-themed Kids Camp with art, science, and recreational activities run by experienced staff. Deaf and hard-of-hearing kids and their siblings get a chance to

language, ASL," was belittled by the AG Bell Association. Their response to DiMarco's newest goal (he is vying for a White House correspondents' dinner invitation) prompted a counterresponse, from Petersen. "I am incensed by AG Bell Association's condescending response to Nyle DiMarco. Whereas DiMarco is using his notoriety and success to bring people together, your association is continuing to push parents and the Deaf community aside. You force parents to choose listening and speaking for their child instead of sharing all the opportunities for language acquisition that are available and that scientific research has proven to be most beneficial." No doubt,

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# LETTERS POLICY

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interact, make new friends and realize they are not alone.



Being Deaf is not an insurmountable hurdle. There are many success stories emerging from the Deaf community. It would be a rare individual who hasn't seen Marlee Matlin, the beautiful and talented Deaf actress who won an Academy Award for her leading role in "Children of a Lesser God." If you follow "Dancing with the Stars" or "America's Next Top Model" you have seen Nyle DiMarco's amazing successes in tough competitions. Being Deaf has not held this guy back, at all.

DiMarco is also a political activist who worked to pass bill SB-210, aiming to ensure all Deaf and hard-of-hearing children are kindergarten ready in the California education system, which passed in October. DiMarco's statement, "There are so many Deaf kids out there being deprived of their own

this controversial issue will be discussed at the FFW where there will also be Spanish and ASL interpreters available.

Folks at California School for the Deaf in Fremont are saying/signing, "Welcome, let's celebrate growth. Come out with us and party."

Family Fun Weekend Friday – Sunday, Apr 22 - 24 6 p.m. Friday – 1 p.m. Sunday

California School for the Deaf 39350 Gallaudet Dr, Fremont (510) 794-3751 www.csdeagles.com/ffw to register Cost: \$150 for a family of 4 needing overnight accommodations \$120 for local families \$20 additional children, \$40 for additional adults All meals provided by CSDF's culinary program, FEAST

# Interviews are Happening Now to:

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# **Counseling Corner**

# Are You Prepared For Your Next Job?

# BY ANNE CHAN, PHD, MFT

any employees dream of moving up the career ladder, getting more responsibility, and commanding a higher salary. Yet, few are willing to do the work that it takes to get to the next level – it seems to me that they hope that their boss will promote them . . . well . . . just because it's "time" for them to be promoted. This is most likely wishful thinking – few are lucky enough to have bosses who look out for them and mentor them into career success. However, the good news is there are many concrete steps you can take to help your promotion.

First, determine what your next job could be. For those who have difficulty figuring out what their next level is, I would recommend taking a look at the org chart in your company as well as the org charts in other work places. Having a close look at org charts can help you determine what types of jobs are linked to yours and what might be a natural progression from your current job.

Another strategy is to envision what you would like your resume to look like in 5 to 10 years. What skills do you hope to be able to showcase? What job title would you love to have? These two questions can help you figure out what your next job(s) might be. I never discourage people from dreaming big – if your dream is to be a CEO, look at the career paths of CEOs you admire and see how they got there. You, too, can fashion a similar path. Now that you've determined what job you would like next, start doing an inventory of the skills you would need in order to get promoted to this new position. You can do internet searches on the types of skills associated with this position. Another trick is to look at job ads

for comparable positions and note down the job requirements that are commonly mentioned.

At this point, you might get a little discouraged. For instance, someone who has been an administrative assistant for years might want to become an office manager, but his/her current position offers no opportunities to get such experience. Fear not – there are a variety of ways one can get management as well as other skills. Here are my favorite ways for people to get skills training and enhance their resumes:

Take courses to get additional training. Remember: Courses that are relevant to your new job can be highlighted in your resume. These days, there are a plethora of choices when it comes to taking courses. Start with your own company what additional training opportunities do they offer, both online and in the community? Many companies encourage their employees to get additional training and will even subsidize the cost of tuition and books. Do check out local community colleges and adult schools like Ohlone in Fremont and Chabot in Hayward. These colleges offer courses tailored to working adults. Another good resource is the website www.coursera.org - this website offers an amazing variety of online courses that you can take

doing extra – think of this as a volunteer opportunity, not a money-making opportunity.

If you need experience right away, consider volunteering in the organizations you (or your kids or your extended family) belong to. Nonprofits are always in need of an extra pair of hands. You can easily get the experience you crave, particularly if you or someone you know are already affiliated with a nonprofit. If you do not belong to any organization, check out www.volunteermatch.org to find a suitable placement for yourself.

Talk to people who are working in the job you would like. Conduct informational interviews to get helpful advice, insider's tips, as well as expand your network. One way to meet more people is to look at www.meetup.com. You can also find people via LinkedIn or through your college alumni association.

I always tell my clients, "Luck favors the prepared." By this, I mean that those who get lucky in their careers are those who took the steps needed to get job promotions and opportunities. Remember that even the smallest of steps can lead to big, positive changes. So please don't wait – now is the time to start planning your next career steps. Better yet, now is the time to take action steps. The bottom line is: You are in charge of your promotion. TIMOTHY J. GAVIN Attorney at Law

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Anne Chan is a career counselor and licensed psychotherapist in Union City. She specializes in helping people find happiness in their careers, lives, and relationships. She can be contacted at (510) 744-1781.

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# give mom less stress

# **DIRT! The Movie**

# SUBMITTED BY REV. JEFFREY SPENCER

The relationship between dirt and humans couldn't be closer. We started our journey together as stardust, swirled by cosmic forces into our galaxy, solar system, and planet. We are made of the same stuff. Four billion years of evolution created dirt as the living source of all life on Earth including humans. Dirt has given us food, shelter, fuel, medicine, ceramics, flowers, cosmetics and color everything needed for our survival.

For most of the last ten thousand years humans understood our intimate bond with dirt and the rest of nature. They took care of the soils that took care of them. But, over time, humanity has lost that connection. Because of greed and carelessness, human beings now abuse and ignore it, though we continue to depend on it.

DIRT! The Movie narrated by Jamie Lee Curtis brings to life the environmental, economic, social, and political impact that the soil has. It shares the stories of experts from all over the world who study and are able to harness the beauty and power of a respectful and mutually beneficial relationship with soil. As much as it is a history and science lesson, this film is a call to action. "When humans arrived 2 million years ago, everything changed for dirt. And from that moment on, the fate of dirt and humans has been intimately linked."

The Second Saturday Documentary Series offers a free screening of DIRT! The Movie on Saturday, April 9 at Niles Discovery Church in Fremont. Donations are welcome to help defray costs. A discussion will follow the screening.

This screening is part of the Second Saturday Documentary Series, a film series co-sponsored by Niles Discovery Church and the San Jose Peace and Justice Center. The Economic Justice Film Series acquired the rights to show this film.

> Dirt! The Movie Saturday, Apr 9 1:30 p.m. Niles Discovery Church 36600 Niles Blvd, Fremont (510) 797-0895 Free and donations gladly accepted

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Page 8

# BUSINESS

# American Swim Academy Job Fair

# SUBMITTED BY Jennifer Lee Oliveira

American Swim Academy is holding a Job Fair on Wednesday, April 13. Do you love working with children? Do you want to join a fun and growing company? American Swim Academy is looking for energetic people with positive attitudes to join our Team! We are hiring part-time swim instructors.

Bring your resume and/or application. Take a tour of our facility, and see what it's like to be a part of our team! On site interviews will also take place or can be scheduled at a later date.

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Year-round employment Indoor, heated pools Register for American Swim Academy's Job Fair at Eventbrite or apply online and download the application at: www.American-SwimAcademy.com

For further information, call (510) 657-7946 and ask to speak to a hiring manager.

American Swim Academy Job Fair Wednesday, Apr 13 5 p.m. – 7 p.m. 4150 Technology Pl, Fremont (510) 657-7946 www.AmericanSwimAcademy.com

# Microsoft pitches smart chats with computers

BY BRANDON BAILEY AP TECHNOLOGY WRITER

SAN FRANCISCO (AP), Microsoft wants you to talk more with your computer – and have more useful conversations.

The giant software company is promoting new uses for Cortana – its voice-activated answer to Apple's Siri digital assistant – including the ability to interact with software ``bots" that can have limited conversations with users and help with tasks like booking a hotel room, ordering a meal or arranging a delivery.

Voice-activated services like Siri, ``OK Google," or Amazon's Alexa can already perform tasks for users like playing a song at a request or answering a question. Bots are smarter than traditional software apps, though, using artificial intelligence to respond to a wider range of commands and in a convenient, conversational way.

Microsoft CEO Satya Nadella, at the opening Wednesday of the company's annual conference for software developers, touted the power of ``conversational intelligence" as he outlined a long-term vision in which Cortana, a central feature of Windows 10, becomes a digital concierge for other online interactions.

``Bots are the new apps," Nadella told developers. Lilian Rincon, a program manager for Microsoft's Skype service, demonstrated how this might work. After receiving a

video message from her boss that mentioned an upcoming conference in Dublin, Rincon used Cortana to mark the dates on her calendar. Cortana then used Skype to contact a hotel chain's bot, which suggested a room and helped Rincon make a reservation for those dates.

Integrating Cortana with other companies' bots could increase the use of Microsoft's services, and make them more valuable, said analyst Ross MacMillan, who follows tech companies for RBC Capital Markets, in an email on

# Oculus Rift begins shipping; reviews suggest waiting is OK

# BY RYAN NAKASHIMA AP BUSINESS WRITER

LOS ANGELES (AP), The first consumer-ready Oculus Rift virtual-reality headset was delivered to a real person over the weekend, and reviewers got their first taste. The initial feedback: It's a beautiful, wonderful device that immerses you, yet it still has a ways to go.

Oculus founder Palmer Luckey hand-delivered the first Rift to software developer Ross Martin in Anchorage, Alaska, on Saturday, kicking off a new era in virtual reality by putting the most powerful VR device yet into a consumer's hands.

Martin, who had never tried VR before, spent a few hours on the Rift Monday morning. He watched a short movie, played a game and explored a virtual environment that included an up-close encounter with a Tyrannosaurus Rex.

"I couldn't stop saying, 'Wow,'" Martin, a 33-year-old Web developer, said in an interview. But he said that he felt a touch of nausea at times and that the resolution could be better.

"If you're a gamer, this is right up your alley," he said. "You're going to be able to forgive that."

Oculus has said it's sending the Rift to its first Kickstarter backers first, followed by those who ordered one in January for \$600, or at least \$1,500 with a high-end personal computer included. Oculus, which began crowd-funding through Kickstarter in August 2012, was acquired by Facebook for \$2 billion in 2014 and has shipped two developer versions so far. Expectations for a consumer version have been high. There's a backlog of orders and if you order now, you can expect delivery in July. It's not clear, though, how many units Oculus made for the first round - and whether there will ultimately be much demand beyond gamers and hard-core technologists.

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Wednesday.

Bots are not perfect, however. Microsoft recently shut down an experimental Internet bot called ``Tay" after some Twitter users taught it to make offensive statements.

Nadella acknowledged the episode Wednesday, saying it shows the importance of designing technology to be ``inclusive and respectful."

Cortana isn't as well-known as Siri or OK Google. But unlike those services, which are mostly found on smartphones and tablets, Microsoft has made Cortana available on desktop and laptop PCs, via Windows 10.

But Microsoft, after seeing its business suffer because fewer people buy new PCs, has also released Cortana as an app for smartphones and tablets that run Apple's iOS or Google's Android operating software. Similarly, Skype also works on those platforms.

Microsoft is now releasing programming tools for developers to build bots that will interact with Cortana. Not surprisingly, Microsoft would be glad to see people use these services on Skype, the Internet video and voicecalling service that it owns. But some of its tools for creating bots will work with other messaging services: Microsoft listed Slack and standard text messaging, among others.

Microsoft Corp. also on Wednesday announced a free upgrade this summer to Windows 10 that adds some new features and expands others. The company has touted Windows 10 as the operating system for a wide range of devices, from personal computers to hand-held gadgets, Xbox game consoles and even the company's HoloLens augmented-reality headset.

Microsoft says Windows 10 is now running on 270 million devices, up from 200 million in January. Analysts say that's a respectable figure, considering it was released last July, although Microsoft is aiming for 1 billion devices in a few years.

The Windows 10 upgrade will include expanded abilities for Cortana, which will be able to provide reminders or answer questions even if it's on a device, such as a tablet or smartphone, where the user hasn't unlocked the screen.

Another new feature will extend Microsoft's biometric software, Windows Hello, so users can log into more apps and online accounts through fingerprint or facial recognition. The upgrade also expands the ways in which uses can write their own notes or draw lines and sketches with a digital pen on websites, maps and other images that are displayed on their screens. Early reviews by journalists have been mixed.

Steven Tweedie of Business Insider was glowingly positive in his review of the Rift, relishing the greater presence he felt in both games and narrative stories.

"Everything feels like it means more: there's a heightened connection to characters, both in games and short films, and the action carries weight," he wrote.

But he noted its hefty price tag "is undoubtedly the biggest thing keeping more people from getting the chance to try virtual reality."

Time's Lisa Eadicicco called the Rift "expensive, complicated, and totally wonderful." She added, "It's brilliant. It's fascinating. It's not perfect, but it's only getting started."

Several reviewers, including IGN's Dan Stapleton, wrote that because the Rift doesn't come with controllers that allow for separate actions by each hand, the Rift will suffer compared with the HTC Vive, which will have such controllers included when it comes out next month. Oculus expects its "Touch" controllers to come out later this year.

Wired reviewer Peter Rubin similarly bemoaned the lack of games using Touch.

Nathan Olivarez-Giles of The Wall Street Journal wasn't wowed by all the 30 games that were available at launch.

And he wrote that nausea, a consistent complaint among VR headset users, was real.

"When I pushed myself to play 'Valkyrie' for as long as 45 minutes nonstop, I took aspirin to fight off a headache."

# How the cost of living compares in California and New York

#### **AP WIRE SERVICE**

SACRAMENTO, Calif. (AP), California and New York, two states set to approve a \$15 minimum wage, are among the nation's most expensive places to live.

New Yorkers need to make 40 cents more than Californians every hour to earn enough for a normal standard of living, called the living wage, according to calculations by the Department of Urban Studies and Planning at the Massachusetts Institute of Technology.

While food, housing and transportation costs are similar, child care is typically twice as expensive in New York, and a single adult pays about \$600 less in state taxes every year in California. Here's how far a living wage goes in the two states, with figures based on the annual cost of living for a single adult, unless otherwise specified, and price parities showing how much goods and services cost above the national average.

# CALIFORNIA

Living wage: \$12.35 per hour, 40 hours per week Housing: \$10,575 Food: \$3,607 Transportation: \$4,054 Child care (two adults, two children): \$9,869 Price parity: 12.3 percent People living below poverty level: 16.4 percent Population: 38.8 million

# **NEW YORK**

Living wage: \$12.75 per hour, 40 hours per week Housing: \$11,192 Food: \$3,509 Transportation: \$3,764 Child care (two adults, two children): \$20,250 Price parity: 15.3 percent People living below poverty level: 15.9 percent Population: 19.7 million

Sources: Cost-of-living figures from ongoing MIT study of income and expenses; price parities from the U.S. Bureau of Economic Analysis; population and poverty figures from the U.S. Census Bureau.

# Looking for calorie labels on menus? Not until 2017

# By Mary Clare Jalonick Associated Press

WASHINGTON (AP), Wondering how many calories are in that hamburger? Chain restaurants still don't have to tell you, despite a 6-year-old law requiring calorie labels on menus.

Passed as part of the health care overhaul in 2010, the rules will eventually require restaurants and other establishments that sell prepared foods and have 20 or more locations to post the calorie content of food "clearly and conspicuously" on their menus, menu boards and displays.

This month, the Food and Drug Administration said it will delay the rules – again – until 2017.

The years of delays have come as supermarkets, convenience stores and other retailers that are covered by the rules but never wanted to be part of the law have fiercely lobbied against them. The move will leave the final step to a new president, despite the Obama administration's staunch support of menu labeling and other food policy to help Americans eat more healthfully. And it will give opponents more time to gather support for legislation that rules, saying they don't make sense for companies that take most of their orders online.

Margo Wootan is a lobbyist at the Center for Science and the Public Interest who was part of the original coalition and has pushed for the supermarkets to be included. She says she is frustrated that consumers are still waiting for the calorie information.

"Not only is it simple and straightforward but so many states and localities have already done this," she said.

Menu labeling is already required in a handful of places, including Vermont, New York City and Montgomery County, Maryland. But several other states put off their laws in anticipation of the federal rules.

California, for example, passed a law in 2008 but put that on hold after the federal standards became law in 2010. Today, menu labeling still isn't enforced there.

"We are very frustrated," says Harold Goldstein of the California Center for Public Health Advocacy. "We call on the federal government to issue its regulations immediately and allow both state and federal law to go into effect."

The latest delay came after Congress included language in a year-end spending bill in December that allowed FDA to put off the December 2016 date until a year after it publishes the final guidance for retailers who have to put the rules in place. This month, the agency said it is still working on those guidelines. "The FDA cannot speculate on the timing on when final guidance will be issued," said spokeswoman Lauren Kotwicki. stores, said the delays only seem fair as some of the rules are complicated. In grocery stores, for example, the labeling rules apply to prepared foods, but exclude those that are typically intended for more than one person. That could mean cut fruit or other foods would be labeled in a salad bar, but not in a larger container for sale.

"The anxiety is that they're going to get it wrong," Rosado said. "Maybe the font size isn't right for their label or they rounded the calorie count the wrong way."

The Food Marketing Institute is backing legislation that passed the House earlier this year that would make it easier for some businesses to comply with the rules. It would narrow labeling requirements for supermarkets by allowing stores to use a menu or menu board in a prepared foods area instead of putting labels on individual items. It would also allow restaurants like pizza chains that receive most of their orders remotely to post calories online instead of at the retail location. The bill also seeks to ensure that establishments aren't punished for mislabeling due to inadvertent human error. The House bill passed in February with some Democratic support, but the Senate has yet to move on the issue. The Food Marketing Institute, pizza companies and other groups which have pushed back on the rules are working to gather more support. Meanwhile, as Washington delays, some companies have already put the labeling in place. Consumers can find the labels by individual items on menu boards at McDonalds, Panera, Starbucks and Au Bon Pain. Others are waiting for the deadline.



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# **NEWARK-FREMONT LEGAL CENTER**



38750 Paseo Padre Pky., Ste. A-4, Fremont

# Senior Helpline

would roll back some of the requirements.

Restaurants and other retailers originally had until the end of 2015 to comply. Last summer, the FDA pushed that deadline back to the end of 2016. This month, they pushed the deadline back again.

Grocery stores and convenience stores have said the rules would be more burdensome for them than they would be for restaurants, which typically have more limited offerings. Pizza chains like Domino's have also opposed the

Retailers have said compliance takes time. Robert Rosado of the Food Marketing Institute, an association that represents grocery

# (510) 574-2041

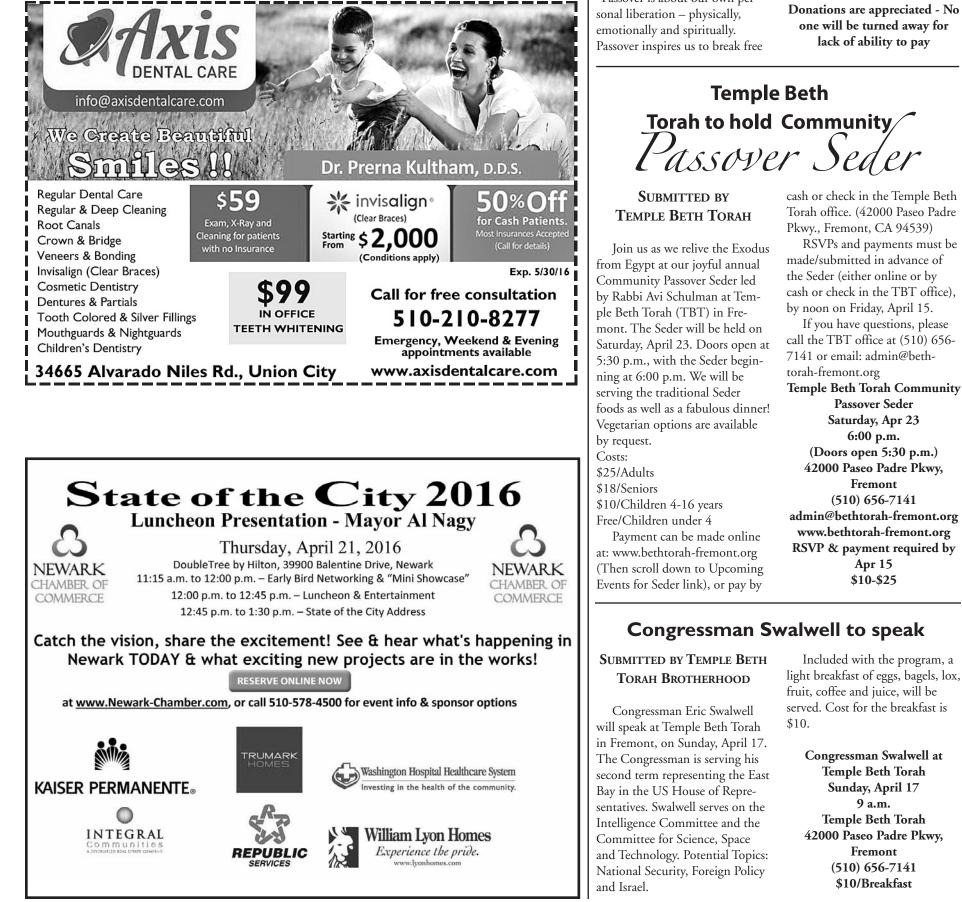
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# Call for vendors for Hayward's bike festival

# SUBMITTED BY HAYWARD **CHAMBER OF COMMERCE**

Be part of a great family event that draws thousands to downtown Hayward on a sunny, spring day to celebrate bicycling. Downtown Hayward's "Bike Festival & Cyclepath BMX Street Jam" will be held on Saturday, May 14. Your business or organization will get a head start on summer promotion with an exhibitor space on one of the four

downtown blocks set aside for this unique event. You can call us at (510) 537-2424, visit the chamber office at 22561 Main St., or visit www.hayward.org for more information.

**Bike Festival &** Cyclepath BMX Street Jam Saturday, May 14 11 a.m. – 4 p.m. B St & Main St, Hayward (510) 537-2424 www.hayward.org Vendor fees: \$75-\$150

Passover Seder at **Chabad of Fremont** 

# **SUBMITTED BY NEAL GREENBERG**

Few Jewish holidays evoke the same warm sentiments as Passover. Memories of family and friends gathered as four cups of wine are poured, four questions asked and the Matzah (Cracker) served; all contribute to Passover's popularity in the Jewish community. Bringing the warmth and tradition of this festival to the Tri-City Community, Chabad Jewish Center is inviting all residents to participate in community Seders (Dinners) to be held on Friday night, April 22, and again on Saturday night, April 23.

The Seders take participants through the wondrous liberation of our ancestors from Egyptian bondage, while sharing the relevance and beauty of the age old festival in modern lives. Included in the Seder will be a delectable catered dinner paired with a variety of fine imported wines and handmade round 'Shmurah' Matzah from Israel.

"Passover is not simply a celebration of the historic liberation of an ancient people," said Rabbi Fuss, Chabad Jewish Center, "Passover is about our own perfrom the shackles restraining us from reaching new heights - in our lives, relationships and connection with G-d."

The eight-day festival of Passover is celebrated this year from sundown on Friday, April 22 until after nightfall on Saturday, April 30. In addition to the two Seders, other holiday observances include restricting the consumption of leavened products such as bread and pasta, instead eating unleavened matzah. Additional information about the Passover holiday is available at www.ChabadFremont/Passover.

All are welcome to join the community Seder, regardless of Jewish affiliation or background. Reservations can be made online at: www.ChabadFremont/Passover 2016

Chabad Community Passover Seder Friday, Apr 22 and Saturday, Apr 23 7 p.m. Chabad Jewish Center 220 Yerba Buena Pl, **RSVP:** www.ChabadFremont/Passover 2016

WHAT'S HAPPENING'S TRI-CITY VOICE



# Morpho celebrates sales milestone







The word "Morpho" sounds like a sci-fi thriller that implies a combination of mystery sleuth, high tech and suspense. In some ways, Morpho, the company could be classified as something akin to all of these attributes. Nestled in the Gateway complex of Newark, this worldwide enterprise creates and manufactures a critical safety component of air travel around the world.

Morpho is responsible for a majority of all baggage scanners used by airports around the world to determine if there is a threat to the safety of airline Morpho is responsible for a majority of all baggage scanners used by airports around the world to determine if there is a threat to the safety of airline passengers. passengers. Serving an expanding market for over 20 years with increasing reliance on vigilance, this critical component of air travel has become a linchpin behind the scenes at many airports. CEO Karen Bomba at Morpho Detection's Newark headquarters and global manufacturing center says that Morpho is a leader in this field because they provide superior image resolution and maintenance of Morpho products. She added that if scanning is delayed due to maintenance issues, passengers may arrive at their destination

on time but without their baggage.

Behind the scenes of airports around the world, Morpho ensures baggage security and allows operators to monitor baggage traveling through a labyrinth of paths to ensure simultaneous arrival of passengers and their luggage. To unravel the mystery of inspecting thousands of suitcases and reveal any suspicious contents is a challenge but a series of algorithms and high tech computer sleuthing is able to do the job every hour of every day.

Morpho employees from work locations throughout the world gathered and communicated through video link on April 5th (U.S.) to celebrate the 2,000th explosives detection systems (EDS) shipped worldwide. The high-speed CTX 9800 DSi<sup>TM</sup>, destined for London Heathrow Airport, is part of a contract announced in April 2015 to supply 45 explosives detection systems (EDS) to screen all in-gauge baggage in four terminals. Once fully deployed, Heathrow will operate the largest fleet of CTX EDS outside of the U.S.

Rep. Eric Swalwell (CA-15), Newark Mayor Alan Nagy and Newark Chamber of Commerce CEO Valerie Boyle attended the ceremonies. Representative Swalwell commended the employees for their assistance making air travel safe and said he was scheduled to travel following a tour of the facility and felt safe due to Morpho's vigilance. He thanked Morpho employees for their work, adding, "As a member of the House Permanent Select Committee on Intelligence I know firsthand the evolving threats the U.S. and our allies face."

# Lions pancake breakfast fundraiser

# SUBMITTED BY ED STOERMER

Bring your family, friends and your appetite to the Lions annual pancake breakfast on Saturday, April 16. Gather a group and come to Centerville Presbyterian Church in Fremont.

The Dawn Breakers Lions Club members will be serving all you can eat pancakes, plus sausage, eggs, juice and coffee for just \$8 per person. Children age six and under, accompanied by an adult, are free. Chairman Mike Hale says "All funds we raise go back to the community." Some of our recipients include: California School for the Blind, California School for the Deaf, Abode, S.A.V.E. Tri City Volunteers and the EBRPD "Fishing Derby" for special kids.

Tickets for this event may be purchased from Lions members or at the door.

Email the Dawn Breakers Lions Club at: dawnbreakerslionsclub@gmail.com or call (510) 371-4065. Dawn Breakers Lions Club Breakfast Saturday, Apr 16 8 a.m. – 12 p.m. noon Centerville Presbyterian Church 4360 Central Ave, Fremont (510) 371-4065 dawnbreakerslionsclub@gmail.com \$8 (Adult accompanied children 6/and under free) continued from page 1

# Make big stuff happen on Earth Day 2016

#### Fremont:

On Saturday, April 16, learn about the care of our precious Earth at Coyote Hills Regional Park. Make changes that will conserve, protect and sustain our planet. Enjoy family fun activities while creating your own litter bug craft. View an environmental puppet show and play recycling games.

Earth Day: Reduce, Reuse, Recycle Saturday, Apr 16 9:30 a.m. – 12:00 p.m. & 1:30 p.m. – 4:00 p.m. **Coyote Hills Regional Park** 8000 Patterson Ranch Rd, Fremont (510) 544-3220 www.ebparks.org Free admission; parking fee: \$5

The Central Park Rangers present "Celebrating the Natural World of Central Park and Fremont" on Saturday, April 16. Join Audubon Society volunteers and Ranger staff to learn about city wildlife and birds at Central Park by taking a nature walk around the park and learning how to record your findings.

Over the years, Duck Island has been home to a large population of nesting great egrets, snowy egrets, black-crowned night herons, green herons and cattle egrets. Stop by our booth near Area A (large picnic site near 5 Palms) to meet Ranger Sue and learn more about these amazing birds. You may even see the birds roosting or building a nest or two. Exhibitors will also share information about natural sciences, plants, birding, city wildlife and the history of Fremont. There will be hands-on activities for kids as well.

Celebrating Earth Day - Central Park Style Saturday, Apr 16 10:00 a.m. – 3:00 p.m. Nature Learning Center in **Central Park** 40224 Paseo Padre Pkwy, Fremont (510) 790-5541 www.fremont.gov/289/events Free

Bring your family, friends and bicycles to celebrate Earth Day on Saturday, April 23 at Conrad E. Anderson, MD, Auditorium at Washington West. There will be children's arts and crafts, eco-tainment, games, a bicycle rodeo, confidential paper shredding, educational booths, and a torchiere lamp exchange (limited to two per household). Make sure to bring your bike for a free tune-up by one of our local bike shops.

Other highlights include a drop-off location for old eyeglasses, collection of needles (must be in an approved sharps container), unused or unwanted medications, and the opportunity to exchange a hazardous mercury thermometer for a mercury-free thermometer at no charge. This is also a great opportunity to meet with eco-friendly experts and learn about Fremont Green Challenge to win the Georgetown University Energy Prize.

Let's Go Green Together Saturday, Apr 23 11:00 a.m. - 3:00 p.m. Conrad E. Anderson, MD, Auditorium Washington West 2500 Mowry Ave, Fremont (510) 494-4570 www.fremont.gov/EarthDay Free

Come celebrate "Earth Day Weekend" on Saturday, April 23 by joining the City of Fremont's Environmental Services Division to enhance wildlife habitat along Sabercat Creek. Our work will help stabilize soils and creek banks, filter pollutants, increase native plant diversity, and improve food and shelter for wildlife. Habitat stewards will guide you through the projects. Please bring a signed waiver form available for download at https://goo.gl/VCQTbW.

> Earth Day Weekend Saturday, Apr 23 9:00 a.m. - 12:00 p.m. Sabercat Creek Site 5 Becado Pl, Fremont (510) 494-4570 http://goo.gl/TjTSr8 Free

#### Hayward:

Join Keep Hayward Clean & Green (KHCG) Task Force in their next monthly clean-up event on Saturday, April 23 at Burbank Elementary School. These events provide Hayward

residents with an opportunity to make a real and significant difference in their neighborhoods, connect with their neighbors, qualify for community service hours, and learn about money-saving Green City programs available.

KHCG Clean-Up Event Saturday, Apr 23 8:30 a.m. - 12:00 p.m. 222 Burbank St, Hayward CleanUpInfo@hayward-ca.gov www.hayward-ca.gov/KHCG

#### Milpitas:

Witness a live bird banding demonstration provided by experts from the San Francisco Bay Bird Observatory on Saturday, April 30. An invaluable tool for conservation, restoration and mitigation research, this bird banding activity will allow participants to view a wild bird up close and personal, as well as tour an area of active habitat restoration. This tour is for ages 7 and up and lasts approximately 1.5 to 2 hours. Register at www.scvas.org/index.php?page=te xt&id=event.

Young Audubon Adventure: Spring Bird Banding Saturday, Apr 30 8:00 a.m. - 10:00 a.m. Arrive at 7:50 a.m. Meet at McCarthy Ranch Shopping Center 136 Ranch Dr, Milpitas (408) 252-3740 www.scvas.org/index.php?page =text&id=event Cost: \$25 per family or \$8 per child & \$10 per adult

# **Oakland Zoo:** On Saturday, April 23, explore a wide variety of hands-on Earth Stations at Oakland Zoo presented by dozens of Bay Area

animal and environmental organizations. Get your face painted and play with our gigantic Earth Ball. Play Animal Trivia with our cool Teen Wild Guides, enjoy live music, and get a free train ride by turning in a used cell phone for recycling. Marvel at a trapeze show with Trapeze Arts of West Oakland, and enjoy a day of taking action for wildlife.

Earth Day 2016 Saturday, Apr 23 10:00 a.m. - 3:00 p.m. Oakland Zoo 9777 Golf Links Rd, Oakland (510) 632-9525 x 122 www.oaklandzoo.org Admission: \$17.75 adults, \$13.75 children/seniors Parking fee: \$9

# San Leandro:

Friends of San Leandro Creek present the "2016 Watershed and Earth Day Festival" on Saturday, April 9 at Root Park. The event features entertainment by EarthCapades, music by Bancroft and San Leandro High School jazz bands, demonstrations by master gardener Stephen Andrews, art projects, animals from Oakland Zoo and Hayward Regional Shoreline, awards and raffle prizes, and free food.

Watershed & Earth Day Festival Saturday, Apr 9 9:30 a.m. - 12:00 p.m.: **Creek Cleanup** 12:00 p.m. - 4:00 p.m.: Festival **Root Park** E 14th St & Hays St, San Leandro slevenson@sanleandro.org http://fslc.org/ Free



# **SUBMITTED** KATHY KIMBERLIN

The Virtuoso International Flute Ensemble (VIFE) and the Fremont Education Foundation (FEF) are pleased to invite you and your family to our "Benefit Concert" in support of the After School Band (ASB) program. This event takes place at the new Dominican Sisters Dominican Center Saturday, April 16.

The Virtuoso International Flute Ensemble strives for artistic excellence in performance and nurtures character of young musicians through active participaexciting performances by the Vifers, feature ASB students from various Fremont schools and a quartet by ASB instructors.

empt, public charity, established in 1991, to encourage increased community involvement and investment in our schools. The ASB band program is open to 4th through 6th graders at all 27 elementary schools in Fremont, with over 1,400 students currently registered. This program runs efficiently with 18 ASB instructors, and support from Allegro Music.

Donations help reimburse instructors for out-of-pocket expenses and provide instruments for students who are unable to pay instrument rental fees. We are hoping to raise \$10,000 to fund the program.

We look forward to seeing you and your family at the concert

and sincerely thank you for your support. If you are unable to attend, please consider donating to the program on the FEF website: www.fremont-education.org.

**VIFE & FEF Benefit Concert** Saturday, Apr 16 2:30 p.m. - 4:00 p.m.

**Dominican** Center (behind Mission San Jose) 43326 Mission Circle, Fremont (510) 659-2561 www.fremont-education.org Free admission

# Learn how businesses SUBMITTED BY HAYWARD CHAMBER OF COMMERCE

Businesses and organizations with 100 or more employees and interested in energy savings and innovation are invited to participate in a free preview luncheon on the REV Sustainability Circle approach on Friday, April 22 at Oakland Metropolitan Golf Links. Hosts of the event are the Hayward, San Leandro and Oakland chambers of commerce in cooperation with REV Sustainability Circles.

More than 350 businesses have participated in the sustainability circle concept, resulting in significant savings in energy and water use while lowering Co2 emissions. Ann Spaulding of REV, a member of the Hayward Chamber of Commerce,

has more information and can take your RSVP at anns@revsustainability.com. Call (925) 963-0613 or visit http://revsustainability.com for more information.

> **REV Sustainability Circle Luncheon** Friday, Apr 22 11:30 a.m. – 1:30 p.m. **Oakland Metropolitan Golf Links** 10051 Doolittle Dr., Oakland (925) 963-0613 RSVP: anns@revsustainability.com http://revsustainability.com Free

# Miss Rowell Ranch Rodeo 2016



From left: Elizabeth Peixoto, 2nd runner up; Morgan Nicodemus, 2015 Rowell Ranch Rodeo Queen; Obaid Abdullah, Sunol Super Stop; Julia Chamberlain, 2016 Rowell Ranch Rodeo Queen; Jessica Segale, 1st runner up

#### SUBMITTED BY ROWELL RANCH RODEO

Julia Chamberlain, 22, has been crowned Miss Rowell Ranch Rodeo 2016 after a daylong competition held Saturday, April 2, 2016. Formally a resident of Fremont, Julia now resides in Newman, Calif., where she is an assistant trainer at Reining Horse Facility.

Competing in the four categories of horsemanship, personal interviews, appearance, and public speaking, she bested the field with her speech, "The Rowell Ranch Rodeo and Stock Contractors," featuring the King of the West, Harry Rowell, and longtime California Stock Contractor Cotton Rosser.

As Miss Rowell Ranch Rodeo, Julia will travel the state, promoting the annual Rowell Ranch Rodeo on May 20-22.

**Rowell Ranch PRCA Rodeo** Saturday, May 21 & Sunday, May 22 1:30 p.m. **Rowell Ranch Rodeo Park** 9711 Dublin Canyon Rd, Castro Valley (510) 581-2577 www.rowellranchrodeo.com Tickets: \$15-\$21

# Any day can be Earth Day

# SUBMITTED BY QUEENIE CHONG

In honor of Earth Day, Eco Club of John Gomes Elementary School, Fremont, once again organizes a



school-wide clean-up in April.The target clean-up areas include the school campus and the section of Mission Creek bordering Gomes Park. The objective is to help restore the natural environment of the school and reduce pollution into Mission Creek and, ultimately, the San Francisco Bay. To prepare for this activity, creative Eco Club members met last month to design and paint notices, banners and

posters, and hope to involve as many students and families as possible to participate in the clean-up after school on Wednesday, April 20.

The Eco Club of Gomes was established more than 15 years ago as an environmental education program for 4th through 6th graders who are interested in service learning opportunities. Under the guidance of teacher advisers Ms. Lisa Garcia and Mr. Eric Lee, this responsible group of "eco rangers" runs the weekly school-wide recycling program by working together to collect recycling bins from all areas of the campus. Such service opportunities provide life-long rewards to our students by proving to everyone that, yes, we can make a difference.

During the Club's monthly meetings, students participate in hands-on science lessons that promote ecological awareness, values, attitudes, and behavior. We explore waste reduction, recycling management, preservation of our natural resources, 4 R's, pollution prevention, watershed ecology, climate change, and other related topics.

New this year is a paper-making workshop conducted by the Ream-Reducing Team, made up of some caring students of Mission San Jose High School. By producing new paper out of waste paper salvaged from the blue recycling bin that we use every day, Club members learn to give precious resources a new life. Activities such as these offer fun and educational opportunities for students to develop a greater sense of responsibility and an appreciation of our beautiful planet and its many natural resources. With the help of our very own stewards of the environment, any day could be Earth Dayat Gomes Elementary!

# I need a Forever Home

"goofball" who wants to be your



Sprinkles is an affectionate, outgoing and happy 4-years young girl who loves to play fetch and go for walks. She has a beautiful white coat with brown splotches and light gray spots. Check out her beautiful smile -- she might be thinking of finally finding her forever family! Good with kids 13 years old+. More information: Hayward Animal Shelter. (510) 293-7200.



# ENRICH YOUR LIFE - BECOME A VOLUNTEER!

# **Hayward Animal Shelter**

www.facebook.com/haywardanimalshelter 510-293-7200 16 Barnes Court (Near Soto & Jackson) Hayward Tuesday - Saturday Ipm - 5pm

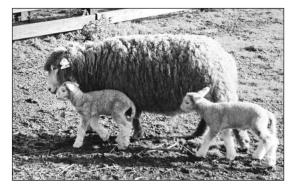
# Sheep Shearing Day is baaaaaaack!

# PHOTOS COURTESY OF EAST BAY **REGIONAL PARK DISTRICT**

Spring has sprung and it is time for Ardenwood Historic Farm to conduct the annual "Sheep Shearing Day" on Sunday, April 17. Watch as the farm's sheep get sheared, try your hand at wool carding, and see the transformation from fiber to yarn at the spinning wheel. You can make your own wooly lamb to take home. Other activities include felting, sheep crafts, and demonstrations of cooking in the outdoor wood-burning stove. There are three sheep scheduled for the annual haircut, scheduled at noon, 1 p.m. and 2 p.m.

According to Naturalist Mindy Castle, there have been approximately 1,200 visitors in the past who took part in the activity. Sheep shearing is done annually to remove an adult sheep's wool. The process must be done by skilled hands to avoid hurting the animal. A sheep's wool has many uses, such as clothing, upholstery, rugs, tennis balls, bedding products and more.

Participants are advised to wear outdoor gear or bring hats, sunscreen, and water bottle. Visitors are not allowed to bring in modern recreation equipment, including but not limited to amplified music, Frisbees, balloons, bikes, etc. Dogs are not allowed.



This is a drop-in program; no registration is required. Ardenwood admission fees are \$8 for adults, \$6 for seniors ages 62 and older, and \$5 for children ages 4-17 years. Children ages 3 and under may attend for free. For more information, call (510) 544-2797.

Sheep Shearing Day Sunday, Apr 17 11 a.m. – 3 p.m. Ardenwood Historic Farm 34600 Ardenwood Blvd, Fremont (510) 544-2797 www.ebparks.org/parks/ardenwood Admission: \$8 adults, \$6 seniors (62+), \$5 children (4-17 yrs.) Free parking



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The Little Prince

### SUBMITTED BY META METAL

The Tri-City community, the Deaf community, and students learning American Sign Language are warmly encouraged to attend the upcoming production of Cummins and Scoullar's "The Little Prince" by Rick Cummins and John Scoullar. The play runs April 21-23, and is comprised of an all-Deaf cast. It is performed in American Sign Language with voice interpretation. All of the actors are high school students at California School for the Deaf in Fremont where the play will be performed.

"The play has a hidden message," said Director Judy Catron. "It is about adults losing their inner child. Interestingly, the high school actors are in between being children and being adults. They can relate to being told to 'stop acting like kids and focus on their schoolwork.' But at the same time, they haven't yet had to think like adults to the extent of having to be at work on time or pay monthly bills. So it is a challenge for them to fully grasp the meaning behind the play, but our cast definitely discusses it."

Catron adds, "The fact that the play is performed in American Sign Language adds richness to the show. The actors are able to convey deep and complex meaning through their signs, body language, and facial expression."

The performance focuses on the acting with minimal props, allowing the audience to use their imagination. There are also several special effects designed by Assistant Director Jesse Ragsdale, such as an LED (Light Emitting Diode) umbrella.

Play director Judy Catron can relate to her cast in a unique way. When she attended high school at the California School for the Deaf, she too performed in the annual play productions. She went on to star in the on-stage production of Children of a Lesser God twice. After that, she acted in the 13episode series of the PBS broadcast The Voyage of

the Mimi. In 1986, she directed her first play at California School for the Deaf where she had her choice between Yentl and The Little Prince. That year, she opted to direct Yentl. Coming full circle, this year, she wanted to direct The Little Prince.

> The Little Prince Thursday, Apr 21 7:30 p.m. Friday, Apr 22 7:30 p.m. Saturday, Apr 23 2:00 p.m. and 7:00 p.m. California School for the Deaf 39350 Gallaudet Dr, Fremont (510) 794-3666 csdeagles.com/HighSchoolDrama \$10 Adults /\$7 Seniors (65+) and children (17 and under)







April 12, 2016



# YOUR BRAIN. BEHAVIOR CHANGES. How to identify and respond to Dementia.

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# Home & Garden

# Herb garden allies: Rosemary

# SUBMITTED AND PHOTOS BY LALITHA VISVESWARAN

certain herbal lore emerged in and around Marseilles, France, during the 1720s. The Great Bubonic Plague was sweeping Europe and one of its last outposts was the seaside town of Marseilles. In the midst of this catastrophe, grave robbers and thieves were plundering an ill and afflicted city.

One day, four such criminals were caught and about to be sentenced for their depraved actions. It was then observed that these criminals showed no signs of sickness, even with their constant exposure and proximity to corpses. They were offered amnesty in exchange for a certain herbal remedy that they claimed was their protection against all ailments, even the deadly plague.

There are various versions of this story, from which emerged a mythical and magical potion steeped in vinegar. This herbal recipe also varies each time the story is repeated. While it's true that Marseilles was the last outpost of the bubonic plague and recovered quicker than most other cities, it was likely due to the efficiency of the city's new sanitation board and a triple tier quarantine system that was established after the very first outbreak in the 1500s. Nevertheless, the Four Thieves lore took firm root in the fertile minds of the general public.

There are as many Four Thieves formulations as there are herb gardens. I, too, have created one from the herbs I grow. So can you! While we don't know if a certain concoction of herbs will prevent the ill effects of "even the bubonic plague," there is no doubt that herbs are our best plant allies. Among the many herbs that are part of my formulary, rosemary (Rosmarinus officinalis) is first in the list. The name "Rosemarinus" is derived from the Latin ros, which means "dew," and marinus, meaning "of the sea." This woody perennial herb with needle-like fragrant leaves and flowers that

range in colors like white, purple, pink and blue is a native of the Mediterranean. It can grow straight and wide like a shrub or trail prostrate as a ground cover.

Rosemary is hardy even in colder climates. It can withstand long periods of drought and go without water if necessary. Rosemary is not difficult to grow or keep in the garden and one cannot really kill it. Except that it hates freezing temperatures, cannot abide wet feet due to overwa-



tering, or withstand dry heat of the deserts, dislikes being dried out due to inconsistent watering, abhors humid environments due to susceptibility to mildew and lack of sunshine.

Not only do we have the perfect climate to sustain rosemary, we also have the luck to enjoy her brilliant blue blossoms at the end of our California winter. Don't time is a known remedy to prevent premature baldness. An infusion of the dried leaves and flowers in plain water is an effectual remedy for dandruff when used as a hair rinse. You can also add one tablespoon of rosemary vinegar to eight to twelve ounces of water and use it as a final rinse to bring shine to tired hair. Vinegar deodorizes infused vinegar, fill a glass jar 1/3 full with dried or fresh rosemary. Top it off with raw apple cider vinegar. Use chop sticks to swirl it well. Cover with parchment paper and close with a plastic lid. Don't use metal lids as the vinegar may react and corrode the metal. Shake every day for six weeks. Strain into a clean airtight bottle. You can use this in salad vinaigrette. Add a teaspoon of rosemary vinegar to eight to ten ounces of water. You can also make a medicinal oxymel by adding even quantities of honey. Adding fizzy water will make a sipping vinegar.

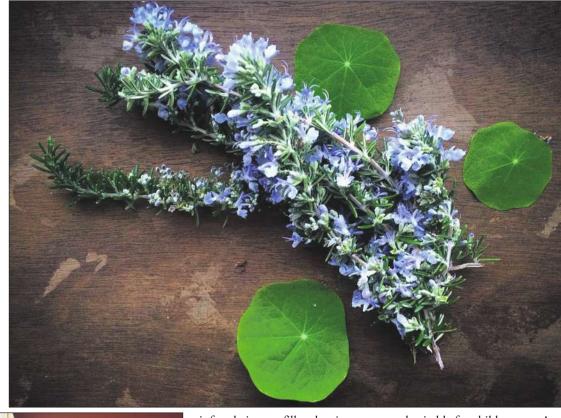
Rosemary's most useful healing characteristic is its ability to facilitate circulation. It is an excellent nervine, curing many cases of headaches, and a valuable brain tonic known for aiding memory and concentration. Even topical application brings a multitude of benefits. It is also a rubefacient, facilitating oxygen-rich blood to rise to the surface where it's applied.

Rosemary infused in white wine after being allowed to rest for a few days is said to calm down and suitable for children too. A strong brew of rosemary tea can be a good wound wash. Congestion of the chest can be relieved by steam inhalation from a boiling pot of water with a handful of rosemary strewn over it.

Perhaps she is woven in the wreath that hangs on your door. Maybe she mingles freely in the air as you burn dried rosemary like incense. She could be in your backyard, the queen of your garden patch, or in your front yard, playing guardian to the neighborhood bees. Make space for rosemary in your home, garden, and heart. You will never regret it!

Lalitha Visveswaran is a full-time farmer at Jellicles Farm in the Sunol AgPark where she grows vegetables, herbs, flowers, and lavender. www.jelliclesfarm.com, www.facebook.com/jelliclesfarm, www.instagram.com/jelliclesfarm





snip the flowers even after they are done; fresh shoots will appear at the tip of these floral spears, thereby growing in size.

The abiding charm of rosemary is only increased by her usefulness in fresh or dried states. Other than the multitude of uses in the kitchen, an oft-appreciated quality of rosemary is its ability to stimulate the scalp and hair follicles. It is said that it will make hair healthy and encourage hair growth. A hair lotion made primarily with rosemary when applied regularly and for a long and the rosemary fragrance adds a delightful olfactory note to the rinse.

To make a solar infused rosemary hair oil: fill a quart jar half full with dried leaves. Submerge with olive oil until all of the herb is fully covered. Secure lid and leave it on a sunny window sill for four to six weeks. Shake the jar once or twice every day. When it's time, simply strain through multiple layers of cheese cloth.

Rosemary vinegar is useful as a culinary herb as well as a beauty and health aid. To make rosemary heart palpitations. For every pint of white wine, add one ounce of freshly dried rosemary leaves. Let it sit for about one week. Strain and store in an airtight bottle in a dry and dark place. Add honey to sweeten if desired. This is to be sipped as a cordial in small quantities.

For colic, colds, and headaches, a mild infusion of tender rosemary leaves and flowers is very effective



ADVISORS

# Ardenwood Historic Farm Sheep Shearing Day

# II a.m. to 4 p.m. Sunday, April 17, 2016

# Spring has sprung and it is time for our **sheep's annual haircut**.

Watch as the farm's sheep get sheared. Try your hand at wool carding and see the transformation from fiber to yarn. Activities will be centered in the farmyard, the sheep pens, and near the barn.

- Historic shearing demonstrations at noon, I p.m., and 2 p.m.
- Sheepdog demonstrations: noon to 2 p.m.
- Wool carding and spinning: II a.m. to 4 p.m.
- Craft activities
- Live music

# East Bay

Ardenwood Historic Farm 34600 Ardenwood Blvd. Fremont CA, 94555

- Park open: 10 a.m. to 4 p.m
- Park admission: \$8 adults, \$6 seniors, \$5 children (under 4 years old are free ) – Free parking

I-888-EBPARKS, www.ebparks.org

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- HANDYMAN SERVICES/CONTRACTORS
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   \*Call for details

# A tribute to the strength & resiliency of women

Submitted By Kathy Garfinkle Photo By Imaginem Productions

The American Association of University Women (AAUW) FreGift," says Begley, "is about societal expectations and oppression of sexual expression." Through the beauty of contemporary dance, Bliss dancers present a powerful and lasting message about the strength and resiliency of women. The dance company came Tickets are \$25 per person and \$20 for students, and include the reception following the performance. For tickets, send a check payable to AAUW Fremont Branch to Kathy Garfinkle, 32924 Monrovia St., Union City, CA 94587-5433. Proceeds go to

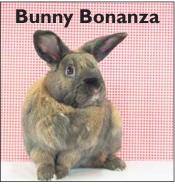
Healthy Parks Healthy People



mont Branch invites you to a return engagement of Bliss Dance Company directed by founder Cassie Begley. The interpretive dance program is entitled "The Gift" and will take place at Niles Elementary School on Saturday, April 30, followed by a wine and hors d'oeuvres reception at The Vine Restaurant.

This is the second Bliss performance hosted by AAUW Fremont Branch. The first was an outstanding tribute to the author and poet Maya Angelou. "The about from a dream Begley had when she was an undergraduate student at San Francisco State University. She envisioned a company of dancers interpreting women's issues through performance dance — and she made her dream a reality. Now Begley is working toward her Master of Fine Arts (MFA) degree at St. Mary's College of California. This piece is part of her research and will contribute to her final choreographic thesis project. fund local scholarships and the Bliss Dance Company.

The Gift Saturday, Apr 30 7 p.m. Performance: Niles Elementary School 37141 2nd St, Fremont Reception: The Vine Restaurant 37553 Niles Blvd, Fremont http://fremont-ca.aauw.net/ \$25 per person; \$20 students



SUBMITTED BY CHRIS GIN

It's almost time for the Hayward Animal Shelter's Bunny Bonanza adoption event! Four organizations are participating with this endeavor: House Rabbit Society (HRS), Friends of the Alameda Animal Shelter (FAAS), the Fremont Animal Shelter and the Oakland Animal Shelter.

## Activities to include:

Meet adoptable bunnies from local Rescues and the Hayward Animal Shelter Free rabbit care packages Learn about bunny facts, myths and care Make toys and treats for the shelter bunnies at the Kids Crafts table Silly hat contest Raffle prizes

Bunny Bonanza Adoption Event Saturday, Apr 16 1 – 5 p.m. Hayward Animal Shelter 16 Barnes Court, Hayward (510) 293-7200 https://www.facebook.com/haywardanimalshelter Adoption fee range: \$20 - \$70 and includes spay/neuter





Buy One Guest, Get Second Guest 50% Off 25% off for 3rd and 4th guests Booking Window: Select dates April 1-30, 2016 Sailing Window: All sailings on or after May 5, 2016, excluding China departures

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### WHAT'S HAPPENING'S TRI-CITY VOICE

Page	1	7

CASTRO VALLEY   TOTAL SALES: 7								
Highest \$:				n \$:670				
Lowest \$:				ge \$:66	,			
ADDRESS					BUILT CLOSED			
19275 Almond Road	94546	690,000	3	1417	194903-08-16			
21158 Ashfield Avenue	94546	670,000	3	13-8	195503-04-16			
3675 Greenhills Avenue	94546	750,000	4	188-	198703-04-16			
18299 Lamson Road	94546	984,000	4	3218	196503-08-16			
2532 Lessley Avenue	94546	490,500	2	1169	194803-08-16			
4165 Ravenwood Place	94546	440,000	2	1168	197003-04-16			
20877 San Miguel Ave	94546	665,000	3	1283	194803-03-16			
	REMON	,	-	ALES: I				
, Highest \$:				n \$:639				
Lowest \$:				ge \$:82	·			
ADDRESS			•		BUILT CLOSED			
38762 Almaden Place	94536	1,150,000	4	2177	1974 03-03-16			
36910 Bolina Terrace	94536	578,000	4	1474	1971 03-03-16			
1025 Dolphin Common	94536	1,050,000	-	-	- 03-18-16			
330   Street	94536	610,000	5	1328	1952 03-04-16			
3572 Shadowbrook Ter	94536	780,000	3	1519	2005 03-04-16			
36024 Vallee Terrace	94536	625,000	2	1213	1983 03-08-16			
892 Walnut Avenue	94536	520.000	2	4-Nov	1984 03-04-16			
39199 Walnut Terrace	94536	570,000	2	127-	1984 03-08-16			
3695 Stevenson Blvd #E20		550,000	2	1-4-	1991 03-08-16			
39344 Sundale Drive	94538	639,000	3	1131	1963 03-03-16			
766 Emerson Court	94539	1,590,000	3	2122	1963 03-07-16			
45 Espada Court	94539	1,238,000	4	2258	1981 03-08-16			
285 Hackamore Com.	94539	695,000	2	4-Dec	1984 03-08-16			
2606 Middlefield Avenue	94539	1,341,000	4	23-9	1959 03-07-16			
3625 Warwick Road	94555	500.000	3	1451	1978 03-08-16			
	IAYWAF	,	-	SALES: I				
		-		n \$:476				
Highest \$: Lowest \$:				ge \$: 53	, ,			
ADDRESS	,		•		BUILT CLOSED			
642 Arcadia Drive	94541	475,000	2	1179	2005 03-04-16			
642 Cherry Way	94541	400,000	3	135-	1994 03-08-16			
2919 D Street	94541	425,000	2	1325	1950 03-08-16			
2655 Highland Trail Lane	94541	720,000	5	2874	2008 03-04-16			
3082 Horseshoe Court	94541	586,500	4	Feb-64	1958 03-04-16			
3278 Monika Lane	94541	476,000	3	172-	1980 03-04-16			
21730 Princeton Street	94541	355,000	2		- 03-08-16			
28023 Dobbel Avenue	94542	930,000	5	2924	1978 03-07-16			
600 Blue Jay Drive	94544	560,000	-	161-	1978 03-07-16			
32266 Ithaca Street	94544	475.000	2	82-	1951 03-08-16			
27472 Lyford Street	94544	600,000	5	1735	1956 03-03-16			
31117 Meadowbrook Ave		560,000	3	1231	1955 03-03-16			
2379 Arf Avenue	94545	400,000	3	1254	1970 03-04-16			
			-	-				
MILPITAS   TOTAL SALES: 17								
Highest \$: 1,200,000 Median \$: 751,500 Lowest \$: 273,000 Average \$: 730,676								
ADDRESS					BUILTCLOSED			
448 Alegra Terrace	95035	666,000		1165	1992 03-15-16			
1829 Crater Lake Avenue	95035	765,000	3	1367				

830 Fire Walk #371	95035	758,000	2	1353	2000 03-21-16
1955 Journey Street	95035	710,500	-	-	- 03-18-16
1957 Journey Street	95035	772,000	-	-	- 03-21-16
1961 Journey Street	95035	723,000	-	-	- 03-16-16
1967 Journey Street	95035	723,000	-	-	- 03-21-16
1969 Journey Street	95035	744,500	-	-	- 03-18-16
1953 Journey Street #2201	95035	751,500	-	-	- 03-21-16
367 Manzanita Court	95035	612,000	3	1215	1966 03-18-16
566 Manzano Street	95035	845,000	4	1234	1977 03-21-16
323 Meadowhaven Way	95035	813,000	3	4 -	1994 03-18-16
888 Nieves Street	95035	1,200,000	4	2261	1969 03-18-16
1230 Park Grove Drive	95035	762,000	3	1182	1962 03-18-16
1776 Starlite Drive	95035	850,000	4	1617	1967 03-16-16
1823 Strawberry Lane	95035	453,000	2	98-	1971 03-18-16
		RK   TOTA			
Highest \$: 7				n \$:460	,
Lowest \$:4 ADDRESS				ge \$:56	BUILTCLOSED
5624 Arbutus Court	21F 3	750,000	ьD 4	22-2	1971 03-04-16
35229 Lido Boulevard	94560		2	972	1971 03-03-16
		450,000			
35088 Lido Blvd  #H 5358 Port Sailwood Dr	94560	460,000		Jan-76	1984 03-03-16
5358 Port Sallwood Dr	94560	585,000	3	1498	1983 03-08-16
SAN	I LEANI	DRO   TC	DTA	L SALES	5:10
Highest \$: 9				n \$:455	
Lowest \$: I				ge \$: 50	
ADDRESS					BUILTCLOSED
499 Estudillo Avenue #109		375,000	2	1246	1981 03-04-16
1522 Marybelle Avenue	94577	100,000	3	28-Jan	1944 03-07-16
1005 Minerva Street	94577	455,000	2	969	1946 03-08-16
964 Oakes Boulevard	94577	810,000	3	1948	1932 03-08-16
2025 West Avenue 136th	94577	941,000	7	36-9	1970 03-08-16
2001 166th Avenue	94578	440,000	2	I-8-	1938 03-04-16
338 Aloha Drive	94578	600,000	6	2242	1954 03-04-16
14101 East 14th Street #2	029457		I	82-	
460 Violet Street	94578	585,000	2	856	1947 03-03-16
15025 Kesterson Street	94579	465,000	2	88-	1948 03-03-16
SAN	I LOREI	NZO   T	OT/	AL SALE	S: 3
Highest \$:4	460,500	Me	edia	n \$: 366	,000
Lowest \$: 3	863,000	Av	era	ge \$: 39	6,500
ADDRESS	ZIP S	OLD FOR	BD	SSQFT	BUILTCLOSED
23 Paseo Grande #C	94580	366,000	2	Jan-56	1985 03-08-16
17465 Via Arroyo	94580	460,500	4	24-Jan	1950 03-08-16
15758Via Sorrento	94580	363,000	3	1164	1956 03-07-16
1U			TAI	SALES	: 5
Highest \$:		-		n \$:495	
Lowest \$: 3				ge \$:64	
ADDRESS				-	BUILTCLOSED
33621 14th Street	94587	495,000	3	1116	1959 03-07-16
115 Camino Plaza	94587	325,000	2	71-	1985 03-08-16
4518 Ellis Court	94587	1,261,500	-	-	- 03-08-16
3209 San Carlos Way	94587	676,000	3	1421	1969 03-03-16
•					
4428 Viejo Way	94587	449,000	2	Jan-54	1970 03-03-16

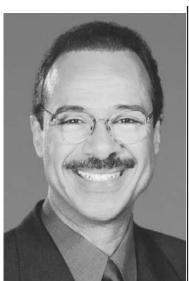
# lome S a Ω S Report

# **Spencer Christian Channel 7 weatherman** to speak at SIR Program

436 Dempsey Road #138 95035 273,000 1 676 2007 03-15-16

SUBMITTED BY SAMMY LUM world affairs, and the arts, and,

most memorably, ordinary people who have done extraordinary





pencer Christian, popular ABC Channel 7 weatherman, will be the featured speaker at the Fremont/Newark/Union City Sons In Retirement (SIR) regular monthly meeting on Thursday, April 21.

Mr. Christian has called ABC7 his home since 1999, and has had his forecasting skills honed in the Bay Area's micro-climates. After more than 45 years in TV news, he says he wouldn't trade jobs with anyone in the world. He has been a news reporter, sportscaster, talk show host, and weather forecaster. His assignments and travels have taken him to all 50 states and 5 continents. The affable weather man has "had the privilege of interviewing five presidents, the most prominent figures in sports,

things.

SIR Branch 59, representing the Fremont, Newark and Union City area, meets the third Thursday of each month at the Newark Pavilion located on Thornton Avenue and Cherry Street in Newark.

Sons In Retirement is an organization open to all retired men in the area, and, besides their monthly speaker luncheons, offers various activities such as golf, bowling, bridge, computers, couples wine tasting, couples dining out, an extensive lending library and activities which include spouses or significant others.

Contact Ron Brutvan at (510) 794-4019 or Jim Ulam at (510) 797-9357 for details on how to join this group or attend the luncheon. For more

information, email: bvan0817@sbcglobal.net or time4golf@snakebite.com **Spencer Christian TV Weatherman** Thursday, Apr 21 11:00 a.m. – 1:00 p.m. Luncheon and Talk **Newark Pavilion** 6430 Thornton Ave, Newark RSVP: To come as a guest, call (510) 794-4019 / (510) 797-9357 bvan0817@sbcglobal.net /

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# Red Cross has significant need for type O negative blood

# SUBMITTED BY NATIVIDAD LEWIS

Type O negative blood can be transfused to patients with any blood type and is often used in emergency situations. While less than 7 percent of the U.S. population has type O negative blood, hospitals depend on frequent O negative donations to ensure it's always available for patients in need.

Eligible donors with type O negative blood are encouraged to make a whole blood or double red cell donation, where available, through the Red Cross. During a double red cell donation, two units of red blood cells are collected while most of the plasma and platelets are returned to the donor.

The Red Cross must collect approximately 14,000 blood and platelet donations every day for the patients at about 2,600 hospitals and transfusion centers nationwide. Blood and platelets are needed to respond to patient emergencies, including accident and burn victims, heart surgery and organ transplant patients, and those receiving treatment for leukemia, cancer or sickle cell disease.

Those who come to donate now through May 15, 2016, will be entered to win four single-day tickets to any of 10 Cedar Fair theme parks in the U.S. For a full list of participating parks, visit redcross.cedarfair.com

Blood donation appointments can be quickly and easily scheduled by using the Red Cross Blood Donor App, visiting redcrossblood.org or calling 1-(800) 733-2767.

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> WANTED **Contact Tri-City Voice** 510-494-1999

time4golf@snakebite.com

# Sudoku:

Fill in the missing numbers (1 - 9 inclusive) so each row, column and 3x3 box contains all digits.

Mind Twisters

# Across

- 2 Calamitous (6)
- Academic types (8) 5
- rigorously precise (12) 9
- Flax fabric (5) 12
- vehicle for outer space (10) 14
- 15 complied (6)
- exciting activities (10) 16
- Rocket (Guardians of the Galaxy) 18
- (7) University (8) 21
- roller derby (6) 23
- bring together (7) 25
- toiletries (6) 26

27

- Dumbledore, Harry Potter etc. (7)
- declaring to be evil (10) 29
- 30 Not alert (6)
- 31 juvenile cats (7)

- 33 harshly (8)
- 35 regrettably (13)
- 36 contiguous living system (8)
- 37 guaranteed (7)
- 38 Produce (5)
- 39 Driveway surface (6)

# Down

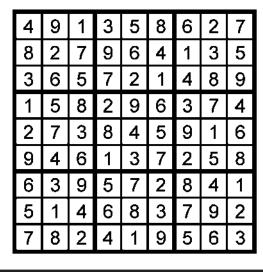
- 3 physical exercises/competitive sport (10)
  - 4 church (9)
  - Good Samaritan (7) 6
  - 7 irritates (6)
  - from Vancouver (8) 8
  - 10 hurry (5)
  - II holiday item (9,8)
  - 13 Transport to Oz (7)

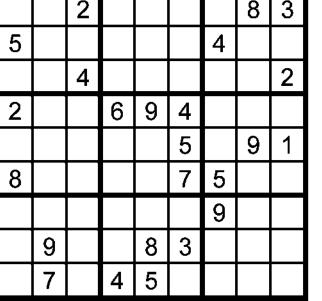
- 17 Empty (6)
- 19 praised (13)
- 20 sometimes (12)
- 22 foreign (13)
- 24 profession (8)

- 32 Guard (6)
  - 33 Alibi (5)

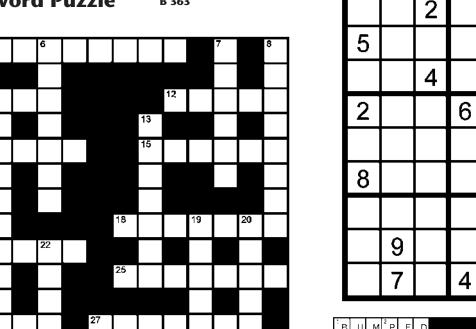


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Page 18

- 28 Chinese zodiac animal (5)
- living in a foreign country (10)

  - 34 uncertain (5)

26 larval stage of frog (8) 27 achromatic color (7)

For All Signs: Mars, known to the ancients as the god of war, goes retrograde on April 17 and remains so until June 29. Historically, those who draw a sword or attempt to expand power during these periods eventually find it turned against themselves. In our personal lives we are well advised to avoid extending our boundaries or initiating "war" on any front. The defendant, not the aggressor, will win in any conflict as long as the god of war moves backward, and it doesn't matter how big or right the initiator may be. When Mars is retrograde we are well advised against filing suit, hunting for game or opting for elective surgery (a different type of sword).

Aries the Ram (March 21-April 20): Give particular attention to the lead paragraph because Mars is your avatar in the zodiac. You likely will experience delays in activities concerning the law, education and travel. This is not the time to file suit or make legal threats. If traveling, you may be going back to someplace where you have previously been.

Taurus the Bull (April 21-May 20): Activities concerning taxes, insurance payoffs, government funding, and loans will likely be delayed and maybe even denied. This is a good time to talk with your partner about issues concerning joint resources. It is not a good time to attack but to discuss and look for jointly favorable solutions. Seeking a loan is not a good idea now. The cost is too high.

Gemini the Twins (May 21-June 20): Mars, the god of war, is in your partnership territory. Therefore it is particularly important not to attack another, verbally or physically. If you have enemies, let them make the first move and you will be assured of ultimate victory over the issue. Old issues in your primary relationships may be surfacing. If so, consider it an opportunity to handle it with greater maturity this time.

Cancer the Crab (June 21-July 21): The warrior energy is now in your sixth house of work and health. Since early March you have been moving as quickly as you can to cover all the bases and still maintain your health routines. While Mars is retrograde it is common to plateau on physical goals, such as weight loss, but that is temporary. Don't let this plateau discourage you from what works long-term.

Leo the Lion (July 22-August 22): Mars is retrograding in the house concerning romance, children, gambling, and playful activities. While retrograding, you may be strongly inclined to go back to a former condition in one or more of these areas. Newer romantic relationships may be put on hold for a few weeks.

Virgo the Virgin (August 23-September 22): Mars is retrograding in your territory of home and property. Because Mars rules machinery and tools of all kinds, there may be breakdowns of household gadgetry or vehicles that require repair. It is

best to avoid buying new mechanical items while Mars is retrograding. Therefore it is generally better to repair or rent items until Mars is direct.

Libra the Scales (September 23-October 22): Mars is retrograding in the horoscope sector that relates to vehicles, tools, and communication. Mars in this territory may represent the need to make repairs on various objects. It is possible that you are irritated with siblings, roommates, or neighbors. It is OK to respond to them, but do not initiate battle.

Scorpio the Scorpion (October 23-November 21): Mars is in the sector related to income and outgo. You may feel absolutely compelled to purchase something expensive and impractical. It is more favorable to wait out the transit and see how you feel about it in late June to early July. Meanwhile there may be more outgo than income, so use careful judgment about expenditures.

Sagittarius the Archer (November 22-December 21): Mars retrograde in your sign leaves a big "Stop!" message that continues through June. Now is the time to chill. Recognize that

the real you is so much bigger and stronger than the ego, which simply has a loud voice. This is a time to back off, rethink everything, and reevaluate as the dust settles in July. Search for the truth, not just the answers that satisfy your ego.

Capricorn the Goat (December 22-January 19): You may have an experience in which you feel a figurative sniper at your back. Defend yourself if you absolutely must, but life will be easier if you ignore it. Your sniper will not recognize or admit it even if you point it out, and the confrontation may become embarrassing.

Aquarius the Water Bearer (January 20-February 18): You may be recognizing the need to back off or back out of some of your friendships and commu-

nity associations during this period. At minimum you will be reassessing why you are involved and whether you wish to continue in the future. If your motive for pursuing these activities is merely habit, maybe you need a break. Friends and associates from the past may resurface.

Pisces the Fish (February 19-March 20): Issues of career and future direction are highlighted during this Mars retrograde. You may have thought you were headed in one direction, and now suddenly you are shifting into neutral or reverse. If so, this period offers a message to think this one over for a while. You probably need a better foundation or a stronger sense of drive.

Are you interested in a personal horoscope? Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

# **Pat Kite's Garden**



# TRI-CITY GARDEN CLUB MEETINGS: **Friends of Heirloom Flowers**

Work Parties - Every Tuesday - at Shinn Park, 10 a.m. - 12 p.m. 1251 Peralta near Mowry, Fremont (510) 656-7702 Bring gloves and tools. - Social Hour afterward Every Thursday, 10 a.m. - 12 p.m. Niles Rose Garden - 36501 Niles Boulevard, Fremont Bring gloves and tools. [Across Driveway from Mission Adobe Nursery] Contact Joyce Ruiz: 659-9396 Meetings are held quarterly. Call for details

Fremont Senior Center Garden Club First Friday of each month, 1-2 p.m. Tanya Mendoza, Program Coordinator 510-790-6602

#### Fremont Garden Club

The Fremont Garden Club meets the third Wednesday of each month, February - October, in members' homes & gardens, 6:30 p.m. - 8:30 p.m. Locations are posted on the Fremont Garden Clubs' web site at www.fremontgardenclub.org or email: fremontgardenclub@hotmail.com

#### BY PAT KITE

t is now tomato planting time. While drooling over garden catalogues, I order all kinds of seeds despite having only one sunny place in my cluttered garden. But the different varieties offered are so colorful and adventurous, it is hard to resist. As usual, gardener's optimism rules! Let's peek. For those who need to know: Indeterminate tomatoes continue growing until frost killed, with young, ripening and ripe appearing on the same vine. Determinates are usually bush form. Tomatoes tend to all appear within a two-week span.

Indeterminate: Ukrainian Purple: plum colored and ovoid, about 3 inches long. Emerald Apple: as green as can be, about a pound each, from Russia. White Tomesol: a pale yellowish creamcolored 8 ounces. Red Fig: an 1805 Philadelphia historical; when dried, it is used as a fig substitute in long-ago winters. Mexico Midget: oodles of marble-size red fruit. German Pink: originating in Bavaria, can reach two pounds. Black Krim from

brown, darkening in strong sunlight. Hssaio Hungshih from China: bright yellow oval fruits. Crnkovic Yugoslavian: pink beefsteak, up to a pound each. Opalka from Poland: elongated to six inches, red. Costoluto Genovese: an unusual ribbed shape red from 1800s Italy. Black Beauty: touted as the world's darkest tomato with reddish innards. Berkeley Tie-Dye Pink: red and green stripes. Golden Grape: tiny, crunchy and plentiful from Russia. Coracao de Boi from Portugal: pink, heart-shaped and one pound each. Dix Doights de Naples or Ten Fingers of Naples: banana-shaped fruit for canning. Black Ethiopian: brown-red plum-shaped fruit. Tigerella from England: bright red with orange stripes. And if you like true enthusiasm, there's the Isle of Man's Schimmeig Stoo, which climbs to almost 6 ft. It resembles a red bell pepper with orange stripes and is a good

Russia: purple-red and violet-

Determinates: Glacier, Kootenai, Siletz, and Viva Italia are just a few of the choices.

stuffing tomato.



L. Patricia [Pat] Kite's several garden books include KISS Guide to Gardening, Gardening Wizardry for Kids, Raccoons, Ladybug Facts and Folklore and Silkworms. They may be found at Amazon.com and Alibris.com.

Make sure to read the seed packet or the catalogue description carefully.

What about tomatoes in a pot for a balcony garden? There are a few determinates specifically hybridized for today's smaller areas. Koralik, Small Fry, and Elfin often reach just 2-ft. tall.

For our tomato history tidbit: Tiny tart tomatoes began as wild plants originating in Peru and Mexico. Dutch settlers in America brought seeds with them and began making improvements. A year 1660 map of New York [Neuwe Amsterdam] shows windmills and tomato plants covering the tip of Manhattan. These early experimental tomato plantations have been replaced by Wall Street Skyscrapers.

For Your Dahlia Calendar: The San Leandro Dahlia Society will hold their dahlia tuber/plant sale on Saturday, April 30 from 9 a.m. until 1 p.m. at Root Park in the 900 block of East 14th Street in San Leandro. You, too, can grow the same plants that prize-winning dahlia growers grow. Questions? Call (510) 276-0530.



Page 19



# SUBMITTED BY AL MINARD

National History Day is an annual competition for elementary, junior high and senior high school students. Fourth and fifth grade students enter as either individuals or groups of up to five students with a project presented on a 2D display. Junior high and senior high students enter projects in one of the following categories: Historical Paper, Museum Exhibit, Documentary, Performance or Website. All but the historical paper can be entered as either an individual or group of up to five students. Historical papers can only be entered as an Individual project.

The theme this year was Exploration, Encounter and Exchange in History. The best projects present both sides of an issue; students try to decide positive as well as negative aspects of each project. Competition is open to all students: public, parochial, private or home schooled.

The Alameda County competition was held at the Oakland Museum on March 19. Senior high students can advance up to three projects in each category to the California State Competition, Friday and Saturday, May 5 and 6, at the William Jessup University in Rocklin, California. Elementary and junior high students can only enter two projects for each category, but often a runnerup is selected in case one of the

finalists cannot make it to the state competition.

At the Alameda County Competition over 200 students participated from schools all over the county. Forty-seven projects with 82 students from 14 different schools advanced to state competition as a qualifier or alternate in the junior high level. Regretfully, no students from Union City, Newark or Hayward advanced to the State Competition.

Fremont had 15 projects with 23 students who advanced to state competition, and one junior high project with two students as runner-ups.

Congratulations to the following schools, projects, and students who advanced.

#### **Mission San Jose** High School:

Helen Wang, Individual Exhibit on "Commodity Heaven: The Theory behind Consumerism"

Lynn Freimanis, Individual Exhibit on "Gertrude Bell"

Christina Di, Stephanie Doan, Vincent Chiang, and Tanushri Sundar, Group Documentary on "The White City: World's Columbian Exposition of 1893"

Katrina Cherk, Individual Website on "The Untold Exchange: Rosalind Franklin and

the Double Helix" Julia Park, Individual Website on "Forbidding Exchange: The Second Red Scare"

Joshua Chan, Individual Web-

site on "The Birth Control Pill" Ruchika Mahapatra and Lavanya Singh, Group Website on "East India Company"

Priya Talreja and Madhumita Kumar, Group Website on "Norman Sicily: a Site of Encounter and Exchange"

AnuAsokan, Individual Performance on "Secret Sterilization"

Sonia Sakleshpur. Individual Performance on "The Lady with the Lamp"

Stella Seo, Alyssa Zhao and Olivia Sheng, Group Performance on "Victoria Woodhull's Radical Exploration of Freedom and Encounter with Opposition"

# **Hopkins Junior High** School:

Kimberly Huang, Individual Exhibit on "Project Nekton: The 1960 Dive into the Mariana Trench"

Kanchan Raju, Individual Exhibit on "His Anatomical Majesty: Giovani Battista Morgagni"

Shakti Subramaniam and Isabel Suh, Group Performance on "Pocahontas: A Young Hero"

Yash Dalmia, Historical Paper on "Exploration, Exchange and Encounter Through Revolutionary Rhetoric: Common Sense by Thomas Paine"

# **Hopkins Junior High School** Runner-up:

Tonoya Ahmed and Tanushka Dewan, Group Documentary on "The Bangladesh Liberation War: Birth of a New Country"

their families in Fremont, Newark and Union City, CA

Care coordination, paratransit assistance, counseling, health promotion and caregiver support.



# Retirement Doesn't Mean Inactive

So, you've punched that 8:00 to 5:00 time clock for the last time and you are ready for retirement. Retirement should mean no more time clocks, but it shouldn't mean you just stop all activity!

Now is the time to do those things you have always wanted to do, make new friends, try new things, associate with like-minded men, catch up on the things that interest you.

Why not join your local SIR organization?! Sons In Retirement is a state-wide organization of local branches for men to meet and mutually enjoy the benefits of retirement. SIR conducts a monthly luncheon meeting where you can associate with other retired men, listen to topical speakers, sign up for activities of interest, make new friends, and keep happily active.

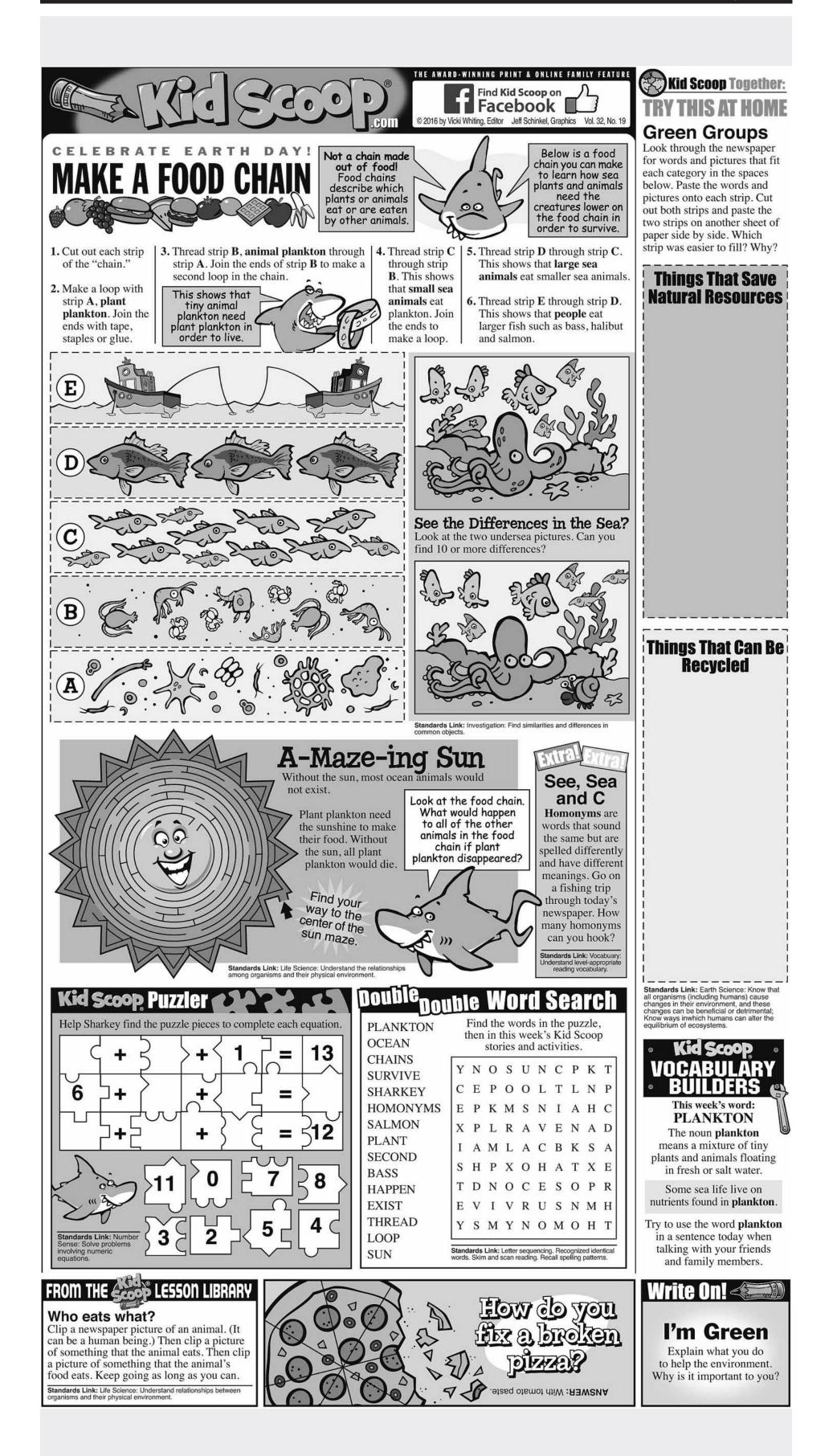
Fremont/Newark/Union City Branch 59, meets the third Thursday of the month at the Newark Pavilion on Thornton Ave and Cherry St in Newark. Socializing is from 11:00 to 12:00, and there is time to look over an extensive library of books, sign up for activities, and meet new people or shoot the breeze with old friends. The formal meeting starts at 12:00 with club announcements, birthday wishes, a sing-a-long, and lunch, followed by a selected speaker. Meetings usually end about 1:30.

Activities run the gamut from golf, bowling, computers, wine tasting, bridge, bocce, and couples dining out, and more are being added as interest dictates.

There are also activities which can include your wives or girlfriends, and the ladies seem to enjoy getting their retired men out of the house on occasion.

SIR Branch 59 is looking for new members. Visit their website at www.sirinc.org or call Jim Ulam at (510) 797-9357 or email time4golf@snakebite.com for more information.

April 12, 2016



# Fremont

# **2016 State of the City Address:** Where Fremont's Been and Where It's Headed

On March 24, 2016, Fremont Mayor Bill Harrison delivered this year's State of the City address at a luncheon hosted by the Fremont Chamber of Commerce at the Fremont Marriott Silicon Valley.

This annual event is a time for the Fremont community to come together, reflect on experiences from the past year, and set a vision for the City's near future. From the City's 60th anniversary to its affordable housing initiatives, Mayor Harrison shared what we accomplished this year and what's currently in the works for next year. It's clear that Fremont has a bright future to look forward to.

Here are just a few (of many) highlights from the 2016 State of the City address. • In honor of Fremont's 60th anniversary, the City held a community gathering and ceremony to install a time capsule that will be opened at the City's 100th Anniversary in 2056.

• The Brookings Institution selected Fremont for its Silicon Valley stop on advanced industries research.

• Fremont's Transportation Engineering Division and the Police Department teamed together and officially launched "Vision Zero" — a plan to improve traffic safety and reduce traffic fatalities to zero.

• Delta Products opened its new 180,000 sq. ft. headquarters, LEED Platinum building-the first of its kind in Fremont—that will serve as an iconic gateway into the Innovation District.

• Fremont launched the first East Bay chapter of the global meet-up, Startup Grind.

• The City's Warm Springs Community Plan won two awards and was recognized by the Association of Bay Area Governments and by the State for its American Planning Association Award of Excellence in Urban Design.

• Progress continues to be made on construction of an iconic bridge and plaza that will connect properties such as Tesla and ThermoFisher to the Warm Springs/South Fremont BART station that will open later this year.

• Fremont continues to invest in public safety and street maintenance. The City has made improvements around more than half of Fremont's schools, including major intersections, as an effort to get kids to and from school safely.

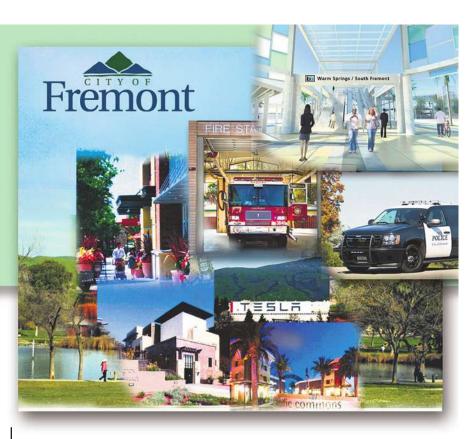
• Downtown Fremont's first mixed-use private development called State Street will break ground in June and work is underway on development plans for the City's future Civic Center.

• It's been a landmark year for sustainability in Fremont — named America's 10th Greenest City of 2015, signed onto the Compact of Mayors, installed 1.2 megawatts of solar carport structures, and is one of 50 semifinalist competitors in the \$5M Georgetown University Energy Prize.

• The City's Legends of the Bay event raised more than \$56K for the Fremont Family Resource Center.

If you're interested in learning more about Fremont's successes and where it's headed this year, you can view the speech, presentation slides, and video on the City website at www.Fremont.gov/StateoftheCity.

The entire City of Fremont would like to thank everyone who has made this year's event a success and for your continued contributions to making Fremont a compassionate, innovative, and desirable city to live and work.



# Tri-City Taxi Voucher Program



Need a ride to the doctor or grocery store? We want to help with your transportation needs.

The City of Fremont operates a number of different programs for seniors and people with disabilities who need transportation for health care services, shopping, and other daily activities.

The Tri-City Taxi Voucher Program provides subsidized taxi rides within the local area. Enrolled participants can purchase taxi vouchers at a cost of \$4 per voucher. Each voucher subsidizes up to \$16 of taxi meter fare. Riders are responsible for paying any taxi meter fare above the \$16 voucher subsidy.

Who is eligible to participate? Fremont, Newark, or Union City residents who are either: • 80 years of age or older, or

• Unable to use public transit (AC Transit buses and BART) because of a disability

Eligible individuals must submit an application prior to using the service. New enrollees will receive four free taxi vouchers with their rider packet. Taxis are not wheelchair-accessible; individuals using wheelchairs can be accommodated if they are able to safely transfer from their wheelchair to the taxi.

This program is funded by the Alameda County Transportation Commission through Measure B funds.

For more information on this program or other transportation services, contact the City's Pamela Gutierrez at pgutierrez@fremont.gov or 510-574-2053.

# Volunteer with Fremont's Community Ambassador Program for Seniors



The Community Ambassador Program for Seniors (CAPS) is a nationally recognized award-winning City of Fremont program that trains volunteers to assist older adults in locating local resources and services that can help improve their independence and quality of life.

The program is now offering a new training course to become a Community

Ambassador. As an Ambassador, you will be briefed on topics such as healthy aging, transportation options, social security benefits, health benefits, housing options, end of life care, and more. You will have the flexibility to volunteer at your convenience and can choose when and how much you'd like to participate. For more information on the CAPS Program or to register, visit www.capseniors.org

or contact Asha Chandra, CAPS Program Manager, at achandra@fremont.gov or call 510-574-2055.

If you're interested, make sure to register as soon as possible as space is limited! The registration deadline is Friday, April 22, 2016.

Training Dates: Wednesday, April 27 and Thursday, April 28, 2016 (must attend both dates)

**Time:** 9 a.m. to 4 p.m. Location: City of Fremont Administration Training Room 3300 Capitol Avenue, Building B, Fremont

# Looking for a Summer Job?

Be Part of the City of Fremont Recreation Services' Winning Team



Calling all college and high school students! Are you looking for a summer job that is fun and exciting? Check out the City of Fremont summer jobs within Recreation Services. Positions include recreation leaders, sports instructors, camp specialists and coordinators, lifeguards, swim lesson instructors, and water safety coordinators. For information on all jobs available and/or to download an application, visit us online at www.Fremont.gov/RecJobs, email regerec@fremont.gov, or call 510-494-4300.

# **Advanced Social Media** for Your Business

Are you realizing optimal results from your social media presence? Attend the upcoming Advanced Social Media for Your Business workshop on April 18 at the Fremont Main Library, 2450 Stevenson Blvd. This free workshop is targeted to businesses that have already identified Facebook, LinkedIn, Instagram, and Twitter to increase the visibility of their brand and grow their customer base.

Attendees are encouraged to bring their tablet or other electronic devices to access the sites as the instructors demonstrate their capabilities.

There will be four topics presented over two sessions—you will have the choice to



attend one topic in each session. Registration: 6:15 p.m. - 6:30 p.m. Session I: 6:30 p.m. - 7:30 p.m., Facebook or LinkedIn Session 2: 7:45 p.m. - 8:45 p.m., Instagram or Twitter

To register for this workshop go to the Alameda County Small Business Development Center website at http://acsbdc.org/node/21263.



When: Saturday, April 16, 2016 10 a.m. - 2 p.m. (Doors open at 9:30 a.m.)

#### Where:

Conrad E. Anderson, MD, Auditorium (2500 Mowry Avenue, Fremont)

Fee: \$25

**Registration is required:** Please call (510) 608-1301

Join us for a fun day filled with a variety of speakers on topics such as treatment options for heartburn, otherwise known as Gastroesophageal Reflux Disease or GERD, weight management tips, a heart-healthy cooking demonstration and much more. This event will provide knowledge and resources for women of all ages. Bring your sister, neighbor, daughter or good friend.

Speakers include William Dugoni, Jr., MD, Medical Director of the Washington Women's Center, Washington Township Medical Foundation and Victoria Leiphart, MD, Washington Township Medical Foundation.

Stay connected to Washington Hospital through Facebook, YouTube and Twitter



6	Washington Hos	Women's pital Healthcar	Center e System
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WOMEN

EXCELLENCE AWARD\*



# Become a VIP Rides volunteer The easiest and most joyful volunteer work

Volunteers help seniors who need help traveling to appointments, grocery shopping, or errands.

Trips take about 2 hours. We ask that you do 2 trips a month. Flexible for your schedule.



Contact Valerie 510-574-2096 - vdraeseke@fremont.gov LifeElderCare.org

3721 Parish Ave., Fremont



\* \*\*\*

# WHAT'S HAPPENING'S TRI-CITY VOICE



# Fridays, Feb 12 thru Apr 29

Senior Sing Along Chorus \$ 2 p.m. - 3 p.m. Enjoy singing and socializing Kenneth C. Aitken Center 17800 Redwood Rd., Castro Valley Superior Pizza made fresh daily from the finest (510) 881-6738 www.haywardrec.org homemade hand spun dough. M, T, W, Th, Sun 11am-10pm Tuesdays, Mar 1 thru Apr 26 Fri & Sat. 11am -11pm Bridge 1 9:30 a.m. - 10:30 a.m. **ANY LARGE PIZZA** Introduction to set up, bid play and ANY MEDIUM PIZZA score keeping Newark Senior Center 510-792-1070 7401 Enterprise Dr., Newark (510) 578-4840 www.newark.org Offers Cannot be Combines. Tuesdays, Mar 1 thru Apr 26 Bridge 2 10:30 a.m. - 11:30 a.m. Mastering game strategy Newark Senior Center 7401 Enterprise Dr., Newark (510) 578-4840 www.newark.org Tuesdays, Mar 1 thru May 31 ALYCE LIFE YOGA **Drop-In Advanced Math Help** 6:30 p.m. - 7:30 p.m. Locations & class times: Yoga for Algebra, geometry, calculus, trigonometry and physics Wellness Newark Branch Library Tuesday • Extra 6300 Civic Terrace Ave., Newark (510) 284-0677 Gentle Yoga 7:30 - 9:00 Yoga Wellness Saturday **Prenatal Yoga** Thursdays, Mar 3 - Apr 28 Bingo \$ Expanded 1 p.m. Games, refreshments and door prizes Come in Newark Senior Center and relax 7401 Enterprise Dr., Newark (510) 578-4840 50% Off www.newark.org Wednesday 4 classes for Mondays, Mar 7 thru Apr 25 the price of 2 Bunco Mention this ad 10 a.m. Dice game No experience necessary **Including Limited Mobility** Newark Senior Center For more details visit us at 7401 Enterprise Dr., Newark AlyceLife.com (510) 578-4840 www.newark.org



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SATURDAY, APR. 16TH The Great Alvon Johnson



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**Great Prices Appetizers** At the and Drinks Bar Only

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premium ingredients. Specially blended sauces, Expires 4/30/16 ANY X-LARGE PIZZA \$3 OFF **\$2 OFF** \$I OFF Dine In - Take Out - Delivery (Limited Area & Time) 3765 | Niles Blvd. Fremont resent Coupon When Ordering. Mobile Coupons Not Accepted Anandi has 16 years experience teaching Yoga for Kaiser Hospitals Union City - 31080 Union City Blvd. 4:30 - 545 Extra Gentle Yoga 6:15 - 7:35 Prenatal Yoga Expanded 9:00 0 10:15 Yoga for Wellness 10:30 -11:45 Extra Gentle Yoga 12:15: 1:30 Prenatal Yoga Expanded Fremont - The Gala Event Hall 37270 Niles Blvd. (Nr Fire Station) 4:15 - 5:45 Extra Gentle Yoga 6:00 - 7:15 Yoga for Wellness 7:30 - 9:00 Prenatal Yoga Expanded YOGA CLASSES FOR ALL LEVELS

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(510) 909-2067

**Downtown Fremont** 

Farmers' Market Wednesdays

3 p.m. – 7 p.m.

and State St.

Thursdays

Year-round

Fremont

Sundays

Year-round

Fremont

Saturdays

Year-round

**Saturdays** 

Year-round

9 a.m. - 1 p.m.

Hayward City Plaza

777 B. St., Hayward

1-800-897-FARM

May thru October

Farmers' Market

10 a.m. – 2 p.m.

800-949-FARM

www.pcfma.com

9 a.m. – 2 p.m.

800-949-FARM

www.pcfma.com

9 a.m. - 2 p.m.

Niles Town Plaza

39400 Paseo Padre Pkwy.,

Irvington Farmers' Market

Bay Street and Trimboli Way,

Niles Farmer's Market

37592 Niles Blvd., Fremont

www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market

**Saturdays** 

Year-round

Fremont

#### WHAT'S HAPPENING'S TRI-CITY VOICE

Thursday, Mar 18 - Sunday,

#### April 12, 2016

# Farmers' Markets

#### FREMONT:

Bonde Way at Fremont Blvd.,

www.fremontfarmersmarket.com

Capital Ave. between Liberty St.

www.westcoastfarmersmarkets.org

**Kaiser Permanente Fremont** 

### SAN LEANDRO:

# Kaiser Permanente

San Leandro Wednesday 10 a.m. - 2 p.m. June 11, 2014 to December 31, 2014 2500 Merced St, San Leandro www.cafarmersmarkets.com

# MILPITAS:

#### Milpitas Farmers' Market at ICC

Sundays 8 a.m. – 1 p.m. Year-round India Community Center 525 Los Coches St. 800-949-FARM www.pcfma.com

### NEWARK:

# Newark Farmers' Market

Sundays 9 a.m. - 1 p.m. Year-round NewPark Mall 2086 NewPark Mall, Newark 1-800-897-FARM www.agriculturalinstitute.org

# Bayfair Mall

Saturdays 9 a.m. - 1 p.m. Year-round Fairmont and East 14th St., San Leandro (925) 465-4690 www.cafarmersmkts.com

# **UNION CITY:**

# KaiserPermanenteUnionCity Farmers' MarketTuesdays10 a.m. - 2 p.m.Year-roundKaiser Permanente MedicalOffices

Offices 3553 Whipple Rd., Union City 800-949-FARM www.pcfma.com

# Union City Farmers' Market Saturdays

South Hayward Glad Tidings

www.agriculturalinstitute.org

Saturdays 9 a.m. - 3 p.m. Vear-round

# Apr 16 Barefoot in the Park \$ Thurs - Sat: 8 p.m. Sun: 12 noon Comedy about a newlywed couple Broadway West Theatre Com-

pany 400-B Bay St., Fremont (510) 683-9218 www.broadwaywest.org

Wednesdays, Mar 23 thru May 25 Food Truck Mafia

5 p.m. - 9 p.m. Variety of food and entertainment Niles Town Plaza 37592 Niles Blvd., Fremont www.thefoodtruckmafia.com

# Wednesdays, Mar 30 thru Apr 27

Ballroom Dance Classes \$ Beginners 7:00 p.m. – 8:00 p.m. Intermediate & Advanced 8:15 p.m. - 9:15 pm *Rumba, Two Step and East Coast Swing* Ruggieri Senior Center 33997 Alvarado Niles Rd., Union City (510) 675-5357 www.unioncity.org

# Thursday, Mar 31 - Friday, Apr 22

Winter Members' Show 10 a.m. - 4 p.m. *Quilts, poetry and paintings* Foothill Arts of the Bay 22394 Foothill Blvd., Hayward (510) 538-2787 www.haywardarts.org

# Friday, Apr 1 - Saturday, Apr 30

Watercolor Exhibit 5 a.m. - 9 p.m. Original works by Lisa Blaylock Artist reception Sunday, April 10 at 3 p.m. Mission Coffee 151 Washington Blvd., Fremont (510) 474-1004

www.fremontcoffee.com

# Friday, Apr 1 - Saturday, Apr 30

Hidden Treasures Local Talent 12 noon - 5 p.m. Exhibit of various mediums and concepts Opening reception Friday, April 1 at 7 p.m. Olive Hyde Art Gallery 123 Washington Blvd., Fremont (510) 791-4357 www.olivehydeartguild.org

Friday, Apr 1 - Saturday, Apr 30 Children's Art Showcase Tues: 11 a.m. - 3 p.m. Thurs: 1 p.m. - 4 p.m. Wed, Fri & Sat: 11 a.m. - 5 p.m. Display of pencil and watercolor works Fremont Art Association 37697 Niles Blvd., Fremont (510) 792-0905 www.FremontArtAssociaion.org



# With a regressionMuseum of the second of the se

awarded to the best films in the following categories: Animation, Documentary, Experimental, Narrative, and PSA. Produced in partnership with and with generous support from Community Multimedia Academy at Tennyson High School and the Bay Area Digital Arts at San Lorenzo High School. Generously sponsored by

22380 FOOTHILL BLVD · HAYWARDAREAHISTORY.ORG · 510-581-0223



SOCIETY

# **CELEBRATE 60 YEARS**

of the Hayward Area Historical Society with a festive fundraising evening of martini tasting and culinary delights.

# SATURDAY, APRIL 30, 7:00PM

Members \$60, General \$75 • RSVP by April 27 1950s Inspired Cocktail Attire

# haywardareahistory.org/2016-gala

Proceeds support the Hayward Area Historical Society's public programs, K-12 school tours, temporary and permanent exhibitions, and other exciting activities at the Museum of History & Culture and three historic properties: McConaghy House, Meek Mansion, and the San Lorenzo Pioneer Cemetery.

22380 FOOTHILL BLVD + HAYWARDAREAHISTORY.ORG + 510-581-0223

# **BOOKMOBILE SCHEDULE**

Alameda County Renew books by phone (510) 790-8096 For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org. Times & Stops subject to change School, 34901 Eastin Dr., UNION CITY

HAYWARD AREA HISTORICAL

ical-iound

W. Tennyson Rd. between Tyrell Ave. and Tampa Ave., Hayward (510) 783-9377 www.cafarmersmarkets.com Union City 800-949-FARM www.pcfma.com

Old Alvarado Park

Smith and Watkins Streets,

9 a.m. – 1 p.m.

Year-round

# FREE Adult Reading and Writing Classes are offered at the Alameda County LibraryTell A Friend Call Rachel Parra 510 745-1480



#### Monday, Apr 4 - Friday, Apr 15

**Compost Giveaway** 9 a.m. - 4 p.m. *Newark residents with recent bill and identification* Republic Services 42600 Boyce Rd., Fremont (510) 657-3500 www.RepublicServicesAC.com

# Monday, Apr 4 - Saturday, Apr 30

San Leandro Art Association Spring Show 12 noon - 5 p.m. Variety of mediums on display

San Leandro Main Library 300 Estudillo Ave., San Leandro (510) 577-3971 www.aclibrary.org

# Mondays, Apr 4 thru May 2

Community Emergency Response Team Program – R 6:00 p.m. - 9:30 p.m. Emergency assistance procedures for Hayward residents Must attend all classes Hayward City Hall 777 B St., Hayward (510) 583-4948 Hayward.CERT@hayward-ca.gov

#### Tuesday, April 12

9:45–10:15 Daycare Center Visit – FREMONT 10:45 – 11:15 Daycare Center Visit – FREMONT 2:15 – 2:45 Daycare Center Visit - NEWARK 4:30 – 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT 5:50 – 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

# Wednesday, April 13

12:45 – 2:15 Glenmoor School, 4620 Mattos Drive, FREMONT 3:15 – 3:45 Station Center, Cheeves Way, UNION CITY 4:00 – 4:30 Purple Lotus School, UNION CITY 6:00 – 6:30 Camellia Dr. & Camellia Ct., FREMONT

## Thursday, April 14

10:00 – 10:30 Daycare Center Visit, CASTRO VALLEY 10:45 – 11:45 Daycare Center Visit, CASTRO VALLEY 1:20 – 1:50 Key Academy, 16244 Carolyn St., SAN LEANDRO 2:15 – 3:15 Cherryland School, 585 Willow Ave.,HAYWARD

# Monday, April 18

9:30 – 10:05 Daycare Center Visit, UNION CITY 10:25 – 10:55 Daycare Center Visit, UNION CITY 1:45 – 2:45 Delaine Eastin 4:15 – 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY 5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Cir., FREMONT

# Tuesday, April 19

9:45 – 11:30 Daycare Center Visit – FREMONT 2:30 – 3:25 Cabrillo School, 36700 San Pedro Dr., FREMONT 4:45 – 5:30 Baywood Apts., 4275 Bay St., FREMONT 5:50 – 6:30 Jerome Ave. and Ohlones St., FREMONT

# Wednesday, April 20

1:00 – 2:00 Del Rey School, Via Mesa at Via Julia, SAN LORENZO 2:30 – 3:00 Eden House Apts., 1601 165th Ave., SAN LEANDRO 3:30 – 4:00 Baywood Ct., 21966 Dolores St., CASTRO VALLEY 6:00 – 6:30 Camellia Dr., & Camellia Ct., FREMONT

# Milpitas Bookmobile stops Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060

## Wednesday, April 13

1:45 – 3:00 Foothill School, 1991 Landess Ave., MILPITAS 3:15-3:45 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

# WHAT'S HAPPENING'S TRI-CITY VOICE

# Page 25



# Tuesdays, Apr 5 thru Apr 26

Lectio Divina 7:00 p.m. - 8:15 p.m. Prayerful reading of scripture Dominican Sisters of Mission San Jose 43326 Mission Blvd., Fremont (510) 933-6360

# Monday, Apr 5 - Friday, May 27

# Art is Education Show

8 a.m. - 5 p.m. HUSD student's art work display Opening reception Friday, Apr 8 at 5:30 p.m. John O'Lague Galleria 77 B Street, Hayward (510) 538-2787 www.haywardarts.org

# Wednesdays, Apr 6 - Apr 27

**Yoga for Families** 2 p.m. - 3 p.m. Movement, songs and poses Ages 2 - 5 with an adult Hayward Weekes Branch Library 27300 Patrick Ave., Hayward (510) 782-2155 kavita.sagran@hayward-ca.gov

# Thursdays, Apr 8 - Sundays, Apr 17

# **One for All Solo Artists Festival** \$

Thurs - Sat: 8 p.m. Sat & Sun: 2 p.m. Drama, comedy and irreverent fun Douglas Morrison Theatre 22311 N Third St., Hayward (510) 881-6777

# **THIS WEEK**

# Wednesday, Apr 13

Nature Grubs \$R 1 p.m. - 3 p.m. Wildflower discovery walk Ages 7 - 10 Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

# Wednesday, Apr 13

#### Seed Savers Garden Club

6:30 p.m. - 7:30 p.m. Discuss gardening tips and trade seeds Hayward Main Library 835 C St., Hayward (510) 881-7700 http://tinyurl.com/see-20130413

# Wednesday, Apr 13

# **Milpitas Historical Society** Meeting

7 p.m. Discuss lumber, factory and agricultural past Milpitas Library 160 North Main St., Milpitas (408) 945-9848 caleeson@aol.com

# Wednesday, Apr 13

Board of Supervisors Candidate Forum 6:30 p.m. - 8:30 p.m. District 4 candidates discuss election platforms Castro Valley Library 3600 Norbridge Ave.,

### Thursday, Apr 14

# Hayward Film Festival \$ 5 p.m. - 7 p.m. Student films compete for prizes Hayward Area Historical Society Museum 22380 Foothill Blvd., Hayward (501) 581-0223 www.haywardareahistory.org

# Thursday, Apr 14

A Taste of Jobim \$ 7 p.m. - 10 p.m. Brazilian music and dinner **Oasis** Palace Ballroom 35145 Newark Blvd., Newark (510) 791-2096 http://tiny.cc/510jazz-jobim www.510JAZZ.com

# Friday, Apr 15

**Taize Prayer Around the Cross** 8 p.m. - 9 p.m. Peaceful song and prayer Dominican Sisters of Mission San Jose 43326 Mission Blvd., Fremont (510) 502-5797 www.msjdominicans.org

# Friday, Apr 15

**Docent Training – R** 10 a.m. - 12 noon Assist the public with cultural and natural history Coyote Hills Regional Park 8000 Patterson Ranch Rd., Fremont (510) 544-3220 www.ebparks.org

# Friday, Apr 15

6th Grade Spring Chicken Dance \$

7 p.m. - 9 p.m. Music, dancing, games and refreshments Fremont Teen Center 39770 Paseo Padre Pkwy., Fremont (510) 494-4344 www.RegeRec.com

# Friday, Apr 15

Movie Night \$ 7:30 p.m. San Francisco starring Clark Gable Niles Essanay Theater 37417 Niles Blvd, Fremont (510) 494-1411

www.nilesfilmmuseum.org

# Friday, Apr 15

Knee Pain and Arthritis Treatment - R 1 p.m. - 3 p.m. Discuss procedures and treatment options Washington Hospital

# Fremont Laser Med Spa

Dr. James Kojian, M.D. Owner INTEREST FREE CARECREDIT AVAILABLE

# ILipo/Ultrasonic Cavitation



LOSE 5-35 INCHES GUARENTEED Destroy the fat cells Tightens the skin Non Invasive Buy 10 Cavitation fat cell blasting trtmts and get 10 ILipo Free

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Interest Free CareCredit Available FREE Consultation 510-793-2277 www.fremontlasermedspa.com 210 Fremont Hub Courtyard, Fremont

# Saturday, Apr 16

# Earth Day: Reduce, Reuse,

Recycle 9:30 a.m. - 12 noon Games, puppet show and litter bug craft Coyote Hills Regional Park 8000 Patterson Ranch Rd., Fremont (510) 544-3220 www.ebparks.org

# Saturday, Apr 16

Citizen Science Bat Watch - R 7:00 a.m. - 9:30 a.m. Search for bat roosting sites Ages 8+ Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

# Saturday, Apr 16

Pancake Breakfast \$ 8 a.m. - 12 noon

# Saturday, Apr 16

School Age Storytime 11:00 a.m. - 11:30 a.m. Volunteers read to children Ages preschool – kindergarten Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

# Saturday, Apr 16

# The Funky Monkey \$

9 p.m. - 12 Midnight Live entertainment and microbrews The Bistro Brew Pub 1001 'B" Street, Hayward (510) 886-8525 www.the-bistro.com

# Saturday, Apr 16

Crafting Button Jewelry – R 11:00 a.m. - 12:30 p.m. Create earrings and necklaces using buttons Supplies provided for ages 12+ Hayward Main Library 835 C St., Hayward (510) 881-7980 http://tinyurl.com/buttons-hpl

# Fridays, Apr 8 thru Apr 29

**Toddler Ramble Colorpalooza** 10:30 a.m. - 11:15 a.m. 2:30 p.m. - 3:15 p.m. Fun science experiments Ages 1 - 3Hayward Shoreline Interpretive Center 4901 Breakwater Ave., Hayward (510) 670-7270 www.haywardrec.org

# Monday, Tuesday & Thursday, Apr 18 thru May 19

# **Spring Exhibition**

10 a.m. - 1 p.m. Variety of works from over 50 artists Opening reception Saturday, Apr 16 @ 2 p.m. PhotoCentral 1099 E St., Hayward (510) 881-6721 http://www.photocentral.org/Spri ng2016

#### Thursdays, Apr 21 - May 19

# **CERT Disaster Preparedness** Classes – R

6 p.m. Citizen training in first aid and disaster management Silliman Activity Center

6800 Mowry Ave., Newark (510) 221-6220 www.newarkcert.org

Castro Valley (510) 667-7900 lwvea@aol.com www.aclibrary.org

# Wednesday, Apr 13

Leadership Event – R 8:30 a.m. - 12:30 p.m. Simulcast discussion with Shaquille O'Neal DeVry University Campus 6600 Dumbarton Cir., Fremont (510) 358-2353 raj.chellani@expresspros.com

#### Wednesday, Apr 13

# Out of the Darkness 5K Walk

11 a.m. Fundraiser to support suicide prevention Ohlone College Newark Campus 39399 Cherry St., Newark (510) 742-2300 www.ohlone.edu/go/campuswalk

# Thursday, Apr 14

# Hindi Family Storytime

3 p.m. Nursery rhymes, stories and activities Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421

# Thursday, Apr 14 - Saturday, Apr 16

Jazz Festival \$ Thurs & Fri: 7:30 p.m. Sat: 2:00 p.m. Student musicians learn from professional Cal State East Bay University 25800 Carlos Bee Blvd., Hayward (510) 885-3167 www.csueastbay.edu/jazz-festival

2500 Mowry Ave., Fremont (800) 963-7070 www.whhs.com/events

# Saturday, Apr 16 Twilight Marsh Walk – R

6:30 p.m. - 8:15 p.m. Enjoy sights and sounds of nature at night fall Not suitable for young children SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222 x362 https://donedwardstwilight.event brite.com

# Saturday, Apr 16

Lambs, Kids and Piglets, Oh My \$ 10:30 a.m. - 11:30 a.m. Discover fun animal facts Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

# Saturday, Apr 16

There's Gold in Then Thar Hills

12 noon - 1 p.m. Pan for gold Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

## Saturday, Apr 16

#### Garden Chores for Kids \$

2 p.m. - 3 p.m. Weed, plant and water the garden Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Dawn Breakers Lions Club benefit Centerville Presbyterian Church 4360 Central Ave., Fremont (510) 371-4065 dawnbreakerslionsclub@gmail.com

### Saturday, Apr 16

Landscape and Composting Workshop – R

10 a.m. - 12 noon Gardens, landscapes and potted plant basics

Barbara Lee Senior Center 40 North Milpitas Blvd., Milpitas (408) 586-3400 http://cesantaclara.ucanr.edu/Ho me\_Composting\_Education/Co mposting\_Workshops

#### Saturday, Apr 16

# **Dan Frechette and Laurel** Thomsen Live \$

7 p.m. - 9 p.m. Folk music Mission Coffee Roasting House 151 Washington Blvd., Fremont (510) 474-1004 www.fremontcoffee.com

#### Saturday, Apr 16

**Booster Seat Giveaway and Family Fair** 

10 a.m. - 3 p.m. Must provide proof of Alameda County residency Parent, child and vehicle must be present Ages 4+ between 40 lbs. to 110 lbs.

American High School 36300 Fremont Blvd., Fremont (925) 551-6995

#### Saturday, Apr 16 - Sunday, Apr 17

### Songkran Festival

10 a.m. - 2 p.m. Tai New Year celebration Wat Buddhanusorn Thai Buddhist Temple 36054 Niles Blvd., Fremont (510) 790-2294 www.watbudha.org/songkran-festival/

### Saturday, Apr 16

#### **Rotary Day in the Park**

8 a.m. - 12 noon Meet community leaders, food and beverages Lake Elizabeth Boat House 39770 Sailway Dr., Fremont (510) 794-0919

#### Saturday, Apr 16

**Bunny Bonanza Adoption Event** 

1 p.m. - 5 p.m. Adopt a pet, low-cost spay and neutering Hayward Animal Shelter 16 Barnes Ct., Hayward (510) 293-7200 www.haywardanimals.org

#### Saturday, Apr 16

# Virtuoso International Flute Ensemble

2:30 p.m. - 4:00 p.m. Musical performance to benefit after school bands Dominican Sisters of Mission San Jose 43326 Mission Blvd., Fremont (510) 933-6335 www.fremont-education.org

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WHAT'S HAPPENING'S TRI-CITY VOICE

April 12, 2016

#### Saturday, Apr 16

Stewardship Day – R 9:30 a.m. - 12 noon Volunteers weed and clean up trash SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222 x361

#### Saturday, Apr 16

# San Francisco Earthquake Anniversary \$

7:30 p.m. When the Earth Trembled and A Trip Down Market Street Niles Essanay Theater 37417 Niles Blvd, Fremont (510) 494-1411 www.nilesfilmmuseum.org

# Saturday, Apr 16

Old Alvarado Walking Tour 11 a.m. Discuss historical buildings on a 3/4 mile walk Alvarado Elementary School 31100 Fredi St., Union City (510) 623-7907 www.museumoflocalhistory.org

## Saturday, Apr 16 Women's Health Conference \$R

10 a.m. - 2 p.m. Discuss weight management and healthy cooking Washington Hospital 2500 Mowry Ave., Fremont (510) 608-1301 www.whhs.com/events

# Saturday, Apr 16

Live Professional Wrestling \$ 7 p.m. Male and female wrestlers compete Fundraiser for Ballet Folklorico James Logan High School 1800 H Street, Union City

1800 H Street, Union City www.knokxpro.com tmdentertainment@yahoo.com

# Saturday, Apr 16

# Spring Cleaning Tour \$

10 a.m. Examine cleaning methods from 1880 to 1940 McConaghy Victorian House 18701 Hesperian Blvd., Hayward (510) 581-0223 www.haywardareahistory.org

#### Saturday, Apr 16

Latino Americans: 500 Years of History 10 a.m. Documentary film discusses Latino voting power Hayward Area Historical Society Museum 22380 Foothill Blvd., Hayward (501) 581-0223 www.haywardareahistory.org

# Saturday, Apr 16

**Celebrating the Natural World** 10 a.m. - 3 p.m. *Fishing, bird walks, and natural science exhibits* Fremont Nature Learning Center 40224 Paseo Padre Pkwy, Fremont (510) 790-5541 www.fremnt.gov/CentralPark

#### Sunday, Apr 17

History of the National Wildlife Refuge System 1:00 p.m. - 1:30 p.m. Walk and discuss the marshlands SF Bay Wildlife Refuge 1 Marshlands Rd., Fremont (510) 792-0222

# Sunday, Apr 17

Ohlone in the Marshes – R 1:00 p.m. - 2:30 p.m. Walk thru marshes, taste pickles and make rope Ages 9+ Alviso Environmental Education Center 1751 Grand Blvd., Alviso (408) 262-5513 http://eectulerope.eventbrite.com

# Sunday, Apr 17

Sheep Shearing Day \$ 11 a.m. - 3 p.m. *Transform wool into yarn* Create a lamb craft Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

# Sunday, Apr 17

Birding Habitats 1:30 p.m. - 3:00 p.m. Explore woodland, marshes and grasslands for birds Ages 14+ Coyote Hills Regional Park 8000 Patterson Ranch Rd., Fremont (510) 544-3220 www.ebparks.org

#### Sunday, Apr 17

The Early Bud Gets the Bloom 8:30 a.m. - 2:30 p.m. View hillside flowers Hilly 6 mile hike for ages 10+ Sunol Regional Wilderness 1895 Geary Rd., Sunol (510) 544-3249 www.ebparks.org

Sunday, Apr 17 Circus of Smiles 1:45 p.m. Family friendly clown act Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1421



#### Sunday, Apr 17

Primavera Century Fun Ride \$R 8:00 a.m. - 10:30 a.m. 25 mile ride to and around Coyote Hills Mission San Jose High School 41717 Palm Ave., Fremont (510) 490-8098 https://ffbcprimavera.wordpress.c om/

# Sunday, Apr 17

Anza Trail Hike 9:30 a.m. - 11:30 a.m. Discuss Native Americans on a 2.5 mile hike Ages 12+ Garin Regional Park 1320 Garin Ave., Hayward (510) 582-2206



Tuesday, Apr 19

Weekday Bird Walk

7:30 a.m. - 9:30 a.m.

Garin Regional Park

6:30 p.m. - 9:00 p.m.

(510) 791-0287

(510) 544-3220

day, Apr 20

ditions \$R

18

12 +

All levels of experience welcome for ages

Tuesday, Apr 19 - Wednes-

A Year with Frog and Toad Au-

Musical theater workshop for ages 5 to

Newark Memorial High School

39375 Cedar Blvd., Newark

LPang@stage1theatre.org

www.stage1theatre.org

Wednesday, Apr 20

ship Luncheon - R

Paradise Ballroom

(510) 909-9263

12 noon

lunch

Pathways to Success Scholar-

NHUSD scholarship recognition and

4100 Peralta Blvd, Fremont

www.nhsfoundation.org

Meet at Carden Lane entrance

1320 Garin Ave., Hayward

Fremont Art Association 37697 Niles Boulevard Fremont, CA 94536 (510)792-0905

There is lots to see at the Art Association Gallery

# **Children's Art Show**

and Spring Reception Sunday, April 24, 1:30 to 4 pm

# Wednesday, May 4, 7 pm

Denise Oyama Miller, Co-Regional Representative of the Studio Art Quilt Associates will present a brief history of the art quilt and lead an exercise of

# Sunday, Apr 17

Restoration Rangers 1 p.m. - 4 p.m. Volunteers remove litter from shoreline Hayward Shoreline Interpretive Center 4901 Breakwater Ave., Hayward (510) 670-7270 www.haywardrec.org

# Sunday, Apr 17

National Record Store Day \$ 1 p.m. Art Gods: History of the Tower Records Art Department Niles Essanay Theater 37417 Niles Blvd, Fremont (510) 494-1411 www.nilesfilmmuseum.org

# Sunday, Apr 17

**Congressman Eric Swalwell Speaks \$** 9 a.m.

Discuss national security and foreign policy Breakfast included Temple Beth Torah 42000 Paseo Padre Pkwy., Fremont (510) 656-7141 www.bethtorah-fremont.org

## Monday, Apr 18

Social Media for Your Business - R

6:15 p.m. - 8:30 p.m. Discuss Facebook, LinkedIn, Instagram and Twitter

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 http://acsbdc.org/node/21263

# critiquing art quilts.

# Friday, Apr 22

# Math and Logic Competition \$R

5:30 p.m. - 7:30 p.m. Students grades 3 to 8 solve problems for prizes Advance registration recommended Barbara Lee Senior Center 40 North Milpitas Blvd., Milpitas (408) 586-3225 www.ci.milpitas.ca.gov/government/commissions/youth.asp www.ci.milpitas.ca.gov

# Saturday, Apr 23

# Temple Beth Torah Community Passover Seder

6:00 p.m. (Doors open 5:30 p.m.) 42000 Paseo Padre Pkwy, Fremont (510) 656-7141 admin@bethtorah-fremont.org www.bethtorah-fremont.org RSVP & payment required by Apr 15 \$10-\$25

## Saturday, Apr 23

# Community Wide Passover Seder \$R

4:30 p.m. Limited seating must pay at time of RSVP

Reserve by Apr 20 Congregation Shir Ami 4529 Malabra Ave., Castro Valley events@congshirami.org

pring

April 23, 2016

9:00am-3:00pm

Boutíque & Craft Faír

Come on down & shop for ... Mothers Day, Birthday, Graduation, Weddings, Baby Shower or just for yourself. 20+ Vendors will have lots of gift giving ideas! Our snackbar will be open for your lunchtime enjoyment along with our bake sale table with lots of sweet treats. For more info—510-797-2121

> 38991 Farwell Drive @ Mowry–Just off 880 freeway in Fremont.

**Classifieds Deadline: Noon Wednesdays** (510) 494-1999 | tricityvoice@aol.com

# **CLASSIFIEDS**



# Patient care volunteers provide a variety of supportive services to terminally ill patients and their families such as respite care for caregiver, companionship to the patient, run errands, do light housework and so much more! Life Springs Hospice serves the Alameda, Contra Costa, Santa Clara and San Mateo county communities. For more information about becoming a patient care volunteer, please contact Dawn Torre, Volunteer Coordinator I-888-493-0734 or 510-933-2181 volunteer@lifespringshospice.com

**CAREVOLUNTEER!** 





Serra Center, a non-profit corporation, has been committed to providing dignity, respect and choice to persons with intellectual disabilities since 1975.

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- to persons with intellectual disabilities
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FOR MORE INFORMATION Cathy Norvell, Human **Resources Manager** 510-477-1000 ext 104 humanresources@serracenter.org Visit us: serracenter.org

CA 94587.

Rehearsa

#### MARKETING SPECIALIST

Vacuum Products Corp., Fremont CA **Full Time Position Experience:** unspecified Marketing Specialist to conduct mkt research, forecast trends, dev online ad campaigns to increase profitability, using data analytics, statistics and SW engr techniques. Work site/mail resume to: Vacuum Products Corp., 41340 Christy Street Fremont, CA 94538 Att: HR

# WANTED Catering Chef

Do you love to throw a good party? So do we!!! Multi-Award Winning, Well Established, Family Owned, Specialty Restaurant seeks Chef for Catering Operations.

The successful candidate will have 5 years of experience as a Prep/Line Cook and Catering Experience, proven ability to organize a team and to create and execute a plan without error, purchasing and inventory management experience and the ability to excel in a fast moving, changing environment.

Pay will be commensurate with experience and ability and will include salary and bonus. We offer medical and 401K programs.

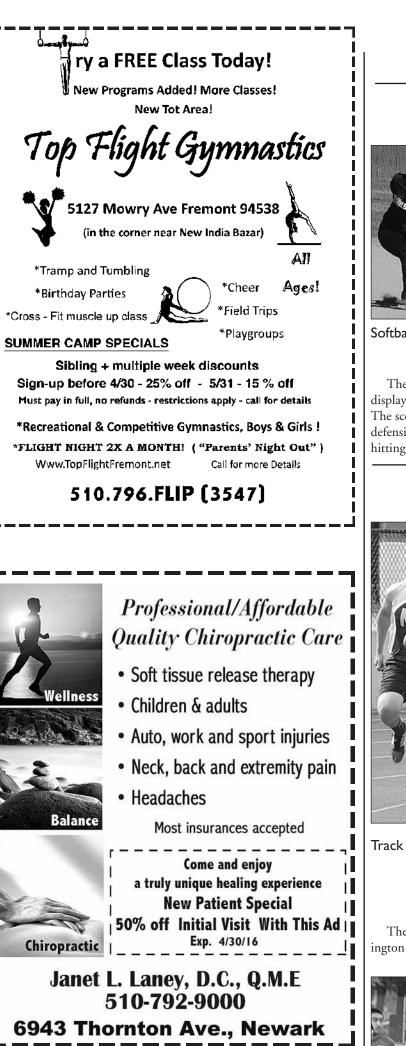
Send Resume and Salary Requirements to:

Cateredevents@smokingpigbbq.net

	Subscribe today. We deliver.						
STAGE 1         YOUTH THEATRE    AUDITION ANNOUNCEMENT TUES, APRIL 19 or WED, APRIL 20 (6:30 to 9 PM) All youths ages 5 to 18 are welcome. No experience necessary.	39 SETURG FRENCH, HAWARD, MEDTAB, NEWARK, EUNEL AND LAKEN GIV "Accurate, Fair & Honess" Subscription Form PLEASE PRINT CLEARLY	<ul> <li>737 Paseo Padre Parkway Suite B, Fremont, CA 94538 510-494-1999 fax 510-796-2462 tricityvoice@aol.com www.tricityvoice.com</li> <li>12 Months for \$75</li> </ul>					
A Year First With Book and Lyrics by WILLIE REALE Based on the books by ARNOLD LOBEL	Date:	<ul> <li>Renewal - 12 months for \$50</li> <li>Check</li> <li>Credit Card</li> <li>Cash</li> </ul>					
Co-Directed by Elizabeth Cox & Merilee Rieta Vocal Direction by Merilee Rieta Choreographer by Elizabeth Cox	Name:	Credit Card #:					
Based on Arnold Lobel's beloved children's books, A Year with Frog and Toad is a amily-friendly musical that tells the story of two best friends, Frog and Toad, as they navigate through an adventure-filled year, joined by some colorful whimsical woodland characters such as Snail, Turtle, Mouse, Squirrel and may more. Set to a azzy score, this charming musical has plenty of ensemble roles and accessible music.	Address:	Card Type: Exp. Date: Zip Code:					
Newark Memorial High School – main theatre 39375 Cedar Blvd, Newark CA	City, State, Zip Code:						
Please prepare a song of your choice and bring sheet music in your key, if possible. Accompanist will be provided. Bring comfortable shoes for a short dance routine.	Business Name if applicable:	Delivery Name & Address if different from Billing:					
Rehearsals begin June 20. Times vary depending on role assigned but are typically held in the evenings between Monday and Thursday. Tech Week begins July 31. Six performances: Aug. 5,6,7,12,13,14	Home Delivery D Mail						
Workshop fee: \$250 per child / \$150 per sibling	Phone:						
More info & audition forms at <u>www.stage1theatre.org</u> Questions? Email: LPang@stage1theatre.org	E-Mail:	Authorized Signature: (Required for all forms of payment)					

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April 12, 2016



# RTS

# Lady Eagles soar



Softball

# SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Lady Eagles softball team beat the Mission San Jose Lady Warriors 15-0 on April 5th with a great display of hitting. But even with the loss, the Warrior coaching staff is upbeat about the future of the team. The score does not reflect the close contest until late in the game as the Lady Warriors made outstanding defensive plays early on and it wasn't until late innings that the Lady Eagles broke through. However, timely hitting is a good sign for the Eagle season.

# Cougars and Huskies meet displays track excitement



Track and Field

# SUBMITTED AND PHOTOS BY **MIKE HEIGHTCHEW**

The Newark Memorial Cougars and the Washington Huskies track teams battled in a exciting

meet on April 7th. In a meet that could have gone either way, the Cougars men's team took home a victory, but so did the Lady Huskies, taking honors for their frosh/sophomore team. Team scores aside, individual performances on both teams indicate a great year ahead for Mission Valley Athletic League competition





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All Donations are 501(c)3 Tax Deductible www.Hayward911Memorial.com **Dedication will be on Memorial Day** Monday, 30 May 2016 starting at 1pm

# Vikings top Titans in extra innings

**Baseball** 

# SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

The Irvington Vikings finally secured a victory in extra innings 2-1 over cross-town rivals, John F. Kennedy in an epic battle that revealed great pitching and defense of both teams on April 6th. The scoreless pitching duel lasted until the fifth inning when Irvington took a one run lead. That didn't last long as the long ball brought the Titans back to even the score. Viking bats would not be silenced (22 runs in the last 3 games) as they hammered away in the eighth inning and put the game winning run in scoring position. An great effort from the outfield to the Titan catcher slid under his glove and secured the run and victory for the Vikings.



# Mission San Jose Chess team sweeps State Scholastic Chess Championships

# SUBMITTED BY JOE LONSDALE

The 2016 Northern California Scholastic Chess Championships were held the weekend of March 19 and 20 at the Santa Clara Convention Center. Over 950 students and more the 100 schools competed in these championships. Mission San Jose Elementary school (MSJE) of Fremont was the big winner in the Elementary School Division. MSJE won the team title and MSJE students won the individual Championships in all four top elementary school sections! This was the fifth time in the last five years that MSJE has won the team title in the grades K-3, K-5, and K-6 championship sections.

For the second straight year this championship had some of the excitement that had been missing for three of the last four years because Weibel Elementary School returned to attend the championships after boycotting the championships in 2011, 2012, and 2013. Weibel is one of the top elementary school chess teams in the country having won numerous National and State Championships. They are probably the second strongest elementary school chess team west of the Mississippi; unfortunately for them, due to the location of

MSJE; they are also the second strongest elementary school chess team in southern Fremont.

The Kindergarten section individual championship was won by Jason Liu; Kavya Meiyappan won the third place Kindergarten trophy. These two MSJE players were the only two perfect scores after four rounds. They played each other in the final round for the Championship. The MSJE



The four Student State Champions



K-6 State team

Kindergarten team won the first place team trophy with a score of 17 points. Weibel was second with 12 points. The team score is the sum of the score of the top four players on the team. Players five through eight on the MSJE team scored a total of 14 points. If these four MSJE players were a separate team they would have beaten every other school in the tournament.

-0 State team

The K-3 individual winner was MSJE student Aghilan Nachiappan who scored a perfect six of six. Allyson Wong, also of MSJE, won the second place trophy with 5.5 points (Five wins and a draw). The MSJE K-3 team won the first place team trophy 19 points versus 13 points for second place Weibel. Even without the great performance by Allyson and Aghilan the rest of the MSJE team scored enough points to win the first place team trophy without the scores from Allyson and Aghilan.

Unlike the kindergarten and K-3 section, where the MSJE team win was clinched before the last round started, the K-5 and K-6 championship sections were more competitive.

Going into the last round MSJE led by a half point in K-6 and by 1.5 points in K-5. The issue in each section was in doubt until the final game was completed. MSJE won each section by one point.

Kevin Pan of MSJE won the first place individual trophy in K-5 with 5.5 points in six rounds. Edwin Sony was the second MSJE player with 4.5 points. Jaisuraj Kaleeswaran won the first place individual trophy in K-6,

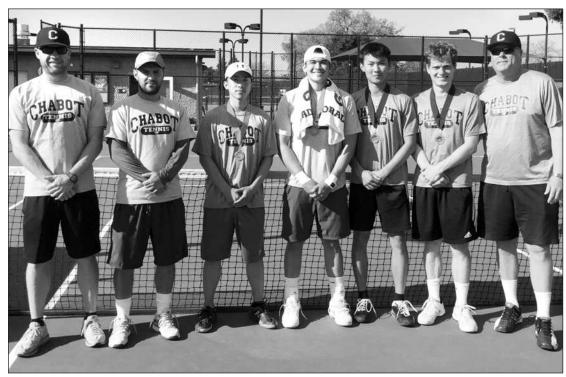


Two Kindergarten stars

Rishith Susarla of MSJE tied for third place with 4.5 points and won a large trophy. The MSJE K-6 team won the first place team trophy making it a clean sweep of the championship section for MSJE.

Chess Coaches: Joe Lonsdale, Chris Torres, Meiyappan Sathappan, Hui Wang

# Chabot College tennis update



# Moreau Catholic Defeats Hayward High

#### Men's Tennis

SUBMITTED BY TONY RODRIGUEZ

In a non-conference tennis match, the Mariners of Moreau Catholic (MVAL) faced off against the Farmers of Hayward High (WAC) on April 7th. It has been close to a decade since Hayward High last ran a tennis program, but under the respected and engaging leadership of head coach Joshua Chilcoat, the Farmers of Hayward High are well on their way to shaping a new and formidable tennis team that deserves attention.

The tennis match took place at Hayward High in front of an impressive crowd of tennis supporters in attendance and although the Mariners emerged as the victors with a final match score of 7-0, it was widely considered that every match was competitive. Special notice goes to MCHS's #3 Doubles team, seniors Stefan Sathianathen and Amolak Singh, who battled in a tremendous back-and-forth match against Hayward's James Mindanao and Adrian Sanchez.

Page 29

From left:Assistant coaches Markus Bathelt and Dmitry Dzyuba; doubles finalists Jenson Pawid and Prycen Haas; doubles champions Tony Lin and Hunter Kettering; and Head Tennis Coach Rick Morris

# SUBMITTED BY MATT SCHWAB PHOTO COURTESY OF CHABOT TENNIS

#### Tennis:

Four players, two doubles teams... one big reason to smile for Chabot College tennis coach Rick Morris.

The Gladiators' Tony Lin and Hunter Kettering prevailed against teammates Jensen Pawid and Prycen Hass 6-3, 6-7, 10-7 on Saturday, April 2, 2016 in the Coast Conference doubles final. The thrilling, back-and-forth match at Chabot was a great showcase for the program.

"Yeah, it was pretty cool because our No. 2 team is just about as good as any No. 1 on a given day," Morris said, noting that Pawid and Hass bested Foothill College's No. 1 team in the semifinals.

Impressively, all three of Chabot's men's and women's doubles teams qualified for the California Community College Athletic Association state tournament on April 20-24 in Ojai, Calif., by advancing to the conference quarterfinals.

Kettering, an Amador Valley High graduate and a team captain, sets a high standard on and off the court. Morris says quite a few coaches have commented on how much he's improved this season.

"He's improved a lot," Morris said. "He's one of the hardest working kids I've ever had at Chabot."

#### Track:

In other news, Conner McKinnon ran the No. 3 all-time mark at Chabot in the men's 800 meters with a 1:52.39 at the Chabot Invitational. Rhomel Clarke also sizzled in the 800 at San Francisco State, with a time of 1:53.34. He is No. 5 all-time at Chabot. Mckinnon and Clarke are also ranked third and fifth in the state rankings.

Bret Greene also cracked the Chabot top-10 list in the 10k with a time of 33:18.50. He is No. 8 in the state and ninth in the Chabot record books.

#### SINGLES:

(1) Rohan Divate (MCHS) defeated Mateo Cuellar (HH): 8-1

(2) Aniruddh Mandalapu (MCHS) defeated Eduardo Pineda (HH):8-3

(3) Julius Chong (MCHS) defeated Fredy Gochez (HH): 8-2

(4) Charley Jiao (MCHS) defeated Alex Ruiz (HH): 8-3

#### **DOUBLES:**

(1) Novel Boparai/Andrew Gatdula (MCHS) defeated RJ Minanao/Sal Sotelo (HH): 8-3

(2) Nicholas Chan/Andika Dharma (MCHS) defeated Tana Muck/Alan Sanchez (HH): 8-2

(3) Stefan Sathianathen/Amolak Singh (MCHS) defeated James Mindanao/Adrian Sanchez (HH): 8-6



# Are you registered to vote?

# SUBMITTED BY LEAGUE OF WOMEN VOTERS EDEN AREA

May 23 is the last day to register to vote in the June 7 election. If you are not already registered, the League of Women Voters Eden Area (LWVEA) would like to provide several registration opportunities in our area. We will be conducting registration opportunities during drives at BART stations and Farmers' Markets on the following dates: Farmers' Markets: Saturday, Apr 23 9 a.m. – 1 p.m. Castro Valley, Hayward & San Leandro Farmers' Markets

Bart Stations: Wednesday, Apr 27 4:30 p.m. - 6:30 p.m. Castro Valley, San Leandro, Bay Fair &

#### **Hayward Stations**

Please email or call Joanne Young, Voter Services, LWVEA at jysunrunner@gmail.com or (510) 538-5567 for questions.

# **Government Briefs**

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

# **City Council/Public Agency MEETINGS**

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

#### **CITY COUNCILS**

Fremont City Council Ist/2nd/3rd Tuesday @ 7 p.m. City Hall, Bldg A 3300 Capitol Ave., Fremont (510) 284-4000 www.fremont.gov

Hayward City Council Ist/3rd/4th Tuesday @ 7 p.m. City Hall, second floor 777 B Street, Hayward (510) 583-4000 www.ci.hayward.ca.us

Milpitas City Council Ist/3rd Tuesday @ 7 p.m. 455 East Calaveras Blvd., Milpitas (408) 586-3001 www.ci.milpitas.ca.gov

Newark City Council 2nd/4th Thursday @ 7:30 p.m. City Hall, 6th Floor 37101 Newark Blvd., Newark (510) 578-4266 www.ci.newark.ca.us

San Leandro City Council Ist/3rd Monday @ 7 p.m. 835 East 14th St., San Leandro (510) 577-3366 www.sanleandro.org

Union City City Council 2nd/4th Tuesday @ 7 p.m. City Hall 34009 Alvarado-Niles Rd., Union City (510) 471-3232 www.ci.union-city.ca.us

#### WATER/SEWER

Alameda County Water District 2nd Thursday @ 6:00 p.m. 43885 S. Grimmer Blvd., Fremont (510) 668-4200 www.acwd.org

East Bay Municipal Utility District 2nd/4th Tuesday @ 1:15 p.m. 375 11th St., Oakland (866) 403-2683 www.ebmud.com

Santa Clara Valley Water District 2nd/4th Tuesday @ 6:00 p.m. 5700 Almaden Expwy., San Jose (408) 265-2607, ext. 2277 www.valleywater.org

Union Sanitary District 2nd/4th Monday @ 7:00 p.m. 5072 Benson Rd., Union City (510) 477-7503

# April 12 is **Equal Pay Day**

SUBMITTED BY SHIRLEY GILBERT

AAUW (American Association of University Women) encourages you to mark April 12 as the day you let your member of congress know that it's time to close the pay gap between men and women.

Nationally, women working full time in the U.S. are paid just 79 percent of what men are paid. And truth be told, women face a pay gap in almost every profes-

# **Fremont City** Council

April 5, 2016

**Consent:** Approve summary vacation of a portion of Bryant Street and

sion. Let your representatives know that they should pass the Paycheck Fairness Act so that women and men are paid equally.

In our area, your congressmen are: Mike Honda for the 17th Congressional District (Silicon Valley including Fremont) who can be reached via email at: https://honda.house.gov/connect/voice-opinion and Eric Swalwell for the 15th Congressional District (East Bay) at: https://swalwell.gov/contact

Approve development of 785 residential units and 327,000 square feet of commercial including office space, hotel and restaurant in Warm Springs community at 44710 Fremont Boulevard, 44758 and 44788 Old Warm Springs Boulevard. Construction staging: #1 Residential, #2 Hotel, #3 Offices. Comment by Coun-



Present certificate of appreciation for donations to Senior Center Crab Feed. John Wong of Mission Peak Homes, Inc. present to accept certificate from Mayor Harrison and Senior Center Manager Aisha Jasper

public service easement at 43342 Bryant Street.

Approve summary vacation of a public utility easement along former Shoreline Court at 48200 Fremont Boulevard.

#### **Ceremonial Items:**

Present certificate of appreciation for donations to Senior Center Crab Feed. John Wong of Mission Peak Homes, Inc. present to accept certificate from Mayor Harrison and Senior Cencilmember Bacon about residential character dominating development instead of work related facilities in proximity to Warm Springs BART station. (4-1, Bacon).

#### **Other Business:**

Accept 2016 Fremont Community Survey results. Questions about sample size and methodology

### **Council Referrals:**

Confirm appointment of Jeff Couthren as Recreation Commis



About Takes From Silicon Valley East TheDoilyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's monufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here. To subscribe to all blog posts scan this QR Code or visit ThinkSiliconVallev.com/silicon-vallev-east/

# TAKES FROM SILICON VALLEY EAST

# **Fremont Startup Grind Digest: Aaron Carpenter and Donna Novitsky**

As an entrepreneur, how often do you ask yourself, "How big are we in comparison to our competition?" At our last fireside chat in March, we sat down with Aaron Carpenter, Chief Customer Officer at HubNami, a social media management startup. Hubnami creates software to answer these types of questions.

Whether you are trying to appeal to a business or a consumer, Carpenter says that your marketing strategies must be exemplary. It is extremely difficult to sell products from business to business, and even with a plan in place, it may still be complicated to execute. Consumers are just as hard to convince. Brand loyalty is something that consumers are extremely conscious of - they either love or hate a brand. How would you sell your product in ten seconds? What makes you stand out from your competition?

Companies entering the social media realm often ask when is the right time to start marketing and sharing their product. Carpenter explained that the golden rule is, "It's never too early." One of the most viewed pieces of content for companies on social media is product teasers, or behind-thescenes footage. Once you begin consistently posting new content, the followers will come.

However, effective marketing strategies don't have to be costly. One simple suggestion Carpenter has is to write a piece on your Facebook page and boost the post for other businesses and consumers to see. If you want to know exactly what you're up

against, sign up for a free trial with your competitors and see what they're doing.

There's a reason why social media has been called a "black hole". Even though the space is crowded, the possibilities are endless and each company specializes in its own niche. Carpenter expects that there will be a massive consolidation in the future, and many of these smaller companies will become a tool or subset of larger organizations.

Our next fireside chat for Fremont's Startup Grind chapter is on Tuesday, April 19, 2016. At a new location Electronics For Imaging (efi) on 6700 Dumbarton Cr., Fremont, CA. We will be celebrating Female Founders Month and speaking with Donna Novitsky of Yiftee.

Depending on how you count them, Yiftee is Donna's 3rd or 19th start-up. She is also a former partner of a top tier venture capital firm and teaches marketing to engineers and entrepreneurs at Stanford University. She took a startup from scratch to IPO, and is mother of two teenage kids. Novitsky was named one of the 2014 Top 10 Women to Watch in Tech by Inc. Magazine in April 2014, and holds a B.S. in Industrial Engineering with Distinction from Stanford University, as well a Harvard MBA.

### Don't miss out on this event! Get your tickets at http://bit.ly/1RT01OJ.

More spring events will be announced soon. You can stay informed by following Startup Grind on Twitter @Fremont-Grind, and on Facebook at Startup Grind Fremont.

www.unionsanitary.com

# SCHOOL DISTRICTS

Castro Valley Unified School Board 2nd/4th Thursday @ 7:00 p.m. 4400 Alma Ave., Castro Valley (510) 537-3000 www.cv.k12.ca.us

Fremont Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 4210 Technology Dr., Fremont (510) 657-2350 www.fremont.k12.ca.us

Hayward Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 24411 Amador Street, Hayward (510) 784-2600 www.husd.k12.ca.us

Milpitas Unified School Board 2nd/4th Tuesday @ 7:00 p.m. 1331 E. Calaveras Blvd., Milpitas www.musd.org (406) 635-2600 ext. 6013

New Haven Unified School Board Ist/3rd Tuesday @ 6:30 p.m. 34200 Alvarado-Niles Rd., Union City (510) 471-1100 www.nhusd.k12.ca.us

Newark Unified School District Ist/3rd Tuesday @ 7 p.m. 5715 Musick Ave., Newark (510) 818-4103 www.newarkunified.org

San Leandro Unified School Board Ist/3rd Tuesday @ 7:00 p.m. 835 E. 14th St., San Leandro (510) 667-3500 www.sanleandro.k12.ca.us

San Lorenzo Unified School Board Ist/3rd Tuesday @ 7:30 p.m. 15510 Usher St., San Lorenzo (510) 317-4600 www.slzusd.org

Sunol Glen Unified School Board 2nd Tuesday @ 5:30 p.m. 11601 Main Street, Sunol (925) 862-2026 www.sunol.k12.ca.us

ter Manager Aisha Jasper. **Public Communications:** 

In favor of extension of lease for Regan's Nurserv

Criticism of police parking citations near Mission Peak trailhead

Criticism of parking restrictions near Mission Peak trailhead

**Scheduled Items:** 

Approve bond issuance for St. Anton communities.

sion Representative to East Bay Regional Park District Liaison Committee as alternate. Public comment about whether advisory bodies are meeting regularly and, if not, whether they should exist.

Mayor Bill Harrison	Aye
Vice Mayor Lily Mei	i Aye
Suzanne Lee Chan	Aye
Vinnie Bacon	Aye, 1 Nay
Rick Jones	Aye

# **FUSD Measure E Bond Performance** Audit gives top rating

SUBMITTED BY ROBIN MICHEL

ports with the Committee.

On January 27, the Fremont Unified School District (FUSD) Board of Education reviewed the Independent Financial and Performance Audit Reports for Measure E, the \$650 million school facilities bond passed by Fremont voters in 2014. The 2014-2015 Financial and Performance Audits include the District financial statements, supplemental information, and the auditors' opinions on the financial statements, and state compliance.

Upon the recommendation of the Citizens' Bond Oversight Committee (CBOC), the Board awarded a contract to the firm of Vavrinek, Trine, Day and Company, LLP (VTD), Certified Public Accountants, to perform the required audits for the most recent fiscal year. VTD conducted the two audits for the twelve-month period ending June 30, 2015. The results of the audits were presented to the Board of Education by Terri Montgomery, Principal, VTD. At the January 6, 2016, CBOC meeting, Ms. Montgomery reviewed the re-

Ms. Montgomery noted that the two most important words on the Financial Audit could be found on page 1, under the Opinion, which states that the financial statements "present fairly." This means that there are no findings. "If [the opinion] read 'presents fairly, but-' we would be having a longer discussion," Ms. Montgomery quipped.

It is the auditors' conclusion that the Fremont Unified School District is adhering to policies and processes that provide good internal controls over expenditure of the Bond monies and the District, with the CBOC oversight, is performing the construction of projects in a manner consistent with those listed in the Bond documents and with California Law.

More about Measure E, the \$650 million school facilities bond addressing critical health and safety issues throughout the district, including overcrowding, may be found on the District's website at www.fremont.k12.ca.us, click on Measure E.

# Hayward City Council

# April 5, 2016

#### **Presentation:**

• In lieu of Volunteer Recognition Week, a proclamation was presented to Zach Ebadi, Volunteer Coordinator, on behalf of several community volunteers from various departments of the city of Hayward.

## **Consent:**

· Council approved authorization of city manager to execute a contract with Aclara Technologies, LLC, for the purchase and installation of an Advanced Metering Infrastructure (AMI) system in an amount not to exceed \$3,113,000. Council also approved resolution for city manager to execute a contract with Delta Engineering for the purchase of project materials for the AMI conversion project in an amount not to exceed \$9,500,000; as well as resolution modifying the previously approved \$10,000,000 transfer from the Water Operating Fund to the Water Replacement Capital Fund for the AMI conversion project.

• Council approved annual review of City of Hayward issued debt, as well as the annual city benefit liabilities and funding plan review.

• Council approved resignation of Jason Escareno from the Keep Hayward Clean and Green Task Force, and Joseph Davis from the Downtown Hayward

Business Improvement Area Advisory Board.

# Work Session:

• Council and staff discussed Community Choice Energy (CCE) program for Alameda County status update. According to staff report, CCE "enables local governments to procure and/or develop power on behalf of their public facilities, residents and businesses. It has proven to increase renewable energy and lower greenhouse gases while providing competitive electricity rates."

• Department of Library and Community Services Sean Reinhart presented the FY 2017 Community Agency Funding recommendations, including Community Development Block Grant (CDBG), social services, and arts and music. CDBG annual action plan and CDBG citizen participation plan were also discussed. (Jones, recusal)

Legislative Business:

• A resolution authorizing additional funding for Downtown Specific Plan was introduced due to termination of contract with Dyatt & Bhattia in October 2015. Lisa Wise Consulting has been selected as the new consultant team, and an additional \$230,000 is needed. Mayor Barbara Halliday Aye Mayor Pro Tempore Al Mendall Aye

Francisco Zermeño Aye Marvin Peixoto Aye Greg Jones Aye, 1 Recusal Sara Lamnin Aye Elisa Márquez Aye

# OPINION



# WILLIAM MARSHAK

he age of information is in overdrive these days. Waiting for the newspaper to hit the porch to find out what is happening worldwide is often redundant; information is just a small screen, big screen or speaker away every hour on the hour. However, a missing piece is coverage of local people, events and venues. Just as important but more difficult to gather, such information is dispersed by a wide variety of people and organizations that want to reach out to their communities but have limited resources to do so.

# Our world of news

This dilemma applies to governments as well. Often zoning decisions and projects with direct impact on citizens are discussed and addressed online, but generating interest and bringing focus to these seemingly esoteric deliberations is difficult although of great importance to citizens.

The distinction between "hard" news (political, economic, crime) and "soft" news (personal interest, features) is often used by newspapers to create a critical division between issues worthy of publication and others, but the reality is that the line between the two is blurred and balanced reporting has a place; people who read newspapers cannot be defined by a single concept or interest. Depending on the content, an individual reader may be drawn to different types of articles at different times. At Tri-City Voice we seek balance to reflect the character of our cities and neighborhoods.

The advent of web based information allows articles, once responsible for the entire content of a government meeting or community issue, to summarize and point the way toward further investigation at a website with documentation, diagrams and photographs. The role of newspapers has become integrated with other media to allow citizens to access as much or little information desired. Providing clear and honest reports in concert with additional documentation is the cornerstone of active and viable citizen participation.

Tri-City Voice believes that while hard news is a vital component of our newspaper, community activities and personal interactions are of equal value. How fellow citizens are supporting and involved within our cities and surrounding areas not only invites others to participate, but gives a sense of community and inclusion. How else can we become involved with those who share our interests and passions? This is our role and we are constantly looking for ways to improve our service to our readers.

Dai My

William Marshak PUBLISHER

# ECLECTIC ROOTS-FOLK MUSIC COMES TO MISSION COFFEE

# SUBMITTED BY BRASK HOUSE CONCERTS

Meeting via a chance YouTube sighting and fueled by rare musical chemistry, songwriters Dan Frechette (guitar/vocals) and Laurel Thomsen (violin/vocals) prove that musical magic is not only possible, but as described by The Monterey

but as described by The Monterey Herald, "a match made in heaven." Lyrically refreshing and musically diverse, this Canadian-American duo bring their eclectic Roots-Folk magic to Fremont's Mission Coffee on April 16. Over the past three years the duo has toured extensively throughout the U.S. and Canada, releasing two albums of their diverse and uplifting original material. Dan and Laurel take to the stage with exuberance, and as a concert ation (EMCA) series, and official showcases at the FAR-West Conference in 2014. In spring 2016 they are looking forward to headlining the Listening Room Festival in Florida and returning to the South.

Dan Frechette, Canadian entertainer, acoustic guitarist, uncanny impressionist, and



Laurel Thomsen, American genre-bending violinist, composer, and respected educator, combines the tone and emotional range of classical training with a diverse palate of fiddle styles and acoustic genres. Also a songwriter and singer, she enjoys exploring universal topics and sharing here through some. The heat

ics and sharing hope through song. The host of the popular Violin Geek Podcast; author of two multi-media guides to string playing technique; a longtime Strings magazine contributor; and a dedicated private, Skype, and workshop instructor to violin, viola,

Publisher Editor In Chief William Marshak

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WEB MASTER RAMAN CONSULTING Venkat Raman

reviewer in Tappen, British Columbia wrote, with "their energy, winsome personalities, and toe tapping rhythms, keep audiences engaged with every song."

Since the duo played their first concert together in early 2013, they have performed close to 300 concerts ranging from house shows to festivals and theaters. Highlights have included a twelve date Home Routes tour of northern British Columbia, opening for The Wailin' Jennys at a sold out theater in Grass Valley, the definitive Russ & Julie's House Concert in Los Angeles, the Eastern Manitoba Concert Associprolific singer-songwriter, is a musical force. With over 1,300 songs to his name across an impressive range of acoustic genres, including the The Duhks' hit singles "The Mists of Down Below" and "You Don't See It," was signed to EMI publishing at 17. Since then he has released over 25 albums of original material, and has been performing high-energy, soulful concerts throughout North America and Europe since 1992. He has shared stages with the likes of Dar Williams and Richard Thompson, and is considered to be one of Canada's best on acoustic guitar and harmonica. and fiddle students around the world, Laurel is passionate about not only sharing her music on stage, but helping others find their musical path.

With broad influences ranging from Folk, Classical, Old Time and Celtic, to Gospel, Jazz, Vintage Country, Rock N' Roll, Blues and Bluegrass, Dan and Laurel flow seamlessly through genres, tempos, stories, and moods, embodying each style with virtuosic command and keeping music fans on the edge of their seats.

> Dan Frechette & Laurel Thomsen Saturday, Apr 16 7 p.m. – 9 p.m. Mission Coffee 151 Washington Blvd, Fremont (510) 623-6920 www.braskhouseconcerts.com www.danandlaurel.com Tickets: \$15 at the door

LEGAL COUNSEL Stephen F. Von Till, Esq.

# **ADJUDICATION:**

What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

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#### April 12, 2016

# **Milpitas City Council Meeting**

#### April 5, 2016

#### **Public Hearings:**

• Conduct a public hearing to approve the major tentative map, conditional use permit site development permit and environmental assessment for a 22-story mixed use building including two 19-story residential towers over two levels of subterranean parking and three levels of parking, retail and offices on a three-acre parcel. (4 ayes, 1 nay: Grilli)

• Conduct a public hearing to approve the major vesting tentative map, conditional use permit and site development permit for a 12-story tower containing 210 apartments and 2,937 square feet of commercial space as well as 98 townhome units on a 5.72 acre parcel within the Piper-Montague sub district of the Transit Area Specific Plan. (4 ayes, 1 abstention: Barbadillo)

# **Unfinished Business:**

• Receive a report on and demonstration of city website. **Reports of Officers:** 

• Per recommendation of City Council's Facilities Naming Subcommittee, approve naming "Bob Maguire Park" in the Amalfi Development and approve naming "Larry Itliong Park" in 450 Montague development after city's early chairman of Parks & Recreation committee and civil rights activist respectively.

# **New Business:**

 Accept Santa Clara County **Emergency Medical Services** Agency trust funds of \$17,194.50 to purchase patient care data hardware benefitting the Santa Clara County EMS System and approve a budget adjustment.

• Grant site development permit including exception per muncipal code to allow construction of swimming pool & spa at 1506 Augusta Court in the Hillside Zoning District.

# **Agreements:**

• Approve increase of \$100,000 to agreement with M Group for planning services.

• Approve an agreement with De Novo Planning Group for the preperation of a general plan update, environmental impact report and economic development strategy in an amount not to exceed \$1,200,000.

• Authorize the city manager to amend contract with Level 3 Communications, LLC, for voice and internet services to a new term of 36 months commencing April 5, 2016

Mayor Jose Esteves Ave Vice Mayor Carmen Montano Aye Aye Debbie Indihar Giordano Greg Barbadillo Aye, 1 abstention Marsha Grilli Aye, 1 nay



#### SUBMITTED BY AMANDA YOPP

Please support our students and the Newark Memorial High School Fine Arts Department by joining us for our second annual Fine Arts Fair on Saturday, April 30. The Fine Arts Department consists of Choir, Band, Drama, Ceramics, Drawing, Painting, Photography, and Video classes.

Some of the planned activities include: Presentations by Performing Arts classes and

clubs: Choirs, Band, and Drama Videos by MCA (Media Communications Academy) Media 11 & 12

Displays from Visual Arts classes: Photography, MCA Commercial Art, Murals, Drawing and Painting, and Ceramics Rocketry booth

Interactive booths for children: large bubbles, face painting by students

Judging of art pieces by an artist or art teacher in the community, and awarding of prizes

Fundraising happenings: purchase student artwork and the official Fine Arts Fair T-Shirt, and "Adoption" Table (for broken equipment and instruments), a raffle (sponsored by the Newark Music Boosters), and food booths.

> Newark Memorial High Fine Arts Fair Saturday, Apr 30 5 p.m. – 8 p.m. Newark Memorial High School 39375 Cedar Blvd, Newark (510) 818-4300 Free

# Auditions for Ohlone College theatrical production

# SUBMITTED BY OHLONE COLLEGE

hlone College's award-winning Theatre and Dance department is holding

The characters' ages listed below are an approximation. We may cast actors of different ages for these roles. All roles are open.



Find all the details for these and more Chamber Member events at www.newark-chamber.com. Prospective Members: Come see the benefits of becoming a Newark Chamber Member!

Tue, April 12, 5pm-7pm, Celebrate Spring! at this month's Chamber Mixer hosted by the DoubleTree by Hilton-Newark | Fremont, at 39900 Balentine Dr, Newark. You'll love mixing it up!

Thur, April 21, 11:15am-1:30pm, Newark 's Annual "State of the City" Luncheon. This popular event fills up fast. Hear exciting updates about our City, from Mayor Alan L. Nagy. At the DoubleTree Hilton-Newark-Fremont, 39900 Balentine Dr. Get the reservation form on www.newark-chamber.com \*\*\*\*\*

**REMINDER: THE CHAMBER HAS RELOCATED** Find us in the Community Center Building at 35501 Cedar Blvd. Call to schedule appointments at 510-578-4500 or to get more information. Our email address is: info@newark-chamber.com

# Fremont launches Vision Zero 2020 for a safer community

# SUBMITTED BY CITY OF FREMONT

In September 2015, the Fremont City Council approved "Vision Zero" as the City's traffic safety policy in an effort to eliminate traffic fatalities, reduce injury crashes, and improve safety for all modes of travel. The Vision Zero concept, established in Sweden in 1997, aims to make traffic safety the highest priority for the design and operations of the transportation system. In the past two years, several American cities have endorsed the Vision

on the three topics of safer streets, safer people, and safer vehicles. View the Fremont Vision Zero 2020 Report and Action Plan at: http://www.fremont.gov/2594/Fr emont-Vision-Zero-2020

Rigorous data reporting and evaluation is a key element of the Vision Zero approach. In 2015, Fremont streets encountered 37 traffic crashes, killing eight and severely injuring 31. All of the fatalities occurred on streets with speed limits of 40 MPH (Miles Per Hour) or higher. The time period with the greatest frequency of severe crashes and fa-

auditions for "Spending the End of the World on OkCupid," a world premiere written exclusively for Ohlone College by Bay Area playwright, director, and TheatreWorks Casting Associate Jeffrey Lo. This production will be directed by Michael Navarra.

### Synopsis:

Bay Area, April 20, 2017A modern day prophet predicts the disappearance of half the world's population and warns those remaining that they are the next to go as soon as the clock strikes midnight. With twelve hours to live, some spend time with their friends, most spend time with their family, others spend the end of the world on OkCupid.

#### **Auditions:**

Wednesday, May 11, 6 p.m. - 10 p.m. Please email: auditions@ohlone.edu to set up an appointment. Drop-ins are also welcome. Callbacks will be held on Saturday, May 21, 10 a.m. – 5 p.m.

# NUMMI Theatre in the Smith Center at **Ohlone College** 43600 Mission Blvd, Fremont

For auditions, prepare a 90 second contemporary monologue.

Callbacks will be held on Saturday, May 21, 10 a.m. – 5 p.m.

#### Rehearsals start Tuesday, September 6.

Rehearsals will mostly be held Monday-Thursday, 6 p.m. – 10 p.m. until we get closer to technical. Then we'll rehearse on Fridays and Saturdays as well.

# Performances will be November 4-19. **Non-Traditional Casting:**

Ohlone College does not discriminate based on color, race, religious affiliation, sexual orientation, disabilities, gender, or otherwise. All performers, including those of color, seniors, women, and performers with disabilities, are encouraged to audition and will be given full consideration.

# Enrollment:

All actors will enroll in TD-124 Rehearsal and Performance. This is a 4 unit class.

# **Cast of Characters – 15 Actors:**

Caitlyn, 24, Any Race, Female An intelligent and timid bookworm; witty but shy and always plays it safe.

Ben, 25, Any Race, Male Charismatic, confident and impulsive; older than his age and borders on pushy.

WarriorsGirl30, 20's, Any Race, Female Clever and romantic; looking for a friend for a final chat on OkCupid.

MsChanandlerBong, 20's, Any Race, Male Sweet and thoughtful; looking for a friend for a final chat on OkCupid.

Sarah, 50's, Any Race, Female A mourning mother searching for a way to come to terms with her loss.

Louie, 40's-50's, Any Race, Male Owner of Louie's 10 Star Burgers. Loves his work and takes great pride in it.

Sage Cruz, 30's-40's, Any Race, Female Host of Tonight with Sage Cruz; a stern journalist focused on her work.

Alfred Winters, 40's-50's, Any Race, Male Crazed and filled with self-importance and now seen as a prophet.

Remaining characters will be doubled by an ensemble of actors including actor playing Sarah, Louie, Sage Cruz and Alfred Winters.

To set up an audition appointment, email: auditions@ohlone.edu

Zero concept, including New York City, San Francisco, Seattle, San Jose, and now Fremont.

Fremont City staff has completed a "Fremont Vision Zero 2020" status report and action plan that seeks to significantly improve traffic safety by 2020 through a collaboration involving engineers, law enforcement officials, educators, vehicle manufacturers, policy makers, and the community. The report includes an in-depth analysis of Fremont traffic crashes, key issues and "hot spot" locations, and describes a data driven strategy for improving safety. The action plan identifies 13 action items that focuses

talities was between 6 p.m. and 10 p.m., and the highest number of fatal crashes involved persons over the age of 50. Compared to most cities, Fremont has a relatively good traffic safety record with respect to traffic fatalities per capita. However, the goal isn't to be number one — the vision is to get to zero.

Vision Zero Booth at Earth Day Saturday, Apr 23 11 a.m. to 3 p.m. Washington Hospital, Anderson, M.D. Auditorium 2500 Mowry Ave, Fremont (510) 284-4000

# Local and county measures

# SUBMITTED BY LEAGUE OF WOMEN VOTERS EDEN AREA

In preparation for the upcoming primary elections, here are some local and Alameda County measures you will see on your June 7 ballot:

Measure A - Chabot Las-Positas Community College District

A bond measure for \$950,000,000 to be used for "job training, classroom repair and student safety"

#### Measure C

"Shall the charter of the city of Hayward be amended to change general municipal elections from June of even-number years to November of even-number years to be effective in 2018?"

Measure D - City of

#### Hayward

Pertains to extension of Hayward's present Utility User's Tax for 20 years at the present rate of 5.5 percent

Measure G – Castro Valley Unified School District School Facilities Bond Measure

"To upgrade and repair aging classrooms; improve school safety and security; expand classroom space...update science labs and learning technology; improve access for students with disabilities..." by issuing \$123 million in bonds which would not exceed \$60 per year per \$100,000 of assessed value (not market rate) of taxable property

For more details on the measures, go to www.acgov.org/rov/elections/2016.

# Local students excel at Science & **Engineering Fair**

# **SUBMITTED BY PATTI CAROTHERS PHOTO BY ANNET** HAMMOND PHOTOGRAPHY

The 5th annual Synopsys Alameda County Science & Engineering Fair showcased the science and engineering research of close to 700 students on the weekend of March 18-20 at the Alameda County fairgrounds. More than 2,500 people attended the open house hours and the award ceremony that culminated the three day event. These students are well on their way to becoming our future scientists, technology experts, engineers, and mathematicians.

This regional competition organized by the Alameda County Science and Engineering Fair Association, a nonprofit 501(C) (3) is led by Patti Carothers, founding fair director and is sponsored by several corporations including title sponsor, the Synopsys Outreach Foundation, as well as Lawrence Livermore National Laboratory, Oracle, Chevron, Kaiser Permanente, Sandia National Laboratory, Professional Engineers in California Government, East Bay Community Foundation and Alameda County Water and Waste Water Agencies and several private donors. This competition celebrates achievement by middle and high school students supported by their parents, teachers, and schools.

Projects range from alternative sources of energy to plant science with a large proportion in engineering and biological sciences.

The highest awards went to

the following high school students for their winning projects and will move forward to the California State Science Fair and the prestigious Intel International Science & Engineering Fair. Students from 75 countries will bring their best projects to compete for well over a million dollars in prizes and additional scholarships donated by universities and corporations from around the world.

# Grand Awards went to the following students:

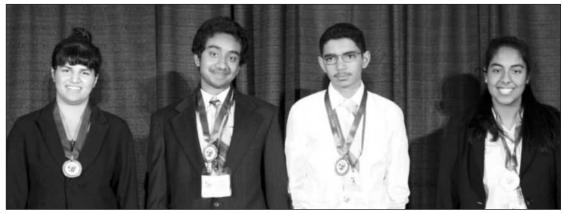
Abheer Singh from American High School in Fremont:

Abheer did his project on inhibition of bacterial mutagenesis through polyubiquitination: a solution to antibiotic drug resistance. (teacher Larry Millard).

Venkat Krishnan, also from American High School, Fremont:

His project covered using Lucas-Kanade optical flow modeling-based computer vision algorithms and sensor fusion to create a novel low cost autonomous emergency first responder drone. (teacher Joshua Baker).

Sonia Sachar, a student at Irvington High School, Fremont:



High School Grand Award Winners: (L to R): Sonia Sachar, Irvington HS, Fremont; Venkat Krishnan, American HS, Fremont; Abheer Singh, American HS, Fremont; Sandhya Kalavacherla, Amador Valley HS, Pleasanton

She investigated using a machine learning approach for predicting drug efficacy. Her teacher is Wai-pan Chan.

Sandhya Kalavacherla from Amador Valley High School in Pleasanton:

Her project was on a matingbased split ubiquitin approach to determine membrane protein interactions with cellulose synthase interactive (CSI-l) protein. (teacher Drew Melby).

Jessika Baral, a student from Mission San Jose High School, Fremont: Jessika is on her way to helping with early diagnosis of small cell lung cancer with a

mechanism that can provide diagnosis for one dollar or less and in less than one minute. Her mentor was Julien Sage.

Not to be outdone, two middle school projects earned Grand Awards for their research in areas dealing with water related projects. These students move on to the California State Science Fair and the national Broadcom Masters competition which brings together the top 10 percent of middle school students and their research projects from the United States.

Shreya Ramachandran from Stratford Middle School in Fremont researched the effect of soap nut grey water on soil and plants.

Anay Bhakat from Quarry Lane School in Dublin was guided by teacher Andrea Peoples-Marwah in his endeavor to use a tool to measure the water given to a plant by controlling the water received.

A full listing of the Alameda County students and schools involved and their awards are at https://acsef.zfairs.com

For more information contact Fair Director, Patti Carothers (925) 426-7879 or visit the website at www.acsef.org





Middle School Grand Award Winners: (L to R): Anay Bhakat, Quarry Lane School,

Additional High School Grand Award Winner: Jessika Baral, Mission HS, Fremont with runner up Rohan Arora

#### Marshall Elementary School 20111 Marshall St, **Castro Valley**

Newark: Fridays: April 22 & Apr 29 Saturdays: Apr 16, Apr 23 & Apr 30 7:30 a.m. - 2:30 p.m. Fremont - Newark Blood **Donation Center** 39227 Cedar Blvd, Newark tification are required at check-in. Individuals who are 17 years of age (16 with parental consent in some states), weigh at least 110 lbs. and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood donors can now save time at their next donation by using RapidPass to complete their pre-donation reading and health history questionnaire online on the day of their donation or prior to arriving at the blood drive. To get started and learn more, visit redcrossblood.org/RapidPass.

Dublin and Shreya Ramachandran, Stratford Middle School, Fremont

**Red Cross asks for** blood donations

# SUBMITTED BY NATIVIDAD LEWIS

The American Red Cross encourages eligible blood donors to donate blood this spring to ensure a sufficient supply for paquently transfused by hospitals and must be used within 42 days of donation.

Eligible donors can give red blood cells through either a regular whole blood donation or a double red cell donation, where available. During a double red cell donation, two units of red blood cells are collected while most of the plasma and platelets are returned to the donor. Double red cell donors must meet additional eligibility criteria, which will be determined at the donation appointment.

Donors with all blood types are needed, especially those with types O, A negative and B negative. Whole blood can be donated every 56 days, up to six times a year, and double red cells may be donated every 112 days, up to three times per year. To make an appointment to give blood, download the free Red Cross Blood Donor App, visit redcross-

tients at approximately 2,600 hospitals across the country. Donated blood is perishable and must constantly be replenished to keep up with hospital patient need. Red blood cells are the blood component most freblood.org or call 1-800-RED CROSS (1-800-733-2767). Upcoming blood donation opportunities:

> **Castro Valley:** Friday, Apr 22 1 p.m. - 7 p.m.

San Lorenzo: Friday, April 29 11:30 a.m. - 5 p.m. Kipp King High School 2005 Via Barrett, San Lorenzo A blood donor card, driver's li-

cense or two other forms of iden-

# Math really does count!

# SUBMITTED BY GEETA ARORA

Itliong-Vera Cruz Middle School's (IVCMS) student team recently won third place at the East Bay Chapter competition of MATHCOUNTS for middle school/junior high students. MATHCOUNTS Competition Series is "A national middle school coaching and competitive mathematics program that promotes mathematics achievement through a series of fun and engaging 'bee' style contests."

Each school can send up to four team members who participate as individuals and also as a team, and an additional six individuals. IVCMS' official team was comprised of 6th grader Rayna Arora, 7th graders Jiyang Chen and Jessica Fan, and 8th grader Kenny Chen. The remaining mathletes, Mehek Bhargava, Vivitsaa Dhakal, Sahana Hegde, Sidney Len, Jayden Pulickal and Vasuda Vaidyanathan, all did extremely well. In addition, Jiyang Chen made it to the top 10 individuals and participated courageously in the oral fast-paced head-to-head competition against other top students.

It was this team's first year participating in MATHCOUNTS, and they were excited to win the third place trophy out of 16 participating teams.

To learn more about MATHCOUNTS, visit www.mathcounts.org.



Caption: Top row: Jessica Fan, Kenny Chen, Coach Geeta Arora, Vivitsaa Dhakal, Sahana Hegde, Jiyang Chen Bottom row: Jayden Pulickal, Vasuda Vaidyanathan, Sidney Len, Rayna Arora, Mehek Bhargava

# LETTER TO THE EDITOR

# **Mother cow** milking event

Rumor has it that the Rowell Ranch Rodeo Committee once again plans to feature the cruel (and non-sanctioned) wild cow milking and mutton busting events at this year's rodeo (May 21-22), despite more than 300 letters of opposition. I don't understand why local Child Protection Services are not all over the mutton busting event, in which children ages 4-7 are coerced into riding terrified sheep by their clueless parents.

Promoters and parents alike should be cited for child endangerment. I know of kids knocked into comas, broken arms, knocked-out teeth, etc. The New Zealand Veterinary Medical Association two years ago recommended a nationwide ban on the mutton busting event (called "sheep riding" in New Zealand), and last year the rodeo cowboys agreed to do just that. New York City has also banned this nonsensical event. Why not Hayward Area Recreation and Park District, pray?

> **Eric Mills** Coordinator **Action for Animals** Oakland

www.nilesdepot.org

ewarkDemonstrationGarden/

C O M M U N	iity Bulleti	n board	\$50	10/ 10 Weeks )/Year		
<b>Come Join Us</b> <b>Tri Cities Women's Club</b> Meets on the third Tuesday Elk's Club on Farwell Dr. 9:30 – Cards, 12:00 – Lunch 1:00 – Program and Meeting We also have bridge, walking, Gourmet dining groups, And a book club. For info. Call 510-656-7048	ABWA-Pathfinder Chap. American Business Women's Assoc. provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. Spin A Yarn Rest. (Fremont ): 6:30-9:00 pm Call Karen 510-257-9020 www.abwa-pathfinder.org	League of Women Voters Fremont-Newark-Union City www.lwvfnuc.org Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible	Our readers can post informa- tion including: Activities Announcements	Payment is for one posting only. Any change will be con-		
	<b>Tri-City Ecology Center</b> Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-793-6222		For the extremely low cost of \$10 for up to 10 weeks, your message will reach thou- sands of friends and neighbors every TUESDAY in the TCV printed version and continu- ously online. TCV has the right to reject any posting to the Commu- nity Bulletin Board. Payment must be received in advance.			
Hayward Art Council 22394 Foothill Blvd., Hayward 510-583-2787 www.haywardarts.org Open Thurs. Fri. Sat. 10am-4pm Foothill Gallery, John O'Lague Galleria, Hayward Area Senion Center Exhibit Hall, Alameda County Law Library Hayward branch All open to the public	<b>The Friendship Force</b> <b>San Francisco Bay Area</b> Experience a country & its culture with local hosts; meet global visitors here.Travel to Brazil in June; Japanese visitors here in October. Many Bay Area social activities. www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857	Afro-American Cultural & Historical Society, Inc. Sharing ur culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday Except Dec & Feb 5:30pm Newark Library 510-793-8181 www.aachsi.com We welcome all new members	Tri-City Bike Park Community group of mountain bikers and BMX bikers. Come enjoy this activity for adults, teens and toddlers.	Sun Gallery FREE Art Saturday Classes For families on the 2nd & 4th Sat. of each month and Summer Art Camp Gallery Shows & Exhibits FREE admission to all shows 1015 E. St. Hayward 510-581-4050 www.SunGallery.org		
Troubled By Someone's Drinking? Help is Here! Al-Anon/Alateen Family Groups No cost program of support for people suffering from effects of alcoholism Call 276-2270 for meeting information or email Easyduz@gmail.com www.ncwsa.org		Ohlone Humane Society Love animals & want to help? OHS is a nonprofit, volunteer supported animal welfare organization. Includes wildlife rehabilitation, companion animal rescue, animal assisted therapy, spay/neuter assistance and more. For info call 510-792-4587 www.Ohlonehumanesociety.org	can give a life-long gift of learning to a child. CALL Tom 510-656-7413	Deliver a smile and a meal to homebound seniors LIFE ElderCare – Meals on Wheels Mon – Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@fremont.gov www.LifeElderCare.org		
	Most Joyful Volunteer work LIFE ElderCare – VIP Rides Drive seniors to appts/errands 4 hrs/month Flexible scheduling. Call Valerie 510-574-2096 vdraeseke@fremont.gov www.LifeElderCare.org	FOOD ADDICTS IN RECOVERY - FA • Can't control the way you eat? • Tried everything else? • Tired of spending money? Meeting Monday Night 7pm 4360 Central Ave., Fremont Centerville Presbyterian Church Family Ed. Bldg. Room E-204 www.foodaddicts.org		<b>Tri-City Society of</b> <b>Model Engineers</b> The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org		
Mission Peak Fly Anglers Fishing Club Meets 4th Wed. each month @7pm - Silliman Aquatic Center 680 Mowry Ave., Newark Call Steve 510-461-3431 or 510-792-8291 for more information www.missionpeakflyanglers.org	<b>Fremont Cribbage Club</b> teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email:Accgr43@gmail.com American Cribbage Congress www.cribbage.org		Newark Demonstration Garden Join a group of Newark residents to spearhead a demonstration garden in Newark. We're currently selecting a site. We need your help! Angela at info@newarkparks.org https://www.facebook.com/groups/N ewarkDemonstrationGarden/	Tri-City Society of Model Engineers - Open House June 11 & 12 10am-4pm N & HO scale layouts will be open & anyone interested is encour- aged to bring DCC equipped trains to run. Historic Niles Depot museum will also be open 37592 Niles Blvd. Fremont at the Niles Town Plaza www.nilesdepot.org		

National Alliance on Mental Illness (NAMI) FREE confidential 10 week informational course - Adults living with mental health challenges Focused on Recovery 2 hrs Tuesdays Call Kathryn Lum 408-422-3831 for time and location	FREMONT STAMP CLUB SINCE 1978 Meets 2nd Thurs. each month 7pm Cultural Arts Center 3375 Country Dr., Fremont Everyone is welcome. Beginners to Advanced. For questions or more information: www.fremontstampclub.org/ or call Dave: 510-487-5288	<b>Travel with Friends</b> Choose from many home stays with Friendship Force club members around the world. Share our way of life with visitors & make new friends on 5 continents. Enjoy variety of Bay Area Activities www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857	Newark Skatepark Join a group of Newark skaters and parents of skaters to spearhead a skatepark in Newark. We have a business plan. Now we need your help to execute on it! Angela at info@newarkparks.org https://www.facebook.com/grou ps/NewarkSkatepark/	Fremont Area Writers Like to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except in July and December at DeVry University, 6600 Dumbarton Circle, Fremont. www.cwc-fremontareawriters.org
SAVE's Domestic Violence Support Groups FREE, compassionate support Domestic violence survivors Drop-in, no reservations needed Every Tues & Thurs 6:45-8:45 pm Every Friday 9:15 to 11 am 1900 Mowry Avenue, Fremont (510) 574-2250 or 24-hour Hotline (510) 794-6055 www.save-dv.org	SAVE's Empowerment Ctr. Services FREE for domestic violence survivors.Need support, a place to heal, or referrals? SAVE can help! Advocacy, workshops, counseling & more 24-hour Hotline: (510) 794-6055 Advocate: (510) 574-2256 1900 Mowry Ave., #201,Fremont www.save-dv.org	SAVE's Restraining Order Clinics Free for domestic violence survivors Seeking protective orders Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday Call SAVE's 24-hr Hotline (510) 794-6055 for details www.save-dv.org	Newark Parks Foundation The Foundation mobilizes financial and community support to deliver thriving, accessible, supported, and varied parks, open spaces, and recreational opportunities for a healthy and united Newark. Seeking Board of Directors and Honorary Board members. info@newarkparks.org	VOLUNTEERS WANTED St. Rose Hospital Volunteer Gift Shop Manager & Other positions available Contact: Michael Cobb 510-264-4139 or email mcobb@srhca.org
<b>FREE QUALITY INCOME</b> <b>TAX PREPARATION</b> <b>IRS-Certified Tax Preparers</b> \$54,000 or less annual household income. Other restrictions may apply. Fremont Family Resource Center. 39155 Liberty St, Bldg EFGH, Fremont, CA 94538 Open: Jan 27 to Apr 15, 2016 Wed. & Thurs.: 4 pm - 8 pm Friday: 10 am - 1 pm Call 510-574-2020 for more info	FREE QUALITY INCOME TAX PREPARATION IRS-Certified Tax Preparers \$54,000 or less annual household income. Other restrictions may apply. Saturdays: Jan 30 to Apr 16, 2016. 10 am – 2 pm (Closed Mar 12th) At New Haven Adult School 600 G Street, Union City, CA 94587 Walk-in and self-prep services available Call 510-574-2020 for more info		Newark Trash Pickup Crew Get to know your Newark neighbors Get a bit of exercise and help make Newark look great Join us! https://www.facebook.com/ groups/newarkTrash/	Little Lamb Preschool Open House Sat. April 16 Drop-in Between 1-4pm Free Ice Cream Meet the Teachers Visit the Classrooms Registration Info Available www.littlelambpreschoolbcc.org
		Church for Rent Community SDA Church Sunday Afternoons 2 p.m. – 10 p.m. M; Tu; th. Anytime Auditorium seats 50 extra room & Kitchen 606 H. Street, Union City (510) 755-6348	First Church of Christ Scientist, Fremont Sunday Service 10am Sunday School 10am Wed. Eve Service 7:30pm Chld Care is available all serv- ices. Reading Room Open Monday - Friday 1-3pm 1351 Driscoll Rd., Fremont 510-656-8161	COUGARS GIRLS SUMMER BASKETBALL CAMP Ages 8-15 years June 27 - July 1 Silliman Activity Center 6800 Mowry Ave. Newark Full & Half Day Options www.newark.org 510-578-4620 Camp Director: Darryl Reina, NMHS Staff

continued from page 1

# Design it, craft it, and own it ...Jewelry that supports youth Music program

# SUBMITTED BY JENNY LIN FOUNDATION

n interesting scene appears as one gazes across a meeting room full of people of all ages, their busy fingers deftly crafting some unique jewelry pieces. These members, ranging in age from 9 to 95, are volunteers of the Jenny Lin Foundation, working hard to replenish the stock for Jenny's Jewelry named after Jenny Lin, a 14-year-old talented musician, who was brutally murdered at her own home in Castro Valley in 1994.

Jenny's Jewelry was started by music teacher Diana Ryan five years ago, and sustained by the continuous encouragement and creative support from her mother-in-law, Grace Ryan. All hand-made by volunteers at jewelry-making events held at the Castro Valley Library, jewelry pieces that bear the Jenny Lin Foundation signature are not only beautiful, but also eco-friendly. First, beads are hand-rolled from colorful paper salvaged from discarded magazines, brochures, wrapping paper, bulk mailings, paper bags and other recyclable printed matter. They are then varnished with glaze or nail polish, and presented to volunteers for assembly with a variety of glass and semi-precious stones.

Finished items include necklaces, bracelets, and earrings, and are being sold at schools in Castro Valley during the concert season to raise funds for the summer music program offered free-of-charge by Jenny Lin Foundation.

In three months, Chorus Director Diana Ryan will once again join Greg Conway, Band Director, and Cary Nasatir, Orchestra Director, in leading the six-week summer music program in Castro Valley. This offers an exceptional opportunity for young music students throughout the Bay Area to continue rehearsing and performing in a group during the summer, as well as to interact with and learn from their peers.

Jenny Lin Foundation is a 501 (c) (3) organization devoted to promote child safety and youth music education. For over 20 years, the Foundation has offered music scholarships and free music programs to the community. It has also organized numerous safety fairs, safety workshops and safety contests to raise awareness of child safety issues and improve safety knowledge and precautions for parents and children.

To register for the youth summer music program, or to make a donation in support of this worthy cause, please visit: www.jennylinfoundation.org

# Milpitas Lions sponsor award-winning peace poster

# Welcome the Thaí New Year

thought, is practiced in Thailand and Southeast Asia. It is distinguished from Mahayana Buddhism, another main branch, in two ways, Tararug added. First, monks chant in Pali, the language

dressed in traditional costumes, perform classical Thai music and dance. A traditional fish release ceremony at Quarry Lakes follows. Animal release ceremonies-giving animals such as fish, turtles and birds freedom and a new life-are a part of Thai Buddhist merit making. Merit making, or the doing of good deeds, can be thought of, Tararug said, as "karma points." Doing good deeds gives you good karma points and erases bad karma points. Releasing animals, giving alms and making temple offerings are all merit making activities.

After the hand washing ceremony is the traditional watering of the Buddha images, when statues of Buddha are washed for the New Year. It is a practical house-cleaning task, Tararug said, as well as religious merit making. Buddha statues, one for each day of the week, are aligned outside where people can choose to wash all seven, a few, or just one for a special day in their life.

Grandparents splashing water back at their grandchildren during the hand watering ceremony is the origin of the water play and drenchings that have become part



used by Buddhists 2,500 years ago. Second, Theravada Buddhists follow the philosophical tenant that only you can free yourself.

The word Songkran, which comes from Pali and Sanskrit, means the "movement of one celestial body into another." It marks the beginning of the Thai New Year, a time of change and fresh starts. In ancient Thailand, Brahmins determined the date for the New Year. It fell sometime between the end of March and mid-April, when the sun, passing from Aires into Taurus, changes its position and moves from one side of the Zodiac to the other. Today the date is fixed, and Songkran, a national holiday in Thailand, is celebrated April 13-15. Wat Buddhanusorn will compress the three-day celebration into two with major activities scheduled for Sunday.

Religious ceremonies and merit-making activities honoring elders and ancestors, integral to Thai Buddhist practices, are the focus of Songkran, Abbot Ajahn Prasert said. Saturday and Sunday mornings begin in the temple with Sanghadana – the laity's offering of donations (dana) to the monks (Sangha), everything from clothes and food to light bulbs and batteries, the "materials necessary to live," Tararug said. Afterwards the lay community offers food directly to the monks in a courtyard alms giving ceremony. Following Saturday alms giving, lunch is offered to the monks and then to the public, while the temple's Sunday school students,

On Sunday morning, a bird release ceremony follows the alms giving ritual. Homing pigeons will be released from cages and symbolically given freedom they return to their lofts after release. A bird can be sponsored for \$20. Lunch will be offered after the ceremony.

Traditional watering ceremonies together with a family unity ceremony are scheduled for Sunday afternoon. In the family unity ceremony, monks tie white strings around the wrists of the family elders after blessing the family. Elders then tie strings onto the wrists of the next oldest family members, and on down the line to the youngest members. The joining together of the two ends of the string is thought, according to Tararug, to form a protective bond.

Water is the symbol of cleansing and renewal in Thai Buddhist culture, and the watering ceremonies signify cleansing the bad from the past year and starting fresh in the New Year. The ritual washings (also merit making activities) bring "good energy for the coming year," Abbot Ajahn Prasert said. The first ceremony shows respect for elders and ancestors, beginning with monks washing the hands of family elders who, in turn, wash the hands of the monks. The young then wash the hands of their parents and grandparents and ask for their blessings. This ceremony, Abbot Ajahn Prasert said, with its focus on the past, reminds people to pray for their ancestors and remember those who have done them good.

of Songkran in Thailand, and will also part of Sunday's activities. Attendees should be prepared to get wet. The afternoon will also include a Sunday school beauty contest and performances.

The public is welcome to celebrate Songkran at Wat Buddhanusorn. The Abbot asks attendees not disturb the temple's neighbors. Please also follow the dress code: "Beach wear, short skirts, and short shorts are not appropriate on temple grounds," and shoes must be removed when entering the temple. If you go, enjoy the experience and be sure to greet those you meet with the traditional Thai New Year's welcome: "Sawsadee Pee Mai!"

Parking is available at Montessori School (35699 Niles Blvd.) and California Nursery, (36501 Niles Blvd.) with a continuous shuttle to the temple. Space is limited; carpool suggested.

#### Songkran Saturday & Sunday,

# SUBMITTED BY MARICRIS BENITEZ

Milpitas Executive Lions Club's sponsored entry created by Rebecca Vuong, a 13-year-old 8th grade student of Pioneer Family Academy, has been chosen as a merit award winner in the 28th annual Lions International Peace Poster Contest.

Approximately 400,000 children from 65 countries participated in this year's Peace Poster Contest. Posters were judged at club, district and multiple district levels before reaching the international level, at which point they had been narrowed down to 129 posters. Based on creativity, originality and portrayal of the theme, "Share Peace," the club's entry was chosen as one of 23 merit award winners.

The 23 merit award winners are from China, Colombia, Cyprus, England, India, Italy, Japan, Malaysia, Mexico, Multiple District 300 Taiwan, Romania, Spain and U.S. (California, Kansas, Michigan, Nebraska, New Jersey and Virginia). Information about the grand prize winner will be posted at www.lionsclubs.org/EN/index.php. Apr 16 & 17 Saturday, Apr 16: 10 a.m. – 2 p.m. Sunday, Apr 17: 10 a.m. – 3 p.m.

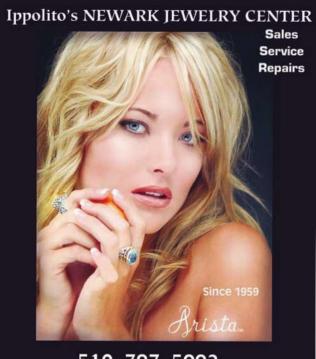
Saturday, Apr 16 1 p.m.: Fish release ceremony (arrive by 12:30 p.m.) Quarry Lakes 2100 Isherwood Way, Fremont

Wat Buddhanusorn 36054 Niles Blvd, Fremont (510) 790-2294 www.watbuddha.org/songkranfestival/ Free admission & parking





April 12, 2016



510-797-5993 www.newarkjewelrycenter.com 5646 Thornton Ave., Newark

# COMPLETE IMPLANT DENTISTRY UNDER ONE ROOF









# All Aboard



# By WILLIAM MARSHAK

nce considered the lifeblood of communities, trains remain an important part of the nation's transportation network. Freight is often carried on the rails but railcars can also be seen, filled with commuters, regional and national passengers as well. Although many passenger train stations have disappeared over the last century, a new Niles Station appeared on April 9, 2016.

Concentrate and block the sound of traffic at the intersection of Mowry Avenue and Mission Boulevard (Fremont) as you view a "new" railroad station that just appeared near the mouth of Niles Canyon. It is now the early 1900s and railroads rule transportation. A family waits to board as a train nears the station. This is the final piece of a tableau envisioned by Fremont historian and resident Lila Bringhurst... What is old is new again!

The new train station was brought to life by the vision and tenacity of Ms. Bringhurst and the talented team of world renowned sculptor Mario Chiodo. With an overburdened porter hefting a precariously balanced stack of suitcases and family waiting under its roof, the addition compliments a previous extraordinary sculpture of a detailed, scaled version of an early 1900s steam locomotive, passenger cars and caboose. There is even a loose chicken wandering about. As an additional backdrop, a mural capturing the personality of Niles adds to the historical setting.

In reference to the historical aspect of the sculpture and mural, former Mayor Gus Morrison spoke of the value of such representations that can spark discussions of personal and family history as well. The "new" station can bring to mind the changes that have occurred since the Transcontinental Railroad traveled through Niles Canyon in 1869, but give perspective of how we, as a nation, have changed. In tribute to the gift to the community by Ms. Bringhurst, Morrison declared that she should be considered the "First Lady of Fremont."

The new station is just about complete and will soon include lighting for dramatic evening viewing.

For additional information about the mural and train sculpture, visit Tri-City Voice archives:

http://www.tricityvoice.com/articlefiledisplay.ph p?issue=2012-02-03&file=story1.txt

http://www.tricityvoice.com/articlefiledisplay.ph p?issue=2014-07-01&file=story1.txt

WHAT'S HAPPENING'S TRI-CITY VOICE

Information found in 'Protective Services' is provided to public "as available" does not make or i by public service agencies - police, fire, etc. Accuracy and authenticity of press releases are the responsibility of the agency providing such info does not make or i garding the conter ceived from author



PERSONAL INJURY, DEATH, & DISABILITY CLAIMS Numerous million dollar jury verdicts, including defective products, walkways, and vehicular accidents.

OWN YOUR OWN HOME? Avoid Thousands of Dollars of Probate Fees Avoid Delays of Probate Name Guardian for Minor Children

MAKE A LIVING TRUST Name Trustee If You Become Disabled Create Management Plan For Assets Costs less than Many Auto Repairs And Is Much More Important DELAY MAKES NO SENSE

GENERAL CIVIL PRACTICE Business and personal matters, partnerships, corporations

# STEPHEN F.VON TILL, ATTORNEY AT LAW

B.A., Humanities, Magna Cum Laude, Michigan State University Juris Doctor, University of Illinois (7th in class) Quoted by Ralph Nader in his book "No Contest" (1996) Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present Faculty, Santa Clara University School of Law 1987 Editor, University of Illinois Law Review California Supreme Court Cases

# FREE Initial Consultation

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providing such information. Tri-City Voice does not make or imply any guarantee regarding the content of information received from authoritative sources.



# **BART Police Log**

# SUBMITTED BY LES MENSINGER

### Friday, April I

At 10:41 p.m., a patron reported that their black 2000 Honda Civic was stolen from the southwest lot of Fremont Station between 2:50 p.m. and 10:25 p.m.

At 6:57 p.m., a patron reported that their green 1996 Honda Accord was stolen from the lot at Bay Fair Station between 2:00 p.m. and 6:55 p.m.

At 6:07 p.m., patrons reported three separate catalytic converter thefts at South Hayward Station that occurred between 7:05 a.m. and 5:15 p.m. All three victim vehicles were Toyota Sequoias (2003, 2005 and 2006).

#### Saturday, April 2

At 9:20 a.m., an officer investigated the burglary of a gray 2001 Acura MDX at San Leandro Station. The vehicle's left rear passenger window was smashed to gain entry. The officer is awaiting a call back from the victim.

A victim reported that their black 2014 Honda Accord was burglarized while parked at San Leandro Station, stall 629, between 6:00 p.m. on April 1, 2016 and 8:00 p.m. on April 2, 2016. The vehicle's left rear passenger window was smashed to gain entry and an iPod was taken. An officer responded, fingerprinted the vehicle and completed a report.

# Thursday, April 7

At 3:56 a.m., an officer responded to Union City Station regarding the station agent's report of a silvercolored 2006 BMW parked in stall 116 with its driver's door window shattered and its hazard lights flashing. The officer determined the vehicle had been burglarized as its interior appeared to have been ransacked. The officer processed the vehicle for fingerprints, and left a business card/case number requesting that the victim call police. As the vehicle was registered to a local address, Union City Police were contacted in an attempt to determine whether the vehicle may have been connected to another recent crime (e.g., unreported stolen auto, etc.), but no further information was gathered from this source.

At 8:58 p.m., a victim reported the theft of their silver-colored Ikea men's mountain bike, valued at \$400, while it was cable locked at Bay Fair Station between 12:00 p.m. and 8:58 p.m. An officer responded and completed a report.

At 7:33 p.m., a victim reported the theft of their white 1990 Mazda Miata while it was parked in Fremont Station's southwest lot between 6:00 a.m. and 7:30 p.m. An officer responded and completed a report.

# Upcoming Drug Take Back event in Milpitas

# SUBMITTED BY SGT. JOSEPH HEYLEN, MILPITAS PD

On Saturday, April 30, the Milpitas Police Department and the Drug Enforcement Administration (DEA) will give the public its 11th opportunity to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused, and unwanted prescription drugs. Bring your medications for disposal to the Milpitas Police Department. The Milpitas Police Department cannot accept liquids or needles or sharps, only pills or patches. The service is free and anonymous, no questions asked.

This initiative addresses a vital public safety and public health issue. Medicines that languish in home cabinets are highly susceptible to diversion, misuse, and abuse. Rates of prescription drug abuse in the U.S. are alarmingly high, as are the number of accidental poisonings and overdoses due to these drugs. Studies show that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinet. In addition, Americans are now advised that their usual methods for disposing of unused medicines—flushing them down the toilet or throwing them in the trash—both pose potential safety and health hazards.

For more information about the disposal of prescription drugs or about the April 30 Take Back Day event, go to the DEA Diversion website: http://www.deadiversion.usdoj.gov/

> Take Back Drug Event Saturday, Apr 30 10 a.m. – 2 p.m. Milpitas Police Department 1275 N. Milpitas Blvd, Milpitas http://www.deadiversion.usdoj.gov/ Free

# **Structure Fire**

# SUBMITTED BY MILPITAS FIRE DEPARTMENT

On April 8, 2016 at 6:30 p.m. the Milpitas Fire Department responded to a structure fire in a residence at 859 Alisal Court. The first arriving Engine Company E88 arrived at 6:44 p.m. On arrival heavy smoke and flams were coming from the garage and second floor directly over the garage area. A Single Alarm assignment was utilized for the incident. Fire crews extinguished the fire and had a loss stop at 8:26 p.m. Fire was contained to garage and berooms directly over the garage. No injuries reported. Estimated loss value and cause was undetermined at the time of this press release.





# Volunteer at St. Rose Hospital! (510) 264-4139 www.srhca.org

# **Newark Police Log**

SUBMITTED BY CMDR. MIKE CARROLL, NEWARK PD

# Thursday, March 31

At 10:50 a.m., Community Service Officer (CSO) Verandes investigated a theft at 7600 Gateway Boulevard. Sometime between 2:00 p.m. on March 30, 2016 and 6:00 a.m. on March 31, 2016 access was gained into the construction site. Numerous tools were taken from a locked construction box.

At 2:31 p.m., Det. Lopez accepted a citizen's arrest from NewPark Mall. A 36-year-old Fremont woman was arrested for shoplifting and released on a citation.

At 4:42 p.m. CSO Parks investigated a vehicle burglary in the 5300 block of Milani Avenue. Between 2:00 a.m. and 10:00 a.m. the vehicle was broken into and electronic tools were taken.

# Saturday, April 2

At 8:45 a.m., Ofc. Germano investigated a stolen vehicle report 35000 block of Bettencourt Drive. On April 3 the victim's vehicle was located by San Pablo Police Department and returned to the owner.

At 1:56 p.m., Ofc. Losier investigated a vehicle burglary on the 37000 block of Sycamore Avenue. The victim reported someone b into his car and the losses were sunglasses and tools.

At 6:30 p.m. Ofc. Arroyo documented a theft of an estimated \$1,800 worth of panties at NewPark Mall. The suspects were described as two Hispanic adults.

Monday, April 4

At 5:18 a.m. Ofc. Khairy investigated a window smash burglary at a fast food restaurant located on the 34000 block of Newark Boulevard.

At 5:23 a.m. Ofc. Simon investigated a window smash burglary at a fast food restaurant located on the 6000 block of Jarvis Avenue. The suspect was described as a heavy set Hispanic male, approximately 250 lbs., 5'8"-5'9" tall, and wearing a gray sweatshirt, a white beanie, and golfing gloves.

At 9:28 a.m. Ofc. Losier investigated a commercial burglary at European Food and Liquor on Mowry Avenue. A suspect with dark clothing, gloves, and a mask shattered the rear window and entered the business. No loss was reported.

Fire units responding to this incident included the Milpitas Fire Department Battalion Chief 86, Milpitas Fire Engine 86, 87, 88, Milpitas Fire Truck 86 and Milpitas Urban Search and Rescue 86.

# National Child Abuse Prevention

# SUBMITTED BY NEWARK PD

Did you know that according to the U.S. Department of Health & Human Services report titled, "Child Maltreatment 2014," an estimated 1,580 children died of abuse and neglect at a rate of 2.13 per 100,000 children? And, those statistics seem to increase every year.

http://www.acf.hhs.gov/programs/cb/f ocus-areas/child-abuse-neglect

It only takes a minute to make a difference in the life of a child. Here are only a few signs of child abuse:

# Physical signs:

Bruises, burns or other suspicious injuries Malnourishment Inadequate medical or dental care

Behavioral signs:

Depression and/or general anxiety

Being passive, withdrawn, or aggressive and disruptive

Abrupt change in eating habits

# What to do:

Provide a safe physical and emotional environment for the child.

Remain calm, and listen carefully to what the child says, and write it down.

Report it to the police or your local Child Protective Services agency at once.

If you have any questions or are unsure about what action to take, call the Childhelp National Child Abuse Hotline at 1-800-4-A-CHILD (1-800-422-4453) 24 hours a day, 7 days a week. Remember...Every Child Matters!

# PUBLIC NOTICES

Registrant(s): Katrina Nunez, 4031 Lana Terr., Fremont, CA

94536 Business conducted by: An Individual The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Katina Nunez

NOTICE OF PUBLIC HEARING CITY OF FREMONT

#### PLANNING COMMISSION

NOTICE IS HEREBY GIVEN THAT THE PLANNING COMMISSION OF THE CITY OF FREMONT WILL HOLD PUBLIC HEARINGS ON THE FOLLOWING PROPOSALS. SAID PUBLIC HEARINGS WILL BE HELD AT 7:00 P.M., ON THURSDAY, APRIL 28, 2016, AT THE COUNCIL CHAMBERS, CITY HALL, 3300 CAPITOL AVENUE, FRE-MONT, CALIFORNIA, AT WHICH TIME ANY AND ALL INTERESTED PERSONS MAY APPEAR AND BE HEARD.

VISTA GRANDE - 822 Hunter Lane - PLN2016-00127 - To consider Vesting Tentative Parcel Map No. 10451 for the subdivision of one existing ±1.59 acre parcel into three single-family residential lots, each approximately 21,000 - 27,000 square feet, located in Planned District P-90-17 in the Mission San Jose Community Plan Area, and to consider a categorical exemption from the requirements of the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15332 (In-Fill Development Project). Project Planner – Aki Snelling, (510) 494-4534, <u>asnelling@fremont.gov</u>

UNIVERSAL FREMONT MIXED USE – 38239 Fremont Boulevard – PLN2016-00045 - To consider a Discretionary Design Review Permit, Conditional Use Permit, Tentative Tract Map, and Private Street to allow the demolition of an existing residential building and construction of a new mixed use development including 1,787 square feet of com-mercial space and seven multifamily residential units located in the Centerville Commu-nity Plan, and to consider a categorical exemption from the California Environmental Quality Act (CEQA) per CEQA Guidelines Section 15332, In-Fill Development Projects. Project Planner – James Willis, (510) 494-4449, jwillis@fremont.gov

PALM AVENUE SUMMERHILL – 42410 Palm Avenue – PLN2016-00170 - To consider a Discretionary Design Review Permit, Vesting Tentative Tract Map No. 8314, and a Preliminary Grading Permit to allow the construction of 31 detached single-family homes on seven acres located approximately 750 feet east of Palm Avenue and north of Interstate I-680 in the Mission San Jose Community Plan Area, and to consider a finding that no further environmental review is required pursuant to the California Environmental Quality Act (CEQA) as a Mitigated Negative Declaration (MND) (SCH#2014052031) was previously adopted and none of the conditions requiring a subsequent or supplemental environmental document stated in Section 15162 of the CEQA Guidelines are present. Project Planner – David Wage, (510) 494-4447, <u>dwage@fremont.gov</u>

ISHERWOOD GENERAL PLAN CONFORMITY FINDING - Isherwood Way -PLN2016-00291 - To consider a General Plan Conformity Finding for the sale of a 9.34-acre City-owned property located in the Centerville Community Plan Area, and find that this action is not subject to the California Environmental Quality Act (CEQA) pursuant to CEQA Guidelines Section 15378, in that it is not a project as defined by CEQA. Project Planner – James Willis, (510) 494-4449, jwillis@fremont.gov

For further information on any of the above items, call (510) 494-4440 and request to speak with the project planner in charge of the particular project.

#### \* NOTICE \*

If you challenge the decision of the Planning Commission in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Planning Commission at, or prior to, the public hearing.

WAYNE MORRIS, SECRETARY FREMONT PLANNING COMMISSION

includes the reasons for the objection at least two

includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. Notice of Hearing: Date: Thurs 4/14/16, Time: 1:30 PM, Dept.: 520 The address of the court is 24405 Amador Street, Hayward, CA 94544

Hayward, CA 94544 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice Newspaper

**FICTITIOUS BUSINESS** 

NAMES

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

BUSINESS NAME File No. 466580 The following person(s) has (have) abandoned the use of the fictitious business name: AK Films, 37097 Denning Ter #392, Fremont, CA 94536 Mailing address:37097 Denning Ter #392, Fremont, CA 94536

The Fictitious Business Name Statement being abandoned was filed on June 20, 2012 in the

abandoned was filed on June 20, 2012 in the County of Alameda. Aaron Neill Kelly, 37097 Denning Ter #392, Fremont, CA 94536 Patricia Lori Walsh Kelly, 37097 Denning Ter #392, Fremont, CA 94536 S/ Patricia Lori Walsh Kelly This statement was filed with the County Clerk of Alameda County on March 8, 2016. 4/12, 4/19, 4/26, 5/3/16

CNS-2867405#

CNS-2858165#

CNS-2867895#



Voice Newspaper Date: Dec. 9, 2015 Winifred Y. Smith

Judge of the Superior Court 3/22, 3/29, 4/5, 4/12/16

#### **BULK SALES**

# NOTICE TO CREDITORS OF BULK SALE (DIVISION 6 OF THE COMMERCIAL CODE)

Escrow No. 016815-JB (1) Notice is hereby given to creditors of the within named Seller(s) that a bulk sale is about to be made on personal property hereinafter described. (2) The name and business addresses of the seller are: JAWEED NIRU AND MALALI FAZLI, 39407 FREMONT BLVD, FREMONT, CA 94538 (3) The location in California of the objet executive Escrow No. 016815-JB 39407 FREMONI BLVD, FREMONI, AN 9435 (3) The location in California of the chief executive office of the Seller is: 39407 FREMONT BLVD, FREMONT, CA 94538 (4) The names and business address of the Buyer(s) are: FARHANA HOSSAIN, 420 HERSHNER WAY, LOS GATOS, CA 95032 (5) The location provide control devoid to chief the Distribution and chief the chief the chief the chief the Distribution and chief the chief the chief the chief the Distribution and chief the chief the chief the chief the Distribution and chief the chief the chief the chief the chief the Distribution and chief the chief

(5) The location and general description of the assets to be sold are: FURNITURE, FIXTURES & EQUIPMENT of that certain business located at: 39407 FREMONT BLVD, FREMONT, CA 94538 (6) The business name used by the seller(s) at said location is: GYRO EXPRESS

sate rocation is: GYRO EXPRESS (7) The anticipated date of the bulk sale is APRIL 28, 2016 at the office of: GREEN ESCROW SERVICES, INC, 5776 STONERIDGE MALL RO, #376, PLEASANTON, CA 94588, Escrow No. 016815-JB, Escrow Officer: JENNIFER BARNES, CFT

(8) Claims may be filed with Same as "7" above.
(9) The last day for filing claims is: APRIL 27,

(10) This bulk sale is subject to Section 6106.2 of the Uniform Commercial Code.
 (11) As listed by the Seller, all other business names and addresses used by the Seller within

TRANSFEREES: FARHANA HOSSAIN LA1699457 TRI CITY VOICE 4/12/16

CNS-2867656#

94536

misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Katrina Nunez This statement was filed with the County Clerk of Alameda County on April 1, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 4/12, 4/19, 4/26, 5/3/16 CNS-2866544#

CNS-2866544#
FIGURE STATEMENT
File No. 516551
Fictitious Business Name(s):
Wonder Maids, 41097 Davila Ct Fremont CA
94539, County of Alameda
Registrant(s):
Eizabeth Arambula Villegas, 41097 Davila Ct,
Fremont, CA 94539
Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on n/a
1 declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].
//s/ Elizabeth Arambula Villegas
This statement was filed with the County Clerk of
Alameda County on March 31, 2016
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
in to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.
The filing of this statement does not of itside
under federal, state, or common law (see Section
1441 et seq., Business and Professions Code).
4/12, 4/19, 4/26, 5/3/16

CNS-2866363#

# FICTITIOUS BUSINESS NAME STATEMENT

File No. 516356 Fictitious Business Name(s): JDR Lumber, 39180 Liberty St Ste 101-10, Fremont, CA 94538, County of Alameda

Premont, CA 94336, County of Alameda Registrant(s): JDR Financial Group Inc., 38750 Paseo Padre Pkwy Ste C7, Fremont, CA 94536; CA Business conducted by: A Corporation The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct (A registrant who declares I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Jun Hao Qiu, CEO This statement was filed with the County Clock of

/s/ Jun Hao Qiu, CEO This statement was filed with the County Clerk of Alameda County on March 28, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a ficitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section

14411 et seq., Business and Professions Code). 4/12, 4/19, 4/26, 5/3/16 CNS-2865739#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME File No. 489688-489689 The following person (s) has (have) abandoned the use of the fictitious business name: 1. Ameriprime Real, 2. Ameriprime Mortgage, 4590 Alhambra Dr., Fremont, CA 94536 The Fictitious Business Name Statement being abandoned was filed on 03/27/2014 in the County of Alameda.

# FICTITIOUS BUSINESS NAME STATEMENT File No. 515986 Fictitious Business Name(s):

NAME STATEMENT File No. 515986 Fictitious Business Name(s): New India Bazar, 4552 Dublin Blvd., Dublin, CA 94568, County of Alameda; 885 Yosemite Way, Milpitas, CA 95035, County of Santa Clara Registrant (s): Dublin Grocery Outlet, Inc., 885 Yosemite Way, Milpitas, CA 95035 Business conducted by: a Corporation The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [S1,000].) /s/ Hamant Kumar Sharda, CEO This statement was filed with the County Clerk of Alameda County on March 18, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, a mere it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 4/5, 4/12, 4/19, 4/26/16

CNS-2863771#

FICTITIOUS BUSINESS NAME STATEMENT File No. 516328 Fictitious Business Name(s): Peacocknews.com, 4950 Stevenson Blvd., #35, Fremont, CA 94538, County of Alameda Registrant(s):

Peacocknews.com, 4950 Stevenson Blvd., #35, Fremont, CA 94538, County of Alameda Registrant(s): Vibishan K. Vellore, 4950 Stevenson Blvd., #35, Fremont, CA 94538 Business conducted by: an individual The registrant began to transact business using the fictilious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Vibishan K. Vellore This statement was filed with the County Clerk of Alameda County on March 25, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a ficitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 4/5, 4/12, 4/19, 4/26/16

#### CNS-2863731#

# STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME File No. 496228

The following person(s) has (have) abandoned the use of the fictitious business name: **Peacocknews.com**, 2422 Abaca Way, Fremont, CA 94539

Fremont Grocery Outlet, Inc, 885 Yosemite Way, Milpitas CA 95035: California Business conducted by: a corporation The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) *(s)* Hamant Kumar Sharda, CEO This statement was filed with the County Clerk of Alameda County on March 16, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself The Fictitious Business Name Statement being Abandoned was filed on in the County of Alameda. Vibishan K. Vellore, 3939 Monroe Ave. #104, Fremont, CA 94536

Rajat Sengupta, 2422 Abaca Way, Fremont, CA 94539 Karthik Javvaji, 4200 Bay St., #265, Fremont,

CA 94538

CA 94030 5/ Vibishan K. Vellore This statement was filed with the County Clerk of Alameda County on March 25, 2016. 4/5, 4/12, 4/19, 4/26/16

CNS-2863722#

CNS-2863722# FICTITIOUS BUSINESS
NAME STATEMENT
File No. 516354
Fictitious Business Name(s): Majestic Care Transportation, 34178 Duke
Lane, Fremont, CA 94555, County of Alameda
Registrant(s): Arman Corsame Mercado, 34178 Duke Lane,
Fremont, CA 94555
Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on N/A
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant homes to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
//s/ Arman C. Mercado
NOTICE: In accordance with subdivision (a)
of Section 17920, where it expires 40 days after
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new fictibus business and Professions Code).
45, 4/12, 4/19, 4/26/16

l declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].] (s) Varinder Kaur Dhillon, Secretary This statement was filed with the County Clerk of Alameda County on March 21, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a ficitious name statement generally expires at the end of five years from the dark on which it was filed in office of the county clerk, except, as provided in subdivision (b) of spay change in the facts set forth in the statement to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be functione to expiration. The filling of this state of a fictitious business mame in violation of the rights of another user federal, state, or common law (see Section 1411 et see, Business and Professions Code). 45, 412, 419, 426/18

CNS-2862656#

FICTITIOUS BUSINESS NAME STATEMENT File No. 516196 Fictitious Business Name(s): M & K Dental Staffing Agency, 451 Via Vera Cruz, Fremont, CA 94539, County of Alameda Registrant(s):

M & K Dental Staffing Agency, 451 Via Vera Cruz, Fremont, CA 94539, County of Alameda Registrant(s): Kristine Mercado, 451 Via Vera Cruz, Fremont, CA 94539 Michael Mercado, 451 Via Vera Cruz, Fremont, CA 94539 Michael Mercado, 451 Via Vera Cruz, Fremont, CA 94539 Michael Mercado, 451 Via Vera Cruz, Fremont, CA 94539 Michael Mercado, 451 Via Vera Cruz, Fremont, CA 94539 Michael Mercado, 451 Via Vera Cruz, Fremont, CA 94539 Michael Mercado, 451 Via Vera Cruz, Fremont, CA 94539 Michael Mercado, 451 Via Vera Cruz, Fremont, CA 94730 Michael Mercado (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Kristine Mercado This statement was filed with the County Clerk of Alameda County on March 23, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be field before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 1421 et seq, Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

#### CNS-2862350#

FICTITIOUS BUSINESS NAME STATEMENT

NAME STATEMENT File No. 515923 Fictitious Business Name(s): New India Bazar, 5113 Mowry Ave Fremont, CA 94538, County of Alameda; 885 Yosemite Way Milipitas CA 95035; Santa Clara Registrant(s): Fremont Grocery Outlet, Inc, 885 Yosemite Way, Milpitas CA 95035; California

CIVIL

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. HG16807934 Superior Court of California, County of Alameda Petition of: Hongxia Chen & Yibing Tang for Change of Name TO ALL INTERESTED PERSONS:

Petitioner Hongxia Chen & Yibing Tang filed a petition with this court for a decree changing

names as follows: Wenjia Tang to Annie Wenjia Tang

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. Notice of Hearing: Date: Aug. 5, 2016, Time: 11:30 AM, Dept.: 24 The address of the court is 1221 Oak Street, Oakland CA 94612

Oakland, CA 94612 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tri-City Voice Date: MAR 17, 2016 Morris D. Jacobson Morris D. Jacobson Presiding Judge of the Superior Court 3/29, 4/5, 4/12, 4/19/16

CNS-2860023#

CRS-2860023#

CRSC CALL STORMED CAUSE
CASE NO. HG1578777

Superior Court of California, County of Alameda
Petition of: Sarabjit Kaur for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a
decree changing names as follows:
Sarabjit Kaur to Nina Seniaray
The Court orders that all persons interested in
this matter appear before this court at the hearing
indicated below to show cause, if any, why the
petition for change of name should not be granted.
Any person objecting to the name changes
described above must file a written objection that
includes the reasons for the objection at least two
court days before the matter is scheduled to be
heard and must appear at the hearing to show
cause why the petition is timely filed, the court may
grant the petition is timely filed, the court may
grant the petition is the Show Cause shall be
published at least noce each week for for
successive weeks prior to the date set for hearing
on the petition, printed in this courts. What's
happening Tri City Voice Newspaper
Date: Feb 25 2016
Number State
Court State

/s/ Morris Jacobson Judge of the Superior Court 3/22, 3/29, 4/5, 4/12/16

CNS-2859078#

# ORDER TO SHOW CAUSE

FOR CHANGE OF NAME Case No. HG15796159 Superior Court of California, County of Alameda Petition of: Maria Nava for Change of Name TO ALL INTERESTED PERSONS: Petitioner Maria Nava filed a petition with this court for a decree changing name as follows: court for a decree changing names as follows: Destin Rurerto Clay to Destin Clay Nava The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that

FICTITIOUS BUSINESS NAME STATEMENT File No. 516772 Fictitious Business Name(s):

ZZZ Better Sleep 4 Less, 4299 N. Peralta Blvd., #A, Fremont, CA 94536, County of Alameda; 179 Coleridge Green, Fremont, CA 94538 Registrant(s)

Flores, 179 Coleridge Green, Fremont, CA 94538

94538 Business conducted by: an Individual The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) (s/ Luis Flores /s/ Luis Flores

This statement was filed with the County Clerk of

This statement was filed with the County Clerk of Alameda County on April 6, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious

The filing of this statement does not of itself authorize the use in this state of a fictilious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 4/12, 4/19, 4/26, 5/3/16

CNS-2867604#

# FICTITIOUS BUSINESS

Fictitious Business NAME STATEMENT File No. 516763 Fictitious Business Name(s): Rosehip Nail SPA, 5174 Mowry Avenue, Fremont, CA 94538, County of Alameda Pogictrart(c):

Registrant(s): Registrant(s): Nguyen, Hoang Oanh, 39050 Donner Way, Fremont, CA 94538 Nguyen, Dat Hung, 39050 Donner Way, Fremont, CA 94538

Business conducted by: Married Couple

The registrant began to transact business using the fictitious business name(s) listed above on 01/17/2014 declare that all information in this statement

011/12014 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) (s) Hoang Oanh Nguyen - General Partner This statement was filed with the County Clerk of Alameda County on April 6, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new ficitious business name statement must be filed before the expiration. The filion of this statement does not of itself

The inclusion of the expiration. The filing of this statement does not of itself authorize the use in this state of a fictilious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 4/12, 4/19, 4/26, 5/3/16

CNS-2867425#

FICTITIOUS BUSINESS NAME STATEMENT File No. 516608

Fictitious Business Name(s): Katcessories, 4031 Lana Ter, Fremont, CA 94536, County of Alameda 4031 Lana Ter, Fremont, CA 94536

abandoned was filed on 03/27/2014 in the county of Alameda. Chao, Lung S., 4590 Alhambra Dr., Fremont, CA 94536 S/ Lung Chao This statement was filed with the County Clerk of Alameda County on March 17, 2016. 4/12, 4/19, 4/26, 5/3/16 CNS-2865620#

CNS-2865620#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 515807 Fictitious Business Name(s): Star Gill Trans, 32488 Jacklynn Dr., Union City, CA 94587, County of Alameda; 32488 Jacklynn Dr., Union City, CA 94587

Registrant(s): Jaspreet Gill, 32488 Jacklynn Dr., Union City, CA 94587 Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Jaspreet Singh Gill

/s/ Jaspreet Singh Gill This statement was filed with the County Clerk of Alameda County on March 14, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county lock average as provided in outdivision (b) of the county of the county of the county of the county lock average as provided in outdivision (b) of lock average as provided in outdivision (b) of lock average as provided in outdivision (b) of date on which it was field in office of the county (cerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be field before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious

authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 4/5, 4/12, 4/19, 4/26/16

CNS-2865414#

# FICTITIOUS BUSINESS

# NAME STATEMENT File No. 515976 Fictitious Business Name(s): Curiosity Kingdom, 4334 Agena Circle, Union City, CA 94587, County of Alameda Registrant(s): Maria Alacety Navarrete Sandoval, 4334 Agena

Registrant(s): Maria Aracely Navarrete Sandoval, 4334 Agena Circle, Union City, CA 94587 Business conducted by: an Individual The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [81,000]. /s/ Maria Aracely Navarrete Sandoval This statement was filed with the County Clerk of Alameda County on March 17, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a facititious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). 4/5, 4/12, 4/19, 4/26/16

CNS-2864140#

CNS-2863509#

# STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File No. 450891 The following person(s) has (have) abandoned the use of the fictitious business name: Executive Realty and Loan, 44301 Park Meadow Dr., Fremont, CA 94539 The Eidling Rusiness Name Statement base

The Fictitious Business Name Statement being abandoned was filed on 4-25-2011 in the County of Alameda. Azar Hanna, 44301 Park Meadow Dr., Fremont,

CA 94539 S/ Azar Hanna

Alameda County on March 18, 2016. 4/5, 4/12, 4/19, 4/26/16

CNS-2863432#

# FICTITIOUS BUSINESS

FICTITIOUS BUSINESS NAME STATEMENT File No. 515843 Fictitious Business Name(s): TD Pacific, 39639 Leslie St., Apt. 280, Fremont, CA 94538, County of Alameda Registrant(s):

Registrant(s): Yanxin Fu, 39639 Leslie St., Apt. 280, Fremont CA 94538

CA 94538 Business conducted by: an Individual The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Yanxin Fu This statement was filed with the County Clerk of

ment was filed with the County Clerk of This state

This statement was filed with the County Clerk of Alameda County on March 15, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 4/5, 4/12, 4/19, 4/26/16

#### CNS-2863052#

FICTITIOUS BUSINESS NAME STATEMENT File No. 516060

File No. 516060 Fictitious Business Name(s): Subway 66006, 488 Mowry Ave, Fremont, CA 94536, County of Alameda 3852 Antonini Way, Pleasanton, Alameda, CA 94566

94566 Registrant(s): R&V Foods Inc, 3852 Antonini Way, Pleasanton, CA 94566; CA Business conducted by: A Corporation The registrant began to transact business using the fictitious business name(s) listed above on N/A

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another

under federal, state, or common law (see Section

CNS-2861758#

14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

filed before the expiration.

CNS-2861758# FIGURE STATEMENT File No. 518017 Matermark, 240 Sullivan Way, Hayward, CA 94541, County of Alameda Registrant(s): H20Mark, LLC, 240 Sullivan Way, Hayward, CA 94541, California united liability company the rigistrant began to transact business using the fictilious business name(s) listed above on N/A 1 declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code the declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000]. NoTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed vin the county Clerk of NOTICE: In accordance with subdivision (b) of Section 17920, vhere it expires 40 days after pursuant to section 17913 other than a changen in the facts set forth in the statement with the set of a registered owner. A pursuant to section 17913 other than a changen the residence address of a registered owner. A net fieldious business and Professions Code. The filing of this statement does not of itself authorize the use in this state of a fiction with the seq. Business and Professions Code. 329, 425, 412, 419/12

CNS-2861757#

#### FICTITIOUS BUSINESS NAME STATEMENT

File No. 516063 Fictitious Business Name(s): Newark Grocery Outlet, 36601 Newark Blvd., Newark, CA 94560, County of Alameda

Newark Grocery Other, soci-1 Newark Brva., Newark CA 94560, County of Alameda Registrant(s): Seamans Family Market Inc., 36814 Cherry St., Bidg. L, Apt. 211, Newark, CA 95973, California Business conducted by: a Corporation The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) *Isi* Faith Hostettler, President This statement was filed with the County Clerk of Alameda County on March 21, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920.

date on which it was need in once or inter county oferk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be find to for the venicetion

filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

#### CNS-2861754#

FICTITIOUS BUSINESS NAME STATEMENT File No. 515754 Fictitious Business Name(s): Chatime Newark, 38604 Sanborn Ter, Fremont, CA 94536, County of Alameda Mailing address: 38604 Sanborn Ter, Fremont, CA 94536 Begietroat/ch

Registrant(s): J&J Family LLC, 38604 Sanborn Ter, Fremont, CA 94536, CA conducted by: a Limited liability

company The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [51,000].) /s/ Shan Gao, Member

This statement was filed with the County Clerk of Alameda County on March 14, 2016

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# PUBLIC NOTICES

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitous business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

#### CNS-2861752#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 516029

Fictitious Business Name(s): Import Car Specialist, 37179 Moraine Street, Fremont, CA 94546, County of Alameda

Registrant(s): Dong Van Tran, 656 Grant Ave, San Lorenzo Dong Van CA 94580

CA 94580 Business conducted by: An Individual The registrant began to transact business using the fictitious business name(s) listed above on 4-1-2016

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Instantiation one thousand dollars [\$1,000].) *Isl* Dong Van Tran This statement was filed with the County Clerk of Alameda County on March 21, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself autorize the use in this state of a fictitious

the use in this state of a fictitious authorize business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

#### CNS-2861232#

FICTITIOUS BUSINESS NAME STATEMENT File No. 516050 Fictitious Business Name(s): DBA: Club ZI In-Home Tutoring Services, 40141 Santa Teresa Common, Fremont, CA 94539, County of Alameda 40141 Santa Teresa Common, Fremont, CA 94539

94539, County of Alameda 40141 Santa Teresa Common, Fremont, CA 94539
 Registrant(s):
 ADB Sr, Inc., 40141 Santa Teresa Common, Fremont, CA 94539; CA
 Business conducted by: A Corporation The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant hows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
 /s/ Allan D. Beck Sr. President This statement was filed with the County Clerk of Alameda County on March 21, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14211 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

CNS-2861214#

FICTITIOUS BUSINESS NAME STATEMENT File No. 515995

Fictitious Business Name(s): A J Trucking, 114 Orchard Dr., Fremont, CA 94536, County of Alameda 114 Orchard Dr., Fremont, Alameda, CA 94536

Amarjit Singh, 114 Orchard Dr., Fremont, CA 94536

Business conducted by: An Individual

Business conducted by: An Individual The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Amariti Singh

/s/ Amarjit Singh

any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new ficitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/22, 3/29, 4/5, 4/12/16

CNS-2858440# FICTITIOUS BUSINESS NAME STATEMENT File No. 515622

Fictitious Business Name(s): Arellano Motors, 7691 Thornton Ave., #C, Newark, CA 94560, County of Alameda

Registrant(s): Jose Guadalupe Arellano, 36451 Newark Blvd. #B, Newark, CA 94560

#B, Newark, CA 94560 Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Jose Arellano s/ Jose Arellano

As Jose Arellano This statement was filed with the County Clerk of Alameda County on March 9, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

med before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/22, 3/29, 4/5, 4/12/16

CNS-2858167#

CNS-2858167# FICTITIOUS BUSINESS NAME STATEMENT File No. 515751 Fictitious Business Name(s): Speech Therapy on the Go, 7788 Peachtree Ave., Newark, CA 94560, County of Alameda; 2436 Almaden Blvd., Union City, CA 94587; County of Alameda Registrant(s): Kathleen C. Mabie, 7788 Peachtree Ave., Newark, CA 94560 Business conducted by an individual

Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on Jan. 25, 2010

The registrant began to transact business using the fictitious business name(s) listed above on Jan. 25, 2010 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [81,000].) *(s)* Kathleen C. Mabie This statement was filed with the County Clerk of Alameda County on March 11, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/22, 3/29, 4/5, 4/12/16 CNS-2858166#

CNS-2858166#

# FICTITIOUS BUSINESS NAME STATEMENT File No. 515490

Fictitious Business Name(s): Mr. Pickles, 5849 Newark Blvd., Newark, CA 94560, County of Alameda; 23742 Fair Lands Rd., Hayward, CA 94541; County of Alameda

Registrant(s): Rajesh G. Naicker, 23742 Fair Lands Rd. Hayward, CA 94541

Hayward, CA 94541 Sadhana N. Naicker, 23742 Fair Lands Rd., Hayward, CA 94541 Business conducted by: Married Couple The registrant began to transact business using the fictitious business name(s) listed above on the

7/8/2014 declare that all information in this statement I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) *Is*/ Rajesh G. Naicker This statement was filed with the County Clerk of Alameda County on March 4, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of

new ficitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a ficitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/22, 3/29, 4/5, 4/12/16

CNS-2857291#

# **GOVERNMENT**

#### NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on May 3, 2016, at which time they will be opened and read out loud in said building for:

# FREMONT BOULEVARD ASCT FIELD ELEMENTS, CITY PROJECT 8870B(PWC)

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

LINDA WRIGHT PURCHASING DIVISION CITY OF FREMONT 4/12, 4/19/16

CNS-2867432#

# CITY OF UNION CITY DEPARTMENT OF PUBLIC WORKS CITY PROJECT NO. 15-02 NOTICE TO CONTRACTOR

CITY PROJECT NO. 15-02 NOTICE TO CONTRACTOR Sealed proposals for the work shown on the plans entitled: 2015-16 Union City Base Failure Repair and Slurry Seal Project, City Project No. 15-02, will be received at the office of the City Clerk of the City of Union City, City Government Building, 34009 Alvarado-Niles Road, Union City, California, until Thursday, May 12, 2016, 2:00 p.m., at which time they will be publicly opened and read in the Council Chambers of said building. The Contractor shall possess a Class A – General Engineering – license at the time this contract is awarded. Bids are required for the entire work described herein. This contract is subject to the State contract nondiscrimination and compliance requirements pursuant to Government Code Section 12990. Plans, specifications and proposal forms may be obtained via email delivery for no charge by calling (510) 675-5308. If electronic delivery is unavailable, a bid package on CD in PDF format is available for a \$10 non-refundable charge. Checks and money orders must be made payable to "The City of Union City." Cash will not be accepted via mail. A bid package will be mailed by request upon receipt of an additional \$10 non-refundable mailing charge, via U.S. Mail or bidder's Fedex account number. Bid packages for bidding on this project can only be obtained at the Department of Public Works, 34009 Alvarado-Niles Road, Union City, California, or by calling (510) 675-5308 for a copy of the Plan Holder's List. All questions should be faxed to Murray Chang, City of Union City, and dition, you may calify A Performance Bond, and a Maintenance Bond. Minimum wage rates for this project as predetermined by the Secretary of Labor are set forth in the special provisions. If there is a difference between the minimum wage rates predetermined by the Secretary of Labor are set forth in the special provisions. If there is a difference between the minimum wage rates predetermined by the Secretary of Labor and prevailing wage rates determined by the Department of Ind the Department of Industrial Relations for similar classifications of labor, the contractor and his subcontractors shall pay not less than the higher wage rates. Pursuant to Section 1773 of the Labor Code, the general prevailing rate of wages in the county in which the work is to be done has been determined by the Director of the wage rates appear in the Department of Transportation publication entitled General Prevailing Wage Rates, (current semi-annual which have been predetermined and are on file with the Department of Industrial Relations are referenced but not printed in said publication. printed in said publication.

CITY OF UNION CITY DATED: 04-12-16 4/12, 4/19/16

FINDING OF NO SIGNFICANT IMPACT AND NOTICE OF INTENT TO REQUEST RELEASE OF FUNDS

CNS-2867414#

April 12, 2016

Alameda County Housing and Community Development Department 224 W. Winton Room 108 Hayward, CA 94544

brought to enforce responsibilities in relation to the environmental review process and that these responsibilities have been satisfied. HUD's approval of the certification satisfies its responsibilities under NEPA and related laws and authorities, and allows the Alameda County to use Program funds.

OBJECTIONS

OBJECTIONS US. HUD Office will accept objections to the Responsible Entity's (RE) Request for Release of of fifteen days following the submission date specified above or the actual receipt of the request whichever is later) only if they are on the following bases: (a) the certification was not executed by the certifying officer or other officer of the Alameda only approved by the U.S. HUD; (b) the RE has on titled a step or failed to make a determination or finding required by HUD regulations at 24 CFG Part 58 or by CEQ regulations at 40 CFR Stool-fors, as applicable; (c) the RE has only or priving required by HUD regulations at 40 CFR Stool-fors, as applicable; (c) the RE has only or priving required process has committed funds for vindertaken activities on authorized by 24 CFR Stoparts E, F or G of Part 58, as applicable; (d) the grant recipient or other paticipants in the vindertaken activities on authorized by 24 CFR Stoparts E, F or G of Part 58, as applicable; (d) the grant recipient or other paticipants in the vindertaken activities on authorized by 24 CFR Stoparts E, F or G of Part 58, as applicable; (d) the grant recipient or other paticipants in the vindertaken activities on authorized by 24 CFR Stoparts E, F or G of Part 58, as applicable; (d) the grant fact the project is unsatisfactory for the environmental certification; (e) another stated on 58.75) and shall be addressed by a standpoint of environmental authorized by 24 CFR and 58 before please of Street, Suite 1200; Street B, Section 58.75) and shall be addressed by a standpoint of environmental as the 200 street and street plants and street is a street in 200 Street B, Section 58.75) and shall be addressed by a street plants and the project is unsatisfactory for the street plants and the project is unsatisfactory for the environmental the project is u the objection period.

Linda M. Gardner, Director and NEPA Certifying Officer 4/12/16

CNS-2867234#

# PUBLIC NOTICE MITIGATED FINDING OF NO SIGNIFICANT IMPACT

April 12, 2016

#### **City of Fremont Human Services Department** 3300 Capitol Avenue, Bldg. B Fremont, CA 94537-5006

The City of Fremont has completed an Environmental Assessment under the provisions of the National Environmental Policy Act and U.S. Department of Housing & Urban Development (HUD) regulations at 24 CFR Part 58 for a project known as PARC55 Senior Apartments and Senior Center. The City of Fremont contemplates the use Community Development Block Grant funds on the Senior Center portion of the project. Activities may include, but are not limited to, acquisition and public facility improvements. The project also involves the new construction of 90 units of affordable senior housing. No further environmental review of the proposal is to be conducted prior to the Request for Release of Funds (RROF). The City of Fremont has completed an

Funds (RROF). East Warren Park, LLC ("Developer") has dedicated 2.2 acres of land to Eden Housing, located at 47003 Mission Falls Court (APN 519-1691-008) in the City of Fremont, California for the purpose of constructing affordable housing for seniors. The developer also proposes to construct a public Senior Center on a 1.6-acre site adjacent to the affordable housing for seniors. The site is currently improved with a one-story, 62,447 square foot light industrial building with associated parking and landscaping that will be demolished to construct the project. The senior affordable housing on 2.18 acres with: 74 one-bedroom units; 15 two-bedroom units; and one two-bedroom units for an on-site property manager. The units will be housed in a three- and four-story building. Eighty-nine units will offered for rent to extremely low-income and very low-income senior households earning 30 percent and 50% of area median income, respectively. A 15,000 square foot senior community center with approximately 66 parking spaces would also occupy the site and be open to the public and the community. The subject parcel will be divided and the community center will occupy approximately 1.62 acres and zoned Public Facility.

Total project cost is estimated to be \$43,000,000 for the Senior Apartments and \$8,300,000 for the Senior Center for a total estimated cost of \$51,300,000 for the project.

Proposed financing sources for the project include HOME, CDBG, and Section 8 from Alameda County and the City of Fremont. A Notice of Intent to RROF will be published if/when HUD funds will be provided to the proposed project by the City of Fremont.

# FINDING OF NO SIGNIFICANT IMPACT

The City of Fremont has determined that this proposal will have no significant impact on the human environment. Therefore, an Environmental Impact Statement under the National Environmental Policy Act of 1969 is not required. The reasons for the decision not to prepare an EIS are: 1) an ERR prepared for this proposal documents that the project will not have a significant effect on the human environment and that compliance with related federal environmental laws and standards has federal environmental laws and standards has been achieved, 2) the project size is well below the 2,500 unit EIS threshold level established by Federal regulation at 24 CFR 58.37; 3) the project will have no adverse effects on apublic health or safety, nor will it have adverse effects on any ecologically sensitive areas; 4) the project is in compliance with Federal, State and local laws compliance with Federal, State and local laws pertaining to the protection of the environment and conforms to the zoning and Master Plan of the City of Fremont; 5) mitigating measures have been required with respect to air quality, water supply and noise that adequately address the effects the project is deemed to have or be exposed to; and 6) State Historic Preservation Officer did not object to the determination of no bistoric did not object to the determination of no historic properties affected by the undertaking within 30 days. Additional project information is contained in the Environmental Review Record (ERR) on file at the City of Fremont Human Services Depa 3300 Capitol Avenue, Building B, Fremont, CA 94538-5006, which may be examined or copied weekdays from 9:00 a.m. to 5:00 p.m.

/S:/ Anna M. Brown City Clerk 4/12/16

Sandy Smith

Purchasing Division CITY OF FREMONT 4/5, 4/12/16

CNS-2866732#

CNS-2865302#

CNS-2864614#

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bidg B, Fremont, California, up to the hour of 2:00 PM on May 4, 2016, at which time they will be opened and read out loud in said building for:

# 2016 REFURBISHMENT PROJECT AQUA ADVENTURE WATER PARK

Provide labor, necessary equipment and materials to refurbish a Whitewater West AquaPlay 250 with tipping bucket and Splashtacular four slide complex including access tower. Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Santa Clara located at 821 Marin Avenue, Santa Clara, Ca 95050 orthrough Planwellat www.e-arc.com/ location/santa-clara, Phone(408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

NOTICE TO CONTRACTORS

Sealed bids will be received in the Office of Purchasing Services at 3300 Capitol Ave., Bldg. B, Fremont, California, up to the hour of 2:00 PM on April 26, 2016, at which time they will be opened and read out loud in said building for:

MULTI-MODAL IMPROVEMENTS: BICYCLE AND PEDESTRIAN IMPROVEMENTS-BART WAY & GATEWAY PLAZA, CITY PROJECT 8868(PWC) FEDERAL PROJECT NO. STPL-5322(055)

Plans, special provisions and standard proposal forms to be used for bidding on this project can be obtained for a non-refundable fee at ARC Solutions located at 821 Martin Avenue, Santa Clara, CA 95050 or through Planwell at www.e-arc.com/location/santa-clara. Phone (408) 295-5770. No partial sets will be issued, cost is non-refundable. Call to confirm availability of copies before coming to pick up documents. For more information on this project, contact the City of Fremont Purchasing Department at (510) 494-4620.

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF LUCAS PLACENCIA VARELA AKA LUCAS P. VARELA CASE NO. RP16809819 CASE NO. RP16809819

CASE NO. RP16809819 To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Lucas Placencia Varela, Lucas P. Varela, Lucas Varela A Petition for Probate has been filed by Dimpna Varela in the Superior Court of California, county of Alemada.

Varela in the Superior Court of California, County of Alameda. The Petition for Probate requests that Dimpna Varela be appointed as personal representative to administer the estate of the decedent.

Vareia be appointed as personal representative to administer the estate of the decedent. The Petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court on 05/25/2016 at 9:30 in Dept. 201 located at 2120 Martin Luther King, Jr. Way, Berkeley, CA 94704. If you object to the granting of the petition, you

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court

LINDA WRIGHT PURCHASING DIVISION CITY OF FREMONT 4/5, 4/12/16

/s/ Amarijit Singh This statement was filed with the County Clerk of Alameda County on March 18, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk export as provided in subdivision (b) of the count of the county of the county of the county of the count of the county of the county of the county of the count of the county date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictilious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

CNS-2860573#

# FICTITIOUS BUSINESS NAME STATEMENT File No. 515989 Fictitious Business Name(s):

Cooper 4 Rentals, 38581 Royal Ann Common Fremont, CA 94536, County of Alameda

Fictitious Business Name(s): Cooper 4 Rentals, 38581 Royal Ann Common, Fremont, CA 94536, County of Alameda Registrant(s): Sheila Cooper, 38581 Royal Ann Common, Fremont, CA 94536 Randal Cooper, 38581 Royal Ann Common, Fremont, CA 94536 Business conducted by: Married Couple The registrant began to transact business using the fictitious business name(s) listed above on n/4 1 declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Sheila Cooper Randal Cooper This statement was filed with the County Clerk of Alameda County on March 18, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name state of a fictitious business name in violation of the rights of another under federa, state, or common law (see Section 14211 et seq., Business and Professions Code). 3/29, 4/5, 4/12, 4/19/16

CNS-2860559#

FICTITIOUS BUSINESS NAME STATEMENT File No. 515212 Fictitious Business Name(s): Hortensia Music, 37805 Rosetree Court, Fremont, CA 94536, County of Alameda Registrant(s):

Registrant(s): 4Play Records, Inc., 37805 Rosetree Court, Fremont, CA 94536; California (Secretary of

Fremont, CA 94536; California (Secretary of State) Business conducted by: a Corporation The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ John Vargas, CEO 4Play Records, Inc. This statement was filed with the County Clerk of Alameda County on February 26, 2016 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitous name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after

clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be

filed before the expiration. The filing of this statement does not of itself authorize the use in this statement does not of regen-authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 3/22, 3/29, 4/5, 4/12/16

CNS-2857874#

FICTITIOUS BUSINESS NAME STATEMENT File No. 515490 Fictitious Business Name(s): Mr. Pickles, 5849 Newark Blvd., Newark, CA 94560, County of Alameda; Mailing Address: 23742 Fairlands Rd., Hayward, CA 94541 Registrant(s):

FICTITIOUS BUSINESS

23/42 Fairlainus, ..., Registrant(s): Rajesh G. Nakker, 23742 Fairlands Rd., Hayward

Sadhana N. Naicker, 23742 Fairlands Rd.

Hayward, CA 94541 Hayward, CA 94541 Business conducted by: Married Couple The registrant began to transact business using the ficitious business name(s) listed above on 7/8/2044

The registrant began to transact business using the fictitious business name(s) listed above on 7/8/2014. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [S1,000].) /s/ Rajesh G. Naicker This statement was filed with the County Clerk of Alameda County on March 4, 2016. NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 1713 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). 3/22, 3/29, 4/5, 4/12/16 CNS-2857618#

CNS-2857618#

FICTITIOUS BUSINESS NAME STATEMENT File No. 515178

File No. 515178 Fictitious Business Name(s): Sidhu Trucking, 39642 Lahana Way, Fremont, CA 94538, County of Alameda; P.O. Box 1108, Newark, CA 94560 Pooletaeri(c):

Registrant(s): Manjeet Singh, 39642 Lahana Way, Fremont, CA 94538

CA 94538 Business conducted by: an Individual The registrant began to transact business using the fictitious business name(s) listed above on

declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

one thousand dollars [\$1,000].) (s/ Manjeet Singh This statement was filed with the County Clerk of Alameda County on February 28, 2015 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A

This Notice shall satisfy the above-cited two separate but related procedural notification requirements for activities to be undertaken by Alameda County.

# REQUEST FOR RELEASE OF FUNDS

RELEASE OF FUNDS On or about April 28, 2016, Alameda County will submit a request to the U.S. Department of Housing and Urban Development (HUD) for the release of \$538,000 in Home Investment Partnerships Program (HOME Program) funds as authorized by the National Affordable Housing Act of 1990, Title II, as amended, and authorize the Housing Authority of the County of Alameda to submit a request to the U.S. Department of Housing and Urban Development for the release of 30 Project-Based Section 8 Vouchers, as authorized by the United States Housing Act of 1937, Section 8(c)(9), as amended, to undertake a project known as PARC 55 Senior Apartments and Senior Center for the purpose of providing affordable senior housing and a public community Senior Center.

Senior Center. East Warren Park, LLC ("Developer") has dedicated 2.2 acres of land to Eden Housing, located at 47003 Mission Falls Court (APN 519-1691-008) in the City of Fremont, California for the purpose of constructing affordable housing for seniors and a senior center. The site is currently improved with a one-story, 62,447 square foot light industrial building with associated parking and landscaping that will be demolished to construct the project. The project will construct 90 units or residential housing on 2.18 acres with: 74 one-bedroom units; 15 two-bedroom units; and one wo-bedroom unit or an on-site property manager. The units will be housed in a three- and four-story building. Eighty-nine units will offered for rent to extremely low-income and very low-income senior households earning 30 percent and 50% of area median income, respectively. A 15,000 square foot senior community center with approximately 66 parking spaces would also occupy the site and be open to the public and the community. The subject parcel will be divided and the community center will occupy approximately 1.62 acres and zoned Public Facility. Total project cost is estimated to be \$43,000,000

Total project cost is estimated to be \$43,000,000 for the Senior Apartments and \$8,300,000 for the Senior Center for a total estimated cost of \$51,300,000 for the project.

# FINDING OF NO SIGNIFICANT IMPACT

Alameda County has determined that the project will have no significant impact on the human environment. Therefore, an Environmental Impact Statement under the National Environmental Policy Act (NEPA) of 1969 is not required. Additional project information is contained in the Environmental Review Record (ERR) on file at the County of Alameda Housing and Community Development Department, 224 W. Winton, Room 108, Hayward, CA 94544, and may be examined or copied weekdays 9:00 A.M. to 5:00 P.M.

#### PUBLIC COMMENTS

Any individual, group or agency disagreeing with this determination or wishing to comment on the project may submit written comments to Kelly Thiemann, HCD Manager, Alameda County Housing and Community Development Department, 224 W. Winton Room 108, Hayward, CA 94544. All comments received by 5:00 PM on Wednesday, April 27, 2016 will be considered by Alameda County prior to submission of a request for release of funds. Comments should specify which Notice they are addressing.

#### ENVIRONMENTAL CERTIFICATION

Alameda County certifies to the U.S. HUD that Linda M. Gardner, in her capacity as Director of the Alameda County Housing and Community Development Department, in her capacity as NEPA Certifying Officer consents to accept the jurisdiction of the Federal Courts if an action is

PUBLIC COMMENTS

Any individual, groups or agency disagreeing with this determination or wishing to comment on the proposal may submit written comments to the City of Fremont. All written comments received by 5:00 p.m. on April 27, 2016 will be considered and the City of Fremont will not take any action on the proposed prior to this dots. proposal prior to this date

Lucia Hughes, CDBG Administrator and NEPA Certifying Officer City of Fremont 4/12/16

CNS-2867228#

# CITY OF UNION CITY NOTICE OF PUBLIC HEARING

**NOTICE** is hereby given that on April 26, 2016, at 7:00 p.m., or as soon thereafter as the matter may be heard, the City Council of the City of Union City will hold a Public Hearing at the City Council Chambers located at 34009 Alvarado Niles Road, Union City, CA for the purpose of considering whether to vacate a pedestrian access easement located at 24 – 34 Union Square within the City of Union City. The hearing is being held pursuant to the provisions of Chapter 3 of Part 3 of Division 9 of the California Streets and Highways Code.

At its April 7, 2016 meeting, the Union City Planning Commission adopted a Planning Commission Resolution concluding that the proposed vacation conforms with the General Plan of the City of Union City.

The proposal is to vacate the entire length of an eight (8) foot-wide pedestrian access easement on the property located at 24 - 34 Union Square within the City of Union City. The easement extends from Union Square to the Alameda County flood control channel. A map showing the location of the proposed vacation is available in the Office of the City Clerk at 34009 Alvarado Niles Road, Union City, California. The map is available for review by any interested parties during normal business hours.

Intersted persons are invited to submit written comments prior to, and may testify at, the Public Hearing. All comments will be considered by the City Council. The public hearing will be held on **April 26, 2016, at 7:00 p.m.**,or as soon thereafter as the matter may be heard, at the City Council of the City of Union City located at 34009 Alvarado-Niles Road, Union City, CA.

If you challenge the action of the City Council on this matter in court, you may be limited to raising only those issues you or someone else raised at the Public Hearing described in this notice, or in written correspondence delivered to the City Clerk at, or prior to the Public Hearing.

Questions regarding this matter should be directed to City Engineer Tom Ruark at (510) 675-5301 .

objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may

Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: PATRICIA URO-MAY, Esq., 1625 The Alameda, Suite 800, San Jose, CA 95126, Telephone: (408) 277-0900 4/12, 4/19, 4/26/16

CNS-2866341#

NOTICE OF PETITION TO ADMINISTER ESTATE OF Anna Mae Fowler CASE NO. RP16808439 To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Anna Mae Fowler A PETITION FOR PROBATE has been filed by Mark D. Fowler in the Superior Court of California, County of ALAMEDA. THE PETITION FOR PROBATE requests that Mark D. Fowler be appointed as personal representative to administer the estate of the decedent.

decedent. THE PETITION requests the decedent's WILL

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act with full authority. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on 5/17/2016 at 9:30 a.m. in Dept. 201 located at 2120 MARTIN LUTHER KING JR. WAY BERKELEY CA 94704 Berkeley Courthouse. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

Defore the nearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative as defined in section personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California

of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice (DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: Shannon M. Bio (CSB 275401) Toews & Murphy, Inc. 1212 Marsh Street, Suite 3 San Luis Obispo, CA 93401 3/29, 4/5, 4/12/16 CNS-2861726#

CNS-2861726#

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#### WHAT'S HAPPENING'S TRI-CITY VOICE

LIFE CORNERSTONES

# April 12, 2016

For more information 510-494-1999 tricityvoice@aol.com

Birth

Marriage

**Obituaries** 



**Fremont Memorial Chapel** (510) 793-8900 FD 1115 3723 Peralta Blvd. Fremont www.fremontmemorialchapel.com

> Ta Hong Kwan **RESIDENT OF FREMONT** June 20, 1944 - March 12, 2016

> **Dorothy Tavash RESIDENT OF FREMONT** June 27, 1934 - March 13, 2016

**Kuo-Liu Chang RESIDENT OF UNION CITY** July 24, 1926 - March 13, 2016

Maria Berta de Oliveira **RESIDENT OF FREMONT** April 26, 1943 - March 13, 2016

Sixto Valadez **RESIDENT OF FREMONT** January 14, 1967 - March 16, 2016

Gerald "Jerry" Ortega **RESIDENT OF UNION CITY** September 24, 1946 - March 17, 2016

**Ruth B. Gamba RESIDENT OF FREMONT** November 20, 1918 - March 17, 2016

**Pasqual G. Soto RESIDENT OF FREMONT** May 18, 1930 - March 18, 2016

**Glenn Fernandez Sr. RESIDENT OF FREMONT** June 10, 1963 - March 17, 2016

**Gloria Vasquez de Waites RESIDENT OF CUPERTINO** May 24, 1929 - March 19, 2016

Norma Kent **RESIDENT OF HAYWARD** December 27, 1940 - March 20, 2016

**Thomas V. Pugmire RESIDENT OF NEWARK** November 2, 1942 - March 25, 2016

Magdalena M. Abarientos **RESIDENT OF FREMONT** May 25, 1935 - March 25, 2016

Salvador Munoz Sr. **RESIDENT OF NEWARK** November 18, 1932 - March 26, 2016

**Donald W. Ochsenfeld RESIDENT OF FREMONT** February 9, 1948 - March 25, 2016

Kemawathie Hansrajh **RESIDENT OF FREMONT** February 23, 1944 - March 27, 2016

Jane L. Kuhlman **RESIDENT OF FREMONT** July 29, 1923 - March 28, 2016



Gary J. Gu **RESIDENT OF FREMONT** July 23, 1938 - March 27, 2016

**Mitsuru Nakagawa RESIDENT OF WALNUT CREEK** May 6, 1930 - May 25, 2016

Harsh Vardhan Reddy Eppagunta **RESIDENT OF FREMONT** May 16, 1992 - March 27, 2016

> Krishnan Venkataaman **RESIDENT OF PLEASANTON** August 10, 1955 - March 28, 2016

> Sister Angelina Dutra **RESIDENT OF FREMONT** January 31, 1927 - March 30, 2016

Muktaben H. Doshi **RESIDENT OF SAN JOSE** April 6, 1925 - March 31, 2016

William J. Dellaria Sr. **RESIDENT OF FREMONT** June 4, 1925 – April 2, 2016

Nikki L. Fudenna **RESIDENT OF FREMONT** July 21, 1952 – April 4, 2016

**Arthur L. Shiffrar RESIDENT OF FREMONT** 1926 - 2016

Mary A. Smith **RESIDENT OF FREMONT** January 5, 1927 - April 4, 2016

James G. Landowski **R**ESIDENT OF FREMONT July 18, 1953 - April 4, 2016

Sister Ramona Bascom **RESIDENT OF FREMONT** October 6, 1935 – April 6, 2016

Lolita S. Bustamante **RESIDENT OF UNION CITY** July 29, 1942 - April 6, 2016

**Douglas William Corrick RESIDENT OF FREMONT** August 4, 1944 – April 6, 2016

**Nicolas Contreras RESIDENT OF UNION CITY** December 6, 1917 - April 11, 2016

Berge • Pappas • Smith Chapel of the Angels (510) 656-1226 40842 Fremont Blvd, Fremont

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**Obituary** 

# **ALLAN JAMES POTTS**

# 9/2/1929 - 04/03/2016

# **Resident of Newark**

Born September 2, 1929 in Oklahoma and entered into rest April 3, 2016 at the age of 86. Survived by son Allan G. Potts and daughter Tammy and son-in-law Steve Lewis; grandchildren Joshua, Sarah, Daniel, Shantel and David; great grandchildren Joshua, Alyssa, Nathan, Jasmine and Zackary; brothers and sisters, Imogine, Robert, LeRoy, Donald, Kenneth and Bonnie. Also survived by many nieces and nephews. Predeceased by his wife Kathleen E. Potts.

Visitation will be at 10:00 AM with the Funeral Service Thursday, April 14, 2016, 11:00 AM, Church of Christ, 4300 Hansen, Fremont, CA 94536. Burial will take place April 15, 2016, 11:00 AM, Sacramento Valley National Cemetery, 5810 Midway Road, Dixon, CA.

> FREMONT CHAPEL **OF THE ROSES** 510 797-1900

# Obituary

# **Tom Russell**

Tom went to be with his Lord and Savior on March 26, 2016. He was an outgoing, friendly guy known and loved for his wit, humor, friendly smile, and big bear hugs.

Tom was born in Reedley, CA, raised in Lancaster, CA, moved to the Bay Area in 1977, and lived in Milpitas for the past 18 years. He enjoyed spending time and traveling with his family, camping, and loved classic cars. He played various sports throughout his life such as football, track, softball, tennis, and golf. He facilitated many years of GriefShare sessions at his church. Tom was a loving, supportive, protective, and caring husband, father, and friend. He is survived by his wife of 22 years, Diane, children Andrew and Amber, siblings Bob, Bonnie Paul (George), Candy Helms (Don), Terri Callen, and Debbi Whitt, parents-in-law Domingo and Aquilina Agbuya, sister-in-law



Margaret Soza Barriga **RESIDENT OF FREMONT** April 7, 1939 – March 31, 2016

Jui Cheang Mason **RESIDENT OF SAN FRANCISCO** July 6, 1953 – March 31, 2016

**Berniece Hollingsworth RESIDENT OF STOCKTON** February 28, 1932 - April 1, 2016

Serafin N. Arrivas, Jr. **RESIDENT OF FREMONT** July 13, 1933 – April 1, 2016

**Judith Plummer RESIDENT OF FREMONT** September 26, 1940 – April 2, 2016

**Kathleen Gutierrez RESIDENT OF UNION CITY** September 7, 1951 – April 2, 2016

Allan J. Potts **Residence of Newark** September 2, 1929 - April 3, 2016

Karen McMurtrie **RESIDENT OF FREMONT** August 16, 1943 – April 6, 2016

Alex Caasi Samson **RESIDENT OF FREMONT** December 30, 1946 – April 7, 2016

**Laurie Marie Ericson RESIDENT OF EUGENE, OR** August 29, 1953 – April 7, 2016

Suprabha P. Samant **RESIDENT OF SAN MATEO** December 31, 1941 – April 10, 2016



**Fremont Chapel of the Roses** (510) 797-1900 FD1007 1940 Peralta Blvd., Fremont www.fremontchapeloftheroses.com

# East Bay Park **District invited to** White House Water Summit

# SUBMITTED BY CAROLYN JONES

The East Bay Regional Park District (EBRPD) was selected as one of the few land agencies – and one of approximately 200 committed organizations - in the United States to participate in the March 22 White House Water Summit which addressed water challenges and solutions in the age of climate change. The White House Water Summit, held in conjunction with the United Nations World Water Day, focused on long-term strategies to build a sustainable and secure water future through innovative science and technology.

As part of its involvement with the event, the Park District has agreed to set a goal of saving 250 million gallons of water over the next five years. The Park District plans to eliminate some standard grasses in high-use areas and replace them with drought-tolerant grasses, and seek partnerships with local sod and seed companies to make drought-tolerant grasses available to the public. EBRPD also plans to convert a number of grass areas into native plant gardens for water-efficiency and public-education purposes. It is hoped these initiatives will cut water use by 30 to 50 percent and reduce lawn-mower emissions by 50 percent.



Naomi Gonzales (Robert), and numerous nieces, nephews, great-nieces, and great-nephews. He was preceded in death by his parents Roy and Shirley and son David.

Tom will be dearly missed by all who knew him.

Celebration of Life Service on Saturday, April 16 at 10am at Christ Community Church of Milpitas, 1000 S. Park Victoria Drive, Milpitas

# **Obituary** Louis Raymer Thompson

# **Resident of Fremont 56 years** Born October 17, 1930 - Passed April 1, 2016

Independent until the end and at 85 years of age. Rather than ask for help or disrupt any ones lives he would find a way to completing any task.

He was veteran of the Navy, he loved square dancing, trips to Reno/Tahoe and gardening. He is survived by his children Sam Russell, John Thompson,

Kevin Thompson, Michelle Brockoff, grandchildren, Jake and Ruth. We will be laid to rest at the Chapel of the Chimes Cemetery, Hayward, CA. Chapel of the Chimes 32992 Mission Blvd., Hayward

## LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be give preference. Letters are subject to editing for length, grammar and style. tricityvoice@aol.com

#### Page 41

# PUBLIC NOTICES

#### PUBLIC AUCTION/SALES

the following units will be sold at public au On the <u>27<sup>th</sup> day of April. 2016</u> at or after

same Unit # Paid Through Date Smitha SashidharanAA0656802/01/2016 Smitha SashidharanAA0650802/01/2016 Timothy HantzB10502/24/2016 Marsha CummingsB12401/27/2016 Terrel JonesB15901/17/2016 Hirminigilda DimaapiB16601/12/2016 Adrian Vargas Sr.B33412/06/2015 Robert AgorastosC13312/19/2015 Sharon DatlonC12302/16/2016 Brenda Williams C14702/14/2016 Francine NeilsonC15602/21/2016 Maria RodriguezC16302/21/2016 Maria RodriguezC16302/21/2016 Francine NeilsonC24902/04/2016 Francine NeilsonC24902/04/2016

the following people: <u>Name Unit # Paid Through Date</u>

APN: 531 -0033-064-00 TS No: CA08000350-12-3 TO NO: 95308874 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED September 14, 2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On May 2, 2016 at 02:00 PM, at the Fallon Street entrance to the County Courthouse, 1225 Fallon Street, Oakland, CA 94612, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the NOTICE OF LIEN SALE AT PUBLIC AUCTION am pursuant to the California Self-Storage Facility Act. The sale will be conducted at: U-Haul Moving & Storage of Thornton, 4833 Thornton Ave. Fremont, CA 94536. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people: Storage Facility ad at: U-Haul Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on October 3, 2006, as Instrument No. 2006372180, of official records in the Office of the Recorder of Alameda County in the Office of the Recorder of Alameda County, California, executed by CELESTE LANDINI, A SINGLE WOMAN AND, KRISTIN CAMPBELL, A SINGLE WOMAN, as Trustor(s), in favor of WASHINGTON MUTUAL BANK, FA, A FEDERAL SAVINGS BANK as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS CNS-2866610#

**TRUSTEE SALES** 

MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 5686 GREELEY PLACE, FREMONT, CA 94538 50% GREELEY PLACE, HERMONT, CA 9453% The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$694,933.86 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee.

In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes al of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the pr You should also be aware that the lien You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this encoded, but contacting the county recorders of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to

Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at date has been postponed, and, if applicable, the rescheduled time and date for the sale of this rescheduled time and date for the sale of this property, you may call In Source Logic at <u>702-659-7766</u> for information regarding the Trustee's Sale or visit the Internet Web site address listed below for information regarding the sale of this property, using the file number assigned to this case, CA08000350-12-3. Information about postponements that are very elocit in duration postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: March 28, 2016 MTC Financial Inc. dba Trustee Corps TS No. CA08000350-12-3 17100 Gillette Ave Irvine, CA 92614 949-252-8300 TDD: 866-660-4288 Myron Ravelo, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ON LINE AT www. insourcelogic.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: In Source Logic AT 702-659-7766 MTC Financial Inc. dba Trustee Corps MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. ORDER BE USED FOR THAT PURPOSE. ORDER NO. CA16-000950-1, PUB DATES: 04/05/2016, 04/12/2016, 04/19/2016

CNS-2864742#

# **Obituary**

# Karen McMurtrie August 16, 1943 – April 6, 2016 **Resident of Fremont**

Karen McMurtrie, loving mother, grandmother, great grandmother and friend went home to be with the Lord on April 6, 2016. Karen was born on August 16, 1943 in Los Angeles, California and was raised in Santa Rosa, California by loving parents Willis and Blanche Neilsen. For the past 47 years, she lived in Fremont, California.

Karen lived each day with sense of caring, tenacity and a gregarious spirit. She raised her children with discipline and love and fostered an environment for all to flourish. Kind and

thoughtful beyond her means, she was appreciated and loved by everyone she knew.

Diagnosed with diabetes at age 7, Karen faced this challenge with great vigor, as she did every obstacle that confronted her. She dedicated her life to doing the right thing.

She is survived by her sons, Robert McMurtrie, and Ron McMurtrie (Amy); daughter, Kimberlie Graham (Jeff); grandchildren, McKenzie (Adam), Jack, Ellie, Owen, Brandon, and Natasha; great grandchildren, Easton and Emrie; and her dog Brandi.

A memorial service and celebration of her life will take place at 11am on Friday, April 15th at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536, followed by a reception. A private burial service will take place at a later date where she will be laid to rest with her parents. Memorial gifts may be made to the JDRF Diabetes Foundation at www.jdrf.org

# LETTER TO THE EDITOR

e are concerned that East Bay Regional Park District (EBRPD) officials have adopted a hostile attitude to Mission Peak visitors as exemplified by the overwhelming number of tickets and citations handed out over the last three years. This hostility is amplified when public funds are used to create and fund a designated parking program which will cut park access further. The implementation of a 33 percent cut in park hours in 2014 resulted in a drop of 60,000 visitors a year which impacts our local economy.

Though public safety accounts for \$25 million of the \$150 million EBRPD operating budget, oversight is lacking. Other agencies such as San Jose and BART have public safety commissions that open their doors to the public. EBRPD should follow their lead. We recommend that EBRPD establish a Public Safety committee to address the deficiency in community policing, to improve governance, and to allow oversight by its Board and by the public.

Mission Peak Conservancy, an organization of East Bay park visitors, asked assessors from the Commission on Accreditation for Law Enforcement Agencies on

# Tickets and citations

March 15, 2016 to look into citations at Fremont's Mission Peak Regional Preserve. The number of citations at the park surged in recent years, while Mission Peak is safe from serious crime and the crime rate in nearby neighborhoods is among the lowest in Fremont. EBRPD police issued 589 parking citations there during 2013-2015, according to public records. This compares to a grand total of 153 at three other popular parks in the East Bay: Anthony Chabot, Tilden Regional and Redwood Regional. Over the same time period, citations and violations totaled 1,205 at Mission Peak, compared to just 366 at the other three parks combined.

Also of concern, most of the parking tickets issued by Fremont and EBRPD Police near Mission Peak weren't for parking. Rather, they were for expired registrations, missing front plates, or parking outside marked stalls. Only a small portion, 25 percent, addressed the main complaints of residents, which are blocked driveways, fire hydrants and red zones, according to a spokesperson for the Fremont Police. (www.mercurynews.com/fremont/ci\_2625 1930/east-bay-parks-city-policehuddle-about-mission)

Park curfew hours were cut by 30 percent in fall 2014, producing a tsunami of curfew citations. The cut came in response to political pressure from local property owners, who wanted to stop park visitors from accessing the park through their neighborhood. Curfew citations then exploded, from four in 2013 to 484 in 2014 – a factor of 100.

Overall, Mission Peak has been a debacle for police involvement in the community, because police departments have lost sight of their mission to protect park visitors and acted instead to suppress them. Unneeded citations could be reduced by better maintenance, such as repainting the faded white stripes in the parking lot and installing concrete wheel stops to help keep cars in place. Most importantly, police management should implement the principles of community policing in East Bay parks and surrounding neighborhoods. They should shift their focus to preventing crime, protecting the safety of visitors, and improving access to public parks.

wm. yragui co-founder **Mission Peak Conservancy** 

# Discovering talent in unexpected places

# SUBMITTED BY ANNA WANG

Local performers walked away as top winners of the second annual "Special Needs Talent Showcase" on Saturday, March 19, 2016 at the Santa Clara Convention Center Theater. Eleven finalists

competed at the event before an audience of 600, emceed by Matt Keller, an awardwinning general assignment reporter for ABC7 News.

The event was sponsored by Friends of Children with Special Needs (FCSN), a Fremont-based organization serving more than 1,000 individuals with special needs





Mission San Jose High School student Alice Jen was a winner at the Special Needs Talent Showcase for her

and their families throughout the South Bay. Entertainment throughout the night also included 10 honorable mention performers and a winner from the first Special Needs Talent Showcase.

Alice Jen of Mission San Jose High School in Fremont, a 2015 winner as part of the band-trio The Dream Achievers, won for her piano concerto solo, "Yellow River, First Movement." Jen taught herself piano at age four after seeing someone playing piano on television. She began lessons at age six, has won a number of statewide awards, and considers music to be her life-long companion and best friend.

Lawrence Wang of Fremont, also part of the band-trio The Dream Achievers, won for his solo performance of the Village People's disco hit, "Y.M.C.A." Wang wore a colorful, yard-wide red and white feathered Indian headdress as he sang and played the saxophone and drums for his rendition. Wang discovered his musical tal-

ent only six years ago when his mother required him to attend an FCSN recorder musical camp. Since then, Wang sings wonderfully and has mastered the flute recorder; the saxophone, including soprano, alto, and tenor; and drums. He has performed internationally and throughout the San Francisco Bay Area.

Each winner received a \$500 cash prize, a trophy, a signed commendation by California Assembly member Kansen Chu, and a performance-quality promotional video by Galaxy Media to be used to showcase their talents for future performance engagements.

Judge Stephen Prutsman of San Francisco, an internationally recognized pianist and composer and co-founder of Autism Fun Bay Area, presented five pianists who were finalists and honorable mentions each with a \$100 cash prize (including Jen) to inspire their continued commitment to the piano.

Fremont's Lawrence Wang won for his solo performance of the disco hit "Y.M.C.A."



Local Group Explores Innovative Housing Idea

# Neighbors make it a habit to have meals together

In nearly all cohousing neighborhoods, residents have dinner together at least once a week. Sharing food promotes kinship. Mission Peak Cohousing, the cohousing community forming in the Tri-Cities, hopes to share weekly meals too.

"Only 40 people or so?" asks prospective resident Charlie Scribner. "Sure! If I'm going to plan for two, I might as well plan for 40 and then enlist a little help."

"I'd be glad to attend," says Bob LaMere, "but please don't make me cook for a crowd. I would be better at building planter boxes to grow the food."

Each cohousing community develops its own approach to who plans, who cooks, who cleans up, and how often they do it. It all depends on the people who live there. In some, every adult periodically takes a turn working on some aspect of the shared dinner, whereas others allow individuals to substitute another community task.

Joani Blank, a resident of Swan's Market cohousing community in Oakland, has witnessed the variety of approaches. She set out to research how different cohousing neighborhoods make shared meals happen. The "where" question has an uncomplicated answer: a characteristic feature of cohousing communities is a community center - or "common house" - in which there is a large kitchen and dining room. That is where shared meals typically take place. But Ms. Blank was interested in comparing further details.

She surveyed 19 communities from eight U.S. states plus Canada and Australia. The data she collected is available in her article on the website of the Cohousing Association of the United States at www.cohousing.org. Here are highlights:

Two or three shared meals per week are typical.

Most of the 19 communities

common meals per week – about evenly divided between those who do two and those who do three. One community has four, and one tops out at five meals weekly. Families with school-age children and single adults tend to prefer frequent common meals.

Several communities have one or two common meals each week plus one or two specialty dinners, such as potluck, pizza night, vegan, or all-adult.

"When we moved in," recalls one resident, "our common kitchen wasn't finished, so for many months we held potlucks every night of the week. When our kitchen was done and we started preparing meals there, several families continued the potlucks on non-common dinner nights. We have some kind of shared eating going on in the common house five or six nights a week."

Planning and payment methods vary.

How do the cooks know how many to cook for? Ms. Blank found that most communities have a notebook or sheet posted where residents and their guests sign up for each meal. A few communities reverse that system and have a sign-out system, in which residents are assumed to be attending every common meal unless they indicate otherwise. Not surprisingly, in the latter communities, most residents eat nearly every common meal.

And what about cost? Ms. Blank found that meals cost far less than a restaurant, including most fast food joints. In communities that institute a set price for meals, the price they set ranges from \$3.75 to \$4.50 per person, usually with half-price for younger children. In communities where meal prices fluctuate based on the amount of money actually spent on groceries, the price generally falls within a similar range. Even when there is an occasional pricey meal, the cost

per person.

Communities have each devised their own systems for payment. A simple and successful one involves creating a spreadsheet to record what meals were eaten by whom and at what cost per meal. The total is added to or subtracted from the amount people spend on groceries when it is their turn to cook. Periodically, there is a "truing up," when each person is reimbursed or billed for the difference.

Meal preparation and participation vary, too.

In about half the communities surveyed, every adult was expected to take a turn planning, preparing, and/or cleaning up. In the other half, common meal preparation was voluntary and might be part of a longer list of alternative tasks.

In general, the smaller communities had a higher percentage of eaters. In the six smaller communities, the average meal attracted two out of three residents, while in the three largest, an average of just under half attended. One of the respondents offered the opinion that those who opt out of the common meal system are not nearly as connected with the community as those who par ticipate. Ms. Blank noted that even people who rarely eat common meals say that common meals are important to them.

"The data collected from the survey, what folks told me, and observations from community visits over the years have confirmed my intuition," says Ms. Blank, "that common meals are for most, if not all residents, 'the glue that holds us together.'"

# Next week: Tri-City Residents Gather at Fremont Main Library to Hear National Cohousing Experts

Mission Peak Cohousing is a group of friends forming a cohousing community in the Tri-Cities. For information, contact Mission-PeakCohousing@gmail.com.

# Fremont Police Log

# SUBMITTED BY GENEVA BOSQUES, FREMONT PD

## Friday, April I

At approximately 11:20 a.m., officers responded to the report of a bank robbery that was occurring on the 38900 block of Fremont Boulevard. Officers arrived within minutes, but the male suspect fled on foot just prior in the direction of Mowry Avenue. Multiple units searched for the suspect, but he was not located. He was described as an Asian or Hispanic male, approximately 20 years old, 5'7", wearing a blue hoody, blue jeans and gray boots. **Saturday, April 2** 

At 6:45 a.m. officers were dispatched to investigate a battery on the 46100 block of Warm Springs Boulevard. Dispatch reported that two males were fighting in the parking lot and that one had hit the other over the head with a beer bottle. Officers responded to the scene and found two men sitting on the curb in front of a business. Officers asked the men if then needed medical attention and both looked confused. While talking to the men, officers could smell a strong odor of alcohol. As additional officers arrived, they found a third party, also emitting a strong odor of alcohol, lying down across the back seat of a vehicle. Officers were able to temporarily wake the male, but after looking up, he went back to sleep. Officers learned that the involved subjects had been inside Encore KTV drinking until approximately 5:00 a.m. Shortly after 5:00 a.m., the males got into an argument over who would pay the bill. During the argument a 23-yearold adult male began to punch a 28-year-old adult male in the face, causing injuries. The 28year-old adult male, Dublin resident, retaliated and bit the 23-year-old on the finger, causing injury. Both were arrested for battery. The 24-year-old adult male who was asleep in the back of the vehicle was not able to stand and his speech was slurred. Determined to be unable to care for himself, he was arrested for public intoxication. Field Training

shed on Carol Avenue. Union Pacific Railroad Police took the primary report. Ofc. Gourley took an outside assist report.

Ofc. Burch was detailed to investigate a petty theft at a business located on the 39200 block of Fremont Boulevard. The caller stated that a female had stolen a phone after a male victim had put it down on a counter. The theft had occurred in the customer service department. The female suspect was described as a Hispanic female adult or black female adult, approximately 30-40 years old, heavy set with brown hair, and last seen wearing a gray jacket and dark jeans. Video of the suspect was obtained and officers are investigating.

#### Monday, April 4

Ofc. Navas stopped a 36-yearold adult male who was near a stolen vehicle. The keys to the vehicle had been taken from a hotel room and the vehicle went missing a few days prior. The male was arrested for auto theft and outstanding warrants.

A man called dispatch and advised he was being chased by another male who had a gun near the police department on Stevenson Boulevard. Dispatch tried to get more information, but he didn't answer questions and wouldn't answer his phone again. Dispatch then received a call from the front desk staff advising that two men were in the lobby reporting someone with a gun. Officers responded to the lobby and contacted both men. The original caller, a 49-year-old adult male, imagined the story up and was found to be under the influence of a controlled substance. He was arrested. The second male was a citizen who had been contacted in front of the police department and was trying to help the man who had claimed he was being chased.

A shoplifting incident at the Lucky's grocery store on Mowry Avenue and a robbery at the T-Mobile store on the 41000 block of Fremont Boulevard are possibly committed by the same suspect. The male is described as a white adult, approximately 5'8", 180 lbs., bald, wearing a white tank top, jeans, sunglasses, and was carrying a Ninja Turtle backpack. In both instances he entered the store, stole items and then assaulted store employees when they confronted him. Ofc. Allsup made a vehicle stop in the area of Mission Boulevard and Niles Boulevard. The license plate returned with a lost or stolen hit. The vehicle was confirmed stolen out of Union City and the adult male driver was found to be in possession of shaved keys.

surveyed have either two or three

rarely comes to more than \$6.50

# Wrestlers team up for a cause



# PHOTO BY BREW AGE PHOTOGRAPHY AND ITHRASH PHOTOGRAPHY

Knokx Pro Entertainment returns to Union City for the third time as they bring in the best local and famous professional wrestlers at a live pro wrestling event on Saturday, April 16 at James Logan High School. Returning this year is WWE Hall of Fame inductee Rikishi.

Also known as Solofa Fatu, Jr., Rikishi (meaning sumo wrestler in Japanese) is a Samoan-American professional wrestler who became a one-time Intercontinental Champion, two-time World Tag Team Champion, and one-time WWE Tag Team Champion during the span of his career. He was inducted into the WWE Hall of Fame in 2015 along with the late "Macho Man" Randy Savage, Alundra Blayze, Larry Zbyszko, Tatsumi Fujinami, and Kevin Nash.

Joining Rikishi is Joey Gaytan, also known as TMD, a pro Officer (FTO) Settle and Ofc. Crow investigated the incident.

At approximately 1:00 p.m. Fremont Fire Department requested assistance with an arson investigation on the 3600 block of Carol Avenue. A fire from a homeless encampment burned through a fence and part of a



wrestler and an actor who's had roles in TV shows such as "The Mentalist," "CSI: Miami," "Two and a Half Men," and "Brooklyn Nine-Nine." He returns to his hometown of Union City to run the fundraiser event at James Logan. Fellow wrestlers "Black Pearl" Reno Anoa'I, "The Samoan Werewolf" Jacob Fatu, Jezzette Marie, EyeZ In Disguise, "The Slicked Back Heart Attack" Pedro, Otto Von Clutch, Prince Shergill and more will also step in the ring for some death-defying action.

Gambino Aficionado will be on site to sell apparel, as well as CFA (Comic & Action Figures) to sell wrestling merchandise. The event is a fundraiser for the Ballet Folklorico group at James Logan. In a span of two years, the event has raised over \$12,000. Tickets are available online at www.knokxpro.com or at Music Depot, located at 944 B St. in Hayward. Call (510) 278-9695 for more information.

# Knokx Pro Live Wrestling Saturday, Apr 16 7 p.m. James Logan High School 1800 H St, Union City (510) 278-9695 www.knokxpro.com General admission: \$10, Ringside: \$15

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# Second annual **Rotary Day** in the Park

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# SUBMITTED BY LAURENCE HANSEN

Come meet the Rotary clubs of Fremont, Newark, and Union City at our second annual "Rotary Day in the Park," an event designed to give all citizens an opportunity to learn more about Rotary. The event will be held on Saturday, April 16 at Lake more. The money raised is given to local charitable organizations, as well as selected national and international organizations and projects. Rotary has supported local organizations, including Drivers for Survivors, Fremont Symphony Orchestra, League of Volunteers (LOV) Newark, Life ElderCare, Stage 1 Theatre, Trees of Angels, Tri-City Volunteers and many others. College scholarships for local students are also awarded yearly.

Rotarians also participate in hands-on projects such as cleaning, painting, and upgrading playgrounds and school yards, local parks and homes of disabled senior citizens. We provide meals for the homeless and for women and children at SAVE (Safe Alternatives to Violent Environments) among

Elizabeth in Fremont's Central Park. Look for the big Rotary wheel near the boat dock.

Rotary Day in the Park is your opportunity to get to know Rotary, Roratact, and Interact on a ore personal level, and learn how Rotary is good for business, careers, and your community. Talk with business and community Rotarians, including school board trustees, city council members, public safety officials, Chamber of Commerce board members, and local community associations. Rotary will provide informational fliers, balloons for kids and light refreshments. Rotary is the familiar name for Rotary International, local Rotary clubs, Rotaract clubs (college students and young professionals), and Interact clubs at local high schools. Rotary members include business leaders, professionals, civic leaders, and citizens of all kinds who want to actively participate in their community.

other direct service projects. We participate in school projects such as reading to elementary school students on Dr. Seuss Day, and host an annual speech contest through which high school students develop public speaking skills. Internationally, Rotary is responsible for the global effort that is very close to eliminating polio. We provide wheelchairs to people in need throughout the world, work to provide clean water in Africa, help improve educational opportunities worldwide, and much more. There are seven Rotary clubs in the Tri-City area, one Rotaract club and an Interact club at each of the local high schools. Each club has its own unique character and meets at a different time and location. Membership is open to anyone who wants to enjoy the benefits of sharing their gifts with others in their community. Although we refer to ourselves as "a leadership organization," holding a formal leadership position is not a prerequisite for membership. In fact, an important element of Rotary is development of leadership skills in all of our members.

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Collectively, Tri-City Rotary, Rotaract, and Interact clubs raise nearly \$200,000 each year through fun community events like the annual Chili Cook-Off, crab feed, festive dinner parties, auctions and

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Rotary Day in the Park Saturday, Apr 16 8 a.m. - 12 p.m.

Lake Elizabeth (Near the boat dock) 40000 Paseo Padre Pkwy, Fremont (510) 794-0919 Free



#### WHAT'S HAPPENING'S TRI-CITY VOICE

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Diners can complement their

meals with a can of red or white wine, or imbibe from a selection

of draught and canned craft beer options. Each canned brew will be served in a Dog Haus koozie, a nod to backyard BBQs; alternatively, all those with a classic PBR craving can get their

lager fix with a brown paper

bag-wrapped can.



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# Dog Haus brings the absolute `wurst' to Fremont

# **SUBMITTED BY** KATIE RUBINO **PHOTOS BY COURTESY OF DOG HAUS**

Dog Haus, the celebrated Los Angeles-based concept known for its gourmet hot dogs, sausages, burgers and unique creations, will open in Fremont on Friday, April 15. This will be the first Dog Haus location for Bay Area-based restaurant group CRC, Inc. and the 16th franchise location of the emerging restaurant brand which was founded in 2010 to recapture the nostalgic childhood experience of eating a hot dog.

As part of Dog Haus' introduction to the neighborhood, guests are invited to stop by on the opening day to enjoy a free Haus Dog from a selection of Dog Haus' seven hot dog creations featuring signature all beef skinless dogs served up on grilled Hawaiian Rolls. Options will include fan favorites like Sooo Cali, with arugula, tomato, crispy onions, spicy basil aioli and avocado; Downtown Dog, featuring a smoked bacon wrapped dog topped with caramelized onions, pickled red peppers, mayo, mustard and ketchup; or Cowboy, with white American cheese, smoked bacon, bbg sauce and crispy onions.



In addition to the signature dogs, Dog Haus' full menu also includes gourmet sausages, burgers, corn dogs and all the appropriate sides, like beer-battered onion rings, French fries and chili cheese tots made with haus made cheese sauce, cheddar, haus chili and green onions.

Lighter eaters and kids can indulge in smaller-sized portions - the dog slider is made with a signature all beef mini dog, haus made cheese sauce and bacon; the burger slider has just the right amount of caramelized onions, white American cheese and mayo and the corn dog slider features an all-beef mini dog dipped in haus made root beer batter. Those who save room for dessert can finish off the meal with a Fosselman's premium ice cream milkshake or soft serve.

The fast-casual concept, designed to elevate the nostalgic experience of eating that quintessential hot dog or burger, combines this nostalgia with the contemporary aesthetic of its modern industrial space. After ordering at the counter, diners can grab a barstool at the communal tables with exposed I-beams or take a seat at one of the reclaimed wood and steel tables with benches that boast playful phrases, such as "Nice Buns," throughout the

# 2,350-square-foot restaurant.

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