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Train of  
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November 17, 2015

Vol. 14 No. 46

## Exploring human origins:

*What does  
it mean to be human?*

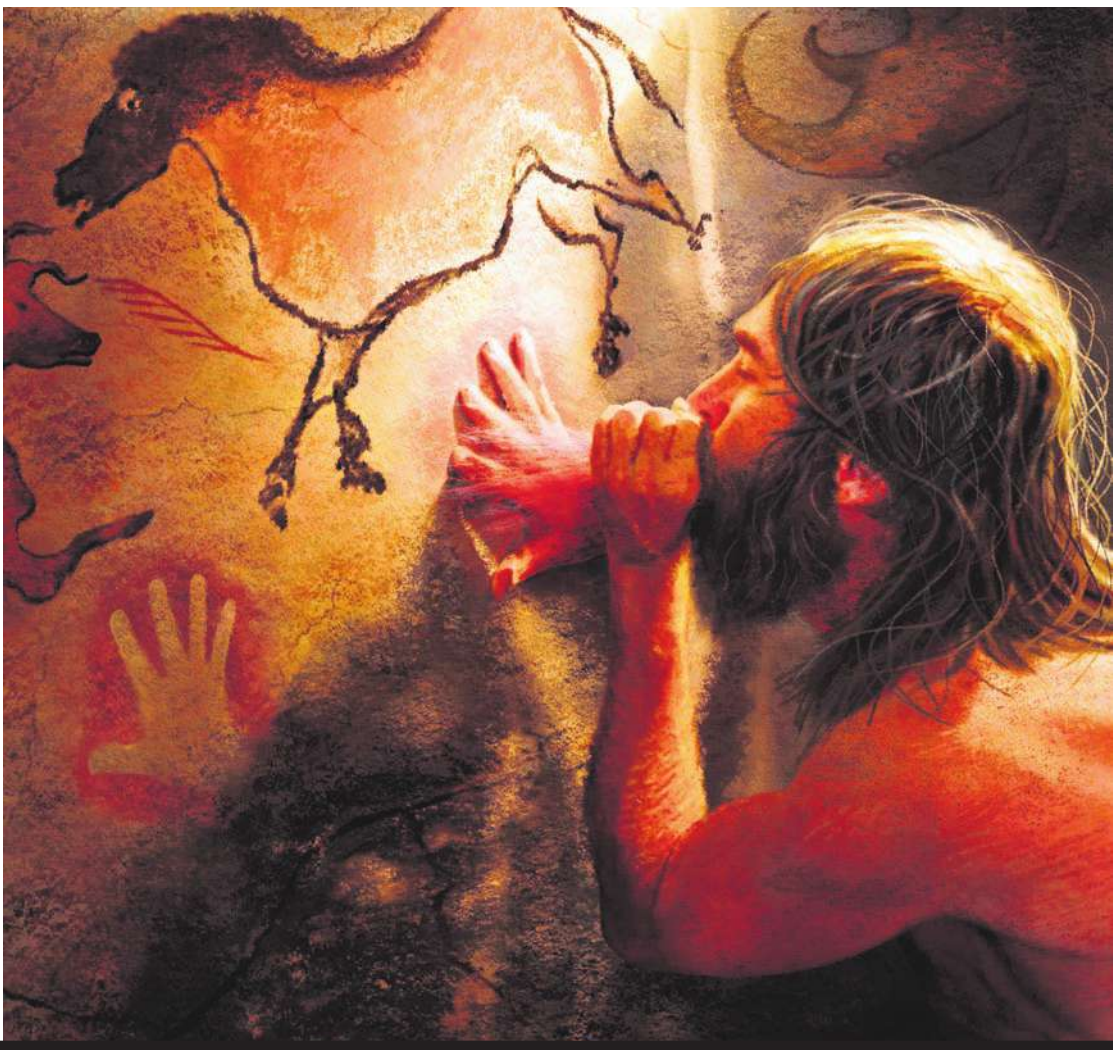
SUBMITTED BY  
SHOSHANA FRANCIS  
PHOTOS COURTESY OF  
SMITHSONIAN'S HUMAN  
ORIGINS PROGRAM

The Milpitas Library is proud to present the Smithsonian Institution's traveling exhibit, "Exploring Human Origins: What Does It Mean to Be Human?" from November 25 – December 22. Developed in partnership with the American Library Association and made possible by a grant from the John Templeton Foundation and support from the Peter Buck Human Origins Fund (Smithsonian), this exhibit offers

the content of the Smithsonian's Hall of Human Origins to communities around the country by bringing this temporary exhibition to Milpitas Library, one of only 19 public libraries across the country, and the only library in California.

This 1,200-square-foot traveling exhibition includes more than 40 educational panels, interactive kiosks, hands-on displays, videos, 3-D skull casts and presentations representing groundbreaking research in the scientific study of human origins. The exhibit will highlight key milestones in the

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## Ohlone hosts Survivors of Suicide Loss Day Conference

BY SARA GIUSTI  
PHOTOS COURTESY OF STEP UP  
MENTAL HEALTH PROGRAM

In 1972, thirty-two year old Harry Reid, then a budding Nevada politician, received the devastating news that his father died by suicide.

Nearly thirty years later, in 1999, Senator Harry Reid introduced a new resolution to the U.S. Senate designating the Saturday before Thanksgiving as "National Survivors of Suicide Day." On this day, family and friends of people who have died by suicide meet for support, community, healing, and hope. A program of the American Foundation for Suicide Prevention (AFSP) – a national organization working to stop suicide through awareness, ed-

ucation, events and more – Survivors Day conferences are held at locations throughout the world, with nearly 300 conferences taking place this year in the U.S. alone.

Ohlone College's Fremont campus is hosting its own Survivors Day conference, now in its fourth year. Ohlone became involved with Survivors Day after a longtime and much-loved campus safety officer, Stewart Dawson, died by suicide on December 28, 2010.

Following his death and in collaboration with the Northern California chapter of the AFSP, Ohlone organized an "Out of the Darkness Campus Walk" to bring awareness to depression and suicide, and to honor Dawson's memory. Shortly after the walk, which nearly

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## Pianist Jon Nakamatsu *in rare East Bay appearance*

SUBMITTED BY CARYL DOCKTER

Local audiences will have an opportunity to hear pianist extraordinaire Jon Nakamatsu on Friday, November 20 in a rare East Bay appearance at Prince of Peace Lutheran Church in Fremont, presented by the Fremont Symphony Orchestra as part of its 2015-16 season. Nakamatsu's prodigious technique, flawless musicality and warm personality have made him an audience favorite. His program will include Mozart's Linz Sonata, Four Impromptus by Schubert, Schumann's "Papillons," and Chopin's "Andante spianato et grande polonaise brillante."

Gold Medalist in the Van Cliburn International Piano Competition (the only American to achieve this distinction since 1981), Nakamatsu did not take the conventional path to success. He never attended a conservatory. He did not major in music in college, but earned his bachelor's degree in German Studies and his master's in Education (both at Stanford). He was a part-time pianist whose day job was teaching German at a Mountain View high school.

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# Know the Signs and Symptoms of Stroke: It Can Save Your Loved One's Life

When someone you know — a friend or family member — appears to be suffering a stroke, the most important thing to do is call 9-1-1 immediately. Stroke victims who receive treatment within a narrow window of a few hours after a suspected stroke have the best chance for a good recovery, according to Dr. Ash Jain, cardiologist and medical director of the Washington Hospital Stroke Program.

Dr. Jain and Doug Van Houten R.N., Washington Hospital Stroke Program Coordinator, will discuss “Acute Management of Stroke” and “Chronic Care and Stroke Rehabilitation” at a free, two-hour evening program on Tuesday, December 1 beginning at 6 p.m. The stroke education program, which is open to the public, will be held in the Conrad E. Anderson M.D. Auditorium, Rooms A & B, at Washington West, 2500 Mowry Avenue, Fremont.

To register for the free seminar, visit [www.whhs.com/events](http://www.whhs.com/events), or call 1-800-963-7070. The seminar is part of an ongoing series of programs, held on the first Tuesday of each month, which are offered to educate the public about strokes. The public is encouraged to attend any or all of the programs.

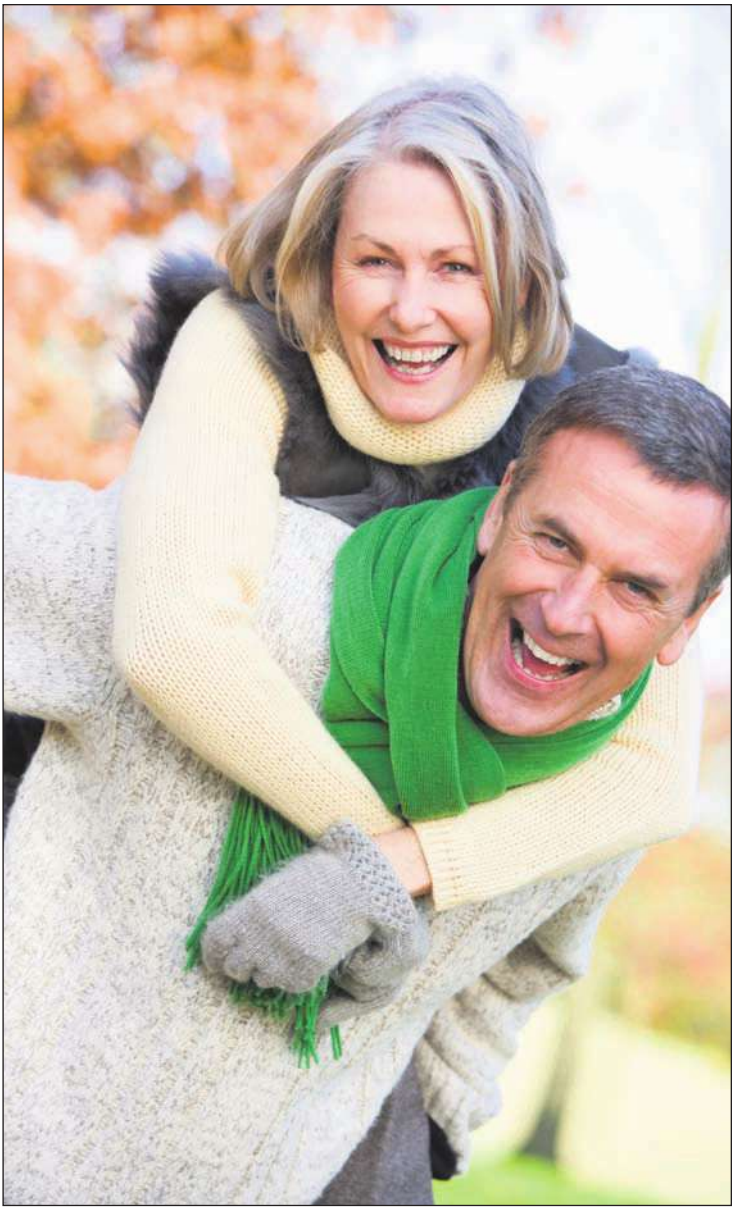
In addition to being the fifth leading cause of death, strokes also are the primary cause of serious, long-term disability in stroke survivors. This is why the Stroke Program at Washington Hospital devotes significant resources and energy to educating the public and working to assist individuals in the community prevent strokes and to recognize strokes when they occur, Dr. Jain said.

For stroke victims, the cutting-edge care at a Primary Stroke Center, like the one at Washington Hospital, is critical to mitigating damage from a stroke. “Our primary goal is to treat a stroke as quickly as possible once a patient reaches our Emergency Room,” Dr. Jain

explained. “Time is everything when it comes to effective management of a stroke,” he added.

“Even small delays can have heavy costs and research has shown that outcomes are better when individual can properly identify signs of a stroke and then seek help immediately,” Dr. Jain said. “At Washington Hospital, we strive to improve upon our own timing in assessing patients and starting treatment — as time is brain.”

The more the community is educated about stroke, the more likely a friend or family member will recognize a potential stroke and take action, Dr. Jain said. Quite often it is a family member — not the stroke victim — who recognizes a stroke and calls 9-1-1. Most importantly, many of the acute management techniques for stroke are beneficial within a certain time frame, which means a patient must reach the ER as quickly as possible.



When someone appears to be suffering from signs of a stroke, call 9-1-1 immediately. To learn more about stroke, acute management of stroke and chronic care and stroke rehabilitation, attend a free evening program on Tuesday, December 1. The stroke education program at Washington Hospital begins at 6 p.m., is free and open to the public. The program takes place in the Conrad E. Anderson, MD Auditorium in Washington West (2500 Mowry Avenue, Fremont). To register for the free seminar, call 1-800-963-7070.

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InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at [www.inhealth.tv](http://www.inhealth.tv)



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**InHealth**  
A Washington Hospital Channel

The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, [www.whhs.com](http://www.whhs.com)

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	11/17/15	11/18/15	11/19/15	11/20/15	11/21/15	11/22/15	11/23/15
12:00 PM 12:00 AM	Skin Cancer	Latest Treatments for Cerebral Aneurysms	Arthritis: Do I Have One of 100 Types?	Voices InHealth: The Legacy Strength Training System	Sports-Related Concussions	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy	Superbugs: Are We Winning the Germ War?
12:30 PM 12:30 AM				Diabetes Matters: Diabetes Meal Planning	How Healthy Are Your Lungs?		
1:00 PM 1:00 AM	Raising Awareness About Stroke	Varicose Veins and Chronic Venous Disease	Strengthen Your Back! Learn to Improve Your Back Fitness	Knee Pain & Replacement		Washington Women's Center: Cancer Genetic Counseling	Your Concerns InHealth: Senior Scam Prevention
1:30 PM 1:30 AM							
2:00 PM 2:00 AM	Learn If You Are at Risk for Liver Disease		Snack Attack		Don't Let Back Pain Sideline You	Voices InHealth: New Surgical Options for Breast Cancer Treatment	Washington Township Health Care District Board Meeting November 11, 2015 (New)
2:30 PM 2:30 AM						Snack Attack	
3:00 PM 3:00 AM	Inside Washington Hospital: Patient Safety	Washington Township Health Care District Board Meeting October 14, 2015	Varicose Veins and Chronic Venous Disease	Washington Township Health Care District Board Meeting October 14, 2015			
3:30 PM 3:30 AM					Voices InHealth: Healthy Pregnancy	Kidney Transplants	Acetaminophen Overuse Danger
4:00 PM 4:00 AM	Kidney Transplants		Get Back On Your Feet: New Treatment Options for Ankle Conditions				Diabetes Matters: Diabetes & Stroke: What's the Connection?
4:30 PM 4:30 AM	Hip Pain and Arthritis: Evaluation & Treatment	Lunch and Learn: Yard to Table			Turning 65? Get To Know Medicare	Hip Pain in the Young and Middle-Aged Adult	
5:00 PM 5:00 AM			Don't Let Back Pain Sideline You	Alzheimer's Disease			Learn If You Are at Risk for Liver Disease
5:30 PM 5:30 AM	How Healthy Are Your Lungs?	Shingles			What You Should Know About Carbs and Food Labels	Voices InHealth: Healthy Pregnancy	Keys to Healthy Eyes
6:00 PM 6:00 AM	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Raising Awareness About Stroke	How Healthy Are Your Lungs?	Crohn's & Colitis			Low Back Pain
6:30 PM 6:30 AM				Dietary Treatment to Treat Celiac Disease	Washington Township Health Care District Board Meeting November 11, 2015 (New)	Washington Township Health Care District Board Meeting November 11, 2015 (New)	GERD & Your Risk of Esophageal Cancer Services
7:00 PM 7:00 AM	Don't Let Hip Pain Run You Down		Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma				Diabetes Matters: Healthy or Hoax
7:30 PM 7:30 AM		Sideline by Back Pain? Get Back in the Game		Diabetes Matters: New Year, New You	Take the Steps: What You Should Know About Foot Care	Voices In Health: Bras for Body & Soul	Diabetes Matters: Key To A Healthy Heart with Diabetes
8:00 PM 8:00 AM							
8:30 PM 8:30 AM		Inside Washington Hospital: The Emergency Department				Voices InHealth: Medicine Safety for Children	
9:00 PM 9:00 AM	Washington Township Health Care District Board Meeting October 14, 2015	Diabetes Matters: Partnering with your Doctor to Improve Control	Washington Township Health Care District Board Meeting October 14, 2015	Heel Problems and Treatment Options	Turning 65? Get To Know Medicare		Do You Suffer From Anxiety or Depression?
9:30 PM 9:30 AM					Meatless Mondays	Alzheimer's Disease	
10:00 PM 10:00 AM		Community Based Senior Supportive Services		Heart Irregularities	Inside Washington Hospital: Patient Safety		Diabetes Matters: Diabetes & Heart Disease
10:30 PM 10:30 AM	Eating for Heart Health by Reducing Sodium		Diabetes Matters: Diabetes & Stroke: What's the Connection?			Diabetes Matters: Insulin: Everything You Want to Know	
11:00 PM 11:00 AM				Varicose Veins and Chronic Venous Disease	Community Based Senior Supportive Services	Minimally Invasive Surgery for Lower Back Disorders	Minimally Invasive Surgery for Lower Back Disorders
11:30 PM 11:30 AM	Knee Pain & Replacement	Keeping Your Heart on the Right Beat	What You Should Know About Carbs and Food Labels				



# Vaccines Help Protect Children's Health All Year Long – and Throughout Their Lives

On November 6, the California Department of Public Health (CDHP) announced the first report of an influenza-associated death in a person under the age of one year for the current flu season. In reporting the infant's death in Stanislaus County, the CDHP noted, in part, "Young children less than a year of age are at increased risk of severe influenza. It is especially troubling when a baby too young to be vaccinated (under age 6 months) passes away. Preventing the spread of this often deadly disease is why getting vaccinated is so important."

The Centers for Disease Control and Prevention (CDC) recommends a yearly flu vaccine for anyone 6 months of age and older as the first and most important step in protecting against flu viruses. Because children younger than 6 months are too young to be vaccinated, the people who care for them should be vaccinated instead. The flu shot given during pregnancy has been shown to protect both the mother and her baby (up to 6 months old) from flu.

"Parents need to protect their children from serious, potentially life-threatening illnesses, including the flu," says Dr. Bhaskari Peela, a pediatrician with Washington Township Medical Foundation. "One way you can do that is to make sure your children's vaccinations are current. Making sure children and teens are up-to-date on vaccinations for diseases also will protect the health of infants who

are not yet old enough to be vaccinated." Because young children's immune systems are not as well developed as an adult's, they are particularly vulnerable to bacterial and viral infections. Flu vaccines are recommended every year because the type of flu virus in circulation changes every year. Other vaccines provide long-term, perhaps even lifetime protection against a variety of illnesses.

"Most vaccines are given during the first two years of life," says Dr. Peela. "Many of these vaccines are given at ages 2 months, 4 months and 6 months to build up children's immunity. Other immunizations are recommended at 15 months, 4 years and at age 10 to 11 before middle school. Certain 'booster' shots are recommended throughout life. For example, the Tdap booster shot that protects against tetanus, diphtheria and pertussis – also called whooping cough – is important for pregnant moms and any other people who are in contact with infants who are not vaccinated."

Thanks to vaccines, a number of diseases are becoming very rare in the United States. In December 2014, however, a large outbreak of measles started in California when at least 40 people who visited or worked at Disneyland in Orange County contracted measles. The outbreak also spread to at least half a dozen other states.

"Since that outbreak of measles last year, I have seen parents become more willing to vaccinate



Protect children from serious and potentially life-threatening illnesses, including the flu, by making sure that their vaccines are up-to-date. Talk to your child's pediatrician about the recommended vaccines for your children, including teenagers.

their children, which is a positive change," Dr. Peela observes.

"Some people questioned the safety of vaccines, and some parents voiced concern that a baby's immune system cannot handle multiple vaccines at once, but studies have shown there is no evidence for either of those claims," she explains. "I am really impressed by the fact that parents are becoming better informed about the importance of vaccination. We will work with parents to address any concerns they have about vaccine safety and scheduling, but we do follow the guidelines from the CDC and the American Academy of Pediatrics (AAP) to make sure kids get their vaccines at the right time."

The AAP recommends vaccines for:

- Measles, mumps, rubella (MMR)
- Polio
- Diphtheria, tetanus and pertussis (DTaP), with a booster vaccine called Tdap at ages 10 to 12
- Haemophilus influenza type B (Hib)
- Hepatitis A
- Hepatitis B
- Chickenpox (varicella)
- Pneumococcal disease

- Meningococcal disease
- Rotavirus infections
- Influenza, for all children age 6 months and older

The AAP added the rotavirus to its recommendations in 2006, noting that rotavirus is a major cause of stomach and intestinal infections in the U.S., infecting four out of five children in the first three to five years of life.

The AAP also recommends vaccination against human papillomavirus (HPV) for both girls and boys, generally at 11 to 12 years of age. HPV infection can lead to possible cervical cancer, and the vaccine protects against several strains of HPV that cause cervical cancer.

"This year, the HPV vaccine now contains more strains of the virus, for additional protection," notes Dr. Peela. "In addition to helping prevent cervical cancer, the HPV vaccine also can help both boys and girls prevent getting throat cancer later in life. If you have concerns about the HPV vaccine, or the age your child should receive the vaccine, you should consult your doctor."

In California, various vaccinations are required for children attending public school. Many

private schools also require proof of vaccination. Some children currently are allowed by California law to skip immunizations if a parent submits a "personal beliefs exemption" or a medical exemption at enrollment. Parents who want to opt out of the vaccines required to attend public schools also must submit a signed statement that they have received information from a health care professional regarding the benefits and risks of vaccinations.

Dr. Peela emphasizes that the protection provided by childhood vaccines far outweighs the very small risks of any serious reactions to the vaccines. The potentially serious complications of some vaccine-preventable diseases include:

- **Measles** – Measles can lead to ear infections, pneumonia and encephalitis (an inflammation of the brain that can cause convulsions, deafness, mental retardation or even death).
- **Mumps** – Serious complications can include meningitis (inflammation of the cover of the brain and spinal cord) or encephalitis.

continued on page 5

## Ask the Doctor

This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at: askthedoctor@whhs.com


### Booster Seat and Car Safety for Children

Dear Doctor,  
At what age do I no longer have to put my son in a booster seat while in the car?


Dear Reader,  
Car seat laws vary from state to state. In California a child is required to stay in a booster or car seat until he/she is either 8 years old OR 4 feet 9 inches tall. Studies have shown that booster or car seats significantly reduce the risk of injury in children 4-8 years old.

Dear Doctor,  
At what age is my child allowed to ride in the front seat of my car?

Dear Reader,  
California law requires that a child be at least 8 years old before they are allowed to ride in the front seat.




**Mary S. Maish, M.D.**  
Dr. Maish is a board certified thoracic and general surgeon. She holds a Master's degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.



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# Health & Wellness




### Healthy Holiday Cooking Demonstration

Enjoy a live cooking demonstration with registered dietitians. You will learn how to prepare healthy dishes for your entire family to enjoy during the holidays.


**Tuesday, November 17, 2015**  
**1 to 3 p.m.**  
**Conrad E. Anderson, MD, Auditorium, Rooms A & B**  
**Washington West, 2500 Mowry Ave., Fremont**

**Free Community Seminar**

**SPEAKERS**






**Kimberlee Alviri, RD, CNSC**  
Registered Dietitian  
Director of Food and Clinical Nutrition Services  
Washington Hospital Healthcare System






**Maggie Guting, RD, CNSC**  
Registered Dietitian  
Washington Hospital Healthcare System

**To register or for more information, visit [www.whhs.com/events](http://www.whhs.com/events) or call 1-800-963-7070.**

Seminars may be televised on InHealth, a Washington Hospital Channel (Comcast Channel 78) and online at [www.inhealth](http://www.inhealth).



Stay connected to Washington Hospital through Facebook, YouTube and Twitter. Watch InHealth Channel videos, learn about upcoming events and seminars and see what's happening at your community hospital.





What's Happening

# TRI-CITY VOICE<sup>TM</sup>

## Athletes of the Month

This month's Tri-CityVoice Student Athletes of the Month are from the Huskies of Washington High School in Fremont. Coulter Rigdon is an Assistant Athletic Director at Washington.

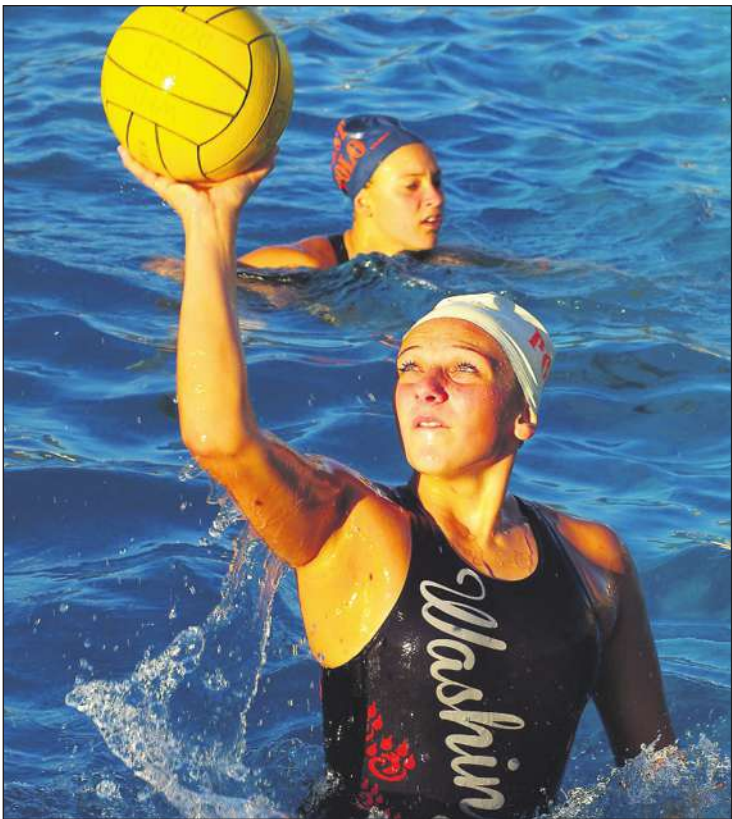
### Lauren Baglietto



Female athlete is 15 year old sophomore, Lauren Baglietto, who plays on the Huskies' girl's water polo team coached by Scott Harvey.

Baglietto, born and raised in Fremont, started playing water

polo her freshman year at Washington because she was a swimmer and wanted to try another sport. Growing up, Baglietto played many sports starting when she was five years old. Now she still plays basketball and played



for the Huskies her freshman year. She also has been swimming for three years and swam on Washington's varsity last spring.

During the summer, Baglietto plays water polo at West Coast Aquatics in San Jose. In water

polo she likes playing point and hole set the most. Hole set is her best position but she wants to improve on her defense.

Baglietto has an 11 year old brother, Ryan, who attends Parkmont Elementary School. He

plays football, basketball and baseball. Her parents are Dave and Cindy Baglietto. Dad played basketball and baseball while Mom swam in high school.

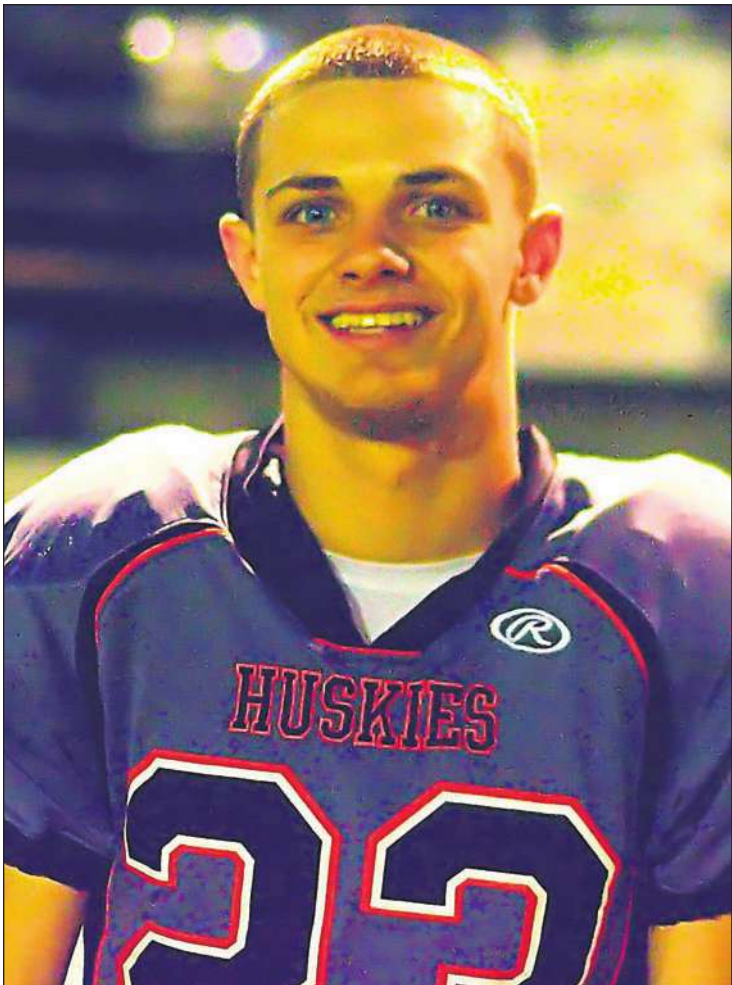
Favorite food is anything from Chipolte. She will listen to almost any type of music and her favorite movie is "Up." Baglietto's role models are her parents and on the rare occasion she has any spare time, she likes to hang out with her best friends.

Baglietto would like to attend a four year college and continue to participate in water polo. At present, she has no major or college in mind.

Before every water polo game, Baglietto does the whip which her teammates call the "Lucky Whip" and puts her hair in a French Braid or "Lucky French Braid."

Says Baglietto, "Playing water polo is one of the best decisions I ever made; I wouldn't want to be playing water polo for any other school or with any other group of girls. Shout out to my coach, Scott Harvey, for always pushing me in every practice and game to reach my highest potential."

### Jordan Barnum



Jordan Barnum, 17 year old senior, is the TCV male Student Athlete of the Month. Barnum plays on the Washington Huskie football team for Head Coach William Edwards and has lived in Fremont since he was two years old.

Barnum started playing tackle football at age eight in the Fremont Football League. Before high school, he played in the Norseman Division of the Livermore Youth Football League

and also for the Junior Huskies. He plays only football now but played baseball from ages seven to 15.

According to Barnum, his best position is wide receiver but needs to work on his game and strengthening exercises. He also plays cornerback and free safety, but wide receiver is his favorite position on the field.

After high school, Barnum would like to attend junior college and continue to play



football; he is considering College of San Mateo. In high school his favorite subjects are sociology and digital imaging.

Barnum has a younger brother, Drew, a 13 year old freshman at Washington who plays football and baseball. Dad, Tim, played baseball, basketball, volleyball, soccer and ran track when growing up while Mom,

Karen, danced when she was little and was in the auxiliary at James Logan High School.

Rap is the type of music to which Barnum likes to listen and his favorite artist is Bay Are native, Iamsu. Barnum has no favorite movie; he likes Mexican food the best. In his spare time, he enjoys playing basketball with his friends.

Barnum says his favorite athletes are Julian Edelman a wide receiver for the New England Patriots and Tryann Mathieu, a defensive back for the Arizona Cardinals.

After every football game, Barnum takes a really cold shower.



continued from page 2

## Know the Signs and Symptoms of Stroke: It Can Save Your Loved One’s Life

Dr. Jain added: “Acute management of stroke is evolving and improving on a daily basis. Washington Hospital is keeping up with all the advances taking place and we are improving upon our own results. Management with some patients now involves going into the arteries and opening them with stent and re-establishing blood flow. The sooner it is done, the better the outcome.”

After experiencing a stroke, participation in an ongoing rehabilitation program under the direction of specialized therapists offers stroke victims some measure of improvement.

“Amazingly, if one survives a stroke, the stroke victim almost always gets at least somewhat better with appropriate rehabilitation therapy,” Van Houten said. While nearly every stroke patient can measure some improvement, stroke recovery is quite complicated because of the stroke’s impact on the whole patient, Van Houten noted.

Rehabilitation activities typically focus on three main areas of disability:

**Physical:** Recovering motor function such as learning to walk again, becoming independent

with activities of daily living, being able to swallow safely. It also means recovering from cognitive impairment.

**Psychological:** This means focusing on “recovery of the self.” Before a stroke, a person thinks of one’s self as independent, competent — just like everyone else. Suddenly there may be a loss of independence, a loss of the “normal” self, of other similar identities.

**Social:** A stroke survivor may be confronted with the loss of his/her identity as a worker, provider, head-of-family, advisor, other functions or activities. Suddenly the stroke survivor may now find him/herself in the role of a care-receiver, of being dependent on others and no longer able to work.

“Recovery from a stroke can be a challenge from many different vantage points,” Van Houten said. “These issues are part of the reason a stroke can be so disabling.”

Rehabilitation is the key to stroke recovery, Van Houten emphasized. Stroke patients and their caregivers must take advantage of rehabilitation experts who include physical, occupational and speech therapists. And, equally important is the will of the stroke survivor to get better, he added.

### Stroke Education Seminars in 2016

**January 5:** Stroke Prevention and Other Disease Processes  
Healthy Lifestyle — Be Smart and Avoid Stroke

**February 2:** Living with Stroke  
Future in Diagnosis and Management

**March 1:** Introduction — Stroke  
Risk Factors for Stroke

**April 5:** Acute Management of Stroke  
Chronic Care and Stroke Rehabilitation

**May 3:** Stroke Prevention and Other Disease Processes  
Healthy Lifestyle — Be Smart and Avoid Stroke

**June 7:** Living with Stroke  
Future in Diagnosis and Management

Washington Hospital’s free stroke education seminars take place on the first Tuesday of each month beginning at 6 p.m. To register, visit [www.whhs.com/events](http://www.whhs.com/events) or call 1-800-963-7070.

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## Vaccines Help Protect Children’s Health All Year Long – and Throughout Their Lives

- **Diphtheria** – If not treated promptly, diphtheria can produce a toxin (poison) that spreads through the body causing serious complications such as heart failure or paralysis.
- **Tetanus** (“lockjaw”) – Like diphtheria, tetanus can produce a toxin that spreads through the body, causing muscle spasms in the neck, arms, legs and stomach.
- **Pertussis** (“whooping cough”) – Violent coughing spells can go for weeks, causing difficulty with eating, drinking or breathing and leading to major complications such as pneumonia, convulsions and encephalopathy (a brain disorder).
- **Polio** – Polio attacks the nervous system. Symptoms can range from flu-like symptoms to total paralysis. Before the polio vaccine became available in 1955, polio killed tens of thousands and left many more paralyzed. The U.S. has not had a reported case of polio since 1979, but Afghanistan, Pakistan and Nigeria still have frequent outbreaks. The greatest risk factor for polio is not being vaccinated.
- **Hepatitis A and Hepatitis B** – Both of these viruses cause liver disease, which may lead to cirrhosis (scarring of the liver) or liver cancer.
- **Rubella** (German Measles) – Generally a mild disease that causes a fever, swollen glands in

the back of the neck and a rash on the face and neck, rubella presents the greatest risk to unborn babies. If a woman gets rubella early in pregnancy, there is an 80 percent chance the baby will be born deaf or blind, with a damaged heart or brain.

“Most kids have no reaction to their vaccinations other than minor soreness at the injection site,” Dr. Peela says. “Sometimes a child may experience a low-grade fever, a mild rash around the injection site or a slight sense of fatigue or tiredness. The dangers associated with not being vaccinated are far more serious than those fairly common mild reactions.”

### Learn More

If you need help finding a physician for your child, visit [www.whhs.com](http://www.whhs.com) and click on the tab for “Find My Physician.”

For a complete schedule of vaccines recommended by the CDC, visit [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines). For recommendations from the American Academy of Pediatrics, visit [www.aap.org](http://www.aap.org) and click on the link for “Information for Parents.”

For information on immunizations from the California Department of Public Health, visit [www.cdhp.gov](http://www.cdhp.gov) and click on the link for “Healthy Living” under the tab for “Health Information.”

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# It's beginning to look a lot like winter

By NANCY LYON

It looks like autumn has decided to happen. It brings with it a cold snap, a heads-up regarding the winter to come including the prospect of a very wet El Nino. From all reports, it will be a hard one for anyone that is unfortunate enough not to have shelter, especially at night.

Not all of these unfortunates are homeless humans; they may be a member of your own family. In a very short time, temperatures can drop to a health and life threatening degree endangering companion animals as well. Unprotected dogs, cats or other animals, especially seniors and the very young, left outside and exposed to rain and bone-chilling temperatures are at serious risk as are those housed in icy garages.

Our "pets" no longer have much of the natural protection provided by evolution that may have helped them endure and survive extreme weather. They suffer from the elements just as you or I. Even if they do have furry coats or feathers, the damp and cold can and does overcome their ability to tolerate soaking and chilling temperatures that result not only in misery but health problems and even death.

**Be careful with cars.**  
Dogs aren't the only critters



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impacted by tough weather. Free-roaming cats and other heat-seeking animals such as wildlife will be looking to find sanctuary from the rain and cold. Unfortunately, that may mean on the still warm engine of your car where they can crawl up and try to survive...but it doesn't always work out in their favour. A way to avoid terrible injury to any hidden animals and the damaging results to your car is to thump on your car's hood and give them a chance to vacate before starting the engine. Trust me, you both will benefit from it.

**Keep feral and homeless cats warm**

If there are feral or stray cats in your neighborhood, remember that they too need protection from the elements. It's easy to give them shelter. Check the Humane Society of the United States website link listed below for suggestions.

**Avoid antifreeze.**

Something we normally don't consider in the Bay Area but current weather patterns may prove this necessary in the future. Remember, antifreeze is a deadly poison, but most have a sweet taste that may attract animals and children. Wipe up spills and store antifreeze (and all household chemicals) out of reach. Better yet, use antifreeze-coolant made with propylene glycol; if swal-

lowed in small amounts, it will not hurt pets, wildlife, or your family.

**If your dog spends a lot of time outside**

If for some reason your dog is outdoors much of the day, he or she must be protected by a dry, draft-free shelter that is large enough to allow the dog to sit and lie down comfortably, but small enough to hold in his/her body heat. The floor should be raised a few inches off the ground and covered with cedar shavings or straw. The house should be turned to face away from the wind, and the doorway should be covered with waterproof burlap or heavy plastic.

The best tip of all - As their guardian and friend, much of the winter impact on companion animals can be overcome by keeping them inside with you. They are naturally social and crave being with their family and beside you, no matter the weather. If you can't provide for that basic need then don't get an animal - until you can.

For further cold weather tips check out:  
[http://www.hsus.org/pets/pet\\_care/protect\\_your\\_pet\\_from\\_winters\\_woes.html](http://www.hsus.org/pets/pet_care/protect_your_pet_from_winters_woes.html)

## HARD approves Veteran Memorial expansion

SUBMITTED BY JIM UHLIK

Since its completion in 2012, the Castro Valley Veterans Memorial has had many names added to it. In 2014, a point was reached where there was no more room to add new names to the Memorial. That changed when Hayward Area Recreation and Park District (HARD) Board of Directors voted unanimously to approve the Veterans of Foreign Wars (VFW) Post 9601 proposed extension of the Veterans Memorial. This will allow for more names to be added on the new black granite stones that are very similar to the original stones. Also, more bricks have been added for businesses, veterans and families. Once the funds are in place, the expansion of the Memorial will begin.

In the meantime, applications are being accepted to add a veteran's name by visiting the Memorial website at cvvm.info. As in the past, the veteran being honored does not have to be from the Castro Valley area. We look forward to completing this project quickly and including more veterans who have valiantly served our nation.

## Veterans Services presentation

SUBMITTED BY ALAMEDA COUNTY DISTRICT 2

The Alameda County Veterans Services office will be providing a presentation on resources available, benefits, and important updated information veterans need. Attend on Wednesday, November 25 at Fremont Main Library for a presentation by Bruce Choy, Veterans Services officer for Alameda County.

The presentation will include a question-and-answer portion, as well as discussion on how to fill out a successful claim for benefits; new veteran designation for driver's license and state identification; and new Veterans Affairs Outpatient Clinic and Columbarium in Alameda. For more information call (510) 577-1926.

**Alameda County Veterans Services Presentation**  
**Wednesday, Nov 25**  
**1 p.m. – 3 p.m.**  
**Fremont Main Library**  
**2400 Stevenson Blvd, Fremont**  
**(510) 577-1926**  
**www.alamedasocialservices.org**

## Joyful preparations for holiday boutique

SUBMITTED BY TERESA SCHMIDT

The Dominican Sisters of Mission San Jose's annual holiday boutique quickly approaches; preparations are in full swing. Sisters and volunteers have ended their fruitcake process that started back in June. The last cherry is on top; they're wrapped, boxed and ready for purchase. Please join us and "Shop with the Sisters" on Saturday and Sunday, November 21 and 22.

Along with baking, Sisters have been busy sewing, crocheting, knitting and jewelry making - just to name a few of the wonderful handmade gifts that will be available. There are plenty of new items this year, such as gifts for men, quilled paper creations and a place to take a picture with Santa. Our Boutique Cafe will be open all day, offering beverages, snacks, lunch and take-out. Also enjoy the raffle, kids craft area, face painting and live entertainment.

**Shop with the Sisters**  
**Saturday, Nov 21 & Sunday, Nov 22**  
**10 a.m. – 4 p.m.**  
**Dominican Sisters of**  
**Mission San Jose Motherhouse**  
**43326 Mission Blvd, Fremont**  
**(510) 657-2468**  
**www.msjdominicans.org**



continued from page 1

# Pianist Jon Nakamatsu

*in rare East Bay appearance*

He had one piano teacher—the late Marian Derryberry—for 27 years. He won the National Chopin Competition in 1991 and 1994, but saw little prospect of making a living playing piano, and winning the Van Cliburn was still no guarantee of a concert career. Typically, such winners play maybe 25 concerts the first year, 10 the second and none the third, getting lost in the crowd of established virtuosos and upcoming wunderkinds. But Nakamatsu’s career continues to flourish, and to hear him play is to understand why.

Hailed as “a true aristocrat of the keyboard, whose playing combines elegance, clarity and electrifying power,” Nakamatsu has performed in recital throughout the U.S. and Europe, worked with outstanding chamber ensembles such as the Tokyo, Cypress, and Ying Quartets, and toured repeatedly with the Berlin Philharmonic Wind Quintet.

Together with clarinetist Jon Manasse, he tours as part of the Manasse/Nakamatsu Duo, and the two serve as Artistic Directors of the esteemed Cape Cod Music Festival in Massachusetts. He has also served on multiple international piano competition juries.

Nakamatsu’s remarkable speech during the final ceremonies of one such competition is available on YouTube under “Jon Nakamatsu’s ‘Loser’s Club.’”

All are invited to a post-concert reception and CD signing by the artist.

**Jon Nakamatsu in Recital**  
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continued from page 1

## Ohlone hosts Survivors of Suicide Loss Day Conference

tripled its fundraising goal of \$1,000 for the AFSP. Ohlone was approached by a board member of Survivor Day, and held its first Survivor Day conference in November 2012.

Survivor Day conferences around the country will show a new documentary, “Family Journeys: Healing and Hope After a Suicide,” produced by the AFSP. At Ohlone, a discussion will follow the screening of the documentary, and attendees can share their stories if they so choose. The conference is open and free to the public. Registration is encouraged, and breakfast will also be served.

“We are acting as a host for the community,” explained Dr. Sang Leng Trieu, Project Director of Ohlone’s STEP Up Mental Health Program, who holds a PhD in Public Health. “There is some level of anonymity. We are not asking people to show up... it’s about giving space. People have different ways of coping,” she said.

“Most people in the room understand, as opposed to others,” explained Trieu. “People with very recent loss [often come], and it can be very raw,” she added. A nurse practitioner, mental health practitioner, and board member from the AFSP will be present to help facilitate discussion and provide support to whoever needs it.

According to data collected from the Centers for Disease Control, suicide is the tenth lead-

ing cause of death for Americans, with 41,149 reported suicides in 2013 (the most recent year data is available). This translates to a death by suicide every 12.8 minutes. Suicide rates among middle-aged to elderly people are the highest, and suicide is the leading cause of death among college students. Untreated depression is the leading cause of suicide.

Ohlone College’s STEP Up Mental Health Program collects their own data, which they update regularly (the last update was in October of this year). With a sample size of 607 students, 9.2 percent have considered suicide and 2.9 percent have attempted suicide in the last twelve months. Within the same time frame, 6.9 percent have intentionally self-harmed. Fortunately, these figures are slowly decreasing since the data’s original collection year in 2010. Improving mental health and providing a safe, supportive, and healthy campus and community works.

On top of providing mental health services and support to students, STEP Up works towards de-stigmatizing mental health issues and receiving help for those issues. “Mental health can be a positive thing,” said Trieu. “It’s not just mental illness.”

There are several local services for people seeking help. The Alameda Crisis Hotline is available 24 hours a day, seven days a week, and translation is available in more than 140 languages. An-

other 24/7 option is the National Suicide Prevention Lifeline; calls get rerouted to an individual’s county line, and if all lines are busy the call goes to the national line. This ensures everyone’s call is answered.

Tri-City Health Center is another great resource, especially for urgent in-person matters. Trieu recommends Washington Hospital’s education programs as well, in which individuals and families can learn about depression, anxiety, and other mental health topics. STEP Up also has many online resources available.

If you or someone you know is struggling with suicidal thoughts or depression, please call the Alameda Crisis Hotline: 1-800-309-2131 or National Suicide Prevention Lifeline: 1-800-273-8255. There are also texting and online chats available for people who dislike talking on the phone. Visit www.crisissupport.org to learn more and find programs near you.

**International Survivors of  
Suicide Loss Day Conference**  
**Saturday, Nov 21**  
**9 a.m. - 12 p.m.**  
**Ohlone College**  
**Building 7, First Floor**  
**43600 Mission Blvd, Fremont**  
**(510) 659-6258**  
**Register at**  
**www.stepupohlone.org/community-events/**  
**www.survivorday.org**

### LETTER TO THE EDITOR

## Opposition to Mission Peak fees, hours

EBRPD held a public meeting on 11/9/15 regarding the DRAFT Environmental Impact Report (EIR) for a new parking lot, inside the Stanford Avenue entrance at Mission Peak Regional Preserve. As stated in the EIR, the parking lot will resolve parking issues within the nearby neighborhoods for all weekday and weekend hours other than four hours each day on the busiest weekends. Based on EBRPD traffic counts as published in the EIR, the total number of hours impacted will be less than 2% of available park hours each year.

During the meeting, the home owners were well represented and spoke out against EBRPD for encouraging more park visitation by installing toilets, repairing trails, and planning a new parking lot. They stated that the EIR was flawed in its geology and hydrology studies, traffic studies, and the impact of visitors on the park. Several speakers did speak out for the visitors who use the park and mentioned the advantage of exercise on health and the spiritual impacts of having access to open space.

A surprise announcement was made by the EBRPD park planner that a community meeting was to be held to consider parking restrictions in the neighborhood on 11/18 at the Warm Springs Community Center. This announcement was met with some interest as funding designated parking programs in Fremont had been tried in the past but failed due to the tremendous costs involved. It will be interesting to see how the neighborhood seeking this program will fund it.

Mission Peak Conservancy supports free public access to public parks and we are opposed to parking, hiking, dog or other use fees. We also object to the 33% cutback in park hours. Closing the Stanford Avenue entrance at 6:00 p.m. has locked out park visitors who used to visit the park after work. We ask the community to speak up or the City of Fremont, EBRPD and wealthy homeowners will restrict your access to public parks even further.

**Wm Yragui**  
**Mission Peak Conservancy**

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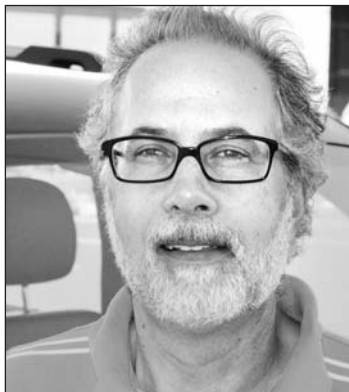
## Auto Review

# Lincoln MKC: In Search of Fresh Customers

**BY STEVE SCHAEFER**

Once a major player in the American luxury car market, Ford's Lincoln division has seen its sales slide over the years. Revered for its large sedans, such as the iconic

270 lb.-ft. of torque while the 2.3-liter bumps that to 285 and 305 respectively. My 2015 tester, with the 2.3-liter, posted EPA numbers of 18 City, 26 Highway, and 21 overall. I got 17.6 mpg in my test week—somewhat disappointing. EPA Green scores are 5 and 5—



Over the past 23 years, Steve Schaefer has tested more than 1,000 cars and published a weekly story on every one. As a teenager, he visited car dealers' back lots to catch a glimpse of the new models as they first rolled off the transporter. He is a founding member of the Western Automotive Journalists. Contact Steve at [sdsauto@sbcglobal.net](mailto:sdsauto@sbcglobal.net). My blog for alternative vehicles: [stevegoesgreen.com](http://stevegoesgreen.com)



early 1960s presidential limousines, the brand has steadily lost its customer base over time—perhaps by sheer attrition.

Lincoln has recently mounted an aggressive recovery program, and the MKC small crossover SUV is a prime player there. Based on Ford's new Edge platform, but vastly different in design and features, the MKC surely is inspired by Lexus' popular RX models.

The MKC is handsome, with a contemporary high shoulder line, sleek flow from winged grill to LED tail lamps, and an interior that looks and feels truly premium. The transmission operates by pushing a vertical line of buttons on the dash center console, a nod to old times but also recognition that transmissions are all electronic now. The missing lever frees up space in the floor console, too.

Interior materials and fit-and-finish look and feel top-notch, although a trim piece for the sun visor fell off on my watch. The leather look and feel would suit a high end chair in your living room. The illuminated lower dash edge creates a soft, welcoming ambiance when you drive at night. The detailing on the instrument panel is precise, with delicate details.

The MKC offers two engines that might surprise you, in a nearly two-ton vehicle—2.0-liter and 2.3-liter turbocharged four-cylinders. Both are Ford's EcoBoost engines, designed to provide the efficiency of a smaller engine with the power of a larger one. The standard 2.0-liter puts out 240 horsepower and

right down the middle, but also disappointing. However, driving performance was just fine, with the car pulling along happily.

You can order the 2.0 liter models with front- or all-wheel drive (AWD); the 2.3 comes only with AWD. This is a fine safety feature, but doesn't mean you should take the MKC out for any serious off-roading. It all works automatically, so you don't have to think or worry about it.

Choose from the Premiere, Select, or Reserve levels. These names represent rising rosters of equipment. If you really want the top-level Lincoln experience, though, opt for Black Label. My test MKC, with Black Label, came dressed in a lovely but shockingly expensive Chroma Flame Metallic PRM Metallic paint job (\$1,750). It also had other options, including \$1,140 for the 2.3-liter engine. By the time all was said and done, the sticker read \$57,500. The cheapest way to MKC ownership is a 2.0-liter Premiere level car with front-wheel drive, at \$34,890.

Black Label is worth examining at [www.lincoln.com/blacklabel/](http://www.lincoln.com/blacklabel/). It sounds like a sincere attempt to offer a premium ownership experience, from special interior themes (Oasis, Center State, Indulgence, Modern Heritage, Thoroughbred, and The Muse) to special offers at premium restaurants, a premium four-year warranty plan, a special one-to-one relationship with a dealer representative, and, of course, a larger price tag. Whether Black Label is marketing hype or a real differentiator will have to be discovered over time.

MKC's, as you'd expect, contain high-tech safety equipment that's becoming common in the higher-level cars today, available in the Technology Package (\$2,295). These include Forward Sensing, to warn you when you're closing in quickly on another car or object. Adaptive cruise control uses this technology to keep you a consistent distance from the car ahead while you're driving. A lane keeping system holds you within the lines in case your attention wanders (please don't text and drive). Blind spot monitoring helps prevent accidents.

The user interface technology inside is Ford/Lincoln's tried and getting truer Sync. Configure the instrument panel the way you like, and connect your remote devices with Bluetooth, see information on the center screen for audio, climate, navigation and phone all at once (or with a full screen view for each), and much more.

Lincoln is proud of the MKC's special wraparound liftgate, and it is pretty—and opens when you slide your foot under the rear bumper, emitting a “doodly doo-dly” warning sound. Flip down the rear seats for plenty of hauling capacity. However, rear seat legroom is at a premium, and that's surprising in a car with so much riding on it (so to speak).

Lincoln is remaking itself, and the MKC should appeal to a different buyer. It's a step in the right direction. Rebuilding a brand is challenging, but I think Lincoln is serious about doing it right.

# Life Chiropractic College West wins Golden Heart Award



(Left to right): Richard Doss, SC President; Raj Dhaliwal, SC Vice President; Jackie Biron, Advisor; and Dr. Bobby Doscher, President/ CEO, Children's Chiropractic Center Oklahaven.

**SUBMITTED BY JACKIE BIRON**

The 'Have a Heart' campaign takes place every year and Life West is the recipient for raising the most money of any chiropractic college to benefit Oklahaven Children's Chiropractic Center. This recognition was for the 2015 campaign and it was the fifth time Life West has taken this top honor. Dr. Bobby Doscher traveled to present the award to Life West's Hayward campus. He also was the speaker at seminar, the weekly Friday seminar attended by the entire student body, staff and faculty. The next campaign will be organized by Life West's Student Council in February 2016.

Dr. Bobby Doscher is the President and Chief Executive Officer of the Children's Chiropractic Center Oklahaven, located in Oklahoma City, Oklahoma. Oklahaven, a non-profit organization, is celebrating 50 years of helping severely hurt children return to health naturally. The Center focuses on helping parents understand the chiropractic premise and telling the chiropractic story through the children who are restored to health.

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Counseling Corner

Appreciation at Work

BY ANNE CHAN, PHD, MFT

“I’m quitting my job because my boss appreciates me too much,” is a line I have never heard in my career as a vocational counselor. What I have heard instead are countless stories of bad bosses, standoffish supervisors, and mean managers. Feeling unappreciated at work is a sadly common phenomenon – a GlassDoor.com survey of 2,000 working adults found that over half would stay longer at their jobs if they felt more appreciation from their bosses. Lack of appreciation has also been found to be a common reason for people quitting their jobs.

Some employers question the need for appreciation in the workplace. A manager might ask, “Business is business – I’m not here to make people feel good. Why waste time trying to make people feel good at work? Isn’t a pay check enough?” These are valid questions to which I’ll give a simple answer: When people feel good about their work and their supervisors, they tend to be more loyal, have better attendance at work, are more engaged with their colleagues, and perform better on the job. This means tremendous savings for the employer in terms of better retention, lower turnover, fewer absences, decreased tardiness, and increased productivity.

Many supervisors and companies have good intentions when it comes to showing appreciation, but they go about it in counter-productive ways. For instance, many managers wait till the performance review to praise their employees. However, waiting for a whole year to express appreciation isn’t likely to make your employee feel very appreciated. Plus, performance evaluations generally focus on the employee’s deficits, weaknesses, and areas for improvement. Combining blame with appreciation dilutes the positive feedback.

Worse still, your employee is more likely to remember the negative feedback rather than the positive.

Some companies have reward or appreciation programs where the entire staff is treated to a reward. While these are planned with good intentions, they may not be as effective as hoped because they are generic – everyone gets the same reward regardless of the quality of their work or the amount of their efforts. Would you feel appreciated if you worked twice as hard as your co-worker but both of you got the exact same recognition? A better way to show appreciation would be to tailor the reward to the unique contributions of each individual.

Here is my Thanksgiving challenge to all employers, bosses, managers, and supervisors out there:

What can you do to help make your employees feel appreciated at work?

First, before all else, make it a habit to notice the positive contributions of each team member. It’s easy to focus on flaws and problems, but it’s vitally important that you know the positive contributions each individual brings to you, to the company, to the team, and to the customers. To get you started, here are a few suggestions for expressing appreciation at work:

1. Saying a simple “Thank you” or “I appreciate the work you just did” are good ways to start if you’ve never expressed appreciation. To make the biggest impact, it’s helpful to express appreciation in real time, i.e. express your appreciation as soon as you can rather than waiting days, weeks, or months.

2. Being specific when giving positive feedback tells your employee that your appreciation is thoughtful and genuine – “Thank you for spotting those six errors in the report” is far more meaningful than a generalized “You were great!”

3. Spending a little extra time getting to know each employee and understanding their concerns and perspectives helps make each person feel valued as an individual. This will, in turn, help you to understand how best to show appreciation.

4. Giving appropriate gifts can be very meaningful as well if you have taken the time to know your employees (see suggestion #3) and you know what type of appreciation would be most meaningful for each person. A grocery gift card might be perfect for someone while tickets to a game would be better for another employee.

5. Offering flexible schedules can be a unique form of appreciation that will be very well received, especially during the holidays.

Here are other appreciation ideas from the Glassdoor survey: a pay raise was voted the most popular form of appreciation, followed by unexpected treats and rewards, involvement in decision-making, career opportunities, recognition at a team meeting or company newsletter, and company-sponsored social events.

The point about appreciating people at work isn’t about making them feel good regardless of what they do. It’s about respecting, recognizing and valuing their hard work, contributions, and efforts for the supervisor and the company. The majority of people want to know that their work is valued and appreciated. Whatever your industry, I hope this column will inspire you to be more appreciative of the people who work for you!

Anne Chan is a career counselor and licensed psychotherapist in Union City. She specializes in helping people find happiness in their careers, lives, and relationships. She can be reached at 510-744-1781. Her website is [www.annechanconsulting.com](http://www.annechanconsulting.com)

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Entrepreneurship Program

SUBMITTED BY MICHAEL TAN

Weeks ago at the local Mission Coffee in Fremont, three enterprising high school entrepreneurs created a revolutionary program: a startup accelerator for high schoolers dedicated to the development and catalyzation of intellectual curiosity in the form of impactful venture ideas (<http://altacode.org/>). Seniors Sushanth Raman and Michael Tan, who attend American High School in Fremont, along with Mission San Jose High School senior Keshav Rao, have already built an intricate array of full-fledged startups and hope to share their experience with other aspiring entrepreneurs to create a disruptive environment where creativity and innovation can thrive. Their organization, Altacode Startup Garage, helps students develop technical skills and guides them through the various steps of startup development, from ideation to customer acquisition to building a revenue model. They’ve acquired support from venture capitalists throughout Silicon Valley, and Startup Garage’s goal is to launch 20 high-quality and socially impactful ventures driven by the visions of high school students like themselves by the end of this year. In short, Startup Garage is an exciting new program started by driven students aiming to unlock the creative energies of youth in the most innovative corner of the planet.

For more information or to contact any of these students, email: [michaeltan07@gmail.com](mailto:michaeltan07@gmail.com), [sushanthraman@gmail.com](mailto:sushanthraman@gmail.com) or [keshavrao250@gmail.com](mailto:keshavrao250@gmail.com)

Donations needed for LOV Thanksgiving

SUBMITTED BY SHIRLEY SISK

The League of Volunteers (LOV) is planning to serve over 4,000 meals on Thanksgiving Day at the Newark Pavilion or be delivered to the homebound in Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo and Castro Valley. There is a desperate shortage of the following:

- Turkeys – need 300 – have 175
- Hams - need 70 – have 0 - They should be pre-cooked
- Pre-baked pies - need 400 – have 34 promised
- Instant Potato Mix – need 108 more as only have 2
- Chicken Broth – need 30 large cans – have 5
- Cranberry Sauce – need 300 cans – have 11
- Canned Green Beans – need 200 more
- Styrofoam Coffee Cups – need 1,200 – have none
- Oval Aluminum Roasting Pans – need 600 - have only 2
- Bottled water — need 500- have none
- Dessert plates – need 1,000
- Dinner Plates – Chinette partitioned — need 1,300
- Take Home Styrofoam Dinner Containers – need 2,500
- Turkey Roasting bags – need 300
- Large Sandwich bags – need 2,500
- Quart Zip Lock bags – need 2,000
- Butter – need 40 lbs.

These are just a few of the many food and supply items needed to help make this a happy holiday for those in need or those who are alone this Thanksgiving. LOV’s Community Service Center is located at 8440 Central Ave., Ste A/B in Newark and is open to receive donations, Monday - Friday from 8:30 a.m. until 5 p.m, or you can call (510) 793-5683 for pick up. Monetary donations are very much welcome so that we may purchase what is needed.

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# BUSINESS

## No ticket, no driver: Police stop Google self-driving car

**AP WIRE SERVICE**

MOUNTAIN VIEW, Calif. (AP), A California police officer made a traffic stop, but wrote no ticket. There was no driver to give it to anyway.

Mountain View police said in a statement that an officer pulled over a Google self-driving car that

was being tested on local roads Thursday.

The officer noticed the car going a road-clogging 24 mph in a 35 mph zone and realized it was a Google Autonomous Vehicle. He stopped the car and contacted its operators to let them know it was impeding traffic, but no citation was given.

A person is required to sit behind the wheel of self-driving cars.

The Google project responded in a blog post, saying it's never received a ticket and adding, "Driving too slowly? Bet humans don't get pulled over for that too often."

## 5 things to know about Apple's new iPad Pro

**BY ANICK JESDANUN  
AP TECHNOLOGY WRITER**

NEW YORK (AP), The first thing you need to know about Apple's iPad Pro is that it's, well, giant.

About an inch longer than a standard sheet of paper, the Pro features a 12.9-inch diagonal display, giving it 78 percent more surface area than the 9.7-inch iPad Air 2. At nearly 1.6 pounds, the Pro is heavier than current models, but not much more so than the original iPad from 2010. There's room for four speakers, compared with two on other iPads.

The price is supersized, too. The iPad Pro starts at \$799, compared with \$499 for the standard-size iPad Air 2 and \$269 for the cheapest iPad, the 2-year-old iPad Mini 2. A physical keyboard from Apple costs \$169 extra, and the Apple Pencil sells for \$99.

Designed with professionals in mind, the Pro is Apple's way of reaching new consumers as sales of iPads – and tablets in general – decline. Here are some things to know as the Pro starts appearing in stores this week:

### THE PRO ISN'T FOR EVERYONE

Many people will be fine with the standard iPad Air, while others will prefer the portability of the smaller iPad Mini.

The Pro is for those who need the larger screen, including people who write, build spreadsheets or edit graphics and video rather than primarily reading or playing games. These are people who might otherwise be lugging around a laptop. If you're using a tablet just to watch Netflix, the Pro might be overkill, though movies and TV shows look and sound nicer.

### IT'S NOT A LAPTOP

For writing, the Pro features Microsoft Word and Apple's Pages. But do you need a tablet for that? The desktop version of both apps can do far more, including keeping multiple documents open at once. The Pro is more for those times you want to leave the laptop behind, but might still need to write an email or touch up a report. The physical keyboard makes all that faster.

Where the Pro has the potential to excel is with artistic apps. Doodling, sketching and painting work better with fingers and a stylus than with a keyboard and trackpad. But apps on tablets have streamlined features designed to let you complete specific tasks quickly. More advanced features require a PC.

The iPad lacks a USB port, though you can buy an adapter. And it's designed for one user. Many other tablets and laptops support profiles, so many people can share a device with separate settings and even restrictions for children.

### A BIGGER SCREEN ISN'T ALWAYS BETTER

The Pro has plenty of screen

space to work with – nearly two standard-size iPads side by side. Photos, video and magazines come to life on the larger screen.

But in other respects the Pro doesn't make the most of the extra space. You can't, for instance, display more apps on the home screen. And when you open apps, often enough they're just blown up to fit the larger screen.

That's not universally true, and it's bound to change as software developers update their apps. The collaboration app Slack, for instance, creates a new column with menu options on the Pro. But for now such apps are more the exception than the rule.

### GET THE KEYBOARD AND STYLUS

Although they'll push up the cost, you'll want to buy the Apple Pencil and a physical keyboard. Many of the Pro's unique characteristics require one or both. Otherwise, you're effectively buying a crippled device that's capable of so much more with the right tools.

Apple's Smart Keyboard serves as both a cover when stowing the iPad and a kickstand when using it, though you can't adjust the angle. Typing is much easier with a real keyboard, and having it restores many shortcuts common on Macs, such as command-C for copy. The keys don't feel as natural as they do on a laptop, but that could simply take more than a few hours of testing to get used to. One nice touch: The keys are completely sealed, in case you spill a drink on it.

The stylus, meanwhile, resembles a digital pencil that, for instance, can do shading when held at an angle. (Most draw only with the tip.) One neat trick: Hold two fingers on the Notes app to unveil a ruler, and use the pencil to draw a straight line.

### HOW THE PRO STACKS UP TO OTHER PROS

Microsoft's Surface Pro comes closer to being a laptop replacement, particularly with a new keyboard cover that's studier and feels more natural on the lap. It runs standard Windows 10 apps and displays many windows at once, not just two. On the other hand, not all of those apps are designed with touch controls in mind, something that's fundamental to tablets.

Another alternative is Apple's "new" MacBook laptop – the minimalist model released in March, without Air or Pro in the name. It doesn't have a detachable keyboard, but the overall unit is light and thin, more like a tablet than a laptop.

Generally speaking, the Pro is designed primarily to extend the iPad's touch-optimized experience to office use; as part of that compromise, it just can't do everything a Mac can. So you can be disappointed and consider it a laptop-wannabe – or you can look on the bright side and think of the Pro as a giant iPad with benefits.

## New produce safety rules aim to prevent illness outbreaks

**BY MARY CLARE JALONICK  
ASSOCIATED PRESS**

WASHINGTON (AP), The Obama administration wants you to eat your fruits and vegetables. They also want the produce to be safe.

Long-awaited rules announced by the Food and Drug Administration Friday are designed to help prevent large-scale, deadly outbreaks of foodborne illness like those linked to fresh spinach, cantaloupes, cucumbers and other foods over the last decade. That means making sure workers are trained to wash their hands, irrigation water is monitored for harmful bacteria and animals do not leave droppings in fields.

The rules will phase in over the next several years and give the FDA sweeping new oversight over how food is grown on farms.

The majority of farmers and food manufacturers already follow good safety practices, but the rules are intended to give greater focus on prevention in a system that has been largely reactive after large outbreaks. The Centers for Disease Control and Prevention estimate that 48 million people – or 1 in 6 people in the United States – are sickened each year from foodborne diseases, and an estimated 3,000 people die.

The Obama administration has said they don't want people to eat fewer fruits and vegetables because of safety concerns.

"The rules will help better protect consumers from foodborne illness and strengthen their confidence that modern preventive practices are in place, no matter where in the world the food is produced," said Michael Taylor, the FDA deputy commissioner for foods.

The FDA also released rules Friday that will require importers to be more accountable for the safety of food they bring into the U.S. market. The government estimates that about 52 percent of fresh fruit and 22 percent of fresh vegetables are imported.

Taylor said both rules could help prevent illnesses such as an ongoing outbreak of salmonella linked to cucumber imported from Mexico. In that outbreak, four people have died and more than 700 people have fallen ill.

There have been many other outbreaks linked to produce in recent years. In 2006, E. coli in fresh spinach was linked to several deaths, including a 2-year-old. The CDC later issued a report saying the cause may have been contaminated irrigation water. A 2011 outbreak of listeria linked to cantaloupes killed 33 people. After outbreaks of cyclospora illnesses linked to imported cilantro, American investigators found toilet paper and human feces in Mexican fields where cilantro is grown.

The agency has haggled over how to write the rules since Congress approved them in 2010, try-

**continued on page 11**

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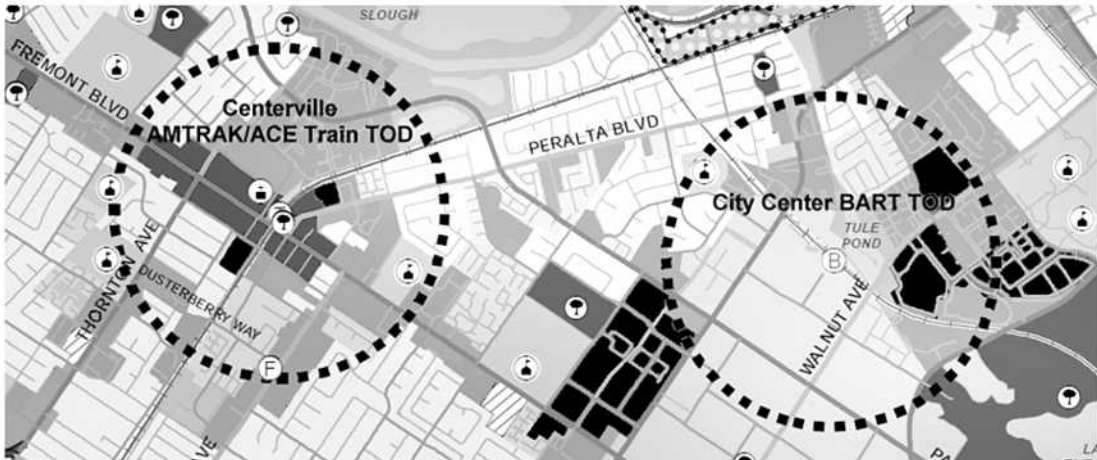
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## Transit Oriented Development Overlays - TODs



Urban Residential in black

Fremont's Transit Oriented Development (TOD) Overlay is a designation applied to four areas within a 1/2-mile radius of existing and future transit stations.

The City says its TOD areas share a common goal of maximizing transit use through density, land use mix, building form, and design, and are intended to be vibrant pedestrian-oriented districts. TODs have higher residential density than the immediately surrounding areas in order to support transit ridership and promote a sense of place.

Fremont's TODs were introduced in response to the State's directive to reduce air pollution and energy consumption through promotion of mass-transit ridership. Does Fremont's implementation of TOD planning match its TOD goals?

### TOD Urban Residential Density

Only properties designated as Commercial, Industrial and Urban Residential in Fremont's General Plan are subject to special TOD zoning. The minimum density for new housing developments in an Urban Residential area increases from 30.0 up to 50.1 dwelling units per net acre if it is within a TOD.

Placing high-density housing at one edge of a TOD and goods and services at the other creates a mile long walk. There aren't any new mixed-use TOD projects that incorporate ground-floor retail to support the residents' needs. Urban Residential TOD density necessitates high-rise buildings. How does locating them in the middle of our existing neighborhoods promote a sense of place?

One goal of a TOD overlay is to reduce greenhouse gas emissions. If the City just uses wide TOD overlays as an excuse to add islands of high-density housing to an overcrowded city, it adds more traffic which in the end only increases automobile emissions. Residential concentration intensifies the impact on the local school. Only two elementary schools are within any TOD so most of the elementary school students from TOD developments will have to be driven to school.

### TOD Parking Spaces

The zoning rules for developments in Urban Residential TOD areas limit the number of parking spaces that developers are allowed to provide to a total of 1.75 spaces per unit for residents and guests. This TOD restriction was

implemented to promote "transit use and walkability". However, expecting low car ownership is unrealistic and putting a cap on the number of parking spaces developers are allowed to provide will just cause parking problems in the area around a project.

Fremont is not (yet) a completely urban city with infrastructure in place to provide non-automobile transit throughout the city. Walking over a half mile is not easy for seniors, children, and those with limited mobility. However, as a self-proclaimed Millennial recently said, bus transit doesn't go everywhere in Fremont and, except for traveling to and from work, cars are needed.

So encouraging residents to walk is great - but we should be realistic about providing enough parking spaces for the cars they will own.

### Centerville AMTRAK/ACE Train TOD

The train station in Centerville is only served by AMTRAK and ACE Train both of which primarily go south to San Jose. There are only a few Centerville properties designated as Urban Residential, but Fremont is packing in townhouses all along Peralta Blvd.

### Fremont City Center BART TOD

The only property designated Urban Residential in this TOD, that is not already filled with multi-family housing, is at the corner of Walnut Ave. and Guardino Dr. It is 1/2 mile to the Raley's shopping center. Parking is already crowded in that neighborhood. Being in an Urban Residential TOD, any developer of this property may only provide 1.75 total parking spaces per unit and having to conform to the minimum TOD density will exacerbate that problem.

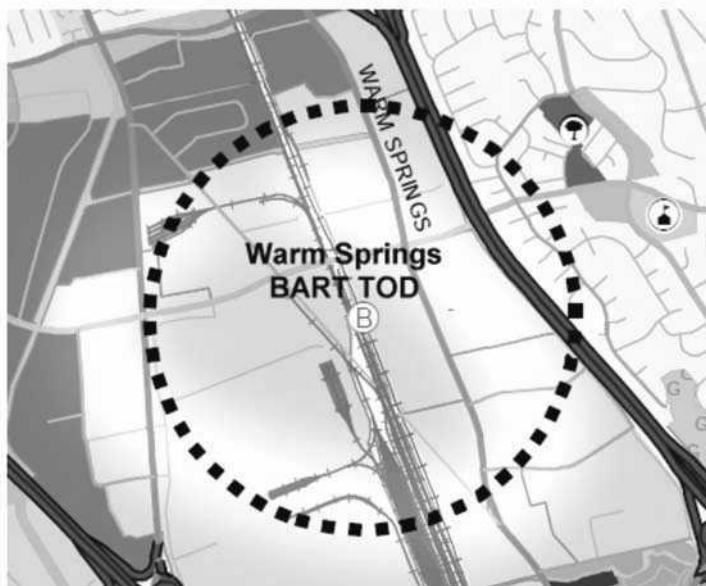
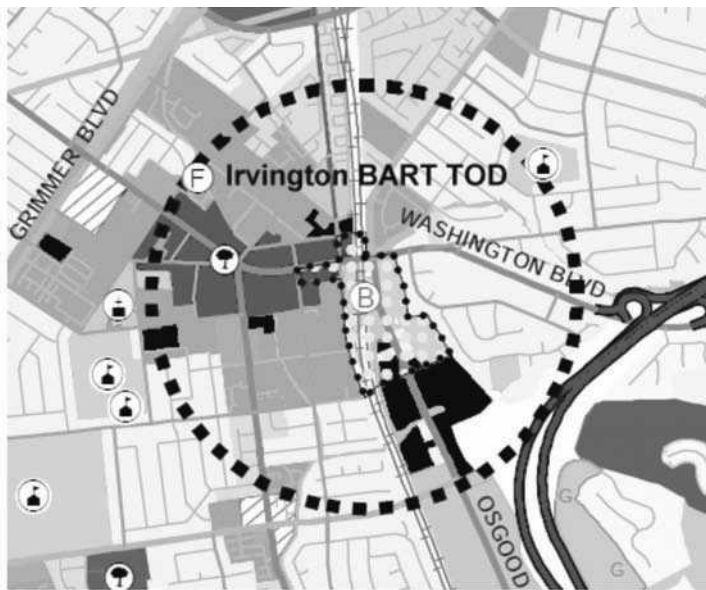
### Irvington BART TOD

This TOD was designated in 2011 around a BART station that has yet to be built and was only financed last November. The largest Urban Residential section is on Osgood Road south of the proposed BART station. Several 5-story projects have been approved or are proposed for that stretch.

There is no place to cross the railroad or BART tracks anywhere between Washington Blvd. and Automall Parkway. Blacow doesn't go through. There are no convenience stores, restaurants, or parks anywhere along that part of Osgood. Pedestrians will have to walk all the way up to Washington, cross over the tracks and then on down to Irvington well over 1/2 mile away. Getting to schools will require a car.

### Warm Springs BART TOD

The development in this area is defined by the Warm Springs/South Fremont Master Plan. It is a mixture of Industrial, Commercial, Medium and Urban Residential sections. It is the only TOD area in Fremont with a Master Plan.



Urban Residential in black

### Product Safety continued from page 10

ing to find a balance between food safety and regulating farms with safety measures already in place.

The FDA originally proposed the produce rules in 2013, but rewrote them last year after some farmers said they would be too burdensome. The final rules, released under a court-ordered deadline after advocacy groups sued over the delays, largely follow that rewrite.

The regulations are tailored to cover foods and growing methods that pose the greatest risk. They target produce such as berries, melons, leafy greens and other items usually eaten raw and more prone to contamination. A farm that produces green beans that will be cooked and canned, for example, would not be regulated. There are also exemptions for smaller farms.

The rules require farmers to test irrigation water quality, regularly train workers on the best health and hygiene practices and

monitor wildlife that may intrude on growing fields, among other measures. There are also standards for keeping equipment and facilities clean.

Compared with the original 2013 proposal, the final rule requires less stringent standards for irrigation water quality and reduces the frequency of testing, in some cases. The organic industry had expressed concerns about the rules, especially because many organic farmers use raw manure as fertilizer and try to treat irrigation water with fewer chemicals.

Food industry groups and food safety advocates praised the rules. Sandra Eskin, director of food safety at the Pew Charitable Trusts, called the new rules a major public health victory. She said the focus now shifts to Congress, which will have to pay for the FDA's efforts.

"With the rules now being finalized, its crunch time for FDA to be ready to help food processors and growers meet the requirements and then to ensure they can enforce them," Eskin said.

FDA has asked for an extra \$109 million to implement the en-

tire food safety law, which also includes separate rules aimed at food manufacturing facilities released in September. Acting Commissioner Stephen Ostroff said in congressional testimony this fall that getting those dollars over the next budget year is crucial to ensure the rules work as intended.

The 2010 food safety law also authorized more inspections by the FDA and gave the agency additional powers to shut down facilities.

Associated Press writer Alan Fram contributed to this report

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SUBMITTED BY  
VICKILYN HUSSEY

Spend the evening immersed in the richly saturated colors of French music – Debussy, Ravel, Franck, Saint-Saëns, Jolivet – as Fremont becomes the City of Light on Saturday, November 21, with Music at the Mission’s “Images de Paris” at Old Mission San Jose.

Artistic Directors Bill Everett and Aileen Chanco have created a gorgeous concert program where every moment reveals the formidable technique and artistic intelligence of the Music at the Mission Chamber Players.

Debussy’s masterpiece, “Sonata for Flute, Viola and Harp” mesmerizes then dances into a lilting melody shared by flute and viola “over a tapestry of harp.” Harpist Dan Levitan, praised by music critics for his “impeccable virtuosity,” does not disappoint.

Neither does flutist Rhonda Bradetich, who shines in both Debussy and Jolivet’s “Chant de Linos” (considered one of the most difficult in the flute repertoire). “To understand why audiences are enamored with Bradetich’s abilities as a flutist, one need only to listen,” explained a reviewer.

Adelle-Akiko Kearns, assistant principal cellist of Symphony Silicon Valley, and violist Ivo Bokuliž, associate principal of the San Jose Chamber Orchestra, are wonderfully deft collaborators.

Saint-Saëns’ “Fantaisie for Violin and Harp” is a portrait in “beauty, precision and formal perfection,” especially in the hands of violinist Steve Huber. Huber takes an “audience into new territory” (L.A. Times), making him the perfect artist to perform Franck’s superb “Sonata for Violin and Piano,” one of the finest sonatas for violin and piano ever written. Huber also nails the flashy violin

virtuosity of Ravel’s “Tzigane, Rhapsody for Violin and Piano.”

If you are familiar with performances by piano soloist Aileen Chanco, then you know that “Awesome technical skill and sensitive artistry!” (Philippine Star) is not an exaggeration. It will be a real treat to hear her in the Franck sonata and Ravel’s rhapsody. The legacy of Conservatoire de Paris reigns supreme!

Images de Paris  
Saturday, Nov 21

7:15 p.m.: Pre-Concert Talk  
8 p.m.: Concert

Old Mission San Jose  
43300 Mission Blvd, Fremont  
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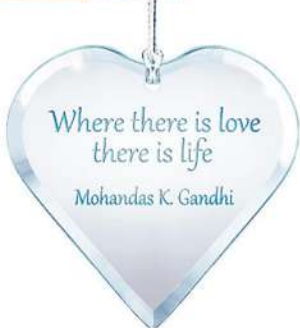
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## Fremont Chamber hosts Transportation forum

SUBMITTED BY  
AARON GOLDSMITH

The Fremont Chamber of Commerce is pleased to announce the transportation policy forum, “How to Get to Fremont (From Fremont)” to be held on Friday, November 20 at Bay Area Traffic Solutions.

“We are consistently exploring new programing that will appeal to our members and the business community at-large,” said Cindy Bonior, President and CEO of Fremont Chamber of Commerce. “This event offers it all – information, policy, networking and a delicious meal.”

Attendees will enjoy lunch and a panel discussion featuring knowledgeable guests. Alameda County Supervisor Scott Hagerty, BART Director Joel Keller and Fremont Mayor Bill Harrison discuss on the current situa-

tion in Fremont and how people will get to and from work in the future.

According to Bonior, a significant portion of the program will focus on South Fremont. “With the BART station opening in 2016, two freeways, a current cluster of jobs and more jobs and housing on the way, this is the an area with many challenges and opportunities for Fremont’s transportation network,” said Bonior.

To purchase tickets, visit [www.fremontbusiness.com](http://www.fremontbusiness.com).

**Transportation Policy Forum**  
**Friday, Nov 20**  
**11:45 a.m. – 2 p.m.**  
**Bay Area Traffic Solutions**  
**44800 Industrial Dr, Fremont**  
**(510) 795-2244**  
**[www.fremontbusiness.com](http://www.fremontbusiness.com)**  
**\$25 members;**  
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## 17th annual Taiwanese free Thanksgiving dinner

SUBMITTED BY JOHN HSIEH

Taiwanese Chamber of Commerce of San Francisco Bay Area (S.F.B.A.) and Love of Taiwan Association will sponsor their “17th Free Thanksgiving Dinner” at Centerville Presbyterian Church on Tuesday, November 24.

The dinner, commencing at 4 p.m., is being held in cooperation with Centerville Presbyterian Church, Centerville Free Dining Room, Immanuel Presbyterian Church, Agape Asian Mission, Hope Project and Walgreen Mowry.

In the spirit of Thanksgiving and sharing during this holiday season, this community event will bring residents of the Tri-City area and Hayward together. A free dental clinic (Agape Dental Group), medical clinic

(Hope Project) and free flu shots (Walgreen’s Mowry) are available from 1 p.m. – 4 p.m., prior to the dinner.

For additional information please contact: John Hsieh (510) 784-7341 or Daphne Liu (408) 480-6666.

**17th Annual Taiwanese Free Thanksgiving Dinner**  
**Tuesday, Nov 24**  
**1 p.m. – 4 p.m. – Dental, Medical Clinics and Flu shots**  
**4 p.m. – 6 p.m. – Free Thanksgiving dinner and Entertainment**  
**Centerville Presbyterian Church, Gym**  
**4360 Central Ave, Fremont**  
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## St. Francis Urgent Care open house

SUBMITTED BY HAYWARD CHAMBER OF COMMERCE

St. Francis Urgent Care in Hayward cordially invites you to its “Open House and Ribbon-Cutting Ceremony” on Tuesday, November 17. Tour our state-of-the-art facility, meet our health care providers, and enjoy hors d’oeuvres and treats. Please RSVP by contacting (510) 780-9400 or [echavez@stfrancisurgentcare.com](mailto:echavez@stfrancisurgentcare.com).

**St. Francis Urgent Care Open House**  
**Tuesday, Nov 17**  
**5 p.m. – 6 p.m.: Ribbon-Cutting Ceremony**  
**5 p.m. – 8 p.m.: Open House**  
**(510) 780-9400**  
**[echavez@stfrancisurgentcare.com](mailto:echavez@stfrancisurgentcare.com)**  
**[www.stfrancisurgentcare.com](http://www.stfrancisurgentcare.com)**

## Kitayama Elementary holds successful Fall Health Fair



SUBMITTED BY ALLISON SAYAVONG

As the flu season approaches, Kitayama Elementary School in Union City recently held its Fall Health Fair a Kitayama community event for students and their families, coupled with the school-wide Book Fair and Cookie Social. Our mission is to help educate our students and families about the importance of maintaining great health through providing support and resources to families so that all our students will come to school healthy, happy and strong. It is an all around community team effort.

This event would not have been possible without the support, energy and commitment of the professional health community members of Union City and Fremont: Ms. Love, Ms. Suprai, Ms. Reynoso, Ms. Albein-Marchan, Mr. Timbang, Dr. Chong, Ms. Diaz, and Rep. from Tiburcio Vasquez- Adrienne. (Registered Nurses, Asthma Specialist, Orthodontist, Tiburcio-Vasquez Rep. and members of our District’s Kids Zone Community Outreach Team)

Thank you to our volunteers and everyone for your support and commitment in educating and supporting our students and families.



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Performance times are 8 pm on Thursdays, Fridays and Saturdays. There are three Sunday matinees: Nov 22 and Dec 6 matinee performances begin with a continental brunch (included in price of ticket) at 12:15 pm, and the show begins at 1 pm. The Dec 13 performance starts at 1 pm with refreshments during intermission (included in price of ticket).

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# Home & Garden

## WHAT GOES UP MUST COME DOWN: Garage Doors in Action

BY DAVID R. NEWMAN  
PHOTOS COURTESY OF  
R&S DOORS

A garage door is a big part of a home's curb appeal. Plus, it often serves as an alternate "front door," allowing people to park their car and enter their homes through the garage. So to pay a little respect to this often overlooked workhorse, here are some tips of the trade to help you maintain and upgrade your garage door.

Garage doors can be operated manually or automatically. Many agree that the benefits of an automatic door outweigh the disadvantages. While it takes more work to install an automatic system (best left to professionals) and they are more expensive than manual doors, once in place, the convenience and safety factor is huge. Not only can you stay in your vehicle while opening the door (which is especially nice in inclement weather), automatic doors are safer than manual doors since they are now all equipped with eyebeams (since 1993) that stop the door from coming down if motion is detected underneath. And since automatic doors are more popular, there are many more design options.

An average garage door can last anywhere from 10 to 40 years, depending on how much tender loving care it is given. Preventative maintenance can go a long way in extending the life of your garage door, and can prevent dangerous malfunctions. It is recommended that you service it every year if you use it daily, and every two years if you just open it once in awhile.

When a service technician comes out to your house, they will check to see if all the nuts and bolts are tight and everything is well lubricated, including the springs, hinges, rollers, and

bearings. They will also check to see if the safety devices are aligned properly. And they will examine the cables for any signs of fraying.

But by far the most important check they will perform is the balance of the door itself. A standard test is to manually lift



the door up about halfway, then let go. The door should stay in position. Says Dave Kennedy, Residential Division Manager at the Hayward office of R&S Doors, "If you've got a door that you raise up halfway and it wants to come slamming down, your door is out of adjustment, and what's taking the beating is the motor trying to lift a heavy door." Kennedy sees a lot of motor replacements for exactly this reason. That's why it's important to have springs that can handle the weight of the door.



The five basic types of garage door opener models, from lowest to highest cost, are: chain-driven, screw-driven, belt-driven, direct-drive, and jackshaft. These all mount on the ceiling, with the

exception of the jackshaft, which mounts on the wall beside the garage door. This can be a nice option for those needing higher clearance or who want to use their ceiling space as storage.

In general, the more money you spend, the quieter and faster the system. And DIYers should be aware that motors are designed for specific systems and are not interchangeable.

Most garage doors are made of wood or metal and come in a variety of colors and styles. A popular trend right now is the carriage house door. You also have the choice of insulated or non-insulated, with glass that is also insulated or non-insulated. Says Kennedy, "Some people use their garage as a daycare facility, or a children's playroom, or a guy's man cave, or a gym. Depending on what they use it for, they might want to go with a better quality door that's insulated so it can keep the cold out and keep the heat inside during the winter."

Many automatic garage doors now come with a variety of convenient security features, such as smart phone compatibility. Just download an app and you can control the door from your phone, as well as receive notifications should your garage door open when you are away. A battery backup is also included in

continued on page 16



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continued from page 15



some models, which could come in handy for those living in areas with frequent power outages.

Warranties for garage doors can differ depending on the make and model. As with other home improvement projects, there are two main types of coverage: the manufacturer's warranty, and the installer's warranty. Kennedy is quick to warn people about some

garage door companies that operate as call centers, assigning jobs to individual technicians. In this situation, the warranty is owned by the technician, so if he leaves, your warranty leaves with him.

For \$500 to \$1,500, a garage door upgrade will increase your property value and boost curb appeal. Why not spend some

time and money on this unsung hero and keep your home running safely and smoothly? Your family will thank you for it, especially your car.

**For more information, contact R&S Doors at (510) 489-6881, [rsgaragedoors@live.com](mailto:rsgaragedoors@live.com) or visit [www.rsdoors.com](http://www.rsdoors.com).**

## Native plants garden: Building community, one park at a time

SUBMITTED BY  
ANGELA AKRIDGE

Borrowing from Alameda County Master Gardeners' amazing vision, Friends of Newark Demonstration Garden would like to spearhead the creation of a new open space—a Native Plants Garden (“Demonstration Garden”) in Newark, with native plants supplied by the SF Don Edwards Wildlife Refuge's Native Plants Nursery, just a couple miles from the proposed garden.

We'd like this garden to showcase native drought-tolerant plants and sustainable landscaping techniques and provide educational and volunteer opportunities for home gardeners on design, planting, and maintenance. Our goal is to provide an open space that provides a space for residents to socialize with one

another, building friendships and uniting the community.

We are currently in the site feasibility phase of this project, and we have our eye on a fabulous site at Ash Street Park. This private, SFPUC (San Francisco Public Utilities Commission) parcel borders a popular neighborhood park in an old part of town, providing a unique opportunity to enrich a neighborhood that needs a little TLC. Adjacent to Head Start, a daycare, a Senior Center, and a local church in a low-income neighborhood, this project offers an unusual open space to a number of at-risk youth and other underserved groups and weaves together people from different age, ethnic, and religious groups.

This parcel is currently unmaintained as evidenced by the dense weeds, litter, and broken glass,

making the nearby picnic areas unattractive to park visitors who flock to the park for its attractive volleyball court, basketball courts, playground, soccer field, and walking path. SFPUC is well-known for supporting community gardens by providing right-of-way leases at little to no cost.

**Help us deliver on this vision!**  
**Contact: Angela at [info@newarkparks.org](mailto:info@newarkparks.org)**

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Founder

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19547 Alana Road	94546	754,000	4	1671	1947	10-14-15
21142 Aspen Avenue	94546	601,000	3	1830	1954	10-14-15
21884 Baywood Avenue	94546	535,000	2	1120	1941	10-08-15
3709 Carlwyn Court	94546	720,000	3	1774	1959	10-12-15
18650 Center Street	94546	700,000	3	1508	1955	10-06-15
2276 Farley Street	94546	510,000	2	1188	1947	10-09-15
18596 Lake Chabot Road	94546	500,000	3	1070	1950	10-02-15
4550 Malabar Avenue	94546	660,000	3	1567	1957	10-08-15
4770 Noree Court	94546	678,000	3	1462	1969	10-13-15
18926 Parsons Avenue	94546	643,000	3	1171	1962	10-06-15
4550 Seven Hills Road	94546	504,000	3	1552	1957	10-08-15
2655 Somerset Avenue	94546	540,000	2	1268	1950	10-09-15
18753 Stanton Avenue	94546	750,000	6	1768	1952	10-05-15
4333 Wildwood Place	94546	1,130,000	3	3574	1987	10-14-15
18392 Wyndale Court	94546	660,000	3	1548	1961	10-09-15
5925 Charter Oaks Drive	94552	915,000	4	2360	1988	10-14-15
5894 Highwood Road	94552	1,030,000	5	1979	1963	10-08-15
7268 Morton Place	94552	775,000	4	1887	2003	10-08-15
18794 Mt. Lassen Drive	94552	850,000	3	1692	1990	10-06-15

FREMONT   TOTAL SALES: 59						
Highest \$:		Median \$:				
Lowest \$:		Average \$:				
ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
4090 Abbey Terrace #128	94536	400,000	2	823	1986	10-08-15
4637 Alhambra Drive	94536	790,000	3	1508	1958	10-02-15
37251 Ann Marie Terrace	94536	650,000	3	1558	1988	10-14-15
4193 Becerra Drive	94536	970,000	4	1830	1974	10-14-15
35783 Cabral Drive	94536	710,000	4	1736	1957	10-09-15
38623 Cherry Lane #212	94536	301,000	1	628	1974	10-02-15
38674 Chrisholm Place	94536	1,325,000	-	2450	1977	10-07-15
1160 Clay Court	94536	1,065,000	5	2033	1978	10-06-15
2755 Country Drive #137	94536	460,000	2	950	1970	10-09-15
1086 Dolphin Common	94536	815,000	3	1610	1995	10-13-15
37702 Elliot Street	94536	881,000	3	1092	1954	10-09-15
37036 Elm Street	94536	768,000	2	918	1950	10-09-15
3291 Foxtail Terrace	94536	310,000	1	593	1986	10-09-15
38703 Huntington Circle	94536	530,000	2	1004	1988	10-14-15
38920 Hygelund Drive	94536	775,000	3	1180	1960	10-09-15
4048 Malva Terrace	94536	560,000	4	1336	1971	10-06-15
4517 Nicolet Avenue	94536	720,000	3	1148	1957	10-09-15
38093 Parkmont Drive	94536	906,000	3	1715	1960	10-06-15
38271 Paseo Padre Pkwy	94536	820,000	3	1754	1963	10-05-15
36722 Reynolds Drive	94536	960,000	4	1708	1972	10-02-15
4522 San Juan Avenue	94536	755,000	3	1136	1954	10-08-15
37548 Sequoia Road	94536	500,000	2	660	1916	10-09-15
37210 Towers Way	94536	635,000	3	1233	1952	10-02-15
39267 Walnut Terrace	94536	500,000	2	1104	1984	10-09-15
39450 Albany Cmn #X	94538	400,000	2	882	1981	10-02-15
39139 Argonaut Way #203	94538	435,000	2	1215	1974	10-09-15
1945 Barrymore Cmn #A	94538	471,000	2	991	1982	10-09-15
39911 Burr Avenue	94538	385,000	3	1036	1959	10-14-15
4126 Crestwood Street	94538	810,000	3	1008	1958	10-14-15
42806 Fontainebleau Park	94538	735,000	3	1581	1962	10-02-15
39034 Guardino Dr #201	94538	490,000	2	1077	1990	10-14-15
39078 Guardino Dr #207	94538	402,000	2	844	1990	10-06-15
3825 Haven Avenue	94538	875,000	2	1232	1950	10-05-15
3736 Independence Road	94538	551,500	4	1340	1954	10-14-15
43474 Newport Drive	94538	660,000	3	1132	1954	10-06-15
4094 Stanley Avenue	94538	1,180,000	4	1896	1957	10-09-15
3909 Stevenson Blvd #207	94538	369,000	2	1042	1972	10-05-15
47472 Avalon Heights Terr	94539	2,480,000	3	3000	2000	10-08-15
514 Bristle Grass Terrace	94539	1,022,000	3	1785	2008	10-13-15
48252 Cottonwood Street	94539	995,000	3	1298	1964	10-09-15
48620 Flagstaff Road	94539	1,310,000	4	1866	1977	10-14-15
42000 Osgood Road	94539	7,200,000	-	-	-	10-07-15
41532 Paseo Padre Pkwy	94539	1,250,000	5	1934	1960	10-02-15
357 Paso Roble Common	94539	1,045,000	4	1842	2012	10-06-15
652 San Carlos Court	94539	1,550,000	4	1914	1967	10-09-15
39916 San Simeon Court	94539	1,140,000	3	1558	1967	10-14-15
43139 Starr Street	94539	858,000	3	951	1952	10-08-15
49047 Woodgrove Cmn	94539	730,000	2	1161	2004	10-06-15
32740 Bass Lake Street	94555	800,000	3	1536	1976	10-02-15
34372 Dunhill Drive	94555	1,100,000	3	1807	1989	10-09-15
5229 Fairbanks Common	94555	700,000	2	1250	1989	10-14-15
33159 Great Salt Lake Dr	94555	580,000	2	880	1969	10-08-15
4148 Jamaica Terrace	94555	512,000	3	1166	1970	10-13-15
4752 Jaques Court	94555	930,000	4	1214	1986	10-05-15
3911 Jenkinson Lake Way	94555	630,000	-	1071	1976	10-14-15
3933 Lake Woodland Cmn	94555	400,000	2	991	1971	10-07-15
4206 Nerissa Circle	94555	948,000	4	1608	1981	10-07-15
33835 Raven Terrace	94555	722,000	2	1315	1989	10-14-15
5202 Tacoma Common	94555	677,000	2	1250	1988	10-09-15

HAYWARD   TOTAL SALES: 47						
Highest \$:		Median \$:				
Lowest \$:		Average \$:				
ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
22830 7th Street	94541	565,000	4	1876	1950	10-09-15
811 Alonda Court	94541	440,000	3	1040	1950	10-07-15
23059 Avis Lane	94541	379,000	-	1360	1977	10-06-15
1838 D Street	94541	648,000	4	2935	2006	10-14-15
1676 East Avenue	94541	405,000	2	837	1956	10-08-15
1502 East Street #2	94541	215,000	1	1075	1974	10-09-15
2171 Kelly Street	94541	620,000	3	1260	1943	10-13-15
22625 Northview Drive	94541	551,000	5	2076	1964	10-12-15
888 Paradise Boulevard	94541	440,000	3	1068	1942	10-09-15
21897 Rio Vista Street	94541	550,000	5	1531	1953	10-08-15
1372 Russell Way	94541	513,000	3	1208	1915	10-12-15
547 Simon Street	94541	411,000	2	1067	1938	10-08-15
21034 Times Avenue	94541	415,000	3	1014	1951	10-08-15
27988 El Portal Drive	94542	670,000	3	1693	1972	10-08-15
2897 Oakes Drive	94542	760,000	3	1980	1960	10-14-15
2382 Rainbow Court	94542	208,000	-	-	-	10-12-15
3245 Round Hill Drive	94542	750,000	3	1887	1969	10-06-15

25352 Spring Drive	94542	520,000	3	1372	1960	10-06-15
1187 Tiegen Drive	94542	405,000	2	846	1948	10-14-15
1198 Tiegen Drive	94542	435,000	2	840	1949	10-02-15
15 Astrida Drive #2	94544	365,000	2	1160	1984	10-09-15
27908 Biscayne Avenue	94544	440,000	3	1000	1954	10-08-15
439 Brian Street	94544	428,000	3	927	1952	10-08-15
30479 Carroll Avenue	94544	425,000	3	1250	1955	10-09-15
26464 Cascade Street	94544	557,000	4	1563	1953	10-14-15
803 Climbing Rose Ct	94544	420,000	4	1312	1980	10-13-15
455 Culp Avenue	94544	450,000	3	952	1950	10-14-15
24636 Dale Street	94544	390,000	5	1829	1950	10-06-15
669 Dartmore Lane #153	94544	352,500	2	878	1988	10-09-15
945 Fletcher Lane #A320	94544	325,000	2	946	1986	10-07-15
945 Fletcher Lane #C110	94544	305,000	1	730	1986	10-09-15
27501 Huntwood Ave #1	94544	345,000	3	1304	1987	10-02-15
26897 Huntwood Ave #11	94544	261,000	2	1104	1980	10-09-15
27571 Mandarin Avenue	94544	595,000	-	-	-	10-14-15
25985 Regal Avenue	94544	483,000	3	1042	1952	10-09-15
26117 Regal Avenue	94544	440,000	3	1059	1952	10-02-15
25071 Thomas Avenue	94544	440,000	3	960	1952	10-02-15
27043 Tyrrell Avenue	94544	930,000	9	3200	1965	10-12-15
29257 Eden Shores Ct	94545	865,000	5	2600	2005	10-07-15
27524 Loyola Avenue	94545	440,000	3	1128	1957	10-06-15
1712 Osage Court	94545	585,000	3	1224	1965	10-09-15
25701 Seaver Street	94545	500,000	3	1181	1959	10-08-15
1234 Stanhope Ln #263	94545	345,000	2	1007	1989	10-14-15
1710 West Winton Ave	94545	475,000	4	1556	1954	10-02-15
21100 Gary Drive #208	94546	407,000	2	1056	1981	10-05-15
21314 Gary Drive #315	94546	400,000	2	1100	1991	10-06-15
4269 Heyer Avenue	94546	450,000	2	1798	1948	10-02-15

MILPITAS   TOTAL SALES: 14						
Highest \$:		Median \$:				
Lowest \$:		Average \$:				
ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
75 Butler Street	95035	825,000	3	1958	1956	10-23-15
1913 Cadence Lane	95035	812,000	-	-	-	10-19-15
1915 Cadence Lane	95035	929,000	-	-	-	10-23-15
1919 Cadence Lane	95035	709,000	-	-	-	10-20-15
1277 Coyote Creek Way	95035	835,000	3	1788	2013	10-21-15
1164 Fallen Leaf Drive	95035	60,000	3	1247	1969	10-20-15
1269 Knollview Drive	95035	1,000,500	4	2412	1978	10-20-15
1775 McCandless Drive	95035	950,000	4	2135	2013	10-23-15
1297 North Hillview Dr	95035	815,000	3	1501	1970	10-22-15
2068 Seacliff Drive	95035	1,020,000	4	1899	1971	10-20-15
198 Seaside Drive	95035	1,009,000	4	1767	1991	10-20-15
331 Tempo Lane	95035	921,000	-	-	-	10-23-15
337 Tempo Lane	95035	875,000	-	-	-	10-23-15
245 Tramway Drive	95035	1,300,000	4	2496	1986	10-20-15

NEWARK   TOTAL SALES: 9						
	Highest \$:	1,052,000	Median \$:	650,000		
	Lowest \$:	390,000	Average \$:	619,778		
ADDRESS	ZIP	SOLD	FOR	BDSSQFT	BUILT	CLOSED
7521 Birkdale Drive	94560	740,000	5	1584	1963	10-02-15
6234 Civic Terrace Ave #A	94560	390,000	2	820	1985	10-14-15
6294 Joaquin Murieta 358E	94560	406,000	2	905	1982	10-14-15
6025 Joaquin Murieta #E	94560	416,000	2	941	1984	10-06-15
37031 Laurel Street	94560	520,000	3	1640	1961	10-02-15
8034 Mandarin Avenue	94560	1,052,000	6	3634	2002	10-02-15
6320 Market Avenue	94560	650,000	5	2591	1953	10-02-15
37184 Oak Street	94560	705,000	6	2268	1962	10-14-15
7907 Thornton Avenue	94560	699,000	5	1550	1962	10-14-15



UNION CITY		TOTAL SALES: 12					
Highest \$:		815,000	Median \$:		629,000		
Lowest \$:		325,000	Average \$:		585,750		
ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED		
4328 Agena Circle	94587	475,000	4	1583	1971	10-07-15	
2443 Balmoral Street	94587	760,000	4	1888	1967	10-07-15	
3030 Flint Street #51	94587	355,000	2	908	1988	10-14-15	
902 G Street	94587	450,000	3	1324	1978	10-14-15	
34781 Klondike Court	94587	750,000	4	1881	2000	10-09-15	

317 Monte Carlo Avenue	94587	629,000	4	1496	1964	10-09-15
35406 Monterra Circle	94587	660,000	3	1708	2001	10-02-15
4209 Oliver Way	94587	815,000	5	2317	2001	10-05-15
2263 Peacock Place #1	94587	325,000	2	810	1972	10-07-15
33787 Remington Drive	94587	660,000	3	1320	1967	10-09-15
32505 Shiela Way	94587	680,000	3	1374	1974	10-09-15
4711 Valencia Way	94587	470,000	3	1298	1972	10-02-15

Home Sales

# Trees need extra TLC during drought

SUBMITTED BY  
RICHARD P. SANTOS,  
DIRECTOR, SANTA CLARA  
VALLEY WATER DISTRICT

After four years of drought, trees across the state and around our neighborhoods are stressed. Drought-stressed trees haven’t had enough water to allow them to remain healthy, and so they are more susceptible to diseases and insect infestations, particularly by the native bark beetle. The U.S. Forest Service estimates 29.1 million trees in forests throughout California have been lost due to the drought. That’s up from 3.3 million killed in 2014.

The significant increase in dead or dying trees led Governor Brown to declare a state of emergency to make it easier for agencies to remove trees that pose a hazard to people or property. “California is facing the worst epidemic of tree mortality in its modern history,” said Governor Brown in a letter to U.S. Agriculture Secretary Tom Vilsack.

The water district is identifying more dead and dying trees on our rights of way. We have removed more than 100 trees on our property this year – far more than in years past. In addition to removing dead or dying trees, which could potentially pose a hazard to life and property, our crews have also been making an extra effort to keep our waterways clear of trees and branches that could impede the flow of water during storms.

If you see a downed tree, report it to us using our Access Valley Water portal on our web page ([www.valleywater.org](http://www.valleywater.org)), the Access Valley Water app or by calling our maintenance line at (408) 630-2378. If it’s during a storm, call our flood hotline at (408) 630-2650.

We are mapping dead and hazardous trees on our 10,802

acres of property in response to public requests and reports from field staff, as we encounter them. We also suggest you do an assessment of any trees on your property. While we have asked people to cut back on watering their lawns or to replace their lawns altogether, we ask that you continue to maintain your trees. Besides contributing to the beauty of an area, trees keep land cooler, provide shade, habitat and food for wildlife, and help keep the air clean.

As we enter the winter season, storms and winds can damage or knock over weak trees, so make sure yours are strong. Trim dead branches, and if possible, have the health of your trees checked by a certified arborist.

Water trees around the “drip line,” the outer edge of the branches, to help the tree’s smaller roots access water. Trees should not be watered at the base of the trunk or the tree runs the chance of developing root rot. Water slowly and deeply rather than with overhead sprinklers. The soil should be moist to about 12 to 18 inches deep.

Water mature trees once a month or every other month, and young trees weekly or every other week. Check the soil so you don’t over- or underwater. If you’re planting trees, remember that native trees are better adapted to withstand drought and are a good investment for long-term viability.

For more information, visit [www.canopy.org](http://www.canopy.org) or [www.ourcity-forest.org/tree-care/#tree-care-learn](http://www.ourcity-forest.org/tree-care/#tree-care-learn).

I am available for questions or comments as your District 3 representative for the northern areas of Sunnyvale and Santa Clara; Alviso; Milpitas; and the north San Jose and Berryessa communities. Feel free to contact me at (408) 234-7707.

## Student Voter Registration Program

SUBMITTED BY  
SUZANNE BARBA

Once again, the League of Women Voters Eden Area (LWVEA) will be contacting each of the four school districts (San Lorenzo, San Leandro, Hayward and Castro Valley) in the Eden Area to find out if they would be interested in a high school Student Voter Registration Program. LWVEA partners with the Registrar of Voters Office, who sends a representative and a voting machine that students can actually use in a mock election. If you are interested in helping with the program, contact Marian Handa at [marian@roble.com](mailto:marian@roble.com).

## ‘Korla’ documentary reveals the man behind the music

SUBMITTED BY  
RENA KIEHN

Korla Pandit was an organist whose musicianship was on display on local Bay Area television fifty years ago. Who was this mystery man in a turban, “the Indian Liberace,” a pioneer for an entire musical genre called Exotica? He was not whom he seemed. The new documentary “Korla” will unravel the story behind this local legend and reveal his secret identity followed by a Q & A with the filmmaker.

For more information and to order tickets online, go to [www.nilesfilmmuseum.org](http://www.nilesfilmmuseum.org). Otherwise, leave a message at (510) 494-1411.

**Korla**  
**Friday, Nov 20**  
**7:30 p.m.**  
**Edison Theater Niles Essanay**  
**Silent Film Museum**  
**37417 Niles Blvd, Fremont**  
**(510) 494-1411**  
**[www.nilesfilmmuseum.org](http://www.nilesfilmmuseum.org)**  
**[www.korlapandit.com](http://www.korlapandit.com)**  
**Suggested donation: \$8 members,**  
**\$10 non- members**

## Chapel of the Chimes celebrates Hispanic tradition



SUBMITTED BY ASHLEY BOARMAN  
PHOTO COURTESY OF CHAPEL OF THE  
CHIMES HAYWARD

Chapel of the Chimes Hayward celebrated “Day of the Dead” on Saturday, October 31, 2015 with traditional Folklorico dance performances; a Catholic service; music by Mariachi Mexicanisimo de Raymundo Coronado; sugar skull decorating for children; a farmer’s market; and Mexican food from Tacos la Portanca. The ancient Hispanic grave-deco-

rating tradition is conducted every fall to celebrate the deceased and encourage visits by their souls.

The Day of the Dead observance dates back more than 2,500 years and is linked to the pre-Hispanic era. Each year, celebrants visit ancestral graves to build private altars and decorate graves with ofrendas (offerings). This year, Chapel of the Chimes Hayward provided sugar skulls to decorate in the ancient tradition of keeping skulls as trophies, and to display them during the rituals to symbolize death and rebirth.

## Immersive learning with Google Expeditions



SUBMITTED BY SARA MITHRA

Olive Children Foundation, a non-profit education center dedicated to empowering children to change the world, invited Google to pilot their virtual reality EXPEDITIONS program on Friday, November 12. Ever wish you could take a field trip far into space, deep underwater, or high in the wilderness? Participants explored the Galapagos Islands, Madagascar, and Meso-American ruins without leaving their classroom! Thanks to Google’s innovative technology, students simply had to hold goggles up to their face and they were immersed in a three dimensional, panoramic scene, such as Aztec temple ruins, shark infested coral reef, or tortoise breeding center.

Olive Children, in partnership with Ashley McGrath, adapted curriculum for this pilot program for second to seventh graders. Instructors Phoebe Jen, Sara Mithra, and Shawna Naga led groups in reading articles, presenting facts about rare animals, and sharing information about the history of endangered tortoises. However, no pen-and-paper learning can compare with the transportive experience of “being there,” via virtual reality technology. Students pointed out curiosities to one another and zoomed in on details, amidst a chorus of “oohs” and “aahs.”

We look forward to offering more free educational events for the Mission and Warm Springs communities. To join our mailing list and participate in future events, please email [info@olivechildren.com](mailto:info@olivechildren.com).

## Third year of record high CSU degrees conferred

SUBMITTED BY STEPHANIE THARA

The number of students graduating from the California State University is at an all-time high. For the third consecutive year, the CSU has witnessed a year-over-year increase in the number of graduates earning degrees from CSU campuses.

“As California’s greatest source of bachelor’s degrees, it is critical for the CSU to prepare an increasing number of knowledgeable and strongly skilled graduates who are ready to meet the state’s current and future workforce needs,” said Loren Blanchard, CSU executive vice chancellor of academic and student affairs. “The confluence of outreach activities, innovative academic programming and student success efforts play a significant role in enabling the state and the nation to move the needle on college enrollment and completion.”

Based on self-reported statistical data, the CSU conferred 105,693 undergraduate and graduate degrees last academic year. This was an increase of two percent from 103,781 degrees granted in 2013-14 and a sharp rise—up four percent—from 101,209 degrees conferred in 2012-13.



# Cub Scouts Pack 112 collects food



**SUBMITTED BY SEAN SMITH**

Cub Scouts from Niles Pack 112 are starting their annual food drive campaign called “Scouting for Food.” The scouts will first distribute flyers door-to-door in an effort to collect cans on Saturday, November 21 for Alameda County Community Food Bank. Pack 112 will join forces in the efforts of roughly

40,000 volunteers in Bay Area Boy Scouts, Cub Scouts, Venturers and Explorers to collect cans of food for the annual food drive.

“Scouting for Food” was established as a service project by the Boy Scouts of America in 1988 and the annual effort is one of the largest collections of non-perishable food. Food banks have come to rely upon the huge influx of food right before the holidays. Pack 112 hopes to collect

2,000 cans of food this year to help feed the hungry right here in our own communities. Thanks to the efforts of Scouts and thousands of parents and volunteers, many people who would otherwise go hungry have food for the holidays.

As a part of the Mission Peak District of the San Francisco Bay Area Council, which encompasses the City of San Francisco and the County of Alameda, Pack 112 is sponsored by Niles Congregational

Church and has been serving the Niles community for over 24 years.

Look for a Scouting for Food flyer on your door beginning November 14. It will have information about the types of food Scouts are collecting. Please place your food donations in a recycled bag or box and put it outside in view of the street by 9 a.m. on Saturday, November 21, to be picked up by the Scouts.

## Volunteer tax preparers

**SUBMITTED BY GREG FREED**

United Way of the Bay Area’s Earn It! Keep It! Save It! program is seeking volunteer tax preparers, interpreters and greeters to help staff Volunteer Income Tax Assistance (VITA) sites throughout the Bay Area during the 2016 tax season. With the support of trained, IRS-certified volunteer tax preparers, VITA sites provide free tax preparation to individuals and families earning less than \$54,000 per year. More than 100 VITA sites operate as part of the Earn It! Keep It! Save It! coalition of 200+ free tax sites throughout the seven Bay Area counties, including AARP and Tax-Aid.

Last year, 3,000-plus Earn It! Keep It! Save It! volunteers helped file more than 74,000 federal and state tax returns, bringing over \$80 million in federal tax refunds back to the local community. Since 2003, volunteers have

brought back \$575 million in refunds to Bay Area households—an estimated 80 percent of which isspent locally.

Free volunteer training provided by community partners and the IRS begins in December and January. On average, novice volunteers will be required to attend three days of classroom instruction. For tax professionals or experienced volunteers, an online training and certification tool is available. Site operation hours vary, but each volunteer is asked to volunteer regularly for at least one four-hour shift per week from late January until April 15. Volunteers of all ages and backgrounds are welcome, but all volunteers need to be comfortable working with a computer. There is a special need for bilingual Spanish speakers.

Potential volunteers can learn more and register at [earnitkeepitsaveit.org/volunteer](http://earnitkeepitsaveit.org/volunteer)

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- Tightens skin
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- 4) ENTER PROMO CODE “TCVBOGO2015”
- 5) PLEASE INCLUDE YOUR CONTACT INFORMATION & YOUR BUSINESSES’ & CHARITY’S FACEBOOK AND/OR WEBSITE



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\*\*\*\* CHARITY RECEIVING FREE DELUXE Mobile App MUST BE REGISTERED 501(C)(3) \*\*\*\*

\*\*\*\* THE App PLATFORMS INCLUDED – Apple App STORE & Google Play MARKETPLACE \*\*\*\*

\*\*\*\* 24/7 SECURE Login, App Analytics, QR Code, 3 MONTHS HOSTING INCLUDED \*\*\*\*

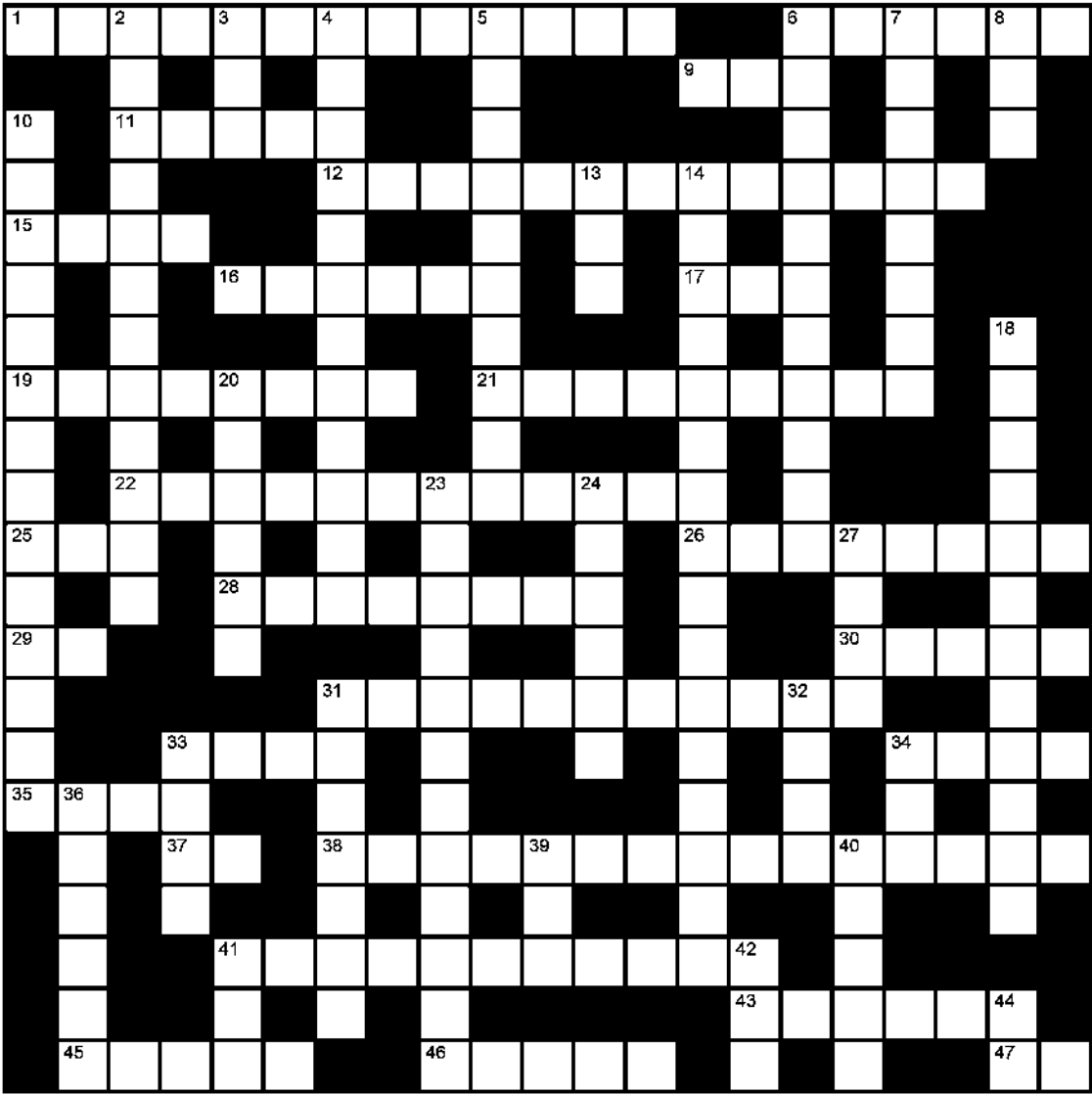
\*\*\*\* COMPLIMENTARY Offer LIMITED TO THE FIRST 100 & EXPIRES 12/31/15 \*\*\*\*



# Mind Twisters

## Crossword Puzzle

B 342



- Across

1 testing (13)

6 Relishes (6)

9 High school class (3)

11 citizen of Rome (5)

12 uneasy (13)

15 Bind (4)

16 Kind of box (6)

17 "Dear" one (3)

19 low social rank (8)

21 opposite of subtle (9)

22 manual (12)

25 A Tale of \_\_\_ Cities (3)

26 commercial enterprise (8)

28 firmness (8)

29 \_\_\_ and fro (2)

30 Come to (5)

31 queasy feeling in the stomach (11)

33 Eastern discipline (4)
- 34 a nobleman (4)

35 Do, for example (4)

37 sharp tool (2)

38 achievements (15)

41 insignificant (11)

43 unit of length (6)

45 Ill will (5)

46 Bonds (5)

47 preposition (2)
- Down

2 sweat (12)

3 male sheep (3)

4 producer (12)

5 from beginning to end (10)

6 self-conscious (11)

7 enviousness (8)

8 "Absolutely!" (3)

10 explanation (14)

13 repair (3)

14 accountabilities (16)

18 grocery store (12)

20 Back up (6)

23 building (12)

24 Leftovers (6)

27 put into service (4)

31 Mad (7)

32 every single one (4)

33 "Awright!" (4)

34 Conk out (3)

36 Some are vital (6)

39 Kind of shot (3)

40 contest (5)

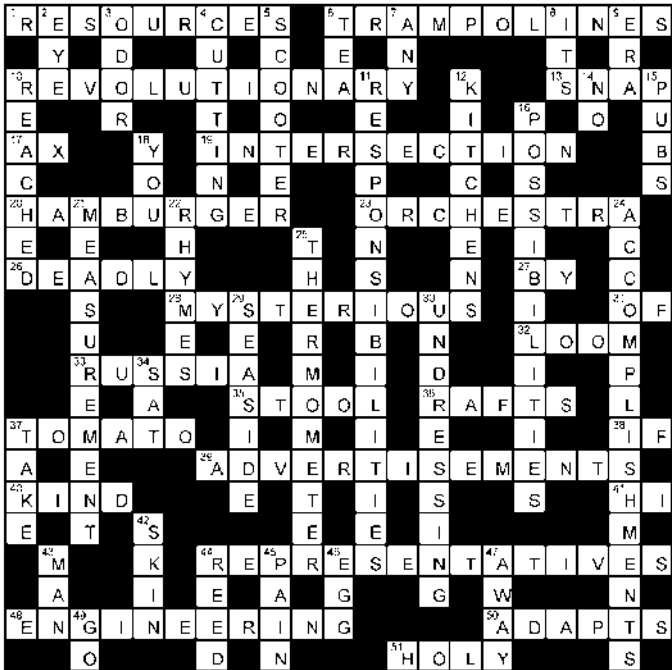
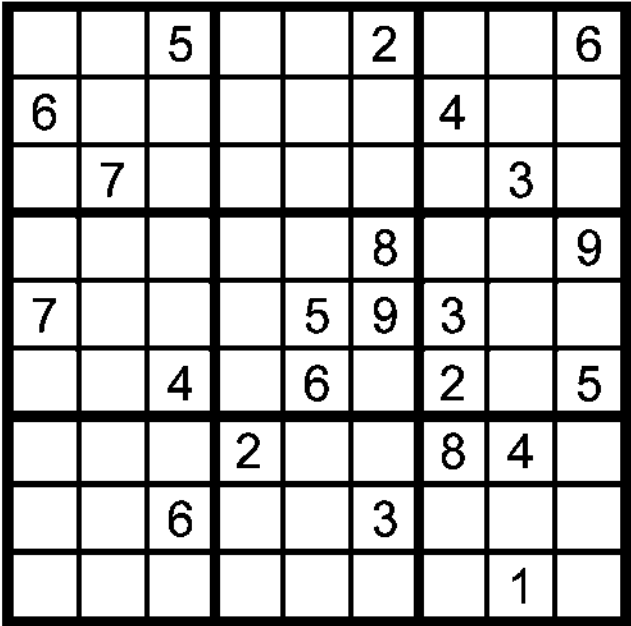
41 became acquainted with (3)

42 to rest or lie (3)

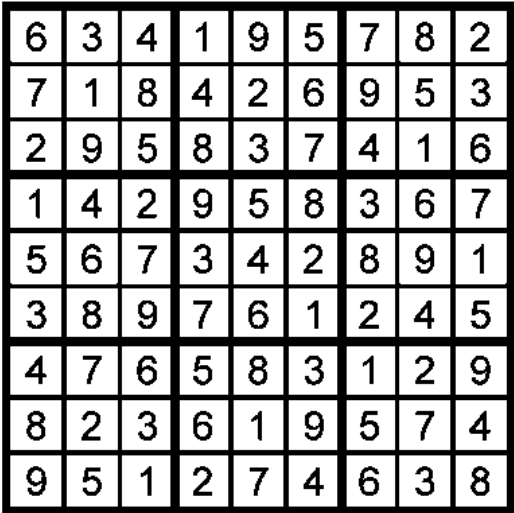
44 adverb (2)

## Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 3415



## Tri-City Stargazer NOVEMBER 18 - NOVEMBER 24, 2015 By VIVIAN CAROL

For All Signs: The Saturn-Neptune square affects us on a personal level. It isn't just about the world at large (see previous articles). There are those who have lied to themselves about reality who will find their denial tactics must come to an abrupt end. Something will be standing in the mirror that represents a cracked illusion. You can no longer tell yourself that things will be all right - that this can't happen to you. Almost everyone is in denial about something. In the Western world, this is one of our favorite self-defense tactics. However, we are probably not lost forever. The solution is evident within the problem. It is recognizable because it involves effort, work and ongoing attention. Those are Saturn's requirements to extricate ourselves from the mire of difficulty. So we must shore ourselves up and do what is necessary to eliminate this problem.

**Aries the Ram (March 21-April 20):** The rules of law, justice, and all bodies of authority seem to be demanding more than their fair share of you. What you feel may be exaggerated, but it is clear that something is wrong. It is possible that you may be the victim of false rumors or gossip. Now is the time you may have to pay for any shirked responsibilities of the past.

**Taurus the Bull (April 21-May 20):** Problems may reveal themselves via any of the following areas: resources that you share with others (partner's income, investments, IRS); issues concerning your estate and/or inheritance; debtors that won't pay; or debts that you owe. Meanwhile some of those whom you have called friends seem to evaporate.

**Gemini the Twins (May 21-June 20):** There are issues in your partnership that require attention. Perhaps your partner has a loss in his/her family, and this requires you to take on more responsibility than is the norm. You must be the strong one now. This kind of issue can generate questions about your level of commitment. If the relationship is good, it will survive and become stronger.

**Cancer the Crab (June 21-July 21):** Your faith will be tested in any number of situations over the next few months. Saturn is demanding that you have all your details, files and requirements in order. It could be called the "reality police." Your physical strength may be undermined by a long-term condition that heretofore has not shown its face. It will require effort, work and attention to control and repair it.

**Leo the Lion (July 22-August 22):** Realities may be turning up in your romance, creative life, and relationships to children. It is possible that you are reaching the limits of your ability to manage things alone. In some way that may not be clear, you are actually losing valuable resources. Partner may not be able to contribute his/her share. This could be simply inflation, or wherever you keep your savings is being charged unfairly. Check your account(s) for deceptive practices.

**Virgo the Virgin (August 23-September 22):** Demands from family on your time and energy is eroding your primary relationship. Or perhaps it has been slowly degrading over time, and now you are forced to recognize the problem. If you want to re-

solve this issue, more work, effort, and ongoing attention has promise of correcting the issue.

**Libra the Scales (September 23-October 22):** The circle of your environment is becoming smaller, perhaps because your physical body can no longer keep up the pace. Give attention to exercise and better sleep, or eliminate addictive patterns that may be draining your energy. Use discernment about whether you are taking over problems that don't belong to you. Don't give away your energy on other people's issues.

**Scorpio the Scorpion (October 23-November 21):** You have needed to keep your financial belt pretty tight for well over a year. It is possible that you fantasized that some kind of help from another source would rescue you. Unfortunately, it is probably not true from now through 2016. You are realizing the illusion of what we call security. You need a paycheck of your own.

**Sagittarius the Archer (November 22-December 21):** Any relationship that could be identified as codependent is showing itself in full clarity now. You may be the one who has rescued ad nau-

seum, and now you no longer have the emotional energy to continue. Your sense of future direction may feel fuzzy and without structure. Yet you must give it some kind of form in order to proceed.

**Capricorn the Goat (December 22-January 19):** You know in your heart that you have come almost to the end of a career cycle. You need to break free and get some rest before you tackle the next big project. But it's scary out there and of course, you need to earn a living. Give special attention to your vision and also your hearing. Don't allow symptoms to go on without a thorough check.

**Aquarius the Water Bearer (January 20-February 18):** Financial resources may be drained.

Don't go into debt by not giving attention to your checking account. If you see this developing, stop and make a solid plan for how you are going to pay for what is needed. You may be taking on someone else's financial problem. Be aware of the cost to you for doing this.

**Pisces the Fish (February 19-March 20):** The mask you wear out in the world has been fading. You have sustained a blow to your ego. Maybe you have defined yourself by your occupation or status in the world, and the sand under your feet is being sucked out from under you. Don't waste time in paralysis. Saturn's requirement is that you reconstruct and recommit to your direction.

Are you interested in a personal horoscope?  
Vivian Carol may be reached at (704) 366-3777  
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Gas Service Representative  
HAYWARD RESIDENT

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**Together, we are working to enhance pipeline safety and strengthen our gas and electric infrastructure—for your family and ours.**

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## SUPPORT FOR ALZHEIMER'S DISEASE AND FAMILY CAREGIVERS

November is National Alzheimer's Disease Awareness Month and National Caregiver Month. Learn more about Alzheimer's disease and how you can help those in your community who care for loved ones with Alzheimer's.

### About Alzheimer's Disease

The National Institute on Aging (NIA) defines Alzheimer's as "an irreversible, progressive brain disease that slowly destroys memory and thinking skills, and eventually even the ability to carry out the simplest tasks." It is the leading cause of dementia, which the NIA describes as "loss of cognitive thinking, remembering, and reasoning – and behavioral abilities, to such an extent that it interferes with a person's life and activities."

According to recent statistics, Alzheimer's disease affects more than 44 million people around the world, including one in every nine Americans over age 65 and a third of those over age 85. It is the sixth leading cause of death in the United States, with more casualties than breast and prostate cancer combined. And, unlike almost any other disease, it cannot yet be slowed, cured, or prevented.

### Supporting Alzheimer's Caregivers

The Alzheimer's Association reports that more than 15 million people in the United States currently care for people with Alzheimer's disease. These caregivers face special challenges; as the disease progresses, those with Alzheimer's may experience aggression, confusion, depression, hallucinations, and suspicion for those around them.

If someone in your family or community is diagnosed with Alzheimer's, reach out to loved ones following a diagnosis to let them know that you are available to help. One of the biggest obstacles experienced by Alzheimer's patients and their families is a loss of community connections because of negative stigmas against the disease. It's therefore especially valuable for them to feel supported.

A number of resources are available to help Alzheimer's caregivers and their supporters. Visit [alz.org/care](http://alz.org/care) for more information.



If someone you know cares for a loved one with Alzheimer's, showing your support can be especially valuable.



## 2015 MUTT STRUT SUPPORTS PUBLIC SCHOOLS

On Saturday, Oct. 17, families – and more than 70 dogs – from throughout the Bay Area came to the Masonic Homes for the New Haven Schools Foundation's annual Mutt Strut. This fun annual event, for which the Masonic Homes is a "Top Dog Sponsor," raised \$5,500 for the New Haven Schools Foundation's support of local public schools. View more photos at: [facebook.com/newhavenschoolsfoundation](https://facebook.com/newhavenschoolsfoundation)

## MASONIC HOMES OPENS NEW SHORT-TERM REHAB UNIT

The Masonic Homes is pleased to announce the opening of its new, on-campus, short-term rehab unit. Transitions at the Masonic Homes provides specialized care for cardiac, orthopedic, stroke, and neurological rehabilitation. Patients enjoy private rooms and premium amenities, including state-of-the-art gym equipment, restaurant-style dining, concierge service, and a high staff-to-patient ratio. This quality, elegant environment allows patients to heal quickly and comfortably.



The 2015 Mutt Strut raised \$5,500 for the New Haven Schools Foundation.

## SAVE THE DATE: 15<sup>TH</sup> ANNUAL TREE LIGHTING

The Masonic Homes and Acacia Creek Retirement Community invite members of the Tri-City Community to "save the date" for their 15th annual tree lighting festivities, which will take place at the Masonic Homes on Dec. 3 at 5:00 p.m. This fun, family-oriented event will include light refreshments, visits and photos with Santa, live entertainment, and more. There is no charge to attend the festivities, but families are encouraged to bring a new toy donation for Toys for Tots.

Each year, the eldest resident of the Masonic Homes community lights the Christmas tree during the tree lighting festivities. This year, resident Mary Schwartz, who is 107 years old, will illuminate the tree.



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\$ = Entrance or Activity Fee  
R= Reservations Required  
Schedules are subject to change.  
Call to confirm activities shown in these listings.



## CONTINUING EVENTS

**Thursday, Friday & Saturday, Sep 24 thru Nov 20**

### Holiday Show

10 a.m. - 4 p.m.  
Hayward Arts Council exhibit  
Foothill Arts of the Bay  
22394 Foothill Blvd., Hayward  
(510) 538-2787  
www.haywardarts.org

**Monday, Tuesday & Thursday, Sep 24 thru Dec 31**

### Wildlife Beyond Borders Exhibit

Mon: 5 p.m. - 10 p.m.  
Tues & Thurs: 10 a.m. - 1 p.m.  
Animal photography display  
Reception with live animals Saturday, Sept 26 from 1 p.m. - 4 p.m.  
PhotoCentral  
1099 E St., Hayward  
(510) 881-6721  
http://www.photocentral

**Monday, Sept 28 - Friday, Nov 20**

### A.R.T. Members Fall Exhibit

8 a.m. - 5 p.m.  
Variety of art mediums on display  
John O'Lague Galleria  
777 B Street, Hayward  
(510) 538-2787  
www.haywardarts.org

**Friday, Oct 3 - Sunday, Jan 10**

### Views of Nature

10 a.m. - 5 p.m.  
Wildlife photography and art by Baz-zani and Preston  
Hayward Shoreline Interpretive Center  
4901 Breakwater Ave., Hayward  
(510) 670-7270  
www.haywardrec.org

**Tuesdays, Oct 6 thru Dec 1**

### Booklegger Training

9:15 a.m. - 11:45 a.m.  
Volunteers read aloud to school children  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1421  
www.aclibrary.org

**Thursday, Friday & Saturday, Oct 10 thru Nov 21**

### Juried Art Exhibit

11 a.m. - 3 p.m.  
Wide range of pieces and mediums  
Adobe Art Center  
20395 San Miguel Ave., Castro Valley  
(510) 881-6735  
www.adobegallery.org

**Thursday, Oct 23 - Sunday, Nov 21**

### Members Juried Show

12 noon - 5 p.m.  
Variety of mixed media on display  
Artist reception Friday, Oct. 23 from 7 p.m. - 9 p.m.  
Olive Hyde Art Gallery  
123 Washington Blvd., Fremont  
(510) 791-4357  
www.olivehydeartguild.org

**Tuesdays, Oct 27 - Dec 29**

### Lectio Divina - Prepare to Live the Sunday Gospel

7:15 p.m. - 8:30 p.m.  
Practice reading scripture to enlighten your soul  
Dominican Sisters of Mission San Jose  
43326 Mission Blvd., Fremont  
(510) 933-6335  
www.msjdominicans.org

**Thursdays, Oct 29 - Nov 19**

Thomas Merton Spiritual Master Book Club Series - R  
3:00 p.m. - 4:30 p.m.  
Examine the spiritual journey  
Dominican Sisters of Mission San Jose  
43326 Mission Blvd., Fremont  
(510) 933-6360  
http://bit.ly/MertonBook1

## Arts & Entertainment

**Saturdays, Oct 31-Dec 19**

### Bridges to Jobs

9:30 a.m. - 11:30 a.m.  
Job interview training class  
Centerville Presbyterian Church  
4360 Central Ave., Fremont  
(510) 299-2223  
http://bridgestojobs.org

**Sunday, Nov 1 - Saturday, Nov 29**

### Boulevard Artist Show Display

5 a.m. - 9 p.m.  
Watercolors, pen and ink, acrylics and collage pieces  
Artist reception Sunday, Nov 8 at 3 p.m.  
Mission Coffee Roasting House  
151 Washington Blvd., Fremont  
(510) 474-1004  
www.fremontcoffee.com

**Tuesdays, Nov 3 thru Nov 24**

### Tuesday Painters

11 a.m. - 3 p.m.  
Art classes in a variety of mediums  
Fremont Art Association  
37697 Niles Blvd., Fremont  
(510) 792-0905  
www.FremontArtAssociaion.org

**Thursday, Nov 5 - Sunday, Nov 29**

### Love's Labour's Lost \$

Thurs - Sat: 8 p.m.  
Sat & Sun: 2 p.m.  
Musical comedy based on Shakespeare's play  
Douglas Morrison Theatre  
22311 N Third St., Hayward  
(510) 881-6777  
www.dmtonline.org



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Bonde Way at Fremont Blvd.,  
Fremont  
(510) 909-2067  
www.fremontfarmersmarket.com

Downtown Fremont  
Farmers' Market

Wednesdays

3 p.m. - 7 p.m.

May thru October  
Capital Ave. between Liberty St.  
and State St.  
www.westcoastfarmersmarkets.org

Kaiser Permanente Fremont  
Farmers' Market

Thursdays

10 a.m. - 2 p.m.

Year-round  
39400 Paseo Padre Pkwy.,  
Fremont  
800-949-FARM  
www.pcfma.com

Irvington Farmers' Market

Sundays

9 a.m. - 2 p.m.

Year-round  
Bay Street and Trimboli Way,  
Fremont  
800-949-FARM  
www.pcfma.com

Niles Farmer's Market

Saturdays

9 a.m. - 2 p.m.

Year-round  
Niles Town Plaza  
37592 Niles Blvd., Fremont  
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market

Saturdays

9 a.m. - 1 p.m.

Year-round  
Hayward City Plaza  
777 B. St., Hayward  
1-800-897-FARM  
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays

9 a.m. - 3 p.m.

Year-round  
W. Tennyson Rd. between Tyrell  
Ave. and Tampa Ave., Hayward  
(510) 783-9377  
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente  
San Leandro

Wednesday

10 a.m. - 2 p.m.

June 11, 2014 to  
December 31, 2014  
2500 Merced St, San Leandro  
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at  
ICC

Sundays

8 a.m. - 1 p.m.

Year-round  
India Community Center  
525 Los Coches St.  
800-949-FARM  
www.pcfma.com

NEWARK:

Newark Farmers' Market

Sundays

9 a.m. - 1 p.m.

Year-round  
NewPark Mall  
2086 NewPark Mall, Newark  
1-800-897-FARM  
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round  
Fairmont and East 14th St., San  
Leandro  
(925) 465-4690  
www.cafarmersmkt.com

UNION CITY:

Kaiser Permanente Union  
City Farmers' Market

Tuesdays

10 a.m. - 2 p.m.

Year-round  
Kaiser Permanente Medical  
Offices  
3553 Whipple Rd., Union City  
800-949-FARM  
www.pcfma.com

Union City Farmers' Market

Saturdays

9 a.m. - 1 p.m.

Year-round  
Old Alvarado Park  
Smith and Watkins Streets,  
Union City  
800-949-FARM  
www.pcfma.com

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RCFE 015601302 PCOA #246

Thursday, Nov 6 - Saturday,  
Nov 21

One Flew Over the Cuckoo's  
Nest \$

8 p.m.

Mental institution patients take on op-  
pressive head nurse

Smith Center  
43600 Mission Blvd., Fremont  
(510) 659-6031  
www.smithcenter.com

Friday, Nov 13 - Saturday,  
Nov 21

A Little Princess \$

Fri: 7:00 p.m.

Sat: 2:30 p.m. & 7:00 p.m.

Musical production about a young  
woman's misfortune

Sal Cracolice Building  
540 S. Able St, Milpitas  
(408) 707-7158  
www.centerstageepa.org

Friday, Nov 13 - Sunday,  
Nov 22

The Diary of Anne Frank \$

Fri - Sat: 7 p.m.

Sun: 2 p.m.

Dramatic play about a Jewish girl hid-  
ing from Nazis

Moreau Catholic High School  
27170 Mission Blvd., Hayward  
(510) 582-1910  
www.moreaucatholic.org/mariner  
mall

Thursday, Nov 13 - Sunday,  
Dec 19

Greetings \$

Thurs - Sat: 8:00 p.m.

Sun: 12:15 p.m.

Heartwarming holiday play about  
family

Broadway West Theatre  
Company  
400-B Bay St., Fremont  
(510) 683-9218  
www.broadwaywest.org

Tuesday, Nov 17 thru Thurs-  
day, Dec 24

Santa Claus \$

11 a.m. - 8 p.m.

Children visit Santa and take pictures

NewPark Mall  
2086 Newpark Mall, Newark  
(510) 793-5683  
www.newparkmall.com

Wednesday, Nov 18

Red Kettle Campaign Kickoff

4:30 p.m. - 5:30 p.m.

Celebrity bell ringers, music and refresh-  
ments

Lucky Supermarket  
5000 Mowry Ave., Fremont  
(510) 793-6319  
David.JS.Kim@usw.salvation-  
army.org

Wednesday, Nov 18

Hayward Chamber Mixer and  
Food Drive

5 p.m. - 7 p.m.

Business person, Police officer, Fire-  
fighter and Educator of the year awards

Bring canned food and receive a raffle  
ticket

Hayward Area Historical Society  
Museum  
22380 Foothill Blvd., Hayward  
(501) 581-0223  
www.haywardareahistory.org

Thursday, Nov 19

East Bay Stompers Band

7 p.m. - 9 p.m.

Dixie, swing & standards music

Bronco Billy's Pizza  
41200 Blacow Road, Fremont  
(510) 438-0121

Thursday, Nov 19

Kid's Club

11 a.m.

Entertainment and prizes for children 5  
and under

NewPark Mall  
2086 Newpark Mall, Newark  
(510) 793-5683  
www.newparkmall.com

Friday, Nov 19

Community Financial Resource  
Assistance - R

6 p.m. - 7 p.m.

Income, savings and debt management  
help

Fremont Family Resource Center  
39155 Liberty St. (at Capitol),  
Fremont  
(510) 574-2020  
www.sparkpointcenters.org

Church of  
Christ  
of Fremont

4300 Hansen Ave.  
Fremont

510-797-3695

www.fremontchurchofchrist.org

Whoever Drinks Of The Water  
That I Will Give Him  
Shall Never Thirst; But The Water  
That I Will Give Him  
Will Become In Him

A Well Of Water Springing Up  
To Eternal Life  
John 4:14

AA Meetings Every Tues  
and Thurs Evenings

7:30-9:30pm

In Spanish

In the Fellowship Hall

Services

Sunday: 10:45am  
and 6pm

Wednesday: 7:30pm

THIS WEEK

Tuesday, Nov 17

Global Presenters - Peace Corp  
Volunteers

11:15 a.m. - 12 noon

Discuss life in various regions of the  
world

Hayward Area Senior Center  
22325 North Third St., Hayward  
(510) 881-6766  
www.haywardrec.org

Wednesday, Nov 18

Caring for a Loved One with  
Dementia - R

10 a.m. - 12 noon

Tips and strategies for family caregivers

Fremont Senior Center  
40086 Paseo Padre Parkway,  
Fremont  
(510) 790-6600



**BRONCO BILLY'S**



**PIZZA PALACE**

*Superior Pizza made fresh daily from the finest premium ingredients. Specially blended sauces, homemade hand spun dough.*

M, T, W, Th, Sun 11am-10pm  
Fri & Sat. 11am -11pm

Expires 11/30/15

**ANY X-LARGE PIZZA \$3 OFF**  
**ANY LARGE PIZZA \$2 OFF**  
**ANY MEDIUM PIZZA \$1 OFF**

**510-727-0532**

Dine In - Take Out - Delivery (Limited Area & Time)

**26775 Hayward Blvd. Hayward**

Present Coupon When Ordering. Mobile Coupons Not Accepted  
Offers Cannot be Combines.

**FREE Adult Reading and Writing Classes** are offered at  
the Alameda County Library  
**Tell A Friend** Call Rachel Parra 510 745-1480

Join us in our  
*Thanksgiving Day Service*  
**Thursday, November 26**  
**10am**  
Child Care Provided  
A light refreshment will be served  
after the service



*Happy Thanksgiving*  
**Christian Science Church**  
(510) 656-8161  
1351 Driscoll Road, Fremont  
<http://fccsf.hypermart.net/church/index.html>

## BOOKMOBILE SCHEDULE

**Alameda County  
Renew books by phone  
(510) 790-8096  
For more information  
about the Bookmobile call  
(510) 745-1477 or visit  
[www.aclibrary.org](http://www.aclibrary.org).  
Times & Stops subject to change**

10:25 – 10:55 Daycare Center  
Visit, UNION CITY  
1:45 – 2:45 Delaine Eastin  
School, 34901 Eastin Dr.,  
UNION CITY  
4:15 – 4:45 Contempo Homes,  
4190 Gemini Dr.,  
UNION CITY  
5:15 – 6:45 Forest Park School,  
Deep Creek Rd. & Maybird Cir.,  
FREMONT

**Tuesday, Nov 17**  
 9:45– 10:15 Daycare Center Visit  
 – FREMONT  
 10:45 – 11:15 Daycare Center  
 Visit – FREMONT  
 2:15 – 2:45 Daycare Center Visit  
 - NEWARK  
 4:30 – 5:20 Weibel School,  
 45135 South Grimmer Blvd.,  
 FREMONT  
 5:50 – 6:40 Booster Park, Gable  
 Dr. & McDuff Ave., FREMONT

**Tuesday, Nov 24**  
 9:45 – 11:30 Daycare Center  
 Visit – FREMONT  
 2:30 – 3:25 Cabrillo School,  
 36700 San Pedro Dr.,  
 FREMONT  
 4:45 – 5:30 Baywood Apts.,  
 4275 Bay St., FREMONT  
 5:50 – 6:30 Jerome Ave. and  
 Ohlones St., FREMONT

**Wednesday, Nov 18**  
 12:45 – 2:15 Glenmoor School,  
 4620 Mattos Drive, FREMONT  
 2:45 – 3:45 Mission Hills Middle  
 School, 250 Tamarack Dr.,  
 UNION CITY  
 4:00 – 4:30 Purple Lotus  
 Buddhist School, UNION CITY  
 6:00 – 6:30 Camellia Dr. &  
 Camellia Ct., FREMONT

**Wednesday, Nov 25**  
 1:00 – 2:00 Del Rey School,  
 Via Mesa at Via Julia,  
 SAN LORENZO  
 2:30 – 3:00 Eden House Apts.,  
 1601 165th Ave.,  
 SAN LEANDRO  
 3:30 – 4:00 Baywood Ct., 21966  
 Dolores St., CASTRO VALLEY  
 6:00 – 6:30 Camellia Dr., &  
 Camellia Ct., FREMONT

**Thursday, Nov 19**  
 10:00 – 10:30 Daycare Center  
 Visit, CASTRO VALLEY  
 10:45 – 11:45 Daycare Center  
 Visit, CASTRO VALLEY  
 1:20 – 1:50 Daycare Center Visit,  
 HAYWARD  
 2:15 – 3:15 Cherryland School,  
 585 Willow Ave., HAYWARD

**Milpitas Bookmobile stops**  
**Renew books by phone**  
**(800) 471-0991**  
**For more information**  
**(408) 293-2326 x3060**

**Wednesday, Nov 25**  
1:45 – 3:00 Foothill School,  
1991 Landess Ave., MILPITAS  
3:15-3:45 Friendly Village Park,  
120 Dixon Landing Rd.,  
MILPITAS

**Monday, Nov 23**  
9:30 – 10:05 Daycare Center  
Visit, UNION CITY

**Thursday, Nov 19**  
**Drop-In Computer Help**  
 3 p.m. - 5 p.m.  
*Internet, Microsoft Word, Excel and  
 PowerPoint assistance*  
 Newark Branch Library  
 6300 Civic Terrace Ave., Newark  
 (510) 284-0677

**Thursday, Nov 19**  
**Dealing with the Holiday Blues**  
**– R**  
 10:15 a.m. - 11:45 a.m.  
*Focus on lifting the spirit*  
 Fremont Senior Center  
 40086 Paseo Padre Parkway,  
 Fremont  
 (510) 790-6600

**Thursday, Nov 19**  
**Fatherhood 101 – R**  
 5:30 p.m. - 8:00 p.m.  
*Movie screening and panel discussion*  
 Glad Tidings Church  
 1027 West Tennyson Rd,  
 Hayward  
 (510) 259-3475  
<https://101fatherhood-eventbrite.com>

**Thursday, Nov 19**  
**Feed Your Soul**  
 7 p.m. - 9 p.m.  
*Live music and canned food drive*  
 Benefit for Abode Services  
 Mission Coffee Roasting House  
 151 Washington Blvd., Fremont  
 (510) 657-7409 x220  
[rbaeza@abodeservices.org](mailto:rbaeza@abodeservices.org)

**Friday, Nov 20**  
**How to Get to Fremont from Fremont \$R**  
 11:45 a.m. - 2:00 p.m.  
*Transportation forum and lunch*  
 Bay Area Traffic Solutions  
 44800 Industrial Dr., Fremont  
 (510) 657-2543  
[www.fremontbusiness.com](http://www.fremontbusiness.com)

**Friday, Nov 20**  
**Potterfest – R**  
 6 p.m. - 9 p.m.  
*Wizarding games and magical crafts*  
 Grades 7 – 12  
 Hayward Weekes Branch Library  
 27300 Patrick Ave., Hayward  
 (510) 881-7946  
<http://tinyurl.com/potterfest-hpl>

**Friday, Nov 20**  
**Senior Citizens Thanksgiving Dinner**  
5:30 p.m.  
*Turkey dinner, music and dancing*  
Ruggieri Senior Center  
33997 Alvarado Niles Rd.,  
Union City  
(510) 675-05495  
[www.unioncity.org](http://www.unioncity.org)

**Friday, Nov 20**  
**Jon Nakamatsu in Recital \$**  
 8 p.m.  
*Elegant and electrifying piano works*  
 Prince of Peace School  
 38451 Fremont Blvd., Fremont  
 (510) 371-4859  
[www.fremntsymphony.org](http://www.fremntsymphony.org)

**Friday, Nov 20 - Saturday,  
Nov 21**

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**Estate and Yard Sale**

9 a.m. - 4 p.m.

*Antiques, furniture, and home building  
supplies*

Acacia Masonic Lodge  
1074 B Street, Hayward  
(510) 441-3760  
[www.acaciacreeksale.org](http://www.acaciacreeksale.org)

**Friday, Nov 20**  
**Korla Pandit \$**  
 7:30 p.m.  
*Documentary about the Indian Libera-*  
*ce*  
 Niles Essanay Theater  
 37417 Niles Blvd, Fremont  
 (510) 494-1411  
[www.nilesfilmmuseum.org](http://www.nilesfilmmuseum.org)

**Friday, Nov 20**  
**Coffee with a Cop**  
 9 a.m. - 11 a.m.  
*Chat with Hayward Police Officers*  
 Don Poloron Bakery  
 669 W. Tennyson Rd., Hayward  
 (510) 293-1043  
[mary.fabian@hayward-ca.gov](mailto:mary.fabian@hayward-ca.gov)

**Saturday, Nov 21**  
**Ohlone Village Site Tour**  
 10 a.m. - 12 noon  
*Tour shade structure, pit house and sweat house*  
 Coyote Hills Regional Park  
 8000 Patterson Ranch Rd.,  
 Fremont  
 (510) 544-3220  
[www.ebparks.org](http://www.ebparks.org)

**Saturday, Nov 21**  
**Rope Making and Hay Hoisting**  
 \$  
 1:30 p.m. - 2:30 p.m.  
*Use antique pulleys to hoist hay*  
 Ardenwood Historic Farm  
 34600 Ardenwood Blvd.,  
 Fremont  
 (510) 544-2797  
[www.ebparks.org](http://www.ebparks.org)

**Saturday, Nov 21**  
**Children with Developmental  
 Delays Playgroup**  
 10:30 a.m.  
*Tactile and sensory toys provided for play  
 and socialization*  
 Fremont Main Library  
 2400 Stevenson Blvd., Fremont  
 (510) 745-1400  
[www.aclibrary.org](http://www.aclibrary.org)

**Saturday, Nov 21**  
**Grand Opening Party and  
Open House**  
12 noon - 7 p.m.  
*Prizes, snacks and games*  
BJ Travel Center  
4075 Papazian Way, Fremont  
(510) 796-8300  
melissa@bjtravelfremont.com  
www.bjtravelfremont.com

**Saturday, Nov 21**  
**International Game Day**  
 1 p.m. - 3 p.m.  
*Board and card games for children and families*  
 Fremont Main Library  
 2400 Stevenson Blvd., Fremont  
 (510) 745-1400  
[www.aclibrary.org](http://www.aclibrary.org)

**Saturday, Nov 21**  
**Images De Paris \$**  
 7:15 p.m.  
*French romantic and impressionistic music*  
 Music at the Mission  
 43300 Mission Blvd., Fremont  
 (510) 402-1724  
[www.musicatmsj.org](http://www.musicatmsj.org)

**Saturday, Nov 21**  
**Book Leaf Wreath Craft**  
 11:00 a.m. - 12:30 p.m.  
*Create a holiday craft*  
*Bring a wire coat hanger*  
 Hayward Main Library  
 835 C St., Hayward  
 (510) 881-7980  
<http://www.library.hayward-ca.gov/>

# Turkey Swim

honors Karen M. Gordin

Put your swimming caps on and take part in Hayward Plunge's annual "Karen M. Gordin Turkey Swim" on Thursday, November 26. The annual event honors Karen M. Gordin, a former lifeguard and swim instructor at Hayward Plunge, who was tragically killed November 2001 in a car accident that occurred on her birthday while she was on her way to work.

According to Cody George, Recreation Coordinator at Hayward Area Recreation and Park District (HARD), Karen was an important member of HARD and worked for the District for about four years. “At the bright age of 19, Karen embodied all the qualities some of us could only dream of having. Karen could be described as kind, responsible, diligent, sweet, thoughtful, helpful, compassionate, dependable and mature. Most of all, she was the person who always had a smile on her face... Karen was an amazing person, staff member and friend.”

The event is hosted in her memory to raise funds for the Karen M. Gordin Foundation, which awards scholarships along with HARD. To date they have awarded 26 scholarships, and the Foundation has also provides scholarships for low-income families for the Learn to Swim program at HARD. For more information, call (510) 881-6703.



**Karen M. Gordin Turkey Swim**  
**Thursday, Nov 26**  
**8 a.m. - 10 a.m.**  
**Hayward Plunge**  
**24176 Mission Blvd, Hayward**  
**(510) 881-6703**  
**[www.haywardrec.org](http://www.haywardrec.org)**  
**Donation: \$4**

## Eden Health District and Davis Street partnership

**SUBMITTED BY**  
**JONNIE BANKS**

Two local healthcare agencies, Eden Township Healthcare District (ETHD) and Davis Street Family Resource Center (DSFRC), joined forces to provide enhanced medical services. The missions of the two non-profit entities are closely aligned and proved to be the impetus for

the ultimate formation of the partnership.

"Davis Street approached the District about a partnership in the federally qualified health center, and we thought it was a natural progression of our 20-year relationship," said Dev Mahadevan, ETHD CEO. "

Benefits of the enhanced services to be provided by the DSFRC Clinic include expanded medical and preventive health-re-

lated services to the communities both agencies serve. Two service areas highlighted for expansion through the partnership are a Diabetic Management Program and the Community Behavioral Health Program.


The current agreement will be in effect through November 30, 2016 and will automatically renew for an additional year for four additional one-year terms.



Find Out

What's Happening

At the

NEWARK

CHAMBER OF COMMERCE

Join us for this highly enlightening and informative presentation on Nov. 19th

Healthcare - What Now?

Trends-Challenges-Innovation

Thursday, November 19, 2015

DoubleTree by Hilton

39900 Balentine Dr., Newark

The challenges facing the US health care system are substantial and immense. Innovation in all aspects of health care is responding rapidly and changing the landscape. Gain insight into major scientific, technological, consumer and social trends that will, in the near future, allow for some very dramatic change in the concept of health care delivery. What will this mean to you?

THE PROGRAM:

Includes a presentation and panel discussion by a group of area industry experts.

Our Keynote Speaker:

**Tom Hanenburg, Sr. VP/Area Manager**  
**Kaiser Permanente Alameda County**

Mr. Hanenburg has oversight of two medical centers in Alameda County and associated medical office and ambulatory centers in Hayward and Union City, managing a \$2 billion budget, and the delivery of healthcare services to 320,000 covered lives

11:45am - Noon - Check in/networking

Noon - Luncheon/ NEW Exciting Announcements


12:40pm-1:00pm Keynote Presentation

1:00pm - 1:30pm Panel Discussion/Q & A


YOU MAY RESERVE YOUR SEAT(S) or TABLE & PURCHASE TICKETS FOR THIS LUNCHEON by calling 510-744-1000 or downloading the reservation form at [www.newark-chamber.net](http://www.newark-chamber.net).

Sponsorships include various levels of advertising & promotion.

I need a Forever Home



Bean is an affectionate senior kitty who was brought to the shelter after his guardian passed. Finding himself at the shelter after living years in a loving home is very confusing for him and he's hoping to go home with a loving family soon. Bean is used to living with other cats, is friendly and seeks attention. Meet Bean at the Hayward Animal Shelter. Info: (510) 293-7200.



Winston, a young bunny, can be a bit shy at first but he warms up quickly. He's quiet and likes to nibble timothy hay and make himself comfortable on soft blankets or in hay. He is bonded to his identical twin brother, Freddy, who is also very sweet. Meet Winston and his brother Freddy at the Hayward Animal Shelter. Info: (510) 293-7200.

Enrich Your Life - Become a Volunteer!

Hayward Animal Shelter

[www.facebook.com/haywardanimalshelter](http://www.facebook.com/haywardanimalshelter)  
510-293-7200

16 Barnes Court (Near Soto & Jackson) Hayward  
Tuesday - Saturday 1pm - 5pm

21st Annual Holiday Boutique

November 21st, 2015

9:00am—3:00pm

Come on down & join us.

It's a great way to get your holiday shopping started "the fun way"

You never know what you may find.

We have a little something for everyone.

30+ Vendor tables

Bake Sale

Snack Bar

Drawings

And... we cant forget the purple pig table.

If you have some "unwanted treasures" you have cleaned out of the closets/garage—please donate them & we will find a new home for them.

Also... if you would like to help—

We are looking for donations of baked goods for our Bake Sale!

If you have any questions—please feel free to contact Rhonda Mello 510-828-9685.

3899I Farwell Drive, Fremont

(Elks Lodge)

**Saturday, Nov 21**  
**Sunol Stewards - Thanks to You – R**  
10 a.m. - 12 noon  
*Volunteers remove invasive plants*  
Bring gloves  
Sunol Regional Wilderness  
1895 Geary Rd., Sunol  
(510) 544-3249  
[www.ebparksonline.org](http://www.ebparksonline.org)

**Saturday, Nov 21**  
**Women on Common Ground – R**  
2:00 p.m. - 4:30 p.m.  
*Easy two mile ramble to Magpie Swale*  
Sunol Regional Wilderness  
1895 Geary Rd., Sunol  
(510) 544-3249  
[www.ebparksonline.org](http://www.ebparksonline.org)

**Saturday, Nov 21**  
**Community Service – R**  
9:30 a.m. - 12:00 noon  
*Volunteers weed and remove trash*  
SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222

**Saturday, Nov 21**  
**Family Bird Walk – R**  
2 p.m. - 4 p.m.  
*Use field guides and binoculars to search for birds*  
Ages 5 – 10  
SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222 x363  
<https://donedwardfamilybird.eventbrite.com>

**Saturday, Nov 21**  
**Twilight Marsh Walk – R**  
4:00 p.m. - 5:45 p.m.  
*Stroll the tidelands at sunset*  
*Not suitable for young children*  
SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222 x363  
<https://donedwardstwilight.eventbrite.com>

**Saturday, Nov 21**  
**Crafting in the Outdoors: Beginning Leatherwork – R**  
10 a.m. - 12 noon  
*Create a name tag from leather*  
Alviso Environmental Education Center  
1751 Grand Blvd., Alviso  
(408) 262-5513 x104  
<http://craftouteec.eventbrite.com>

**Saturday, Nov 21**  
**International Survivors of Suicide Loss Day**  
9 a.m. - 12 noon  
*Share stories of healing and hope*  
Ohlone College  
43600 Mission Blvd, Fremont  
(510) 659-6258  
[www.survivorday.org](http://www.survivorday.org)

**Saturday, Nov 21**  
**Surviving the Holidays Grief Share – R**  
9:00 a.m. - 11:30 a.m.  
*Video and daily devotions guide*  
Prince of Peace School  
38451 Fremont Blvd., Fremont  
(510) 797-3219  
[halls3@sbcglobal.net](mailto:halls3@sbcglobal.net)

**Saturday, Nov 21**  
**Eteгами for the Holidays \$**  
10 a.m. - 12 noon  
*Workshop to create watercolor and ink postcard*  
Fremont Art Association  
37697 Niles Blvd., Fremont  
(510) 792-0905  
[www.FremontArtAssociaion.org](http://www.FremontArtAssociaion.org)

**Saturday, Nov 21**  
**Technicolor Anniversary \$**  
7:30 p.m.  
*The Toll of the Sea, and Fashion News*  
Niles Essanay Theater  
37417 Niles Blvd, Fremont  
(510) 494-1411  
[www.nilesfilmmuseum.org](http://www.nilesfilmmuseum.org)

**Sunday, Nov 22**  
**Putting the Garden to Bed \$**  
1 p.m. - 2 p.m.  
*Discover the secret to building better soil*  
Ardenwood Historic Farm  
34600 Ardenwood Blvd., Fremont  
(510) 544-2797  
[www.ebparks.org](http://www.ebparks.org)

**Sunday, Nov 22**  
**Fun with Felting \$**  
2 p.m. - 3 p.m.  
*Create felt from sheep's wool*  
Ardenwood Historic Farm  
34600 Ardenwood Blvd., Fremont  
(510) 544-2797  
[www.ebparks.org](http://www.ebparks.org)

**Sunday, Nov 22**  
**Country Cranberry Sauce \$**  
11 a.m. - 12 noon  
*Make a classic Thanksgiving side dish*  
Ardenwood Historic Farm  
34600 Ardenwood Blvd., Fremont  
(510) 544-2797  
[www.ebparks.org](http://www.ebparks.org)

**Sunday, Nov 22**  
**Guided Family Stroll**  
9:00 a.m. - 10:30 a.m.  
*Docent led walk to enjoy nature*  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd., Fremont  
(510) 544-3220  
[www.ebparks.org](http://www.ebparks.org)

**Monday, Nov 23**  
**Interfaith Thanksgiving Service**  
7:30 p.m.  
*Prayers, dancing, music and refreshments*  
St. Joseph Hall  
43148 Mission Blvd., Fremont  
(510) 656-2364  
[jeff@nilesdiscoverychurch.org](mailto:jeff@nilesdiscoverychurch.org)

**Monday, Nov 23**  
**Faux Stained Glass Workshop for Tweens – R**  
2 p.m.  
*Supplies provided*  
Ages 8 – 13  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
[www.aclibrary.org](http://www.aclibrary.org)

**Tuesday, Nov 24**  
**Weekday Bird Walk**  
7:30 a.m. - 9:30 a.m.  
*Explore tranquil trails for birds*  
Ages 12+  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd., Fremont  
(510) 544-3220  
[www.ebparks.org](http://www.ebparks.org)

**Tuesday, Nov 24**  
**Thanksgiving Holiday Dinner**  
1 p.m. - 6 p.m.  
*Free dental clinic, flu shots, dinner and entertainment*  
Centerville Presbyterian Church  
4360 Central Ave., Fremont  
(510) 784-7341

**Saturday, Nov 21**  
**Wreath-Making Workshop \$R**  
10:30 a.m. - 2:00 p.m.  
*Create a craft using evergreens, fruit, and bows*  
Ardenwood Historic Farm  
34600 Ardenwood Blvd., Fremont  
(510) 544-2797  
[www.ebparks.org](http://www.ebparks.org)

**Saturday, Nov 21**  
**Wake Up the Farm \$**  
10:30 a.m. - 11:00 a.m.  
*Prepare treats for goats and sheep*  
Ardenwood Historic Farm  
34600 Ardenwood Blvd., Fremont  
(510) 544-2797  
[www.ebparks.org](http://www.ebparks.org)

**Saturday, Nov 21**  
**Pilgrim Snacks \$**  
11:30 a.m. - 1:00 p.m.  
*Create snacks using Indian corn and acorns*  
Ardenwood Historic Farm  
34600 Ardenwood Blvd., Fremont  
(510) 544-2797  
[www.ebparks.org](http://www.ebparks.org)

**Saturday, Nov 21**  
**Sunrise Photography – R**  
6:30 a.m. - 8:30 a.m.  
*Watch wildlife as the clock shifts*  
Coyote Hills Regional Park  
8000 Patterson Ranch Rd., Fremont  
(510) 544-3220  
[www.ebparks.org](http://www.ebparks.org)

Special Events

Fremont Art Association Gallery

The Absence of Sound: Landscapes by Nancy Benton

October 24 - November 8, Reception November 25, 1-4pm

Elegant Holiday Workshop by Ema Kubo

Creating a Japanese Picture Letter

November 21 or December 12, 10am-noon \$40



Fremont Art Association

37697 Niles Boulevard Fremont, CA 94536 (510)792-0905



# Poster contest

**SUBMITTED BY DENNY STEIN**

The Board and Gallery Directors of Fremont Art Association announce an exhibition celebrating the 90th anniversary of Gertrude Stein's famous haircut on January 2016 at Fremont Art Association's gallery in Niles.

The exhibition will be anchored by a display of contemporary and original artwork from the collection of Hans Gallas, a world-renowned collector of Gertrude Stein's and Alice B. Toklas' ephemera and

memorabilia. Gallas has displayed his collection across the country and the world.

You are invited to submit entries for an open poster contest to create a commemorative collectible poster. Please go to <http://tinyurl.com/oenlz8d> for prospectus and submission form. We are accepting on-line submissions only. The deadline to submit entries is on Tuesday, December 1.

Proceeds from sales of the poster will go to support Fremont Art Association. The winning artist will receive 20 percent of sales.

**Fremont Art Association Announces**  
**Gertrude Stein Shorn:**  
**An exhibition Celebrating the 90th Anniversary of Her Hair Cut**  
**January 6 - February 6, 2016**

**You are invited to submit entries for an open Poster Contest to create a commemorative collectible poster.**  
**On-line submissions only Deadline December 1, 2015.**

**Please go to:**  
**<http://tinyurl.com/oeniz8d> for prospectus and submission form.**



**Fremont Art Association**  
37697 Niles Boulevard Fremont, CA 94536 (510)792-0905  
[www.fremontartassociation.org](http://www.fremontartassociation.org)

# November mixer

**SUBMITTED BY HAYWARD CHAMBER OF COMMERCE**

Join the Hayward Chamber of Commerce for a "November Mixer and Canned Food Drive" on Wednesday, November 18 at the Hayward Area Historical Society. This year's Business Person of the Year will be named, as well as Police Officer, Fire-fighter and Educator of the Year. Bring canned food to benefit FESCO (Family Emergency Shelter

Coalition) and Ruby's Place; receive a raffle ticket for a great prize. For more information, visit [www.hayward.org](http://www.hayward.org).

**November Mixer & Canned Food Drive**  
**Wednesday, Nov 18**  
**5 p.m. – 7 p.m.**  
**Hayward Area Historical Society**  
**22380 Foothill Blvd, Hayward**  
**(510) 537-2424**  
**[www.hayward.org](http://www.hayward.org)**



**Christmas Craft Day for Kids**

Saturday, December 5  
10 AM - 12 PM  
Pathway Community Church  
4500 Thornton Ave. in Fremont

Bring your children and their friends for a fun morning of crafting and a Holiday photo shoot. We know they will have a great time. Refreshments will be served.

**FREE EVENT**



# National Adopt a Senior Pet Month

**SUBMITTED BY CHRIS GIN**

Hayward Animal Shelter is hosting a "National Adopt a Senior Pet Month" through Monday, November 30. When you adopt a mature pet, you're giving a senior pet a second chance at life. Many who have adopted a more mature dog or cat will tell you that they are convinced their pets know they have been saved. Just one look in their eyes and you can see they are saying, "Thank you for saving my



More mature people benefit from a companion who is more in line with their energy level and lifestyle; children can benefit from an animal who is more tolerant and who may already been well socialized with younger kids. An older animal has an established temperament, unlike a puppy or kitten that will go through many developmental changes.



life." As of this moment, there are 14 senior cats and dogs in the shelter system.

Mature dogs and cats have many advantages when compared to their younger counterparts, yet are often overlooked as adopters ignore them in favor of puppies and kittens. Senior pets usually have more relaxed temperaments, making them great companions for the young and old alike.

**A senior pet is considered seven years and older. Senior pets wait at least four times longer for a home than their youthful counterparts. Many run out of time. Adoption fee for all senior pets is \$20. A license fee applies to dogs adopted to Hayward residents. The licensing fee is \$17. For more information, please call the Hayward Animal Shelter at (510) 293-7200 ext. 7. Also, visit the shelter's Facebook page at <https://www.facebook.com/haywardanimalshelter>.**



**LOOKING FOR VENDORS**

**American High School**  
*Holiday Boutique*

**Saturday, December 5**  
**10am - 5pm**  
**American High School**  
**36300 Fremont Blvd., Fremont**

**We are looking for quality arts and crafts vendors for our Holiday Boutique.**  
**The booths are 10' x 10' and cost \$70.00 each until November 6th, 2015.**  
**After that until December 1st, 2015 the cost of the booth goes up to \$80.**  
**All proceeds will benefit the Class of 2016 Grad Night/Senior Activities**

**Contact: Ritu Saxena**  
**Email: [ritu\\_saxena@hotmail.com](mailto:ritu_saxena@hotmail.com)**

## LETTER TO THE EDITOR

### Reminiscences of the Candle Lighters Ghost House

Growing up in my family it was tradition to visit the Candle Lighters Ghost House every October. My grandmother, Sandy Fraga, was an orange smock-wearing volunteer in the 1980s and '90s, and she just loved to show off all her grandchildren! Not only did we enjoy the game booths presented by the Candle Lighters, especially the part of the day when our very own length of tickets would be handed to us, but also participating in the Kiddie Parade. Every year my parents entered us into the parade, and on my second Halloween (when I was 13 months old) I won the award for Cutest Costume in the 0-2 age range. My mother and grandmother both beamed with pride! Yes, because they felt I was cute in my own right, but also because my ladybug costume had been designed and sewn by my very own mom! As I went through life as an adolescent I kept that trophy on my shelf as a reminder of the fun we had as kids.

Now, its 25 years later and I have a child of my own. My son is seven months old and is experiencing his first Halloween. I de-

cided to carry on the tradition, even though my grandmother has passed. I made a date with my sister-in-law (a lifetime resident of Fremont who had never enjoyed the Candle Lighters Ghost House before) to enter our children into the Kiddie Parade. We spent three weeks getting excited for the event, and when the day came we too beamed with pride as our homemade costumes paraded through Williams Historical Park on our own children. No, our kids didn't win any awards, but we had a blast participating in an event that makes our ever-expanding city still feel like the small town it was when I was young.

Thank you Candle Lighters for continuing a tradition for so many generations of children and costume makers. 47 is an exceptional number, and I sincerely hope that your group and everything it stands for continue for another 50 years, at least!

**Kelsey Camello, Fremont**



Linda Pricer, Kelsey Camello, Anthony Camello and their son, Leeland, at the Candle Lighters Kiddie Parade



Photo by Ben Wang

# Train of Lights

**Season's greetings from Niles Canyon**

Niles Canyon will light up the season once again at this year's "Train of Lights," an annual event that lets passengers experience a train ride through Niles Canyon while on board a beautifully lit train. The event kicks off on Friday, November 27 and will run through Monday, December 28. The train departs from Niles at dusk, a perfect opportunity to enjoy the beautiful scenery of Niles Canyon. The return trip then becomes festive with mesmerizing lights that even passersby can view from outside.

Santa Claus will meet passengers on the train to spread some holiday cheer, while their favorite Christmas music plays in the background. Each car train will be decorated with Christmas décor as well. Those who were not able to purchase tickets may still partake in the event as spectators from outside the train.

This annual tradition has been widely attended by Bay Area residents, and accommodates about

500 people per night. Most of the dates are sold out, but there are limited coach tickets available for Monday, December 28 leaving from Sunol. Also, there are limited First Class Lounge tickets available leaving from Sunol and Niles. Visit [www.ncry.org](http://www.ncry.org) for more information or to purchase your tickets.

**Train of Lights**  
**Friday, Nov 27 – Monday, Dec 28**

**4:30 p.m.**  
**Niles Station**  
**37001 Mission Blvd., Fremont**

**7:30 p.m.**  
**Sunol Station**  
**6 Kilkare Rd., Sunol**

**(510) 996-8420**  
**[www.ncry.org](http://www.ncry.org)**  
**Tickets: \$30 Coach, \$45 First Class Lounge**



# SPORTS

## Lancers dominate in postseason play

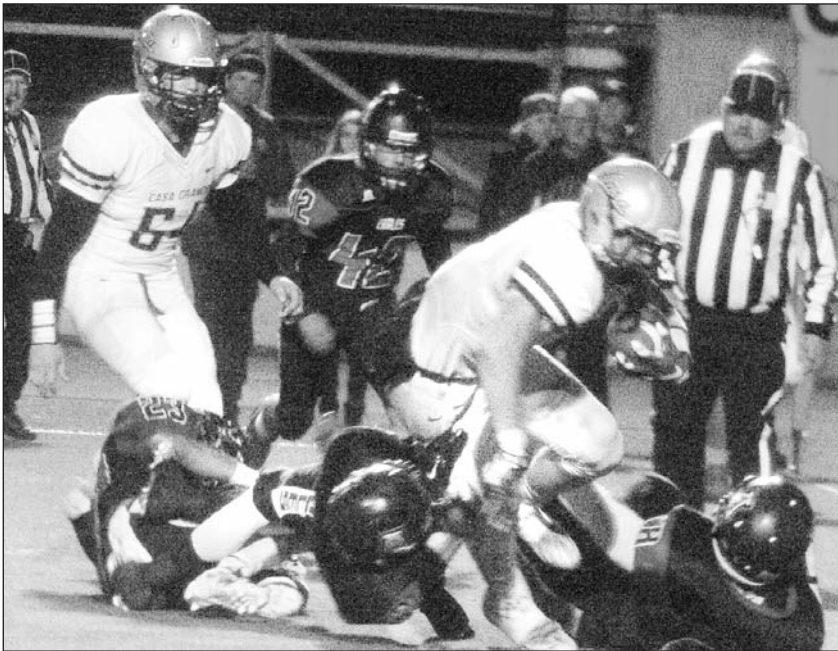


SUBMITTED AND PHOTOS BY  
MIKE HEIGHTCHEW

Saturday November 14th was an historic day for the Tennyson Lancers as they beat the Alameda Hornets 30-0 to earn the team's first North Coast Section (NCS) postseason victory in the school's 57 year history. They now move to the next round of NCS play at Granada High School on Saturday, November 21st at 7 p.m.

Christian Silva had another great day, passing for 110 yards and two touchdowns, rushed for 37 yards and two more touchdowns, and was in the right place to make three interceptions defensively. The Lancers defensive line of Stanley Falenofoa, Bobby Aumua, Alex Barajas and Peter Siliga were impressive to watch as they held Alameda to only 35 yards in the game and no yards in the second half.

## Eagles grounded in postseason play



Football  
SUBMITTED AND  
PHOTOS BY MIKE  
HEIGHTCHEW

The 2015 season came to a end for the American Eagles as they lost to Casa Grande Gauchos 49-14 in the first round of North Coast Section playoffs. Outgunned by a powerful Casa Grande offense, the Eagles fought hard and put two touchdowns on the scoreboard but were unable to match Gauchos lineup.

## Mariners move on in postseason play

SUBMITTED AND PHOTOS  
BY MIKE HEIGHTCHEW

Moreau Catholic put on an impressive show of offense on November 13th, beating the Hercules Titans 48-14 in the first round of postseason play. The star of the night for the Moreau Catholic Mariners was Julien Ison who rushed for 272 yards behind a awesome offensive line. Defense for the Mariners was also outstanding as they held the Titans offense to just 96 yards. The Mariners controlled the game from start to finish.

Moreau Catholic will next play St. Mary's of Albany at Moreua on Friday, November 20 at 7 p.m.



## Pioneers give Sac State all it can handle



Women's Basketball

SUBMITTED BY  
STEVE CONNOLLY  
PHOTO BY KELLEY COX

The Cal State University East Bay (CSUEB) women's basketball team closed out its preseason schedule in impressive fashion on Sunday afternoon, taking Division I Sacramento State down to the wire. The Pioneers fell 85-78 in a fast-paced, high-scoring contest at The Hornets Nest.

The Pioneers finished with outstanding shooting numbers for the game, hitting at 49.2 percent from the floor (30-for-61) and 40 percent from long distance (6-for-15), besting Sac State in both categories. They also dominated on the boards, out-rebounding the Hornets 53 to 33.

Five players reached double figures for CSUEB, led by Ashleigh Anderson with 16 points on 7-for-11 shooting in just 20 minutes off the bench. Laci Effenberger and Remy Puou both scored 14 points, with Effenberger knocked down three long balls and adding five assists.

Bianca Littleton notched 13 points and five boards. Fellow senior Shannon Bland grabbed seven rebounds and posted team highs with six assists and three steals. She also scored 12 points, going 4-for-8 from the field.

Senior newcomer Madison Craig made just two of her seven shots, but she was extremely active on the glass, leading the team with nine rebounds. Katrina Bacovcin pulled in six boards in just 12 minutes off the bench.

"This is another opportunity to grow," Barcomb noted. "We will look at the film and prepare ourselves for the season opener."



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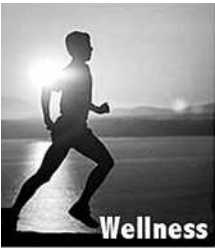
\*Recreational & Competitive Gymnastics, Boys & Girls !

\*FLIGHT NIGHT 2X A MONTH! ( "Parents' Night Out" )

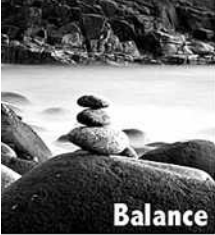
Www.TopFlightFremont.net

Call for more Details

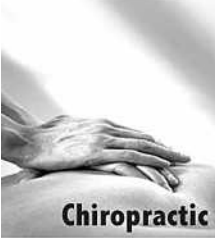
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# Practicing compassion for individuals dealing with life's complexities



By **JOHNNA M. LAIRD**

When a middle-aged couple with day jobs open their home to an elderly parent with dementia, how do they manage care while they are away at work? Where does a single mother turn when her adult son is diagnosed with mental illness and unable to work, and she cannot stay home to care for him? Where does she find the help her son needs for the healthiest recovery—staying engaged with others as he takes steps toward wellness?

Over the last quarter of a century, numbers of families in Fremont, Union City, and Newark have turned to a low-key non-profit organization that celebrated its 26th year in Fremont in September 2015. Bay Area Community Services (BACS)—which began in Oakland in 1953 with the Oakland Council of Churches to lend support to social services in Alameda County as governments were starting to cut back—operates programs throughout Alameda County, tailoring them to the communities they serve. BACS moved into the South County area in the 1970s. In Fremont, BACS operates two programs serving an aging population, many of whom are dealing with dementia and Alzheimer's, and one for adults of all ages re-



covering from and living with mental illness. The two programs function under one roof on Grimmer Boulevard in Fremont, a building BACS purchased and remodeled to better fit its needs. A structured program designed to provide social interaction and help with memory skills, the Memory Care Center offers day care services for elderly people Monday through Friday, with extended day options for working families. Social workers, a nursing staff, and credentialed teachers staff the program. Food served onsite follow a nutritious, medically-based, dietary plan. About 30 individuals with an average age of 84 attend the Center each day. "In most situations, our program also serves the caregivers since people participating in our program live with loved ones. Family members drop them off and go to work, then come back

and pick them up," explains Jamie Almanza, MBA and BACS executive director. With social services facing tougher financial times and some closing, Almanza says the Memory Care Center is the only program of its kind in Fremont. It packs the day with activities from chair yoga and volleyball to get participants moving to karaoke, bingo, and crafts. A new sensory garden takes participants outdoors and provides a different kind of stimulation.



counselors and bring their life experiences to work." While people with mental illness often find themselves in sheltered factory-like workshops or facing overwhelming obstacles in securing employment, BACS is using an innovative evidence-based employment model. The program, based on a Johnson & Johnson & Dartmouth College Individual Placement and Support model, shortens the time individuals search for and obtain employment. "We want to get people working. We tailor our job searches in this competitive market for that individual. We have a 58 percent success rate of getting individuals placed and working compared to an industry-wide rate of 40 percent for supported services," says Almanza. About 45 individuals participate in the program that also offers training in money

management, cooking, exercise, and emotion management. Attitudes and philosophies about mental illness still need to change, says Almanza. About five years ago, BACS shifted its mental health approach to a wellness model to align its program with evidence-based research showing people with mental illness can recover. In the past, people with mental illness were relegated to lives of poverty, devoid of relationships and fun. Behavioral health makes it possible for people with mental illness to live lives similar to people without mental illness, says Almanza. She acknowledges, however, that a horrendous news event across the country attributed to a person with mental illness can broadly brush the entire population of people with mental illness, instead of being viewed as an individual event. "We are here to serve people dealing with life's complexities," she says. "We need communities to embrace people with mental illness and help remove the stigma." **For more information about BACS, contact the Memory Care Center in Fremont at (510) 656-7742, the Mental Health Wellness Center in Fremont at (510) 657-7425 or visit <http://www.bayareacs.org/>.**

## East Bay Swim Defeats Alaska in Back-to-Back Duals

### Women's Swimming

The Cal State East Bay swim team went on the road to conference rival Alaska and picked up impressive victories in dual meets on back-to-back days. The Pioneers, who entered the week ranked No. 24 nationally, topped the Nanooks 113-92 on November 13th, then came back the following morning and won 115-90. East Bay has been victorious as a team in all four events so far in 2015-16. After Alaska opened Friday's meet with a victory in the 400 medley, the Pioneers picked up big wins in back-to-back races. They finished first, third, and fourth in the 1000 freestyle, led by Rachel Shimizu in 10:32.89. Shimizu then came right back in the 200 freestyle and won that event in 1:54.76, pacing the team to yet another 1-3-4 finish. The Pioneers were back in the pool about 12 hours later and took care of business again. Alaska opened the event with a win in the 200 medley relay, but Shimizu quickly got East Bay on the scoreboard in the second race. The senior dominated the field in the 1650 freestyle with a time of 17:56.94. Cutts took third place and freshman Ryleigh Weight took fourth for the Pioneers. CSUEB also went 1-3-4 in the 200 freestyle, with Hauanio leading the way in 1:55.73. Meanwhile, the 50 freestyle results mirrored Friday's, with Littlefield and Hua finished second and third to Hood. Another freshman stepped up for East Bay in the 400 individual medley as the Pioneers finished 1-2-3. Rita Gomez claimed top honors, touching the wall in 4:50.83. Another freshman stepped up for East Bay in the 400 individual medley as the Pioneers finished 1-2-3. Rita Gomez claimed top honors, touching the wall in 4:50.83.

### Women's Volleyball

## Renegades Report

SUBMITTED BY JEREMY PENAFLO

### Ohlone College vs. San Jose City College

November 11, 2015  
Ohlone d. SJCC, 3-0 (25-20, 25-10, 25-12)  
• Sophomore outside hitter Jenni Brochu led in kills with 7 to go with 7 digs and 1 service ace  
• Sophomore setter Camaryn Bricker led in assists with 15 to go with 5 digs and 1 service ace  
• Sophomore libero Krissa Marie San Juan led in digs with 12 to go with 2 service aces  
• Freshman middle blocker led in blocks with 2 to go with 5 kills and a 0.400 hitting percentage  
• Sophomore outside hitter Amri Pascual had 6 kills, 5 digs, and a 0.333 hitting percentage

## East Bay swim team

SUBMITTED BY STEVE CONNOLLY  
PHOTO BY TREVOR WILL

The Cal State University East Bay (CSUEB) swim team was ranked among the nation's top 25 when the first College Swimming Coaches Association of America (CSCAA) Division II national polls were released on November 11. The Pioneers are ranked No. 24 among NCAA Division II teams in a poll of head coaches representing all eight regions across the country. East Bay is the second Pacific Collegiate Swim & Dive Conference (PCSC) team listed in the rankings, trailing only No. 3 UC San Diego. However, their conference also includes Division I schools Loyola Marymount and Pepperdine. The 2015-16 Pioneers have impressed in their first two events of the season, defeating Mills College handily in a dual and taking first place at the annual Bay Area Invitational.



### Ohlone College vs. Canada College

November 13, 2015

Ohlone d. Canada, 3-0 (25-21, 25-21, 25-14)  
• Sophomore outside hitter Jenni Brochu led in kills with 13 to go with a 0.571 hitting percentage and 6 digs  
• Sophomore setter Camaryn Bricker led in assists with 37 to go with 7 digs and 2 kills  
• Freshman middle blocker led in service aces with 5 to go with 7 kills, a 0.667 hitting percentage, and 1 block  
• Sophomore libero led in digs with 16 to go with 3 service aces  
• Sophomore outside hitter Amri Pascual had 3 kills and 6 digs  
• Sophomore outside hitter Alexis Change had 7 kills and 4 digs  
• Freshman middle blocker Savannah Smith had 4 kills and a 0.400 hitting percentage

## East Bay women top Western Oregon 57-42 in season opener

### Women's Basketball

SUBMITTED BY STEVE CONNOLLY

The Cal State East Bay women's basketball team opened the 2015-16 season on a high note, defeating Western Oregon 57-42 on November 13th in the second game of a four-team Conference Challenge tournament at Pioneer Gymnasium. The Pioneers led wire-to-wire thanks to a stout defensive effort. They forced 20 turnovers and held the Wolves, who are coached by former East Bay assistant Holli Howard-Carpenter, to just 31.7 percent shooting from the field (13-for-41) and 23.1 percent from three-point range (3-for-13). Pioneers outlast Penguins to sweep opening weekend The Cal State East Bay women's basketball team pulled away late in the fourth quarter to secure a 68-58 victory over Dominican University on November 14th at Pioneer Gym. The win gives the Pioneers a 2-0 record at their own Conference Challenge tournament to open the 2015-16 regular season. The teams played a tight, back-and-forth contest nearly the entire way. The Pioneers trailed by one point at halftime and led by one after three quarters. In the fourth, East Bay heated up from long distance, and Tori Bresheers took over on both ends of the floor to lead a late rally.





# Kid Scoop

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## Give Thanks!

Many people call Thanksgiving **Turkey Day**. The traditional Thanksgiving bird is full of surprises.

For example, Benjamin Franklin once recommended that the turkey be America's national bird instead of the eagle.

Read on, complete the activities and learn some facts that will amaze your family on Thanksgiving Day!

## Turkey Code

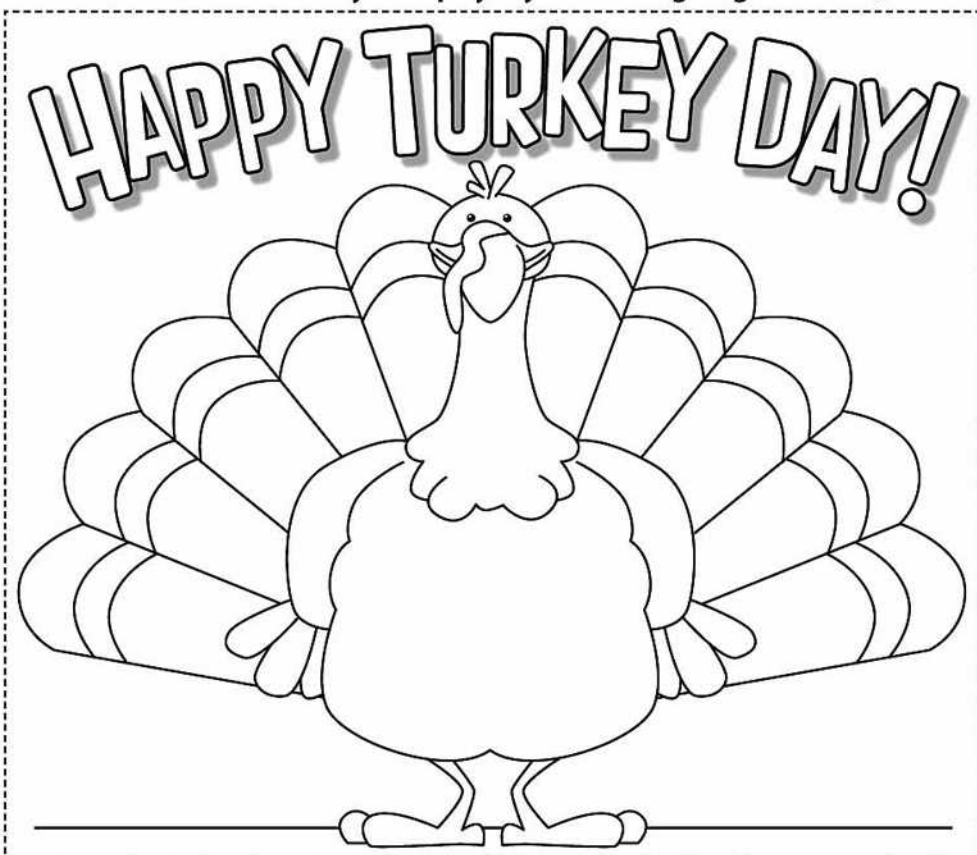
A = 17	I = 11	P = 10
C = 6	K = 9	R = 7
D = 3	L = 1	S = 2
E = 19	M = 18	T = 5
G = 8	N = 14	U = 13
H = 15	O = 4	W = 16

Only \_\_\_\_\_ turkeys make the gobble-gobble sound.

Female turkeys make \_\_\_\_\_ and small, \_\_\_\_\_-like noises.

Male turkeys are called gobblers, or \_\_\_\_\_. Female turkeys are called \_\_\_\_\_.

Color this turkey to display at your Thanksgiving table.



### Thank You Notes

Give these coupons to family and friends before Thanksgiving dinner. Before you eat, read them aloud to everyone at the table.

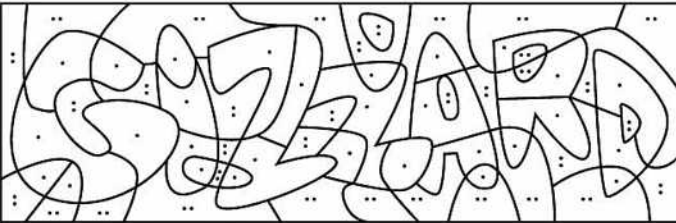
I'm thankful for:

I'm thankful for:

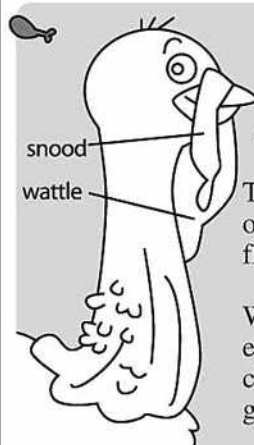
I'm thankful for:

## Stones in the stomach?

A part of the turkey's stomach contains tiny stones that the bird has previously swallowed. This organ has strong muscles and uses the stones to grind up food. Color the spaces with one dot to see what it is called.



How many turkey drumsticks can you find on this page?



Color me after reading!




The head of a turkey has very few feathers. But, it does have a **snood** and a **wattle**!

The snood is a fleshy body part that hangs over the turkey's beak. The wattle is the fleshy area on the turkey's throat.

When a turkey becomes frightened, agitated, excited or ill, the snood and wattle can change from their usual pale pink or bluish gray color to red, white, or blue.

Turkeys can run at speeds up to 25 miles per hour and can fly as fast as 55 miles per hour!

Have three players race to unscramble these Thanksgiving dinner words. The winner gets the first slice of pie.

	NROC	VARYG	FIGFUNST	KINPPUM	KYETRU	TOTOPA	SAPE
	NROC	VARYG	FIGFUNST	KINPPUM	KYETRU	TOTOPA	SAPE
	NROC	VARYG	FIGFUNST	KINPPUM	KYETRU	TOTOPA	SAPE

Extra! Extra!

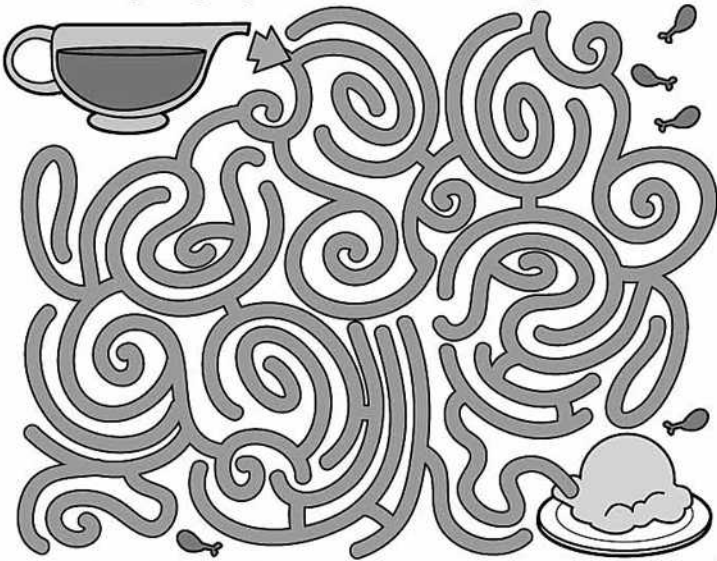
## Thankful

Look through the newspaper and circle five or more things you are thankful for. Choose one and write a sentence telling why you are thankful for it.

Standards Link: Research: Use the newspaper to locate information.

## Kid Scoop Puzzler

Help the gravy boat reach the mashed potatoes.



Standards Link: Visual Discrimination.

## Double Double Word Search

SURPRISES  
SWALLOWED  
STOMACH  
TURKEY  
WATTLE  
FLESHY  
WINNER  
SNOOD  
THANK  
AMAZE  
GRIND  
EAGLE  
HOUR  
RACE  
BEAK

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

B	S	E	S	I	R	P	R	U	S
E	H	S	E	R	G	R	I	N	D
F	T	C	Z	E	U	T	O	H	R
L	K	A	A	N	L	O	K	E	E
E	A	N	M	M	D	T	H	L	N
S	E	C	A	R	O	S	T	G	N
H	B	G	I	H	V	T	I	A	I
Y	E	K	R	U	T	N	S	E	W
G	D	E	W	O	L	L	A	W	S

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

## Kid Scoop Together:

## HOW TO DRAW A TURKEY

Draw a turkey in seven easy steps. Practice drawing this turkey several times. Then on Thanksgiving, teach your family and friends how to draw it, too!



## Kid Scoop VOCABULARY BUILDERS

This week's word: **PREVIOUS**

The adjective **previous** means going before in time or order.

Jane listed the people who have come to **previous** Thanksgiving dinners.

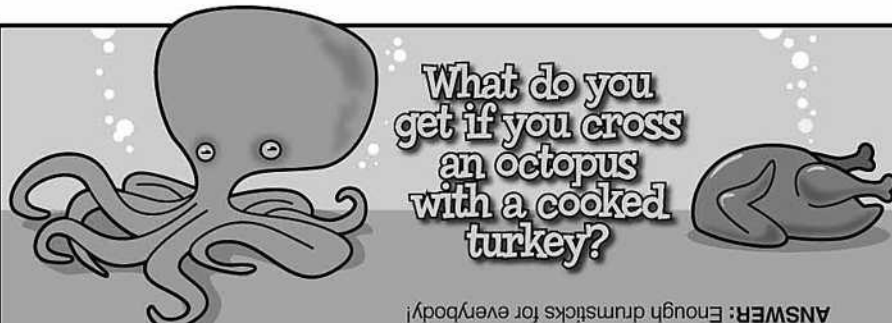
Try to use the word **previous** in a sentence today when talking with your friends and family members.

## FROM THE Kid Scoop LESSON LIBRARY

### Thanksgiving Symbols

Look through the newspaper for five or more words that relate to Thanksgiving. Cut out each word. Then cut each word into syllables and glue them onto a piece of paper to show where the syllable breaks are located.

Standards Link: Research: Use the newspaper to locate information.



ANSWER: Enough drumsticks for everybody!

## Write On!

### Thanksgiving Holiday Spirit

What is the holiday spirit? How do you and members of your family show holiday spirit?



# Boutique Calendar



**Wednesday, Nov 11 thru Sunday, Dec 20**

**Holiday Boutique**

11 a.m. – 5 p.m.  
*Handcrafted gift items*  
Fremont Art Association  
37697 Niles Blvd., Fremont  
(510) 792-0905  
[www.FremontArtAssociaion.org](http://www.FremontArtAssociaion.org)

**Thursday – Sunday, Nov 15 thru Dec 20**

**Holiday Boutique**

11 a.m. – 5 p.m.  
*Handmade holiday gift items*  
Sun Gallery  
1015 E Street, Hayward  
(510) 581-4050  
[www.sungallery.org](http://www.sungallery.org)

**Saturday, Nov 21**

**Holiday Boutique**

9 a.m. – 3 p.m.  
*Vendors, bake sale and raffle*  
Elks Lodge  
38991 Farwell Dr., Fremont  
(510) 828-9685

**Saturday, Nov 21 – Sunday, Nov 22**

**Holiday Boutique**

10 a.m. – 4 p.m.  
*Olive oil, crafts, face painting, food and entertainment*  
Dominican Sisters of Mission San Jose  
43326 Mission Blvd., Fremont  
(510) 933-6334  
[rosemarie@msjdominicans.org](mailto:rosemarie@msjdominicans.org)

**Saturday, Nov 21**

**Holiday Boutique**

10 a.m. – 3 p.m.  
*Handmade goodies, gifts and bake sale*  
Georgian Manor Mobile Home Park  
1419 Buckingham Way, Hayward  
(510) 887-4366

**Saturday, Nov 28**

**Holiday Boutique**

9 a.m. – 3 p.m.  
*Crafts, gifts and food*  
Sponsored by the Girl Scouts  
Fremont Veteran's Memorial Hall  
31054 Second St., Fremont  
[kcforshort@gmail.com](mailto:kcforshort@gmail.com)

**Saturday, Nov 28**

**Mistletoe Madness Christmas Fair**

10 a.m. – 4 p.m.  
*Art and craft fair event*  
Marina Community Center  
15301 Wicks Blvd., San Leandro  
(510) 301-1268  
[www.mistletoemadness.net](http://www.mistletoemadness.net)

**Saturday, Nov 28**

**Holiday Boutique**

9 a.m. – 3 p.m.  
*Crafts, gifts and food*  
Fremont Veteran's Memorial Hall  
31054 Second St., Fremont  
[kcforshort@gmail.com](mailto:kcforshort@gmail.com)

**Saturday, Nov 21 – Sunday, Nov 22**

**Holiday Boutique**

10 a.m. – 4 p.m.  
*Variety of homemade goodies*  
Dominican Sisters of MSJ  
43326 Mission Blvd., Fremont  
(510) 933-6334  
[www.msjdominicans.org](http://www.msjdominicans.org)

**Saturday, Dec 5**

**Holiday Boutique**

9 a.m. – 4 p.m.  
*Handmade crafts, gift items, food and raffle*  
Hill and Valley Club House  
1808 B Street, Hayward  
(510) 924-7622  
(510) 593-7377  
[rambosmom@comcast.net](mailto:rambosmom@comcast.net)

**Georgian Manor Mobile Home Park**

## Boutique

**November 21st 10 AM -3PM**  
*Handmade Goodies for Holiday Gift Giving*  
*There will also be a bake sale*  
**1419 Buckingham**  
**(off Ruus Road or Stratford)**  
**For more info call 510-887-4366**

## 2015 Holiday Boutique



**SHOP WITH US!**  
**Dominican Sisters**  
OF MISSION SAN JOSE

**Sat. & Sun. Nov. 21, 22**  
**10am-4pm**

Handmade gifts, fruitcakes, art, plants, entertainment, raffles and much more!

*Raffle tickets available at [www.msjdominicans.org](http://www.msjdominicans.org)*

**43326 Mission Blvd.**  
*(entrance off Mission Tierra)*  
**Fremont, CA 94539**  
**(510) 933-6334 for more information**

## Senior Helpline

**(510) 574-2041**

*Serving individuals 60+ and their families in Fremont, Newark and Union City, CA*

Care coordination, paratransit assistance, counseling, health promotion and caregiver support.



**PLEASE MEET OUR SPONSORS FOR 2015**

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**David M. Bauer DDS**

**Don & Pat Boddy**  
**Drs. Hall & Szeto Optometry**

**Ed & Mary Ann Stoermer**  
**Floors 4 U/Nick & Marguerite Meyer**

**Greg & Denise Torres**  
**Gustafson Group Insurance Services**

**Jake & Mary Duke**  
**Jeff & Terri Schinkel**

**Jim & Ellen Snell**  
**Ky,Ta, Glam Gram Barbie Doll**

**Lloyd's Donuts**  
**Mike & Sue Sauvageau**

**Millennium Realty/**  
**Greg Francis**  
**Mustang Magic**

**P2 Micro Systems**  
**Patty & Evan Grant**

**Pegueros Optometry**  
**Perry Farms**

**Professional Home Care/Neurosport**  
**Professional Painting Co. Inc**

**Ray's Crab Shack**  
**Ron & Shirl Oliphant**

**Roger & Madalynne Chapman**  
**Sumi Lampert**

**Tony Chung DDS**  
**Twice Nice Shoppe**

**Valerie Pachote**

**Thank you for your support**

**Fremont Unified School District Students,**  
**JFK Titans Booster Club**

**I Care Program,**  
**Niles Rotary**

**Fremont Family Resource Center**

**The Candle Lighters**  
**would like to thank our generous sponsors who have provided services and donations that have allowed the construction and preparation of Scary Land, 2015.**



**Collective Discovery, Inc**

**2015 SPONSOR BOARDS!**

### GHOUL

**Alameda County Supervisor**  
**Scott Haggerty**

**Berge Pappas Smith Chapel of the Angels**  
**Bernardin Family McDonalds**

**Century Roof and Solar, Inc**  
**Dale Hardware Water Concepts**

**Douglas R. Schulze**  
**Fremont Bank Foundation**

**Fremont Chapel of the Roses**  
**Fremont Firefighters Local 1689**

**Gary and Bonnie Beck Fund**  
**Harry and Emily Reis**

**In Memory of Frank Haas**  
**Montessori School of Fremont**

**Wells Fargo Foundation**  
**Sign A Rama /Tim & Gloria Gutierrez**

**Lance Chapman**  
**Chrisp Company**

**Central Towing**  
**ABC Fire**

### GOBLIN

**Bayside Interiors, Inc**  
**Benjamin Chew DDS**

**Fremont Wheel & Brake**  
**Mark & Riki Twist**

**Tavares Real Estate**  
**Handles Gastropub**

**Tri-City Voice**

### GHOST

**Alameda Repair Shop**  
**Amisha V Patel, DMD**

**Coldwell Banker Fremont**  
**Coreen & Grant Seeley**

**Cortez Family**

**THANK YOU, ALSO, TO OUR MANY GHOST HOUSE VISITORS FOR YOUR CONTINUED SUPPORT!**  
[www.candlelighters.com](http://www.candlelighters.com)



# Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont ([www.fremont.gov](http://www.fremont.gov)), Hayward ([www.hayward-ca.gov](http://www.hayward-ca.gov)), Milpitas ([www.ci.milpitas.ca.gov](http://www.ci.milpitas.ca.gov)), Newark ([www.ci.newark.ca.us](http://www.ci.newark.ca.us)), Union City ([www.ci.union-city.ca.us](http://www.ci.union-city.ca.us)).

## City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

### CITY COUNCILS

Fremont City Council  
1st/2nd/3rd Tuesday @ 7 p.m.  
City Hall, Bldg A  
3300 Capitol Ave., Fremont  
(510) 284-4000  
[www.fremont.gov](http://www.fremont.gov)

Hayward City Council  
1st/3rd/4th Tuesday @ 7 p.m.  
City Hall, second floor  
777 B Street, Hayward  
(510) 583-4000  
[www.ci.hayward.ca.us](http://www.ci.hayward.ca.us)

Milpitas City Council  
1st/3rd Tuesday @ 7 p.m.  
455 East Calaveras Blvd., Milpitas  
(408) 586-3001  
[www.ci.milpitas.ca.gov](http://www.ci.milpitas.ca.gov)

Newark City Council  
2nd/4th Thursday @ 7:30 p.m.  
City Hall, 6th Floor  
37101 Newark Blvd., Newark  
(510) 578-4266  
[www.ci.newark.ca.us](http://www.ci.newark.ca.us)

San Leandro City Council  
1st/3rd Monday @ 7 p.m.  
835 East 14th St., San Leandro  
(510) 577-3366  
[www.sanleandro.org](http://www.sanleandro.org)

Union City City Council  
2nd/4th Tuesday @ 7 p.m.  
City Hall  
34009 Alvarado-Niles Rd., Union City  
(510) 471-3232  
[www.ci.union-city.ca.us](http://www.ci.union-city.ca.us)

### WATER/SEWER

Alameda County Water District  
2nd Thursday @ 6:00 p.m.  
43885 S. Grimmer Blvd., Fremont  
(510) 668-4200  
[www.acwd.org](http://www.acwd.org)

East Bay Municipal Utility District  
2nd/4th Tuesday @ 1:15 p.m.  
375 11th St., Oakland  
(866) 403-2683  
[www.ebmud.com](http://www.ebmud.com)

Santa Clara Valley Water District  
2nd/4th Tuesday @ 6:00 p.m.  
5700 Almaden Expwy., San Jose  
(408) 265-2607, ext. 2277  
[www.valleywater.org](http://www.valleywater.org)

Union Sanitary District  
2nd/4th Monday @ 7:00 p.m.  
5072 Benson Rd., Union City  
(510) 477-7503  
[www.unionsanitary.com](http://www.unionsanitary.com)

### SCHOOL DISTRICTS

Castro Valley Unified School Board  
2nd/4th Thursday @ 7:00 p.m.  
4400 Alma Ave., Castro Valley  
(510) 537-3000  
[www.cv.k12.ca.us](http://www.cv.k12.ca.us)

Fremont Unified School Board  
2nd/4th Wednesday @ 6:30 p.m.  
4210 Technology Dr., Fremont  
(510) 657-2350  
[www.fremont.k12.ca.us](http://www.fremont.k12.ca.us)

Hayward Unified School Board  
2nd/4th Wednesday @ 6:30 p.m.  
2441 I Amador Street, Hayward  
(510) 784-2600  
[www.husd.k12.ca.us](http://www.husd.k12.ca.us)

Milpitas Unified School Board  
2nd/4th Tuesday @ 7:00 p.m.  
1331 E. Calaveras Blvd., Milpitas  
[www.musd.org](http://www.musd.org)  
(406) 635-2600 ext. 6013

New Haven Unified School Board  
1st/3rd Tuesday @ 6:30 p.m.  
34200 Alvarado-Niles Rd., Union City  
(510) 471-1100  
[www.nhusd.k12.ca.us](http://www.nhusd.k12.ca.us)

Newark Unified School District  
1st/3rd Tuesday @ 7 p.m.  
5715 Musick Ave., Newark  
(510) 818-4103  
[www.newarkunified.org](http://www.newarkunified.org)

San Leandro Unified School Board  
1st/3rd Tuesday @ 7:00 p.m.  
835 E. 14th St., San Leandro  
(510) 667-3500  
[www.sanleandro.k12.ca.us](http://www.sanleandro.k12.ca.us)

San Lorenzo Unified School Board  
1st/3rd Tuesday @ 7:30 p.m.  
15510 Usher St., San Lorenzo  
(510) 317-4600  
[www.slzsd.org](http://www.slzsd.org)

Sunol Glen Unified School Board  
2nd Tuesday @ 5:30 p.m.  
11601 Main Street, Sunol  
(925) 862-2026  
[www.sunol.k12.ca.us](http://www.sunol.k12.ca.us)

## Fremont City Council

November 10, 2015

### Consent Calendar:

- Authorize agreement with Fremont Unified School District



Honor Katie Fox and Phil Hagmann for 30 years service.

for use of six tennis courts at Mission San Jose Community Park.

- Establish speed limits on designated streets.

Approve Memorandum of Understanding with City of Fremont Employee Association (CFEA).

- Authorize scoping grants for: Irvington BART station; Fremont BART station west entry improvements; State Route 84 corridor improvements, East Bay Greenway Trail Corridor; Bike/Pedestrian bridge over I-880 (near Warm Springs BART).

### Ceremonial Items:

- Honor Phil Hagmann for 30 years service.
- Honor Katie Fox for 30 years service.

### Public Communications:

#### Scheduled Items:

- Consider an appeal of Planning Commission denial of Granite Ridge rezoning at 37350 Sequoia Rd. Discussion of architectural design, parking and whether

changes should be resolved at staff level or return to council for approval. Public comment asked council to uphold Planning Commission denial. Council voted to uphold appeal with an alternative plan and give direction to staff and developer without requirement to return to council. (3 aye, 2 nay – Bacon, Mei)

### Other Business:

- Presentation by Brian Peck, Deputy Director International Affairs and Business Development regarding Silicon Valley Mayors China trip.
- Presentation of year end results for Fiscal Year 2014/15. Increasing revenues and resulting cushion for uncertainty reserve. One time appropriations include Nursery Ave. Quiet Zone, Irvington synthetic turf replacement, Animal Shelter improvements, Centerville Community Park improvements, All Aboard Storage Warehouse demolition, Winter storm road preparation, Civic Center Master Plan. Mid-year Budget Review scheduled for February 16, 2016.

Mayor Bill Harrison	Aye
Vice Mayor Suzanne Lee Chan	Aye
Vinnie Bacon	Aye, 1 Nay
Lily Mei	Aye, 1 Nay
Rick Jones	Aye

## Newark City Council

Approve final map for a 281-unit residential subdivision – Continental Residential, Inc (for-



Recognize newly hired PublicWorks laborer Francisco Aguirre and recently promoted Senior Building Mechanic Jim Murray



Commending Newark Days Committee members.

November 12, 2015

### Presentations and Proclamations:

Recognize newly hired Public Works laborer Francisco Aguirre and recently promoted Senior Building Mechanic Jim Murray

Commending Newark Days Committee members. 173,400 people attended 2015 Newark Days celebration. Committee meets the third Tuesday of every month starting in January. Theme for 2016 will be “Voyage to the Stars.

### Consent Calendar:

Adopt compensation plan for certain positions in the Exempt Service Employees Group

merly Prima Residential) – at Cedar Blvd. and Cedar Ct.

### Removed from Consent:

Accept “Avoid the 21” grant. Removed from Consent by Councilmember Hannon – commend “Avoid the 21” campaign.

Purchase three replacement vehicles for Police Department. Removed by Public – Ask for funds to be redirected to library.

### Oral Communications:

Thank staff for tree trimming and sidewalk repair.

Ask council for response to Alameda County Water District rate increases.

Comment critical of Newark employee pay rates and expenditure of funds

## TAKES FROM SILICON VALLEY EAST



**About Takes From Silicon Valley East**  
*TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.*  
To subscribe to all blog posts scan this QR Code or visit [ThinkSiliconValley.com/silicon-valley-east/](http://ThinkSiliconValley.com/silicon-valley-east/)

## New Fremont Biomedical Manufacturer Fights Pain with Breakthrough Technology

By JEFFREY GOLD,  
PRESIDENT & CEO

Q&A with myoscience, inc.  
President/CEO Jeffrey Gold

**Fremont: The iovera® system already boasts some impressive statistics — can you give us the highlights?**

**JG: The Clinical Results1 speak for themselves:**

- In a post-market study for knee pain, 33 patients (56 knees) were treated and evaluated at 7, 30, 56+ days.
- Pain score was reduced by an average of 4.5 points immediately following treatment. Pain was measured using the Visual Analog Scale for Pain (VAS).
- Over 80 percent of subjects reported ≥2 point improvement in pain score at 30 days2.
- There was an average of 70 percent improvement in functionality according to the Western Ontario and McMaster Osteoarthritis Index (WOMAC) scale at 7 days.
- 70 percent of subjects reported a treatment effect at 56 days.
- \* Subjects reported a level of satisfaction with the treatment:
- 94 percent of subjects reported they would have the treatment again at 30 days.
- 91 percent of subjects reported they would recommend the treatment to others.

**Fremont: Talk about the decision to move to Fremont.**

JG: Our business is growing rapidly, and we realized that we needed a larger facility and the right environment where we could scale operations. Fremont provides that. We also see the potential to leverage the existing biomedical manufacturing ecosystem that exists here already. Finally, we looked at where our employees live, and Fremont provides a more central location that most people can access easily. Fremont makes a lot of sense for all these reasons.

*1 Data on file per MYO-0867. N=33 subjects at 7 days, 31 subjects at 30 days*

*2 Gallagher, J., Liebman, M., and Bijur, P. (2001). Prospective validation of clinically important changes in pain severity measured on visual analog scale. Ann Emerg Med. 38:6;633-638.*

## District 1 Director Dennis Kennedy announces resignation

SUBMITTED BY MARTY GRIMES

Citing personal health issues, Santa Clara Valley Water District Director Dennis Kennedy announced his resignation as representative of District 1 effective November 4. Kennedy was first appointed to the water district board on January 31, 2013, and was elected to the District 1 seat on November 4, 2014. A registered professional mechanical engineer, Dennis worked for IBM in Facilities Engineering and Management for 25 years. The board has until January 4, 2016 to either appoint a new board member or to call for a special election.

Director Kennedy’s term was scheduled to end in December of 2018. Because his resignation occurred before he had completed the first half of his four-year term, the Board will need to hold an election for the District 1 representative in November 2016, regardless of how the board chooses to fill the seat.

District 1 encompasses the South County cities of Morgan Hill and Gilroy; the community of San Martin; the Evergreen and Silver Creek neighborhoods of San Jose; parts of south San Jose; and hills east of San Jose and Milpitas.



# OPINION



WILLIAM MARSHAK

On the heels of October, time changes and shorter days signal a more somber approach to our lives. Thanksgiving is a joyous occasion with a carryover from the idealized image of Pilgrims and Native Americans sharing the bounty of harvest and preparing to weather coming winter months through planned conservancy. Such festivals are not new, rather a time of respite from farming and moment to acknowledge the [hopefully successful] harvest. A lesson learned by newcomers to North America was the harsh reality of maintaining sustainability during winter scarcity. Early settlers had to learn hard lessons from those who understood and revered the land and its inhabitants.

## Thanksgiving

Thanksgiving was set aside as a time to reflect on a fragile chain of life that has, so far, been flexible even under stressful – some manmade - conditions. However, dependency between and interrelationships of all inhabitants on the planet along with natural resources is also a harsh lesson that threatens survival if ignored.

While most of us are now several stages removed from crop harvests and animal husbandry, growing concern of guarding and sustaining our natural resources has become a prominent debate for everyone. Global conferences and international actions have become integral to political life and for all of us, affecting daily habits, transportation and community growth patterns. The question hanging over all of us is, Will we pay attention and react soon enough to continue current or adapt to new societal norms? Whether belief is in global fluctuation, permanent change or hyperbole, the transitional effects and change are undeniable.

Perched next to the Bay, the specter of sea level rise and resource shortages is not only a future possibility, but a reality that has caught public attention. From sustainability practices and energy conservation to terminology such as “carbon footprint,” we are all asked to respond to some degree.

This Thanksgiving, the concept of sharing and giving is joined by the realization that all of us share the same planet with finite resources. While sharing with family and others during the holiday season, add another beneficiary to your list... our planet.

Fremont is currently competing for an energy conservation award from Georgetown University, “a two year long national competition...to reduce per capita energy usage in the residential, municipal, and public school sectors. The City that does the best job at reducing overall energy usage will win a \$5 million prize.” As part of Thanksgiving this year, why not pledge to honor not only an annual harvest and fellow citizens, but the fruits of our planet by repaying the gift of our lives with acknowledgement and thanksgiving for the blessings of Mother Earth.

William Marshak  
PUBLISHER

## USS Hornet Museum hires first female Executive Director

SUBMITTED BY  
VICTORIA SANCHEZ DE ALBA

The USS Hornet Museum (Hornet) announces that Jill Knowland Rapposelli has been named the Hornet's new Executive Director, making her the first female to hold this position in the history of the Bay Area's renowned “floating museum.” Rapposelli comes to the Hornet from Oakland's Chabot Space & Science Center, where she served as Chief Operating Officer for the past 10 years. “We've picked up some impressive people over the years but Jill might be our most impressive catch yet,” said Ray Fortney, chairman of the board of trustees for the aircraft carrier, a National Historic Landmark known for its role as the ship that recovered the Apollo 11 astronauts from the Pacific Ocean following man's first to walk on the moon in 1969. “Jill brings a wealth of knowledge and experience in museum operations and management. She will be a tremendous catalyst in furthering our successful education programs including STEM and Live Aboard, as well as leading our important fund raising efforts.”



For over a decade, Piedmont resident Rapposelli has been working to bring Science, Technology, Engineering and Mathematics (STEM) to the forefront for students in their formative years. Rapposelli officially came aboard the Hornet on November 2, the same week that NASA announced that astronaut candidates for its revived space exploration program will be required to have a degree in one of the STEM fields.

“Parents are often surprised to hear that there is a real fear among our nation's leaders that hundreds of thousands, perhaps even millions of jobs will go unfilled in the future,” said Rapposelli. “This involves our next generation of research scientists, computer programmers, infrastructure engineers, and other very profitable and fulfilling careers. The risk is certainly not for lack of population. It's because so many parents and children simply don't know such options exist, especially for girls,” Rapposelli added.

Individuals and organizations interested in making a contribution to support the historic aircraft carrier's Hornet Heritage Fund and the restoration of the Flight Deck and Aircraft Elevators can be made by calling (510) 521-8448.

**Meet and Greet Hornet Executive Director**  
**Thursday, Nov. 19**  
**8:30 a.m. – 11:00 a.m.**  
**Wescafe, back patio**  
**1518 Webster St, Alameda**  
**(510) 521-8448 / (650) 270-7810**

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### ADJUDICATION:

What's Happening's Tri-City Voice is a “newspaper of general circulation” as set forth in sections 6000, et. seq., of the Government Code, for the City of Fremont, County of Alameda, and the State of California.

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**You help create a world with less cancer and more birthdays.**

Thanks to your donations and purchases, the American Cancer Society's Discovery Shop raises money and awareness to finish the fight against cancer.

**We need your *Holiday* donations**

The Discovery Shop in Fremont is still collecting holiday donations. As you begin to go through your holiday décor, don't forget about your local Discovery Shop. We are looking for everything holiday related, ornaments, decorations, lights, and even Christmas trees are all welcome.

All donations are accepted 7 days a week and are tax-deductible.

**Discovery Shop**  
A Unique Quality Resale Experience™

40733 Chapel Way, Fremont 510.252.1540  
Mon.-Thurs. 10 a.m.-7 p.m., Fri.-Sun. 10 a.m.-5 p.m.  
cancer.org/discovery | 1.800.227.2345



**SELL YOUR HOME with Gupta Team**  
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**Rajeev Gupta**  
Home Sales Specialist  
Remax Accord  
CA BRE # 01232943  
39644 Mission Blvd., Fremont  
**510-697-7750**



**Monica Gupta**  
Home Loan Specialist  
Home Advantage  
CA BRE # 01424265  
702 Brown Road, Fremont  
**510-520-7770**



**Award Winning Team**



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# Apply to be a City of Fremont Commissioner or Advisory Board Member

SUBMITTED BY CITY OF FREMONT

Looking for a way to make a difference in the community? Consider serving as a commissioner or an advisory board member! The City of Fremont currently has vacancies on its George W. Patterson House Advisory Board and Library Commission. There are also vacancies which will occur December 31, 2015, either due to term expiration or term limits, on various Boards and Commissions.

To download an Advisory Body application, visit our website: <http://www.fremont.gov/76/Boards-Commissions-Committees> and review the resources section at the bottom of the page. You may also obtain an application from the City Clerk’s Office at

3300 Capitol Ave, Building A. Please note that the City Clerk’s Office accepts applications throughout the year, not just when there are vacancies. For more information call (510) 284-4060.

Applications are kept on file through the end of the calendar year and are reviewed by the Mayor and Council when a vacancy occurs. A current list of applicants is established each year. Applications may be submitted to the City Clerk at any time between January 1 and December 31. These applications may be considered for various vacancies throughout the year; however, on December 31, any remaining applications of these persons not appointed will be void. In order to be considered this year, a new application will need to be submitted.

## San Leandro seeks applications for Citizens Advisory Committee

SUBMITTED BY TERESA MEYER

Mayor Pauline Russo Cutter and the San Leandro City Council are seeking interested applicants to serve on a new community advisory committee that will actively participate in the development of a Bay Fair Transit-Oriented Development (TOD) Plan. The Bay Fair TOD Plan includes the half-mile radius area around the Bay Fair BART Station, which also includes the Bayfair Center. The plan will provide a future, long-range mixed use development vision for the Bay Fair project area that will better utilize nearby mass transit. Applicants who reside in unincorporated Alameda County are also eligible to apply. The application period ends December 3.

The new approximately 20 member committee is expected to be composed of a diverse mix of stakeholders that includes homeowners, renters, property owners, and business owners or employees. Representatives from City Boards/Commissions, local community organizations, homeowners associations, community-based organizations, professional associations (e.g., labor, environmental), and public service agencies are also encouraged to apply. The committee will hold at least four meetings, likely in the evenings, beginning in January 2016. The Bay Fair TOD Plan is scheduled to be completed by April 2017.

Applications are available in English and Spanish on the City’s website at: <https://www.sanleandro.org/> and may also be obtained at the Community Development Department, at City Hall, 835 East 14th Street. For more information on the application process, please call (510) 577-6003.

## Niles Boulevard Bridge construction update

SUBMITTED BY CITY OF FREMONT

Construction of the new Niles Boulevard Bridge has started and is anticipated to be completed spring 2017. The new bridge will be constructed immediately south of the existing bridge. For questions, comments, or concerns related to the project please send a message via email to: [nilesblvdbridge@fremont.gov](mailto:nilesblvdbridge@fremont.gov) or call our Construction Info Line at (510) 355-1502.

## East Bay and South Bay Postal carriers inducted into Million Mile Club

SUBMITTED BY AUGUSTINE ‘GUS’ RUIZ

Imagine the equivalent of driving coast-to-coast 334 times without ever leaving the city limits, and imagine doing it safely, under hazardous road conditions, gridlock, rural terrain, and with a vigilant eye on inattentive drivers. Just ask the postal service drivers who are the recent inductees into the National Safety Council’s Million Mile Club, and they’ll tell you that driving safely is no accident. As a result of their achievement, they will be honored at the 17th annual Million Mile Club awards ceremony on Wednesday, November 18, 11:00 a.m. to 1:00 p.m., at the Oakland Processing and Distribution Center (P&DC), 1675 7th Street, Oakland, Room 229-W.

**Two local honorees are among the 18 being recognized:**  
**Fremont DDU - Julito Agbuya**  
**Fremont DDU - Sidney Harlow**

For the new inductees, logging over a million miles safely was just part of their appointed rounds. What makes the million-mile achievement so astonishing is the fact that all the drivers never had as much as a fender-bender or a single preventable accident in over 30 years of driving.

“Postal drivers are among the safest in the world,” said Bay-Valley District Manager Jeffrey Day. “The remarkable achievement of our 18 drivers demonstrates how postal employees continue to deliver on the promise of delivering their best every day with care, courtesy and the concern for the safety of others.”

Each driver will be presented with a plaque from the Safety Council and automatic membership in the prestigious National Safety Council “Million Mile Club.” The million-mile award is a lifetime enrollment, and it is given to drivers who have accumulated one-million miles or 30 years of driving without being involved in a preventable motor vehicle accident. According to the National Safety Council, it takes approximately 30 years to accumulate one-million miles.

**Million Mile Club Awards**  
**Wednesday, Nov 18**  
**11 a.m. – 1 p.m.**  
**Oakland Processing and Distribution Center, Rm 229-W**  
**1675 - 7th St, Oakland**  
**(408) 437-6841**

## Louis Leonard Serpa

March 24, 1917 - November 15, 2015

Resident of Fremont

Louis Leonard Serpa passed away on November 15 at Windsor Park Care Center where he was residing. The family is most appreciative of his care from the personnel and from his friends, neighbors and caregivers.

Louie was born on March 24, 1917 in Hayward, CA on a ranch in the Hayward Highlands to Maria and Joseph Serpa. He was the 7th child of 9 children and is predeceased by all of them. His wife, Bernice, predeceased him after 66 years of marriage. He is survived by several nieces (Judy Asher, Donna Callegari, Kathy Gordon, Pat Kennedy and Betty Pacheco), and nephews (Ernie Silva, Vernon Serpa and David Serpa) and his great nieces and nephews.



Louie attended school in Fairview, Bret Hart and graduated from Hayward High with the Class of 1936.

He was most proud of having served in the Army in World War II. He was an MP and part of the D-Day Normandy landing on Omaha Beach. He remembered clearly all of the events of his military experience and attended most of the anniversaries of D-Day in France. To this day, he receives and annual thank you from the Villagers in a small town in France thanking him for helping them survive against the Nazi’s.

Louie worked as a machinist and a tool and dye maker for Fridens and later for Lockheed Martin. He spent a year in Venezuela helping set up the machinery for making Mercedes.

His favorite hobby was traveling and he visited every continent in the world and most of the countries. His hat collection of 85 hats is proof of his traveling passion.

He was a member of SIRS and the Native Sons of the Golden West. He belonged to a number of Portuguese societies and he faithfully attended the Holy Ghost Festas.

Viewing will be held from 10-11am on Thursday, November 19 at Fremont Chapel of the Roses, 1940 Peralta Blvd., Fremont, CA. Funeral Mass will follow at 11:30am at Holy Spirit Catholic Church, 37588 Fremont Blvd., Fremont, CA. Burial at Holy Sepulchre cemetery in Hayward to follow.

Contributions may be made in memory of Louie to your favorite charity or Paralyzed Veterans of America.

## Obituary

### Greig Jay Reeves

July 13, 1951 - November 7, 2015

Resident of Milpitas



Greig J. Reeves lost his courageous battle with cancer on November 7th, 2015 in the comfort of his home. Greig was born in San Jose. His family moved to Fremont where Greig graduated from Irvington High School in 1969. He served in the United States Air Force from October 1969-1973. Upon his discharge, he returned to Fremont and resumed working for Fry’s Food Store/Save Mart Supermarkets where he was a dedicated employee for 42 years.

Greig is survived by his wife of 40 years Marsha; son Bryan Reeves and his wife Ceri; daughter Deidre Laino and her husband Nick; 3 grandchildren: Braeden, Rya, and William; brother Verne and his wife Carmen; sister-in-law Irene; step-sisters: Bonnie, and

Marlaine and her husband Paul; and many nieces, nephews, and cousins. Greig was predeceased by his parents Kenneth Reeves and Vernan Reeves-Mars, step-father H. Arnold Mars, and brother Mark Reeves.

Greig enjoyed coaching his children’s soccer teams and watching his grandson’s soccer games. He loved fishing, traveling, and was an avid San Jose SaberCats, SF Giants, and SF 49ers fan.

A Memorial Service will be held on Saturday, November 21st, 1pm at St. James Episcopal Church, 37051 Cabrillo Terr., Fremont, CA 94536. In lieu of flowers, contributions may be made to American Cancer Society, St James Episcopal Church, or your favorite charity.

## Obituary

### Marta Homan



HOMAN, Marta, a native of East Prussia (Germany) passed away in Fremont, CA after a lengthy illness. She is survived by her daughter Lisa Sivo of Verona, NJ and her siblings Eva Brixy, Charlotte Krause and Willi Salewski, all of Germany. She was predeceased by her loving husband, Everett.

Marta escaped from East Germany when she was young, making her way first to West Germany, then Canada and the United States. Marta, Everett and Lisa lived in several states and countries prior to moving to Castro Valley, CA, where Marta resided for 42 years before

transitioning to care facilities in Fremont, CA.

A homemaker and longtime parishioner of Grace Lutheran Church in Hayward, CA, she also enjoyed helping out at a friend’s German deli in Hayward and in her daughter’s schools as a cafeteria worker and a German teacher. She loved all animals dearly, but especially cats.

**A Memorial Service will be held at a future date.**  
**Tri-City Cremation & Funeral Service**  
**Newark, CA 94560**  
**510.494.1984**



Birth

Marriage

LIFE CORNERSTONES

Obituaries

For more information  
510-494-1999  
tricityvoice@aol.com

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**Charles A. Ranalli**  
RESIDENT OF FREMONT  
December 2, 1930 – October 25, 2015

**Marlene Kay Hill**  
RESIDENT OF HAYWARD  
February 18, 1937 – November 5, 2015

**Charlotte A. Mendoza**  
RESIDENT OF HAYWARD  
November 22, 1944 – November 6, 2015

**Jason M. Whiting**  
RESIDENT OF LIVERMORE  
September 21, 1966 – November 6, 2015

**Greig J. Reeves**  
RESIDENT OF MILPITAS  
July 13, 1951 – November 7, 2015

**Catherine C. Palleschi**  
RESIDENT OF FREMONT  
September 7, 1918 – November 8, 2015

**Raye G. Gross**  
RESIDENT OF NEWARK  
March 20, 1940 – November 9, 2015

**Sergio G. Silva**  
RESIDENT OF FREMONT  
June 8, 1926 – November 9, 2015

**Louis L. Serpa**  
RESIDENT OF FREMONT  
March 24, 1917 – November 15, 2015

**Pearl S. Garcia**  
RESIDENT OF FREMONT  
June 8, 1924 – November 13, 2015

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**Tony Parra**  
RESIDENT OF ALAMEDA  
July 28, 1965 - November 7, 2015

**Irme Toth**  
RESIDENT OF FREMONT  
April 12, 1929 – November 7, 2015

**Saw Win**  
RESIDENT OF FREMONT  
July 18, 1930 – November 8, 2015

**George Sun**  
RESIDENT OF FREMONT  
October 4, 1957 – November 8, 2015

**Sister Mary Walsh**  
RESIDENT OF FREMONT  
May 22, 1918 – November 9, 2015

**Kenneth Brickwedel**  
RESIDENT OF FREMONT  
March 26, 1964 – November 7, 2015

**Emily Dean**  
RESIDENT OF STAGE COACH, NEVADA  
March 26, 1964 – November 7, 2015

**Samuel Armour Jr.**  
RESIDENT OF FREMONT  
November 30, 1936 – November 12, 2015

**Marguerite Geraghty**  
RESIDENT OF FREMONT  
December 19, 2015 – November 13, 2015

**Salvador Ramirez**  
RESIDENT OF SAN LEANDRO  
December 21, 1931 – November 14, 2015

**Nieves Reyno**  
RESIDENT OF SUNNYVALE  
August 12, 1935 – November 15, 2015

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## Obituary

### Jason M. Whiting

September 21, 1966 – November 6, 2015  
Resident of Livermore



On Friday, November 6th, the world became a darker place when Jason Whiting lost his six month battle with leukemia. He passed peacefully and with his loving family by his side.

Although he was forced to make many sacrifices as a result of his disease, which made him weak and kept him from being able to do the things he loved to do, he would never complain and remained the determined, hopeful, and positive soul that he was until the very end.

Jason attended Mission San Jose High School in Fremont then later received his Bachelor's degree from UC Davis. After college, he received his law degree from UC Hastings College of the Law in San Francisco. He was a corporate lawyer for several years before deciding to pursue his lifelong dream of becoming a teacher. So he left his successful job in law to work towards obtaining his Multiple Subject Teaching Credential at San Jose State University. This shows the true character of Jason - to leave his successful job as a lawyer to change careers to inspire students with his love of learning.

Jason taught sixth grade at Gomes Elementary School in Fremont for several years and had been teaching sixth grade at Warm Springs Elementary School in Fremont for nearly a decade. Jason, or Mr. Whiting as his students know him, touched many lives and influenced many of his students. Besides teaching the required curriculum, he knew that being a good teacher involved going beyond academics and instilling in his students the importance of being a good person and building strong

moral values. He was more than just a teacher to his students - he was their friend, their confidante, and their supporter in pursuing their own personal dreams. He fostered a sense of family and community in his classroom which enabled his students to feel safe and valued for the unique individuals that they are.

Jason was his usual thoughtful, kind, and funny self-right to the end. The world lost an incredible husband, soulmate, best friend, son, son-in-law (really more like a son) brother, brother-in-law (really like a brother) idolized uncle, great uncle (really great) cousin, teacher, colleague, mentor, coach, friend, and, really ... just an all-around great person. Jason is survived by his beloved and devoted wife Eden, his father Tom of Brentwood and mother-in-law Edna of Fremont, his brothers John (Karon) of Piedmont and Jared (Roxanne) of Pleasanton, sisters Judy (Kevin) Sollitt of Fremont and Jill (Scott) Sollitt of Livermore, sister-in-law Minna (Charles) of San Jose, many adoring nieces and nephews, and his faithful puppy companion Trixie. He was predeceased by his mother, Sally, and father-in-law Benjamin.

A Memorial Mass will be held for Jason on Monday, November 16th, 11am at St. Joseph Catholic Church, 43148 Mission Blvd., Fremont, CA 94539. Memorial gifts in Jason's memory may be made to St. Jude Children's Hospital (www.stjude.org) and/or the Leukemia & Lymphoma Society (www.lls.org).

**Fremont Chapel of the Roses**  
1-510-797-1900

## Obituary

### JoAnn Marie Schafer

Jan. 17, 1964 - Nov. 9, 2015  
Resident of Newark

JoAnn is survived by her loving husband Ken and her son Andrew. She is also survived by her mother MaryAnn and her husband Jim, her father Joe, her brother Joe and niece Gina.

JoAnn spent many years as an Occupational Therapist. She loved helping people. Her biggest joy in life was singing.

Friends and family are invited to a memorial service at the Centerville Presbyterian Church, 4360 Central Ave., Fremont, CA at

11AM on Nov. 21.

In lieu of flowers, the family wishes donations to be made to the American Cancer Society in her name.

**Tri-City Cremation  
& Funeral Service**  
Newark, CA 94560  
510.494.1984

## Obituary

### Charlotte Ann Mendoza (Anderson)

Resident of Hayward, CA  
November 22, 1944 – November 6, 2015

Born on November 22nd, 1944 in Richmond, CA, and entered into rest on November 6th, 2015 in Hayward, CA at the age of 70. Survived by her husband Carlos Mendoza, and her daughters: Kim Ramirez, Rose Anderson, and Vanessa Anderson. Also survived by two adopted children and several grandchildren. Predeceased by her husband Richard Anderson.

A Memorial Service will be held for Charlotte on Friday, November 20th, 11am at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536.

**Fremont Memorial Chapel**  
1-510-793-8900

## Obituary

### Margie Louise (Grandma Lou) Whitson

Margie Louise (Grandma Lou) Whitson passed away August 19th at Wilcox hospital in Fremont at the age of 87. She was born March 12th 1928 in Traverse City Michigan.

She was preceded in death by her brother, Donald Wright and sister, Delores Franke.

Lou is survived by three sons, D.R. Whitson of Seattle, Mark Whitson of Hawaii & Paul Whitson of Oklahoma City and a daughter, Charlie Stout of Oklahoma City; 5 grandchildren and many great grandchildren.

A celebration of her life will be November 19th at the Country Common club house in Fremont from 4:00 P.M. to 6:00 P.M. this is where she resided the past 20 years.

**Tri-City Cremation & Funeral Service**  
Newark, CA 94560  
510.494.1984



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www.coyotehillsgs.org

# Holiday Boutique



**Saturday, November 28, 2015**

9:00 am - 3:00 pm

Fremont Veteran's Memorial Hall  
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continued from page 1

# Exploring human origins:

What does  
it mean to be human?



The 1,200-square-foot new traveling exhibition includes 3-D skull casts representing groundbreaking research in the scientific study of human origins

journey of human evolution and explain how they developed over time, including walking upright, the earliest known technologies, brain enlargement, symbolic language development, the origin of agriculture, and the creation of complex societies.

The exhibition and its associated public programs, including formal community conversations and science workshops, will engage audiences to explore the wonder of the scientific discoveries concerning human evolution and how these findings connect to diverse personal and societal perspectives about who we are as a species and why it matters. The traveling exhibition appeals to the innate curiosity of all human beings in terms of understanding themselves and their own existence. It aims to engage local communities in the global scientific exploration of how humans have evolved over time,

while inviting discussion that connects this exploration to varied societal perspectives about what it means to be human.

## What Does It Mean To Be Human?

Wednesday, Nov 25 - Dec 22

**Monday – Wednesday**

1 p.m. – 9 p.m.

**Thursday – Saturday**

**10 a.m. – 6 p.m.**

## Sunday

12 p.m. – 6 p.m.

Milpitas Library

160 N. Main St, Mil

(408) 262-1171

Free

## Chapel of the Chimes celebrates Chinese Chung Yeung

**SUBMITTED BY GUS NODAL**

More than 5,000 people visited Chapel of the Chimes Hayward on Saturday and Sunday, October 17-18, 2010 to celebrate “Chung Yeung 2015.” Also known as “Autumn Remembrance,” this ancient Chinese “grave-sweeping” tradition is conducted on the ninth day of the ninth month in the Chinese lunar calendar to care for ancestors’ graves and make sacrifices of special paper money and paper winter clothing.

Among this year's family-friendly activities were Chinese lion dancers to scare away bad spirits, a traditional blessing from Buddhist and Taoist monks, a performance by the Berkeley Kite Wranglers, and a free buffet lunch.



"The Chung Yeung Festival represents a day to respect and remember ancestors – a practice that's widely valued by so many in our community," said Robin Russell, general sales manager at Chapel of the Chimes. "We're proud to carry on this important tradition, which is an integral part of cultural life for Chinese residents."

The practice of ancestor worship is based on three beliefs: that a person's good or bad fortune is influenced by the souls of his or her ancestors, that all departed ancestors have the same material needs they had when alive, and that the departed can assist their living relatives.

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## CONVENIENCE STORE MANAGER

Immediate opening for a Convenience Store Manager in Fremont, California. The Store Manager (SM) will manage, direct, and supervise the daily operations of the store. He/ She will maintain a pleasant and courteous environment for customers and team members according to company goals, policies, and procedures.

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Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present  
Faculty, Santa Clara University School of Law 1987  
Editor, University of Illinois Law Review  
California Supreme Court Cases

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## Tip-a-Cop fundraiser

SUBMITTED BY NEWARK PD

The Newark Police Department (NPD) will be participating in a Tip-a-Cop event on Friday, November 20. This is a great event that supports the Special Olympics. NPD officers will participate as celebrity servers and all tips received will go to the Special Olympics. This event is typically a fundraising favorite for NPD personnel and a great way to interact with the community.

The location will be at Strizzi's Restaurant in the City of Fremont between the hours of 4 p.m. and 10 p.m. There will be a Police K-9 at the restaurant; those that attend can socialize with the athletes that benefit from this great cause. We hope to see you all there!

### Tip a Cop Fundraiser

Friday, Nov 20

4 p.m. – 10 p.m.

Strizzi's Restaurant

2740 Mowry Ave, Fremont

Nick.Mavrakis@Newark.org

## Fremont Police Log

SUBMITTED BY  
GENEVA BOSQUES,  
FREMONT PD

Friday, November 6

At 12:48 p.m., Ofc. Higgins and Field Training Officer (FTO) Settle investigated a robbery at an office in the 40900 block of Fremont Boulevard. The suspect hit and knocked the victim to the ground. The losses were a purse and cell phone. The suspect was described as a Hispanic male adult in his 20s, having black hair, 6'0" tall, thin build, wearing a dark shirt. The suspect fled in a dark grey four-door compact vehicle with no rear plate, similar to a Honda Civic. The suspect was driven away by a male.

### Saturday, November 7

At 12:47 a.m., officers responded a commercial alarm on the 5100 block of Mowry Avenue. The front window of the business was discovered smashed out. A burglary was confirmed, and a significant amount of high-end wine and whiskey was stolen. The store employees valued the loss to be more than \$4,000.

At 3:39 a.m., officers responded to the 40500 block of Albrae Street for a call of a subject stealing bicycles from in front of the store. A 23-year-old adult male, Fremont resident, was located riding a bicycle by Sgt. Tarango. The male was arrested for theft and an outstanding warrant. He was booked into Santa Rita Jail.

### Sunday, November 8

An attempt residential burglary occurred on the 4000 block of Michael Avenue on Tuesday, November 3, 2015, and the victim tried to report it online. Officers responded on Sunday,

November 8, 2015 and learned that an unknown suspect attempted to gain entry through the rear slider and window by removing screens. The victim was at home at the time and yelled at the suspect, who then fled. The suspect was described as a 20-year-old black adult male.

An attempt residential burglary occurred on the 39000 block of Sutter Drive. The victim heard a knock on the door around 2:00 a.m. but went back to bed. In the morning the victim found one screen cut and another one removed.

### Monday, November 9

At 3:48 p.m., officers investigated a residential burglary in the 36000 block of Fremont Boulevard. Unknown suspect(s) gained entry by forcing open the front door. Losses were jewelry and currency.

### Tuesday, November 10

Sometime during the night, unknown suspect(s) broke into the new 7-Eleven under construction at Mowry Avenue/Cherry Street and stole tools and electrical wire. Case was investigated by Community Service Officer (CSO) Anders.

### Wednesday, November 11

The Chevron gas station on S Grimmer Boulevard was burglarized. Sometime after midnight an unknown suspect broke the front glass and entered the store in an attempt to steal from the ATM machine. When unsuccessful, the suspect took cigarettes instead. The suspect was described as a white male adult, 6' 0", 200 lbs., wearing black shirt, blue jeans, black ski mask and black gloves. The suspect vehicle was described as a white Ford van with black rims and unknown license plate. Case was investigated by Ofc. Wilson.

### Thursday, November 12

At 9:20 a.m., CSO Potter and FTO Zamora were dispatched to

## Annual Holiday Crime Prevention meeting

SUBMITTED BY FREMONT PD

Fremont Police Detectives want to help ensure that you have a happy holiday season. To help make this possible, they are hosting a community crime prevention meeting on Wednesday, November 18.

### The meeting will focus on the following crime tips and trends:

Residential Burglary Prevention  
Front Porch Package Thefts  
Holiday Shopping Safety  
Auto Burglary Prevention  
Scams, Scams and more Scams

### Annual Holiday Crime Prevention meeting

Wednesday, Nov 18

6:30 p.m. – 8:30 p.m.

Fremont City Council Chambers

3300 Capitol Ave, Fremont

(510) 790-6800

a garage burglary on the 37700 block of Elliott St. Once there they learned two vehicles had also been burglarized. Loss was tools.

Officer Little investigated a robbery in the area of Paseo Padre Pkwy and Surry Place. A female victim was pushing her young child in a stroller walking northbound on Paseo Padre Pkwy. The female noticed a male walking in her direction and as they passed each other, the male suspect forcibly grabbed her gold necklace that was in plain view. The necklace gave way and the male suspect ran southbound on Paseo Padre and out of sight. The suspect is described as a white male adult, 6' tall, thin build with a blue hoodie.

At 11:42 a.m., Officer Chinn responded to a report of a suspicious person who walked away from a vehicle in the 42300 block of Albrae St. The vehicle was unreported stolen. The 28 year old adult female, San Jose resident was located a short distance away at a gas station and arrested for auto theft.

At 9:39 p.m., officers were dispatched to the 5400 block of Ridgewood Dr. to investigate a residential burglary. This burglary occurred between 7:00 a.m. and 8:30 p.m. The unknown suspect(s) made entry by shattering a large window with an unknown object on the first floor of the home.

At 10:00 pm we took a residential burglary report on the 4700 block of Mendocino Terrace. The incident occurred sometime between 1:30 pm - 9:50 p.m. The unknown suspect(s) entered the residence by shattering the rear sliding glass door, possibly using a river rock.

At 10:08 p.m., Officer Geopp investigated an auto burglary that occurred in a parking near Decoto Rd and Fremont Blvd. No suspect leads.

## Newark Police Log

SUBMITTED BY  
CMDR. MIKE CARROLL,  
NEWARK PD

### Monday, November 2

At 1:17 p.m., Ofc. Neithertt responded to 35192 Newark Blvd. (McDonalds) for a disturbance between a couple. The victim was contacted and advised that her 36-year-old boyfriend of Newark had grabbed her by the wrist and refused to allow her to leave the restaurant. The male was taken into custody for violation of domestic violence restraining order and domestic violence. He was later booked at Fremont Jail.

At 3:47 p.m., officers were dispatched to a physical altercation between a husband and his wife. A 34-year-old female of Newark was arrested for domestic violence. She was taken into custody and later booked at Santa Rita Jail. A judge issued an emergency protective order to help protect the victim.

Tuesday, November 3

At 6:24 p.m., Ofc. Khairy investigated a shoplifting case from Macy's. A 20-year-old female of Oakland was arrested for theft and a no-cite warrant. She was booked at Fremont Jail.

### Wednesday, November 4

At 5:35 p.m., Ofc. Jackman investigated a shoplifting case from Macy's. He accepted the arrest of a 37-year-old female of Fremont, and she was released

with a citation for theft.

### Thursday, November 5

At 5:32 p.m., Ofc. Jackman responded to the NewPark Mall JCPenny for a shoplifter in custody. Ofc. Jackman accepted the citizen's arrest of an 18-year-old female of Union City for petty theft. She was issued a citation and released.

At 10:43 p.m., Ofc. Geser investigated a domestic violence incident where a 46-year-old male of Newark was arrested for felony domestic violence and booked at Santa Rita Jail.

At 11:19 p.m., Ofc. Horst responded to an armed robbery in the Food Maxx parking lot. One suspect was described as a short and thin black male adult with a

continued on page 41



## COMMUNITY BULLETIN BOARD

<b>FREMONT COIN CLUB</b> Established 1971 Meets 2nd & 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont All are welcome, come join us www.fremontcoinclub.org 510-792-1511	<b>Union City Lions.com</b> Meet 2nd and 4th Thursday Dinner 7pm at Crowne Plaza and Lunch at Texas Roadhouse Meetings are a lively meal with friends and an informative Program/Speaker. For contact information go to UnionCityLions.com	<b>The League of Women Fremont-Newark-Union City</b> <b>www.lwvfnuc.org</b> Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible	<b>10 lines/\$10/ 10 Weeks \$50/Year</b> <b>510-494-1999 tricityvoice@aol.com</b>  <b>Shout out to your community</b>  Our readers can post informa- tion including: <b>Activities</b> <b>Announcements</b> <b>For sale</b> <b>Garage sales</b> <b>Group meetings</b> <b>Lost and found</b> For the extremely low cost of \$10 for up to 10 weeks, your message will reach thou- sands of friends and neighbors every TUESDAY in the TCV printed version and continu- ously online. TCV has the right to reject any posting to the Commu- nity Bulletin Board. Payment must be received in advance.	Payment is for one posting only. Any change will be con- sidered a new posting and incur a new fee.  <b>The “NO” List:</b> <ul style="list-style-type: none"><li>• No commercial announcements, services or sales</li><li>• No personal services (escort services, dating services, etc.)</li><li>• No sale items over \$100 value</li><li>• No automobile or real estate sales</li><li>• No animal sales (non- profit humane organization adoptions accepted)</li><li>• No P.O. boxes unless physical address is verified by TCV</li></ul>
<b>Troubled By Someone's Drinking?</b> Help is Here! Al-Anon/Alateen Family Groups No cost program of support for people suffering from effects of alcoholism Call 276-2270 for meeting information or email Easyduz@gmail.com www.ncwsa.org	<b>Tri-City Ecology Center</b> Your local environmental leader! Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects. www.tricityecology.org Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-793-6222	<b>Fremont Cribbage Club</b> teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email: Accgr43@gmail.com American Cribbage Congress www.cribbage.org	<b>Help with Math &amp; Reading</b> You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. Contact 510-797-2703 momwalk77@gmail.com	<b>Sun Gallery FREE Art Saturday Classes For families on the 2nd &amp; 4th Sat. of each month and Summer Art Camp</b> Gallery Shows & Exhibits FREE admission to all shows 1015 E. St. Hayward 510-581-4050 www.SunGallery.org
<b>Tri-City Society of Model Engineers</b> The TCSME located in Niles Plaza is currently looking for new members to help build & operate an N Scale HO layout focused on Fremont & surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: www.nilesdepot.org	<b>ABWA-Pathfinder Chap. American Business Women’s Assoc.</b> provides opportunities for women personally & professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. Sinodino’s Rest. (Newark): 6:30-9:00 pm Call Karen 510-257-9020 www.abwa-pathfinder.org	<b>FREE AIRPLANE RIDES FOR KIDS AGES 8-17</b> Young Eagles Hayward Airport various Saturdays www.vaa29.org Please call with questions (510) 703-1466 youngeagles29@aol.com	<b>First Church of Christ Scientist, Fremont</b> Sunday Service 10am Sunday School 10am Wed. Eve Service 7:30pm Chld Care is available all serv- ices. Reading Room Open Monday - Friday 1-3pm 1351 Driscoll Rd., Fremont 510-656-8161	<b>Alder Ave. Baptist Church</b> <b>4111 Alder Ave., Fremont</b> Serving GOD Southern Baptist Traditon - Pastor-Randy Walters Sunday Bible Study -9:30am Worship Service - 11am Community Sing-Along First Friday every month 510-797-3305 www.Aldervenuebaptist.com
<b>Come Join Us Tri Cities Women’s Club</b> Meets on the third Tuesday Elk’s Club on Farwell Dr. 9:30 – Cards, 12:00 – Lunch 1:00 – Program and Meeting We also have bridge, walking, Gourmet dining groups, And a book club. For info. Call 510-656-7048	<b>Afro-American Cultural &amp; Historical Society, Inc.</b> Sharing ur culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday 5:30pm in member homes Contact: 510-793-8181 www.aachis.com We welcome all new members	<b>SparkPoint Financial Services</b> <b>FREE financial services and coaching for low-income people</b> who want to improve their finances. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center To reserve a seat: 574-2020 Fremont.gov/SparkPointFRC		
<b>Soiree Singles For People Over 60 Many Activities!</b> Dancing, Dinners, Luau’s Potlucks. Great Fun! email: lellochmil@att.net or Call: Lois for FREE Newsletter 510-581-3494	<b>Twins? Triplets? MORE?!</b> <b>Join Tri-City Mothers of Multiples!</b> Our diverse club offers friendship, fun events, and support to mothers of multiples in the Tri Cities and beyond. Contact tricitymoms@yahoo.com or Danielle at 510-552-1861. http://www.tricitymoms.org	<b>SAVE’s Restraining Order Clinics</b> Free for domestic violence survivors Seeking protective orders Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday Call SAVE’s 24-hr Hotline (510) 794-6055 for details www.save-dv.org	<b>Newark Toastmasters Club</b> <b>Build Self Confidence Great for Job Seekers</b> <b>Early Risers/Guest welcome</b> Meets Every Tuesday Morning 7am-8am at Newark Library 6300 Civic Terrace Ave. Newark http://1118.toastmastersclubs.org Bill 510-796-3562	
<b>Serious Mental Illness Free 12 week course for caregivers of someone with a serious mental illness - Start Jan 9 9am-11:30am</b> Registration Required Contact: Joe Rose 510-378-1578 Email: F2F@NAMIlacs.org http://www.NAMIlacs.org http://www.NAMI.org	<b>VOLUNTEERS WANTED MUSEUM OF LOCAL HISTORY GUILD</b> No experience needed! Enjoy helping students on school tours - work on exhibits Accession artifacts flexible days & hours Call Dianne: 510-673-4813 www.museumoflocalhistory.org	<b>Most Joyful Volunteer work</b> <b>LIFE ElderCare – VIP Rides</b> Drive seniors to appts/errands 4 hrs/month Flexible scheduling. Call Valerie 510-574-2096 vdraeseke@fremont.gov www.LifeElderCare.org	<b>Newark Demonstration Garden</b> Join a group of Newark residents to spearhead a demonstration garden in Newark. We're currently selecting a site. We need your help! Angela at info@newarkparks.org https://www.facebook.com/groups/NewarkDemonstrationGarden/	<b>Tri-City Youth Chorus</b> Grades 5-8 Have fun learning all types of contemporary music with a skilled director Meets Thursdays 4-5 PM No auditions Recital on Dec. 13th at 4 PM for the public 36600 Niles Blvd. www.tricityyouthchorus.weebly.com 510-797-0895
<b>The American Assoc. of University Women</b> AAUW advances equity for women and girls through advocacy, education, philanthropy and research We are all inclusive, welcoming, smart and fun. fremont-ca.aauw.net	<b>Deliver a smile and a meal to homebound seniors</b> <b>LIFE ElderCare – Meals on Wheels</b> Mon – Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 tduran@fremont.gov www.LifeElderCare.org	<b>Fremont Area Writers</b> Like to write? Meet other writers? Join us from 2-4 p.m. every fourth Saturday except in July and December at DeVry University, 6600 Dumbarton Circle, Fremont. www.cwc-fremontareawriters.org	<b>Newark Skatepark</b> Join a group of Newark skaters and parents of skaters to spearhead a skatepark in Newark. We have a business plan. Now we need your help to execute on it! Angela at info@newarkparks.org https://www.facebook.com/groups/NewarkSkatepark/	<b>SAVE THE DATE HAYWARD ARTS COUNCIL BENEFIT CARNAVAL</b> It’s Carnival time for the Arts <b>Friday, Nov. 13</b> Hayward City Hall Rotunda 5:30-8:30 pm - Tickets \$40 in advance \$50 at the door Call 510-538-2787 Support HAC galleries & Programs
<b>SAVE’s Domestic Violence Support Groups</b> FREE, compassionate support Domestic violence survivors Drop-in, no reservations needed Every Tues & Thurs 6:45-8:45 pm Every Friday 9:15 to 11 am 1900 Mowry Avenue, Fremont (510) 574-2250 or 24-hour Hotline (510) 794-6055 www.save-dv.org	<b>Ohlone Humane Society</b> Love animals & want to help? OHS is a nonprofit, volunteer supported animal welfare organization. Includes wildlife rehabilitation, companion animal rescue, animal assisted therapy, spay/neuter assistance and more. For info call 510-792-4587 www.Ohlohnehumanesociety.org	<b>Hayward Art Council</b> 22394 Foothill Blvd., Hayward 510-583-2787 www.haywardarts.org Open Thurs. Fri. Sat. 10am-4pm Foothill Gallery, John O’Lague Galleria, Hayward Area Senior Center Exhibit Hall, Alameda County Law Library Hayward branch All open to the public	<b>Newark Parks Foundation</b> The Foundation mobilizes financial and community support to deliver thriving, accessible, supported, and varied parks, open spaces, and recreational opportunities for a healthy and united Newark. Seeking Board of Directors and Honorary Board members. info@newarkparks.org	<b>Calling All Crafters Sun Gallery Holiday Boutique to raise \$ for FREE Sat Family Art Days</b> 1015 E St. Hayward 510-581-4050 Nov 15-Dec 20 Four Weeks Thurs -Sun 11-5pm \$35 FEE 30% Off Sales Email Photo or Website of items sungallery@comcast.net
<b>SAVE’s Empowerment Ctr. Services</b> FREE for domestic violence survivors. If you’re seeking healing, strength, support or referrals, SAVE can help! Yoga, therapeutic art, advocacy 24-hour Hotline (510) 794-6055 Empowerment Ctr (510) 574-2250 1900 Mowry Ave, #201 Fremont. www.save-dv.org	<b>FOOD ADICTS IN RECOVERY - FA</b> <ul style="list-style-type: none"><li>• <b>Can’t control the way you eat?</b></li><li>• <b>Tried everything else?</b></li><li>• <b>Tired of spending money?</b></li></ul> Meeting Monday Night 7pm 4360 Central Ave., Fremont Centerville Presbyterian Church Family Ed. Bldg. Room E-204 www.foodaddicts.org	<b>The Friendship Force San Francisco Bay Area</b> Experience a country & its culture with local hosts; meet global visitors here.Nov. to Costa Rica, Holiday Party at Hotel Nikko in San Francisco, to Brazil in June 2016 www.ffsfba.org www.thefriendshipforce.org Call 510-794-6844 or 793-0857	<b>Newark Trash Pickup Crew</b> Get to know your Newark neighbors Get a bit of exercise and help make Newark look great Join us! https://www.facebook.com/groups/newarkTrash/	
<b>Scholarships for Women</b> Our Fremont philanthropic organization, PEO, offers many scholarships for women enter- ing college, earning another degree or returning to school after 2+ years. Low interest education loans available, also. 510-794-6844 www.peointernational.org	<b>National Alliance on Mental Illness (NAMI) FREE confidential 10 week informational course - Adults living with mental health challenges</b> <b>Focused on Recovery 2 hrs Saturdays</b> Call Kathryn Lum 408-422-3831 for time and location		<b>Church for Rent Sunday Afternoons 1 p.m. – 6 p.m.</b> <b>Kitchen available for use</b> Community SDA Church 606 H. Street, Union City (510) 293-0905 or (510) 755-6348	<b>Relay for Life - Fremont Meetings 3rd Tuesday of Month</b> <b>Event Leadership Team Meeting Besaro Park</b> 40655 Grimmer Blvd. Fremont Contact Lynda Rae 510-397-6647 (leave Message) Cathy Nervell 510-701-9005 email: fremntrf12016@gmail.com



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**Dawn Torre, Volunteer Coordinator**  
1-888-493-0734 or 510-933-2181  
[volunteer@lifespringshospice.com](mailto:volunteer@lifespringshospice.com)

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HAIR STYLIST



## PUBLIC NOTICES

PLANNING COMMISSION OF THE CITY OF UNION CITY  
NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held by the Planning Commission of the City of Union City for the purpose of considering the following:

**AG-15-001, A-15-001, AT-15-004, HOUSING ELEMENT IMPLEMENTATION GENERAL PLAN LAND USE AND ZONING REDESIGNATION:**

The City of Union City is proposing to amend the General Plan land use designation and Zoning designation of two sites located on Alvarado-Niles Road (the "Soares Ranch" site and "Caltrans" site north of Quarry Lakes) to multi-family designations consistent with the adopted 2015 Housing Element. The project requires a General Plan Amendment (AG-15-001), Zoning Map Amendment (A-15-001), and Zoning Text Amendment (AT-15-004) for the creation of an overlay zone, and would affect the following site Assessor's Parcel Numbers (APNs): 475-151-6, 475-151-2, 475-151-4, 475-151-3, 87-11-17-7, 87-11-17-6, 87-11-15-15, 87-11-15-14, 87-11-16-3, 87-11-15-3.

NOTICE IS ALSO GIVEN that a Mitigated Negative Declaration was prepared for the project, which determined that the project would not result in any significant environmental impacts with the incorporation of mitigation measures.

**These items will be heard at a public hearing by the Planning Commission at the meeting listed below.** The project planner, Avalon Schultz, can be reached at (510) 675-5321. You may attend the meeting and voice your comments or you may submit comments in writing to [avalons@unioncity.org](mailto:avalons@unioncity.org).

PLANNING COMMISSION MEETING  
Thursday, December 3, 2015

Said hearing will be held at 7:00 p.m.  
In the Council Chambers of City Hall,  
34009 Alvarado-Niles Road, Union City

The meeting packet, which includes the meeting agenda and staff report for this project, can be accessed on-line on the City's Agendas and Minutes webpage which is located at <http://www.ci.union-city.ca.us/departments/city-manager-s-office/city-clerk/agendas-and-minutes>. Meeting packets are generally available on-line the Friday before the meeting.

If you challenge the above described project in court, you may be limited to raising only those issues you or someone else raised at the Planning Commission public hearing for this project or the City Council public hearing described in this notice, or in written correspondence delivered to the Planning Commission or to the City Council at, or prior to, the public hearing.

JOAN MALLOY  
Economic & Community Development Director

CNS#2816716

## CIVIL

ORDER TO SHOW CAUSE  
FOR CHANGE OF NAME

Case No. HG15792890  
Superior Court of California, County of Alameda  
Petition of: Humma Qureshi for Change of Name  
TO ALL INTERESTED PERSONS:  
Petitioner Humma Qureshi filed a petition with this court for a decree changing names as follows:  
Humma Qureshi to Humma Arjumand Azemeri  
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
Notice of Hearing:  
Date: 3-24-16, Time: 1:30 p.m., Dept.: 503  
The address of the court is 24405 Amador Street, Room 108, Hayward, CA 94544  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening - Tri City Voice Newspaper  
Date: Nov. 12, 2015  
WINIFRED Y. SMITH  
Judge of the Superior Court  
11/17, 11/24, 12/1, 12/8/15

CNS-2816506#

ORDER TO SHOW CAUSE  
FOR CHANGE OF NAME

Case No. HG15789686  
Superior Court of California, County of Alameda  
Petition of: Sripriya Devarajan Ramesh Santhanakrishnan, on behalf of Arjun Sharavan Ramesh, minor for Change of Name  
TO ALL INTERESTED PERSONS:  
Petitioner Sripriya Devarajan Ramesh Santhanakrishnan, on behalf of Arjun Sharavan Ramesh, minor filed a petition with this court for a decree changing names as follows:  
Arjun Sharavan Ramesh to Arjun Shrivani Ramesh  
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
Notice of Hearing:  
Date: 2-11-2016, Time: 1:30 p.m., Dept.: 503  
The address of the court is 24405 Amador Street, Hayward, CA 94544  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice Newspaper  
Date: Oct. 15, 2015  
WINIFRED Y. SMITH  
Judge of the Superior Court  
10/27, 11/3, 11/10, 11/17/15

CNS-2806874#

FICTITIOUS BUSINESS  
NAMESFICTITIOUS BUSINESS  
NAME STATEMENT

File No. 511577  
Fictitious Business Name(s):  
**Jenniss Virgin Hair Company, 2691 75th Ave., Oakland, CA 94605**, County of Alameda  
Mailing address: 2691 75th Ave., Oakland, CA 94605  
Registrant(s):  
Jennifer Davis, 2691 75th Ave., Oakland, CA 94605  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Jennifer Davis

This statement was filed with the County Clerk of Alameda County on November 12, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/17, 11/24, 12/1, 12/8/15

CNS-2816630#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 511374  
Fictitious Business Name(s):  
**Toys Kingdom, 2885 Garrick Pl, Fremont, CA 94555**, County of Alameda  
Registrant(s):  
Wen Cong Jiang, 2885 Garrick Pl, Fremont, CA 94555  
Business conducted by: An Individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Wen Cong Jiang  
This statement was filed with the County Clerk of

Alameda County on November 5, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/17, 11/24, 12/1, 12/8/15

CNS-2816254#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 511384  
Fictitious Business Name(s):  
**Super Star Chicken, 207 Monterina Way, Hayward, CA 94545**, County of Alameda  
Registrant(s):  
Yung Tu, 207 Monterina Way, Hayward, CA 94545  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Yung Tu  
This statement was filed with the County Clerk of Alameda County on November 5, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/17, 11/24, 12/1, 12/8/15

CNS-2816193#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 511200  
Fictitious Business Name(s):  
**ComputerFixers, 4658 Piper St., Fremont, CA 94538**, County of Alameda  
Mailing address: 4658 Piper St., Fremont, CA 94538  
Registrant(s):  
Amritpal Singh, 4658 Piper St., Fremont, CA 94538  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Amritpal Singh  
This statement was filed with the County Clerk of Alameda County on October 30, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/17, 11/24, 12/1, 12/8/15

CNS-281597#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 511464  
Fictitious Business Name(s):  
**CNH Asset Company, 41111 Mission Blvd, Fremont CA 94539**, County of Alameda  
Registrant(s):  
Namho Chung, 358 Belflower Drive, San Ramon CA 94582  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Namho Chung  
This statement was filed with the County Clerk of Alameda County on November 6, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/17, 11/24, 12/1, 12/8/15

CNS-2815930#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 511355  
Fictitious Business Name(s):  
**Dotts, 33742 Cassio Cir, Fremont, CA 94555**, County of Alameda  
Registrant(s):  
Kay McCormick, 33742 Cassio Cir, Fremont, CA 94555  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section

17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Kay McCormick

This statement was filed with the County Clerk of Alameda County on November 4, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/17, 11/24, 12/1, 12/8/15

CNS-2815903#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 511313  
Fictitious Business Name(s):  
**SF Sports, One Stoneridge Mall Rd., #A104B, Pleasanton CA 94588**, County of Alameda; 5423 Central Ave Suite 8, Newark CA 94560; Alameda  
Registrant(s):  
Ironman Kai, 5423 Central Ave Suite 8, Newark CA 94560  
Business conducted by: a corporation  
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Miltesh Patel, CEO  
This statement was filed with the County Clerk of Alameda County on November 3, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/17, 11/24, 12/1, 12/8/15

CNS-2814547#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 511295  
Fictitious Business Name(s):  
**Gemini One, 204 Ottawa Way, Fremont, CA 94539**, County of Alameda  
Registrant(s):  
Jane T Woon Tsang, 204 Ottawa Way, Fremont, CA 94539  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Jane T Woon Tsang  
This statement was filed with the County Clerk of Alameda County on November 3, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/10, 11/17, 11/24, 12/1/15

CNS-2814407#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 511188  
Fictitious Business Name(s):  
**Jewels of Portugal, 4141 Deep Creek Rd., #140, Fremont, CA 94555**, County of Alameda  
Registrant(s):  
Angela Gruber Pereira, 4141 Deep Creek Rd., #140, Fremont, CA 94555  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Angela Gruber

This statement was filed with the County Clerk of Alameda County on October 30, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/10, 11/17, 11/24, 12/1/15

CNS-2814405#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 511246  
Fictitious Business Name(s):  
**RAG Photography, 27654 Havana Ave., Hayward, CA 94544**, County of Alameda  
Registrant(s):  
Rosmund Garcia, 27654 Havana Ave., Hayward, CA 94544  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on 11/2/2015  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Rosmund A. Garcia  
This statement was filed with the County Clerk of Alameda County on November 2, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/10, 11/17, 11/24, 12/1/15

CNS-2814088#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 511286  
Fictitious Business Name(s):  
**Winik Wong, 44380 Camellia Drive, Fremont, CA 94539**  
S/ Winik Wong  
This statement was filed with the County Clerk of Alameda County on October 28, 2015.  
11/3, 11/10, 11/17, 11/24/15

CNS-2815121#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 510562  
Fictitious Business Name(s):  
**Mountain Mikes Pizza, 39415 Fremont Blvd., Fremont, CA 94538**, County of Alameda  
Registrant(s):  
New Dream Pizza Inc., 39415 Fremont Blvd., Fremont, CA 94538, California  
Business conducted by: a Corporation  
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Gurpreet Buttar, President  
This statement was filed with the County Clerk of Alameda County on October 14, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/3, 11/10, 11/17, 11/24/15

CNS-281470#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 510812  
Fictitious Business Name(s):  
**N & C Janitor Service, 33936 10th St., Union City, CA 94587**, County of Alameda  
Mailing address: 33936 10th St., Union City, CA 94587  
Registrant(s):  
Luis Antonio Najera Garzon, 33936 10th St., Union City, CA 94587  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares

any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/10, 11/17, 11/24, 12/1/15

CNS-2814033#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 511073  
Fictitious Business Name(s):  
**Relaxed Attention, 39843 Paseo Padre Parkway, Suite C Fremont CA 94538**, County of Alameda  
Registrant(s):  
Mehul Gandhi, 28 Silk Oak Terrace, Fremont, CA 94538  
Business conducted by: an individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Mehul Gandhi  
This statement was filed with the County Clerk of Alameda County on October 27, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/10, 11/17, 11/24, 12/1/15

CNS-2813648#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 510863  
Fictitious Business Name(s):  
**Jashn Events, 4336 Pickrel Drive Union City CA 94587**, County of Alameda; 4336 Pickrel Drive Union City CA 94587  
Registrant(s):  
Kavitha Ramesh, 4355 Redlands Street, Union City CA 94587  
Kanchana Srivastava, 4336 Pickrel Drive Union City CA 94587  
Madhu Lesh Sardana, 32513 Carmel Way, Union City CA 94587  
Business conducted by: co-partners  
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Kavitha Ramesh, Kanchana Srivastava, Madhu Lesh Sardana, (General Partner)  
This statement was filed with the County Clerk of Alameda County on October 22, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/10, 11/17, 11/24, 12/1/15

CNS-2810953#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 510476  
Fictitious Business Name(s):  
**K-Town BBQ, 5890 Mowry School Rd. #D1, Newark, CA 94560**, County of Alameda  
Registrant(s):  
De Brothers Incorporated, 5890 Mowry School Rd. #D1, Newark, CA 94560, CA  
Business conducted by: a corporation  
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Edward Chan, CEO  
This statement was filed with the County Clerk of Alameda County on October 9, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/3, 11/10, 11/17, 11/24/15

CNS-2813515#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 510864  
Fictitious Business Name(s):  
**Creative Consultancy, 4336 Pickrel Dr, Union City, CA 94587**, County of Alameda  
Registrant(s):  
Kanchana Srivastava, 4336 Pickrel Dr, Union City, CA 94587  
Business conducted by: An Individual  
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Kanchana Srivastava  
This statement was filed with the County Clerk of Alameda County on October 22, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).  
11/10, 11/17, 11/24, 12/1/15

CNS-2813508#

STATEMENT OF ABANDONMENT  
OF USE OF FICTITIOUS  
BUSINESS NAME

File No. 510681  
The following person(s) has (have) abandoned the use of the fictitious business name: **My Delights, 43486 Ellsworth St, Fremont, CA 94539**  
The Fictitious Business Name Statement being abandoned was filed on 1/27/2015 in the County of Alameda.  
Winik Wong, 44380 Camellia Drive, Fremont, CA 94539  
S/ Winik Wong  
This statement was filed with the County Clerk of Alameda County on October 28, 2015.  
11/3, 11/10, 11/17, 11/24/15

CNS-2815121#

FICTITIOUS BUSINESS  
NAME STATEMENT

File No. 510562  
Fictitious Business Name(s):  
**Mountain Mikes Pizza, 39415 Fremont Blvd., Fremont, CA 94538**, County of Alameda  
Registrant(s):  
New Dream Pizza Inc., 39415 Fremont Blvd., Fremont, CA 94538, California  
Business conducted by: a Corporation  
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)  
/s/ Gurpreet Buttar, President  
This statement was filed with the County Clerk of Alameda County on October 14, 2015  
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fict



PUBLIC NOTICES

clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 10/27, 11/3, 11/10, 11/17/15

**CNS-2809132#**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 510687

Fictitious Business Name(s):  
**Chenguan Construction, 4452 Richmond Ave, Fremont, CA 94636**, County of Alameda

Registrant(s):  
Alex Guangyi Min, 4452 Richmond Ave., Fremont, CA 94536

Business conducted by: An Individual

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Alex Guang Yi Min

This statement was filed with the County Clerk of Alameda County on October 19, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 10/27, 11/3, 11/10, 11/17/15

**CNS-2808592#**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 510664

Fictitious Business Name(s):  
**Kelley General, 448 Calistoga Circle, Fremont, CA 94536**, County of Alameda

Registrant(s):  
John Kelley, 448 Calistoga Circle, Fremont, CA 94536

John Everett, 6440 Sky Point Drive, Suite 140, Las Vegas NV 89131

Business conducted by: A Joint Venture

The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares

as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ John Kelley

This statement was filed with the County Clerk of Alameda County on October 16, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 10/27, 11/3, 11/10, 11/17/15

**CNS-2808298#**

**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME**  
File No. 480315

The following person(s) has (have) abandoned the use of the fictitious business name: **JDD Enterprises, 39679 Lahana Way, Fremont, CA 94538; same**

The Fictitious Business Name Statement for the Partnership was filed on July 09, 2013 in the County of Alameda.

Diana L. Dudley, 39679 Lahana Way, Fremont, CA 94538

John F Dudley, 39679 Lahana Way, Fremont, CA 94538

S/ John F Dudley, Owner

This statement was filed with the County Clerk of Alameda County on October 7, 2015

10/27, 11/3, 11/10, 11/17/15

**CNS-2808288#**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 510227

Fictitious Business Name(s):  
**Relational Repair, 3100 Mowry Ave., Suite 303, Fremont, CA 94538**, County of Alameda

Registrant(s):  
Esther I. Wei, 700 Mesa Cir., Hayward, CA 94541

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on 3/2015

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Esther I. Wei

This statement was filed with the County Clerk of Alameda County on October 6 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement

generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 10/27, 11/3, 11/10, 11/17/15

**CNS-2808212#**

**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME**  
File No. 445357

The following person(s) has (have) abandoned the use of the fictitious business name: **Emka Hardware Group, 46560 Fremont Blvd., #416, Fremont, CA 94538; 571 Sweet Fig Terrace, Fremont, CA 94539**

The Fictitious Business Name Statement for the Partnership was filed on 11/30/2010 in the County of Alameda.

Jeffery G. Norris, 571 Sweet Fig Terrace, Fremont, CA 94539

Yi-Chih Chung, 571 Sweet Fig Terrace, Fremont, CA 94539

S/ Jeffery G. Norris

This statement was filed with the County Clerk of Alameda County on October 20, 2015

10/27, 11/3, 11/10, 11/17/15

**CNS-2808209#**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 510543

Fictitious Business Name(s):  
**Al Bahar, 34720 Alvarado Niles Rd., Union City, CA 94587**, County of Alameda

Mailing address: 2605 Hazelwood Ave., Stockton, CA 95207

Registrant(s):  
Mirza Mahmood, 9033 Ewing Ave., Skokie, IL 60076

Business conducted by: an individual

The registrant began to transact business using the fictitious business name(s) listed above on 10/13/2015

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Mirza Mahmood

This statement was filed with the County Clerk of Alameda County on October 13, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in

the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 10/27, 11/3, 11/10, 11/17/15

**CNS-2807595#**

**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME**  
File No. 497975

The following person(s) has (have) abandoned the use of the fictitious business name: **Personal Technology Services, 47220 Havasu St., Fremont, CA 94539**

The Fictitious Business Name Statement being abandoned was filed on 11/05/2014 in the County of Alameda.

Eric Thomas Layton, 47220 Havasu St., Fremont, CA 94539

S/ Eric T. Layton

This statement was filed with the County Clerk of Alameda County on October 7, 2015

10/27, 11/3, 11/10, 11/17/15

**CNS-2807561#**

GOVERNMENT

SAN FRANCISCO BAY AREA RAPID TRANSIT DISTRICT

NOTICE TO PROPOSERS – GENERAL INFORMATION

The San Francisco Bay Area Rapid Transit District (herein "District" or "BART") 300 Lakeside Drive, Oakland, California, is advertising for proposals for Consultant Services to provide **Districtwide Post-Award Small Business Supportive Services, RFP No. 6M5099**, on or about November 10, 2015, with proposals due by 2:00 P.M. local time, Tuesday, December 22, 2015.

**DESCRIPTION OF SERVICES TO BE PERFORMED**

The District will seek a consulting firm ("CONSULTANT") for the purpose of the Post Award Districtwide Small Business Supportive Services (hereinafter referred to as the "SBSS Program") to expand the pool of available construction and professional services firms qualified to participate as subcontractors on District contracts, and to provide ongoing support to such firms. More particularly described, the scope of services outlines Consultant activities necessary to successfully achieve the stated purpose.

**WHERE TO OBTAIN RFP DOCUMENTS**

PROSPECTIVE PROPOSERS WHO ARE NOT CURRENTLY REGISTERED ON BART'S PROCUREMENT PORTAL TO DO BUSINESS WITH BART, ARE REQUIRED TO REGISTER ON

THE BART PROCUREMENT PORTAL ON-LINE AT [HTTPS://SUPPLIERS.BART.GOV/](https://suppliers.bart.gov/) IN ORDER TO OBTAIN THE SOLICITATION DOCUMENTS, UPDATES, AND ANY ADDENDA ISSUED ON LINE AND BE ADDED TO THE ON-LINE PLANHOLDERS LIST FOR THIS SOLICITATION. **PROPOSERS WHO HAVE NOT REGISTERED ON THE BART PROCUREMENT PORTAL PRIOR TO SUBMITTING A PROPOSAL, AND DID NOT DOWNLOAD THE SOLICITATION DOCUMENTS FOR THIS SOLICITATION ON LINE SO AS TO BE LISTED AS AN ON LINE PLANHOLDER FOR THIS SOLICITATION, WILL NOT BE ELIGIBLE FOR AWARD OF THIS AGREEMENT.**

A pre-proposal meeting will be held on Tuesday November 17, 2015 at 2:00 PM in the BART Offices located at 300 Lakeside Drive, 15<sup>th</sup> Floor Conference Room No. 1500, Oakland, CA 94612. At the pre-proposal meeting, the District's Disadvantaged Business Enterprise (DBE) Program will be explained. All questions regarding the District's DBE Program should be directed to Alma Basurto of the Office of Civil Rights at (510) 464-6388. Prospective Proposers are urged to make every effort to attend this only scheduled pre-proposal meeting.

Dated at Oakland, California this 10th day of November, 2015.

Patricia K. Williams  
Kenneth A. Duron,  
District Secretary  
San Francisco Bay Area  
Rapid Transit District  
11/17/15

**CNS-2815733#**

PUBLIC AUCTION/SALES

NOTICE OF LIEN SALE AT PUBLIC AUCTION

Notice is hereby given that personal property in the following units will be sold at public auction: On the **16<sup>th</sup> day of December, 2015** at or after **12:30 pm** pursuant to the California Self-Storage Facility Act. The sale will be conducted at: **U-Haul Moving & Storage of Thornton, 4833 Thornton Ave. Fremont, CA 94536**. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:

**Name Unit & Paid Through Date**

Jennifer Russell AAS048A 08/25/2015  
Barbera Rutचना B162 09/27/2015  
Hermingilida Pentinio B166 10/12/2015  
Eather Aleem B169 10/04/2015  
Eather Aleem B170 10/04/2015  
Isaac Elm B271 10/07/2015  
Christhine Diaz C105 09/28/2015  
Robert Agorastos C114 09/30/2015  
Robert Agorastos C119 09/29/2015  
Teresa Haimowitz C224 10/07/2015

11/17, 11/24/15

**CNS-2816092#**

Newark Police Log Continued from page 37

handgun; the other was described as a tall, chubby black male adult. The losses were \$85 cash and the victim's car keys. The victim was not injured.

Friday, November 6

At 6:30 p.m., Macy's Loss Prevention staff placed a 43-year-old female of Fremont under arrest for shoplifting. While in Macy's custody, she kicked one of the Loss Prevention staff members. No one was injured. She was cite released for petty theft and battery (kick).

At 10:21 p.m., Community Service Officer (CSO) Parks investigated a theft of a cell phone and cash from a Silliman Center locker that occurred between 7:00 p.m. and 8:00 p.m.

Saturday, November 7

At 6:10 a.m., Ofc. Losier responded to a male slumped over the steering wheel of his running vehicle in front of 37490 Birch St. Officers arrived and contacted a 34-year-old male of Newark who appeared to be under the influence of drugs and alcohol. During the investigation he attempted to avoid arrest by giving his brother's name and birth date. Upon being arrested officers located cocaine on the male. Once officers were able to identify the driver, it was discovered he was on active probation for DUI, suspended from driving for DUI, and in need of an ignition interlock device to operate a motor vehicle. He was later booked at Fremont Jail for DUI, driving with a suspended license, driving a vehicle without an interlock device, lying to a police officer, and

possession of cocaine.

At 6:42 p.m., Ofc. Johnson investigated an auto burglary in the Newpark Mall JCPenney parking lot between 5:40 p.m. and 6:42 p.m. Loss was a white iPad mini.

At 11:29 p.m., Ofc. Khairy investigated a window smash auto burglary that occurred in the Bombay Garden parking lot, located at 5995 Mowry Ave., between 9:00 p.m. and 11:29 p.m. Loss was a purse.

Sunday, November 8

At 5:45 p.m., Ofc. Mapes located a stolen Dodge minivan parked in front of a residence in the 35400 block of Newark Boulevard. The van was returned to its owner. The van was parked in front of a known probationer's apartment. Ofc. Musantry, along with several other officers, contacted the probationer, a 28-year-old male of Newark, and arrested him for a misdemeanor warrant. Officers also located drug paraphernalia. He was booked at Santa Rita Jail.

Monday, November 9

At 6:59 a.m., Ofc. Katz investigated two garage burglaries that occurred in the area of 39900 Parada St. The suspects forced entry by using a screwdriver to punch the center lock. It appears several other houses had their garage locks tampered with.

At 8:45 a.m., Ofc. Mapes investigated a theft at Newark Fence Co., located at 6815 Central Ave. The company had tools stolen from three trucks. Several nail guns, saws and drills were stolen.

continued on page 42

Union City Police Log

SUBMITTED BY  
UNION CITY PD

Monday, November 2

At around 3:30 p.m., officers were dispatched to the report of an armed robbery. The victim was walking on the trail behind the Crowne Plaza hotel, under the I-880 overpass, when two suspects robbed him of his cell phone at knifepoint. The suspect with the knife threatened to stab the victim if he did not hand over his property. The two suspects fled on foot in an unknown direction. The first suspect was described as a Hispanic male, 18-25 years old, 5'6"-5'8" and 130-160 lbs., wearing a light blue North

Face puffy jacket with the hood over his head, and a black ski mask covering his neck and mouth. The second suspect was described as a black male, 18-25 years old, 5'6"-5'8" and 130-160 lbs., wearing a dark North Face puffy jacket with the hood over his head, and a black ski mask covering his neck and mouth.

A residential burglary occurred on the 32800 block of Arbor Vine Drive between 5:00 a.m. and 2:30 p.m. The front door was kicked in. The residence was ransacked, and the loss included electronics.

Tuesday, November 3

Ofc. Yaeger was dispatched to the report of a robbery attempt. The victim was in the area of Alvarado-Niles Road and Meyers Drive around 5:45 p.m., when a

suspect asked to use the victim's cell phone to call his wife. When the victim refused, the suspect attempted to take the cell phone by force, but the victim fought him off. He described the suspect as a Hispanic male, late 40s to early 50s, 5'5"-5'6" and 160 lbs., with balding grey hair and "scruffy" facial hair.

Wednesday, November 4

A residential burglary occurred on the 2800 block of Pelican Drive between Wednesday, November 4, 2015 at 1:00 p.m. and Friday, November 6, 2015 at 8:00 a.m. Windows and screens were removed while the residence was tented for fumigation. The loss included tools.

Thursday, November 5

At around 8:30 a.m., Ofc. Alberto was dispatched to the 1700

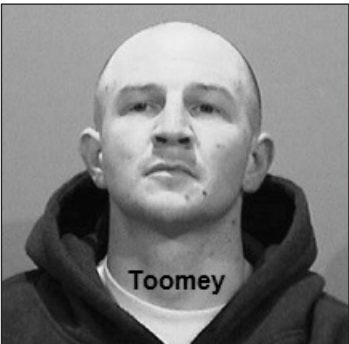


Union City Police Log continued from page 41

fled to Kennedy Park when the victim's friends confronted them. The first suspect was described as a white male, 18-20 years old, 5'10"-6'0" with a medium build, and short black hair. The second suspect could only be described as a white male wearing a red hoodie, and there was no description of the third suspect.

A residential burglary attempt occurred on the 31300 block of Mackinaw Street around 7:50 p.m. The rear sliding glass door was pried, but a wooden dowel in the track prevented it from being opened.

**Sunday, November 8**  
At around 9:00 p.m., Ofc. Olson was patrolling the area of Dyer Street and Whipple Road when he observed a vehicle with stolen license plates. He initiated a felony car stop and detained the



driver. The vehicle had been reported stolen out of Hayward. James Toomey, a Newark resident, was arrested for vehicle theft.

A residential burglary occurred on the 2700 block of Oak Tree Court between 10:00 a.m. and 11:30 a.m. The door to the garage was forced or kicked open, and clothes, tools and electronics were stolen from the garage. All the property was recovered nearby.

Life West students celebrate World Spine Day

SUBMITTED BY DIANA ROHINI LAVIGNE

Annually on October 16, chiropractic students and their communities from around the world join together to raise awareness for “World Spine Day.” This year’s theme was “Your Back at Work,” which focuses on the importance of education related to good spinal health and prevention of injuries in the workplace.

Life Chiropractic College West’s chapter of World Congress of Chiropractic Students (WCCS), an international student-run nonprofit, hosted an event at Pier 5 in San Francisco on Friday, October 16, 2015 with activities such as movement workshops, yoga sessions, and a complimentary spinal analysis. Additionally, Life West offered a complimentary 12-point evaluation and spinal screening from October 12-16, 2015 at Life West Health Center.

For information on the global efforts of World Spine Day, visit [www.worldspineday.org](http://www.worldspineday.org).

PG&E offers free gas appliance checkups this winter

SUBMITTED BY TAMAR SARKISSIAN

With cool temperatures and a strong El Niño forecasted this winter, Pacific Gas & Electric Company (PG&E) wants customers to schedule an appointment to have their in-home gas appliances inspected before the cold weather hits and to be mindful of the dangers associated with carbon monoxide poisoning. As part of PG&E’s commitment to safety, customers can have a local gas service technician relight their pilot light and conduct an in-home appliance inspection at no cost to ensure their natural gas furnaces and appliances are in proper working condition.

According to the Center for Disease Control, there are approximately 400 carbon monoxide related deaths in the United States each year. If unsafe concentrations of carbon monoxide are present but not detected, the result can be fatal.

For advanced warning, PG&E suggests customers check the flame on their gas appliances. A blue flame indicates complete combustion and that the appliance is in good working condition. A lazy, yellow or white flame is a warning sign that you should have a service technician check for any hazards.

If customers suspect there is a problem with a natural gas appliance inside their home, they should call PG&E at 1-(800)-PGE-5000. A gas service representative will be dispatched to do a thorough inspection. If you detect carbon monoxide in your home, smell the distinctive “rotten egg” odor of natural gas, you should get out immediately and call 911.

To schedule an appliance safety inspection, customers can call 1-(800)-PGE-5000.

Ohlone College shows film on PTSD

SUBMITTED BY CHRIS DE BENEDETTI

Fremont Vice Mayor Suzanne Chan joined Bay Area war veterans and community leaders at a special Veterans Day event Monday, November 10, when Ohlone College hosted a screening of a documentary about soldiers coping with post-traumatic stress disorder. “That Which I Love Destroys Me,” a heart-wrenching but uplifting film that focuses on two Iraq war veterans, was shown at the college’s Smith Center two days before Veterans Day.

After the movie, several military veterans addressed the audience, sharing their experiences of coping with PTSD after returning home from combat. Chan and other Fremont-area officials, including Ohlone College President Gari Browning, also spoke after the screening.

The movie was co-presented by Comcast and Pivot, a cable television network that has been airing the film.

LETTER TO EDITOR

Response to editorial

Fremont’s current parking requirements represent a bygone era of suburban sprawl, and we need to bring those requirements up to date. While car owners and the “Duality” newspaper editorial of November 10, 2015 may demand free parking, parking is never free.

The tooth fairy doesn’t pick up the tab for parking; instead, the city as a whole pays one way or another. Each “free” curb parking space costs taxpayers \$20,000, mostly for the land. The current parking requirements saddle taxpayers and property owners with the cost of “adequate [free] parking.” Drivers spend an inordinate amount of time cruising frantically for free parking, while emitting carbon. Property owners are forced to pony up for too much “free” off-street parking, and pass the extra cost on to home buyers and to store customers.

Fees would lower demand for curb parking, to balance it with the limited supply of spaces. The magic of free market pricing can bring complementarity and harmony to the chaotic world of parking. This is not magic; it’s the

invisible hand of Adam Smith. Excess “free” parking undermines housing affordability, since low-income and senior residents drive less so they don’t need as much parking allotted to them. Cities with plenty of parking, like Los Angeles, are worse off than cities that favor walking and public transit, like San Francisco and Portland.

The Warm Springs vision for smart urbanism lags behind other cities. As an example, the Lennar plan bundles two parking spaces with each housing unit, one of them shared. But urban planners for TOD areas of Berkeley and Oakland require just one space per unit, often sold unbundled.

Meanwhile, residents two miles east of Warm Springs BART are seeking to privatize curb parking there. They want the city to give them parking permits to exclude the public, in a scheme that would work like Robin Hood in reverse. It would take \$20,000 curb parking spaces away from the taxpaying public, and give those spaces to a fortunate few. To top it off, they’re also asking the city to require more “free” parking in the Warm

Springs Innovation District. Duality and hypocrisy are two sides of the same misspent coin.

Central Fremont has a sea of half-empty parking lots, offering lots of unrealized potential. The opportunity is there, to build a real downtown. TOD-oriented housing, shops and offices along Capitol Street would transform the underutilized city core, if parking were priced properly. Fremont has to get the price of parking right, not naively build more unneeded “free” parking. The proposed city hall would splurge \$37 million on 300 multi-level spaces, an astronomical cost of over \$100,000 per space. Free parking for those fortunate functionaries would be anything but “free” for city taxpayers. The city government isn’t leading change and building a better downtown; it’s milking the taxpayers.

Kelly Abreu  
Mission Peak Conservancy

*Note: The editorial “Duality” did not reference “free” or paid parking - Ed*

CSU East Bay students make a difference

SUBMITTED BY KIMBERLY HAWKINS

Cal State East Bay (CSUEB) students fanned out across the East Bay on Saturday, October 24, 2015 to take part in the national “Make a Difference Day.” The fourth Saturday of October is the largest single day of volunteering in the U.S., and CSUEB has made it a tradition for more than a decade. But

collects surplus supplies from local hospitals and manufacturers, sorts them into shipments, and sends them to doctors and nurses in developing countries.

At Hayward’s Tennyson High School, CSUEB students were hard at work getting a community garden ready for winter. Project Eat runs the garden, which employs high school students and invites

families from the surrounding community to adopt a box and grow whatever they like. The garden has been successful that Project Eat has started selling some of its produce to a local restaurant, The Cannery Café.

For more information about volunteering throughout the year, visit CSUEB’s Center for Community Engagement at [csueastbay.edu/communityengagement](http://csueastbay.edu/communityengagement).



this year, the university decided to expand the single day of action with several events throughout the week leading up to it.

The kick-off on Tuesday, October 20, 2015 included a keynote speech from Jakada Imani, executive director of Ignite Institute at Pacific School of Religion, whose mission is to “train, support and inspire change-makers.” Imani encouraged students to discover what inspires them to make a difference.

CSUEB students and staff spent Saturday morning in a MedShare warehouse in San Leandro sorting sizes and types of medical gloves. The nonprofit

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## THEATRE REVIEW

# Warmest Greetings!

*a modern Christmas tale*



BY JANET GRANT  
PHOTOS BY  
CHRISTIAN PIZZIRANI

Christmas in its ultimate splendor can be a time of tradition, good cheer, love, and a promise of miracles. More often than not it is a time of maneuvering the complex mine-field of family dynamics. "Greetings!" by Tom Dudzick, is the latest offering from Broadway West Theatre Company, and it artfully explores this universal theme with wit, laughter, and a touch of the mystical.



humor uniquely bears out her character's strong faith.

Ross Arden Harkness as loud, opinionated Phil Gorski is marvelous as the Archie Bunkersque head of the family. His was the character you wanted to hate as his bigoted narrow-mindedness lent its pallor over the holiday. But just when you thought you couldn't dislike him more, he exhibited humanity and spoiled your opinion of him.

Brian Larsen is wonderful as Andy Gorski. His depiction of the son who went away is done with a kind of open-minded, silent suffering decency. Though shocked and awed at Mickey's



Set in an "everyman" style home in a working class neighborhood of Pittsburg, you get an instant feel for the typical American household on a typical American Christmas. Holiday music is playing, the tree is prominent, the decorations are festooned – even the traditional Christmas fare is a cookin' while the family awaits the arrival of the prodigal son. "Everywhere" USA, right? Well on closer look... maybe not so much.

Dysfunctional families and their redemption has been the staple of Christmas stories from "Scrooge" to "Home Alone." Enter into this providence, the Gorski's of Pennsylvania – kind Catholic mom, bitter Catholic dad, and sweet mentally challenged son, Mickey. When son Andy comes to visit, he brings his

fiancé home to meet the family – his Jewish, atheist fiancé. What ensues is an all-out explosion of intolerance and misguided dogma. But when Mickey presents the family with an unbelievable surprise, the entire family's belief system is challenged and their reality threatened.

Director Mary Galde does a superb job leading a talented and well-tuned cast in this delightful holiday entry. The small but exceptional ensemble of actors is seamless and believable in their portrayal of a family spiraling out of orbit.

Paula Chenoweth, as Emily Gorski, is delightful as the unassuming but long-suffering wife and mother. Her gentle manner belies a strength born of many years of challenges and even though faced with the unbelievable, her timely delivery of

surprise, he at least tries to truly understand the situation and attempts to find reason in the middle of a theological maelstrom.

Angie Higgins is equally delightful as the unsuspecting fiancée, Randi Stein. She truly couldn't expect what awaited her at the Gorski home, but her humorous facial mannerisms illustrated how she felt as she experienced her encounters with the family. But Ms. Higgins was quite adept in depicting her character with more complexity than you could suspect.

Tom Shamrell was amazing as Mickey Gorski. His depiction of a mentally impaired adult was realistic, sensitive and surprisingly moving. Without revealing the plot, suffice to say Mr. Shamrell is quite versatile in his ability to suspend your belief in his character, if only for a moment or two.

Broadway West's presentation of "Greetings!" is a real heartwarming holiday gift. It touches on love, faith, loyalty, forgiveness, the challenges of life, and the strength of family ties. With a truly excellent cast and crew, this Christmas tale will be one you will long remember. Cherish the memories and experience a little touch of magic with Broadway West's true holiday winner. "Oh Boy!"

#### Greetings!

November 13 – December 19  
8 p.m.

Sunday matinees at 1 p.m.)  
Broadway West Theatre  
Company

4000-B Bay Street, Fremont,  
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(510) 683-9218

www.broadwaywest.org  
Tickets: \$10 - \$27

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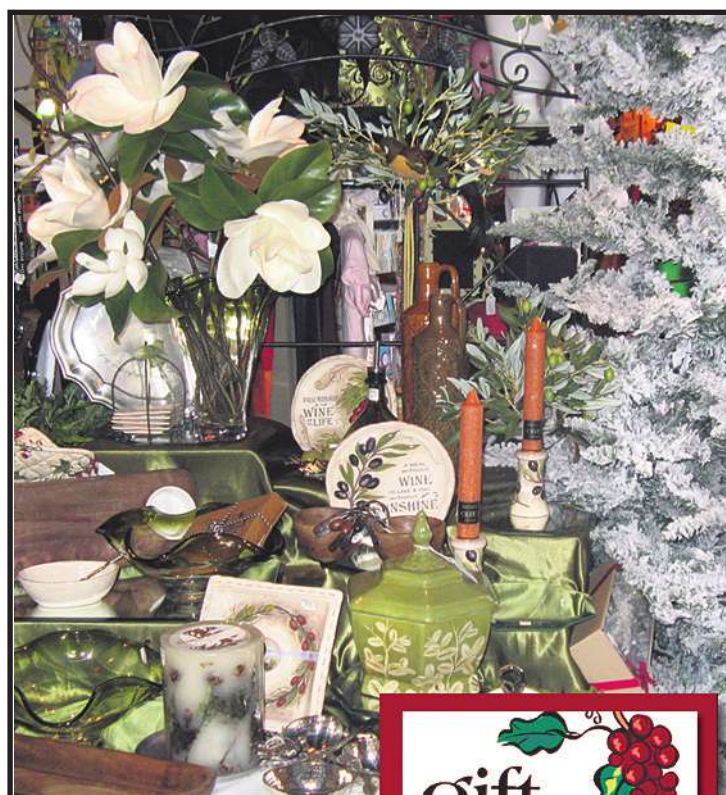
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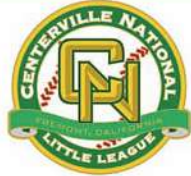
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## Spring 2016 registration is now open!

Player registration dates have been scheduled for:

- **November 14, 2015** - Early bird registration \$99 for the first player\* (9:00 AM to 1:00 PM).
- **December 5, 2015** - \$125 registration fee for the first player\* (9:00 AM to 1:00 PM).
- **December 12, 2015** - \$125 registration fee for the first player\* (9:00 AM to 1:00 PM).
- **January 9, 2016** - League tryout day, \$150 registration fee for the first player\* (9:00 AM to 1:00 PM).
- **January 10, 2016** - League tryout day, \$150 registration fee for the first player\* (9:00 AM to 1:00 PM).

\* Discounted registration of \$40 for second child and \$20 for third or more.

Registration will be held at the:

**CNLL Snack Bar at the rear of Patterson Elementary School**  
(35521 Cabrillo Dr., Fremont, CA 94536)

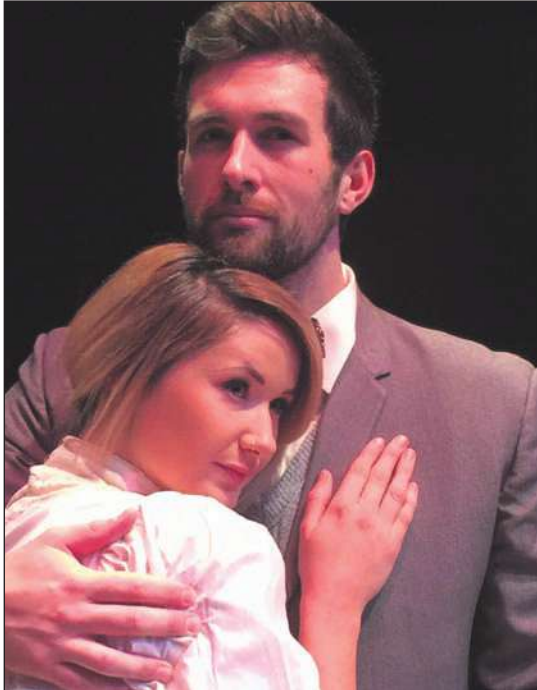
For more information visit us at [www.cnll.us](http://www.cnll.us)

Please note the following is required at time of registration:

- Original Birth Certificate for each player being registered.
- Three (3) Proofs of Residency.
- Medical Release Form (available from CNLL and online).
- Volunteer Form (available from CNLL and online).
- Payment (cash or check).

\*\* We serve the northernmost portion of Fremont including the Ardenwood area and Decoto area. Please see the website for boundary map details.

# Our Town



SUBMITTED BY KIMBERLY HAWKINS

California State University, East Bay's (CSUEB's) Theatre & Dance Department will present the Pulitzer Prize winning play *Our Town*, written by Thornton Wilder and directed by Darryl V. Jones. The show runs Saturday, November 21 at 8 p.m. and Sunday, November 22 at 2 p.m.

*Our Town* was first produced in 1938, and quickly became a notable American contemporary classic. Sincerity and clarity illuminate *Our Town*, reminding us in a hauntingly beautiful way that everyday life is precious, because it is the actions of every day that make up our true reality.

This is not just a play about a quaint little New England village and the simple folk who live there. According to Director Darryl V. Jones, it represents all of us—living in any community we might call “our town.”

“Our production pays homage to the past but welcomes the reality of the more cultural and ethnically diverse community in which we live today,” Jones said. The people of the town are cast to represent a multi-cultural global community. Then too, because we all have songs that we connect to our lives, we are adding live music sung and played by the CSUEB actors themselves onstage.”

Told in three acts, the action takes place in Grover's Corners. The Stage Manager and actors take the audience through a twelve-year span of life in this town, shining a particular light on young lovers Emily Webb and George Gibbs. Interlaced with their courtship are the day-to-day happenings of their families and other townsfolk, often humorous and sometimes bittersweet. These repetitions of daily life hold a universality that crosses generations, countries, and cultures.



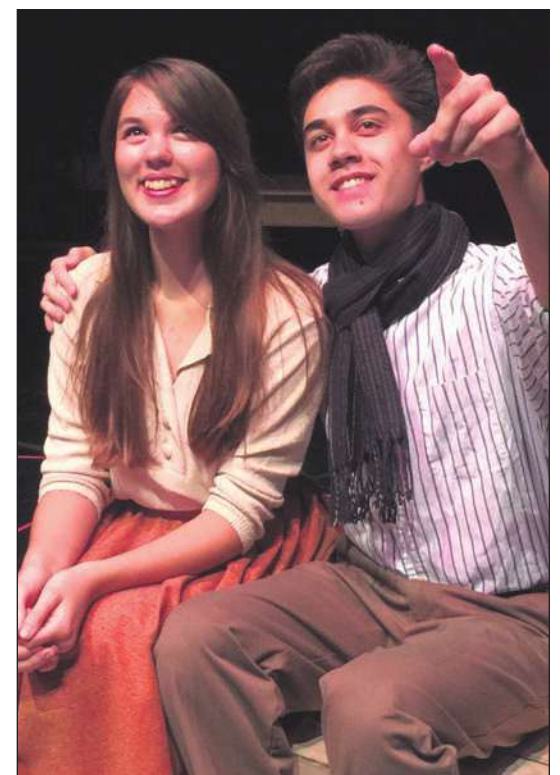
Cal State East Bay's production of *Our Town* is performed by an all student cast, headed by Ronnie Marasigan as George Gibbs and Mariah Kuhn as Emily Webb.

**Our Town**  
Saturday, Nov 21  
8 p.m.  
Sunday, Nov 22  
2 p.m.

CSUEB, University Theatre  
25800 Carlos Bee Blvd, Hayward  
(510) 885-3118

[www.csueastbaytickets.com](http://www.csueastbaytickets.com)

\$15 General /\$5 - \$10 for  
Students, Seniors, Military



## Sign Up for Fremont National Youth Baseball

**December 5**

**11:00am to 1:00pm**

**December 12**

**11:00am to 1:00pm**



- All players ages 5-14 welcome
- Registration fee includes: picture packet, pro-replica jersey, pro-replica hat and participating trophy.
- Receive a \$20 discount if you sign-up before 12/31/2015
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Fremont Symphony Orchestra  
PRESENTS

*Jon Nakamatsu*  
IN RECITAL

Friday, November 20  
8:00 pm

Prince of Peace Lutheran Church  
38451 Fremont Blvd., Fremont

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