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Zicke Zacke Zicke Zacke, Oi, oi, oi!

By LINDA-ROBIN CRAIG

"Everyone gets to be 'German for a Day," says Valerie Boyle, president and CEO of Newark Chamber of Commerce. "I urge folks to put on their dirndls and lederhosen, practice your chicken dance and Polka steps so you won't be too embarrassed or shy to join in. Then again, it's always embarrassing

doing the chicken dance, and who cares? It's fun, it's silly, it's OktoberFest!"

Three years ago, Swiss Club members were planning their annual "last-Saturday-in September" dinner at Swiss Park in Newark, an evening they'd been hosting for years. Conversation turned to the fact that their end of summer celebration reached a very

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Sunol AgPark

Harvest Festival and Pumpkin Patch

By Sara Giusti PHOTOS BY KATHLEEN WONG

The morning air is growing crisper and the sun is setting sooner. Fall is in the air and a local farm is ready to party! SAGE and the Sunol AgPark farmers are gearing up for their third annual "Sunol AgPark Harvest Festival and Pumpkin Patch" on September 27, and invite everyone to celebrate the harvest season.

Founded in 2001, SAGE (Sustainable Agriculture Education) is a nonprofit based in Berkeley working towards protecting and revitalizing "urban-edge" agriculture, or agriculture that is connected to urban communities. One of SAGE's projects is Sunol AgPark, located next to the historic Sunol Water Temple. SAGE and the San Francisco Public Utilities Commission (SFPUC) partnered to create the AgPark in 2006 as a means to cultivate sustainable farming, education programs, and conservation of the

Alameda Creek watershed. SFPUC is the landowner, but SAGE manages the 18 acre AgPark.

The AgPark is a thriving farm, providing educational programs, service learning and job training for youth, and volunteer opportunities for the community. Their biggest educational program is a school field trip program that brings out about 2,000 students from low income schools in the Bay Area; SAGE covers all costs, ensuring students of any background get a chance to experience Sunol's stunning beauty.

Today, there are eight organic farms utilizing AgPark land: Baia Niche, Namu Farm, Happy Acre Farm, Jellicles Farm, Feral Heart Farm, Root and Bloom Farm, Bluma Farm, and Majid Yousef. The farms grow a variety of "traditional" crops like tomatoes and squash, but also international herbs and vegetables from India, Iran, Korea, and Ethiopia.

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SUBMITTED BY SHATARUPA MAJUMDAR

Every child deserves a comprehensive education that includes global learning and the arts. Induz – Where Art Meets HeartTM, a Bay Area non-profit, has been working over the last decade to provide holistic education for children. The mission of Induz is to empower children to be creative and innovative through the arts.

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Children of Roo, a remote village in Kenya where Induz is building a Resource Center.

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Service League 60th

grassroots campaign that was originally organized to raise funds to purchase medical equipment for a proposed new community hospital has grown over the past 60 years into an efficient and effective community organization called the Washington Hospital Service League.

In 1958, the growing Washington Hospital Service League presented Washington Hospital trustees with \$15,000 they had raised by running the Cheery Budget Shop, a rummage store filled with used household and clothing items.

In February 2015, the Service League reported that over the past 60 years, the organization had donated a total of \$2,429,407.68 to the health care system for a wide variety of important projects and programs. Additionally, Service League volunteers have contributed almost 2 million volunteer hours to the Hospital.

The Washington Hospital Service
League is also always first to the table with
contributions, says Angus Cochran, executive director of the Washington Hospital
Foundation. "They were first in 1958 to
help the Hospital and again in 2006 with a
\$300,000 gift to the Critical Care Campaign, which raised funds to equip the
Morris Hyman Critical Care Pavilion, currently under construction."

To celebrate the Washington Hospital Service League's long history and invaluable contributions to the Hospital and the community, a special 60th Anniversary luncheon will be held 12 noon – 2 p.m. (11 a.m. reception) on Tuesday, October 13, in the Tent at Washington West, 2500 Mowry Avenue, Fremont. All past and current Service League volunteers are encouraged to attend to celebrate the impressive accomplishments of these past 60 years. Special guests will include former Service League presidents.

Through the years, Service League volunteers have raised funds through a wide variety of initiatives including the following:

- Hospital's gift shop
- a coffee shop in the early years
- fashion shows and dinner dances
- sales from the canteen vending machine
- memorials and donations to the scholar-
- ship fund
- bridge marathons
- \bullet commissions from newborn baby photos
- \$5 Masquerade jewelry sales

Over the years, the Service League's donations have funded more than 130 different medical and educational needs of the Hospital. The largest donation has been \$300,000 for the Critical Care Campaign, which was paid in installments between 2006 and 2010.

Other important contributions by the Service League include:

1963 — the volunteers presented a \$10,000 check to the Washington Township Health Care District Board of Directors to help open an intensive care unit at Washing-



Stell Willard, charter member since 1955 and honorary member since 2003, in a 1957 fashion show hosted by Washington Hospital Service League.

ton Hospital. This was the first intensive care unit established west of the Mississippi River in a non-teaching hospital.

1973 — a \$35,000 donation contributed greatly to the establishment of a Renal Dialysis Center at Washington Hospital. The establishment of this unit eased the burden on local hemodialysis patients who previously had to drive as far as Oakland, San Francisco or Palo Alto for treatment.

1984 — the Service League donated \$15,000 to the new Washington Radiation Oncology Center and an additional \$30,000 in matching funds for a new patient treatment-planning computer for the Center. The Center was established to provide can-

cer patients in need of radiation treatment with convenient local care and the same technology available at Stanford University, all available at Washington Hospital.

1985 — \$43,070 for labor and delivery beds and four telemetry monitors

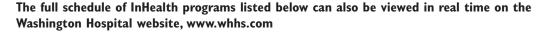
1989 — \$25,000 for fetal heart monitors, \$8,000 for emergency room equipment

1992 — \$13,150 for a full-body hydrotherapy and burn tank for Occupational Therapy

1995 — \$40,100 for the Health Resource Library, which provides health information to community members

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InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv





	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	09/22/15	09/23/15	09/24/15	09/25/15	09/26/15	09/27/15	09/28/15
12:00 PM 12:00 AM	Cough and Pneumonia: When to See a Doctor	New Treatment Options for Chronic Sinusitis	Diabetes Matters: Healthy or Hoax	How to Prevent a Heart Attack		Strengthen Your Back	Diabetes Matters: Diabetes & Stroke:What's the Connection?
12:30 PM 12:30 AM 1:00 PM 1:00 AM	Crohn's & Colitis	Diabetes Matters: Key To A Healthy Heart with Diabetes	Heart Irregularities	Learn How to Eat Better!	Don't Let Back Pain Sideline You	Varicose Veins and Chronic Venous Disease	Superbugs: Are We Winning the Germ War?
1:30 PM 1:30 AM	Keeping Your Heart on	Diabetes Matters: Sugar Substitutes - Sweet or Sour?	Arthritis: Do I Have One	Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate	Acetaminophen Overuse Danger		Skin Cancer
2:00 PM 2:00 AM 2:30 PM 2:30 AM	the Right Beat What Are Your Vital Signs Telling You?	Washington Township Health Care District	of 100 Types? Diabetes Matters:The Diabetes Domino Effect: ABCs	Washington Township Health Care District	GERD & Your Risk of Esophageal Cancer	Knee Pain & Replacement	Washington Township Health Care District
3:00 PM 3:00 AM 3:30 PM 3:30 AM	Kidney Transplants	Board Meeting September 9, 2015	Diabetes Matters: Diabetes Meal Planning	Board Meeting September 9, 2015	Diabetes Matters: Protecting Your Heart	Raising Awareness About Stroke	Board Meeting September 9, 2015
4:00 PM 4:00 AM 4:30 PM	Sports-Related Concussions	Learn About Nutrition	Deep Venous Thrombosis	Heart Healthy Eating After Surgery and	Diabetes Matters: Insulin: Everything You Want to Know		Your Concerns InHealth:
4:30 AM 5:00 PM	5 V 6 % 5	for a Healthy Life	Diabetes Matters: Partnering with your Doctor to Improve Control	Beyond	Get Back On Your Feet: New Treatment Options for Ankle Conditions	Washington Women's Center: Sorry, Gotta Run!	Senior Scam Prevention
5:30 PM 5:30 AM	Do You Suffer From Anxiety or Depression?	Learn If You Are at Risk for Liver Disease	Shingles	How Healthy Are Your Lungs?	Learn More About Kidney Disease	Heart Irregularities	Voices InHealth: Healthy Pregnancy
6:00 PM 6:00 AM	Reach Your Goal: Quit Smoking	From One Second to the Next	Snack Attack	Voices InHealth: Demystifying the Radiation Oncology Center			Diabetes Matters:The Dia- betes Domino Effect:ABCs
6:30 PM 6:30 AM 7:00 PM 7:00 AM	Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment	Sidelined by Back Pain? Get Back in the Game	Superbugs: Are We Winning the Germ War?	Voices InHealth:The Legacy Strength Training System	Washington Township Health Care District Board Meeting September 9, 2015	Washington Township Health Care District Board Meeting September 9, 2015	Eating for Heart Health & Blood Pressure Control
7:30 PM 7:30 AM	Diabetes Matters: Dia- betes & Stroke: What's the Connection?		Diabetes Matters: Insulin: Everything You Want to Know	Don't Let Back Pain Sideline You			Movement Disorders, Parkinson's Disease, Tremors and Epilepsy
8:00 PM 8:00 AM 8:30 PM		Skin Cancer			Arthritis: Do I Have One of 100 Types?	Inside Washington Hospital: Patient Safety	
9:00 PM 9:00 AM	Washington Township Health Care District Board Meeting September 9, 2015	Knee Pain & Replacement	Washington Township Health Care District Board Meeting September 9, 2015	Take the Steps:What You Should Know About Foot Care	or roo types:	Shingles	Keeping Your Heart on the Right Beat
9:30 PM 9:30 AM	3cptember 7,2013		3cptc///32013	Low Back Pain	- Kidney Transplants	Latest Treatments for Cerebral Aneurysms	Diabetes Matters: Healthy or Hoax
10:00 PM 10:00 AM	Get Back On Your Feet: New Treatment Options for Ankle Conditions	Community Based Senior Supportive Services	GERD & Your Risk of	Learn If You Are at Risk for Liver Disease	Diabetes Matters: Key To A Healthy Heart with	Learn About Nutrition for a Healthy Life	Heart Healthy Eating After
10:30 PM 10:30 AM 11:00 PM	The Weigh to Success		Esophageal Cancer	ioi Liver Disease	Diabetes Diabetes Matters: Sugar	ioi a mealuly Lile	Surgery and Beyond
11:00 PM 11:00 AM	Diabetes Matters: Protecting Your Heart	Learn More About Kidney Disease	Your Concerns InHealth: Senior Scam Prevention	Meatless Mondays	Substitutes - Sweet or Sour?	Diabetes Matters: New Year, New You	Meatless Mondays
11:30 AM		2.33435	23	What Are Your Vital Signs Telling You?	Lunch and Learn:Yard to Table	,	Minimally Invasive Options in Gynecology

Colorectal Cancer: What You Don't Know Could Hurt You!

Seminar on October 6
Explains Risks, Screenings
and Treatments

ome cancers, such as prostate cancer, occur only in men. Other cancers, such as ovarian and uterine cancer, occur only in women. Cancers of the colon and rectum – colorectal cancers – are "equal opportunity" cancers that affect both men and women in substantially equal numbers. According to the American Cancer Society (ACS), colorectal cancer is the third most commonly diagnosed form of cancer among both men and women.

"The most common cancer in men is prostate cancer," says Dr. Arun Srivatsa, a gastroenterologist with Washington Township Medical Foundation. "Breast cancer is the most common cancer among women, but it also can occur in some men. Lung cancer and colorectal cancer are the second and third most common cancers, respectively, in both men and women."

The ACS estimates that approximately 132,700 cases of colorectal cancer will be diagnosed in 2015, with 93,093 new cases of colon cancer and 39,610 new cases of rectal cancer. An estimated 49,700 people will die of colorectal cancer this year. Screening tests that can detect colorectal cancer early could prevent many of those deaths. The Centers for Disease Control and Prevention (CDC) estimates that up to 60 percent of colorectal cancer deaths could be prevented if all people over 50 years of age were screened routinely.

"Fortunately, the death rate from colorectal cancer has been dropping in both men and women for more than 20 years," Dr. Srivatsa notes. "Some data show that more people are having colonoscopies as recommended, and that appears to detect more pre-cancerous polyps and colorectal cancers early, when the disease is easier to cure."

To help people in the community learn more about colorectal cancer, Washington Hospital is offering a Health & Wellness Seminar featuring Dr. Srivatsa on Tuesday, October 6, from 1 to 3 p.m. At the seminar, he will discuss the prevalence of colorectal cancer, screening and treatment technologies, specific warning signs and symptoms, and how to reduce your risks for colon and rectal cancers. The event will take place in the Conrad E. Anderson, M.D. Auditorium in the Washington West Building at 2500 Mowry Avenue in Fremont. For more information or to reserve your spot, go online to www.whhs.com and click on events, or call (800) 963-7070.

Risk Factors for Colorectal Cancer

The risk of developing colorectal cancer increases as you age. That's why the ACS and CDC both recommend colonoscopy screenings at least every 10 years for people over age 50. It is considered a preventive



Colorectal cancers, such as cancers of the colon and rectum, occur in both men and women in substantially equal number. To learn more about colorectal cancer, join Washington Township Medical Foundation gastroenterologist, Arun Srivatsa, MD, for a free Health & Wellness seminar on Tuesday, October 6, from I to 3 p.m. For more information or to reserve your spot go to www.whhs.com and click on events, or call (800) 963-7070.

exam that is covered by most insurance providers.

"People who are at a higher risk for colorectal cancer should be screened at an earlier age and be screened more often," Dr. Srivatsa advises. "For example, people who have a family history of colorectal cancer, with either a parent or a sibling who has been diagnosed, should be screened every three to five years. Plus, they should start screenings 10 years before the age of onset in their parent or sibling, or at age 40 – whichever is earlier."

In addition to age and a personal or family history of colorectal cancer, some other risk factors include:

- A personal history of adenomatous (pre-cancerous) intestinal polyps
- Inflammatory bowel disease
- Smoking
- Lack of exercise
- Obesity

- A diet high in red meat (beef, pork or lamb) or processed meats (bacon, sausage, cold cuts or hot dogs)
- Excess consumption of alcohol

"Obviously, you cannot control risk factors such as your age or family history of colorectal disease," Dr. Srivatsa says. "You can make lifestyle changes such as quitting smoking and exercising more to reduce your other risks, however. Diet is also an important consideration. A diet that is high in consumption of red meat, saturated fat, refined carbohydrates and alcohol will increase your risks. Conversely, a diet that includes more fruits, vegetables, dietary fiber, calcium, vitamin B9 (folate or folic acid) and other antioxidant vitamins can decrease your risks."

Warning Signs and Symptoms

Unfortunately, colorectal cancer generally does not produce

any symptoms until the disease is fairly advanced. The absence of symptoms should not be a reason to delay or ignore cancer testing, but anyone who has the following symptoms – especially if they are over age 40 – should definitely consult a physician:

- A change in bowel habits, such as diarrhea or constipation, that lasts for more than a few days.
- Bleeding from the rectum or in the stool.
- Stools that are narrower than usual.
- Unexpected weight loss with no known reason.
- Cramping or gnawing stomach pain.
- Decreased appetite.
- Weakness and fatigue.
- Jaundice (yellowish color of the skin and the whites of the eyes).

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Ask the Doctor

This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at: askthedoctor@whhs.com

College Freshman Dorm Health Concerns and Healthy Eating

Dear Doctor,

My daughter is heading off for her freshman year in college. She will be living in a dorm for the first time. Are there any health considerations?

Dear Reader,

It is important that your daughter is up to date on all of her vaccines. Spread of disease, including the whooping cough, is common in dorms. She should also be advised to wear water shoes in the shower area (to avoid athlete's foot) and to wear regular shoes in all other common areas. Regular washing of towels, sheets, and blankets is also important to avoid bed bugs, lice, and other common pests.

Dear Doctor,

How can I help my child avoid gaining the freshman 15 weight?

Dear Reader,

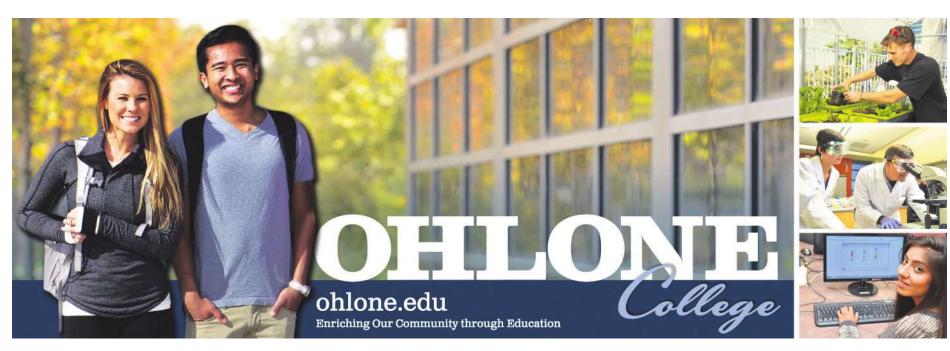
A student's first year in college is often the first time he or she will make regular food choices and portions size decisions. Cafeteria-style dining halls don't make these decisions easy. I recommend making a list of healthy foods found in their cafeteria that can be eaten without worry (such as items from the salad bar) and also a list of things to avoid or consume in moderation. Suggest to your child to stick with the one plate club and not go back for seconds. With some regular exercise he or she will fare just fine.

Mary S. Maish, M.D.



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master's degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.





It's Open!

Ohlone College has cause to celebrate! The college's award-winning South Parking Structure was officially opened at a ribbon cutting ceremony on the Fremont campus on Wednesday, September 9, 2015. This milestone event marks the completion of the first major structure for the Measure G Bond construction project. Many members of the community and college staff attended the event, despite the triple digit temperatures that day!

The new structure on the Fremont campus can accommodate over 900 cars. It is located close to where the new Academic Core buildings are under construction. Prior to the completion of this project, the bulk of Ohlone College's parking has been at the foot of a hill where students could have a five to seven minute uphill walk to reach their classes in the main academic buildings.

Its location at the top of the Ohlone hillside campus allows for greater accessibility



and brings parking up to the same elevation as the academic buildings. The structure's design also considers the environment, using the slope of the hill to create the levels of the structure, so the new parking facility rises naturally out of the landscape rather than towering above the hills.

The parking structure won a design award in 2013 from the Society of College and University Planning. In addition to the sustainability features, such as carpool spaces, electric car chargers and use of sustainable materials, many of the aesthetic aspects also contributed to the design element of the award. The low profile of the structure that allows it to blend into the hill adds greatly to the attractiveness of

the structure. And on each level artwork painted in black on the beams above highlight some of the animals indigenous to this area. From the fifth level, parking patrons have an unparalleled view of both Mission Peak behind them and the entire bay area below them. It is a beautiful sight! How often can you say that about a parking garage?





The True Value of **Community Colleges**

Can you put a price on the value of education? Ohlone College is preparing to conduct an Economic Impact Study (EIS) to examine what the impacts that Ohlone graduates make on the economy surrounding the College.

To prepare for our own study, Ohlone looked at the EIS that the American Association for Community Colleges (AACC) conducted on a national scale. The results of their study affirms the valuable return on investment in an education at a community college.

According to AACC, in 2012 the net total impact of community colleges on the U.S. economy was \$809 billion in added income. Over time, the U.S. economy will see even greater economic benefits, including \$285.7 billion dollars in increased tax revenue as students earn higher wages and \$19.2 billion in taxpayer savings as students require fewer safety net services, experience better health, and lower rates of crime.

The net effect on a community is: For every dollar* spent:

- Students gain \$4.80 in lifetime income
- Taxpayers gain \$6.80 in added taxes and other savings
- Society gains \$25.90 in added income and social savings

*National average, based on 2012 data

Golfing Abounds

The Ohlone College Foundation held its 31st Annual Golf Tournament on Monday, September 21. The sold-out tournament was held at The Course at Wente Vineyards in Livermore. 144 golfers enjoyed their day on the links before retiring to the club house to enjoy drinks and the awards show. Golfers had a chance to wax eloquent about their day on the course, and to unwind over a nice dinner emceed by Ohlone alum and noteworthy personality, while Ohlone handed out the awards of the day and presents the student athletes of the year.

The golf tournament was originally founded between the College and Fremont Bank as a fundraiser to help fund the additional expenses of the athletics program. As the tournament has grown in size and in the number of sponsors, the tournament now shares the

distribution of funds raised between the athletics department and other academic programs.

Ohlone College President, Dr. Gari Browning, is very pleased at the growth of community support in this fundraising endeavor to benefit students at the college. Of the tournament she said, "We at the College are pleased to extend the 30-plus years of success of the Ohlone College Golf Tournament to support our championship athletic teams and give equal support to important academic program enterprises.

Proceeds that are raised help to fund projects such as, embedded tutoring in the STEM disciplines, Ohlone's student chapter of the Society for Women in Engineering, and programs in the Deaf Studies department. Funds directed to the athletics department supply equipment and travel budget for the eleven intercollegiate teams as well as the kinesiology and fitness programs.







It's Not **Too Late!**

Late Start Classes are back for the Fall 2015 semester! Late Start Classes provide students a valuable opportunity to revisit their class schedule and get another class to meet their needs. Or, potential students get a second chance to enroll!

The fall semester began on August 31, so school has been in session for almost three weeks. Surprisingly, this is a time when many students are looking for another class to take. Some may need to maintain full time status, so they need to add a class to get additional units. Some students may not have been able to get into a course that was full. Late Start classes help them to get into one of the popular courses that tend to fill quickly. So students have a second chance to enroll in a class they need. And some

students who may have dragged their proverbial heels about enrolling in any classes will be grateful for the opportunity to restart their academic life by signing up for a Late Start Class.

Late Start classes are full credit classes that have varying start dates—some Late Start classes begin as early as September—with classes starting on various dates through October and into November.

English 101A & 101B, Economics, History, Trigonometry, Psychology, and Sociology are among several transferrable general education courses that many students are hoping to enroll in. Other students may be hoping to increase their job skills, which they can do by taking mini modules of the Business Management 110 course. Each ½ credit module is taught on a single Friday evening, covering topics such as Managing Organizational Change, Workplace Communication, Team Building or Time Management.

Some Multimedia course offerings teach students about the Business Aspects of

Multimedia or How to Design a Web Site in Word Press. Students interested in fitness can take the Fitness for Life course in the evening, take an introductory course in Kinesiology, or study Contemporary Health Issues.

Ohlone offers more than 180 degrees and certificates...students can start their education path with one or more classes and create an education plan that includes transferring to a four year university, completing an Associate's degree, or getting a certificate in a particular career field.

Students who register for classes for the first time at Ohlone would normally be required to participate in a college orientation prior to registering. However, since orientations have concluded for the semester, that requirement is waived for Fall classes. Students who intend to continue taking courses in the spring semester will need to sign up for an orientation prior to enrolling in their courses.

Sign up for a Late Start class today at ohlone.edu/go/latestart! It's not too late! A World of Cultures **United in Learning**



Upcoming Events:

Paramnesia Photo Series By Naomi Vanderkindren

Exhibit continues thru September 28 Louie-Meager Art Gallery Smith Center at Ohlone College Free and Open to the Public Check website for gallery hours www.ohlone.edu/org/artgallery

An Evening James Randi Psychology Club Speaker Series



Friday, October 16, 7 pm Smith Center at Ohlone College Tickets: smithcenter.com

A Night of Science & More Interactive Exhibits, Fun **Science Shows** Live DJ, Star Gazing thru Telescopes Science Activities for All Ages Saturday, October 17, 6 - 9 pm Ohlone College Newark Center Free and Open to the Public www.ohlone.edu/studentlife

Tri-Cities One-Stop Career Center's **Fall Career EXPO** Friday, October 30 10 am - 1 pm Ohlone College Newark Center Free and Open to the Public www.tricitiesonestop.com

It's Not Too Late







BEGIN NOW THRU 11/13 ohlone.edu/go/latestart

continued from page 2

Service League 60th

1998 — \$43,000 to purchase a disaster tent and all the necessary supplies to provide medical care after a major disaster

2010 — \$70,000 for a stress fracture table for one of the operating rooms

2013 — \$55,000 to purchase nine beds for the Special Care Nursery

This past year, the Service League donated \$60,000 toward the purchase of an Artic Sun Temperature Management System and the partial purchase of intra-aortic balloon pumps. The Artic Temperature Management System precisely manages and controls patient temperature to promote healing. Intra-aortic balloon pumps are a mechanical device that helps the heart pump blood.

Additionally, the Service League has distributed more than \$300,000 in scholarships for students in the Washington Township Health Care District who are pursuing studies in a health-related field.

Reservations for the 60th Anniversary Luncheon may be obtained by contacting Washington Hospital Volunteer Services at (510) 791-3465. Past presidents and current adult volunteers are invited to the 60th Anniversary Luncheon as guests of Washington Hospital. Past volunteers are invited to attend the luncheon for \$10.

Editor's note: This is the second in a series of articles about the history and accomplishments of the Washington Hospital Service

Colorectal Cancer: What You Don't Know **Could Hurt You!**

Seminar on October 6 Explains Risks, Screenings and Treatments

Presence of these symptoms does not necessarily mean you have cancer, but it's best to check with your doctor and to find out if you need to schedule a screening.

Screening and Treatment Technologies

"There are various screening tests for colorectal cancer, but the 'gold standard' is a colonoscopy," says Dr. Srivatsa. "With a colonoscopy, we can detect precancerous polyps and remove them at the same time. Tests that only detect cancer - such as the fecal occult blood test that measures blood in the stool or barium enema x-rays – don't allow for removing polyps. The vast majority of colorectal cancers start as a polyp."

In a colonoscopy, a thin, flexible tube with a miniature camera is inserted through the rectum into the colon, allowing the doctor to look at the inside of the large intestine. During the procedure, the patient is under moderate anesthesia and is unaware of what's happening. Flexible sigmoidoscopy is a similar procedure that allows doctors to view and remove polyps, but it views only about the first half of the colon, instead of the entire colon. Plus, anesthesia is generally not used for sigmoidoscopy, so there may be some discomfort during the procedure.

Another high-definition diagnostic tool is endoscopic ultrasound (EUS), which combines endoscopy and ultrasound to obtain detailed images. With EUS, a small ultrasound device is embedded in the tip of the endoscope, which can be inserted via the rectum.

"Endoscopic ultrasound can be used for staging colorectal cancer, providing information about the spread of cancer within the colon and to adjacent tissues and lymph nodes," Dr. Srivatsa says.

Treatments for colorectal cancer depend on the stage of the cancer, its location and whether it has metastasized to other areas of the body such as the liver, lungs, brain or bones.

"Surgery is the mainstay of treatment for colorectal cancers," Dr. Srivatsa explains. "Surgery alone is often the only treatment required for stage I colon cancer, while chemotherapy could be

used in addition to surgery for stage II and stage III colon cancer. Stage IV colon cancer treatment might involve surgery, chemotherapy and additional surgery to remove metastasized sites. Treatments for rectal cancer are similar to those for colon cancer, with the addition of radiation treatment to chemotherapy for stages II and III."

At Washington Hospital, surgery for colorectal cancers is performed by laparoscopy, sometimes with robotic assistance. The objective is to remove tumors completely, with no cancer cells in the margins of tissue surrounding the tumors. The surgery also is designed to remove any nearby involved node-bearing tissue and to avoid "spillage" or disruption of tumors.

"Laparoscopic surgery is as effective as more traditional open surgery for treatment of colorectal cancer," Dr. Srivatsa emphasizes. "Plus, it affords the benefits of smaller incisions, less pain, a shorter length of stay in the hospital and an earlier return to the patient's everyday activities. The key is to catch the cancer early. Advances in screening and treatment for colorectal cancer have led to dramatically improved survival rates. Today's five-year survival rate for stage I colorectal cancer is approximately 93 percent."

Learn More

To register for the seminar, "Colon Cancer: What You Need To Know," on Tuesday, October 6, visit www.whhs.com and click on the banner near the middle of the home page for "Upcoming Health Seminars."

For more information about colorectal cancer prevention, diagnosis and treatment, visit the Centers for Disease Control and Prevention website at www.cdc.gov and the American Cancer Society website at www.cancer.org.

For help in finding a gastroenterologist who can discuss your risks for colorectal cancer and the appropriate screenings, visit www.whhs.com, click on the tab for "Find My Physician," and select "Gastroenterology" in the drop-down menu for "Search by Specialty."

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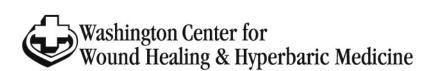


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Shape Our Fremont

Where Fremont residents can learn about shaping proposed housing developments

Important September Meetings

Citizens Speak Out

Over the last few months, several groups of Fremont residents have spoken at City Council and Planning Commission hearings. Some have presented petitions with concerns about new housing developments, and others have requested restrictions on modifications of existing housing. In speaking out, they are actively involved in shaping changes to our city.

The Mayor's Referral

At the September 15th City Council meeting, Mayor Harrison requested Planning staff to prepare a report on "Development Activity Concerns". His referral says in part "... The goal of the report will be to identify strategies that ensure new residential development in our community is sustainable, promotes healthy living environments and provides needed infrastructure and other public facilities in a timely manner while also addressing phasing and preserving land-

use capacity for future needs." There was no clear definition of what that means.

The City Manager and Community Development Director both committed to complete this report soon. They said it would take more than a few weeks but less than a year, but gave no firm date of completion. There was no talk about slowing down the active development approvals or instigating a moratorium on new developments until the report was sent back to the City Council.

Upcoming Meetings

In the meantime, new residential development projects are piling up. Over 1,500 residential units are currently proposed for Fremont.

The Planning Commission will review three large proposals this month. All three proposals will add to traffic congestion, school attendance, water usage, and have negative impacts on the community character of the surrounding neighborhoods.

It is important that residents attend these meetings and speak out about their concerns. The "Development Activity Concerns" report requested by the mayor will not be finished in time to be applied to these projects.

Granite Ridge - Sept. 24th

DPD Investments plans to build 132 units on the former City Corporation Yard property on Paseo Padre at Sequoia Rd. Plans show 76 high-end apartments in a single four-story building and 56 townhouses in three-story buildings.

The developer had originally proposed a smaller number of townhouses and no apartments, but the City requested the density be increased to the maximum.

The four-story apartment building is right on Paseo Padre.

The Planning Commission will make a recommendation to the City Council. The property has to be rezoned which requires the approval of City Council.

See the 7/28/2015 Tri-City Voice Shape Our Fremont article "City Wants Added Density in Quarry Lakes Development".

Mission-Stevenson - Sept. 24th

The True Life Companies wants to build 77 townhouses at the corner of Mission Blvd. and Stevenson Blvd.

17 three-story townhouses will line Stevenson as close as five feet from the sidewalk. The in-out traffic flow will be confusing. The added traffic to Mission Blvd. will be substantial.

In Planning staff's Preliminary Review Process report, they indicated the City would be supportive of a reduction of the number of units and suggested that "some reduction in density would result in a less crowded site and a better overall project design". Yet the developer insists that the City will not allow a lower density.

The Planning Commission is the approving body for this development application as long as it conforms to the existing zoning regulations for those parcels. It will only go before the City Council if the Planning Commission's decision is appealed.

See the 9/8/2015 Tri-City Voice Shape Our Fremont article "Mission-Stevenson Development".

Walnut Residences - Sept. 29th

Carmel Partners plans to build an 882-unit luxury apartment complex at the corner of Walnut Ave. and Guardino Dr. near the Fremont BART station. The current design shows four- and fivestory buildings and an underground garage.

During two community outreach meetings, residents voiced strong objections to the high number of units, the minimum required parking, the building heights, and the impacts of such a massive project on the surrounding neighborhoods. The developer has been meeting with Planning staff and will now present revised designs.

The purpose of the Sept. 29th Planning Commission Study Session is to get input during the design phase. No decision to approve or deny the project will be made. The public may attend and make comments. A City Council Study Session will also be tentatively held in November.

See the 5/5/2015 Tri-City Voice Shape Our Fremont article "Housing Replaces Produce Stands".

For information about City meetings and all the latest development updates, go to www.ShapeOurFremont.com



Rhea Mitra (15), who leads Induz Youth initiative, meets Mama Sara in Kenya, the grandmother of President Obama. She congratulated Rhea's efforts in building a Resource Center for HIV-impacted children.

Danaya fundraiser aids child health and wellness

continued from page 1

An "Induz Laser Dandiya 2015" fundraiser will be held October 3rd at Centerville Junior High School in Fremont. Dandiya is a traditional folk dance from Gujarat state of India played with two sticks. The event will raise funds for the completion of a Resource Center in Kenya, and to sustain and expand other Induz projects. This year, dandiya will include a spectacular laser lights display – the only dandiya event across the USA with the unique laser showcase. A popular Bay Area Dhol Baaje band will provide traditional dandiya and garba live music.

Research has shown that art education helps achieve better academic, cognitive, personal and social outcomes. Volunteer-run Induz has been providing arts enrichment education to low-income schools across the Bay Area, India, Nepal, and Africa.

In 2015 Induz led a medical and art therapy drive as part of Nepal earth-quake relief efforts. Over 2,500 pounds of medicine were collected and shipped to impacted regions of Nepal; ten mobile camps were created at remote villages benefitting over 1,200 villagers. Induz volunteers conducted art therapy workshops for children who lost their homes and families. In times of such tragedy when children go through unimaginable shock, art therapy has proven to help.

A new initiative, MorphUp, is part of the Induz Youth Ambassador program led by 15-year- old Rhea Mitra. The team is building a Resource Center for children living with HIV in Africa. Roo is a remote fishing village in Kenya with a high HIV infection rate among children. The center, whose foundation is already complete, will have a library, space for HIV counseling, and art therapy. Twenty boxes of books collected through a Bay Area donation have now reached Kenya. The Induz team visited Roo in August and witnessed the impact of the program; they are committed to raise additional funds to complete the center.

The Induz team had the opportunity to meet with Mama Sarah, grandmother of President Obama, who was encouraged by the efforts of Induz in Kenya and has expressed interest in working with Induz to further her initiatives.

Founder Ray Mitra said, "Art – all art, be it music, dance, painting or any other form – is a medium for bringing diverse cultures and communities together. That's our vision. We see the point of 'connection' as being Where Art Meets Heart. If we can accomplish that for our children then the world of their future will be a peaceful and happy place."

Tickets for Induz Dandiya can be bought at www.sulekha.com/induz or by contacting Ray Mitra at (510) 875-5006. Also contact Ray for volunteering opportunities.

Induz Laser Dandiya 2015
Saturday, Oct 3
7:30 p.m. – 11:30 p.m.
Centerville Junior High School
37720 Fremont Blvd, Fremont
(510) 875-5006
www.sulekha.com/induz
www.induz.org
Tickets: \$12 - \$20



continued from page 1

Zicke Zacke Zicke Zacke, Oi, oi, oi!

limited crowd. That led to a "hmmm" moment and discussion turned to the lack of OktoberFest celebrations anywhere near the southeast end of the bay. What an opportunity! A goal was set, a partnership between Newark Chamber and Swiss Park was born, and planning began. Now, everybody is invited to the third annual OktoberFest celebration at Swiss Park where Tri-City residents can come together and have a lot of fun. This is a time when kids get to laugh at the grownups and their silly games and cheers, and chime in to shout eins,

zwei, drei, g'zuffa! (One, two, three drunk!)
Come out for Bavarian wrestling, join in
the Brat (wurst) Toss, and see how many beer
steins you can hoist at one time in the Beer
Stein Hoisting contest. An old favorite is also
back – the Beer Pong competition. These are
traditional games found at OktoberFest celebrations around the world, but the first big
contest at the first OktoberFest was a horse
race, and it all began on October 12, 1810
when Crown Prince Ludwig (who later became King Ludwig I) married Princess
Therese of Saxe-Hildburghausen. The people
of Munich were invited to the party held on
the open meadow in front of the city gates to
celebrate the happy royal event

celebrate the happy royal event.

Oktoberfest is now the world's largest Volksfest (beer festival and travelling funfair). Held annually in Munich, Bavaria, Germany, it is a 16-day folk festival running from mid or late September to the first weekend in October, with more than six million people from around the world coming together every year. Fun fact: in spite of their name, Oktoberfest beers are not brewed in the fall. The reason the beer fest is held in late September, just shy of the original date in October, is because the days are longer and warmer, facilitating outdoor merry making.

At the Newark event The Continentals will be entertaining with live music, families can chicken dance together, crunch through a pickle eating contest, and marvel at the yodeling throw down, or maybe win one of the best authentic costume prizes. Swiss Park will be serving their juicy bratwurst and sauerkraut, along with potato salad and what folks in the know call the best apple strudel in the universe.

This is a fest that's all about the beer, and Swiss Park will be offering some super German beers that are not always available and that aficionados will want an opportunity to sample. Bitberger Pilsner, Köstritzer, Benediktiner, Hefeweizen, Lagerbier Hell, Edelstoff, Maximator Dopplebock, Das Brew Buxom Blonde Ale, and Das Brew Lake Elizabeth Brown Ale will all be available. Non-drinkers shouldn't worry as plenty of soft drinks will be available, too.

"Partnering with Swiss Park is so much fun," states Chamber board chairman, David Bible. "We couldn't ask for a more enjoyable location than in the Swiss Park grove, with the outdoor stage, dance floor and biergarten. We are working to build an event with appeal to an even broader community, one that is a favorite even years from now."

Boyle, added, "It's a fun way to support the Newark Chamber that must rely on a combination of membership revenue and a variety of events or programs to fund their operations. Without celebrations like these, which support one of our key objectives: promoting and sustaining a healthy community, there would be no Chamber offices or staff to assist residents and visitors in their information requests, to direct them to businesses, or business services and non-profit services and organizations, or help them interface with local government, regional, state and federal offices and officials."

General admission is \$5 and only available at the door on the day of the event. Beer and wine will only be served in the glassware sold at the fest. An online presale ticket deal is available for a limited time only through Groupon – combo ticket for \$14 (regularly \$20). Combo tickets include admission, OktoberFest mug, and first beer. Purchase tickets online or call Newark Chamber, (510) 744-1000.

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Crimes against nature

Save Our **Bobcats**

By Eric Mills, OHS **COMMUNITY RELATIONS DIRECTOR**

ecil the Lion, recently massacred in Zimbabwe for an illegal "trophy," is not the only abused feline making headlines these days. Some local cats need your help, too.

Two years ago, residents around Joshua Tree National Monument in southern California became increasingly concerned about the disappearance of the local bobcat population. Commercial fur trappers were trapping the animals as they left the safety of the Monument, sometimes on private property, inspiring Assemblymember Richard Bloom (D-Santa Monica) to introduce AB 1213 that was signed into law in 2013. The intent of the original legislation was to ban bobcat trapping throughout the state, but the bill was watered down in committee (as often happens in Sacramento), and the final trapping ban applied to only about 40% of the state, an enforcement nightmare for our beleaguered game wardens.

The State Fish & Game Commission (five members, all appointed by the Governor) held a series of public hearings on the issue. Two options were proposed: OPTION 1 - a ban covering about 40% of the state (favored by Commission staff, and the Dept. of Fish & Wildlife), and OPTION 2, a statewide ban (proposed by departing Commissioner Richard Rogers). Mr. Rogers had earlier stated his belief that this was a matter not of NUMBERS, but of ETHICS. Most would agree.

Earlier this year, Gov. Brown replaced termed-out Commissioners Rogers and Mike Sutton, appointing in their stead Eric Sklar (a St. Helena vintner) and Anthony Williams (of Manhattan Beach, a rep for Boeing Co.). Mr. Sklar is a former St. Helena city councilman; Mr. Williams a former consultant to Democratic powerhouses Darrell Steinberg and John Burton. Mr. Williams is the first African-American ever appointed to the Commission in its 145-year history. 'Bout time! In



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that same period, only three women have been appointed. Almost all Commission appointees have been either hunters, or fishers, or both. This needs to change.

Prior to the Commission's August 5 vote in Fortuna (Humboldt County), the hook 'n' bullet boys were positively ecstatic about the two new commissioners-convinced that both Sutton and Rogers were puppets of the animal rights crazies. Boy, were THEY in for a surprise!

More than 100 people spoke at the Fortuna hearing, almost all in favor of the statewide trapping ban, OPTION 2. (See Commission website for video.) Jean Su, Esq., of the Center for Biological Diversity, made a dynamite 15minute presentation for the bobcats; a rep for the trappers was given equal time. PROJECT COYOTE presented the Commission with 30,000 petition signatures in support of a full ban. Earlier it was announced that the Commission had received more than 25,000 letters and comments in support of OPTION 2. There were fewer than a dozen letters opposing the statewide ban, and nearly all of those had vested financial interests. No contest.

After a four-hour hearing, the Commission voted 3:2 in support of the statewide ban, OPTION 2. Voting "AYE" were Commissioners Jack Baylis, president (Los Angeles); and the two new Commissioners, Eric Sklar and Anthony Williams. Voting "NO" were Commissioners Jim Kellogg (Discovery Bay) and Jacqueline Hostler-Carmesin (McKinleyville), both seemingly more concerned about the trappers' financial losses than the welfare of the bobcats.

A comprehensive bobcat study has not been done in more than 35 years, so current science was lacking. All Commissioners emphasized that the decision had to be science-based, clearly implying that, once such a study was done, and the numbers were there (which seems likely), that a trapping season would again be justified and approved.

And herein lies the rub. The general public, including all those who testified at the Fortuna hearing, presume that the statewide

ban is now in effect. Not so! The Dept. of Fish & Wildlife says that the Commission's decision must first be approved by the State Office of Administrative Law, which could take several weeks, even months, and that the ban will likely not go into effect this year. Not acceptable! (The bobcat trapping season runs November 24 - January 31.) And, if the new study shows that a trapping season is justified for next year, then exactly what has been gained, pray? Certainly nothing for the beleaguered bobcats. This ugly commerce needs to stop.

Some 1,300 bobcats were "taken" by trappers in the 2013-14 season (cage traps only), plus another 300 by hunters. (The hunting of bobcats would not be affected.) Back in 1982 there were 3,400 bobcat trappers in California; today only 70-100. The numbers are a direct reflection of market prices. Today pelts are worth anywhere from \$400-\$600. Follow the money.

The truly ugly part of this issue is the fact that almost all the furs will be sold on markets in China, Russia and Europe. All this suffering and death for an absolutely unnecessary luxury item for the rich. Apex predators generally self-regulate their numbers, and there's certainly no excess of bobcats. These animals are critical to a healthy ecosystem, helping to keep rodents and rabbits in check, a boon to farmers and ranchers.

WHAT YOU CAN DO:

Write to Chuck Bonham, Director, Dept. of Fish & Wildlife, 1416 Ninth Street, Sacramento, CA 95814; email - director@wildlife.ca.gov. Demand that the bobcat trapping ban be made effective immediately.

What we REALLY need, of course, is a statewide ballot initiative banning the commercial trapping of ALL furbearers. Now's the time. Wayne Pacelle (CEO - Humane Society of the United States), are you listening? Drop him a note: Email wpacelle@humanesociety.org

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Fremont **Environmental Event**

SUBMITTED BY CITY OF FREMONT

The City of Fremont has made big strides in creating an environmentally friendly and sustainable city. On Monday, September 28, the city will host a celebration to showcase its efforts to create a green city and the entire Fremont community is invited to join. The event will be held at the Civic Center Knoll, a parking lot between the Police Building and the Fremont Main Library.

The City will be recognizing the new solar carport structures that have been installed at Aqua Adventure Waterpark, the Robert Wasserman Fremont Police Center, and Irvington Community Center, with the Maintenance Center's structures soon to be under construction. With these new solar carport structures, a large chunk of the electricity that is used to run City operations will now come from the sun! This means these systems will reduce the City's entire greenhouse gas "footprint" by more than five percent and will also result in an estimated \$2.6 million in cost savings over the next 25 years. Not

only are these solar carports helping the environment, but they'll also provide shade and rain protection for vehicles at local facilities.

As a semifinalist competitor in the Georgetown University Energy Prize (GUEP), Fremont is currently one of 50 communities across the nation competing to reduce energy consumption over the next two years. These solar carport structures are just one piece of the puzzle when it comes to the City's initiative, but they will make a meaningful impact on net energy consumption in Fremont.

The public is invited to the celebration, which also includes a tour of the solar carport structures.

> Fremont Environmental Event Monday, Sept 28 10:30 a.m.

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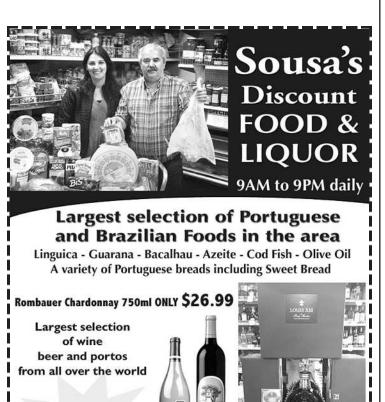
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Retirement Doesn't Mean Inactive

So, you've punched that 8:00 to 5:00 time clock for the last time and you are ready for retirement. Retirement should mean no more time clocks, but it shouldn't mean you just stop all activity!

Now is the time to do those things you have always wanted to do, make new friends, try new things, associate with like-minded men, catch up on the things that interest you.

Why not join your local SIR organization?! Sons In Retirement is a state-wide organization of local branches for men to meet and mutually enjoy the benefits of retirement. SIR conducts a monthly luncheon meeting where you can associate with other retired men, listen to topical speakers, sign up for activities of interest, make new friends, and keep happily active.

Fremont/Newark/Union City Branch 59, meets the third Thursday of the month at the Newark Pavilion on Thornton Ave and Cherry St in Newark. Socializing is from 11:00 to 12:00, and there is time to look over an extensive library of books, sign up for activities, and meet new people or shoot the breeze with old friends. The formal meeting starts at 12:00 with club announcements, birthday wishes, a sing-a-long, and lunch, followed by a selected speaker. Meetings usually end about 1:30.

Activities run the gamut from golf, bowling, computers, wine tasting, bridge, bocce, and couples dining out, and more are being added as interest dictates.

There are also activities which can include your wives or girl-friends, and the ladies seem to enjoy getting their retired men out of the house on occasion.

SIR Branch 59 is looking for new members. Visit their website at www.sirinc.org or call Jim Ulam at (510) 797-9357 or email time4golf@snakebite.com for more information.

Counseling Corner

Do's and Don'ts When Leaving A Job

By Anne Chan, PhD, MFT

his true story earns my vote for the "Most Memorable Way to Quit a Job" award: in front of a planeload of paying passengers, a flight attendant announced that he was sick and tired of his job. After a tirade about his job and his company, he said he was done. He literally walked off the job by exiting the cabin door. (Thankfully, he executed his exit strategy while the plane was parked on the tarmac.)

Those of us who have suffered under awful work conditions have likely fantasized about quitting in similarly dramatic ways. I haven't quit a job in such a newsworthy way, but I've had my share of poor endings. I wish someone had sat me down and told me about how to quit a job before I even applied for my first job. There are some important do's and don'ts when it comes to resigning but I did not know any of these things. I wish I had known better in my younger days. I'm hoping that sharing my hard-earned knowledge will save you from making the same mistakes. The average person will quit a job multiple times over his or her career span so my advice is relevant whether you are about to resign from your first or tenth job.

Quitting a job in a professional manner is critical for a couple of reasons. One, your resignation letter becomes part of your formal employment record. Second, you might need a reference from your boss or co-workers so you should do everything you can to keep the resignation process positive. Third, you might return to the same company down the road. Resigning in a professional manner will help leave that possibility open for you. Last, the news of a terrible exit might ripple out to colleagues in other companies as well as in your field. It's a small world after all - people love to spread juicy gossip and it would not serve you well to have a terrible quitting story attached to your name.

Let's say you've accepted a job offer, signed on the dotted line, and are eager to show up to your new job in three weeks. Before you do or say anything, break the news to your boss or supervisor FIRST. DO NOT send a resignation letter or tell anyone else before you speak to your supervisor. It is unlikely that your supervisor will be thrilled to be the last on the grapevine to hear that you are leaving. Yes, it's uncomfortable to tell a boss to his or her face that you'll be moving on, but the deed must be done. Strive to keep the conversation simple, professional, and positive. You could say something along the lines of "I've really appreciated and enjoyed working here, but another offer has come up that I simply can't refuse."

Your next step will be to write a resignation letter and send it to your supervisor and to Human Resources. Some people have e-mailed their resignation letters, but I prefer a more formal approach via a paper copy. There's always a risk that your email could be overlooked or deleted – a paper copy has a better chance of being read and filed away.

Your resignation letter should be simple and short. Think of the acronym "KISS" – "Keep it Simple and Short." Even if you have a devil boss from the lowest depths of hell, resist the temptation to vent and complain. You do not want leave a final impression of you as a whiner and complainer – it's worth repeating here that your letter becomes part of your employment record. Besides, ranting and raving about your evil boss will not change anything.

These are the main do's and don'ts of your resignation letter:

- Simply state the fact that you are leaving and then state your last date of employment. It is customary to give two weeks' notice, but you can offer more time if you prefer.
- You don't have to give a reason for your departure. This is especially pertinent if you are leaving because you hate your boss or company. However, you can include your reason for leaving if it won't be interpreted as a critique of your boss or the com-

pany. For instance, having a baby or needing to relocate for family reasons are two situations that can be included in your resignation letter.

- Express your gratitude by stating your appreciation for a few key people who've meant a lot to you. You can also express appreciation for the opportunities afforded you by the company. This is easy to do if you've enjoyed your time in the company. If you hate your supervisor's guts, this might seem impossible. However, you can always say a simple and truthful, "Thank you for the opportunity to work here."
- If possible, offer to help ease the transition, e.g. recruiting and training your replacement, or being available for support after you leave. It's worth your time and effort to keep things pleasant with your boss. Of course, don't offer anything you can't deliver.
- Do not ask for a recommendation in your letter the resignation letter is not the place to make this request.

A well written, gracious, and professional resignation letter goes a long way toward maintaining goodwill in the present and future. The letter will also help set a positive tone for your remaining weeks at work. After your supervisor has received a copy of your letter, you might also want to send a farewell email to your co-workers and include your contact information so you can keep in touch.

Remember the big goals for quitting – keep it simple and short, don't burn bridges, and above all, leave a final, positive impression of yourself!

Anne Chan is a career counselor and licensed psychotherapist in Union City. She specializes in helping people find happiness in their careers, lives, and relationships. She can be reached at 510-744-1781. Her website is www.annechanconsulting.com

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Be a vendor at the Milpitas Veterans Commission Car Show

SUBMITTED BY RENEE LORENTZEN

The Milpitas Veterans Commission is excited to announce its 3rd annual Car Show on Saturday, October 17 at the Milpitas Civic Center. Participate in this worthwhile event by becoming an event vendor. The cost is \$50 and all fees are tax deductible. As a vendor you are encouraged to bring information, product or giveaways you think will best promote your business. Sales are fine as long as you have a business license to operate in Milpitas. We are asking that all event vendors provide a product or gift certificate of your services to help create raffle prizes. Please complete registration form and return no later than Friday, October 2. All proceeds from this event are donated to local veteran charities.

For form and more information, visit http://www.ci.milpitas.ca.gov/servefile.php?id=292&t ype=document. If you have questions, contact (408) 586-3409 or e-mail

rlorentzen@ci.milpitas.ca.gov.

LETTER TO THE EDITOR

India prime minister visit

I applaud the letter last week - Lights, Camera, ÉZZZZZZZ, which sheds light on the hidden and unsavory aspects of Indian Prime Minister's governing style in India. Selfies, tweets, photo ops, and clever slogans cannot bring about the change India needs. Mr. Modi must back up his rhetoric with action. He needs

to fill the ranks of government with talented administrators, pledge to openness and transparency in government affairs, and unreservedly condemn and sideline the divisive forces within his coalition.

> Tanveer Ahmad Fremont

SAVE the date for our breakfast fundraiser

SUBMITTED BY TINA FERNANDEZ

Mark your calendars! SAVE's (Safe Alternatives to Violent Environments) "13th Annual Breakfast Eye Opener" is on Friday, October 2 at DoubleTree by Hilton in Newark. Your support will benefit SAVE's array of free services and programs for domestic violence victims and their families, including our 30-bed emergency shelter, youth program, counseling, 24-hour hotline and more.

This year, SAVE will highlight our youth program's teen advocates' achievements and vision for the future. SAVE staff member Dr. Yasi Safinya-Davies will speak about the youth program, and California State Senator Connie Leyva (D-Chino), author of SB

592 (Healthy Relationships and Safe Schools Act) will grace the event as keynote speaker.

For information on tickets, sponsorships and advertising opportunities, visit http://savedv.org/you-can-help/breakfast-eye-opener or call (510) 574-2250 ext. 106. If you or someone you know is currently or has previously experienced abuse, SAVE is here to help. Call our 24-hour hotline at (510) 794-6055.

SAVE's Breakfast Eye Opener Friday, Oct 2 7:30 a.m. – 9 a.m. DoubleTree by Hilton 39000 Balentine Dr, Newark (510) 574-2250 x 106 tinaf@save-dv.org http://save-dv.org/you-canhelp/breakfast-eye-opener \$75 per person

Mission Chamber of Commerce: Then and Now

SUBMITTED BY BOB TAVARES

▼ he Mission San Jose Chamber of Commerce originated in 1909 and was formed by local merchants and business owners to promote their services and wares with a united front. Through the years, however, Mission Chamber went into a long hiatus. The Mission San Jose commercial district became stagnant, sleepy, and neglected.

Then in the 1990s, there was great leadership who felt strongly about the area's historic prevalence and natural attraction. Business and community leaders formulated a study on Mission San Jose to request the City of Fremont to improve the streetscape on Mission Boulevard between I-680 north exit and Pine Street to the south. At the same time, the Mission was looking to have a grandiose 200th anniversary celebration of its founding.

These two endeavors resurrected Mission San Jose Chamber, which now has a nonprofit status, articles of corporation, bylaws and elected officers. The Chamber was able to assist in the design and follow through to end the construction of curb, gutter, sidewalk and historic street lighting on Mission Boulevard. Also, the 1997 bicentennial Mission celebration was a huge success. Out of it came a parade and the construction of a Bicentennial Park adjacent to the Mission.

Then the year 2000 was upon us. At this time, the Dominican Sisters were considering reviving their practice of harvesting olives from their historic olive grove to sell olive oil at their annual boutique. Thus, Mission San Jose Chamber's first "Olive Festival" was born. The mission and purpose of this event is to bring local community and

other city dwellers together to enjoy music, food, boutique olive oil vendors, arts and crafts, raffles and kids' activities, as well as share in the ambience of what Mission San Jose has to offer. It is now an annual event held on the first weekend in October.

Since 2002, we have had other events such as Christmas Tree Lighting, featuring Santa Claus, balloon makers, face painting, food, carolers and live music. Our summer event held in August is a real old-fashioned, picnic-style "Lobster Fest," where guests can enjoy fresh lobster, clam chowder, wine, live music and more. Come and visit our places of interest all within walking distance of each other -Old Mission San Jose, Mission Church and Museum, Olive Hyde Art Gallery and Bicentennial Park. For membership or event information, visit www.msichamber.org.



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CSUEB alumnus plays integral part in Pope Francis's visit to the United States

SUBMITTED BY KIMBERLY TERE HAWKINS

Leo Nestor doesn't remember a time when music wasn't a part of his life.

"My mother sang constantly when we were children," said Nestor (B.A. '74, Music), "I can still hear her voice."

It was his love of music that led him to study the subject at Cal State University East Bay (CSUEB), and soon he will be sharing his passion for music with Pope Francis during his visit to the nation's capital.

"Composers, remarkable voice faculty and the vibrant choral program made Cal State a very easy choice," Nestor said. "Those were tremendously exciting days and profoundly formative years. I owe the Cal State music faculty an un-repayable debt for the comprehensive musical education they instilled, in both theory and practice, in art and craft. As I tell my students today, 'It was the Bay Area, it was the '70s ... you had to be there.' They smile ... and I think they understand."

For the last 31 years, Nestor has been intimately tied to The Catholic University of America (CUA) in Washington D.C., first as visiting artist and teacher, then since 2001 as a professor, Director of Choral Studies and director of CUA's Institute of Sacred Music.

On September 23, Nestor will conduct CUA's 33-member Chamber Choir and the CUA Symphony Orchestra as the Pope celebrates the outdoor Mass of



Canonization for Junípero Serra, the 18th century Franciscan friar who founded 21 Spanish missions in California. Twenty-five thousand people are expected on the University Commons adjoining the Basilica of the National Shrine of the Immaculate Conception, North America's largest Catholic Church.

"We will perform three preludes and have a significant role in the Mass itself, providing the music for the Introit, Offertory and the first work at Communion," Nestor said. "We're singing outside so the instruments have to be beautiful of themselves, the voices have to be beautiful of themselves. You can't oversing. You can't under-sing. You can't overplay. You can't underplay. We're very vulnerable, but that is what musicians are supposed to be."

The Archdiocese of Washington commissioned Nestor to create the song to be performed at

the beginning of Mass and the Communion Antiphon, which will be sung by all the women in the multiple choruses performing on September 23.

This is the fourth time Nestor has been commissioned for papal visits to America. He said he is grateful for all of the opportunities afforded him through music, including two visits to Rome to perform for the Holy Father.

"I had the honor to meet Pope (now Saint) John Paul II after performing for him in 1991 in the Sala Clementina of his residence at the Vatican," said Nestor. "I still cherish the medal he gave me and have the picture at home in my study, his hand touching mine and those deep, gently piercing eyes."

Nestor said CUA faculty, staff and students have been looking forward to Pope Francis's visit for some time, but excitement really snowballed this week.

"Everyone who was chosen to participate is profoundly humbled to have been asked and has taken the preparation required with utmost dedication," said Nestor. "We have had only three weeks since the term began, so everyone has put in maximal effort. The celebration of Eucharist is something Catholics do every day, but on a day such as this with the successor of Peter in our midst, the anticipation of a joyful, prayerful celebration with Pope Francis fills most of our waking moments and I suspect that after the Holy Father departs, the memories of this day will be savored each day."

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BUSINESS

Smarter Siri, better battery life in Apple software update

By Anick Jesdanun **AP TECHNOLOGY WRITER**

NEW YORK (AP), Apple's iPhones and iPads are getting free software updates Wednesday, including battery improvements and a smarter virtual assistant.

The new features and capabilities in the update, iOS 9, are primarily refinements rather than anything transformative. But the new software is still worth getting, especially as new apps often require the latest version to work.

Apple Watch was also supposed to get a software update Wednesday, but that got delayed because Apple found a bug. A separate Mac update, known as El Capitan, is coming out this fall.

Here are some things to know about Wednesday's updates:

ONTHE IPHONE

Although some features such as 3D Touch contextual menus will require the new iPhones that are coming next week, existing devices will get:

- Battery life: Besides underthe-hood improvements, a new low-power mode will reduce or turn off non-essential tasks such as visual effects and automatic downloads. The phone also won't check for new mail or update content for apps in the background as often.

- Navigation: From the main home screen, swipe left to right for a new search screen. The Siri virtual assistant suggests frequently used contacts and apps and nearby businesses, taking into account whether it's evening or lunch time. As you jump around from app to app, some apps show a new back button on the top left corner to get you back to what you were doing.

- Notifications: Swipe down from the top edge for missed notifications, with the most recent on top. Before, they were grouped by app, so you had to sift through weeks-old notifications from little-used apps to find the new ones. You can restore grouping by app in the settings.

- Sleeping in: If you choose a particular song as your alarm sound, the song will keep playing until you turn off the alarm or hit snooze. Before, the alarm automatically stops once the song ends, even if you didn't hear it. Now, you'll hear it over and over - though that might just encourage you to stay in bed.

 Security: If you have a new device with fingerprint ID, you'll be asked to create a longer passcode as a backup, with six digits instead of four. Because you'll need to enter your passcode less often, it might as well be stronger. The four-digit passcode won't change if you're simply upgrading rather than setting up a new device.

- Getting there: Apple Maps gets transit directions in major cities, addressing a major omission. In some cities, including New York and London, Apple sent teams to map out subway entrances for more precise directions to and from stations - helpful when stations stretch for blocks underground.

- Gone: The Newsstand icon disappears, replaced by an unrelated News service. Go directly to the publication's app for your subscriptions. You can recreate Newsstand by putting all the apps into the same folder. Passbook gets replaced by Wallet, now that the Apple Pay payment service is becoming a bigger part of Apple's ambitions. Apple Pay will now work with storebranded credit cards and loyalty

cards, though it'll be up to merchants to decide when they'll start accepting them.

ONTHE IPAD

Though Apple's larger-screen iPad Pro for business customers isn't coming until November, existing iPads get the new iPhone features, along with others geared toward improving productivity:

- Multitasking: Swipe left from the right edge to run a second app, such as Maps to look up directions or Notes to jot down reminders. The choices are limited for now, but expect more developers to support that function. You can also run video in a small window while another app uses the rest of the screen. Do this by tapping an icon on the lower right of the video. You can move the video window to any corner or resize it by pinching in and out. It works only with a few video apps for now, but more are coming.

 Laptop-like controls: Place two fingers on the on-screen keyboard and start sliding around the screen to move the cursor around.

HOW TO GET

Back up your device and make sure your favorite apps will be compatible. Popular apps will likely have updates right away, but obscure ones might need more time to catch up.

When you're ready, go to "General," then "Software Update" in the settings. You need at least 1.3 gigabytes of free space.

You also need an iPhone or an iPad released in 2011 or later, or an iPod Touch since 2012. Not every feature will work with older models, so you might consider a new phone instead. New devices will ship with the updates already installed.

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US eases rules for travel, business in Cuba

By Bradley Klapper ASSOCIATED PRESS

WASHINGTON (AP), Sep 18 -The U.S. has issued new regulations to ease travel and trade opportunities in Cuba for U.S. citizens.

The Treasury and Commerce Departments say the rules go into effect Sept. 21, simplifying procedures for tourism, telephone and Internet business and money transfers to the island.

Treasury Secretary Jack Lew said Friday that the U.S. is helping Cuban citizens "achieve the political and economic freedom necessary to build a democratic, prosperous and stable Cuba."

The Associated Press first reported the changes Thursday.

Hoping to transform their new diplomatic relationship, an official told the AP that the former Cold War foes also should resume direct postal service later this year and clinch an agreement for regularly scheduled commercial flights. There has been no U.S.-Cuban mail link since 1963.

California eases water restrictions for some farmers, others

AP WIRE SERVICE

SAN FRANCISCO (AP), The state on Friday cleared some farmers, water agencies and others to resume pumping from three Northern California waterways, easing one of the toughest restrictions stemming from the state's four-year drought.

The limits, and the new order easing them, were among the most stringent ever imposed on so-called senior water-rights holders, who hold some of the strongest claims to water from California watersheds. State officials say it is the first time they have lifted a 2015 restriction on senior rights holders.

The order from the state Water Resources Control Board allows a certain group of senior water-rights holders - those who claimed stakes between 1903 and 1914 – to resume pumping from the Feather and Sacra-

mento rivers and from the delta of the Sacramento and San Joaquin rivers, said Kathy Mrowka, the board's manager for water rights.

It applies to 238 water rights, although some farmers and others hold more than one of the rights.

The state had told those rights holders to stop taking from the waterways earlier this year. Reduced water use by those still allowed to pump from the watersheds allowed California to ease the restrictions, Mrowka said.

California water law is based largely on ensuring the rights of those with the oldest claims, dating back more than a century. The state has cut the water allotted to countless other farmers, water agencies and others with newer rights.

Gov. Jerry Brown this spring also ordered cities and towns to cut their water use by 25 percent.

Apple delays Watch software update due to 'bug'

AP WIRE SERVICE

NEW YORK (AP), Apple is delaying a big software update for the Apple Watch because it found a bug that is taking longer than expected to fix.

Apple Inc. said in a statement that it will not release watchOS 2, the new operating system for the Watch, on Wednesday as planned. It did not say when it will launch, only that it will happen "shortly." The Cupertino, California, company has not said how many watches it has sold, though a recent re-

port estimated it was about 3.6 million in the second quarter of this year. That's more than some analysts had forecast. The public's response to the Apple Watch has been the subject of intense speculation. Critics have

questioned whether it's useful enough for consumers to need or want one on their wrist.

Study: Type 2 diabetes pill Jardiance cuts risk of death

By LINDA A. JOHNSON AP BUSINESS WRITER

TRENTON, N.J. (AP), Jardiance sharply reduced chances of dying in diabetic patients at high risk of heart complications, a study shows, making the Type 2 diabetes medication the first shown to lengthen diabetics' lives.

The study found Jardiance reduced deaths from heart complications by 38 percent, deaths from any cause by 32 percent and hospitalizations due to chronic heart failure by 35 percent.

Heart complications prematurely kill many of the estimated 387 million diabetics worldwide, so doctors in recent years have moved from trying to reduce patients' blood sugar to trying to prevent cardiovascular complications.

The results were particularly striking because nearly four-fifths of the participants were already taking standard medicines to control blood sugar, blood pressure and cholesterol, plus taking either Jardiance or a dummy pill.

Wall Street was impressed, driving shares of drugmaker Eli Lilly and Co. up 6.6 percent to \$89.98. Earlier the stock traded at \$92.85, its highest point in nearly 15 years.

Lilly and German partner Boehringer Ingelheim Pharmaceuticals Inc. funded the study, which included 7,020 patients in 42 countries followed for about three years, on average.

Last month, the drugmakers announced their study showed cardiovascular deaths were lower in participants taking Jardiance than those given a dummy pill, in addition to standard heart and diabetes drugs. Detailed results were released Thursday, simultaneously at a European medical conference and in the New England Journal of Medicine.

"Patients who took this drug had basically a 1-in-3 chance of avoiding death," said Dr. Silvio Inzucchi, director of the Yale Diabetes Center and a professor at Yale School of Medicine. He was part of the committee overseeing the study.

Given the savings from averting costly hospitalizations, Jardiance should appeal to insurers as well as doctors and patients, even with a wholesale price of \$343 per month – among the most expensive for diabetes medicines.

Heart attacks, strokes and other cardiovascular damage kill about half of Type 2 diabetes patients, as excess sugar in their

blood steadily damages the heart and blood vessels, along with other organs.

For those at high risk of heart complications - people who've already had a heart attack or stroke, have blocked arteries or suffer chronic heart pain - diabetes and heart disease together on average shorten life expectancy by 12 years from age 60, according to a five-decade British study that included about 690,000 people.

The Jardiance study, called EMPA-REG, found the drug reduced by 14 percent the combined number of nonfatal heart attacks, nonfatal strokes and deaths due to heart complications in study participants. Those outcomes are typically analyzed as a group in studies involving heart risks.

"It's a quite impressive study," given the results and number of patients and countries included, said Dr. Yogish Kudva, a Mayo Clinic diabetes specialist not involved in the research.

Kudva noted one riddle: While many deaths and hospitalizations were prevented, the number of nonfatal heart attacks and strokes didn't decrease significantly.

Inzucchi said researchers are still analyzing study data and may uncover an explanation, but additional research on Jardiance and similar drugs may be needed.

Drugs in the class, called SGLT2 inhibitors, help the kidneys excrete more sugar from the blood through urine. Others include Johnson & Johnson's Invokana and AstraZeneca PLC's Farxiga. Merck & Co. is testing another one.

Jardiance, launched in August 2014, brought Lilly just \$30 million in sales from January through June; privately held Boehringer Ingelheim hasn't disclosed its revenue.

Sanford Bernstein analyst Dr. Tim Anderson wrote to investors that the study should help all the SGLT2 drugs slightly reduce sales of other classes of Type 2 diabetes drugs over time, though patients usually take multiple types at once. He tripled his forecast for 2020 sales of Jardiance, to \$2.7 billion.

SGLT2 drugs shouldn't be taken by patients with kidney damage. Side effects include dehydration, low blood sugar, urinary tract infections, a life-threatening condition called ketoacidosis, bone fractures and, most commonly, yeast infections in the vagina and on the penis.



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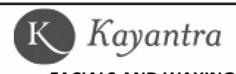
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FREE (\$45 Value)

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For the love of dogs

HOW TO HANDLE DOG BITES

PHOTO BY TERRY BUSCO

One of the many joys of having a furry companion is that you get to spend time outdoors with them. It's always a delight to watch your dogs enjoying themselves at parks or beaches instead of confined inside the house. However, there are certain rules that dog owners must follow when their dogs are outside of their property.

In the greater Tri-City area, local ordinances stipulate that dogs must have a leash if they are not on the property of their owner. Certain exceptions apply if the dog is on private property whose owner allows the dog to be off leash, or if certain public areas allow it. According to DogFriendly.com, some off-leash parks include Castro Valley Dog Park, Central Park Dog Park in Fremont, Drigon Dog Park in Union City, and Animal Community Center Dog Park in Milpitas. Make sure to check signage for pet rules as some parks have designated off-leash areas only.

Accidents sometimes happen. In an event that a dog bites you or someone you know, make sure to call your local animal services department right away. Other incidents that need immediate reporting include animal-to-animal bites, aggressive stray dogs, noisy animals, animal cruelty incidents, leash law violations, sick and injured animals, and dead animals. Do not make online reports for these types of incidents. Make



sure to provide a detailed report, obtaining names and contact information of the dog owner and witnesses (if any). Also include the date, time, and location of the incident, and a detailed description of the animal. If you are the dog owner and aware of the incident, you are equally responsible for reporting it.

Immediate response is needed to prevent any health hazards that might occur for the human or animal victim. The biting animal must be quarantined for at least 10 days (depending on local ordinance or animal) to check for any symptoms of rabies. The owner is responsible for fees associated

with the quarantine. If the owner does not comply with such conditions, he/she is guilty of a misdemeanor. Likewise, the victim must seek medical treatment right away. It is also helpful to take photographs of your wounds before they are treated.

Here are the appropriate contacts for the greater Tri-City area:

Fremont Animal Services (510) 790-6630

Hayward Animal Services Bureau (510) 293-7200

Milpitas: San Jose Animal Care & **Services** (408) 794-7297

Call Milpitas Police Department after 9 p.m. (408) 586-2400

Animal Control Division Newark Police Department (510) 578-4237

Animal Control Section San Leandro Police **Department** (510) 577-2740

Animal Services Unit Union City Police Department (510) 675-5234

Unmanned: America's Drone Wars

SUBMITTED BY REV. JEFFREY SPENCER

The Second Saturday Documentary Series presents 'Unmanned: America's Drone Wars." Unmanned investigates the impact of U.S. drone strikes at home and abroad through more than 70 separate interviews, including a former American drone operator, Pakistani families seeking legal redress, investigative jour nalists pursuing transparency and top military officials warning against repercussions.

The film will be screened at Niles Discovery Church on Saturday, September 12. A discussion will follow the screening. Screenings are free, though donations are accepted.

The film shows area of tribal regions being targeted alongside interviews with Pakistani drone survivors. It highlights the stories of 16 year old Tariq Aziz, killed by a drone a week after he participated in a public conference in Islamabad in 2011, as well as a school teacher, Rafiq ur Rehman, grappling with the loss of his mother and the hospitalization of his children due to a drone strike last year.

In candid conversations with experts like Lawrence Wilkerson, former Chief of State to Secretary of State Colin Powell; David Kilcullen, former advisor to NATO and General Petraeus; and Vicki Divoli, former deputy legal advisor to the CIA's counterterrorism Center, the film reveals that these covert military actions are often imprecise and result in creating more enemies for the American people who have little knowledge of how drone targets are set and the killings carried out.

The Second Saturday Documentary Series is cosponsored by Niles Discovery Church, Tri-City Perspectives, and the San Jose Peace and Justice Center.

> **Unmanned: America's Drone Wars** Saturday, Sept 12 1:30 p.m. Niles Discovery Church 36600 Niles Blvd, Fremont (510) 797-0895 nilesdiscoverychurch.org Free. Donations accepted

John F Kennedy **High School** turns 50

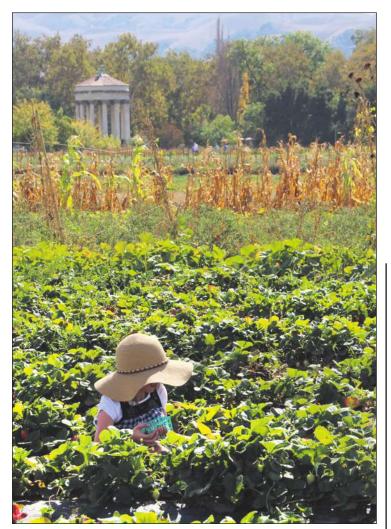
SUBMITTED BY JACQUELINE TORRES

In the fall of 1965, John F Kennedy High School in Fremont opened its doors to provide a venue where all students can achieve academically and athletically. Fifty years later, those ideals are still running strong. On Saturday, September 26 the school begins its 50th year anniversary by celebrating people that have influenced the growth of the school and community.

Festivities kick off this historic year at TAK Fudenna Stadium when the John F Kennedy Football team competes against American High School. The junior varsity game begins at 4:30 p.m. and is immediately followed by the varsity opening league play at 7 p.m.

During half time, the school will honor individuals who have helped contribute to the success of the past five decades. There will also be a BBQ (\$8) at 5 p.m. Meals, snacks, and drinks can be purchased at the snack bar. Tickets to the game are \$7 for general admission, \$5 for students with ASB card and \$3 for kids K-8. JFK High will also be selling commemorative 50th year anniversary shirts for \$10. Be there on the night when we honor our past while building for the future. Come dressed in your Titan gear from the past or present!

> John F Kennedy High School Turns 50 Saturday, Sept 26 4:30 p.m. -Junior Varsity game 5:00 p.m. BBQ /\$8 7:00 p.m. - Varsity League game Tak Fudenna Memorial Stadium 38442 Fremont Blvd, Fremont (510) 657-4070 \$7 general/ \$5 ASB students /\$3 K-8



continued from page 1

Sunol AgPark

Harvest Festival and Pumpkin Patch

"What we hope for overall, is for people to get out to the Sunol AgPark for a day of fun on a local farm!" said SAGE Program Associate Charlotte Hyrse of the Harvest Festival. "We want folks to meet the farmers and engage with all the community partners. The Sunol AgPark has grown to be a special place; there are now fewer than 100 acres of vegetable production in all of Alameda County."

The festival will offer awesome activities and learning opportunities including crafts like corn husk doll making, farm games such as peach pit toss, face painting, and a DIY farm photo booth. Kids will love roaming the pumpkin patch, too. Big kids and adults will enjoy Feral Heart Farm's bean winnowing workshop (the process of harvesting beans), and Baia Nicchia Farm's tastings of their famous specialty heirloom tomatoes. There will be garden demos and a pre-fest farm tour of AgPark as well.

Jellicles Farm is hosting a unique event perfect for single, environment-minded adults: Weed Dating. Think speed dating, but instead of meeting across a table, people meet across a bed of weeds, pulling them while getting to know each other.

Several vendor booths will offer information on a myriad of topics, including converting lawns to save water, waste reduction, wildlife and ecology conservation, and gardening resources. And East Bay Regional Park District (EBRPD) is bringing along their mobile reptile truck for attendees to get to know their scaly neighbors.

Expect more environmental and educational organizations at the fest than last year. Vendors include Alameda County Resource Conservation District, CERT, SF Public Utilities Commission and Watershed Center, Sunol 4-H Club, Little Brown Church of Sunol, StopWaste, Sungevity, Alameda Creeks Alliance, International Rescue Committee, Project EAT and Tennyson High School, LEAF Center Fremont, EBRPD, Tri-City Ecology Center, and the Ohlone Audubon Society.

Fest-goers definitely won't want to miss perusing the farm's produce and local goods on sale. AgPark farmers will be selling their own fresh produce, such as peppers, squash, leafy greens, eggplant, okra, and more. Food and drink options will also be available, including beer from JP Das-Brew and wine from Fenestra Wineries and Wente Vineyards.



BOOK SA Fremont Friends of the Library

Old Library/Teen Center

39770 Paseo Padre Parkway, Fremont **Enter Park at Sailway Drive**

Saturday, October 17 - 10am - 3pm Sunday October 18 - 12 Noon - 3pm

> Clearance Sunday - \$5 per bag Bring your own grocery bags

\$1.00 per inch Stacked

For Information 510-494-1103

All proceeds from our book sales are given to the Fremont Library System

Take a break from all the good food and libations to check out the Niles Canyon Artisans, who are selling their art and wares during the festival. San Franciscobased acoustic blues and rock band Blind Lemon Pledge will be performing, and SAGE is holding a raffle to win one of five cases of Sierra Nevada beer, or a case of Wente Vineyards wine.

Attendees are encouraged to bring bikes, trikes, wagons, and strollers to ride around the farm's acreage.

SAGE hopes the festival continues to strengthen and grow relationships with community partners and the public. "There are so many interesting and innovative projects and relationships that are being built at the Sunol AgPark," said Hryse. "[Our] education programs and public outreach sets the stage for Bay Area residents to further engage with essential issues in our world today - namely, food systems and food production, and water conservation and water as a natural resource."

Sunol AgPark Harvest Festival and Pumpkin Patch Sunday, Sep 27 10:00 a.m. - 3:00 p.m. 8:00 a.m. - 10:00 a.m.: Farm **Tour for Beginning Farmers** 10:00 a.m. - 2:30 p.m.: Blind Lemon Pledge performance

505 Paloma Way, Sunol (510) 526-1793 ext. 5 www.sagecenter.org Tickets: \$5 suggested donation for adults

Sunol AgPark





Proceeds from the event benefit art education for underprivileged children.

Induz is a 501(c)(3) non-profit organization

SCHEDULE

Saturday September 26, 2015 Quarry Lakes East Bay Regional Parks





- Race Details Every participant receives a finishers medal and event
- t-shirt (tech shirts availble for an additional donation. • We partner with On Your Mark Event Management, a professional race timing company. We will be using a chip-timing system for the 5K/10K run.
- Race results will be available within minutes of completion and posted on our website after the event.
- Awards for the top 3 men and top 3 women runners for the 5K and 10K, by age group (age groups available on our website).
- Special recognition for breast cancer survivors
- Teams are welcomed and encouraged to participate.

Set up your own donation page and accept donations online! Every dollar we raise allows us to continue serving our clients healing from breast cancer! We encourage everyone to create a donation page and help us

We are thrilled to announce that EBCF will be matching online participant page donations, up to \$15,000. Make your donations go further and help raise even more money for HERS Breast Cancer Foundation!

The HERS Breast Cancer Foundation supports all women healing from breast cancer by providing post-surgical products and services regardless of financial status. <u>All donations stay local</u>. We have offices in Fremont, Pleasanton and Palo Alto.







Fremont is Celebrating its **Environmental Efforts and** You're Invited!

The City of Fremont has made big strides in creating an environmentally friendly and sustainable city.

On Monday, September 28, the City of Fremont will host a celebration to showcase its efforts to create a green city and the entire Fremont community is invited to join. The event will be held at 10:30 a.m. at the Civic Center Knoll, a parking lot between the Police Building and the Fremont Main Library.

The City will be recognizing the new solar carport structures that have been installed at Aqua Adventure Waterpark, the Robert Wasserman Fremont Police Center, and Irvington Community Center, with the Maintenance Center's structures soon to be under construction. With the City's new solar carport structures, a large chunk of the electricity that is used to run City operations will now come from the sun! This means these systems will reduce the City's entire greenhouse gas "footprint" by more than five percent and will also result in an estimated \$2.6 million in cost savings over the next

25 years. Not only are these solar carports helping the environment, but they'll also provide shade and rain protection for our vehicles at local facilities.

As a semifinalist competitor in the Georgetown University Energy Prize (GUEP), Fremont is currently one of 50 communities across the nation competing to reduce energy consumption over the next two years. These solar carport structures are just one piece of the puzzle when it comes to the City's initiative, but they will make a meaningful impact on net energy consumption in Fremont. Visit www.Fremont.gov/EnergyPrize for more information about this initiative.

Our City's efforts and dedication to keep the community clean, green, and healthy are a cause for celebration and we hope you'll join us for the event, which also includes a tour of the solar carport structures.

For more information or to RSVP, please contact Deputy Director of Community Development Dan Schoenholz at dschoenholz@fremont.gov or 510-494-4438.





Looking for a way to make a difference in the community? Consider serving as a commissioner or an advisory board member! The City of Fremont currently has vacancies on its Environmental Sustainability Commission, George W. Patterson House Advisory Board, and Senior Citizens Commission.

Current boards and commission vacancies include the following terms:

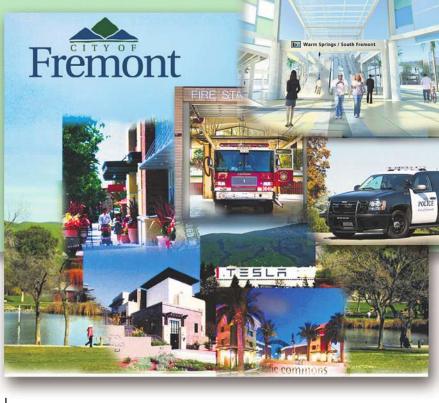
Environmental Sustainability Commission (Student member) Term to expire December 31, 2018

George W. Patterson House Advisory Board (Citizen At Large)

Term to expire December 31, 2017 One vacancy

Senior Citizens Commission Term to expire December 31, 2015 One vacancy

To download an Advisory Body application visit www.Fremont.gov/BoardsandCommissions and review the Resources section at the bottom of the page. You may also obtain an application from the City Clerk's Office at 3300 Capitol Ave, Building A. Please note that the City Clerk's Office accepts applications throughout the year, not just when there are vacancies. For more information call 510-284-4060.



Fremont Has Big Plans to Celebrate Its 60th Anniversary and You're Invited!

Next year represents a big milestone for Fremont - the celebration of its 60th anniversary!

On January 23, 2016, the City of Fremont will host a celebration to applaud how far the City has come in the past 60 years, from establishing itself as a city to creating a brand new Downtown for its residents.

To memorialize this exciting day, Fremont will be holding a time capsule ceremony. The time capsule, which will include items that reflect Fremont's culture, diversity, life, and energy from the perspective of our city's youth, will be assembled at the event and installed on the site of the City's future Civic Center. The contents are being collected via a partnership with the City's Youth Advisory Commission and Fremont Unified School District. Intended to be opened at the City's 100th anniversary, Fremont's newest generations will have the honor of opening the time capsule and uncovering pieces of Fremont history.

In addition to this memorable ceremony, a section of Capitol Avenue will be closed to cars for a festive community picnic in the middle of the street! Stay tuned for more information as we get closer to the event.

Local businesses, nonprofits, and community groups are also invited to host various festivities to commemorate the celebration throughout 2016. Between now and next January, get a head start on planning such festivities for this memorable occasion. It can be as simple as weaving in the City's 60th anniversary into events already being planned for 2016 or creating a new signature event to commemorate this milestone.

To spread the word, a calendar of events will be posted to the City's website to share when and where 60th anniversary events will be happening. Don't miss out on this opportunity to experience fun and fellowship with other Fremont community members as we celebrate our City's achievements over the past 60 years.

Solar Permitting Process Streamlined

With more and more residents choosing to install solar, the City recently adopted an ordinance streamlining solar permitting for small residential systems, and also updated the webpage related to solar permits. Updates include the following:

• Turnaround times for small residential rooftop solar permits have been reduced to three days maximum. (Over-thecounter permits will continue to be offered on Wednesday mornings at the Development Services Center, located at 39550 Liberty St.)

- Permit applications may be submitted by fax or e-mail
- Only one City inspection is now re-
- Forms and instructions have been streamlined and are available in an easyto-use format at www.Fremont.gov/So-

These changes will make it quicker and easier than ever for residents to "go green" and help the community reduce its environmental footprint!



Phase I of the Capitol Avenue Extension Project Set to Finish Fall 2015

Phase I of the Capitol Avenue Extension Project will be nearing completion this fall

The project kicked off last September with the Downtown on the Rise Demolition Celebration, where the community was able to witness the demolition of a threestory office building, allowing for the critical connection of Capitol Avenue to Fremont Boulevard.

This fall, the community will witness a transformed, multi-modal street that will include bike lanes, free public parking, a landscaped median, and 10-15 foot sidewalks with street trees and additional landscaping. This new multi-modal street will serve as Fremont's "Main Street"

and involves much more than just grading and paving. The new extension includes unique screen walls that will enhance the pedestrian experience, utilities placed underground that will power electric vehicle charging stations, wide sidewalks to create a pedestrian-friendly vibe and allow for sidewalk cafes, and landscape that will provide shade and create an inviting environment for residents and

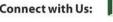
Additional Capitol Avenue improvements will commence shortly, focusing specifically on Capitol Avenue between State Street and Paseo Padre Parkway. Improvements will include installing street furniture such as benches, seat walls, recycling and trash receptacles, streetlights and signs, etc., and enhanced landscaping. This portion of the road is scheduled to be open to traffic during the construction phase and is estimated to be complete in summer 2016.

The City is currently planning a grand opening event for October 16 to celebrate the work completed to date. Stay tuned to the City of Fremont's social media websites at www.Fremont.gov/SocialMedia for more details.





























Home & Garden

The Treehouse

A place for kids of all ages

By David R. Newman

or many of us, childhood **≺** is filled with exploration and discovery. And nothing seems more magical than a treehouse. It is a place where you can hide from the world and make up your own rules, a secret place all your own, where you feel safe, nestled in a tree's embrace.

But what was once primarily a child's clubhouse has evolved over the past 30 years to become a serious housing alternative for adults as well. Modern takes on the treehouse can now be found throughout the world in the form of art studios, guest houses, offices, and B&B's, complete with

running water, heating, electricity, and all the comforts of home.

The current treehouse movement has grown from the seed of an idea. It was 35 years ago when Michael Garnier slapped together a 20-foot-high treehouse for his kids on his Oregon property. After a while, a concern for their safety, combined with his engineering background and love of trees, had him wondering about how to build a better one. "I learned more about how to build, and I watched how trees reacted to having metal in them or boards on them," says Garnier.

In 1997, Garnier hosted the first World Treehouse Conference where pioneers in the treehouse world, like



Photo by Adam Crowley (www.adamcrowley.com)



that instead of nailing boards to a tree, why not set a platform atop steel bolts, which would allow for are now built. "Now, with the new technology, you can you build something that'll last 20 to 50 years, and it can be an improvement to your property," says Garnier.

Many people have consulted with Garnier and Nelson over the years when building their own custom treehouse, and they are happy to help. Garnier's first suggestion is to come and stay on his property, the Out 'n' About Treesort, which he likens to an "Ewok village." There you can view over 15 treehouses, some with lights, beds, bathrooms, and kitchenettes, all connected by

rope bridges, walkways, ziplines, ladders, and stairs. It is truly a living museum of treehouse technology where you can see how the trees have adapted to their new loads over time.

A carpenter by trade, Nelson also runs a treehouse B&B in Fall City, Washington, with his wife Judy, called TreeHouse Point. He operates a treehouse design and supply company as well (www.nelsontreehouseandsupply.com), has authored numerous photo books on the subject, and is the star of Animal Planet's "Treehouse Masters." Nelson has a specific process when designing and building a treehouse; he first listens to the client's needs and vi-

continued on page 16





Upper Pond Exterior left: and Interior above: Photos by Adam Crowley (www.adamcrowley.com)





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continued from page 15

sion, then they will march around the property in search of the perfect tree (or trees). Once a location is chosen, he sketches a design which, once approved, will become the blueprint for the new treehouse.

Building a treehouse has truly evolved from a lone DIY homeowner going out with a hammer and nails, to a team of professional craftsmen working on a job site. If you're thinking about such a project, consider hiring a consultant to guide you in the process. You could also possibly need an engineer and an arborist. Nelson's team consists of carpenters, electricians, plumbers, and rigging specialists, as well as an interior designer. The price range for a treehouse varies widely, anywhere from \$2,500 to \$250,000.

Of course, at the end of the day, it's still a treehouse. "The tree is the ultimate architect," says John Henry Lionheart, who owns Fine Treehouse Building in Berkeley. "Treehouse design should be organic, in harmony with the tree.

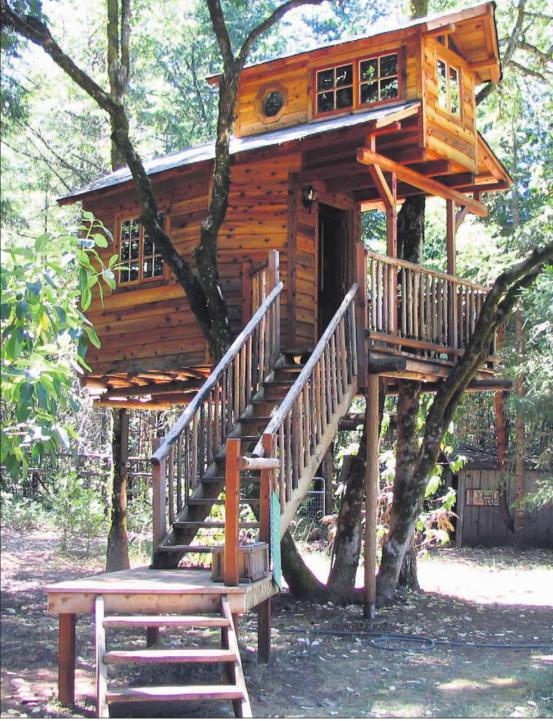
The lines should follow the dictates of the tree without undo cutting and trimming. And support should be furnished by the tree as much as possible."

Like any structure, treehouses are subject to certain building codes for safety reasons. While a building permit is usually not required ("treehouses are normally classified as 'accessory structures' like sheds and are not subject to the permit process," says Lionheart), you may need to check with your city's zoning department. "My suggestion is that you build your treehouse to code as much as possible," says Garnier. Checking in with your neighbors about it is also a good idea.

The love that Nelson, Garnier, and Lionheart feel for nature is evident in their creations. They produce finely crafted spaces in the trees that bring out the kid in all of us. As Nelson writes in "Treehouses: The Art and Craft of Living Out on a Limb," "Treehouses lift the spirits. They inspire dreams. They represent freedom:



Trillium Exterior above and Trillium Interior below Photos by Adam Crowley (www.adamcrowley.com)



from adults or adulthood, from duties and responsibilities, from an earthbound perspective. If we can't fly with the birds, at least we can nest with them.

To try out a treehouse visit Out 'n' About Treesort, (541) 592-2208,

http://treehouses.com/; or Tree-House Point, info@treehousepoint.com,

www.treehousepoint.com/. For single treehouses for rent, visit www.airbnb.com/rooms/86456 (Burlingame), and

www.airbnb.com/rooms/15390 3 (Watsonville).





Photo courtesy of Michael Garnier

Photo courtesy of Michael Garnier

September 22, 2015							ICE				
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567 Alhambra Drive	94536	797,000		1148	1957 08-12-15	26768 Contessa Street	94545	535,000	3 I	128	1957 08-14-
I 58 Bell Common	94536	826,000		1924	1991 08-14-15	25181 Copa Del Oro #124	1 94545	290,000	2	865	1991 08-14-
27 Bing	94536	700,000		1543	2008 08-18-15	27897 Coronado Way	94545	450,000	3 I	119	1955 08-11-
8455 Bronson St #232	94536	325,000		950	1970 08-11-15	2439 Cryer Street	94545	520,000	3 I	107	1957 08-18-
8455 Bronson St #319	94536	235,000		750	1970 08-19-15	2736 Cryer Street	94545	465,000	3 I	148	1958 08-18-
122 Country Drive	94536	750,000		1652	1962 08-14-15	27845 Dolphin Lane	94545	325,000	3 I	000	1955 08-18
93 Fieldstone Drive	94536	825,000		1384	1989 08-18-15	26088 Kay Avenue #110	94545	243,000	2	840	1985 08-18-
8855 Godfrey Place	94536	, , , , , , , , , , , , , , , , , , , ,		1889	1978 08-18-15	25938 Kay Avenue #115	94545	347,000	2 I	128	1989 08-19
II Grau Drive	94536	942,000		1986	1995 08-19-15	27769 Orlando Avenue	94545	453,000	3 I	360	1955 08-11-
060 Handel Common	94536	615,000		1357	1979 08-19-15	27079 Portsmouth Ave	94545	408,500	3 I	128	1956 08-18
8885 Hayes Street 8851 Helen Way	94536 94536	770,000 850,000		1409 1624	1978 08-19-15 1962 08-19-15	2539 Spindrift Circle	94545	1,020,000	5 3	457	2005 08-12-
66 King Avenue	94536	821,000		1370	1982 08-19-15		1ILPITAS	TOTAL	SALE	S: 24	
091 Norris Road	94536	1,300,000		3016	1955 08-17-15	Highest \$:	1,459,0		dian \$		50,000
51 Paloma Terrace	94536	599,000		1440	1973 08-13-15	Lowest \$:	,		erage S		93,146
637 Richmond Avenue	94536	1,092,000		2260	1958 08-19-15	ADDRESS					BUILTCLOSE
960 Roselle Common	94536	938,000		2054	1997 08-17-15	710 Arbor Way	95035	560,000		044	1992 08-25
14 School Street	94536	760,000		1580	1955 08-12-15	462 Cascadita Terrace	95035	641,000		165	1992 08-26-
032 Sunset Terrace	94536	810,000		1689	1989 08-17-15	534 Chestnut Avenue	95035	750,000		260	1960 08-21
8780 Tyson Lane #108C	94536	407,000	Ī	870	1982 08-11-15	941 Courtland Court	95035	925,000		763	1981 08-18
86 Walnut Avenue	94536	425,000	i	894	1985 08-12-15	2120 Cuesta Drive	95035	865,000		528	1990 08-20
9371 Argonaut Way	94538	760,000	-	1269	1961 08-11-15	179 Evening Star Court	95035	775,000		346	1969 08-26
3327 Arkwood Street	94538	760,000		1080	1959 08-12-15	2248 Farmcrest Street	95035	1,152,000		987	1989 08-25
930 Barrymore Cmn #S	94538	405,000		882	1981 08-18-15	854 Fire Walk	95035	775,000		534	2000 08-24
015 Basil Terrace	94538	728,000		1308	2010 08-14-15	1933 Grand Teton Drive	95035	1,050,000		228	1976 08-20- 1960 08-21-
9977 Burr Avenue	94538	751,000		1148	1959 08-14-15	1611 Jupiter Drive	95035	570,000 1.095.000		240 415	
366 Coco Palm Drive	94538	838,000		1610	1962 08-17-15	2139 Mesa Verde Drive 267 North Gadsden Dr	95035 95035	, ,		415 438	1971 08-19- 1962 08-25-
151 Converse Street	94538	1,300,000		2835	1956 08-14-15	267 North Gadsden Dr 216 North Park Victoria	95035	512,000 685,000		438 182	1962 08-25 1962 08-19
993 Everglades Park Dr	94538	645,000		1552	1961 08-14-15		95035	480,000		182	1962 08-19
2605 Fern Circle	94538	958,000		1375	1987 08-11-15	363 North Temple Drive 226 Odyssey Lane #27	95035		3 I	170	- 08-21
0217 Fremont Blvd	94538	550,000		1302	1958 08-14-15	226 Odyssey Lane #27 222 Odyssey Lane #28	95035	729,500	-	-	- 08-21 - 08-19
430 C: C	0.4530	595,000	3	1325	1955 08-12-15	222 Odyssey Lane #28 220 Odyssey Lane #29	95035	729,500 818,500	_	-	- 08-19 - 08-21
439 Gina Street	94538	373,000		693	1987 08-17-15	• •		673,000		-	- 08-21 - 08-20
	94538 94538	380,000	ı			318 Ugaccar 1 222 730	950175		-	-	- 08-20 - 08-19
9219 Guardino Dr #263	94538	380,000		693	1987 08-11-15	218 Odyssey Lane #30	95035 95035		_	_	
439 Gina Street 9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street	94538	380,000	I	693 1689	1987 08-11-15 1955 08-18-15	216 Odyssey Lane #31	95035	694,500		034	
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street	94538 94538	380,000 320,000	I 4			216 Odyssey Lane #31 1832 Pebble Beach Court	95035 95035	694,500 1,459,000	4 3	034 427	1988 08-19
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave	94538 94538 94538	380,000 320,000 720,000	I 4 4	1689	1955 08-18-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court	95035 95035 95035	694,500 1,459,000 830,000	4 3 3 I	427	1988 08-19 1994 08-20
9219 Guardino Dr #263 9219 Guardino Dr #264	94538 94538 94538 94538	380,000 320,000 720,000 730,000	I 4 4 3	1689 1556	1955 08-18-15 1963 08-19-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place	95035 95035 95035 95035	694,500 1,459,000 830,000 710,000	4 3 3 I 3 I	427 450	1988 08-19 1994 08-20 2010 08-17
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave 0133 Laiolo Road 1563 Patton Terrace	94538 94538 94538 94538 94538	380,000 320,000 720,000 730,000 685,000	I 4 4 3 3	1689 1556 1148	1955 08-18-15 1963 08-19-15 1959 08-14-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place 324 Sylvia Court	95035 95035 95035 95035 95035	694,500 1,459,000 830,000 710,000 750,000	4 3 1 3 1 3 1	427 450 397	1988 08-19 1994 08-20 2010 08-17 1955 08-17
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave 0133 Laiolo Road 1563 Patton Terrace 2881 Roberts Avenue	94538 94538 94538 94538 94538 94538	380,000 320,000 720,000 730,000 685,000 800,000	I 4 4 3 3 3	1689 1556 1148 1453	1955 08-18-15 1963 08-19-15 1959 08-14-15 1988 08-17-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place 324 Sylvia Court 814 Terra Bella Drive	95035 95035 95035 95035 95035 95035	694,500 1,459,000 830,000 710,000 750,000 872,000	4 3 3 1 3 1 3 1 4 1	427 450 397 828	1988 08-19 1994 08-20 2010 08-17 1955 08-17
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave 0133 Laiolo Road 1563 Patton Terrace 2881 Roberts Avenue 121 Valpey Park Avenue	94538 94538 94538 94538 94538 94538 94538	380,000 320,000 720,000 730,000 685,000 800,000 680,000 770,000	1 4 4 3 3 3 3	1689 1556 1148 1453 1156	1955 08-18-15 1963 08-19-15 1959 08-14-15 1988 08-17-15 1958 08-14-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place 324 Sylvia Court 814 Terra Bella Drive	95035 95035 95035 95035 95035 95035	694,500 1,459,000 830,000 710,000 750,000 872,000	4 3 3 I 3 I 4 I	427 450 397 828 S: 11	1988 08-19 1994 08-20 2010 08-17 1955 08-17 1985 08-18
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave 0133 Laiolo Road 1563 Patton Terrace 2881 Roberts Avenue 121 Valpey Park Avenue 8456 Avalon Heights Terr	94538 94538 94538 94538 94538 94538 94538	380,000 320,000 720,000 730,000 685,000 800,000 680,000 770,000	1 4 4 3 3 3 3 4	1689 1556 1148 1453 1156 1347	1955 08-18-15 1963 08-19-15 1959 08-14-15 1988 08-17-15 1958 08-14-15 1963 08-18-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place 324 Sylvia Court 814 Terra Bella Drive Highest \$:	95035 95035 95035 95035 95035 95035 IEWARI 785,00	694,500 1,459,000 830,000 710,000 750,000 872,000 <	4 3 1 3 1 4 1 SALE dian \$	427 450 397 828 S: 11	1988 08-19- 1994 08-20- 2010 08-17- 1955 08-17- 1985 08-18- 50,500
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave 0133 Laiolo Road 1563 Patton Terrace 2881 Roberts Avenue 121 Valpey Park Avenue 3456 Avalon Heights Terr 23 Becado Place	94538 94538 94538 94538 94538 94538 94538 94539	380,000 320,000 720,000 730,000 685,000 800,000 680,000 770,000 2,175,000	1 4 4 3 3 3 3 4 3	1689 1556 1148 1453 1156 1347 3083	1955 08-18-15 1963 08-19-15 1959 08-14-15 1988 08-17-15 1958 08-14-15 1963 08-18-15 1995 08-18-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place 324 Sylvia Court 814 Terra Bella Drive Highest \$: Lowest \$:	95035 95035 95035 95035 95035 95035 IEWARI 785,00 335,00	694,500 1,459,000 830,000 710,000 750,000 872,000 <	4 3 1 3 1 4 1 5 5 5 5 5 5 6 5 6 6 6 6 6 6 6 6 6 6 6	427 450 397 828 S: 11 : 6	1988 08-19- 1994 08-20- 2010 08-17- 1955 08-17- 1985 08-18- 50,500- 22,136
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave 0133 Laiolo Road 1563 Patton Terrace 2881 Roberts Avenue 121 Valpey Park Avenue 8456 Avalon Heights Terr 23 Becado Place 6895 Bradley Street	94538 94538 94538 94538 94538 94538 94538 94539 94539	380,000 320,000 720,000 730,000 685,000 800,000 680,000 770,000 2,175,000	1 4 4 3 3 3 4 3 3	1689 1556 1148 1453 1156 1347 3083 3015	1955 08-18-15 1963 08-19-15 1959 08-14-15 1988 08-17-15 1958 08-14-15 1963 08-18-15 1995 08-18-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place 324 Sylvia Court 814 Terra Bella Drive N Highest \$: Lowest \$:	95035 95035 95035 95035 95035 95035 IEWARI 785,00 335,00 ZIP S	694,500 1,459,000 830,000 710,000 750,000 872,000 < TOTAL 0 Me 0 Ave SOLD FOR 1	4 3 1 3 1 4 1 . SALE dian \$ BDSSC	427 450 397 828 S: 11 : 6 \$: 6	1988 08-19 1994 08-20 2010 08-17 1955 08-17 1985 08-18 50,500 22,136 BUILTCLOS
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave 0133 Laiolo Road 1563 Patton Terrace 2881 Roberts Avenue 121 Valpey Park Avenue 3456 Avalon Heights Terr 23 Becado Place 6895 Bradley Street 0392 Canyon Heights Dr	94538 94538 94538 94538 94538 94538 94538 94539 94539 94539	380,000 320,000 720,000 730,000 685,000 800,000 680,000 770,000 2,175,000 1,075,000	1 4 4 3 3 3 3 4 3 3 3 3	1689 1556 1148 1453 1156 1347 3083 3015 1462	1955 08-18-15 1963 08-19-15 1959 08-14-15 1988 08-17-15 1958 08-14-15 1963 08-18-15 1995 08-18-15 1985 08-17-15 1961 08-13-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place 324 Sylvia Court 814 Terra Bella Drive Highest \$: Lowest \$: ADDRESS 6262 Benecia Avenue	95035 95035 95035 95035 95035 95035 IEWARI 785,00 335,00 ZIP S	694,500 1,459,000 830,000 710,000 872,000 <	4 3 1 3 1 4 1 5 5 5 6 5 6 6 6 6 6 6 6 6 6 6 6 6 6 6	427 450 397 828 S: 11 : 6 \$: 6 QFT 718	1988 08-19 1994 08-20 2010 08-17 1955 08-17 1985 08-18 50,500 22,136 BUILTCLOSI 1978 08-11
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave 0133 Laiolo Road 1563 Patton Terrace 2881 Roberts Avenue 121 Valpey Park Avenue 8456 Avalon Heights Terr 23 Becado Place 6895 Bradley Street 0392 Canyon Heights Dr 1414 Denise Street	94538 94538 94538 94538 94538 94538 94538 94539 94539 94539 94539	380,000 320,000 720,000 730,000 685,000 800,000 770,000 2,175,000 1,075,000 1,740,000	1 4 4 3 3 3 4 3 3 3 3 3 3 3 3 3 3 3 3 3	1689 1556 1148 1453 1156 1347 3083 3015 1462 2607	1955 08-18-15 1963 08-19-15 1959 08-14-15 1988 08-17-15 1958 08-14-15 1963 08-18-15 1995 08-18-15 1985 08-17-15 1961 08-13-15 1975 08-18-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place 324 Sylvia Court 814 Terra Bella Drive N Highest \$: Lowest \$: ADDRESS 6262 Benecia Avenue 6422 Buena Vista Dr #A	95035 95035 95035 95035 95035 95035 IEWARI 785,00 335,00 ZIP S 94560 94560	694,500 1,459,000 830,000 710,000 750,000 872,000 <	4 3 1 3 1 4 1 5 5 5 5 5 5 5 6 5 6 5 6 6 6 6 6 6 6 6	427 450 397 828 S: 11 : 6 \$: 6 QFT 718 031	1988 08-19 1994 08-20 2010 08-17 1955 08-17 1985 08-18 50,500 22,136 BUILTCLOS 1978 08-11 1985 08-11
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave 0133 Laiolo Road 1563 Patton Terrace 2881 Roberts Avenue 121 Valpey Park Avenue 8456 Avalon Heights Terr 23 Becado Place 6895 Bradley Street 0392 Canyon Heights Dr 1414 Denise Street 29 Felipe Common	94538 94538 94538 94538 94538 94538 94539 94539 94539 94539 94539 94539	380,000 320,000 720,000 730,000 685,000 800,000 770,000 2,175,000 1,075,000 1,075,000 1,740,000	1 4 4 3 3 3 4 3 3 3 3 5	1689 1556 1148 1453 1156 1347 3083 3015 1462 2607 1452	1955 08-18-15 1963 08-19-15 1959 08-14-15 1988 08-17-15 1958 08-14-15 1963 08-18-15 1995 08-18-15 1985 08-17-15 1961 08-13-15 1975 08-18-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place 324 Sylvia Court 814 Terra Bella Drive N Highest \$: Lowest \$: ADDRESS 6262 Benecia Avenue 6422 Buena Vista Dr #A 39953 Cedar Blvd #219	95035 95035 95035 95035 95035 95035 IEWARI 785,00 335,00 ZIP S 94560 94560	694,500 1,459,000 830,000 710,000 750,000 872,000 <	4 3 1 3 1 4 1 5 SALE dian \$ 5 BDSSC 4 1 2 1 2 1	427 450 397 828 S: 11 : 6 \$: 6 QFT 718 031	1988 08-19 1994 08-20 2010 08-17 1955 08-17 1985 08-18 50,500 22,136 BUILTCLOS 1978 08-11 1985 08-11
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave 0133 Laiolo Road 1563 Patton Terrace 2881 Roberts Avenue 121 Valpey Park Avenue 8456 Avalon Heights Terr 23 Becado Place 6895 Bradley Street 0392 Canyon Heights Dr 1414 Denise Street 29 Felipe Common 7523 Fortner Street	94538 94538 94538 94538 94538 94538 94538 94539 94539 94539 94539 94539 94539	380,000 320,000 720,000 730,000 685,000 800,000 770,000 2,175,000 1,075,000 1,075,000 1,740,000 1,020,000 1,778,000	1 4 4 3 3 3 3 4 3 3 3 3 4 4 3 5 4	1689 1556 1148 1453 1156 1347 3083 3015 1462 2607 1452 3762	1955 08-18-15 1963 08-19-15 1959 08-14-15 1988 08-17-15 1958 08-14-15 1963 08-18-15 1995 08-18-15 1985 08-17-15 1961 08-13-15 1975 08-18-15 1955 08-11-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place 324 Sylvia Court 814 Terra Bella Drive N Highest \$: Lowest \$: ADDRESS 6262 Benecia Avenue 6422 Buena Vista Dr #A 39953 Cedar Blvd #219 36058 Dalewood Drive	95035 95035 95035 95035 95035 95035 IEVVARI 785,00 335,00 ZIP S 94560 94560 94560	694,500 1,459,000 830,000 710,000 872,000 <	4 3 1 3 1 4 1 5 5 5 5 5 5 6 5 6 6 6 6 6 6 6 6 6 6 6	427 450 397 828 S: 11 : 6 \$: 6 QFT 718 031 071 136	1988 08-19- 1994 08-20- 2010 08-17- 1955 08-17- 1985 08-18- 50,500 22,136 BUILTCLOSI 1978 08-11- 1985 08-11- 1985 08-12- 1960 08-11-
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave 0133 Laiolo Road 1563 Patton Terrace 2881 Roberts Avenue 121 Valpey Park Avenue 8456 Avalon Heights Terr 23 Becado Place 6895 Bradley Street 0392 Canyon Heights Dr 1414 Denise Street 29 Felipe Common 7523 Fortner Street 44 Hackamore Cmn	94538 94538 94538 94538 94538 94538 94538 94539 94539 94539 94539 94539 94539 94539	380,000 320,000 720,000 730,000 685,000 800,000 770,000 2,175,000 1,075,000 1,740,000 1,720,000 1,778,000 1,050,000 370,000	1 4 4 3 3 3 3 4 3 3 3 3 4 4 1	1689 1556 1148 1453 1156 1347 3083 3015 1462 2607 1452 3762 1250	1955 08-18-15 1963 08-19-15 1959 08-14-15 1958 08-14-15 1963 08-18-15 1963 08-18-15 1995 08-18-15 1985 08-17-15 1961 08-13-15 1975 08-18-15 1955 08-11-15 2014 08-17-15 1960 08-12-15 1984 08-19-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place 324 Sylvia Court 814 Terra Bella Drive N Highest \$: Lowest \$: ADDRESS 6262 Benecia Avenue 6422 Buena Vista Dr #A 39953 Cedar Blvd #219 36058 Dalewood Drive 37067 Edith Street	95035 95035 95035 95035 95035 95035 P5035 P5035 P4560 94560 94560 94560 94560	694,500 1,459,000 830,000 710,000 872,000 <	4 3 1 3 1 4 1 4 1 5 5 5 5 5 6 5 6 5 6 6 6 6 6 6 6 6 6 6	427 450 397 828 S: II : 6 \$: 6 QFT 718 031 071 136 999	1988 08-19- 1994 08-20- 2010 08-17- 1955 08-18- 50,500 22,136 BUILTCLOSI 1978 08-11- 1985 08-12- 1960 08-11- 1958 08-12-
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave 0133 Laiolo Road 1563 Patton Terrace 2881 Roberts Avenue 121 Valpey Park Avenue 8456 Avalon Heights Terr 23 Becado Place 6895 Bradley Street 0392 Canyon Heights Dr 1414 Denise Street 29 Felipe Common 7523 Fortner Street 44 Hackamore Cmn 440 Jackson Street	94538 94538 94538 94538 94538 94538 94539 94539 94539 94539 94539 94539 94539 94539	380,000 320,000 720,000 730,000 685,000 800,000 770,000 2,175,000 1,075,000 1,740,000 1,778,000 1,778,000 1,050,000 370,000 1,105,000	1 4 4 3 3 3 3 4 3 3 3 5 4 1 3	1689 1556 1148 1453 1156 1347 3083 3015 1462 2607 1452 3762 1250 685 1176	1955 08-18-15 1963 08-19-15 1959 08-14-15 1958 08-17-15 1958 08-14-15 1963 08-18-15 1995 08-18-15 1985 08-17-15 1961 08-13-15 1975 08-18-15 1955 08-11-15 2014 08-17-15 1960 08-12-15 1984 08-19-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place 324 Sylvia Court 814 Terra Bella Drive N Highest \$: Lowest \$: ADDRESS 6262 Benecia Avenue 6422 Buena Vista Dr #A 39953 Cedar Blvd #219 36058 Dalewood Drive 37067 Edith Street 5435 Jonathan Drive	95035 95035 95035 95035 95035 95035 IEWARI 785,00 335,00 ZIP S 94560 94560 94560 94560 94560	694,500 1,459,000 830,000 710,000 750,000 872,000 <	4 3 1 3 1 4 1 5 5 5 5 5 5 5 6 5 6 1 3 1 3 3 1 1 1 1 1 1 1 1 1 1 1 1 1 1	427 450 397 828 S: II : 6 \$: 6 QFT 718 031 071 136 999 314	1988 08-19 1994 08-20 2010 08-17 1955 08-18 50,500 22,136 BUILTCLOSI 1978 08-11 1985 08-11 1985 08-12 1960 08-11 1958 08-12
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave 0133 Laiolo Road 1563 Patton Terrace 2881 Roberts Avenue 121 Valpey Park Avenue 8456 Avalon Heights Terr 23 Becado Place 6895 Bradley Street 0392 Canyon Heights Dr 1414 Denise Street 29 Felipe Common 7523 Fortner Street 44 Hackamore Cmn 440 Jackson Street	94538 94538 94538 94538 94538 94538 94539 94539 94539 94539 94539 94539 94539 94539 94539	380,000 320,000 720,000 730,000 685,000 800,000 770,000 2,175,000 1,075,000 1,740,000 1,778,000 1,778,000 1,050,000 370,000 1,105,000 1,625,000	1 4 4 3 3 3 3 4 3 3 3 5 4 1 3 4	1689 1556 1148 1453 1156 1347 3083 3015 1462 2607 1452 3762 1250 685 1176 2770	1955 08-18-15 1963 08-19-15 1959 08-14-15 1958 08-14-15 1958 08-18-15 1963 08-18-15 1995 08-18-15 1985 08-17-15 1961 08-13-15 1975 08-18-15 1975 08-18-15 1955 08-11-15 2014 08-17-15 1960 08-12-15 1984 08-19-15 1954 08-14-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place 324 Sylvia Court 814 Terra Bella Drive Highest \$: Lowest \$: ADDRESS 6262 Benecia Avenue 6422 Buena Vista Dr #A 39953 Cedar Blvd #219 36058 Dalewood Drive 37067 Edith Street 5435 Jonathan Drive 36842 Munyan Street	95035 95035 95035 95035 95035 95035 IEWARI 785,00 335,00 ZIP S 94560 94560 94560 94560 94560 94560	694,500 1,459,000 830,000 710,000 750,000 872,000 <	4 3 1 3 1 4 1 5 5 5 5 5 5 6 5 6 6 6 6 6 6 6 6 6 6 6	427 450 397 828 S: II : 6 QFT 718 031 071 136 999 314 064	1988 08-19-19-19-19-19-19-19-19-19-19-19-19-19-
9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave 0133 Laiolo Road 1563 Patton Terrace 2881 Roberts Avenue 121 Valpey Park Avenue 8456 Avalon Heights Terr 23 Becado Place 6895 Bradley Street 0392 Canyon Heights Dr 1414 Denise Street 29 Felipe Common 7523 Fortner Street 44 Hackamore Cmn 440 Jackson Street 793 Kern Loop 061 Middlefield Avenue	94538 94538 94538 94538 94538 94538 94539 94539 94539 94539 94539 94539 94539 94539 94539	380,000 320,000 720,000 730,000 800,000 685,000 770,000 2,175,000 1,075,000 1,740,000 1,778,000 1,050,000 370,000 1,105,000 1,105,000 1,625,000 1,210,000	1 4 4 3 3 3 3 4 3 3 3 5 4 1 3 4 1	1689 1556 1148 1453 1156 1347 3083 3015 1462 2607 1452 3762 1250 685 1176 2770 1876	1955 08-18-15 1963 08-19-15 1959 08-14-15 1988 08-17-15 1958 08-18-15 1963 08-18-15 1995 08-18-15 1995 08-17-15 1961 08-13-15 1975 08-18-15 1975 08-11-15 2014 08-17-15 1960 08-12-15 1984 08-19-15 1993 08-14-15 1993 08-14-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place 324 Sylvia Court 814 Terra Bella Drive N Highest \$: Lowest \$: ADDRESS 6262 Benecia Avenue 6422 Buena Vista Dr #A 39953 Cedar Blvd #219 36058 Dalewood Drive 37067 Edith Street 5435 Jonathan Drive 36842 Munyan Street 8160 Olympic Court	95035 95035 95035 95035 95035 95035 EVVARI 785,00 335,00 ZIP S 94560 94560 94560 94560 94560 94560 94560	694,500 1,459,000 830,000 710,000 750,000 872,000 <	4 3 1 3 1 4 1 5 5 5 5 6 5 6 6 6 6 6 6 6 6 6 6 6 6 6	427 450 397 828 S: II : 6 \$: 6 QFT 718 031 071 136 999 314 064 871	1988 08-19- 1994 08-20- 2010 08-17- 1955 08-17- 1985 08-18- 50,500 22,136 BUILTCLOSE 1978 08-11- 1985 08-12- 1960 08-11- 1958 08-12- 1959 08-18- 1955 08-11- 1956 08-11-
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9219 Guardino Dr #263 9219 Guardino Dr #264 116 Hawkins Street 755 Hedgewick Ave 0133 Laiolo Road 1563 Patton Terrace 2881 Roberts Avenue 121 Valpey Park Avenue 8456 Avalon Heights Terr 23 Becado Place 6895 Bradley Street 0392 Canyon Heights Dr 1414 Denise Street 29 Felipe Common 7523 Fortner Street 44 Hackamore Cmn 440 Jackson Street 793 Kern Loop 061 Middlefield Avenue 26 Palo Verde Commons 11 San Carlos Court	94538 94538 94538 94538 94538 94538 94539 94539 94539 94539 94539 94539 94539 94539 94539 94539	380,000 320,000 720,000 730,000 685,000 800,000 770,000 2,175,000 1,075,000 1,740,000 1,778,000 1,050,000 370,000 1,105,000 1,625,000 1,210,000 915,000 1,000,000	1 4 4 3 3 3 3 4 3 3 5 4 1 3 4 4 3 3 3 3 4 4 3 3 3 4 4 4 4 4 4	1689 1556 1148 1453 1156 1347 3083 3015 1462 2607 1452 3762 1250 685 1176 2770 1876 1458 1775	1955 08-18-15 1963 08-19-15 1959 08-14-15 1988 08-17-15 1958 08-18-15 1963 08-18-15 1995 08-18-15 1995 08-18-15 1995 08-13-15 1995 08-18-15 1995 08-11-15 2014 08-17-15 1964 08-12-15 1984 08-19-15 1958 08-14-15 1958 08-19-15 2008 08-17-15 1967 08-12-15	216 Odyssey Lane #31 1832 Pebble Beach Court 161 Sagemeadow Court 1752 Snell Place 324 Sylvia Court 814 Terra Bella Drive N Highest \$: Lowest \$: ADDRESS 6262 Benecia Avenue 6422 Buena Vista Dr #A 39953 Cedar Blvd #219 36058 Dalewood Drive 37067 Edith Street 5435 Jonathan Drive 36842 Munyan Street 8160 Olympic Court 6010 Peppertree Court 8313 Persimmon Place	95035 95035 95035 95035 95035 95035 IEWARI 785,00 335,00 ZIP S 94560 94560 94560 94560 94560 94560 94560 94560	694,500 1,459,000 830,000 710,000 750,000 872,000 K TOTAL 0 Me 0 Ave 6OLD FOR I 785,000 475,000 335,000 668,000 545,000 620,000 590,000 775,000 650,500 700,000	4 3 1 3 1 4 1 1 3 1 4 1 1 3 1 4 1 1	427 450 397 828 S: II : 6 \$: 6 QFT 718 031 071 136 999 314 064 871 856 708	1988 08-19- 1994 08-20- 2010 08-17- 1955 08-18- 50,500 22,136 BUILTCLOSE 1978 08-11- 1985 08-12- 1960 08-11- 1958 08-12- 1959 08-18- 1959 08-18- 1955 08-11- 1959 08-18- 1959 08-18- 1959 08-12- 1960 08-11-
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Sales

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Highest $: 925,000
                                    Median $: 535,000
             Lowest $: 250,000
                                    Average $: 542,767
ADDRESS
                        ZIP SOLD FOR BDSSQFT BUILTCLOSED
1261 Ardmore Drive
                       94577
                               640,000 3 1524
                                                 1957 08-13-15
12995 Aurora Drive
                       94577
                               535,000
                                       3
                                           1328
                                                 1949 08-14-15
2061 Benedict Drive
                       94577
                               590,000
                                       3
                                           1703
                                                 1955 08-13-15
                                                 1983 08-12-15
1400 Carpentier St #109
                      94577
                               290,000
                                            825
                                       - 1
                                                 1942 08-11-15
1044 Donovan Drive
                       94577
                               412,500 2
                                            933
528 East Merle Court
                       94577
                               592,500 3
                                           1424
                                                 1920 08-14-15
2259 Hillside Drive
                       94577
                               697,000 3
                                           2108
                                                 1956 08-11-15
                               641,500 2
247 Oakes Boulevard
                       94577
                                           1080
                                                 1918 08-18-15
715 Raineer Court
                       94577
                               775,000 4
                                           2646
                                                 2004 08-12-15
1845 Starview Drive
                       94577
                               847,000
                                           2231
                                                 1964 08-13-15
                               370,000 2 1116
504 Thornton Street
                       94577
                                                 1985 08-17-15
1391 View Drive
                       94577
                               925,000 3
                                           2525
                                                 1959 08-19-15
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94577

1610

948

2002 08-18-15

1940 08-14-15

600,000 3

420,000 2

2472 West Avenue 136th

400 West Broadmoor Blvd 94577

94539 1,300,000 4 1866 1977 08-18-15

991

1324

1071

960

875,000 3 1607 1987 08-11-15

995,000 2 1214 1985 08-14-15

- 08-14-15

1987 08-19-15

1988 08-11-15

1976 08-12-15

1970 08-12-15

1987 08-12-15

1976 08-14-15

1242 1971 08-13-15

94539 2,016,000

728,000 3

547,000 2

730,000 3

575,000 2

850,000 3 1118

960,000 4 1871

94555 1,450,000 4 3184 2008 08-17-15

ZIP SOLD FOR BDSSQFT BUILT CLOSED

659,000

94539

94555

94555

94555

94555

94555

94555

94555

750 Tangelo Court

34734 Fairchild Common

32581 Lake Bridgeport St 94555

48620 Taos Road

4940 Friar Avenue

34141 Gannon Terrace

32926 Lake Erie Street

4269 Nerissa Circle

32778 Tule Lake Lane

34103 Tupelo Street

4747 Mendocino Terrace

325 Via Rosario

1204 147th Avenue	94578	250,000	2	1656	1942 08-13-15		
2071 150th Avenue	94578	470,500	3	1498	1953 08-19-15		
16008 Maubert Avenue	94578	565,000	5	2278	1969 08-17-15		
1540 Mono Avenue	94578	580,000	4	2464	1943 08-17-15		
14009 Reed Avenue	94578	420,000	2	1300	1973 08-11-15		
16555 Russell Court	94578	600,000	3	2232	1946 08-19-15		
2120 Strang Avenue	94578	505,000	2	1050	1951 08-14-15		
15351 Bittern Court	94579	600,000	3	1471	1999 08-12-15		
15035 Edgemoor Street	94579	445,000	3	1046	1950 08-18-15		
14331 Juniper Street	94579	480,000	3	1076	1952 08-12-15		
1015 Manor Boulevard	94579	650,000	4	2130	1950 08-18-15		
14455 Merced Street	94579	540,000	3	1426	1952 08-17-15		
1329 Mersey Avenue	94579	522,000	3	1522	1953 08-19-15		
15041 Swenson Street	94579	460,000	3	1311	1948 08-18-15		
15137 Swenson Street	94579	410,000	3	986	1948 08-13-15		
1015 Tulane Avenue	94579	450,000	3	1801	1951 08-18-15		
CANLLODENIZO TOTAL CALECTO							

SANI		LORENZ	ZO TC	TAL	SALES	: 12		
		Highest \$:	605,000	M	edia	n \$: 4	145,000	
		Lowest \$:	200,000	A۱	era;	ge \$: 4	146,833	
	ADDRI	ESS	ZIP SC	OLD FOR	BD:	SSQFT	BUILT	CLOSED
	1868 C	orte Enano	94580	530,000	3	1125	1955	08-14-15
	577 Dr	ew Street	94580	390,000	3	1014	1950	08-18-15
	837 Jan	Court	94580	430,000	3	1439	1951	08-18-15
	18750\	/ia Arriba	94580	605,000	3	1260	1954	08-14-15
	1417Vi	a Barrett	94580	500,000	3	1419	1955	08-18-15
	17247\	/ia El Cerrito	94580	475,000	3	1031	1950	08-17-15
	17280\	/ia Estrella	94580	435,000	2	837	1948	08-19-15
	17361\	/ia Julia	94580	527,000	3	1471	1951	08-11-15

LETTER TO THE EDITOR

Skatepark for Newark Kids

Question: What do you call a fat skater? Answer: A beginner.

The City of Newark needs a skatepark for teens to encourage physical fitness among Newark youth. In so doing, we can reduce obesity in teens.

According to 2010 census data, our total population was 42,573, and the total population under 19 was roughly 28%. The city and school district expect the percentage of families to increase as a result of the city's new housing developments under construction.

According to 2011-2012 CDC (Center for Disease Control) data, approximately 17% (or 12.7 million) of children and adolescents aged 2—19 years in the US are obese. In 2011-2012, youth "with parks/rec centers/sidewalks in neighborhoods" have a lower obesity rate.

Newark has a wonderful recreation center (I'm a member!) with a cutting edge gym, basketball courts, soccer and baseball fields, and swimming ools, but the routes to the ce from home are not safely skatable, walkable, or bikable, hours are limited, and not all teens can afford the membership dues. Newark needs a free option.

Unlike many organized sports, skating is free and the equipment

is affordable. Skating is the preferred activity for many of our teens, and the sport is on the rise. According to the Skatepark Association International, in 1996 there were three (3) skateparks nationwide; today there are 350. To reduce obesity rates, we must tap into the interests of all Newark kids.

Meanwhile, sedentary activities such as video gaming, texting, and YouTube browsing are consuming more and more of our kids' free time. I'm reminded of an editorial cartoon by Garry

Our Newark teens need more exercise (and play)! What about a skatepark alongside the new Newark library? We can all compromise on the "bells and whistles" of a new civic center and still get a nice skatepark for teens. Let the Newark City Council hear your thoughts on how to improve the quality of life in Newark.

Friends of Newark Skatepark (fb) https://www.change.org/p/skatep For more information, you can reach Angela at angela.akridge@gmail.com.

> Angela Akridge Newark

Local student joins **Broadcom semifinals**

SUBMITTED BY HIRAN RAJAGOPALAN

Shreya Ramachandran, a 7th grader at Stratford Middle School in Fremont, was among the 300 semifinalists selected to compete in the fifth annual Broadcom MASTERS, a national middle school science and engineering competition. Students enter their science and engineering projects at regional and state science fairs that are affiliated with Society for Science & the Public. Science fairs then nominate the top 10 percent of sixth, seventh and eight grade students to enter the competition.

Shreya's project was the "Effect of Soap Nut Greywater on the Environment (aquatic)." According to Shreya, "My science fair project was to see if the greywater from soap nuts would harm the environment. California is in a drought and many of us are looking for ways to save water one of them being greywater irrigation...To conduct this experiment, I used soap nuts to wash my clothes and collected the greywater. I used the greywater samples to test for pH, sulphate



and phosphate levels, as well as the Daphnia heart rate and LC50 [lethal concentration 50] over 24 and 48 hours. The results of my experiment conclusively showed that soap nut greywater does not greatly affect aquatic life."

Broadcom MASTERS is a program of Society for Science & the Public and sponsored by Broadcom Foundation. For a full list of semifinalists' names, visit https://student.societyforscience.org/broadcom-masters-2015-semifinalists.

820 Via Mariposa 17043 Via Perdido 94580 340,000 1947 08-17-15 1755 I Via Primero 3 1944 08-17-15 94580 485.000 1000 1674 Via Ventana 94580 200,000 4 2130 1954 08-17-15

445,000 2

898

1944 08-11-15

94580

TOTAL SALES: 19 UNION CITY Highest \$:1,230,000 Median \$: 650,000 Lowest \$: 258,500 Average \$: 718,026 **ADDRESS** ZIP SOLD FOR BDSSQFT BUILTCLOSED 33847 10th Street 517,000 2 1178 1924 08-19-15 33660 9th Street 94587 590,000 4 1584 1970 08-18-15 581,500 3 1344 1038 Adana Terrace #136 94587 1998 08-18-15 1,040,000 5 5013 Anaheim Loop 1980 08-14-15 94587 5070 Anaheim Loop 94587 650,000 1268 1980 08-14-15 126 Bellflower Lane 94587 910,000 5 2649 2003 08-12-15 30773 Canterbury Court 94587 828,000 4 2200 1999 08-12-15 910,000 3 1970 08-14-15 2578 Cherrywood Drive 94587 2388 35966 Copper Street 94587 1,230,000 5 3655 2005 08-14-15 1042 La Sierra Terrace 94587 578,000 3 1997 08-18-15 789,000 3 113 Mahogany Lane 94587 1867 1999 08-14-15 34328 Marjoram Loop 94587 839,000 5 2300 1999 08-14-15 4729 Palos Way 94587 431,000 2 1054 1972 08-18-15 31380 San Andreas Drive 94587 517,500 2 1195 1969 08-12-15 32441 Seaside Drive 94587 970,000 4 2858 1992 08-14-15 32501 Shiela Way 94587 633,000 3 1320 1974 08-12-15 4472 Shorebird Drive 94587 795,000 3 1576 1996 08-19-15 575,000 3

94587

Love named Manager of **Immigrant Relations**

1056

1050

258,500 2

1958 08-14-15

1997 08-11-15

SUBMITTED BY **GWENDOLYN MITCHELL LAUREL ANDERSON**

141 Tamarack Drive

34877 Travertine Way

County Executive Jeffrey V. Smith, County of Santa Clara has announced the appointment of Maria E. Love to the position of Manager of the County Executive's Office of Immigrant Relations, a new office authorized by the Board of Supervisors during the budget hearings last June.

"The establishment of the Office of Immigrant Relations comes at a critical time," said Smith. "Santa Clara County has a diverse immigrant population facing unique challenges. These are challenges that Maria Love understands from firsthand experience. That sensitivity and her public policy background will be assets in her new role."

Love grew up in El Salvador and immigrated to the United States at the age of 14. She lived



in the Santa Cruz and Watsonville areas for the last 24 years.

For the past 13 years, Love has worked for both the County of Santa Cruz Human Services Department and the Health Services Agency. At the Human Services Department, Love provided guidance to county staff as to changes in agency work operations related to Medi-Cal, Foster Care, and Cal-FRESH programs based on changes to state and federal policies.

At the Health Services Agency, Love managed the Santa Cruz County Healthcare Outreach Coalition, where she coordinated the work of county staff and staff from community-based organizations to maximize outreach and insurance enrollment strategies.

"Immigration issues are dear to my heart since I came to this country as an immigrant," said Love. "I am honored and excited to work with the County's team at the Office of Immigrant Relations to fulfill the mission of the office."

Love earned her Masters of Public Policy degree at the Leon Panetta Institute for Public Policy at California State University Monterey Bay in 2012. She earned a Bachelor of Arts in Community Studies from University of California Santa Cruz in 1999.

Board report on New Haven Unified School District (NHUSD) Board

SUBMITTED BY New Haven USD

At the September 15 meeting, Co-Superintendent and Chief Business Officer Akur Varadarajan presented the Unaudited Actuals Financial Report for Fiscal Year 2014-15 and requested approval from the Board. This is an annual report which reflects the year-end revenues, expenses and ending balances for all district funds. The report will be examined by the district auditors and their findings will be received by the District in December and presented by staff to the Board for their approval in January.

Mr. Varadarajan shared that, as of June 30, 2015, the combined General Fund revenues amounted to \$120.3 million while combined expenditures were \$115.1 million. The State continued to outpace projected revenues thus allowing more funding to education through the Local Control Funding Formula (LCFF) and one time funding. Although the District ended the year with a positive ending balance, Mr. Varadarajan did clarify that the district still has to navigate a declining student enrollment (most neighboring school districts are experiencing a declining enrollment as well) as well as the "sunsetting" of other funding sources for specific initiatives (to support Common Core implementation, for example) that will now have

to supported by local resources. The positive balance includes the board approved 10 percent reserve and sets aside for out years.

On November 4, 2014, General Obligation Bond Measure M was passed by District voters by more than two-to-one margin with 5,675 votes. Passing Measure M required total community involvement and the New Haven community showed its support with an overwhelming majority vote of 67.94 percent. Measure M authorized the District to issue up to \$125 million in general obligation bonds to continue critical school renovation and modernization projects, replace old portables with permanent classrooms, update school safety and security, improve student access to computers and technology, upgrade athletic facilities, increase the energy efficiency of classrooms and buildings, replace, acquire, construct and renovate District facilities and provide District-wide technology improvements.

Makiko Sato with PFM Group, the district's financial auditors, presented to the Board her firm's recommendation for the issuance of the District's first \$30 million worth of bonds. Ms. Sato explained the process for issuing these bonds in addition to sharing with the Board the District's responsibilities to taxpayers.

Open House and Ribbon Cutting

SUBMITTED BY JULIE MACHADO

Hayward Odd Fellows Sycamore Lodge #129 invites the members of our community to be our guests at an Open House and Ribbon Cutting on Saturday, September 26. We are celebrating the installation of our new elevator, wheelchair lift, accessible bathroom, outdoor mural, and other lodge upgrades. Enjoy a tour of our historic 1868 building, as well as music and light refreshments.

The Hayward Odd Fellows Sycamore Lodge #129 was reformed in 2010 with a focus on supporting music and arts in our community, as well as doing other good work and providing fellowship. We are recruiting new members; join Sycamore #129 to help further music and art in our community and become part of our fellowship.

The Independent Order of Odd Fellows (IOOF) is a worldwide fraternal organization that seeks to elevate the character of mankind through the practice of Friendship, Love and Truth, making the world a better place, and supporting community.

For those attending the Open House we recommend parking in Municipal Lot #1 between Mission, Main, A and B Streets. Contact

renee@bookshop@att.net with any questions.

Open House & Ribbon Cutting Saturday, Sep 26 2 p.m. – 4 p.m. **Hayward Odd Fellows** Sycamore Lodge #129 950 B St, Hayward (entrance in back) www.haywardlodge.org www.ioof.org

Kiwanis Club of Fremont October meetings

SUBMITTED BY SHIRLEY SISK

The Kiwanis Club of Fremont has scheduled interesting speakers for its early October meetings. On October 6 – Kathy Ladlaw of Give Teens 20 will discuss the work of the organization. On October 13 Jeevan Zutshi will talk about the Indo American Federation. October 20, the guest speaker will be Adrian Blanson of Abode who will discuss its many services to the homeless and those transitioning into low income housing. Rounding out the month is a surprise – something fun and something worthwhile.

The Kiwanis Club meets Tuesday mornings at 7 a.m. for break-

fast in Newark. Be our guest and learn more about Kiwanis and our many services to the community. Enjoy an informative speaker and become acquainted with people like you who are interested in being involved and helping to make a difference. Visit kiwanisfremont.org for more information.

Kiwanis Club of Fremont
October Meetings
Tuesdays: Oct 6, 13, 20
7 a.m./Breakfast
My Café
5475 Thornton Ave, Newark
(510) 791-1888
kiwanisfremont.org
Free

Downtown Fremont is the place to be this fall

SUBMITTED BY CITY OF FREMONT

This fall, join us in Downtown Fremont for fun events and activities. "Fremont Street Eats" will continue its third season every Friday through October 23 on Liberty Street between Capitol and Beacon avenues. Make sure to check out these food trucks for a chance to experience eclectic flavors from a variety of gourmet offerings.

The fun doesn't stop there. This Halloween season, on Friday, October 23, a section of Downtown Fremont will be transformed into a "Trick or Treat Wonderland" for our littlest ghouls and goblins ages 2 to 10. There will be a maze of miniature houses where kids can explore, gather goodies, and play carnival games. Tickets are required to participate in activities. Pre-sale tickets are \$8, and tickets will also be available at the door for \$10. Register online at www.regerec.com/Start/Start.asp.

Fremont Street Eats Through Friday, Oct 23 4:30 p.m. – 9 p.m. Liberty St between Capitol & Beacon Ave, Fremont (510) 795-2244 www.fremontbusiness.com

Trick or Treat Wonderland
Friday, Oct 23
5 p.m. – 8 p.m.
City Hall near Capitol Ave &
Liberty St, Fremont
(510) 494-4344
http://fremont.gov/1004/Trickor-Treat-on-Safety-Street
\$8 pre-sale; \$10 door price

Service opportunities at Gomes



ARTICLE SUBMITTED BY QUEENIE CHONG PHOTO BY GOMES PTA

Excited students at John Gomes Elementary School, Fremont, flocked to their new classrooms on the first day of school with loads of school supplies and lovely flowers in hand, while parents assembled in the multi-use room to enjoy a cup of coffee at the first Parent-Teacher Association (PTA) meeting of the year.

Guided by the school's theme, "Love, Learn and Lead Together," volunteers of various PTA event committees were present to provide information, answer questions, and, more importantly, recruit members from the school community with a view to "Creating Lasting Memories" for all of our students. School Spirit Wear, Reflections, Music for Minors II, Fine Art Mini Experience (FAME), Walkathon, Red Ribbon Week, Odyssey of the Mind, Geo Bee, Science Olympiad, and Math Olympiad, were among the programs represented.

Principal Douglas Whipple warmly welcomed the families of a record number of 830 students. PTA President Purvi Shah introduced the executive board members and outlined the countless opportunities where all parents can participate in their own children's education, and, at the same time, help realize the potential of every child.

The PTA of Gomes School continues to sponsor programs and resources to support and enrich the school experience of its students. Whether a one-time or recurring undertaking, a full-day or a half-hour assignment, helping one classroom, or the school as a whole, an indoor or an outdoor activity, or a preference to handling things as opposed to dealing with people... there are always volunteer openings that would fit your schedule, utilize your talents and fall into your area of interest. To find out how to participate, visit www.gomespta.org.

Mattos Elementary ribbon cutting

SUBMITTED BY ROBIN MICHEL

Please join Fremont Unified School District (FUSD) and the community on Wednesday, September 30, at the ribbon cutting for new classrooms and Science Labs at Mattos Elementary School in Fremont. Mattos is FUSD's K-6 Science Magnet School.

Funds for these buildings were approved by Fremont voters in 2014, through Measure E, a

\$650 million school facilities bond that is addressing critical needs in all schools throughout the district.

Mattos Elementary Ribbon Cutting Wednesday, Sept 30 1:30 p.m. Mattos Elementary School 37944 Farwell Drive, Fremont (510) 793-1359

Skinny Patch - Fat Liquefying Laser Fremont Laser Med Spa Dr. James Kojian, M.D., Owner Ultrasonic Cavitation (Minus Lipo suction) Total tranformation without surgery Ultrasound cavitation balancing & emulsification of fat cells 5 FREE I-lipo with purchase of recommended Cavitation series R е m 0 - Destroys the a L fat cell - Tightens skin - Non Invasive P g 2 cavitation 4 I lipo laser treatments m n Helps tighten the pores. Lighten the pigmentation t and lift eye lids Combination of - Non Invasive I-lipo and - Painless - No Downtime Nano Face Lift \$500 Off with Coupon Fremont Laser Med Spa announces the arrival of the **NEW FAT LIQUIFYING F.D.A. APPROVED LASER** the best non-invasive, body slimming, laser treatment, to its practice, making Dr. Kojian one of the first physicians to offer this new laser in the Bay area. FREE Consultation 5 1 0-744-1582 www.fremontlasermedspa.com 210 Fremont Hub Courtyard (Behind Bed Bath & Beyond)

James Leitch Elementary School holds successful Multicultural Day

SUBMITTED BY MALTI GURSAHANI

For more than three decades, educators at James Leitch Elementary School in Fremont have celebrated a yearly Multicultural Day event. Continuing the tradition, teachers, students, administrators and the community took time once again to participate, perform and show support by giving everyone an opportunity to express themselves. The June 6 event was held during lunchtime on the school's courtyard with the theme "Active Community Engagement." "We are many cultures but one community," said Principal Mrs. Lee.

In the joint effort of the school staff and parent volunteers, students were encouraged to wear cultural costumes creating a festive atmosphere. The event opened with Mrs. Lee's speech sharing cultural information with the students while Asst. Principal Mr.Scarson set up the music for the first performance.

Mrs. Harris's entire class performed a Mexican dance, a good example of team synergy. Kung Fu was presented by Brandon and Ayla, two third grade students who emphasized the importance of self-defense and self-discipline. NachKe Dikha academy presented a traditional Indian Folk dance sequence beautifully choreographed by Ms. Komal Shah.

Calpulli Tonalehqueh showcased their Aztec dance and culture, action packed with colorful costumes, sounds of the drums, and flute. During the performance, the students recognized one of their teachers perform with the Calpulli Tonalehqueh team.

Kind words of encouragement, compliments from parents, school friends, teachers, staff and administrators helped boost each performer's self-esteem and demonstrated a high level of commitment toward their school's eight great traits: responsibility, respect for others, honesty, caring, citizenship, problem solving, integrity, planning & decision making.



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wind Twisters

B 333 **Crossword Puzzle** 22 24 30 34 38 50 53

Across

- Preserved, in a way (6)
- a gesture; warning (9)
- Antares, for one (4)
- 10 Setting for TV's "Newhart" (3)
- II outer boundary of a circle (13)
- 15 possessive pronoun (2)
- 16 Band (5)
- driver's license (14) 18
- left rapidly (3) 21
- Billboard Hot 100 (4) 22 sparkled (8) 23
- 24 works with machines (8)
- without difficulty (6) 26
- 29 qualities (15)
- 30 Chair part (3)
- 31 preposition (2) 32 get away (3)
- 34 of muscle or uterus 12 bring together (7)
- (II)
- 37 furniture (7)
- 39 "Cold one" (4)

41 Firstborn (6)

- got fired (2)
- confine (4)
- leave (2)
- Charades, basically (8)
- one of the 5 W's (5)
- public announcements (14)

Conk out (3) 53

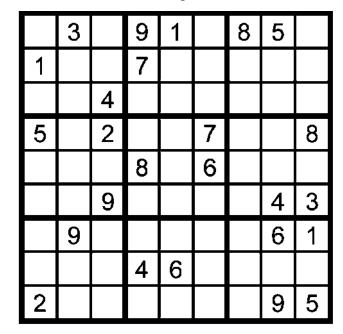
- Down
- Polo, e.g. (5)
- Control (3)
- Armageddon (3) circular motion (4)
- higher-ups (14)
- ___ of corn (3)
- Not just "a" (3) 8
- 9 count on (4)
- not wasting time (10)
- locals (8)
- 15 Staffs (4)

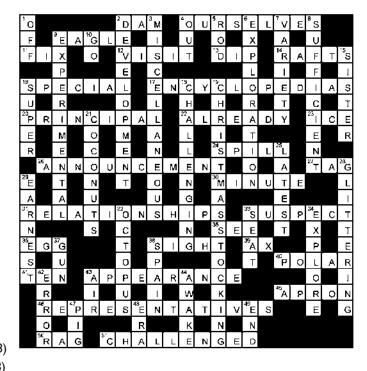
characteristic (11)

- 18 inquire (11)
- 19 Bracelet site (5)
- occurring regularly (8)
- taken into custody (8)
- graphical material (II)
- produced by bacterial fermenta-
- 32 apply friction (3)
- 33 last teenage year (8)
- "____ Moment in Time" (3) 35 36 watched (8)
- linking verb (2)
- Breathalyzer attachment (3) 39
- 40 Bring up (5)
- ceases to have (5)
- 44 Blue (3)
- 47 Catches on (4)
- Be in session (3)
- 49 Bassoon, e.g. (4) 52 __Re-Mi (2)

Sudoku:

Fill in the missing numbers (1 - 9) inclusive so each row, column and 3x3 box contains all digits.





B 334

4	7	6	8	2	9	3	5	1
5	1	2	6	7	3	တ	8	4
8	9	3	4	1	5	6	7	2
3	8	4	9	6	1	7	2	5
1	5	9	2	4	7	8	3	6
2	6	7	3	5	8	1	4	9
7	4	5	1	3	6	2	9	8
6	2	8	7	9	4	5	1	3
9	3	1	5	8	2	4	6	7

Tri-City Stargazer September 22 - September 29, 2015 By Vivian Carol

For All Signs: Saturn moved into Sagittarius last December, and after a preview it retrograded out of that sign in June. Now it moves firmly into Sagittarius and will remain there for two years. Everyone feels the presence of Saturn, although it affects varying parts of our lives, depending upon its position in relation to the sun sign. Saturn represents manifest reality and the rules by which we all must live to maintain our social and personal systems. At its best, Saturn is our teacher and requires that we take a look at the facts. It insists on self-discipline, organization, definition and improving the structures of our lives in whatever sector of life it transits. At worst, Saturn symbolizes rigidity, the manifestation of fears and the resulting refusal to change. Check both your sun and rising signs to identify your upcoming Saturn project.

Aries the Ram (March 21-

April 20): The new Saturn cycle calls upon you to study your beliefs for flaws. If they are sound, then commit yourself to establish practical ways in which to manifest them. The arena may be legal, religious, philosophical or educational. You must apply what you have learned in the secular world. You must walk your talk. The world requires that you expand your mental framework to include a larger social structure.

Taurus the Bull (April 21-May

20): Saturn in Sagittarius will require you to focus on the consequences, responsibilities and liabilities of sharing resources with others. There may be work related to managing your own finances or those of someone else. This is a good period to tackle internal roadblocks that interfere with your ability to achieve genuine intimacy. Resources may be reduced for a time.

Gemini the Twins (May 21-

June 20): The new Saturn cycle rivets attention on the quality of your important relationships. It is time to begin realistically considering your responsibilities in this area and clarify your commitment. Existing relationships will be evaluated and new purposes carved. On the other hand, it may be time to release those persons who are wasting your precious time and energy

Cancer the Crab (June 21-

July 21): This (2015-2017) will be a period of apprenticeship. Now is the time to perfect your broad index of experience and knowledge, to practice until the accumulated bits of wisdom become second nature and highly efficient. The subsequent cycle (beginning in 2018) will yield the improvement in status resulting from work now. Give special attention to routine health regimens.

Leo the Lion (July 22-August

22): This (2015-2017) is the time for intentional application of your creative energy and to take steps toward manifesting your dreams of fulfillment. Something deep inside you, no more than three years in your consciousness, wants to be expressed. Don't anticipate grandiose results on this cycle, but there should be reasonably positive responses from the world if you are on the right track.

Virgo the Virgin (August 23-

September 22): In terms of worldly influence, you are at the lowest point in the Saturn cycle. It is time now to lay the foundations for the next 28 years and it begins with inner work. We can produce little in the outer world until we develop a sense of a stable internal sanctuary. Define what you must have to feel solidly secure and initi-

ate the steps that will produce it.

Family and property concerns may dominate for a time.

Libra the Scales (September 23-October 22): This is the beginning of a period for you to define and clarify your level of knowledge. You may be called upon to adopt a project requiring close concentration and sharpened communication skills. Learning to speak or write volumes in a few chosen words will become important as this cycle progresses. Work toward efficiency and streamlining all communication methods over these two years.

Scorpio the Scorpion (Octo-

ber 23-November 21): The new Saturn cycle asks you to more clearly define your values. You may have fewer resources available now, whether that refers to money, energy or time. Discrimination will be necessary to maximize efficiency. You are likely to voluntarily forego expenditures on immediate pleasures for longer range objectives. People commonly purchase a home or make important investments on this cycle.

Sagittarius the Archer (November 22-December 21): It is time to redefine yourself. The old way was good for a long time but it has outlived its purpose and you must now look at yourself more se-

riously. What are the potentials not

yet developed? What is the best way to contribute your gifts to a greater whole? Focus your attention on personal identity and tighten up all life agendas to support who you wish to become.

Capricorn the Goat (December 22-January 19): This Saturn cycle asks that you be directed inward and you may choose to withdraw from the world if not physically, then mentally. Attempts to capitalize on the social and political power of the last few years will fail to make you happy. You may be drawn to work with those who are deprived or mistreated. Now is a time for spiritual refurbishing and R&R before the next 28-year cycle begins in 2018.

Aquarius the Water Bearer (January 20-February 18): Saturn's new cycle calls you to take responsibility for your niche in life

and clarify the role you wish to play in society. You have much knowledge coupled with many social and communications skills and talents. It is time to consider extending these gifts beyond the personal and offer them in service to a larger group. You will experience the outcome of many years' work during the next three years.

Pisces the Fish (February 19-March 20): This is a highly productive period. For those who are happy with life goals of the recent two years, the following two years brings greater responsibility. Long term goals and desire for achievement in your outer life may press you to temporarily sacrifice personal life and leisure. It is likely you are either adding responsibilities or departing an old lifestyle to begin a fresh adventure.

Are you interested in a personal horoscope? Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

THEATRE

Stage I Theatre presents 'Dreamgirls'



Kadesia Woods as Deena, Ladidi Garba as Effie, and Drew Armstead as Lorrell

SUBMITTED BY BELINDA MALONEY PHOTOS BY STEVE TANG

Set in the 1960s, this musical is based on the show business aspirations and successes of acts

pect from Stage 1 Theatre!

Performances are Fridays and Saturdays at 8 p.m. and Sundays at 2:30 p.m. with a talk-back after the show on Sunday, October 4. A special Thursday performance will be held October 1 at 8 p.m. for \$15 (general admis-



Jamail Davis as CC, Gary Stanford Jr as Curtis, and Dedrick Weathersby as James Early

such as The Supremes, The Shirelles, and James Brown. But "Dreamgirls" is not just about the singing, dancing, and performing, it is also about the behind-the-scenes reality of the entertainment industry.

Share their elation and tribulations on the road to stardom, told through an unforgettable score that features "One Night Only," "Dreamgirls," and one of the most popular songs in musical theatre history, "And I Am Telling You I'm Not Going." This brand new production of "Dreamgirls" will provide the show-stopping numbers and touching performances audiences have come to ex-

sion only). Tickets are \$15 to \$25 and are available at www.stage1theatre.org or call Brown Paper Tickets at 800-838-3006 or visit Jewelry by Design at 6299 Jarvis Avenue in Newark. The box office opens one hour prior to the show.

Dreamgirls
Saturday, Sep 26 – Sunday,
Oct 11
8 p.m., matinees at 2:30 p.m.
Newark Memorial High School
39375 Cedar Blvd, Newark
800-838-3006
www.stage1theatre.org
Tickets: \$15 to \$25

A bejeweled treasure hunt



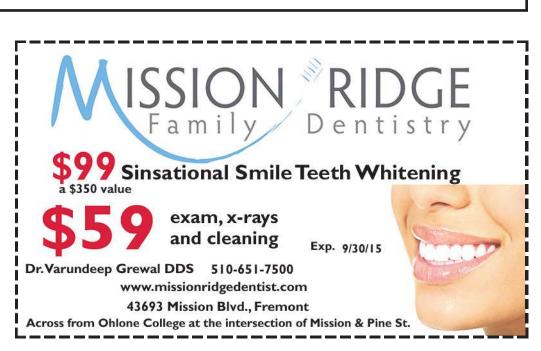
SUBMITTED BY SHIRLEY SISK PHOTOS COURTESY OF BELINDA MALONEY

Union City local and UC Santa Cruz student Quynh-Vy Cong got the surprise of her life when she was selected as winner of the Newark Days Adult Treasure Hunt on Thursday, September 17, 2015. Cong's name was drawn from 21 participants who arrived at Newark City Hall that day with all qualifying maps and the final password. She received a diamond, approximately one carat in weight and \$5,000 in value, from Jewelry By Design. Everyone enjoyed the hunt and learned more about Newark's history; all participants received a copy of the 50th Anniversary – History of Newark book by City Manager John Becker.

Cong considers her participation in this event as "a great experience." She heard about the treasure hunt from her mom, who knows that her daughter enjoys activities that require a lot of thinking. During the contest, Cong learned a lot about Newark's history, including information about Carter Brothers and the railroad industry, as well as Newark's incorporation as a city in 1955.

"I would love to do this again and I would recommend this for other people," says Cong, who says that she will talk about the treasure hunt to a UC Santa Cruz club as a technique to learn more about Santa Cruz and its history.









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Join us for a wonderfully varied concert of familiar and unfamiliar gems under the baton of Korean-American conductor Jung-Ho Pak: Poulenc's dramatic Concerto for Organ, Timpani and Strings; Mozart's Second Horn Concerto with soloist Meredith Brown, Tchaikovsky's Serenade for Strings, Chen Yi's Romance of Hsaio and Ch'in and Takemitsu's evocative Toward the Sea All are invited to the post-concert reception hosted by the Fremont Symphony Guild Tickets: www.fremontsymphony.org | (510) 371-4859 If this is your first time attending a Fremont Symphony concert enter coupon code "FREMONT10" for a reduced price when buying online or ask for the "First-Timer" special by phone. Season Sponsor Media Sponsor FREMONT BANK OUNDATION TRI-CITY VOICE





SHOWTIMES

Sept. 26, Oct. 1; 2, 3, 9 & 10 @ 8pm Sept. 27. Oct. 4 & 11 @ 2:30pm

TICKETS

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September II – October I0

This version of the Dracula legend based on the 1897 Bram Stoker novel is set in the English countryside in 1911 where several village girls have died under mysterious circumstances. Dr. Seward presides over a nearby mental hospital and the locality has acquired a new resident, Count Dracula! A trio of doctors, a young reporter and a stouthearted English lord battle the Count for possession of a lovely heroine. A funny, serious, scary, hilarious and bloody enjoyable show!

(510) 683-9218 www.broadwaywest.org

The Passion of Dracula



Performance times are 8 pm on Thursdays, Fridays and Saturdays. There are three Sunday matinees: Sep 20 and 27 matinee performances begin with a continental brunch (included in price of ticket) at 12:15 pm, and the show begins at 1 pm. The Oct 4 performance starts at I pm with refreshments during intermission (included in price of ticket) Regular ticket prices are \$27 general and \$22

for Students, Seniors and TBA members. Thursday, Sep 17, Oct I and 8 performances are \$20 and \$15 for Students, Seniors and TBA Members, with a bargain Thursday (no reservations first come, first seat!) held on Sep 24 - all tickets \$10. Bargain Saturday performance \$15 for all Sep 12. Brunch Sunday performances and Opening night are \$27 for everyone. All ticket prices include refreshments.

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I need a Forever Home



Lavender is a talkative, sociable and outgoing kitty who loves playing with toys, especially chasing balls. She would do best as an only kitty as she doesn't like to share attention with other felines. Meet Lavender at the Hayward Animal Shelter. Info: (510) 293-7200.

Betsy is a sweet, mellow Lop bunny. She likes being held and having her ears and back stroked. Betsy loves to hop around and explore, and she also enjoys cilantro and other greens. Meet Betsy at the Hayward Animal Shelter. Info: (510) 293-7200.



Enrich Your Life - Become a Volunteer!

Hayward Animal Shelter

www.facebook.com/haywardanimalshelter

510-293-7200

16 Barnes Court (Near Soto & Jackson) Hayward Tuesday - Saturday I pm - 5pm

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Arts & Entertainment \$ = Entrance or Activity Fee R= Reservations Required Schedules are subject to change. Call to confirm activities shown in these listings



CONTINUING EVENTS

Tuesday, Sept 1 - Tuesday, Oct 20

Donate Halloween Costumes

11 a.m. - 5 p.m. Drop off gently used costumes for ages 3

Hayward Main Library 835 C St., Hayward (510) 881-7946 annie.snell@hayward-ca.gov

Thursday, Sep 3 - Sunday,

Hayward Arts Council Members Show - Jon Nesseth & **Patra Nesseth-Steffes**

11 a.m. - 5 p.m. Drawings, acrylic, mixed media and photography Artists' reception Saturday, September 26 at 12 noon

Sun Gallery 1015 E St., Hayward (510) 581-4050 www.sungallery.org

Tuesdays, Sep 8 thru Oct 20 **Thrill the World Dance Moves** \$R

6:30 p.m. - 8:00 p.m. Instruction for world-wide simultaneous

Ages 8+ Fremont Community Center 40204 Paseo Padre Pkwy., Fremont (510) 790-5541 www.RegeRec.com

Fridays, May 1 - Oct 30

Fremont Street Eats

4:30 p.m. - 9:00 p.m. Food Trucks offers culinary treats No smoking and no alcohol Downtown Fremont

Capitol Ave., Fremont www.fremont.gov/Calendar

Tuesdays, Jun 2 thru Sep 29 **Street Eats**

5 p.m. - 9 p.m.

Variety of food trucks and entertain-San Leandro Street Eats

Davis St. and Hayes St., San Leandro thefoodtruckmafia@gmail.com www.thefoodtruckmafia.com

Thursdays, Jun 4 thru Sep 24 **Food Truck Mafia**

5 p.m. - 9 p.m.

Variety of food trucks and entertain-

San Lorenzo Street Eats Hesperian Blvd. and Paseo Grande, San Lorenzo thefoodtruckmafia@gmail.com www.thefoodtruckmafia.com

Thursdays, Aug 20 - Oct 29

Citizen Police Academy - R

5:30 p.m. - 9:00 p.m. Volunteers train to assist Newark Police Application due 7/15 Newark Police Department 37101 Newark Blvd., Newark (510) 578-4352 beverly.ryans@newark.org

Saturday, Aug 1 - Sunday, Oct 10

Beyond Bollywood: Indian American Shape the Nation

12 noon - 5 p.m. Smithsonian traveling exhibit Olive Hyde Art Gallery 123 Washington Blvd., Fremont (510) 791-4357 www.olivehydeartguild.org

Tuesdays and Wednesdays, Aug 18 thru Sep 30

Cribbage Club

6:20 p.m. Tues: Beginner Night Wed: Intermediate Night Round Table Pizza Centerville 37480 Fremont Blvd, Fremont (510) 793-9393

Tuesdays, Aug 18 - Sep 29

http://www.accgrassroots.org/

Bridge 1

9:30 a.m. - 10:30 a.m. Introduction to set up, bid play and score keeping Newark Senior Center 7401 Enterprise Dr., Newark (510) 578-4840

Tuesdays, Aug 18 - Sep 29

Bridge 2

www.newark.org

10:30 a.m. - 11:30 a.m. Mastering game strategy Newark Senior Center 7401 Enterprise Dr., Newark (510) 578-4840 www.newark.org

Wednesday, Aug 19 - Sunday, Oct 4

Pollinators: Keeping Company with Flowers \$

10 a.m. - 4 p.m. View California ecology thru pollinating

Hayward Area Historical Society Museum

22380 Foothill Blvd., Hayward (501) 581-0223 www.haywardareahistory.org

Thursdays, Aug 20 - Oct 1

Bingo \$ 1 p.m.

Games, refreshments and door prizes Newark Senior Center 7401 Enterprise Dr., Newark (510) 578-4840 www.newark.org

Mondays, Aug 24 - Sep 28

10 a.m.

Dice game No experience necessary Newark Senior Center 7401 Enterprise Dr., Newark (510) 578-4840 www.newark.org

Wednesdays, Sep 9 - Oct 14

Ballroom Dance Classes \$

Beginner: 7:00 p.m. - 8:00 p.m. Intermediate: 8:15 p.m. - 9:15 p.m. Tango, Waltz, Samba and Bolero Ruggieri Senior Center 33997 Alvarado Niles Rd., Union City (510) 675-5357

Thursday, Sep 11 - Sunday,

The Passion of Dracula \$

www.unioncity.org

Thurs - Sat: 8 p.m. Sun: 1 p.m. Old-fashioned horror thriller Broadway West Theatre Company 400-B Bay St., Fremont (510) 683-9218 www.broadwaywest.org

Mondays, Sep 14 - Nov 16

Preschool Story Time

10:30 a.m. - 11:30 a.m. Stories, songs and play Union City Branch Library 34007 Alvarado Niles Rd., Union City

(510) 745-1464 www.aclibrary.org



2015% Best BBQ in Fremont Best Live Music Venue Best Blues Music Venue

LIVE MUSIC Friday & Saturday at 9:00 pm

Fri 9/25 BB King Tribute by Kid Andersen

Sat 9/26 Used Blues Band

Fri 10/2 Andy Santana and the West Coast Playboys with Kyle Jester

Sat 10/3 Touch Of Class

3340 MOWRY AVENUE. FREMONT, CA. 94538 (510) 713-1854



Buy one Entree

at the regular price Get the second entree of equal or less value for 50% off - Seafood Excluded **Holidays Excluded**

> Must present coupon with order Exp. 9/30/15

510-770-9572

www.casaroblesrestaurant.com 3839 Washington Blvd., Fremont



Menudo every Sunday open at 10:00 am **CATERING AVAILABLE**

SMOKINGPIGBBQ.N

Mariachi- 8pm Friday Night Karaoke - Fri & Sat

Farmers' Markets

FREMONT:

Centerville

Saturdays

9 a.m. - 1 p.m.

Year-round Bonde Way at Fremont Blvd., Fremont (510) 909-2067 www.fremontfarmersmarket.com

Downtown Fremont Farmers' Market

Wednesdays

3 p.m. – 7 p.m.

May thru October Capital Ave. between Liberty St. and State St. www.westcoastfarmersmarkets.org

Kaiser Permanente Fremont

Farmers' Market

Thursdays

10 a.m. – 2 p.m. Year-round 39400 Paseo Padre Pkwy., Fremont 800-949-FARM

Irvington Farmers' Market

Sundays

www.pcfma.com

9 a.m. – 2 p.m. Year-round

Bay Street and Trimboli Way, Fremont 800-949-FARM www.pcfma.com

Niles Farmer's Market

Saturdays

9 a.m. - 2 p.m.

Year-round Niles Town Plaza 37592 Niles Blvd., Fremont www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market

Saturdays 9 a.m. - 1 p.m.

Year-round Hayward City Plaza 777 B. St., Hayward 1-800-897-FARM www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays 9 a.m. - 3 p.m.

Year-round

W. Tennyson Rd. between Tyrell Ave. and Tampa Ave., Hayward (510) 783-9377 www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente San Leandro

Wednesday

10 a.m. - 2 p.m.

June 11, 2014 to December 31, 2014 2500 Merced St, San Leandro www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at ICC

Sundays

8 a.m. - 1 p.m.

Year-round India Community Center 525 Los Coches St. 800-949-FARM www.pcfma.com

NEWARK:

Newark Farmers' Market

Sundays

9 a.m. - 1 p.m.

Year-round NewPark Mall 2086 NewPark Mall, Newark 1-800-897-FARM www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round Fairmont and East 14th St., San Leandro (925) 465-4690

www.cafarmersmkts.com

UNION CITY:

Kaiser Permanente Union City Farmers' Market

Tuesdays

10 a.m. – 2 p.m.

Year-round Kaiser Permanente Medical Offices 3553 Whipple Rd., Union City 800-949-FARM www.pcfma.com

Union City Farmers' Market

Saturdays

9 a.m. – 1 p.m.

Year-round Old Alvarado Park Smith and Watkins Streets, Union City 800-949-FARM www.pcfma.com

FREE Adult Reading and Writing Classes are offered at the Alameda County Library

Tell A Friend Call Rachel Parra 510 745-1480



Making a Difference, One Survivor at a Time

Have you received the devastating diagnosis you have cancer and need to get to medical

appointments? We are here for you! We will transport you for FREE.

Do you have occasional extra hours? We always need more drivers to transport our clients.

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Fremont, Newark

and Union City Area

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Email: programassistant@driversforsurvivors.org www.DriversForSurvivors.org

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NOW REGISTERING STUDENTS FOR JR. K & KINDERGARTEN

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VOLUNTEER ATTHE NEWARK CHAMBER OF COMMERCE

We need office help! We're fun to work with! And we're looking for enthusiastic volunteers who will consistently commit to a couple of days, or even a few hours weekly, during regular office hours M-F.

AREYOU?

- · Retired, missing the social interaction?
- Kids in school and have a few hours a day?
- In college, looking for job experience or community service?
- Able to work smart with some direction, but independently?

WE NEED: Good Communicators with General Office Experience

- Good on the phone, articulate, helpful, friendly
- Accurate typing and/or data entry
- Filing and organizing talent
- Microsoft Office experience
- and, if you have managed websites or Facebook pages, or are

QuickBooks savvy – WOW! that's frosting on the cake!

Visit us on Facebook or at Newark-chamber.com to learn what we do to support our community and consider being part of our efforts. Please call 510-744-1000.

Fridays, Sep 18 thru Oct 23

Ballroom Dance Classes \$

Beginner: 7:00 p.m. – 8:00 p.m. Intermediate: 8:15 - 9:15 Tango, Waltz, Samba and Bolero Fremont Adult School 4700 Calaveras Ave., Fremont (510) 797-9594

Thursday, Friday & Saturday, Sep 24 thru Nov 20

Holiday Show

10 a.m. - 4 p.m. Hayward Arts Council exhibit Foothill Arts of the Bay 22394 Foothill Blvd., Hayward (510) 538-2787 www.haywardarts.org

Monday, Tuesday & Thursday, Sep 24 thru Dec 31

Wildlife Beyond Borders Ex-

Mon: 5 p.m. - 10 p.m. Tues & Thurs: 10 a.m. - 1 p.m.

Church of

Christ

of Fremont

4300 Hansen Ave.

Fremont

510-797-3695

www.fremontchurchofchrist.org

Whoever Drinks Of The Water

That I Will Give Him

Shall Never Thirst; But The Water

That I Will Give Him

Will Become In Him

A Well Of Water Springing Up

To Eternal Life

John 4:14

AA Meetings Every Tues

and Thurs Evenings

7:30-9:30pm

In Spanish

In the Fellowship Hall

Services

Sunday: 10:45am

Wednesday: 7:30pm

and 6pm

Animal photography display Reception with live animals Saturday,

Sept 26 from 1 p.m. - 4 p.m. PhotoCentral 1099 E St., Hayward (510) 881-6721 http://www.photocentral

Saturday, Sep 26 - Sunday,

Oct 11 **Dreamgirls \$**

Sat: 8:00 p.m.

Sun: 2:30 p.m. Musical drama portrays a rising star Newark Memorial High School 39375 Cedar Blvd., Newark (510) 791-0287 www.stage1theatre.org

Monday, Sept 28 - Friday,

Nov 20 A.R.T. Members Fall Exhibit

8 a.m. - 5 p.m. Variety of art mediums on display John O'Lague Galleria 777 B Street, Hayward (510) 538-2787 www.haywardarts.org

Saturday, Sep 24

Skills of the Past: Basic Flintknapping - R

10 a.m. - 3 p.m. Transform stones into tools Ages 16+ Coyote Hills Regional Park 8000 Patterson Ranch Rd.,

Fremont (510) 544-3220 www.ebparks.org/register

Friday, Sep 25

Senior's Night Out: Asian **Splendor \$R** 4:30 p.m. - 8:30 p.m.

Dinner, dancing, prizes and entertain-Doubletree Newark 39900 Balentine Dr., Newark

SeniorsNightOut@comcast.net

(510) 818-9888

Friday, Sep 25 **Family Movie Night**

8 p.m. Planes: Fire and Rescue San Lorenzo Village Park 1062 Grant Ave, San Lorenzo www.haywardrec.org

Friday, Sep 25

Latino Business Roundtable

8:30 a.m. Telemundo reporter reveals business scams

St. Rose Hospital 27200 Calaroga Ave., Hayward (510) 537-2424 www.hayward.org

Saturday, Sep 26

Corn Mosaics \$

1 p.m. - 2 p.m. Spice up a treat with exotic flavors Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Saturday, Sep 26 **Lovely Leaves \$**

10:30 a.m. - 11:30 a.m. Admire fall colors and create leaf art Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont

(510) 544-2797 www.ebparks.org

THIS WEEK Tuesday, Sep 22

What?

7:00 p.m. - 8:30 p.m. Discuss strategies for entrepreneurs Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

Wednesday, Sep 23

Discuss capital, employees, vendors and customers

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 http://acsbdc.org/events2 www.aclibrary.org

Wednesday, Sep 23

Diabetes Workshop - R

Prevention and disease management Eden Medical Center 20103 Lake Chabot Road, Castro Valley

Good Business Idea? Now

Successful Business Plans – R

9 a.m. - 12 noon

5:45 p.m. 8:30 p.m.

(510) 538-2031 x205



Fremont Elks Charity Luncheon Saturday, September 26

All profits donated to Purple Pig and Quilts for Veterans Group

IIam - 3pm

Luncheon

Babes on Broadway Stage Show Auction & Raffles

\$35 per person

Tickets: Lois Clark

Dianne Caceras, Susan Peters Reservations: 510-797-2121

38991 Farwell Drive. Fremont

BOOKMOBILE SCHEDULE

Alameda County Renew books by phone (510) 790-8096 For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org. Times & Stops subject to change

Tuesday, Sept 22

9:45 - 11:30 Daycare Center Visit - FREMONT 2:30 – 3:25 Cabrillo School, 36700 San Pedro Dr., **FREMONT** 4:45 - 5:30 Baywood Apts., 4275 Bay St., FREMONT 5:50 - 6:30 Jerome Ave. and Ohlones St., FREMONT

Wednesday, Sept 23

1:00 – 2:00 Del Rey School, Via Mesa at Via Julia, SAN **LORENZO** 2:30 - 3:00 Eden House Apts., 1601 165th Ave., SAN LEANDRO 3:30 - 4:00 Baywood Ct., 21966 Dolores St., CASTRO VALLEY 6:00 - 6:30 Camellia Dr., & Camellia Ct., FREMONT

Thursday, Sept 24

9:50 - 10:20 Daycare Center Visit – UNION CITY 10:40 - 11:30 Daycare Center Visit - NEWARK 1:15 – 1:45 Steller Academy, 38325 Cedar Blvd., NEWARK 2:00 - 3:00 Graham School, 36270 Cherry St., NEWARK

Friday, Sept 25

9:45 - 10:15 Daycare Center Visit, SAN LORENZO 10:35 - 11:05 Daycare Center Visit, HAYWARD 1:00 - 1:30 Daycare Center Visit, SAN LORENZO 1:45 - 3:00 Hillside School, 15980 Marcella St., SAN LEANDRO

Monday, Sept 28

9:20 - 10:00 Daycare Center Visit, FREMONT

10:15 - 11:15 Daycare Center Visit, FREMONT 1:45 – 2:45 Pioneer School, Blythe St. & Jean Dr., **UNION CITY** 4:15 – 4:45 Greenhaven Apts., Alvarado Blvd & Fair Ranch Rd., **UNION CITY** 5:15 – 6:45 Forest Park School, Deep Creek Rd. & Maybird Cir., **FREMONT**

Tuesday, Sept 29

10:00 - 11:15 Daycare Center Visit - UNION CITY 2:00 - 2:30 Fremont Hills Senior Living, 35490 Mission Blvd., **FREMONT** 2:40 - 3:15 Mission Gateway Apts., 33155 Mission Blvd., UNION CITY 4:50 - 5:30 Mariner Park, Regents Blvd. & Dorado Dr., **UNION CITY** 5:40 – 6:20 Sea Breeze Park, Dyer St. & Carmel Way, **UNION CITY**

Wednesday, Sept 30

2:00 - 4:00 Warm Springs Community Center, 47300 Fernald St., FREMONT 4:15 – 4:50 Lone Tree Creek Park, Starlit Way & Turquoise St., FREMONT 6:00 - 6:30 Camellia Dr. & Camellia Ct., FREMONT **FREMONT**

Milpitas Bookmobile stops Renew books by phone (800) 471-0991 For more information (408) 293-2326 x3060

Wednesday, Sept 30

1:45 - 3:00 Foothill School, 1991 Landess Ave., MILPITAS 3:15-3:45 Friendly Village Park, 120 Dixon Landing Rd., **MILPITAS**

Photographers

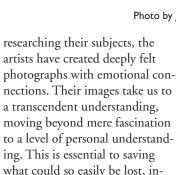
Mildlife Reyond Borders

SUBMITTED BY **PHOTO CENTRAL**

"Wildlife Beyond Borders" is a photography book and exhibition that features animals in their natural state and shows why it is so important to save them. Eleven photographers were part of the project: Mary Aiu, Susan Carnahan, Jim Codington, Marian Davidson, Bruce Finocchio, Wendy Hannum, Susan Hillyard, Oliver Klink, Mike Miller, Diana Rebman, and Robin Robinson.

The glue that bonds the artists lies in an evolution of thought and practice. By traveling the world, waiting patiently for the perfect moment and extensively

capture nature in



and exhibition will not only create a visual but also an audible experience. Through Augmented Reality sounds, sense the environment, and be exposed to issues tackled by conservation associations. The

book is designed to be a living document; the viewer can see and read behind-the-scenes stories, videos, and more content created by the artists. By pointing your smart device at images in the book, content will start playing.

The exhibition is hosted by PhotoCentral from September 24 through the end of the year, and the September 26 reception includes a release of the book, live animals from Sulphur Creek Nature Center, videos, and the artists themselves for a full immersive experience.

Additional information can be found at www.incredibletravelphotos.com/exhibit/wildlife-beyond-borders/.

Wildlife Beyond Borders Thursday, Sep 24 - Thursday, Dec 31

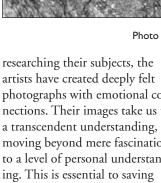
Upstairs gallery hours: Monday-Friday, 9 a.m. - 5 p.m. **Downstairs Gallery hours:** Monday, 5 p.m. - 10 p.m., Tuesday & Thursday, 10 a.m. - 1 p.m.

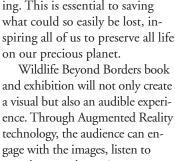
> Reception & Book Release: Saturday, Sep 26 2 p.m. – 5 p.m.

PhotoCentral Gallery 1099 E St, Hayward (510) 881-6721 www.photocentral.org www.incredibletravelphotos.com/e xhibit/wildlife-beyond-borders/

Photo by Oliver Klink









AFFORDABLE HOUSING AVAILABLE **Avalon Dublin Station** Brand New Apartments next to the Dublin/Pleasanton BART.

"Below Market Rate" Rental Units available at 5200 Iron Horse Parkway, Dublin, CA 94568. www.AvalonDublinStation.com (2) Studio apartments at this price – \$1,805/mo. (11) 1 Bedroom apartments at this price \$2,165/mo. (10) 2 Bedroom apartments at this price – \$2,630/mo. (2) 3 Bedroom apartments at this price – \$3,265/mo. Must be non-homeowners and income eligible. Households must earn no more than the maximum income levels below: 120% of AMI

One Bedroom & Studio Income Restrictions A one person household can make no more than \$78,550/yr.

A two person household can make no more than \$89,750/yr. (Households must be at least as many people as bedrooms in the unit)

Two Bedroom Income Restrictions

A two person household can make no more than \$89,750/yr. A three person household can make no more than \$101,000/yr.

(Households must be at least as many people as bedrooms in the unit)

Three Bedroom Income Restrictions

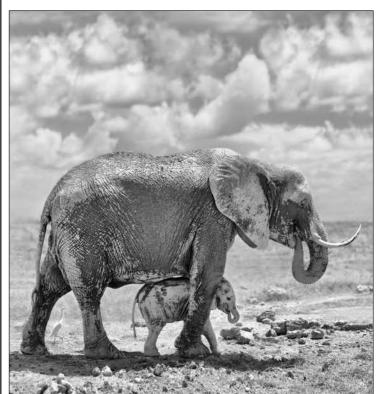
A three person household can make no more than \$101,000/yr. A four person household can make no more than \$112,200/yr. (Households must be at least as many people as bedrooms in the unit)

> Please contact Avalon Dublin Station for an application and more information.

> > AvalonDublinStation@AvalonBay.com

Avalon Dublin Station 5200 Iron Horse Parkway, Dublin, CA 94568

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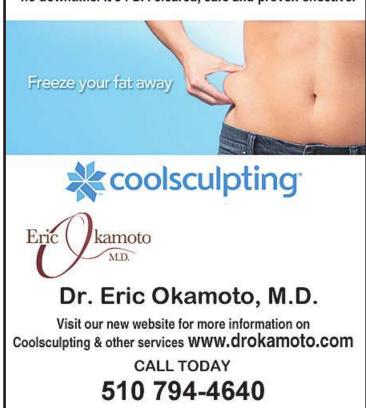




GIVE YOUR BODY A MAKEOVER WITHOUT DIET, EXERCISE OR SURGERY.

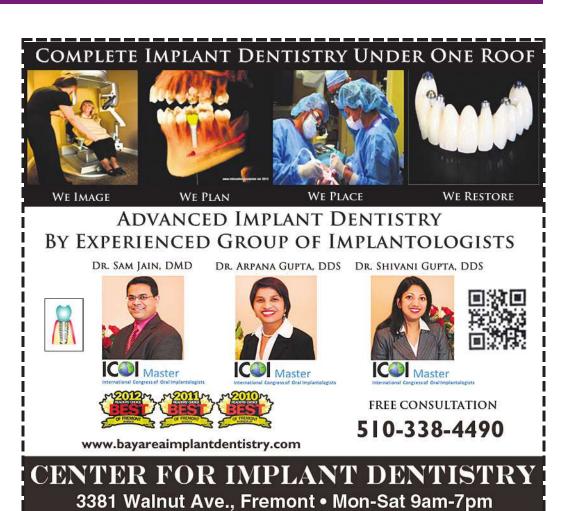
Now you can transform yourself without diet, exercise or surgery. Sculpt yourself with CoolSculpting®

CoolSculpting® is the only non-surgical body contouring treatment that freezes and eliminates stubborn fat from your body. There are no needles, no special diets and no downtime. It's FDA-cleared, safe and proven effective.



39380 Civic Center Drive, Suite B | Fremont





Volunteers install drip lines in conifer grove



SUBMITTED BY NELSON KIRK

Leilua Lualemaga from Boy Scouts of America (BSA) Troop #829 and his band of volunteers and members of the Church of Jesus Christ of Latter-day Saints installed over 500 feet of drip lines to the new conifer grove at William Cann Civic Center Park in Union City. They also mulched each tree with certified compost from Vision Recycling and staked the trees. The com-

post will help retain moisture around the trees' drip line and

Leilua Lualemaga from Boy Scouts of America (BSA) Troop #829 at work in William Cann Civic Center Park's conifer grove



Public Works employees Alex Quintero, William Avendano, and Michael Jester with volunteers and members of the Church of Jesus Christ of Latter-day Saints

also feed the soil. In turn, the soil feeds the trees nutrients. 9,000 square feet of sod was removed to make room for the conifer grove, which will take less water than the original lawn.

BSA members are key volunteers in our city, helping plant trees and run drip irrigation. Their continued commitment has helped improve our environment and save water. Examples of their work can be seen all around town and in our parks. We are very fortunate to have citizens who are committed to improving our environment, and with their continued support these projects bring many benefits to our community.

Saturday, Sep 26

Apple Cooking \$

11:30 a.m. - 12:30 p.m. Taste sweet apple treats Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Saturday, Sep 26

Make Room for Ruminants \$

10:30 a.m. - 11:30 a.m. Discover what makes cows special Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Saturday, Sep 26

Hotshot Hummingbirds – R

10:00 a.m. - 11:30 a.m. Meet and discover unique birds Ages 12+ Coyote Hills Regional Park 8000 Patterson Ranch Rd., Fremont (510) 544-3220 www.ebparks.org/register

Saturday, Sep 26

OktoberFest \$

12 noon - 5 p.m. German beer, food, music and games Swiss Park 5911 Mowry Ave., Newark (510)793-6279 www.NewarkOktoberFest.com

Saturday, Sep 26

Car Seat Safety Inspection – R

10 a.m. - 12 noon
Safety technicians ensure proper installation

Fremont Family Resource Center 39155 Liberty St. (at Capitol), Fremont (510) 618-2050

Saturday, Sep 26

Eden Area Community Clean-Up Day

9 a.m. - 12 noon Volunteers pick up trash and weed Meek Park 240 Hampton Rd., Hayward (510) 581-0223 www.haywardrec.org

Saturday, Sep 26

Take Back Your Medicine Event

10 a.m. - 2 p.m. Safely dispose of unused or expired medication

Hayward Police Department 300 West Winton Ave., Hayward (510) 293-7046 www.dea.gov

Saturday, Sep 26

Before Features: The Movies Begin \$

7:30 p.m. Short films from 1903 to 1913 Niles Essanay Theater 37417 Niles Blvd, Fremont (510) 494-1411 www.nilesfilmmuseum.org

Saturday, Sep 26 - Sunday, Sep 27

Family Fun Hour

2 p.m. - 3 p.m. Stories, games and activities Ages 5+ Coyote Hills Regional Park 8000 Patterson Ranch Rd., Fremont (510) 544-3220 www.ebparks.org

Saturday, Sep 26

Flash Fiction Writing Contest

10 a.m. - 5 p.m.

Limited to 300 words or less

Prizes awarded

Submit entries to: FCACwriters@gmail.com

Half Price Books

39152 Fremont Blvd., Fremont

(510) 744-0333

www.fremontculturalarts.org

Saturday, Sep 26

Museum of Local History Anniversary Celebration – R

11:30 a.m. - 3:30 p.m. Historic displays, photographs, music and food

St. Joseph Hall 43148 Mission Blvd., Fremont (510) 623-7907 www.museumoflocalhistory.org

Saturday, Sep 26

Fremont Symphony: Eurasian Journey \$

8 p.m.

Variety of familiar symphonic gems

Prince of Peace School
38451 Fremont Blvd., Fremont
(510) 371-4859

www.fremontsymphony.org

Saturday, Sep 26

Giddy Up Dance Party \$

5 p.m. - 10 p.m. Food, music, dancing, raffle and auction Ruggieri Senior Center 33997 Alvarado Niles Rd., Union City (510) 675-5495 www.unioncity.org

Saturday, Sep 26

Household Hazardous Waste Drop-Off

9 a.m. - 2 p.m. Safely dispose of cleaners, motor oil, paint and electronics

Tri-Ced Community Recycling 33377 Western Ave., Union City (510) 471-3850 www.tri-ced.org

Sunday, Sep 27 Cooking in the Country

Cooking in the Country Kitchen \$

11 a.m. - 1 p.m.

Prepare food on a wood burning stove

Ardenwood Historic Farm

34600 Ardenwood Blvd.,

Fremont

(510) 544-2797

www.ebparks.org

Sunday, Sep 27

Chores for Little Farmers \$

10:30 a.m. - 11:00 a.m. *Prepare treats for farm animals* Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Sunday, Sep 27 Pressing Plants \$

Pressing Plants \$

11 a.m. - 12 noon Preserve and press plants Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-2797 www.ebparks.org

Sunday, Sep 27

Harvest Festival Volunteer Training

1 p.m. - 3 p.m. Demonstrate crafts and farm chores Ages 16+ Ardenwood Historic Farm 34600 Ardenwood Blvd., Fremont (510) 544-3285 mcastle@ebparks.org

Sunday, Sep 27

www.ebparks.org

Stone Age Olympics 10 a.m. - 3 p.m.

Primeval activities and stone tool demonstration
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220

Sunday, Sep 27

Harvest Festival and Pumpkin Patch

10 a.m. - 3 p.m.

Food, drinks, music, activities and pumpkin patch

Sunol Ag Park and Water Temple 505 Paloma Way, Sunol (510) 526-1793 x5 http://www.sagecenter.org/news-events/2015-sunol-agpark-har-vest-festival/

Sunday, Sep 27

Hayward Oddfellows Summer Concert

1 p.m. - 5 p.m. *Uncle Rico's Hypnotones* Hayward Memorial Park 24176 Mission Blvd., Hayward www.haywardlodge.org www.haywardrec.org

Sunday, Sep 27

Hayward Camera Show \$

9:30 a.m. - 3:00 p.m.

New, collectable, and professional equipment for sale

San Felipe Park & Community

Center 2058 D St., Hayward (510) 881-6721 www.photocentral.org

Sunday, Sep 27

The House of Mystery Marathon

12 noon - 9 p.m. Series of ten restored episodes Niles Essanay Theater 37417 Niles Blvd, Fremont (510) 494-1411

Sunday, Sep 27

Annual Art Show

1:30 p.m. – 4:00 p.m. Celebrating 50 years of art in Fremont Fremont Art Association 37697 Niles Blvd., Fremont (510) 792-0905 www.FremontArtAssociaion.org

Monday, Sep 28

Coyote Cubs: Beautiful Butter-flies

10:30 a.m. - 11:30 a.m. Games and crafts for preschoolers Coyote Hills Regional Park 8000 Patterson Ranch Rd., Fremont (510) 544-3220 www.ebparks.org

Monday, Sep 28

Monday Birding

9 a.m. - 11 a.m. Fun and educational bird walk

Hayward Shoreline Interpretive Center 4901 Breakwater Ave., Hayward (510) 670-7270 www.haywardrec.org

Monday, Sep 28

Energy and Water Nexus Summit – R

9:30 a.m. - 3:00 p.m.

Discuss drought, desalination and Delta
Conveyance Plan

East Bay Municipal Utility
District
375 11th Street, Oakland
http://bayplanningcoalition.ticketleap.com/energy-water-summit-4/

Monday, Sep 28

The Road to Union City

/ p.m.

Historical discussion of Alvarado and

Decoto

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

Monday, Sep 28

The Unavoidable Disappearance of Tom Durnin \$

8 p.m.

Story about defaulting on our loved ones

Douglas Morrison Theatre

22311 N Third St., Hayward

(510) 881-6777

www.dmtonline.org

Tuesday, Sep 29

Heads Up on Concussions – R

6 p.m. - 8 p.m. Signs, symptoms and treatment Washington Hospital 2500 Mowry Ave., Fremont (800) 963-7070 www.whhs.com/events

Tuesday, Sep 29

Get Your Resume Read by the Right Person

7:00 p.m. - 8:30 p.m.

Discuss strategies to promote your job

Fremont Main Library 2400 Stevenson Blvd., Fremont (510) 745-1400 www.aclibrary.org

Friday, Oct 2

SAVE Breakfast Eye Opener \$R

7:30 a.m. - 9:00 a.m.

Celebrate youth programs against abusive relationships

Doubletree
39900 Balentine Dr., Newark

(510) 574-2250 x106

http://goo.gl/iaxidE

Inaugural Muslim

Bridal Expa

SUBMITTED BY IRFAN RYDHAN

Perfect Muslim Wedding is pleased to announce the first ever full-fledged Muslim Bridal Expo in the U.S. on Sunday, September 20. The event will take place at the DoubleTree in Newark with tickets just \$5 per person at the door.

We will have a vast array of wedding vendors; a series of multicultural fashion shows including Middle Eastern/Persian/Turkish, South Asian (Pakistani/Indian), and African and African-American; workshops relating to wedding makeup, hair, hijab and much more. The purpose of this event is to share the beauty of modesty and diversity, and is open to people of all faiths and cultures.

Anyone interested in getting involved as a sponsor, designer, vendor, member of the press, or volunteer should contact perfectmuslimwedding@gmail.com. For more information, please visit http://perfectmuslimwedding.com/bridal-expo or www.facebook.com/events/14327165870518 49/ and follow the hashtags #MuslimBridal-Expo and #PMWExpo2015 on Facebook, Twitter, and Instagram.

Muslim Bridal Expo
Sunday, Sep 20
11 a.m. - 3 p.m.
DoubleTree by Hilton Newark-Fremont
39900 Balentine Dr, Newark
perfectmuslimwedding@gmail.com
http://perfectmuslimwedding.com/bridal-expo
Tickets: \$5

Entries due for 38th Area Artists' Annual Juried Exhibit

SUBMITTED BY LAURA CORREA-HERNANDEZ

Bay Area call for artists! The Hayward Area Recreation and Park District's (H.A.R.D) Adobe Art Gallery is pleased to announce that it will be accepting entries for this year's fall exhibit. Entries will be accepted on Thursday, September 24 from 6:30 p.m. to 8:00 p.m. and Saturday, September 26, 3:00 p.m. to 5:00 p.m. at the Adobe Art Gallery, 20395 San Miguel Ave, Castro Valley.

The judge for this year's exhibit will be Daniel Galvez, a well-known painter, muralist and public work artist. The exhibit will be on display at the Adobe Art Gallery from October 10 through November 21, with the Artist Reception & Awards taking place on Saturday, October 10 from 1:00 p.m. to 3:00 p.m. Admission is free and all are invited to attend. The Call for Art Form is available for

download at www.adobegallery.org or in hard copy form at the Adobe Art Gallery.
For additional information about the exhibit, please call (510) 881-0117,

email Gallery Director Susan Honda

Eady at adobegallery@haywardrec.org,

or visit www.adobegallery.org
38th Area Artists' Annual Juried
Entries/Exhibit

Thursday, Sept 24 (Entries)
6:30 p.m. - 8:00 p.m.
Saturday, Sept 26 (Entries)
3:00 p.m. to 5:00 p.m.
Saturday, Oct 10
(Artist Reception & Awards)
1:00 p.m. - 3:00 p.m.
Saturday, Oct 10 - Saturday, Nov 21
(Exhibit)

Adobe Art Gallery
20395 San Miguel Ave, Castro Valley
(510) 881-0117
adobegallery@haywardrec.org
www.adobegallery.org
Free admission

THEATRE

The Unavoidable Disappearance of Tom Durnin

SUBMITTED BY SUSAN E. EVANS AND BOB MILLER

The Douglas Morrisson Theatre (DMT) is excited to announce the first production in the 2015-2016 "Bare Bones" staged reading series: The Unavoidable Disappearance of Tom Durnin by Steven Levenson, a riveting story about the price we pay for defaulting on our loved ones. The play will have one performance on Monday, September 28.

As the curtain rises, Tom Durnin sits on his son's couch, begging for a spot to crash. He has just finished a five-year stint in prison for a Bernie Madoff-like crime. It's pretty clear his family is trying hard to hold onto their new life - one without Tom in it. Is Tom living in a fantasy world, has he actually morally evolved, or is he just a bully and a liar?

Steven Levenson is an award-winning playwright, and writer and co-producer of Showtime's Emmy and Golden Globe-nominated Masters of Sex. His plays include The Unavoidable Disappearance of Tom Durnin (Roundabout Theatre Company, Outer Critics Circle Award), Core Values (Ars Nova, Drama Desk Nominee for Best Play), The Language of Trees (Roundabout) and Seven Minutes in Heaven (Colt Coeur; Emerging America Festival/Huntington Theatre Company).

Marilyn Langbehn is a veteran director and actor whose work has been seen throughout the US and in Europe. Projects for DMT include Kiss Me, Kate, Frost/Nixon (Bay Area premiere), and The Woman in Black; other productions include August: Osage County, which received "Best Production" and "Best Director" nods at the inaugural Theatre Bay Area (TBA) awards in 2014, and the West Coast premiere of David Mamet's Race, among others.

The Unavoidable Disappearance of Tom Durnin Monday, Sept 28

8 p.m. Douglas Morrisson Theatre 22311 N. Third St, Hayward

(510) 881-6777 www.dmtonline.org \$10 / Open seating

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Football

SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

On September 18th, the American Eagles took control from the San Lorenzo Rebels early and immediately scored as their defense grabbed three interceptions by being in the right place at the right time. Within the first eight minutes of the game, Eagle defense scored two touchdowns and never looked back. The Eagle offense opened holes in the Rebel line allowing running backs to penetrate off tackle almost at will. Eagle mastery of the field was too much for the Rebels who committed costly turnovers and never recovered. Final score: American 54, San Lorenzo 0.

CSUEB names Claire Sua-Amundson Professional/Affordable as Head Softball Coach Quality Chiropractic Care



SUBMITTED BY STEVE CONNOLLY

Cal State East Bay Director of Athletics Joan McDermott has announced that Claire Sua-Amundson will become the next head coach of the Pioneer softball team. Sua-Amundson has spent the past 10 seasons as an assistant coach at the Division I level, with stints at Cal Poly, Stanford, and Cal State Fullerton. Prior to that, she was a two-time NCAA national champion as a student-athlete at UCLA.

"I am thrilled that Claire will be joining the Pioneer family," said McDermott. "She has played and coached at the highest levels of collegiate softball, and her knowledge and passion for the

sport are exceptional. Claire brings a championship pedigree to East Bay, and I'm confident she will be an outstanding fit with our program."

Sua-Amundson earned her B.A. in History from UCLA, where she graduated in 2005 as one of the most decorated softball players in school history.

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Fremont Football League action



SUBMITTED AND PHOTOS BY MIKE HEIGHTCHEW

Third week action of the Fremont Football League season was fierce as all three divisions were competitive. In the National, the 49ers

are showing great offensive speed. The Continental Division Chargers are locked in a great fight for the lead and the American Division Patriots are playing great Offense and defense, moving the ball at will. Fremont Football League skills just seem to improve every year preparing players for high school football.

Renegades Report

Women's Volleyball

SUBMITTED BY JEREMY PENAFLOR

Ohlone vs. Skyline

Ohlone d. @ Skyline College, 3-0 (25-15, 25-22, 25-23) - Sophomore outside hitter Jenni Brochu led the team

with 13 kills to with a 0.355 hitting percentage, 7 digs, I ace, and I block

- Sophomore setter Camaryn Bricker led the team in assists, hitting percentage, digs, and service aces with 28 assists, a hitting percentage of 0.357, 13 digs, and 4 aces to go with 6 kills.

Renegade Classic Results (Ohlone College) September 16, 2015

September 18, 2015

go with 2 service aces - Sophomore setter Camaryn Bricker led the team with 24 assists

Ohlone d. Lassen College, 3-0 (25-20, 25-10, 25-11)

Ohlone d. College of Alameda, 3-0 (25-12, 25-8, 25-19)

- Sophomore outside hitter Jenni Brochu led the team

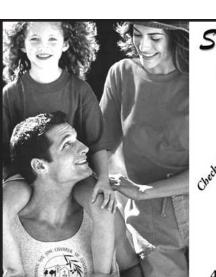
with 11 kills, a 0.391 hitting percentage, and 9 digs to

Ohlone d. College of Alameda

Ohlone d. Lassen College

- Sophomore outside hitter Jenni Brochu led the team with 7 kills

- Sophomore setter Briana Hill led the team with 18



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East Bay Women shut out Academy of Art for Gerace's 100th victory

Women's Soccer

SUBMITTED BY STEVE CONNOLLY PHOTO BY COURTESY OF CSUEB

The Cal State University East Bay (CSUEB) Women's Soccer team closed out its non-conference schedule with a 3-0 shutout of Academy of Art on a chilly night at Pioneer Stadium. It marked the 100th career victory for head coach and Pioneer alumnus Amy Gerace.

The Pioneers improve to 2-4 heading into their California Collegiate Athletic Association (CCAA) schedule.

"I'm excited about our win tonight," Gerace said. "I was pleased with our ability to keep possession of the ball and control the rhythm of play. I'm also happy with our overall progress throughout the preseason. It was nice to play well in our last three games to prepare for our opening weekend in the CCAA."

The Pioneers had the Urban Knights on their heels early in this contest. Andrea Hernandez made a run down the right sideline and got off a brilliant cross to Megan Ravenscroft right in front of the goal. Ravenscroft beat her defender with a header and found the back left post to make it 1-0 just three minutes and 12 seconds into the game.

The Pioneers continued to put pressure on Academy of Art's defense, and 18 minutes into the second half, they finally padded their lead. Rachel Robbert took possession on a giveaway inside the box. Her initial shot from 12 yards on the left side was saved, but the rebound came right back to her, and Robbert blasted it into the upper right corner for her first goal of the season.

Robbert struck again less than four minutes later. After an Urban Knight defender misplayed the ball, the junior pounced on it and had a one-on-one with the goalkeeper. She drew the keeper out



slightly and chipped a shot over her head from about 10 yards out.

East Bay freshman keeper Amanda Valentine made three saves in her second shutout of the season. Now in her 15th season, Gerace is the longest-tenured head coach in the history of the women's soccer program. Her 100 victories trail only Colin Lindores (122), who helmed the great Pioneer teams of the 1980s.

Irvington High School - update

Women's Volleyball

SUBMITTED BY MARCUS YOUNG

On Saturday, September 12 Irvington High School Girls Volleyball finished 3rd in the Alameda Tournament.

Pool play: Irvington defeated Redwood Christian 25-18, 19-25, 15-11 Irvington defeated Tennyson 25-11, 25-20 Irvington defeated Castro Valley 25-14,

Gold division semi final match: Arroyo defeated Irvington 25-15, 25-16

Gold division 3rd place match: Irvington defeated Dublin 21-25, 25-21, 15-12 Tournament stat totals for Irvington: Gabriela Charbeneau: 54 kills, 29 digs, 7 aces, 2 assists; Named to the All Tournament Team

Emily Kao: 84 assists, 14 aces, 14 digs, 4 kills

Melissa Talbot: 50 digs, 6 aces, 5 assists, 2 kills

Ashley Furuya: 24 digs, 18 kills, 11 aces, 3 assists

Sofia Hernandez: 13 kills, 5 aces, 4 digs

On Tuesday, September 15, in non league Girls Volleyball, Irvington defeated Alameda 25-23, 25-28, 25-14. Irvington is now 7-3 overall. For the Vikings: Gabriela Charbeneau: 12 kills, 7 digs, 4 aces Emily Kao: 27 assists, 2 aces Savannah Fox: 7 kills, 2 aces Sofia Aguirre: 5 kills, 5 digs Ashley Furuya: 5 kills, 4 digs, 2 assists

Pioneer women open CCAA play with shutout

Women's Soccer

SUBMITTED BY STEVE CONNOLLY

The Cal State East Bay women's soccer team defeated visiting Cal State Monterey Bay by a score of 1-0 at Pioneer Stadium September 18th in the opener of the California Collegiate Athletic Association (CCAA) schedule. It's the second shutout victory in a row for the Pioneers, who improve to 3-4-0 for the season. Junior goalkeeper Katelyn Oshima recorded three saves to pick up her second win of the year.

East Bay out-shot the Otters 14-to-6 for the game and put six shots on goal. They controlled possession for a majority of the contest and created several more chances than their opponents, but the teams very nearly played to a 0-0 draw in regulation. It was scoreless into the 45th minute when the Pioneers netted the game's only goal. With the clock ticking down to halftime, freshman Miranda Gonzalez darted a through ball up the center of the field. It hit junior Rachel Robbert in stride as she beat her defender, and then she flipped a shot just past the charging keeper into the net with only one second remaining on the clock.

Wendy Sommer selected as StopWaste Executive Director

SUBMITTED BY JEFF BECERRA

At its September 16 meeting, the Alameda County Waste Management Authority announced its selection of Wendy Sommer as the next StopWaste Executive Director. Sommer will replace Gary Wolff, who will retire as Executive Director at the end of the calendar year. Wolff has been at the helm for seven years, previously serving on the CA Water Resources Control Board.

Sommer, whose current position is Deputy Executive Director, has served in a variety of roles at StopWaste over the past 24 years. She will take over leadership on January 1, 2016.

While at StopWaste, Sommer has created key policies and market transformation programs – many being firsts in California, such as construction and demolition debris recycling requirements, food scrap recycling, and green building. "I'm excited to lead StopWaste at such a critical time," said Sommer. "Our challenge is to help and inspire our communities to become more sustainable and resilient to climate change."



"On behalf of the Board, I would like to acknowledge Gary's strong programmatic vision and careful stewardship of financial resources," said ACWMA Board President Jerry Pentin. "We now look to Wendy's well-rounded experience for continuing the leadership StopWaste is known for. The residents and businesses of Alameda County will continue to benefit by the great work this organization does."

StopWaste is a public agency responsible for reducing waste in Alameda County.

Union City seeking artists

SUBMITTED BY LAUREN SUGAYAN

The City of Union City is calling for professional artists to submit a proposal for several public art installations at the new Union City Teen Center. The art installations are part of a larger construction project to transition the Kennedy Community Center into a youth-centric recreational and resource space for all Union City youth. The first phase of this construction project launching in early 2016 will result in a new outside café, a game room, a lounge, a classroom and an outdoor courtyard. There will be a total of seven art installations that will beautify the interior and exterior of the building; the installations will range

from permanent, to semi-permanent (1-5 years), to temporary (but to the extent possible, recyclable).

The City is inviting qualified artists or teams of artists to submit proposals for the design, fabrication, and installation of the seven site-specific art installations that include two interior murals, two exterior murals, horizontal surface art for the courtyard and interior and exterior (concrete) text-based art installations. Submissions can include one or more of the seven art installations, and submissions are due Wednesday, September 30th. More information can be found on the City website: http://www.unioncity.org/departments/public-works/bids-rfps-rfqs-public-notices-

Household hazardous waste (HHW) drop-off and electronic waste collection

SUBMITTED BY EILEEN RIENER

First time in Union City! Tri-CED Community Recycling and the Alameda County HHW program are joining forces to host a special one-day event on September 26 at Tri-CED's facility in Union City. The goal is to provide a safe and convenient way to dispose of products we use around the home that contain hazardous ingredients. These include many household cleaners, solvents, paints, paint thinners, motor oil, weed killer, bug sprays, hobby glues, car batteries, household batteries, fluorescent bulbs, expired medications, sharps, and some electronics.

Leftover hazardous waste should never be thrown in the trash or recycling bin, flushed down the toilet, or dumped down the drain or storm sewer. Protect yourself, your family, and the environment by getting rid of these hazardous chemicals the safe and smart way. To see a full list of items accepted by ACHHW, visit www.stopwaste.org/HHW or call 1 (800) 606-6606.

HHW collection is limited to the first 500 cars; e-waste collection is unlimited. Residential customers only; no businesses.

Hazardous and Electronic Waste Drop-Off Saturday, Sept 26 9 a.m.-2 p.m. Tri-CED Community Recycling 33377 Western Ave, Union City (510) 471-3850 Free

Hayward Camera Show

SUBMITTED BY LAURA CORREA-HERNANDEZ

The Hayward Area Recreation and Park District (H.A.R.D) cordially invite the community to join Photo-Central and the East Bay Camera Collective on Sunday, September 27.

The Hayward Camera Show features used and new camera equipment, collectables and professional equipment for sale. Our vendors are on hand to give advice and purchase equipment. If you're looking to buy, sell or trade almost anything in the way of photo equipment, movie or special brands of gear, come check out the show.

Early entry to the show is available at 8:30 a.m. for \$10. The event is open to the public from 9:30 a.m. to 3:00 p.m. Admission is \$3.

Vendor space is available - \$25 for a 6ft. table. Those wishing to sell equipment the day of the event for one hour, a 6ft. table for \$15 between the hours of 9 a.m. and 12 noon is available. Please contact camerashow@gmail.com for additional information or to

request seller space.

For additional information about the show, please call (510) 881-6721 or visit www.photocentral.org.

Hayward Camera Show
Sunday, Sept 27
9:30 a.m. – 3:00 p.m. (\$3)
8:30 a.m. early entry (\$10)
Vendor tables (\$15-\$25)
San Felipe Community Center
2058 D St, Hayward
(510) 881-6721
camerashow@gmail.com
\$3-\$10

The Bookworm

The Bookworm is Terri Schlichenmeyer. Terri has been reading since she was 3 years old and she never goes anywhere without a book. She lives on a hill in Wisconsin with two dogs and 11,000 books.

Why We Work: A TED Original by Barry Schwartz

It's a sad fact of life: your boss expects you to work.

Darn it, he won't give you a check for nothing. She expects you to show up, get things done, and hit your goals. You have a clock to punch and clients to please. It's your job. But what if you didn't have to work? Would you, anyhow? Read the new book "Why We Work" by Barry Schwartz, and your answer might change.

Just two years ago, a world-wide Gallup poll indicated a sobering statistic: 25 million workers in almost 190 countries were asked if they felt engaged at their jobs. Nearly 90 percent of them indicated that they "spend half their waking lives doing things they would rather not be doing at places they would rather not be."

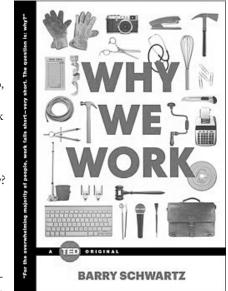
So why do the other ten percent love their jobs?

Says Schwartz, the difference comes in their perceptions...

At the beginning of the Industrial Revolution, a man named Adam Smith convinced businessmen that workers really worked for pay, "nothing more and nothing less." It didn't, therefore, matter how the job was structured or what the task was; the more repetitive and simple, the better. As long as work was done and workers got paychecks, he claimed, everybody was happy.

Not so, says Schwartz. Modern research shows that people perceive their jobs in one of three ways: as a job (work with "little discretion" and minimal experience); as a career (with a clear path and set advancement); or as a calling (high engagement). The latter perception is what employees value and employers should strive to achieve.

That can be done by allowing employees more autonomy at work, and the ability to alter tasks commonsensically, which Schwartz says is called "job crafting." That, plus a bit of challenge, variety, and loosened



supervision leads to employees who believe their jobs make a difference. For them, material incentives are there, but seem to be secondary to the joy brought by involvement in a task.

And how does this benefit an employer? Schwartz says that retention, employee and customer loyalty, and higher profits result from having engaged workers. Best of all, it "needn't take a lot" to achieve that at any workplace.

Do you control your business? That's one question to ask yourself before reading "Why We Work," because you won't quite want to when you're done.

Statistics don't lie, but why rely only on them? Author Barry Schwartz also presents anecdotal evidence in this book version of his TED talk, along with examples of what happens when businesses disregard their worker's innate needs and overreact by downsizing or cutting productivity. Packed into 100 pages, that's a lot to digest and it made my thoughts race as I was reading. Yes, there are surprises in this book, along with practicality presented freshly.

I don't necessarily think this is a top-down book; workers in the trenches might find some inspiration here, too. If that's what you need to make work better, then grab "Why We Work" and check it out.

c.2015, TED Books, \$16.99 / \$21.99 Canada, 100 pages

Life Chiropractic groundbreaking of renovation projects

SUBMITTED BY
NAINA GUPTA
PHOTO BY LAURA BRATT

The local community celebrated the groundbreaking of more than \$3 million renovation projects at Life Chiropractic College West beginning with the Standard Process Assembly Hall.

College President Dr. Brian Kelly kicked off the ceremony by talking about the impact this development will have on the community. "We are doing these renovations, first and foremost, for our students. They deserve a fully updated facility that allows students to assemble in one place along with the staff and faculty. The new renovations will also provide a state-of-the-art health center where students will learn and intern and the college can provide valuable services to the community. It is an exciting time at Life West," he said.

Many local organizations, financial institutions and government leaders played a role in

New Chick-fil-A to open on Auto Mall Parkway

SUBMITTED BY CINDY CHAPMAN

Chick-fil-A is excited to open its second Fremont restaurant (5539 Auto Mall Parkway), on Wednesday, September 23, and is giving away free Chickfil-A for a year to the first 100 adults in line when the doors open that morning. The new restaurant brings with it 100 new jobs. It is the second Fremont location opened by the chain this year.

Chick-fil-A's most passionate customers often arrive more than 24 hours in advance, packing tents, lawn chairs, computers, TVs, couches and all kinds of gear to make their wait more comfortable and entertaining. Chick-fil-A provides security, entertainment, games and, of course, plenty of fresh Chick-fil-A. The line for the promotion will open at the restaurant on Auto Mall Parkway at 6 a.m., Tuesday, September 22, with the prizes being awarded when the doors open around 6 a.m. on Wednesday, September 23. If more than 100 people are onsite when the line officially opens, all 100 spots will be determined by a drawing held that morning with those selected needing to camp out

for 24 hours to secure their spot. This community event is open to guests residing in specific zip codes surrounding the restaurant. A complete listing of eligible zip codes and rules can be found at www.chick-fil-a.com/locations/openings.

Also, between 6:30 a.m.and 10 p.m. on Wednesday, September 23, and Saturday, September 26, Chick-fil-A franchised owner Jon Hooper will host a new book drive at the restaurant to benefit Kidango, an organization focused on academic readiness for children from all walks to life. Community members are invited to drop off new books at the restaurant that will be donated to the organization at the end of the drive.

Chick-fil-A Grand Opening Wednesday, Sept 23 6 a.m.

(Promotion begins 6 a.m. on Tuesday, Sept 22) Chick-fil-A 5539 Auto Mall Pkwy, Fremont (510) 353-1678

Meeting on proposed amendments to San Leandro's Rent Review Ordinance

SUBMITTED BY TERESA MEYER

The City of San Leandro invites local tenants, landlords, and members of the public to attend the next regularly scheduled meeting of the Rent Review Board on Tuesday, September 22 at 7 p.m. and provide feedback on proposed amendments to the rent review ordinance.

The San Leandro City Council approved its first rent review ordinance and established the Rent Review Board in 2001. The Board is charged with reviewing rent increases and making non-binding recommendations for resolution of rent disputes between tenants and landlords. In early 2015, the City Council directed staff to begin a public process to update the ordinance. Since then, City staff hosted a community meeting on August 19, 2015 and presented the proposed amendments to the Rent Review Board at its August 25, 2015 meeting. The meeting on September 22 will provide another opportunity for the public to provide additional input

before the proposed amendments are considered by the City Council, which is tentatively scheduled to take place on Monday, October 19.

The proposed changes include modifications to the eligibility threshold and various other revisions designed to administer the program more efficiently and effectively. To view all of the proposed changes, please visit the Rent Review Program page on the City's website at www.sanleandro.org. For more information, please contact Steve Hernandez, Housing Specialist II, at (510) 577-6005 or shernandez@sanleandro.org.

San Leandro Rent Review Ordinance Meeting Tuesday, Sept 22 7 p.m.

San Leandro City Hall, City Council Chambers 835 East 14th St, San Leandro (510) 577-6005 www.sanleandro.org

LETTER TO THE EDITOR

Access to Mission Peak

Mission Peak Conservancy is focused on linear park development and maintaining open access to our public parks. We support East Bay Regional Park District's (EBRPD) efforts to protect Mission Peak Regional Preserve by maintaining trails, preserving grasslands, installing toilets and adding educational signs. We do not support EBRPD's efforts to block access to the Regional Preserve through the implementation of hiking, dog or parking fees. Unfortunately, we recently learned, EBRPD is considering funding a designated parking program in the neighborhood surrounding the Stanford Avenue entrance.

The Fremont BART station opened over 40 years ago, and residents nearby have endured parking congestion ever since. The City of Fremont canceled a designated parking program years ago, due to the high costs of administration and policing. Now, City officials are considering parking restrictions again, but not around the BART station. Instead, they want to restrict parking near the Stanford Avenue entrance to Mission Peak. That neighborhood has the city's high-

est property values and politicians are attentive to the residents' wishes. Last year, EBRPD was pressured to cut park hours by 33% and as a result park visitations fell 25%. But the decline in park hours and use did not appease local residents.

We recently learned "the District currently is engaged in conversations with the City of Fremont about a possible parking permit program in the neighborhoods surrounding Mission Peak." City of Fremont police would ticket cars without a permit, with an expired registration or for a missing front license plate. It would appear that EBRPD is being asked to fund the designated permit program since in the past the City of Fremont has refused entreaties from residents surrounding congested BART parking lots and the Stanford Avenue residents.

Permits aren't needed near the Stanford Avenue entrance, since residents already have plenty of space to park in their multi-car garages and wide driveways. Most residents don't park on the public streets day or night, while parking near the Fremont BART station is congested every day. On busy weekends, less than 5% of

the residents on Stanford Avenue have vehicles parked in their driveways which would indicate they are using their garages. A designated parking program would create unused public parking spaces which wastes needed street parking. Public parking is costly to build and to maintain and the proposed EBRPDfunded permits would deprive taxpayers of valuable public parking spaces and limit park access. The proposed plan works like Robin Hood in reverse, taking recreational access away from the public while allocating public land used for parking to a few wealthy residents.

Neither the city nor EBRPD have disclosed the goals, geographical boundaries, details of operation, or enforcement costs of the program. EBRPD has limited funds and spending public dollars to restrict access to a public park is contrary to their charter. In addition, funding a City program for a specific group of homeowners would harm EBRPD's public image and create difficulty when they reach out to the public for additional funding next year.

Wm Yragui Fremont



developing this project, including City of Hayward, Standard Process and Bank of the West. The Assembly Hall was partially financed by Standard Process with a \$500,000 donation to kick off the capital campaign.

Assemblymember Bill Quirk's office presented Life Chiropractic College West with a recognition certificate to acknowledge the importance these campus renovations will have on the student body and on the larger community.

From left: Dr. Bruce Chester, Life West Director of Clinic Competency; Adriaan Ferris, Life West Athletic Director; Dr. Ron Oberstein, Life West Chairman of Board of Regents; Dr. Brian Kelly, Life West President; Dr. Anatole Bogatski, Life West Executive Vice President; Scott Turner, Life West Board of Regents; Justin Toal, Standard Process of Northern California President; Gus Gottschalk, Life West Board of Regents and Chair of the Facilities Committee

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School Bus Map

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where the school bus

picks up students of Acorn Elementary. Mark

on the map places the bus stops, then draw the

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432 Cherry St.

222 Maple Dr.

449 Acacia Ct.

avoid being in the blind spot

by always taking at least 10

giant steps away from your

bus before crossing in front of it. And, always wait for

the bus driver or another

adult to tell you when it is

safe to cross the street.

747 Pine St.

GREEN

ST

ASH ST

ASH ST.

MANZANITA AVE

Many children are injured each year while getting on or off school buses. This is because the bus

driver cannot see the area that is 10 feet in front of the bus. This is called the **blind spot**.

Look at the overhead view of the school bus. Color in the blind spot. You can

0

ACIA

CHERRY ST.

SYCAMORE WAY

Beware the Blind Spot

Standards Link: Health and Safety: Students know basic traffic safety practices.

How many three-letter or longer words can you make from

this year's School Bus Safety Week phrase? If a letter only

appears once in the theme, it can only be used once in a new

word. For example the word peep would not qualify as the

Word Whiz Challenge!

letter **p** appears only once in the theme.

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE Find Kid Scoop on





OCTOBER 19-23

This year's theme for National School Bus Safety Week is Be Smart-Be Seen, I Wait in a Safe Place. While National School Bus Safety Week is always the third week of October, bus safety is a year-round subject.



Bus Safety Rules Match Game

These are some safety rules from Robin Padgett, a school bus driver from Lynchburg, Virginia. Write the number of the rule each student is talking about next to each student's face.

- 1. Be at the bus stop early.
- 2. Wait for the bus in a safe place – away from the road.
- 3. Listen to the bus driver and follow directions.

A bus is wider than a car, it gets very close to trees

and poles, you could be seriously

injured if you have any body parts outside the bus.

choke

on the

food and

the driver

might

not see

Standards Link: Health and Safety: Students know basic traffic safety practices.

ORANGE

- 4. Keep hands, arms and head inside the bus at all times.
- 5. Please don't eat or drink on the bus.

Make a safety poster for your class illustrating one of these rules.

Wait away from the road because a car could hit you if you are too close to the road.

The bus You could driver's instructions are for your

safety.

The bus driver may not see you running for the fall under the wheels

bus if you are late you could slip and

Master

Look through

today's newspaper for a number

written as a

numeral. Rewrite

the number as a

word using letters.

For example:

eighteen

7. Score of a local sporting

6. Headline of an article about

Kid Scoop

the following:

theaters.

1. The number of movie

grocery stores.

2. The names and locations of

3. Two apartments to rent.

4. Two homes for sale.

5. Name of a person who

works for the city's

government.

a local school.

Newspapers Know How To Get Around

Imagine you have just moved to a new town. The newspaper will help you get to know your new town! Look through the newspaper to find and list

8. A job that is available in town.

Standards Link: Language Arts/Research: Use newspapers to locate information.





... helping younger children with learning school bus safety rules.

This week's word:

NAVIGATE

The verb navigate means to steer or find your way through something.

The school bus driver carefully navigates the bus across town every morning.

Use the word navigate in a sentence today when talking with your friends and family.

Standards Link: Spell: Spell grade level words correctly. **Bus Trip**

Look through the newspaper and make a list of five or more places in your town. Now look at a map of your town. Imagine you are a school bus driver and have to visit all the places. Draw a route that would take you to each place in the shortest amount of time.

Standards Link: Social Science: Use map skills to interpret information.



BEWARE BLIND ROBIN **FLASHING** STOP **BILLION** NATIONAL **GIANT** DRINK

stories and activities. REVIRDGSCH BEWAREIOLO LISUCDAABU SKLAPKNIRD SEFLFOTIAN SEFEIETTLI YWVTBOTSOB PBAWUENYEO

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

How do bees get to school? ANSWER: By school buzz!

School Bus Adventure

One day I got on the school bus and to my surprise ... Finish this story.



Standards Link: Number Sense: Write numerals to 100.

WEEK **FACE** BUS

DRIVER

GNIHSALFKR

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency **MEETINGS**

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council Ist/2nd/3rd Tuesday @ 7 p.m. City Hall, Bldg A 3300 Capitol Ave., Fremont (510) 284-4000 www.fremont.gov

Hayward City Council Ist/3rd/4th Tuesday @ 7 p.m. City Hall, second floor 777 B Street, Hayward (510) 583-4000 www.ci.hayward.ca.us

Milpitas City Council 1st/3rd Tuesday @ 7 p.m. 455 East Calaveras Blvd., Milpitas (408) 586-3001 www.ci.milpitas.ca.gov

Newark City Council 2nd/4th Thursday @ 7:30 p.m. City Hall, 6th Floor 37101 Newark Blvd., Newark (510) 578-4266 www.ci.newark.ca.us

San Leandro City Council Ist/3rd Monday @ 7 p.m. 835 East 14th St., San Leandro (510) 577-3366 www.sanleandro.org

Union City City Council 2nd/4th Tuesday @ 7 p.m. 34009 Alvarado-Niles Rd., Union City (510) 471-3232 www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District 2nd Thursday @ 6:00 p.m. 43885 S. Grimmer Blvd., Fremont (510) 668-4200 www.acwd.org

East Bay Municipal Utility District 2nd/4th Tuesday @ 1:15 p.m. 375 11th St., Oakland (866) 403-2683 www.ebmud.com

Santa Clara Valley Water District 2nd/4th Tuesday @ 6:00 p.m. 5700 Almaden Expwy., San Jose (408) 265-2607, ext. 2277 www.valleywater.org

Union Sanitary District 2nd/4th Monday @ 7:00 p.m. 5072 Benson Rd., Union City (510) 477-7503 www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board 2nd/4th Thursday @ 7:00 p.m. 4400 Alma Ave., Castro Valley (510) 537-3000 vww.cv.k12.ca.us

Fremont Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 4210 Technology Dr., Fremont (510) 657-2350 www.fremont.k12.ca.us

Hayward Unified School Board 2nd/4th Wednesday @ 6:30 p.m. 24411 Amador Street, Hayward (510) 784-2600 www.husd.k12.ca.us

Milpitas Unified School Board 2nd/4th Tuesday @ 7:00 p.m. 1331 E. Calaveras Blvd., Milpitas www.musd.org (406) 635-2600 ext. 6013

New Haven Unified School Board Ist/3rd Tuesday @ 6:30 p.m. 34200 Alvarado-Niles Rd., Union City (510) 471-1100 vww.nhusd.k12.ca.us

Newark Unified School District Ist/3rd Tuesday @ 7 p.m. 5715 Musick Ave., Newark (510) 818-4103 www.newarkunified.org

San Leandro Unified School Board Ist/3rd Tuesday @ 7:00 p.m. 835 E. 14th St., San Leandro (510) 667-3500 www.sanleandro.k12.ca.us

San Lorenzo Unified School Board Ist/3rd Tuesday @ 7:30 p.m. 15510 Usher St., San Lorenzo (510) 317-4600 www.slzusd.org

Sunol Glen Unified School Board 2nd Tuesday @ 5:30 p.m. 11601 Main Street, Sunol (925) 862-2026 www.sunol.k12.ca.us

City of Fremont City Council

September 15, 2015

Consent Calendar:

- Authorize Sabercat Creek quality improvement application to Habitat Conservation Fund for creek bank stabilization.
- Award contract of \$680, 500 to Integra Construction Services for sidewalk realignment and

Ceremonial Items:

• Issue resolution celebrating 25-year anniversary of Museum of Local History

Public Communications:

- Comment regarding controlling growth of the City
- Comment regarding need for affordable housing, especially

Council Referrals:

• Comment and follow-up on Vision Zero initiative for Fremont to promote comprehensive "safety first" transportation pol-



Celebrating 25-year anniversary of Museum of Local History

cricket batting cages at Northgate Community Park.

- Award contract of \$2,898,078.61 to Robert A. Bothman Construction for Central Park fields 9 and 10 for synthetic turf conversion.
- Approve State Street mixeduse Disposition and Development Agreement and amend the Development Agreement between the City and Fremont State Street Center, LLC.

icy. Staff will prepare a "Vision Zero Fremont" report early 2016.

• Ask staff to address rapid development activity concerns raised about infrastructure and quality of life for residents. Mayor Bill Harrison Aye Vice Mayor Suzanne Lee Chan Aye Vinnie Bacon Aye

Lilly Mei Aye Rick Jones Aye

Milpitas City **Council Meeting**

September 15, 2015

Public Hearing

• Hold a public hearing and adopt the fiscal year 2014-15 community development block grant's consolidated annual performance evaluation report.

Unfinished Business

- Review and approve the request for proposals for a city of
- Milpitas Ethics Hotline. • Receive update on proposed amendment to current janitorial contract to increase hourly wage rates and direct staff accordingly.

Reports of Mayor and Commission

- Consider mayor's recommendations for appointments to
- city commissions. • Per Parks, recreation and Cultural Resources Commission, approve the revised rules and regulations for the Cesar E. Chavez Community Garden.
- Receive a presentation on the recycling and Source Reduction Advisory Commission and approve the 2015-16 Work Plan.

New Business

- Authorize the selection process to appoint a public representative and alternate to serve on the South Bay Odor Stakeholder
- Receive report on Milpitas Super Community Committee Marketing Plan
- Receive Presentations and approve the conceptual plan of the Milpitas Sports Center sports
- Receive the preliminary yearend financial report for fiscal year ended June 30, 2015.
- Approve the restoration of employer's PERS contribution for unrepresented employees.

Ordinance

• Waive the second reading and adopt ordinance restricting use of single-use carry-out bags. (4 ayes, 1 no: Giordano)

Resolutions

- Adopt a resolution adding one Administrative Analysis II position and reclassifying an existing maintenance custodian position and appropriation of \$182,000 from the general fund for a Public Works Manager.
- Adopt a resolution opposing the transport of hazardous crude by rail along the Union Pacific Railway through Milpitas and Santa Clara County.

Agreements

- Approve amendment to the master agreement with the Santa Clara Valley Transportation Authority related to the Silicon Valley Rapid Transit Program Berryessa BART extension project extending the term to February 28, 2017, increase by \$646,1000 and approve a budget appropriation of \$300,000.
- Approve amendment to the consulting services agreement with Vali Cooper & Associates, Inc. extending the term to October 31, 2016 and increasing compensation in the additional amount of \$310,000 to continue support on the Silicon Valley Rapid Transit Program Berryessa Park extension and Montague Expressway widening projects.
- Approve a consultant agreement with CSG Consultants, Inc. for staff augmentation services, for the capital improvement program for na annual amount not to exceed \$150,000. Mayor José Esteves: Aye

Vice Mayor Carmen Montano:

Debbie Indihar Giordano: Aye, 1 Nay Garry Barbadillo: Aye

Aye

Marsha Grilli:

TAKES FROM SILICON VALLEY EAST



About Takes From Silicon Valley East TheDailyBeast called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silican Valley scene itself, we're telling the stories that are advancing business here.

To subscribe to all blog posts scan this QR Code or visit ThinkSiliconVallev.com/silicon-vallev-east/

It Takes a Village to Build a Workforce





Unified School District SUPERINTENDENT

The following article was originally printed on July 31, 20015 in Silicon Valley Business Journal's Redefining What it Means to be a Silicon Valley City Advertising Supplement on page 12.

Dr. Morris recently met up with a former student on Facebook's campus and noticed something interesting. There were no pencils or books at people's desktops. This realization sparked a nagging question for the leader of one of Silicon Valley's highest achieving school districts — "Are we preparing our kids for the jobs of the future?"

This kind of introspection reflects district leadership that is keenly aware of its surroundings, and is serious about its role in shaping young lives. And it's not just about the grades. Although Fremont schools are known for stellar test scores, the district is especially proud of its strong commitment to service learning, giving back, and "raising kids that are decent human beings".

When this philosophy is blended with an innovation agenda, FUSD's value proposi-

Dr. Jim Morris, Fremont tion is hard to beat. Parents support a large variety of enrichment activities, ranging from robotics to athletics. All elementary schools have science labs, and certified specialists who teach science. "Teachers understand they are raising innovators who think differently," said Dr. Morris.

One place where innovation will be on full display is in South Fremont's Warm Springs District. A unique public/private partnership with three housing developers adjacent to the new BART station will allow FUSD to build its first new school in 27 years. "This school is bringing together the staff and the community to do something great," said Dr. Morris. The multi-level campus will be designed around a library/media lab, and will include a joint-use city/school park, making it the hub of the community. "Imagine providing directions to your school at the corner of Innovation Way and Education Avenue," laughs Dr. Morris.

As conversations take place surrounding the district-wide effort to make Fremont a national leader in "MakerEducation", there's no doubt that Fremont's K-12 students reside at an enviable intersection.

Park District moves to purchase ridgetop scenic area

SUBMITTED BY CAROLYN JONES

The East Bay Regional Park District (EBRPD) Board of Directors voted unanimously on September 1 to enter into an option to acquire 362 acres of the former Wiedemann Ranch on the

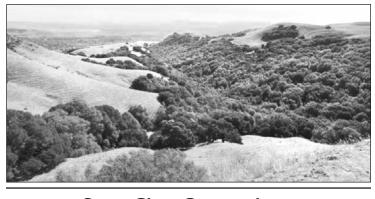
western edge of San Ramon. The stunning, pristine parcel will connect Bishop Ranch Open Space Preserve and Dublin Hills Regional Park, preserving one of the most visible hilltops in the San Ramon Valley and providing a critical link in the popular Calaveras Ridge Trail.

The Park District bought the property from the Wiedemann

family for \$2,048,000, its appraised fair market value. The funding will come from Measure WW, a \$500 million bond approved by Alameda and Contra Costa county voters in 2008 to preserve open space and wildlife habitat in the East Bay.

The property will eventually become part of Bishop Ranch Open Space Preserve, nearly doubling the park's size to just over 800 acres. Until a land-use plan is completed and approved, the Wiedemann property will be land-banked.

For more information, call (510) 544-2217 or email: cjones@ebparks.org



Santa Clara County closes hospital construction site

SUBMITTED BY

GWENDOLYN MITCHELL

On September 11, the County of Santa Clara issued a notice of Suspension of Work to Turner Construction for failure to make progress on both the Hospital Bed Building and the North Utility Loop Projects. The notice comes after Turner Construction's failure to make progress on the languishing projects and its failure to submit a satisfactory plan of action to complete the projects in a reasonable time for a reasonable cost.

Effective immediately, all Turner Construction employees, and its subcontractors' employees have been ordered off of the construction site. The construction site has been locked and notice of the work suspension has been posted at the site.

For further information, contact the Office of Public Affairs at (408) 299-5119.

OPINION



WILLIAM MARSHAK

he refrain, "If I only had a brain" from the scarecrow in the 1900 novel (and subsequent films) The Wonderful Wizard of Oz, written by L. Frank Baum is a wistful allusion to the importance of understanding the difference between stupidity and ignorance. Although the scarecrow believes he cannot function sensibly without the wizard's intervention, he is actually the most thoughtful of all characters throughout Dorothy's adventure. When supported by the wizard's proclamation of wisdom, scarecrow is able to overcome insecurities and acknowledge his innate intelligence.

The allegory can be applied to the political scene as well. As a collective conscience of the community, public input can be a powerful font of wisdom if it believes in its power. Without public input and correction, it is easy for political leaders to forget that they attained their position through ballots. Others, hired or appointed, within

Scarecrow's Lament

governmental structure may also lose sight of their role... to represent, not dictate to, their constituency.

A sense of privilege can infiltrate even the strongest advocates of community-led development. A narrow focus can outweigh values outlined in general plans and city focus. Fremont's Mayor Harrison has asked through a council referral to take a step back from the onslaught of developments proposed for the City of Fremont and analyze how these are impacting the City, its services and infrastructure. The flurry of development has caused concern by citizens who are worried about how this will impact the character, schools, utilities and quality of life. Just like the scarecrow, the innate wisdom of citizens is revealed when constituents take part in discussions and city growth patterns by asking hard questions; the road to a better future can be revealed.

The latest development proposal on Walnut Avenue will replace one of the last remaining agricultural acreage with residential development. Not only will open space disappear, but looming, multi-storied structures that will replace it will significantly alter the character and traffic flow of the area. Sheer mass and density of the proposed development is of great concern to existing residents of the area. As the City approves more and more of such developments as "infill" and Transportation Oriented Development, the question often raised by residents is: How much is too

When will the myriad of developments overpower traffic flow? When will our

schools be unable to absorb any additional students? Who can afford starter residences priced at over \$500,000? At what point do we risk growth that threatens the character of our cities? How does a "strategically urban" concept compliment existing suburban life?

It will be interesting to hear the response to Mayor Harrison's referral. It may be that rapid growth is inevitable and a positive trend for Fremont. However, to pause and consider what is happening and how it affects the General Plan is a good idea. With a bit of time to reflect, we may just find more clarity of what is good for all of us including current residents of Fremont. With his newfound brain, the scarecrow says:

I'd unravel any riddle

For any individ'le

In trouble or in pain

With our collective public brain, we can also unravel the riddle.

William Mandalk

William Marshak PUBLISHER

Celebrate Fremont's 60th Anniversary

SUBMITTED BY CHERYL GOLDEN

Next year represents a big milestone for Fremont – the celebration of its 60th anniversary. On January 23, 2016, the City of Fremont will host a celebration to applaud how far the City has come in the past 60 years, from establishing itself as a city to creating a brand new Downtown for its residents.

To memorialize this exciting day, Fremont will be holding a time capsule ceremony. The time capsule, which will include items that reflect Fremont's culture, diversity, life, and energy from the perspective of our city's youth, will be assembled at the event and installed on the site of the City's future Civic Center. The contents are being collected via a partnership with the City's Youth Advisory Commission and Fremont Unified School District. Intended to be opened at the City's 100th anniversary, Fremont's newest generations will have the honor of opening the time capsule and uncovering pieces of Fremont history.

In addition to this memorable ceremony, a section of Capitol Avenue will be closed to cars for a festive community picnic in the middle of the street! Stay tuned for more information as we get closer to the event.

Local businesses, nonprofits, and community groups are also invited to host various festivities to commemorate the celebration throughout 2016. Between now and next January, get a head start on planning such festivities for this memorable occasion. It can be as simple as weaving in the City's 60th anniversary into events already being planned for 2016 or creating a new signature event to commemorate this milestone.

To spread the word, a calendar of events will be posted to the City's website to share when and where 60th anniversary events will be happening. Don't miss out on this opportunity to experience fun and fellowship with other Fremont community members as we celebrate our City's achievements over the past 60 years.





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Hayward City Council

September 15, 2015

Presentation:

• A certificate of commendation was awarded to Rich La-Plante, who is retiring from the Keep Hayward Clean and Green (KHCG) Task Force and now an honorary lifetime member.

Boards, Commissions, Committees and Task Force:

• A swearing in ceremony was held for the appointment and reappointment of officers to the Community Services Commission, KHCG Task Force, Library Commission, Personnel Commission, Planning Commission, and Downtown Business Improvement Area Advisory Board.

Consent:

- Council approved plans and specifications for sanitary sewer system repair at various locations. The contract was awarded to JMB Construction, Inc.
- Council approved resolution awarding construction contract to Teichert Construction for the Hayward Executive Airport – Southside New Access Road Project.

- Council approved resolution accepting a conditional 2014 Designated Program Year funding allocation from the Department of Housing and Community Development in an amount not to exceed \$1.1 million.
- Council approved resolution awarding contract to Proven Management, Inc. for installing a water main loop to supply BART Hayward Maintenance Complex.
- Council approved resolution authorizing city manager to negotiate and execute professional services agreement with Kleinfelder, Inc. for the design of New Garin Reservoir and pump station improvements.
- Council approved resolution awarding construction contract to T.B. Penick & Sons, Inc. for the 21st Century Library and Community Learning Center, and Heritage Plaza Arboretum Project in an amount not to exceed \$52.6 million. Representatives from Friends of the Hayward Public Library, as well as Hayward Unified School District Trustee Lisa Brunner and Assemblymember Bill Quirk expressed their support in the project and stated their concerns that the old library has a lot of safety issues. However, some members of the art community

expressed their stand against the demolition of the old library, suggesting a need for a performing arts building. (Lamnin – Nay)

• Council approved plans and specifications for Sidewalk Rehabilitation and Wheelchair Ramps FY 2016 – Districts 1 and 8 Project. A notice was issued calling for bids to be received by October 13

Work Session:

• Council provided input on the amendments to the city's livestock regulations related to keeping of chickens and other fowl. The current ordinance requires owners to have an administrative use permit, which costs \$500. Staff presented two alternatives — to either have a permit or not. Most councilmembers advised to still have a permit to keep track of who the owners are and how many chickens they have. Council also advised to make the permit process easier and less costly.

Mayor Barbara Halliday Aye Mayor Pro Tempore Al Mendall Aye

11y C	
Francisco Zermeño	Aye
Marvin Peixoto	Aye
Greg Jones	Aye
Sara Lamnin	Aye, 1 Nay
Elisa Márquez	Aye

Hayward beautification and clean-up event

SUBMITTED BY CITY OF HAYWARD

From the hills to the shoreline, Hayward's beauty and environmental health depends on all of us. Join us on Saturday, September 26 to help beautify Hesperian and the Mt. Eden neighborhood and connect with your fellow Hayward residents while qualifying for community service hours!

We will be painting fences and doing some water conserving

hardscape along Hesperian Blvd. to help show our neighbors that even during a drought there are still plenty of ways to beautify your neighborhood!

Supplies, instructions and maps will be provided. Bring your gloves!

This event will feature Electronic Waste Management, a locally owned and operated E-waste disposal company, who will be accepting E-waste for recycling.

Meet at 27836 Loyola Ave, at 8:30 a.m. and be ready to go! Save yourself some time by signing up in advance! Register online at: www.hayward-

ca.gov/khcg/register.

Hayward Beautification and Clean-Up Saturday, Sept 26 8:30 a.m. – 12:00 p.m. 27836 Loyola Ave, Hayward www.hayward-ca.gov/khcg/reg-

City of Fremont News Briefs

SUBMITTED BY CHERYL GOLDEN

Join the Sabercat Creek Restoration Project

The City of Fremont was recently awarded a \$1.2 million grant from the Resource Agency California River Parkway Program for creek restoration and additional improvements to Sabercat Creek and its surrounding area. This includes five restoration sites that have an ongoing need for volunteers.

Join the City of Fremont's Environmental Services on the first Saturday of every month from 10 a.m. to 1 p.m. Help plant native trees and shrubs, remove non-native vegetation and weeds, restore plant basins and mulch mats, and learn the importance of plants for our environment.

Please visit www.Fremont.gov/SignupHabitatRestoration to sign up. No special training is required.

Study Session Scheduled for Walnut Residences Project

The City of Fremont Planning Commission will hold a Study Session to receive a presentation identifying potential alternative designs for an urban residential project proposed at 1031 Walnut Ave. Following the presentation, the public will be given the opportunity to comment on the design alternatives.

Upon conclusion of public comments, the Planning Commission may then provide their comments to assist with further refinement of the project. No formal decisions or recommendations will be made on the project at the Study Session on Tuesday, September 29 from 7 p.m. to 9 p.m. at Fremont City Hall – Council Chambers – 330 Capitol Avenue, Bldg A.

For questions and comments, please contact Bill Roth, Associate Planner, at broth@fremont.gov or 510-494-4450.

Proper Garbage Bin Storage

Please do your part to keep our neighborhoods beautiful! All Republic Services garbage and recycling containers must be removed from curbside within 24 hours of collection, and carts are to remain hidden from view so they cannot be seen from the street.

Benefits of Dance

Are you looking to get your child involved in a dance class like tap or ballet? Check out the City of Fremont's Dance Program. We offer a wide variety of tot, youth, and adult dance classes throughout the year. We believe that every child should have the opportunity to participate in a youth dance program that is safe and fun. Our staff provides each participant with positive experiences, fostering love for dancing. There are end-

less opportunities to learn something new, refine your skills, or just meet new friends. Join us for the opportunity to introduce your child to the basics of dance. Your little one will have fun dancing and twirling to the music while learning the fundamentals of dance!

For more information about the dance program, contact Debra at dcrenshaw@fremont.gov or 510-791-4351.

Fremont Launches Residential Solar Discount Program

The City of Fremont has recently launched a new program called East Bay SunShares, designed to help local residents obtain rooftop solar electric systems. In partnership with the nonprofit Vote Solar Initiative and other East Bay cities, East Bay SunShares pools the buying power of local homeowners to get more competitive pricing from solar companies, making going solar easier and more affordable than ever for residents.

Through this program, residents can take advantage of discounted pricing from two local solar firms to purchase rooftop solar systems as low as \$3.50 per watt, which is 15 percent lower than the average cost of installation in the Bay Area. American-made panel and inverter options are also available at a slight cost premium.

Obituary



Robert John Palowoda II

April 11, 1957 - September 11, 2015

Born in Warren, Michigan, Bob was the oldest child of Robert and Phyllis, and grew up as part of a large, close-knit Polish community in the Detroit area. He spent a lot of his time in upstate Michigan while he was growing up, where he developed a deep love for camping and fishing.

Bob was a remarkable man, with many interests—he seemed to have been born with an understanding of how things fit together and a high aptitude for electronics—as a youngster he industriously repaired and sold junked TV sets he found at a friend's junkyard. After a career as a mechanic on GM and high performance imports, he moved to Fremont, California to work in high-tech, initially with Megatest Corporation, and eventually as a performance engineer with Sun Microsystems.

He was an amazing gardener, raising delicious heirloom tomatoes on plants that were over 16 feet tall. He was an experimental gourmet cook, creating wonderful meals on the fly, and gifting his friends with jars of homemade pickles, home-smoked salmon and crawfish bisque. He loved to travel, enjoying trips to Sweden, Italy and Mexico, but his favorite activity of all was fishing.

He will long be mourned by a tech community across the world, who will miss the generous support he provided through his website, fiver.net, to UNIX developers and support staff, and through which he made friends across the world. He is survived by his birth family: mother Phyllis, brother Mark Palowoda, sisters Cathy (Guzick) Pool and Susan Guzick and their families, and his daughter, Kelli Palowoda. He is deeply mourned by Margaret Thornberry, daughters Katy and Tessa, and grandson Ellory—his family by love for the past 21 years—and by friends too many to mention.

Time and location for a celebration of Bob's life will be announced at a later time.

East Bay SunShares is a limited-time opportunity that launched August 3 and runs until mid-October. Both residents and people who work in Fremont are eligible for the program, as well as family and friends.

Attend the upcoming informational workshop on Tuesday, September 29 from 7 p.m. to 8:30 p.m. at the Fremont Main Library (Fukaya Room B), located at 2400 Stevenson Blvd. Please register online at http://sunsharesfremontworkshop2.eventbrite.com.

Homeowners are invited to take the Fremont Green Challenge and sign up with East Bay SunShares to receive a no cost, no obligation site evaluation and learn how to plug into the sun now to save on utility bills for years to come. Visit www.Fremont.gov/Sunshares for more information and to register. For more details about the Fremont Green Challenge, please visit www.Fremont.gov/Green-Challenge.

Plans for Artist Walk in Centerville

In Fremont's Centerville District, the City is working toward finalizing the sale and development of the Centerville Unified Site, one of the largest properties last held by the former Fremont Redevelopment Agency. The property will include a high-quality, mixed-use development known as Artist Walk. It will feature 28,000 square feet of ground-floor commercial space along Fremont Boulevard, 185 residential apartments, and a privately-owned and -operated community room that will be made available to all residents for art exhibitions and meeting space.

Artist Walk will attract a new mix of retail, restaurants, and business services that can help create a walkable shopping environment, a "sense of place" for the community, and serve as a catalyst for the revitalization of Centerville. We anticipate that this project will break ground by this fall.

From Silk to Spice

SUBMITTED BY INDIA COMMUNITY CENTER

Please join India Community Center (ICC) on Friday, September 25 as we celebrate South Asian culture and mingle with friends and leaders from our community at the "12th Annual Banquet: From Silk to Spice." Enjoy an inspiring, fun-filled and memorable evening in support of North America's largest Indo-American Community Center, serving over 15,000 individuals from children to seniors and welcoming over 100,000 guests annually.

Funds raised will support ICC's events and programs, which build a sense of community and strengthen a broad and inclusive South Asian identity, while cultivating greater understanding within the community at large. ICC's operational budget is primarily funded through the generous support of individual donors at our annual fundraising banquet. Your support helps us continue to offer our numerous no-cost and low-cost community programs and services.

Limited tickets are available for \$1,000 (silver), \$1,500 (gold) or \$2,500 (platinum) each. For tickets or sponsorship opportunities, visit www.indiacc.org/2015Banquet.

12th Annual Banquet: From Silk to Spice

Friday, Sep 25
6 p.m.: Cocktail Reception
7:30 p.m.: Program & Dinner
9:30 p.m.: Dancing
India Community Center
525 Los Coches St, Milpitas
(408) 934-1130
www.indiacc.org/2015Banquet
Tickets: \$1,000 silver; \$1,500 gold; \$2,500 platinum

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Obituaries



Fremont Memorial Chapel (510) 793-8900 FD 1115 3723 Peralta Blvd. Fremont www.fremontmemorialchapel.com

> James P. McRhoads, Jr. RESIDENT OF UNION CITY

December 9, 1953 - September 7, 2015

Daniel A. Christensen RESIDENT OF FREMONT October 7, 1955 - September 17, 2015

Charles Falepopo Campbell RESIDENT OF MANTECA

January 9, 1975 - September 17, 2015

Alexander Chen RESIDENT OF UNION CITY November 29, 1933 - September 19, 2015

Gilda P. Lee-Guedon RESIDENT OF FREMONT August 29, 1951 – September 19, 2015



Fremont Chapel of the Roses (510) 797-1900 FD1007 1940 Peralta Blvd., Fremont www.fremontchapeloftheroses.com

East Bay Park District urges extreme fire caution

SUBMITTED BY CAROLYN JONES

In light of the record-setting drought and ongoing wildfires ravaging parts of California, East Bay Regional Park District (EBRPD) fire officials are urging the public to practice extra caution during this hot, dry season.

"Because everything is so dry, any small fire has the potential to become a catastrophe," said EBRPD Fire Chief Dan Mc-Cormick. "All fire departments are on high alert right now and are assisting with fires throughout the state. We all appreciate the public's cooperation and support as we try to keep our state safe."

"We have a responsibility to keep the East Bay Hills safe for the public, our employees, and wildlife. We take this very seriously," said Park District General Manager Robert Doyle. "Given the very serious drought conditions, all fire prevention efforts are urgent."

Here are some reminders on how the public can help minimize fire risks: Homes adjacent to parks should have at least 100 feet of defensible space. Don't drive over or park on dry grass. If you see smoke, call 911. Extinguish all campfires and barbecues.

For more information about fire safety and updated advisories, go to www.ebparks.org/fire-warning.

Chapel of the ${f A}$ ngels

James M. Stone RESIDENT OF FREMONT July 31, 1939 - September 19.2015

Sr. Mary Hilary Miller RESIDENT OF FREMONT

October 20, 1924 - September 7, 2015

Elsie O. Green RESIDENT OF NEWARK

February 20, 1923 - September 8, 2015 Karl D. Felperin

RESIDENT OF NEWARK May 1, 1937 – September 6, 2015

Duyen T. Tran RESIDENT OF FREMONT

December 14, 1920 - September 8, 2015 **Sumit Agnihotry**

RESIDENT OF FREMONT August 21, 1977 - September 8, 2015

Robert J. Palowoda, II RESIDENT OF FREMONT

April 4, 1957 - September 11, 2015

Gilbert F. Prevette RESIDENT OF FREMONT

October 1, 1936 - September 11, 2015

Evelyn R. Youngberg

RESIDENT OF FREMONT January 18, 1943 - September 13, 2015

James F. Ferenz, Sr.

RESIDENT OF FREMONT October 31, 1945 – September 14, 2015

Jeanne M. Vierra RESIDENT OF FREMONT

February 24, 1934 - September 13, 2015

Faith E. Tootell RESIDENT OF FREMONT June 21, 1955 - September 15, 2015

Lucille Tao

RESIDENT OF FREMONT December 6, 1924 - September 16, 2015

Gabriel G. Pons RESIDENT OF FREMONT

November 23, 1937 - September 14, 2015 Richard P. Taylor

RESIDENT OF FREMONT November 17, 1968 - September 17, 2015

> Martha L. Butts RESIDENT OF FREMONT

August 7, 1938 - September 17, 2015 Maria F. Monteiro RESIDENT OF SAN IOSE

July 7, 1926 - September 17, 2015 Sister Ruth Faisca RESIDENT OF FREMONT

May 13, 1933 - September 17, 2015 Jackie L. Goodfriend

RESIDENT OF FREMONT July 13, 1933 - September 18, 2015

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Obituary

Willetta J.(Billie) Montgomery

April, 21,1929 - September, 13, 2015



Former Fremont Resident Born April 21, 1929 to William and Harriet (Valentine) Namestka. Billie was preceded in death by her husband of 68 yrs, Fred A (Monty) Montgomery and infant son, Thomas Allen Montgomery. Survived by children Debra Crutchfield (Travis), Dana Perez (Guadalupe), Barry Montgomery, Teddi Parsons (Rick) and Tammy Gunderson (Gordon) 13 grandchildren and 13 greatgrand children and a great-grandchild due in October. Also survived by her Aunt Lillian Namestka Bowers, nieces, nephews and cousins.

Billies wish was to be cremated and have her ashes scattered in the mountains near Lake Tahoe, Nevada where Monty's ashes were also

Billie and Monty are now dancing in Heaven together forever. A memorial service was held for Billie in Lexington, South Carolina

Obituary

Joanne Jennie Jones

Jan. 22, 1954 - Aug. 30, 2015

Resident of Fremont

Beloved wife, mother, and grandmother Joanne Jennie (Fiedler) Jones, born January 22, 1954 in Portland, Oregon passed away in her sleep on August 30, 2015 in Fremont, CA. Survived by her devoted husband, Mark Jones (married January 1, 1995), loving children; daughters, Jacquelyn Lean, Angela Jones and son, Ezekiel Jones. Grandchildren; Emma and Ethan Cox, Wesley Jones, and Eve Walsh. She gave us strength through her strength and taught us what unconditional love is. "Keep us forever in Your watch til we can walk again with light hearts and renewed spirits."

Health Equity Strategic Plan

SUBMITTED BY ANITA GORE/ ORVILLE THOMAS

The California Department of Public Health (CDPH) Office of Health Equity (OHE) has released a strategic plan, Portrait of Promise: The California Statewide Plan to Promote Health and Mental Health Equity, that examines health and mental health equity, and the social, economic, and environmental conditions that affect health. These social determinants of health shape the health of communities.

"As a physician and a public health officer, I have seen firsthand how those who suffer the stresses of poverty and discrimination also suffer disproportionately from conditions that shorten lives and lower quality of life," said Dr. Karen Smith, CDPH director and state health officer. "With a better data-based understanding of the causes and consequences of inequity, we will be better prepared to take the steps to improve the health of all Californians."

OHE was formed within CDPH in order to eliminate unjust and preventable disparities in health and mental health for all California residents. Portrait of Promise is the first demographic report and statewide strategic plan for OHE. It presents evidence on the root causes of health inequities and offers strategies on how to address them.

According to Portrait of Promise: The California Statewide Plan to Promote Health and Mental Health Equity, almost one in four children in California lives in poverty, which is one factor that negatively impacts health. Other inequities include:

The death rate for African Americans is higher than all races/ethnicities

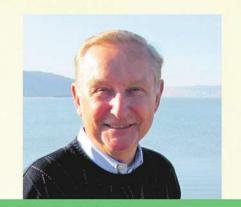
African American families are twice as likely as White families to suffer the loss of an infant

Lesbian, Gay, Bisexual, Transgender, Queer and Questioning (LGBTQQ) youths attempt and complete suicide more often than their straight peers

Compared with the salaries paid to men, women still make less for the same work

Portrait of Promise calls for better data collection and analysis to identify and respond to inequities, strategic communication to build awareness and enlist support in the fight against them, and changes in infrastructure aligned with the equitable health needs of the community. The strategic plan calls for leveraging the collective strengths of public and private resources in order to address the causes of the disparities.

Portrait of Promise: The California Statewide Plan to Promote Health and Mental Health Equity is available on the CDPH website: www.cdph.ca.go



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Tom MacDonald Founder

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Fremont Symphony opens 52nd season

SUBMITTED BY CARYL DOCKTER

he Fremont Symphony Orchestra's 2015-16 season offers wonderful variety—composers from America, Europe and Asia spanning four centuries, a range of outstanding vocal and instrumental soloists and several remarkable guest conductors.

"Eurasian Journey," on Saturday, September 26, opens the season with Korean-American guest conductor Jung-Ho Pak leading the orchestra. Described by the New York Times as a conductor who "radiates enthusiasm" and the Los Angeles Times as "a real grabber," Jung-Ho Pak is known for his unique vision of the role of classical music. Artistic Director of the Cape Cod Symphony, Pak has worked with world-class artists ranging from Yo-Yo Ma to James Taylor and has conducted orchestras around the world.

Soloists on September 26 include Meredith Brown in Mozart's Second Horn Concerto; organist Michael Touchi in Poulenc's dramatic Concerto for Organ, Strings and Timpani; violinists Philip Santos and Matthew Oshida in Chen Yi's Romance of Hsaio and Ch'in and flutist Marian Concus in Takemitsu's evocative Toward the Sea. Works by Tchaikovsky and Jenkins complete the program.

On November 20 the celebrated pianist Jon Nakamatsu will present a recital of works by Mozart, Schubert, Schumann and Chopin—a rare opportunity to hear



this incomparable artist. Nakamatsu won the prestigious Van Cliburn Piano Competition in 1997—the only American to win that distinction since 1981—and since then has concertized throughout the world with major symphony orchestras, with chamber ensembles, in solo recitals and on extensive recordings.

The Valentine's Day concert on February 14, 2016, brings passionate symphonic forces to bear on a wealth of romantic music, with Guest Conductor Jason Klein on the podium. The program includes Borodin's Polovtsian Dances, Wagner's Prelude and Love Death from Tristan and Isolde and Puccini's "Mario, Mario" from



Tosca with soprano Marie Plette and tenor Alex Boyer; Fauré's Pavane, selections from Bernstein's West SIde Story and Ravel's hypnotic Boléro.

Continuing in the romantic vein, The French Connection on April 2 features the Fremont Symphony String Quartet in Gershwin's An American in Paris and Debussy's String Quartet, along with French love songs by Fauré, Poulenc, Hahn and Massenet with soprano Carrie Hennessey, baritone Zachary Gordin and pianist Bryan Nies.

Accent on Youth completes the season on May 14, 2016, with the renowned Michael Morgan returning to Fremont.

Morgan will introduce three gifted young conductors leading the orchestra in works written when the composers were (almost unbelievably) 17 years old—Mendelssohn's familiar Midsummer Night's Dream Overture and Bizet's Symphony in C, and the tender Adagietto from Mahler's Symphony No. 5. Morgan himself will take the podium for Beethoven's Violin Concerto with our own Young Artist Competition Laureate David Southorn as soloist.

All concerts will be presented at Prince of Peace Lutheran Church, beginning 8 p.m. The church offers fine acoustics, comfortable seating and ample free parking. Post-concert receptions, hosted by the Fremont Symphony Guild, provide refreshments and an opportunity to meet and mingle with the musicians and other concertgoers.

Single tickets range from \$50 to \$70 for adults, \$20 for students. Season tickets provide a discount along with guaranteed seats for each performance. For tickets or more information, visit fremontsymphony.org or call (510) 371-4859.

Fremont Symphony Presents
"Eurasian Journey"
Saturday, Sept 26
8 p.m.
Prince of Peace Lutheran Church
38451 Fremont Blvd, Fremont
(510) 371-4859
fremontsymphony.org
Adults \$50-\$70 / Students \$20

Relive the

Stone Age at Coyote Hills

PHOTOS COURTESY OF DINO LABISTE AND MARK DELLINGES

Before the emergence of television, computers, smartphones and other technological advances, early humans relied on primitive tools for survival. There was no GPS navigation application to guide you or Internet to help you figure out how things work. Instead, humans in the prehistoric era made use of whatever tools were available to them. During the Stone Age humans used bone and stone tools for hunting, cleaning animal hides, making weapons and more.

On Sunday, September 27, Coyote Hills Regional Park will go back in time for the sixth annual "Stone Age Olympics," where guests will have the opportunity to participate in activities such as casting prehistoric dart throwers called atlatl, creating fire by rubbing sticks together, tossing a rabbit stick, flinging a bolas (weighted cords to tangle animals), and other age-appropriate primeval contests. Skilled flintknappers will transform rocks into arrowheads and various functional tools. There will also be stone tool presentations and an opportunity to create cave paintings.

The event is led by Dino Labiste, naturalist at Coyote Hills, who has done a lot of programs with a similar theme in the past. These programs later accumulated into one major event – the annual Stone Age Olympics. "It's a really fun event where people get a chance to learn some of the tools and skills that are used by early humans," he said. "You can think of



this as the first technology of humans – Stone Age tools in which humans actually learn how to control their environment and learn to work as a group, as a community and as a team."

The scores for the atlatl competition will be recorded and submitted to the World Atlatl Association. First place winners from the men's, women's and youth divisions will receive plaques.

Parent participation is required; no registration is needed for this free event. It is strongly advised to bring lunch and dress appropriately for the weather. For more information, call (510) 544-3220.

Stone Age Olympics Sunday, Sep 27 10 a.m. – 3 p.m. 10 a.m. – 12 p.m.: Atlatl Competition
Dairy Glen Campsite
Coyote Hills Regional Park
8000 Patterson Ranch Rd,
Fremont
(510) 544-32204

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Stephen F. Von Till, Attorney at Law

B.A., Humanities, Magna Cum Laude, Michigan State University Juris Doctor, University of Illinois (7th in class) Quoted by Ralph Nader in his book "No Contest" (1996) Instructor Stanford Univ. Advanced Trial Advocacy 1995 - Present Faculty, Santa Clara University School of Law 1987 Editor, University of Illinois Law Review California Supreme Court Cases

LEILA N. SOCKOLOV, ATTORNEY AT LAW

B.S. in Biological Sciences, Cal. Polytechnic State Univ. Juris Doctor, Cum Laude, University of Illinois Instructor, Engineering Ethics, University of Illinois

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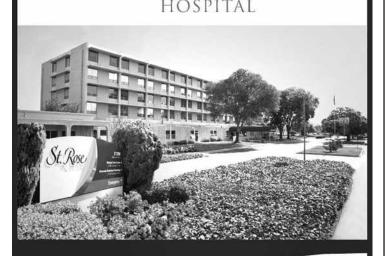
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Hayward Police Department's Coffee with a Cop

SUBMITTED BY HAYWARD PD

Join your neighbors and meet Hayward Police Officers for coffee and conversation! This is your chance to ask questions, voice concerns and get to know your Hayward PD!

Coffee with a cop Thursday, Oct 1 9 a.m. – 11 a.m. éko Café - Coffee Bar & Tea House 1075 B St, Hayward (510) 293-7272

Free CERT (Community **Emergency Response** Team) Program

SUBMITTED BY HAYWARD FIRE DEPARTMENT

When a disaster strikes, do you know what to do before professional help arrives?

The Hayward Fire Department is providing a free CERT Training Program which will consist of four evening indoor classes and one outdoor "hands on" skills class. Participants learn skills that will enable them to provide emergency assistance to their families and immediate neighbors as well as organize a neighborhood team response.

Training will take place on five Mondays: October 5, 19, 26 and November 2 and 9.

You must attend all classes in order to receive certification. CERT training is for all City of Hayward and Fairview residents. Residential verification will be required during the final application process and all applicants must be 18 years-of-age or older.

Residents who are interested in this free training can sign-up by sending their name, phone number and address by email to Hayward.CERT@haywardca.gov. Space is limited. Successful applicants will receive notification by email acknowledging enrollment into the program and further directions.

If you do not have internet access or to request further information, call the Hayward Fire Department's Public Education Officer at (510) 583-4948.

Hayward CERT Program

Monday, Oct 5, 19, 26 and Nov 2 (Classes 1-4) 6:00 - 9:30 p.m. **Hayward City Hall** 777 B St, Hayward

Monday, Nov 9 (Class 5: Skills Class) 6:00 p.m. - 9:30 p.m. Fire Station #6 1401 W. Winton Ave, Hayward

Register: CERT@hayward-ca.gov (510) 583-4948 Free

Newark Police Log

SUBMITTED BY CMDR. MIKE CARROLL, NEWARK PD

Tuesday, September 8

At 1:04 p.m., Ofc. Taylor investigated a suspicious circumstance at a residence in the 38700 block of Jonquil Drive. According to the caller, two adult black males associated with a dark-colored vehicle were seen lurking around the listed address. One suspect rang the doorbell and was seen looking into the windows of the residence while the other attempted to jump a side fence but was unsuccessful. Both fled south on Rockrose.

Wednesday, September 9

At 2:45 p.m., officers responded to a residence in the 36600 block of Munyan Street for a reported house fire. Ofc. Bloom arrived on scene and began evacuating the owner of the residence and his surround neighbors. The Alameda County Fire Department arrived on scene and extinguished the fire before it spread to a neighboring house.

At 2:19 a.m., three adult black males smashed a glass door at NewPark Mall (entry #4), forcing their way into the mall. They were heading to an undetermined store inside the mall when construction workers, who happened to be working inside at the time., confronted them The suspects then fled to a small, black sedan that was last seen driving toward Mowry Avenue.

At 5:09 a.m., three adult black males smashed the glass doors at Bhindi Jewelers, made entry and started smashing display cases. There was only a small amount of jewelry on display and the loss appears to be minimal. The suspect vehicle was described as a black Nissan Sentra.

Thursday, September 10

At 9:46 a.m., Ofc. Katz investigated the theft of a 1999 Chevrolet Tracker (license #6YIN560). The vehicle was parked on Bluebell Drive at Birch Street.

At 6:12 p.m., officers responded to a residence in the 38900 block of Bluebell Drive for a family disturbance, making it our fourth response in the past three days at the residence. One of the occupants obtained a court-issued immediate move out order for a

Newark CERT class to start

SUBMITTED BY MIKE BERKE

Newark's (CERT) Community Emergency Response Team's class starts Friday evening September 25, and continues through the weekend of September 26-27. Please send an e-mail to mberke@echelon.com for more information and to sign up for the Newark CERT course.

51-year-old resident. Due to mention of potential firearms in the residence, this incident tied up all of our resources for the first couple hours of the shift. Additionally, a 32-year-old male from Newark was arrested for battery and booked at Santa Rita Jail.

Friday, September 11

At 11:10 a.m., Ofc. Losier investigated the theft of a vehicle from a residence in the 5000 block of Northampton Court. The vehicle taken was a black 2002 Isuzu Rodeo (license # 5HTE918).

At 2:31 p.m., Ofc. Todd responded to Macy's for two shoplifters in custody. Ofc. Todd accepted the citizen's arrest of 44-year-old female from Hayward and a 21-year-old female from Hayward. Both were issued citations and released.

At 6:00 p.m., Ofc. Horst responded to a domestic disturbance at a residence in the 5500 block of McDonald Avenue. The investigation determined a 33-year-old male from Newark had committed domestic battery. The suspect fled the scene prior to officers arriving. An Emergency Protective Order was granted for the victim, and a complaint is being sent to the District Attorney's Office for a warrant for the suspect.

At 9:55 p.m., Ofc. Taylor and Ofc. Simon responded to a domestic battery that just occurred at a residence in the 36800 block of Locust Street. Ofc. Taylor arrested a 31-year-old male for domestic violence battery. He was booked at Fremont Jail.

Saturday, September 12

At 10:47 p.m., Ofc. Homayoun located a reported stolen vehicle that had been reported on September 10, 2014. The 1999 Chevrolet Tracker was located on Sycamore Street and Graham Avenue.

Sunday, September 13

At 7:49 a.m., Ofc. Losier investigated a cold burglary at Jiffy Lube, located at 6305 Jarvis Ave. Entry was made via glass break.

At 8:59 a.m., Ofc. Nobbe investigated a residential burglary at a residence in the 5300 block of Sterling Court. The burglary occurred sometime over the previous week and entry was through a second floor window.

At 4:56 a.m., Ofc. Rodgers investigated an auto burglary at Homewood Suites, located at 39270 Cedar Blvd. Entry was via a window smash and loss is unknown at the time of this report.

Monday, September 14

At 3:45 p.m., Ofc. Neithercutt was detailed to a report of a residential burglary in the 37000 block of Walnut Street. The victim reported this incident occurred between 2:30-2:45 p.m., and entry was through an unlocked front door.

Bring your unwanted prescription drugs

SUBMITTED BY SGT. JOSEPH HEYLEN, MILPITAS PD

On Saturday, September 26, Milpitas Police Department and Drug Enforcement Administration (DEA) will give the public its opportunity to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused and unwanted prescription drugs. Bring your medications for disposal to Milpitas Police Department. We cannot accept liquids or needles/sharps, only pills or patches. The service is free and anonymous; no questions will be asked.

Unwanted Prescription Drugs Disposal Saturday, Sep 26 10 a.m. - 2 p.m. **Milpitas Police Department** 1275 N. Milpitas Blvd, Milpitas (408) 586-2400 www.ci.milpitas.ca.gov/government/police

COMMUNITY BULLETIN

Rotaract Club of Greater Fremont

Community service & business club for young professionals and students ranging from ages 18 to 30. Meetings on 1st & 3rd Wednesdays at 7 pm. Find our events on meetup.com/rotaractfremont

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Sun Gallery Gala An Evening for the Arts

Friday October 23 Hayward City Hall Rotunda \$40 in Advance, \$50 at door Reserve: 510-581-4050 A musical evening with dinner and a silent auction & Dance

to Benefit Childrens

Arts programs

OLIVE FESTIVAL 2015 OCTOBER 3rd & 4th (Sat & Sun) 10am-5pm

Live Music Beer - Wine - Food Olive Oil & Specialty Vendors Kids Area Behind the Mission @ Dominicans' Olive Grove www.msjchamber.org

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Dancing, Dinners, Luau's Potlucks. Great Fun! email: lelochmil@att.net or Call: Lois for FREE Newsletter 510-581-3494

Twins? Triplets? MORE?! Join Tri-City Mothers of **Multiples!**

Our diverse club offers friendship, fun events, and support to mothers of multiples in the Tri Cities and beyond. Contact tricitymoms@yahoo.com or Danielle at 510-552-1861.

SAVE's Restraining Order Clinics

Free for domestic violence survivors Seeking protective orders Locations: Fremont, Hayward & San Leandro Every Monday, Tuesday & Thursday Call SAVE's 24-hr Hotline (510) 794-6055 for details www.save-dv.org

POPE FRANCIS&LAUDATO SI' Sat., Oct. 17

8:30a.m. - 3:30p.m. **Holy Spirit Catholic Church** 37588 Fremont Blvd., Fremont. Presentations by Sr. Toni Nash, CSJ,&Bro. Mark Schroeder, OFM Registration is \$10. Information: holyspiritfremont.orgor email hscreflection@gmail.comor 510-456-4972

Sun Gallery FREE Art Saturday Classes For families on the 2nd & 4th Sat. of each month and Summer Art Camp

Gallery Shows & Exhibits FREE admission to all shows 1015 E. St. Hayward 510-581-4050 www.SunGallery.org

Serious Mental Illness Free 12 week course for caregivers of someone with a serious mental illness - Start Jan 9 9am-11:30am

Registration Required Contact: Joe Rose 510-378-1578 Email: F2F@NAMlacs.org http://www.NAMlacs.org http://www.NAMI.org

VOLUNTEERS WANTED MUSEUM OF LOCAL HISTORY GUILD

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No experience needed! Enjoy helping students on school tours - work on exhibits Accession artifacts flexible days & hours Call Dianne: 510-673-4813 www.museumoflocalhistory.org

Scholarships for Women

Our Fremont philanthropic organization, PEO, offers many scholarships for women entering college, earning another degree or returning to school after 2+ years. Low interest education loans available, also. 510-794-6844 www.peointernational.org

Alder Ave. Baptist Church 4111 Alder Ave., Fremont

Serving GOD Southern Baptist Traditon - Pastor-Randy Walters Sunday Bible Study -9:30am Worship Service - 11am Community Sing-Along First Friday every month 510-797-3305 www. Alder a venue bapt is t. com

Painting by Jon Nesseth Photos by Patra Nesseth-**Steffes - Potluck Party Live Entertainment** Sept 3-26 Reception: Saturday Sept 26

At the Sun Gallery Thurs-Sat 11am-5pm 1015 E. St. Hayward 510-581-4050 www.SunGallery.org

The American Assoc. of **University Women**

AAUW advances equity for women and girls through advocacy, education, philanthropy and research We are all inclusive, welcoming, smart and fun. fremont-ca.aauw.net

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SAVE THE DATE HAYWARD ARTS COUNCIL BENEFIT CARNAVAL

It's Carnaval time for the Arts Friday, Nov. 13 Hayward City Hall Rotunda 5:30-8:30 pm - Tickets \$40 in advance \$50 at the door Call 510-538-2787

Support HAC galleries & Programs

FLASH FICTION

Besaro's Holiday **Boutique** Sat. Oct 3 - 9am-3pm

4141 Deep Creek Rd., Fremont Besaro Mobile Home Park Besaro Social Hall Snack Bar will be open Come join the fun! Spead the word! 510-894-2150

SAVE's Domestic Violence Support Groups

FREE, compassionate support Domestic violence survivors Drop-in, no reservations needed Every Tues & Thurs 6:45-8:45 pm Every Friday 9:15 to 11 am 1900 Mowry Avenue, Fremont (510) 574-2250 or 24-hour Hotline (510) 794-6055 www.save-dv.org

Ohlone Humane Society

Love animals & want to help? OHS is a nonprofit, volunteer supported animal welfare organization. Includes wildlife rehabilitation, companion animal rescue, animal assisted therapy, spay/neuter assistance and more. For info call 510-792-4587 www.Ohlonehumanesociety.org

Boutique n' Crafts Sat. Nov 7 9:30am-3:30pm

Beautiful handmade items & decorations. Coffee & bagels too! 50/50 Drawing benefits SAVE 38325 Cedar Blvd. Newark **Contact Vicki**

@510-589-1167 or

cbncboutique@gmail.com

WRITING CONTEST Subject: Must be a non-human Sat. September 26, 2015 **10 AM to 4 PM**

Deadline to enter, Saturday September 19 See details at: www.fremontculturalartscouncil.org send entries to: FCACwriters@gmail.com

Calling Crafters and Artisans Boutique & Hand Made Items Saturday, Nov 7th 9:30-3:30 38325 Cedar Blvd. Newark **Contact Vicki** @510-589-1167 or

SAVE's Empowerment Ctr. Services

FREE for domestic violence survivors. If you're seeking healing, strength, support or referrals, SAVE can help! Yoga, therapeutic art, advocacy 24-hour Hotline (510) 794-6055 Empowerment Ctr (510) 574-2250 1900 Mowry Ave, #201 Fremont. www.save-dv.org

VOCALISTS & MUSICIANS WANTED

Hayward First Church of the Nazarene is looking for volunteer vocalists & musicians for Sunday service worship team! 26221 Gading Rd., Hayward 510-732-0777 619-840-3402 HayNaz@pacbell.net Facebook com/Hayward Nazarene

CALLING ALL ARTISTS and HISTORIC CRAFTERS **ARTS & HISTORIC CRAFTS** SUN., SEPT. 20, 2015 10 AM - 4 PM

SHINN PARK, 1251 PERALTA BLVD., FREMONT TO RESERVE A SPACE/GET MORE **INFORMATION CONTACT:** alminard@comcast.net Or write to MPHF, PO Box 3078 Fremont, CA 94539

Tri-City Mothers of Multiples Fall Yard Sale

Baby and Kids' gently used and new clothing, shoes, toys, books, strollers, furniture, and much more at low prices! Fun raffles and baked goods too.

> Saturday, October 10 9:00 to 1:00

First Presbyterian Church 35450 Newark Blvd, Newark

Washington High School Class of 1950 is having a re-union on Sept 25,2015 a luncheon at

cbncboutique@gmail.com

Papillons restaurant, Fremont. Guest are welcomed. For more information, please contact Marilyn Bernard 793--1904 or Jim Griffen 792-6515.

OLIVE FESTIVAL 2015 OCTOBER 3rd & 4th (Sat & Sun) 10am-5pm

Live Music Beer - Wine - Food Olive Oil & Specialty Vendors Kids Area Behind the Mission @ Dominicans' Olive Grove www.msjchamber.org

National Alliance on Mental Illness (NAMI) FREE confidential 10 week informational course - Adults living with mental health challenges **Focused on Recovery**

2 hrs Saturdays Call Kathryn Lum 408-422-3831 for time and location

Hayward Art Council

22394 Foothill Blvd., Hayward 510-583-2787 www.haywardarts.org Open Thurs. Fri. Sat. 10am-4pm Foothill Gallery, John O'Lague Galleria, Hayward Area Senion Center Exhibit Hall, Alameda County Law Library Hayward branch All open to the public

HOME CRAFT FAIR Sept 30, Oct. 1,2,3 Wednesday 11-4 Thursday 10am-6pm Friday 10am-6pm Saturday 10am -4pm

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CRAFT FAIR AND FLEA MARKET Sat. Oct. 10 - 9am-3pm

Hayward Veterans Bldg. 22737 Main, Hayward American Legion Auxiliary contact Dorothy Castillo 510-581-1074 Dorothycastillo61@yahoo.com

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Dawn Torre, Volunteer Coordinator I-888-493-0734 or 510-933-2181 volunteer@lifespringshospice.com

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site/apply: CGUCPA, LLP, 4032 Clipper Ct, Fremont, CA 94538.

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Prepare and maintain employment records related to events such as hiring, termination, leaves, transfers, and promotions; Interpret and explain human resources policies, procedures, laws, standards, or regulations; Address employee relations issues, such as harassment allegations, work complaints. 40hrs/wk. Bachelor in Psychology or related reqd. Resume to 3D Access Industries Attn: Jimmy Kim 46000 Hotchkiss St. Fremont, CA 94539

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Tri-City Voice is looking for an exceptional individual with excellent vocabulary, grammar and writing skills. A successful candidate is interested in interviewing and writing articles in a wide range of topics, focused on the Greater Tri-City area (Fremont, Newark, Union City, Hayward area, Milpitas, Sunol) and our Home and Garden Section including interviews with local developers, remodeling experts, architects, landscape, decorating and gardening professionals, hardware and computer aided design specialists.

> Applicants should send their resume and a sample of writing to: tricityvoice@aol.com

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PUBLIC NOTICES

CIVIL

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. RG15784764
Superior Court of California, County of Alameda
Petition of: Cesar Corpuz/ Marilyn Corpuz for
Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Cesar Corpuz/ Marilyn Corpuz filed
a petition with this court for a decree changing
names as follows:
Ken Caesar Nadal to Ken Caesar Corpuz
The Court orders that all persons interested in
this matter appear before this court at the hearing
indicated below to show cause, if any, why the
petition for change of name should not be granted.
Any person objecting to the name changes
described above must file a written objection that
includes the reasons for the objection at least two
court days before the matter is scheduled to be
heard and must appear at the hearing to show
cause why the petition should not be granted. If
no written objection is timely filed, the court may
grant the petition without a hearing.
Notice of Hearing:
Date: 1-21-2016, Time: 1:30 p.m., Dept.: 503
The address of the court is 24405 Amador Street,
Room 108, Hayward, CA 94544
A copy of this Order to Show Cause shall be
published at least once each week for four
successive weeks prior to the date set for hearing
on the petition in the following newspaper of
general circulation, printed in this county: Tri City
Voice News Paper
Date: Sep 8, 2015
WINIFRED Y. SMITH
Judge of the Superior Court
9/22, 9/29, 10/6, 10/13/15

CNS-2796958#

ORDER TO SHOW CAUSE

FOR CHANGE OF NAME
Case No. HG15784271
Superior Court of California, County of Alameda
Petition of: Munetoshi Fukami for Change of Name TO ALL INTERESTED PERSONS:

Name
TO ALL INTERESTED PERSONS:
Petitioner Munetoshi Fukami filed a petition with this court for a decree changing names as follows: Munetoshi Fukami to Shawn Munetoshi Fukami The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition without a hearing. Notice of Hearing:
Notice of Hearing:
Date: 01/07/2016, Time: 1:30 PM, Dept.: 503
The address of the court is 24405 Amador St., Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happenings Tri City Voice-Fremont Date: Sep 2, 2015
Winifred Y. Smith
Judge of the Superior Court
9/15, 9/22, 9/29, 10/6/15

Judge of the Superior Court 9/15, 9/22, 9/29, 10/6/15

CNS-2793416#

ORDER TO SHOW CAUSE

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG15781863
Superior Court of California, County of Alameda
Petition of: Krishna K Vemuri and Satya P Vemuri
or Change of Name
TO ALL INTERESTED PERSONS:

Petitioner Krishna K Vemuri and Satya P Vemuri filed a petition with this court for a decree changing

Anantha Pratyusha Vemuri to Pratyusha Anantha

Anantha Pratyusha Vemuri to Pratyusha Anantha Vemuri Anjani Anusha Vemuri to Anusha Anjani Vemuri The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. Notice of Hearing:

Date: 12/10/15, Time: 1:30 , Dept.: 503,The address of the court is 24405 Amador Street, Room 108, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening - Tri-City Voice News Paper Date: August 13, 2015 Winiffed Y. Smith Judge of the Superior Court 9/8, 9/15, 9/22, 9/29/15

Judge of the Superior Court 9/8, 9/15, 9/22, 9/29/15

CNS-2792422#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. HG15784125 Superior Court of California, County of Alameda Petition of: Mishita Krishna Yalavarthy for Change

Petition of wishild relative to Grange of Name
TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Mishita Krishna Yalavarthy to Misha Krishna

decree changing names as follows:
Mishita Krishna Yalavarthy to Misha Krishna
Yalavarthy
The Court orders that all persons interested in
this matter appear before this court at the hearing
indicated below to show cause, if any, why the
petition for change of name should not be granted.
Any person objecting to the name changes
described above must file a written objection that
includes the reasons for the objection at least two
court days before the matter is scheduled to be
heard and must appear at the hearing to show
cause why the petition should not be granted. If
no written objection is timely filed, the court may
grant the petition without a hearing.
Notice of Hearing:
Date: January 7, 2016, Time: 1:30 pm, Dept.: 503
The address of the court is 24405 Amador Street,
Civil Division, Rm. 108, Hayward, CA 94544
A copy of this Order to Show Cause shall be
published at least once each week for four
successive weeks prior to the date set for hearing
on the petition in the following newspaper of
general circulation, printed in this county: What's
Happening - Th-City Voice
Date: September 1, 2015
Winifred Y, Smith
Judge of the Superior Court
9/8, 9/15, 9/22, 9/29/15

CNS-2791411#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG15782315
Superior Court of California, County of Alameda
Petition of: Zahra Makoui for Change of Name
TO ALL INTERESTED PERSONS: Petitioner Zahra Makoui filed a petition with this

Petitioner Zahra Makoui filed a petition with this court for a decree changing names as follows: Zahra Makoui to Sarah Morgan
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two includes the reasons for the objection at least two court days before the matter is scheduled to be court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: Thurs 10/8/15, Time: 1:30 p.m., Dept.: 503
The address of the court is 24405 Amador Street, Hayward, CA 94544
A conv. of this Order to Show Cause shall be

Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening Tr City Voice Newspaper Date: Aug 18 2015

Date: Aug 18, 2015 WINIFRED Y. SMITH Judge of the Superior Court 9/1, 9/8, 9/15, 9/22/15

CNS-2789522#

ORDER TO SHOW CAUSE
FOR CHANGE OF NAME
Case No. HG15782755
Superior Court of California, County of Alameda
Petition of: Chandana Pathak for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner Chandana Pathak filed a petition with
this court for a decree changing names as follows:
Chandana Pathak to Chandana Pathak Sharma
The Court orders that all persons interested in
this matter appear before this court at the hearing
indicated below to show cause, if any, why the
petition for change of name should not be granted.
Any person objecting to the name changes
described above must file a written objection that
includes the reasons for the objection at least two
court days before the matter is scheduled to be
heard and must appear at the hearing to show
cause why the petition should not be granted. If

no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 12-24-15, Time: 1:30 PM, Dept.: 503
The address of the court is 24405 Amador Street, Room 108, Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: What's Happening - Tri City Voice
Date: 8/20/2015
WINIFRED Y, SMITH
Judge of the Superior Court
9/1, 9/8, 9/15, 9/22/15

CNS-2787961#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. HG15782769 Superior Court of California, County of Alameda Petition of: Sankara S. Gomathi Nayagam for Change of Name

Change of Name
TO ALL INTERESTED PERSONS:

Petitioner Sankara Gomathi Nayagam filed a petition with this court for a decree changing names as follows:
Sankara Subramanian Gomathi Nayagam to Sankara Subramanian Gomathi Nayagam Gomathi Shankar Anitha Sankara Subramanian to Anitha Shankar

Anitha Sankara Subramanian to Anitha Shankar Uma Sankara Subramanian to Uma Shankar The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:

Date: Thurs. 12/24/15, Time: 1:30 pm, Dept.: 503
The address of the court is 24405 Amador Street, Hayward, CA 94544
A copy of this Order to Show Cause shall be

Hayward, CA 94544
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Tri-City Voice

Date: August 20, 2015 Winifred Y. Smith Judge of the Superior Court 9/1, 9/8, 9/15, 9/22/15

CNS-2787919#

FICTITIOUS BUSINESS **NAMES**

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME
File No. 486606
The following person(s) has (have) abandoned the use of the fictitious business name: C CU Capital Group, 3327 Clearview Ter., Fremont, CA 94539
The Fictitious Business Name Statement being abandoned was filed on 1/07/14 in the County of Alameda.
Jocelyn C. Cu, 3327 Clearview Ter., Fremont, CA 94539
Joseph Elmer Cu, 3327 Clearview Ter., Fremont, CA 94539
S/ Jocelyn C. Cu
Joseph Elmer Cu
This statement was filed with the County Clerk of Alameda County on September 15, 2015.
9/22, 9/29, 10/6, 10/13/15
CNS-2796977#

FICTITIOUS BUSINESS NAME STATEMENT

NAME STATEMENT
File No. 508598
Fictitious Business Name(s):
M.K. Chamkara, 37811 Fremont Blvd, Apt. 32,
Fremont, CA 94536, County of Alameda; Mailing
Address: 37811 Fremont Blvd., Apt. 32, Fremont,
CA 94536
Registrant(-):

Registrant(s):
Amandeep Singh, 37811 Fremont Blvd., Apt. 32, Fremont, CA 94536
Amandeep Kaur, 37811 Fremont Blvd., Apt. 32, Fremont, CA 94536
Business conducted by: a General Partnership The registrant began to transact business using the fictitious business name(s) listed above on N/A.

I declare that all information in this statement I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Amandeep Singh, General Partner
This statement was filed with the County Clerk of Alameda County on August 21, 2015.

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of

derk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/22, 9/29, 10/6, 10/13/15

CNS-2796961#

FICTITIOUS BUSINESS NAME STATEMENT File No. 509256 Fictitious Business Name(s): Fiona Miller, 37086 Mulberry Street, Apt. D, Newark, CA 94560, County of Alameda Registrant(s):

Registrant(s): Fiona McLellan, 37086 Mulberry St., Apt. D, Newark, CA 94560

Newart, Orsaverses, Orsaverses

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Fiona McLellan

Is/ Flona McLeilan
This statement was filed with the County Clerk of Alameda County on September 9, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filling of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/22, 9/29, 10/6, 10/13/15

CNS-2796070# This statement was filed with the County Clerk of

CNS-2796070#

FICTITIOUS BUSINESS NAME STATEMENT File No. 509194 Fictitious Business Name(s): Carols Graphic Arts, 38038 Dundee Common, Fremont CA 94536, County of Alameda Registrant(s):

Carols Graphic Arts, 38038 Dundee Common, Fremont CA 94536, County of Alameda Registrant(s):
Carol Sue Drake, 38038 Dundee Common, Fremont CA 94536
Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Carol Sue Drake
This statement was filed with the County Clerk of Alameda County on September 8, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/22, 9/29, 10/6, 10/13/15

CNS-2796068#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 509432
Fictitious Business Name(s)
File No. 509432
Fictitious Business Name(s)
Fremont Blvd, Fremont, CA
94536, County of Alameda; 35041 Fremont Blvd,
Fremont, CA 94536; Alameda
Positorety Name of Paristre Name of Pari

Fremont, CA 94536; Alameda Registrant(s): SSEF, Inc., 35041 Fremont Blvd, Fremont, CA 94536; California Business conducted by: a corporation The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000], /s/ Edward Y. Choi, President This statement was filed with the County Clerk of Alameda County on September 15, 2015

This statement was filed with the County Clerk of Alameda County on September 15, 2015 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code).

9/22, 9/29, 10/6, 10/13/15

CNS-2796064#

FICTITIOUS BUSINESS NAME STATEMENT File No. 509438 Fictitious Business Name(s): K-Town BBQ, 5890 Mowry School Rd., Newark CA 94560, County of Alameda Registrant(s):

D E Brothers Incorporated, 5890 Mowry School Rd., Newark CA 94560; CA

D E Brothers Incorporated, 5890 Mowry School Rd., Newark CA 94560; CA
Business conducted by: a corporation
The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is Edward Choi, CEO
This statement was filed with the County Clerk of Alameda County on September 15, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/22, 9/29, 10/6, 10/13/15

CNS-2796060#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 508861
Fictitious Business Name(s):
Weintek, 46734 Fremont Blvd., Fremont, CA
94538, County of Alameda
Registrant(s):

943-0, County of Plantage Registrant(s): Weintek HMI, Corporation, 46734 Fremont Blvd., Fremont, CA 94538; California Business conducted by: corporation The registrant began to transact business using the fictitious business name(s) listed above on

Business conducted by: corporation
The registrant began to transact business using
the fictitious business name(s) listed above on
3/1/2010
I declare that all information in this statement
is true and correct. (A registrant who declares
as true any material matter pursuant to Section
17913 of the Business and Professions code
that the registrant knows to be false is guilty of a
misdemeanor punishable by a fine not to exceed
one thousand dollars [\$1,000].)
/s/ Bohan Su, CEO
This statement was filed with the County Clerk of
Alameda County on August 28, 2015
NOTICE: In accordance with subdivision (a)
of Section 17920, a fictitious name statement
generally expires at the end of five years from the
date on which it was filed in office of the county
clerk, except, as provided in subdivision (b) of
Section 17920, where it expires 40 days after
any change in the facts set forth in the statement
pursuant to section 17913 other than a change in
the residence address of a registered owner. A
new fictitious business name statement must be
filed before the expiration.
The filing of this statement does not of itself
authorize the use in this state of a fictitious
business name in violation of the rights of another
under federal, state, or common law (see Section
14411 et seq., Business and Professions Code).
9/22, 9/29, 10/6, 10/13/15

FICTITIOUS BUSINESS NAME STATEMENT

File No. 508335 Fictitious Business Name(s):

Eden Silk Road Cuisine, 39144 Paseo Padre Pkwy, Fremont, CA 94538, County of Alameda Registrant(s): Herembag, LLC, 14272 Saratoga Ave., Saratoga, CA 95070; California Business conducted by: a Litted Liability Company The registrant began to transact business using the fictitious business name(s) listed above on

the fictiti 8/1/2015 declare that all information in this statement

8/1/2015
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Jayoc Kodine, Manager Member
This statement was filed with the County Clerk of Alameda County on August 17, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another. under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/15, 9/22, 9/29, 10/6/15

CNS-2794020#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 508796
Fictitious Business Name(s):
Hi + Hello Photography, 3830 Village Terrace
Apt 244 Fremont CA 94536, County of Alameda
Registrant(s):
Maryam Salassi, 3830 Village Terrace Apt 244,
Fremont CA 94536
Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on
8/1/2015

8/1/2015
I declare that all information in this statement

8/1/2015

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

Is/ Maryam Salassi
This statement was filed with the County Clerk of Alameda County on August 27, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/15, 9/22, 9/29, 10/6/15

CNS-2793426#

FICTITIOUS BUSINESS NAME STATEMENT File No. 509165
Fictitious Business Name(s):
Family Autos, 37600 Central Court, #250 G
Newark CA 94560, County of Alameda
Posistered Services (Services Services Serv Registrant(s): Mohammad Fahim Azimy, 3090 Stoneheng Rd.

Fremont CA 94555
Business conducted by: an individual
The registrant began to transact business using
the fictitious business name(s) listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].

one thousand dollars [\$1,000].

/s/ Mohammad Fahim Azimy

This statement was filed with the County Clerk of

Alameda County on September 4, 2015

NOTICE: In accordance with subdivision (a)

of Section 17920, a fictitious name statement

generally expires at the end of five years from the
date on which it was filed in office of the county

clerk except as provided in subdivision (b) of date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section

under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/15, 9/22, 9/29, 10/6/15

CNS-2793411#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 508727
Fictitious Business Name(s):
Sun Massage, 4625 1st Street, Suite 155,
Pleasanton, CA 94566, County of Alameda
Registrant(s):

Pleasanton, CA 94566, Courity or Alameua Registrant(s): Yu Shuang Xu, 4992 Omar St., Fremont CA 94538 Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on 3/5/2015 declare that all information in this statement

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Yu Shuang Xu
This statement was filed with the County Clerk of Alameda County on August 26, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/15, 9/22, 9/29, 10/6/15

CNS-2792499#

CNS-2792499#

FICTITIOUS BUSINESS NAME STATEMENT File No. 508967 Fictitious Business Name(s): Progressive Kids, 3750 Tamayo St., #144, Fremont, CA 94536, County of Alameda Repistrant(s):

Registrant(s): Jyoti Gupta, 3750 Tamayo St., #144, Fremont CA 94536

Registrant(s):
Jyoti Gupta, 3750 Tamayo St., #144, Fremont, CA 94536
Business conducted by: an Individual
The registrant began to transact business using the fictitious business name(s) listed above on 60/29/2015
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
Isi Jyoti Gupta
This statement was filed with the County Clerk of Alameda County on September 1, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 1411 et seq., Business and Professions Code).
9/8, 9/15, 9/22, 9/29/15

CNS-2792419#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 509056
Fictitious Business Name(s):
Pearl Threading Studio, 34249 Fremont Blvd
Fremont CA 94555, County of Alameda
Registrant/CA 94555, County of Alameda

Registrant(s): Parminder Kaur Sangha, 34843 Starling Dr #4, Unioncity CA 94587

Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor publishable by a fine not to exceed misdemeanor punishable by a fine not to exceed

misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Parminder Kaur Sangha
This statement was filed with the County Clerk of Alameda County on September 2, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A

pursuant to section 17913 oner than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/8, 9/15, 9/22, 9/29/15

CNS-2792002#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 508860
Fictitious Business Name(s):
QKSOLV, 48243 Purple Leaf Street, Fremont,
CA 94539, County of Alameda
Registrant(s):

Registrant(s): Shikha Jain, 48243 Purple Leaf Street, Fremont CA 94539

Registrant(s): Shikha Jain, 48243 Purple Leaf Street, Fremont, CA 94538 Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) S/Shikha Jain This statement was filed with the County Clerk of Alameda County on August 28, 2015 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). 9/8, 9/15, 9/22, 9/29/15

CNS-2791925#

FICTITIOUS BUSINESS NAME STATEMENT File No. 508776 Fictitious Business Name(s): Parentorbit, 1642 Douglas Ct., Fremont, CA 94539, County of Alameda

Registrant(s): Sitaraman Suthamali Lakshminarayanan, 1642 Douglas Ct., Fremont, CA 94539 Business conducted by: an individual The registrant began to transact business using the fictilious business name(s) listed above on pla

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].) /s/ Sitaraman Suthamali Lakshminarayanan

This statement was filed with the County Clerk of Alameda County on August 26, 2015 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement consults writing the control of the county for

generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of

Registrant(s): Phits Digital Media LLC, 43152 Charleston Way, Fremont, CA 94538, California Business conducted by: a Limited Liability

Section 17920, where it expires 40 days after

any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be

The Michicus business raine statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/8, 9/15, 9/22, 9/29/15

STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS
BUSINESS NAME
File No. 503336
The following person(s) has (have) abandoned the use of the fictitious business name: T&B Auto, 4299 Peralta Blvd., #G, Fremont, CA 94536
The Fictitious Business Name Statement being abandoned was filed on 04-06-15 in the County of Alameda.

of Alameda. Bich Tran, 4829 Porter St., Fremont, CA 94538 S/ Bich Tran Tran This statement was filed with the County Clerk of Alameda County on August 27, 2015. 9/8, 9/15, 9/22, 9/29/15

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 508746
Fictitious Business Name(s):
Phits Digital Media LLC, 43152 Charleston
Way, Fremont, CA 94538, County of Alameda
Repistrant(s):

CNS-2791445#

CNS-2790290#

Fremont, CA 94538, California Business conducted by: a Limited Liability Company The registrant began to transact business using the fictitious business name(s) listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,0001.) /s/ Lily Phitsamay, President This statement was filed with the County Clerk of Alameda County on August 26, 2015 NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except. as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 1419, 9/8, 9/15, 9/22/15

CNS-2789976#

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 508615
Fictitious Business Name(s):
Proactive Physical Therapy and Fitness,
4269 Marie Ct., Fremont, CA 94536, County of

Registrant(s):

Genaro Jimenez, 4269 Marie Ct., Fremont, CA 94536 94536 Business conducted by: An Individual The registrant began to transact business using the fictitious business name(s) listed above on

10/2013 declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

one thousand dollars [\$1,000].)

/s/ Genaro Jimenez
This statement was filed with the County Clerk of Alameda County on August 24, 2015
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. new inclinous business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).

9/1, 9/8, 9/15, 9/22/15

CNS-2788607#

CA 94045 Business conducted by: an individual The registrant began to transact business using the fictitious business name(s) listed above on n/a I declare that all information in this statement

CORRECTED NOTICE OF PETITION TO ADMINISTER ESTATE OF RAJENDRA PRASAD A/K/A **REGINALD PRASAD**

CASE NO. RP15784533

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Rajendra Prasada a/k/a

The Petition for Probate requests that Rawal Jason Prasad a/k/a Jason Prasad

Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before

A hearing on the petition will be held in this court on October 14, 2015 at 9:30 a.m. in Dept. 201 located at 2120 Martin Luther

you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 508263
Fictitious Business Name(s):
Little Patriots Christian School, 28225 Hesse
Drive, Hayward, CA 94545, County of Alameda
Registrant(s):
Karen L. Moschella, 28225 Hesse Drive, Hayward,
CA 94545

the fictitious business name(s) listed above on n/a I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)

/s/ Karen L. Moschella
This statement was filed with the County Clerk of Alameda County on August 13, 2015

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14,19,8,9/15,9/22/15

CNS-2787960#

CNS-2787960#

PROBATE

Reginald Prasad A Petition for Probate has been filed by Rawal Jason Prasad a/k/a Jason Prasad in the Superior Court of California, County

be appointed as personal representative to administer the estate of the decedent. The Petition requests authority to administer the estate under the Independent Administration of Estates

taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

King, Jr. Way, Berkeley, CA 94704.
If you object to the granting of the petition,

attorney.

If you are a creditor or a contingent

PUBLIC NOTICES

creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court. If you are a person interested in the estate.

If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the

Special Notice form is available from the court clerk.

Attorney for Petitioner: Law Offices of Patricia A. Scott, 2233 Santa Clara Avenue, Suite 1, Alameda, CA 94501, Telephone: (510) 735-8764 9/22, 9/29, 10/6/15

CNS-2796614#

NOTICE OF SALE
OF REAL PROPERTY
AT PRIVATE SALE
(Probate Code
Sections 10300, 10304)
No. RP14734963
IN THE SUPERIOR COURT OF CALIFORNIA
IN AND FOR THE COUNTY OF ALAMEDA
In the Matter of the Estate of: CRISTELA IDALIA
MUNOZ, Decedent.
NOTICE IS HEREBY GIVEN that, subject to
confirmation by this Court, on September 30,

2015, or thereafter with the time allowed by law, Mark Trujillo, as Administrator of the Estate of the above-named decedent, will sell at private sale to the highest and best bidder on the terms and condition stated below all right, title and interest of the decedent at time of death and all right, title and interest that the Estate has acquired in addition to that of the decedent at the time of death, in the real property located in the County of Alameda, California, commonly referred to as 35040 Hollyhock Street, Union City, CA 94587, APN: 087-0009-016.
Bids are invited for this property, subject to the Court's minimum overbid of \$630,500 at any time after the first publication of notice and before any sale is made.
The property will be sold subject to current taxes, covenants, conditions, restrictions, reservations, rights, rights of way, and easements of record. The property is to be sold on an "as is" basis, except for title.
Rick Barrelier, of 1430 Howard Avenue, Burlingame, CA 94010 is acting as exclusive agent for the property. Bids or offers are invited for this property and must be in writing and can be mailed to the office of Rick Barrelier at any time after first publication of this Notice and before any sale is made.

malled to the office of thick barrelier at any unital rafter first publication of this Notice and before any sale is made. The property will be sold on the following terms: Cash, ten percent (10%) of the amount of the bid to accompany the offer by certified check, and the balance to be paid on recording of conveyance. Taxes, rents, operating and maintenance expenses and premiums on insurance acceptable to the purchaser shall be prorated as of the date of recording of conveyance. Examination of title, recording of conveyance transfer taxes, and any title insurance policy shall be at the expense of the purchaser or purchasers.

The right is reserved to reject any and all bids. For further information, contact Rick Barrelier, (650) 573-5961, 1430 Howard Avenue, Burlingame, CA 94010.

Dated: September 14, 2015

// GREGORY MENZEL, Attorney for MARK TRUJILLO, Administrator of The Estate of CRISTELA IDALIA MUNOZ.

GREGORY MENZEL, Attorney at Law, 155 Bovet

Rd. Suite 350, San Mateo, CA 94402, (650) 358-9001 9/22, 9/29, 10/6/15

CNS-2795313#

TRUSTEE SALES

T.S. No.: 2014-00760-CA A.P.N.:501-1828-049-00 Property Address:3382 Red Cedar Terrace, Fremont, CA 94536 NOTICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE § 2923.3(a), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 11/22/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Trustor: Mark A. Conti And Gay Nacion Duly Appointed Trustee: Western Progressive, LLC Recorded 12/01/2006 as Instrument No. 2006442578 in book ---, page--- and of Official Records in the office of the Recorder of Alameda County, California, Date of Sale: 10/13/2015 at 12:00 PM Place of Sale:AT THE FALLON STREET EMERGENCY EXIT OF THE ALAMEDA COUNTY COURTHOUSE, 1225 FALLON STREET; OAKLAND, CA Estimated amount of unpaid balance and other charges: \$ 417,562.02 NOTICE OF TRUSTEE'S SALE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A

STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as: More fully described in said Deed of Trust. Street Address or other common designation of real property: 3382 Red Cedar Terrace, Fremont, CA 94536 A.P.N.: 501-1828-049-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$ 417,562.02 if the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the

existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property. NOTICE OF TRUSTEE'S SALE Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this Internet Web site http://www.altisource.com/MortgageServices/ DefaultManagement/TrusteeServices.aspx using the file number assigned to this case 2014-00760-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: August 28, 2015Western Progressive, LLC, as Trustee for beneficiary C/o 30 Corporate Park, Suite 450 Irvine, CA 92606 Automated Sale Information, call: (866) 240-3530 Trustee Sale Assistant WESTERN PROGRESSIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE.

CNS-2790829#

Fremont Police Log

SUBMITTED BY GENEVA Bosques, Fremont PD

Thursday, September 10

At 8:05 a.m. officers were dispatched to the 41700 block of Sherwood Street to investigate a possible residential burglary. The time of occurrence is unknown. The unknown suspect(s) made entry by breaking a front glass window with a large river rock.

At 1:10 p.m., officers were dispatched to a grocery store on the 3900 block of Washington Boulevard to investigate a theft. The caller stated that a woman had taken items from the store and dumped them when confronted. Store employees followed the woman and helped officers locate her at a nearby business. At the store manager's request, the 61year-old adult female was issued a trespass notice.

Ofc. Dooley investigated a residential burglary on the 34000 block of Quartz Terrace that occurred sometime between 10:30 a.m. and 10:50 p.m. The unknown suspect(s) broke the rear sliding glass door to make entry into the residence. The residence was ransacked and several electronics were reported missing

Ofc. Torrico responded to investigate a residential burglary in the area of 4400 Central Avenue that occurred sometime between 9:30 p.m. and 11:35 p.m. The unknown suspect(s) entered the apartment through an unlocked door. The reported loss was cash.

Friday, September 11

Community Service Officer (CSO) Oliveira investigated a commercial burglary in the 3100 block of Walnut Avenue sometime between 6:20 - 6:22 a.m. Two unknown suspects entered the business without permission and attempted to gain access to the ATM machine. CSO Oliveira recovered video evidence. Suspect 1: male, slender to average build, wearing a black hoodie, black and white mask, black pants, black gloves and black shoes. Suspect 2: male, tall, thin to medium build, medium complexion, wearing black baseball cap, black/ red/ white long sleeve shirt, black shorts, black gloves, and black shoes with blue laces.

At 2:36 p.m., multiple officers responded to a strong-arm robbery that had just occurred in the area of Maybird Circle and Shattuck Avenue. A 43-year-old female victim was standing on the southwest corner of the intersection of Maybird Circle at Shattuck Avenue next to her bicycle, when a suspect ran toward her and grabbed the necklace she was wearing from her neck. The victim described to officers that the suspect had ran past her just moments before and appeared to be jogging. The suspect left with two other males in an older model silver hatchback. Sus-

pect Description: black male adult, early 20s, 5'7" - 5"9", approximately 180 lbs., wearing a black baseball hat, light green short-sleeved t-shirt, black shorts and black shoes.

At 5:34 p.m. officers were dispatched to investigate a strongarm robbery that occurred in the vicinity of Frank Fisher Park. A 34-year-old female victim was walking alone when she heard someone running behind her. The suspect grabbed her from behind and began grabbing at her gold chain necklace. The female struggled with the male suspect, and he pulled her to the ground and began dragging her until the chain gave way. The suspect then fled onto Maybird Circle and got into the front passenger door of an older grey vehicle (possibly the same vehicle that was seen in the incident earlier in the afternoon).

Suspect Description: black male adult, 5'7" - 5'9", 180 lbs., with short hair, "stocky" and wearing a white tank top.

Ofc. Hartman investigated a burglary that occurred on the 1100 block of Olive Avenue sometime between 6:00 p.m. and 10:00 p.m. The unknown suspect(s) pried a window screen and entered an unlocked window. The residence was searched and the reported loss was jewelry.

Sunday, September 13

mont Police Department (FPD) and reported they had been robbed while at Sundale Shopping Center. A male suspect approached the victim, brandished a firearm and demanded items. He then fled without injuring the victim in a white sedan.

Officers took a residential burglary on the 34000 block of Tan Bark Drive. The resident returned home after being away for several days to find the home burglarized. The unknown suspect(s) broke into the home by cutting a screen and entering an unlocked window. The unknown suspects took jewelry, designer purses and small electronics. Case was investigated by CSO Anders.

Monday, September 14

Unknown suspects gained entry in the Shell Gas Station located on the 40500 block of Fremont Boulevard at approximately 4:05 a.m. The unknown suspect(s) took the till from the register. The suspect then fled north on Fremont. Case was investigated by Ofc. Ro-

A victim arrived to the FPD lobby to report a robbery at 3:30 a.m. The victim was walking in the area of Wolcott Drive and Hancock Drive when he was hit in the back of the head with a bottle. The suspect took his property and fled in a waiting vehicle. Case was investigated by Ofc. Luevano. The suspect was described as an unknown race male adult, approximately 5'9" with a medium build and wearing dark clothing.

At 2:50 a.m., officers responded to a call of a robbery on the 3100 block of Mowry Avenue. Three men were walking in a

parking lot when they were approached by a suspect who asked for money. The suspect then grabbed gold chains from two of the victim's necks and ran eastbound on Pennsylvania Avenue. The suspect is described as a black male adult with a thin build, 6'0" to 6'02", about 22-23 years old, last seen wearing a grey hooded sweatshirt and black shorts.

Tuesday, September 15

At approximately 9:20 a.m., a suspect walked into the Union 76 Gas on Mission Boulevard at Las Palmas and stole cash from the open register. The suspect was last seen on foot westbound on Las Palmas. The suspect was described as a black male adult, 22-23 year old, 6'0", medium build, light beard, wearing a black hoodie and black shoes. Case was investigated by Ofc. Nordseth.

At 1:08 p.m., an AC Transit driver parked at the Fremont BART station parking lot noticed a suspicious bag on his coach. The driver exited the bus and called Alameda County Sheriff's Office (ACSO) who called FPD to assist. FPD officers responded and cleared the area until ACSO and BART PD arrived. The bag was determined to be safe just before 2:00 p.m. AC Transit and BART services were briefly impacted. ACSO was the primary investigating agency. Scene was managed by Sgt. Miller and Sgt. Cortes.

At approximately 6:15 p.m. officers responded to investigate a residential burglary that occurred between 8:00 a.m. and 12:00 p.m. on the 39800 block of Fremont Boulevard. Unknown suspect(s) entered an unlocked kitchen window of an apartment and ransacked the interior. Losses were small electronics, a laptop, shoes and jewelry. Ofc.

Soper investigated. At 7:20 p.m., officers were dispatched to a report of a residential burglary on the 42000 block of Camino Santa Barbara. The residence was burglarized sometime during the day. The unknown suspect(s) may have entered through an unlocked door, as no forced entry was visible. Loss was jewelry. Ofc. Loughery investigated.

Wednesday, September 16

CSO Porter and Field Training Officer (FTO) Allen investigated a residential burglary at Northgate Apartments.

Officers investigated a second residential burglary at Northgate Apartments. The point of entry was possibly the rear patio door. Case was investigated by Ofc. Hughes and FTO Torrico.

Thursday, September 17

Officers investigated a residential burglary in the 45000 block of Potawatami Drive.

A victim calls to report he had been robbed at Irvington Park. The suspect approached the victim on a bike and brandished a handgun. The suspect is described as a Black male adult, 5'10", thin build, wearing a black jacket and pants. Loss is a cell phone and laser level. Case investigated by Officer Hernandez.

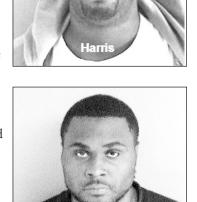
Union City Police Log

SUBMITTED BY UNION CITY PD

Monday, September 7

At around 10:45 p.m., officers were dispatched to Heritage Court on reports of an armed robbery. The victim said that two suspects approached him - one of them displayed a semi-automatic handgun - and they robbed him of his cell phones and wallet. Both suspects fled the area on foot. Both suspects were described as black male adults, around 26 years old, 5'9" with slim builds. The suspect with the gun also had a thin mustache. Detectives are continuing to investigate this case.

At around 11:15 a.m., officers were dispatched to Union Landing shopping center for the report of an auto burglary. Subjects who



Brown-Harris

matched the descriptions fled from police, and two were located in the area after a brief pursuit. A third suspect fled the scene. Property in the vehicle was determined to be stolen from an auto burglary that occurred in Oakland about an hour prior. Desmond Harris, a Richmond resident, and Glennis Brown-Harris, a Hercules resident, were arrested.

Wednesday, September 9

At about 12:30 p.m., Ofc. Alberto was in the area of Decoto Road and Meyers Drive when a victim approached him and said his bike was just stolen. The victim said he left his mountain bike unsecured on his apartment patio, and someone stole it between 8:30 a.m. and 12:15 p.m.

A residential burglary occurred in the 5100 block of Sloan Way at around 10:30 p.m. The rear glass sliding door was smashed. The residence was ransacked, and the loss is unknown

at this time. A residential burglary (attempt only) occurred on the 5200 block of Del Mar Court between 9:00 a.m. and 9:15 p.m. The rear glass sliding door was smashed, but there was no apparent entry or loss.

Sunday, September 13

At around 6:30 p.m., Ofc. Turbyfill responded to Union Landing shopping center on the report of an armed robbery. The victim was walking away from Walmart when a vehicle pulled up next to him. The suspect in the passenger seat, who was wearing a black ski mask, displayed a black handgun and demanded the victim's money. The victim just turned around and walked away, and the suspect fled in the vehicle. The victim was unable to get a good look at the driver.

At around 6:45 p.m., Ofc. Turbyfill responded to a Union Landing location on the report of a brandished gun. The victim said the passenger in a vehicle, wearing a black ski mask, pointed a black handgun at her. The driver of the vehicle told the victim the gun was not real, laughed, and drove away. The driver was described as an Asian male in his mid-20s, with a medium build and short black hair. This may be related to the previous robbery case.

PG&E to install new power lines

SUBMITTED BY TAMAR SARKISSIAN

Pacific Gas and Electric Company (PG&E) will be using helicopters to upgrade a major electric power line in Alameda County this fall. The project, an upgrade of approximately seven miles of power line and electric transmission towers in the southwest corner of Alameda County and along the Dumbarton Bridge, will improve reliability and ensure adequate power supplies for the East Bay as its electricity demand grows.

PG&E is using helicopters to modify existing towers and pull new wire across the top of towers in a safe and efficient manner. Helicopter-use reduces heavy trucks and equipment on the ground, lessening environmental impacts.

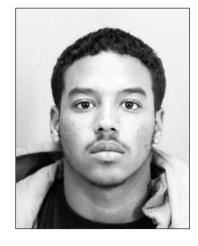
Construction is scheduled to be complete early in 2016.

Automobile burglars arrested

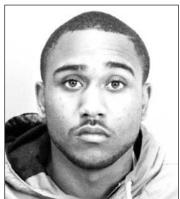
SUBMITTED BY
SGT. BRYAN HINKLEY,
MILPITAS PD

On September 16, at approximately 4:49 p.m., Milpitas Police Officers observed Derial Royster and Maurice Cotton looking into parked vehicles at the Ulferts Shopping Center, located on Barber Lane, Milpitas. Moments later, the officers saw Derial Royster (20-year-old male, Antioch resident), smash a window on a vehicle and remove a purse. Both Derial Royster and Maurice Cotton (23-year-old Richmond resident), ran to a waiting vehicle, a 2015 Kia Sportage, driven by Damian Britt (18-year-old male, Walnut Creek resident). The officers followed the Kia Sportage into San Jose, where a high risk vehicle stop was conducted. All three occupants were placed under arrest without incident.

As the officers continued their investigation, they located the purse taken during the burglary, inside the Kia Sportage as well as other items, including a laptop, camera, and a cell phone. There is an on-going investigation regarding the possibility of these items also being stolen from other burglaries in the area.



Maurice Cotton



Derial Royster

All three suspects were booked into the Santa Clara County Main Jail for burglary, criminal conspiracy, possession of stolen property, and possession of burglary tools. Damian Britt was additionally booked for possession

of a controlled substance and driving with a suspended license.

If you were the recent victim of a burglary and may be the owner of some of the additional property recovered, or if you have any information regarding this investigation or other similar incidents occurring in our city, please call the Milpitas Police Department at (408) 586-2400.

Information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department website at:

http://www.ci.milpitas.ca.gov/government/police/crime_tip.asp

Two suspects arrested for gold chain robberies

SUBMITTED BY GENEVA BOSQUES, FREMONT PD

On September 11, two gold chain robbery incidents occurred in the vicinity of Maybird Circle in the Ardenwood neighborhood. The first incident occurred at 2:36 p.m., when a 43 year old female victim was walking in the area of Maybird Circle and Shattuck Drive. While stopped at the corner, a suspect ran up to her, said "hello" and grabbed a gold chain from her neck. The suspect immediately fled to a nearby waiting vehicle and left the area. Witnesses described the suspect's vehicle as being silver with rear damage.

At approximately 5:10 p.m. on the same day, a 34 year old adult female victim was walking in the area of Maybird Circle and Diamond Common when a male ran up to her from behind, grabbed a chain from around her neck and shoved her to the ground. The suspect then ran to a waiting vehicle and fled the area. The vehicle in this case was described by witnesses as a silver Nissan sedan with rear damage. The suspect description was similar in both cases and an alert witness was able to capture a picture of the suspect vehicle as it fled

On September 15, at 12:28 p.m. a detective from the Fremont Police Crimes Against Persons Unit was checking the area of Maybird Circle when he saw the suspect vehicle parked in the area. Several additional detectives responded and conducted a traffic stop on the vehicle, which was occupied by two males. Both males were later arrested and book into the Fremont Jail for the two robberies that occurred on September 11, 2015.



Michael Hilburn, 20 years old, Newark resident, arrested on two counts of robbery.

Milo Anderson, 25 years old, Newark resident, arrested on two counts of robbery.

If anyone has information about this case, you are asked to please call Fremont Police Investigations at (510) 790-6900.

In an effort to help protect our community, Fremont detec-





tives would like to stress the importance of personal safety and have the following tips to share:

When walking outdoors, refrain from carrying large quantities of money or from wearing expensive jewelry. A concealed necklace may still shimmer from your neckline.

Stay alert while walking – avoid talking on cell phone or listening to music on your headphones.

Be aware of your surroundings. Pay attention and take notice of people following behind you or jogging by.

Immediately report unknown suspicious persons and vehicles that don't belong to the area or that appear to be casing the area.

If you notice a suspicious vehicle, try to get the license plate and a good description of the car and driver. Always call the police before sharing the information with your neighbors.

The Fremont Police Department highly recommends the use of private video surveillance. To learn more visit www.fremontpolice.org/videosurveillance.

Contact the Community Engagement Unit to start (or re-activate) a Neighborhood Watch Group on your block by calling (510) 790-6740.

Always report suspicious activity to the Fremont Police Department by dialing (510) 790-6800 and selecting option 3, or dial 9-1-1 to report a crime in progress.

Rabid bat found on Washington Boulevard, Fremont

SUBMITTED BY MIKAEL WAGNER

An ill bat that was found on the ground in the 100-300 block of Washington Boulevard in Fremont has tested positive for rabies. The bat was first noticed and picked up by a private citizen at 8:45 am on September 16. The bat was retrieved by the Alameda County Vector Control Services and tested for rabies by the Alameda County Public Health Laboratory.

Any person or pet that touched this bat may have been exposed to rabies.

Rabies is a fatal disease caused by a virus that affects the brain and the nervous system. It can be prevented if the exposed person or animal receives a series of rabies vaccine shots as soon as possible after the exposure.

Anyone who touched or may

have been bitten by this bat should call the Alameda County Public Health Department at 510-267-3250, Monday through Friday from 8:30 am to 5:00 pm.; after hours, callers should follow the voicemail prompts to reach the Public Health Duty Officer on-call. They should also see a health care provider to receive preventive rabies vaccine shots.

Anyone whose pet touched this bat should call Fremont Animal Services at 510-790-6630; or Fremont Police Department at 510-790-6800. They should also bring their pet to a veterinarian to receive a rabies vaccine booster shot.

Rabies is spread by contact with the saliva or brain tissue of an infected animal, especially through a bite. More than 90% of rabies cases in animals occur in wildlife. Most cases of rabies in humans in the US are due to contact with bats. Because bats

are small and their teeth are tiny, bat bites are almost invisible and may not be noticed.

Humans exposed to rabies who do not get preventive vaccine shots will usually develop symptoms in 1 to 3 months. Early rabies symptoms include irritability, fever, headache, and severe fatigue. Later symptoms include difficulty walking, speaking, or swallowing and confusion, hallucinations, agitation, or nerve pain. Almost all rabies patients become comatose and die within 1 to 2 weeks of becoming sick.

This is the 12th rabid bat detected in Alameda County in 2015, surpassing the 1999 record of nine rabid bats. Rabid bats have been found this year in Fremont (4), Sunol (3), Pleasanton (2), Livermore (2), and San Leandro (1). In 2014, only two rabid bats were detected, one each from Fremont and Pleasanton.

Park It

Tarantula Time

PARK IT COLUMN BY NED MACKAY

As the weather cools and summer surrenders to autumn, one of nature's more interesting creatures may make its annual appearance – the tarantula.

This is tarantula mating season. Normally the large, hairy spiders are nocturnal, emerging at night to hunt for the small insects that make up their diet. But this time of year you may see the males out and about in daytime, looking for the females who await them in dens six to ten inches underground.

Life isn't easy for the guys. Sometimes their female partners will eat them after the procreative act. Even if the boys escape that fate, they usually die within a year. By contrast, the girls can live up to 30 years.

Both sexes are preyed upon by tarantula hawks, which are wasps that hunt tarantulas, paralyze them with a sting, then lay eggs on the helpless spider to provide a meal for the wasp larvae when they hatch.

If you see a tarantula while you're out in the parkland, don't try to handle it. Tarantulas are not aggressive, but their bite is painful, and they have barbed, irritating hairs on their abdomens as a defense against predators.

And picking up the spider could injure it.

Here's a bonus for your next trivia contest: spiders aren't insects. They are arachnids. Insects have six legs; arachnids such as spiders and ticks have eight. There are other differences, too.

Tarantulas aren't always easy to spot. But a sure way to see one close-up is to attend a program hosted by naturalist Eddie Willis from 1 to 3 p.m. on Sunday, Sept. 27 at Black Diamond Mines Regional Preserve.

Meet Eddie at the uppermost parking lot at the end of Somersville Road, 3? miles south of Highway 4 in Antioch. The guest of honor will be Black Diamond Mines' new tarantula in residence, inevitably named Harry.

Other regional parks have also scheduled spider programs in coming weeks.

An even larger hairy animal that used to roam widely through California is the bear. While there are still plenty of black bears in the Sierra Nevada, the grizzly bear depicted on the state flag is long gone.

However naturalist Kevin Dixon will lead a hike at Black Diamond Mines from 10 a.m. to 12:30 p.m. Saturday, Sept. 26. As the group strolls through oak woodland, chaparral and grassland, Kevin will talk about bears and other wildlife, and how people have changed the landscape.

The hike is for ages nine and older. Meet Kevin at the same location as the tarantula program.

For information on either program, call 888-327-2757, ext. 2750.

At the other end of the regional park district, it's time for the Stone Age Olympics. The free event will take place from 10 a.m. to 3 p.m. on Sunday, Sept. 27 at Coyote Hills Regional Park in Fremont under the guidance of naturalist Dino Labiste.

It's a day of Stone Age technology contests and stone tool-making demonstrations. Visitors can try their hand at throwing a rabbit stick, flinging a bolas, or using an atlatl, which is a prehistoric dart-launching device. Flint-knappers will shape rocks into a variety of tools. For kids, parent participation is required.

It all will take place at the park's Dairy Glen campsite. Coyote Hills is located at 8000 Patterson Ranch Road off Paseo Padre Parkway. There's a parking fee of \$5 per vehicle. For information, call 888-327-2757, ext. 3220.

Crab Cove Visitor Center at Crown Beach in Alameda sched-

ules family nature fun hour from 2 to 3 p.m. every Saturday and Sunday. On Sept. 26 and 27 the theme is nature art – create your own outdoors with materials supplied by the naturalists.

After that it's fish feeding time from 3 to 3:30 p.m. at the center's large aquarium, which displays crabs, flounder, perch, pipefish and other aquatic residents of San Francisco Bay.

Crab Cove is located at 1252 McKay Ave. off Central Avenue. For information, call 510-544-3187.

There's always a lot going on at the Environmental Education Center at Tilden Nature Area near Berkeley. And the hills will be alive with music from 11 a.m. to noon on Saturday, Sept. 26, when naturalist Trent Pearce conducts a Little Farm sing-along.

Trent will provide the lyrics for you to join in songs about farming, work and play. The Little Farm is right next to the center, at the north end of Tilden's Central Park Drive.

Later on Saturday there's a free outdoor movie from 7 to 9 p.m. at the nearby Indian Camp picnic area, featuring the 2012 animation adventure-comedy, "The Lorax."

The movie will begin shortly after sunset at 7 p.m. Arrive early to get a good seat and take in some pre-movie entertainment.

Bring a flashlight, warm clothes and a blanket or chair.

There will be snacks and drinks for sale. No pets, please. Rain cancels. For more information, call 510-544-2554.

Another option this Saturday is the **Moonrise to Moonlight Adventure** from 6 to 8:30 p.m.

Sept. 26 at Redwood Regional Park, led by Morgan Dill.

Meet at the Trudeau Staging Area at 11500 Skyline Boulevard in Oakland, near the intersection with Joaquin Miller Road. Activities will include owl pellet dissection and a three-mile hike to look for nocturnal animals and gaze at stars. The hike is for ages 18 and older. It's free with no reservations required. For information, call 510-544-3187.

The next in the park district's series of **Sunday Strolls** is from 10 a.m. to noon on Sept. 27 at Martin Luther King Jr. Regional Shoreline in Oakland. Meet at the Garretson Point Staging Area at Oakport Street and 66th Avenue for a 3 1/2-mile level walk to see wetlands and wildlife. For information, call 510-544-3187.

Sunday Strolls explore a different park each week on hikes ranging from one to five miles. The strolls are great for families and dogs are welcome on most hikes. For maps and directions, visit www.ebparks.org/parks.

SEE OUR PROGRESS in the Bay Area



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That's why we're investing \$5 billion this year to enhance pipeline safety and strengthen our gas and electric infrastructure across northern and central California. It's why we're helping people and businesses gain energy efficiencies to help reduce their bills. It's why we're focused on developing the next generation of clean, renewable energy systems.

Together, we are working to enhance pipeline safety and strengthen our gas and electric infrastructure—for your family and ours.

SEE THE FACTS IN THE BAY AREA



Replaced more than 30 miles of gas transmission pipeline



Invested more than \$2.1 billion into electrical improvements



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Together, Building a Better California

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SAN LEANDRO

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> INDEPENDENT LIVING ASSISTED LIVING



St. Edward Catholic School

Transitional Kindergarten!



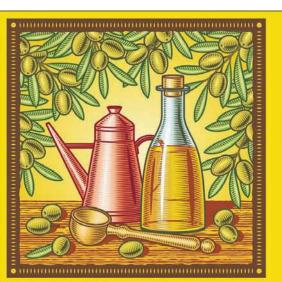




St. Edward School is excited to announce Transitional Kindergarten beginning in August 2015. Students will discover a love for learning through monthly themes, letter of the week learning and math concepts presented in a play-based and hands-on environment. We welcome children who are potty trained and 4 years of age as of September 1, 2015.

The TK school day is from 8 a.m. to 3 p.m. If you feel your child isn't ready to begin in August, applications will be accepted throughout the school year. St. Edward School, a TK-8th grade Catholic school, is accepting applications for all grades.

Please call 510-793-7242 or visit www.stednewark.org St. Edward School - 5788 Thornton Ave., Newark



Mission San Jose Chamber of Commerce presents The 14th Annual

Olive Festival

Saturday & Sunday October 3 & 4, 2015 10 am - 5 pm

The Premier Event in the Mission San Jose District!



behind the Historic Old Mission San Jose Museum

On the Dominican Grounds

43326 Mission Blvd. Fremont CA 94539 Enter Festival from Mission Blvd. at Mission Tierra Place Free parking at Ohlone College Parking Lot D



Live Music Saturday

1 pm: Georgi and the Rough Week 3 pm: Ron Thompson

Sunday

1 pm: Incendio 3 pm: Tempest



Tavares Realty



HAPEL ANGELS

THANKS TO OUR SPONSORS!

ROBSON HOMES



Lily Mei

For more information, visit our website at msjchamber.org

Donald Jedlovec Photography













Sunday Brunch is Back

\$12.95 - 10am-2pm

Large Banquet Room, 150 Occupancy Private Dining Room for up to 30 people Catering - Your Location or Ours

Free Happy Hour Appetizers Outdoor Patio Seating Live Music Friday & Saturday Thursday Night D J

Martini Mondays Capacity: 180 Includes: Dance floor Private bar Sound system 120in. projection HDTV

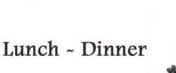




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