



Cops 4 Kids a success

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StarStruck kicks off 20 years with feel-good 'Seussical' revival

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Kick off the New Year with Tom Rigney and Flambeau

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What's Happening

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January 6, 2015

Vol. 14 No. 1



Local teen recognized for Junior Ranger Program

By DOUG CORDELL, PUBLIC AFFAIRS OFFICER

PHOTO COURTESY OF EARTH ISLAND INSTITUTE
PHOTOS COURTESY OF DON EDWARDS SAN FRANCISCO BAY WILDLIFE REFUGE

Lynnea Shuck, a 17-year-old volunteer who created the Don Edwards San Francisco Bay National Wildlife Refuge's Junior Refuge Ranger program, has been named one of six youth leaders in North America to receive the Earth Island Institute's prestigious Brower Youth Award.

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Tule Ponds — for Floods, Wildlife and Education



SUBMITTED BY JOYCE BLUEFORD

Recent rains have replenished the water at Tule Ponds at Tyson Lagoon Wetland Center. Additional rainwater brings birds and other wildlife to this 17-acre site in the heart of Fremont. This "water gem" is hidden behind the Fremont BART Station; most visitors are amazed that they never noticed the area. High school volunteers help maintain and restore the Tule Ponds under the guidance of staff from Math Science Nucleus which manages the site for Alameda County Flood control and Water Conservation District.

Tyson Lagoon was once a larger lake; geologists have traced the age of the lake to a minimum of 4,000 years old. It was created by a depression between two traces of the Hayward fault in what is called a "sag pond." A high water table west of the fault makes Tyson Lagoon a permanent lake, home for many threatened species including the Western pond

turtle, osprey, tricolor blackbird, and yellow legged frog. Over 130 different species of birds have been observed at the Lagoon throughout the year.

In addition to Tyson Lagoon, there are three constructed ponds on the site that help prevent flooding after major storms. As a city grows, its roads, sidewalks, and homes prevent water from being absorbed naturally into the ground. During heavy rains the water flows into natural low spots. Tule Ponds at Tyson Lagoon was designed to help control the flow of debris and heavy metals through the watershed before it continues to the San Francisco Bay. It uses natural wetland plants like tules and cattails to help filter storm water that enters the area. Community volunteers pick up the garbage after storms.

Educational and restoration programs at this site are developed by the non-profit Math Science Nucleus, in-

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Aerial photo with a Sunnyvale channel

CARGILL DONATES MORE LAND TO WILDLIFE REFUGE

SUBMITTED BY JILL SINGLETON

Cargill recently donated 50 acres to the Don Edwards San Francisco Bay National Wildlife Refuge, expanding water and levee access to hundreds of acres along the Sunnyvale shoreline.

The land donation includes a 100-foot-wide, 1.5-mile-long channel, and a paved road to a boat ramp on the Guadalupe Slough. The channel was built in the 1950s to move salt brines between two former salt ponds. It is located near the Sunnyvale Water Pollution Control Plant, providing all-weather access to hundreds of acres of wetlands and salt ponds along the South Bay.

"This is a unique property because it provides water and land linkages to hundreds of acres of salt pond properties that

Cargill donated and sold to the Refuge in 2003," said Pat Mapelli, Cargill's Real Property Manager. "It will assist the Refuge staff in their jobs of managing wildlife habitat and we are pleased to see that this land is now in public ownership."

The Sunnyvale channel is the latest in a series of land donations and sales by Cargill to benefit wildlife. Since 1978, Cargill has transferred more than 40,000 acres, or 90 percent of its landholdings, to public ownership, with donations exceeding \$150 million. Cargill's largest land transfer involved 16,500 acres of former commercial salt ponds and associated properties, which were acquired by the USF&WS and California Department of Fish and Game (Now CA Department of Fish and Wildlife) in 2003.

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Restoring Balance

Ellen Wilson saw a flyer for a "Lifestyle Management" program at the Washington Hospital Women's Center and took a second look. "I thought the program sounded interesting with its emphasis on stress management, nutrition and exercise — all things I thought I should pay more attention to," Ms. Wilson says. So she signed up.

"The program was wonderful and a great help to me in working on those issues. I learned techniques to better handle stress and useful information about improving my eating habits," she adds. "And, the course helped me realize that exercise needn't be a burden but something I can weave into my daily life, little by little if necessary."

Beginning Monday, January 19, Dr. Victoria Leiphart, a gynecologist and Lifestyle Medicine physician, will begin a new Lifestyle Management program, entitled "Restoring Balance." The four-week session will be held at the Washington Women's Conference Center, 2500 Mowry Avenue (Washington West), Suite 145, in Fremont from 7 to 8:30 on successive Mondays. The course will be repeated for another four-week session beginning April 27. Fee for the series is \$75 and participation is limited to 20 persons to provide for individualized attention. Call 510.608.1301 to enroll.

The four-week program will provide practical information on how participants can develop individual lifestyle management initiatives that will help them feel

better, be more energetic and less stressed. Dr. Leiphart keeps the class size small so that she can adjust the discussions to meet the needs and interests of the individual participants. In addition to the class discussions, participants will receive some written materials to take home for additional information and reference.

Research continues to demonstrate that illness and disease can be treated and even prevented with lifestyle management, Dr. Leiphart says. For example, various studies have shown that spending only a half-hour each day exercising (walking, biking, yoga, aerobic dancing, among other activities) reduces knee arthritis pain by 47 percent in adults of all ages studied.

"I see many mature women in my practice," Dr. Leiphart adds. "What the ones who are energetic, vital and engaged have in common is that they exercise, watch what they eat and manage the stress in their lives."

Two-thirds of American women are overweight or obese, and for middle-aged and older women that number is even higher, according to Dr. Leiphart. "One in three meals is eaten outside the home; we spend three-to-four hours a day in front of the television or computer screen; our lives are filled with stress from having too many balls in the air: ageing parents, children, work, civic engagement, household responsibilities."

Exercise is the single most important action a person can take to improve one's

Ellen Wilson, Washington Hospital Lifestyle Management participant, credits the program for helping her better manage stress and improve many aspects of her life.



health, Dr. Leiphart says. And, you don't have to spend hours at the gym to see improvements.

The key for most women is taking small sustainable steps: at the start, walking 10 minutes a day (five minutes out the door, turn around and five minutes back). Soon that's up to 20 minutes and so on. The greatest percentage improvement in cardiovascular health is with individuals who go from no exercise to one hour a week, over time, she notes.

Once you've begun to exercise and feel the benefits in energy and vitality, you are much more likely to eat healthier, Dr. Leiphart says. Her program will share simple keys to portion control and healthier food choices.

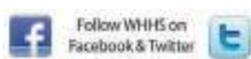
In regard to stress management, Dr. Leiphart recommends a variety of

choices for stress reduction from meditation, prayer, knitting and yoga to spending time with women friends on a regular basis. "Relationships with other women provide happiness in our lives and that helps us manage the stress we all experience. We all live crazy lives and we seldom take the downtime we need to recharge our batteries — which is essential to staying well over the long term.

"The goal is not to look younger, but to feel younger," Dr. Leiphart says. "Beauty and aging comes from fruits and vegetables and exercise."

To learn more about Washington Hospital Healthcare System, visit whhs.com. To find out more about Washington Township Medical Foundation, visit www.mywtmf.com.

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at www.inhealth.tv



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, www.whhs.com

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	1/6/15	1/7/15	1/8/15	1/9/15	1/10/15	1/11/15	1/12/15
12:00 PM - 12:30 AM	Keys to Healthy Eyes	Skin Cancer	Deep Venous Thrombosis	Don't Let Back Pain Sideline You	Women's Health Conference: Aging Gracefully	What You Should Know About Carbs and Food Labels	Don't Let Back Pain Sideline You
12:30 PM - 1:00 PM	Community Based Senior Supportive Services	Keeping Your Heart on the Right Beat		Keeping Your Heart on the Right Beat	Don't Let Hip Pain Run You Down	Turning 65? Get To Know Medicare	Important Immunizations for Healthy Adults
1:00 PM - 1:30 AM		Snack Attack	Vitamins and Supplements - How Useful Are They?		Learn More About Kidney Disease		
1:30 PM - 2:00 AM	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy	Washington Township Health Care District Board Meeting December 10th, 2014		Treatment Options for Knee Problems		Arthritis: Do I Have One of 100 Types? Do You Have Sinus Problems?	Voices InHealth: Healthy Pregnancy
2:00 PM - 2:30 AM			Heart Irregularities		How Healthy Are Your Lungs?		
2:30 PM - 3:00 AM	Turning 65? Get To Know Medicare	Heart Healthy Eating After Surgery and Beyond		Snack Attack		Voices InHealth: The Legacy Strength Training System	Do You Have Sinus Problems?
3:00 PM - 3:30 AM			Important Immunizations for Healthy Adults		What You Should Know About Carbs and Food Labels		
3:30 PM - 4:00 AM	Women's Health Conference: Aging Gracefully	Keys to Healthy Eyes		Heart Healthy Eating After Surgery and Beyond		Acetaminophen Overuse Danger	Washington Township Health Care District Board Meeting December 10th, 2014
4:00 PM - 4:30 AM			Influenza and Other Contagious Respiratory Conditions		Skin Cancer		
4:30 PM - 5:00 AM	Turning 65? Get To Know Medicare	Heart Healthy Eating After Surgery and Beyond		Snack Attack		Do You Have Sinus Problems?	Living with Heart Failure
5:00 PM - 5:30 AM			Important Immunizations for Healthy Adults		What You Should Know About Carbs and Food Labels		
5:30 PM - 6:00 AM	Women's Health Conference: Aging Gracefully	Keys to Healthy Eyes		Heart Healthy Eating After Surgery and Beyond		Acetaminophen Overuse Danger	Washington Township Health Care District Board Meeting December 10th, 2014
6:00 PM - 6:30 AM			Influenza and Other Contagious Respiratory Conditions		Skin Cancer		
6:30 PM - 7:00 AM	Turning 65? Get To Know Medicare	Heart Healthy Eating After Surgery and Beyond		Snack Attack		Do You Have Sinus Problems?	Living with Heart Failure
7:00 PM - 7:30 AM			Important Immunizations for Healthy Adults		What You Should Know About Carbs and Food Labels		
7:30 PM - 8:00 AM	Women's Health Conference: Aging Gracefully	Keys to Healthy Eyes		Heart Healthy Eating After Surgery and Beyond		Acetaminophen Overuse Danger	Washington Township Health Care District Board Meeting December 10th, 2014
8:00 PM - 8:30 AM			Influenza and Other Contagious Respiratory Conditions		Skin Cancer		
8:30 PM - 9:00 AM	Turning 65? Get To Know Medicare	Heart Healthy Eating After Surgery and Beyond		Snack Attack		Do You Have Sinus Problems?	Living with Heart Failure
9:00 PM - 9:30 AM			Important Immunizations for Healthy Adults		What You Should Know About Carbs and Food Labels		
9:30 PM - 10:00 AM	Women's Health Conference: Aging Gracefully	Keys to Healthy Eyes		Heart Healthy Eating After Surgery and Beyond		Acetaminophen Overuse Danger	Washington Township Health Care District Board Meeting December 10th, 2014
10:00 PM - 10:30 AM			Influenza and Other Contagious Respiratory Conditions		Skin Cancer		
10:30 PM - 11:00 AM	Turning 65? Get To Know Medicare	Heart Healthy Eating After Surgery and Beyond		Snack Attack		Do You Have Sinus Problems?	Living with Heart Failure
11:00 PM - 11:30 AM			Important Immunizations for Healthy Adults		What You Should Know About Carbs and Food Labels		
11:30 PM - 12:00 AM	Women's Health Conference: Aging Gracefully	Keys to Healthy Eyes		Heart Healthy Eating After Surgery and Beyond		Acetaminophen Overuse Danger	Washington Township Health Care District Board Meeting December 10th, 2014
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Growing Up Healthy—A pediatric specialist talks about tonsils and adenoids

Sore throats, coughs, runny noses, earaches and more. Right now, children everywhere seem to be suffering with these common wintertime maladies. Cool—even wet—weather has arrived, bringing with it the cold and flu season. Meantime, kids are back in daycare and school, with greater risk of exposure to germs and illness. It's no wonder parents are concerned.

And, it gets worse. When children are sick, it's not just about them. Restless, sleepless nights can affect everyone in the household, while mom or dad may have to take off work to stay home with a sick child.

"At this time of year, colds, breathing difficulties, sinus trouble and other problems involving the ears, nose, throat, head and neck are 'front and center' for kids and their families," said Dale Tylor, MD, MPH, a pediatric ear, nose and throat specialist with Washington Township Medical Foundation. "These maladies are a huge reason why many children are coming to see us right now."

This is the first in a series of articles on children's ear, nose and throat problems. This information will help parents and families keep kids as healthy as possible and know what to do when illness strikes.

What is tonsillitis?

At some point, nearly every child has at least one bout of tonsillitis. For some, it becomes a chronic problem, with recurrent sore throat, ear pain, difficulty swallowing, fever, swollen lymph nodes in the neck area, and an overall feeling of the "blahs."

"Tonsils, which are the little balls at the back of the throat, and adenoids, which sit in back of the nose, are part of the body's first line of defense against infection," explained Dr. Tylor. "Symptoms of tonsillitis usually resolve in three or four days but can last as long as two weeks, despite treatment. Sometimes, children develop a low-grade, chronic inflammation that flares up every once in a while."

The symptoms of tonsillitis, especially if they come back repeatedly, are reason enough to



It's the time of the year when the number of children suffering from wintertime maladies such as a sore throat and tonsillitis increases. Talk to your child's pediatrician or ENT specialist to learn more about treatment options for frequent recurrences of tonsillitis.

take your child to the doctor. Tonsillitis can be caused by a bacterial infection such as strep—which is more common in kids age 5 to 15—or a virus, which tends to be more common among younger children. With teenagers, the symptoms may also be due to mononucleosis. Doctors will often take a culture of the infected area to determine if

antibiotic treatment is needed, as not all infections respond to antibiotics.

If your child is having trouble with her adenoids, it may be hard for her to breathe through her nose. Adenoids are also more closely associated with the ears, so she might develop a chronic infection of the eustachian tube, the passage between the back of

the nose and the inside of the ear. This can lead to a build-up of fluid in the middle ear and frequent ear infections, which can result in fever and the potential for hearing loss.

If your child's tonsils and adenoids become swollen, her airway may become partially blocked, leading to problems with breathing, swallowing and sleeping. This includes mouth breathing, snoring and nighttime breathing pauses, called sleep apnea. Kids with sleeping problems may have difficulty waking up in the morning, feel sleepy during the day, and have trouble concentrating. This, in turn, can potentially lead to difficulties with behavior or school performance.

When should my child have a tonsillectomy?

"Tonsillitis is most often treated with antibiotics, and fluid replacement and pain control are also important," advised Dr. Tylor. "But, just one bad strep throat does not indicate the need for surgery to remove the tonsils and/or adenoids."

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Washington Hospital Welcomes First Baby of 2015



The first baby of the New Year born at Washington Hospital in Fremont was delivered by Lise Nguyen on January 1, 2015 at 12:51 a.m. At 7 pounds and 18.5 inches, baby Kara, is the pride and joy of first time parents, mom Lise and dad Mark.

Ask the Doctor

This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at: askthedoctor@wbhs.com

Mammograms

Dear Doctor,
I am 65 and have always had normal mammograms. Do I still need to get one every year?

Dear Reader,
The current American Cancer Society recommendation for women in your age group is to get a screening mammogram once a year.

Dear Doctor,
I have dense breasts and I am always going in for extra mammogram views. Are there other tests I could get instead of the additional mammograms?

Dear Reader,
Yes, there are several other tests that are good for evaluating dense breasts. Both MRI and ultrasound are good screening tests for women who have dense breasts and may require additional mammographic views.

Mary S. Maish, M.D.



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master's degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.

DON'T PROCRASTINATE, VACCINATE

Flu Season is upon us. You can protect yourself and your family by getting vaccinated now. We urge anyone age nine and older to visit our Urgent Care Clinic to get the mercury-free flu vaccine. Together we can fight the flu and keep our community healthy.



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Arthur J. Ting, M.D.
Orthopedic Surgery & Sports Medicine



continued from page 1

Local teen recognized for Junior Ranger Program

The awards, part of the Institute's New Leaders Initiative, recognize young environmental activists ages 13 to 22 for outstanding efforts to promote ecological sustainability and social justice. Shuck, a senior at Mission San Jose High School in Fremont has been volunteering with the refuge since 2010. Her innovative Junior Ranger program was created in 2013, when she recognized an opportunity to actively engage young people who, in turn, can become advocates for wildlife protection and the refuge system.

Shuck said her experiences as a young volunteer at the refuge inspired her effort to reach out to other young students. "I started volunteering when I was in 7th grade and became totally hooked on refuges. It opened up a whole world of environmental awareness for me—I've grown so much as a person here and am so appreciative of what the refuge has to offer. I want to give young children the opportunity to have the same experiences I've had." As part of her program, Shuck designed a 21-page activity book for 8-11 year-olds.

Wildlife collector's cards are earned for activities such as nature hikes, bird counts,



wildlife art, and interviews with rangers, managers and educational staff at the refuge. Some of the regular refuge programs that earn points are the Wetlands Water Café, All About Owls, World of Butterflies and Nocturnal Wonders. With completion of the activity booklet, participants receive a sticker and are certified as Junior Refuge Rangers.

Hands-on experience at the refuge is central to the program. "It's one thing to learn about marsh plants in a classroom," Shuck said. "It's another to be standing in the marsh, touching the plants, and even tasting the pickleweed." Besides being fun, the activities impart valuable lessons about refuges and the environment. "I learned that no matter how old a kid is, they can learn really complicated concepts in environmental science if they are taught in the right way," Shuck notes. "This program demonstrates that environmental stewardship can be taught at any age." Shuck is now working to expand the Junior Refuge

Ranger program to other refuges, including California's Humboldt Bay National Wildlife Refuge and Sacramento National Wildlife Refuge Complex.

As part of her award, she and the other winners — who hail from Michigan, New York, Florida and Hawaii, and work on projects ranging from sustainable food security to prevention of marine debris — get a week of leadership training. Each also received \$3,000 funding for their programs. The Brower Youth Awards were formally presented by the Earth Island Institute on October 21, 2014 at the Nourse Theater in San Francisco.

To see a short video on her project and what inspired her, go to <http://bit.ly/10OqKbZ>



Fabulous Events (and Fabulous People, too!)

Join us at **Carlton Plaza of Fremont** for these fabulous events:

Time for Tea!

Tuesday, January 13, 3:30 p.m.

It's tea time at Carlton Plaza of Fremont! Enjoy delicious **hot teas, finger sandwiches, and live entertainment.** Cost of entry is \$15, but guests can attend the event free of charge by taking a tour of the community.

Lecture Series: Veterans

Thursday, January 29, 5:30 p.m.

Heritage Financial North is presenting this seminar to teach veterans and their spouses about benefits and long-term care. Light refreshments will be served at this free, educational event.



Carlton Plaza of Fremont
3800 Walnut Avenue • Fremont
(510) 505-0555
CarltonSeniorLiving.com
Lic. No. 015600118

Please call to RSVP!



Carlton Plaza of Fremont is a fabulous independent living and assisted living community for seniors!

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Growing Up Healthy—A pediatric specialist talks about tonsils and adenoids

With prior generations, tonsillectomy was a nearly universal treatment. Today, according to Dr. Tylor, it is done less frequently and usually for a very specific complaint. Nevertheless, it is still a common procedure, with about 500,000 performed annually in the U.S.

Surgery involves removal of all the tissue of the tonsils and adenoids, if they are also being removed. Children are usually under general anesthesia during the procedure, which is often done in an outpatient surgery center. Recovery takes at least a week, during which time children have a severe sore throat and difficulty swallowing. Removal of the adenoids only is a simpler procedure with an easier recovery.

If your child continues to have bouts of tonsillitis despite antibiotic treatment; if she misses school frequently to the point that you and her teacher are concerned about academic performance and progress; or if the infection continues to be transmitted among other children in

the family—then tonsillectomy may be the answer.

“It’s not a knee jerk reaction, however,” Dr. Tylor asserted. “With improvements in medical and surgical treatments, complications from tonsillectomy today are rare. However, it is still surgery, and you need to weigh the risks and benefits.”

“The fact remains that, for a child suffering from recurrent tonsillitis, surgical removal can bring a substantial improvement to their quality of life,” she continued. “Once the tonsils and/or adenoids have been removed, a child is often better able to concentrate in school, has more energy, and can once again enjoy activities like overnights with friends. It can make a huge difference.”

Learn more.

To get more answers to questions about tonsils and adenoids, go to www.childrenswishingwell.org/5-common-questions-about-tonsillectomies. To learn more about Washington Township Medical Foundation, visit www.mywtmf.com.

continued from page 1

CARGILL DONATES MORE LAND TO WILDLIFE REFUGE

That transaction, valued at \$200 million by the Internal Revenue Service, involved a \$100 million sale and a \$100 million donation in land value by Cargill. It also set the stage for the largest wetland restoration project on the West Coast.

Since 2003, Cargill has donated two other properties of significance. A 252-acre former salt pond, near the Facebook Campus in Menlo Park, was donated in 2007. Three years later, Cargill donated a 2.4-mile levee (16 acres) near Moffett Field. This linked two segments of the Bay Trail to provide continuous access from Menlo Park to Alviso.

Cargill continues to produce approximately 500,000 tons of sea salt each year, operating on 9,000 acres of salt ponds within the Refuge and on several thousand acres of company-owned industrial properties in Newark and Redwood City.

Line 77 route change

SUBMITTED BY
SANTA CLARA VALLEY
TRANSPORTATION AUTHORITY

Santa Clara Valley Transportation Authority (VTA) will be rerouting Bus Line 77 (Eastridge - Great Mall) around construction of VTA's BART Silicon Valley Extension on Lundy Avenue near Sierra Road. This intersection will be closed beginning January 26 for 9 months, and the reroute of Line 77 will operate on Lundy, Hostetter,

Flickinger and Berryessa back to Lundy. Temporary bus stops will be set up along Flickinger Avenue, and minor weekday and weekend schedule changes will be made.

We encourage our passengers to plan their trips accordingly, and you can see the rerouted schedule at www.vta.org/routes/rt77?asof=1/5/2015. For more information about service changes, please contact VTA Customer Service at (408) 321-2300 or at Teletype (TTY) (408) 321-2330.

Evening of Improv offers hilarious improvisational comedy

SUBMITTED BY BOB MILLER
PHOTO COURTESY OF
MADE UP THEATRE

Douglas Morrisson Theatre (DMT) is excited to present for the first time on our stage, “An Evening of Improv with Made Up Theatre” on January 15. Made Up Theatre is the Bay Area’s home for improvised comedy and entertainment. DMT’s show will feature an all-star cast of improvisers who use nothing but audience suggestions to create fresh and hilarious improvised scenes. Voted “Best Comedy Theatre” by Reader’s Choice, we invite you to enjoy

the night out and experience the magic and fun of improvisational comedy.

Made Up Theatre will present two different formats of improv during the show: Laugh Track City for the first half of the evening and 5 Play for the second half. Laugh Track City is Made Up Theatre’s fast-paced short-form improv show that will have you laughing ‘till you cry! Similar to TV’s “Whose Line Is It Anyway?” the cast of Laugh Track City plays a series of improvised games and scenes based on audience suggestions. It’s fun, interactive and hilarious.

5 Play is widely regarded as the most physical and fast-paced

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Ben Stephens, Bobby August, Sean Taylor, Karin Plow, and Dustin Seidler of Made Up Theatre.

improv group in the San Francisco Bay Area. Using a made-up title provided by an audience member, 5 Play will create a fully improvised movie before your eyes. 5 Play has been performing across the Bay Area and beyond since 2009. They were voted Best Improv Group at the 2013 Sacra-

mento Comedy Festival, and have been an official participant in the San Francisco Improv Festival five consecutive times. Made Up Theatre was voted one of the Best Comedy Venues in South Bay by CBS, and was voted a 5-star Yelp! “Best of Nightlife.”

An Evening of Improv with Made Up Theatre
Thursday, Jan 15
8 p.m.
Douglas Morrisson Theatre
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Eugene K. San Francisco, CA

Testimonial 2
Everyone at Raymond Young CPA is approachable and easy to talk to. They are always available to answer questions and give explanations that are understandable.
Fatima A. Arnold, CA

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Flooding happens... even during droughts

GUEST COLUMN
DIRECTOR RICHARD P. SANTOS
SANTA CLARA VALLEY
WATER DISTRICT



The intense storm system that slammed our region in mid-December is a good reminder to be prepared for flooding every winter—even in the middle of a severe drought. Flooding can strike quickly with little or no warning. Floodwater can flow swiftly through neighborhoods and away from streams when creeks overbank.

While many areas experienced street flooding due to storm drain systems that could not keep up with the runoff, local creeks were fortunately able to handle the flows. The water district's flood protection efforts certainly helped avert creek flooding. The district works all year to prepare creeks to carry rain flow by repairing eroded banks and removing debris and accumulated sediment.

Many flood protection projects have been completed over the years, providing protection against a 100-year flood, a flood that has a 1 percent chance of occurring in any year. However, thousands of parcels remain in a 100-year flood zone, and the district and its partner agencies are moving forward with numerous flood protection projects throughout the county to address persistent flood-prone areas.

Floods are one of the most common hazards in the United States, and can cause billions of dollars in damages. One of the most important things you can do to prepare yourself and your family is to have a family emergency plan and emergency kit for your home and car. Designate a family meeting spot in case of any disaster.

Whether it is an earthquake, a flood or any other emergency, we should all be prepared with a supply of medications, food and drinking water to last at least three days. Learn how to turn off utilities to your home. You may need an adjustable pipe or crescent-type wrench to shut off the main gas line at the meter.

We have all seen news footage of cars stuck in flood waters. Avoid driving into flooded areas. A foot of water will cause many cars to float. Two feet of rushing water can

carry away most vehicles, including SUVs and pick-ups.

The water district's outreach and flood risk reduction efforts actually help reduce flood insurance rates. Recently, the district's efforts accounted for approximately \$2.6 million in annual flood insurance premium savings for Santa Clara County residents. Consider purchasing flood insurance, as your basic homeowner's insurance does not cover losses from flooding.

Despite this reminder that flooding can occur in winter, the drought persists. A good start to the winter is not enough for our groundwater basins to recover from three very dry years. As we saw during 2012-13 winter season, we can have flooding in December and then extremely dry conditions for the remaining winter months. Local conditions are not the only factor to consider. With 55 percent of our water supply coming from outside the county, we must take statewide conditions into account. The state's first snow survey revealed that the water content is just one third of normal, and the state's largest reservoirs such as Lake Shasta and Lake Oroville are only about two thirds of average for this time of year. Given these conditions, our call for 20 percent water use reductions will continue well into 2015.

Water is too precious to use just once. Water conservation is a way of life.

Richard Santos is available for questions or comments as your District 3 Santa Clara Valley Water District representative for the northern areas of Sunnyvale and Santa Clara, Alviso, Milpitas and the North San Jose and Berryessa communities. Feel free to contact him at (408) 234-7707.

Museum reaches goal for matching grant funds



SUBMITTED BY LILA BRINGHURST

Gil Garza, president of the Museum of Local History, receives a \$1,000 donation from Donald Kaefter, president of the Mission San Jose Chamber of Commerce and Christine McQuilliams, board member for the Regena Dennie Memorial Fund. With this check the museum reached its goal of \$5,000 matching funds for the recent \$5,000 grant from The Despeaux Good Works Fund at the East Bay Community Foundation.

Host an exchange student

SUBMITTED BY CAROL AND SUSAN BERGER

World Heritage Student Exchange Programs, a non-profit, public-benefit organization, is seeking local host families for high school boys and girls from Scandinavia, France, Germany, Italy, Spain, Thailand, China, South Korea and the former Soviet Republics. The students are excited and are already awaiting word about their host families for the 2015/2016 academic school year (or semester).

Host families provide room, board, and guidance for a foreign teenager living thousands of miles from home. Couples, single parents, and families with or without children living at home are all encouraged to apply.

The exchange students arrive from their home countries before the 2015/2016 school year begins and each World Heritage student is fully insured, brings his/her own spending money, and expects to bear his/her share of household responsibilities as well as be included in normal family activities and lifestyles.

If you are interested in opening your home and sharing your family life with a young person from abroad, please contact local Area Representatives Carol and Susan Berger at (209) 863-2247. Please also visit World Heritage's website at www.world-heritage.org.



Engaged, December 5, 2014
Michael Nguyen and Khristine Germono

Melinda Pinson named to dean's list

SUBMITTED BY HANNAH BEALL OWENS

Hayward resident Melinda Pinson, a senior psychology major at Harding University, is among more than 1,200 University students included on the dean's list for grades achieved during the fall 2014 semester.

The dean's list is published each semester by Dr. Larry Long, University provost, honoring those who have achieved high scholarship. To be eligible, a student must be carrying 12 or more hours with a 3.65 or higher grade-point average and no incompletes.

Harding is the largest private university in Arkansas and maintains campuses in Australia, Chile, England, France, Greece, Italy and Zambia. For more information visit www.harding.edu.

Local students named to Dean's List

SUBMITTED BY ARIZONA STATE UNIVERSITY

Undergraduate students who earn 12 or more graded semester hours during a semester in residence at ASU with a GPA 3.50 or higher are eligible for the Dean's List. A notation regarding Dean's List achievement appears on the unofficial transcript. The following students were named to the Fall 2014 Dean's List at Arizona State University:

Ashley Bold
Castro Valley

Melissa Brandle
Fremont

Sydney Cariel
Hayward

Cynthia Contreras
Fremont

Farahnas Doost
Union City

Matthew Dryer
Fremont

Michael Fong
Castro Valley

James Higaes
Hayward

Adrienne Hom
Fremont

John Hritz
Hayward

Robert Kavanagh
Fremont

Sherrel Mitchell
Fremont

Kyle Siegel
Fremont

Danielle Vargas
Union City

Brian Zucker
Fremont

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Booklegger Orientation and Training

SUBMITTED BY KAREN PACHECO

How would you like to have children hanging on your every word and bring together books, children, and libraries through community service? Become a Booklegger volunteer, and experience the satisfaction of bringing the joys of reading to children in kindergarten through eighth grade.

Eight weeks of training takes place at the Fremont Main Library beginning January 20 and will introduce volunteers to book talking, reading aloud and storytelling skills. Regular visits to schools in the Fremont Unified School District will follow.

An orientation meeting for prospective volunteers will be held at the Fremont Main Library on Tuesday, January 13, 2015.

If you can commit three-four hours a week to this award-winning program, now in its 30th year, or have any questions, please call Karen at the Fremont Main Library Children's Desk, (510) 745-1421.

Come join us for an exciting volunteer opportunity!

Booklegger Volunteers
Orientation: Tuesday, Jan 13
2 p.m. - 3 p.m.

Eight Training Sessions - Tuesdays: Jan 20, Jan 27, Feb 3, Feb 10, Feb 17, Feb 24, Mar 3, Mar 10
9:15 a.m. - 11:45 a.m.

Fremont Main Library, Conference Room A
2400 Stevenson Blvd, Fremont
(510) 745-1421

Youngster of the month

SUBMITTED BY BRUCE ROBERTS

Two years ago, Hayward City Councilman Francisco Zermeño, a constant promoter of all things Hayward, began a program called "Youngster of the Month." Every month he selects a young person from Hayward and interviews the youngster. He then sends out an email to the city's residents, praising this youngster's character, dedication, and accomplishments. His program puts a spotlight on these youngsters as a way to reward their success and to promote Hayward pride in their youth.

For December 2014, Vicky Tran, a junior at Hayward's Leadership Public Schools has been named Youngster of the Month. From his interview, Councilman Zermeño pointed out that besides being a good student, Vicky is an active leader and helper in her community.

She participates in many youth organizations, such as Girls for Change, Buddhist Youth Association, Student Government, Key Club, and Hayward Youth Commission. She also finds time to run on her school's cross country team. In her spare time, she volunteers at a homeless shelter and packs and distributes food for the Alameda Food Bank.

Vicky knows that "education is her only way to achieve greatness, make her parents proud, and give back to our community," said Councilman Zermeño.



Her life's goal right now is to attend Stanford University, perhaps to work with babies as a pediatrician.

Councilman Zermeño hopes this initiative to recognize young, dynamic individuals within the community "will encourage leadership and volunteerism among their peers for the benefit of our whole fine city."

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Ohlone Humane Society

You're invited...

BY NANCY LYON

Looking to give something back to your community by helping and discovering more about animals? On January 11th, OHS will be offering people an opportunity to learn more about how we provide care, support, rescue and other vital humane services to help animals and their people.

At this informal get-together, Ohlone Humane Society will provide information on the many benefits we offer in support of the growing community we serve. We're hoping that visitors will find that special niche where they can contribute their assistance regardless of the amount of time they have to share.

The work we do is rewarding in so many ways - whether it's helping seniors or others in need to provide care for their animal companions; ensuring that injured and orphaned wildlife is given a chance to recover at our Wildlife Rehabilitation Center and be returned to their world; providing low-cost spay/neuter services for feral cats and companion animals, speaking out on animal welfare issues.

It all matters. Our wonderful Animal Assisted Therapy Dogs bring comfort and joy to senior and convalescent communities, and our Reading to Dogs program at the Fremont Main Library helps shy children with their reading skills. OHS sponsors 46 elementary school classroom subscriptions to the award winning KIND News program that teaches compassion for

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all beings, respect for themselves and others, and non-violent conflict resolution.

If you resonate to protecting and caring about animals, we invite you to come by and meet us. The orientation is on a drop-in basis and our board members and program coordinators will be available to answer any questions you may have. If you are interested in helping, we will have information on hand where volunteers may offer their support.

Help 2015 the year to make a difference. OHS is small organization but we don't let that stop us from making a big difference in our community. Volunteers are needed to help in every aspect of the organization.

Join us on Sunday, January 11th from 1pm - 3pm, for our volunteer orientation for people, 16 years and older, and information and light refreshments.

OHS Volunteer Orientation (drop in)
Sunday, January 11
1 p.m. - 3 p.m.

Trees Garden Homes Association Cabana
36251 De Valle Court
Fremont - Niles District
Guest parking slots or street parking
Information or RSVP: 510-792-4587
Email: info@ohlonehumanesociety.org

City of Fremont News Briefs

SUBMITTED BY CHERYL GOLDEN

Volunteer Income Tax Assistance Program

Starting February 2 to April 15, 2015, trained IRS-certified VITA tax preparers from the SparkPoint Fremont Family Resource Center (FRC) Volunteer Income Tax Assistance (VITA) Program will be providing free quality tax preparation with e-filing for qualified individuals and families with household incomes of \$53,000 or less annually.

Tax preparation assistance will be available at the Fremont Family Resource Center Mondays and Wednesdays from 4 p.m. to 8 p.m. and Fridays from 10 a.m. to 1 p.m. Tax preparation assistance is also offered in locations throughout the Tri-City area.

For more information, please contact SparkPoint Fremont at 510-574-2020 or visit www.Fremont.gov/SparkPointFRC.

Fremont Warming Center

A Warming Center provides a warm, safe environment for homeless persons (men, women and families) by giving them an option to "come in" from freezing or very wet weather. The center is activated when heavy rains are predicted or when weather will likely fall below 40 degrees.

The Warming Center is located at the Fremont Senior Center in Wing A, 40086 Paseo Padre Pkwy. The center opens at 6:30 p.m. and participants are asked to enter through the door at the southeast corner of the building. No one will be admitted

after 8:30 p.m. The center provides a welcoming environment, dinner, a sleeping bag, mat and pillow and breakfast prior to 7 a.m. when participants are asked to leave the facility.

To see if the center is open, call 510-574-2222. Persons wishing to donate food, supplies, or volunteer may contact City Serve Compassion Network at 510-796-7378. Persons wishing to contribute funds to help keep the center open may contact the Human Services Department at 510-574-2051, or contribute electronically at www.Fremont.gov/HSDonate.

Private Video Surveillance Camera Registration

Do you currently utilize private video surveillance at your home or business? If you do, the Fremont Police Department would like to hear from you. Video surveillance is one of the best methods for apprehending criminals and convicting suspects who are caught in the act of committing a crime. Installing private video surveillance is a great example of community-police partnerships and is something the City highly values as the Fremont Police Department serves a very large community.

If you would like to let the Fremont Police Department know that you have video surveillance and allow police officers to contact you should a crime occur in or near where your cameras are installed, please register your camera online. Registration is voluntary.

For more information, visit: www.FremontPolice.org/CameraRegistration



Volunteer Income Tax Assistance Program

Hiking the John Muir Trail

BY SIMRAN MOZA

Some find tranquility and solitude atop the 14,500 feet high peaks of the John Muir Trail, but it is certainly not for the faint of heart. Hiking up the trail makes for a strenuous journey, but 77-year-old Saeko Izuta completed the climb with ease. On July 2, 2012, Izuta began her 25-day trek from Happy Isles in Yosemite National Park to the Summit of Mount Whitney back down to Whitney Portal, navigating through the high Sierras and covering a total distance of 230.2 miles by July 26. Izuta's story is one that exemplifies the boundaries of human endurance, and I had the privilege of finding out how she accomplished such a rare feat.

"I cut it off into three parts," Izuta explained. "You can't carry 25 days' rations in a bag, so every seven or eight days I would reach a food deposit or mountain huts where we had sent [the food] beforehand. There, seven or eight days' food was waiting for me."

Izuta sustained herself solely on power bars for the entire trip – 700 calories each day. "I only ate one granola bar per meal, so three a day."

In addition to food, water, and a wilderness permit, she carried a spare change of warm clothes, a tent, a sleeping bag, and rain gear. "During the night I would either rest at one of the camping sites along the trail, or find flat ground or rock to pitch the tent," she said.

When asked why she decided to venture out alone, Izuta said that not many people her age are expected to finish the hike, and "I didn't want people to worry about me." Her goal was to do some-

thing that she had never done before. "I am used to solo hikes; the only difference this time was the distance."

Izuta recounted her decades of experience in the mountaintops. "Before this, the longest hike I had done was around a week, and the shortest was two to three days. Izuta hails from Japan, where she became acquainted with the Japan Alps and completed various four to five day climbs. "I also hiked a lot when I used to work in New Zealand, which has the most beautiful mountains."

"I came to the U.S. when I was 40 years old," she said. "That is when I joined the Sierra Club." The Sierra Club, founded by John Muir in 1892, is one of the largest grassroots environmental organizations in the country dedicated to conservation and preservation of the environment. Izuta is part of the Peak Climbing Section, an activity section of the Loma Prieta Chapter of the Sierra Club. "I have been a backpacker for a long time. Climbing is not just about going up and back down, and flat terrain is not my style."

Aside from hiking around the world, Izuta has truly done it all. She has majored in Chemistry, taught Japanese and Linguistics at the college level, and, for some time, even worked at an oil company in Tokyo. She has lived in Newark since 1998 and these days, enjoys tending to the 83 fruit trees in her backyard and nurturing her flower garden. Aside from Mission Peak and Coyote Hills, Izuta hasn't done any major hikes since the John Muir Trail and isn't planning on another one like this in the future. She said that for anyone that wants to hike like her, they should "just enjoy nature, keep healthy, and love walking."

Hiking up the trail makes for a strenuous journey, but 77-year-old Saeko Izuta completed the climb with ease.



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Counseling Corner

Making Your New Year's Resolutions Stick!

BY ANNE CHAN, PHD, MFT

This will be the year I WILL lose 10 lbs. AND I'll get into a regular exercise routine and eat fewer unhealthy snacks. While I'm at it, I'll also meditate, be more patient, and be more organized.

So goes my exact same refrain every single year come January 1. "This year will be different!" I say to myself, forgetting that I said the exact same thing 364 days earlier. Sadly, my willpower to create the Better Me seems to dribble away rather quickly – by January 7, I'm probably lazing on the couch, not meditating in front of the TV, and the house is in disarray.

I know I'm not alone in making and breaking New Year's resolutions. Just take a peek into your local gym the first week of January and you'll see it packed to the rafters with new members working out with zeal. Check back the next month and you'll see that the crowd has thinned out considerably – the devotion to their New Year's resolution has faded and the month-old members have reverted to their old habits of relaxing at home rather than exercising feverishly at a fitness center.

Is it possible to make a New Year's resolution that sticks? Curious to find out how I could create a habit that would stick, I looked into the psychological research on habit formation.

Here's one strategy that isn't likely to work, even though it is often cited by experts: do something 21 times and it will become a habit. I have personally tried this tip and can tell you that it doesn't work for me. Why? Because it takes a lot more than repetition to change behavior, especially one that is difficult to change. I can commit to exercising 21 days in a row and I can guarantee that by Day 22, I'll be doing a great impersonation of a couch potato – the exercise habit will not take hold simply because I exercised 21 times.

Changing habits is far more complex and challenging than simple repetition. Unfortunately, there is no one quick, surefire way that will ensure you stick to your New Year's resolution. However, the good news is that there are several things you can do in combination that can give you a much better batting average this year:

- Understand all the reasons behind the undesired behavior. Do this without judgment or criticism. Say you want to stop eating potato chips and candy bars whenever you need a quick blood sugar pick-me-up (which is pretty much every day). Ask

yourself why you are reaching for those chocolate goodies – is it stress with work and family? Is it boredom? Is it depression? Is it from desperation with being stuck in the house with screaming kids? Is it grief?

- Acknowledge to yourself (and to others, if they are supportive) the reasons behind your bad habit and how your habit serves as a coping mechanism.

- Keep a "habit" diary. Research has shown that one way to lose weight is to keep a thorough record of everything you pop into your mouth. Simply taking careful notes of your food intake can help you to eat less and lose weight.

- Find a buddy who is also committed to change. Having the support of a buddy can be invaluable to maintaining change. This can be particularly effective if you are trying to make a habit of going to the gym – you would be more likely to go regularly if you have a friend who can provide company and encouragement. You would also be less likely to stay home if you know you would be letting your friend down. Be sure to pick a buddy who is motivated and dedicated. This strategy will backfire if you choose someone who is not committed to change!

- Join a group for friendship, moral support, and personal accountability. There are a plethora of groups and clubs that can provide support for a whole range of issues and interests, from bicycling to overeating. You can find similarly-minded people who will help you along your path.

- Create a reward that will take the place of your former bad habit. Don't be fooled by the word "bad" – our habits serve us in one way or another and bad habits have inherent rewards for each of us. Identify a reward that can take the place of the one offered by your bad habit. Let's say smoking helps relax you, especially in social situations. Think of ways in which you can learn to relax without the aid of a cigarette.

So, with these strategies in mind, I will take a step back and implement a plan before I boldly announce my New Year's resolutions. Send me your success (or not) stories of how you stuck to your New Year's resolutions. Happy New Year, everyone!

Anne Chan is a career counselor and licensed psychotherapist in Union City. She specializes in helping people find happiness in their careers, lives, and relationships. Her website is www.annechanconsulting.com

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BUSINESS

More room for chickens likely means costlier eggs

BY SCOTT SMITH
ASSOCIATED PRESS

FRESNO, Calif. (AP), – The new year is expected to bring rising chicken egg prices across the U.S. as California starts requiring farmers to house hens in cages with enough space to move around and stretch their wings.

The new standard backed by animal rights advocates has drawn ire nationwide because farmers in Iowa, Ohio and other states who sell eggs in California have to abide by the same requirements.

To comply, farmers have to put fewer hens into each cage or invest in revamped henhouses, passing along the expense to consumers shopping at grocery stores. California is the nation's largest consumer of eggs and imports about one-third of its supply.

Jim Dean, president and CEO of Centrum Valley Farms in Iowa and Ohio, said one of his buildings that holds 1.5 million hens is now about half full to meet California's standards, and another building may have to be completely overhauled.

Farmers like him in cold climates will have to install heaters to replace warmth formerly generated by the chickens living close together. Dean said that's something people in sunny California didn't consider.

"You're talking about millions upon millions of dollars," he said. "It's not anything that's cheap or that can be modified easily, not in the Midwest."

California voters in 2008 approved the law backed by animal rights advocates to get egg-laying

hens out of cramped cages and put them by Jan. 1, 2015, in larger enclosures that give them room to stretch, turn around and flap their wings.

State legislators followed with the companion piece in 2010 requiring the out-of-state compliance.

In anticipation, egg prices have risen already, said Dave Heylen of the California Grocers Association, adding that the holiday season, cold weather across the country and increased exports to Mexico and Canada also contributed to a year-end price spike. He said he expected that supplies would remain adequate to meet demand.

Daniel Sumner, an agricultural economist at the University of California, Davis, said prices initially could rise dramatically this year but he expects them to eventually settle anywhere from 10 and 40 percent higher in California and return to their normal price elsewhere in the country.

If farmers cut back the number of chickens so they can comply with California's cage law, Sumner said that could reduce the number of eggs available.

"When there's that much uncertainty, I'm thinking there may be some disruption in the market," he said.

Wayne Pacelle, president and CEO of the Humane Society of the United States, said he believes the costs to consumers will be minimal and worth it for the welfare of chickens, which provide enough eggs for each person to consume on average 250 a year. For decades, he said, farmers have crammed six to eight chickens in small cages without room to move.

"This is the last bastion of cage confinement in industrial ag," said Pacelle, whose organization led the reforms. Starbucks in December said it will eliminate the sale of eggs from caged hens, he said, following the lead of Burger King and Whole Foods.

The California Department of Food and Agriculture, independent of the voter initiative, implemented rules that give chickens 70 percent more room, which Pacelle said is better but not enough.

Low-income people who rely on eggs as an economical source of protein may be hurt the worst by California's cage law, says a report this week by the Egg Industry Center at Iowa State University. Anticipating a 15 percent increase, the cost of a dozen eggs could rise by 27 cents, and a family of four could pay \$15.93 more a year, the report says.

California has prevailed in lawsuits, including six from major egg-producing states that argued the state is dictating market prices in other states in violation of the Commerce Clause of the Constitution. Appeals are pending.

Ken Klippen of the National Association of Egg Farmers said California's egg law, in addition to driving up the cost at the grocery store and putting pressure on egg supplies, will result in more injuries to chickens because housing them in larger pens means they are more likely to run, breaking a leg or wing.

"You're not going to help the chicken," he said. "You're not helping consumers."

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Toilet paper applied in Lincoln street repairs

AP WIRE SERVICE

LINCOLN, Neb. (AP), Workers are using single-ply toilet paper to speed repairs of cracks in Lincoln streets.

The toilet paper technique isn't new, but the city had resisted it largely for fear of getting complaints about its appearance, said Clay Engelman, a district supervisor in Lincoln's street and traffic operations division. That didn't happen, but Engelman said his division did get a few calls wondering what crews were using and why, the Lincoln Journal Star (<http://bit.ly/1AhI2fa>) reported.

The city uses tar to seal cracks before they worsen into potholes. Workers sometimes have to wait up to 40 minutes – hampering traffic flow – for the tar to cool down and firm up. Otherwise, the tar could splatter onto vehicles.

Engelman said toilet paper can be placed over the tar as soon as it's laid down, removing the stickiness and allowing vehicles to immediately drive on it.

"We got a lot more accomplished this fall than we have in a long time, because we decided to take a chance on this," Engelman said.

The tissue is biodegradable, he said, and washes away in even a light rain. Workers learned not to use two-ply, because the second layer separates and makes a mess.

Information from: Lincoln Journal Star, <http://www.journal-star.com>

How 'The Interview's' VOD grosses could change the game

BY LINDSEY BAHR
AP FILM WRITER

LOS ANGELES (AP), Sony appears to have a win-win with "The Interview." Not only did the studio score a moral victory by releasing the film in the face of hacker threats, the movie made at least \$15 million from more than 2 million digital rentals and purchases in its first four days.

On Friday, it seemed unlikely we'd ever know if the simultaneous – or "day and date" – strategy paid off. Now, it's tempting to suggest this may be the start of a brave new world of distribution. Add in the \$2.8 million from "The Interview's" limited theatrical release and things aren't looking so bleak for the Seth Rogen-James Franco R-rated comedy.

But the story is far from over and many are divided about its outcome. For some, "The Interview's" impressive video-on-demand performance is an anomaly. For others, it signals a revolution.

"It's a huge number and it's one that is probably making the other studios salivate," said Jeff Bock, a senior box office analyst for Exhibitor Relations. "Now there is something to put on the bulletin board that says, 'Yes, VOD is definitely a viable option.'"

But one might also post on the bulletin board that it's standard industry practice not to release VOD figures. That's why the public only hears about them when they're good. For instance, 2011's "Bridesmaids," which had already been released theatrically, made \$24

million from VOD in four months, allowing Universal to declare it the most popular VOD release of all time. But how many VOD bombs have there been?

Also, if Sony hadn't been hacked and this film wasn't pushed to the center of a national conversation, it could have easily made \$20 million to \$25 million on opening weekend – not unlike "Pineapple Express," a similarly raunchy R-rated comedy starring Rogen and Franco. This would have come far closer than VOD did to paying off "The Interview's" \$40 million production budget and roughly \$10 million marketing cost.

Historically, the movies that have prospered with a simultaneous theatrical and VOD release have been the ones with the smaller budgets, destined for art houses and independent theater chains.

For example, J.C. Chandor's Wall Street thriller "Margin Call," a \$3.5 million movie that Lionsgate and Roadside Attractions acquired for \$1 million, was released in theaters and on demand in the fall of 2011 and picked up around \$5.4 million from theatrical and another \$5 million from VOD. Magnolia, IFC and Radius-TWC have all had similar success stories.

On the other hand, the major studios haven't had the option to even test day-and-date strategies because it would jeopardize the 90-day release window required by big exhibitor chains. In 2011, Universal tried to release their Ben Stiller comedy "Tower Heist"

continued on page 28

In with the new: Snappy apps for 2015

BY BARBARA ORTUTAY
AP TECHNOLOGY WRITER

NEW YORK (AP)—Uber, Facebook, Instagram — sure, they've been all the rage, but as 2014 winds down we're all ready for something fresh. From ride-hailing to photo sharing, here are a few up-and-coming apps and startups to watch in 2015. Which will be the breakout hit of the new year?

TELL A STORY

Instagram, which is owned by Facebook Inc., now has 300 million users — more than Twitter. Scrolling through its snapshot feeds gives users a quick glimpse into the lives of friends and strangers. (At least the parts that include empty beaches, cappuccinos with perfect foam hearts and smiling babies in clean clothes.) Its simplicity is part of its appeal. But what if you want to tell a longer story?

Enter Storehouse, a mobile app that promises to let you share "your stories, as they happen." Instead of sharing one-off photos, Storehouse lets users combine photos, videos and words to share anything from a detailed recipe, to travel memories or a first-person documentary on the Yakuza. Storehouse was founded by Mark Kawano, who previously worked at Apple as a User Experience Evangelist, helping developers design iOS and Mac apps.

"Writers always had a great platform for blogging," Kawano said recently. "But that hasn't happened with photographers yet." Other photo apps, he said, are basically just status updates in a visual form. Storehouse hopes to change that.

HAIL A RIDE

If you haven't heard of Uber, you must never leave your house or watch the news. Many people also are familiar with Uber's smaller rival Lyft, which burnishes its kinder, gentler image by slapping huge pink mustaches on the front of its cars. But more companies are queuing up to squire you around town.

In 10 cities in the U.S., including San Francisco, Seattle, Chicago and Los Angeles, you can order up a Sidecar. The service differentiates itself by letting passengers input their destinations when they book rides and sort drivers based on price, shortest ETA and favorites. In Los Angeles, there's also Opoli, which lets drivers bid for your ride so you can decide which one to go with. You can pick your vehicle too, and make a reservation. Unlike many other app-based car services, Opoli also allows its drivers to work for competitors. Opoli doesn't take a commission on a fare; its drivers pay a subscription fee to use the service.

COOK A MEAL

Food-ordering apps such as Seam-

less have made it easy to order in. And if you want to venture outside, OpenTable and smaller competitors such as Reserve help you quickly book a table with their smartphone apps. But if you'd rather give your loved ones the personal touch, new DIY services will provide carefully measured ingredients and detailed recipes for even the clumsiest of cooks.

Sites such as HelloFresh, Plated and Blue Apron deliver weekly boxes of raw ingredients — even including spices and, at least in the case of HelloFresh, water. The only things you're assumed to have in your pantry are salt, pepper, oil and possibly butter. An upcoming "family plan" box for Blue Apron, for example, features chicken under a "brick" with rosemary, roast potatoes and broccolini; New England-style shrimp rolls with warm potato and kale salad; fresh papardelle Bolognese with romaine, celery and apple salad and two-cheese pizza with iceberg chopped salad. The meals are quick to prepare, so if you're tired of takeout and live in their delivery location, these services could spice up your diet. Or maybe help with that "eat-healthy" New Year's resolution?

CHIT CHAT

You've heard of WhatsApp, the nearly-free messaging app that Facebook paid \$22 billion for this year. And there's Facebook's own messaging tool, which was the year's most-downloaded app (likely because you had to download it if you wanted to message people using Facebook).

That's all so 2014. Why message people you know when you could instead check out Ethan, a messaging app that lets you do just one thing — message a guy named Ethan. He "may message you time to time" but cautions that he "can't respond when he's asleep." Nothing if not honest, Ethan doesn't want you to message him in an emergency, and will advise you not to fall in love with him. But want to plan a dinner-and-movie night? No problem. "Should I get Italian or Chinese for dinner?" (Answer: Italian) and "Gonna watch a movie on Netflix, what should I go for?" (Answer: "The Room.")

PUT THAT PHONE DOWN

If your New Year's resolution is to stop being so rude with your phone and talk to your friends face-to-face every once in a while, there's an app for you, too. It's called Moment, and it tracks how much you use your iPhone and iPad each day (sorry, no Android version yet).

If you are trying to cut back on your screen habit, you can set daily limits and the app will notify you when you exceed them. Moment Family, meanwhile, lets you monitor your whole family's phone use — by looking at your phone.

10 things in 2015 that could affect 2016 campaign

AP WIRE SERVICE

WASHINGTON (AP)—There's a whole year of campaigning, positioning and politicking to go before the next campaign for president kicks off with the Iowa Caucus in early 2016. Ten things to look out for next year that might tell us something about how that campaign to come (which is really already underway) may shake out.

1. Courtrooms Before Campaigns

Three Republican governors who appear likely to run for president face legal issues at home that could derail a campaign before it gets started. Texas Gov. Rick Perry was indicted in August on two felony counts of abuse of power for publicly threatening to veto funding for public corruption prosecutors, and then making good on that threat. An investigation into alleged illegal coordination between Wisconsin Gov. Scott Walker's 2012 recall campaign and conservative groups is on hold pending action from the state Supreme Court, while federal prosecutors in New Jersey continue to investigate what role Gov. Chris Christie's administration played, if any, in tying up traffic on the George Washington Bridge in 2013.

2. Middle-Class Economics

The stock market is up, unemployment is down and economists are giddy about prospects for America's economy to grow in 2015. But while economic indicators are glowing, how middle class voters benefit amid the recovery will shape the presidential campaign. So far, many have not: the typical American family's income is 8 percent lower than it was before the recession hit in 2007. That helps, in part, explain President Barack Obama's stagnant approval ratings, and could be a problem for Hillary Rodham Clinton or any other Democrat expected to defend his, and therefore the party's management, of the economy.

3. Iowa Straw Poll

The Iowa Republican Party's presidential straw poll has come under sharp scrutiny in the past two campaigns after elevating candidates out of step with the larger Iowa and national GOP. The event, held the summer before the winter caucuses, is also a source of tension among campaigns which pay a steep price to take part in what is nominally a fundraiser for the state party. Gov. Terry Branstad, Iowa's six-term governor, wants to end it, while the Iowa Republican Party chairman and central committee have the votes to keep it going. The committee is expected to decide at its Jan. 10 meeting the fate of the 40-year fixture on the presidential campaign calendar.

4. GOP Governors and Medicaid

Two years into the Affordable Care Act, Republican governors remain divided over whether to adopt a key provision of the law that provides health insurance to poor uninsured people via Medicaid. Possible GOP White House prospects, including New Jersey Gov. Chris Christie and Ohio Gov. John Kasich, accepted what's known as Medicaid expansion. Texas Gov. Rick Perry and Louisiana Gov. Bobby Jindal refused, citing concern over the cost. Others, including Wisconsin Gov. Scott Walker, adopted hybrid programs that

expand insurance coverage with limits. How voters view Obamacare and its impacts in states with different approaches to its implementation is sure to figure in the party's presidential primary debates.

5. Right to Work

Wisconsin Gov. Scott Walker faces the prospect of another public fight with organized labor early in 2015 should the state's GOP-controlled legislature try to pass a "right to work" law, which would make private labor union membership optional. Walker's successful effort to curtail the union rights of public employees led to weeks of visible and vocal protests in Madison during his first term, something he's eager to avoid as he weighs if and when to enter the race for president. But it is a priority for Republican lawmakers who expanded their majorities in the midterm elections and aren't as tied to the law's presidential political implications as their ambitious governor.

6. Republican Debates

After a prolonged 2012 primary season that left their presidential nominee bloodied, the Republican National Committee is making significant changes to its debate schedule ahead of the presidential primary season. Party leaders plan to dramatically reduce the number of debates and assert more control over the selection of moderators. Still, logistical questions remain for a 2016 primary field that could feature well more than a dozen high-profile contenders. When the debates begin, candidates may struggle to speak for more than a few minutes on a stage featuring so many podiums.

7. Immigration Actions

Perhaps no issue will riddle Republicans as much as immigration in the next presidential campaign. GOP hopefuls must balance an appeal to conservatives who detest anything they view as "amnesty" for people living in the U.S. illegally, while also reaching out to the nation's fast-growing Hispanic population. Republicans in Congress successfully pushed to fund the Department of Homeland Security, which oversees the nation's immigration enforcement, only through next February, creating a moment in which they can try to challenge Obama's executive action on immigration while in control of both houses of Congress. Some GOP lawmakers are also at work drafting business-friendly bills to boost visas for farm and high-tech workers. Republicans running for president will be asked if they back their party's actions in Congress, and if not, be expected to propose their own solutions.

8. Common Core

In a Republican primary where the candidates may have more similarities than differences, the party's debate over the Common Core education standards could be explosive. Once endorsed by state leaders in both parties, some conservatives have attacked the voluntary standards as a government takeover of education. Former Florida Gov. Jeb Bush may have more on the line than anyone, having dedicated much of his political career to education and refusing to withdraw his support for Common Core. One-time supporters,

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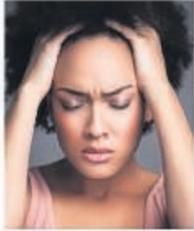
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- Feeding Your Young Child (for parents of children ages 1-5)

Weight Management Programs • (510) 498-2184

- Bariatric Weight Loss Surgery Program
- New Weigh of Life (adult weight management)

PAMF Fremont Urgent Care

Monday through Friday, 8 a.m. – 8 p.m.
Weekends and Holidays, 8 a.m. – 5 p.m.

Fremont Urgent Care of the Palo Alto Medical Foundation is staffed by board-certified pediatricians, family medicine physicians and internist. We treat children and adults who have an injury or illness that requires immediate care, but is not serious enough for a visit to the emergency room. Open 365 days a year for your convenience.

Fremont Center

3200 Kearney Street, Level 1, Building 2
(510) 490-1222
pamf.org/urgentcare/locations/fremont.php

continued from page 1

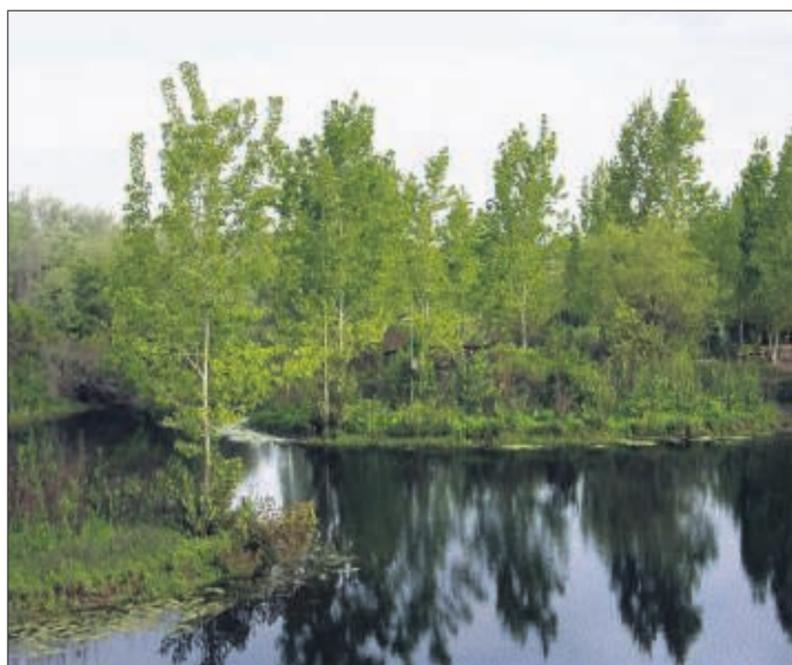
Tule Ponds — for Floods, Wildlife and Education



cluding 110 free field trips for Alameda County schools and other programming for the community. Over 10,000 school age children visit the facility yearly.

Current projects include expansion of butterfly and nectar meadows. High schools students from Hayward to San Jose help every Saturday, performing environmental maintenance. Over 170 Eagle Scout projects have improved the site - building picnic areas, designing trails and building gazebos throughout. There are over fifty Irvington High School "Change" Projects that work on different service projects to help the environment. Every spring, California State University East Bay students volunteer four hours for eight weeks through their Freshman Day of Service. Environmental Interns are selected to learn from other students about environmental challenges in Fremont. Lam Research Foundation helps fund projects through the summer.

Alameda County funds students to perform chemical analysis: Bharvee Patel from John F. Kennedy High School and Samantha Yi from Irvington High School; Stanley Gu from Mission San Jose High School oversees planting in our nursery area.



Other companies, including Cargill Salt, help to purchase tools for students. Profits from several children's summer science camps help to fund other programs.

Starting in January 2015, families can walk throughout Tule Ponds and enjoy seasonal changes. You may either go on a guided tour with Naturalist James Link

or walk on your own. You will learn how the flora and fauna changes from winter to spring.

Tours are on Fridays, January 30, February 21, March 27, April 10, and May 22, and run from 3:30 p.m. until 5:00 p.m. Meet in the classroom for an overview of the seasonal changes and then go on an hour tour of the facility. The monthly tour is free and geared for the general public, encouraging families with children over four years old. No strollers, bikes, or dogs. Please pre-register for a reminder and easy check in; limited to 40 people on site (<http://msnucleus.org/eventsTule.html>).

For more information, please e-mail msn@msnucleus.org.

Tule Pond Walks

Fridays: Jan 30, Feb 21,
Mar 27, Apr 10, May 22
3:30 p.m. - 5:00 p.m.

Tule Ponds at Tyson Lagoon
1999 Walnut Ave, Fremont
msn@msnucleus.org

<http://msnucleus.org/eventsTule.html>
Free

Home & Garden

Stunning DIY painting projects that can be done in one day or less



Modern, lively, exciting - if these words don't describe the style of your favorite rooms, an update is in order. Painting is a classic makeover tool for interior spaces. To give your home's aesthetic a boost of personality and style, consider these surprisingly simple DIY paint projects that can be done in a day or less.

Ombre walls: The fading technique that gently transitions one hue to another is popular in clothing and hair coloring, and can also be used for interior design. Pair any two complementing colors to create a beautiful ombre composition on walls. For example, red and orange transition to mimic the visual essence of a sunset, turquoise and blues blend together much like the colors of the ocean, and white with gray makes for a crisp, clean style that captures the look of winter in chic modern style.

To create an ombre wall, first select your paint colors. *Behr Marquee*(R) Interior Paint & Primer has 372 exclusive one coat colors to choose from. (For details, visit behr.com/marqueeguarantee) Start at the top of the wall and paint the first color about two-thirds down. Then,

starting at the bottom, paint the second color upward until it meets the first. Finally, use a large sponge to spread and pat the bottom paint color up the wall to create a beautiful blend of colors with a smooth transition.

Ceiling surprise: The often-ignored "5th wall" is the perfect place to add an unexpected touch of color. Forget white and go bold with rich tones that accent the decor in the space. Simply use a roller with an extended handle to make the job easier and select your paint color of choice.

Brighten the room and draw attention vertically with a rich yellow color reminiscent of sunshine. Perhaps you'd like to evoke the feeling of the outdoors by painting the ceiling a light blue and sponge paint soft white clouds around light fixtures. Gray is the perfect color for ceilings for contemporary styling and will give the room a modern edge.

Chevron patterns: Chic chevron zigzags have broad visual appeal in a home. The V-pattern pairs well with a variety of interior styles, such as modern and eclectic. A small chevron accent wall can make a tiny space pop with personality. Chevron also

looks stylish on tabletops, coffee tables and end tables.

Time-saving tip: Paint a wall or tabletop entirely in one shade of paint. Then use quality painter's tape to create chevron patterns in your desired size. Simply paint over the gaps, let it dry and remove the tape to reveal a crisp chevron design.

Colorful accents: Want to revamp a room but don't want to paint the entire thing? That's why painting accent walls a bold hue has become the simple way to inject color and style into interior spaces. Achieving a rich deep color doesn't even require multiple coats, thanks to the exclusive *Behr Marquee* Interior One-Coat Color Collection. Plus with its low VOC formula and one coat coverage, you can paint a room and entertain (and impress) guests all in the same weekend! Try it.

Which wall should you select to paint with an accent color? Look at how the room is used and where the eye is naturally drawn. The wall behind the couch, bed or kitchen table are all wonderful locations to experiment with a touch of color. Another option is to choose a focal

point to accent, such as painting a border around a piece of art or a TV mounted to the wall.

Anyone can be DIY-savvy and achieve impressive results with

some high quality paint and motivation. For more ideas about paint projects that can be completed in just one day, visit www.facebook.com/BehrPaint.



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Have you heard the news?

The Medford Team has joined Keller Williams in Fremont!!!



It's great to be back in an area that I know so well. I look forward to providing you with even better service, while maintaining the same devotion and professionalism that you expect. Please make note of my new office address below, and as always, I appreciate your referrals!

39465 Paseo Padre Pkwy #1500, Fremont CA

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Kid Scoop Together:
Forest Habitat Word Game

Each row of squares below have the letters of a word that can be found on this page. Read today's Kid Scoop page, then try to unscramble them all.

SCORE YOURSELF:
1-3: Hiker
4-7: Tree Lover
8-10: Tree Specialist

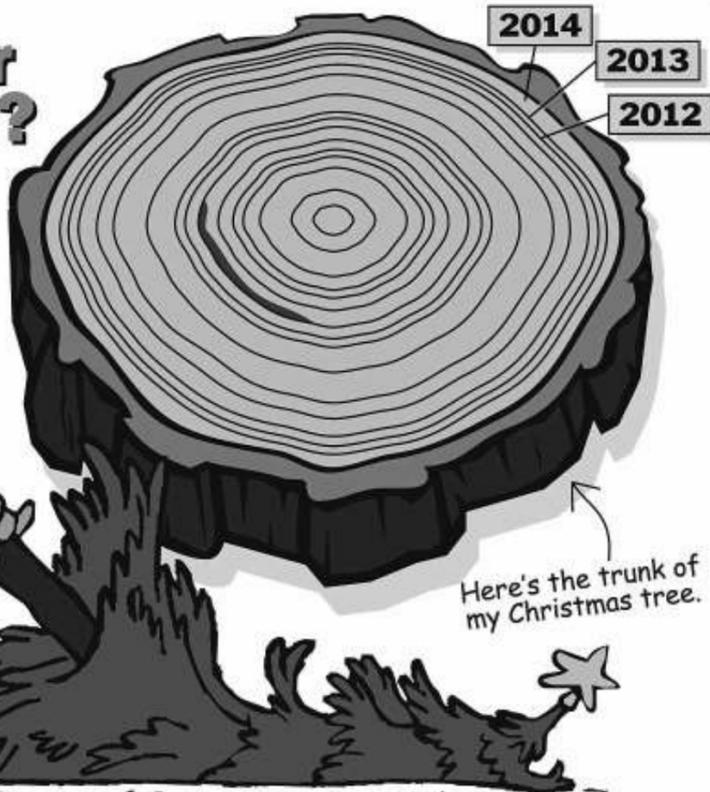
- LUHTGINS
-
- KRUTN
-
- DIVERVUS
-
- GRINS
-
- ROBRE
-
- BANCI
-
- MILTAEC
-
- SIFER
-
- LENTAP
-
- SLEGUPA

Standards Link: Spelling: Spell grade level appropriate words.

How Old Is Your Christmas Tree?

Each year, a tree grows a new layer of wood under its bark. By counting these layers, called rings, you can discover the age of a tree.

This year, after you take the decorations off your Christmas tree, count its rings! One ring equals one year. (The bark is not a ring.) Can you find out the age of your tree?



My name is Dr. Cypress Sapling. I'm a dendrochronologist. What's that? Well, a dendrochronologist is a scientist who studies the rings of trees.



The rings of a tree can also show what the climate of the forest was during different years. Look at the tree trunk pictured above. Some of the rings are wide and some of them are thin. A wide ring tells us that this was a good year for growing. There was the right amount of water and sunlight. Drought causes slower growth and narrow rings. Dark spots tell us that the tree survived a fire that year.

My Christmas tree survived a fire one year. What year was that? In what year was my tree planted? Is my tree older than you? Find the ring that grew in 2011. Was this a good growing year for the tree?



Standards Link: Math: Students use strategies, skills and concepts in finding solutions.

Reading Rings Tells Past

By reading the rings of trees, dendrochronologists can read the story of our planet, stories that reside in living trees and in logs used to build ancient buildings. Tree rings have told of weather patterns that lead to severe fires. They have revealed century-long droughts, insect plagues and times of volcanic eruptions.

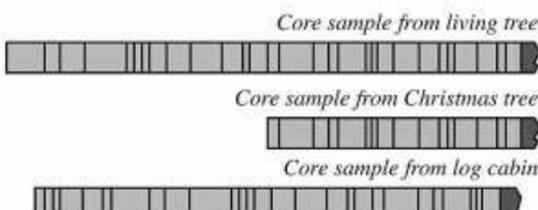
Standards Link: Life Science: When the environment changes, plant growth and survival are affected.

Read the Rings

I don't have to cut down trees to read their rings. Using a special tool called an increment borer, I can take a core sample from a living tree. A core sample is about the size of a soda straw, and the rings look like lines.



I found an old log cabin while hiking last week. I took a core sample from the logs to find the age of the cabin.



Compare the core samples to see where the patterns of the rings match. The last ring of the living tree grew in the year 2014. Count backwards from the bark to find out the age of each tree. Cutting out the strips makes comparing easier.

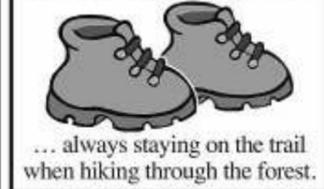
Use the core samples to complete the chart below.

	Age of the tree	Year tree was cut down	Year tree was planted
LIVING TREE			
DR. SAPLING'S CHRISTMAS TREE			
LOG FROM CABIN			

Standards Link: Math: Use a table to sort information and compute results.

Extra! Extra!
Look Inside
Make a list of 18 words from the newspaper that have double vowels. Circle the vowels. Underline the vowel whose sound you hear when you say the word.
HEAT
BOAT
EIGHT
Standards Link: Decoding: Recognize vowel digraphs.

What a Character!
Conservation is ...



Kid Scoop VOCABULARY BUILDERS

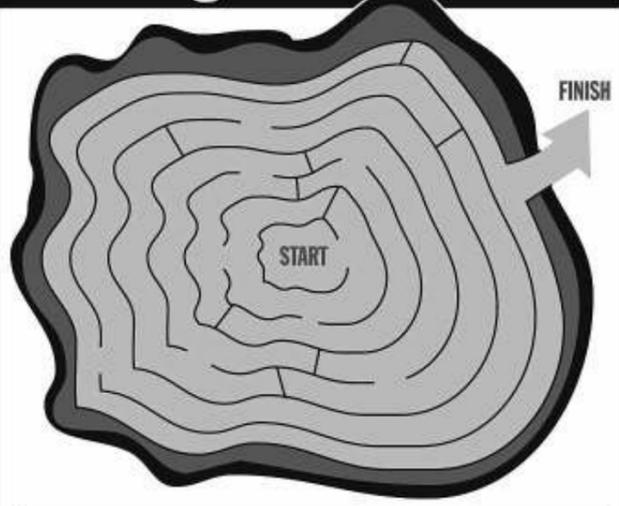
This week's word: FOREST
The noun forest means a large area of land supporting many trees and the plants and animals that live alongside the trees.
Smokey Bear says, "Only you can prevent forest fires."
Try to use the word forest in a sentence today when talking with your friends and family members.

Write On!

The Life of a Tree

Imagine you could talk to a tree that has lived for many, many years. What would the tree tell you about its life?

Tree Ring Maze



Standards Link: Visual discrimination.

Double Double Word Search

Find the words in the puzzle, then in this week's Kid Scoop stories and activities.

G	R	O	W	I	N	G
T	R	E	E	S		
R	I	N	G	S		
W	O	O	D			
B	A	R	K			
C	O	U	N	T	I	N
T	R	U	N	K		
F	I	R	E			
C	O	R	E			
C	A	B	I	N		
A	G	E				
S	A	M	P	L	E	S
P	R	E	D	I	C	T
W	E	A	T	H	E	R

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE LESSON LIBRARY

Make a News Timeline

- Use a strip of paper 60" long to make the timeline.
- Divide the strip into enough equal segments to show the number of weeks left in the school year.
- Find a newspaper article that interests you. Write the headline, lead sentence and date of the article in the first segment.
- Follow the newspaper for more stories about this news item and add each story or commentary to the timeline.

Standards Link: Reading Comprehension: Follow multiple-step directions.

What did the tree say to the beaver?



ANSWER: "Lead the beaver!"

Home Sales Report

CASTRO VALLEY | TOTAL SALES: 12

Highest \$: 600,000 Median \$: 515,000
Lowest \$: 275,000 Average \$: 506,458

ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
19084 Center Street	94546	552,000	3	1607	1954 12/2/14
3757 Cottage Court	94546	455,000	2	942	1957 11/25/14
20670 Forest Avenue	94546	505,500	3	1470	1941 11/26/14
19543 Garrison Avenue	94546	600,000	3	1608	1963 11/26/14
4507 Heyer Avenue	94546	515,000	3	1492	1960 11/26/14
17707 Hillside Court	94546	575,000	3	1623	1970 12/11/14
3628 Juniper Street	94546	445,000	3	1638	1948 11/26/14
4267 Omega Avenue	94546	545,000	3	1431	1947 11/25/14
17023 Rolando Avenue	94546	570,000	2	1209	1941 11/25/14
20121 San Miguel Avenue #1	94546	275,000	-	-	12/2/14
7724 Summerhill Place	94552	550,000	3	1443	1996 12/1/14

FREMONT | TOTAL SALES: 41

Highest \$: 2,250,000 Median \$: 733,000
Lowest \$: 200,000 Average \$: 829,232

ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
20435 Waterford Place	94552	490,000	3	1726	1981 11/25/14
38526 Blacow Road	94536	690,000	3	1528	1954 11/26/14
38043 Buxton Common	94536	465,000	3	1168	1971 11/26/14
1062 Canyon Creek Terrace	94536	1,137,500	5	3294	1991 11/25/14
38433 Glenview Drive	94536	658,000	3	1430	1954 11/26/14
4855 Los Arboles Place	94536	665,000	3	1370	1970 12/2/14
37582 Maple Street	94536	200,000	2	480	1912 12/2/14
3398 Sutton Loop	94536	745,000	4	1860	1964 11/26/14
38095 Temple Way	94536	815,000	3	1324	1954 11/26/14
37926 Vallejo Street	94536	457,000	2	891	1981 12/11/14
4130 Wakefield Loop	94536	842,000	4	2160	1964 11/25/14
37507 Wilburn Place	94536	1,300,000	8	3540	1964 12/11/14
43335 Arkwood Street	94538	1,250,000	4	2271	1959 11/26/14
3405 Dayton Common	94538	715,000	3	1637	1999 11/26/14
4470 Doane Street	94538	720,000	3	1345	1960 11/25/14
42475 Greenbrier Park Dr	94538	733,000	4	1581	1963 11/26/14
39224 Guardino Dr #211	94538	304,000	1	693	1990 11/25/14
39149 Guardino Dr #247	94538	299,000	1	693	1987 11/26/14
3761 Jamestown Road	94538	685,000	3	1130	1954 11/26/14
43179 Newport Drive	94538	633,000	3	1126	1958 12/11/14
4900 Omar Street	94538	650,000	4	1937	1963 11/26/14
3695 Stevenson Blvd #E114	94538	314,000	1	721	1991 12/2/14
47465 Avalon Heights Ter	94539	2,025,000	4	3083	2000 11/26/14
41809 Corte Santa Ines	94539	1,375,000	5	2444	1963 11/25/14
41514 Devon Court	94539	1,200,000	3	1434	1958 11/26/14
2896 Driscoll Road	94539	950,000	3	1620	1970 11/26/14
41659 Joyce Avenue	94539	1,500,000	4	3145	1960 12/11/14
42671 Montevideo Court	94539	1,040,000	3	1818	1992 11/26/14
2632 Sabercat Court	94539	2,250,000	4	4502	1984 11/26/14
917 San Martin Place	94539	1,520,000	5	3184	1969 11/25/14
47112 Warm Springs Blvd #125	94539	279,000	1	760	1982 11/26/14
2691 Washington Boulevard	94539	1,155,000	3	1907	1956 12/2/14
47631 Zunic Drive	94539	990,500	3	1495	1975 12/2/14
34735 Bowie Common	94555	811,500	3	1354	1988 12/2/14
4077 Caribbean Common	94555	395,000	3	1166	1970 11/26/14
4608 Celia Court	94555	985,000	5	1717	1986 12/11/14
3965 Lake Tahoe Terrace	94555	402,000	2	1056	1971 11/25/14
3833 Milton Terrace	94555	365,000	2	985	1986 11/26/14
34610 Pueblo Terrace	94555	460,000	2	840	1988 11/25/14
4505 Santee Road	94555	760,000	4	1474	1976 12/2/14
5256 Tacoma Common	94555	508,000	2	950	1989 11/26/14

HAYWARD | TOTAL SALES: 21

Highest \$: 1,060,000 Median \$: 420,000
Lowest \$: 216,500 Average \$: 493,476

ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
4727 Touchstone Ter	94555	750,000	3	1755	1987 12-02-14
1315 A Street #212	94541	240,000	2	989	1984 12-02-14
19832 Camden Avenue	94541	375,000	2	972	1925 12-02-14
679 Harmony Court	94541	362,500	2	854	1942 11-26-14
2535 Hermosa Terrace	94541	275,000	2	775	1949 11-26-14
22226 Moselle Court	94541	510,000	3	1757	1986 11-26-14
622 Moss Way	94541	600,000	4	1999	2012 11-26-14
404 Shirley Avenue	94541	420,000	3	1090	1951 12-02-14
623 Staley Avenue	94541	400,000	2	1227	2012 11-25-14
327 Williams Way	94541	495,000	3	1827	2011 11-25-14
1191 Central Boulevard	94542	652,000	-	-	12-02-14

3468 Sandpiper Court	94542	540,000	3	2264	1972 11-26-14
3559 Star Ridge Road	94542	737,000	7	2545	1964 12-02-14
3649 Star Ridge Road	94542	970,000	5	4563	1955 11-26-14
695 Bristol Drive #380	94544	216,500	1	643	1988 11-26-14
359 Lexington Avenue	94544	423,000	3	1485	1951 11-25-14
793 Schafer Road	94544	400,500	3	1483	1929 11-26-14
1174 Silver Maple Lane	94544	1,060,000	5	3309	2000 12-01-14
27734 Coronado Way	94545	340,000	3	1119	1955 12-02-14
27806 La Porte Avenue	94545	403,500	3	1000	1955 11-26-14
25111 Monte Vista Dr	94545	355,000	3	1116	1925 11-26-14

MILPITAS | TOTAL SALES: 2

Highest \$: 825,000 Median \$: 610,000
Lowest \$: 610,000 Average \$: 717,500

ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
24172 Saklan Road	94545	588,000	3	1792	2008 11-25-14
1309 Daniel Court	95035	610,000	3	1364	1985 12-05-14

NEWARK | TOTAL SALES: 06

Highest \$: 855,000 Median \$: 530,000
Lowest \$: 454,000 Average \$: 638,333

ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
1601 Diel Drive	95035	825,000	6	1962	1965 12-05-14
5043 Abbotford Court	94560	689,000	3	2144	1971 11-26-14
36131 Anvers Place	94560	465,000	3	1100	1960 12-02-14
37335 Fowler Street	94560	837,000	5	3289	2000 11-25-14
6101 Joaquin Murieta Ave #D	94560	454,000	-	1394	1981 11-26-14
5411 St. Mark Avenue	94560	530,000	5	1868	1958 11-26-14

SAN LEANDRO | TOTAL SALES: 16

Highest \$: 711,000 Median \$: 450,000
Lowest \$: 255,000 Average \$: 475,875

ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
5016 Wembley Court	94560	855,000	4	2335	1968 11-26-14
14077 Doolittle Drive	94577	345,000	2	1312	1974 11-26-14
1268 Kelly Avenue	94577	310,000	3	882	1942 11-26-14
864 Lee Avenue	94577	711,000	3	2379	1939 12-02-14
1452 Lucia Court	94577	480,000	3	1210	1953 12-01-14
14632 Outrigger Drive	94577	370,000	2	990	1986 11-26-14
1054 San Jose Street	94577	580,000	2	1766	1940 11-25-14
569 Victoria Court	94577	540,000	3	1521	1929 11-26-14
380 West Broadmoor Blvd	94577	380,000	2	1149	1927 11-26-14
1566 136th Avenue	94578	450,000	3	1462	1948 11-26-14
342 Caliente Drive	94578	290,000	2	1060	1980 11-26-14
2421 Crestview Court	94578	530,000	3	1448	1957 11-25-14
2400 Easy Street	94578	612,000	2	1720	1950 11-25-14
460 Violet Street	94578	255,000	2	856	1947 12-01-14
1478 Burkhart Avenue	94579	575,000	5	1755	1955 12-02-14
1258 Esser Avenue	94579	363,000	3	1081	1951 11-26-14

SAN LORENZO | TOTAL SALES: 6

Highest \$: 439,000 Median \$: 412,000
Lowest \$: 350,000 Average \$: 408,750

ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
15568 Farnsworth Street	94579	535,000	3	1679	1956 12-02-14
980 Bockman Road	94580	420,000	3	1062	1948 11-25-14
15963 St. Johns Drive	94580	412,000	3	1164	1955 11-26-14
15840 Via Alamitos	94580	439,000	3	1601	1945 12-02-14
17064 Via Cielo	94580	434,000	3	1454	1947 11-25-14
16173 Via Lupine	94580	350,000	3	1425	1951 11-26-14

UNION CITY | TOTAL SALES: 9

Highest \$: 849,000 Median \$: 505,000
Lowest \$: 287,000 Average \$: 551,556

ADDRESS	ZIP	SOLD FOR	BDSSQFT	BUILT	CLOSED
629 Via Pacheco	94580	397,500	3	986	1944 11-25-14
35125 11th Street	94587	505,000	2	1203	2007 12-02-14
4128 Asimuth Circle	94587	395,000	3	1214	1974 11-25-14
33166 Basswood Avenue	94587	500,000	4	1840	1957 11-25-14
1034 Emerald Terrace	94587	490,000	2	1203	2007 11-25-14
4561 Fellows Street	94587	688,000	4	1839	1985 11-26-14
35520 Monterra Ter #304	94587	287,000	1	695	2001 11-26-14
4274 Queen Anne Drive	94587	550,000	3	1120	1971 11-26-14
31209 Shorebird Drive	94587	849,000	5	2135	1996 11-26-14
32106 Trefry Court	94587	700,000	4	1708	1973 11-25-14

Local high School Student Selected to Perform at Carnegie Hall

SUBMITTED BY JULIA GIVEN

Vanessa Wang, a student at American High School, has been selected for the 2015 High School Honors Performance Series at Carnegie Hall. She will perform on the flute at Carnegie Hall in February 2015 with the Honors Band. Participation in one of the three Honors Ensembles is limited to the highest rated high school performers from across North America and select schools internationally.

Vanessa Wang, a freshman, auditioned this fall for the Honors Performance Series and was accepted after a review by the Honors Selection Board. Acceptance to the elite group is a direct result of the talent, dedication, and achievements demonstrated in her application and audition recording. Vanessa will join other performers from 49 United States, several provinces in Canada, and several foreign countries for a special performance at world-famous Carnegie Hall, a venue that marks the pinnacle of musical achievement.

According to Morgan Smith, Program Director, "Being selected to the Honors Performance Series is something

each Finalist should be extremely proud of accomplishing. We process more than ten thousand nominations annually, selecting only the most talented performers applying on an international level. Working with these conductors and performing at Carnegie Hall is a once-in-a-lifetime experience that these student musicians never forget."

Vanessa has studied music for 8 years and is a member of the California Youth Symphony and the American High School Concert Band. Vanessa was accepted to three famous local youth symphonies for the last two years: the California Youth Symphony, El Camino Youth Symphony, and San Jose Youth Symphony. She also performed in Fresno with the California All-State Honor Band. In response to her selection as a Finalist, Vanessa said, "I feel honored because I get to meet with elite high school musicians nationwide and perform on my dream stage at world-famous Carnegie Hall."

Finalists will come together for five days in February 2015 in New York City to have the opportunity to learn from conductor Sharon Lavery, work with other Finalists, and get a taste of New York City. The Sunday, February



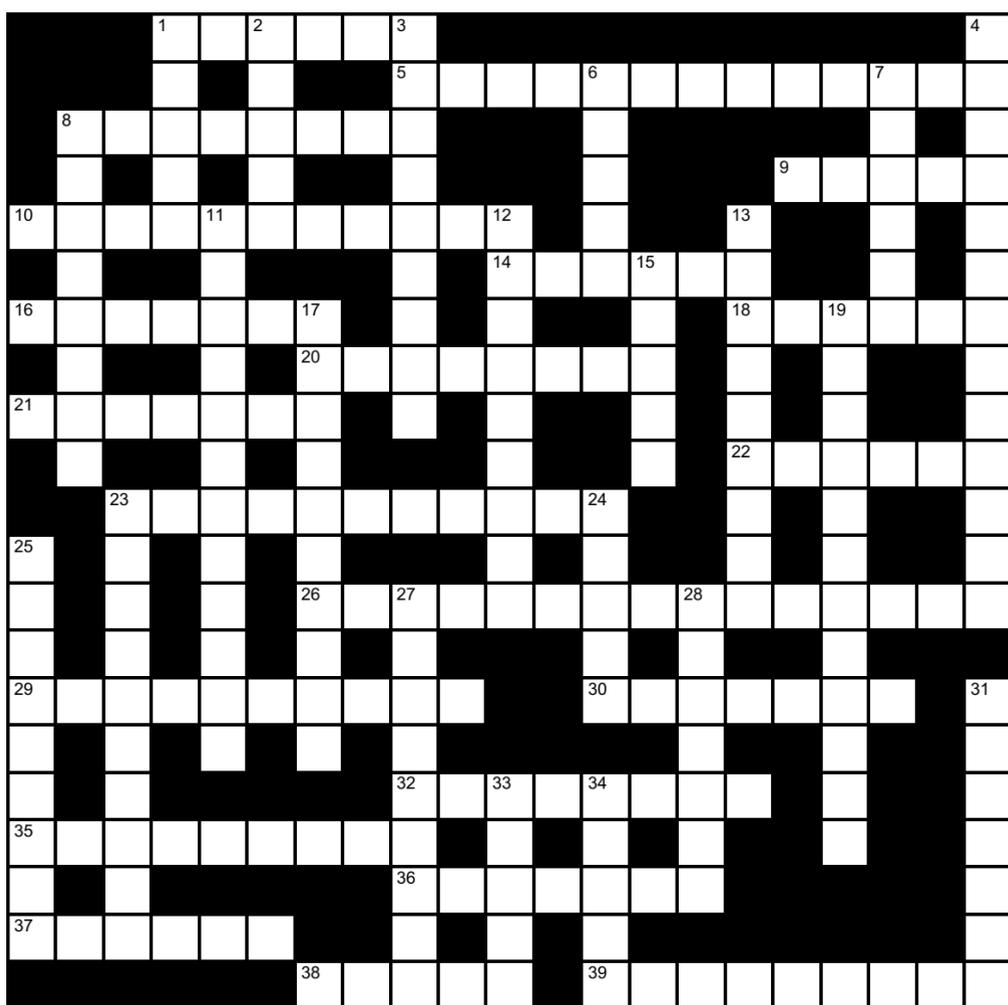
22, performance is open to the public. Tickets can be purchased beginning 60 days prior to the performance through the Carnegie Hall box office.

The Honors Performance Series was created to showcase accomplished individual high school performers on an international level by allowing them to study under master conductors and perform in the celebrated venue, Carnegie Hall. Each year, the Series selects approximately 500 Finalists for the High School Honors Performance Series. The Honors Performance Series is proudly presented by WorldStrides, the nation's leading educational travel organization. Learn more by visiting www.honorsperformance.org and www.worldstrides.com.

Mind Twisters

Crossword Puzzle

B 295



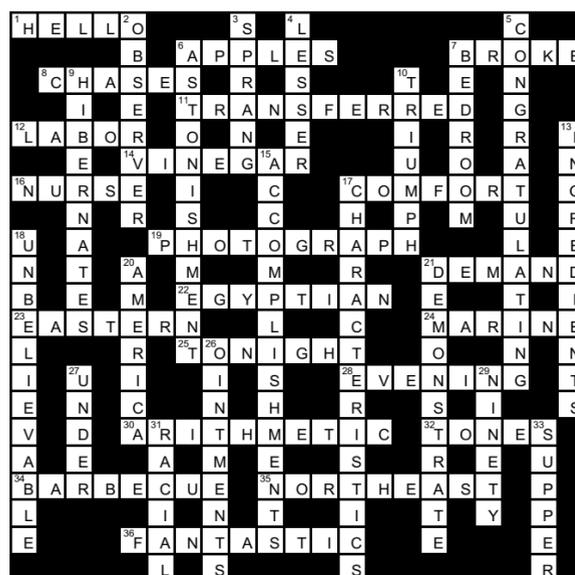
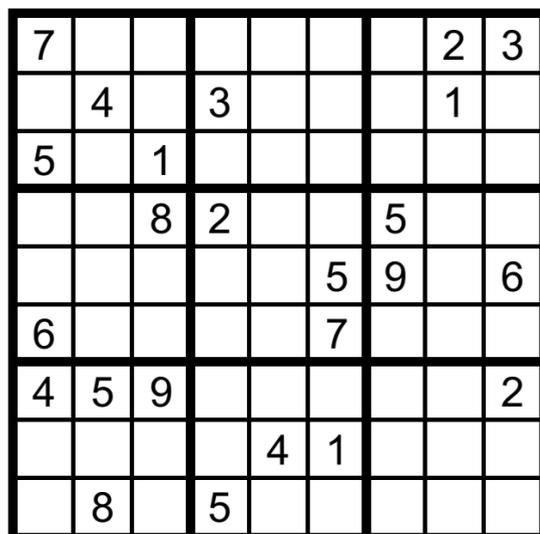
- Across
- 1 Ostentation (6)
 - 5 Uneasiness (13)
 - 8 Rural person (8)
 - 9 Flight segment (5)
 - 10 Intimidating, scary (11)
 - 14 Vessels for private cruising (6)
 - 16 Notes for acting out parts in movie or play (7)
 - 18 Soft paper for wiping (6)
 - 20 Act of giving (8)
 - 21 Hitler was from here (7)
 - 22 Absorbed, in a way (6)
 - 23 McDonalds speciality (6,5)
 - 26 Achievements (15)
 - 29 Brave (10)
 - 30 Milk based product often flavored (7)

- 32 Before Friday (8)
 - 35 Huge churches specially in the European nations (9)
 - 36 Gadgets that run cars or locomotives (7)
 - 37 Saw (6)
 - 38 Stationed (5)
 - 39 Disjointed, fallen off from something (9)
- Down
- 1 Crack (5)
 - 2 Minimal (5)
 - 3 Huge (9)
 - 4 They keep food cold and preserve taste (13)
 - 6 Hoodoo (5)
 - 7 Nike, Reebok, Vans (6)
 - 8 Cars, scooters, buses (8)
 - 11 Arranged this way in dictionary (12)

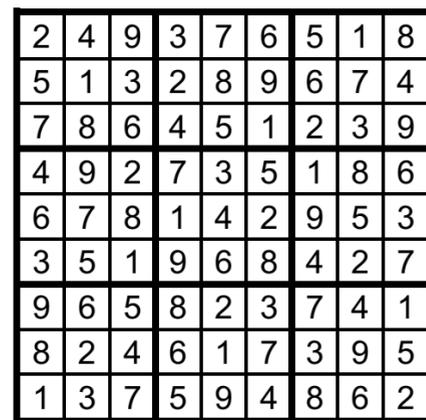
- 12 Where people go for work out (9)
- 13 Settle, (9)
- 15 Lacks, briefly (5)
- 17 Very tall building (10)
- 19 Red fruits used also as food decoration (12)
- 23 Often (10)
- 24 Off-color (5)
- 25 Customs, things done at particular times of year (9)
- 27 Limitless, cannot be given a number (9)
- 28 Red, green and yellow lights (7)
- 31 Filled with water everywhere (7)
- 33 Exhorted (5)
- 34 Settles (5)

Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 296



Tri-City Stargazer JANUARY 7 – JANUARY 13, 2014 BY VIVIAN CAROL

Aries the Ram (March 21-April 20): Uranus is in the middle of your sign during 2015. This is a strong symbol of the restlessness and yearning to break free that has plagued you over the recent years. If you are using this energy constructively, you will be working toward a greater cause or the good of those who cannot help themselves. The position of Mars as it transits the zodiac represents you and your drive for good or ill.

Taurus the Bull (April 21-May 20): This year presents you with an awareness of financial affairs. It is important to focus on your investments and do long-term planning. You may be called upon to handle someone else's money, which leads you to realize a need to prepare a will and arrange for your later years. It is time to eliminate debt.

Gemini the Twins (May 21-June 20): This is the year in which it is time to think seriously about your partner(s) and other very close relationships in your life. Those of you in a bad relationship will be verging upon letting that one go. If you want to remain in your partnership it requires finding a new, fresher reason to remain together. Close friends fit into this category as well, so those who are not good for you need to move on. Those who genuinely care about you will become your teachers for the next couple of years. The year begins with your ruling planet Mercury in retrograde motion. You

likely will be rethinking your next moves. You will be less likely to make decisions during this period, yet you are pondering serious matters.

Cancer the Crab (June 21-July 21): Much of your focus this year is to continue sorting and organizing your property. Follow the instinct to give away or otherwise dispose of whatever you do not need. You want to eliminate whatever feels like clutter, whether it is stuff or anything outdated, such as clothing.

Leo the Lion (July 22-August 22): The first half of 2015 you will probably be thinking seriously about love life, children, and creativity. You don't want to be frivolous in love or art. You want something meaningful to develop. Many will take their creativity seriously for the first time.

Virgo the Virgin (August 23-September 22): Over the next 2 to 3 years, you will be pressed to repair and/or replace property. Whatever you own that is aging will begin to show its cracks. You may also need to focus on elderly family members. You are likely to want to downsize and eliminate whatever is excess around your home. As the year begins, your ruling planet, Mercury, will go through a two-month retrograde cycle. You will need to realign your health habits. Aside from health, there may be things related to your work that need to be done again. It could seem as though it is hard to get off the

ground in the year's beginning, but that will not last forever.

Libra the Scales (September 23-October 22): During this year you will be pressed to learn efficiency in your communications. Whether written or oral, the need to be concise and organized with your language is emphasized. It is also time to become aware of opinionated attitudes. Learn to recognize them and put on the brakes. What you think is right may not be so. Circumstances related to roommates or siblings may require attention.

Scorpio the Scorpion (October 23-November 21): The long darkness that has cast a background pallor over your life is coming to an end this year. You will feel generally better through June. It is possible the summer will remind you of that pallor, but even that will lift in September. It will be important to focus attention on income now and for the next two years. Eliminate wasteful spending. In mid-February, you may start a new job that requires the use of your muscles. At the same time there are signs of a new relationship or partnership beginning in February. It might instead be a recommitment to an ongoing relationship. Use special caution physically in March because you are subject to accident.

Sagittarius the Archer (November 22-December 21): For the first six months of 2015 you will have a taste of Saturn as it moves into your sign. In June it will backtrack away and then

move back to Sagittarius in September for the next two years. Saturn represents the taskmaster, the teacher, the one that promotes self-discipline and search for status in the world. When it first moves into a sign it sometimes suggests isolation or leaving one's comfortable situation. People who have Saturn in their sign often feel alone, even if that is not exactly true. It is more often a sense of being solitary, although it can manifest in a literal way at times.

Capricorn the Goat (December 22-January 19): Your ruling planet is Saturn which is changing signs this year. You may have noticed that your life tends to make a big shift roughly every 2.5 to 3 years and here we are. Saturn moved into Sagittarius in mid-December and will remain there until June. You are likely fantasizing a sabbatical and you actually need one. You must ease up on your self-expectations or your health may suffer. Make it a point to get extra rest, extra vitamins, and whatever else you know is good for your body.

Aquarius the Water Bearer (January 20-February 18): You will get a preview of the next 3 years during the first six months of 2015 and again in the last four months and beyond. Your role in life is shifting as Saturn, your ruling planet, moves into Sagittarius. In the big picture you may be asked to lead community projects. You may see yourself taking on the role of teacher, and maybe even as a stepparent.

Pisces the Fish (February 19-March 20): Many Pisceans are experiencing an otherworldly sense in their consciousness. Neptune, your ruling planet who was god of the sea, is in your sign for many years. This year those most affected were born between February 23 and March 1. The energy is surreal, causing you to feel ungrounded at times. Intuitive impressions may occasionally interrupt your concentration. Exercise is the antidote, though that is probably the last thing you want to do during this period.

Are you interested in a personal horoscope?
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StarStruck kicks off 20 years with feel-good 'Seussical' revival

**SUBMITTED BY HELEN CHANG
PHOTOS BY JANINE WESTON**

"It was our most ambitious undertaking, ever," said Lori Stokes, founder and artistic director of StarStruck Theatre.

Ten years ago as the youth musical theatre company prepared to mount a production for the first time at the performing arts facility at Ohlone College in Fremont, Stokes marveled at the enormity of the state-of-the-art stage. She knew she needed a big show to fill both the stage and the seats. She selected "Seussical," the musical based on an amalgam of beloved Dr. Seuss stories.

Heading into StarStruck's 20th anniversary season, Stokes chose to revisit Whoville with a revival of "Seussical." "This show is very special to us. For one thing, it takes us back to our roots to train and showcase youth in performing arts while entertaining the community with highest-quality musical theatre," said Stokes.

"Our original cast was a 'Who's Who' of StarStruck, many of whom have since gone on to pursue professional musical theatre," she said. "Some of them are touring right now in the International cast of 'Beauty and the Beast,' as well as many New York and regional productions!"

Perhaps future stars will rise from among this new cast of 56 youth, who range in age from 8 to 21.

Now one of the most performed shows in America, "Seussical" is a fantastical, magical, musical extravaganza. It features

many favorite Dr. Seuss characters, including Horton the Elephant, The Cat in the Hat, Gertrude McFuzz, Mayzie, and JoJo – a little kid with a big imagination. "Oh, The Things You Can Think" captures the show's spirit of imagination, as the colorful characters transport us from the Jungle of Nool to the Circus McGurkus to the invisible world of the Whos.

The story centers around Horton the Elephant (played by 16-year old Nick Saud), who finds himself faced with a double challenge: not only must he protect his tiny friend Jojo (9-year-old Gabriel Lew) and all the invisible Whos from a world of naysayers and dangers, but he must guard an abandoned egg, left to his care by the



The intrepid Gertrude McFuzz (played by 16-year-old Ally Abonador) never loses faith in Horton the Elephant (16-year old Nick Saud) in StarStruck's production of "Seussical."

irresponsible Mayzie La Bird (20-year-old Kriselle Kelsey). Although Horton faces ridicule, danger, kidnapping, and a trial, the intrepid Gertrude McFuzz (16-year-old Ally Abonador) never loses faith in him, the only one who recognizes "his kind and his powerful heart." Ultimately, the powers of friendship, loyalty, family and community are challenged and emerge triumphant, in a story that makes you laugh and cry.

Musical direction and live orchestra is led by long-time StarStruck music director Nancy Godfrey. Associate director Jeanne

Batacan-Harper injects her signature high energy on the show's choreography.

"I couldn't be more proud of the cast, directing team, and everyone who has helped re-imagine the show for a whole new generation of StarStruck fans," said Stokes.

Bring your favorite Dr. Seuss book to the show on Sundays January 11 and 18 at 2:30 p.m.; a Talk Back with the actors will be held after the 7:30 p.m. show on Friday, January 16; and Saturday, January 17 is StarStruck's 20th Anniversary Giveaway Night. The Friday, January 23 show at 7:30 p.m. will be ASL interpreted. Tickets, \$19-\$25, are on sale now by calling the StarStruck box office at (510) 659-1319 or order online at <http://starstrucktheatre.org/buy-tickets/>

Seussical
Saturday, Jan 10 - Sunday, Jan 25
7:30 p.m.; 2:30 p.m. matinees

Smith Center for the Performing Arts
Ohlone College
43600 Mission Blvd, Fremont
(510) 659-1319
www.starstrucktheatre.org
Tickets: \$19 - \$25



David Kautz, 21, is The Cat in the Hat, and Gabriel Lew, 9, is Jojo in StarStruck's revival of "Seussical."

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3100-H Capitol Ave., Fremont

\$ = Entrance or Activity Fee
R= Reservations Required
Schedules are subject to change.
Call to confirm activities shown in these listings.

Arts & Entertainment



CONTINUING EVENTS

Monday, Dec 5 - Friday, Jan 30

Art: Believe/Achieve

8 a.m. - 5 p.m.
Artist reception: 5:30 p.m. - 7:30 p.m. 12/5/14

Art from the National League of American Pen Women

John O'Lague Galleria
777 B Street, Hayward
(510) 538-2787
www.haywardarts.org

Sunday, Dec 7 - Monday, Jan 4

ZooLights \$

5:30 p.m. - 9:00 p.m.
Animal theme light display and show
Oakland Zoo
9777 Golf Links Rd., Oakland
(510) 632-9525
www.oaklandzoo.org

Monday, Jan 12

San Leandro's Got Talent Auditions- R

3 p.m.
Application deadline for teens
Apply in person on on-line by 1/6/15
San Leandro Public Library
300 Estudillo Ave., San Leandro
(510) 577-3971
https://www.sanleandro.org/depts/library/teens/events/sltg2015.asp

Tuesdays, Dec 23 thru Jan 27

Bridge 1

9:30 a.m. - 10:30 a.m.
Seniors learn game fundamentals
Silliman Activity Center
6800 Mowry Ave., Newark
(510) 578-4620
www.newark.org

Tuesdays, Dec 23 thru Jan 27

Bridge 2

10:30 a.m. - 11:30 a.m.
Seniors master game strategy
Silliman Activity Center
6800 Mowry Ave., Newark
(510) 578-4620
www.newark.org

Sunday, Jan 2 - Monday, Jan 31

Dine Hayward Restaurant Month \$

9 a.m. - 9 p.m.
Discount voucher booklets
Benefit for Hayward Library
Hayward Chamber of Commerce
22561 Main St., Hayward
(510) 537-2424
www.hayward.org

Tuesday, Jan 6 - Friday, Jan 30

Christmas Tree Drop-Off

8 a.m. - 5 p.m.
Fremont residents bring trees for composting
Republic Services
42600 Boyce Rd., Fremont
(510) 657-3500

Tuesdays, Jan 6 thru Feb 24

Toddler Time Winter Edition \$

11:00 a.m. - 11:30 a.m.
Meet farm animals
Ages 1 - 4
Ardenwood Historic Farm
34600 Ardenwood Blvd.,

Fremont
(510) 544-2797
www.ebparks.org

Thursday, Jan 9 - Sunday, Jan 31

Collective Musings

12 noon - 5 p.m.
Contemporary and abstract works
Olive Hyde Art Gallery
123 Washington Blvd., Fremont
(510) 791-4357
www.olivehydeartguild.org

Friday, Jan 10 - Sunday, Jan 25

Seussical the Musical \$

Fri & Sat: 7:30 p.m.
Sun: 2:30 p.m.
Magical extravaganza featuring Dr. Seuss characters
Smith Center
43600 Mission Blvd., Fremont
(510) 659-6031
www.starstrucktheatre.org

Saturdays and Sundays, Jan 10 thru Feb 28

Family Fun Hour

2 p.m. - 3 p.m.
Stories, games and activities
Ages 5+
Coyote Hills Regional Park
8000 Patterson Ranch Rd., Fremont
(510) 544-3220
www.ebparks.org

Mondays, Jan 12 thru Mar 2

Bereavement Support Group

9:30 a.m. - 11:30 a.m.
Honor lost loved ones
Fremont Senior Center
40086 Paseo Padre Parkway, Fremont
(510) 574-2063

THIS WEEK

Sunday, Jan 4

Marvelous Monarchs \$

12:30 p.m.
View butterflies in the greenhouse
Admission fees apply
Ardenwood Historic Farm
34600 Ardenwood Blvd., Fremont
(510) 544-2797
www.ebparks.org

Tuesday, Jan 6

The Jazzinators \$

7 p.m. - 8 p.m.
Youth musicians perform
Bronco Billy's Pizza
41200 Blacow Road, Fremont
(510) 438-0121

Tuesday, Jan 6

Employee to Entrepreneur

7:00 p.m. - 8:30 p.m.
Guidance to become self-employed
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Tuesday, Jan 6 - Saturday, Jan 10

American Red Cross Blood Drive - R

Tues - Thurs: 11:30 a.m. - 6:30 p.m.
Fri - Sat: 7:30 a.m. - 2:30 p.m.
Call to schedule an appointment
Drop-ins welcome
Fremont-Newark Blood Center
39227 Cedar Blvd., Newark
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www.redcrossblood.org



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Bonde Way at Fremont Blvd.,
Fremont
(510) 909-2067
www.fremontfarmersmarket.com

Kaiser Permanente Fremont Farmers' Market

Thursdays

10 a.m. - 2 p.m.

Year-round
39400 Paseo Padre Pkwy.,
Fremont
800-949-FARM
www.pcfma.com

Irvington Farmers' Market

Sundays

9 a.m. - 2 p.m.

Year-round
Bay Street and Trimboli Way,
Fremont
800-949-FARM
www.pcfma.com

Niles Farmer's Market

Saturdays

9 a.m. - 1 p.m.

August through December
Niles Town Plaza
37592 Niles Blvd., Fremont
www.westcoastfarmersmarket.org

HAYWARD:

Hayward Farmers' Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Hayward City Plaza
777 B. St., Hayward
1-800-897-FARM
www.agriculturalinstitute.org

South Hayward Glad Tidings

Saturdays

9 a.m. - 3 p.m.

Year-round
W. Tennyson Rd. between Tyrell
Ave. and Tampa Ave., Hayward
(510) 783-9377
www.cafarmersmarkets.com

SAN LEANDRO:

Kaiser Permanente San Leandro

Wednesdays

10 a.m. - 2 p.m.

June 11, 2014 to
December 31, 2014
2500 Merced St, San Leandro
www.cafarmersmarkets.com

MILPITAS:

Milpitas Farmers' Market at ICC

Sundays

8 a.m. - 1 p.m.

Year-round
India Community Center
525 Los Coches St.
800-949-FARM
www.pcfma.com

NEWARK:

Newark Farmers' Market

Sundays

9 a.m. - 1 p.m.

Year-round
NewPark Mall
2086 NewPark Mall, Newark
1-800-897-FARM
www.agriculturalinstitute.org

Bayfair Mall

Saturdays

9 a.m. - 1 p.m.

Year-round
Fairmont and East 14th St., San
Leandro
(925) 465-4690
www.cafarmersmks.com

UNION CITY:

Kaiser Permanente Union City Farmers' Market

Tuesdays

10 a.m. - 2 p.m.

Year-round
Kaiser Permanente Medical
Offices
3553 Whipple Rd., Union City
800-949-FARM
www.pcfma.com

Union City Farmers' Market

Saturdays

9 a.m. - 1 p.m.

Year-round
Old Alvarado Park
Smith and Watkins Streets,
Union City
800-949-FARM
www.pcfma.com

Tuesday, Jan 6

Declutter Your Life: Practical Ways to Find Order

7 p.m.

Film, discussion and refreshments

Lifetree Café
4020 Technology Pl., Fremont
(510) 797-7910
www.Lifetreecafe.com

Wednesday, Jan 7

Open House \$

1 p.m. - 3 p.m.

Docent led tours of historic home

Shinn House
1251 Peralta Blvd., Fremont
(510) 793-9352

Wednesday, Jan 7

Sculpting Demonstration

7 p.m. - 9 p.m.

Hands-on experience with Mary Rosiles

Fremont Art Association
37697 Niles Blvd., Fremont
(510) 792-0905
www.FremontArtAssociaion.org

Thursday, Jan 8

Public Meeting: I-680 HOV Express Lane Project

6:30 p.m. - 8:30 p.m.

Caltrans discussion on project

Mission San Jose High School
41717 Palm Ave., Fremont
(510) 286-5935

Thursday, Jan 8

Travel Information Meeting for Seniors - R

10 a.m.

Discuss affordable, easy and fun ways to travel

San Leandro Senior Center
13909 East 14th Street,
San Leandro
(510) 577-3462
www.sanleandro.org

Thursday, Jan 8

Outdoor Discoveries

10:00 a.m. - 11:30 a.m.

Make your own clock

Ages 3 - 6
Sunol Regional Wilderness
1895 Geary Rd., Sunol
(510) 544-3249
www.ebparcs.org

Friday, Jan 9

Science for Youth

4:30 p.m.

Lecture and demonstration

For all ages
Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
scienceforyouth@gmail.com
www.aclibrary.org

Saturday, Jan 10

Marshlands of Dreams

9:30 a.m. - 10:30 a.m.

Docent led walk on marsh trail

SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222

Saturday, Jan 10

Twilight Marsh Walk - R

1:00 p.m. - 2:30 p.m.

Discover sights and sounds at night

SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222 x362
https://donedwardstwilght.eventbrite.com

Saturday, Jan 10

Salt Pond Perspectives

1:00 p.m. - 2:30 p.m.

Docents discuss wetlands habitats

Alviso Environmental Education
Center
1751 Grand Blvd., Alviso
(510) 792-0222 x141

Saturday, Jan 10

Covered California Enrollment Session

10 a.m. - 1 p.m.

Personal assistance from certified en-
rollers

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Jan 10

Monarchs for Kids \$

11 a.m. - 12 noon

Puppet show teaches butterfly life cycle

Ages 3 - 6
Admission fees apply
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparcs.org

Saturday, Jan 10

Jump Start Read-a-Thon

1 p.m. - 4 p.m.

Volunteers read to grades preschool - 4th
grade

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Jan 10

Free SAT Practice Test - R

10:00 a.m. - 2:30 p.m.

Test taking tips and practice test for teens

Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.kaptest.com/enroll/SAT/94
546/events

Saturday, Jan 10

Battle of the Bands Live Auditions \$R

9 a.m.

Open to all genre of music

Must submit fee with application
Matt Jimenez Community
Center
28200 Ruus Road, Hayward
(510) 888-0211
www.haywardrec.org

Saturday, Jan 10

Creole Belles

2:00 p.m. - 3:30 p.m.

Fiddle, accordion and guitar music

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

Saturday, Jan 10

Living with Local Wildlife

2 p.m. - 3 p.m.

Naturalist presentation with live ani-
mals

Hayward Main Library
835 C St., Hayward
(510) 881-7980
www.library.hayward-ca.gov

Saturday, Jan 10

Urban Cycling 101

2 p.m. - 4 p.m.

Bicycle rules and safety

Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org

Saturday, Jan 10

Marsh Meander

10:00 a.m. - 11:30 a.m.

Hunt for nests and listen for bird calls

Ages 5+
Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparcs.org

Sunday, January 11

Ohlone Humane Society Volunteer Orientation

1 p.m. - 3 p.m. (drop in)

Information about volunteer opportuni-
ties (16 years and older)

Trees Garden Homes Association
Cabana
36251 De Valle Ct., Fremont
(Niles District)
Guest parking slots or street
parking
(510) 792-4587
info@ohlonehumanesociety.org

Sunday, Jan 11

Ohlone Village Site Tour

10 a.m. - 12 noon

Visit 2,000 year old Tuibun Ohlone vil-
lage

Coyote Hills Regional Park
8000 Patterson Ranch Rd.,
Fremont
(510) 544-3220
www.ebparcs.org

Sunday, Jan 11

Do Monarchs Matter? \$

10:30 a.m. & 2:00 p.m.

Questions and answers about butterflies

Admission fees apply
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparcs.org

Sunday, January 11

Movies at the Library

2 p.m.

Awakenings (Robin Williams, Robert
DeNiro; PG-13)

Fukaya Mtg Rm: Fremont Main
Library
2400 Stevenson Blvd, Fremont
(510) 745-1401
www.aclibrary.org
ASL interpreter available with at
least seven working days' notice
510-745-1401 or
TTY 888-663-0660

Sunday, Jan 11

Covered California Enrollment Session

1 p.m. - 4 p.m.

Personal assistance from certified en-
rollers

San Lorenzo Library
395 Paseo Grande, San Lorenzo
(510) 670-6283
www.aclibrary.org

Sunday, Jan 11

Bird Watching for Beginners

10:00 a.m. - 11:30 a.m.

Use binoculars and bird guides on the
trail

Ages 10+
SF Bay Wildlife Refuge
1 Marshlands Rd., Fremont
(510) 792-0222

Sunday, Jan 11

Tiny Drifters - R

1:30 a.m. - 2:30 p.m.

Identify organisms under a microscope

Alviso Environmental Education
Center
1751 Grand Blvd., Alviso
(408) 262-5513
http://eectinydrifters.eventbrite.c
om

Sunday, Jan 11

Math for Adults

2 p.m. - 4 p.m.

The Basics

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1400
www.aclibrary.org

FREE Adult Reading and Writing Classes are offered at the Alameda County Library
Tell A Friend Call Rachel Parra 510 745-1480



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www.DriversForSurvivors.org

Church of Christ of Fremont

4300 Hansen Ave. Fremont

510-797-3695

www.fremontchurchofchrist.org

Whoever Drinks Of The Water That I Will Give Him Shall Never Thirst; But The Water That I Will Give Him Will Become In Him A Well Of Water Springing Up To Eternal Life
John 4:14

AA Meetings Every Tues and Thurs Evenings 7:30-9:30pm In Spanish In the Fellowship Hall

Services

Sunday: 10:45am and 6pm
Wednesday: 7:30pm



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www.mikesautobody.com 510-556-1739
36849 San Pedro Dr. Fremont, CA 94536

Sunday, Jan 11

Meet the Chickens \$

11:00 a.m. - 11:30 a.m.

Discover behavior patterns

Admission fees apply
Ardenwood Historic Farm
34600 Ardenwood Blvd.,
Fremont
(510) 544-2797
www.ebparks.org

Sunday, Jan 11

Sunday Stroll \$

10 a.m. - 12 noon

Flat 3.5 mile walk around lake shore

Lake Chabot
17600 Lake Chabot Rd,
Castro Valley
(888) 327-2757
www.ebparks.org

Monday, Jan 12

Crafts for Adults: Bead Making - R

7 p.m.

Cut and roll paper to create beads

Fremont Main Library
2400 Stevenson Blvd., Fremont
(510) 745-1401
www.aclibrary.org

Tuesday, Jan 13

Free Notary Signings for Seniors

10:00 a.m. - 11:45 a.m.

Call to schedule an appointment

Ages 50+
Newark Senior Center
7401 Enterprise Dr., Newark
(510) 463-7186

Tuesday, Jan 13

Covered California Enrollment Session

3:30 p.m. - 6:30 p.m.

Personal assistance from certified enrollers

Newark Branch Library
6300 Civic Terrace Ave., Newark
(510) 795-2627
www.aclibrary.org

Tuesday, Jan 13

COPS for Cops Recognition Event - R

6 p.m. - 8 p.m.

Awards presentation and refreshments

RSVP by 1/9
Washington Hospital
2500 Mowry Ave., Fremont
(510) 574-2250 x 110
SamanthaH@save-dv.org

Tuesday, Jan 13

Start Smart: Teen Driving

6 p.m. - 8 p.m.

Driver safety education for ages 15 - 19

Castro Valley Library
3600 Norbridge Ave.,
Castro Valley
(510) 667-7900
www.aclibrary.org

Tuesday, Jan 13

Paratransit Program Meeting

10:30 a.m.

Discuss Flex Shuttle and Taxi Voucher Programs

San Leandro residents 60+
San Leandro Senior Center
13909 East 14th Street,
San Leandro
(510) 577-7985
www.sanleandro.org

Wednesday, Jan 14

5-week Dance classes

Beginners Class:

7:00 p.m. - 8:00 p.m.

Intermediate: 8:15 p.m. -

9:15 p.m.

Rumba, East Coast Swing, Night Club

2-Step, Bolero

Ruggieri Center

33997 Alvarado Niles Rd,

Union City

(510) 675-5495

http://www.ci.union-city.ca.us/departments/leisure-ser-

VICES/activity-guide

Volunteers wanted for Creek Care Workday

SUBMITTED BY NELSON KIRK

Help improve the health of your local creek, care for native plants and enhance wildlife habitat this Martin Luther King Day. Join with the Alameda County Resource Conservation District's Hands-On Conservation Program Monday, January 19.

We'll seed wildflowers along the creek trail, plant native trees, and pick up trash along the creekside trail and around the pond in the park. Let's do something about trash that accumulates and impacts water quality in the creek and wildlife that lives there.

Students, adult volunteers and youth groups are welcome! Ages 10 and up. Bring your school's form to receive Service Learning/Community Service Hours.

To sign up, contact Amy Evans at amyevans.acrcd@gmail.com or call (925) 371-0154 x 112.

You will be provided a liability waiver form to sign and bring to the workday; those under 18 need parent signature on their form. Volunteers 12 and under should be accompanied by an adult. Liability forms are also available at www.handsonconservation.org.

Meet at the Union City Civic Center next to the skatepark; enter from Royal Ann Drive (near Alvarado-Niles Road). Wear work clothes and sturdy shoes that can get dirty, and bring gloves if you have them. We'll provide trash bags and litter grabbers, and a snack. Please bring your own re-fillable water bottle.

Creek Care Workday

Monday, Jan 19

10 a.m. - 12 p.m.

William Cann Memorial Civic Center

34009 Alvarado-Niles Rd, Union City

(925) 371-0154 x 112

www.handsonconservation.org



Volunteer at St. Rose Hospital!

(510) 264-4139

www.srhca.org

DID YOU KNOW?

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BOOKMOBILE SCHEDULE

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For more information about the Bookmobile call (510) 745-1477 or visit www.aclibrary.org.

Times & Stops subject to change

10:25 - 10:55 Daycare Center Visit - UNION CITY
1:45 - 2:45 Delaine Eastin School, 34901 Eastin Dr., UNION CITY
4:15 - 4:45 Contempo Homes, 4190 Gemini Dr., UNION CITY
5:15 - 6:45 Forest Park School, 34400 Maybird Circle, FREMONT

Tuesday, Jan 6
9:45 - 10:15 Daycare Center Visit - FREMONT
10:45 - 11:15 Daycare Center Visit - FREMONT
2:15 - 2:45 Headstart, 37365 Ash St., NEWARK
4:30 - 5:20 Weibel School, 45135 South Grimmer Blvd., FREMONT
5:50 - 6:40 Booster Park, Gable Dr. & McDuff Ave., FREMONT

Tuesday, Jan 13
9:15 - 11:00 Daycare Center Visit - FREMONT
2:00 - 2:30 Daycare Center Visit - FREMONT
2:30 - 3:25 Cabrillo School, 36700 San Pedro Dr., FREMONT
4:45 - 5:30 Baywood Apts., 4275 Bay St., FREMONT
5:50 - 6:30 Jerome Ave. and Ohlones St., FREMONT

Wednesday, Jan 7
12:45 - 2:15 Glenmoor School, 4620 Mattos Drive, FREMONT
3:50 - 4:20 California School for the Deaf, 39350 Gallauder Dr., FREMONT
6:00 - 6:30 Camellia Dr. & Camellia Ct., FREMONT

Wednesday, Jan 14
1:00 - 1:45 Hillside School, 15980 Marcella St., SAN LEANDRO
2:00 - 2:45 Eden House Apts., 1601 165th Ave., SAN LEANDRO
3:00 - 3:30 Baywood Ct., 21966 Dolores St., CASTRO VALLEY
6:00 - 6:30 Camellia Dr. & Camellia Ct., FREMONT

Thursday, Jan 8
10:00 - 10:30 Daycare Center Visit - SAN LORENZO
10:45 - 11:45 Daycare Center Visit - CASTRO VALLEY
1:20 - 1:50 Daycare Center Visit, HAYWARD
2:15 - 3:15 Cherryland School, 585 Willow Ave., HAYWARD

Milpitas Bookmobile stops Renew books by phone (800) 471-0991

For more information (408) 293-2326 x3060

Wednesday, Jan 7
3:15 - 4:00 Friendly Village Park, 120 Dixon Landing Rd., MILPITAS

Monday, Jan 12
9:30 - 10:05 Daycare Center Visit - UNION CITY

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The Bookworm

The Bookworm is Terri Schlichenmeyer. Terri has been reading since she was 3 years old and she never goes anywhere without a book. She lives on a hill in Wisconsin with two dogs and 11,000 books.

"Dream Year: Make the Leap from a Job You Hate to a Life You Love"

by Ben Arment

As resolutions go, this year's is a big one.

It's a New Year's resolution that you won't break, for once: you've decided that you're going to change a lot of things - love, finances, and work, for starters. Especially work, because you're fed up and frustrated.

And there's the biggest catalyst, says Ben Arment. Frustration is "the fuel" that really lights an entrepreneurial fire - and in the new book "Dream Year," he explains how you can nurture your spark.

All year long, you've struggled to get up in the morning, grumbled all the way to work, grumped through your day, and you can't do it anymore. You've decided to bring your dream to the world and that's good because, today, "nothing is stopping you from constructing your own system to sustain your livelihood."

"You," says Arment, "... are the only gatekeeper for your dream."

To determine what you'll do in your new endeavor, remember that working your dream doesn't mean starting anew. Consider things you're already pursuing (like a hobby or interest in a certain field), check that your idea fits the four hallmarks of a "sweet spot," then ask yourself what you'd do if you didn't need to have a conventional job. Be realistic, though; not every dream leads to money.

Next, take your idea and determine how it differs from the ones others have already had. Does it solve a problem? Will it resonate with potential customers? Can it make a profit - and if so, how? Will it set your new business apart from similar competitors? Can you break industry rules to see that it does?

Learn the fine art of asking; not knowing how could keep your dream from becoming a reality. Name your business right by seeing how others do it wrong. Know the difference between the dream and working the dream, and don't underestimate the importance of getting started. Surround yourself with talent, lead but delegate if you must, and don't catch yourself slacking. Remember that you can't know

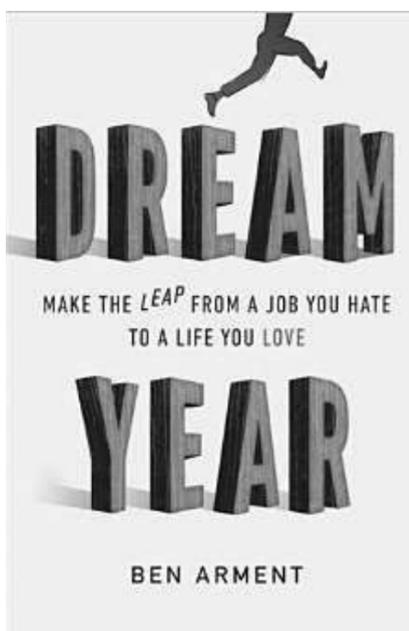
everything, so always be open to learning. Know the reasons why others have quit... and then don't.

I've surely read my ration of Start Your Own Business books over the past dozen years and each is a little different. "Dream Year" is no exception.

By sharing real-life stories and methods he uses in his Dream Year program, entrepreneur and author Ben Arment uses inspiration to guide readers through the process, from frustration to fruition, of being their own boss. That, along with repeated reminders that starting is essential to the journey, is absolutely helpful. What sets this book apart from others of its ilk, conversely, lies in small didn't-think-of-that details which (fair warning!) could be overly hasty or even daunting for entrepreneurs-to-be.

Still, this is a decent book so my advice would be to read it awhile and, when it becomes overwhelming, put it aside while you work it for a year. You'll be ready for the rest then because, for you, as entrepreneurial guidebooks go, "Dream Year" could be a big one.

c.2014, Penguin Portfolio
\$27.95 / \$32.95 Canada
256 pages



LETTER TO THE EDITOR

Virginia, Santa knows all seasons

Yes, there is a 'Santa Claus.' In fact there are many Santa's. Just look around and you will see these 'Santa's' who are men and women and yes, even children, when they give not only toys, but necessities of life...food, clothing and love from their hearts. Our communities are rich with these un-named Santa's.

The sad part, Virginia, is that most are seasonal Santa's. Many

find it in their hearts to try and extend their Santa-ness throughout the year. I am thankful for the generosity of these seasonal Santa's, but my Christmas Wish is more of the holiday spirit throughout the year. The need isn't only there in December.

Mrs. Santa Claus
aka Pat Danielson

Apply now for spring & summer youth jobs

SUBMITTED BY EAST BAY REGIONAL PARK DISTRICT

Looking for a spring or summer job in the parks? Start now! The Park District has about 370 seasonal full-time and part-time paid positions for students, including lifeguards, recreation leaders, and Interpretive Student Aides.

As an example, 23-year-old An Hoang worked at the Park District for four years. He began as a student laborer at Ardenwood Historic Farm and later worked as a gate attendant at Coyote Hills. An says he gained valuable skills, such as communicating clearly with the public and managing time and priorities while saving money for college.

For information, visit www.ebparks.org/jobs, or call Human Resources at (510) 544-2154. Gain professional work experience at the Regional Parks.

Youth Spelling Bee

SUBMITTED BY THE
CITY OF MILPITAS

Milpitas Elementary School students grades 1 through 6 will showcase their spelling knowledge as they complete to be the Spelling Bee Champion for 2015. Preliminary rounds will be split by grade. The final rounds of competition will include top students from each grade competing against each other. Please note that word lists for each grade vary in difficulty.

Pre-registration is required for this activity. Completed registration forms can be submitted to the Milpitas Sports Center or Milpitas

Community Center, or register online at

<http://www.ci.milpitas.ca.gov/>.

Registration must be submitted no later than January 20. All proceeds will benefit the City of Milpitas Youth Advisory Commission's events and scholarships.

Milpitas Youth Spelling Bee
Friday, Jan 23
6 p.m.

Senior Center
40 N. Milpitas Blvd, Milpitas
(408) 586-3000

<http://www.ci.milpitas.ca.gov/>
Registration Fee: \$5
Admission Fee

Fremont Opera

Presents

Come Embark on Noah's Ark!

SUBMITTED BY DAVID SLOSS

On Sunday, January 11, Fremont Opera presents a grand nautical gala, Come Embark on Noah's Ark, honoring State Senator Bob Wieckowski for his support of the arts in the Tri-City area. The event begins at 6:30 pm, at the Newark Pavilion. In keeping with the Noah's Ark theme, guests are invited to come in elegant casual dress, or costumed as their favorite animal.

Staged by Ric Serianni and Splurge Catering, the gala will raise funds to support Fremont Opera's next production, coming in March of 2015. Come Embark on Noah's Ark will feature an elegant gourmet dinner, singers from Ragazzi Boys Chorus who will later take part in the March production, and Fremont Opera soloists performing "Arias from the Ark". Noted mezzo-soprano Kathleen Moss, who has appeared with San Francisco Opera and a dozen other companies, will sing her signature "Velociraptor" song. There will be raffle prizes, along with live and silent auctions.

Auctioneer Frank Bizzarro, whose work with hundreds of non-profit organizations since 1984 has been featured in na-

tional magazines and on television, will preside over an exciting live auction. Featured auction items include a 6-day South African Photo Safari; exotic dinners in your home; a 10-day Princess Alaska Cruise sailing round-trip from San Francisco; a Mercedes E350 or Porsche Panamera to drive for a weekend; and a chance to join Fremont Opera's David and Barbara Sloss in box seats at San Francisco Opera with a pre-show brunch and private opera preview.

All proceeds from Come Embark on Noah's Ark will support Fremont Opera's March 2015 production of Benjamin Britten's inspired church and community opera, Noye's Fludde (Noah's Flood). Written for a core of pro-

fessionals and an enormous cast of children and amateurs, this unique work will be performed both in Fremont and in San Francisco. Over 100 children from Ragazzi Boys Chorus and Young Women's Choral Project will be in the cast. Children from Bay Area youth symphonies will augment the orchestra as well.

Come Embark on Noah's Ark

Sunday, Jan 11

6:30 p.m.

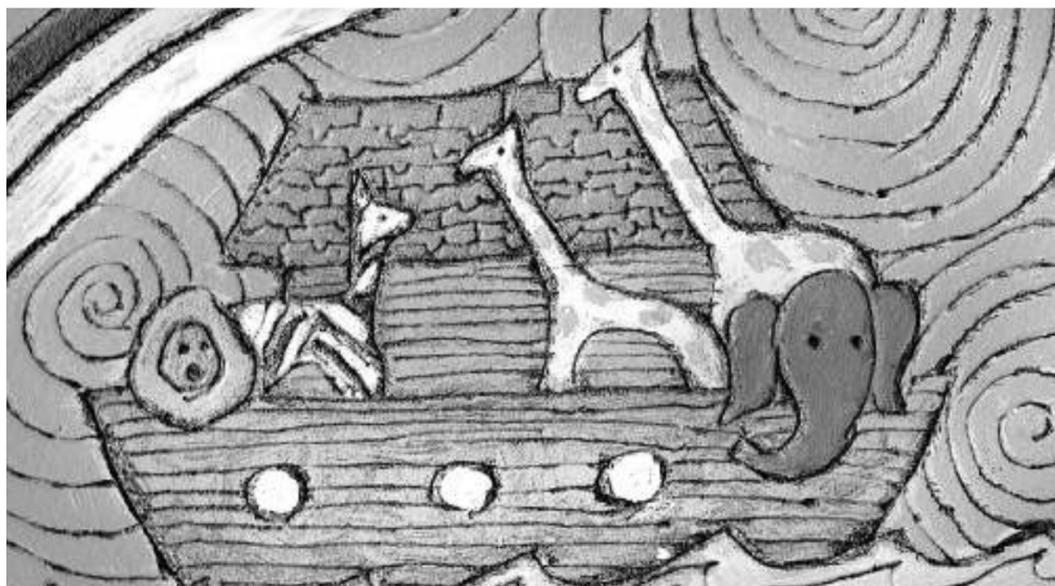
Newark Pavilion

6430 Thornton Ave, Newark

(510) 400-4106

www.fremontopera.org

\$95 per person



LETTER TO THE EDITOR

Our Christmas story

It was going to be a quiet Christmas – just my wife and I cooking a prime rib and avoiding the hustle and bustle of big get-togethers. We went to an early movie then came home and started preparing our dinner. A short time later, both smoke alarms started blaring shrilly and my wife was screaming. I ran downstairs to see thick, dark smoke billowing out of our oven and flames engulfing the entire oven interior.

Fremont Fire Department arrived within a few short minutes and rushed in to extinguish the blaze and turn off gas and electricity to the stove. The firemen then carried the stove outside to give it a proper hosing down and assess any potential additional damage to our home. They proceeded to open doors and windows throughout the house and, with a huge fan, blew all the smoke out of our place, which also quieted the blaring smoke alarms.

As they were putting away their gear, the three firemen, Bruno, Greg and Sergio, said, “Your dinner is ruined and your stove

is out of operation, so why don't you come back to the firehouse with us and share our Christmas dinner?” We said that wasn't necessary; however, they kept at us and said, “You don't want to eat Chinese take-out on Christmas, and we have more than enough food, so please promise us you will come to dinner at the fire station at 5:30.” We finally relented and told them we would be there.

We went to the fire station and were met at the door by Sergio, who turned us over to Bruno to give us a quick tour of the station and introduce us to their families and friends in attendance. We noticed that they had already set a place at the table for us and had even written our names on the place tags.

While the men cooked and washed pots and pans they would not let us help them and insisted that we eat hors d'oeuvres and socialize with other guests. When all the food was ready and set on the table, Bruno had us all hold hands while he gave a bless-



Bruno (foreground), Greg (middle), and Sergio (background) of Fremont Fire Department

ing and even included us as “our new friends” before commanding us to dig in.

Needless to say, everything was excellent, the company was congenial, and the entire experience was one which we will never forget. We cannot compliment these brave, compassionate, loving men nearly

enough for all they did for us, which they modestly called “just doing our jobs.” Three cheers for the wonderful men of Fremont Fire Station #10!

**Jim Ulam and Linda Hall
Fremont**

Unitek College welcomes NCP College of Nursing

SUBMITTED BY KIMBERLY HATHAWAY

HealthEd, Inc., parent company of Unitek College, welcomes NCP College of Nursing, a division of Nursing Care Providers, Inc., into the HealthEd family of companies. As a combined education group, the two nursing colleges will educate a large percentage of health care pre-licensure students and health care graduates in the Bay Area. This acquisition is part of HealthEd Inc.'s long-term strategy to address the world's nursing shortage.

“We wanted to partner with someone of vision with high quality nursing programs,” said Janis Paulson, chief executive officer of Unitek College and HealthEd, Inc. “NCP College of Nursing has a stellar reputation and a large number of students served. This relationship allows us to expand our geographical area, serving a wider area in the Bay Area and venturing into the Peninsula, as we address the growing nursing and healthcare shortage.”

The Bureau of Labor Statistics projects a 19 percent growth in employment for registered nurses from 2012-2022 compared to an 11 percent average growth rate for all occupations. As the Affordable Care Act gains traction and the aging Baby Boomer

generation grows, there is a growing shortage of primary care physicians and nursing graduates, creating an incredible opportunity for job growth in the health care sector.

“Unitek College and NCP College of Nursing reach individuals who may not have thought college was for them, and may often be first-time college students in their family,” says Christy Torklidson, chief academic officer of Unitek College.

Both colleges are accredited by the Accrediting Commission of Career Schools and Colleges (ACCSC). Unitek College was recently accredited by the Commission on Collegiate Nursing Education (CCNE) for its Registered Nurse to Bachelor of Science in Nursing program.

“NCP has spent many years reaching out and being a community-based institution in the East Bay and Northern Peninsula,” says Milo Jocson, president and chief operating officer of NCP College of Nursing. “We continue to foster those relationships with the community and the clinical sites we are associated with. We look to this combined organization to continue to expand that type of outreach to the communities we serve because that's where our new graduates will come from.”

A not-so-silent part in ‘Selma

Directed by Ava DuVernay, the historical drama film “Selma” will have its nationwide release on Friday, January 9. “Selma” is based on the voting rights marches of 1965, led by Martin Luther King, Jr. and other civil rights activists. Protesters held three marches and attempted a 54-mile walk from Selma to Alabama's state capital of Montgomery, which led to the passage of the 1965 Voting Rights Act. “Selma” stars David Oyelowo as Martin Luther King, Jr., Tom Wilkinson as U.S. President Lyndon Johnson, and Tim Roth as Alabama Governor George C. Wallace.

As a life member of the Niles Essanay Silent Film Museum, Jim Patterson was honored to have a small part in this film, as a reporter. For Jim, it was more than just a small role in a much-anticipated film – it was a way to honor his late father, James G. Patterson. His father was part of the Alabama National Guard, federalized by President Johnson to protect demonstrators during the successful final march which began on March 21, 1965. According to Jim, his father described the situation in Selma as more dangerous than his experience in Korea.

About three years ago, Jim started attending civil rights commemorative events in different



Jim Patterson: Jim Patterson as a reporter for the movie “Selma”
James G. Patterson: James G. Patterson (1933-2003), Jim's father and Alabama National Guardsman

parts of the country and talked to Selma marchers and their relatives. Eventually, his acquaintances in the Alabama Film Commission informed him about an opportunity to take part in the film. “There were a lot of people in the film who had a family connection – historical connection – with the event of Selma...and it was a therapy for them like it was for me,” he adds.

“I wanted to honor my father, and I think I did so,” Jim said. For more information about Jim Patterson and his written works, visit www.humanrightsissues.com.

‘Collective Musings’ opens at Olive Hyde

SUBMITTED BY DIANE LEYS

“Collective Musings,” an exhibit featuring the work of Marks Collective, a group of five abstract artists linked through their association with San Jose State University, will open at Olive Hyde Art Gallery with a reception on Friday, January 9 and run through January 31.

Based in the South Bay and Santa Cruz Areas the Marks Collective artists' inspiration is based on various aspects of contemporary life. The artists themselves reflect the enormous diversity of the San Francisco Bay Area. Each of the artists has earned either a BFA or MFA from San Jose State University. Painting, drawing, and printmaking are the primary media to be exhibited at Olive Hyde.

Robbie Sugg works primarily in drawing, painting, and printmaking. The work Gloria Huet will be exhibiting was inspired by her frequent hikes up Mission Peak. Planning to showcase works of oil, Matthew Weston Taylor's paintings are inspired by thoughts about duty, self-awareness, and picnics.

To Colleen Akakaki, “It's all about the mark” and

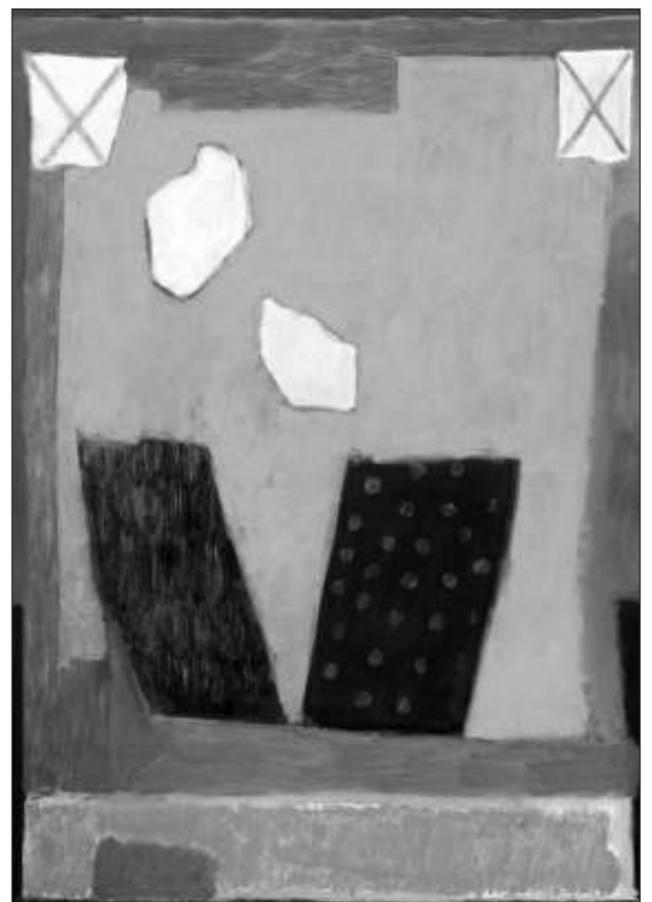
the ability of a mark to express an emotion. She works with a theme and explores the possibilities using her varied media of printmaking, etching, and painting. Printmaker and painter Kyoko Fischer specializes in combining multiple techniques to create her monoprints. For her paintings she uses oil and encaustic, a technique using wax.

Olive Hyde is pleased to invite our community to enjoy this exhibit of contemporary works presented by the Marks Collective.

Collective Musings
Friday, Jan 9 – Saturday, Jan 31
Thursday – Sunday, noon - 5 p.m.

Opening reception:
Friday, Jan 9
7 p.m. - 9 p.m.

Olive Hyde Art Gallery
123 Washington Blvd, Fremont
(510) 791-4357
www.fremont.gov/



SPORTS

James Logan vs. Monte Vista

Men's Soccer

SUBMITTED BY JAMES WILLIAMS

James Logan 1, Monte Vista 0
January 3, 2015

1st Half Scoring:
JL: Jared Rivera (Justyn Raygoza) 35:00

JL Goalie: Andres Marquez, 80 Min, 0 GA, 5 saves
MV Goalie: Guiliano De Martini 40 Min, 1 GA, 3 Saves
Zac Crook, 40 Min, 0 GA, 5 Saves

JL Record: 6 - 1 - 3 (1 - 1)

Pioneer Report

Men's Basketball

SUBMITTED BY STEVE CONNOLLY

Titans Topple Pioneers in Non-Conference Finale

The Cal State East Bay men's basketball team was defeated by Cal State Fullerton on the road on December 30, 2014 by a final score of 77-45. The Pioneers fall to 3-7 on the season, which includes a pair of losses to NCAA Division I schools.

"Tonight was a great opportunity for us to play against a tough and athletic team," said head coach

for California Collegiate Athletic Association (CCAA) game of 2015.

Three Pioneers scored in double figures, led by senior Nick Grieves, who knocked down 5-of-7 from long range to finish with 15 points.

It was a tight game for most of the first half, as the squads traded leads several times. With the score 17-17, SF State went on a quick run to grab a six-point lead, but sophomore Kyle Frakes answered with a traditional three-point play to pull back within three.

The Gators started to heat up late in the first behind big man Udun Osakue, who finished with a game-high 19 points. They ex-

this night.

Frakes posted perhaps his best game of the 2014-15 season, reaching season highs with 22 minutes and eight points. He also grabbed five rebounds and had a perfect shooting performance, going 3-for-3 from the floor and 2-for-2 at the line.

In the backcourt, Cody Kale dished out three assists, Marcus Norman knocked down a three-pointer off the bench, and Springfield notched two points, two boards, and two assists.

Pioneers fall to Sonoma State

The Cal State East Bay men's basketball team's shooting woes continued January 3rd in a 71-51 loss on the road to Sonoma State. The Pioneers (3-9, 1-5 CCAA) drop their fourth in a row, while the Seawolves (8-2, 5-1 CCAA) remain atop the California Collegiate Athletic Association standings.

Junior Jack Pasquini led East Bay with 16 points and eight rebounds in the loss. It was his highest scoring output of the season in league play and his sixth straight game with at least eight boards.

The Pioneers shot 32.2 percent from the floor as a team. They were 9-for-34 from beyond the arc (26.5 percent) and just 4-for-9 from the free throw line. The Seawolves entered the game as the top shooting team in the conference and posted a 52.9 percent mark from the field in this contest.

The first 10 minutes or so was extremely tight before the home team began to grab control. East Bay got three-pointers from Pasquini, Jacari Whitfield, and Cody Kale in the first five minutes to grab the lead. Marcus Norman made a basket with 12 minutes left in the first half to make it 15-13 Pioneers, but unfortunately that was the last lead CSUEB would hold. Sonoma re-



Nick Grieves had a season high with five three-pointers in loss to SF State

Gus Argenal. "Coach Taylor has a squad that knows its identity and plays to its strengths. We played hard for 40 minutes, but we couldn't contain their transition or ability to rebound. We were able to get some great shots on offense, but ultimately didn't execute at a high enough level."

The game was tight for the first 13 minutes of play before Fullerton began to pull away. Jacari Whitfield knocked down a pair of three-pointers early in the first half to keep the Pioneers close. The Titans grabbed a 20-13 lead, but then back-to-back triples by Patrick Marr and Nick Grieves brought East Bay within one at 20-19.

The Pioneers ended up shooting 28.8 percent from the floor, and they were 7-for-24 from long distance. The team was perfect from the free throw line, but they attempted just four foul shots, easily a season low. Marr led CSUEB with 11 points in 16 minutes off the bench. The freshman was 5-for-13 from the field and grabbed two rebounds as well.

Senior Cody Kale scored eight points, pulled in four rebounds, and dished out a team-high five assists. Jack Pasquini also notched eight points, and the junior led all players with nine boards in the loss.

Whitfield and Grieves each made two shots from beyond the arc, finishing with six points and three rebounds apiece. Sophomore Paramvir Singh and junior Marcus Norman both saw season highs in minutes played, with Singh scoring four points and Norman tallying two points, three boards, and two assists.

Pioneers fall short despite Grieves' hot hand

The Cal State East Bay men's basketball team came up short in its bid for a road victory on January 2nd, falling 70-57 to San Francisco State in the first Cali-

tended their lead to eight before Grieves buried a three in the final minute to send the Pioneers to halftime with a five-point deficit. The Aptos native scored 12 of East Bay's 26 points in the opening frame.

SF State prevented any second half drama as they held the advantage for the last 27 minutes of game time. The Gators shot 54



Patrick Marr scored a team-high 11 points in loss at Cal State Fullerton

percent from the field in the second half and went 14-for-18 from the free throw line to extend their lead to double figures and hold off any Pioneer comebacks.

Junior Jack Pasquini, who entered the game as the CCAA's leading rebounder, finished with 14 points, three assists, and a game-high nine rebounds, including four boards on the offensive end.

Grieves reached double figures in scoring for the fifth time this season, which matches Juawnn Springfield for the most on the team.

Senior Jacari Whitfield scored 11 points and led the Pioneers with five assists and 38 minutes played. The program's all-time leading three-point shooter went 3-for-10 from long distance on

sponded by going on a 23-3 run to end the half.

Freshman Patrick Marr got his first career start on this night. He played well in the second half, finishing with 11 points on 4-for-9 shooting and two blocks. Whitfield scored eight points and led the team with six assists, which gives him 275 for his career, surpassing Mike Wood (2002-06) in the program's all-time record books.

Kale went 3-for-5 from the floor and 2-for-2 from long range, tallying nine points along with five rebounds. Juawnn Springfield scored five points off the bench, and Darriek McIntosh and Kyle Frakes grabbed five and three rebounds, respectively.

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Lady Cougars finish second in Holiday Classic

Women's Basketball

**SUBMITTED BY
COACH DARRYL REINA
PHOTOS PROVIDED BY
AL BRUCKNER**

The Cougars defeated Yerba Buena 68-26 in the opening



round, beat Menlo-Atherton 55-52 in the semifinals, and then fell to Castro Valley 61-32 in the Championship Game of the Tournament.



Junior guard Mari Matos and freshman guard Haylee Nelson were named to the Varsity All-Tournament team. Freshman Auriyana Tubera was selected to the All-Tournament team in the Junior Varsity Division.

The Cougars open MVAL play on Tuesday night, January

6, hosting Moreau Catholic at the Event Center, on the campus of Newark Memorial High School, 39375 Cedar Boulevard, Newark. The JV game begins at 6:00 pm, with the tip-off for the Varsity game scheduled for 7:30 pm.



Pioneers run win streak to five

Women's Basketball

SUBMITTED BY SCOTT CHISHOLM

Cal State East Bay dominated near the basket in a January 2, 2015 69-51 conference road win over San Francisco State. The Pioneers extended their season winning streak to five and overall streak over the Gators to seven with the victory.

"Remy Puou and Tori Breshers did a good job for us in the paint. We hit the glass hard as a team tonight and that was one of our goals," praised East Bay Head Coach Suzy Barcomb.

The Pioneers outrebounded the Gators 48-25 overall and outscored the host side 44-20 in the paint. Breshers and Puou combined for 31 points and 19 rebounds to lead the charge.

Cal State East Bay controlled the game when it did not commit one of its 12 turnovers in the opening half. The miscues allowed San Francisco State (0-9, 0-5 CCAA) to stay within striking distance at halftime trailing 33-24.

In addition East Bay starting point guard Shannon Bland was forced to exit the game just before halftime with a facial injury. The Pioneers would turn to their reserves to take over Bland's role in the second half.

"When Shannon went out, I knew I needed to step up. I focused on playing defense and control-

"Stephanie is a key player and when she's not in the game things sort of get off (rhythm). When she's not on the floor we need to step up," added Estremera on the value of Lopez's contributions.

S.F. State's Michelle Sutton led her team with 15 points, three steals, and five rebounds. Savannah Camp and Jayzyl Tauala came off the bench to finish with 12 and 10 points respectively.

Cal State East Bay (9-2, 4-1 CCAA) moves into a 3-way tie for second place in the league standings with Cal State Dominguez Hills and Cal Poly Pomona.

Missed free throws prove costly

Cal State East Bay finished on the wrong end of a 68-66 decision to Sonoma State inside The Wolves' Den on January 3rd. Free throw woes proved costly as the Pioneers made just 12-of-22 second half free throws in a tightly contested conference battle. "We didn't take care of the little things all night long. Unfortunately our missed free throws cost us the game tonight," said East Bay Head Coach Suzy Barcomb. "We had plenty of opportunities to earn the win, but lack of focus hurt us in a big way tonight."

East Bay's Tori Breshers carried the load with 10 of her team-high 24 points while season leading scorer Stephanie Lopez was held to just a single point. The second half was a different story as the Pioneers rallied quickly out of halftime. Lopez



Tori Breshers finished with a game-high 16 points and 10 rebounds in Pioneer win at SF State
Tori Breshers (near) finished the weekend averaging 20 points, 6.5 rebounds, and four steals per game

ling the tempo of the game," said senior guard Sharissa Estremera. "(S.F. State) is an up-tempo team and we want to settle things down."

Estremera finished with career-highs of 11 points and seven boards in the win. On the team's opening second half possession she knocked down a 3-pointer that gave the Pioneers a double-digit lead they would extend to as many as 25 points.

"All things considered we showed our rust, but played well at times. Sharissa did a great job stepping in for Shannon. It's vital we can ask bench players to step into starting roles when needed," Barcomb complimented of her senior guard.

Stephanie Lopez became a facilitator and filled the stat sheet with 13 points, seven rebounds, six assists, and four steals. She has scored at least 12 points in all 11 games this season and leads all California Collegiate Athletic Association players with 13 steals in five league contests.

would go on to score 17 second half points and her 3-pointer at the 16:33 mark gave East Bay a 35-33 lead. From that point on it became a back-and-forth battle until Sonoma State extended its lead to 11 points with less than three minutes left in regulation.

East Bay fought to the end as Alyssa Palma knocked down a 3-pointer with 14 seconds left cutting the deficit to 66-63. Breshers stole the ensuing Seawolves inbound pass and made 1-of-2 free throws after being fouled to cut the gap to two points. Acosta finished with a team-high 16 points for the Seawolves. Sourek finished with 13 points and a team-high seven rebounds. Burroughs contributed 13 points and a team-high three assists in the win.

That was as close as East Bay would come in the final minutes as Sonoma State extended its winning streak to five. It also snapped a 3-game losing streak to the Pioneers with the victory.

Pioneers swimmers hang tough



Alyssa Tenney is the lone senior on this year's Pioneer Women's Swimming squad

Women's Swimming

SUBMITTED BY SCOTT CHISHOLM

Cal State East Bay swimming put undefeated NCAA Division I Nevada to the test on January 3rd The Pioneers were unable to become the first team to defeat the Wolfpack this season falling 128-74. "I was pleased with a lot of the racing and placing. It's a challenging place to swim with the long bus ride and the altitude. The team handled it really well and we're looking forward to building on this as we head into Fresno next week," East Bay Head Coach Ben Loorz commented.

Mariam Lowe won the 1,000-yard freestyle (10:55.01) and Hannah Cutts (11:02.75) completed a 1-2 Pioneer finish.

Alyssa Tenney provided quality swims throughout the meet starting with the 100-yard backstroke leadoff leg of the 400-yard medley relay. She completed the four lengths in 59.17 to keep the Pioneers within striking range of the Nevada relays.

Tenney was the top EB finisher in the 100-yard freestyle (54.72) finishing only eight hundredths of a second behind UNR's Michelle Forman for second. She went on to record the second fastest 50-yard split in the 200-yard free relay finishing her leg in 24.27 seconds. "Alyssa is swimming very, very well. Courtney Schwiesow had a nice swim in the 400-yard individual medley, as did Rachel Shimizu in the 500-yard freestyle," added Loorz. Shimizu finished third in the 500-yard free and Schwiesow was the top East Bay finisher in the 400 IM.

James Logan ties Berkeley

Men's Soccer

**SUBMITTED BY
JAMES WILLIAMS**

James Logan vs Berkeley
December 30, 2014

James Logan 1, Berkeley 1
Played at Logan

1st Half Scoring:

JL: Martin Sierra (Javier Tijero)
28:00
BER: Eli Townsend (Kai Glick)
15:00

2nd Half Scoring: None

JL Goalie: Andres Marquez, 80
Min, 1 GA, 3 Saves
BER Goalie: Riley Juni-Westover,
80 Min, 1 GA, 5 Saves

JL Shots: 10; BER Shots: 5

Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont (www.fremont.gov), Hayward (www.hayward-ca.gov), Milpitas (www.ci.milpitas.ca.gov), Newark (www.ci.newark.ca.us), Union City (www.ci.union-city.ca.us).

City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

CITY COUNCILS

Fremont City Council
1st/2nd/3rd Tuesday @ 7 p.m.
City Hall, Bldg A
3300 Capitol Ave., Fremont
(510) 284-4000
www.fremont.gov

Hayward City Council
1st/3rd/4th Tuesday @ 7 p.m.
City Hall, second floor
777 B Street, Hayward
(510) 583-4000
www.ci.hayward.ca.us

Milpitas City Council
1st/3rd Tuesday @ 7 p.m.
455 East Calaveras Blvd., Milpitas
(408) 586-3001
www.ci.milpitas.ca.gov

Newark City Council
2nd/4th Thursday @ 7:30 p.m.
City Hall, 6th Floor
37101 Newark Blvd., Newark
(510) 578-4266
www.ci.newark.ca.us

San Leandro City Council
1st/3rd Monday @ 7 p.m.
835 East 14th St., San Leandro
(510) 577-3366
www.sanleandro.org

Union City City Council
2nd/4th Tuesday @ 7 p.m.
City Hall
34009 Alvarado-Niles Rd., Union City
(510) 471-3232
www.ci.union-city.ca.us

WATER/SEWER

Alameda County Water District
2nd Thursday @ 6:00 p.m.
43885 S. Grimmer Blvd., Fremont
(510) 668-4200
www.acwd.org

East Bay Municipal Utility District
2nd/4th Tuesday @ 1:15 p.m.
375 11th St., Oakland
(866) 403-2683
www.ebmud.com

Santa Clara Valley Water District
2nd/4th Tuesday @ 6:00 p.m.
5700 Almaden Expwy., San Jose
(408) 265-2607, ext. 2277
www.valleywater.org

Union Sanitary District
2nd/4th Monday @ 7:00 p.m.
5072 Benson Rd., Union City
(510) 477-7503
www.unionsanitary.com

SCHOOL DISTRICTS

Castro Valley Unified School Board
2nd/4th Thursday @ 7:00 p.m.
4400 Alma Ave., Castro Valley
(510) 537-3000
www.cv.k12.ca.us

Fremont Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
4210 Technology Dr., Fremont
(510) 657-2350
www.fremont.k12.ca.us

Hayward Unified School Board
2nd/4th Wednesday @ 6:30 p.m.
24411 Amador Street, Hayward
(510) 784-2600
www.husd.k12.ca.us

Milpitas Unified School Board
2nd/4th Tuesday @ 7:00 p.m.
1331 E. Calaveras Blvd., Milpitas
www.musd.org
(406) 635-2600 ext. 6013

New Haven Unified School Board
1st/3rd Tuesday @ 6:30 p.m.
34200 Alvarado-Niles Rd., Union City
(510) 471-1100
www.nhusd.k12.ca.us

Newark Unified School District
1st/3rd Tuesday @ 7 p.m.
5715 Musick Ave., Newark
(510) 818-4103
www.newarkunified.org

San Leandro Unified School Board
1st/3rd Tuesday @ 7:00 p.m.
835 E. 14th St., San Leandro
(510) 667-3500
www.sanleandro.k12.ca.us

San Lorenzo Unified School Board
1st/3rd Tuesday @ 7:30 p.m.
15510 Usher St., San Lorenzo
(510) 317-4600
www.slzsd.org

Sunol Glen Unified School Board
2nd Tuesday @ 5:30 p.m.
11601 Main Street, Sunol
(925) 862-2026
www.sunol.k12.ca.us

Household Hazardous Waste Program expands days/hours

SUBMITTED BY JEFF BECERRA

The New Year brings easier drop off of household hazardous waste (HHW) for residents of Alameda County. HHW drop-off centers – including Fremont and Hayward – have added hours; made hours more regular; added acceptance of electronic waste; and will host mobile one-day drop off events later in the year. The changes are designed to make disposal of HHW more convenient and increase capture of these toxic materials for proper disposal.

The facilities are open to residents of Alameda County. No appointments are needed for residents. Multi-family property owners must make an appointment and follow specific guidelines available at www.stopwaste.org/hhw.

Facility locations and hours:

Fremont facility (41149 Boyce Rd.): Wednesday to Friday from 9 a.m. to 2:30 p.m., and Saturday from 9 a.m. to 4 p.m.

Hayward facility (2091 W Winton Ave.): Friday to Saturday from 9 a.m. to 4 p.m.

Improvements to the program include keeping the Hayward facility open every Friday and Saturday instead of alternating weeks. New materials that will be accepted include electronic wastes such as computers, radios and televisions. Additionally, multi-family property owners can now bring hazardous waste from property maintenance work or from their tenants to the drop-off centers free of charge. Drop-off for single-family residents is free.

"The drop-off facilities are free and simple to use," said Bill Pollock, HHW Program Manager for Alameda County. "Residents don't need an appointment and they don't even need to get out of their car. They can come in their pajamas if they want."

The countywide household hazardous waste program provides safe, legal, environmentally sound collection and disposal services for residential household hazardous waste such as paint, varnish, cleaners, herbicides and pesticides. Improper disposal of these wastes is illegal, often dangerous, and can detract from residential property values.

For more information about new hours and services, as well as tips for purchasing less toxic alternatives, visit www.stopwaste.org/hhw.

New Haven School District update

SUBMITTED BY NEW HAVEN UNIFIED SCHOOL DISTRICT

At their last meeting, recently re-elected Board members Linda Canlas and Sarabjit Cheema took the oath of office and were sworn in to begin their new four-year terms. Michael Ritchie, a member of the Governing Board since January of 2012, was elected by his colleagues to serve as Board President through December 2015. Linda Canlas was elected clerk.

The Board also approved the first interim budget report for 2014-15 as well as multi-year projections for 2015-16 and 2016-17. The Board positively certified that the District would be able to meet its financial and state required reserves obligations in the current fiscal year and in the next two out years.

Co-Superintendent and Chief Business Officer, Akur Varadarajan provided a brief to the Board about budget considerations:

Enrollment has been declining.

District is currently in labor negotiations and the impact of these negotiations has not been reflected in the report.

The impact of the Affordable Care Act is under review by staff.

Increase in Employer STRS contribution rates over the next six years.

Loss of Proposition 30 Education Fund (sales and personal income temporary taxes) sunsets in June 2016 and June 2018 respectively.

The First Interim report will be posted on the district's website.

The Board agreed on the following meeting dates for the remainder of the 2014-15 school year: January 20, February 3 and 17, March 10, April 14, May 5 and 19, and June 2 and 16.

SCAM ALERT!

SUBMITTED BY
TIM JONES, NEWARK PD

The Newark Police Department has been made aware of a possible scam targeted at senior citizens. A caller, in this case a woman attempted to set up an appointment for a furnace & air conditioning equipment inspection at what was described as "half price" of \$60.

She told the potential victim they would be "in his area next week." The caller then attempted to gain the trust of the would-be victim by small talk, asking specifics about the age of the equipment, and pressuring the homeowner on the offer while trying to obtain the address of the potential victim.

As detailed in other community alerts these types of calls can potentially led to a crime.

One scenario is when these people show up for an inspection; they will invariably find major problems, usually in perfectly good equipment that needs to be repaired immediately usually at a very high cost. That is assuming that these people actually do any repairs. The more likely scenario is that they will repair or replace NOTHING.

The second likely scenario is that while the "technician" is distracting the homeowner with the furnace-air conditioner issues, a second "technician" will be roaming the house looking for valuables to steal.

To avoid unscrupulous scam artists here are some tips to follow:

- Do not allow someone into your home or backyard that you do not know or trust.

- "We're in the neighborhood doing another job!" - Find out where and check with that neighbor to see if they are actually offering quality work.

- Confirm that they have the appropriate license and bonding and that It is valid (don't take their word for it, take the license number and call the appropriate government licensing board, located in the government section of your telephone book or online).

- Ask for references, but keep in mind those providing the reference may be acquaintances of the service person, so use caution in accepting the comments of references

- If they claim no permit is required confirm this by calling the planning or building department yourself.

- If unsure, don't agree to anything! If you are in doubt over whether or not to do something, ask a family member or a trusted friend to weigh-in on your decision and have a second set of eyes take a peek!

- Contract, contract, contract! Do not agree to something verbally; only proceed after you both have signed a contract (In many cases it is advisable to have a qualified third-party or legal counsel review a contract before signing).

- Only pay a down payment on the project and agreed upon amounts as the work progresses.

Remember a strong Neighborhood Watch is a proven deterrent to crime. For more information on how to help prevent crime or start a Neighborhood Watch please contact:

Tim Jones
Community Engagement /
Newark Police Dept.
(510) 578-4209
tim.jones@newark.org

Alternative Heating Safety

SUBMITTED BY
HAYWARD FD

The high cost of home heating fuels and utilities have caused many Americans to search for alternative home heating sources such as wood burning stoves, space heaters, and fireplaces. Heating is one of the leading causes of residential fires. Over one-quarter of these fires result from improper maintenance of equipment, specifically the failure to clean the equipment. Heating fires can be prevented by following a few safety tips:

ing a few safety tips:

- Have chimneys professionally inspected and cleaned each year
- Ensure wood stoves are properly installed
- Make sure space heaters are kept at least 4 feet away from flammables and have an emergency tip-over shutoff control
- Use a glass or metal screen in front of the fireplace to prevent sparks from igniting drapes, furniture, and carpets; and
- Never use a range or oven to heat your home

Carbon monoxide poisoning is another danger when using heating equipment fueled by fossil fuel. It occurs most often when equipment is not vented properly. Between 1999 and 2004, more than 450 Americans died from unintentional carbon monoxide poisoning. Carbon monoxide poisoning is most fatal to adults age 65 or older. The Hayward Fire department recommends following these safety practices:

- Equipment should be cleaned and checked annually by a professional
- Never cook on or use a Barbeque indoors to heat a room or home

- Install and maintain carbon monoxide detectors so that if carbon monoxide begins to build up in the home, the detector will provide ample opportunity for residents to get out of the home and call for assistance
- If your CO detector is battery operated, change your battery when you change your smoke detector battery, during the time change in early March and in late October.

For information on Disaster Preparedness go to www.Hayward-ca.gov and click on the red "Disaster Preparedness" button or email EmergencyServicesOffice@hayward-ca.gov

Aethlon Medical announces approval of Ebola treatment protocol

January 2, 2015 (Investorideas.com newswire) Aethlon Medical, Inc. (OTCBB:AEMD), the pioneer in developing targeted therapeutic devices to address infectious diseases and cancer, today announced that the United States Food and Drug Administration (FDA) has approved a clinical protocol to treat Ebola-infected individuals in the U.S. with the Aethlon Hemopurifier®. In the treatment of viral pathogens, the Hemopurifier® is a first-in-class bio-filtration device designed for the

single-use removal of viruses and shed glycoproteins from the circulatory system of infected individuals. The device targets antiviral drug resistance and serves as a first-line countermeasure against Ebola and other viruses that are not addressed with proven drug therapies.

Read this release in full at <http://www.investorideas.com/CO/AEMD/news/2015/01021.asp>

For more information, please visit <http://www.aethlonmedical.com>

OPINION



WILLIAM MARSHAK

Resolutions

probably spanning the terms of many councilpersons and staff members.

Long term development is critical to the growth of the Greater Tri-Cities, but during these impressive and massive projects, many others, less grandiose but equally vital, need attention. What about the East-West Connector from Union City through Fremont? How can Fremont extricate Highway 84 from Centerville? Are merchants happy with the Hayward Loop and access to it? What about environmental planning in Newark? How are our cities preparing for potential sea level rise impacts? Are plans for a convention center in Milpitas still alive?

Each councilmember of our area has a responsibility to help shape the vision of their city and surrounding communities. The Greater Tri-City area faces significant challenges due to its geography, growth and opportunities. Hopefully, our elected representatives have a broad vision to match its potential. If each councilmember developed a personal plan of action for the coming year that supported that vision and communicated this to their constituents, a measurable and definitive approach to governance would result. Describe near term goals and advocacy of each councilmember.

Councilmember resolutions can also include actions and behavior at council meetings:

Refrain from prefacing remarks with the tired phrase: "I just have a few quick

comments" followed by 20 minutes of rhetoric.

Good preparation for discussion and votes by reading and understanding staff reports instead of continually asking for a recap of information already compiled by staff and formulating questions that have already been answered.

Concise comments without repetition of other councilmember remarks. When in agreement, just say so, substantiate your position and get on with the vote.

Soon all councils will be back from holiday recess. It would be refreshing to hear and read a statement from each councilmember outlining specific priorities and actions for 2015. Will we look back on 2015 with satisfaction? The Lunar New Year of the Sheep/Goat is approaching and with it, the influence of creativity. Michelangelo, Mark Twain, Thomas Alva Edison were all born in the Year of the Sheep; all significant contributors to society. Prophecy favors good opportunities, harmonious relationships and constant progress. Will our leadership feel the power of the sheep in their New Year resolutions?

William Marshak
PUBLISHER

A New Year is a logical moment to make promises for the next twelve months. Although acknowledging accomplishments of previous resolutions is in order, other unattained goals may require scrutiny, adjustments and renewed attention. In government, big goals and processes that span decades are inescapable, but without intermediary tangible results along the way, functionaries and elected officials many find themselves mired in a process that becomes an end in of itself.

Notable long range planning successes that appear to be on the right track include the South Bay BART extension, about to come to fruition after years (decades) of work. Each step has been planned in advance and the tangible result is now apparent. Other major projects including Hayward's 21st Century Library, the Milpitas BART hub, Newark's NewPark Mall, Union City's transit hub and Fremont's downtown and Warm Springs development are huge developments that will emerge over time,



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What's Happening's Tri-City Voice is a "newspaper of general circulation" as set forth in sections 6000, et. seq., of the Government Code, for the County of Alameda, and the State of California.

What's Happening's TRI-CITY VOICE™

What's Happening's The Tri-City Voice is published weekly, issued, sold and circulated in and from Fremont, Newark, Union City, Hayward, Milpitas and Sunol and printed in Fremont, California. The principal office of Tri-City Voice is at 39737 Paseo Padre Pkwy., Ste. B Fremont, CA 94538. William Marshak is the Publisher

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Dog dials 911 on owner's smartphone

AP WIRE SERVICE

BELLEVUE, Neb. (AP) — When emergency dispatchers in Nebraska's Sarpy County picked up a recent call, all they heard were the sounds of breathing and scratching.

Dispatchers were worried — until they learned the noises were coming from a dog who dialed 911.

Sarpy County 911 Assistant Director Marilyn Gable tells Omaha television station KETV (<http://bit.ly/1m6BSWd>) that it's the first time a dog has called the emergency center.

The dog's owner, Melissa Acosta, says she thought her 2-pound Japanese Chin, Sophie, was trying to curl up next to her on the couch, when she realized Sophie was scratching at Acosta's smartphone with her paw.

Then Acosta heard a voice from the phone asking for an "address of the emergency."

Acosta says the whole thing is "a little embarrassing." Sophie, of course, had no comment.

Information from: KETV-TV, <http://www.ketv.com>

Blow Dart suspect: 'I'm a moron'

AP WIRE SERVICE

COLFAX, Wash. (AP) — A man accused of shooting a woman and man with a blow dart in two separate attacks in Washington state has made his first court appearance on assault charges.

KREM-TV reports (<http://bit.ly/1ejbCCi>) 18-year-old Joseph Gillies of Tacoma appeared in court Thursday in Whitman County. He was released from jail until his next court appearance at the end of the month.

Gillies is accused of shooting a woman with a blow dart Jan. 12 on the Washington State University campus. He's also accused of hitting a man with a dart two days later while walking in Pullman.

Police say they suspect Gillies of several similar blow dart assaults in Ellensburg.

Gillies told KREM he's sorry for the dart attacks but offered no explanation other than saying, "I'm a moron."

Tips and surveillance video led to Gillies' arrest Wednesday in Ellensburg. No serious injuries were reported.

Information from: KREM-TV, <http://www.krem.com/>

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How 'The Interview's' VOD grosses could change the game

continued from page 10

on VOD for \$59.99 just three weeks after its theatrical opening, but theater owners balked and chains like Cinemark threatened to cancel their showings. Universal ended up scrapping the plan.

Sony, meanwhile, only started pursuing digital options after the major theater chains dropped the film following hacker threats to blow up theaters.

In addition, many exceptional conditions factored into "The Interview's" first weekend. It became an unlikely event movie, and seeing "The Interview" was akin to asserting one's freedom of speech. That's buzz you can't buy.

"We don't want to be told what we can and cannot watch," said Rentrak's senior media analyst Paul Dergarabedian.

That also applies to underage teen audiences, who were suddenly able to easily and affordably access an R-rated movie.

Bock thinks that even when the extraordinary, awareness-boosting events surrounding "The Interview" are taken into account, the film's hybrid opening still has the potential to

change everything, even if it takes years.

"The truth is, the VOD obliterated the theatrical," said Bock. "When you think about what the real future of distributing films is, it's got to be as easy as one click. If that's as quickly as you can get money from people, well, the studios are going to listen. It's just economics."

Others, like Dergarabedian, believe the old model will prevail, but with VOD growth.

"I think 2015 is going to be the biggest box office year ever in theaters and that'll have a ripple effect in VOD. The VOD space benefits from movies doing well in the theaters," he said.

But years down the line, this case will not be forgotten, especially if Sony continues releasing its digital numbers, including "The Interview's" second-week performance. While it's unlikely that we'll ever get a day-and-date release of a Marvel blockbuster, a \$25 million comedy, drama or rom-com could now become fair game, no matter how uncomfortable it may be for theater owners.

continued from page 11

10 things in 2015 that could affect 2016 campaign

such as Louisiana Gov. Bobby Jindal, have reversed course and become vocal critics. The issue could emerge as a deal breaker among many conservatives who hold great sway in Republican primaries.

9. Clinton and the Economy

Hillary Rodham Clinton drew snickers this past summer when, while promoting a book for which she was handsomely paid, she said she and husband Bill Clinton were "dead broke" when they left the White House. She continues to give speeches that command fees of \$200,000 or more, traveling to them by private jet. With an income that places her among the top 1 percent of Americans, and close ties to Wall Street dating to her time as a senator from New York, how Clinton shapes her economic message will be watched by a party with a renewed focus on income inequality and economic anxieties for middle-class families.

10. WWWD: What Will Warren Do?

Massachusetts Sen. Elizabeth Warren has, for months, told anyone able to ask that she "is not running for president." That has not stopped hopeful liberals in the Democratic Party from talking up a Warren campaign. Will it be enough for them if Warren were to declare that she "will not" run for president? Or will their hopes for an insurgent campaign from the left linger deep into 2015, should the populist senator stick with her grammatically flexible description of her plans for 2016?

Associated Press writers Steve Peoples and David Scott in Washington; Jill Colvin in Newark, New Jersey; Nicholas Riccardi in Denver; Michael J. Mishak in Miami; and Thomas Beaumont in Des Moines, Iowa, contributed to this report.

Arizona shelter has 36-pound Cat

AP WIRE SERVICE

PHOENIX (AP), An Arizona animal shelter has a rather large cat on its hands.

The Maricopa County Animal Care and Control recently received a 36-pound cat at one of its shelters in the Phoenix area.

The cat named "Meatball" is temporarily staying in an office at the shelter because he's too large to fit into a standard kennel.

The cat is not available for adoption.

Instead, the shelter is trying to place him with a rescue organization that helps overweight cats.

The shelter says Meatball is extremely friendly and says he can comfortably walk despite his weight.

Missing Pet Pigeon flies to school of young owner

AP WIRE SERVICE

HELENA, Mont. (AP), Everyone has heard of homing pigeons, but Montana fifth-grader Tara Atkins apparently has a "schooling pigeon."

The pet bird named Foresta had disappeared Tuesday from Tara's home in the Elkhorn Mountains near Montana City, but it was back in her arms Wednesday after it showed up at her school about 5 air miles away in Helena.

"This pigeon has never been to town before," Atkins' mother, Krys Holmes, said. "We got her as a baby, and she just hangs out at home."

The bird caused a ruckus when it arrived at Central-Linc Elementary, first sitting on teacher Rob Freistadt's head, the Independent Record reported (<http://bit.ly/1tp0Gwt>).

Staff members and a police officer tried for an hour to corral the bird that Principal Vanessa Nasset said was just "sky-bombing everyone."

Nasset asked Tara for help catching the bird after a parent remembered she had a pet pigeon.

Tara recognized Foresta by her distinct coloration and the blue band around her leg.

"I was pretty happy," Tara said.

But as Tara tried to catch her pigeon, the school bell rang and students poured outside, delaying the capture again.

Fellow fifth-grader Owen Cleary finally caught the bird by throwing a blanket over it while it sat on his head.

Holmes said she doesn't know how the bird ended up at her daughter's school.

"It is the most amazing thing," she said.

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Obituary

LETTER TO THE EDITOR

Grassroots Leader remembered

Nunzio (Bob) Perrotti

The Arc of Alameda County extends its deepest sympathies to the family of Nunzio (Bob) Perrotti of Newark who passed away December 29, 2014. He was 87.

Bob was the heart of The Arc for decades, according to The Arc of Alameda County President and CEO Ron Luter.

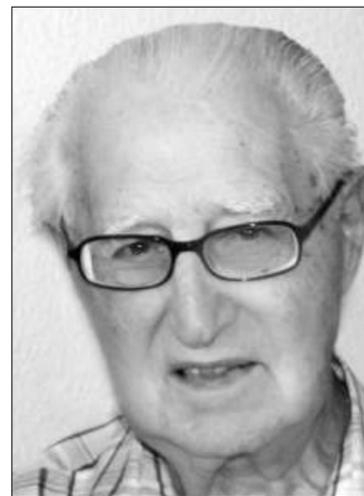
"Not only was he the heart of this organization," said Luter, "Bob was also a leader in the nationwide movement to protect the civil rights of individuals with intellectual and developmental disabilities (I/DD)."

Inspired by a son with a developmental disability, in the late 1970s Mr. Perrotti, joined The Arc's "Dawn" Chapter; a group of parents who had children in The Arc's program in the Fremont area.

At about the same time, he joined the Board of The Arc of California – the advocacy arm of The Arc movement – to protect the Lanterman Act. That historic piece of legislation, signed into law in 1969 by Governor Reagan, guarantees services for people with I/DD and was under fire at the time from legislative budget cutters. As President of The Arc of California from 1981 – 1983, Perrotti led the fight against budget reductions until eventually the only answer was to file legal action against the state (Arc v. The California Department of Developmental Services). He was the immediate past president in 1985 when the State Supreme Court issued its precedent-setting ruling in favor of The Arc.

According to Luter, "The Supreme Court ruling was a landmark case that protected the civil rights of people with intellectual and developmental disabilities here in California long before the Americans with Disabilities Act was enacted nationally."

After retiring from a financial management position at Xerox Corporation in 1983, Mr. Perrotti became Executive Director of The Arc of Alameda County. After stepping down from that paid po-



sition some 10 years later, he took a volunteer seat on its board of directors.

Perrotti resigned from The Arc Board in 1995 to serve on the Board of the Regional Center of the East Bay where he was elected president in 1998 and served until 2001.

Bob was called back to The Arc of Alameda County to provide the benefit of his financial expertise when California's system of reimbursing organizations such as ours became more and more complex. He was a member of The Arc Board of Directors until he passed away.

Perrotti was a bowler and, combining his love for that sport with his love for the people we serve, he organized a weekly bowling league every Tuesday for at least 15 years. He also founded an annual "Bowl-a-thon" for The Arc clients and other people with developmental disabilities throughout the East Bay.

"Bob was a mentor and confidant," said Luter, "After over 50 years of involvement he had a vast storehouse of knowledge about the business of helping people with intellectual and developmental disabilities. He was a friend and an invaluable resource. We all will miss him."

Richard Fitzmaurice
The Arc of Alameda County

Obituary

Nunzio "Bob" Perrotti

March 25, 1927 to December 29, 2014



Loving husband to Angelina and father to Patrick, Elaine, Richard and Gary. "Bob" served his country in the Army during WWII.

He had a successful career with Singer and retired from Xerox as the VP of Finance.

He gave a lifetime of service to The ARC/Alameda County and statewide.

In lieu of flowers, the family requests donations made in the honor of "Bob" Perrotti to The ARC, Alameda County at 34135 Seventh St., Union City, CA. 94587 or www.arcalameda.org.



Bob (grey hair on the right) with Tony Anderson who is the Executive Director of The Arc of California.

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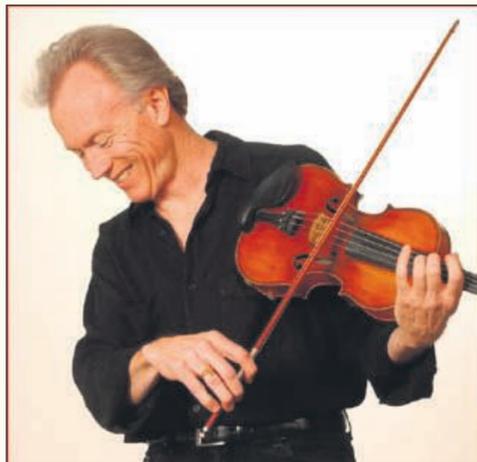
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Kick off the New Year with Tom Rigney & Flambeau



SUBMITTED BY SHIRLEY SISK

On Sunday, January 11 The League of Volunteers (LOV) and the Newark Arts Council present the fiery, electrifying violinist/composer Tom Rigney and his band Flambeau in concert with an afternoon of Cajun, zydeco and blues. Rigney has in recent years become one of the premier blues and roots music violinists in the world.

His band – with Danny Caron on electric guitar, Caroline Dahl on piano, Brent Rampone on drums and Steve Parks on electric base – will give you a high energy show featuring spectacular soloing, Cajun and zydeco two-steps, hard-driving blues and funky New Orleans grooves, all delivered with warmth, humor, and passionate intensity. Rigney is a true American Original and his great band is one of the hottest on the American Roots Music Scene. This is a band you have to hear!

LOV's concerts are held at the Thornton Junior High Multi-Purpose Auditorium in Fremont. Doors open at 1 p.m. and the concert will begin at 2 p.m. The concert is free but donations are suggested. Complimentary refreshments are served during intermission. For information, call (510) 793-5683.

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Fremont Police Log

**SUBMITTED BY GENEVA
BOSQUES, FREMONT PD**

Friday, December 26

Officers responded to the 38300 block of Canyon Heights Drive to investigate an auto burglary. A garage door opener was stolen from a vehicle.

Daly City Police Department (DCPD) followed a stolen vehicle into our city. As they were making an enforcement stop on Cushing Parkway off of I-880, Officer O'Neal was driving by when he saw the vehicle stop. He assisted a solo DCPD officer who was trying to detain a fleeing occupant. The other DCPD officers were chasing the second person. The incident was documented by Officer O'Neal.

Saturday, December 27

A male victim had just used an ATM on the 39200 block of Paseo Padre Parkway and was walking toward his vehicle when two unknown suspects approached him. One of the suspects displayed a large knife in his waistband and demanded his money. The suspects fled to a waiting vehicle. The victim was able to get the license plate number, and the suspect vehicle was broadcasted to all patrol units. A short time later, Officer Dooley located the vehicle driving southbound on Blacow Road in the area of Stevenson Boulevard. A high-risk stop was initiated and all the suspects were detained. The loss was recovered. The knife and a mask used by the suspects

were found inside the vehicle. Officer Catassi and Field Training Officer (FTO) Torrico investigated the case.

Sunday, December 28

Officers responded to Ulta at Fremont Hub to investigate a commercial burglary. Unknown suspect(s) smashed a window in the front of the store to gain entry. Losses were multiple bottles of perfume and other cosmetics.

Monday, December 29, 2014

Sometime during the day unknown suspect(s) entered a residence on the 39900 block of Stevenson Common unlawfully. The suspects entered from a patio door by prying it open. Loss was jewelry.

A red 1989 Jeep Wrangler with California license# 6FWS739 was taken from the 4100 block of Albrae Street around 3:00 p.m.

Sometime between Friday, December 26, 2014 and Monday, December 29, 2014 a black 2002 Yamaha R-1 motorcycle with Nevada license# 167209 was stolen from the gated parking garage at Archstone Apartments, located on the 37300 block of Civic Center Drive.

At approximately 8:40 p.m. officers were dispatched to take a stolen vehicle report on the 37500 block of Glenmoor Drive. The victim stated that her 2013 Dodge Dart (CA license #6WNL912) had been taken sometime during the early morning of Saturday, December 27, 2014.

Tuesday, December 30

A caller reported that two unfamiliar males had just left her neighbor's yard on Monument Ct and the house alarm was sounding. The

witness described the suspicious males as being Hispanic and wearing hooded sweatshirts. The investigation revealed that entry was made into the residence, but there was no loss. Detectives are following up on possible video surveillance evidence.

A 1998 Green Honda Accord, CA license #6MMY878, was stolen from the area of San Pedro and Thornton Ave.

Wednesday, December 31

Officer Sasser responded to a ski rental business on the 43900 block of Hugo Tr. The victim stated that the suspect became upset with him, so he refused to provide service to the suspect and the suspect threw a cup of coffee at the victim. Officer Sasser placed a 46 year old adult male under citizen's arrest for battery.

Officer Ramsey was dispatched to a theft at Kohls where two uncooperative suspects were detained. Officer Ramsey investigated and took custody of a 61 year old adult male and a 66 year old adult male for theft.

A 2001 black Harley Davidson with CA license#15X4793, was taken without permission from G St. Investigated by Officer Lobue.

A Hydroponics Equipment Sales Business located on Albrae St was burglarized just after midnight. The method was a window smash and the loss was over \$5,000 in lighting equipment. The business has video surveillance and officers will follow up with the owner to try and retrieve it. Case investigated by Officer Collins.

A 2001 Gray Chevy pickup truck with CA license #6L58181, was stolen from the 4400 block of Dali St.

DID YOU KNOW? Some Bank, Loan Institutions Require Flood Insurance In Order To Finance Your Home
THINK MELLO INSURANCE
510-790-1118 #OB84518
www.insurancemsm.com

Police seek citizen assistance



**SUBMITTED BY
DET. C. VALDEHUEZA,
UNION CITY PD**

On December 22, 2014, at approximately 10:02 a.m., an unknown male walked into the Wells Fargo Bank located at the

Union Landing Shopping Center (30915 Courthouse Dr, Union City), and produced a demand note to one of the tellers. The suspect also lifted up his shirt and displayed what appeared to be a firearm, which was partially concealed in his waistband.

Based on the suspect's demands, the teller cooperated and provided the suspect with the requested funds. After obtaining the demanded funds from the teller, the suspect fled the Wells Fargo Bank on foot, and got into a parked vehicle. The vehicle is described to be a dark colored, four door sedan, with tinted rear windows, and was parked nearby in the Walmart parking lot.

The suspect is further described as being a light skinned, black male adult, in his 20's. He is further described as having a medium build, and was last seen wearing a yellow Pittsburgh Pirates baseball hat, a gray or light blue colored hooded sweatshirt, light colored pants, and white colored tennis shoes. The suspect was also described to have a tattoo of a "star" to the rear of his right ear.

The Wells Fargo Bank is offering up to a \$5,000 reward for information leading to the arrest of this subject. The public is encouraged to contact the Union City Police Department by telephone at 510-675-5207, or by email at tips@unioncity.org for any information leading to the identity of this subject.

Refer to Union City Police Department case #141222005.

Hayward Police Log

**SUBMITTED BY
SGT. ERIC MELENDEZ,
HAYWARD PD**

Thursday, December 25

At 9:00 a.m., officers responded to the 2300 block of Cabrillo Court for a report of a possible sex crime against a child

occurring in a residence. Upon contacting the male subject, no children were found in the home but the subject was determined to be on a felon on searchable probation. Officers searched the subject's room and found a loaded firearm and narcotics and other evidence indicating the male possessed it with the intent to sell it. The subject was arrested.

Friday, December 26

At 2:19 a.m., a shooting into an inhabited dwelling and vehicle

occurred on the 27000 block of Ponderosa Circle. An informant heard 4 to 5 shots in the area and called police. Officers checked the area and found a house that was hit once and also a car that was parked in front of it. Shell casings were found in the vicinity. Nobody was injured.

At 7:32 a.m., a deceased person was discovered. Officers were sent to the 27000 block of Dun-

continued on page 35

Skinny Patch - Fat Liquefying Laser

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Dr. James Kojian, M.D., Owner

Combination of I-lipo and Nano Face Lift

- Non Invasive
- Painless
- No Downtime

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Shrink your fat cells through your lymphatic system and excrete out the liquified fat

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As seen on ABC & FOX

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WITH RECOMMEND PACKAGE

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Start as low as \$150-\$199 a month. CALL FOR DETAILS.

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- Tightens skin
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\$500
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Fremont Laser Med Spa announces the arrival of the NEW FAT LIQUIFYING F.D.A. APPROVED LASER the best non-invasive, body slimming, laser treatment, to its practice, making Dr. Kojian one of the first physicians to offer this new laser in the Bay area.

FREE Consultation 510-744-1582
www.fremontlasermedspa.com
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Acne Treatment

COMMUNITY BULLETIN BOARD

**10 lines/\$10/ 10 Weeks
\$50/Year**

510-494-1999 tricityvoice@aol.com

Shout out to your community

Our readers can post information including:

- Activities**
- Announcements**
- For sale**
- Garage sales**
- Group meetings**
- Lost and found**

For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCv printed version and continuously online.

TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.

Payment is for one posting only. Any change will be considered a new posting and incur a new fee.

The "NO" List:

- No commercial announcements, services or sales
- No personal services (escort services, dating services, etc.)
- No sale items over \$100 value
- No automobile or real estate sales
- No animal sales (non-profit humane organization adoptions accepted)
- No P.O. boxes unless physical address is verified by TCv

Hayward Arts Council

22394 Foothill Blvd., Hayward
510-538-2787
www.haywardarts.org
Open Thurs., Fri., Sat., 10am-4pm
Promotes all the arts & encourages local artists in all art mediums.
Foothill Gallery, John O'Lague Gallery, Hayward Area Senior Center Exhibit Hall. All FREE- open to public.

Fremont Area Writers

Want to write?
Meet other writers?
Join us from 2-4 p.m. every fourth Saturday except July and December.
Rm. 120 at DeVry University, 6600 Dumbarton Circle, Fremont
Call Shirley at (510) 791-8639
www.cwc-fremontareawriters.org

Rotaract Club of Greater Fremont
Community service & business club for young professionals and students ranging from ages 18 to 30. Meetings on 1st & 3rd Wednesdays. Color Me Mine on Fremont Blvd, 7 pm
Find more of our events on meetup.com/rotaractfremont

AMERICAN LEGION POST 837
Meets third Tuesday each month - 6:30-8:30pm
Social, Program, General Meeting
Historic Niles Veterans Hall
2nd & E. Street, Fremont
www.POST837.org
ALL VETERANS WELCOME

The League of Women Voters invites you to visit our website at www.lwvfnuc.org
You'll find valuable information about your community and voter issues. Keep up to date & learn about our Tri-City area monthly programs. Our programs are non-partisan and free to the public.

Afro-American Cultural & Historical Society, Inc.
Sharing ur culture and history in the Tri-Cities and surrounding area
Meetings: Third Saturday 5:30pm in member homes
Contact: 510-793-8181
www.aachis.com
We welcome all new members

Hayward Demos Democratic Club
Monthly meetings-learn about current issues from experts, speak with officials.
Annual special events such as Fall Festival, Pot-lucks and more
Meetings open to all registered Democrats. For information www.haywarddemos.org

Soroptimist International Tri-Cities
Improving the lives of women and girls in our community and throughout the world.
Meetings: Third Monday every month at 6:00pm
Papillon Restaurant
37296 Mission Blvd Fremont
Call 510-621-7482
www.sitricities.org

Come Join Us Tri Cities Women's Club
Meets on the third Tuesday Elk's Club on Farwell Dr.
9:30 – Cards, 12:00 – Lunch
1:00 – Program and Meeting
We also have bridge, walking, Gourmet dining groups, And a book club.
For info. Call 510-656-7048

Interested in Portuguese Culture and Traditions?
PFSA (Portuguese Fraternal Society of America)
Promotes youth scholarships, community charities, and cultural events. All are welcome.
Contact 510-483-7676
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Fremont Cribbage Club
teaches cribbage to new players & tournament cribbage to all players of any skill level every Tues.
6:15pm at Round Table Pizza
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American Cribbage Congress
www.cribbage.org

RPEA Chapter 53 Retired Public Employees
2nd Tuesday of ODD Months
Sept 9th
Dennys Restaurant
30163 Industrial Pkwy SW
Hayward
All Current or retired employees welcome
Call Eve 510-489-6755

Tri-City Ecology Center
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Eco-Grants available to Residents & Organizations of the Tri-City area working on Environmental projects.
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Office open Thursdays, 11am-2pm
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510-793-6222

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Troubled By Someone's Drinking?
Help is Here!
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No cost program of support for people suffering from the effects of alcoholism in a friend or loved one.
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www.thefriendshipforce.org
Call 510-794-6844 or 793-0857.

Help with Math & Reading
You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child.
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Sun Worship:8:45am 11:00am
Child-care provided.Education for all ages: 10:00am.
Nacho Sunday: First Sunday of every month. (510)793-6285
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MENTAL ILLNESS SUPPORT
Free courses and presentations in Alameda County for caregivers of someone with a serious mental illness and those with a mental illness.
For more information,call (510)969-MIS9 (6479) or email to info@NAMlacs.org
www.NAMlacs.org

Celebrate Recovery Free yourself from any hurt, hang-up or habit join us at
33450 9th St., Union City
Thursdays, 7pm-9pm or call anytime
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\$40.00, All materials provided experience is not necessary.
Held Saturdays 11:30 –1:30
1/24, 2/28, 3/28, 4/25
Registration recommended
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www.fremontartassociation.org
510.792.0905

Alder Ave. Baptist Church 4111 Alder Ave., Fremont
Serving GOD Southern Baptist Tradition - Pastor-Randy Walters
Sunday Bible Study -9:30am
Worship Service - 11am
Community Sing-Along
First Friday every month
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www.Alderavenuebaptist.com

First Church of Christ Scientist, Fremont
Sunday Service 10am
Sunday School 10am
Wed. Eve Service 7:30pm
Chld Care is available all services. Reading Room Open
Monday - Friday 1-3pm
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Sparkpoint VITA needs
Volunteers for Tax Preparers, Translators & other Positions.
We will Train. Information meetings scheduled for Weds 9/24, 10/8 & 10/22 from 6-8:30 P.M. Location: Fremont Family Resource Center
39155 Liberty Street, Fremont
Carolyn Robertson 510-574-2003

SparkPoint Financial Services
FREE financial services and coaching for low-income people who want to improve their finances.
SparkPoint Info Session
3rd Thursday, 6-7pm
City of Fremont
Family Resource Center
To reserve a seat: 574-2020
Fremont.gov/SparkPointFRC

Become the speaker & leader you want to be Citizens for Better Communicators (CBC) Toastmasters
Guests and Visitors welcome
Saturdays 10:15am
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We are now forming following groups: Planning Committee Sponsorships - Teams
For more information
www.relayforlife.org/unioncityca
www.facebook.com/unioncityrelayforlife
email:
jendudley345@gmail.com

ORIGINAL ARTWORK
The Fremont Art Association Gallery recently installed new paintings, ceramics, jewelry, fiber arts and more!
Visit us at:
Fremont Art Association
37697 Niles Blvd., Fremont
www.fremontartassociation.org
Open Wednesday - Sunday

Fremont Art Association
Painting with Nancy Benton
\$40.00, All materials provided, experience is not necessary.
Held Saturdays 11:30 – 1:30
1/24, 2/28, 3/28, 4/25
Registration recommended
37697 Niles Blvd., Fremont
www.fremontartassociation.org
510.792.0905

New Dimension Chorus Men's 4 Part Vocal Harmony In the "Barbershop" style
Thursdays at 7pm
Calvary Luther Church
17200 Via Magdalena
SanLorenzo
Contact: ndchorus.org
510-332-2481

Runner in US marathon sets knitting record

AP WIRE SERVICE

KANSAS CITY, Missouri (AP), A University of Central Missouri graphic design professor has knitted his way into the record books while running the Kansas City Marathon.

The Kansas City Star (<http://is.gd/mUstzF>) reports that David Babcock finished Saturday's marathon in 5 hours, 48 minutes and 27 seconds. Knitting experts measured the scarf he created along the route at just more than 12 feet (four meters) long.

The Guinness scarf-knitting-while-running-a-marathon record was previously held by Susie Hewer, who runs to raise money for Alzheimer's disease research. She knitted a 6 foot, 9 inch (two meter) scarf at the London Marathon in April.

Like Hewer, the 41-year-old Babcock hopes that people will donate to the Alzheimer's Association. Babcock began running and knitting as separate activities about three years ago. He decided to combine them to keep things interesting.

Information from: The Kansas City Star, <http://www.kcstar.com>

Would-be burglar apparently scared by Singing Fish

AP WIRE SERVICE

ROCHESTER, Minn. (AP), Big Mouth Billy Bass apparently got the best of a would-be burglar in Minnesota.

Authorities in Rochester say the motion-activated singing fish apparently scared off an intruder who tried to break into the Hooked on Fishing bait and tackle shop.

The novelty bass had been hung near the door and would start singing "Take Me to the River" whenever someone entered the shop.

The Olmsted County Sheriff's Office says the fish was found on the floor after the intruder knocked it down while breaking the door to get in late Sunday or early Monday.

Sgt. Tom Clayton tells the Star Tribune (<http://strib.mn/1itbp3W>) the would-be burglar left without stealing anything, including cash that had been left in "a very visible spot."

Information from: Star Tribune, <http://www.startribune.com>

PUBLIC NOTICES

FICTITIOUS BUSINESS NAMES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 499224
Fictitious Business Name(s):
Mathnasium of Fremont, 3185 Stevenson Blvd., Fremont, CA 94538, County of Alameda 40660 Las Palmas Ave., Fremont, Alameda, CA 94539
Registrant(s):
Connex STEM Education, LLC, 3185 Stevenson Blvd., Fremont, CA 94538; LLC was registered in California
Business conducted by: A Limited Liability Company
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Eric TS Pan, Managing Member
This statement was filed with the County Clerk of Alameda County on December 16, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/6, 1/13, 1/20, 1/27/15

CNS-2704035#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 499152
Fictitious Business Name(s):
Young Smiles, 39560 Stevenson Place, #118, Fremont, CA 94539, County of Alameda
Registrant(s):
David E. Morris, DDS, Inc., 39560 Stevenson Place, #118, Fremont, CA 94539; CA
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 8-2001
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ David E. Morris DDS, President
This statement was filed with the County Clerk of Alameda County on December 12, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/6, 1/13, 1/20, 1/27/15

CNS-2703839#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 499634
Fictitious Business Name(s):
Darmon Services, 5423 Central Ave. Ste. 5, Newark CA 94560, County of Alameda; Same
Registrant(s):
Mohammad Esmael Darman, 5889 Central Ave., Newark CA 94560
Business conducted by: an individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Mohammad Esmael Darman
This statement was filed with the County Clerk of Alameda County on December 10, 2014

NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/6, 1/13, 1/20, 1/27/15

CNS-2703349#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 499432
Fictitious Business Name(s):
Chef Chai Thai Cuisine, 47894 Warm Spring Blvd., Fremont, CA 94539, County of Alameda; 47894 Warm Spring Blvd., Fremont, CA 94539, County of Alameda
Registrant(s):
Nilubon Athiprayoon, 1008 S. De Anza Blvd., #J202, San Jose, CA 95129
Chonthida Athiprayoon, 615 Kenneth Ave., Campbell, CA 95008
Chanatana Assavaniwest, 1428 Antonio Lane, San Jose, CA 95117
Business conducted by: Co-partners
The registrant began to transact business using the fictitious business name(s) listed above on Nov. 27th, 2014
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Chanatana Assavaniwest, Partner
This statement was filed with the County Clerk of Alameda County on December 22, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
1/6, 1/13, 1/20, 1/27/15

CNS-2702389#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File No. 465247
The following person(s) has (have) abandoned the use of the fictitious business name: **Carcopia LLC, 37434 Glenmoor Dr., Fremont, CA 94536**
Mailing address: 37434 Glenmoor Dr., Fremont, CA 94536
The Fictitious Business Name Statement being abandoned was filed on 05/15/2012 in the County of Alameda.
Carcopia LLC, 37434 Glenmoor Dr., Fremont, CA 94536, CA
This business was conducted by:
S/ Sanju Pancholi, CEO
This statement was filed with the County Clerk of Alameda County on December 23, 2014
12/30, 1/6, 1/13, 1/20/15

CNS-2702384#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 499262
Fictitious Business Name(s):
California Milan Medical Center, 35638 Dee Pl, Fremont, CA 94536, County of Alameda
Registrant(s):
Chengjun Xu, 35638 Dee Pl, Fremont, CA 94536
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Chengjun Xu
This statement was filed with the County Clerk of Alameda County on December 17, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/23, 12/30, 1/6, 1/13/15

CNS-2700109#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 499268
Fictitious Business Name(s):
Northal Driving School, 37053 Cherry St 207C Newark CA 94560, County of Alameda
Registrant(s):
Harmannpreet Singh, 6104 B Civic Terrace Ave, Newark CA 94560
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Harmannpreet Singh
This statement was filed with the County Clerk of Alameda County on December 17, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/23, 12/30, 1/6, 1/13/15

CNS-2699650#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 498989-499013
Fictitious Business Name(s):
2. Mission Peak, 2. Mission Peak Financial Services, 3. Mission Peak Brokers, 4. Mission Peak Business Brokers, 5. Mission Peak Commercial Brokers, 6. Mission Peak Commercial, 7. Mission Peak Home Loans, 8. Mission Peak Loans, 9. Mission Peak Commercial Real Estate, 10. Mission Peak Commercial Loans, 11. Mission Peak Business Loans, 12. Mission Peak Commercial Group, 13. Mission Peak Residential, 14. Mission Peak Residential Brokerage, 15. Mission Peak Capital, 16. Mission Peak Properties, 17. Mission Peak Real Estate Advisors, 18. Mission Peak Investment Advisors, 19. Mission Peak Business Advisors, 20. Mission Peak Funding Group, 21. Mission Peak Funding, 22. Mission Peak Real Estate Services, 23. Mission Peak Realty, 24. Mission Peak Realty and Loans, 25. Harrn Sidhu, 46560 Fremont Blvd, Ste #111, Fremont, CA 94538, County of Alameda; 46560 Fremont Blvd, Ste #111, Fremont CA 94538; County of Alameda
Registrant(s):
Mission Peak Brokers Inc., 46560 Fremont Blvd, Ste #111, Fremont, CA 94538; California
Business conducted by: a Corporation
The registrant began to transact business using the fictitious business name(s) listed above on 01/12/2010
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Harpreet Sidhu, (President)
This statement was filed with the County Clerk of Alameda County on December 9, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/23, 12/30, 1/6, 1/13/15

CNS-2699976#

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File No. 498816
The following person(s) has (have) abandoned the use of the fictitious business name: **Para Legal Fremont, CA 94538, 5500 Stewart Ave., Suite 104, Fremont, CA 94538**
The Fictitious Business Name Statement for the Partnership was filed on 12/4/14 in the County of Alameda.
Sandro Recchione, 3680 Beacon Ave., #312, Fremont, CA 94538
This business was conducted by:
S/ Sandro Recchione
This statement was filed with the County Clerk of Alameda County on December 10, 2014.
12/23, 12/30, 1/6, 1/13/15

CNS-2698378#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 499065
Fictitious Business Name(s):
Para Legal, 39899 Balentine Drive #240, Newark, CA 94560, County of Alameda
Registrant(s):
Sandro Recchione, 39899 Balentine Drive #240, Newark, CA 94560
Business conducted by: An Individual
The registrant began to transact business using the fictitious business name(s) listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000].)
/s/ Sandro Recchione
This statement was filed with the County Clerk of Alameda County on December 10, 2014
NOTICE: In accordance with subdivision (a) of Section 17920, a fictitious name statement generally expires at the end of five years from the date on which it was filed in office of the county clerk, except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration.
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code).
12/23, 12/30, 1/6, 1/13/15

CNS-2698375#

PUBLIC AUCTION/SALES

NOTICE OF LIEN SALE AT PUBLIC AUCTION
Notice is hereby given that personal property in the following units will be sold at public auction: on the **23 rd day of January, 2015** at or after **12:30 pm** pursuant to the California Self-Storage Facility Act. The sale will be conducted at: **U-Haul Moving & Storage of Thornton, 4833 Thornton Ave, Fremont, CA 94536**. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:
Name Unit # Paid Through Date
Nicole Waida AA5204C 4/27/14
Jeff Ouye AA8034A 10/18/14
Jennifer Russell AA8048A 10/25/14
Brodie Lee B180 11/09/14
Jamie Marks B246 11/02/14
Hashina Brumfield C184 11/05/14
Bryan Waters C215 11/14/14
Anthony Shaw C281 10/27/14
Anthony Shaw C283 10/27/14
David Gauthier C295 11/19/14
1/6, 1/13/15

CNS-2703721#

NOTICE OF LIEN SALE AT PUBLIC AUCTION
Notice is hereby given that personal property in the following units will be sold at public auction: on the **23 rd day of January, 2015**at or after: **30 pm**pursuant to the California Self-Storage Facility Act. The sale will be conducted at: **U-Haul Moving & Storage of Fremont, 44511 Grimmer Blvd, Fremont, CA 94538**. The items to be sold are generally described as follows: clothing, furniture, and / or other household items stored by the following people:
Name Unit # Paid Through Date
Jonathan Silverman 183 11/09/14
Monica Applegate 254U 10/24/14
Marco Camacho 274U 11/08/14
Cathryn Kittrel 301 10/29/14
Terry Barling 318 11/15/14
Habit Qadir 325 9/05/14
Ralph McFerren 328 10/04/14
Kimberly Macedo 342 11/19/14
Habit Qadir 345 10/11/14
Matthew Ajlake 367 10/17/14
1/6, 1/13/15

CNS-2703718#

Newark Police Log

SUBMITTED BY CMDR MICHAEL CARROLL, NEWARK PD

Tuesday, December 23

At 9:11 a.m., Officer Homayoun responded to a report of a trespasser on Normandy Avenue. Officer Homayoun located and arrested Davinder Kumar of Newark for prowling and for possessing drug paraphernalia. Kumar was booked at Fremont Jail.

Wednesday, December 24

At 11:03 a.m., Officer Bloom responded to Macy's for a shoplifter in custody. Officer Bloom arrested Nery Garcia of Redwood City for burglary. Garcia was released from the scene after signing a promise to appear in court.
At 11:14 a.m., Officer Knutson investigated a vehicle theft on Hazelnut Drive. A pearl white, 2002 Cadillac Escalade (License: 4XEZ203), with 26" black rims, was taken sometime overnight.
At 1:04 p.m., Officer Knutson

investigated an auto burglary at BJ's Restaurant.

At 9:09 p.m., Officer Norvell arrested Rene Morales of Newark for domestic violence. Morales was booked into Fremont City jail.

Thursday, December 25

At 2:46 a.m., officers were dispatched to an apartment on Chery Street for a reported fight. Officers arrived on scene and investigated the incident. Teodulo Barranco-Flores was arrested for domestic violence and booked into Fremont City Jail.
At 3:34 a.m., officers responded to Bridgepoint Park for a reported fight. Officer Reyes responded and arrested Lisset Ramirez of San Francisco for domestic violence. Ramirez was transported to Fremont City Jail.
At 10:41 a.m., Officer Fredstrom located Marty Silliman of Newark sitting in the driver's seat of a stolen vehicle. Silliman was arrested for possessing the stolen vehicle, possessing burglary tools, and for an outstanding arrest warrant. Silliman was transported to Santa Rita Jail.

Friday, December 26

At 2:59 p.m., Officer Katz investigated a vehicle theft. A silver, 4-door 2005 Honda Civic (License: 7GYJ425) had been taken sometime overnight from the Courtyard Marriott.

Saturday, December 27

At 9:54 a.m., Officer Johnson investigated an embezzlement case at Burlington Coat Factory. Kenneth Beck of Hayward was found to have stolen \$100 in merchandise from his work. Officer Johnson arrested Beck and released him from the location after Beck signed a promise to appear in court.
At 4:03 p.m., Community Service Officer (CSO) Parks investigated an auto burglary in the BJ's Restaurant parking lot.

Monday, December 29

0933 Hours: Officer Nobbe responded to the 37900 block of Cedar Blvd in regards to a disturbance. Steve Rose, age 44 of Fremont, was arrested for being under the influence of a central nervous system stimulant. Rose was booked at Fremont City Jail.
1329 Hours: An employee at a

business in the 6200 block of Jarvis Ave reported that someone had entered the business while it was closed. Be Ho, age 39 (transient), was later arrested for burglary. She was booked at Fremont City Jail.

Tuesday, December 30

At 2:40 p.m., Newark PD assisted Alameda County Fire on the 37000 block of Walnut Street for a tree that had fallen causing structural damage to an apartment complex. Upon arrival, it was determined the eucalyptus tree was between 60-70 years old. Thankfully nobody was injured as a result. The apartment complex was red tagged.
Another tree toppled over on Parada Street/Potrero Drive at 4:27 p.m. causing minimal damage to a parked vehicle and creating a mess of a traffic hazard in the area.
ALCO Fire was able to get the water shut off in the area and public works later removed the tree from the roadway.
At 4:51 p.m., a tree fell at the intersection of Cedar Blvd/Edge-water Drive blocking all north-bound lanes of traffic. As a result,

NPD Ravens (Volunteers) were called out and were assigned to assist with traffic control until the tree could be removed from the roadway.
Special Thanks to our Ravens who came out to assist.
Officer Norvell arrested Phuong Tran, age 61 of Oakland at 4:41 p.m., for shoplifting at Macy's Newport Mall. Tran was cited and released.

Thursday, January 1

Officer Simon was flagged down at 12:30 a.m. by a citizen on the 6700 block of Cedar Blvd in regards to a person, 28 year old male from Newark, who had blown off several fingers while lighting an illegal firework (M-80 or M-1000 type). The injured male was transported to a local hospital for non-life threatening injuries.
Officer Losier investigated a domestic violence incident which occurred on Orleans Drive at 8:33 p.m. Kevin Cooper, age 38 of Newark, was arrested for domestic battery. Cooper was booked at Santa Rita Jail.

Newark Police would like to partner with you

SUBMITTED BY NEWARK PD

Security cameras are a wonderful tool that can assist in solving crime, as the cost of this technology becomes more affordable, more and more citizens and business professionals are taking advantage of the lower cost and installing them on their properties. If you have a residential

or business surveillance or security camera, the Newark Police Department would like to partner with you.

We have added a registration form on our website that allows residents and business owners/managers to register their private security cameras with us. The registration and sharing of information is purely optional and not required. Your information will only be shared

with officers and law enforcement personnel who are investigating criminal activity in the vicinity of where your cameras are located.

To go directly to the registration form, go to <http://www.ci.newark.ca.us/departments/police/communitiy-engagement/surveillance-camera-registration/>



ALEX H KASPRAK
NATIONAL
AERONAUTICS AND SPACE
ADMINISTRATION

You might think Uranus looks boring compared to the swirling surface of Jupiter and the mighty rings of Saturn. You wouldn't be alone! It has a hazy and dull bluish color. It's dim. It's hard to see, small even in a telescope. It's kind of... boring.

But lately something exciting is happening there—huge storms!

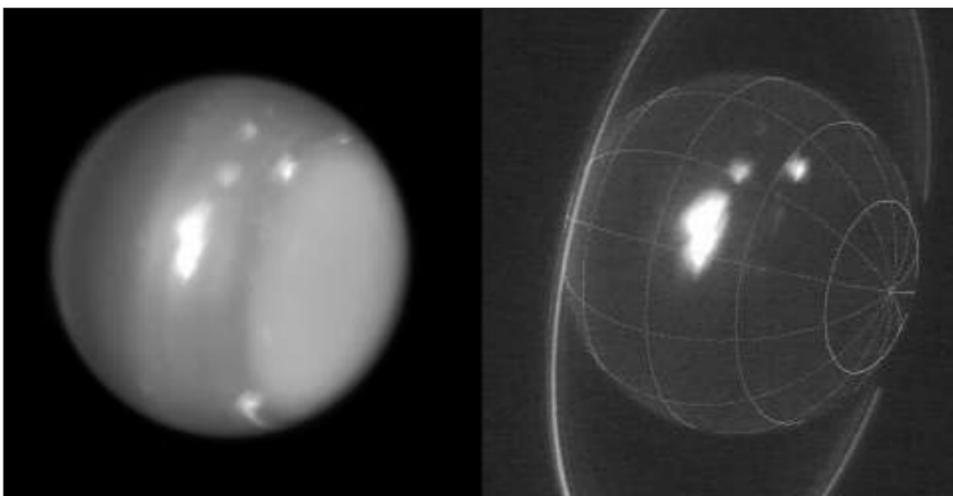
These large storms with dramatic bright patches have been popping up so clearly that even amateur astronomers are taking

note. The storm excites professional astronomers, too. But this wild weather also confuses them.

That's because they don't know why so many storms would be popping up now. They expected Uranus's stormiest days to be back in 2007. The sun would have been shining right on its equator then. All the heat from the sun would have made the gases in its atmosphere circulate faster and cause storms.

But not much happened in 2007. And now all those storms are occurring on a part of the planet where the sun's warming is weakest. Scientists don't know about any other source of heat. If not the sun, what could be causing all the excitement?

A Bright and Stormy Night



Two infrared images taken by the Keck telescope on August 6th, 2014 showing storms in Uranus's upper atmosphere (brighter coloring). Credit: Imke de Pater (UC Berkeley) and W.M. Keck Observatory Images.

Nobody has a clue! According to one Uranus weather expert named Heidi Hammel: "Why we see these incredible storms now is beyond anybody's guess."

Perhaps Uranus hasn't received the attention it deserves. That's too bad. It's likely that the more people look at this "boring" planet, the more it may surprise, confuse and excite us.

Why did it take so long to discover Uranus in the first place? Check out NASA's Space Place to learn the answer! <http://spaceplace.nasa.gov/uranus>.

Local students graduate at spring commencement

SUBMITTED BY ARIZONA STATE UNIVERSITY

More than 12,000 ASU undergraduate and graduate students had their degrees conferred at the May commencement ceremonies. The following local students were awarded diplomas from Arizona State University:

Shruthi Balasubramanian	Union City
Bradley Cadek	Hayward
Santhi Priya Challa	Milpitas
Jung Chang	Fremont
Yunlong Jiang	Milpitas
Crystal Jones	Fremont
Shrikant Kakani	Milpitas
Krutak Kamdar	Union City
Alana Knight	Castro Valley,
Cassidy Medina	Fremont, CA
Rajasekhara Madhusudan Narayana Bhatla	Fremont
Karthikeya Palepu	Fremont
Jimmy Quintanilla	Castro Valley
Brian Shufflin	Fremont
Venkata Krishnan Sowrirajan	Milpitas
Jonathan Sweeney	Fremont
Dinghao Tang	Milpitas

US auction fetches \$28K for 1st batch of bourbon

BY BRUCE SCHREINER
ASSOCIATED PRESS

LOUISVILLE, Kentucky (AP) — One of Kentucky's newest whiskey makers is making a big splash, fetching more than \$28,000 for its first bottle of bourbon.

The bottle appeared to rank among the most expensive bottles of bourbon ever sold. Eric Gregory, president of the Kentucky Distillers' Association, said he doesn't know of any other bottle that sold for that amount or higher. All of the money will go to a local charity.

Boundary Oak Distillery says the winning bidder is from Kentucky but asked to remain anonymous. Whoever it is will have to be patient.

Boundary Oak plans to fill its first bourbon barrel in December, and the whiskey will age for two years before bottling.

Slot machine saves German gambler as police arrive

AP WIRE SERVICE

BERLIN (AP) — A gambler in Germany has been saved from prison by a one-armed bandit. Police said Thursday that two officers carrying out routine checks at an arcade in the western city of Bochum late last week discovered that a man playing a slot machine faced an arrest warrant.

He had been ordered to pay a 710-euro (\$910) fine or go to prison for 71 days after resisting police during a previous incident.

Police say that as officers informed the man that he faced arrest, the slot machine started to flash and the beaming 37-year-old won a 1,000-euro (\$1,270) jackpot.

The man paid his fine on the spot — in cash.

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Hot dog vendor finds his calling, in a bun

BY ANN BALDELLI
THE DAY OF NEW LONDON

GROTON, Conn. (AP) — After a chance encounter with a hot dog vendor in New Hampshire almost 30 years ago, Ken Parker decided he wanted to sell hot dogs, too.

"It was about 1986 and I met this guy in North Conway, N.H., and he had a stainless steel cart and he was selling hot dogs, and he was maybe six-foot-five and well-dressed in this white outfit, and he was just so personable and pleasant," said Parker, explaining that was the moment hot dog vending became his goal.

"I just got this idea then that I wanted to be in the hot dog business," said the 57-year-old, who lives in Groton and works full time as a pressman at Copy Cats in New London.

But for decades, the hot dog cart was just a dream. By 1996, Parker was a single father raising three girls on his own, and frankfurters were not on the horizon.

When he moved to southeastern Connecticut about 10 years

ago, he continued his career in the printing trade. But then, about five years ago, he met his girlfriend, Desiree Giannndrea, also of Groton, and shared his hot dog idea with her.

"I told her about my dream, and she asked, 'Where is it?'" said Parker, "and I told her, 'I figure that dream is gone.'"

But Giannndrea encouraged Parker to not let it go.

"She told me, 'If you put that dream on a vision board over your bed, and you see it every day, it will become a reality.'"

Parker took Giannndrea's advice, found photographs and other information about the hot dog cart he wanted on a website, and created a vision board for motivation.

Then he lost a cousin to Lou Gehrig's disease, and it made him all the more determined.

"It just made me realize, life is short and if you have any kind of dream, you need to fulfill it at any age," he said.

Two years ago, Parker's dream was realized.

His only-one-of-its-kind in Connecticut, 6-foot-hot dog cart arrived from Willy Dog Hot Dog Carts in Canada. The construction of his specialty red and yellow cart, shaped like a frankfurter, was the subject of a Discovery Channel "How It's Made" episode before it was shipped to Connecticut.

Now, Parker is a full-time pressman and a part-time hot dog salesman.

From 11 a.m. to 3 p.m. Thursday to Sunday, he and Giannndrea operate Supreme Hot Dogs from the parking lot of Family Car Wash in Groton. They run for longer hours in the summer and will suspend the car wash location at the end of December until next spring, but continue to vend at special events and private parties.

They did a wedding with a carnival theme in northern Connecticut.

"We had an open bar for hot dogs," Parker said.

And the couple has participated in food festivals in New

London, charitable events in Groton, and private parties, concerts and holiday events at marinas, ballparks and businesses all across the region.

On Dec. 5, they will be at an event at Holdridge Home & Garden in Ledyard and on Dec. 6 at the Groton Holiday Lights Parade.

There have even been inquiries about a post-wedding party in Newport, Rhode Island, to feed guests after they leave the reception.

Supreme Hot Dogs was in the parking lot after the launch of Church ONEighty at the Nathan Hale School in New London earlier this fall, feeding the hungry after Sunday morning services. And they were up in Baltic for the duration of the Halloween run of the Dark Manor haunted house in October.

Parker said his hot dog dream has finally been realized.

He pulls the \$14,000 top-of-the-line cart behind his SUV to follow vending opportunities, and he's invested in additional

equipment that allows him to move his operation indoors when necessary. And he's broadened his Sabrett hot dog menu to include kielbasa, Georgia Reds Red Hots, and hot and spicy sausages. There is also his chili, which some customers rave is as good as that served at the famous Pink's Hot Dogs in Los Angeles, and a special onion sauce that Parker makes, as well as fresh chopped onions and jalapenos, all served on Rhode Island's Calise Bakery rolls.

Prices range from \$2 to \$5. "People just love our food," he said. "Our food is very addicting. And I love the satisfaction I get face-to-face with customers."

Parker is working seven days a week between his two jobs, but with help from Giannndrea, who is a manager at a local McDon-ald's, he's pleased with the success of Supreme Hot Dogs.

"It's headed toward full-time," he said of the frankfurter venture, and added, "My whole life, I just wanted to do this."

Hayway Police Log continued from page 31

bar Place to check on the welfare of a 62-year-old male resident when relatives could not reach him. Responding officers discovered the male deceased in his bedroom. The male was last contacted by Hayward Fire Department on Monday, December 1 when he was transported to a hospital for a possible stroke. The Alameda County Coroner's Bureau responded and took custody of him.

Saturday, December 27

At 12:04 a.m., an assault with a deadly weapon occurred on the 300 block of Smalley Avenue where the victim was either hit with a bat or broken bottle. Officers arrived on scene and located the victim in a rear bedroom with lacerations to his forehead and face, and a broken left arm. The victim said that he was beaten by three suspects. The victim was transported to a nearby hospital where he was admitted for treatment of his injuries.

At 11:30 a.m., an outside agency assist was needed for a vehicle pursuit that terminated at Jackson Street and Harder Road. The San Mateo County Sheriff's Office and California Highway Patrol (CHP) pursued a vehicle with two occupants, wanted for burglary, across San Mateo Bridge. The suspects dumped the vehicle in the parking lot of Nation's Hamburger and fled on foot. CHP captured one suspect in the parking lot, while the sec-

ond suspect fled into Timbers Apartments. Officers searched the area, but the second suspect was not located.

At 10:47 p.m., a home invasion robbery occurred on the 1600 block of Sumatra Street. The male victim reported three black males put a gun to his head and made their way into the residence. They tied him up and put a bag over his head. The victim was able to escape and call 9-1-1 from a neighbor's residence. Officers checked the residence to make sure the suspects were no longer there and noted the house had been ransacked. While officers continued their search, the victim called his cousin, the home owner. The home owner said the police needed to leave his house immediately, so they did. The victim said they wanted no further police action and refused to provide any other information.

Sunday, December 28

At 7:26 a.m., a shooting in an inhabited dwelling and vehicle occurred on the 900 block of West Tennyson Road. Residents heard multiple gunshots on Forselles Way. Officers located two parked vehicles and two apartments that sustained damage, and casings were located nearby. Nobody was injured.

At 3:34 p.m., an armed robbery occurred at Meekland Avenue and A Street. The victim was confronted by two suspects on foot. Suspect 1 brandished a

handgun and demanded the victim's wallet. The victim handed the wallet to suspect 2 and both suspects fled on foot. Police were called and they located suspect 1 nearby. The victim identified the man as suspect 1. Suspect #2 was not found.

Tuesday, December 30

At 14:21 p.m., an armed robbery occurred at Hesperian Boulevard and Depot Road. The victim was walking on Hesperian Boulevard near Depot Road when the suspect approached her and showed her a gun in his waistband. The suspect said, "I'm not going to hurt you. I need your purse [because] my kids are sick." The victim handed her purse over out of fear and the suspect ran away toward Adrian Place. The suspect was described as a heavysset black male adult, 18-20 years old, 6'0", with a short black afro. He was last seen wearing a green jacket with a hood, blue jeans, and armed with a black handgun.

At 5:07 p.m., a death investigation occurred on the 24000 block of Park Street. A 63-year-old female was found deceased in her home. Her roommate heard the woman making breakfast the day before. Officers arrived on scene and found no signs of foul play. Based on the woman's medical history, the Alameda County Coroner's Bureau released her to her family members.

Avoid the 21 Report

SUBMITTED BY SGT. JASON CORSOLINI, HAYWARD PD

The 2014/15 Winter Holiday DUI Mobilization crackdown on impaired drivers has ended and resulted in a significant number of DUI arrests from the Sobriety Checkpoints, Special Saturation Patrols and routine patrol in the Alameda County "Avoid the 21" DUI Campaign for the past 21 days.

From 12:01 AM Friday December 12th, 2014 through midnight Thursday January 1, 2015 officers representing 21 county law enforcement agencies have arrested (289) individuals for driving under the influence of alcohol or drugs. In 2013/14 (415) DUI arrests occurred during the 20 Day Winter Holiday campaign. Tragically, there were three deaths attributed to drunk drivers in our area. Last year there was one alcohol related death during the year end campaign. (NOTE: These numbers are only provisional with some agencies yet to report or Coroner reports pending)

Law enforcement officials will be conducting more Avoid DUI operations throughout the county and region next during Super Bowl Sunday in February and then again for local St Patrick's Day Festivities in March. Police, Sheriff and the CHP encourage all motorists to help law enforcement every day: Report Drunk Drivers - Call 9-1-1 anytime you encounter an impaired driver.

DUI checkpoints, along with regularly scheduled high visibility DUI enforcement, are proven strategies with the goal of removing impaired drivers from the road and heightening awareness of the dangers of driving under the influence of drugs and alcohol. According to the National Highway Traffic Safety Administration (NHTSA), sobriety checkpoint programs can yield considerable cost savings: \$6 for every \$1 spent. Multiple DUI Campaigns are planned in 2015.

Funding for this program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

Possession of methamphetamine for sales

SUBMITTED BY LT. RAJ MAHARAJ, MILPITAS PD

On Wednesday, December 24, 2014, at approximately 5:26 a.m., a Milpitas Police Department (MPD) officer observed a black 2013 Dodge Charger parked in the Shell gas station at Jacklin Road with its headlights on and engine running. The officer recognized the car earlier in the evening, in the same condition, and decided to welfare check the occupant.

The officer made contact with the occupant and immediately smelled the odor of marijuana emitting from the vehicle. A search of the vehicle revealed 30.5 grams of methamphetamine in a small bag inside the trunk.

The suspect was later identified as Jose Patrick Santacruz, a local transient, and he was booked into Santa Clara County Jail for being in possession of methamphetamine for sales, transportation of methamphetamine, and possession of drug paraphernalia.

Anyone with any information regarding this investigation involving Santacruz or other similar incidents occurring in our city is encouraged to call MPD at (408) 586-2400. Information can be given anonymously by calling the Crime Tip Hotline at (408) 586-2500 or via www.ci.milpitas.ca.gov/government/police/crime_tip.asp.



Disoriented woman rescued from fire

SUBMITTED BY NEWARK PD

On Friday, December 19, 2014 at approximately 12:25 a.m., Newark Police Department (NPD) police officers responded to the 6200 block of Joaquin Murieta Avenue to assist the Alameda County Fire Department on a reported residential structure fire.

Upon arrival, officers found a residence within a two-story building was on fire with smoke flowing from within. Officers encountered several people on the first floor of the unit, including a male resident being aided by neighbors, reporting a female occupant was still on the second floor. Officers Andrew Musantry and Steven Losier responded to the second floor where they found a 55-year-old female resident in a disoriented state. Officers Musantry

and Losier, joined and assisted by officers Ethan Katz and Daniel Khairy, were able to evacuate the disoriented woman down the smoky stairs and out to safety.

Additional NPD officers arrived and assisted Alameda County Firefighters with evacuating surrounding residences while firefighters extinguished the fire. The Alameda County Fire Department is investigating the cause of the fire. Inquires related to the fire should be directed to Alameda County Fire Department Public Information Officer Aisha Knowles at (510) 618-3479.

Two residents were transported to an area hospital for non-life threatening injuries. Four NPD police officers were transported to an area hospital for treatment related to smoke inhalation and have since been released from the hospital.

New initiatives that promise to improve the lives

BY SUPERVISOR DAVE CORTESE



The past year was full of new initiatives that promise to improve the lives of many Santa Clara County residents. From the economy to public safety to affordable housing, the challenges we faced were enormous and the work we started will carry on into 2015.

Helping Those Hit by the Wage Gap

It's no secret that we live in one of the most expensive areas in the United States, and that low-wage earners struggle to make ends meet. We made much progress in 2014 to help those who work hard but can't pay their bills.

• Living Wage - The Living Wage Ordinance approved by the Board last month sets pay at \$19.06 an hour at for-profit companies that contract with the County. While other cities and counties in California have living wage laws, this is the first for Santa Clara County. The policy was proposed by me and Supervisor Ken Yeager.

• Wage Theft - Wage theft occurs when an employer fails to pay workers any of the wages or benefits they are owed. The board recently approved the first part of an ordinance that requires employers doing business with the County to comply with all wage and hour laws or risk their contracts being canceled. I first proposed this in February.

• Youth Jobs - In September, Supervisor Cindy Chavez and I proposed a 2015 Youth Summer Jobs Initiative to provide teens and young adults with paid internships and jobs during the summer months.

• Senior Nutrition - For many of our older residents, the meals they receive through the Senior Nutrition Program is the only hot food they will eat all day. When we started hearing complaints about the food, however, I proposed that we allocate \$400,000 to the Senior Nutrition Program for staff to operate kitchens at 11 centers so that food will be fresher and more nutritious. The City of San Jose agreed, and on-site cooking will begin this month.

Public Safety Took Center Stage

Public Safety was a major topic in 2014, and a big concern for me as a Supervisor. The Board took action to improve the safety of its residents.

• Human Trafficking - We boosted the fight against this deplorable crime by adding three staff positions to the Sheriff's Office and two to the District Attorney's Office. The DA's Human Trafficking Team is getting results in arrests and new leads. We also added a Sheriff's Officer to protect residents in rural areas and patrol County pockets of San Jose, and four positions to fight real estate fraud and other financial crimes.

• EMS Response Times - Minutes count when it comes to an emergency. That's why the Board found the City of San Jose in breach of its 911 emergency medical services agreement to respond to 90 percent of its emergency calls within eight minutes. We are withholding payment for these services until response times improve and we are exploring options to

make sure residents are protected.

• Crossing Guards - I recommended a study to determine if we can use adult crossing guards on County expressways near schools and busy intersections. We will see some recommendations this year.

• Graffiti/Fireworks - We now have guidelines to hold property owners responsible for removing graffiti within 48 hours of its appearance and to hold them responsible for the use of illegal fireworks on their properties.

Solving the Housing Crisis

Affordable Housing in Silicon Valley continues to be a major issue in Santa Clara County, forcing many into homelessness. We are looking at short- and long-term solutions to the many challenges to building more homes and finding transitional shelter for the estimated 7,500 homeless in the County.

• Homeless vets - My proposal to shorten the length of time that homeless U.S. military veterans wait to receive benefits was approved by the Board. The pilot program is expediting services, including housing, to the County's 700-plus veterans who don't have a permanent place to live.

• Transitional Housing - I have asked administrators to research two approaches for providing transitional housing for homeless - building or buying pre-built micro-housing units or adding beds to existing shelters - and report back with a cost-benefit analysis. In communities across the country, small units are proving to be a wise investment and better alternative to shelter beds.

• Housing Charter Fund - The Board also approved my proposal to research the revenue potential of a \$100 million Permanent Housing for the Homeless Charter Fund that would require no tax increase. Voters would be asked to approve a ballot measure setting aside 0.375 cents per \$100 of assessed property valuation of the taxes they already pay for new permanent affordable housing.

• Pay for Success - I've been working for some time with Step Up Silicon Valley on this innovative project, which is targeting the homeless. Unlike traditional funding, the County pays for services if and when the contractor delivers results - in this case, the stability of homeless clients.

For more information, please contact my office at 408-299-5030 or email me at dave.cortese@bos.sccgov.org.

LETTERS POLICY

The Tri-City Voice welcomes letters to the editor. Letters must be signed and include an address and daytime telephone number. Only the writer's name will be published. Letters that are 350 words or fewer will be given preference. Letters are subject to editing for length, grammar and style.
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Cops 4 Kids a success

We would like to start off by thanking everyone who contributed to our annual Cops 4 Kids Holiday Toy Drive held on Saturday, December 13, 2014 at HPD's Northern Resource Center - a first for this new location. All of your generous contributions helped provide a lot of joy to so many families in need this holiday season.

The Cops 4 Kids Holiday Toy Drive was held with Santa Claus and his elves on hand for photos with the children; Christmas caroling and musical entertainment provided by our local Girl Scout Troop; as well as coffee, cocoa and pastry spread for all the families to enjoy. Over 40 volunteers were on hand that day to help make this toy drive a successful one.

This year, we were able to help over 100 families in need, including 11 families at Ruby's Place, a shelter that provides much needed services for women and children in crisis who are victims of domestic violence, human trafficking and homelessness. We were also granted 52 brand new bicycles, helmets and bike locks to donate - all graciously given to us from Turning Wheels for Kids, a local nonprofit organization that donates bicycles to at-risk and underprivileged children around the Bay Area.

We received numerous monetary and toy donations from local businesses and corporate sponsors: Eden Jewelry & Loan Co., Digicom Wireless, Val's Burgers, Wienerschnitzel, Hayward Body Shop, Turf Club, Model Liquors, Straw Hat, Sapporo, B St PHO, Emil Villas, Hayward Toyota, Hayward Nissan, Bogue's Welding Service, Eko Coffee Bar, Vintage Alley, 2525 Vintage and Modern Clothing, Hayward Volkswagen, Hayward Animal Shelter, Eden Garden Mobile Homes, Alma's Creations, Mallinckrodt Pharmaceuticals, Serpico Landscaping, 7-Eleven, Hayward Neighborhood Alert and Hayward Police Officers' Association.

Special thanks to all HPD employees, police explorers, downtown ambassadors and community volunteers, who put in so much time and energy into this event.

Community Service Officer Alicia Romero
Detective Angela Irizarry
Hayward Police Department



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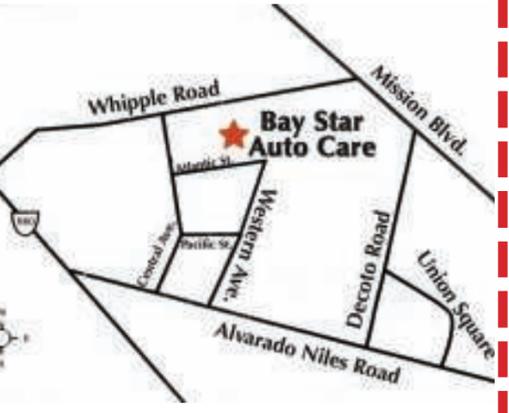
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